

# Blue Ribbon Run For Prostate Cancer

November 16, 2014

## Overall Results

10K Run

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1	1/108	1/1	494	Christopher Koegel	M	31	Malverne	NY	5:40	00:35:17.19
2	2/108	1/3	605	Jacinto Martinez	M	19	Brooklyn	NY	5:54	00:36:42.21
3	3/108	1/2	610	Tom Savarese	M	26	Dix Hills	NY	5:55	00:36:49.51
4	4/108	1/6	535	Jimmy Peck	M	39	Huntington Station	NY	6:09	00:38:13.98
5	1/100	1/1	590	Stefanie Braun	F	24	Dix Hills	NY	6:17	00:39:05.38
6	5/108	1/1	450	Eric Fehrenbacher	M	40	Huntington	NY	6:25	00:39:56.88
7	6/108	1/5	425	Kevin Carroll	M	61	Huntington Station	NY	6:27	00:40:10.55
8	7/108	2/3	591	Jacob Grabois	M	16	Plainview	NY	6:29	00:40:17.82
9	8/108	3/3	626	Glenn Lostritto Jr	M	18	Glen Head	NY	6:38	00:41:16.88
10	9/108	1/11	440	Michael Di Lisio	M	52	Shoreham	NY	6:40	00:41:28.51
11	10/108	2/5	585	Eric Zimmer	M	63	St. James	NY	6:41	00:41:35.84
12	11/108	1/18	574	Jon Wallach	M	58	Levittown	NY	6:42	00:41:39.38
13	2/100	1/19	453	Gina Ferraro	F	39	Syosset	NY	6:46	00:42:03.80
14	12/108	2/18	600	Mike Baard	M	59	Merrick	NY	6:54	00:42:54.30
15	13/108	3/18	445	Pj Diskin	M	59	Mineola	NY	7:02	00:43:48.38
16	14/108	1/7	580	William Woerner	M	33	Brooklyn	NY	7:09	00:44:26.36
17	3/100	2/19	566	Deirdre Tracey	F	39	Floral Park	NY	7:12	00:44:47.31
18	15/108	1/16	622	Matthew Conroy	M	45	Melville	NY	7:12	00:44:50.58
19	16/108	2/11	551	Steve Shulman	M	54	Plainview	NY	7:15	00:45:07.90
20	17/108	1/5	504	Najib Majaj	M	41	New York	NY	7:16	00:45:13.80
21	18/108	3/11	618	Peter Levy	M	53	Jericho	NY	7:17	00:45:19.97
22	4/100	3/19	635	Janna Ostroff	F	35	Plainview	NY	7:21	00:45:43.90
23	19/108	2/16	435	Charles Crowe	M	47	Deer Park	NY	7:23	00:45:53.15
24	20/108	3/5	572	Hank Von Thaden	M	62	Bethpage	NY	7:27	00:46:20.53
25	21/108	3/16	567	Robert Trefcer	M	45	Bellmore	NY	7:27	00:46:22.15
26	5/100	4/19	558	Maria Smit	F	37	Syosset	NY	7:28	00:46:26.40
27	22/108	1/14	490	John Keichline	M	50	Plainview	NY	7:33	00:46:56.90
28	23/108	2/6	568	Michael Trimarco	M	38	Bethpage	NY	7:33	00:47:01.15
29	24/108	4/18	581	Glen Wolther	M	57	Jericho	NY	7:35	00:47:09.84
30	25/108	4/16	557	Edward Simko	M	47	Huntington	NY	7:38	00:47:27.37
31	6/100	1/5	467	Theresa Gannon	F	27	Farmingdale	NY	7:38	00:47:31.68
32	26/108	2/7	469	Brandon Garrett	M	38	Huntington	NY	7:39	00:47:35.92
33	27/108	5/16	533	Marco Papaleo	M	46	Huntington	NY	7:39	00:47:36.12
34	7/100	1/1	433	Robyn Cotler	F	47	Syosset	NY	7:40	00:47:41.15
35	28/108	2/14	541	Steve Rossi	M	34	Hauppauge	NY	7:41	00:47:47.30
36	29/108	3/7	451	James Fekert	M	52	Floral Park	NY	7:42	00:47:54.15
37	30/108	3/6	437	Martin Czuba	M	37	Sayville	NY	7:42	00:47:54.23
38	8/100	5/19	571	Meredith Vogel	F	36	Melville	NY	7:43	00:47:59.54
39	31/108	1/4	630	Robert Germino	M	34	Glen Cove	NY	7:43	00:48:01.15
40	9/100	1/14	594	Maureen Stammers-Janzen	F	49	Dix Hills	NY	7:43	00:48:01.90
41	10/100	1/16	415	Staci Blanket	F	50	Old Bethpage	NY	7:44	00:48:05.40
42	32/108	4/11	482	Art Hickey	M	54	Bohemia	NY	7:45	00:48:14.96
43	33/108	3/14	462	Gary Freitag	M	50	Ronkonkoma	NY	7:46	00:48:17.83
44	34/108	2/4	619	Chris Brown	M	34	Huntington	NY	7:46	00:48:19.85
45	11/100	1/14	405	Pam Algier	F	31	Huntington	NY	7:48	00:48:30.48
46	35/108	4/7	616	Paul Escher	M	44	Garden City	NY	7:48	00:48:31.65
47	36/108	5/11	493	Keith Kleiman	M	51	Syosset	NY	7:50	00:48:41.94
48	37/108	6/16	527	Timothy Oleary	M	45	East Meadow	NY	7:51	00:48:47.36
49	38/108	1/8	525	Daniel O'connell	M	67	Oyster Bay	NY	7:51	00:48:50.20
50	39/108	5/18	602	Larry Brown	M	57	Oyster Bay	NY	7:52	00:48:58.30
51	12/100	2/14	418	Judith Brenner	F	45	Plainview	NY	7:53	00:48:59.31
52	40/108	2/5	634	Chris Bartlett	M	42	Farmingdale	NY	7:54	00:49:11.56
53	13/100	1/10	410	Patty Baker	F	41	Farmingdale	NY	7:56	00:49:20.10
54	41/108	6/18	479	Bill Guichard	M	59	Melville	NY	7:56	00:49:22.12
55	42/108	6/11	438	Francis Demayo	M	50	Greenlawn	NY	7:57	00:49:24.35
56	14/100	2/5	470	Pamela Geisel	F	26	Long Beach	NY	7:58	00:49:31.65
57	43/108	7/18	510	Frank Martinez	M	57	Commack	NY	7:58	00:49:33.30

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Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	Pace	Time
58	15/100	2/10	599	Lorraine Browne	F	44	Flushing	NY	7:58	00:49:33.91
59	44/108	7/16	460	Michael Fred	M	49	Wantagh	NY	8:02	00:49:58.66
60	45/108	5/7	577	Harry Weinblatt	M	52	Merrick	NY	8:02	00:50:00.91
61	16/100	6/19	465	Heather Friedland	F	38	Syosset	NY	8:03	00:50:04.24
62	46/108	8/16	570	Joseph Vaccaro	M	47	Huntington	NY	8:07	00:50:27.16
63	47/108	7/11	476	Daniel Goldstein	M	52	Huntington Station	NY	8:08	00:50:33.34
64	17/100	2/16	609	Lisa Colby	F	50	Smithtown	NY	8:08	00:50:34.56
65	18/100	3/16	608	Mary Lenzi	F	54	Hauppauge	NY	8:09	00:50:44.41
66	19/100	3/14	529	Mary Otto	F	48	Oakdale	NY	8:11	00:50:53.88
67	48/108	8/11	508	Edward Marian	M	54	Huntington Station	NY	8:12	00:50:58.91
68	20/100	4/16	547	Louise Senato	F	52	Merrick	NY	8:12	00:51:01.61
69	21/100	4/14	481	Nicole Henn	F	46	Syosset	NY	8:16	00:51:22.36
70	49/108	9/16	498	Marc Kornheiser	M	45	Queens	NY	8:17	00:51:29.24
71	50/108	9/11	407	John Arnold	M	53	N. Massapequa	NY	8:18	00:51:39.20
72	22/100	5/16	612	Carmen Every-Degel	F	50	Dix Hills	NY	8:19	00:51:41.57
73	51/108	2/8	521	Glenn Morse	M	65	Massapequa	NY	8:19	00:51:45.49
74	52/108	3/5	606	Thomas Mcmanus	M	41	Plainview	NY	8:25	00:52:21.29
75	53/108	1/3	456	Michael Floman	M	70	Bayside	NY	8:26	00:52:29.19
76	54/108	8/18	513	James Mcdougall	M	59	Ronkonkoma	NY	8:27	00:52:31.62
77	55/108	4/14	625	Michael Simone	M	35	North Babylon	NY	8:28	00:52:38.13
78	23/100	5/14	444	Wendy Disilvestro	F	46	East Northport	NY	8:29	00:52:45.17
79	24/100	2/14	443	Chantelle Dilorenzo	F	30	Huntington	NY	8:37	00:53:37.44
80	56/108	4/5	472	Robert Genovese	M	61	Baldwin	NY	8:38	00:53:39.42
81	25/100	1/9	511	Fay Mattana	F	56	Great Neck	NY	8:39	00:53:50.42
82	26/100	7/19	449	Dawn Farina	F	38	West Babylon	NY	8:41	00:53:58.35
83	57/108	6/7	539	Howard Rabin	M	56	Hicksville	NY	8:42	00:54:03.85
84	27/100	2/9	485	Lorraine Huether	F	58	Melville	NY	8:44	00:54:21.48
85	58/108	10/11	595	Lew Bauer	M	54	Massapequa	NY	8:44	00:54:21.48
86	59/108	1/2	621	Jack Zawadzki	M	11	Flushing	NY	8:45	00:54:24.16
87	28/100	6/14	517	Elizabeth Melillo	F	49	Northport	NY	8:45	00:54:25.17
88	60/108	9/18	554	Dane Sidi	M	59	Plainview	NY	8:47	00:54:39.62
89	61/108	10/18	592	Charles Cusenza	M	57	Syosset	NY	8:50	00:54:54.92
90	29/100	8/19	536	Christine Peirano	F	38	Mount Sinai	NY	8:50	00:54:57.67
91	30/100	6/16	633	Lisa Capelonge	F	51	Merrick	NY	8:52	00:55:07.67
92	62/108	10/16	505	Louis Malcangi	M	47	Seaford	NY	8:53	00:55:12.79
93	31/100	7/16	466	Sheri Gaitings	F	53	Huntington	NY	8:53	00:55:13.99
94	63/108	5/14	597	Michael Riccuiti	M	51	West Babylon	NY	8:56	00:55:32.12
95	32/100	8/16	514	Doreen Mcdougall	F	50	Ronkonkoma	NY	8:56	00:55:32.73
96	33/100	7/14	461	Maria Fred	F	49	Wantagh	NY	8:57	00:55:42.17
97	34/100	9/16	611	Jennifer Despagna	F	50	Huntington	NY	8:59	00:55:51.18
98	64/108	3/8	582	Perry Zeichner	M	66	Brightwaters	NY	8:59	00:55:53.25
99	35/100	1/2	579	Gloria Withus	F	64	Brentwood	NY	9:00	00:55:57.17
100	36/100	3/14	631	Paola Garzon	F	32	Plainview	NY	9:00	00:55:58.32
101	65/108	3/4	555	Andrew Sidi	M	34	Plainview	NY	9:02	00:56:08.68
102	66/108	6/14	593	John Stauber	M	53	Massapequa	NY	9:04	00:56:26.21
103	37/100	3/5	409	Lisa Ault	F	27	New York	NY	9:05	00:56:26.83
104	38/100	3/10	402	Roseann Alamia	F	43	Seaford	NY	9:05	00:56:31.18
105	39/100	9/19	411	Sharon Bank	F	35	Woodbury	NY	9:06	00:56:36.68
106	40/100	10/16	624	Bobbi Nigro	F	53	Bellerose	NY	9:06	00:56:36.68
107	41/100	11/16	446	Joann Distler	F	53	Merrick	NY	9:08	00:56:46.13
108	67/108	11/16	506	Michael Mandolese	M	45	Bethpage	NY	9:08	00:56:50.18
109	42/100	12/16	492	Donna Kleiman	F	52	Syosset	NY	9:08	00:56:51.18
110	43/100	10/19	431	Alexid Cote	F	35	West Islip	NY	9:09	00:56:55.80
111	68/108	7/14	524	Paul Ng	M	32	Franklin Square	NY	9:15	00:57:32.68
112	69/108	12/16	627	Glenn Lostritto	M	47	Glen Head	NY	9:16	00:57:38.39
113	70/108	8/14	586	Joseph Zimmerman	M	44	New York	NY	9:16	00:57:38.93
114	71/108	4/4	523	Philip Nash	M	32	East Meadow	NY	9:17	00:57:45.68

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Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
115	44/100	11/19	441	Maria Difino	F	36	Massapequa	NY	9:18	00:57:47.56
116	45/100	4/14	475	Toni Gleason	F	32	Massapequa	NY	9:18	00:57:47.93
117	46/100	8/14	516	Patty Mcnamara	F	47	Holbrook	NY	9:18	00:57:52.18
118	72/108	4/6	454	Russell Fink	M	36	Merrick	NY	9:19	00:57:54.40
119	47/100	13/16	617	Lynn Leon	F	53	Glen Oaks	NY	9:19	00:57:59.12
120	73/108	4/8	542	Vic Rossi	M	68	Hauppauge	NY	9:20	00:58:00.75
121	48/100	1/2	455	Sue Fitzpatrick	F	54	Dix Hills	NY	9:24	00:58:30.10
122	49/100	5/14	522	Karen Nash	F	32	East Meadow	NY	9:25	00:58:35.72
123	50/100	12/19	564	Heather Sznol	F	37	Plainview	NY	9:25	00:58:36.12
124	74/108	9/14	515	Ryan Mcgowan	M	42	Northport	NY	9:26	00:58:42.42
125	75/108	5/6	603	Ontiretse Manyala	M	37	Port Jefferson	NY	9:27	00:58:45.66
126	51/100	1/1	546	Constance Sehlmeier	F	69	Syosset	NY	9:27	00:58:47.28
127	52/100	13/19	416	Jody Brahms	F	38	Bayside	NY	9:27	00:58:48.91
128	76/108	5/8	588	Howard Cragg	M	67	Bethpage	NY	9:29	00:59:01.91
129	77/108	2/2	623	Liam Conroy	M	12	Rockville Centre	NY	9:30	00:59:05.18
130	78/108	7/7	598	Mark Derrich	M	58	Mineola	NY	9:31	00:59:09.24
131	79/108	2/3	615	Doug Escher	M	70	Garden City	NY	9:31	00:59:10.19
132	53/100	14/19	474	Timna Glambosky	F	36	Syosset	NY	9:35	00:59:35.46
133	54/100	4/10	458	Dana Forstadt	F	43	Massapequa Park	NY	9:38	00:59:53.74
134	55/100	9/14	512	Denise May	F	49	Babylon	NY	9:38	00:59:53.74
135	56/100	15/19	421	Samantha Bursztyn	F	36	Woodbury	NY	9:39	01:00:01.83
136	80/108	1/1	518	Jose Mendez	M	76	Brentwood	NY	9:39	01:00:03.67
137	57/100	10/14	426	Marina Castellan	F	46	Mineola	NY	9:40	01:00:05.19
138	81/108	11/18	459	Mark Frankel	M	58	Great Neck	NY	9:43	01:00:23.60
139	82/108	12/18	544	Gerard Ruiz	M	55	Hicksville	NY	9:47	01:00:47.62
140	83/108	2/2	584	Ari Zelman	M	25	Roslyn	NY	9:47	01:00:51.69
141	84/108	13/18	583	Gary Zelman	M	55	Roslyn	NY	9:47	01:00:52.91
142	58/100	11/14	620	Georgianne Kraft	F	47	Douglaston	NY	9:54	01:01:36.19
143	59/100	1/1	428	Helma Clavin	F	71	Lake Ronkonkoma	NY	9:56	01:01:43.94
144	85/108	14/18	589	Michael Wizior	M	56	Bayshore	NY	9:57	01:01:52.11
145	86/108	10/14	573	Jeffrey Walker	M	48	Smithtown	NY	9:58	01:02:00.44
146	60/100	6/14	614	Amanda Mcgrath	F	30	Butler	NJ	10:00	01:02:13.20
147	87/108	5/5	613	Andrew Cohen	M	62	Massapequa	NY	10:00	01:02:13.92
148	61/100	3/9	412	Judy Baum	F	58	Glen Head	NY	10:01	01:02:16.94
149	62/100	4/5	439	Meghan Devito	F	29	Patchgoue	NY	10:02	01:02:23.26
150	63/100	4/9	419	Janice Brown	F	59	Valley Stream	NY	10:03	01:02:32.60
151	64/100	7/14	632	Natalia Garzon	F	32	Plainview	NY	10:04	01:02:34.83
152	88/108	11/14	596	Keith Lefkof	M	38	Jamaica	NY	10:05	01:02:42.70
153	89/108	15/18	556	Mark Silverman	M	55	Baldwin	NY	10:09	01:03:07.81
154	90/108	4/5	548	Thomas Shaw	M	44	White Plains	NY	10:13	01:03:31.20
155	91/108	13/16	403	Brian Albert	M	48	Massapequa	NY	10:13	01:03:34.67
156	65/100	5/9	497	Joanne Kong	F	56	W. Babylon	NY	10:16	01:03:52.39
157	66/100	8/14	587	Guzide Zurak	F	31	Merrick	NY	10:18	01:04:06.45
158	67/100	1/2	448	Gabrielle Farah	F	24	Wantagh	NY	10:19	01:04:10.23
159	68/100	5/10	484	Melissa Horowitz	F	40	Plainview	NY	10:20	01:04:18.45
160	69/100	6/10	499	Danielle Koster	F	43	Plainview	NY	10:21	01:04:18.95
161	70/100	2/2	404	Allison Aldrich	F	28	Centereach	NY	10:21	01:04:20.41
162	92/108	6/8	520	Ben Milone	M	65	Ozone Park	NY	10:23	01:04:34.65
163	71/100	9/14	417	Elizabeth Braun	F	33	West Islip	NY	10:26	01:04:54.95
164	72/100	7/10	429	Catherine Colavito	F	41	Lindenhurst	NY	10:26	01:04:54.95
165	73/100	6/9	540	Donna Rosen	F	58	Jericho	NY	10:29	01:05:14.45
166	74/100	16/19	489	Amy Katz	F	37	Plainview	NY	10:31	01:05:23.20
167	75/100	1/3	501	Jeanna Lambert	F	38	Hicksville	NY	10:31	01:05:26.70
168	76/100	12/14	537	Lori Polansky	F	46	E Meadow	NY	10:39	01:06:12.27
169	77/100	14/16	628	Rosemary Jones	F	52	Babylon	NY	10:39	01:06:12.27
170	93/108	14/16	500	Michael Laforgia	M	48	Smithtown	NY	10:39	01:06:12.87
171	78/100	17/19	601	Rosibell Garcia	F	39	Oyster Bay	NY	10:39	01:06:14.99

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172	94/108	7/8	519	Alan Mensch	M	68	Melville	NY	10:40	01:06:22.83
173	79/100	8/10	531	Diana Palmieri	F	44	Port Jefferson Station	NY	10:41	01:06:27.11
174	95/108	16/18	473	Steve Gerson	M	56	East Meadow	NY	10:45	01:06:49.46
175	80/100	15/16	565	Brenda Tirsun	F	54	Port Washington	NY	10:45	01:06:51.71
176	81/100	13/14	502	Katherine Lettenberger	F	45	St. James	NY	10:46	01:06:55.21
177	82/100	10/14	560	Heather Softy	F	32	Bethpage	NY	10:52	01:07:32.21
178	83/100	2/2	636	Lauren Cioffi	F	23	Centereach	NY	10:59	01:08:17.81
179	84/100	11/14	430	Leah Conis	F	32	Manhasset	NY	11:02	01:08:35.69
180	96/108	15/16	447	Brian Dobkin	M	48	New Hyde Park	NY	11:06	01:09:00.89
181	85/100	16/16	423	Lisa Carlisi	F	51	Oceanside	NY	11:09	01:09:17.39
182	86/100	7/9	477	Amy Goldstein	F	55	Farmingdale	NY	11:18	01:10:14.98
183	87/100	2/3	526	Maria Oleary	F	50	East Meadow	NY	11:18	01:10:16.19
184	88/100	18/19	607	Teresa Salvato	F	39	Oyster Bay	NY	11:20	01:10:25.96
185	89/100	8/9	550	Kathy Sheridan	F	59	East Northport	NY	11:29	01:11:23.17
186	97/108	12/14	442	Stephen Dilorenzo	M	31	Huntington	NY	11:30	01:11:32.22
187	90/100	12/14	528	Elizabeth Onufrey	F	30	Wantagh	NY	11:31	01:11:34.96
188	91/100	9/10	486	Karen Hurlbert	F	42	Islip Terrace	NY	11:32	01:11:40.44
189	98/108	3/3	559	Frederick Smith	M	70	Hempstead	NY	11:32	01:11:44.31
190	92/100	19/19	575	Caren Walsh	F	36	Oyster Bay	NY	11:33	01:11:49.17
191	99/108	5/5	629	Razgiem Graves	M	42	Jamaica	NY	11:34	01:11:55.22
192	93/100	5/5	424	Jennifer Carlisi	F	25	Oceanside	NY	11:35	01:11:59.97
193	94/100	13/14	414	Kelly Bergesen	F	33	Middle Island	NY	11:40	01:12:31.68
194	100/108	6/6	543	Matthew Ruddick	M	35	East Patchogue	NY	11:40	01:12:31.89
195	95/100	14/14	552	Mabel Sicoco	F	45	Selden	NY	11:49	01:13:28.98
196	101/108	16/16	553	Rollo Sicoco	M	46	Selden	NY	11:49	01:13:30.68
197	96/100	2/2	483	Rochelle Holden	F	61	Westbury	NY	11:53	01:13:51.69
198	102/108	17/18	471	Mark Gelbien	M	58	Plainview	NY	11:55	01:14:06.90
199	97/100	14/14	561	Laura Softy	F	30	Bethpage	NY	11:59	01:14:30.49
200	103/108	8/8	496	Harvey Kolin	M	67	Babylon	NY	11:59	01:14:31.15
201	104/108	11/11	538	Jeff Polish	M	54	Croton Falls	NY	12:04	01:15:03.72
202	98/100	10/10	408	Monifa Ash	F	41	Shirley	NY	12:05	01:15:07.16
203	99/100	9/9	503	Eileen Losquadro	F	55	Lake Grove	NY	12:17	01:16:23.73
204	100/100	3/3	478	Dawn Grabois	F	40	Plainview	NY	12:58	01:20:34.97
205	105/108	18/18	604	Steven Millon	M	55	East Meadow	NY	12:59	01:20:41.10
206	106/108	13/14	549	Bill Sheridan	M	58	East Northport	NY	13:11	01:22:00.50
207	107/108	14/14	427	Michael Cataldo	M	60	N. Massapequa	NY	14:16	01:28:44.67
208	108/108	1/1	491	Howard Kestenbaum	M	82	Plainview	NY	15:45	01:37:53.53