

LOOP DE LOOP 5K/10K & 1/2 MARATHON
 September 27, 2014
 Decorah, Iowa
 1/2 MARATHON RESULTS

Place	Div/Tot	Name	City	St	Age	S	Time	Pace
1	1/23	Sarah Bakula	Fort Atkinson	IA	26	F	1:26:15	6:35
2	1/11	Derek Henscheid	Iowa City	IA	25	M	1:33:23	7:08
3	1/26	Brent Buresh	Decorah	IA	40	M	1:34:34	7:13
4	2/26	Jeremy Thompson	Decorah	IA	34	M	1:35:21	7:17
5	3/26	Jeffrey Bishop	Chicago	IL	38	M	1:36:38	7:23
6	2/23	Chelsea Parrott	Ankeny	IA	25	F	1:37:14	7:25
7	4/26	John Hall	North Liberty	IA	31	M	1:38:29	7:31
8	2/11	Max Kemp	Decorah	IA	20	M	1:38:57	7:33
9	3/11	James Skretta	Iowa City	IA	27	M	1:40:49	7:42
10	1/32	Sherrie Elzey	Maplewood	MN	32	F	1:42:58	7:52
11	5/26	Dan Vondra	Iowa City	IA	36	M	1:43:04	7:52
12	1/12	Marc Folkedahl	Decorah	IA	46	M	1:44:03	7:57
13	6/26	John Anderson	Decorah	IA	39	M	1:44:22	7:58
14	7/26	Dan Cobian	Iowa City	IA	32	M	1:45:19	8:03
15	2/12	Jeff Ernst	Decorah	IA	55	M	1:45:29	8:03
16	4/11	Ryan Henderson	Monona	IA	21	M	1:45:40	8:04
17	2/32	Shauna Menke	Decorah	IA	33	F	1:45:42	8:04
18	5/11	Austen Smith	North Liberty	IA	23	M	1:45:54	8:05
19	8/26	Robert Christman	Decorah	IA	45	M	1:46:17	8:07
20	9/26	Justin Waters	Gardner	KS	33	M	1:46:58	8:10
21	10/26	Mark Monroe	Castalia	IA	33	M	1:47:37	8:13
22	6/11	Jens Boyum	Rochester	MN	22	M	1:48:16	8:16
23	3/32	Elizabeth Lippert Kane	Decorah	IA	41	F	1:49:17	8:21
24	4/32	Jared Merriss	Waucona	IA	33	F	1:50:24	8:26
25	3/23	Rachel Madrigal	Waterloo	IA	25	F	1:50:40	8:27
26	11/26	Spencer Martin	Decorah	IA	41	M	1:51:17	8:30
27	12/26	Brian (byung) Park	Prairie Du Chien	WI	44	M	1:53:38	8:41
28	3/12	Ken Fangman	Farley	IA	51	M	1:53:58	8:42
29	4/23	Shannon Stewart	Waverly	IA	21	F	1:53:59	8:42
30	7/11	Eric Jaques	Decorah	IA	20	M	1:54:14	8:43
31	13/26	Dustin Martin	Mt Zion	IL	32	M	1:55:39	8:50
32	4/12	Kent Ryan	Cedar Rapids	IA	52	M	1:56:14	8:52
33	5/32	Diane Henry	Cresco	IA	43	F	1:56:24	8:53
34	8/11	Nathaniel Plass	Decorah	IA	21	M	1:56:54	8:55
35	14/26	Scott Breitbach	Decorah	IA	34	M	1:57:07	8:56
36	5/23	Talia Buchlbaum	New Hampton	IA	28	F	1:57:10	8:57
37	6/23	Sarah Trimble	Calmar	IA	26	F	1:57:59	9:00
38	6/32	Amy Taylor	Fort Atkinson	IA	30	F	1:58:25	9:02
39	7/23	Kelli Anderson	Waverly	IA	23	F	1:59:01	9:05
40	7/32	Amanda Corbett	Minneapolis	MN	43	F	1:59:40	9:08
41	8/23	Liz Waters	Gardner	KS	29	F	2:00:29	9:12
42	9/23	Lauren Obermann	Cresco	IA	20	F	2:01:47	9:18
43	15/26	Doug Dollison	Ankeny	IA	42	M	2:02:27	9:21
44	16/26	Michael Pomroy	Madison	WI	35	M	2:03:08	9:24
45	8/32	Jessalyn Jarest	Cambridge	MA	38	F	2:03:10	9:24
46	9/32	Kelly Bucher	Ankeny	IA	36	F	2:03:21	9:25
47	5/12	Gregory Peterson	Decorah	IA	53	M	2:03:24	9:25
48	10/23	Megan Buckingham	Decorah	IA	29	F	2:03:38	9:26
49	11/23	Johanna Morriss	Waucona	IA	29	F	2:04:14	9:29
50	10/32	Emily Young Johnson	Decorah	IA	42	F	2:04:31	9:30
51	12/23	Deja Dircks	Apple Valley	MN	26	F	2:04:51	9:32
52	11/32	Stephanie Hughes	Decorah	IA	37	F	2:05:04	9:33
53	6/12	Kenneth Shatek	Cresco	IA	57	M	2:05:20	9:34

54	12/32	Allie Bachelder	Decorah	IA	34	F	2:05:26	9:35
55	9/11	Corby Friederich	Manly	IA	25	M	2:06:43	9:40
56	17/26	Don Manderfield	Waucoma	IA	41	M	2:06:59	9:42
57	1/3	Jim Carper	Rochester	MN	62	M	2:07:11	9:43
58	13/32	Laura Bentley	Marion	IA	42	F	2:07:34	9:44
59	14/32	Jennifer Bentley	Castalia	IA	34	F	2:07:41	9:45
60	10/11	Evan Smith	North Liberty	IA	21	M	2:07:43	9:45
61	18/26	Micah Vermeer	Pella	IA	32	M	2:08:19	9:48
62	15/32	Katy Cobian	Iowa City	IA	32	F	2:08:32	9:49
63	11/11	Ryan Anderson	Marion	IA	25	M	2:09:05	9:51
64	16/32	Melanie Bauch	Clermont	IA	42	F	2:10:18	9:57
65	7/12	Dan Marlow	Decorah	IA	48	M	2:11:06	10:00
66	17/32	Sara Daehn	Bedford	IN	30	F	2:11:33	10:03
67	18/32	Carrie Wray	Des Moines	IA	34	F	2:11:35	10:03
68	19/26	Craig Anderson	Apple Valley	MN	44	M	2:12:11	10:05
69	13/23	Paige Hageman	Cedar Falls	IA	21	F	2:12:22	10:06
70	20/26	Nic Olberding	Mount Vernon	IA	40	M	2:12:33	10:07
71	21/26	Patrick McElyea	Davenport	IA	32	M	2:12:51	10:09
72	14/23	Sydney Wilkins	Cedar Falls	IA	21	F	2:12:58	10:09
73	22/26	Brice Hansen	Duluth	MN	35	M	2:13:39	10:12
74	23/26	Erik Riha	Champaign	IL	39	M	2:14:11	10:15
75	1/5	Linda Hougen	Decorah	IA	47	F	2:14:22	10:15
76	19/32	Lisa Kuennen	Urbandale	IA	41	F	2:14:44	10:17
77	20/32	Lindsay Barnes	Preston	MN	38	F	2:16:29	10:25
78	24/26	Stephen Fasnacht	Monticello	IA	42	M	2:16:57	10:27
79	8/12	Russell Drenth	Decorah	IA	46	M	2:18:00	10:32
80	15/23	Sarah Pospisil	Richfield	MN	20	F	2:18:03	10:32
81	21/32	Tami Bodeusteinen	Castalia	IA	37	F	2:18:08	10:33
82	16/23	Halle Owecke	Decorah	IA	21	F	2:18:31	10:34
83	17/23	Libby Marcus	Little Falls	MN	21	F	2:18:32	10:34
84	9/12	Jim Obermann	Cresco	IA	54	M	2:18:43	10:35
85	1/1	Coleen Waage	West Des Moines	IA	63	F	2:19:54	10:41
86	2/3	Gene Arnold	Waukee	IA	63	M	2:19:56	10:41
87	10/12	Mark Kuennen	Urbandale	IA	46	M	2:19:59	10:41
88	2/5	Sue Drilling	Decorah	IA	59	F	2:20:05	10:42
89	11/12	Mark Kraayenbrink	Decorah	IA	53	M	2:22:02	10:51
90	18/23	Courtney Shimek	Cresco	IA	27	F	2:22:42	10:54
91	19/23	Amber McCarville	Cresco	IA	26	F	2:22:45	10:54
92	22/32	Nicole Waskow	Decorah	IA	37	F	2:23:05	10:55
93	23/32	Jessica Wenk	Eagle Lake	MN	30	F	2:23:20	10:56
94	24/32	Sarah Brincks	Clermont	IA	31	F	2:24:22	11:01
95	3/5	Leann Herman	Monticello	IA	47	F	2:24:25	11:01
96	25/32	Holly Schnitzler	Waukesha	WI	30	F	2:24:54	11:04
97	26/32	Tracy Maurer	Shakopee	MN	31	F	2:25:39	11:07
98	25/26	Russell Schwanke	Brooklyn Park	MN	36	M	2:25:39	11:07
99	26/26	Justin Tangen	Decorah	IA	37	M	2:26:19	11:10
100	27/32	Billie Olsen	Quasqueton	IA	32	F	2:28:56	11:22
101	20/23	Valerie Wersching	Maquoketa	IA	26	F	2:29:30	11:25
102	21/23	Jenny Dewar	Columbia	MO	26	F	2:29:31	11:25
103	28/32	Heidi Evenson	Canton	MN	33	F	2:37:35	12:02
104	22/23	Farah Towfic	Dubuque	IA	26	F	2:37:50	12:03
105	23/23	Missy Bradley	Mankato	MN	26	F	2:38:33	12:06
106	12/12	Ron Hougen	Decorah	IA	48	M	2:39:57	12:13
107	29/32	Sarah Smith	Farmersburg	IA	33	F	2:42:29	12:24
108	3/3	Ken Reimer	El Kader	IA	73	M	2:43:43	12:30
109	30/32	Maureen Duncklee	Waukon	IA	41	F	2:43:52	12:30
110	31/32	Jessica O'Riley	Pleasant Hill	IA	38	F	2:48:49	12:53
111	4/5	Kristi Karsten	Rochester	MN	54	F	2:49:49	12:58
112	5/5	Kim Leichty	Rochester	MN	57	F	2:49:51	12:58
113	32/32	Elly Lensch	Decorah	IA	38	F	3:22:00	15:25

MALE RESULTS

Place	No.	Name	City	St	Age	S	Time	Pace
1	99	Derek Henscheid	Iowa City	IA	25	M	1:33:23	7:08
2	75	Brent Buresh	Decorah	IA	40	M	1:34:34	7:13
3	157	Jeremy Thompson	Decorah	IA	34	M	1:35:21	7:17
4	174	Jeffrey Bishop	Chicago	IL	38	M	1:36:38	7:23
5	94	John Hall	North Liberty	IA	31	M	1:38:29	7:31
6	106	Max Kemp	Decorah	IA	20	M	1:38:57	7:33
7	149	James Skretta	Iowa City	IA	27	M	1:40:49	7:42
8	171	Dan Vondra	Iowa City	IA	36	M	1:43:04	7:52
9	169	Marc Folkedahl	Decorah	IA	46	M	1:44:03	7:57
10	61	John Anderson	Decorah	IA	39	M	1:44:22	7:58
11	79	Dan Cobian	Iowa City	IA	32	M	1:45:19	8:03
12	173	Jeff Ernst	Decorah	IA	55	M	1:45:29	8:03
13	97	Ryan Henderson	Monona	IA	21	M	1:45:40	8:04
14	152	Austen Smith	North Liberty	IA	23	M	1:45:54	8:05
15	77	Robert Christman	Decorah	IA	45	M	1:46:17	8:07
16	164	Justin Waters	Gardner	KS	33	M	1:46:58	8:10
17	126	Mark Monroe	Castalia	IA	33	M	1:47:37	8:13
18	70	Jens Boyum	Rochester	MN	22	M	1:48:16	8:16
19	118	Spencer Martin	Decorah	IA	41	M	1:51:17	8:30
20	135	Brian (byung) Park	Prairie Du Chien	WI	44	M	1:53:38	8:41
21	90	Ken Fangman	Farley	IA	51	M	1:53:58	8:42
22	182	Eric Jaques	Decorah	IA	20	M	1:54:14	8:43
23	119	Dustin Martin	Mt Zion	IL	32	M	1:55:39	8:50
24	143	Kent Ryan	Cedar Rapids	IA	52	M	1:56:14	8:52
25	183	Nathaniel Plass	Decorah	IA	21	M	1:56:54	8:55
26	181	Scott Breitbach	Decorah	IA	34	M	1:57:07	8:56
27	84	Doug Dollison	Ankeny	IA	42	M	2:02:27	9:21
28	139	Michael Pomroy	Madison	WI	35	M	2:03:08	9:24
29	138	Gregory Peterson	Decorah	IA	53	M	2:03:24	9:25
30	184	Kenneth Shatek	Cresco	IA	57	M	2:05:20	9:34
31	92	Corby Friederich	Manly	IA	25	M	2:06:43	9:40
32	179	Don Manderfield	Waucoma	IA	41	M	2:06:59	9:42
33	76	Jim Carper	Rochester	MN	62	M	2:07:11	9:43
34	150	Evan Smith	North Liberty	IA	21	M	2:07:43	9:45
35	160	Micah Vermeer	Pella	IA	32	M	2:08:19	9:48
36	58	Ryan Anderson	Marion	IA	25	M	2:09:05	9:51
37	117	Dan Marlow	Decorah	IA	48	M	2:11:06	10:00
38	59	Craig Anderson	Apple Valley	MN	44	M	2:12:11	10:05
39	130	Nic Olberding	Mount Vernon	IA	40	M	2:12:33	10:07
40	122	Patrick McElyea	Davenport	IA	32	M	2:12:51	10:09
41	95	Brice Hansen	Duluth	MN	35	M	2:13:39	10:12
42	142	Erik Riha	Champaign	IL	39	M	2:14:11	10:15
43	91	Stephen Fasnacht	Monticello	IA	42	M	2:16:57	10:27
44	170	Russell Drenth	Decorah	IA	46	M	2:18:00	10:32
45	129	Jim Obermann	Cresco	IA	54	M	2:18:43	10:35
46	62	Gene Arnold	Waukee	IA	63	M	2:19:56	10:41
47	109	Mark Kuennen	Urbandale	IA	46	M	2:19:59	10:41
48	107	Mark Kraayenbrink	Decorah	IA	53	M	2:22:02	10:51
49	147	Russell Schwanke	Brooklyn Park	MN	36	M	2:25:39	11:07
50	155	Justin Tangen	Decorah	IA	37	M	2:26:19	11:10
51	101	Ron Hougen	Decorah	IA	48	M	2:39:57	12:13
52	172	Ken Reimer	El Kader	IA	73	M	2:43:43	12:30

FEMALE RESULTS

Place	No.	Name	City	St	Age	S	Time	Pace
1	64	Sarah Bakula	Fort Atkinson	IA	26	F	1:26:15	6:35
2	136	Chelsea Parrott	Ankeny	IA	25	F	1:37:14	7:25
3	88	Sherrie Elzey	Maplewood	MN	32	F	1:42:58	7:52
4	124	Shauna Menke	Decorah	IA	33	F	1:45:42	8:04
5	113	Elizabeth Lippert Kane	Decorah	IA	41	F	1:49:17	8:21
6	178	Jared Merriss	Waucona	IA	33	F	1:50:24	8:26
7	115	Rachel Madrigal	Waterloo	IA	25	F	1:50:40	8:27
8	154	Shannon Stewart	Waverly	IA	21	F	1:53:59	8:42
9	98	Diane Henry	Cresco	IA	43	F	1:56:24	8:53
10	180	Talia Buchlbaum	New Hampton	IA	28	F	1:57:10	8:57
11	159	Sarah Trimble	Calmar	IA	26	F	1:57:59	9:00
12	156	Amy Taylor	Fort Atkinson	IA	30	F	1:58:25	9:02
13	60	Kelli Anderson	Waverly	IA	23	F	1:59:01	9:05
14	80	Amanda Corbett	Minneapolis	MN	43	F	1:59:40	9:08
15	163	Liz Waters	Gardner	KS	29	F	2:00:29	9:12
16	128	Lauren Obermann	Cresco	IA	20	F	2:01:47	9:18
17	104	Jessalyn Jarest	Cambridge	MA	38	F	2:03:10	9:24
18	73	Kelly Bucher	Ankeny	IA	36	F	2:03:21	9:25
19	74	Megan Buckingham	Decorah	IA	29	F	2:03:38	9:26
20	177	Johanna Morriss	Waucona	IA	29	F	2:04:14	9:29
21	175	Emily Young Johnson	Decorah	IA	42	F	2:04:31	9:30
22	83	Deja Dircks	Apple Valley	MN	26	F	2:04:51	9:32
23	103	Stephanie Hughes	Decorah	IA	37	F	2:05:04	9:33
24	63	Allie Bachelder	Decorah	IA	34	F	2:05:26	9:35
25	68	Laura Bentley	Marion	IA	42	F	2:07:34	9:44
26	67	Jennifer Bentley	Castalia	IA	34	F	2:07:41	9:45
27	78	Katy Cobian	Iowa City	IA	32	F	2:08:32	9:49
28	66	Melanie Bauch	Clermont	IA	42	F	2:10:18	9:57
29	81	Sara Daehn	Bedford	IN	30	F	2:11:33	10:03
30	168	Carrie Wray	Des Moines	IA	34	F	2:11:35	10:03
31	93	Paige Hageman	Cedar Falls	IA	21	F	2:12:22	10:06
32	167	Sydney Wilkins	Cedar Falls	IA	21	F	2:12:58	10:09
33	102	Linda Hougen	Decorah	IA	47	F	2:14:22	10:15
34	110	Lisa Kuennen	Urbandale	IA	41	F	2:14:44	10:17
35	65	Lindsay Barnes	Preston	MN	38	F	2:16:29	10:25
36	140	Sarah Pospisil	Richfield	MN	20	F	2:18:03	10:32
37	176	Tami Bodeusteinen	Castalia	IA	37	F	2:18:08	10:33
38	133	Halle Owecke	Decorah	IA	21	F	2:18:31	10:34
39	116	Libby Marcus	Little Falls	MN	21	F	2:18:32	10:34
40	161	Coleen Waage	West Des Moines	IA	63	F	2:19:54	10:41
41	86	Sue Drilling	Decorah	IA	59	F	2:20:05	10:42
42	148	Courtney Shimek	Cresco	IA	27	F	2:22:42	10:54
43	121	Amber McCarville	Cresco	IA	26	F	2:22:45	10:54
44	162	Nicole Waskow	Decorah	IA	37	F	2:23:05	10:55
45	165	Jessica Wenk	Eagle Lake	MN	30	F	2:23:20	10:56
46	72	Sarah Brincks	Clermont	IA	31	F	2:24:22	11:01
47	100	Leann Herman	Monticello	IA	47	F	2:24:25	11:01
48	144	Holly Schnitzler	Waukesha	WI	30	F	2:24:54	11:04
49	120	Tracy Maurer	Shakopee	MN	31	F	2:25:39	11:07
50	131	Billie Olsen	Quasqueton	IA	32	F	2:28:56	11:22
51	166	Valerie Wersching	Maquoketa	IA	26	F	2:29:30	11:25
52	82	Jenny Dewar	Columbia	MO	26	F	2:29:31	11:25
53	89	Heidi Evenson	Canton	MN	33	F	2:37:35	12:02
54	158	Farah Towfic	Dubuque	IA	26	F	2:37:50	12:03
55	71	Missy Bradley	Mankato	MN	26	F	2:38:33	12:06

56	151	Sarah Smith	Farmersburg	IA	33	F	2:42:29	12:24
57	87	Maureen Duncklee	Waukon	IA	41	F	2:43:52	12:30
58	132	Jessica O'Riley	Pleasant Hill	IA	38	F	2:48:49	12:53
59	105	Kristi Karsten	Rochester	MN	54	F	2:49:49	12:58
60	111	Kim Leichty	Rochester	MN	57	F	2:49:51	12:58
61	112	Elly Lensch	Decorah	IA	38	F	3:22:00	15:25

FEMALE AGE GROUP RESULTS 20 - 29

Place	No.	Name	City	St	Age	S	Time	Pace
1	64	Sarah Bakula	Fort Atkinson	IA	26	F	1:26:15	6:35
2	136	Chelsea Parrott	Ankeny	IA	25	F	1:37:14	7:25
3	115	Rachel Madrigal	Waterloo	IA	25	F	1:50:40	8:27
4	154	Shannon Stewart	Waverly	IA	21	F	1:53:59	8:42
5	180	Talia Buchlbaum	New Hampton	IA	28	F	1:57:10	8:57
6	159	Sarah Trimble	Calmar	IA	26	F	1:57:59	9:00
7	60	Kelli Anderson	Waverly	IA	23	F	1:59:01	9:05
8	163	Liz Waters	Gardner	KS	29	F	2:00:29	9:12
9	128	Lauren Obermann	Cresco	IA	20	F	2:01:47	9:18
10	74	Megan Buckingham	Decorah	IA	29	F	2:03:38	9:26
11	177	Johanna Morriss	Waucona	IA	29	F	2:04:14	9:29
12	83	Deja Dircks	Apple Valley	MN	26	F	2:04:51	9:32
13	93	Paige Hageman	Cedar Falls	IA	21	F	2:12:22	10:06
14	167	Sydney Wilkins	Cedar Falls	IA	21	F	2:12:58	10:09
15	140	Sarah Pospisil	Richfield	MN	20	F	2:18:03	10:32
16	133	Halle Owecke	Decorah	IA	21	F	2:18:31	10:34
17	116	Libby Marcus	Little Falls	MN	21	F	2:18:32	10:34
18	148	Courtney Shimek	Cresco	IA	27	F	2:22:42	10:54
19	121	Amber McCarville	Cresco	IA	26	F	2:22:45	10:54
20	166	Valerie Wersching	Maquoketa	IA	26	F	2:29:30	11:25
21	82	Jenny Dewar	Columbia	MO	26	F	2:29:31	11:25
22	158	Farah Towfic	Dubuque	IA	26	F	2:37:50	12:03
23	71	Missy Bradley	Mankato	MN	26	F	2:38:33	12:06

MALE AGE GROUP RESULTS 20 - 29

Place	No.	Name	City	St	Age	S	Time	Pace
1	99	Derek Henscheid	Iowa City	IA	25	M	1:33:23	7:08
2	106	Max Kemp	Decorah	IA	20	M	1:38:57	7:33
3	149	James Skretta	Iowa City	IA	27	M	1:40:49	7:42
4	97	Ryan Henderson	Monona	IA	21	M	1:45:40	8:04
5	152	Austen Smith	North Liberty	IA	23	M	1:45:54	8:05
6	70	Jens Boyum	Rochester	MN	22	M	1:48:16	8:16
7	182	Eric Jaques	Decorah	IA	20	M	1:54:14	8:43
8	183	Nathaniel Plass	Decorah	IA	21	M	1:56:54	8:55
9	92	Corby Friederich	Manly	IA	25	M	2:06:43	9:40
10	150	Evan Smith	North Liberty	IA	21	M	2:07:43	9:45
11	58	Ryan Anderson	Marion	IA	25	M	2:09:05	9:51

FEMALE AGE GROUP RESULTS 30 - 45

Place	No.	Name	City	St	Age	S	Time	Pace
1	88	Sherrie Elzey	Maplewood	MN	32	F	1:42:58	7:52
2	124	Shauna Menke	Decorah	IA	33	F	1:45:42	8:04

3	113	Elizabeth Lippert Kane	Decorah	IA	41	F	1:49:17	8:21
4	178	Jared Merriss	Waucona	IA	33	F	1:50:24	8:26
5	98	Diane Henry	Cresco	IA	43	F	1:56:24	8:53
6	156	Amy Taylor	Fort Atkinson	IA	30	F	1:58:25	9:02
7	80	Amanda Corbett	Minneapolis	MN	43	F	1:59:40	9:08
8	104	Jessalyn Jarest	Cambridge	MA	38	F	2:03:10	9:24
9	73	Kelly Bucher	Ankeny	IA	36	F	2:03:21	9:25
10	175	Emily Young Johnson	Decorah	IA	42	F	2:04:31	9:30
11	103	Stephanie Hughes	Decorah	IA	37	F	2:05:04	9:33
12	63	Allie Bachelder	Decorah	IA	34	F	2:05:26	9:35
13	68	Laura Bentley	Marion	IA	42	F	2:07:34	9:44
14	67	Jennifer Bentley	Castalia	IA	34	F	2:07:41	9:45
15	78	Katy Cobian	Iowa City	IA	32	F	2:08:32	9:49
16	66	Melanie Bauch	Clermont	IA	42	F	2:10:18	9:57
17	81	Sara Daehn	Bedford	IN	30	F	2:11:33	10:03
18	168	Carrie Wray	Des Moines	IA	34	F	2:11:35	10:03
19	110	Lisa Kuennen	Urbandale	IA	41	F	2:14:44	10:17
20	65	Lindsay Barnes	Preston	MN	38	F	2:16:29	10:25
21	176	Tami Bodeustein	Castalia	IA	37	F	2:18:08	10:33
22	162	Nicole Waskow	Decorah	IA	37	F	2:23:05	10:55
23	165	Jessica Wenk	Eagle Lake	MN	30	F	2:23:20	10:56
24	72	Sarah Brincks	Clermont	IA	31	F	2:24:22	11:01
25	144	Holly Schnitzler	Waukesha	WI	30	F	2:24:54	11:04
26	120	Tracy Maurer	Shakopee	MN	31	F	2:25:39	11:07
27	131	Billie Olsen	Quasqueton	IA	32	F	2:28:56	11:22
28	89	Heidi Evenson	Canton	MN	33	F	2:37:35	12:02
29	151	Sarah Smith	Farmersburg	IA	33	F	2:42:29	12:24
30	87	Maureen Duncklee	Waukon	IA	41	F	2:43:52	12:30
31	132	Jessica O'Riley	Pleasant Hill	IA	38	F	2:48:49	12:53
32	112	Elly Lensch	Decorah	IA	38	F	3:22:00	15:25

MALE AGE GROUP RESULTS 30 - 45

Place	No.	Name	City	St	Age	S	Time	Pace
=====	=====	=====	=====	==	===	=	=====	=====
1	75	Brent Buresh	Decorah	IA	40	M	1:34:34	7:13
2	157	Jeremy Thompson	Decorah	IA	34	M	1:35:21	7:17
3	174	Jeffrey Bishop	Chicago	IL	38	M	1:36:38	7:23
4	94	John Hall	North Liberty	IA	31	M	1:38:29	7:31
5	171	Dan Vondra	Iowa City	IA	36	M	1:43:04	7:52
6	61	John Anderson	Decorah	IA	39	M	1:44:22	7:58
7	79	Dan Cobian	Iowa City	IA	32	M	1:45:19	8:03
8	77	Robert Christman	Decorah	IA	45	M	1:46:17	8:07
9	164	Justin Waters	Gardner	KS	33	M	1:46:58	8:10
10	126	Mark Monroe	Castalia	IA	33	M	1:47:37	8:13
11	118	Spencer Martin	Decorah	IA	41	M	1:51:17	8:30
12	135	Brian (byung) Park	Prairie Du Chien	WI	44	M	1:53:38	8:41
13	119	Dustin Martin	Mt Zion	IL	32	M	1:55:39	8:50
14	181	Scott Breitbach	Decorah	IA	34	M	1:57:07	8:56
15	84	Doug Dollison	Ankeny	IA	42	M	2:02:27	9:21
16	139	Michael Pomroy	Madison	WI	35	M	2:03:08	9:24
17	179	Don Manderfield	Waucoma	IA	41	M	2:06:59	9:42
18	160	Micah Vermeer	Pella	IA	32	M	2:08:19	9:48
19	59	Craig Anderson	Apple Valley	MN	44	M	2:12:11	10:05
20	130	Nic Olberding	Mount Vernon	IA	40	M	2:12:33	10:07
21	122	Patrick McElyea	Davenport	IA	32	M	2:12:51	10:09
22	95	Brice Hansen	Duluth	MN	35	M	2:13:39	10:12
23	142	Erik Riha	Champaign	IL	39	M	2:14:11	10:15
24	91	Stephen Fasnacht	Monticello	IA	42	M	2:16:57	10:27

25	147	Russell Schwanke	Brooklyn Park	MN	36	M	2:25:39	11:07
26	155	Justin Tangen	Decorah	IA	37	M	2:26:19	11:10

FEMALE AGE GROUP RESULTS 46 - 59

Place	No.	Name	City	St	Age	S	Time	Pace
1	102	Linda Hougen	Decorah	IA	47	F	2:14:22	10:15
2	86	Sue Drilling	Decorah	IA	59	F	2:20:05	10:42
3	100	Leann Herman	Monticello	IA	47	F	2:24:25	11:01
4	105	Kristi Karsten	Rochester	MN	54	F	2:49:49	12:58
5	111	Kim Leichty	Rochester	MN	57	F	2:49:51	12:58

MALE AGE GROUP RESULTS 46 - 59

Place	No.	Name	City	St	Age	S	Time	Pace
1	169	Marc Folkedahl	Decorah	IA	46	M	1:44:03	7:57
2	173	Jeff Ernst	Decorah	IA	55	M	1:45:29	8:03
3	90	Ken Fangman	Farley	IA	51	M	1:53:58	8:42
4	143	Kent Ryan	Cedar Rapids	IA	52	M	1:56:14	8:52
5	138	Gregory Peterson	Decorah	IA	53	M	2:03:24	9:25
6	184	Kenneth Shatek	Cresco	IA	57	M	2:05:20	9:34
7	117	Dan Marlow	Decorah	IA	48	M	2:11:06	10:00
8	170	Russell Drenth	Decorah	IA	46	M	2:18:00	10:32
9	129	Jim Obermann	Cresco	IA	54	M	2:18:43	10:35
10	109	Mark Kuennen	Urbandale	IA	46	M	2:19:59	10:41
11	107	Mark Kraayenbrink	Decorah	IA	53	M	2:22:02	10:51
12	101	Ron Hougen	Decorah	IA	48	M	2:39:57	12:13

FEMALE AGE GROUP RESULTS 60 - 98

Place	No.	Name	City	St	Age	S	Time	Pace
1	161	Coleen Waage	West Des Moines	IA	63	F	2:19:54	10:41

MALE AGE GROUP RESULTS 60 - 98

Place	No.	Name	City	St	Age	S	Time	Pace
1	76	Jim Carper	Rochester	MN	62	M	2:07:11	9:43
2	62	Gene Arnold	Waukee	IA	63	M	2:19:56	10:41
3	172	Ken Reimer	El Kader	IA	73	M	2:43:43	12:30