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HEART of AMERICA

t r i a t h l o n s e r i e s

Nine of the best triathlons in the Midwest - all well run events offering a wide range of challenges. Each race is put on by different race organizations creating a similar but unique racing experience. All events are USA Triathlon sanctioned and chip timed.

Jun 7 Pigman Sprint Triathlon
Jun 20 Quad Cities Triathlon
Jul 5 Cornman Triathlon
Jul 11 Lake Geode Challenge

Aug 8 Turtleman Triathlon
Aug 16 Pigman Long Course
Aug 23 Hickory Grove Triathlon
Sep 13 Cy-Man Triathlon
Sep 20 Trihawks Triathlon
(series championship)

SCORING AND POINTS

Overall male and female winners receive 1,000 points per race. Other finishers earn points based on a percentage of their time behind the winning time. If your time is 20 percent slower, than 800 points will be earned.

- Full points earned for top 5 races
- 50 bonus points for 5th-10th race

SERIES AWARDS

- Top 3 overall male and female
- Top 1 masters male and female
- Top 1 age group male and female (19 & under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 & above)

SERIES CHAMPIONSHIP

The series championship will take place at the Trihawks Triathlon on September 21st. Series winners will race against each other for free entries into 2010 series events.

- Series winners qualify for championship
- Age grading used to equalize racers
- Winners receive free entries into 2010 series events (1st place - all races, 2nd place - 4 races, 3rd place - 3 races, 4th place - 2 races and 5th place - 1 race)

SERIES CONTACT

Contact individual races for event applications or information. For series help, contact (319) 373-0741 or email jmsracing@pigmantri.com.

WWW.PIGMANTRI.COM/HOASERIES.HTML