

Caumsett Park 50K Championship and GLIRC 25K Run

50K Non-Championship

Overall Division Results

March 3, 2013

Female Ages 25 - 29

Plc.	Gender Place	Overall Place	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time
1	1	22	45	Amy Demarco	Female	29	Shoreham	NY	10	00:28:56.86	04:49:28.61
2	9	42	48	Alessandra Echeverria	Female	26	Oyster Bay	NY	10	00:32:10.92	05:21:49.21
3	11	47	156	Mable Wong	Female	29	New York	NY	10	00:32:56.03	05:29:20.36
4	15	61	149	Nicole Cappalora	Female	27	Deer Park	NY	10	00:36:02.43	06:00:24.30
5	16	63	65	Melissa Huggins	Female	29	West Chester	PA	10	00:37:03.59	06:10:35.97

Male Ages 25 - 29

Plc.	Gender Place	Overall Place	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time
1	23	24	146	Ryan Viglizzo	Male	27	Brooklyn	CA	10	00:29:23.06	04:53:50.61

Female Ages 30 - 34

Plc.	Gender Place	Overall Place	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time
1	3	27	160	Cheryl Yanek	Female	33	Brooklyn	NY	10	00:29:46.95	04:57:49.55
2	4	28	60	Mary Harvey	Female	31	Brooklyn	NY	10	00:29:46.97	04:57:49.75

Male Ages 30 - 34

Plc.	Gender Place	Overall Place	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time
1	9	9	172	Michael Bielik	Male	33	New York	NY	10	00:25:53.86	04:18:58.64
2	15	15	119	Yisroel Pupko	Male	30	Brooklyn	NY	10	00:28:13.78	04:42:17.84

Female Ages 35 - 39

Plc.	Gender Place	Overall Place	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time
1	5	33	159	Ayako Yamazaki	Female	37	Suffern	NY	10	00:30:54.88	05:09:08.87
2	8	37	67	Dawn Ibrahim	Female	38	Oakdale	NY	10	00:31:37.36	05:16:13.68
3	14	57	38	Lauren Darienzo	Female	36	Long Beach	NY	10	00:35:08.82	05:51:28.26
4	17	64	110	Erin Petrella	Female	36	Brooklyn	NY	10	00:37:09.01	06:11:30.10

Male Ages 35 - 39

Plc.	Gender Place	Overall Place	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time
1	1	1	63	Aaron Heath	Male	38	White Plains	NY	10	00:22:55.98	03:37:55.41
2	5	5	120	Tommy Pyon	Male	35	Flushing	NY	10	00:22:12.54	03:42:05.49
3	6	6	34	Elliot Coups	Male	39	Brooklyn	NY	10	00:22:43.59	03:47:15.92
4	7	7	32	Anderson Costa	Male	36	Wallingford	CT	10	00:23:37.98	03:56:19.82
5	8	8	91	Alex Mcdaniel	Male	35	New Haven	CT	10	00:24:33.69	04:05:38.63
6	11	11	72	Matthew Kearns	Male	36	E Setauket	NY	10	00:26:15.66	04:22:36.67
7	17	17	80	David Lettieri	Male	35	Rutherford	NJ	10	00:28:29.13	04:44:51.40
8	42	54	56	Mitchell Goodman	Male	35	Port Washington	NY	10	00:34:50.79	05:48:27.98
9	49	66	123	James Reitzig	Male	38	New York	NY	10	00:37:17.95	06:12:59.55

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Female Ages 40 - 44

Plc.	Gender Place	Overall Place	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time
1	7	36	115	Agnes Porell	Female	44	East Hartford	CT	10	00:31:30.26	05:15:02.61
2	12	49	57	Joanna Grossman	Female	44	Northport	NY	10	00:33:08.14	05:31:21.48
3	13	56	20	Danielle Borgo	Female	43	North Babylon	NY	10	00:35:07.26	05:51:12.65

Male Ages 40 - 44

Plc.	Gender Place	Overall Place	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time
1	2	2	141	Stephen Uresk	Male	44	Greenlawn	NY	10	00:21:48.00	03:38:00.00
2	3	3	108	Jerry Pannullo	Male	43	East Islip	NY	10	00:21:50.99	03:38:29.91
3	4	4	89	Joe Marinaccio	Male	42	Oakdale	NY	10	00:22:04.09	03:40:40.92
4	16	16	125	Erick Rosales	Male	42	Coram	NY	10	00:28:14.78	04:42:27.83
5	19	19	148	David Walker	Male	44	Salt Point	NY	10	00:28:35.96	04:45:59.61
6	20	20	135	Gerald Tabios	Male	43	Elmhurst	NY	10	00:28:47.15	04:47:51.58
7	26	30	15	Chris Ballou	Male	42	Staten Island	NY	10	00:30:16.31	05:02:43.15
8	27	31	174	Seng-Lai Tan	Male	41	Saddle River	NJ	10	00:30:34.17	05:05:41.70
9	30	38	151	Michael Wilhelm	Male	43	Brooklyn	NY	10	00:31:40.04	05:16:40.42
10	32	40	29	Kenneth Colantuoni	Male	42	Plainview	NY	10	00:32:07.87	05:21:18.75

Female Ages 45 - 49

Plc.	Gender Place	Overall Place	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time
1	6	35	162	Elaine Rita Yulo	Female	49	Elmhurst	NY	10	00:31:26.36	05:14:23.69
2	10	45	76	Sylvie Laquerre	Female	49	Wayne	PA	10	00:32:28.44	05:24:44.47

Male Ages 45 - 49

Plc.	Gender Place	Overall Place	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time
1	10	10	176	Pat Ryan	Male	45	Phoenixville	PA	10	00:26:14.06	04:22:20.64
2	12	12	75	Dave Kleckner	Male	49	New York	NY	10	00:27:20.53	04:33:25.32
3	13	13	87	Mike Lynch	Male	49	Sparta	NJ	10	00:27:48.04	04:38:00.43
4	14	14	77	Wai Law	Male	46	Bethpage	NY	10	00:27:53.21	04:38:52.19
5	21	21	107	Jeffrey Padwa	Male	49	Providence	RI	10	00:28:48.82	04:48:08.23
6	24	26	12	Dennis Almodovar	Male	45	Massapequa	NY	10	00:29:34.17	04:55:41.74
7	28	32	168	Joseph Fiorello	Male	46	Brightwaters	NY	10	00:30:46.89	05:07:48.91
8	29	34	98	Daniel Messinger	Male	48	Miami	FL	10	00:31:20.34	05:13:23.43
9	33	41	28	Vincent Colantuoni	Male	46	Plainview	NY	10	00:32:07.89	05:21:18.95
10	34	43	82	Joel Lewin	Male	46	Rockville Centre	NY	10	00:32:12.93	05:22:09.35
11	35	44	47	Christopher Dunn	Male	47	Rockville Centre	NY	10	00:32:13.01	05:22:10.17
12	36	46	147	Bert Voland	Male	49	Patchogue	NY	10	00:32:30.82	05:25:08.22
13	39	51	167	Michael McLaughlin	Male	45	Bellmore	NY	10	00:33:47.79	05:37:57.98
14	51	69	138	Charles Thomas	Male	49	Jamesport	NY	10	00:38:04.68	06:20:46.81
15	54	73	37	Jeff Cummins	Male	49	North Haledon	NJ	10	00:46:59.03	07:49:50.37

Female Ages 50 - 54

Plc.	Gender Place	Overall Place	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time
1	2	25	166	Allison Lasso	Female	50	sheffield	MA	10	00:29:24.76	04:54:07.63
2	18	67	24	Lorna Castellanos	Female	53	Miami	FL	10	00:37:47.72	06:17:57.26

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Male Ages 50 - 54

Plc.	Gender Place	Overall Place	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time
1	18	18	124	John Rosa	Male	52	Sayville	NY	10	00:28:31.28	04:45:12.85
2	25	29	94	Cormac Mcguire	Male	53	Smithtown	NY	10	00:29:50.98	04:58:29.89
3	31	39	86	Jay Lustgarten	Male	52	Westerly	RI	10	00:31:54.04	05:19:00.45
4	40	52	19	Ted Blaszczyk	Male	53	Saint James	NY	10	00:34:19.64	05:43:16.49
5	46	60	153	Willie Williams	Male	52	Jamaica	NY	10	00:35:36.95	05:56:09.56
6	48	65	26	Chris Clausen	Male	54	Rocky Point	NY	10	00:37:17.95	06:12:59.55
7	53	71	22	Jeffrey Butler	Male	53	Shoreham	NY	10	00:39:37.25	06:36:12.50

Male Ages 55 - 59

Plc.	Gender Place	Overall Place	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time
1	22	23	144	Marc Vengrove	Male	56	Allentown	PA	10	00:29:12.69	04:52:06.98
2	43	55	140	Dan Turturro	Male	55	St.james	NY	10	00:34:59.87	05:49:58.79
3	44	58	39	Alexis Davidson	Male	57	Brooklyn	NY	10	00:35:31.23	05:55:12.30
4	45	59	83	Larry Lewis	Male	55	Brooklyn	NY	10	00:35:36.91	05:56:09.16
5	47	62	25	Trishul Cherns	Male	55	Middle Village	NY	10	00:36:49.43	06:08:14.34

Male Ages 60 - 64

Plc.	Gender Place	Overall Place	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time
1	38	50	150	Dave Weiss	Male	64	Corning	NY	10	00:33:10.44	05:31:44.40
2	41	53	62	Joe Hayes	Male	64	Portsmouth	NH	10	00:34:41.71	05:46:57.11
3	50	68	109	Edward Peters	Male	61	Norwalk	CT	10	00:37:58.48	06:19:44.87

Male Ages 65 - 69

Plc.	Gender Place	Overall Place	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time
1	37	48	155	Foo Yuen Wong	Male	68	New York	NY	10	00:32:59.56	05:29:55.67
2	52	70	49	Peter Farmer	Male	69	New Hyde Park	NY	10	00:38:34.36	06:25:43.64

Female Ages 70 - 74

Plc.	Gender Place	Overall Place	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time
1	19	72	84	Ruth Liebowitz	Female	70	Staten Island	NY	10	00:44:23.35	07:23:53.55