

AIMING FOR A CURE
5K and 10K Run/Walk
August 23, 2014
Palo, Iowa

10K RESULTS

Place	Div/Tot	Name	City	St	Age	S	Time	Pace
1	1/5	Mark Ironside	Swisher	IA	39	M	39:53	6:26
2	1/2	Steve Rumelhart	Coralville	IA	53	M	45:47	7:23
3	2/5	Lyle Schminke	Shellsburg	IA	47	M	46:49	7:32
4	3/5	Chuck Hardin	Cedar Rapids	IA	48	M	48:14	7:46
5	1/9	Melissa Barnard	Keystone	IA	38	F	48:30	7:49
6	4/5	Doug Fishwild	Cedar Rapids	IA	35	M	49:12	7:55
7	2/9	Sandra Ahrendsen	Cedar Rapids	IA	37	F	51:37	8:19
8	1/7	Lou Slings	Palo	IA	34	F	52:41	8:29
9	2/7	Charity Robar	Columbia	MO	26	F	52:49	8:30
10	3/9	Robin Bucheit	Solon	IA	38	F	54:33	8:47
11	3/7	Laine Boesenberg	Center Point	IA	30	F	54:49	8:50
12	2/2	Dan Schneider	Marion	IA	50	M	54:50	8:50
13	4/9	Michele Flagel	Shellsburg	IA	41	F	56:27	9:06
14	5/9	Kylie Hansen	Urbana	IA	37	F	57:54	9:20
15	4/7	Katie Burrichter	Ossian	IA	30	F	58:17	9:23
16	6/9	Jill Waterman	Strawberry Point	IA	43	F	58:42	9:27
17	7/9	Sarah Mathis	Urbana	IA	40	F	59:09	9:32
18	8/9	Kim Newton	Vinton	IA	35	F	59:09	9:32
19	5/7	Adriana Foxen	Peosta	IA	32	F	59:57	9:39
20	6/7	Shawnacy Rohwedder	Marion	IA	34	F	1:00:02	9:40
21	5/5	Gabe Rohwedder	Marion	IA	37	M	1:00:44	9:47
22	7/7	Morgan Troendle	Cedar Rapids	IA	24	F	1:04:42	10:25
23	9/9	Bonnie Beyers	Vinton	IA	47	F	1:10:57	11:26

MALE RESULTS

Place	No.	Name	City	St	Age	S	Time	Pace
1	235	Mark Ironside	Swisher	IA	39	M	39:53	6:26
2	312	Steve Rumelhart	Coralville	IA	53	M	45:47	7:23
3	215	Lyle Schminke	Shellsburg	IA	47	M	46:49	7:32
4	310	Chuck Hardin	Cedar Rapids	IA	48	M	48:14	7:46
5	302	Doug Fishwild	Cedar Rapids	IA	35	M	49:12	7:55
6	316	Dan Schneider	Marion	IA	50	M	54:50	8:50
7	321	Gabe Rohwedder	Marion	IA	37	M	1:00:44	9:47

FEMALE RESULTS

Place	No.	Name	City	St	Age	S	Time	Pace
1	301	Melissa Barnard	Keystone	IA	38	F	48:30	7:49
2	323	Sandra Ahrendsen	Cedar Rapids	IA	37	F	51:37	8:19
3	317	Lou Slings	Palo	IA	34	F	52:41	8:29
4	222	Charity Robar	Columbia	MO	26	F	52:49	8:30
5	324	Robin Bucheit	Solon	IA	38	F	54:33	8:47
6	318	Laine Boesenberg	Center Point	IA	30	F	54:49	8:50
7	231	Michele Flagel	Shellsburg	IA	41	F	56:27	9:06
8	311	Kylie Hansen	Urbana	IA	37	F	57:54	9:20
9	307	Katie Burrichter	Ossian	IA	30	F	58:17	9:23

10	304	Jill Waterman	Strawberry Point	IA	43	F	58:42	9:27
11	306	Sarah Mathis	Urbana	IA	40	F	59:09	9:32
12	219	Kim Newton	Vinton	IA	35	F	59:09	9:32
13	315	Adriana Foxen	Peosta	IA	32	F	59:57	9:39
14	322	Shawnacy Rohwedder	Marion	IA	34	F	1:00:02	9:40
15	320	Morgan Troendle	Cedar Rapids	IA	24	F	1:04:42	10:25
16	308	Bonnie Beyer	Vinton	IA	47	F	1:10:57	11:26

FEMALE AGE GROUP RESULTS 18 - 34

Place	No.	Name	City	St	Age	S	Time	Pace
1	317	Lou Slings	Palo	IA	34	F	52:41	8:29
2	222	Charity Robar	Columbia	MO	26	F	52:49	8:30
3	318	Laine Boesenberg	Center Point	IA	30	F	54:49	8:50
4	307	Katie Burrichter	Ossian	IA	30	F	58:17	9:23
5	315	Adriana Foxen	Peosta	IA	32	F	59:57	9:39
6	322	Shawnacy Rohwedder	Marion	IA	34	F	1:00:02	9:40
7	320	Morgan Troendle	Cedar Rapids	IA	24	F	1:04:42	10:25

FEMALE AGE GROUP RESULTS 35 - 49

Place	No.	Name	City	St	Age	S	Time	Pace
1	301	Melissa Barnard	Keystone	IA	38	F	48:30	7:49
2	323	Sandra Ahrendsen	Cedar Rapids	IA	37	F	51:37	8:19
3	324	Robin Bucheit	Solon	IA	38	F	54:33	8:47
4	231	Michele Flagel	Shellsburg	IA	41	F	56:27	9:06
5	311	Kylie Hansen	Urbana	IA	37	F	57:54	9:20
6	304	Jill Waterman	Strawberry Point	IA	43	F	58:42	9:27
7	306	Sarah Mathis	Urbana	IA	40	F	59:09	9:32
8	219	Kim Newton	Vinton	IA	35	F	59:09	9:32
9	308	Bonnie Beyer	Vinton	IA	47	F	1:10:57	11:26

MALE AGE GROUP RESULTS 35 - 49

Place	No.	Name	City	St	Age	S	Time	Pace
1	235	Mark Ironside	Swisher	IA	39	M	39:53	6:26
2	215	Lyle Schminke	Shellsburg	IA	47	M	46:49	7:32
3	310	Chuck Hardin	Cedar Rapids	IA	48	M	48:14	7:46
4	302	Doug Fishwild	Cedar Rapids	IA	35	M	49:12	7:55
5	321	Gabe Rohwedder	Marion	IA	37	M	1:00:44	9:47

MALE AGE GROUP RESULTS 50 - 99

Place	No.	Name	City	St	Age	S	Time	Pace
1	312	Steve Rumelhart	Coralville	IA	53	M	45:47	7:23
2	316	Dan Schneider	Marion	IA	50	M	54:50	8:50