

Market to Market Relay Iowa

May 11, 2013

Last 37 Miles

Place	Div Plc	Division	No.	Team Captain	Team Name	Pace	Time
1	1	Open	302	Louis Dewild	Brown Chicken Brown Cow	5:37 min/m	03:27:51.51
2	1	Mixed	303	Lindsey Meyer	NDORFNZ Coed	6:28 min/m	03:59:31.89
3	2	Open	306	Tim Wieland	The Elephant in the Room	6:31 min/m	04:01:28.03
4	1	Masters	304	Scott Heckenlaible	H&B All Stars	6:38 min/m	04:05:31.44
5	2	Mixed	305	Chris Nealy	High Voltage Running Club	6:42 min/m	04:08:12.38
6	2	Masters	307	David Sutej	Team NDORFNZ Masters	6:44 min/m	04:09:28.26
7	3	Mixed	287	Shelly Haiar	Manning Mafia	6:57 min/m	04:17:38.17
8	4	Mixed	289	Yvonne Hammerschmidt	The Dashing Divas	7:03 min/m	04:20:53.51
9	5	Mixed	288	Jeff Jensen	The GOATS	7:10 min/m	04:25:18.65
10	6	Mixed	251	Mindi Decker	Above and Beyond Cancer-Imja Tse	7:17 min/m	04:29:38.23
11	3	Open	290	Jamie Johnson	We are Runners	7:17 min/m	04:29:38.65
12	3	Masters	291	Andy Roat	Waveland Park	7:18 min/m	04:30:41.43
13	4	Open	253	John Opheim	Twisted Blister	7:18 min/m	04:30:42.30
14	7	Mixed	301	Marzia Benson	Binders full of Runners	7:20 min/m	04:31:53.82
15	1	Corporate	293	Dean Luttrell	Speedo Heroes	7:22 min/m	04:32:41.08
16	5	Open	292	Shyamali Vithanage	TEAM SWEEPERS	7:24 min/m	04:34:16.52
17	6	Open	295	Trisha Joseph	We Are Runners too	7:36 min/m	04:41:47.11
18	1	Women	252	Adeline Hohman	Reticulated Giraffes	7:37 min/m	04:42:05.41
19	8	Mixed	256	Shawn Miller	What Time is Breakfast	7:41 min/m	04:44:39.20
20	1	Academic	257	Craig Ogilvie	Relativistic Physicists	7:44 min/m	04:46:11.24
21	9	Mixed	262	Tracy Nicholson	Speedy Streakers	7:44 min/m	04:46:30.71
22	10	Mixed	217	Robyn Clevenger	Vamonos!	7:46 min/m	04:47:47.76
23	7	Open	250	Tanee Nimsakont	Rib Shack Smokies	7:47 min/m	04:48:07.24
24	2	Corporate	297	Andy Ireland	Flynn Wright	7:48 min/m	04:48:36.91
25	3	Corporate	300	Ruth Comer	Hy-Vee	7:48 min/m	04:48:49.14
26	11	Mixed	294	Lindsey Opp	PowHer Fitness	7:48 min/m	04:48:55.37
27	12	Mixed	261	Scott Brown	Feeling Good Looking Better	7:50 min/m	04:49:50.28
28	8	Open	281	Gary Schmitz	Team Schmitz	7:51 min/m	04:50:42.58
29	13	Mixed	187	Andrea Benson	D4 Joggercisers	7:51 min/m	04:50:46.28
30	9	Open	266	Cory Sinclair	Mixed Nuts	7:53 min/m	04:51:57.38
31	10	Open	225	Taylor Marvin	Hurts So Good	7:53 min/m	04:52:10.07
32	11	Open	260	Robert Peck	Running with Chubbies	7:54 min/m	04:52:22.77
33	12	Open	299	Mark Skahill	Irish We Were Finished!	7:54 min/m	04:52:46.43
34	13	Open	152	Kirk Tibbetts	Team Fat Hog	7:55 min/m	04:53:14.83
35	14	Open	216	Dan Vallejo	The Runs	7:57 min/m	04:54:09.47
36	15	Open	153	Michael Hotze	Big Slick	7:58 min/m	04:55:07.55
37	14	Mixed	255	Lisa Tingwald	Incredibles	7:59 min/m	04:55:40.89
38	15	Mixed	218	Megan Kuhl	Fool Runnings	8:00 min/m	04:56:02.95
39	16	Mixed	284	Lisa Braden	Integer Cross Crountry	8:01 min/m	04:56:40.53
40	4	Masters	258	Roadog Mckibben	Run with the Animals	8:03 min/m	04:57:57.11
41	17	Mixed	280	Kari DeJong	Above & Beyond	8:03 min/m	04:58:07.17
42	16	Open	259	Jeff Sharpe	Team Skid-Mark	8:04 min/m	04:59:00.22
43	1	Women Masters	254	Ellen Middleswart	Run Like Hell	8:04 min/m	04:59:04.50
44	18	Mixed	197	Andrea Basche	Hybrid Vigor	8:07 min/m	05:00:44.34
45	19	Mixed	222	Dan Feilmeier	Kind of a Big Deal	8:09 min/m	05:01:59.29
46	17	Open	221	Michael Wilson	Dogfish Head 75 Mile	8:09 min/m	05:02:09.01
47	18	Open	157	Diana Shewmaker	Teenage Mutant Ninja Turtles	8:10 min/m	05:02:35.30
48	20	Mixed	268	Chris Gaskill	Running Sucks	8:10 min/m	05:02:43.76
49	21	Mixed	173	Cindi Abbas	Crazy 8's	8:11 min/m	05:02:58.50
50	4	Corporate	220	Ryan Harms	Road Warriors	8:12 min/m	05:03:57.15
51	22	Mixed	282	Jill Byerly	TEAM BISHOP (and a Byerly)	8:13 min/m	05:04:16.80
52	23	Mixed	162	Kerty Levy	Above + Beyond Team	8:13 min/m	05:04:17.73
53	24	Mixed	182	Brad Miller	Team Orange Falls	8:13 min/m	05:04:33.31
54	19	Open	158	Crystal Hoffman	FUBAR	8:16 min/m	05:05:53.82
55	20	Open	298	Joe Bailey	Dino's Storage	8:16 min/m	05:06:24.92
56	1	Masters Mixed	283	Rose Wignall	Southern Prairie Runners	8:18 min/m	05:07:22.27
57	2	Women	278	Lisa Harms	Cy's Girls	8:18 min/m	05:07:23.00

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58	3	Women	230	Sarah Zinn-Burggraaf	Runaway Moms	8:21 min/m	05:09:24.42
59	4	Women	228	Becky Harkema	Pavement Pushers	8:23 min/m	05:10:20.64
60	21	Open	264	Dale Drent	Slow Pokers	8:23 min/m	05:10:33.58
61	5	Women	224	Amy Studer	Running Rainbows	8:23 min/m	05:10:43.85
62	25	Mixed	272	Bryan Steussy	Speedy EvisceRacin'	8:24 min/m	05:11:18.00
63	6	Women	275	Keri Kain	The Runnin' Ritas	8:26 min/m	05:12:32.47
64	26	Mixed	270	Ellen Carlson	Tortoises and O'Hares	8:28 min/m	05:13:24.05
65	22	Open	175	Mario DeAngelo	Too Fast For Sleeves	8:28 min/m	05:13:31.59
66	27	Mixed	223	Doug Prange	Duck N Run	8:28 min/m	05:13:50.44
67	28	Mixed	219	Aaron Morrow	Scrambled Legs and Ham	8:29 min/m	05:14:08.39
68	29	Mixed	183	Ryan Forret	The Beerliivers	8:29 min/m	05:14:23.87
69	30	Mixed	273	Adam Hertzke	Slow and Steady	8:30 min/m	05:14:55.95
70	7	Women	271	Elena Takla	Runnin' Rebels	8:30 min/m	05:15:02.97
71	5	Masters	155	Debbie Avitt	Above & Beyond Cancer-Everest	8:31 min/m	05:15:10.56
72	31	Mixed	102	McKenzie Sauser	Westwind	8:31 min/m	05:15:19.30
73	8	Women	267	Erin Rewerts	Twisted Sisters	8:31 min/m	05:15:31.26
74	23	Open	265	Tom Ahlschwede	Seal Team 7.1	8:31 min/m	05:15:31.45
75	9	Women	227	Jeanne Rud	Duck Commander	8:33 min/m	05:16:21.25
76	32	Mixed	226	Kyanna Wieseler	Cereal-ously	8:35 min/m	05:17:55.91
77	24	Open	159	Josh Muench	Road Crew: Tearin' It Up	8:37 min/m	05:19:10.65
78	10	Women	276	Jess Harris	PHF	8:39 min/m	05:20:12.21
79	5	Corporate	154	Chuck Cozad	Pork Peeps	8:39 min/m	05:20:14.65
80	33	Mixed	285	Patricia Keane	Tricia's Militia	8:39 min/m	05:20:24.15
81	25	Open	101	Melanie Dunphy	Low Expectations	8:39 min/m	05:20:26.21
82	11	Women	105	Liz Higgins	7 Deadly Shins -Ames- IA	8:39 min/m	05:20:39.46
83	6	Masters	151	Lowell Appleton	Band on the Run	8:40 min/m	05:20:56.84
84	26	Open	242	Martha Slocombe	Famous 'Staches	8:40 min/m	05:21:02.16
85	27	Open	269	Jonathan Wilson	I be pro fun	8:42 min/m	05:22:30.61
86	12	Women	184	Stephanie Gray	SOLE SISTERS	8:43 min/m	05:22:35.45
87	28	Open	130	patrick tasler	lets get physical	8:43 min/m	05:22:42.85
88	29	Open	190	Trina Flack	Run for Your Life	8:44 min/m	05:23:31.74
89	34	Mixed	279	Dan Petrak	This Too Will Pass	8:46 min/m	05:24:28.23
90	35	Mixed	180	Chad Skinner	Free Ned	8:48 min/m	05:26:04.11
91	36	Mixed	104	Todd Berkoski	Salmon Kings	8:49 min/m	05:26:22.65
92	30	Open	137	Bob Irving	Above + Beyond Cancer RAAM	8:49 min/m	05:26:28.18
93	13	Women	131	Lesleh Heim	SoleHer Powered	8:50 min/m	05:27:15.87
94	31	Open	246	Jenny Sorenson	Mystery Machine	8:52 min/m	05:28:17.60
95	14	Women	234	Jodie McGill	7 Deadly Sins - Omaha- NE	8:53 min/m	05:29:03.28
96	15	Women	238	Jennifer Janssen	Misfits	8:53 min/m	05:29:07.51
97	37	Mixed	243	Tammie Ollendick	The Rando Runners	8:54 min/m	05:29:26.05
98	16	Women	244	Brook Lenze	Just some small town girls	8:54 min/m	05:29:28.49
99	32	Open	186	Angie Healy	Negative Splits	8:54 min/m	05:29:54.07
100	33	Open	185	Emily Burt	Wasted Potential	8:55 min/m	05:29:55.04
101	38	Mixed	296	John Hooley	Whisker Biscuits	8:56 min/m	05:30:38.35
102	39	Mixed	145	Brenda Johnson	Seemed Like a Good Idea at the Time	8:58 min/m	05:32:16.47
103	17	Women	165	Amada Muhlbauer	Chafed and Lubed	9:00 min/m	05:33:25.12
104	34	Open	202	Jessica Cleereman	Fat Guys In Little Coats	9:01 min/m	05:33:46.55
105	35	Open	149	Chris O'Hollearn	All Will No Skill	9:01 min/m	05:33:52.84
106	40	Mixed	146	Kevin Case	Bait Gone Wild	9:03 min/m	05:35:15.03
107	36	Open	135	Michelle Fields	Magnificent 7	9:03 min/m	05:35:19.85
108	37	Open	166	Eric Rowley	Sorta Neat	9:03 min/m	05:35:23.81
109	38	Open	138	Vivian Masters	For the Love of Pete	9:04 min/m	05:36:04.64
110	39	Open	128	Kristy Jones	Lost in Pace	9:06 min/m	05:36:57.26
111	6	Corporate	169	Brian Craig	TEAM HYDRO-KLEAN WE SUCK	9:06 min/m	05:37:02.91
112	18	Women	133	JENNIFER ROSE	WONDER WOMEN	9:08 min/m	05:38:07.48
113	41	Mixed	192	Doug Nichol	High Mile Club	9:08 min/m	05:38:09.35
114	42	Mixed	205	Stacey Olson	Team 007: License to Run	9:08 min/m	05:38:10.41

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115	40	Open	194	Kirsten Garland	The Trots	9:09 min/m	05:38:38.81
116	43	Mixed	235	Dave Steines	Team Toyota 2	9:10 min/m	05:39:12.32
117	44	Mixed	174	Teri Collins	Collins Team	9:10 min/m	05:39:25.79
118	2	Women Masters	236	Megan Berry Barlow	Ladies of the Evening	9:10 min/m	05:39:37.77
119	45	Mixed	231	Stephen Sanchez	Run TMCC	9:10 min/m	05:39:38.21
120	41	Open	163	Trevor Meers	Slo-Pokes	9:12 min/m	05:40:33.23
121	42	Open	247	Jennifer Evans	Were we supposed to train for this?	9:12 min/m	05:40:44.18
122	43	Open	232	Matt Tupy	Cyclone fans	9:12 min/m	05:40:49.95
123	46	Mixed	132	Wayne Ostergaard	The slow- the fast & the ugly	9:12 min/m	05:40:54.56
124	44	Open	171	Angela Tscherter	Seven little pigs	9:12 min/m	05:40:59.82
125	2	Masters Mixed	240	Kimberly Bougher	New Hope Masters	9:13 min/m	05:41:22.01
126	19	Women	176	Cari Matern	Pavement Princesses	9:14 min/m	05:41:42.39
127	47	Mixed	188	Troy Price	Team 007	9:14 min/m	05:41:44.60
128	20	Women	248	Amy Miller	Girls Gone Running - Grinnell- IA	9:14 min/m	05:42:01.39
129	21	Women	167	Ashley Dunn	Taste The Rainbow	9:14 min/m	05:42:14.62
130	45	Open	178	June Burns	Dude Where's My Van?	9:15 min/m	05:42:37.74
131	22	Women	277	Deserae Long	7 Deadly Shins - Newton- IA	9:15 min/m	05:42:42.68
132	46	Open	189	Lindsay Garlock	Ridin' Dirty	9:16 min/m	05:42:56.68
133	48	Mixed	144	Adam Soyer	Team Honey Badger	9:16 min/m	05:42:59.32
134	47	Open	160	Jill Scott	Smells Like Funk	9:17 min/m	05:43:45.59
135	49	Mixed	274	Amy Harland	John Deere Green	9:17 min/m	05:43:55.30
136	48	Open	206	Betsy Tibodeau	Head's up 7up	9:20 min/m	05:45:37.84
137	49	Open	112	Mark Powell	Team Chicken Wing	9:21 min/m	05:46:08.29
138	23	Women	191	Jenna Irving	Team AVEDA for RODS Racing	9:21 min/m	05:46:20.60
139	50	Mixed	136	Carrie Kruse	99 Problems but a Cramp Ain't One	9:21 min/m	05:46:30.74
140	50	Open	208	Eric Reichwaldt	Cobra Kai	9:22 min/m	05:46:38.35
141	51	Open	214	Julie Larson	Beauties and the Beasts	9:22 min/m	05:46:38.88
142	7	Corporate	241	Mark Nevenhoven	INVISION	9:23 min/m	05:47:41.19
143	52	Open	233	Amanda Floy	2EZ	9:23 min/m	05:47:47.36
144	8	Corporate	129	Tracy Hurt	BUNN-dles O-Energy	9:24 min/m	05:47:51.93
145	51	Mixed	229	Troy Thompson	OGR	9:24 min/m	05:48:02.51
146	24	Women	168	Sherry Smiley	One Tough Mother Runner	9:25 min/m	05:48:52.88
147	7	Masters	209	Natalie Welter	Semper Vardo	9:25 min/m	05:48:55.16
148	25	Women	193	Jennifer Groen	I thought they said RUM!!!	9:26 min/m	05:49:03.93
149	9	Corporate	237	Anthony Takla	Last Place	9:27 min/m	05:49:40.90
150	26	Women	103	Kara Moulin	Here We Go Again	9:27 min/m	05:49:51.31
151	27	Women	181	Stephanie Filer	ARL Running Club	9:28 min/m	05:50:26.11
152	53	Open	201	Amanda Doran	Team Doing It All Day Long	9:28 min/m	05:50:28.65
153	28	Women	207	Sara Walker	Offutt Pink Ladies	9:29 min/m	05:51:22.35
154	10	Corporate	118	Lisa Hubbard	Risky Business	9:29 min/m	05:51:24.92
155	52	Mixed	245	Julie Bishop	ARL Running Club 2	9:29 min/m	05:51:26.61
156	11	Corporate	204	Sheila Smith	GMRC Cellar Dwellers	9:30 min/m	05:51:57.96
157	3	Masters Mixed	172	Wayne Beck	Nothing Runs Like a Beck	9:31 min/m	05:52:14.34
158	29	Women	134	Heather Warren	Foxy Runners	9:32 min/m	05:52:44.92
159	30	Women	263	Amy Mathis	7 x00:00 A CHARm	9:32 min/m	05:52:46.67
160	53	Mixed	107	Deb Watts	Snow White and the Seven Dwarfs	9:32 min/m	05:53:16.40
161	54	Open	164	Brenda Young	Body Glide- Blisters and BenGay	9:33 min/m	05:53:21.81
162	8	Masters	196	George Klotzbach	Carpe Vardo	9:33 min/m	05:53:27.98
163	31	Women	147	Krissy Frerk	Tie Dyed Soles	9:33 min/m	05:53:34.26
164	54	Mixed	108	Matthew Schemmel	Paulie Bleeker & the Dancing Elk Condors	9:34 min/m	05:54:08.49
165	55	Mixed	249	Cari Rosno	Super Market Heros	9:35 min/m	05:54:51.33
166	55	Open	142	Caleb Hegna	Run Like the Winded	9:35 min/m	05:54:56.45
167	32	Women	113	Mona Bleeker	Greenbelt Gals	9:37 min/m	05:55:59.85
168	33	Women	179	Amy Laumann	Old School Admirals	9:38 min/m	05:56:48.47
169	56	Open	239	Ryan Jennings	Running Rednecks	9:39 min/m	05:57:05.52
170	34	Women	125	Heather Jaeger	Girls Gone Running - Keota- IA	9:39 min/m	05:57:07.27
171	56	Mixed	198	Kim Sulsberger	Tag...You're it!	9:39 min/m	05:57:14.78

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Place	Div Plc	Division	No.	Team Captain	Team Name	Pace	Time
172	35	Women	212	Tracy Downey	Angels in Disguise	9:39 min/m	05:57:16.11
173	57	Open	213	Amy Doyle	Team Awesome	9:39 min/m	05:57:20.52
174	57	Mixed	177	Kristin Johnson	2 Stupid 2 Stop	9:39 min/m	05:57:39.48
175	12	Corporate	210	Randy Westman	Johnson Machine Works	9:41 min/m	05:58:35.94
176	58	Mixed	121	Carol Woten	Fred and Ethel	9:42 min/m	05:59:09.26
177	58	Open	127	Beth McDonald	I thought you said RUM!!	9:42 min/m	05:59:24.04
178	36	Women	143	Julie Tuel	Team N-Emesis	9:44 min/m	06:00:36.05
179	59	Open	109	Ash Bruxvoort	Duh Moynzzz	9:46 min/m	06:01:32.90
180	59	Mixed	203	Heidi Dibbet	Team Gifford	9:46 min/m	06:01:35.87
181	60	Open	141	Kimberly Roberts	Riesberg Group	9:49 min/m	06:03:24.21
182	61	Open	123	HELLE ERVIN-VINCEN	Hairy Gumballs	9:49 min/m	06:03:34.04
183	4	Masters Mixed	100	Joyce Burch	Team PR	9:50 min/m	06:03:52.38
184	62	Open	117	Dick Deming	Above and Beyond Cancer-Kilimanjaro	9:50 min/m	06:04:21.86
185	63	Open	140	Renee Reece	Running Chains Addiction	9:50 min/m	06:04:21.87
186	60	Mixed	200	Deb Schneider	Land Rovers	9:51 min/m	06:04:44.61
187	61	Mixed	111	Daniel Pearson	Free Beer Aint Free	9:51 min/m	06:04:55.08
188	62	Mixed	170	Katie Lueken	Team Tiger Baby	9:53 min/m	06:06:05.69
189	64	Open	124	Cathy Lee Fredricksor	This Sounded Like a Great Idea in January	9:55 min/m	06:07:16.89
190	63	Mixed	211	Stacey Cole	Asphalt Avengers	9:59 min/m	06:09:26.49
191	65	Open	195	Jill Bock	Balls and Dolls	9:59 min/m	06:09:32.88
192	3	Women Masters	106	Mary Sheka	The Wild Roses	10:04 min/m	06:12:58.21
193	64	Mixed	215	Jacki Hayes	May The Course Be With You	10:06 min/m	06:13:56.62
194	37	Women	126	Amy Frey	Sexy by Summer	10:07 min/m	06:14:38.09
195	65	Mixed	199	Melissa Weber-Arnold	The Hitchhickers	10:08 min/m	06:14:56.68
196	13	Corporate	116	Mitchell Lake	Insert Name	10:09 min/m	06:16:04.91
197	38	Women	115	Claire Muselman	Scrambled Legs	10:12 min/m	06:17:37.59
198	39	Women	139	Sarah Haley	Treadmills are for Girls	10:15 min/m	06:19:47.25
199	40	Women	150	Christine Petersen	Harlan Rockers	10:17 min/m	06:20:58.09
200	41	Women	122	Angie Williams	Flashdance Fever	10:23 min/m	06:24:24.66
201	42	Women	114	Terry McQueen	Kyle's Bikes Gaggle of Girls	10:30 min/m	06:28:44.87
202	14	Corporate	156	Bryan Schmidt	Mitas Tires North America	10:36 min/m	06:32:33.76
203	66	Open	110	Caron Osberg	Kilt or be Kilt	10:37 min/m	06:33:25.82
204	43	Women	119	Jen Heithoff	Seven Sin Sisters	10:38 min/m	06:33:36.91
205	44	Women	120	Alicia Schiller	Team We! Wee! Weee!	11:06 min/m	06:51:05.68