

20



10

HEART of AMERICA

triathlon series

Nine of the best triathlons in the Midwest - all well run events offering a wide range of challenges. Each race is put on by different race organizations creating a similar but unique racing experience. All events are USA Triathlon sanctioned and chip timed.

Jun 6	Pigman Sprint Triathlon	Aug 14	Turtleman Triathlon
Jun 19	Quad Cities Triathlon	Aug 22	Pigman Long Course
Jul 11	Cornman Triathlon	Aug 29	Hickory Grove Triathlon
Jul 17	Lake Geode Challenge	Sep ??	Cy-Man Triathlon
Aug 1	Camp Courageous Triathlon	Sep 19	Trihawks Triathlon <small>(series championship)</small>

SCORING AND POINTS

Overall male and female winners receive 1,000 points per race. Other finishers earn points based on a percentage of their time behind the winning time. If your time is 20 percent slower, than 800 points will be earned.

- Full points earned for top 5 races
- 50 bonus points for 5th-10th race

SERIES AWARDS

- Top 3 overall male and female
- Top 1 masters male and female
- Top 1 age group male and female (19 & under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 & above)

SERIES CHAMPIONSHIP

The series championship will take place at the Trihawks Triathlon on September 19th. Series winners will race against each other for free entries into 2011 series events.

- Series winners qualify for championship
- Age grading used to equalize racers
- Winners receive free entries into 2011 series events (1st place - all races, 2nd place - 4 races, 3rd place - 3 races, 4th place - 2 races and 5th place - 1 race)

SERIES CONTACT

Contact individual races for event applications or information. For series help, contact (319) 373-0741 or email jmsracing@pigmantri.com.

WWW.PIGMANTRI.COM/HOASERIES.HTML