

PRAIRIE PUNISHER DUATHLON
 Saturday, July 12, 2014
 Gardner, Kansas

10K RUN RESULTS

Place	Div/Tot	Name	City	St	Age	S	Time	Pace
1	1/2	Jane Johnson	Olathe	KS	49	F	49:17	7:56
2	1/1	Jeff Caparoon	Gardner	KS	52	M	53:22	8:36
3	1/2	Brandon Schrader	Emporia	KS	20	M	53:44	8:39
4	2/2	Daniel Rappard	Overland Park	KS	20	M	53:50	8:40
5	2/2	Laura Flores	Gardner	KS	46	F	58:10	9:22
6	1/1	Jeff Dappen	Gardner	KS	46	M	1:01:27	9:54
7	1/5	Heather Zschoche	Lenexa	KS	31	F	1:02:00	9:59
8	2/5	Ashley Tallent	Leawood	KS	31	F	1:02:00	9:59
9	1/3	Lindsey Plank	Gardner	KS	16	F	1:02:41	10:06
10	2/3	Bridget Kiosow	Olathe	KS	16	F	1:02:41	10:06
11	3/5	Diana Khaksar	Overland Park	KS	31	F	1:05:17	10:31
12	4/5	Sarah Norris	Shawnee	KS	34	F	1:06:15	10:40
13	1/2	Lisa Johnson	Gardner	KS	40	F	1:08:27	11:01
14	1/1	Alexander Khaksar	Overland Park	KS	19	M	1:08:51	11:05
15	1/1	John Pepper	Overland Park	KS	71	M	1:10:39	11:23
16	2/2	Elizabeth Dermody	Olathe	KS	42	F	1:11:14	11:28
17	5/5	Shiela Howarter	Overland Park	KS	33	F	1:14:22	11:59
18	3/3	Allison Gardiner	Gardner	KS	17	F	1:15:22	12:08
19	1/1	Guy Buice	Fort Leavenworth	KS	44	M	1:17:42	12:31
20	1/1	Leah Curtis	Topeka	KS	22	F	1:21:56	13:12

MALE RESULTS

Place	No.	Name	City	St	Age	S	Time	Pace
1	33	Jeff Caparoon	Gardner	KS	52	M	53:22	8:36
2	52	Brandon Schrader	Emporia	KS	20	M	53:44	8:39
3	51	Daniel Rappard	Overland Park	KS	20	M	53:50	8:40
4	36	Jeff Dappen	Gardner	KS	46	M	1:01:27	9:54
5	43	Alexander Khaksar	Overland Park	KS	19	M	1:08:51	11:05
6	49	John Pepper	Overland Park	KS	71	M	1:10:39	11:23
7	32	Guy Buice	Fort Leavenworth	KS	44	M	1:17:42	12:31

FEMALE RESULTS

Place	No.	Name	City	St	Age	S	Time	Pace
1	56	Jane Johnson	Olathe	KS	49	F	49:17	7:56
2	38	Laura Flores	Gardner	KS	46	F	58:10	9:22
3	54	Heather Zschoche	Lenexa	KS	31	F	1:02:00	9:59
4	53	Ashley Tallent	Leawood	KS	31	F	1:02:00	9:59
5	50	Lindsey Plank	Gardner	KS	16	F	1:02:41	10:06
6	44	Bridget Kiosow	Olathe	KS	16	F	1:02:41	10:06
7	42	Diana Khaksar	Overland Park	KS	31	F	1:05:17	10:31
8	48	Sarah Norris	Shawnee	KS	34	F	1:06:15	10:40
9	41	Lisa Johnson	Gardner	KS	40	F	1:08:27	11:01
10	37	Elizabeth Dermody	Olathe	KS	42	F	1:11:14	11:28
11	40	Shiela Howarter	Overland Park	KS	33	F	1:14:22	11:59
12	39	Allison Gardiner	Gardner	KS	17	F	1:15:22	12:08
13	35	Leah Curtis	Topeka	KS	22	F	1:21:56	13:12

FEMALE AGE GROUP RESULTS 1 - 19

Place No.	Name	City	St	Age	S	Time	Pace
1	50 Lindsey Plank	Gardner	KS	16	F	1:02:41	10:06
2	44 Bridget Kiosow	Olathe	KS	16	F	1:02:41	10:06
3	39 Allison Gardiner	Gardner	KS	17	F	1:15:22	12:08

MALE AGE GROUP RESULTS 1 - 19

Place No.	Name	City	St	Age	S	Time	Pace
1	43 Alexander Khaksar	Overland Park	KS	19	M	1:08:51	11:05

FEMALE AGE GROUP RESULTS 20 - 24

Place No.	Name	City	St	Age	S	Time	Pace
1	35 Leah Curtis	Topeka	KS	22	F	1:21:56	13:12

MALE AGE GROUP RESULTS 20 - 24

Place No.	Name	City	St	Age	S	Time	Pace
1	52 Brandon Schrader	Emporia	KS	20	M	53:44	8:39
2	51 Daniel Rappard	Overland Park	KS	20	M	53:50	8:40

FEMALE AGE GROUP RESULTS 30 - 34

Place No.	Name	City	St	Age	S	Time	Pace
1	54 Heather Zschoche	Lenexa	KS	31	F	1:02:00	9:59
2	53 Ashley Tallent	Leawood	KS	31	F	1:02:00	9:59
3	42 Diana Khaksar	Overland Park	KS	31	F	1:05:17	10:31
4	48 Sarah Norris	Shawnee	KS	34	F	1:06:15	10:40
5	40 Shiela Howarter	Overland Park	KS	33	F	1:14:22	11:59

FEMALE AGE GROUP RESULTS 40 - 44

Place No.	Name	City	St	Age	S	Time	Pace
1	41 Lisa Johnson	Gardner	KS	40	F	1:08:27	11:01
2	37 Elizabeth Dermody	Olathe	KS	42	F	1:11:14	11:28

MALE AGE GROUP RESULTS 40 - 44

Place No.	Name	City	St	Age	S	Time	Pace
1	32 Guy Buice	Fort Leavenworth	KS	44	M	1:17:42	12:31

FEMALE AGE GROUP RESULTS 45 - 49

Place No.	Name	City	St	Age	S	Time	Pace
1	56 Jane Johnson	Olathe	KS	49	F	49:17	7:56
2	38 Laura Flores	Gardner	KS	46	F	58:10	9:22

MALE AGE GROUP RESULTS 45 - 49

Place No.	Name	City	St	Age	S	Time	Pace
1	36 Jeff Dappen	Gardner	KS	46	M	1:01:27	9:54

MALE AGE GROUP RESULTS 50 - 54

Place No.	Name	City	St	Age	S	Time	Pace
1	33 Jeff Caparoon	Gardner	KS	52	M	53:22	8:36

MALE AGE GROUP RESULTS 70 - 99

Place No.	Name	City	St	Age	S	Time	Pace
1	49 John Pepper	Overland Park	KS	71	M	1:10:39	11:23