

FEMALE OVERALL

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Suzie Fox	30	Chaska	MN	19:27	56:37	20:47	1:38:13
2	Jennifer Scudiero	31	Eagan	MN	20:51	56:10	21:48	1:40:01
3	Julie Hull	41	Farmington	MN	20:47	56:15	22:22	1:40:36

MALE OVERALL

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Dan Hedgecock	26	Minneapolis	MN	15:41	49:13	17:33	1:23:27
2	Patrick Parish	28	Bloomington	MN	16:14	50:04	16:52	1:24:07
3	Alex Arman	25	Naperville	IL	16:15	50:01	17:45	1:25:08

FEMALE INDIVIDUAL AGE GROUP: 1 - 19

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Paige Danielson	17	St. Cloud	MN	19:46	1:05:19	20:28	1:47:03

MALE INDIVIDUAL AGE GROUP: 1 - 19

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Ian Richardson	19	The Woodlands	TX	17:52	59:04	18:55	1:36:51
2	Aaron Senne	17	North Branch	MN	19:47	1:03:48	20:47	1:45:46
3	Morcelli Kombo	19	St. Cloud	MN	17:57	1:32:19	21:31	2:14:36

FEMALE INDIVIDUAL AGE GROUP: 20 - 24

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Greta Danielson	20	Saint Cloud	MN	20:54	1:01:29	22:41	1:46:15
2	Sara Dalton	24	Saint Cloud	MN	23:07	1:13:35	26:11	2:04:48
3	Alexandra Alcorn	24	Minneapolis	MN	21:54	1:18:15	23:30	2:06:13

MALE INDIVIDUAL AGE GROUP: 20 - 24

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Ivan Almekinders	24	Chapel Hill	NC	19:28	1:11:52	21:44	1:54:47
2	Ross Nygren	21	Apple Valley	MN	20:35	1:11:05	24:32	1:58:02

FEMALE INDIVIDUAL AGE GROUP: 25 - 29

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Aimee Gissel	26	Pleasant Hill	IA	24:48	1:08:29	25:41	2:01:06

2 Jackie Lafleur 26 Woodbury MN 25:33 1:18:21 27:38 2:13:35

MALE INDIVIDUAL AGE GROUP: 25 - 29

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Brian Sames	27	Shakopee	MN	15:53	53:14	17:29	1:28:13
2	David Phillips	28	Maple Grove	MN	18:25	50:59	19:57	1:30:40
3	Justin Graves	29	Lexington	KY	18:48	54:34	19:52	1:34:25

FEMALE INDIVIDUAL AGE GROUP: 30 - 34

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Rachel Elvester	31	Minnetonka	MN	22:11	1:02:30	22:34	1:49:00
2	Lisa Bollinger	32	Sartell	MN	22:10	1:02:31	23:54	1:50:39
3	Desta Meyer	34	Eden Prairie	MN	24:54	59:21	28:15	1:56:48

MALE INDIVIDUAL AGE GROUP: 30 - 34

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Scott Schultes	34	Northbrook	IL	17:53	52:49	18:45	1:30:39
2	Jason Atkinson	32	Alamogordo	NM	17:01	54:51	19:11	1:32:19
3	Adam Konczewski	31	Sartell	MN	19:21	52:23	20:47	1:33:49

FEMALE INDIVIDUAL AGE GROUP: 35 - 39

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Kirsten Beltz	35	Plymouth	MN	20:55	1:02:15	21:01	1:45:53
2	Jenny Thacker	39	Lakeville	MN	21:18	1:01:11	22:39	1:47:10
3	Andrea Sailer	37	Sartell	MN	23:18	1:04:54	24:12	1:53:46

MALE INDIVIDUAL AGE GROUP: 35 - 39

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Chad Millner	37	Eden Prairie	MN	16:54	53:10	18:51	1:29:52
2	James Felling	35	River Falls	WI	17:34	53:11	18:51	1:30:35
3	Mike Buenting	39	Chanhassen	MN	17:04	54:06	18:15	1:30:51

FEMALE INDIVIDUAL AGE GROUP: 40 - 44

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Kerri Robbins	43	Davidsonville	MD	21:15	59:27	22:49	1:45:33
2	Amy Dettmer	42	Grand Rapids	MN	22:41	1:00:33	22:46	1:47:30
3	Julie Thebeau	42	Breckenridge	CO	20:20	1:03:56	21:37	1:47:50

MALE INDIVIDUAL AGE GROUP: 40 - 44

Place	Name	Age	City	St	Run1	Bike	Run2	Time
-------	------	-----	------	----	------	------	------	------

1	Kevin Sampson	42	Overland Park	KS	17:18	56:00	18:17	1:33:04
2	Chris Latkovich	41	Willoughby	OH	18:37	53:47	19:40	1:33:43
3	Paul Davis	40	Boise	ID	17:16	56:27	18:55	1:34:47

FEMALE INDIVIDUAL AGE GROUP: 45 - 49

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Glenda Adams	46	Austin	TX	20:20	57:20	20:17	1:39:27
2	Tracy Serreyn	49	Lakeville	MN	21:17	1:00:42	22:58	1:46:42
3	Amy Woolsey	48	Sauk Rapids	MN	23:17	1:02:13	25:12	1:52:16

MALE INDIVIDUAL AGE GROUP: 45 - 49

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Joseph Schneiderha	48	Alexandria	MN	17:18	53:55	19:23	1:32:02
2	Brian Geary	45	Rockville	MD	18:34	54:15	19:57	1:34:04
3	David Dixon	47	Wilmington	DE	18:36	54:58	20:16	1:34:58

FEMALE INDIVIDUAL AGE GROUP: 50 - 54

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Annette Kaptur	51	Willow Springs	IL	21:09	1:06:14	23:17	1:53:39
2	Tammy Bohan	52	Bismarck	ND	22:47	1:04:51	23:49	1:54:27
3	Marybeth Thorsgaard	52	Eagan	MN	22:34	1:05:49	23:22	1:54:28

MALE INDIVIDUAL AGE GROUP: 50 - 54

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Andy Ames	50	Boulder	CO	16:58	53:05	18:19	1:29:24
2	Shane Thread	50	Evansville	IN	17:52	51:46	19:07	1:30:30
3	Todd Firebaugh	51	Woodbury	MN	18:23	51:13	20:25	1:31:30

FEMALE INDIVIDUAL AGE GROUP: 55 - 59

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Patricia Driscoll	58	Stowe	VT	23:35	1:01:18	24:59	1:51:37
2	Sue Lloyd	57	Wheat Ridge	CO	25:42	57:24	28:22	1:53:36
3	Beth Guck	57	Andover	MN	22:36	1:09:59	23:59	1:58:40

MALE INDIVIDUAL AGE GROUP: 55 - 59

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	James Hannon	55	Rochester	MN	18:46	55:16	19:03	1:34:27
2	Allan Richardson	55	The Woodlands	TX	18:46	55:06	20:20	1:35:14
3	Larry Stracke	57	Sauk Rapids	MN	19:48	55:28	21:15	1:37:55

FEMALE INDIVIDUAL AGE GROUP: 60 - 64

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Pam Stevens	60	Sartell	MN	24:40	1:03:32	27:40	1:57:38
2	Phyllis Yester	60	Downingtown	PA	24:37	1:05:52	26:00	2:00:47
3	Elaine Munn	61	Alexandria	MN	28:32	1:30:35	31:24	2:34:14

MALE INDIVIDUAL AGE GROUP: 60 - 64

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Keith Woodward	62	Stowe	VT	18:54	55:01	20:42	1:36:09
2	Fred Galata	62	Omaha	NE	21:11	55:19	23:10	1:41:54
3	Michael Colaizy	63	Osceola	WI	20:52	57:55	23:23	1:43:51

FEMALE INDIVIDUAL AGE GROUP: 65 - 69

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Virginia Poyner	69	Sarasota	FL	36:00	1:14:10	38:27	2:30:46
2	Sandra Davis	67	Martin	TN	35:28	1:20:01	41:02	2:41:45
3	Ann Rhea	66	Plymouth	MN	35:12	1:27:11	38:23	2:44:46

MALE INDIVIDUAL AGE GROUP: 65 - 69

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Kerry Mayer	67	Brookfield	WI	20:25	55:18	21:22	1:38:51
2	Benjamin Ewers	67	Scottsdale	AZ	21:24	54:27	22:56	1:40:46
3	Mike McDowell	65	Swartz Creek	MI	22:50	53:47	25:15	1:43:06

FEMALE INDIVIDUAL AGE GROUP: 70 - 74

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Mary Zack	70	Little Falls	MN	39:34	1:38:30	44:27	3:05:08

MALE INDIVIDUAL AGE GROUP: 70 - 74

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	William Logan	71	Perryville	MO	23:59	59:38	25:13	1:50:56
2	Joe Carr	70	Blowing Rock	NC	25:52	57:27	29:46	1:55:34
3	Hank Larsen	73	Glencoe	MN	24:12	1:12:01	26:37	2:04:50

MALE INDIVIDUAL AGE GROUP: 75 - 79

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Augusto Diamantini	79	Brookfield	CT	34:40	1:34:06	46:15	3:00:01

MALE INDIVIDUAL AGE GROUP: 85 - 99

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Robert Powers	89	White Bear Lake	MN	50:09	1:55:19	55:01	3:44:47

TEAM CATEGORY: Male

1	Kenny G				15:54	49:52	16:32	1:23:03
	Brooks Grossinger		Kenny Miller					
2	Old Farts				17:00	53:00	18:22	1:29:08
	Chris Pikus		Matt Schmitz					
3	Integracare				18:58	50:57	19:46	1:30:32
	Mason Halstrom		Tom Manderfeld					

TEAM CATEGORY: Female

1	Girl Fiend				20:19	59:20	21:32	1:42:01
	Megan Westhoff		Madonna Lindgren					
2	Sheann				21:21	1:03:19	22:14	1:47:46
	Ann Dolence		Sheila Waverek-Am					
3	Team Trouble				25:43	1:09:13	27:22	2:03:20
	Amy Braig-Lindstr		Julia Krengel					

TEAM CATEGORY: Coed

1	Team Tacl				18:28	57:33	19:17	1:36:15
	Elizabeth Tacl		Christopher Tacl					
2	Tornado Terror				19:21	1:02:51	19:57	1:43:03
	Pete Tremaine		Jess Kocisack					
3	Ramrod				20:06	1:01:44	21:05	1:43:57
	Tammy Gregerson		Cory Storms					