

LEPRECHAUN CHASE 10K
Saturday, March 16, 2013
Des Moines, Iowa

TEAM RESULTS

MOST MEMBERS RESULTS

| | | | | | | |
|-------|----|-------------------------------|---|-------|---------|-------|
| 1. | 14 | Capital Striders Running Club | (| 48:02 | 3:12:06 | 4:17) |
| ===== | | | | | | |
| 1 | 1 | Lacey Mitchell | | 46:18 | | |
| 2 | 2 | Michelle Moeller | | 46:40 | | |
| 3 | 4 | Sara Schwendinger | | 48:33 | | |
| 4 | 7 | Bobbi Snodgrass | | 50:35 | | |
| 2. | 36 | Get Lucky | (| 51:38 | 3:26:32 | 9:16) |
| ===== | | | | | | |
| 1 | 3 | Jordan Bishop | | 47:51 | | |
| 2 | 5 | Michelle Graeve | | 49:14 | | |
| 3 | 10 | Anna Klingenberg | | 52:20 | | |
| 4 | 18 | Alex Hoefling | | 57:07 | | |
| 3. | 42 | ARL Running Club | (| 52:30 | 3:29:59 | 4:58) |
| ===== | | | | | | |
| 1 | 6 | Brittany Jungck | | 49:17 | | |
| 2 | 11 | Charles Bishop | | 53:09 | | |
| 3 | 12 | Rob Walker | | 53:18 | | |
| 4 | 13 | Rick Brcka | | 54:15 | | |
| 4. | 60 | Here for Beer Leprechauns | (| 55:20 | 3:41:17 | 7:28) |
| ===== | | | | | | |
| 1 | 8 | Tim Ordal | | 51:25 | | |
| 2 | 9 | Rita Hamers | | 52:09 | | |
| 3 | 21 | Steve Hamers | | 58:50 | | |
| 4 | 22 | Carla Lloyd | | 58:53 | | |
| 5. | 76 | Lucky Charmers | (| 57:06 | 3:48:21 | 4:33) |
| ===== | | | | | | |
| 1 | 14 | Kristen Kaser | | 54:50 | | |
| 2 | 15 | Shawnae Raymond | | 54:50 | | |
| 3 | 23 | Richelle Anderson | | 59:18 | | |
| 4 | 24 | Suzette Douglas Hill | | 59:23 | | |
| 6. | 78 | Drunker Runners 317 | (| 58:25 | 3:53:40 | 4:59) |

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1      16  Bryan Greiner           56:56
2      17  John Sederwall             56:56
3      20  Christy Sederwall           57:53
4      25  Sara Altemeier              1:01:55

7.    100  Green Lads N Lassies          ( 1:02:39  4:10:33  7:19)
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1      19  Josh Hodges                  57:52
2      26  Jennifer Meyer              1:03:18
3      27  Sherry Triplett             1:04:12
4      28  Amy Zsenai                  1:05:11

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BEST NAME RESULTS

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1.    56  Designated Drinkers          ( 51:04  3:24:16  1:14)
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1      10  Tim Tessier                  50:39
2      11  Jason Badtram                50:40
3      14  Jason Gunkel                 51:04
4      21  Trevor Holland               51:53

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2.    93  Team USA                      ( 52:25  3:29:39  3:12)
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1      16  Anna Heffern                 51:23
2      19  Chris Nebons                 51:43
3      22  Brian Rayhons                51:58
4      36  Amy Nebons                   54:35

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3.   105  Drunk Pancakes                ( 52:50  3:31:20  5:02)
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1      13  Brett Latham                 51:02
2      24  Ashley McGuire               52:06
3      25  Abby Mohr                    52:08
4      43  Maria Zhorne                 56:04

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4.   115  Irish I could run             ( 50:53  3:23:32  19:50)
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1      1   Michael Matula                39:20
2      8   Petra Devries                 49:39
3     40   Tito Alvarez                  55:23
4     66   Ashley Mobley                 59:10

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| | | | |
|-----|-----|----------------------------|------------------------|
| 5. | 122 | Irish Old Beavers | (51:14 3:24:56 19:29) |
| 1 | 2 | Lance Bergeson | 40:16 |
| 2 | 20 | Ryan Youngdale | 51:50 |
| 3 | 29 | Stephanie Clemens | 53:05 |
| 4 | 71 | Ruth Proctor | 59:45 |
| 6. | 134 | Irish I Was Drinking | (53:41 3:34:43 12:40) |
| 1 | 6 | Mario Deangelo | 47:35 |
| 2 | 12 | Travis Cooper | 50:50 |
| 3 | 42 | Garrett Penfield | 56:03 |
| 4 | 74 | Theresa Dillon | 1:00:15 |
| 7. | 148 | Carlisle Lucky Charmers | (54:08 3:36:31 9:02) |
| 1 | 7 | Julie Nation | 47:45 |
| 2 | 41 | Rhonda Ray | 55:43 |
| 3 | 45 | Andrea Hoekstra | 56:16 |
| 4 | 55 | Janessa Fletcher | 56:47 |
| 8. | 155 | The Shamrockers | (55:08 3:40:31 6:24) |
| 1 | 27 | Greg Boehne | 53:00 |
| 2 | 30 | Joshua Burrows | 54:03 |
| 3 | 31 | Aaron Weibel | 54:04 |
| 4 | 67 | Melanie Weibel | 59:24 |
| 9. | 158 | Mick Fuzzies | (54:54 3:39:36 4:47) |
| 1 | 28 | Rob Mackey | 53:01 |
| 2 | 33 | Reuben James Garza | 54:04 |
| 3 | 37 | Jesse Rittenhouse | 54:43 |
| 4 | 60 | Chandra Bartleman | 57:48 |
| 10. | 168 | CSICU's Corned Beef & CABG | (55:12 3:40:46 8:20) |
| 1 | 17 | Mary Mansheim | 51:25 |
| 2 | 23 | Michelle Twomey-Santiago | 52:05 |
| 3 | 58 | Kim Smith | 57:31 |
| 4 | 70 | Megan Davis | 59:45 |
| 11. | 181 | Team Tons-a-Runs | (54:13 3:36:51 20:22) |

| | | | | | | |
|-------|-----|------------------------------------|---------|---|---------|----------------|
| 1 | 3 | Michael Redlinger | 41:40 | | | |
| 2 | 39 | Whitney Robertson | 55:21 | | | |
| 3 | 59 | Nick Robertson | 57:48 | | | |
| 4 | 80 | Jennifer Robertson | 1:02:02 | | | |
| ===== | | | | | | |
| 12. | 191 | Drinking so much we're Dublin over | | (| 56:06 | 3:44:22 2:42) |
| ===== | | | | | | |
| 1 | 32 | Carlos Cortez | 54:04 | | | |
| 2 | 52 | Molly Hircock | 56:46 | | | |
| 3 | 53 | Emily Buckles | 56:46 | | | |
| 4 | 54 | Valerie Steele | 56:46 | | | |
| ===== | | | | | | |
| 13. | 203 | Irish Gazelles | | (| 56:26 | 3:45:43 3:39) |
| ===== | | | | | | |
| 1 | 35 | Adam Springer | 54:13 | | | |
| 2 | 51 | Emily Wegner | 56:37 | | | |
| 3 | 56 | Mandy Gard | 57:01 | | | |
| 4 | 61 | Jason Wegner | 57:52 | | | |
| ===== | | | | | | |
| 14. | 232 | Scrambled Legs | | (| 57:43 | 3:50:51 4:54) |
| ===== | | | | | | |
| 1 | 38 | Rachelle Adams | 54:45 | | | |
| 2 | 57 | Kary Austin | 57:01 | | | |
| 3 | 68 | Dawn Atwood | 59:26 | | | |
| 4 | 69 | Kathleen Parker | 59:39 | | | |
| ===== | | | | | | |
| 15. | 259 | Kees Camp | | (| 1:00:12 | 4:00:46 19:00) |
| ===== | | | | | | |
| 1 | 18 | Stephen Cherny | 51:31 | | | |
| 2 | 26 | Tiffany Kragnes | 52:27 | | | |
| 3 | 100 | Jennifer Kees | 1:06:17 | | | |
| 4 | 115 | Vivian Masters | 1:10:31 | | | |
| ===== | | | | | | |
| 16. | 262 | Guinness Pint Getters | | (| 59:30 | 3:57:57 11:17) |
| ===== | | | | | | |
| 1 | 15 | Kyle Heatherington | 51:21 | | | |
| 2 | 78 | Allie Schill | 1:01:41 | | | |
| 3 | 81 | Megan Heatherington | 1:02:17 | | | |
| 4 | 88 | Tom Schill | 1:02:38 | | | |
| ===== | | | | | | |
| 17. | 262 | Green Monsters | | (| 58:29 | 3:53:53 19:24) |
| ===== | | | | | | |
| 1 | 5 | Katherine White | 45:49 | | | |
| 2 | 76 | Adam Wing | 1:00:30 | | | |
| 3 | 83 | Nathan White | 1:02:21 | | | |

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|-------|-----|---------------------------|---------|----------|---------|--------|
| 4 | 98 | Chelsea Ford | 1:05:13 | | | |
| 18. | 291 | Will Run for Green Beer | | (1:00:15 | 4:00:58 | 4:16) |
| ===== | | | | | | |
| 1 | 62 | Lyndsey Strait | 58:07 | | | |
| 2 | 63 | Ida Hadzisulejmanovic | 58:08 | | | |
| 3 | 82 | Adrienne Voelker | 1:02:20 | | | |
| 4 | 84 | Sara Quisenberry | 1:02:23 | | | |
| 19. | 295 | Fuzzy Green O'Muffnballs | | (1:02:27 | 4:09:45 | 26:07) |
| ===== | | | | | | |
| 1 | 9 | Brad Trullinger | 49:39 | | | |
| 2 | 72 | Breanne Spencer | 1:00:05 | | | |
| 3 | 96 | Melissa Sadler | 1:04:15 | | | |
| 4 | 118 | Ken Sadler | 1:15:46 | | | |
| 20. | 300 | Lackin' the Lucky Charm | | (1:01:13 | 4:04:52 | 14:10) |
| ===== | | | | | | |
| 1 | 34 | Jan Watson | 54:05 | | | |
| 2 | 64 | Jim Crowley | 59:04 | | | |
| 3 | 93 | Renee Batts | 1:03:28 | | | |
| 4 | 109 | Amy Gorden | 1:08:15 | | | |
| 21. | 311 | Shamrockers | | (1:02:14 | 4:08:53 | 11:29) |
| ===== | | | | | | |
| 1 | 46 | Melissa Moran | 56:28 | | | |
| 2 | 50 | Alison Miller | 56:32 | | | |
| 3 | 107 | Jennifer Sevedge | 1:07:56 | | | |
| 4 | 108 | Heather Rosewall | 1:07:57 | | | |
| 22. | 316 | We Sweat Leprechaun Tears | | (1:03:59 | 4:15:56 | 19:08) |
| ===== | | | | | | |
| 1 | 48 | Mike Towey | 56:30 | | | |
| 2 | 49 | Ben Van Syoc | 56:30 | | | |
| 3 | 102 | Hannah Stroh | 1:07:18 | | | |
| 4 | 117 | Alex Demarco | 1:15:38 | | | |
| 23. | 332 | Magically Delicious | | (1:01:59 | 4:07:56 | 3:29) |
| ===== | | | | | | |
| 1 | 75 | Justin Wyckoff | 1:00:15 | | | |
| 2 | 77 | Aaron Wyckoff | 1:01:31 | | | |
| 3 | 85 | Jesse Godwin | 1:02:26 | | | |
| 4 | 95 | Sarah Wyckoff | 1:03:44 | | | |
| 24. | 341 | The green stains | | (1:07:05 | 4:28:19 | 30:07) |

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=====
 1     44  Mike Rueschhoff           56:10
 2     73  Robin Rush                 1:00:13
 3     99  Sydney Peterson              1:05:39
 4    125  Anna Barros                   1:26:17

25.   343  Irish Car Bombs                 (1:07:21  4:29:24  47:23)
=====
 1      4  Sean Lunde                       43:14
 2    105  Kattie Hamann                   1:07:46
 3    106  Kristen Rasplicka              1:07:47
 4    128  Tara Eggers                     1:30:37

26.   351  Shamrock Shakes                 (1:04:11  4:16:41  13:50)
=====
 1     47  Kristy Jones                     56:30
 2     89  Tyler Soethout                  1:02:59
 3    101  Mauricio Aliaga                 1:06:52
 4    114  Becky Veach                     1:10:20

27.   363  Paddy Wagons                   (1:06:05  4:24:19  19:43)
=====
 1     65  Trent Miller                     59:07
 2     79  Tyler Johnson                   1:01:50
 3     97  Lydia Moes                      1:04:32
 4    122  Lacey Krager                    1:18:50

28.   367  The Dirty Detroiters           (1:03:16  4:13:04  0:38)
=====
 1     90  Jessica Fortney                 1:03:05
 2     91  Jenea Gardner                   1:03:06
 3     92  Simon Fortney                   1:03:10
 4     94  Jack Lavoy                      1:03:43

29.   380  Weee Taint Irish               (1:05:06  4:20:21  4:57)
=====
 1     86  Jennifer Seese                  1:02:37
 2     87  Sheila Thompson                 1:02:37
 3    103  Jeff Seese                      1:07:33
 4    104  Kevin Thompson                  1:07:34

30.   464  Kiss My Blarney Stone          (1:13:18  4:53:10  11:03)
=====
 1    110  Stephen Devos                   1:08:20
 2    111  Cody Chapman                    1:08:29

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| | | | | | | |
|-------|-----|--------------------|---------|----------|---------|--------|
| 3 | 120 | Amanda Phillips | 1:16:58 | | | |
| 4 | 123 | Lindsay Morris | 1:19:23 | | | |
| ===== | | | | | | |
| 31. | 474 | Waist Management | | (1:15:08 | 5:00:29 | 12:58) |
| ===== | | | | | | |
| 1 | 113 | Melanie Frantz | 1:09:39 | | | |
| 2 | 116 | Branden Fiedler | 1:10:39 | | | |
| 3 | 121 | Mike Day | 1:17:34 | | | |
| 4 | 124 | Allison Burgers | 1:22:37 | | | |
| ===== | | | | | | |
| 32. | 484 | The Unlucky Livers | | (1:20:15 | 5:20:59 | 19:50) |
| ===== | | | | | | |
| 1 | 112 | Natalie Lang | 1:08:39 | | | |
| 2 | 119 | Lauryn Camp | 1:16:02 | | | |
| 3 | 126 | Ashley Lambson | 1:27:49 | | | |
| 4 | 127 | Clarissa Clear | 1:28:29 | | | |

COED RESULTS

| | | | | | | |
|-------|----|------------------------|---------|---------|---------|--------|
| 1. | 34 | kiss my blarney stones | | (52:23 | 3:29:32 | 14:01) |
| ===== | | | | | | |
| 1 | 4 | Kara Ascherl | 46:36 | | | |
| 2 | 5 | Jeremy Ascherl | 48:45 | | | |
| 3 | 10 | Sara Hejhal | 53:34 | | | |
| 4 | 15 | Shawn Gerard | 1:00:37 | | | |
| ===== | | | | | | |
| 2. | 42 | Luck O The Iowish | | (53:12 | 3:32:48 | 39:48) |
| ===== | | | | | | |
| 1 | 1 | Dan Saar | 36:13 | | | |
| 2 | 2 | Zak Sheeder | 39:54 | | | |
| 3 | 16 | Kelly Shell | 1:00:40 | | | |
| 4 | 23 | Colleen Hjort | 1:16:01 | | | |
| ===== | | | | | | |
| 3. | 45 | Mostly Gingers | | (55:50 | 3:43:18 | 18:27) |
| ===== | | | | | | |
| 1 | 3 | Mat Miller | 46:03 | | | |
| 2 | 7 | Meredith Spragg | 50:26 | | | |
| 3 | 17 | Micah Davis | 1:02:19 | | | |
| 4 | 18 | Amy Pingel | 1:04:30 | | | |
| ===== | | | | | | |
| 4. | 47 | Carlson | | (56:38 | 3:46:32 | 15:58) |
| ===== | | | | | | |

| | | | |
|---|----|---------------|---------|
| 1 | 6 | Steve Crann | 48:53 |
| 2 | 9 | Aaron Hahn | 53:13 |
| 3 | 13 | Kayla Carlson | 59:35 |
| 4 | 19 | Jenna Hahn | 1:04:51 |

5. 63 Team Trish (1:03:10 4:12:38 25:04)

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| | | | |
|---|----|---------------|---------|
| 1 | 8 | Pujan Llama | 51:58 |
| 2 | 11 | Jorge Ibarra | 55:54 |
| 3 | 20 | Diana Palmer | 1:07:44 |
| 4 | 24 | Trish Robbins | 1:17:02 |

6. 69 Crabapple Hoodies (1:06:01 4:24:04 16:58)

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| | | | |
|---|----|---------------|---------|
| 1 | 12 | Cindi Warmuth | 58:33 |
| 2 | 14 | Paul Warmuth | 1:00:05 |
| 3 | 21 | Caleb Davis | 1:09:55 |
| 4 | 22 | Autumn Davis | 1:15:31 |

LADS RESULTS

1. 14 Death Con 26.2 (39:06 2:36:22 12:56)

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| | | | |
|---|---|----------------|-------|
| 1 | 1 | Chris Nealy | 34:18 |
| 2 | 2 | Kipp Schuler | 36:08 |
| 3 | 3 | Kevin Brown | 38:42 |
| 4 | 8 | Andy Bernholtz | 47:14 |

2. 22 Run DMTH - Lads (44:39 2:58:33 7:12)

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| | | | |
|---|---|---------------------|-------|
| 1 | 4 | Marc Ward | 39:38 |
| 2 | 5 | Jeremy Wedeking-Lux | 45:54 |
| 3 | 6 | Dale Knoshaug | 46:11 |
| 4 | 7 | John Lande | 46:50 |

LASSES RESULTS

1. 14 Complete Nutrition - Lasses (56:35 3:46:19 5:51)

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| | | | |
|---|---|------------------|-------|
| 1 | 1 | Joanna Cosner | 53:38 |
| 2 | 2 | Rhonda Rennenger | 53:43 |
| 3 | 5 | Maggie Carper | 59:29 |
| 4 | 6 | Trina Paine | 59:29 |

2. 26 Rodehorst Clan (1:04:48 4:19:11 16:19)

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| | | | |
|---|----|----------------|---------|
| 1 | 3 | Jordan Went | 58:37 |
| 2 | 4 | Jenna Schaben | 58:38 |
| 3 | 9 | Jasey Reinhart | 1:07:00 |
| 4 | 10 | Tambri Paulsen | 1:14:56 |

3. 38 CherryBerry (1:15:49 5:03:16 20:18)

=====

| | | | |
|---|----|----------------|---------|
| 1 | 7 | Katie Lonneman | 1:05:40 |
| 2 | 8 | Jessica Berg | 1:05:40 |
| 3 | 11 | Trece Lonneman | 1:25:58 |
| 4 | 12 | Debbie Berg | 1:25:58 |

CORPORATE RESULTS

1. 26 Signature Consultants (51:05 3:24:17 9:02)

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| | | | |
|---|----|----------------|-------|
| 1 | 1 | Mitch Prashak | 45:46 |
| 2 | 5 | Craig O'Connor | 49:50 |
| 3 | 8 | Keri Remsburg | 53:53 |
| 4 | 12 | Kara Reiber | 54:48 |

2. 44 Dream Team (55:37 3:42:28 8:19)

=====

| | | | |
|---|----|------------------|---------|
| 1 | 6 | Kaleb Livingston | 52:38 |
| 2 | 9 | Lindsay Nash | 54:24 |
| 3 | 10 | Lynae Gruber | 54:29 |
| 4 | 19 | Shannon Rohlk | 1:00:57 |

3. 44 Animal Crackers (55:35 3:42:17 20:55)

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| | | | |
|---|----|------------------|---------|
| 1 | 3 | Daniel Cox | 48:39 |
| 2 | 4 | Chance Jones | 49:32 |
| 3 | 11 | Lindsey Suchomel | 54:32 |
| 4 | 26 | April Wolter | 1:09:34 |

4. 63 Businessolver (59:39 3:58:33 24:27)

=====

| | | | |
|---|----|-----------------|---------|
| 1 | 2 | Micheal Irelan | 48:16 |
| 2 | 13 | Kevin Hillabolt | 54:57 |
| 3 | 21 | Tammy Irelan | 1:02:37 |
| 4 | 27 | Wendy Smith | 1:12:43 |

5. 65 Northwest Bank (58:44 3:54:54 2:33)

=====

| | | | |
|---|----|-----------------|-------|
| 1 | 14 | Chris Benda | 56:50 |
| 2 | 16 | Ryan Mehalovich | 59:19 |
| 3 | 17 | Amanda Mueller | 59:22 |
| 4 | 18 | Kelsie Knowler | 59:23 |

6. 76 TGR Fitness (1:02:03 4:08:12 13:17)

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| | | | |
|---|----|------------------|---------|
| 1 | 7 | Allison Flinn | 53:20 |
| 2 | 20 | Jessica Vankamen | 1:02:32 |
| 3 | 24 | Victoria Janson | 1:05:43 |
| 4 | 25 | Nina Ratzlaff | 1:06:37 |

7. 88 Green Legs and Ham (1:04:56 4:19:43 17:43)

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| | | | |
|---|----|-------------------|---------|
| 1 | 15 | Wes Wilson | 57:20 |
| 2 | 22 | Kristeena Preston | 1:03:30 |
| 3 | 23 | Brandon Brown | 1:03:50 |
| 4 | 28 | Landy Carkhuff | 1:15:03 |