

# Market to Market Relay Iowa

May 11, 2013

## First 35.3 Miles

Place	Div Plc	Division	No.	Team Captain	Team Name	Pace	Time
1	1	Open	302	Louis Dewild	Brown Chicken Brown Cow	5:27 min/m	03:12:23.50
2	1	Mixed	303	Lindsey Meyer	NDORFNZ Coed	5:58 min/m	03:30:46.31
3	2	Mixed	305	Chris Nealy	High Voltage Running Club	6:11 min/m	03:38:45.56
4	1	Masters	307	David Sutej	Team NDORFNZ Masters	6:17 min/m	03:42:02.76
5	3	Mixed	289	Yannon Hammerschmidt	The Dashing Divas	6:23 min/m	03:45:34.76
6	2	Open	306	Tim Wieland	The Elephant in the Room	6:29 min/m	03:48:55.22
7	2	Masters	304	Scott Heckenlaible	H&B All Stars	6:30 min/m	03:49:36.69
8	4	Mixed	287	Shelly Haiar	Manning Mafia	6:31 min/m	03:50:36.40
9	5	Mixed	288	Jeff Jensen	The GOATS	6:33 min/m	03:51:15.83
10	6	Mixed	261	Scott Brown	Feeling Good Looking Better	6:44 min/m	03:57:48.14
11	3	Open	292	Shyamali Vithanage	TEAM SWEEPERS	6:46 min/m	03:59:14.17
12	7	Mixed	294	Lindsey Opp	PowHer Fitness	6:50 min/m	04:01:29.04
13	4	Open	290	Jamie Johnson	We are Runners	6:51 min/m	04:02:18.72
14	5	Open	259	Jeff Sharpe	Team Skid-Mark	6:52 min/m	04:02:39.27
15	3	Masters	291	Andy Roat	Waveland Park	6:57 min/m	04:05:37.89
16	6	Open	153	Michael Hotze	Big Slick	7:00 min/m	04:07:21.36
17	8	Mixed	251	Mindi Decker	Above and Beyond Cancer-Imja Tse	7:01 min/m	04:07:47.77
18	9	Mixed	301	Marzia Benson	Binders full of Runners	7:01 min/m	04:08:13.77
19	10	Mixed	272	Bryan Steussy	Speedy EvisceRacin'	7:02 min/m	04:08:17.47
20	11	Mixed	268	Chris Gaskill	Running Sucks	7:05 min/m	04:10:05.62
21	7	Open	253	John Opheim	Twisted Blister	7:05 min/m	04:10:24.77
22	1	Academic	257	Craig Ogilvie	Relativistic Physicists	7:06 min/m	04:11:09.33
23	8	Open	260	Robert Peck	Running with Chubbies	7:09 min/m	04:12:46.10
24	1	Women	252	Adeline Hohman	Reticulated Giraffes	7:10 min/m	04:13:21.22
25	12	Mixed	256	Shawn Miller	What Time is Breakfast	7:11 min/m	04:13:36.58
26	1	Corporate	293	Dean Luttrell	Speedo Heroes	7:11 min/m	04:13:53.43
27	13	Mixed	218	Megan Kuhl	Fool Runnings	7:11 min/m	04:13:54.57
28	9	Open	225	Taylor Marvin	Hurts So Good	7:12 min/m	04:14:10.24
29	10	Open	266	Cory Sinclair	Mixed Nuts	7:13 min/m	04:15:11.53
30	14	Mixed	262	Tracy Nicholson	Speedy Streakers	7:14 min/m	04:15:36.08
31	15	Mixed	296	John Hooley	Whisker Biscuits	7:15 min/m	04:16:27.80
32	11	Open	299	Mark Skahill	Irish We Were Finished!	7:16 min/m	04:17:03.37
33	2	Corporate	297	Andy Ireland	Flynn Wright	7:19 min/m	04:18:44.20
34	12	Open	250	Tanee Nimsakont	Rib Shack Smokies	7:22 min/m	04:20:19.53
35	16	Mixed	270	Ellen Carlson	Tortoises and O'Hares	7:22 min/m	04:20:25.23
36	13	Open	295	Trisha Joseph	We Are Runners too	7:24 min/m	04:21:28.18
37	3	Corporate	300	Ruth Comer	Hy-Vee	7:24 min/m	04:21:32.83
38	4	Corporate	220	Ryan Harms	Road Warriors	7:24 min/m	04:21:33.30
39	14	Open	281	Gary Schmitz	Team Schmitz	7:24 min/m	04:21:34.43
40	17	Mixed	187	Andrea Benson	D4 Joggercisers	7:26 min/m	04:22:29.25
41	1	Women Masters	254	Ellen Middleswart	Run Like Hell	7:27 min/m	04:23:07.27
42	18	Mixed	282	Jill Byerly	TEAM BISHOP (and a Byerly)	7:29 min/m	04:24:34.75
43	15	Open	298	Joe Bailey	Dino's Storage	7:32 min/m	04:25:57.17
44	19	Mixed	255	Lisa Tingwald	Incredibles	7:32 min/m	04:26:12.00
45	16	Open	157	Diana Shewmaker	Teenage Mutant Ninja Turtles	7:32 min/m	04:26:25.90
46	17	Open	264	Dale Drent	Slow Pokers	7:37 min/m	04:29:19.05
47	20	Mixed	284	Lisa Braden	Integer Cross Crountry	7:38 min/m	04:29:37.67
48	21	Mixed	102	McKenzie Sauser	Westwind	7:38 min/m	04:29:54.97
49	1	Masters Mixed	283	Rose Wignall	Southern Prairie Runners	7:39 min/m	04:30:06.94
50	4	Masters	258	Roadog Mckibben	Run with the Animals	7:40 min/m	04:30:51.69
51	22	Mixed	217	Robyn Clevenger	Vamonos!	7:41 min/m	04:31:31.81
52	18	Open	152	Kirk Tibbetts	Team Fat Hog	7:41 min/m	04:31:37.61
53	23	Mixed	219	Aaron Morrow	Scrambled Legs and Ham	7:42 min/m	04:31:51.19
54	24	Mixed	222	Dan Feilmeier	Kind of a Big Deal	7:42 min/m	04:32:14.93
55	25	Mixed	280	Kari DeJong	Above & Beyond	7:42 min/m	04:32:17.92
56	26	Mixed	279	Dan Petrak	This Too Will Pass	7:43 min/m	04:32:49.45
57	19	Open	216	Dan Vallejo	The Runs	7:45 min/m	04:34:03.52

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Place	Div Plc	Division	No.	Team Captain	Team Name	Pace	Time
58	20	Open	190	Trina Flack	Run for Your Life	7:46 min/m	04:34:20.11
59	2	Women	276	Jess Harris	PHF	7:46 min/m	04:34:21.51
60	27	Mixed	273	Adam Hertzke	Slow and Steady	7:47 min/m	04:35:11.03
61	21	Open	175	Mario DeAngelo	Too Fast For Sleeves	7:49 min/m	04:36:04.96
62	5	Corporate	154	Chuck Cozad	Pork Peeps	7:49 min/m	04:36:15.83
63	28	Mixed	183	Ryan Forret	The Beerliivers	7:50 min/m	04:36:33.38
64	3	Women	228	Becky Harkema	Pavement Pushers	7:50 min/m	04:36:43.47
65	4	Women	271	Elena Takla	Runnin' Rebels	7:50 min/m	04:36:57.55
66	22	Open	221	Michael Wilson	Dogfish Head 75 Mile	7:52 min/m	04:38:00.77
67	23	Open	158	Crystal Hoffman	FUBAR	7:53 min/m	04:38:30.71
68	5	Women	267	Erin Rewerts	Twisted Sisters	7:53 min/m	04:38:40.44
69	6	Women	278	Lisa Harms	Cy's Girls	7:54 min/m	04:38:59.00
70	24	Open	201	Amanda Doran	Team Doing It All Day Long	7:54 min/m	04:39:25.85
71	29	Mixed	223	Doug Prange	Duck N Run	7:55 min/m	04:39:30.37
72	5	Masters	151	Lowell Appleton	Band on the Run	7:56 min/m	04:40:09.62
73	30	Mixed	162	Kerty Levy	Above + Beyond Team	7:56 min/m	04:40:23.23
74	6	Corporate	169	Brian Craig	TEAM HYDRO-KLEAN WE SUCK	7:56 min/m	04:40:27.65
75	25	Open	265	Tom Ahlschwede	Seal Team 7.1	7:57 min/m	04:40:48.24
76	6	Masters	155	Debbie Avitt	Above & Beyond Cancer-Everest	7:57 min/m	04:40:53.26
77	7	Women	275	Keri Kain	The Runnin' Ritas	7:57 min/m	04:40:56.48
78	31	Mixed	235	Dave Steines	Team Toyota 2	7:58 min/m	04:41:14.14
79	32	Mixed	197	Andrea Basche	Hybrid Vigor	7:58 min/m	04:41:14.81
80	26	Open	242	Martha Slocombe	Famous 'Staches	7:59 min/m	04:41:54.43
81	33	Mixed	173	Cindi Abbas	Crazy 8's	7:59 min/m	04:41:54.48
82	34	Mixed	182	Brad Miller	Team Orange Falls	7:59 min/m	04:42:04.62
83	8	Women	230	Sarah Zinn-Burggraaf	Runaway Moms	8:00 min/m	04:42:56.38
84	9	Women	224	Amy Studer	Running Rainbows	8:02 min/m	04:44:01.37
85	35	Mixed	285	Patricia Keane	Tricia's Militia	8:03 min/m	04:44:13.80
86	10	Women	184	Stephanie Gray	SOLE SISTERS	8:03 min/m	04:44:23.51
87	36	Mixed	188	Troy Price	Team 007	8:07 min/m	04:46:33.54
88	27	Open	130	patrick tasler	lets get physical	8:07 min/m	04:46:54.13
89	28	Open	269	Jonathan Wilson	I be pro fun	8:08 min/m	04:47:11.60
90	37	Mixed	180	Chad Skinner	Free Ned	8:09 min/m	04:47:51.96
91	29	Open	101	Melanie Dunphy	Low Expectations	8:10 min/m	04:48:25.30
92	30	Open	246	Jenny Sorenson	Mystery Machine	8:10 min/m	04:48:31.57
93	11	Women	244	Brook Lenze	Just some small town girls	8:11 min/m	04:48:53.82
94	38	Mixed	226	Kyanna Wieseler	Cereal-ously	8:12 min/m	04:49:32.60
95	39	Mixed	104	Todd Berkoski	Salmon Kings	8:12 min/m	04:49:34.85
96	40	Mixed	274	Amy Harland	John Deere Green	8:12 min/m	04:49:58.78
97	12	Women	131	Lesleh Heim	SoleHer Powered	8:15 min/m	04:51:44.02
98	13	Women	277	Deserae Long	7 Deadly Shins - Newton- IA	8:17 min/m	04:52:27.85
99	31	Open	247	Jennifer Evans	Were we supposed to train for this?	8:17 min/m	04:52:50.41
100	32	Open	163	Trevor Meers	Slo-Pokes	8:18 min/m	04:53:10.50
101	7	Corporate	156	Bryan Schmidt	Mitas Tires North America	8:18 min/m	04:53:19.53
102	14	Women	105	Liz Higgins	7 Deadly Shins -Ames- IA	8:18 min/m	04:53:28.42
103	33	Open	166	Eric Rowley	Sorta Neat	8:20 min/m	04:54:14.15
104	34	Open	239	Ryan Jennings	Running Rednecks	8:20 min/m	04:54:19.08
105	35	Open	138	Vivian Masters	For the Love of Pete	8:20 min/m	04:54:23.01
106	41	Mixed	199	Melissa Weber-Arnold	The Hitchhickers	8:20 min/m	04:54:31.23
107	15	Women	234	Jodie McGill	7 Deadly Sins - Omaha- NE	8:20 min/m	04:54:33.91
108	36	Open	159	Josh Muench	Road Crew: Tearin' It Up	8:20 min/m	04:54:40.03
109	37	Open	185	Emily Burt	Wasted Potential	8:21 min/m	04:54:51.38
110	38	Open	178	June Burns	Dude Where's My Van?	8:21 min/m	04:54:53.21
111	42	Mixed	107	Deb Watts	Snow White and the Seven Dwarfs	8:21 min/m	04:55:17.91
112	39	Open	137	Bob Irving	Above + Beyond Cancer RAAM	8:23 min/m	04:56:15.65
113	40	Open	112	Mark Powell	Team Chicken Wing	8:25 min/m	04:57:29.68
114	8	Corporate	210	Randy Westman	Johnson Machine Works	8:26 min/m	04:57:44.84

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Place	Div Plc	Division	No.	Team Captain	Team Name	Pace	Time
115	41	Open	232	Matt Tupy	Cyclone fans	8:26 min/m	04:57:52.83
116	16	Women	248	Amy Miller	Girls Gone Running - Grinnell- IA	8:26 min/m	04:58:09.27
117	42	Open	206	Betsy Tibodeau	Head's up 7up	8:26 min/m	04:58:10.89
118	9	Corporate	237	Anthony Takla	Last Place	8:27 min/m	04:58:29.32
119	17	Women	133	JENNIFER ROSE	WONDER WOMEN	8:27 min/m	04:58:40.07
120	43	Mixed	249	Cari Rosno	Super Market Heros	8:27 min/m	04:58:46.60
121	10	Corporate	118	Lisa Hubbard	Risky Business	8:27 min/m	04:58:49.26
122	18	Women	167	Ashley Dunn	Taste The Rainbow	8:28 min/m	04:59:21.68
123	43	Open	142	Caleb Hegna	Run Like the Winded	8:30 min/m	05:00:10.17
124	44	Mixed	144	Adam Soyer	Team Honey Badger	8:30 min/m	05:00:12.26
125	45	Mixed	243	Tammie Ollendick	The Rando Runners	8:30 min/m	05:00:24.78
126	19	Women	263	Amy Mathis	7 x00:00 A CHARm	8:30 min/m	05:00:36.40
127	20	Women	238	Jennifer Janssen	Misfits	8:31 min/m	05:00:53.90
128	2	Masters Mixed	100	Joyce Burch	Team PR	8:31 min/m	05:01:00.83
129	46	Mixed	231	Stephen Sanchez	Run TMCC	8:31 min/m	05:01:03.45
130	47	Mixed	205	Stacey Olson	Team 007: License to Run	8:32 min/m	05:01:30.69
131	44	Open	128	Kristy Jones	Lost in Pace	8:33 min/m	05:02:15.73
132	45	Open	233	Amanda Floy	2EZ	8:33 min/m	05:02:21.08
133	3	Masters Mixed	240	Kimberly Bougher	New Hope Masters	8:34 min/m	05:02:59.30
134	46	Open	149	Chris O'Holearn	All Will No Skill	8:35 min/m	05:03:31.99
135	47	Open	189	Lindsay Garlock	Ridin' Dirty	8:36 min/m	05:03:45.14
136	21	Women	176	Cari Matern	Pavement Princesses	8:37 min/m	05:04:13.04
137	48	Mixed	132	Wayne Ostergaard	The slow- the fast & the ugly	8:37 min/m	05:04:31.25
138	49	Mixed	174	Teri Collins	Collins Team	8:38 min/m	05:04:48.26
139	48	Open	194	Kirsten Garland	The Trots	8:38 min/m	05:04:59.54
140	22	Women	227	Jeanne Rud	Duck Commander	8:38 min/m	05:05:19.64
141	23	Women	165	Amada Muhlbauer	Chafed and Lubed	8:39 min/m	05:05:22.39
142	2	Women Masters	236	Megan Berry Barlow	Ladies of the Evening	8:39 min/m	05:05:38.26
143	49	Open	160	Jill Scott	Smells Like Funk	8:39 min/m	05:05:39.77
144	24	Women	113	Mona Bleeker	Greenbelt Gals	8:40 min/m	05:05:58.87
145	11	Corporate	241	Mark Nevenhoven	INVISION	8:40 min/m	05:06:22.77
146	25	Women	168	Sherry Smiley	One Tough Mother Runner	8:41 min/m	05:06:35.54
147	50	Mixed	203	Heidi Dibbet	Team Gifford	8:42 min/m	05:07:19.33
148	4	Masters Mixed	172	Wayne Beck	Nothing Runs Like a Beck	8:43 min/m	05:07:50.85
149	50	Open	135	Michelle Fields	Magnificent 7	8:43 min/m	05:07:57.31
150	51	Open	171	Angela Tscherter	Seven little pigs	8:43 min/m	05:08:02.45
151	51	Mixed	245	Julie Bishop	ARL Running Club 2	8:45 min/m	05:08:54.28
152	12	Corporate	204	Sheila Smith	GMRC Cellar Dwellers	8:46 min/m	05:09:46.43
153	26	Women	191	Jenna Irving	Team AVEDA for RODS Racing	8:47 min/m	05:10:20.29
154	52	Open	202	Jessica Cleereman	Fat Guys In Little Coats	8:47 min/m	05:10:32.47
155	53	Open	127	Beth McDonald	I thought you said RUM!!	8:48 min/m	05:10:58.96
156	52	Mixed	145	Brenda Johnson	Seemed Like a Good Idea at the Time	8:48 min/m	05:11:09.20
157	53	Mixed	170	Katie Lueken	Team Tiger Baby	8:49 min/m	05:11:20.66
158	54	Open	214	Julie Larson	Beauties and the Beasts	8:50 min/m	05:11:59.20
159	55	Open	208	Eric Reichwaldt	Cobra Kai	8:50 min/m	05:12:15.58
160	27	Women	207	Sara Walker	Offutt Pink Ladies	8:51 min/m	05:12:31.47
161	54	Mixed	146	Kevin Case	Bait Gone Wild	8:52 min/m	05:13:26.49
162	56	Open	141	Kimberly Roberts	Riesberg Group	8:53 min/m	05:14:02.57
163	28	Women	193	Jennifer Groen	I thought they said RUM!!!	8:54 min/m	05:14:31.04
164	57	Open	140	Renee Reece	Running Chains Addiction	8:56 min/m	05:15:20.85
165	7	Masters	196	George Klotzbach	Carpe Vardo	8:57 min/m	05:16:29.76
166	55	Mixed	136	Carrie Kruse	99 Problems but a Cramp Ain't One	8:58 min/m	05:16:57.99
167	29	Women	134	Heather Warren	Foxy Runners	8:58 min/m	05:17:04.93
168	58	Open	186	Angie Healy	Negative Splits	8:59 min/m	05:17:08.57
169	8	Masters	209	Natalie Welter	Semper Vardo	9:03 min/m	05:19:34.36
170	56	Mixed	211	Stacey Cole	Asphalt Avengers	9:03 min/m	05:19:51.55
171	59	Open	213	Amy Doyle	Team Awesome	9:04 min/m	05:20:08.30

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Place	Div Plc	Division	No.	Team Captain	Team Name	Pace	Time
172	57	Mixed	177	Kristin Johnson	2 Stupid 2 Stop	9:04 min/m	05:20:16.19
173	30	Women	125	Heather Jaeger	Girls Gone Running - Keota- IA	9:04 min/m	05:20:21.14
174	58	Mixed	121	Carol Woten	Fred and Ethel	9:05 min/m	05:20:51.40
175	13	Corporate	129	Tracy Hurt	BUNN-dles O-Energy	9:07 min/m	05:22:03.07
176	31	Women	143	Julie Tuel	Team N-Emesis	9:07 min/m	05:22:13.75
177	60	Open	164	Brenda Young	Body Glide- Blisters and BenGay	9:07 min/m	05:22:17.52
178	32	Women	103	Kara Moulin	Here We Go Again	9:08 min/m	05:22:40.05
179	61	Open	109	Ash Bruxvoort	Duh Moynzzz	9:09 min/m	05:23:05.94
180	59	Mixed	200	Deb Schneider	Land Rovers	9:09 min/m	05:23:20.06
181	60	Mixed	108	Matthew Schemmel	Paulie Bleeker & the Dancing Elk Condors	9:10 min/m	05:23:47.86
182	3	Women Masters	106	Mary Sheka	The Wild Roses	9:10 min/m	05:24:07.79
183	62	Open	124	Cathy Lee Fredricksor	This Sounded Like a Great Idea in January	9:11 min/m	05:24:13.27
184	61	Mixed	229	Troy Thompson	OGR	9:11 min/m	05:24:15.45
185	62	Mixed	192	Doug Nichol	High Mile Club	9:11 min/m	05:24:21.17
186	63	Open	195	Jill Bock	Balls and Dolls	9:12 min/m	05:24:52.83
187	63	Mixed	198	Kim Sulsberger	Tag...You're it!	9:13 min/m	05:25:34.65
188	33	Women	147	Krissy Frerk	Tie Dyed Soles	9:13 min/m	05:25:52.07
189	64	Mixed	111	Daniel Pearson	Free Beer Aint Free	9:15 min/m	05:26:36.43
190	64	Open	123	HELLE ERVIN-VINCEN	Hairy Gumballs	9:15 min/m	05:26:40.30
191	34	Women	181	Stephanie Filer	ARL Running Club	9:18 min/m	05:28:40.39
192	35	Women	139	Sarah Haley	Treadmills are for Girls	9:18 min/m	05:28:40.63
193	14	Corporate	116	Mitchell Lake	Insert Name	9:23 min/m	05:31:47.76
194	36	Women	115	Claire Muselman	Scrambled Legs	9:29 min/m	05:34:53.10
195	37	Women	119	Jen Heithoff	Seven Sin Sisters	9:30 min/m	05:35:45.94
196	38	Women	126	Amy Frey	Sexy by Summer	9:31 min/m	05:36:04.13
197	39	Women	179	Amy Laumann	Old School Admirals	9:31 min/m	05:36:14.85
198	40	Women	114	Terry McQueen	Kyle's Bikes Gaggle of Girls	9:33 min/m	05:37:36.82
199	65	Mixed	215	Jacki Hayes	May The Course Be With You	9:35 min/m	05:38:41.37
200	41	Women	150	Christine Petersen	Harlan Rockers	9:36 min/m	05:39:15.15
201	65	Open	117	Dick Deming	Above and Beyond Cancer-Kilimanjaro	9:36 min/m	05:39:25.55
202	42	Women	122	Angie Williams	Flashdance Fever	9:41 min/m	05:42:22.32
203	43	Women	212	Tracy Downey	Angels in Disguise	9:42 min/m	05:42:52.99
204	66	Open	110	Caron Osberg	Kilt or be Kilt	9:54 min/m	05:49:58.16
205	44	Women	120	Alicia Schiller	Team We! Wee! Weeee!	10:17 min/m	06:03:08.62
206	66	Mixed	148	Emily Cataldi	Team Unicorn	11:56 min/m	07:01:19.40