

MERCY MEDICAL CENTER
 PANCAKE DAY
 5K/10K RUN AND 2.1 MILE WALK
 September 28, 2013
 Centerville, Iowa

5K RESULTS

| Place | Div/Tot | Name | City | St | Age | S | Time | Pace |
|-------|---------|--------------------|-----------------|----|-----|---|-------|-------|
| 1 | 1/8 | Ryan Mitchell | Ottumwa | IA | 35 | M | 19:50 | 6:24 |
| 2 | 1/5 | Ben Grothe | Centerville | IA | 18 | M | 20:54 | 6:44 |
| 3 | 2/5 | Nathan Grothe | Centerville | IA | 15 | M | 21:43 | 7:00 |
| 4 | 1/5 | Dylan James Nelson | Bloomfield | IA | 20 | M | 21:58 | 7:05 |
| 5 | 1/14 | Matthew Lewis | Mystic | IA | 11 | M | 23:11 | 7:28 |
| 6 | 2/14 | Braden Lechtenberg | Centerville | IA | 14 | M | 23:20 | 7:31 |
| 7 | 3/5 | Neal Caylor | Centerville | IA | 19 | M | 24:26 | 7:52 |
| 8 | 1/9 | Emily Lewis | Mystic | IA | 12 | F | 24:53 | 8:01 |
| 9 | 3/14 | Brady Kauzlarich | Centerville | IA | 11 | M | 25:10 | 8:06 |
| 10 | 2/8 | Nathaniel Wright | Carleton | MI | 37 | M | 25:21 | 8:10 |
| 11 | 4/14 | McCain Oden | Cincinnati | IA | 12 | M | 25:29 | 8:13 |
| 12 | 1/7 | Sarah Lindemulder | Stanwood | IA | 22 | F | 25:38 | 8:15 |
| 13 | 3/8 | Chad Welch | Farmington | IA | 36 | M | 26:07 | 8:25 |
| 14 | 4/8 | Josh Hickie | Corydon | IA | 36 | M | 26:32 | 8:33 |
| 15 | 4/5 | Tyler Evers | Centerville | IA | 16 | M | 26:34 | 8:33 |
| 16 | 5/14 | Tom Dorsey | Hannibal | MO | 5 | M | 27:05 | 8:43 |
| 17 | 1/8 | Mendy Sebolt | Centerville | IA | 39 | F | 27:07 | 8:44 |
| 18 | 6/14 | Kolby Micetich | Centerville | IA | 11 | M | 27:28 | 8:51 |
| 19 | 1/3 | Hanna Sheston | Centerville | IA | 17 | F | 27:31 | 8:52 |
| 20 | 5/8 | Cale Hutchings | Ottumwa | IA | 30 | M | 27:48 | 8:57 |
| 21 | 1/7 | Steven Hall | Marshalltown | IA | 55 | M | 28:00 | 9:01 |
| 22 | 2/9 | Kianna Lechtenberg | Centerville | IA | 13 | F | 28:16 | 9:06 |
| 23 | 2/5 | Fred Lavelly | Centerville | IA | 23 | M | 28:30 | 9:11 |
| 24 | 2/7 | Deanna Hutchins | Ottumwa | IA | 29 | F | 28:47 | 9:16 |
| 25 | 7/14 | Mason Bauman | Exline | IA | 11 | M | 28:59 | 9:20 |
| 26 | 8/14 | Myles Clawson | Centerville | IA | 10 | M | 29:01 | 9:21 |
| 27 | 9/14 | Grant Carson | Centerville | IA | 10 | M | 29:02 | 9:21 |
| 28 | 1/8 | Joe Sharp | Centerville | IA | 49 | M | 29:10 | 9:24 |
| 29 | 2/7 | Scott Kelly | Centerville | IA | 51 | M | 29:26 | 9:29 |
| 30 | 3/9 | Claire Mathews | Centerville | IA | 10 | F | 29:27 | 9:29 |
| 31 | 1/7 | Karla Lilly | Ottumwa | IA | 42 | F | 29:37 | 9:32 |
| 32 | 1/3 | Mike Walag | Des Moines | IA | 62 | M | 29:50 | 9:37 |
| 33 | 2/8 | Brad Withrow | Centerville | IA | 49 | M | 29:53 | 9:38 |
| 34 | 6/8 | Damon Zimmer | Shawnee Mission | KS | 36 | M | 30:13 | 9:44 |
| 35 | 3/7 | Mark Walag | Omaha | NE | 55 | M | 30:27 | 9:48 |
| 36 | 2/8 | Angie Zimmer | Shawnee Mission | KS | 37 | F | 30:47 | 9:55 |
| 37 | 3/8 | Steve Cochran | Centerville | IA | 46 | M | 30:59 | 9:59 |
| 38 | 2/7 | Brenda Johnson | Bloomfield | IA | 49 | F | 31:01 | 9:59 |
| 39 | 4/7 | Dean Thomas | Centerville | IA | 51 | M | 31:09 | 10:02 |
| 40 | 2/3 | Larry Jenkins | Ames | IA | 63 | M | 31:24 | 10:07 |
| 41 | 3/5 | Keith Engle | Moravia | IA | 26 | M | 31:27 | 10:08 |
| 42 | 3/7 | Cheryl Barker | Centerville | IA | 26 | F | 31:33 | 10:09 |
| 43 | 4/8 | Raymond Johnson | Centerville | IA | 47 | M | 31:41 | 10:12 |
| 44 | 3/8 | Amy Rinehart | Moravia | IA | 36 | F | 31:42 | 10:13 |
| 45 | 7/8 | Kevin Spring | Coatsville | MO | 35 | M | 31:59 | 10:18 |
| 46 | 1/7 | Liz Deatsch | Mystic | IA | 58 | F | 32:02 | 10:19 |
| 47 | 4/9 | Jacinda Reed | Corydon | IA | 12 | F | 32:40 | 10:31 |
| 48 | 4/5 | Kayden Kuzlarich | Centerville | IA | 22 | M | 32:42 | 10:32 |
| 49 | 5/7 | Kenneth Granet | Centerville | IA | 54 | M | 32:43 | 10:32 |
| 50 | 4/7 | Olivia Starcevich | Centerville | IA | 20 | F | 32:57 | 10:37 |

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|----|-------|--------------------|--------------|----|----|---|---------|-------|
| 51 | 3/7 | Amy Belloma | Centerville | IA | 43 | F | 33:03 | 10:39 |
| 52 | 2/3 | Jessica Demry | Centerville | IA | 18 | F | 33:09 | 10:40 |
| 53 | 5/8 | David Niday | Ankeny | IA | 49 | M | 33:13 | 10:42 |
| 54 | 4/7 | Stacy Thomas | Centerville | IA | 48 | F | 33:27 | 10:46 |
| 55 | 6/8 | Les Moriarty | Centerville | IA | 49 | M | 34:17 | 11:02 |
| 56 | 10/14 | Otis Williams | Centerville | IA | 10 | M | 35:00 | 11:16 |
| 57 | 2/7 | Becky Engle | Moravia | IA | 53 | F | 35:43 | 11:30 |
| 58 | 4/8 | Nicole Shapiro | Grain Valley | MO | 33 | F | 35:58 | 11:35 |
| 59 | 3/7 | Lynn Mangini | Centerville | IA | 52 | F | 35:58 | 11:35 |
| 60 | 11/14 | Gage Carson | Centerville | IA | 12 | M | 36:28 | 11:44 |
| 61 | 5/5 | James Jewett | Roseville | MI | 17 | M | 36:37 | 11:47 |
| 62 | 4/7 | Anne Delaney | Centerville | IA | 55 | F | 36:43 | 11:49 |
| 63 | 5/5 | Tim Larson | Oskaloosa | IA | 23 | M | 36:44 | 11:50 |
| 64 | 5/7 | Brenda Ortmann | Centerville | IA | 49 | F | 36:55 | 11:53 |
| 65 | 5/7 | Kelly Caylor | Centerville | IA | 28 | F | 37:02 | 11:55 |
| 66 | 1/2 | Karen Walag | Omaha | NE | 63 | F | 37:14 | 11:59 |
| 67 | 8/8 | Michael Jolley | Waterloo | IA | 33 | M | 37:32 | 12:05 |
| 68 | 7/8 | Greg Gordy | Bloomfield | IA | 44 | M | 37:37 | 12:07 |
| 69 | 5/7 | Kelly Kurtsinger | Chariton | IA | 53 | F | 37:44 | 12:09 |
| 70 | 5/9 | Elizabeth Moriarty | Centerville | IA | 12 | F | 38:04 | 12:15 |
| 71 | 3/3 | Mallory Oden | Cincinnati | IA | 19 | F | 38:30 | 12:24 |
| 72 | 12/14 | Owen Weber | Waukee | IA | 9 | M | 38:55 | 12:32 |
| 73 | 2/2 | Roxanne Hopkins | Monroe | IA | 63 | F | 39:00 | 12:33 |
| 74 | 6/7 | Carl Embrey | Centerville | IA | 55 | M | 39:21 | 12:40 |
| 75 | 6/9 | Emily Clark | Centerville | IA | 11 | F | 39:28 | 12:42 |
| 76 | 6/7 | Sharelle Glosser | Moravia | IA | 29 | F | 40:20 | 12:59 |
| 77 | 5/8 | Janelle Deblock | Kansas City | MO | 33 | F | 40:25 | 13:01 |
| 78 | 6/8 | Erin Micetich | Numa | IA | 39 | F | 40:33 | 13:04 |
| 79 | 13/14 | Owen Williams | Centerville | IA | 9 | M | 40:55 | 13:11 |
| 80 | 6/7 | Rhonda Caylor | Centerville | IA | 56 | F | 41:06 | 13:14 |
| 81 | 7/7 | Jim Devlieger | Pecatonica | IL | 52 | M | 41:06 | 13:14 |
| 82 | 7/8 | Melissa Pace | Udell | IA | 33 | F | 41:25 | 13:20 |
| 83 | 14/14 | Lucas Henderson | Centerville | IA | 10 | M | 42:54 | 13:49 |
| 84 | 7/9 | Zoie Cochran | Centerville | IA | 11 | F | 44:05 | 14:12 |
| 85 | 1/1 | Darlene Sparks | Exline | IA | 71 | F | 44:58 | 14:29 |
| 86 | 6/7 | Renee Foster | Centerville | IA | 43 | F | 48:32 | 15:38 |
| 87 | 8/8 | Jon Foster | Centerville | IA | 41 | M | 48:33 | 15:38 |
| 88 | 8/9 | Kasidee Micetich | Numa | IA | 11 | F | 51:08 | 16:28 |
| 89 | 9/9 | Alyssa Anderson | Centerville | IA | 11 | F | 51:08 | 16:28 |
| 90 | 7/7 | Robin Embrey | Centerville | IA | 53 | F | 51:20 | 16:32 |
| 91 | 7/7 | Kayla Dix | Waterloo | IA | 27 | F | 53:33 | 17:14 |
| 92 | 7/7 | Kelli Dix | Stout | IA | 48 | F | 53:37 | 17:16 |
| 93 | 8/8 | Jennifer Nolan | Moravia | IA | 36 | F | 1:07:26 | 21:43 |
| 94 | 3/3 | Mike Franklin | Moravia | IA | 67 | M | 1:24:11 | 27:06 |

MALE RESULTS

| Place | No. | Name | City | St | Age | S | Time | Pace |
|-------|-------|--------------------|-------------|----|------|---|-------|-------|
| ===== | ===== | ===== | ===== | == | ==== | = | ===== | ===== |
| 1 | 367 | Ryan Mitchell | Ottumwa | IA | 35 | M | 19:50 | 6:24 |
| 2 | 256 | Ben Grothe | Centerville | IA | 18 | M | 20:54 | 6:44 |
| 3 | 257 | Nathan Grothe | Centerville | IA | 15 | M | 21:43 | 7:00 |
| 4 | 284 | Dylan James Nelson | Bloomfield | IA | 20 | M | 21:58 | 7:05 |
| 5 | 369 | Matthew Lewis | Mystic | IA | 11 | M | 23:11 | 7:28 |
| 6 | 274 | Braden Lechtenberg | Centerville | IA | 14 | M | 23:20 | 7:31 |
| 7 | 214 | Neal Caylor | Centerville | IA | 19 | M | 24:26 | 7:52 |
| 8 | 410 | Brady Kauzlarich | Centerville | IA | 11 | M | 25:10 | 8:06 |
| 9 | 325 | Nathaniel Wright | Carleton | MI | 37 | M | 25:21 | 8:10 |
| 10 | 287 | McCain Oden | Cincinnati | IA | 12 | M | 25:29 | 8:13 |

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|----|-----|------------------|-----------------|----|----|---|---------|-------|
| 11 | 315 | Chad Welch | Farmington | IA | 36 | M | 26:07 | 8:25 |
| 12 | 359 | Josh Hickie | Corydon | IA | 36 | M | 26:32 | 8:33 |
| 13 | 385 | Tyler Evers | Centerville | IA | 16 | M | 26:34 | 8:33 |
| 14 | 384 | Tom Dorsey | Hannibal | MO | 5 | M | 27:05 | 8:43 |
| 15 | 347 | Kolby Micetich | Centerville | IA | 11 | M | 27:28 | 8:51 |
| 16 | 362 | Cale Hutchings | Ottumwa | IA | 30 | M | 27:48 | 8:57 |
| 17 | 259 | Steven Hall | Marshalltown | IA | 55 | M | 28:00 | 9:01 |
| 18 | 355 | Fred Lavelly | Centerville | IA | 23 | M | 28:30 | 9:11 |
| 19 | 401 | Mason Bauman | Exline | IA | 11 | M | 28:59 | 9:20 |
| 20 | 226 | Myles Clawson | Centerville | IA | 10 | M | 29:01 | 9:21 |
| 21 | 341 | Grant Carson | Centerville | IA | 10 | M | 29:02 | 9:21 |
| 22 | 305 | Joe Sharp | Centerville | IA | 49 | M | 29:10 | 9:24 |
| 23 | 272 | Scott Kelly | Centerville | IA | 51 | M | 29:26 | 9:29 |
| 24 | 312 | Mike Walag | Des Moines | IA | 62 | M | 29:50 | 9:37 |
| 25 | 321 | Brad Withrow | Centerville | IA | 49 | M | 29:53 | 9:38 |
| 26 | 400 | Damon Zimmer | Shawnee Mission | KS | 36 | M | 30:13 | 9:44 |
| 27 | 314 | Mark Walag | Omaha | NE | 55 | M | 30:27 | 9:48 |
| 28 | 227 | Steve Cochran | Centerville | IA | 46 | M | 30:59 | 9:59 |
| 29 | 310 | Dean Thomas | Centerville | IA | 51 | M | 31:09 | 10:02 |
| 30 | 335 | Larry Jenkins | Ames | IA | 63 | M | 31:24 | 10:07 |
| 31 | 387 | Keith Engle | Moravia | IA | 26 | M | 31:27 | 10:08 |
| 32 | 377 | Raymond Johnson | Centerville | IA | 47 | M | 31:41 | 10:12 |
| 33 | 334 | Kevin Spring | Coatsville | MO | 35 | M | 31:59 | 10:18 |
| 34 | 397 | Kayden Kuzlarich | Centerville | IA | 22 | M | 32:42 | 10:32 |
| 35 | 407 | Kenneth Granet | Centerville | IA | 54 | M | 32:43 | 10:32 |
| 36 | 351 | David Niday | Ankeny | IA | 49 | M | 33:13 | 10:42 |
| 37 | 374 | Les Moriarty | Centerville | IA | 49 | M | 34:17 | 11:02 |
| 38 | 317 | Otis Williams | Centerville | IA | 10 | M | 35:00 | 11:16 |
| 39 | 342 | Gage Carson | Centerville | IA | 12 | M | 36:28 | 11:44 |
| 40 | 389 | James Jewett | Roseville | MI | 17 | M | 36:37 | 11:47 |
| 41 | 343 | Tim Larson | Oskaloosa | IA | 23 | M | 36:44 | 11:50 |
| 42 | 270 | Michael Jolley | Waterloo | IA | 33 | M | 37:32 | 12:05 |
| 43 | 399 | Greg Gordy | Bloomfield | IA | 44 | M | 37:37 | 12:07 |
| 44 | 404 | Owen Weber | Waukee | IA | 9 | M | 38:55 | 12:32 |
| 45 | 382 | Carl Embrey | Centerville | IA | 55 | M | 39:21 | 12:40 |
| 46 | 319 | Owen Williams | Centerville | IA | 9 | M | 40:55 | 13:11 |
| 47 | 237 | Jim Devlieger | Pecatonica | IL | 52 | M | 41:06 | 13:14 |
| 48 | 340 | Lucas Henderson | Centerville | IA | 10 | M | 42:54 | 13:49 |
| 49 | 379 | Jon Foster | Centerville | IA | 41 | M | 48:33 | 15:38 |
| 50 | 251 | Mike Franklin | Moravia | IA | 67 | M | 1:24:11 | 27:06 |

FEMALE RESULTS

| Place | No. | Name | City | St | Age | S | Time | Pace |
|-------|-------|--------------------|-----------------|----|-----|---|-------|-------|
| ===== | ===== | ===== | ===== | == | == | = | ===== | ===== |
| 1 | 370 | Emily Lewis | Mystic | IA | 12 | F | 24:53 | 8:01 |
| 2 | 373 | Sarah Lindemulder | Stanwood | IA | 22 | F | 25:38 | 8:15 |
| 3 | 299 | Mendy Sebolt | Centerville | IA | 39 | F | 27:07 | 8:44 |
| 4 | 358 | Hanna Sheston | Centerville | IA | 17 | F | 27:31 | 8:52 |
| 5 | 275 | Kianna Lechtenberg | Centerville | IA | 13 | F | 28:16 | 9:06 |
| 6 | 363 | Deanna Hutchins | Ottumwa | IA | 29 | F | 28:47 | 9:16 |
| 7 | 279 | Claire Mathews | Centerville | IA | 10 | F | 29:27 | 9:29 |
| 8 | 364 | Karla Lilly | Ottumwa | IA | 42 | F | 29:37 | 9:32 |
| 9 | 398 | Angie Zimmer | Shawnee Mission | KS | 37 | F | 30:47 | 9:55 |
| 10 | 266 | Brenda Johnson | Bloomfield | IA | 49 | F | 31:01 | 9:59 |
| 11 | 203 | Cheryl Barker | Centerville | IA | 26 | F | 31:33 | 10:09 |
| 12 | 378 | Amy Rinehart | Moravia | IA | 36 | F | 31:42 | 10:13 |
| 13 | 234 | Liz Deatsch | Mystic | IA | 58 | F | 32:02 | 10:19 |
| 14 | 386 | Jacinda Reed | Corydon | IA | 12 | F | 32:40 | 10:31 |

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|----|-----|--------------------|--------------|----|----|---|---------|-------|
| 15 | 361 | Olivia Starcevich | Centerville | IA | 20 | F | 32:57 | 10:37 |
| 16 | 344 | Amy Belloma | Centerville | IA | 43 | F | 33:03 | 10:39 |
| 17 | 365 | Jessica Demry | Centerville | IA | 18 | F | 33:09 | 10:40 |
| 18 | 311 | Stacy Thomas | Centerville | IA | 48 | F | 33:27 | 10:46 |
| 19 | 388 | Becky Engle | Moravia | IA | 53 | F | 35:43 | 11:30 |
| 20 | 304 | Nicole Shapiro | Grain Valley | MO | 33 | F | 35:58 | 11:35 |
| 21 | 278 | Lynn Mangini | Centerville | IA | 52 | F | 35:58 | 11:35 |
| 22 | 381 | Anne Delaney | Centerville | IA | 55 | F | 36:43 | 11:49 |
| 23 | 288 | Brenda Ortman | Centerville | IA | 49 | F | 36:55 | 11:53 |
| 24 | 217 | Kelly Caylor | Centerville | IA | 28 | F | 37:02 | 11:55 |
| 25 | 313 | Karen Walag | Omaha | NE | 63 | F | 37:14 | 11:59 |
| 26 | 409 | Kelly Kurtsinger | Chariton | IA | 53 | F | 37:44 | 12:09 |
| 27 | 375 | Elizabeth Moriarty | Centerville | IA | 12 | F | 38:04 | 12:15 |
| 28 | 360 | Mallory Oden | Cincinnati | IA | 19 | F | 38:30 | 12:24 |
| 29 | 264 | Roxanne Hopkins | Monroe | IA | 63 | F | 39:00 | 12:33 |
| 30 | 224 | Emily Clark | Centerville | IA | 11 | F | 39:28 | 12:42 |
| 31 | 253 | Sharelle Glosser | Moravia | IA | 29 | F | 40:20 | 12:59 |
| 32 | 235 | Janelle Deblock | Kansas City | MO | 33 | F | 40:25 | 13:01 |
| 33 | 281 | Erin Micetich | Numa | IA | 39 | F | 40:33 | 13:04 |
| 34 | 218 | Rhonda Caylor | Centerville | IA | 56 | F | 41:06 | 13:14 |
| 35 | 290 | Melissa Pace | Udell | IA | 33 | F | 41:25 | 13:20 |
| 36 | 346 | Zoie Cochran | Centerville | IA | 11 | F | 44:05 | 14:12 |
| 37 | 306 | Darlene Sparks | Exline | IA | 71 | F | 44:58 | 14:29 |
| 38 | 248 | Renee Foster | Centerville | IA | 43 | F | 48:32 | 15:38 |
| 39 | 282 | Kasidee Micetich | Numa | IA | 11 | F | 51:08 | 16:28 |
| 40 | 201 | Alyssa Anderson | Centerville | IA | 11 | F | 51:08 | 16:28 |
| 41 | 383 | Robin Embrey | Centerville | IA | 53 | F | 51:20 | 16:32 |
| 42 | 352 | Kayla Dix | Waterloo | IA | 27 | F | 53:33 | 17:14 |
| 43 | 240 | Kelli Dix | Stout | IA | 48 | F | 53:37 | 17:16 |
| 44 | 286 | Jennifer Nolan | Moravia | IA | 36 | F | 1:07:26 | 21:43 |

FEMALE AGE GROUP RESULTS 1 - 14

| Place | No. | Name | City | St | Age | S | Time | Pace |
|-------|-------|--------------------|-------------|----|-----|---|-------|-------|
| ===== | ===== | ===== | ===== | == | === | = | ===== | ===== |
| 1 | 370 | Emily Lewis | Mystic | IA | 12 | F | 24:53 | 8:01 |
| 2 | 275 | Kianna Lechtenberg | Centerville | IA | 13 | F | 28:16 | 9:06 |
| 3 | 279 | Claire Mathews | Centerville | IA | 10 | F | 29:27 | 9:29 |
| 4 | 386 | Jacinda Reed | Corydon | IA | 12 | F | 32:40 | 10:31 |
| 5 | 375 | Elizabeth Moriarty | Centerville | IA | 12 | F | 38:04 | 12:15 |
| 6 | 224 | Emily Clark | Centerville | IA | 11 | F | 39:28 | 12:42 |
| 7 | 346 | Zoie Cochran | Centerville | IA | 11 | F | 44:05 | 14:12 |
| 8 | 282 | Kasidee Micetich | Numa | IA | 11 | F | 51:08 | 16:28 |
| 9 | 201 | Alyssa Anderson | Centerville | IA | 11 | F | 51:08 | 16:28 |

MALE AGE GROUP RESULTS 1 - 14

| Place | No. | Name | City | St | Age | S | Time | Pace |
|-------|-------|--------------------|-------------|----|-----|---|-------|-------|
| ===== | ===== | ===== | ===== | == | === | = | ===== | ===== |
| 1 | 369 | Matthew Lewis | Mystic | IA | 11 | M | 23:11 | 7:28 |
| 2 | 274 | Braden Lechtenberg | Centerville | IA | 14 | M | 23:20 | 7:31 |
| 3 | 410 | Brady Kauzlarich | Centerville | IA | 11 | M | 25:10 | 8:06 |
| 4 | 287 | McCain Oden | Cincinnati | IA | 12 | M | 25:29 | 8:13 |
| 5 | 384 | Tom Dorsey | Hannibal | MO | 5 | M | 27:05 | 8:43 |
| 6 | 347 | Kolby Micetich | Centerville | IA | 11 | M | 27:28 | 8:51 |
| 7 | 401 | Mason Bauman | Exline | IA | 11 | M | 28:59 | 9:20 |
| 8 | 226 | Myles Clawson | Centerville | IA | 10 | M | 29:01 | 9:21 |
| 9 | 341 | Grant Carson | Centerville | IA | 10 | M | 29:02 | 9:21 |

| | | | | | | | | |
|----|-----|-----------------|-------------|----|----|---|-------|-------|
| 10 | 317 | Otis Williams | Centerville | IA | 10 | M | 35:00 | 11:16 |
| 11 | 342 | Gage Carson | Centerville | IA | 12 | M | 36:28 | 11:44 |
| 12 | 404 | Owen Weber | Waukee | IA | 9 | M | 38:55 | 12:32 |
| 13 | 319 | Owen Williams | Centerville | IA | 9 | M | 40:55 | 13:11 |
| 14 | 340 | Lucas Henderson | Centerville | IA | 10 | M | 42:54 | 13:49 |

FEMALE AGE GROUP RESULTS 15 - 19

| Place | No. | Name | City | St | Age | S | Time | Pace |
|-------|-----|---------------|-------------|----|-----|---|-------|-------|
| 1 | 358 | Hanna Sheston | Centerville | IA | 17 | F | 27:31 | 8:52 |
| 2 | 365 | Jessica Demry | Centerville | IA | 18 | F | 33:09 | 10:40 |
| 3 | 360 | Mallory Oden | Cincinnati | IA | 19 | F | 38:30 | 12:24 |

MALE AGE GROUP RESULTS 15 - 19

| Place | No. | Name | City | St | Age | S | Time | Pace |
|-------|-----|---------------|-------------|----|-----|---|-------|-------|
| 1 | 256 | Ben Grothe | Centerville | IA | 18 | M | 20:54 | 6:44 |
| 2 | 257 | Nathan Grothe | Centerville | IA | 15 | M | 21:43 | 7:00 |
| 3 | 214 | Neal Caylor | Centerville | IA | 19 | M | 24:26 | 7:52 |
| 4 | 385 | Tyler Evers | Centerville | IA | 16 | M | 26:34 | 8:33 |
| 5 | 389 | James Jewett | Roseville | MI | 17 | M | 36:37 | 11:47 |

FEMALE AGE GROUP RESULTS 20 - 29

| Place | No. | Name | City | St | Age | S | Time | Pace |
|-------|-----|-------------------|-------------|----|-----|---|-------|-------|
| 1 | 373 | Sarah Lindemulder | Stanwood | IA | 22 | F | 25:38 | 8:15 |
| 2 | 363 | Deanna Hutchins | Ottumwa | IA | 29 | F | 28:47 | 9:16 |
| 3 | 203 | Cheryl Barker | Centerville | IA | 26 | F | 31:33 | 10:09 |
| 4 | 361 | Olivia Starcevich | Centerville | IA | 20 | F | 32:57 | 10:37 |
| 5 | 217 | Kelly Caylor | Centerville | IA | 28 | F | 37:02 | 11:55 |
| 6 | 253 | Sharelle Glosser | Moravia | IA | 29 | F | 40:20 | 12:59 |
| 7 | 352 | Kayla Dix | Waterloo | IA | 27 | F | 53:33 | 17:14 |

MALE AGE GROUP RESULTS 20 - 29

| Place | No. | Name | City | St | Age | S | Time | Pace |
|-------|-----|--------------------|-------------|----|-----|---|-------|-------|
| 1 | 284 | Dylan James Nelson | Bloomfield | IA | 20 | M | 21:58 | 7:05 |
| 2 | 355 | Fred Lavelly | Centerville | IA | 23 | M | 28:30 | 9:11 |
| 3 | 387 | Keith Engle | Moravia | IA | 26 | M | 31:27 | 10:08 |
| 4 | 397 | Kayden Kuzlarich | Centerville | IA | 22 | M | 32:42 | 10:32 |
| 5 | 343 | Tim Larson | Oskaloosa | IA | 23 | M | 36:44 | 11:50 |

FEMALE AGE GROUP RESULTS 30 - 39

| Place | No. | Name | City | St | Age | S | Time | Pace |
|-------|-----|-----------------|-----------------|----|-----|---|-------|-------|
| 1 | 299 | Mendy Sebolt | Centerville | IA | 39 | F | 27:07 | 8:44 |
| 2 | 398 | Angie Zimmer | Shawnee Mission | KS | 37 | F | 30:47 | 9:55 |
| 3 | 378 | Amy Rinehart | Moravia | IA | 36 | F | 31:42 | 10:13 |
| 4 | 304 | Nicole Shapiro | Grain Valley | MO | 33 | F | 35:58 | 11:35 |
| 5 | 235 | Janelle Deblock | Kansas City | MO | 33 | F | 40:25 | 13:01 |

| | | | | | | | | |
|---|-----|----------------|---------|----|----|---|---------|-------|
| 6 | 281 | Erin Micetich | Numa | IA | 39 | F | 40:33 | 13:04 |
| 7 | 290 | Melissa Pace | Udell | IA | 33 | F | 41:25 | 13:20 |
| 8 | 286 | Jennifer Nolan | Moravia | IA | 36 | F | 1:07:26 | 21:43 |

MALE AGE GROUP RESULTS 30 - 39

| Place | No. | Name | City | St | Age | S | Time | Pace |
|-------|-----|------------------|-----------------|----|-----|---|-------|-------|
| 1 | 367 | Ryan Mitchell | Ottumwa | IA | 35 | M | 19:50 | 6:24 |
| 2 | 325 | Nathaniel Wright | Carleton | MI | 37 | M | 25:21 | 8:10 |
| 3 | 315 | Chad Welch | Farmington | IA | 36 | M | 26:07 | 8:25 |
| 4 | 359 | Josh Hickie | Corydon | IA | 36 | M | 26:32 | 8:33 |
| 5 | 362 | Cale Hutchings | Ottumwa | IA | 30 | M | 27:48 | 8:57 |
| 6 | 400 | Damon Zimmer | Shawnee Mission | KS | 36 | M | 30:13 | 9:44 |
| 7 | 334 | Kevin Spring | Coatsville | MO | 35 | M | 31:59 | 10:18 |
| 8 | 270 | Michael Jolley | Waterloo | IA | 33 | M | 37:32 | 12:05 |

FEMALE AGE GROUP RESULTS 40 - 49

| Place | No. | Name | City | St | Age | S | Time | Pace |
|-------|-----|----------------|-------------|----|-----|---|-------|-------|
| 1 | 364 | Karla Lilly | Ottumwa | IA | 42 | F | 29:37 | 9:32 |
| 2 | 266 | Brenda Johnson | Bloomfield | IA | 49 | F | 31:01 | 9:59 |
| 3 | 344 | Amy Belloma | Centerville | IA | 43 | F | 33:03 | 10:39 |
| 4 | 311 | Stacy Thomas | Centerville | IA | 48 | F | 33:27 | 10:46 |
| 5 | 288 | Brenda Ortmann | Centerville | IA | 49 | F | 36:55 | 11:53 |
| 6 | 248 | Renee Foster | Centerville | IA | 43 | F | 48:32 | 15:38 |
| 7 | 240 | Kelli Dix | Stout | IA | 48 | F | 53:37 | 17:16 |

MALE AGE GROUP RESULTS 40 - 49

| Place | No. | Name | City | St | Age | S | Time | Pace |
|-------|-----|-----------------|-------------|----|-----|---|-------|-------|
| 1 | 305 | Joe Sharp | Centerville | IA | 49 | M | 29:10 | 9:24 |
| 2 | 321 | Brad Withrow | Centerville | IA | 49 | M | 29:53 | 9:38 |
| 3 | 227 | Steve Cochran | Centerville | IA | 46 | M | 30:59 | 9:59 |
| 4 | 377 | Raymond Johnson | Centerville | IA | 47 | M | 31:41 | 10:12 |
| 5 | 351 | David Niday | Ankeny | IA | 49 | M | 33:13 | 10:42 |
| 6 | 374 | Les Moriarty | Centerville | IA | 49 | M | 34:17 | 11:02 |
| 7 | 399 | Greg Gordy | Bloomfield | IA | 44 | M | 37:37 | 12:07 |
| 8 | 379 | Jon Foster | Centerville | IA | 41 | M | 48:33 | 15:38 |

FEMALE AGE GROUP RESULTS 50 - 59

| Place | No. | Name | City | St | Age | S | Time | Pace |
|-------|-----|------------------|-------------|----|-----|---|-------|-------|
| 1 | 234 | Liz Deatsch | Mystic | IA | 58 | F | 32:02 | 10:19 |
| 2 | 388 | Becky Engle | Moravia | IA | 53 | F | 35:43 | 11:30 |
| 3 | 278 | Lynn Mangini | Centerville | IA | 52 | F | 35:58 | 11:35 |
| 4 | 381 | Anne Delaney | Centerville | IA | 55 | F | 36:43 | 11:49 |
| 5 | 409 | Kelly Kurtsinger | Chariton | IA | 53 | F | 37:44 | 12:09 |
| 6 | 218 | Rhonda Caylor | Centerville | IA | 56 | F | 41:06 | 13:14 |
| 7 | 383 | Robin Embrey | Centerville | IA | 53 | F | 51:20 | 16:32 |

MALE AGE GROUP RESULTS 50 - 59

| Place No. | Name | City | St | Age | S | Time | Pace |
|-----------|--------------------|--------------|----|-----|---|-------|-------|
| 1 | 259 Steven Hall | Marshalltown | IA | 55 | M | 28:00 | 9:01 |
| 2 | 272 Scott Kelly | Centerville | IA | 51 | M | 29:26 | 9:29 |
| 3 | 314 Mark Walag | Omaha | NE | 55 | M | 30:27 | 9:48 |
| 4 | 310 Dean Thomas | Centerville | IA | 51 | M | 31:09 | 10:02 |
| 5 | 407 Kenneth Granet | Centerville | IA | 54 | M | 32:43 | 10:32 |
| 6 | 382 Carl Embrey | Centerville | IA | 55 | M | 39:21 | 12:40 |
| 7 | 237 Jim Devlieger | Pecatonica | IL | 52 | M | 41:06 | 13:14 |

FEMALE AGE GROUP RESULTS 60 - 69

| Place No. | Name | City | St | Age | S | Time | Pace |
|-----------|---------------------|--------|----|-----|---|-------|-------|
| 1 | 313 Karen Walag | Omaha | NE | 63 | F | 37:14 | 11:59 |
| 2 | 264 Roxanne Hopkins | Monroe | IA | 63 | F | 39:00 | 12:33 |

MALE AGE GROUP RESULTS 60 - 69

| Place No. | Name | City | St | Age | S | Time | Pace |
|-----------|-------------------|------------|----|-----|---|---------|-------|
| 1 | 312 Mike Walag | Des Moines | IA | 62 | M | 29:50 | 9:37 |
| 2 | 335 Larry Jenkins | Ames | IA | 63 | M | 31:24 | 10:07 |
| 3 | 251 Mike Franklin | Moravia | IA | 67 | M | 1:24:11 | 27:06 |

FEMALE AGE GROUP RESULTS 70 - 98

| Place No. | Name | City | St | Age | S | Time | Pace |
|-----------|--------------------|--------|----|-----|---|-------|-------|
| 1 | 306 Darlene Sparks | Exline | IA | 71 | F | 44:58 | 14:29 |