

Market to Market Relay Iowa

May 10, 2014

Overall Results

Place	Div Plc/Total	Division	No.	Team Captain	Team Name	----- First 35.3 Miles -----			----- Last 38.3 Miles -----			----- Total -----	
						Place	Pace	Time	Place	Pace	Time	Pace	Time
1	1/77	Open	357	Chris Nealy	RUN.DSM - Mens	1	5:44	03:22:38.16	1	5:46	03:41:07.17	5:45	07:03:45.33
2	2/77	Open	358	Louis DeWild	BrownChickenBrownCow	2	5:46	03:23:45.16	2	5:49	03:43:06.83	5:47	07:06:51.99
3	1/77	Mixed	359	Anthony Cendana	SCRC	3	5:59	03:31:26.17	3	6:01	03:50:55.24	6:00	07:22:21.41
4	3/77	Open	360	Tim Wieland	The Elephant in the Room	4	6:09	03:37:14.15	5	6:38	04:14:10.27	6:24	07:51:24.42
5	2/77	Mixed	362	Lindsey Meyer	NDORFNZ Coed	5	6:30	03:49:56.33	4	6:36	04:13:22.10	6:34	08:03:18.44
6	1/6	Masters	361	Scott Heckenlaible	H&B All Stars	6	6:32	03:50:39.30	6	6:41	04:16:10.03	6:36	08:06:49.33
7	3/77	Mixed	368	Andy Bernholtz	RUN.DSM Kyle's Bikes - Mixed	8	6:54	04:03:47.28	7	7:00	04:28:40.16	6:57	08:32:27.45
8	1/7	Mixed Masters	371	Kelly Sorensen	Angry Penguins	10	6:56	04:05:08.58	10	7:05	04:31:53.20	7:01	08:37:01.78
9	1/65	Women	365	Adeline Hohman	Reticulated Giraffes	9	6:54	04:03:52.78	11	7:07	04:33:09.02	7:01	08:37:01.80
10	2/65	Women	364	Kyle Peters	Yesterdays News	11	6:57	04:05:43.36	9	7:05	04:31:44.17	7:01	08:37:27.53
11	4/77	Mixed	372	Kara Sinnard	PowHer Fitness	7	6:53	04:03:14.55	12	7:13	04:36:43.88	7:03	08:39:58.43
12	5/77	Mixed	375	Scott Brown	Feeling Good Looking Better	12	7:00	04:07:12.17	14	7:24	04:43:56.73	7:13	08:51:08.91
13	4/77	Open	374	Hijinio Carreon	The Worse Half	21	7:13	04:15:07.14	13	7:17	04:39:22.86	7:15	08:54:30.00
14	5/77	Open	312	Ryan Schulte	Not Fast Just Furious_Waukee	13	7:03	04:09:25.09	16	7:27	04:45:25.25	7:16	08:54:50.35
15	6/77	Open	376	Jamie Johnson	We are Runners	18	7:12	04:14:35.88	15	7:25	04:44:04.09	7:19	08:58:39.97
16	7/77	Open	313	Jeremy James	Masters of the Universe	16	7:08	04:11:59.74	20	7:32	04:48:39.35	7:20	09:00:39.10
17	6/77	Mixed	369	Bob Strickland	Born to Run	19	7:13	04:14:57.74	17	7:27	04:45:54.70	7:20	09:00:52.45
18	8/77	Open	337	John Opheim	Team BEER	20	7:13	04:15:01.19	19	7:32	04:48:34.40	7:23	09:03:35.59
19	7/77	Mixed	367	Jeff Jensen	The GOATs	17	7:12	04:14:30.42	21	7:33	04:49:41.78	7:23	09:04:12.20
20	8/77	Mixed	370	Shelly Haiar	Manning Mafia	23	7:18	04:17:54.20	18	7:31	04:48:00.39	7:25	09:05:54.60
21	1/4	Armed Forces	363	Michael Pecha	Omaha Police Endurance Team	25	7:24	04:21:34.28	23	7:45	04:56:58.82	7:35	09:18:33.10
22	1/20	Corporate	270	Jon Holstrom	Flynn Wright	22	7:17	04:17:36.18	26	7:54	05:03:09.72	7:37	09:20:45.91
23	2/6	Masters	366	Andy Roat	Benders Buddies	32	7:37	04:29:16.83	22	7:38	04:52:33.41	7:38	09:21:50.24
24	2/20	Corporate	266	Reed Rinderknecht	Foster's Fab Fast Fee-only Folks	14	7:04	04:09:30.34	44	8:13	05:15:19.80	7:40	09:24:50.14
25	3/20	Corporate	267	James Petersen	R Series	27	7:27	04:23:19.34	27	7:55	05:03:24.97	7:42	09:26:44.31
26	9/77	Mixed	336	Donald Robinson	Above + Beyond Cancer	36	7:41	04:31:41.22	24	7:48	04:58:52.90	7:45	09:30:34.12
27	10/77	Mixed	340	Emily Kell	What Time is Breakfast?	30	7:37	04:29:10.81	28	7:56	05:04:16.23	7:47	09:33:27.05
28	11/77	Mixed	149	Heather Fomon	Royal Milers	47	7:49	04:36:22.15	25	7:53	05:02:27.64	7:51	09:38:49.79
29	3/65	Women	338	Jodi Hanson	Moms on the Run	37	7:42	04:31:48.65	30	8:01	05:07:03.75	7:51	09:38:52.40
30	12/77	Mixed	223	Joel Crawford	Team Beach Party with a Twist	39	7:44	04:33:30.66	29	7:59	05:06:08.89	7:52	09:39:39.55
31	13/77	Mixed	230	Dale Drent	Slow Pokers	41	7:47	04:35:10.19	31	8:01	05:07:08.69	7:54	09:42:18.89
32	4/20	Corporate	179	Lindsay Knoop	Hy-Vee	35	7:41	04:31:28.37	40	8:09	05:12:27.93	7:56	09:43:56.30
33	1/4	Women Masters	314	Dana Kramer	Run Like Hell	40	7:46	04:34:25.46	33	8:06	05:10:14.54	7:56	09:44:40.00
34	9/77	Open	276	Michelle Hannah	Sarpy Sweethearts	38	7:44	04:33:21.71	41	8:10	05:12:49.50	7:57	09:46:11.22
35	2/7	Mixed Masters	317	Rose Wignall	Southern Prairie Runners	46	7:49	04:36:21.25	38	8:08	05:12:06.04	7:59	09:48:27.29
36	5/20	Corporate	271	Joe Feldmann	OPN Architects	52	7:55	04:39:31.17	32	8:04	05:09:06.39	7:59	09:48:37.57

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Place	Div Plc/Total	Division	No.	Team Captain	Team Name	----- First 35.3 Miles -----			----- Last 38.3 Miles -----			----- Total -----	
						Place	Pace	Time	Place	Pace	Time	Pace	Time
37	4/65	Women	281	Abra Wiese	Just The Girls	42	7:47	04:35:14.92	43	8:12	05:14:19.13	8:00	09:49:34.06
38	3/6	Masters	311	Roadog McKibben	Run with the Animals	51	7:54	04:38:53.80	34	8:07	05:11:03.59	8:00	09:49:57.40
39	5/65	Women	268	Sydney Leach	The Better Half	53	7:56	04:40:18.14	36	8:08	05:11:44.99	8:02	09:52:03.13
40	14/77	Mixed	342	David Rodda	Above+Beyond Team One	54	7:56	04:40:32.06	35	8:08	05:11:33.48	8:02	09:52:05.54
41	10/77	Open	355	Jonathan Fransen	The Improper Fractions	192	9:06	05:21:46.84	8	7:04	04:31:10.95	8:03	09:52:57.80
42	11/77	Open	318	arah Borkholder-Hunc	We are Runners too	61	7:59	04:42:06.83	37	8:08	05:11:50.80	8:04	09:53:57.63
43	15/77	Mixed	373	Chris Gaskill	Running Sucks	34	7:40	04:31:07.26	55	8:27	05:23:50.43	8:05	09:54:57.69
44	16/77	Mixed	234	Lesley Stomp	Running Dead	28	7:36	04:28:48.67	57	8:31	05:26:12.22	8:05	09:55:00.89
45	17/77	Mixed	232	Dennis Bickett	Team 196	48	7:51	04:37:15.70	46	8:17	05:17:46.03	8:05	09:55:01.73
46	18/77	Mixed	323	Brian Hinkle	The Dashing Divas	63	8:01	04:43:02.32	39	8:09	05:12:17.62	8:05	09:55:19.95
47	6/65	Women	353	Amy Miller	Grinnell Mutual Girls Gone Running	15	7:04	04:10:00.14	114	9:02	05:46:09.97	8:06	09:56:10.11
48	7/65	Women	278	Lisa Benton	D.I.L.L.I.G.A.F	43	7:48	04:35:32.47	48	8:22	05:20:37.98	8:06	09:56:10.45
49	12/77	Open	280	Alan Pokorski	Trackheads	26	7:27	04:23:06.19	72	8:43	05:34:12.82	8:06	09:57:19.01
50	19/77	Mixed	339	Jeremy Dunlavey	Screw Breakfast Let's Drink!	31	7:37	04:29:15.33	64	8:34	05:28:39.97	8:07	09:57:55.30
51	20/77	Mixed	315	Lisa Tingwald	Incredibles	29	7:37	04:29:01.96	65	8:35	05:28:57.22	8:07	09:57:59.18
52	13/77	Open	334	Mark Skahill	Irish We Were Finished	44	7:48	04:35:40.40	52	8:25	05:22:42.49	8:07	09:58:22.89
53	3/7	Mixed Masters	180	Jennifer Jacobs	Winter is Coming	65	8:03	04:44:44.32	42	8:11	05:13:54.13	8:08	09:58:38.46
54	1/3	Academic	346	Taylor Antolik	GV Alum Road Racers	58	7:58	04:41:24.51	45	8:17	05:17:45.19	8:08	09:59:09.70
55	14/77	Open	319	J.P. Hulgan	Team Chicken Wing	49	7:53	04:38:19.85	49	8:23	05:21:39.98	8:09	09:59:59.83
56	15/77	Open	279	Carl Seidler	Winterset Huskies	45	7:48	04:35:46.32	56	8:28	05:24:29.67	8:09	10:00:16.00
57	21/77	Mixed	248	Kimberly Bilstad	Cool Runnings	33	7:40	04:30:43.04	68	8:36	05:29:44.91	8:09	10:00:27.95
58	2/4	Women Masters	320	Erin Rewerts	Twisted Sisters	24	7:20	04:18:52.50	104	8:57	05:43:07.98	8:10	10:02:00.48
59	22/77	Mixed	316	Eric J. Crawford	Kind of a Big Deal	56	7:57	04:40:50.25	51	8:25	05:22:28.74	8:11	10:03:19.00
60	16/77	Open	343	Robert Peck	Running With Chubbies	59	7:59	04:41:55.59	53	8:25	05:22:54.63	8:13	10:04:50.23
61	17/77	Open	277	Mike Parsch	Team Fat Hog	50	7:53	04:38:35.89	63	8:34	05:28:14.75	8:14	10:06:50.64
62	23/77	Mixed	344	Crystal Hoffman	FUBAR	57	7:58	04:41:15.22	59	8:32	05:27:02.71	8:15	10:08:17.93
63	24/77	Mixed	341	Taylor Marvin	Hurts So Good	73	8:09	04:47:59.55	50	8:25	05:22:23.36	8:17	10:10:22.91
64	2/4	Armed Forces	222	Nathan Stewart	Team FireFit	84	8:16	04:51:57.52	47	8:19	05:19:00.57	8:18	10:10:58.10
65	25/77	Mixed	350	Sara Albright	O'BattleBright	60	7:59	04:42:04.96	67	8:36	05:29:25.95	8:18	10:11:30.91
66	18/77	Open	224	Jason Mason	Cobra Kai	69	8:07	04:47:04.99	61	8:32	05:27:22.55	8:20	10:14:27.54
67	26/77	Mixed	227	Mike Teske	Love Shack	72	8:08	04:47:24.52	60	8:32	05:27:09.91	8:21	10:14:34.43
68	19/77	Open	274	Robyn Clevenger	Turtle Power	75	8:09	04:48:13.09	66	8:35	05:29:04.55	8:23	10:17:17.64
69	20/77	Open	333	Emily Nimsakont	Running Jokes	85	8:16	04:52:02.64	58	8:31	05:26:40.76	8:24	10:18:43.41
70	27/77	Mixed	352	Luke Bishop	TEAM BISHOP (and a Gudith)	91	8:23	04:56:06.08	54	8:27	05:23:45.90	8:25	10:19:51.99
71	28/77	Mixed	269	Scott Funk	4ever Unclean	77	8:13	04:50:05.34	69	8:36	05:29:48.95	8:25	10:19:54.29
72	29/77	Mixed	178	Lindsay Garlock	Ridin' Dirty	62	8:01	04:43:00.50	90	8:51	05:39:07.38	8:27	10:22:07.88

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73	21/77	Open	309	Joe Bailey	Dino's Storage	71	8:08	04:47:19.17	76	8:44	05:34:50.82	8:27	10:22:10.00
74	30/77	Mixed	181	Amanda Magie	Team Magoo	66	8:05	04:45:35.79	82	8:47	05:36:43.23	8:27	10:22:19.03
75	4/6	Masters	182	Chris Snowardt	Speed Bumps	80	8:14	04:50:45.84	73	8:43	05:34:27.59	8:29	10:25:13.44
76	22/77	Open	275	Ashley Maher-Widen	Mixed Nuts	67	8:06	04:45:57.36	91	8:52	05:39:52.27	8:30	10:25:49.63
77	8/65	Women	285	Amy Studer	Running Rainbows	86	8:17	04:52:26.15	71	8:43	05:33:59.27	8:30	10:26:25.42
78	31/77	Mixed	235	Ryan Harms	Road Warriors	76	8:10	04:48:37.48	88	8:49	05:38:05.20	8:30	10:26:42.68
79	32/77	Mixed	155	Mitchell Splinter	COWABUNGA	55	7:57	04:40:48.41	118	9:03	05:46:45.11	8:31	10:27:33.53
80	33/77	Mixed	329	Adam Hertzke	Slow and Steady - Des Moines	111	8:30	05:00:38.14	62	8:33	05:28:02.93	8:32	10:28:41.07
81	5/6	Masters	144	Debbie Avitt	Above+Beyond #2	68	8:07	04:46:42.06	96	8:56	05:42:10.93	8:32	10:28:52.99
82	23/77	Open	348	Emily Eisenman	JFR	89	8:21	04:54:48.01	78	8:44	05:34:53.06	8:33	10:29:41.08
83	9/65	Women	284	Jeanne Stover	Run Like a Lady	88	8:20	04:54:29.82	79	8:45	05:35:33.80	8:33	10:30:03.63
84	10/65	Women	307	Maria Trosper	Dashing Divas	100	8:27	04:58:17.27	70	8:40	05:31:56.55	8:33	10:30:13.82
85	11/65	Women	272	Ann Schroeder	Sole Sisters - Zwingle	93	8:23	04:56:28.96	75	8:44	05:34:29.65	8:34	10:30:58.61
86	34/77	Mixed	127	Jeffrey Murman	Team Busch Light	78	8:13	04:50:05.68	95	8:55	05:41:47.19	8:35	10:31:52.87
87	6/20	Corporate	321	Marty Wolske	Big Mort	95	8:25	04:57:26.39	74	8:43	05:34:28.37	8:35	10:31:54.77
88	35/77	Mixed	273	Tracy Nicholson	Speedy Streakers	101	8:27	04:58:19.04	77	8:44	05:34:52.57	8:36	10:33:11.61
89	36/77	Mixed	173	Eric Weichers	Run. Drink. Repeat.	83	8:16	04:51:55.32	97	8:56	05:42:14.29	8:36	10:34:09.61
90	24/77	Open	154	Josh Muench	Mud Sweat & Tires	82	8:15	04:51:48.68	101	8:57	05:42:56.73	8:37	10:34:45.41
91	25/77	Open	107	Jillian Plymessenger	not fast and occasionally furious	74	8:09	04:48:12.41	117	9:02	05:46:36.25	8:37	10:34:48.66
92	37/77	Mixed	229	Julie Bishop	Arl 2	103	8:27	04:58:37.99	80	8:46	05:36:13.76	8:37	10:34:51.75
93	26/77	Open	186	Jeremy Rasmussen	GeikRasPlatPop	104	8:27	04:58:43.02	81	8:46	05:36:18.88	8:37	10:35:01.90
94	12/65	Women	296	Alex Hoefling	Super Chicks	94	8:25	04:57:26.19	87	8:49	05:38:04.33	8:38	10:35:30.52
95	38/77	Mixed	328	Katherine Fanter	Will Run for Clean Water	106	8:27	04:58:50.98	83	8:47	05:37:02.14	8:38	10:35:53.12
96	39/77	Mixed	324	Dawn Taute	Bright Babes & Boys	79	8:13	04:50:14.96	111	9:01	05:45:41.30	8:38	10:35:56.26
97	13/65	Women	286	Keri Kain	The Running Ritas	109	8:28	04:59:22.64	89	8:50	05:38:26.39	8:39	10:37:49.04
98	14/65	Women	177	Julie Gould	#greenbananas	98	8:26	04:57:58.16	93	8:53	05:40:43.87	8:40	10:38:42.03
99	6/6	Masters	148	Lowell Appleton	Band on the Run	108	8:28	04:59:14.46	92	8:52	05:40:01.58	8:41	10:39:16.05
100	27/77	Open	351	Ben Applegate	What's the Rush?	97	8:25	04:57:36.26	105	8:58	05:43:27.90	8:42	10:41:04.16
101	28/77	Open	349	Jill Crosser	Speed Freaks	124	8:37	05:04:25.75	86	8:48	05:37:34.51	8:43	10:42:00.26
102	40/77	Mixed	164	Chris Grebner	Who Wears the Pants in This Family?	87	8:18	04:53:03.55	124	9:06	05:49:04.81	8:43	10:42:08.37
103	41/77	Mixed	240	Melissa Weber-Arnold	The Hitchhickers	92	8:23	04:56:12.98	115	9:02	05:46:25.71	8:43	10:42:38.70
104	15/65	Women	282	Lacey Loewe	Twisted Blisters - Cambridge	70	8:08	04:47:07.08	143	9:17	05:55:41.23	8:44	10:42:48.31
105	16/65	Women	303	Brook Lenze	Just some small town girls	96	8:25	04:57:30.98	119	9:03	05:46:46.16	8:45	10:44:17.15
106	29/77	Open	226	Rob Hanlon	Mouth Breathers	114	8:33	05:01:53.17	99	8:56	05:42:38.50	8:45	10:44:31.68
107	3/4	Armed Forces	237	John Williams	FireFit 2	134	8:43	05:07:43.74	84	8:48	05:37:10.38	8:45	10:44:54.12
108	42/77	Mixed	233	Nicole Lauzon	Bunny Trackers	118	8:34	05:02:33.55	98	8:56	05:42:23.93	8:45	10:44:57.48

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						Place	Pace	Time	Place	Pace	Time	Pace	Time
109	17/65	Women	121	Keri Christensen	Girls Gone Runnin	107	8:28	04:59:10.44	112	9:01	05:45:47.43	8:45	10:44:57.87
110	18/65	Women	123	angie quist	SCRAMBLED LEGGS	110	8:29	05:00:02.46	110	9:01	05:45:25.51	8:46	10:45:27.97
111	43/77	Mixed	115	Barb Finney	The Big Bang Flurry	112	8:31	05:00:53.83	108	9:00	05:44:55.55	8:46	10:45:49.39
112	44/77	Mixed	325	Dan Petrak	This Too Will Pass	119	8:35	05:03:23.06	106	8:58	05:43:33.36	8:47	10:46:56.43
113	45/77	Mixed	228	Rebekah Kentfield	Integer Cross Country	142	8:46	05:09:59.56	85	8:48	05:37:23.96	8:47	10:47:23.53
114	7/20	Corporate	326	Amber Lewis	Run TMCC	127	8:39	05:05:20.80	100	8:57	05:42:53.39	8:48	10:48:14.19
115	19/65	Women	300	Amanda Krause	Cool Runnings	116	8:33	05:02:15.24	116	9:02	05:46:25.79	8:48	10:48:41.03
116	30/77	Open	139	patrick tasler	sweating to the oldies	81	8:14	04:50:50.25	151	9:21	05:58:21.04	8:49	10:49:11.29
117	46/77	Mixed	256	Mary Bender	The Pace Setters	64	8:01	04:43:22.75	176	9:34	06:06:40.15	8:49	10:50:02.90
118	2/3	Academic	252	Renee Cramer	The Drake Duds: We are Overqualified!	102	8:27	04:58:35.86	132	9:11	05:52:03.21	8:50	10:50:39.08
119	8/20	Corporate	194	Nathan Etten	Running on Empty	99	8:26	04:58:14.76	135	9:12	05:52:31.16	8:50	10:50:45.92
120	20/65	Women	190	Stephanie Gray	Sole Sisters - Ankeny	105	8:27	04:58:45.40	133	9:11	05:52:14.76	8:50	10:51:00.17
121	47/77	Mixed	327	Todd Berkoski	#sorryiparty	150	8:48	05:11:04.28	94	8:53	05:40:51.81	8:51	10:51:56.10
122	4/7	Mixed Masters	231	Kimberly Bougher	New Hope Masters	121	8:35	05:03:30.36	123	9:06	05:49:04.50	8:51	10:52:34.87
123	9/20	Corporate	291	Randy Westman	Hard as Steel	133	8:41	05:06:58.37	113	9:01	05:45:56.76	8:52	10:52:55.13
124	48/77	Mixed	354	Chad Skinner	Meep Meep	143	8:46	05:10:01.30	102	8:57	05:42:57.76	8:52	10:52:59.07
125	49/77	Mixed	330	Adam Soyer	Nurses and Nerds	145	8:47	05:10:04.02	103	8:57	05:43:07.78	8:52	10:53:11.81
126	31/77	Open	294	Amanda Floy	Team Ninja	120	8:35	05:03:28.48	128	9:08	05:50:16.42	8:52	10:53:44.90
127	50/77	Mixed	152	Sara Schwendinger	Team Jiggity Jog	123	8:36	05:04:01.89	129	9:08	05:50:23.02	8:53	10:54:24.91
128	51/77	Mixed	347	Julie Beehler	Blurf n Pee	132	8:41	05:06:39.25	120	9:04	05:47:51.10	8:53	10:54:30.35
129	32/77	Open	153	Trisha Kress	QTown Road Warriors	149	8:48	05:11:02.72	109	9:00	05:44:59.50	8:54	10:56:02.23
130	21/65	Women	290	Bridgett Petzoldt	Motley Brew Crew	152	8:49	05:11:26.01	107	8:59	05:44:41.10	8:54	10:56:07.12
131	33/77	Open	156	Kirsten Garland	The Trots	129	8:39	05:05:45.83	130	9:10	05:51:22.04	8:55	10:57:07.87
132	34/77	Open	162	Trina Flack	Run for Your Life	147	8:47	05:10:32.40	121	9:05	05:48:13.96	8:57	10:58:46.36
133	22/65	Women	158	tori christie	Off Like a Prom Dress	90	8:21	04:54:55.37	167	9:30	06:04:09.29	8:57	10:59:04.66
134	52/77	Mixed	287	Rob Lindquist	#RunIowa	131	8:41	05:06:37.82	136	9:12	05:52:49.87	8:57	10:59:27.70
135	53/77	Mixed	253	Russell Deihl	Boysen Strong	138	8:45	05:09:24.36	127	9:08	05:50:06.52	8:57	10:59:30.88
136	23/65	Women	306	Shar Nevenhoven	Cy's Running Oompa-Loopas	157	8:51	05:12:57.13	125	9:06	05:49:07.93	8:59	11:02:05.07
137	24/65	Women	251	Alicia Fischer	Taste The Rainbow	141	8:46	05:09:53.86	139	9:13	05:53:29.01	9:00	11:03:22.88
138	25/65	Women	264	Kristal Phillips	Drag-n-fly	156	8:51	05:12:54.30	131	9:11	05:51:52.93	9:01	11:04:47.23
139	35/77	Open	183	Brianna Damstetter	Team Wasted Potential	125	8:38	05:04:46.22	155	9:24	06:00:10.22	9:02	11:04:56.44
140	26/65	Women	304	Jennifer Rose	WONDER WOMEN	113	8:33	05:01:52.60	166	9:29	06:03:16.53	9:02	11:05:09.14
141	27/65	Women	289	Annie Downing	Boji Buns on the Run	130	8:40	05:06:24.63	153	9:22	05:59:17.39	9:02	11:05:42.02
142	54/77	Mixed	299	Stacey Olson	Backroad Bandits	140	8:46	05:09:52.59	146	9:18	05:56:19.98	9:03	11:06:12.57
143	28/65	Women	293	Elisa Buck	Team Twisted Sisters	128	8:39	05:05:29.53	159	9:25	06:01:11.26	9:03	11:06:40.80
144	36/77	Open	245	Michelle Vincent	Hoes and Bro	126	8:38	05:05:20.41	160	9:26	06:01:22.21	9:03	11:06:42.63

Market to Market Relay Iowa

May 10, 2014

Overall Results

Place	Div Plc/Total	Division	No.	Team Captain	Team Name	----- First 35.3 Miles -----			----- Last 38.3 Miles -----			----- Total -----	
						Place	Pace	Time	Place	Pace	Time	Pace	Time
145	55/77	Mixed	157	Heather Reed	Tight Butts and Sweaty Nuts	117	8:34	05:02:32.79	168	9:30	06:04:14.74	9:03	11:06:47.53
146	29/65	Women	197	Esther Locher	Made in the 80's	153	8:49	05:11:27.87	144	9:17	05:55:53.13	9:04	11:07:21.00
147	10/20	Corporate	238	Mark Nevenhoven	INVISION	144	8:47	05:10:03.86	150	9:20	05:57:37.99	9:04	11:07:41.85
148	37/77	Open	189	Heidi Grimm	Jesse's Girls	151	8:49	05:11:22.84	147	9:18	05:56:45.47	9:04	11:08:08.32
149	38/77	Open	219	Teresa Green	Turtles	136	8:45	05:09:08.72	156	9:24	06:00:21.89	9:05	11:09:30.61
150	39/77	Open	298	Krista Whitham	One Lucky Guy	135	8:45	05:09:04.48	157	9:24	06:00:32.84	9:05	11:09:37.32
151	3/4	Women Masters	161	Megan Berry Barlow	Ladies of the Evening	166	8:55	05:14:57.70	140	9:15	05:54:51.87	9:06	11:09:49.57
152	40/77	Open	129	April Pash	GI Joggers							9:07	11:11:06.12
153	11/20	Corporate	239	Tara Murphy	Moehl Millwork Inc.	195	9:08	05:22:36.68	122	9:06	05:48:37.98	9:07	11:11:14.66
154	30/65	Women	198	Kristin Beckman	Foxy Runners	146	8:47	05:10:07.78	161	9:26	06:01:25.47	9:07	11:11:33.25
155	31/65	Women	295	Amy Belvo	Hippie Chicks	196	9:08	05:22:45.45	126	9:07	05:49:18.15	9:07	11:12:03.60
156	32/65	Women	119	Tami Manz	I-B-Pro-Fun - Council Bluffs	186	9:03	05:19:54.95	134	9:11	05:52:15.60	9:07	11:12:10.55
157	33/65	Women	204	Liz Higgins	Seven Deadly Shins	182	9:02	05:19:09.74	137	9:13	05:53:01.47	9:07	11:12:11.21
158	41/77	Open	345	Chris Roling	We are Runners #3	170	8:57	05:16:22.65	145	9:17	05:56:06.03	9:08	11:12:28.68
159	42/77	Open	297	Elena Takla	Runnin' Rebels	173	8:58	05:16:38.48	148	9:18	05:56:47.55	9:08	11:13:26.03
160	43/77	Open	160	Kristy Jones	Lost in Pace	161	8:53	05:14:01.69	154	9:23	05:59:58.56	9:09	11:14:00.26
161	56/77	Mixed	331	Lacey Cheeseman	Agony of DeFeet	180	9:01	05:18:36.65	141	9:17	05:55:35.00	9:09	11:14:11.65
162	34/65	Women	108	Angie Healy	Negative Splits	122	8:36	05:03:54.55	182	9:40	06:10:38.86	9:09	11:14:33.42
163	44/77	Open	126	Brenda Johnson	Crazy enough to do this a 2nd time	193	9:07	05:21:58.81	138	9:13	05:53:18.92	9:10	11:15:17.73
164	45/77	Open	130	Jenny Berg	Gump's Girls	137	8:45	05:09:20.11	173	9:33	06:06:04.73	9:10	11:15:24.85
165	57/77	Mixed	259	Bobby Irving	Team A+B Cancer	139	8:46	05:09:28.10	174	9:33	06:06:20.39	9:10	11:15:48.49
166	46/77	Open	202	Kara Palczewski	Slo-Pokes	189	9:05	05:21:09.30	142	9:17	05:55:38.14	9:11	11:16:47.45
167	47/77	Open	188	Amanda Doran	Team Doing It All Day Long	183	9:02	05:19:11.44	152	9:22	05:59:07.80	9:12	11:18:19.24
168	35/65	Women	308	Kari Anderson	Crazy Mothers	162	8:54	05:14:26.18	170	9:31	06:04:51.17	9:13	11:19:17.36
169	48/77	Open	172	Leisha Atwood	Family Rununion	167	8:55	05:15:04.35	177	9:34	06:06:53.40	9:15	11:21:57.76
170	58/77	Mixed	241	Saundra Weston	Chicks With Dicks	164	8:54	05:14:32.89	178	9:35	06:07:37.01	9:16	11:22:09.90
171	49/77	Open	195	Tom Cavanagh	Running of the Bulls	155	8:50	05:12:12.72	185	9:40	06:10:51.21	9:16	11:23:03.93
172	36/65	Women	254	Kristine Forret	Run Like A Mother	206	9:14	05:26:11.65	149	9:19	05:57:26.25	9:17	11:23:37.91
173	59/77	Mixed	210	Amy Link	Slow & Steady - North Liberty	176	8:59	05:17:28.40	175	9:34	06:06:35.73	9:17	11:24:04.13
174	5/7	Mixed Masters	138	Suzanne Thompson	Master Eight	159	8:52	05:13:15.92	188	9:42	06:11:56.20	9:18	11:25:12.12
175	50/77	Open	310	Kristin Johnson	2Stupid 2Stop	154	8:49	05:11:28.30	193	9:45	06:14:01.66	9:18	11:25:29.97
176	37/65	Women	292	Jordan Henkenius	Runners of Oz	165	8:54	05:14:38.45	186	9:41	06:10:56.06	9:18	11:25:34.51
177	51/77	Open	184	Linda Adams	Peanut Butter and Jelly Legs	160	8:53	05:13:46.92	190	9:44	06:12:51.45	9:19	11:26:38.37
178	4/4	Armed Forces	124	Brandon Holtan	Team RWB Des Moines	199	9:10	05:23:46.98	164	9:29	06:03:14.06	9:20	11:27:01.05
179	52/77	Open	249	Megan Flynn Bickel	Team Awesome	185	9:03	05:19:44.81	179	9:36	06:07:57.46	9:20	11:27:42.27
180	60/77	Mixed	176	Rachel Menken	Bold and Beautiful	174	8:58	05:17:05.53	183	9:40	06:10:42.64	9:20	11:27:48.17

Market to Market Relay Iowa

May 10, 2014

Overall Results

Place	Div Plc/Total	Division	No.	Team Captain	Team Name	----- First 35.3 Miles -----			----- Last 38.3 Miles -----			----- Total -----	
						Place	Pace	Time	Place	Pace	Time	Pace	Time
181	12/20	Corporate	150	Kristin Adkins	ASI Running Team	163	8:54	05:14:32.32	192	9:45	06:13:57.07	9:21	11:28:29.39
182	38/65	Women	288	Stephanie Filer	ARL Running Club	184	9:03	05:19:39.81	181	9:38	06:09:16.28	9:21	11:28:56.10
183	39/65	Women	131	Rachel Hetue	Runaway Brides	202	9:12	05:24:56.44	169	9:31	06:04:40.15	9:22	11:29:36.59
184	53/77	Open	122	Beth McDonald	I thought you said Rum! - Prole	148	8:48	05:10:55.91	204	9:54	06:19:20.45	9:22	11:30:16.37
185	54/77	Open	212	Kelly Mitchell	Running Wild	209	9:16	05:27:25.56	163	9:28	06:02:52.35	9:22	11:30:17.92
186	61/77	Mixed	221	Daniel Pearson	Cajones & Cajars	212	9:18	05:28:19.55	165	9:29	06:03:14.67	9:23	11:31:34.22
187	13/20	Corporate	168	Andrew Morris	Insert Name	188	9:05	05:21:04.33	184	9:40	06:10:43.41	9:23	11:31:47.75
188	40/65	Women	203	Christine Comito	Babes on the Run	217	9:22	05:30:41.84	162	9:27	06:02:12.03	9:24	11:32:53.88
189	62/77	Mixed	191	ischa Moyers-Andersen	Bayside Tigers	172	8:58	05:16:36.41	196	9:50	06:16:58.18	9:25	11:33:34.59
190	55/77	Open	175	Becky Veach	Marga-Relay-Ville	204	9:12	05:25:13.61	180	9:38	06:09:02.75	9:25	11:34:16.36
191	56/77	Open	147	Caleb Hegna	Run Like the Winded	168	8:55	05:15:08.20	203	9:54	06:19:10.45	9:26	11:34:18.65
192	57/77	Open	257	Jennifer Boeding	Sofa King Crazy	171	8:57	05:16:23.50	201	9:52	06:18:08.70	9:26	11:34:32.21
193	41/65	Women	305	Neko Kleckner	Naughty Neighbors	227	9:28	05:34:28.80	158	9:25	06:00:56.89	9:26	11:35:25.70
194	58/77	Open	261	likki Northrop Davidson	Kickers	181	9:02	05:18:58.48	198	9:50	06:17:08.34	9:27	11:36:06.82
195	42/65	Women	102	Heather Helmbrecht	Aveda	179	9:01	05:18:31.62	200	9:52	06:17:56.95	9:27	11:36:28.58
196	59/77	Open	214	Sara King	Not Fast Just Furious_Winterset	197	9:08	05:22:57.92	195	9:47	06:14:54.09	9:28	11:37:52.02
197	43/65	Women	193	Rhonda Maier	Chafed and Lubed	177	8:59	05:17:31.46	208	9:56	06:20:51.70	9:29	11:38:23.16
198	44/65	Women	167	Amy Thome	The Dream Chafers	211	9:16	05:27:39.46	187	9:41	06:11:24.28	9:29	11:39:03.74
199	14/20	Corporate	141	Amy Nebons	JUST PIG IT	229	9:29	05:35:12.14	171	9:32	06:05:10.04	9:30	11:40:22.18
200	15/20	Corporate	196	Sheila Smith	GMRC Cellar Dwellers	169	8:55	05:15:15.02	213	10:04	06:25:42.24	9:31	11:40:57.26
201	60/77	Open	250	Monica Elmore	Vardo 3	158	8:52	05:13:15.41	216	10:07	06:28:02.87	9:31	11:41:18.29
202	63/77	Mixed	185	Brenda Young	Body Glide Blisters and BenGay	200	9:11	05:24:36.97	199	9:51	06:17:47.92	9:32	11:42:24.89
203	64/77	Mixed	263	Erica Eganhouse	We run to eat what we want	190	9:06	05:21:19.14	210	9:57	06:21:11.41	9:32	11:42:30.56
204	61/77	Open	236	tom ahlschwede	Husker Tailgate	216	9:20	05:30:01.11	194	9:47	06:14:53.95	9:34	11:44:55.07
205	62/77	Open	242	Angela Tschertner	Seven Little Pigs	214	9:18	05:28:42.69	197	9:50	06:16:59.38	9:35	11:45:42.08
206	45/65	Women	120	Sarah Haley	Treadmills are for Girls	210	9:16	05:27:35.80	202	9:52	06:18:28.25	9:35	11:46:04.06
207	16/20	Corporate	192	Jessica Cleereman	Running From the Law	201	9:11	05:24:42.46	212	9:58	06:21:46.54	9:35	11:46:29.00
208	46/65	Women	136	Emily Smith	Scrambled Leggs	225	9:27	05:33:46.97	191	9:45	06:13:38.50	9:36	11:47:25.47
209	65/77	Mixed	132	Kari Frerk	Tie Dyed Soles	191	9:06	05:21:27.24	220	10:09	06:29:19.01	9:39	11:50:46.26
210	66/77	Mixed	166	Kevin Case	Team Bait Gone Wild	218	9:22	05:30:58.65	209	9:57	06:21:08.32	9:40	11:52:06.98
211	67/77	Mixed	171	Connie Terry	Team_Updog	219	9:22	05:31:05.03	211	9:57	06:21:15.86	9:40	11:52:20.89
212	68/77	Mixed	187	Doug Nichol	Easier Said Than Run	240	9:38	05:40:29.33	189	9:44	06:12:50.12	9:41	11:53:19.45
213	47/65	Women	216	Kelly Kriener	Boom Chica Boom	198	9:09	05:23:22.23	223	10:12	06:30:44.41	9:42	11:54:06.65
214	63/77	Open	208	Carol Woten	Laura needs a husband	203	9:12	05:25:09.05	219	10:09	06:28:59.44	9:42	11:54:08.49
215	48/65	Women	262	Cari Matern	Pavement Princesses	228	9:29	05:34:55.55	205	9:54	06:19:34.92	9:42	11:54:30.47
216	17/20	Corporate	246	Bryan Schmidt	Mitas Tires North America	175	8:59	05:17:23.66	243	10:26	06:40:01.30	9:44	11:57:24.97

Market to Market Relay Iowa

May 10, 2014

Overall Results

Place	Div Plc/Total	Division	No.	Team Captain	Team Name	----- First 35.3 Miles -----			----- Last 38.3 Miles -----			----- Total -----	
						Place	Pace	Time	Place	Pace	Time	Pace	Time
217	64/77	Open	128	Matthew Schemmel	#SorryImNotSorry	234	9:32	05:36:53.85	207	9:56	06:20:43.80	9:45	11:57:37.65
218	65/77	Open	199	Misty VanArkel	Team Turtles	236	9:34	05:37:53.96	206	9:55	06:20:18.09	9:45	11:58:12.05
219	66/77	Open	105	Annie Hoffmann	Dude Where's My Van?	194	9:07	05:22:14.39	236	10:21	06:36:46.67	9:46	11:59:01.07
220	18/20	Corporate	163	Jim Crowley	d-RUN-k	254	10:04	05:55:46.05	172	9:32	06:05:26.06	9:47	12:01:12.12
221	49/65	Women	302	Sherry Smiley	We Don't Sweat We Sparkle	178	9:01	05:18:27.19	247	10:31	06:43:10.31	9:48	12:01:37.51
222	69/77	Mixed	260	Stephanie Mai	Nothing Runs Like A Beer	226	9:28	05:34:16.61	215	10:07	06:27:48.18	9:48	12:02:04.79
223	67/77	Open	247	Katie Wittmer	6 Jills and a Jack	207	9:14	05:26:26.94	235	10:20	06:36:15.55	9:49	12:02:42.49
224	68/77	Open	110	Lisa Alderson	Team OFC!	187	9:04	05:20:16.26	246	10:31	06:43:06.17	9:49	12:03:22.43
225	70/77	Mixed	200	Amber Sheeley	Solon Spartans	224	9:26	05:33:13.71	222	10:12	06:30:39.82	9:50	12:03:53.53
226	71/77	Mixed	142	Danielle Lauzon	I-B-pro-fun - Panora	205	9:12	05:25:15.61	240	10:25	06:39:02.63	9:50	12:04:18.25
227	69/77	Open	111	Nicole Conlon	Sole Sistas - Clarion	215	9:19	05:28:53.67	232	10:20	06:35:49.80	9:50	12:04:43.47
228	72/77	Mixed	170	Mylissa Carstens	Rum-Runners	208	9:15	05:27:04.92	238	10:24	06:38:20.55	9:51	12:05:25.48
229	50/65	Women	207	Jenni Honn	Girls Run Wild	233	9:32	05:36:42.90	221	10:11	06:30:21.61	9:52	12:07:04.52
230	51/65	Women	205	Melanie Dayton	Old School Admirals	238	9:35	05:38:22.90	218	10:09	06:28:51.58	9:52	12:07:14.48
231	52/65	Women	220	Brandy Schroeder	The SKIRTS I	222	9:25	05:32:45.61	230	10:18	06:34:49.10	9:53	12:07:34.72
232	73/77	Mixed	133	Ashley Hesson	The Running Dead	221	9:24	05:32:18.73	231	10:19	06:35:28.27	9:53	12:07:47.00
233	6/7	Mixed Masters	209	Kim Schroder	Limping Crawling Meandering Slowly (LCMS)	232	9:31	05:36:17.14	225	10:13	06:31:48.26	9:53	12:08:05.40
234	53/65	Women	218	Ashley Moore	Moore Running	223	9:25	05:32:47.54	237	10:22	06:37:32.71	9:55	12:10:20.25
235	70/77	Open	258	Jlie Anderson-Suddart	The Young and the Rest of Us	243	9:42	05:42:53.92	214	10:07	06:27:40.13	9:55	12:10:34.05
236	7/7	Mixed Masters	135	Natalie Welter	Semper Vardo	237	9:34	05:38:14.45	227	10:15	06:32:41.24	9:55	12:10:55.69
237	54/65	Women	125	Angie Bacon	Sweatin to the Oldies	230	9:29	05:35:20.82	234	10:20	06:35:53.59	9:56	12:11:14.41
238	74/77	Mixed	217	Laura Mickus	Stray Cats	213	9:18	05:28:24.26	245	10:31	06:42:56.42	9:56	12:11:20.68
239	55/65	Women	265	Arlin Ayala Wurth	Seven Shades of Awesome	244	9:44	05:44:07.53	217	10:07	06:28:05.97	9:56	12:12:13.50
240	71/77	Open	114	Chris Mathews	Runs for Coffee	239	9:37	05:39:35.24	229	10:18	06:34:33.08	9:58	12:14:08.32
241	56/65	Women	159	Kara Moulin	Here We Go Again	231	9:31	05:36:00.75	242	10:25	06:39:27.04	9:59	12:15:27.80
242	57/65	Women	146	Natalie Battles	No Expectations	246	9:48	05:46:12.02	224	10:13	06:31:27.05	10:01	12:17:39.07
243	58/65	Women	109	Amanda Nobles	Pretty in Pink	247	9:50	05:47:10.12	228	10:17	06:34:26.20	10:04	12:21:36.32
244	19/20	Corporate	174	Mary Beatty	Genome Walkers	251	9:54	05:49:30.69	226	10:14	06:32:07.42	10:04	12:21:38.11
245	59/65	Women	101	Christie Pence	The Great Gaspies	245	9:46	05:45:02.71	241	10:25	06:39:18.56	10:06	12:24:21.28
246	72/77	Open	145	Josh Gessmann	Man Boobs	235	9:33	05:37:17.68	250	10:38	06:47:19.34	10:07	12:24:37.02
247	73/77	Open	255	Jacki Hayes	Crossfit Flyover	250	9:51	05:47:52.46	239	10:24	06:38:57.42	10:08	12:26:49.88
248	75/77	Mixed	244	Rob Collison	Tag Your It!	255	10:06	05:57:00.80	233	10:20	06:35:50.93	10:13	12:32:51.74
249	74/77	Open	140	Rochelle Benavides	Running on Empty	248	9:50	05:47:16.47	249	10:36	06:46:23.56	10:14	12:33:40.04
250	60/65	Women	206	Lisa Runkel	Roy G. Biv	249	9:51	05:47:43.93	251	10:39	06:47:54.29	10:16	12:35:38.22
251	76/77	Mixed	112	Joseph Sorenson	SC Storm	242	9:42	05:42:47.26	254	10:48	06:53:53.33	10:16	12:36:40.60
252	61/65	Women	104	Missy Gaul	Angels in Disquise II	259	10:11	05:59:43.31	244	10:28	06:40:56.11	10:20	12:40:39.43

Market to Market Relay Iowa

May 10, 2014

Overall Results

Place	Div Plc/Total	Division	No.	Team Captain	Team Name	----- First 35.3 Miles -----			----- Last 38.3 Miles -----			----- Total -----	
						Place	Pace	Time	Place	Pace	Time	Pace	Time
253	4/4	Women Masters	169	Del Weiss	Carpe Vardo	258	10:10	05:59:20.30	248	10:31	06:43:21.39	10:21	12:42:41.69
254	77/77	Mixed	243	Michael Shaw	READY 4 TEDDY	252	9:55	05:50:16.86	255	10:48	06:54:01.32	10:23	12:44:18.19
255	75/77	Open	134	Alyssa Mueller	Gym Class Zeros	241	9:41	05:42:04.50	257	11:05	07:04:31.60	10:24	12:46:36.10
256	76/77	Open	106	Tonia Rurup	Kicking Asphalt	253	9:56	05:50:42.86	256	10:52	06:56:35.17	10:25	12:47:18.03
257	62/65	Women	213	Jennifer Groen	I thought they said RUM!!! - Mason City	261	10:20	06:05:15.13	253	10:45	06:51:58.48	10:33	12:57:13.62
258	20/20	Corporate	113	Amanda Murtha	PIGOTT 1	263	10:32	06:12:05.46	252	10:43	06:50:51.64	10:38	13:02:57.10
259	63/65	Women	211	Megan Hejlik	Hot Mess Express	257	10:09	05:58:48.06	258	11:07	07:05:49.85	10:39	13:04:37.92
260	64/65	Women	215	Cristy Anderson	Super Heroes with the runs!	256	10:08	05:58:15.89	259	11:10	07:08:01.45	10:40	13:06:17.34
261	77/77	Open	116	Sarah Kennedy	Rainbow Brites	260	10:13	06:00:53.48	260	11:16	07:11:48.33	10:46	13:12:41.82
262	3/3	Academic	117	Cathy DeBondt	Running H2O	264	10:37	06:14:50.60	261	11:47	07:31:28.39	11:13	13:46:19.00
263	65/65	Women	151	jamie trapp	Gyno Girls	262	10:28	06:09:51.10	262	12:12	07:47:23.52	11:22	13:57:14.63