

FEMALE OVERALL

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Daniela Williams	37	North Liberty	IA	21:33	54:47	22:05	1:39:33
2	Heidi Sutter	40	Dubuque	IA	20:13	1:03:44	21:56	1:47:09
3	Sarah Lucas-Carr	28	Iowa City	IA	22:16	1:06:58	22:37	1:52:58

MALE OVERALL

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Jeff Paul	33	Le Claire	IA	16:35	47:55	17:43	1:23:04
2	Jonathan Estabrook	39	Ankeny	IA	17:03	50:16	18:18	1:26:21
3	Timothy Doyle	36	North Liberty	IA	16:52	51:37	17:29	1:26:57

ATHENA OVERALL 1 TO 99

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Greta Songe	36	Coralville	IA	25:40	1:09:37	28:37	2:05:20

CLYDESDALE OVERALL 1 TO 99

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Andrew Benko	46	Dubuque	IA	20:04	58:27	21:53	1:41:48

MALE INDIVIDUAL AGE GROUP: 1 - 19

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Ian Hoover-Grinde	15	Cedar Rapids	IA	18:16	57:59	19:48	1:37:16

FEMALE INDIVIDUAL AGE GROUP: 20 - 29

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Sarah Richmond	26	Iowa City	IA	23:40	1:02:31	27:11	1:54:36

MALE INDIVIDUAL AGE GROUP: 20 - 29

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Kyle Polich	25	North Liberty	IA	17:34	56:30	19:59	1:35:01
2	William O'Connell	21	Iowa City	IA	18:12	57:14	20:49	1:37:35
3	Matthew Coffey	24	Marion	IA	18:23	58:46	19:30	1:38:06

FEMALE INDIVIDUAL AGE GROUP: 30 - 39

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Angela Bengtson	34	Clinton	IA	20:40	1:13:38	23:14	1:58:38
2	Brenda Krueger	36	Iowa City	IA	34:19	1:30:15	48:26	2:55:26

MALE INDIVIDUAL AGE GROUP: 30 - 39

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Steven Davis	33	North Liberty	IA	18:10	51:28	19:51	1:30:23
2	Lucas Llado	37	Iowa City	IA	17:38	51:58	19:43	1:30:26
3	Adam Hedberg-Buenz	30	North Liberty	IA	19:09	53:22	21:03	1:34:55

FEMALE INDIVIDUAL AGE GROUP: 40 - 49

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Lynette Brown	41	North Liberty	IA	23:06	1:05:44	24:12	1:54:29
2	Sara Swanson	43	Riverside	IA	25:21	1:08:39	28:39	2:04:33
3	Laura Scharosch	47	Center Point	IA	25:39	1:10:38	29:47	2:07:56

MALE INDIVIDUAL AGE GROUP: 40 - 49

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	John Martinek	45	Coralville	IA	20:45	54:24	21:48	1:37:49
2	Jeremy Oepping	42	Muscatine	IA	21:02	58:17	23:14	1:43:45
3	Vladimir Badovinac	45	Iowa City	IA	22:26	1:00:54	24:26	1:49:18

FEMALE INDIVIDUAL AGE GROUP: 50 - 59

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Laurie Craig	52	Cedar Rapids	IA	27:36	1:22:05	28:51	2:21:15

MALE INDIVIDUAL AGE GROUP: 50 - 59

Place	Name	Age	City	St	Run1	Bike	Run2	Time
1	Marcus Nashelsky	51	Iowa City	IA	22:26	1:01:50	24:58	1:51:03
2	Brian Link	53	Coralville	IA	23:22	1:07:13	28:32	2:01:10
3	Bryce Kanago	56	Cedar Falls	IA	30:54	1:19:01	35:01	2:27:48