

Aspire 10K Run

April 7, 2013

Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
1	1/390	1/1	725	Dan Gargaro	Male	23	Bayshore	NY	1	5:28 min/m	00:17:00.37	1	5:17 min/m	00:16:27.92	5:23 min/m	00:33:28.30
2	2/390	1/17	728	Sean Mahon	Male	27	Merrick	NY	2	5:28 min/m	00:17:00.37	2	5:21 min/m	00:16:38.34	5:24 min/m	00:33:38.72
3	3/390	2/17	382	Chris Mammone	Male	29	Massapequa	NY	3	5:28 min/m	00:17:00.99	3	5:30 min/m	00:17:08.41	5:29 min/m	00:34:09.40
4	4/390	1/1	95	Boyd Carrington	Male	40	Amityville	NY	4	5:31 min/m	00:17:08.52	4	5:31 min/m	00:17:10.04	5:31 min/m	00:34:18.56
5	5/390	1/26	603	Travis Tate	Male	36	East Northport	NY	5	5:40 min/m	00:17:38.57	5	5:43 min/m	00:17:48.00	5:42 min/m	00:35:26.58
6	6/390	1/44	455	Timothy Murphy	Male	41	Ronkonkoma	NY	6	5:42 min/m	00:17:45.57	9	5:49 min/m	00:18:06.89	5:46 min/m	00:35:52.46
7	7/390	1/45	651	Wil Widman Jr.	Male	48	N.babylon	NY	7	5:50 min/m	00:18:07.78	7	5:48 min/m	00:18:01.92	5:49 min/m	00:36:09.70
8	8/390	2/45	239	Keith Guilfoyle	Male	46	Commack	NY	11	5:54 min/m	00:18:22.60	6	5:43 min/m	00:17:48.31	5:49 min/m	00:36:10.91
9	1/330	1/1	518	Jodie Robertson	Female	28	Melville	NY	9	5:54 min/m	00:18:20.57	10	5:50 min/m	00:18:10.01	5:52 min/m	00:36:30.59
10	9/390	1/8	659	Travis Wooten	Male	17	Riverhead	NY	8	5:53 min/m	00:18:18.82	13	5:55 min/m	00:18:25.42	5:54 min/m	00:36:44.24
11	10/390	2/26	600	Michael Talles	Male	36	Lindenhurst	NY	10	5:54 min/m	00:18:20.79	12	5:55 min/m	00:18:24.86	5:54 min/m	00:36:45.65
12	11/390	1/8	718	Tom Savarese	Male	24	Dix Hills	NY	12	6:01 min/m	00:18:41.82	8	5:49 min/m	00:18:06.47	5:55 min/m	00:36:48.30
13	12/390	2/44	146	Robis Degirmenci	Male	43	Port Washington	NY	13	6:01 min/m	00:18:42.70	11	5:55 min/m	00:18:23.94	5:58 min/m	00:37:06.64
14	13/390	3/17	719	Matthew Wontz	Male	29	Massapequa	NY	16	6:02 min/m	00:18:45.49	14	6:00 min/m	00:18:40.41	6:01 min/m	00:37:25.91
15	14/390	1/46	698	Eddie Reagan	Male	57	Levittown	NY	15	6:02 min/m	00:18:45.49	15	6:02 min/m	00:18:45.28	6:02 min/m	00:37:30.77
16	15/390	3/44	450	Robert Moscato	Male	42	Islip	NY	14	6:01 min/m	00:18:44.28	16	6:08 min/m	00:19:06.02	6:05 min/m	00:37:50.31
17	16/390	4/44	110	Brian Cloherty	Male	44	Roslyn Heights	NY	17	6:14 min/m	00:19:24.90	18	6:10 min/m	00:19:09.80	6:12 min/m	00:38:34.70
18	17/390	3/26	612	Steven Toto	Male	39	Commack	NY	19	6:17 min/m	00:19:31.57	17	6:09 min/m	00:19:08.34	6:13 min/m	00:38:39.92
19	18/390	4/26	534	Blair Ruhling	Male	35	Plainview	NY	21	6:21 min/m	00:19:45.78	19	6:10 min/m	00:19:11.68	6:16 min/m	00:38:57.46
20	2/330	1/33	654	Tara Wilson	Female	36	West Islip	NY	24	6:23 min/m	00:19:50.86	20	6:14 min/m	00:19:22.41	6:18 min/m	00:39:13.27
21	19/390	2/46	140	Ned Daily	Male	55	Garden City Park	NY	20	6:20 min/m	00:19:41.72	22	6:18 min/m	00:19:36.81	6:19 min/m	00:39:18.53
22	20/390	1/18	96	Kevin Carroll	Male	60	Huntington Station	NY	22	6:22 min/m	00:19:48.82	21	6:17 min/m	00:19:31.93	6:19 min/m	00:39:20.75
23	21/390	5/26	135	Ronald Curry	Male	39	Huntington Station	NY	18	6:16 min/m	00:19:31.33	26	6:26 min/m	00:19:59.62	6:21 min/m	00:39:30.95
24	22/390	1/57	520	Michael Robles	Male	54	Smithtown	NY	27	6:24 min/m	00:19:55.94	23	6:19 min/m	00:19:40.05	6:22 min/m	00:39:35.99
25	23/390	3/45	687	Kieran Gibbons	Male	48	Northport	NY	23	6:23 min/m	00:19:50.49	24	6:22 min/m	00:19:48.77	6:22 min/m	00:39:39.26
26	3/330	1/35	8	Shari Klarfeld	Female	32	Plainview	NY	26	6:24 min/m	00:19:55.33	25	6:24 min/m	00:19:53.87	6:24 min/m	00:39:49.20
27	24/390	1/25	246	Trent Hampton	Male	34	West Babylon	NY	25	6:23 min/m	00:19:51.69	37	6:35 min/m	00:20:29.57	6:29 min/m	00:40:21.26
28	25/390	2/25	89	Vincent Cappadora	Male	33	Deer Park	NY	31	6:35 min/m	00:20:28.32	27	6:27 min/m	00:20:02.88	6:31 min/m	00:40:31.21
29	26/390	6/26	24	Vladimir Aronsky	Male	37	Bellmore	NY	28	6:32 min/m	00:20:20.74	30	6:29 min/m	00:20:10.57	6:31 min/m	00:40:31.31
30	27/390	4/17	476	Kevin O'toole	Male	28	Bohemia	NY	30	6:35 min/m	00:20:27.27	32	6:31 min/m	00:20:14.90	6:33 min/m	00:40:42.17
31	4/330	1/1	86	Una Broderick	Female	46	Wantagh	NY	32	6:37 min/m	00:20:35.41	34	6:31 min/m	00:20:17.11	6:34 min/m	00:40:52.52
32	28/390	2/57	193	Diego Ferreyra	Male	53	New York	NY	37	6:39 min/m	00:20:40.27	31	6:30 min/m	00:20:12.26	6:34 min/m	00:40:52.53
33	29/390	3/57	552	Bill Schroeder	Male	52	Garden City	NY	29	6:33 min/m	00:20:23.40	40	6:36 min/m	00:20:31.96	6:35 min/m	00:40:55.37
34	5/330	1/44	576	Jill Skelly	Female	49	Baldwin	NY	35	6:38 min/m	00:20:39.26	35	6:32 min/m	00:20:19.31	6:35 min/m	00:40:58.57
35	30/390	3/46	558	Karnik Seferian	Male	55	Setauket	NY	41	6:40 min/m	00:20:43.81	33	6:31 min/m	00:20:16.82	6:35 min/m	00:41:00.63
36	31/390	4/46	247	John Hanc	Male	58	Farmingdale	NY	40	6:40 min/m	00:20:43.58	36	6:32 min/m	00:20:20.30	6:36 min/m	00:41:03.88

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Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
37	32/390	5/17	53	Gary Blitenthal	Male	27	Farmingdale	NY	47	6:45 min/m	00:20:59.54	29	6:29 min/m	00:20:09.01	6:37 min/m	00:41:08.55
38	33/390	5/46	642	Jon Wallach	Male	56	Levittown	NY	38	6:39 min/m	00:20:40.47	38	6:35 min/m	00:20:29.70	6:37 min/m	00:41:10.18
39	34/390	6/17	168	Brendan Droge	Male	29	North Merrick	NY	36	6:38 min/m	00:20:39.27	41	6:36 min/m	00:20:33.35	6:37 min/m	00:41:12.62
40	35/390	5/44	364	Wayne Loveland	Male	44	Lindenhurst	NY	56	6:48 min/m	00:21:07.83	28	6:27 min/m	00:20:05.40	6:38 min/m	00:41:13.23
41	6/330	2/35	486	Jessica Petermann	Female	33	Amityville	NY	33	6:37 min/m	00:20:35.79	44	6:39 min/m	00:20:40.68	6:38 min/m	00:41:16.47
42	36/390	7/26	153	Richard Diamond	Male	37	Plainview	NY	39	6:39 min/m	00:20:41.58	42	6:37 min/m	00:20:36.10	6:38 min/m	00:41:17.68
43	37/390	3/25	811	Steven V. Cuomo	Male	30	Shirley	NY	46	6:44 min/m	00:20:57.83	39	6:35 min/m	00:20:29.99	6:40 min/m	00:41:27.82
44	38/390	6/44	829	Marcus Sanders	Male	43	Pt. Jefferson	NY	45	6:44 min/m	00:20:56.72	43	6:38 min/m	00:20:37.80	6:41 min/m	00:41:34.52
45	7/330	3/35	147	Cristin Delaney-Guille	Female	31	Long Beach	NY	42	6:40 min/m	00:20:43.99	47	6:42 min/m	00:20:51.95	6:41 min/m	00:41:35.94
46	39/390	7/17	231	Brian Gosioco	Male	26	Bayside	NY	34	6:38 min/m	00:20:38.44	52	6:45 min/m	00:21:00.75	6:42 min/m	00:41:39.20
47	8/330	1/42	237	Barbara Gubbins	Female	53	Southampton	NY	44	6:43 min/m	00:20:53.27	48	6:43 min/m	00:20:53.62	6:43 min/m	00:41:46.90
48	40/390	6/46	30	Mike Baard	Male	57	Merrick	NY	48	6:45 min/m	00:21:00.14	45	6:42 min/m	00:20:49.56	6:43 min/m	00:41:49.71
49	41/390	4/45	251	Flemming Hansen	Male	49	Centerport	NY	43	6:42 min/m	00:20:51.84	56	6:46 min/m	00:21:03.40	6:44 min/m	00:41:55.24
50	42/390	1/19	696	Erich Veitch	Male	49	Huntington	NY	57	6:48 min/m	00:21:08.83	49	6:43 min/m	00:20:53.93	6:45 min/m	00:42:02.76
51	43/390	4/57	402	Bill Mazza	Male	50	West Gilgo Beach	NY	49	6:45 min/m	00:21:00.55	55	6:46 min/m	00:21:03.00	6:46 min/m	00:42:03.55
52	44/390	5/57	73	K.c. Brett	Male	52	Port Jefferson St	NY	52	6:46 min/m	00:21:02.79	54	6:46 min/m	00:21:02.59	6:46 min/m	00:42:05.38
53	45/390	2/19	113	Kenneth Colantuoni	Male	42	Plainview	NY	54	6:47 min/m	00:21:06.83	53	6:45 min/m	00:21:00.99	6:46 min/m	00:42:07.82
54	46/390	5/45	288	John Infranca	Male	46	Glen Cove	NY	50	6:46 min/m	00:21:01.83	59	6:49 min/m	00:21:12.07	6:47 min/m	00:42:13.90
55	47/390	6/57	559	Jaime Segura	Male	51	Albertson	NY	55	6:47 min/m	00:21:07.46	58	6:48 min/m	00:21:09.47	6:48 min/m	00:42:16.93
56	48/390	6/45	389	Wayne Mann	Male	45	Shoreham	NY	53	6:46 min/m	00:21:02.83	62	6:51 min/m	00:21:17.36	6:48 min/m	00:42:20.19
57	49/390	7/45	439	Bob Mittleman	Male	48	Syosset	NY	51	6:46 min/m	00:21:02.33	66	6:52 min/m	00:21:21.24	6:49 min/m	00:42:23.57
58	50/390	7/57	264	William Herbert	Male	53	Smithtown	NY	59	6:54 min/m	00:21:28.81	51	6:45 min/m	00:21:00.30	6:50 min/m	00:42:29.11
59	51/390	4/25	295	Doug Jones	Male	34	Selden	NY	78	7:04 min/m	00:21:58.90	50	6:43 min/m	00:20:54.67	6:54 min/m	00:42:53.57
60	52/390	7/44	806	Eric Bruno	Male	43	Shirley	NY	58	6:53 min/m	00:21:25.97	69	6:55 min/m	00:21:29.52	6:54 min/m	00:42:55.49
61	53/390	8/17	627	Nicholas Vasiliades	Male	25	Mount Sinai	NY	62	6:59 min/m	00:21:42.32	61	6:50 min/m	00:21:14.19	6:54 min/m	00:42:56.51
62	54/390	8/57	60	Paul Bonanni	Male	52	Selden	NY	61	6:58 min/m	00:21:38.88	65	6:52 min/m	00:21:20.67	6:55 min/m	00:42:59.55
63	55/390	8/45	191	Keith Ferrara	Male	47	Farmingdale	NY	69	7:02 min/m	00:21:52.40	57	6:47 min/m	00:21:07.57	6:55 min/m	00:42:59.97
64	56/390	3/19	109	John Clifford	Male	51	Seaford	NY	63	6:59 min/m	00:21:43.25	64	6:51 min/m	00:21:18.92	6:55 min/m	00:43:02.18
65	57/390	7/46	158	Patrick Diskin	Male	57	Mineola	NY	68	7:02 min/m	00:21:52.33	60	6:49 min/m	00:21:12.48	6:55 min/m	00:43:04.81
66	9/330	1/11	390	Tara Mannino	Female	24	Massapequa	NY	72	7:02 min/m	00:21:53.61	63	6:51 min/m	00:21:18.31	6:57 min/m	00:43:11.93
67	58/390	8/46	357	Ronald Lipsky	Male	57	Franklin Square	NY	66	7:01 min/m	00:21:51.15	68	6:54 min/m	00:21:27.66	6:58 min/m	00:43:18.81
68	59/390	9/46	132	Alex Cuzzo	Male	55	Bellmore	NY	64	7:01 min/m	00:21:49.33	70	6:55 min/m	00:21:31.12	6:58 min/m	00:43:20.45
69	60/390	9/57	762	Tim Moley	Male	51		NY	79	7:05 min/m	00:22:01.74	67	6:52 min/m	00:21:22.09	6:59 min/m	00:43:23.83
70	61/390	2/18	637	Hank Von Thaden	Male	60	Bethpage	NY	71	7:02 min/m	00:21:53.21	71	6:56 min/m	00:21:33.98	6:59 min/m	00:43:27.19
71	62/390	10/57	196	Tod Fichtelberg	Male	54	Kings Park	NY	70	7:02 min/m	00:21:52.80	74	6:57 min/m	00:21:36.33	6:59 min/m	00:43:29.14
72	10/330	2/44	736	Karen Cotty	Female	49	East Quogue	NY	60	6:57 min/m	00:21:38.14	80	7:03 min/m	00:21:54.50	7:00 min/m	00:43:32.64

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									Place	Pace	Time	Place	Pace	Time	Pace	Time
73	63/390	8/26	473	Adam Orlow	Male	39	Jamaica Estates	NY	101	7:19 min/m	00:22:44.65	46	6:42 min/m	00:20:51.77	7:01 min/m	00:43:36.42
74	64/390	8/44	746	Matthew Conroy	Male	43	Garden City	NY	76	7:04 min/m	00:21:58.83	78	7:01 min/m	00:21:48.74	7:02 min/m	00:43:47.58
75	65/390	9/45	211	Eric Friedman	Male	47	Merrick	NY	67	7:02 min/m	00:21:51.23	81	7:04 min/m	00:21:59.25	7:03 min/m	00:43:50.48
76	66/390	11/57	787	Tim Foxen	Male	52	New York	NY	87	7:10 min/m	00:22:16.58	73	6:57 min/m	00:21:36.24	7:03 min/m	00:43:52.82
77	11/330	2/11	36	Alexandra Barrett	Female	23	Levittown	NY	65	7:01 min/m	00:21:49.56	87	7:08 min/m	00:22:10.76	7:04 min/m	00:44:00.32
78	67/390	10/46	257	Timothy Healy	Male	57	Syosset	NY	82	7:07 min/m	00:22:07.83	79	7:02 min/m	00:21:53.16	7:05 min/m	00:44:01.00
79	68/390	5/25	738	Dan Perlmutter	Male	34	Centereach	NY	92	7:15 min/m	00:22:33.83	72	6:56 min/m	00:21:34.73	7:06 min/m	00:44:08.57
80	69/390	9/44	461	Sean Negron	Male	41	Merrick	NY	73	7:03 min/m	00:21:55.28	93	7:10 min/m	00:22:16.95	7:06 min/m	00:44:12.23
81	70/390	10/45	127	Charles Crowe	Male	45	Deer Park	NY	74	7:03 min/m	00:21:56.25	91	7:09 min/m	00:22:15.98	7:06 min/m	00:44:12.24
82	71/390	12/57	585	Louis Sparaco	Male	54	Patchogue	NY	81	7:05 min/m	00:22:01.84	89	7:09 min/m	00:22:14.42	7:07 min/m	00:44:16.26
83	72/390	6/25	828	Robbie Rex Jr.	Male	31	Islip Terrace	NY	96	7:16 min/m	00:22:37.31	76	6:58 min/m	00:21:40.47	7:07 min/m	00:44:17.79
84	73/390	13/57	312	Scott Kessler	Male	50	Cold Spring Harbor	NY	75	7:03 min/m	00:21:57.26	96	7:11 min/m	00:22:21.56	7:07 min/m	00:44:18.82
85	74/390	14/57	660	Jerry Wosleger	Male	54	Rockville Centre	NY	105	7:20 min/m	00:22:48.15	75	6:58 min/m	00:21:40.31	7:09 min/m	00:44:28.46
86	75/390	9/17	743	Ryan Sullivan	Male	28	Long Beach	NY	77	7:04 min/m	00:21:58.84	99	7:15 min/m	00:22:33.69	7:10 min/m	00:44:32.53
87	76/390	11/45	744	James Sanderson	Male	47	Nesconset	NY	89	7:14 min/m	00:22:29.58	84	7:06 min/m	00:22:03.95	7:10 min/m	00:44:33.53
88	77/390	10/44	407	Kevin Mcgrady	Male	44	Medford	NY	93	7:16 min/m	00:22:35.10	82	7:05 min/m	00:22:00.48	7:10 min/m	00:44:35.58
89	12/330	4/35	415	Nicole Mcnamara	Female	33	Smithtown	NY	97	7:17 min/m	00:22:37.76	86	7:07 min/m	00:22:08.56	7:12 min/m	00:44:46.33
90	78/390	4/19	769	Raymond Gogarty	Male	35	Deer Park	NY	85	7:09 min/m	00:22:13.34	102	7:16 min/m	00:22:35.83	7:12 min/m	00:44:49.17
91	13/330	1/23	621	Nicole Unger	Female	25	Great Neck	NY	83	7:07 min/m	00:22:08.48	105	7:18 min/m	00:22:41.92	7:12 min/m	00:44:50.40
92	79/390	5/19	521	David Rockitter	Male	50	Wantagh	NY	94	7:16 min/m	00:22:35.30	92	7:10 min/m	00:22:16.94	7:13 min/m	00:44:52.24
93	80/390	11/44	195	Robert Festa	Male	41	Lindenhurst	NY	111	7:22 min/m	00:22:55.24	83	7:05 min/m	00:22:01.65	7:14 min/m	00:44:56.90
94	81/390	12/44	274	Lance Homan	Male	40	Medford	NY	95	7:16 min/m	00:22:36.58	95	7:11 min/m	00:22:20.72	7:14 min/m	00:44:57.30
95	14/330	3/44	175	Ann Egan	Female	48	Wantagh	NY	107	7:20 min/m	00:22:49.19	90	7:09 min/m	00:22:15.38	7:15 min/m	00:45:04.57
96	15/330	4/44	157	Joanne Digraziano	Female	49	Smithtown	NY	102	7:19 min/m	00:22:45.49	94	7:11 min/m	00:22:19.32	7:15 min/m	00:45:04.82
97	82/390	1/25	661	Ryan Wosleger	Male	27	Rockville Centre	NY	91	7:15 min/m	00:22:33.26	101	7:16 min/m	00:22:35.57	7:15 min/m	00:45:08.83
98	83/390	13/44	376	Pete Mahnken	Male	40	Port Jeff. Sta.	NY	98	7:17 min/m	00:22:38.33	100	7:16 min/m	00:22:35.40	7:16 min/m	00:45:13.74
99	84/390	14/44	319	Joseph Koplik	Male	44	Wantagh	NY	106	7:20 min/m	00:22:48.56	97	7:13 min/m	00:22:28.01	7:17 min/m	00:45:16.57
100	85/390	6/19	98	James Castaldo	Male	43	Merrick	NY	99	7:17 min/m	00:22:40.57	103	7:16 min/m	00:22:36.23	7:17 min/m	00:45:16.81
101	16/330	2/33	419	Karen Melara	Female	35	Port Washington	NY	88	7:12 min/m	00:22:22.46	118	7:22 min/m	00:22:54.94	7:17 min/m	00:45:17.41
102	17/330	3/33	513	Jennifer Reth	Female	36	Kings Park	NY	116	7:27 min/m	00:23:10.83	85	7:07 min/m	00:22:07.94	7:17 min/m	00:45:18.78
103	86/390	2/25	394	Chris Martin	Male	27	Sayville	NY	84	7:08 min/m	00:22:12.74	126	7:26 min/m	00:23:06.09	7:17 min/m	00:45:18.83
104	87/390	15/57	284	Michael Hunter	Male	51	N. Merrick	NY	117	7:27 min/m	00:23:11.72	88	7:09 min/m	00:22:14.20	7:18 min/m	00:45:25.93
105	88/390	9/26	42	Benjamin Beavers	Male	39	Amityville	NY	86	7:09 min/m	00:22:15.97	130	7:28 min/m	00:23:14.32	7:19 min/m	00:45:30.30
106	18/330	5/35	771	Jaclyn Fahey	Female	30	Freeport	NY	109	7:21 min/m	00:22:51.80	111	7:20 min/m	00:22:47.53	7:20 min/m	00:45:39.33
107	19/330	2/42	346	Mary Lenzi	Female	52	Hauppauge	NY	104	7:20 min/m	00:22:47.33	116	7:22 min/m	00:22:53.99	7:21 min/m	00:45:41.33
108	89/390	16/57	359	Steve Liuzzo	Male	53	Smithtown	NY	103	7:19 min/m	00:22:46.52	121	7:23 min/m	00:22:58.58	7:21 min/m	00:45:45.10

Aspire 10K Run

April 7, 2013

Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
109	90/390	17/57	616	Michael Turkovich	Male	50	Ronkonkoma	NY	115	7:26 min/m	00:23:08.71	104	7:17 min/m	00:22:40.12	7:22 min/m	00:45:48.83
110	91/390	11/46	734	Jay Byrne	Male	59	Massapequa	NY	113	7:23 min/m	00:22:57.89	117	7:22 min/m	00:22:54.91	7:23 min/m	00:45:52.81
111	92/390	12/46	692	Edmond Mallahan	Male	55	Oyster Bay	NY	90	7:14 min/m	00:22:29.80	139	7:32 min/m	00:23:25.43	7:23 min/m	00:45:55.23
112	93/390	18/57	32	Alan Baisch	Male	51	Selden	NY	118	7:28 min/m	00:23:12.33	108	7:19 min/m	00:22:44.91	7:23 min/m	00:45:57.25
113	20/330	5/44	344	Yvonne Leippert	Female	45	Coram	NY	119	7:28 min/m	00:23:12.34	109	7:19 min/m	00:22:46.33	7:23 min/m	00:45:58.67
114	94/390	1/16	293	Barry Jerson	Male	65	Plainview	NY	120	7:28 min/m	00:23:13.33	115	7:21 min/m	00:22:52.99	7:25 min/m	00:46:06.33
115	21/330	1/32	722	Dolores Doman	Female	56	Dix Hills	NY	108	7:21 min/m	00:22:51.80	132	7:29 min/m	00:23:17.19	7:25 min/m	00:46:09.00
116	95/390	7/25	504	Anthony Randolfi	Male	31	Valley Stream	NY	164	7:50 min/m	00:24:23.21	77	7:01 min/m	00:21:48.62	7:26 min/m	00:46:11.84
117	96/390	19/57	724	Alberto Perez	Male	50	Inwood	NY	128	7:33 min/m	00:23:28.33	110	7:19 min/m	00:22:46.77	7:26 min/m	00:46:15.10
118	97/390	8/25	261	Daniel Henn	Male	32	Oyster Bay	NY	124	7:32 min/m	00:23:26.53	113	7:20 min/m	00:22:49.36	7:26 min/m	00:46:15.90
119	98/390	20/57	332	Yujen Lai	Male	50	East Setauket	NY	121	7:29 min/m	00:23:15.58	122	7:24 min/m	00:23:01.00	7:26 min/m	00:46:16.58
120	99/390	12/45	369	Steven Lutz	Male	45	Melville	NY	80	7:05 min/m	00:22:01.84	178	7:48 min/m	00:24:16.70	7:27 min/m	00:46:18.54
121	22/330	1/34	675	Kathy Dormer	Female	43	Williston Park	NY	127	7:32 min/m	00:23:27.33	119	7:22 min/m	00:22:55.86	7:27 min/m	00:46:23.20
122	100/390	13/46	658	Glen Wolther	Male	56	Jericho	NY	100	7:18 min/m	00:22:43.23	148	7:37 min/m	00:23:40.09	7:27 min/m	00:46:23.33
123	23/330	6/35	206	Kerry Fogarazzo	Female	31	Wantagh	NY	110	7:22 min/m	00:22:53.63	141	7:34 min/m	00:23:30.79	7:28 min/m	00:46:24.43
124	24/330	6/44	325	Torie Kramer	Female	49	Northport	NY	122	7:31 min/m	00:23:22.53	124	7:25 min/m	00:23:03.33	7:28 min/m	00:46:25.86
125	101/390	13/45	752	Scott Anderson	Male	49	Bethpage	NY	132	7:35 min/m	00:23:35.29	114	7:21 min/m	00:22:52.55	7:28 min/m	00:46:27.85
126	102/390	14/46	330	Louis Lafleur	Male	57	Holbrook	NY	126	7:32 min/m	00:23:26.88	123	7:24 min/m	00:23:02.02	7:28 min/m	00:46:28.90
127	103/390	14/45	440	Robert Monaco	Male	49	Woodbury	NY	133	7:36 min/m	00:23:37.52	120	7:23 min/m	00:22:56.68	7:29 min/m	00:46:34.20
128	104/390	21/57	720	Robert Fried	Male	52	Great Neck	NY	112	7:23 min/m	00:22:57.50	152	7:38 min/m	00:23:43.63	7:30 min/m	00:46:41.14
129	105/390	3/18	244	John Hamilton	Male	60	West Islip	NY	136	7:37 min/m	00:23:40.76	127	7:27 min/m	00:23:09.71	7:32 min/m	00:46:50.47
130	106/390	22/57	671	Richard Ripke	Male	51	Selden	NY	129	7:33 min/m	00:23:28.34	140	7:32 min/m	00:23:25.48	7:32 min/m	00:46:53.83
131	107/390	23/57	368	Andrew Lupu	Male	51	North Bellmore	NY	114	7:25 min/m	00:23:03.98	164	7:42 min/m	00:23:57.84	7:34 min/m	00:47:01.83
132	25/330	3/42	588	Adriana Staiano	Female	50	East Meadow	NY	148	7:42 min/m	00:23:56.59	125	7:26 min/m	00:23:05.89	7:34 min/m	00:47:02.48
133	108/390	24/57	334	Robert Lange	Male	50	New Hyde Park	NY	160	7:49 min/m	00:24:19.34	107	7:19 min/m	00:22:44.35	7:34 min/m	00:47:03.69
134	26/330	7/44	248	Kat Hankinson	Female	49	Huntington	NY	131	7:35 min/m	00:23:35.29	142	7:34 min/m	00:23:31.03	7:34 min/m	00:47:06.32
135	27/330	4/42	180	Tracey Epstein	Female	52	Smithtown	NY	138	7:38 min/m	00:23:43.59	134	7:31 min/m	00:23:23.32	7:34 min/m	00:47:06.91
136	109/390	4/18	186	Scott Fairgrieve	Male	62	Mineola	NY	147	7:42 min/m	00:23:56.21	129	7:28 min/m	00:23:12.34	7:35 min/m	00:47:08.55
137	110/390	10/26	219	Patrick Gavigan	Male	38	Merrick	NY	150	7:44 min/m	00:24:02.29	128	7:27 min/m	00:23:11.10	7:35 min/m	00:47:13.40
138	111/390	9/25	448	Joseph Morris	Male	32	Franklin Square	NY	183	7:57 min/m	00:24:42.84	98	7:14 min/m	00:22:31.33	7:36 min/m	00:47:14.17
139	112/390	15/44	701	Cullen Howell	Male	41	Plainview	NY	144	7:41 min/m	00:23:54.59	133	7:30 min/m	00:23:19.99	7:36 min/m	00:47:14.58
140	28/330	1/14	826	Gabrielle Mott	Female	12	Ronkonkoma	NY	142	7:41 min/m	00:23:53.80	135	7:31 min/m	00:23:23.47	7:36 min/m	00:47:17.27
141	113/390	2/8	831	Kevin Sanders	Male	19	Wading River	NY	141	7:41 min/m	00:23:53.33	138	7:32 min/m	00:23:25.05	7:36 min/m	00:47:18.38
142	29/330	8/44	301	Yuri Karasz	Female	46	Mineola	NY	146	7:42 min/m	00:23:56.18	136	7:31 min/m	00:23:24.14	7:37 min/m	00:47:20.32
143	114/390	25/57	155	David Digiovanni	Male	54	Sea Cliff	NY	140	7:41 min/m	00:23:52.34	146	7:36 min/m	00:23:37.24	7:38 min/m	00:47:29.58
144	30/330	5/42	115	Karen Conkling	Female	50	Massapequa	NY	137	7:37 min/m	00:23:42.19	165	7:42 min/m	00:23:58.13	7:40 min/m	00:47:40.33

Aspire 10K Run

April 7, 2013

Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
145	115/390	11/26	691	Dannick Boulin	Male	37	Mineola	NY	130	7:34 min/m	00:23:32.31	174	7:46 min/m	00:24:10.34	7:40 min/m	00:47:42.65
146	116/390	2/16	315	Richard Kleiman	Male	66	Plainview	NY	162	7:50 min/m	00:24:21.34	137	7:32 min/m	00:23:24.49	7:41 min/m	00:47:45.83
147	31/330	6/42	207	Vicki Fox	Female	54	Huntington	NY	135	7:36 min/m	00:23:39.14	171	7:46 min/m	00:24:08.20	7:41 min/m	00:47:47.34
148	32/330	2/23	59	Lisa Bonanni	Female	26	Selden	NY	152	7:46 min/m	00:24:08.79	150	7:37 min/m	00:23:40.54	7:41 min/m	00:47:49.33
149	117/390	16/44	580	Robert Smith	Male	44	Northport	NY	145	7:41 min/m	00:23:55.20	161	7:42 min/m	00:23:55.63	7:41 min/m	00:47:50.84
150	33/330	2/32	582	Kim Solomine	Female	55	Syosset	NY	143	7:41 min/m	00:23:53.99	166	7:43 min/m	00:23:58.59	7:42 min/m	00:47:52.58
151	34/330	9/44	635	Michele Vitale	Female	47	Patchogue	NY	156	7:47 min/m	00:24:12.37	153	7:38 min/m	00:23:44.54	7:42 min/m	00:47:56.91
152	118/390	15/46	125	Jerry Crennan	Male	55	Patchogue	NY	154	7:47 min/m	00:24:11.42	156	7:40 min/m	00:23:51.16	7:43 min/m	00:48:02.59
153	119/390	3/25	209	Gary Freitag	Male	48	Ronkonkoma	NY	151	7:44 min/m	00:24:03.51	169	7:43 min/m	00:24:01.30	7:44 min/m	00:48:04.82
154	120/390	10/25	447	Brian Morreale	Male	32	Alexandra	VA	134	7:36 min/m	00:23:37.84	183	7:53 min/m	00:24:30.63	7:44 min/m	00:48:08.47
155	35/330	2/34	606	Jenney Tesoriero	Female	42	Westbury	NY	149	7:42 min/m	00:23:58.39	177	7:47 min/m	00:24:12.44	7:45 min/m	00:48:10.83
156	121/390	10/17	789	Jordan Scheiman	Male	27	New York	NY	172	7:54 min/m	00:24:33.11	147	7:36 min/m	00:23:37.78	7:45 min/m	00:48:10.90
157	122/390	26/57	494	Carson Pohlman	Male	51	St James	NY	171	7:53 min/m	00:24:32.37	149	7:37 min/m	00:23:40.47	7:45 min/m	00:48:12.85
158	123/390	17/44	240	Eric Gulkis	Male	42	Port Washington	NY	227	8:12 min/m	00:25:31.57	106	7:18 min/m	00:22:42.33	7:45 min/m	00:48:13.91
159	124/390	11/25	93	Joseph Carranza	Male	32	Williston Park	NY	224	8:12 min/m	00:25:28.91	112	7:20 min/m	00:22:48.42	7:46 min/m	00:48:17.33
160	36/330	10/44	492	Stephanie Plotkin	Female	46	Plainview	NY	167	7:51 min/m	00:24:24.84	158	7:41 min/m	00:23:53.34	7:46 min/m	00:48:18.18
161	125/390	27/57	604	Dwayne Taylor	Male	50	Baldwin	NY	165	7:51 min/m	00:24:24.24	160	7:42 min/m	00:23:55.57	7:46 min/m	00:48:19.81
162	126/390	7/19	25	Michael Ash	Male	44	Plainview	NY	168	7:51 min/m	00:24:25.49	159	7:41 min/m	00:23:55.13	7:46 min/m	00:48:20.62
163	127/390	4/25	491	Robert Pickus	Male	43	Plainview	NY	187	7:59 min/m	00:24:50.72	144	7:35 min/m	00:23:34.86	7:47 min/m	00:48:25.58
164	128/390	12/25	697	Michael Allen	Male	34	Selden	NY	139	7:40 min/m	00:23:49.58	195	7:56 min/m	00:24:40.59	7:48 min/m	00:48:30.18
165	37/330	1/20	149	Ciara Dempsey	Female	37	New Hyde Park	NY	166	7:51 min/m	00:24:24.30	172	7:46 min/m	00:24:08.95	7:48 min/m	00:48:33.25
166	38/330	7/35	475	Kira O'sullivan	Female	34	New York	NY	184	7:57 min/m	00:24:44.58	157	7:40 min/m	00:23:52.04	7:49 min/m	00:48:36.62
167	129/390	18/44	225	Jamie Glick	Male	41	Commack	NY	201	8:03 min/m	00:25:03.34	143	7:35 min/m	00:23:34.34	7:49 min/m	00:48:37.68
168	130/390	13/25	633	Ben Vitale	Male	33	Ronkonkoma	NY	221	8:10 min/m	00:25:24.93	131	7:29 min/m	00:23:15.41	7:49 min/m	00:48:40.34
169	131/390	3/8	809	Joseph Choinski	Male	18	E. Northport	NY	190	8:00 min/m	00:24:53.78	154	7:39 min/m	00:23:47.97	7:50 min/m	00:48:41.76
170	39/330	11/44	607	Eliana Themistocleous	Female	45	Melville	NY	153	7:47 min/m	00:24:11.33	186	7:55 min/m	00:24:35.92	7:51 min/m	00:48:47.25
171	40/330	8/35	275	Michelle Homan	Female	32	Medford	NY	157	7:48 min/m	00:24:15.48	184	7:53 min/m	00:24:32.10	7:51 min/m	00:48:47.58
172	132/390	28/57	818	Brian Gunderson	Male	53	Medford	NY	191	8:00 min/m	00:24:53.78	163	7:42 min/m	00:23:57.14	7:51 min/m	00:48:50.92
173	133/390	29/57	682	Dennis Gowen	Male	51	Massapequa Park	NY	173	7:54 min/m	00:24:35.42	179	7:49 min/m	00:24:17.92	7:52 min/m	00:48:53.34
174	41/330	3/23	400	Alyssa Mazurek	Female	26	Hauppauge	NY	209	8:07 min/m	00:25:14.34	151	7:37 min/m	00:23:40.87	7:52 min/m	00:48:55.21
175	134/390	12/26	493	Mark Plutzer	Male	38	Old Bethpage	NY	205	8:05 min/m	00:25:07.25	155	7:40 min/m	00:23:49.99	7:52 min/m	00:48:57.24
176	135/390	13/26	685	Brad Eisenstein	Male	39	Plainview	NY	163	7:50 min/m	00:24:22.20	192	7:55 min/m	00:24:37.63	7:53 min/m	00:48:59.84
177	136/390	15/45	489	Tony Pezzano	Male	49	Huntington	NY	200	8:03 min/m	00:25:02.75	167	7:43 min/m	00:23:59.15	7:53 min/m	00:49:01.90
178	42/330	9/35	786	Renee Zeoli	Female	31	Smithtown	NY	197	8:02 min/m	00:25:00.30	175	7:47 min/m	00:24:11.39	7:55 min/m	00:49:11.69
179	137/390	16/45	351	Aaron Lieberman	Male	48	Old Bethpage	NY	196	8:02 min/m	00:25:00.13	176	7:47 min/m	00:24:12.20	7:55 min/m	00:49:12.33
180	138/390	5/25	704	Lou Oppenheimer	Male	45	Hewlett	NY	176	7:55 min/m	00:24:37.66	193	7:56 min/m	00:24:39.68	7:55 min/m	00:49:17.34

Aspire 10K Run

April 7, 2013

Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
181	139/390	16/46	398	Frank Martinez	Male	56	Commack	NY	185	7:58 min/m	00:24:45.59	185	7:53 min/m	00:24:32.15	7:55 min/m	00:49:17.74
182	140/390	17/45	210	Steven Friedland	Male	48	Great Neck	NY	155	7:47 min/m	00:24:11.62	218	8:04 min/m	00:25:06.21	7:55 min/m	00:49:17.83
183	141/390	17/46	358	James Litke	Male	57	Oyster Bay Cove	NY	180	7:57 min/m	00:24:42.33	187	7:55 min/m	00:24:36.25	7:56 min/m	00:49:18.58
184	142/390	30/57	227	Daniel Goldstein	Male	51	Huntington Station	NY	169	7:53 min/m	00:24:30.90	207	7:59 min/m	00:24:49.97	7:56 min/m	00:49:20.87
185	143/390	18/45	114	Vincent Colantuoni	Male	46	Syosset	NY	178	7:55 min/m	00:24:38.76	200	7:57 min/m	00:24:43.65	7:56 min/m	00:49:22.41
186	43/330	7/42	657	Debra Woloschin	Female	52	Remsenburgh	NY	177	7:55 min/m	00:24:37.84	203	7:58 min/m	00:24:47.87	7:57 min/m	00:49:25.71
187	44/330	8/42	161	Carolyn Dornstauder	Female	50	Kings Park	NY	161	7:49 min/m	00:24:19.95	219	8:04 min/m	00:25:06.35	7:57 min/m	00:49:26.31
188	45/330	12/44	628	Laura Vigliotti	Female	48	Port Washington	NY	159	7:49 min/m	00:24:18.57	222	8:06 min/m	00:25:10.18	7:57 min/m	00:49:28.75
189	144/390	31/57	285	Dean Hutchinson	Male	51	Long Beach	NY	188	7:59 min/m	00:24:51.33	199	7:57 min/m	00:24:42.25	7:58 min/m	00:49:33.58
190	145/390	14/25	581	Jon Soldo	Male	31	Huntington Station	NY	189	8:00 min/m	00:24:52.59	198	7:57 min/m	00:24:42.25	7:58 min/m	00:49:34.84
191	146/390	19/44	790	Theodore Zois	Male	40	New Hyde Park	NY	182	7:57 min/m	00:24:42.33	211	8:00 min/m	00:24:53.26	7:58 min/m	00:49:35.59
192	147/390	19/45	429	Chuck Merritt	Male	46	Plainview	NY	247	8:22 min/m	00:26:01.52	145	7:35 min/m	00:23:35.16	7:59 min/m	00:49:36.69
193	46/330	4/33	403	Bridget Mccann	Female	39	Long Beach	NY	179	7:56 min/m	00:24:40.49	213	8:03 min/m	00:25:00.84	7:59 min/m	00:49:41.34
194	148/390	32/57	192	Neil Ferrara	Male	51	Oceanside	NY	203	8:04 min/m	00:25:04.81	190	7:55 min/m	00:24:37.14	7:59 min/m	00:49:41.95
195	149/390	3/16	532	Philip Roth	Male	65	Plinview	NY	220	8:10 min/m	00:25:22.55	181	7:50 min/m	00:24:22.67	8:00 min/m	00:49:45.22
196	47/330	9/42	810	Sue Corrie	Female	52	New Hyde Park	NY	194	8:01 min/m	00:24:57.23	204	7:59 min/m	00:24:49.01	8:00 min/m	00:49:46.24
197	48/330	1/11	793	Ruth Nack	Female	60	Flushing	NY							8:00 min/m	00:49:46.24
198	49/330	3/34	72	Judith Brenner	Female	44	Plainview	NY	199	8:03 min/m	00:25:01.53	202	7:58 min/m	00:24:46.30	8:00 min/m	00:49:47.84
199	150/390	20/45	640	Ben Walden	Male	45	Centerport	NY	170	7:53 min/m	00:24:31.35	230	8:08 min/m	00:25:16.91	8:00 min/m	00:49:48.27
200	151/390	8/19	420	Rigoberto Melara	Male	56	Glen Head	NY	181	7:57 min/m	00:24:42.33	217	8:04 min/m	00:25:06.12	8:00 min/m	00:49:48.45
201	50/330	10/42	737	Karen Mora	Female	52	Huntington	NY	158	7:49 min/m	00:24:17.72	241	8:13 min/m	00:25:32.95	8:01 min/m	00:49:50.67
202	152/390	18/46	467	Joe Ninesling	Male	58	Amityville	NY	211	8:07 min/m	00:25:15.19	188	7:55 min/m	00:24:36.65	8:01 min/m	00:49:51.84
203	153/390	11/17	34	Jonathan Barracca	Male	28	Maspeth	NY	204	8:04 min/m	00:25:05.83	208	7:59 min/m	00:24:50.93	8:02 min/m	00:49:56.76
204	154/390	12/17	597	Eric Szelenyi	Male	29	Huntington	NY	250	8:23 min/m	00:26:02.95	162	7:42 min/m	00:23:55.64	8:02 min/m	00:49:58.59
205	155/390	21/45	753	Tom Quinton	Male	45	Blue Point	NY	195	8:02 min/m	00:24:58.34	214	8:03 min/m	00:25:01.29	8:02 min/m	00:49:59.63
206	156/390	22/45	28	Lance Axelrod	Male	48	Merrick	NY	214	8:08 min/m	00:25:18.50	196	7:56 min/m	00:24:41.33	8:02 min/m	00:49:59.83
207	157/390	33/57	361	Kenneth Long	Male	52	Bohemia	NY	207	8:06 min/m	00:25:10.52	210	8:00 min/m	00:24:53.00	8:03 min/m	00:50:03.52
208	158/390	20/44	348	Craig Lerman	Male	41	Plainview	NY	210	8:07 min/m	00:25:14.81	206	7:59 min/m	00:24:49.91	8:03 min/m	00:50:04.73
209	159/390	14/26	554	Andrew Schwartz	Male	37	Port Washington	NY	245	8:22 min/m	00:26:00.71	170	7:45 min/m	00:24:05.84	8:03 min/m	00:50:06.55
210	160/390	5/18	717	Paul Cirrincione	Male	64	Dix Hills	NY	198	8:02 min/m	00:25:00.50	221	8:04 min/m	00:25:06.88	8:03 min/m	00:50:07.39
211	161/390	34/57	550	Marty Schimmele	Male	51	Massapequa	NY	193	8:01 min/m	00:24:55.34	224	8:06 min/m	00:25:12.43	8:04 min/m	00:50:07.77
212	51/330	4/34	267	Stacey Herschmann	Female	41	Levittown	NY	246	8:22 min/m	00:26:00.95	173	7:46 min/m	00:24:09.26	8:04 min/m	00:50:10.21
213	52/330	5/33	528	April Rosequist	Female	39	Port Jefferson Station	NY	230	8:14 min/m	00:25:35.26	189	7:55 min/m	00:24:36.96	8:04 min/m	00:50:12.23
214	53/330	11/42	322	Linda Koszalka	Female	50	West Islip	NY	174	7:55 min/m	00:24:36.23	248	8:14 min/m	00:25:37.22	8:04 min/m	00:50:13.46
215	162/390	19/46	706	Robert Elsener	Male	58	E.northport	NY	186	7:59 min/m	00:24:50.51	236	8:11 min/m	00:25:27.45	8:05 min/m	00:50:17.96
216	163/390	35/57	650	Artie Whitmarsh	Male	51	Bayport	NY	223	8:12 min/m	00:25:28.90	209	8:00 min/m	00:24:52.21	8:06 min/m	00:50:21.12

Aspire 10K Run

April 7, 2013

Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
217	164/390	15/26	652	Brad Widolok	Male	39	Sands Point	NY	244	8:22 min/m	00:26:00.59	180	7:50 min/m	00:24:22.30	8:06 min/m	00:50:22.90
218	165/390	21/44	727	Rob Dell'unto	Male	40	Rockville Centre	NY	225	8:12 min/m	00:25:29.72	212	8:01 min/m	00:24:55.61	8:06 min/m	00:50:25.33
219	166/390	36/57	766	Bill Kelly	Male	51	Brooklyn	NY	243	8:21 min/m	00:25:59.68	182	7:52 min/m	00:24:27.20	8:07 min/m	00:50:26.88
220	167/390	23/45	547	Steve Schaumburg	Male	47	Plainview	NY	192	8:01 min/m	00:24:55.20	246	8:14 min/m	00:25:36.14	8:07 min/m	00:50:31.34
221	54/330	13/44	631	Silvia Villeda	Female	48	Roosevelt	NY	242	8:21 min/m	00:25:58.84	191	7:55 min/m	00:24:37.42	8:08 min/m	00:50:36.26
222	55/330	4/23	730	Samantha Cavallo	Female	27	Northport	NY	222	8:10 min/m	00:25:25.21	226	8:06 min/m	00:25:12.63	8:08 min/m	00:50:37.84
223	168/390	1/7	121	Joe Cordero	Male	75	Central Islip	NY	212	8:08 min/m	00:25:16.46	234	8:10 min/m	00:25:22.86	8:09 min/m	00:50:39.32
224	169/390	24/45	56	Gary Bochner	Male	49	Plainview	NY	213	8:08 min/m	00:25:17.47	233	8:09 min/m	00:25:22.36	8:09 min/m	00:50:39.84
225	170/390	20/46	669	Richard Aubain	Male	57	Hicksville	NY	215	8:08 min/m	00:25:18.87	232	8:09 min/m	00:25:21.05	8:09 min/m	00:50:39.92
226	56/330	3/32	279	Lorraine Huether	Female	56	Massapeque	NY	226	8:12 min/m	00:25:31.34	225	8:06 min/m	00:25:12.49	8:09 min/m	00:50:43.84
227	57/330	4/32	337	Judith Latta	Female	58	Garden City	NY	253	8:24 min/m	00:26:06.84	194	7:56 min/m	00:24:39.78	8:10 min/m	00:50:46.62
228	58/330	14/44	386	Lori Mangual	Female	48	Merrick	NY	208	8:07 min/m	00:25:13.59	242	8:13 min/m	00:25:33.74	8:10 min/m	00:50:47.34
229	171/390	15/25	674	Guy Klarfeld	Male	32	Plainview	NY	219	8:09 min/m	00:25:21.84	237	8:12 min/m	00:25:28.95	8:10 min/m	00:50:50.80
230	59/330	15/44	200	Dianne Finneran	Female	47	Smithtown	NY	206	8:06 min/m	00:25:10.32	251	8:16 min/m	00:25:41.52	8:11 min/m	00:50:51.84
231	60/330	5/32	208	Mary Fraker	Female	56	Kings Park	NY	234	8:17 min/m	00:25:46.52	220	8:04 min/m	00:25:06.59	8:11 min/m	00:50:53.11
232	61/330	6/32	306	Anne Kayser	Female	58	Smithtown	NY	233	8:16 min/m	00:25:43.30	223	8:06 min/m	00:25:11.04	8:11 min/m	00:50:54.34
233	62/330	12/42	636	Dee Vogt	Female	53	Huntington	NY	218	8:09 min/m	00:25:21.76	243	8:13 min/m	00:25:34.21	8:11 min/m	00:50:55.97
234	172/390	37/57	392	Edward Marian	Male	52	Huntington Station	NY	217	8:09 min/m	00:25:21.13	249	8:14 min/m	00:25:37.45	8:12 min/m	00:50:58.59
235	63/330	5/34	13	Jennifer Adelberg	Female	40	Saint James	NY	235	8:18 min/m	00:25:47.84	228	8:07 min/m	00:25:13.61	8:12 min/m	00:51:01.45
236	173/390	21/46	545	Peter Schacknow	Male	57	Huntington Station	NY	264	8:29 min/m	00:26:21.59	197	7:56 min/m	00:24:41.74	8:12 min/m	00:51:03.34
237	174/390	4/16	213	David Frisone	Male	68	New Hyde Park	NY	232	8:16 min/m	00:25:41.34	240	8:12 min/m	00:25:31.26	8:14 min/m	00:51:12.61
238	175/390	6/25	530	Steve Rossi	Male	32	Smithtown	NY	125	7:32 min/m	00:23:26.54	352	8:59 min/m	00:27:56.89	8:16 min/m	00:51:23.43
239	176/390	22/46	367	Michael Ludwig	Male	58	Rockville Centre	NY	202	8:03 min/m	00:25:03.78	280	8:29 min/m	00:26:21.48	8:16 min/m	00:51:25.26
240	64/330	3/11	506	Kristen Randone	Female	24	S. Huntington	NY	238	8:19 min/m	00:25:51.53	245	8:14 min/m	00:25:35.35	8:16 min/m	00:51:26.88
241	177/390	22/44	321	Marc Kornheiser	Male	43	Queens	NY	258	8:26 min/m	00:26:12.94	229	8:07 min/m	00:25:15.56	8:17 min/m	00:51:28.50
242	178/390	23/46	395	Dennis Martin	Male	57	Smithtown	NY	276	8:35 min/m	00:26:40.23	205	7:59 min/m	00:24:49.69	8:17 min/m	00:51:29.93
243	179/390	6/18	52	Stephen Bernstein	Male	63	Woodbury	NY	240	8:20 min/m	00:25:54.95	244	8:14 min/m	00:25:34.99	8:17 min/m	00:51:29.94
244	180/390	24/46	406	James Mcdougall	Male	58	Lake Ronkonkoma	NY	236	8:18 min/m	00:25:48.83	253	8:16 min/m	00:25:42.71	8:17 min/m	00:51:31.54
245	181/390	4/8	590	Andrew Stefanik	Male	16	Garden City	NY	257	8:26 min/m	00:26:12.55	231	8:09 min/m	00:25:19.58	8:17 min/m	00:51:32.13
246	182/390	9/19	163	George Drakatos	Male	33	Bethpage	NY	312	8:51 min/m	00:27:32.75	168	7:43 min/m	00:23:59.80	8:17 min/m	00:51:32.55
247	183/390	10/19	136	Charles Cusenza	Male	56	Syosset	NY	251	8:23 min/m	00:26:03.37	239	8:12 min/m	00:25:30.59	8:17 min/m	00:51:33.96
248	184/390	16/25	16	John Alaimo	Male	30	Mineola	NY	285	8:39 min/m	00:26:53.31	201	7:58 min/m	00:24:45.27	8:18 min/m	00:51:38.59
249	185/390	23/44	311	Mitchell Keschner	Male	40	Woodbury	NY	272	8:33 min/m	00:26:36.55	216	8:03 min/m	00:25:02.74	8:18 min/m	00:51:39.29
250	65/330	6/34	310	Lori Keschner	Female	41	Woodbury	NY	273	8:33 min/m	00:26:36.85	215	8:03 min/m	00:25:02.62	8:18 min/m	00:51:39.47
251	186/390	2/7	249	Jack Hanley	Male	77	Babylon	NY	261	8:26 min/m	00:26:15.17	238	8:12 min/m	00:25:30.38	8:19 min/m	00:51:45.56
252	187/390	7/25	171	John Dunworth	Male	52	Miller Place	NY	231	8:15 min/m	00:25:38.34	271	8:26 min/m	00:26:13.57	8:20 min/m	00:51:51.92

Aspire 10K Run

April 7, 2013

Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
253	188/390	8/25	664	Gregory Yencharis	Male	29	Massapequa	NY	265	8:29 min/m	00:26:21.74	250	8:15 min/m	00:25:39.24	8:22 min/m	00:52:00.98
254	189/390	25/46	483	Eric Perrotta	Male	57	N. Massapequa	NY	239	8:20 min/m	00:25:53.76	263	8:24 min/m	00:26:07.61	8:22 min/m	00:52:01.38
255	190/390	11/19	472	Richard O'neill	Male	46	Center Moriches	NY	259	8:26 min/m	00:26:14.34	255	8:18 min/m	00:25:49.25	8:22 min/m	00:52:03.59
256	191/390	16/26	551	Gregg Schlossman	Male	38	Plainview	NY	248	8:22 min/m	00:26:01.93	260	8:23 min/m	00:26:02.90	8:22 min/m	00:52:04.83
257	192/390	38/57	460	Harlan Nebenhaus	Male	53	Manhasset	NY	260	8:26 min/m	00:26:14.78	257	8:19 min/m	00:25:50.64	8:22 min/m	00:52:05.42
258	66/330	5/23	648	Sarah Welch	Female	28	Greenvale	NY	286	8:39 min/m	00:26:53.31	227	8:07 min/m	00:25:13.13	8:23 min/m	00:52:06.45
259	67/330	13/42	459	Eve Nebenhaus	Female	52	Manhasset	NY	255	8:25 min/m	00:26:10.51	258	8:22 min/m	00:26:00.41	8:23 min/m	00:52:10.93
260	193/390	5/16	531	Vic Rossi	Male	66	Hauppauge	NY	254	8:24 min/m	00:26:07.46	261	8:23 min/m	00:26:03.85	8:23 min/m	00:52:11.31
261	194/390	26/46	702	Robert Eslick	Male	57	Old Bethpage	NY	241	8:20 min/m	00:25:56.41	273	8:26 min/m	00:26:15.10	8:23 min/m	00:52:11.51
262	195/390	24/44	299	Dan Kamensky	Male	40	Roslyn	NY	249	8:22 min/m	00:26:01.95	272	8:26 min/m	00:26:14.05	8:24 min/m	00:52:16.00
263	68/330	10/35	305	Deena Kay	Female	33	Massapequa	NY	284	8:39 min/m	00:26:52.69	235	8:10 min/m	00:25:24.52	8:24 min/m	00:52:17.21
264	196/390	25/44	693	Giovanni Laucella	Male	43	Plainview	NY	262	8:27 min/m	00:26:17.59	262	8:23 min/m	00:26:04.71	8:25 min/m	00:52:22.30
265	197/390	17/26	338	Alberto Leal	Male	38	Brentwood	NY	175	7:55 min/m	00:24:36.64	348	8:57 min/m	00:27:50.54	8:26 min/m	00:52:27.18
266	198/390	9/25	62	Tom Boucher	Male	44	Wading River	NY	263	8:28 min/m	00:26:18.59	268	8:25 min/m	00:26:09.54	8:26 min/m	00:52:28.14
267	199/390	39/57	681	William Raftery	Male	50	East Islip	NY	228	8:13 min/m	00:25:34.59	306	8:41 min/m	00:26:58.88	8:27 min/m	00:52:33.47
268	69/330	7/34	764	Shaun Dunn	Female	42	Huntington	NY	237	8:18 min/m	00:25:49.91	295	8:36 min/m	00:26:45.59	8:27 min/m	00:52:35.50
269	200/390	18/26	451	Benjamin Moss	Male	35	Plainview	NY	288	8:40 min/m	00:26:56.55	252	8:16 min/m	00:25:42.01	8:28 min/m	00:52:38.56
270	70/330	14/42	804	Clare Bastiancic	Female	50	Patchogue	NY	275	8:34 min/m	00:26:38.59	259	8:22 min/m	00:26:01.40	8:28 min/m	00:52:40.00
271	201/390	25/45	303	Jason Katz	Male	46	Plainview	NY	274	8:34 min/m	00:26:37.56	264	8:24 min/m	00:26:07.69	8:29 min/m	00:52:45.25
272	71/330	8/34	770	Donna Greenstein	Female	41	Melville	NY	271	8:33 min/m	00:26:34.98	279	8:28 min/m	00:26:18.59	8:30 min/m	00:52:53.57
273	202/390	17/25	707	Michael Franchi	Male	30	Lake Ronkonkoma	NY	229	8:14 min/m	00:25:35.26	323	8:48 min/m	00:27:20.66	8:31 min/m	00:52:55.93
274	72/330	6/33	639	Jennifer Wagner	Female	39	Island Park	NY	278	8:36 min/m	00:26:44.32	270	8:26 min/m	00:26:13.03	8:31 min/m	00:52:57.36
275	203/390	27/46	466	Ray Nieves	Male	55	Westbury	NY	294	8:45 min/m	00:27:14.26	254	8:16 min/m	00:25:43.33	8:31 min/m	00:52:57.59
276	73/330	4/11	735	Gabrielle Andersen	Female	23	Babylon	NY	269	8:32 min/m	00:26:32.98	281	8:30 min/m	00:26:25.54	8:31 min/m	00:52:58.52
277	74/330	1/4	785	Megan Mccarthy	Female	18	Levittown	NY	300	8:48 min/m	00:27:22.60	247	8:14 min/m	00:25:36.24	8:31 min/m	00:52:58.84
278	204/390	7/18	667	Perry Zeichner	Male	64	Brightwaters	NY	270	8:33 min/m	00:26:33.91	284	8:30 min/m	00:26:26.79	8:31 min/m	00:53:00.70
279	205/390	12/19	88	Stephen Capitelli	Male	46	Glen Head	NY	290	8:41 min/m	00:26:59.96	266	8:24 min/m	00:26:08.39	8:33 min/m	00:53:08.35
280	75/330	6/23	783	Caitlin Scurachio	Female	25	North Woodmere	NY	282	8:37 min/m	00:26:47.82	282	8:30 min/m	00:26:25.68	8:33 min/m	00:53:13.50
281	76/330	7/23	35	Marisa Barracca	Female	28	Maspeth	NY	277	8:35 min/m	00:26:40.32	288	8:33 min/m	00:26:35.41	8:34 min/m	00:53:15.73
282	206/390	18/25	181	Paul Ercolano	Male	30	Farmingdale	NY	252	8:23 min/m	00:26:05.34	316	8:45 min/m	00:27:11.21	8:34 min/m	00:53:16.55
283	77/330	7/33	260	Diana Heidenreich	Female	39	Hauppauge	NY	266	8:31 min/m	00:26:30.66	296	8:36 min/m	00:26:46.09	8:34 min/m	00:53:16.75
284	207/390	8/18	418	William Meisner	Male	64	Plainview	NY	267	8:32 min/m	00:26:31.28	301	8:37 min/m	00:26:49.06	8:35 min/m	00:53:20.34
285	208/390	26/44	563	Christopher Settino	Male	43	Huntington	NY	310	8:51 min/m	00:27:31.33	256	8:18 min/m	00:25:50.26	8:35 min/m	00:53:21.59
286	78/330	2/20	562	Leah Serlin	Female	41	Dix Hills	NY	295	8:46 min/m	00:27:14.59	265	8:24 min/m	00:26:07.75	8:35 min/m	00:53:22.34
287	79/330	7/32	343	Pam Lee	Female	59	Syosset	NY	287	8:39 min/m	00:26:54.34	287	8:33 min/m	00:26:34.97	8:36 min/m	00:53:29.31
288	80/330	16/44	540	Maureen Salvadori	Female	47	West Babylon	NY	283	8:38 min/m	00:26:51.68	298	8:36 min/m	00:26:46.16	8:37 min/m	00:53:37.84

Aspire 10K Run

April 7, 2013

Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
289	209/390	10/25	775	George Lira	Male	63	Southampton	NY	268	8:32 min/m	00:26:32.91	313	8:44 min/m	00:27:08.21	8:38 min/m	00:53:41.13
290	210/390	26/45	432	Martel Meyer	Male	48	East Hampton	NY	317	8:54 min/m	00:27:41.30	269	8:25 min/m	00:26:09.97	8:39 min/m	00:53:51.27
291	211/390	27/44	772	Harris Zakarin	Male	42	Melville	NY	314	8:52 min/m	00:27:34.58	276	8:27 min/m	00:26:17.06	8:40 min/m	00:53:51.65
292	81/330	11/35	529	Lisa Rossell-Warner	Female	31	Smithtown	NY	281	8:37 min/m	00:26:47.82	311	8:43 min/m	00:27:06.02	8:40 min/m	00:53:53.84
293	212/390	19/26	623	Paul Vanguilder	Male	36	Bay Shore	NY	256	8:25 min/m	00:26:11.33	346	8:56 min/m	00:27:47.63	8:41 min/m	00:53:58.97
294	82/330	17/44	678	Maureen Stammers-Janz	Female	47		NY	308	8:50 min/m	00:27:28.88	286	8:31 min/m	00:26:30.46	8:41 min/m	00:53:59.34
295	83/330	8/33	116	Kate Conlon	Female	37	Bohemia	NY	292	8:44 min/m	00:27:09.77	304	8:39 min/m	00:26:54.72	8:42 min/m	00:54:04.49
296	84/330	3/20	731	Susan Schmuck	Female	46	Westbury	NY	291	8:41 min/m	00:27:01.22	310	8:42 min/m	00:27:04.77	8:42 min/m	00:54:05.99
297	85/330	12/35	220	Giselle Gerardi	Female	30	Commack	NY	304	8:49 min/m	00:27:25.43	292	8:35 min/m	00:26:41.11	8:42 min/m	00:54:06.54
298	86/330	15/42	347	Lynn Leon	Female	51	Glen Oaks	NY	298	8:48 min/m	00:27:21.34	299	8:36 min/m	00:26:46.20	8:42 min/m	00:54:07.55
299	87/330	9/34	377	Annmarie Maiello	Female	44	Lake Ronkonkoma	NY	333	9:02 min/m	00:28:05.88	267	8:24 min/m	00:26:08.96	8:43 min/m	00:54:14.84
300	213/390	40/57	102	Dave Chan	Male	52	Holbrook	NY	293	8:44 min/m	00:27:10.18	314	8:44 min/m	00:27:08.91	8:44 min/m	00:54:19.10
301	88/330	4/20	317	Dawn Konopka	Female	33	Ridge	NY	309	8:51 min/m	00:27:29.94	303	8:38 min/m	00:26:51.04	8:44 min/m	00:54:20.98
302	214/390	27/45	565	David Shreck	Male	49	North Woodmere	NY	311	8:51 min/m	00:27:31.52	302	8:38 min/m	00:26:50.43	8:44 min/m	00:54:21.96
303	215/390	28/44	384	Michael Mandolese	Male	43	Bethpage	NY	299	8:48 min/m	00:27:21.39	308	8:42 min/m	00:27:02.39	8:45 min/m	00:54:23.79
304	216/390	9/18	449	Glenn Morse	Male	64	Massapequa	NY	279	8:36 min/m	00:26:44.84	336	8:54 min/m	00:27:40.57	8:45 min/m	00:54:25.41
305	89/330	2/11	256	Janet Healy	Female	60	Syosset	NY	301	8:48 min/m	00:27:22.82	309	8:42 min/m	00:27:03.01	8:45 min/m	00:54:25.83
306	217/390	41/57	118	Glenn Corbett	Male	51	Islip	NY	289	8:41 min/m	00:26:59.34	329	8:51 min/m	00:27:30.25	8:46 min/m	00:54:29.59
307	90/330	18/44	497	Christine Portela	Female	48	Glen Head	NY	330	9:01 min/m	00:28:03.24	285	8:31 min/m	00:26:29.72	8:46 min/m	00:54:32.97
308	218/390	10/18	197	Charles Ficken	Male	62	Islandia	NY	343	9:06 min/m	00:28:18.90	275	8:27 min/m	00:26:15.68	8:46 min/m	00:54:34.59
309	219/390	42/57	79	Martin Buchman	Male	53	Setauket	NY	302	8:48 min/m	00:27:23.42	319	8:45 min/m	00:27:13.88	8:47 min/m	00:54:37.31
310	91/330	1/11	84	Krista Calvanese	Female	31	Hauppauge	NY	280	8:36 min/m	00:26:46.11	357	9:01 min/m	00:28:01.28	8:49 min/m	00:54:47.39
311	92/330	13/35	273	Samantha Holze	Female	30	Massapequa	NY	322	8:57 min/m	00:27:50.27	305	8:40 min/m	00:26:57.12	8:49 min/m	00:54:47.39
312	220/390	29/44	309	Michael Kennedy	Male	40	Brentwood	NY	357	9:11 min/m	00:28:32.21	274	8:26 min/m	00:26:15.17	8:49 min/m	00:54:47.39
313	221/390	30/44	438	Michael Minerva	Male	41	Sayville	NY	316	8:53 min/m	00:27:38.85	315	8:44 min/m	00:27:10.96	8:49 min/m	00:54:49.81
314	222/390	6/16	437	Christopher Miceli	Male	67	Williston Park	NY	306	8:49 min/m	00:27:26.24	327	8:50 min/m	00:27:27.21	8:50 min/m	00:54:53.46
315	223/390	28/45	43	Jay Beberman	Male	45	Port Washington	NY	335	9:03 min/m	00:28:07.91	300	8:37 min/m	00:26:49.02	8:50 min/m	00:54:56.94
316	224/390	13/19	670	Larry Amoroso	Male	49	Huntington	NY	297	8:47 min/m	00:27:18.96	337	8:54 min/m	00:27:40.59	8:50 min/m	00:54:59.55
317	93/330	16/42	478	Linda Parsons	Female	50	Shoreham	NY	371	9:14 min/m	00:28:44.10	278	8:28 min/m	00:26:18.49	8:51 min/m	00:55:02.59
318	94/330	10/34	553	Gilda Schultz	Female	44	Blue Point	NY	313	8:52 min/m	00:27:33.84	332	8:51 min/m	00:27:32.14	8:52 min/m	00:55:05.99
319	225/390	11/25	679	John Stauber	Male	52		NY	320	8:56 min/m	00:27:45.79	324	8:48 min/m	00:27:20.72	8:52 min/m	00:55:06.52
320	95/330	3/11	656	Gloria Withus	Female	62	Brentwood	NY	318	8:55 min/m	00:27:42.72	326	8:49 min/m	00:27:23.81	8:52 min/m	00:55:06.53
321	226/390	12/25	17	Brian Albert	Male	47	Massapequa	NY	315	8:53 min/m	00:27:37.98	328	8:50 min/m	00:27:29.29	8:52 min/m	00:55:07.27
322	96/330	19/44	323	Ilana Kowalski	Female	45	Cutchogue	NY	361	9:12 min/m	00:28:36.27	289	8:33 min/m	00:26:36.71	8:53 min/m	00:55:12.99
323	227/390	13/17	370	Daniel Lyman	Male	29	Massapequa	NY	385	9:19 min/m	00:28:58.10	277	8:27 min/m	00:26:18.29	8:53 min/m	00:55:16.39
324	97/330	11/34	536	Laura Ryan	Female	42	Melville	NY	366	9:13 min/m	00:28:40.35	291	8:34 min/m	00:26:39.63	8:54 min/m	00:55:19.99

Aspire 10K Run

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Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
325	98/330	5/20	620	Elizabeth Ulatowski	Female	31	East Northport	NY	383	9:18 min/m	00:28:55.10	283	8:30 min/m	00:26:25.80	8:54 min/m	00:55:20.91
326	228/390	1/14	583	Yuval Solomon	Male	13	Plainview	NY	216	8:09 min/m	00:25:19.51	452	9:40 min/m	00:30:02.58	8:54 min/m	00:55:22.10
327	229/390	20/26	684	Mike Whitman	Male	36	Hicksville	NY	363	9:12 min/m	00:28:37.60	297	8:36 min/m	00:26:46.16	8:54 min/m	00:55:23.76
328	99/330	9/33	54	Lucie Bloom	Female	36	Merrick	NY	321	8:56 min/m	00:27:45.99	335	8:54 min/m	00:27:39.77	8:55 min/m	00:55:25.77
329	100/330	17/42	498	Susan Postel	Female	54	Smithtown	NY	296	8:47 min/m	00:27:17.84	372	9:03 min/m	00:28:08.94	8:55 min/m	00:55:26.78
330	230/390	28/46	10	James Abrams	Male	59	Greenlawn	NY	307	8:50 min/m	00:27:26.85	359	9:01 min/m	00:28:02.74	8:55 min/m	00:55:29.59
331	101/330	18/42	526	Kyle Rose-Louder	Female	52	Freeport	NY	319	8:55 min/m	00:27:44.84	344	8:56 min/m	00:27:45.97	8:56 min/m	00:55:30.81
332	102/330	19/42	188	Laurene Fagnoli	Female	54	West Islip	NY	338	9:04 min/m	00:28:12.85	322	8:47 min/m	00:27:18.98	8:56 min/m	00:55:31.83
333	103/330	20/42	126	Susan Critz	Female	54	Islip	NY	326	9:00 min/m	00:27:59.18	333	8:52 min/m	00:27:35.41	8:56 min/m	00:55:34.60
334	231/390	7/16	182	Doug Escher	Male	68	Garden City	NY	355	9:10 min/m	00:28:29.55	312	8:43 min/m	00:27:07.87	8:57 min/m	00:55:37.42
335	104/330	8/32	608	Vera Thompson	Female	55	N.babylon	NY	334	9:02 min/m	00:28:07.10	330	8:51 min/m	00:27:30.41	8:57 min/m	00:55:37.51
336	105/330	8/23	663	Shannon Wright	Female	29	East Meadow	NY	353	9:09 min/m	00:28:27.35	318	8:45 min/m	00:27:11.75	8:57 min/m	00:55:39.10
337	106/330	20/44	405	Doreen Mcdougall	Female	49	Ronkonkoma	NY	327	9:00 min/m	00:28:00.60	347	8:57 min/m	00:27:48.90	8:59 min/m	00:55:49.51
338	232/390	43/57	329	Larry Kurtzman	Male	50	Plainview	NY	323	8:57 min/m	00:27:51.28	356	9:01 min/m	00:28:01.26	8:59 min/m	00:55:52.55
339	233/390	19/25	57	Ian Bogaty	Male	34	Plainview	NY	305	8:49 min/m	00:27:25.60	392	9:11 min/m	00:28:32.00	9:00 min/m	00:55:57.60
340	107/330	12/34	739	Elaine Cappadona	Female	44	Northport	NY	339	9:05 min/m	00:28:15.24	340	8:55 min/m	00:27:43.11	9:00 min/m	00:55:58.35
341	234/390	31/44	33	Jason Banks	Male	41	Plainview	NY	407	9:28 min/m	00:29:25.10	290	8:34 min/m	00:26:39.40	9:01 min/m	00:56:04.51
342	108/330	9/32	74	Marie Brewer	Female	58	Mineola	NY	347	9:07 min/m	00:28:22.60	338	8:54 min/m	00:27:41.91	9:01 min/m	00:56:04.51
343	235/390	32/44	555	Michael Schwartzberg	Male	40	Plainview	NY	403	9:27 min/m	00:29:22.85	293	8:35 min/m	00:26:42.06	9:01 min/m	00:56:04.92
344	109/330	5/11	750	Mirian Romero	Female	23	Oyster Bay	NY	346	9:07 min/m	00:28:22.35	341	8:55 min/m	00:27:43.78	9:01 min/m	00:56:06.13
345	110/330	14/35	184	Janine Esposito	Female	33	North Massapequa	NY	345	9:07 min/m	00:28:22.11	345	8:56 min/m	00:27:46.67	9:02 min/m	00:56:08.78
346	236/390	29/46	677	Paul Aloe	Male	56	Port Washington	NY	408	9:28 min/m	00:29:25.82	294	8:36 min/m	00:26:43.53	9:02 min/m	00:56:09.35
347	237/390	11/18	222	Michael Gillen	Male	61	Farmingdale	NY	332	9:02 min/m	00:28:05.60	373	9:03 min/m	00:28:09.72	9:03 min/m	00:56:15.33
348	238/390	44/57	131	Tom Cunningham	Male	53	East Meadow	NY	358	9:11 min/m	00:28:32.61	342	8:55 min/m	00:27:44.09	9:03 min/m	00:56:16.70
349	111/330	10/33	757	Dina Villanueva	Female	39	Oyster Bay	NY	344	9:07 min/m	00:28:21.34	351	8:59 min/m	00:27:55.97	9:03 min/m	00:56:17.31
350	112/330	10/32	385	Diane Manghan	Female	59	Wading River	NY	337	9:04 min/m	00:28:12.59	370	9:03 min/m	00:28:08.60	9:04 min/m	00:56:21.19
351	113/330	9/23	645	Amanda Watral	Female	28	Amityville	NY	393	9:22 min/m	00:29:08.25	320	8:46 min/m	00:27:15.34	9:04 min/m	00:56:23.59
352	239/390	14/19	151	James Descalzo	Male	52	Farmingville	NY	349	9:08 min/m	00:28:25.18	361	9:01 min/m	00:28:03.67	9:05 min/m	00:56:28.85
353	114/330	10/23	371	Susan Lyman	Female	29	Massapequa	NY	387	9:19 min/m	00:28:58.89	331	8:51 min/m	00:27:31.01	9:05 min/m	00:56:29.90
354	240/390	2/14	435	Zachary Meyer	Male	12	Plainview	NY	352	9:09 min/m	00:28:26.66	364	9:02 min/m	00:28:04.87	9:05 min/m	00:56:31.53
355	241/390	29/45	165	Keith Drayer	Male	48	N. Woodmere	NY	367	9:14 min/m	00:28:41.35	349	8:58 min/m	00:27:51.81	9:06 min/m	00:56:33.17
356	242/390	30/45	591	Robert Stefanik	Male	47	Garden City	NY	351	9:09 min/m	00:28:26.60	368	9:02 min/m	00:28:06.78	9:06 min/m	00:56:33.38
357	115/330	2/14	641	Celia Walden	Female	12	Centerport	NY	328	9:01 min/m	00:28:02.37	394	9:12 min/m	00:28:35.25	9:06 min/m	00:56:37.62
358	116/330	6/11	512	Madalena Resca	Female	23	Bellmore	NY	386	9:19 min/m	00:28:58.46	343	8:55 min/m	00:27:44.39	9:07 min/m	00:56:42.85
359	117/330	11/32	41	Jackie Beattie	Female	58	Bay Shore	NY	360	9:12 min/m	00:28:36.27	371	9:03 min/m	00:28:08.83	9:07 min/m	00:56:45.10
360	118/330	21/44	287	Dori Iervolino	Female	46	Whitestone	NY	342	9:06 min/m	00:28:18.30	390	9:10 min/m	00:28:30.49	9:08 min/m	00:56:48.79

Aspire 10K Run

April 7, 2013

Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
361	243/390	8/16	345	Spencer Leitman	Male	69	Rockville Centre	NY	375	9:15 min/m	00:28:46.60	367	9:02 min/m	00:28:06.73	9:09 min/m	00:56:53.34
362	119/330	7/11	768	Mary Kurth	Female	24		NY	425	9:37 min/m	00:29:53.43	307	8:41 min/m	00:27:01.83	9:09 min/m	00:56:55.27
363	244/390	31/45	37	Ed Barteski	Male	48	Greenlawn	NY	365	9:12 min/m	00:28:38.11	381	9:06 min/m	00:28:17.50	9:09 min/m	00:56:55.61
364	120/330	6/20	61	Danielle Borgo	Female	43	North Babylon	NY	354	9:10 min/m	00:28:29.12	387	9:09 min/m	00:28:26.73	9:09 min/m	00:56:55.85
365	121/330	22/44	618	Kathy Tuttle	Female	48	Eastport	NY	331	9:01 min/m	00:28:03.47	409	9:17 min/m	00:28:53.63	9:09 min/m	00:56:57.10
366	122/330	8/11	699	Jessica Saar	Female	22	Shirley	NY	329	9:01 min/m	00:28:02.44	411	9:18 min/m	00:28:55.41	9:10 min/m	00:56:57.85
367	245/390	5/8	578	Nicholas Small	Male	18	Ronkonkoma	NY	381	9:17 min/m	00:28:53.35	365	9:02 min/m	00:28:04.97	9:10 min/m	00:56:58.33
368	123/330	4/11	164	Patti Drake	Female	61	Lynbrook	NY	412	9:32 min/m	00:29:38.61	325	8:48 min/m	00:27:21.74	9:10 min/m	00:57:00.35
369	246/390	30/46	615	Kevin Tunney	Male	55	Selden	NY	324	8:58 min/m	00:27:54.31	415	9:22 min/m	00:29:06.45	9:10 min/m	00:57:00.76
370	124/330	7/20	205	Sue Fitzpatrick	Female	52	Dix Hills	NY	376	9:16 min/m	00:28:48.85	379	9:05 min/m	00:28:14.76	9:10 min/m	00:57:03.62
371	125/330	11/33	387	Lynda Maniscalco	Female	36	Patchogue	NY	348	9:08 min/m	00:28:24.39	402	9:14 min/m	00:28:44.20	9:11 min/m	00:57:08.60
372	247/390	2/8	807	Jonathan Brunot	Male	24	West Hempstead	NY	429	9:38 min/m	00:29:58.35	317	8:45 min/m	00:27:11.25	9:11 min/m	00:57:09.60
373	248/390	32/45	564	David Shapiro	Male	48	Shoreham	NY	384	9:18 min/m	00:28:55.15	380	9:05 min/m	00:28:15.79	9:12 min/m	00:57:10.94
374	126/330	21/42	173	Brenda Dweck	Female	52	Port Washington	NY	370	9:14 min/m	00:28:43.35	389	9:10 min/m	00:28:30.00	9:12 min/m	00:57:13.35
375	127/330	23/44	381	Theresa Malone	Female	47	Long Beach	NY	394	9:22 min/m	00:29:08.46	366	9:02 min/m	00:28:06.12	9:12 min/m	00:57:14.59
376	249/390	45/57	721	Kevin Morrissey	Male	52	Flushing	NY	430	9:38 min/m	00:29:58.52	321	8:47 min/m	00:27:18.30	9:13 min/m	00:57:16.82
377	128/330	15/35	634	Cathy Vitale	Female	33	Ronkonkoma	NY	404	9:27 min/m	00:29:23.58	350	8:58 min/m	00:27:53.51	9:13 min/m	00:57:17.10
378	129/330	9/11	123	Danielle Cox	Female	21	Massapequa	NY	396	9:24 min/m	00:29:14.60	375	9:04 min/m	00:28:10.50	9:14 min/m	00:57:25.10
379	130/330	13/34	542	Natalie Santiago-Martella	Female	42	Westbury	NY	362	9:12 min/m	00:28:36.67	407	9:16 min/m	00:28:48.86	9:14 min/m	00:57:25.53
380	131/330	12/33	372	Pamela Lynch	Female	39	Smithtown	NY	377	9:16 min/m	00:28:49.50	399	9:13 min/m	00:28:40.70	9:15 min/m	00:57:30.21
381	132/330	5/11	217	Joanne Gallo	Female	63	Oyster Bay	NY	325	9:00 min/m	00:27:58.35	430	9:30 min/m	00:29:32.06	9:15 min/m	00:57:30.41
382	133/330	24/44	55	Tina Boccalino	Female	48	Lindenhurst	NY	391	9:22 min/m	00:29:06.39	386	9:08 min/m	00:28:24.22	9:15 min/m	00:57:30.61
383	250/390	12/18	229	Ehud Golos	Male	62	East Hills	NY	341	9:06 min/m	00:28:16.85	418	9:24 min/m	00:29:14.35	9:15 min/m	00:57:31.20
384	134/330	1/7	230	Abby Gonzalez	Female	65	Dix Hills	NY	336	9:03 min/m	00:28:08.10	425	9:27 min/m	00:29:23.18	9:15 min/m	00:57:31.28
385	135/330	22/42	519	Susan Robinson	Female	54	Huntington Station	NY	401	9:27 min/m	00:29:22.36	377	9:04 min/m	00:28:12.24	9:15 min/m	00:57:34.60
386	251/390	13/18	139	Joe D'agostino	Male	63	Holbrook	NY	340	9:06 min/m	00:28:16.67	422	9:26 min/m	00:29:19.84	9:16 min/m	00:57:36.51
387	252/390	15/19	226	Jed Golden	Male	57	Floral Park	NY	405	9:27 min/m	00:29:24.10	378	9:04 min/m	00:28:13.23	9:16 min/m	00:57:37.34
388	253/390	33/44	773	David Burnett	Male	44	Floral Park	NY	415	9:33 min/m	00:29:40.82	355	9:00 min/m	00:27:58.93	9:16 min/m	00:57:39.76
389	136/330	16/35	774	Noreen Mc Carthy	Female	32	Floral Park	NY	416	9:33 min/m	00:29:41.23	354	9:00 min/m	00:27:58.73	9:16 min/m	00:57:39.96
390	137/330	13/33	112	Melissa Cohen	Female	35	Plainview	NY	388	9:20 min/m	00:29:00.83	398	9:13 min/m	00:28:40.34	9:16 min/m	00:57:41.17
391	138/330	12/32	560	Olga Seng	Female	59	Glen Head	NY	397	9:25 min/m	00:29:15.60	388	9:09 min/m	00:28:27.56	9:17 min/m	00:57:43.17
392	254/390	1/7	423	Jose Mendez	Male	74	Brentwood	NY	356	9:10 min/m	00:28:29.74	421	9:26 min/m	00:29:19.06	9:18 min/m	00:57:48.81
393	139/330	2/4	570	Alexa Silva	Female	16	Smithtown	NY	374	9:15 min/m	00:28:46.46	413	9:21 min/m	00:29:04.64	9:18 min/m	00:57:51.11
394	140/330	17/35	598	Janice Tabone	Female	32	Kings Park	NY	392	9:22 min/m	00:29:07.10	406	9:16 min/m	00:28:48.01	9:19 min/m	00:57:55.11
395	255/390	31/46	302	Andrew Karistinos	Male	55	Old Bethpage	NY	432	9:39 min/m	00:29:59.54	353	8:59 min/m	00:27:57.56	9:19 min/m	00:57:57.10
396	141/330	3/14	133	Erin Curran	Female	14	Old Bethpage	NY	420	9:34 min/m	00:29:43.60	384	9:08 min/m	00:28:22.95	9:21 min/m	00:58:06.55

Aspire 10K Run

April 7, 2013

Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
397	256/390	32/46	185	Jesus Estaba	Male	58	Brooklyn	NY	364	9:12 min/m	00:28:37.86	431	9:30 min/m	00:29:32.49	9:21 min/m	00:58:10.35
398	257/390	13/25	360	William Lofmark	Male	54	Lake Ronkonkoma	NY	399	9:25 min/m	00:29:18.35	408	9:17 min/m	00:28:52.06	9:21 min/m	00:58:10.41
399	258/390	33/46	453	William Munoz	Male	55	Richmond Hill	NY	437	9:42 min/m	00:30:10.10	358	9:01 min/m	00:28:01.52	9:21 min/m	00:58:11.62
400	259/390	3/7	625	Wilson Vargas	Male	75	Richmond Hill	NY	439	9:43 min/m	00:30:12.74	360	9:01 min/m	00:28:03.03	9:22 min/m	00:58:15.78
401	260/390	14/25	509	Dan Regini	Male	29	Port Jefferson Station	NY	417	9:33 min/m	00:29:42.24	393	9:11 min/m	00:28:33.54	9:22 min/m	00:58:15.79
402	142/330	23/42	740	Anita Von Himmel	Female	52	Massapequa	NY	369	9:14 min/m	00:28:42.81	432	9:30 min/m	00:29:33.04	9:22 min/m	00:58:15.85
403	261/390	14/17	765	Adolfo Zepdea	Male	27	Syosset	NY	379	9:17 min/m	00:28:52.55	427	9:28 min/m	00:29:24.96	9:22 min/m	00:58:17.51
404	143/330	14/33	425	Michele Mercier	Female	37	Oyster Bay	NY	438	9:42 min/m	00:30:10.29	374	9:04 min/m	00:28:10.47	9:23 min/m	00:58:20.76
405	262/390	21/26	424	Kevin Mercier	Male	37	Oyster Bay	NY	436	9:42 min/m	00:30:09.28	376	9:04 min/m	00:28:11.57	9:23 min/m	00:58:20.85
406	263/390	9/16	539	Joseph Salow	Male	66	Bellerose	NY	395	9:24 min/m	00:29:14.59	416	9:22 min/m	00:29:06.99	9:23 min/m	00:58:21.58
407	264/390	10/16	124	Howard Cragg	Male	65	Bethpage	NY	359	9:11 min/m	00:28:34.60	447	9:35 min/m	00:29:48.20	9:23 min/m	00:58:22.80
408	144/330	25/44	594	Erin Stoeber	Female	47	Farmingdale	NY	372	9:14 min/m	00:28:44.23	443	9:34 min/m	00:29:45.87	9:24 min/m	00:58:30.10
409	265/390	46/57	695	William Bailey	Male	51	Seaford	NY	378	9:16 min/m	00:28:49.95	439	9:33 min/m	00:29:40.77	9:24 min/m	00:58:30.72
410	145/330	15/33	748	Donna Prox	Female	38	Oakdale	NY	451	9:47 min/m	00:30:26.75	363	9:02 min/m	00:28:04.78	9:25 min/m	00:58:31.53
411	266/390	11/16	308	Hubert Keen	Male	68	Farmingdale	NY	398	9:25 min/m	00:29:17.84	419	9:25 min/m	00:29:15.71	9:25 min/m	00:58:33.56
412	146/330	8/20	65	Kristen Bradley	Female	36	Oyster Bay	NY	452	9:48 min/m	00:30:27.35	369	9:03 min/m	00:28:07.42	9:25 min/m	00:58:34.78
413	267/390	15/25	64	Dan Bradley	Male	44	Oyster Bay	NY	456	9:49 min/m	00:30:30.60	362	9:02 min/m	00:28:04.50	9:25 min/m	00:58:35.10
414	147/330	24/42	454	Phyllis Murphy	Female	53	Wantagh	NY	435	9:41 min/m	00:30:07.85	391	9:10 min/m	00:28:31.63	9:26 min/m	00:58:39.49
415	268/390	47/57	350	Thomas Licetti	Male	54	Jericho	NY	390	9:21 min/m	00:29:03.10	440	9:33 min/m	00:29:41.84	9:27 min/m	00:58:44.94
416	269/390	34/46	561	William Seng	Male	59	Glen Head	NY	482	9:59 min/m	00:31:03.85	339	8:54 min/m	00:27:41.92	9:27 min/m	00:58:45.78
417	148/330	13/32	781	Linna Tang	Female	59	Syosset	NY	434	9:40 min/m	00:30:03.39	401	9:14 min/m	00:28:44.06	9:27 min/m	00:58:47.45
418	149/330	14/34	683	Christine Morra	Female	43		NY	368	9:14 min/m	00:28:41.99	456	9:41 min/m	00:30:05.83	9:27 min/m	00:58:47.82
419	270/390	16/25	278	Gerard Hopkins	Male	31	Middle Village	NY	428	9:37 min/m	00:29:55.72	410	9:18 min/m	00:28:55.14	9:28 min/m	00:58:50.86
420	150/330	16/33	686	Stacy Ackerman	Female	36	Plainview	NY	454	9:48 min/m	00:30:29.59	385	9:08 min/m	00:28:24.10	9:28 min/m	00:58:53.69
421	271/390	33/45	258	Dave Hehn	Male	48	Sea Cliff	NY	373	9:15 min/m	00:28:45.84	459	9:42 min/m	00:30:09.47	9:28 min/m	00:58:55.32
422	151/330	2/11	172	Lydia Durdaller	Female	28	Bethpage	NY	442	9:43 min/m	00:30:13.11	403	9:14 min/m	00:28:44.23	9:29 min/m	00:58:57.35
423	152/330	11/23	224	Jennier Gladitsch	Female	26	Bethpage	NY	440	9:43 min/m	00:30:12.94	404	9:15 min/m	00:28:44.40	9:29 min/m	00:58:57.35
424	153/330	17/33	363	Nicole Lorenzana	Female	36	Farmingdale	NY	409	9:28 min/m	00:29:26.42	438	9:33 min/m	00:29:40.31	9:30 min/m	00:59:06.74
425	272/390	34/44	732	Jim McBride	Male	44	Manorville	NY	457	9:49 min/m	00:30:31.60	396	9:12 min/m	00:28:35.68	9:30 min/m	00:59:07.28
426	154/330	18/33	676	Denise Maudolese	Female	37	Bethpage	NY	410	9:30 min/m	00:29:32.86	435	9:32 min/m	00:29:38.07	9:31 min/m	00:59:10.93
427	273/390	14/18	21	Steven Aptheker	Male	64	Melville	NY	461	9:50 min/m	00:30:33.70	400	9:14 min/m	00:28:41.90	9:32 min/m	00:59:15.60
428	274/390	1/3	150	Don Denig	Male	80	Bayside	NY	402	9:27 min/m	00:29:22.76	448	9:37 min/m	00:29:53.85	9:32 min/m	00:59:16.62
429	275/390	16/19	568	Russ Siedlewicz	Male	54	Merrick	NY	411	9:32 min/m	00:29:37.56	442	9:34 min/m	00:29:44.54	9:33 min/m	00:59:22.11
430	276/390	2/7	320	Arthur Koppelman	Male	70	Syosset	NY	389	9:20 min/m	00:29:02.52	469	9:46 min/m	00:30:21.01	9:33 min/m	00:59:23.53
431	155/330	18/35	611	Amanda Tomel	Female	32	Commack	NY	421	9:35 min/m	00:29:47.72	434	9:31 min/m	00:29:37.02	9:33 min/m	00:59:24.75
432	277/390	22/26	827	Joshua Perez	Male	39	Ronkonkoma	NY	382	9:17 min/m	00:28:53.35	474	9:49 min/m	00:30:31.81	9:33 min/m	00:59:25.17

Aspire 10K Run

April 7, 2013

Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
433	278/390	3/8	820	David Kirsch	Male	21	Setauket	NY	380	9:17 min/m	00:28:53.15	475	9:49 min/m	00:30:32.42	9:33 min/m	00:59:25.57
434	156/330	26/44	379	Anne Malitzis	Female	45	Old Bethpage	NY	444	9:44 min/m	00:30:17.10	417	9:23 min/m	00:29:12.20	9:34 min/m	00:59:29.30
435	157/330	27/44	318	Jacqui Koplik	Female	46	Wantagh	NY	426	9:37 min/m	00:29:55.47	436	9:32 min/m	00:29:38.21	9:35 min/m	00:59:33.68
436	158/330	15/34	103	Laura Chan	Female	42	Old Bethpage	NY	427	9:37 min/m	00:29:55.64	437	9:32 min/m	00:29:38.64	9:35 min/m	00:59:34.28
437	279/390	17/25	557	Rick Secor	Male	51	Ronkonkoma	NY	123	7:31 min/m	00:23:24.29	614	11:38 min/m	00:36:10.32	9:35 min/m	00:59:34.61
438	159/330	12/23	91	Catherine Carbonaro	Female	28	Massapequa	NY	488	10:03 min/m	00:31:15.82	382	9:06 min/m	00:28:19.06	9:35 min/m	00:59:34.89
439	280/390	15/17	27	Josh Astin	Male	29	Long Beach	NY	487	10:03 min/m	00:31:15.61	383	9:07 min/m	00:28:19.68	9:35 min/m	00:59:35.29
440	160/330	9/20	546	Alexabdra Schauble	Female	27	Selden	NY	460	9:49 min/m	00:30:32.67	414	9:21 min/m	00:29:04.86	9:35 min/m	00:59:37.54
441	281/390	35/44	388	Pete Maniscalco	Male	42	Blue Point	NY	424	9:36 min/m	00:29:52.35	445	9:35 min/m	00:29:47.75	9:36 min/m	00:59:40.10
442	161/330	28/44	644	Susan Warsaw	Female	46	Coram	NY	449	9:46 min/m	00:30:23.51	424	9:27 min/m	00:29:22.96	9:37 min/m	00:59:46.47
443	282/390	35/46	169	Timothy Droge	Male	58	North Merrick	NY	419	9:34 min/m	00:29:43.53	454	9:40 min/m	00:30:03.16	9:37 min/m	00:59:46.69
444	162/330	1/3	482	Lori Penisis	Female	46	Fresh Meadows	NY	350	9:08 min/m	00:28:25.19	506	10:05 min/m	00:31:22.49	9:37 min/m	00:59:47.68
445	163/330	19/35	488	Jillian Petrone	Female	32	Commack	NY	431	9:39 min/m	00:29:59.10	451	9:38 min/m	00:29:57.13	9:38 min/m	00:59:56.23
446	283/390	12/16	601	Allen Tantleff	Male	66	East Hills	NY	400	9:27 min/m	00:29:22.15	477	9:50 min/m	00:30:34.69	9:38 min/m	00:59:56.84
447	164/330	19/33	575	Melanie Sirof	Female	39	Merrick	NY	462	9:50 min/m	00:30:35.33	426	9:27 min/m	00:29:24.36	9:39 min/m	00:59:59.70
448	284/390	4/8	342	Austin Lee	Male	23	Woodbury	NY	423	9:36 min/m	00:29:50.58	463	9:43 min/m	00:30:13.95	9:40 min/m	01:00:04.53
449	165/330	10/20	421	Elizabeth Memoli	Female	23	Mleville	NY	422	9:36 min/m	00:29:50.35	464	9:43 min/m	00:30:14.18	9:40 min/m	01:00:04.53
450	285/390	36/46	117	Jeffrey Cooper	Male	55	Long Beach	NY	500	10:08 min/m	00:31:30.40	397	9:12 min/m	00:28:37.46	9:40 min/m	01:00:07.86
451	166/330	14/32	77	Janice Brown	Female	57	Valley Stream	NY	433	9:39 min/m	00:29:59.85	458	9:42 min/m	00:30:08.53	9:40 min/m	01:00:08.39
452	167/330	15/32	574	Mary Siragusa	Female	59	West Islip	NY	478	9:56 min/m	00:30:53.60	420	9:25 min/m	00:29:16.59	9:40 min/m	01:00:10.20
453	286/390	18/25	336	Gregory Lanning	Male	43	Bayshore	NY	453	9:48 min/m	00:30:28.35	441	9:34 min/m	00:29:44.50	9:41 min/m	01:00:12.86
454	168/330	20/35	599	Cara Talento	Female	30	Oyster Bay	NY	470	9:53 min/m	00:30:42.66	429	9:29 min/m	00:29:30.81	9:41 min/m	01:00:13.48
455	287/390	48/57	729	Adam Rothstein	Male	50	Wantagh	NY	501	10:08 min/m	00:31:30.61	412	9:19 min/m	00:28:56.89	9:43 min/m	01:00:27.50
456	169/330	25/42	517	Wendy Roberts	Female	50	Old Bethpage	NY	509	10:13 min/m	00:31:45.27	405	9:15 min/m	00:28:46.83	9:44 min/m	01:00:32.11
457	170/330	3/4	794	Dana Digiovanni	Female	17	Roosevelt	NY	468	9:52 min/m	00:30:40.60	449	9:37 min/m	00:29:53.98	9:44 min/m	01:00:34.58
458	288/390	49/57	49	Jack Berger	Male	53	Richmond Hill	NY	446	9:45 min/m	00:30:19.23	467	9:45 min/m	00:30:18.92	9:45 min/m	01:00:38.16
459	171/330	21/35	215	Desiree Fusco	Female	33	Rocky Point	NY	476	9:55 min/m	00:30:51.44	457	9:41 min/m	00:30:07.91	9:48 min/m	01:00:59.36
460	289/390	20/25	108	Gerard Clark	Male	31	North Massapequa	NY	463	9:50 min/m	00:30:36.11	471	9:47 min/m	00:30:26.29	9:49 min/m	01:01:02.40
461	172/330	16/32	477	Joanne Palisi	Female	57	Eastport	NY	445	9:44 min/m	00:30:17.10	484	9:54 min/m	00:30:46.00	9:49 min/m	01:01:03.11
462	173/330	17/32	412	Pat Mckay	Female	57	Farmingdale	NY	477	9:56 min/m	00:30:52.53	461	9:42 min/m	00:30:11.08	9:49 min/m	01:01:03.61
463	174/330	29/44	566	Shelley Shereck	Female	47	North Woodmere	NY	458	9:49 min/m	00:30:31.85	478	9:50 min/m	00:30:34.81	9:50 min/m	01:01:06.66
464	290/390	3/7	362	Lopez Octvio	Male	72	Brooklyn	NY	443	9:44 min/m	00:30:15.78	488	9:56 min/m	00:30:54.00	9:50 min/m	01:01:09.79
465	175/330	20/33	18	Brooke Alfino	Female	38	N Massapequa	NY	481	9:58 min/m	00:30:59.98	462	9:43 min/m	00:30:11.91	9:50 min/m	01:01:11.89
466	176/330	13/23	791	Patricia Hernandez	Female	27		NY	536	10:30 min/m	00:32:38.46	395	9:12 min/m	00:28:35.51	9:51 min/m	01:01:13.97
467	291/390	4/7	703	Ron Helin	Male	74	Middle Island	NY	489	10:05 min/m	00:31:20.35	450	9:37 min/m	00:29:54.75	9:51 min/m	01:01:15.11
468	177/330	18/32	527	Donna Rosen	Female	57	Woodbury	NY	459	9:49 min/m	00:30:32.67	483	9:53 min/m	00:30:43.50	9:51 min/m	01:01:16.18

Aspire 10K Run

April 7, 2013

Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
469	178/330	10/11	221	Laura Giacobelli	Female	23	Bellmore	NY	497	10:08 min/m	00:31:29.27	444	9:35 min/m	00:29:47.59	9:51 min/m	01:01:16.86
470	292/390	50/57	22	Joey Arken	Male	51	Roslyn Heights	NY	406	9:27 min/m	00:29:24.38	524	10:18 min/m	00:32:00.35	9:52 min/m	01:01:24.73
471	179/330	2/7	63	Hilory Boucher-Carlin	Female	67	Northport	NY	473	9:53 min/m	00:30:44.60	482	9:52 min/m	00:30:40.73	9:53 min/m	01:01:25.34
472	293/390	16/17	99	Devin Caswell	Male	28	Northport	NY	493	10:06 min/m	00:31:23.96	455	9:40 min/m	00:30:03.20	9:53 min/m	01:01:27.16
473	180/330	22/35	638	Catherine Waddell	Female	30	Northport	NY	494	10:06 min/m	00:31:24.58	453	9:40 min/m	00:30:02.79	9:53 min/m	01:01:27.37
474	294/390	36/44	391	Michael Manzo	Male	41	Plainview	NY	513	10:16 min/m	00:31:54.79	433	9:30 min/m	00:29:34.00	9:53 min/m	01:01:28.79
475	295/390	34/45	508	Robert Rate	Male	48	Selden	NY	441	9:43 min/m	00:30:13.10	503	10:04 min/m	00:31:19.13	9:54 min/m	01:01:32.24
476	296/390	3/14	694	Anthony Bossone	Male	11	Calverton	NY	464	9:51 min/m	00:30:36.34	492	9:58 min/m	00:31:01.01	9:55 min/m	01:01:37.36
477	181/330	16/34	67	Meredith Brake	Female	42	Plainview	NY	514	10:16 min/m	00:31:54.98	446	9:35 min/m	00:29:47.86	9:55 min/m	01:01:42.84
478	297/390	23/26	94	Rick Carranza	Male	37	Williston Park	NY	447	9:45 min/m	00:30:20.61	504	10:05 min/m	00:31:22.23	9:55 min/m	01:01:42.84
479	182/330	21/33	777	Cristina Canle	Female	35	Lynbrook	NY	448	9:45 min/m	00:30:20.61	505	10:05 min/m	00:31:22.23	9:55 min/m	01:01:42.84
480	183/330	17/34	672	Lauren Lustig-Weill	Female	44	Bayport	NY	490	10:05 min/m	00:31:22.73	470	9:46 min/m	00:30:21.88	9:56 min/m	01:01:44.61
481	184/330	30/44	655	Clara Wilson	Female	46	Islip	NY	495	10:07 min/m	00:31:26.59	468	9:45 min/m	00:30:19.00	9:56 min/m	01:01:45.60
482	185/330	22/33	212	Karen Friedman	Female	36	Plainview	NY	455	9:48 min/m	00:30:29.60	501	10:03 min/m	00:31:16.01	9:56 min/m	01:01:45.61
483	186/330	11/20	375	Paula Macculloch	Female	52	Bethpage	NY	485	10:02 min/m	00:31:11.35	479	9:50 min/m	00:30:35.32	9:56 min/m	01:01:46.68
484	298/390	5/7	26	Richard Astarita	Male	70	Babylon	NY	503	10:08 min/m	00:31:31.58	465	9:44 min/m	00:30:15.28	9:56 min/m	01:01:46.86
485	299/390	51/57	104	Wayne Chesler	Male	54	Massapequa Park	NY	471	9:53 min/m	00:30:43.48	495	9:59 min/m	00:31:04.14	9:56 min/m	01:01:47.62
486	300/390	19/25	496	Scott Poole	Male	50	Massapequa Park	NY	472	9:53 min/m	00:30:44.30	494	9:59 min/m	00:31:03.38	9:56 min/m	01:01:47.68
487	301/390	37/46	515	Richard Rise	Male	56	Glen Cove	NY	587	11:01 min/m	00:34:14.63	334	8:52 min/m	00:27:35.90	9:57 min/m	01:01:50.53
488	302/390	52/57	507	Mike Randone	Male	54	S. Huntington	NY	475	9:55 min/m	00:30:49.00	493	9:59 min/m	00:31:02.54	9:57 min/m	01:01:51.54
489	303/390	21/25	166	David Drebsky	Male	32	Plainview	NY	535	10:29 min/m	00:32:37.36	423	9:26 min/m	00:29:21.52	9:58 min/m	01:01:58.88
490	187/330	26/42	462	Kathy Neuman	Female	50	Plainview	NY	474	9:53 min/m	00:30:45.10	502	10:04 min/m	00:31:17.26	9:59 min/m	01:02:02.36
491	188/330	19/32	823	Sheri Mccarthy	Female	56	Glen Head	NY	414	9:32 min/m	00:29:38.85	538	10:27 min/m	00:32:29.99	10:00 min/m	01:02:08.85
492	304/390	6/8	833	Hunter Sola	Male	19	S. Setauket	NY	413	9:32 min/m	00:29:38.61	539	10:27 min/m	00:32:30.23	10:00 min/m	01:02:08.85
493	189/330	31/44	92	Lisa Carlisi	Female	49	Oceanside	NY	512	10:15 min/m	00:31:53.36	466	9:45 min/m	00:30:17.91	10:00 min/m	01:02:11.28
494	305/390	4/14	541	Michael Sanborn	Male	12	Plainview	NY	505	10:10 min/m	00:31:36.53	481	9:52 min/m	00:30:39.40	10:01 min/m	01:02:15.93
495	306/390	5/14	29	John Azzaro	Male	12	Plainview	NY	506	10:10 min/m	00:31:36.73	480	9:52 min/m	00:30:39.38	10:01 min/m	01:02:16.12
496	190/330	18/34	214	Sheila Furey	Female	44	Baiting Hollow	NY	486	10:02 min/m	00:31:12.98	496	10:00 min/m	00:31:04.55	10:01 min/m	01:02:17.54
497	307/390	37/44	31	Joseph Badolato	Male	41	Bethpage	NY	469	9:52 min/m	00:30:40.62	520	10:10 min/m	00:31:37.49	10:01 min/m	01:02:18.11
498	191/330	6/11	335	Maryanne Langro	Female	61	Hicksville	NY	418	9:33 min/m	00:29:42.85	544	10:30 min/m	00:32:38.26	10:02 min/m	01:02:21.11
499	192/330	12/20	401	Melanie Mazurek	Female	27	Hauppauge	NY	480	9:57 min/m	00:30:55.11	509	10:07 min/m	00:31:26.88	10:02 min/m	01:02:21.99
500	193/330	23/33	573	Danielle Simone	Female	35	Levittown	NY	504	10:08 min/m	00:31:31.58	486	9:55 min/m	00:30:51.52	10:02 min/m	01:02:23.10
501	308/390	35/45	760	Mark Temkin	Male	45	Plainview	NY	530	10:28 min/m	00:32:31.36	460	9:42 min/m	00:30:09.50	10:05 min/m	01:02:40.86
502	309/390	38/44	441	Keith Montgomery	Male	43	Bellport	NY	484	10:00 min/m	00:31:06.50	518	10:10 min/m	00:31:36.62	10:05 min/m	01:02:43.12
503	310/390	39/44	105	Mark Cichon	Male	42	Port Washington	NY	521	10:22 min/m	00:32:13.49	472	9:49 min/m	00:30:30.97	10:05 min/m	01:02:44.46
504	194/330	20/32	159	Mary Diver	Female	58	Central Islip	NY	507	10:11 min/m	00:31:40.36	499	10:01 min/m	00:31:07.42	10:06 min/m	01:02:47.78

Aspire 10K Run

April 7, 2013

Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
505	311/390	22/25	630	Pedro Villeda	Male	32	Roosevelt	NY	465	9:51 min/m	00:30:37.57	528	10:21 min/m	00:32:11.23	10:06 min/m	01:02:48.80
506	312/390	1/2	331	Michael Laforgia	Male	47	Smithtown	NY	492	10:06 min/m	00:31:22.86	510	10:08 min/m	00:31:29.75	10:07 min/m	01:02:52.61
507	195/330	27/42	673	Rosemary Jones	Female	51	Babylon	NY	491	10:05 min/m	00:31:22.73	511	10:08 min/m	00:31:30.02	10:07 min/m	01:02:52.76
508	196/330	21/32	465	Rose Nguyen Vargas	Female	56	Richmond Hill	NY	466	9:51 min/m	00:30:38.35	535	10:25 min/m	00:32:24.10	10:08 min/m	01:03:02.46
509	197/330	28/42	779	Clare Romano	Female	50	Bethpage	NY	564	10:49 min/m	00:33:36.83	428	9:28 min/m	00:29:26.27	10:08 min/m	01:03:03.10
510	198/330	19/34	605	Mary Tercynski	Female	41	Williston Park	NY	517	10:17 min/m	00:31:58.55	497	10:00 min/m	00:31:05.13	10:08 min/m	01:03:03.68
511	199/330	32/44	533	Karen Rothschild	Female	47	Floral Park	NY	516	10:17 min/m	00:31:58.24	498	10:00 min/m	00:31:06.06	10:08 min/m	01:03:04.30
512	313/390	24/26	708	Keith Lefkof	Male	37	Jamaica	NY	502	10:08 min/m	00:31:31.35	514	10:09 min/m	00:31:32.94	10:08 min/m	01:03:04.30
513	314/390	40/44	66	Bill Brake	Male	40	Plainview	NY	515	10:16 min/m	00:31:56.11	500	10:01 min/m	00:31:08.80	10:09 min/m	01:03:04.91
514	200/330	24/33	767	Rosibell Garcia	Female	36	Oyster Bay	NY	450	9:47 min/m	00:30:25.35	547	10:31 min/m	00:32:43.61	10:09 min/m	01:03:08.97
515	315/390	17/19	577	George Skennion	Male	52	Seaford	NY	467	9:52 min/m	00:30:40.12	537	10:27 min/m	00:32:29.67	10:09 min/m	01:03:09.79
516	316/390	13/16	714	Ronald Melichar	Male	66	New York	NY							10:11 min/m	01:03:19.73
517	317/390	53/57	255	Henry Healy	Male	51	Seaford	NY	496	10:07 min/m	00:31:28.16	525	10:18 min/m	00:32:03.14	10:13 min/m	01:03:31.30
518	201/330	29/42	38	Maria Basile-Farash	Female	54	West Babylon	NY	518	10:19 min/m	00:32:05.11	515	10:09 min/m	00:31:33.73	10:14 min/m	01:03:38.84
519	202/330	23/35	349	Jeannine Lewis	Female	33	Levittown	NY	519	10:20 min/m	00:32:08.22	517	10:10 min/m	00:31:36.29	10:15 min/m	01:03:44.51
520	318/390	23/25	399	Michael Maslar	Male	34	Levittown	NY	520	10:20 min/m	00:32:08.25	519	10:10 min/m	00:31:37.37	10:15 min/m	01:03:45.62
521	203/330	11/11	393	Faith Marquesano	Female	21	Wantagh	NY	542	10:37 min/m	00:32:59.36	487	9:56 min/m	00:30:51.87	10:16 min/m	01:03:51.24
522	319/390	36/45	825	Denis Meany	Male	45	Blue Point	NY	525	10:24 min/m	00:32:21.40	512	10:08 min/m	00:31:31.45	10:16 min/m	01:03:52.86
523	204/330	20/34	824	Dawn Meany	Female	43	Blue Point	NY	524	10:24 min/m	00:32:21.20	513	10:08 min/m	00:31:32.06	10:16 min/m	01:03:53.27
524	320/390	25/26	503	Alberto Ramirez	Male	37	Brentwood	NY	483	10:00 min/m	00:31:04.27	555	10:33 min/m	00:32:49.09	10:16 min/m	01:03:53.37
525	205/330	21/34	430	Suzanne Messina	Female	44	Massapequa	NY	540	10:36 min/m	00:32:58.99	490	9:58 min/m	00:30:58.94	10:17 min/m	01:03:57.94
526	206/330	22/34	593	Diane Stile	Female	44	Massapequa Park	NY	541	10:36 min/m	00:32:58.99	491	9:58 min/m	00:30:59.77	10:17 min/m	01:03:58.76
527	207/330	3/11	463	Lonnie Neumar	Female	44	East Rockaway	NY							10:18 min/m	01:04:02.90
528	208/330	4/11	82	Diane Buscaglia	Female	58	Sound Beach	NY	527	10:27 min/m	00:32:28.86	516	10:09 min/m	00:31:35.00	10:18 min/m	01:04:03.86
529	209/330	5/11	442	Lynda Montgomery	Female	42	Bellport	NY	510	10:14 min/m	00:31:48.30	536	10:25 min/m	00:32:24.81	10:20 min/m	01:04:13.12
530	210/330	14/23	495	Amanda Ponnwitz	Female	28	Lake Grove	NY	511	10:15 min/m	00:31:52.15	543	10:28 min/m	00:32:32.71	10:21 min/m	01:04:24.86
531	211/330	24/35	610	Kristen Timlin	Female	33	Ronkonkoma	NY	569	10:54 min/m	00:33:53.75	476	9:49 min/m	00:30:32.84	10:22 min/m	01:04:26.59
532	212/330	3/7	68	Christine Brakel	Female	65	Brightwaters	NY	523	10:22 min/m	00:32:14.61	534	10:25 min/m	00:32:22.02	10:23 min/m	01:04:36.63
533	213/330	30/42	510	Randy Reisch	Female	54	N Woodmere	NY	534	10:29 min/m	00:32:36.83	523	10:17 min/m	00:32:00.04	10:23 min/m	01:04:36.87
534	214/330	23/34	194	Linda Festa	Female	42	Lindenhurst	NY	499	10:08 min/m	00:31:29.83	560	10:39 min/m	00:33:07.28	10:23 min/m	01:04:37.12
535	215/330	25/33	474	Erin Oshan	Female	35	Melville	NY	529	10:27 min/m	00:32:30.11	527	10:21 min/m	00:32:09.84	10:24 min/m	01:04:39.96
536	216/330	33/44	328	Helene Kriegstein	Female	45	Farmingdale	NY	528	10:27 min/m	00:32:29.93	529	10:21 min/m	00:32:11.89	10:24 min/m	01:04:41.82
537	217/330	25/35	417	Danielle Mebert	Female	30	Farmngdale	NY	538	10:32 min/m	00:32:44.11	522	10:17 min/m	00:31:57.76	10:24 min/m	01:04:41.87
538	321/390	17/17	216	Joseph Gallegos	Male	26	New Hyde Park	NY	555	10:43 min/m	00:33:19.51	508	10:06 min/m	00:31:25.71	10:25 min/m	01:04:45.22
539	322/390	20/25	307	Wayne Keebler	Male	65	Massapequa	NY	532	10:29 min/m	00:32:35.40	530	10:22 min/m	00:32:14.47	10:25 min/m	01:04:49.87
540	218/330	26/33	148	Alicia Delano	Female	38	Medford	NY	537	10:31 min/m	00:32:40.94	526	10:20 min/m	00:32:08.99	10:25 min/m	01:04:49.93

Aspire 10K Run

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Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
541	219/330	34/44	107	Kristina Clancy	Female	46	Old Bethpage	NY	508	10:12 min/m	00:31:43.85	559	10:39 min/m	00:33:07.27	10:26 min/m	01:04:51.12
542	220/330	7/11	97	Patricia Carroll	Female	61	West Islip	NY	522	10:22 min/m	00:32:13.83	551	10:32 min/m	00:32:46.65	10:27 min/m	01:05:00.48
543	221/330	22/32	538	Joan Salmon	Female	55	Port Washington	NY	539	10:33 min/m	00:32:47.34	532	10:23 min/m	00:32:18.38	10:28 min/m	01:05:05.72
544	323/390	41/44	154	Joe Digaetano	Male	41	Lindenhurst	NY	498	10:08 min/m	00:31:29.83	569	10:49 min/m	00:33:38.53	10:28 min/m	01:05:08.37
545	324/390	38/46	723	Mark Gelbien	Male	56	Plainview	NY	479	9:56 min/m	00:30:54.70	580	11:02 min/m	00:34:17.53	10:29 min/m	01:05:12.23
546	222/330	15/23	797	Yuvitza Leal	Female	28	New York	NY	590	11:04 min/m	00:34:23.19	489	9:57 min/m	00:30:57.57	10:30 min/m	01:05:20.76
547	325/390	39/46	427	Joseph Merlino	Male	56	South Hempstead	NY	531	10:28 min/m	00:32:34.19	556	10:36 min/m	00:32:57.10	10:32 min/m	01:05:31.29
548	326/390	6/14	234	Jonathan Greenspan	Male	13	Plainview	NY	581	10:59 min/m	00:34:08.26	507	10:06 min/m	00:31:23.45	10:32 min/m	01:05:31.71
549	223/330	8/11	12	Rebekah Ackerman	Female	62	Centereach	NY	544	10:37 min/m	00:33:01.61	542	10:28 min/m	00:32:31.31	10:32 min/m	01:05:32.92
550	327/390	40/46	778	Warren Frank	Male	59	Old Bethpage	NY	526	10:26 min/m	00:32:26.68	561	10:41 min/m	00:33:11.68	10:33 min/m	01:05:38.37
551	224/330	31/42	106	Judy Cincotta	Female	50	East Northport	NY	549	10:39 min/m	00:33:05.92	545	10:30 min/m	00:32:39.61	10:34 min/m	01:05:45.53
552	225/330	13/20	130	Emily Cunha	Female	35	Mineola	NY	550	10:39 min/m	00:33:06.86	549	10:32 min/m	00:32:43.94	10:35 min/m	01:05:50.80
553	226/330	14/20	646	Virginia Watral	Female	52	Hauppauge	NY	533	10:29 min/m	00:32:35.60	564	10:42 min/m	00:33:16.52	10:36 min/m	01:05:52.12
554	328/390	2/2	716	Robert Denson	Male	65	Far Rockaway	NY						10:36 min/m	01:05:52.82	
555	329/390	42/44	326	Andrew Krantz	Male	42	Plainview	NY	563	10:48 min/m	00:33:34.79	541	10:27 min/m	00:32:31.02	10:38 min/m	01:06:05.82
556	227/330	26/35	586	Stacy Spector	Female	34	Dix Hills	NY	557	10:45 min/m	00:33:24.78	552	10:33 min/m	00:32:48.18	10:39 min/m	01:06:12.96
557	228/330	24/34	548	Kimberly Schechter	Female	41	Plainview	NY	556	10:45 min/m	00:33:24.58	554	10:33 min/m	00:32:48.54	10:39 min/m	01:06:13.12
558	229/330	25/34	569	Marlo Signoracci	Female	41	Hicksville	NY						10:41 min/m	01:06:24.73	
559	230/330	6/11	481	Kathleen Peluso	Female	45	Freeport	NY	582	10:59 min/m	00:34:08.86	531	10:23 min/m	00:32:16.85	10:41 min/m	01:06:25.72
560	231/330	35/44	341	Jodi Lederer	Female	46	Long Beach	NY	566	10:49 min/m	00:33:37.85	553	10:33 min/m	00:32:48.26	10:41 min/m	01:06:26.11
561	232/330	32/42	632	Ann Visser	Female	50	Smithtown	NY	571	10:55 min/m	00:33:55.99	540	10:27 min/m	00:32:30.32	10:41 min/m	01:06:26.32
562	233/330	33/42	142	Tania Danielson	Female	50	Port Washington	NY	545	10:37 min/m	00:33:01.61	570	10:49 min/m	00:33:39.15	10:43 min/m	01:06:40.77
563	330/390	15/18	167	Warren Drezen	Male	60	Massapequa	NY	553	10:42 min/m	00:33:17.36	568	10:46 min/m	00:33:27.49	10:44 min/m	01:06:44.86
564	234/330	36/44	122	Frances Corrado	Female	49	Bethpage	NY	543	10:37 min/m	00:33:01.26	573	10:51 min/m	00:33:44.11	10:44 min/m	01:06:45.37
565	235/330	7/11	596	Karima Suarez	Female	32	Bay Shore	NY	579	10:58 min/m	00:34:05.82	546	10:30 min/m	00:32:40.03	10:44 min/m	01:06:45.86
566	331/390	37/45	733	Frank Siblano	Male	47	Bethpage	NY	570	10:54 min/m	00:33:53.75	557	10:37 min/m	00:33:02.05	10:46 min/m	01:06:55.81
567	332/390	24/25	525	Matt Romano	Male	31	Kings Park	NY	565	10:49 min/m	00:33:37.11	566	10:43 min/m	00:33:18.70	10:46 min/m	01:06:55.81
568	236/330	27/35	537	Lina Sabino	Female	33	Kings Park	NY	568	10:49 min/m	00:33:38.47	567	10:43 min/m	00:33:19.94	10:46 min/m	01:06:58.41
569	333/390	38/45	292	Louis Jainchill	Male	48	Woodbury	NY	604	11:22 min/m	00:35:19.38	521	10:11 min/m	00:31:40.23	10:46 min/m	01:06:59.62
570	334/390	41/46	352	Paul Liebler	Male	57	Albertson	NY	552	10:40 min/m	00:33:09.86	576	10:55 min/m	00:33:57.30	10:48 min/m	01:07:07.16
571	237/330	28/35	780	Emma Saunders	Female	33	Nesconset	NY	559	10:45 min/m	00:33:26.86	575	10:55 min/m	00:33:56.32	10:50 min/m	01:07:23.18
572	335/390	54/57	689	Lance Margolin	Male	54	Woodbury	NY	551	10:40 min/m	00:33:08.53	581	11:02 min/m	00:34:17.89	10:51 min/m	01:07:26.43
573	238/330	27/33	747	Jessica Martin	Female	38		NY	594	11:10 min/m	00:34:43.72	550	10:32 min/m	00:32:44.90	10:51 min/m	01:07:28.62
574	336/390	21/25	788	Rick Johnson	Male	55		NY	595	11:11 min/m	00:34:44.95	548	10:32 min/m	00:32:43.93	10:51 min/m	01:07:28.88
575	337/390	39/45	134	Robert Curran	Male	49	Old Bethpage	NY	567	10:49 min/m	00:33:38.11	574	10:54 min/m	00:33:53.77	10:52 min/m	01:07:31.88
576	239/330	28/33	782	Leanne Steinwall	Female	36	Plainview	NY	560	10:46 min/m	00:33:27.24	577	10:58 min/m	00:34:05.38	10:52 min/m	01:07:32.62

Aspire 10K Run

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Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
577	240/330	9/11	815	Judi Gallop	Female	61	West Islip	NY	591	11:04 min/m	00:34:24.81	563	10:41 min/m	00:33:12.76	10:52 min/m	01:07:37.58
578	338/390	7/8	801	Roberto Bastiancic	Male	17	Patchogue	NY	592	11:04 min/m	00:34:25.36	562	10:41 min/m	00:33:12.62	10:53 min/m	01:07:37.99
579	241/330	29/35	487	Nina Petrarò	Female	30	Valley Stream	NY	573	10:56 min/m	00:33:58.36	571	10:50 min/m	00:33:40.25	10:53 min/m	01:07:38.62
580	242/330	37/44	571	Brenda Silva	Female	46	Smithtown	NY	606	11:24 min/m	00:35:27.58	533	10:24 min/m	00:32:19.29	10:54 min/m	01:07:46.87
581	339/390	2/3	152	George Devoe	Male	80	Hauppauge	NY	575	10:57 min/m	00:34:03.36	572	10:51 min/m	00:33:43.57	10:54 min/m	01:07:46.94
582	243/330	16/23	262	Jessica Henner	Female	27	Plainview	NY	561	10:46 min/m	00:33:28.44	584	11:04 min/m	00:34:24.93	10:55 min/m	01:07:53.37
583	244/330	4/7	602	Lenore Tantleff	Female	66	East Hills	NY	548	10:38 min/m	00:33:05.28	592	11:14 min/m	00:34:55.84	10:56 min/m	01:08:01.12
584	245/330	15/20	409	Kim Mcgreevey	Female	43	Nesconset	NY	574	10:56 min/m	00:33:59.86	579	11:00 min/m	00:34:11.43	10:58 min/m	01:08:11.30
585	340/390	7/14	145	Nicholas Debisceglia	Male	10	Plainview	NY	640	12:08 min/m	00:37:44.96	473	9:49 min/m	00:30:31.17	10:59 min/m	01:08:16.13
586	341/390	8/14	14	David Akrish	Male	13	Plainview	NY	546	10:38 min/m	00:33:02.84	597	11:22 min/m	00:35:20.76	11:00 min/m	01:08:23.61
587	246/330	26/34	44	Lynn Bekerman	Female	43	Syosset	NY	605	11:22 min/m	00:35:19.48	558	10:38 min/m	00:33:04.18	11:00 min/m	01:08:23.66
588	247/330	23/32	705	Joellen Elsener	Female	55	Deer Park	NY	558	10:45 min/m	00:33:25.80	595	11:17 min/m	00:35:04.07	11:01 min/m	01:08:29.87
589	248/330	17/23	187	Ann Fangmann	Female	28	Rockville Centre	NY	589	11:03 min/m	00:34:22.58	578	11:00 min/m	00:34:11.02	11:01 min/m	01:08:33.60
590	249/330	34/42	836	Stella Toro	Female	54	Shirley	NY	562	10:46 min/m	00:33:29.26	598	11:23 min/m	00:35:22.58	11:04 min/m	01:08:51.85
591	342/390	25/25	754	Russell Fink	Male	34	Bellmore	NY	651	12:15 min/m	00:38:04.87	485	9:54 min/m	00:30:48.23	11:05 min/m	01:08:53.11
592	250/330	30/35	271	Amy Hinderliter	Female	33	Patchogue	NY	572	10:55 min/m	00:33:56.61	593	11:16 min/m	00:35:01.96	11:06 min/m	01:08:58.57
593	251/330	29/33	715	Erin Grieco	Female	35	Setauket	NY	584	10:59 min/m	00:34:10.32	594	11:16 min/m	00:35:02.43	11:08 min/m	01:09:12.75
594	343/390	42/46	745	Gregory Scott	Male	58	Locust Valley	NY	597	11:14 min/m	00:34:55.10	582	11:02 min/m	00:34:19.02	11:08 min/m	01:09:14.13
595	252/330	24/32	85	Rosemary Camilleri	Female	58	Sayville	NY	554	10:43 min/m	00:33:17.86	617	11:39 min/m	00:36:12.26	11:11 min/m	01:09:30.13
596	253/330	4/14	802	Madeline Bastiancic	Female	14	Patchogue	NY	547	10:38 min/m	00:33:04.61	624	11:43 min/m	00:36:27.24	11:11 min/m	01:09:31.85
597	344/390	9/14	796	Evan Melle	Male	13	Old Bethpage	NY	583	10:59 min/m	00:34:09.36	599	11:23 min/m	00:35:23.01	11:11 min/m	01:09:32.38
598	254/330	38/44	242	Robin Gunsher	Female	48	Old Bethpage	NY	602	11:19 min/m	00:35:10.12	585	11:04 min/m	00:34:25.51	11:11 min/m	01:09:35.63
599	345/390	55/57	143	Richard Dauman	Male	51	Old Bethpage	NY	601	11:19 min/m	00:35:10.12	586	11:04 min/m	00:34:25.56	11:11 min/m	01:09:35.68
600	255/330	25/32	759	Yuwanna Landau	Female	56	Great Neck	NY	586	11:00 min/m	00:34:12.36	600	11:23 min/m	00:35:25.15	11:12 min/m	01:09:37.52
601	256/330	16/20	584	Ruth Sottile	Female	49	Holbrook	NY	607	11:24 min/m	00:35:27.99	587	11:05 min/m	00:34:27.61	11:15 min/m	01:09:55.61
602	257/330	26/32	245	Suzanne Hamilton	Female	59	West Islip	NY	578	10:58 min/m	00:34:04.61	609	11:32 min/m	00:35:51.20	11:15 min/m	01:09:55.81
603	346/390	14/16	354	John Lindstrom	Male	67	Rockville Centre	NY	593	11:05 min/m	00:34:27.36	605	11:26 min/m	00:35:33.51	11:16 min/m	01:10:00.88
604	258/330	31/35	617	Mary Kate Tusinski	Female	31	East Setauket	NY	609	11:26 min/m	00:35:31.57	589	11:07 min/m	00:34:32.56	11:16 min/m	01:10:04.13
605	347/390	43/44	189	Seth Fass	Male	42	Melville	NY	612	11:27 min/m	00:35:35.52	590	11:07 min/m	00:34:32.63	11:17 min/m	01:10:08.15
606	348/390	40/45	795	Robert Melle	Male	46	Old Bethpage	NY	585	11:00 min/m	00:34:10.73	612	11:37 min/m	00:36:06.14	11:18 min/m	01:10:16.88
607	259/330	27/32	11	Marie Achatz	Female	56	Massapequa	NY	580	10:58 min/m	00:34:06.66	619	11:41 min/m	00:36:20.20	11:20 min/m	01:10:26.86
608	260/330	17/20	156	Andrea Digulio	Female	26	Centereach	NY	600	11:16 min/m	00:35:01.40	601	11:25 min/m	00:35:28.97	11:20 min/m	01:10:30.38
609	261/330	32/35	452	Jenise Muller	Female	33	Wantagh	NY	622	11:36 min/m	00:36:03.37	588	11:05 min/m	00:34:28.15	11:20 min/m	01:10:31.52
610	349/390	15/16	647	James Wegryzn	Male	67	Brightwaters	NY	598	11:14 min/m	00:34:55.62	607	11:29 min/m	00:35:40.76	11:21 min/m	01:10:36.38
611	262/330	33/35	373	Gina Lyons	Female	33	Bethpage	NY	623	11:36 min/m	00:36:03.79	591	11:12 min/m	00:34:48.59	11:24 min/m	01:10:52.38
612	263/330	8/11	339	Eloisa Leal	Female	19	Brentwood	NY	608	11:25 min/m	00:35:30.44	602	11:25 min/m	00:35:29.69	11:25 min/m	01:11:00.13

Aspire 10K Run

April 7, 2013

Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
613	264/330	28/32	755	Kathy Sheridan	Female	57	E.northport	NY	599	11:15 min/m	00:34:58.12	616	11:38 min/m	00:36:11.76	11:27 min/m	01:11:09.88
614	350/390	10/14	290	Ryan Iovino	Male	13	Plainview	NY	588	11:01 min/m	00:34:16.67	637	11:55 min/m	00:37:01.96	11:28 min/m	01:11:18.63
615	265/330	18/23	183	Pilar Espitia	Female	25	Port Jefferson	NY	618	11:31 min/m	00:35:48.33	603	11:25 min/m	00:35:31.04	11:28 min/m	01:11:19.38
616	266/330	29/32	162	Fran Dowling	Female	59	Baldwin	NY	616	11:28 min/m	00:35:39.12	610	11:34 min/m	00:35:57.16	11:31 min/m	01:11:36.28
617	267/330	1/1	499	Karen Potenza	Female	70	Northport	NY	620	11:35 min/m	00:36:02.35	606	11:26 min/m	00:35:34.48	11:31 min/m	01:11:36.84
618	268/330	2/3	749	Jolie Sutter	Female	40	New York	NY	617	11:29 min/m	00:35:42.62	611	11:36 min/m	00:36:04.76	11:33 min/m	01:11:47.38
619	351/390	6/7	138	Jacob Cysner	Male	70	Forest Hills	NY	603	11:21 min/m	00:35:18.86	626	11:46 min/m	00:36:33.77	11:34 min/m	01:11:52.63
620	352/390	22/25	119	John Corbett	Male	47	Lindenhurst	NY	614	11:28 min/m	00:35:38.57	620	11:42 min/m	00:36:22.66	11:35 min/m	01:12:01.23
621	269/330	18/20	120	Mary Kate Corbett	Female	49	Lindenhurst	NY	615	11:28 min/m	00:35:38.57	621	11:42 min/m	00:36:22.86	11:35 min/m	01:12:01.44
622	353/390	56/57	356	Thomas Linsalata	Male	52	Seaford	NY	633	11:52 min/m	00:36:53.37	596	11:19 min/m	00:35:12.51	11:36 min/m	01:12:05.88
623	354/390	4/7	445	Carlos Morales	Male	78	Corona	NY	596	11:11 min/m	00:34:45.11	641	12:05 min/m	00:37:33.27	11:38 min/m	01:12:18.38
624	355/390	26/26	776	Mark Davidoff	Male	35	Babylon	NY	648	12:15 min/m	00:38:04.13	583	11:03 min/m	00:34:21.66	11:39 min/m	01:12:25.79
625	270/330	9/11	83	Patricia Bush	Female	58	East Islip	NY	613	11:27 min/m	00:35:36.12	633	11:52 min/m	00:36:52.32	11:39 min/m	01:12:28.44
626	356/390	16/18	688	Edward Petry	Male	60	Port Jefferson Sta	NY	627	11:43 min/m	00:36:25.12	613	11:37 min/m	00:36:08.19	11:40 min/m	01:12:33.31
627	271/330	35/42	470	Lynn Oleary	Female	54	Freeport	NY	619	11:35 min/m	00:36:01.87	628	11:49 min/m	00:36:44.43	11:42 min/m	01:12:46.31
628	357/390	16/16	298	Stanley Kalinoski	Male	69	Commack	NY	631	11:48 min/m	00:36:40.56	618	11:39 min/m	00:36:14.57	11:44 min/m	01:12:55.13
629	272/330	27/34	397	Jennifer Martin	Female	41	West Babylon	NY	624	11:36 min/m	00:36:04.81	632	11:51 min/m	00:36:51.63	11:44 min/m	01:12:56.44
630	358/390	41/45	444	Mike Montovano	Male	48	Glen Cove	NY	638	12:02 min/m	00:37:24.27	604	11:26 min/m	00:35:33.29	11:44 min/m	01:12:57.57
631	273/330	28/34	286	Donna Iburg	Female	40	West Babylon	NY	625	11:36 min/m	00:36:05.12	634	11:52 min/m	00:36:54.17	11:44 min/m	01:12:59.29
632	274/330	19/23	198	Pam Field	Female	28	Massapequa	NY	576	10:57 min/m	00:34:03.36	654	12:32 min/m	00:38:56.52	11:44 min/m	01:12:59.89
633	275/330	20/23	223	Stefanie Giosa	Female	26	Malverne	NY	577	10:57 min/m	00:34:03.77	655	12:32 min/m	00:38:56.53	11:44 min/m	01:13:00.30
634	359/390	18/19	259	Perry Heidecker	Male	62	New Hyde Park	NY	628	11:45 min/m	00:36:31.12	625	11:46 min/m	00:36:33.64	11:45 min/m	01:13:04.76
635	276/330	36/42	763	Theresa Hutchinson	Female	51	Centereach	NY	626	11:42 min/m	00:36:23.52	629	11:49 min/m	00:36:44.82	11:46 min/m	01:13:08.35
636	360/390	5/8	805	Brandon Bruno	Male	20	Shirley	NY	611	11:26 min/m	00:35:33.62	643	12:07 min/m	00:37:41.50	11:47 min/m	01:13:15.13
637	361/390	17/18	814	Mark Gallop	Male	62	West Islip	NY	610	11:26 min/m	00:35:33.49	644	12:08 min/m	00:37:42.15	11:47 min/m	01:13:15.64
638	277/330	34/35	741	Natalia Panullo	Female	34	Port Washington	NY	630	11:47 min/m	00:36:37.12	638	11:58 min/m	00:37:12.30	11:52 min/m	01:13:49.42
639	278/330	30/33	742	Joy Jaworski	Female	36	Glen Head	NY	629	11:47 min/m	00:36:36.91	639	11:58 min/m	00:37:12.71	11:52 min/m	01:13:49.63
640	279/330	10/11	468	Veronica Odierno	Female	34	Ridge	NY	647	12:15 min/m	00:38:04.13	608	11:31 min/m	00:35:47.50	11:53 min/m	01:13:51.63
641	280/330	5/7	100	Jeri Cavagnaro	Female	66	Locust Valley	NY	634	11:53 min/m	00:36:58.37	635	11:54 min/m	00:36:59.00	11:54 min/m	01:13:57.37
642	281/330	5/14	758	Kelsey Maldonado	Female	13	Oyster Bay	NY	621	11:36 min/m	00:36:03.17	647	12:14 min/m	00:38:01.21	11:55 min/m	01:14:04.39
643	282/330	3/3	280	Cate Hughes	Female	11	Glendale	NY	642	12:10 min/m	00:37:50.44	622	11:42 min/m	00:36:22.91	11:56 min/m	01:14:13.35
644	283/330	37/42	281	Hemsley Hughes	Female	52	Glendale	NY	641	12:10 min/m	00:37:50.25	623	11:42 min/m	00:36:24.12	11:56 min/m	01:14:14.37
645	284/330	29/34	141	Yvonne D'amato	Female	41	Mastic	NY	649	12:15 min/m	00:38:04.26	615	11:38 min/m	00:36:11.73	11:57 min/m	01:14:15.99
646	362/390	42/45	282	James Hughes	Male	48	Glendale	NY						11:57 min/m	01:14:18.84	
647	363/390	23/25	690	Steven Millon	Male	53	East Meadow	NY	632	11:48 min/m	00:36:41.78	642	12:06 min/m	00:37:37.66	11:57 min/m	01:14:19.45
648	285/330	39/44	235	Debbie Groark	Female	48	Long Beach	NY	636	11:58 min/m	00:37:12.87	650	12:17 min/m	00:38:11.51	12:08 min/m	01:15:24.39

Aspire 10K Run

April 7, 2013

Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
649	286/330	38/42	294	Althea Johnson Vannoy	Female	51	Westbury	NY	654	12:26 min/m	00:38:39.37	630	11:49 min/m	00:36:45.26	12:08 min/m	01:15:24.63
650	364/390	24/25	624	Ron Vannoy	Male	53	Westbury	NY	655	12:26 min/m	00:38:40.62	631	11:49 min/m	00:36:45.78	12:08 min/m	01:15:26.41
651	287/330	35/35	479	Allison Passero	Female	32	Manhasset	NY	635	11:57 min/m	00:37:08.43	652	12:22 min/m	00:38:27.38	12:09 min/m	01:15:35.81
652	365/390	1/1	291	Bert Jablon	Male	86	Syosset	NY	639	12:07 min/m	00:37:39.28	648	12:16 min/m	00:38:07.35	12:11 min/m	01:15:46.64
653	288/330	30/34	619	Lisa Tzah	Female	40	Plainview	NY	645	12:13 min/m	00:37:59.12	645	12:10 min/m	00:37:48.63	12:11 min/m	01:15:47.76
654	289/330	31/33	666	Kristina Young	Female	37	Bronx	NY	644	12:12 min/m	00:37:57.12	646	12:11 min/m	00:37:52.02	12:12 min/m	01:15:49.14
655	366/390	7/7	726	Myron Medine	Male	70	Flushing	NY	658	12:31 min/m	00:38:54.62	636	11:54 min/m	00:37:00.02	12:12 min/m	01:15:54.64
656	290/330	31/34	128	Maria Crowley	Female	44	Greenlawn	NY	646	12:13 min/m	00:37:59.87	651	12:20 min/m	00:38:20.76	12:17 min/m	01:16:20.64
657	367/390	43/45	160	Brian Dobkin	Male	47	New Hyde Park	NY	637	12:00 min/m	00:37:18.58	656	12:35 min/m	00:39:07.31	12:17 min/m	01:16:25.89
658	368/390	6/8	480	Joseph Patino	Male	23	Seaford	NY	663	12:48 min/m	00:39:46.22	627	11:49 min/m	00:36:43.17	12:18 min/m	01:16:29.39
659	291/330	32/33	784	Teresa Salvata	Female	37	Oyster Bay	NY	650	12:15 min/m	00:38:04.26	653	12:29 min/m	00:38:49.09	12:22 min/m	01:16:53.35
660	292/330	40/44	579	Cynthia Smith	Female	45	Huntington	NY	660	12:42 min/m	00:39:28.31	640	12:04 min/m	00:37:32.56	12:23 min/m	01:17:00.88
661	369/390	19/19	304	John Kaufmann	Male	64	Farmingdale	NY	653	12:23 min/m	00:38:31.37	657	12:43 min/m	00:39:31.96	12:33 min/m	01:18:03.34
662	370/390	5/7	297	Joseph Brudge	Male	75	Jericho	NY	668	12:58 min/m	00:40:20.35	649	12:17 min/m	00:38:09.96	12:38 min/m	01:18:30.31
663	371/390	25/25	48	Fred Benlein	Male	48	Farmingdale	NY	643	12:12 min/m	00:37:55.93	664	13:04 min/m	00:40:37.44	12:38 min/m	01:18:33.37
664	293/330	32/34	238	Regina Guevara	Female	44	Shoreham	NY	667	12:55 min/m	00:40:07.97	658	12:44 min/m	00:39:35.18	12:49 min/m	01:19:43.15
665	372/390	44/45	649	Matthew Werner	Male	47	Medford	NY	666	12:54 min/m	00:40:07.35	659	12:44 min/m	00:39:36.01	12:49 min/m	01:19:43.37
666	373/390	6/7	426	Charles Merlino	Male	76	East Northport	NY	665	12:52 min/m	00:40:01.38	661	12:52 min/m	00:39:59.22	12:52 min/m	01:20:00.61
667	294/330	21/23	19	Wahida Ali	Female	28	Northport	NY	652	12:19 min/m	00:38:18.87	670	13:28 min/m	00:41:53.27	12:54 min/m	01:20:12.15
668	295/330	39/42	78	Mindy Brown	Female	50	Plainview	NY	656	12:29 min/m	00:38:47.88	669	13:22 min/m	00:41:32.01	12:55 min/m	01:20:19.89
669	374/390	43/46	756	Bill Sheridan	Male	57	E.northport	NY	664	12:50 min/m	00:39:55.17	666	13:09 min/m	00:40:53.47	13:00 min/m	01:20:48.65
670	296/330	6/14	23	Julie Aronsky	Female	10	Bellmore	NY	673	13:10 min/m	00:40:56.52	660	12:51 min/m	00:39:56.27	13:00 min/m	01:20:52.80
671	375/390	11/14	241	Daniel Gulotta	Male	14	Plainview	NY	669	13:05 min/m	00:40:40.13	665	13:04 min/m	00:40:37.52	13:04 min/m	01:21:17.65
672	297/330	7/14	144	Carli Debisceglia	Female	13	Plainview	NY	696	15:30 min/m	00:48:09.91	565	10:42 min/m	00:33:16.73	13:06 min/m	01:21:26.65
673	376/390	44/46	514	Mitchell Rich	Male	58	Merrick	NY	657	12:31 min/m	00:38:54.21	673	13:43 min/m	00:42:39.13	13:07 min/m	01:21:33.35
674	377/390	44/44	700	John Ferro	Male	40		NY	659	12:40 min/m	00:39:24.38	672	13:41 min/m	00:42:32.51	13:11 min/m	01:21:56.89
675	378/390	12/14	792	Cj Merritt	Male	7	Plainview	NY	676	13:27 min/m	00:41:49.47	662	12:57 min/m	00:40:16.75	13:12 min/m	01:22:06.23
676	298/330	33/34	428	Carol Merritt	Female	41	Plainview	NY	677	13:28 min/m	00:41:50.90	663	13:00 min/m	00:40:24.23	13:14 min/m	01:22:15.13
677	299/330	11/11	277	Dolores Hopkins	Female	30	Middle Village	NY	674	13:25 min/m	00:41:42.39	668	13:19 min/m	00:41:24.87	13:22 min/m	01:23:07.26
678	379/390	57/57	411	Robert Mcintyre	Male	53	Baldwin	NY	662	12:47 min/m	00:39:44.18	682	14:05 min/m	00:43:46.22	13:26 min/m	01:23:30.40
679	300/330	41/44	410	Erin Mcintyre	Female	46	Baldwin	NY	661	12:47 min/m	00:39:43.98	683	14:05 min/m	00:43:46.62	13:26 min/m	01:23:30.60
680	301/330	19/20	414	Erin Mcnamara	Female	43	Middle Island	NY	670	13:05 min/m	00:40:40.62	675	13:48 min/m	00:42:55.03	13:27 min/m	01:23:35.66
681	380/390	45/46	511	John Renner	Male	55	Nesconset	NY	675	13:25 min/m	00:41:43.88	671	13:38 min/m	00:42:22.01	13:32 min/m	01:24:05.90
682	302/330	10/11	236	Paula Groothuis	Female	63	Albertson	NY	671	13:07 min/m	00:40:46.35	684	14:10 min/m	00:44:01.55	13:38 min/m	01:24:47.91
683	381/390	7/7	396	Frank Martin	Male	78	Bay Shore	NY	678	13:32 min/m	00:42:03.82	679	13:53 min/m	00:43:10.04	13:42 min/m	01:25:13.86
684	303/330	20/20	501	Lauren Quinn	Female	20	Syosset	NY	682	13:37 min/m	00:42:18.52	676	13:50 min/m	00:43:00.81	13:43 min/m	01:25:19.33

Aspire 10K Run

April 7, 2013

Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
685	382/390	46/46	813	Vincent Delcid	Male	56	Bayside	NY	680	13:33 min/m	00:42:07.34	680	13:55 min/m	00:43:15.57	13:44 min/m	01:25:22.91
686	383/390	13/14	713	Anthony Rizzotto	Male	12	Flushing	NY	679	13:33 min/m	00:42:07.14	681	13:55 min/m	00:43:16.02	13:44 min/m	01:25:23.16
687	304/330	30/32	821	Iris Kirsch	Female	59	Setauket	NY	672	13:08 min/m	00:40:51.38	686	14:26 min/m	00:44:53.27	13:47 min/m	01:25:44.66
688	305/330	33/33	232	Sujini Govindarajan	Female	36	Wantagh	NY	688	14:27 min/m	00:44:55.38	667	13:16 min/m	00:41:14.08	13:51 min/m	01:26:09.47
689	306/330	11/11	544	Lynn Scarpati	Female	61	Dix Hills	NY	683	13:58 min/m	00:43:23.83	685	14:12 min/m	00:44:10.01	14:05 min/m	01:27:33.84
690	307/330	22/23	609	Amy Tiller	Female	29	Fairfax	VA	689	14:40 min/m	00:45:35.75	674	13:48 min/m	00:42:52.66	14:14 min/m	01:28:28.41
691	308/330	31/32	413	Laurie Mcmillen	Female	57	Sayville	NY	681	13:35 min/m	00:42:15.13	690	14:53 min/m	00:46:16.28	14:14 min/m	01:28:31.42
692	384/390	3/3	313	Howard Kestenbaum	Male	81	Massapequa Park	NY	684	14:13 min/m	00:44:11.53	688	14:42 min/m	00:45:43.13	14:28 min/m	01:29:54.66
693	309/330	1/1	199	Alexandra Finger	Female	78	Pearl River	NY	685	14:13 min/m	00:44:11.64	689	14:42 min/m	00:45:43.22	14:28 min/m	01:29:54.86
694	310/330	6/7	523	Edwina Rohrbach	Female	66	Wear Hempstead	NY	690	14:43 min/m	00:45:45.49	687	14:32 min/m	00:45:09.37	14:37 min/m	01:30:54.87
695	385/390	8/8	832	Sean Sanders	Male	19	Wading River	NY	686	14:21 min/m	00:44:37.11	692	14:58 min/m	00:46:31.56	14:40 min/m	01:31:08.67
696	386/390	7/8	822	Sal Larosa	Male	22	Dix Hills	NY	694	15:29 min/m	00:48:07.28	678	13:51 min/m	00:43:03.24	14:40 min/m	01:31:10.53
697	311/330	8/14	803	Belle Bastiancic	Female	12	Patchogue	NY	695	15:29 min/m	00:48:08.89	677	13:50 min/m	00:43:01.78	14:40 min/m	01:31:10.67
698	312/330	23/23	837	Ruth Wexler	Female	26	E. Northport	NY	687	14:21 min/m	00:44:37.89	693	14:59 min/m	00:46:33.46	14:40 min/m	01:31:11.35
699	313/330	40/42	436	Terry Miccio	Female	51	Farmindale	NY	693	15:04 min/m	00:46:50.61	694	15:00 min/m	00:46:38.81	15:02 min/m	01:33:29.42
700	314/330	42/44	443	Karen Montovano	Female	47	Glen Cove	NY	698	15:32 min/m	00:48:16.82	691	14:53 min/m	00:46:17.60	15:13 min/m	01:34:34.43
701	315/330	9/14	71	Lindsay Brenner	Female	11	Plainview	NY	691	14:44 min/m	00:45:47.93	696	15:46 min/m	00:49:02.17	15:15 min/m	01:34:50.10
702	316/330	1/2	20	Vera Allen	Female	83	Port Washington	NY	697	15:30 min/m	00:48:10.90	695	15:12 min/m	00:47:15.90	15:21 min/m	01:35:26.81
703	317/330	34/34	289	Donna Iovino	Female	41	Plainview	NY	699	15:34 min/m	00:48:24.13	698	16:21 min/m	00:50:50.29	15:58 min/m	01:39:14.42
704	318/330	41/42	233	Jerri Greenspan	Female	50	Plainview	NY	700	15:35 min/m	00:48:25.34	697	16:21 min/m	00:50:49.29	15:58 min/m	01:39:14.63
705	319/330	7/7	46	Sherry Bellovin	Female	66	N. Massapequa	NY	692	14:56 min/m	00:46:25.43	702	17:09 min/m	00:53:18.44	16:02 min/m	01:39:43.87
706	320/330	4/4	830	Tara Sanders	Female	19	Wading River	NY	703	15:39 min/m	00:48:38.90	699	16:36 min/m	00:51:37.21	16:08 min/m	01:40:16.12
707	321/330	42/42	834	Beth Sola	Female	54	S. Setauket	NY	701	15:39 min/m	00:48:37.54	700	16:37 min/m	00:51:38.90	16:08 min/m	01:40:16.44
708	387/390	18/18	812	Steve Cuomo	Male	61	Shirley	NY	702	15:39 min/m	00:48:38.76	701	16:38 min/m	00:51:41.00	16:08 min/m	01:40:19.76
709	322/330	10/14	484	Alexa Perskin	Female	13	Plainview	NY	705	16:15 min/m	00:50:29.91	704	18:05 min/m	00:56:13.95	17:10 min/m	01:46:43.86
710	323/330	11/14	751	Morgan Moritz	Female	13	Plainview	NY	704	16:14 min/m	00:50:27.80	705	18:06 min/m	00:56:16.06	17:10 min/m	01:46:43.86
711	324/330	32/32	190	Jayne Felenstein	Female	57	Freeport	NY	706	16:57 min/m	00:52:41.91	712	18:32 min/m	00:57:36.30	17:45 min/m	01:50:18.21
712	325/330	2/2	380	Ruth Maller	Female	84	Massapequa Park	NY	707	16:57 min/m	00:52:41.97	713	18:32 min/m	00:57:36.90	17:45 min/m	01:50:18.88
713	388/390	14/14	433	Mitchell Meyer	Male	8	Plainview	NY	712	18:15 min/m	00:56:43.68	703	17:50 min/m	00:55:26.29	18:03 min/m	01:52:09.97
714	326/330	12/14	431	Alison Meyer	Female	11	Plainview	NY	710	18:14 min/m	00:56:39.17	706	18:28 min/m	00:57:22.79	18:21 min/m	01:54:01.97
715	327/330	13/14	69	Danielle Brenner	Female	8	Plainview	NY	708	18:12 min/m	00:56:35.42	707	18:29 min/m	00:57:28.04	18:21 min/m	01:54:03.46
716	328/330	14/14	457	Adi Nahon	Female	11	Plainview	NY	709	18:13 min/m	00:56:37.76	708	18:30 min/m	00:57:29.36	18:21 min/m	01:54:07.12
717	389/390	45/45	70	David Brenner	Male	45	Plainview	NY	711	18:14 min/m	00:56:41.85	709	18:31 min/m	00:57:32.60	18:23 min/m	01:54:14.45
718	390/390	8/8	816	Eric Gunderson	Male	21	Medford	NY	713	18:28 min/m	00:57:25.55	710	18:31 min/m	00:57:32.91	18:30 min/m	01:54:58.46
719	329/330	43/44	808	Consuelo Choinski	Female	49	E. Northport	NY	714	18:29 min/m	00:57:25.93	711	18:31 min/m	00:57:32.93	18:30 min/m	01:54:58.86
720	330/330	44/44	819	Pat Hanlon	Female	45	Wading River	NY	715	18:29 min/m	00:57:26.15	714	18:34 min/m	00:57:41.81	18:31 min/m	01:55:07.97