

# Gear West Duathlon

May 18, 2014

## Overall Masters

Individual

### Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Age	Gender	City	St.	Run	Bike	Run	Penalty	Time
1	43/181	1/14	23	Julie Hull	41	Female	Farmington	MN	00:22:01	00:45:03	00:21:33		01:29:21

### Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Age	Gender	City	St.	Run	Bike	Run	Penalty	Time
1	7/181	1/20	129	John Shelp	42	Male	Maple Plain	MN	00:18:01	00:39:29	00:19:01		01:17:21

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## Overall Division Results

Individual

### Overall

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	9/181	155	Ruth Brennan-Morrey	Rochester	MN	00:17:42.84	00:42:04.66	00:18:00.77		01:18:50.35
2	27/181	122	Elaine Nelson	Duluth	MN	00:19:38.81	00:45:27.87	00:18:51.07		01:25:25.82
3	36/181	156	Bridget Mccoy	St. Paul	MN	00:20:16.52	00:45:44.48	00:20:32.82		01:27:40.37
4	37/181	159	Jennifer Scudiero	Eagan	MN	00:20:58.16	00:44:26.09	00:21:25.68		01:27:46.21
5	38/181	24	Erin Hyndman-Farrens	Maple Grove	MN	00:20:24.18	00:45:54.09	00:20:23.56		01:27:55.05

### Overall

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	1/181	76	Dan Hedgecock	St. Paul	MN	00:15:52.80	00:38:29.29	00:17:01.16		01:12:14.59
2	2/181	112	Matthew Payne	Columbia Heights	MN	00:16:51.03	00:38:01.87	00:17:07.90		01:12:57.21
3	3/181	22	Brooks Grossinger	Mayer	MN	00:16:46.67	00:40:19.20	00:17:29.77		01:15:31.44
4	4/181	163	Brian Sames	Shakopee	MN	00:15:54.73	00:42:21.24	00:16:47.81		01:16:05.29
5	5/181	125	John Heinlein Iii	Stillwater	MN	00:17:54.87	00:39:32.70	00:18:15.35		01:16:27.69

### Ages 01 - 19

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	93/181	93	Andrew Hed	North Oaks	MN	00:22:27.41	00:50:56.42	00:26:45.24		01:41:49.81
2	101/181	89	Alec Kretschman	Columbus	WI	00:21:44.04	00:58:18.44	00:21:32.07		01:43:52.37
3	122/181	194	Hunter Wheeler	Edina	MN	00:22:50.41	00:54:30.96	00:30:07.39		01:49:11.63

### Ages 20 - 24

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	56/181	60	Kayla Kjellman	Thunder Bay Ont	ON	00:21:05.38	00:48:15.09	00:21:37.39		01:32:24.59
2	163/181	82	Courtney Frakes	St. Louis Park	MN	00:28:37.57	01:05:53.76	00:30:54.39		02:07:58.04

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### Ages 20 - 24

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	10/181	110	Kyle Serreyn	Lakeville	MN	00:17:37.51	00:42:14.85	00:18:14.26		01:18:51.51
2	14/181	195	Patrick Griffith	Maple Grove	MN	00:17:55.33	00:42:20.48	00:18:44.24		01:19:53.95
3	17/181	215	Michael Mittelsteadt	Apple Valley	MN	00:17:38.69	00:44:20.46	00:18:58.91		01:22:06.19

### Ages 25 - 29

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	42/181	193	Nicole Heiningner	White Bear Lake	MN	00:21:59.57	00:43:33.67	00:22:10.76		01:28:41.98
2	45/181	37	Jasmine Carlson	Becida	MN	00:20:34.04	00:46:18.82	00:22:07.78		01:30:02.43
3	49/181	13	Claire Bootsma	Saint Paul	MN	00:20:16.35	00:48:30.71	00:21:15.66		01:30:59.43

### Ages 25 - 29

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	6/181	19	Devon Palmer	Minneapolis	MN	00:18:04.69	00:39:12.03	00:18:45.89		01:16:51.21
2	20/181	162	Ben Trnka	Roseville	MN	00:18:24.46	00:43:52.54	00:19:34.39		01:22:49.29
3	22/181	170	Matt Orzechowski	Richfield	MN	00:19:08.17	00:43:01.77	00:20:58.32		01:24:28.87

### Ages 30 - 34

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	71/181	64	Molly Uecker	Buffalo	MN	00:22:07.54	00:49:43.12	00:23:09.02		01:36:29.58
2	111/181	139	Ellen Mcnamara	Minneapolis	MN	00:22:05.21	00:59:38.98	00:22:29.75		01:45:51.65
3	153/181	54	Julia Berg	Minneapolis	MN	00:25:49.65	01:05:04.08	00:28:39.00		02:02:56.61

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## Overall Division Results

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### Ages 30 - 34

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	8/181	161	Joe Johnson	Eagan	MN	00:17:56.50	00:39:07.13	00:19:28.21		01:17:36.82
2	13/181	45	Mike Ladendorf	Farmington	MN	00:17:39.23	00:43:25.22	00:17:28.72		01:19:28.05
3	16/181	179	Andrew Zabel	Saint Joseph	MN	00:18:20.57	00:43:24.10	00:19:04.52		01:21:51.49

### Ages 35 - 39

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	39/181	104	Kortney Haag	Maple Grove	MN	00:21:03.55	00:44:43.81	00:21:02.58		01:28:02.57
2	48/181	9	Andrea Myers	Plymouth	MN	00:21:07.21	00:46:09.18	00:22:02.38		01:30:19.54
3	54/181	84	Sara Sampsell-Jones	Minneapolis	MN	00:21:21.19	00:46:45.55	00:21:36.58		01:31:19.97

### Ages 35 - 39

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	11/181	10	Scott Myers	Plymouth	MN	00:18:19.33	00:41:15.17	00:18:17.75		01:18:58.27
2	12/181	123	Chad Millner	Eden Prairie	MN	00:17:44.95	00:42:28.87	00:18:22.38		01:19:21.07
3	18/181	187	Seth Downs	Eden Prairie	MN	00:20:03.71	00:41:59.09	00:19:24.46		01:22:37.11

### Ages 40 - 44

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	43/181	23	Julie Hull	Farmington	MN	00:22:00.14	00:45:02.69	00:21:32.44		01:29:20.25
2	47/181	99	Tracie Kent	St Paul	MN	00:21:22.73	00:45:44.58	00:21:50.48		01:30:17.58
3	75/181	106	Veronica Bond	Rochester	MN	00:23:24.47	00:48:24.88	00:23:30.55		01:37:04.39

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## Overall Division Results

Individual

### Ages 40 - 44

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	7/181	129	John Shelp	Maple Plain	MN	00:18:00.70	00:39:28.38	00:19:00.03		01:17:20.78
2	19/181	53	Greg Dummer	Minneapolis	MN	00:18:52.50	00:42:59.77	00:19:32.80		01:22:46.14
3	23/181	36	Shawn Kittridge	St. Cloud	MN	00:18:46.70	00:45:19.62	00:19:26.97		01:24:58.76

### Ages 45 - 49

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	46/181	49	Julia Weisbecker	Mendota Heights	MN	00:21:05.63	00:47:25.56	00:20:36.82		01:30:16.52
2	141/181	109	Tracey Kubitz	Wayzata	MN	00:27:23.95	00:58:41.66	00:28:14.15		01:56:53.35
3	166/181	79	Beckie Perkins	Apple Valley	MN	00:32:04.56	01:00:37.16	00:33:31.20		02:09:22.29

### Ages 45 - 49

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	24/181	26	Tim Bode	Buffalo	MN	00:19:58.39	00:44:09.39	00:19:55.50		01:25:02.97
2	25/181	148	Leon Ball	Minneapolis	MN	00:18:49.47	00:45:48.55	00:19:10.96		01:25:12.00
3	30/181	27	Andrew Fabbrini	Somerset	WI	00:19:57.53	00:45:20.70	00:19:56.97		01:26:45.21

### Ages 50 - 54

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	64/181	137	Jan Guenther	Long Lake	MN	00:21:39.81	00:50:06.35	00:22:08.83		01:35:20.17
2	84/181	101	Laurie Stanek	Prior Lake	MN	00:23:44.71	00:51:08.29	00:23:30.62		01:39:53.39
3	175/181	83	Christine Fjalstad	Prior Lake	MN	00:37:24.41	01:05:39.76	00:41:36.16		02:27:39.06

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## Overall Division Results

Individual

### Ages 50 - 54

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	34/181	140	John Stangl	Buffalo	MN	00:20:43.86	00:44:37.79	00:20:34.90		01:27:28.32
2	44/181	157	Paul Giannobile	Minnetonka	MN	00:19:17.79	00:49:42.61	00:18:42.50		01:29:26.65
3	50/181	184	Rich Graska	Maple Grove	MN	00:21:14.40	00:46:52.28	00:21:34.37		01:31:07.31

### Ages 55 - 59

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	113/181	190	Sheri Schrock	Cohasset	MN	00:26:22.58	00:51:38.07	00:26:43.42		01:46:18.28
2	158/181	117	Carol Erickson	Chanhassen	MN	00:28:10.80	01:01:38.70	00:31:52.34		02:04:15.24
3	160/181	48	Jill Terry	Shoreview	MN	00:29:37.22	01:03:52.96	00:30:07.96		02:05:52.56

### Ages 55 - 59

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	15/181	153	Tony Schiller	Eden Prairie	MN	00:18:09.62	00:42:01.25	00:18:52.63		01:20:18.50
2	77/181	133	Brian Burkhartzmeyer	Lakeville	MN	00:21:52.06	00:50:17.95	00:22:44.40		01:37:08.94
3	83/181	47	David Gorman	Minneapolis	MN	00:24:21.41	00:47:34.29	00:24:55.81		01:38:50.45

### Ages 60 - 64

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	149/181	114	Lila Tully	St. Louis Park	MN	00:26:27.85	00:58:56.25	00:32:34.49		02:00:36.21
2	180/181	20	Jean Wood	Excelsior	MN	00:39:20.14	01:08:40.63	00:46:06.14		02:36:54.78

### Ages 60 - 64

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	124/181	98	Louis Ahlstrand	Shafer	MN	00:25:50.59	00:55:57.71	00:26:45.41		01:50:26.27
2	143/181	17	John Zumhofe	Sioux Falls	SD	00:28:30.09	00:57:19.53	00:29:31.38		01:57:46.77
3	150/181	63	Gery Haag	Johnston	IA	00:28:53.19	00:59:42.64	00:29:57.64		02:00:49.47

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## Overall Division Results

Individual

### Ages 65+

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	130/181	94	Hank Larsen	Glencoe	MN	00:25:28.94	00:57:14.62	00:27:13.68		01:51:40.07
2	133/181	174	Charles Manzoni	Orono	MN	00:25:45.87	00:56:25.51	00:27:18.22		01:53:10.54
3	167/181	118	Steve Paladie	Plymouth	MN	00:30:36.83	01:01:08.78	00:35:28.27		02:09:54.52