

SUMMER DAZE TRIATHLON  
May 11, 2013  
Newton, Iowa

300 Meter Swim - 18 Mile Bike - 5K Mile Run

TOT	DIV	PLC	PLC	NAME	CITY	ST	AGE	S	plc	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL
====	====	====	====	=====	=====	====	====	====	====	time	yds	time	time	time	time	TIME
1	1/8			Jonathan Estabrook	Ankeny	IA	39	M	6	5:24	1:39	0:17	2 49:16 21.9	0:25	2	18:02 5:49 1:13:21
2	1/5			Reed Rinderknecht	Clive	IA	43	M	3	4:31	1:23	0:25	1 47:27 22.8	0:20	6	20:47 6:42 1:13:27
3	2/8			Feder Skoog	Waukee	IA	33	M	2	3:43	1:08	0:54	7 57:20 18.8	0:23	3	18:53 6:05 1:21:11
4	3/8			Luke Anderson	Newton	IA	30	M	1	3:36	1:06	0:33	4 54:47 19.7	0:30	9	22:02 7:06 1:21:26
5	1/5			Erik Bandy	Iowa City	IA	24	M	10	5:43	1:45	1:03	6 56:48 19.0	0:42	1	17:33 5:39 1:21:48
6	4/8			Mathew Wilson	Clive	IA	38	M	20	6:38	2:02	1:16	3 53:15 20.3	0:56	5	19:46 6:22 1:21:49
7	5/8			Josh Wermager	Newton	IA	38	M	22	6:45	2:04	1:06	8 59:34 18.1	1:20	4	19:10 6:10 1:27:54
8	2/5			Scott Carkhuff	Newton	IA	28	M	12	5:59	1:50	2:18	5 55:06 19.6	1:22	11	23:10 7:28 1:27:54
9	1/2			Kristin Rinderknecht	Clive	IA	42	F	8	5:31	1:41	0:29	9 1:00:37 17.8	0:42	12	23:13 7:29 1:30:31
10	6/8			Colin Witt	Des Moines	IA	38	M	17	6:12	1:54	1:03	11 1:02:18 17.3	0:50	7	21:27 6:55 1:31:48
11	3/5			Jason Buseman	Johnson	IA	28	M	13	6:06	1:52	0:56	10 1:02:11 17.4	1:00	14	25:01 8:03 1:35:12
12	1/1			Christian Laube	Newton	IA	16	M	4	4:57	1:31	1:37	20 1:08:00 15.9	0:17	8	21:52 7:03 1:36:41
13	4/5			Daniel Cibula	Kellogg	IA	29	M	15	6:12	1:54	1:28	14 1:04:33 16.7	0:31	18	25:25 8:11 1:38:08
14	5/5			Jordan Stokka	Des Moines	IA	29	M	5	5:19	1:38	1:53	15 1:04:56 16.6	0:43	17	25:22 8:10 1:38:12
15	7/8			Courtney Potthoff	Ankeny	IA	30	M	11	5:46	1:46	2:32	21 1:08:50 15.7	0:59	10	22:06 7:07 1:40:11
16	2/5			Wade Shriver	Iowa City	IA	48	M	14	6:06	1:52	1:39	12 1:02:32 17.3	1:16	24	29:12 9:24 1:40:43
17	1/1			Bill Henninger	Newton	IA	50	M	21	6:43	2:03	1:32	16 1:05:40 16.4	0:54	19	26:05 8:24 1:40:52
18	3/5			Keith Laube	Newton	IA	46	M	25	7:14	2:13	2:15	19 1:07:52 15.9	0:23	13	23:53 7:42 1:41:35
19	8/8			Jason Hemmer	Waukee	IA	35	M	24	7:03	2:09	2:07	13 1:03:37 17.0	0:54	22	28:16 9:06 1:41:56
20	4/5			Tim Dykstra	Pella	IA	43	M	18	6:26	1:58	2:00	17 1:06:00 16.4	1:14	20	28:05 9:03 1:43:42
21	1/3			Ashley Miller	Storm Lake	IA	25	F	27	7:25	2:16	1:24	18 1:06:35 16.2	1:08	25	30:22 9:47 1:46:52
22	2/2			Shelly Hanson	Webster City	IA	40	F	26	7:16	2:13	2:24	22 1:11:36 15.1	1:17	23	28:40 9:14 1:51:12
23	2/3			Kathrin Depue	Indianola	IA	22	F	16	6:12	1:54	1:58	23 1:17:55 13.9	0:28	21	28:12 9:05 1:54:43
24	1/2			Melanie Sharp	Newton	IA	34	F	19	6:31	2:00	1:59	24 1:18:07 13.8	0:36	28	34:20 11:03 2:01:31
25	3/3			Kelsey Morfitt	North Liberty	IA	29	F	23	7:01	2:09	2:33	25 1:25:25 12.6	0:30	26	31:31 10:09 2:06:58
26	5/5			Dan Laird	Clive	IA	45	M	9	5:37	1:43	3:52	27 1:32:25 11.7	1:34	16	25:21 8:10 2:08:47
27	1/1			Maggie Laird	Clive	IA	13	F	7	5:28	1:40	4:08	28 1:32:28 11.7	1:34	15	25:21 8:10 2:08:57
28	2/2			Erin Crawford	Rhodes	IA	35	F	28	9:09	2:48	2:20	26 1:31:21 11.8	0:43	27	32:29 10:28 2:15:59

TEAM RESULTS

TOTAL	DIV	PLC	PLC	TEAM	MEMBERS: SWIMMER, BIKER, RUNNER	plc	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL
=====	====	====	====	=====	=====	====	time	yds	time	time	time	time	TIME
1	1/3			Team152 = Alexis Stout , Cory Stout , Drew Stout		2	5:44	1:45	0:18	1 59:29 18.2	0:28	2 22:36 7:17	1:28:34
2	2/3			Team150 = Colby Kessler , Jason Rose , Tony Morrison		3	12:55	3:57	0:21	2 1:06:59 16.1	0:22	1 20:13 6:31	1:40:48
3	3/3			Team151 = Matt Van Brogen , Kayla Coovey , Kayla Coovey		1	4:25	1:21	0:48	3 1:48:24 10.0	0:53	3 34:27 11:06	2:28:56