

Tri One On 2014

June 15, 2014

Tri Individual

Overall Results - Female

Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----				----- RUN -----			Penalty	Total Time
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time	Plc		
1	719	Nicole Falcaro	F	27	New York	NY	00:07:19	32	1:20	00:01:22	00:32:37	82	19.3	00:00:51	00:18:02	2	6:00	01:00:09.12
2	482	Megan Martin	F	34	Huntington	NY	00:08:38	144	1:34	00:01:46	00:31:18	53	20.1	00:01:04	00:21:23	56	7:07	01:04:07.25
3	759	Katy May	F	29	New York	NY	00:07:16	31	1:19	00:01:52	00:32:53	88	19.2	00:01:31	00:21:04	47	7:01	01:04:33.00
4	688	Caitlin Alexander	F	26	New York	NY	00:08:08	75	1:29	00:01:06	00:33:07	100	19.0	00:00:49	00:22:09	79	7:22	01:05:16.66
5	755	Erin Lusenskas	F	26	East Atlantic Beach	NY	00:08:31	123	1:33	00:01:02	00:33:00	92	19.1	00:00:38	00:22:41	96	7:33	01:05:49.43
6	529	Amie Weber	F	36	Rockville Centre	NY	00:08:54	189	1:37	00:01:34	00:32:26	76	19.4	00:01:06	00:22:04	75	7:21	01:06:01.80
7	449	Charlotte Johnson	F	47	Port Jefferson Station	NY	00:09:34	302	1:44	00:01:27	00:31:56	68	19.7	00:00:49	00:22:50	110	7:36	01:06:32.94
8	499	Erika Papaccioli	F	33	New York	NY	00:08:55	197	1:37	00:01:42	00:32:56	89	19.1	00:00:50	00:22:22	88	7:27	01:06:43.45
9	468	Teresa Lenzi	F	36	New York	NY	00:07:29	38	1:22	00:01:10	00:34:59	176	18.0	00:00:59	00:23:45	159	7:54	01:08:20.18
10	502	Allyson Price	F	32	Kensington	MD	00:08:49	170	1:36	00:01:27	00:35:03	182	18.0	00:01:32	00:22:49	108	7:36	01:09:37.68
11	701	Cindy Cario	F	28	Flushing	NY	00:08:38	145	1:34	00:02:19	00:34:01	128	18.5	00:01:01	00:23:46	162	7:55	01:09:42.58
12	532	Noelle Yang	F	33	Long Island City	NY	00:08:00	63	1:27	00:02:02	00:36:20	240	17.3	00:00:48	00:22:59	118	7:39	01:10:06.85
13	411	Elizabeth Carpenter	F	34	New York	NY	00:10:06	370	1:50	00:02:12	00:33:54	123	18.6	00:01:04	00:22:58	115	7:39	01:10:10.76
14	501	Kristyn Pluchino	F	33	Jersey City	NJ	00:09:36	309	1:45	00:02:11	00:32:18	73	19.5	00:01:08	00:25:05	220	8:21	01:10:16.00
15	508	Heidi Roussis	F	42	Westbury	NY	00:09:31	293	1:44	00:01:24	00:35:11	190	17.9	00:00:59	00:23:16	133	7:45	01:10:18.78
16	801	Melissa West	F	25	N Massapequa	NY	00:08:31	124	1:33	00:02:56	00:33:34	111	18.8	00:01:04	00:24:20	183	8:06	01:10:22.67
17	406	Bridget Black	F	30	New York	NY	00:08:47	166	1:36	00:03:39	00:35:28	198	17.8	00:01:08	00:21:27	59	7:08	01:10:27.05
18	491	Angela Moore	F	31	New York	NY	00:09:07	221	1:39	00:01:45	00:35:05	184	18.0	00:01:16	00:23:17	136	7:45	01:10:27.19
19	790	Rosie Snow	F	29	New York	NY	00:06:17	2	1:08	00:02:32	00:36:22	242	17.3	00:01:03	00:24:29	192	8:09	01:10:41.27
20	709	Kate Driscoll	F	28	New York	NY	00:08:04	66	1:28	00:02:08	00:35:55	213	17.5	00:01:18	00:23:57	167	7:58	01:11:19.00
21	447	Sara Hunninghake	F	33	Brooklyn	NY	00:09:03	211	1:39	00:02:35	00:35:37	205	17.7	00:01:45	00:22:47	105	7:35	01:11:44.29
22	711	Ellen Dunleavy	F	30	New York	NY	00:09:08	226	1:40	00:02:48	00:36:18	238	17.4	00:01:24	00:22:09	78	7:22	01:11:44.97
23	438	Dayle Gitelman	F	33	New York	NY	00:10:10	378	1:51	00:03:13	00:34:56	174	18.0	00:01:20	00:22:19	85	7:26	01:11:54.85
24	414	Marie Cernotova	F	35	Jackson Heights	NY	00:09:22	263	1:42	00:02:17	00:36:06	222	17.5	00:00:46	00:23:40	154	7:53	01:12:07.90
25	768	Olivia Myszkowski	F	21	Maspeth	NY	00:07:43	51	1:24	00:01:18	00:37:01	265	17.0	00:01:01	00:25:35	247	8:31	01:12:34.54
26	417	Allison Clark	F	34	Setauket	NY	00:09:04	213	1:39	00:01:49	00:40:32	401	15.5	00:01:08	00:20:14	27	6:44	01:12:45.39
27	534	Gina Roselli Geller	F	44	New York	NY	00:09:29	283	1:43	00:02:45	00:34:16	141	18.4	00:01:19	00:25:03	217	8:20	01:12:49.27
28	784	Diane Schubert	F	61	New Hyde Park	NY	00:10:16	386	1:52	00:01:52	00:34:54	172	18.1	00:01:04	00:27:14	344	9:04	01:15:17.65
29	523	Jennifer Taggart	F	41	St James	NY	00:09:21	259	1:42	00:01:36	00:35:34	204	17.7	00:01:33	00:27:39	361	9:12	01:15:39.87
30	517	Jodi Siskind	F	34	New York	NY	00:10:35	432	1:55	00:02:19	00:36:58	263	17.0	00:01:16	00:24:38	200	8:12	01:15:42.79
31	475	Karmen Louie	F	34	New York	NY	00:10:21	403	1:53	00:02:01	00:35:24	196	17.8	00:01:08	00:27:06	336	9:01	01:15:56.69
32	785	Gilda Schultz	F	46	Blue Point	NY	00:08:45	162	1:35	00:02:10	00:37:04	266	17.0	00:01:44	00:26:39	321	8:52	01:16:19.67
33	480	Suzanne Mandel	F	37	Brookville	NY	00:09:06	220	1:39	00:01:46	00:37:08	272	17.0	00:00:51	00:27:36	360	9:11	01:16:24.55
34	402	Inbar Behiri	F	45	Roslyn	NY	00:09:26	274	1:43	00:02:05	00:36:26	243	17.3	00:01:08	00:27:22	348	9:07	01:16:24.63
35	405	Patricia Bertuccio	F	30	Forest Hills	NY	00:09:39	323	1:45	00:02:48	00:36:33	248	17.2	00:01:10	00:26:22	301	8:47	01:16:29.49

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Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
36	424	Jenna Deangelis	F	31	Astoria	NY	00:09:24	268	1:43	00:02:10	00:39:07	351	16.1	00:01:17	00:24:35	197	8:11		01:16:30.63
37	802	Yvonne Yang	F	30	Brooklyn	NY	00:08:15	88	1:30	00:03:09	00:36:27	245	17.3	00:01:49	00:27:13	342	9:04		01:16:51.17
38	467	Simone Lelchuk	F	31	New York	NY	00:09:15	243	1:41	00:01:48	00:38:07	318	16.5	00:02:10	00:25:37	252	8:32		01:16:54.79
39	461	Catherine Clancy-Dumont	F	39	Wantagh	NY	00:09:24	269	1:43	00:01:47	00:35:06	185	18.0	00:01:28	00:29:13	428	9:44		01:16:55.24
40	419	Kelley Curran	F	36	New York	NY	00:10:03	366	1:50	00:01:58	00:37:07	271	17.0	00:02:01	00:26:08	286	8:42		01:17:15.89
41	477	Catherine Macaulay	F	35	New York	NY	00:09:33	296	1:44	00:03:20	00:36:13	231	17.4	00:02:05	00:26:08	287	8:42		01:17:16.19
42	782	Nancy Rieger	F	55	Rye	NY	00:09:17	253	1:41	00:03:08	00:37:43	296	16.7	00:01:53	00:25:25	241	8:28		01:17:24.64
43	448	Sungwon Hwang	F	44	New York	NY	00:10:23	410	1:53	00:02:22	00:39:22	360	16.0	00:01:12	00:24:13	178	8:04		01:17:28.52
44	743	Trisha Kennedy	F	25	East Islip	NY	00:08:54	193	1:37	00:02:05	00:40:25	397	15.6	00:00:54	00:25:39	256	8:32		01:17:55.35
45	450	Tara Johnson	F	43	Rockville Centre	NY	00:08:53	187	1:37	00:02:23	00:37:56	304	16.6	00:01:57	00:26:57	332	8:58		01:18:03.15
46	800	Katie Warren	F	28	Babylon	NY	00:08:17	90	1:30	00:02:42	00:42:16	452	14.9	00:01:11	00:24:13	180	8:04		01:18:36.54
47	404	Keri Bergman	F	36	Roslyn	NY	00:10:55	462	1:59	00:02:41	00:37:33	288	16.8	00:01:10	00:26:23	302	8:47		01:18:38.63
48	452	Helga Junold	F	49	Sea Cliff	NY	00:10:24	413	1:54	00:02:06	00:36:03	219	17.5	00:02:09	00:28:03	380	9:20		01:18:43.29
49	464	Annamarie Lauritsen	F	45	Bethpage	NY	00:08:52	181	1:37	00:02:16	00:40:17	394	15.6	00:01:21	00:26:15	294	8:44		01:18:57.82
50	697	Nancy Breitbarth	F	58	Jericho	NY	00:09:00	205	1:38	00:03:03	00:37:56	303	16.6	00:01:31	00:27:31	357	9:10		01:18:58.69
51	752	Debby Lee	F	25	Brooklyn	NY	00:09:43	326	1:46	00:03:12	00:39:29	369	16.0	00:01:18	00:25:19	237	8:26		01:18:59.24
52	527	Suhair Vermes	F	43	Pelham	NY	00:09:38	319	1:45	00:02:24	00:39:16	356	16.0	00:00:24	00:27:23	349	9:07		01:19:03.26
53	526	Anastasia Ulrich	F	32	New York	NY	00:09:09	229	1:40	00:03:49	00:38:24	328	16.4	00:01:33	00:26:21	300	8:46		01:19:13.02
54	794	Alicia Stein	F	26	Dix Hills	NY	00:09:20	257	1:42	00:02:56	00:39:07	352	16.1	00:01:16	00:26:37	317	8:52		01:19:13.32
55	799	Erin Ward	F	23	Glen Rock	NJ	00:08:39	149	1:34	00:03:19	00:42:01	445	15.0	00:00:50	00:24:28	190	8:09		01:19:14.14
56	724	Brittany Forgione	F	29	New York	NY	00:09:10	232	1:40	00:03:00	00:39:24	364	16.0	00:01:38	00:26:11	290	8:43		01:19:19.87
57	531	Meaghan Wilson	F	32	New York	NY	00:09:29	285	1:44	00:02:46	00:39:50	376	15.8	00:01:02	00:26:34	315	8:51		01:19:38.08
58	420	Christine D'alessandro	F	43	Rockville Centre	NY	00:11:36	515	2:07	00:02:16	00:39:26	366	16.0	00:00:57	00:25:52	271	8:37		01:20:04.00
59	478	Chrystie Young	F	36	Franklin Square	NY	00:10:39	434	1:56	00:03:02	00:34:52	171	18.1	00:01:38	00:29:58	454	9:59		01:20:06.41
60	730	Ellen Gross	F	51	Scarsdale	NY	00:09:38	318	1:45	00:02:04	00:37:38	291	16.7	00:01:19	00:29:35	442	9:51		01:20:10.93
61	516	Elise Simon	F	32	New York	NY	00:10:45	445	1:57	00:02:20	00:40:32	400	15.5	00:01:11	00:25:29	243	8:29		01:20:14.33
62	454	Christine Karlovich	F	34	New York	NY	00:10:43	441	1:57	00:03:11	00:36:04	221	17.5	00:01:56	00:28:23	388	9:27		01:20:15.47
63	685	Jane Ades	F	55	Port Washington	NY	00:09:37	312	1:45	00:02:26	00:38:55	346	16.2	00:01:43	00:27:41	365	9:13		01:20:18.66
64	718	Emily Ershowsky	F	28	New York	NY	00:09:38	317	1:45	00:03:16	00:41:08	425	15.3	00:01:37	00:24:48	208	8:15		01:20:23.30
65	758	Corinna Malakidis	F	30	Long Island City	NY	00:10:18	391	1:52	00:02:34	00:40:07	388	15.7	00:02:07	00:25:43	259	8:34		01:20:45.73
66	763	Marissa Mezzancello	F	29	White Plains	NY	00:10:20	400	1:53	00:03:11	00:37:42	295	16.7	00:01:55	00:27:48	369	9:15		01:20:54.05
67	716	Molly Emerson	F	23	New York	NY	00:12:30	559	2:17	00:01:45	00:37:10	275	17.0	00:00:55	00:28:39	403	9:32		01:20:56.29
68	705	Fanny Chu	F	34	Sunnyside	NY	00:09:21	262	1:42	00:02:47	00:40:26	398	15.6	00:00:41	00:27:55	375	9:18		01:21:07.30
69	746	Melina Koridis	F	28	Astoria	NY	00:09:02	207	1:39	00:02:01	00:37:59	305	16.6	00:02:27	00:30:12	465	10:03		01:21:38.75
70	772	Kimberly O'neill	F	24	Woodside	NY	00:09:10	231	1:40	00:02:21	00:41:43	440	15.1	00:00:44	00:27:51	372	9:16		01:21:46.83

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							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
71	781	Megaera Regan	F	55	New York	NY	00:09:27	276	1:43	00:01:40	00:38:09	319	16.5	00:01:03	00:31:42	500	10:33		01:21:58.32
72	409	Courtney Butler	F	32	New York	NY	00:09:07	225	1:40	00:04:10	00:39:57	382	15.8	00:01:36	00:27:16	345	9:05		01:22:04.21
73	522	Betsy Steve	F	33	Brooklyn	NY	00:12:47	569	2:20	00:02:37	00:38:16	322	16.5	00:00:37	00:27:53	374	9:17		01:22:08.56
74	761	Danielle Mcinerney	F	28	Kew Gardens	NY	00:09:54	348	1:48	00:02:47	00:41:18	433	15.3	00:01:57	00:26:28	308	8:49		01:22:20.97
75	726	Diana Frurip	F	28	Brooklyn	NY	00:08:15	85	1:30	00:03:27	00:39:19	359	16.0	00:02:05	00:29:19	434	9:46		01:22:21.47
76	748	Joan Landers	F	53	Old Westbury	NY	00:10:19	395	1:53	00:03:42	00:38:55	347	16.2	00:02:57	00:26:31	314	8:50		01:22:21.97
77	451	Jennifer Ferrulli	F	41	Merrick	NY	00:10:06	373	1:50	00:02:56	00:36:44	257	17.2	00:02:43	00:30:09	464	10:02		01:22:36.47
78	466	Elyse Lazaruk	F	34	New York	NY	00:10:20	398	1:53	00:03:33	00:42:43	464	14.7	00:01:39	00:24:25	188	8:08		01:22:37.61
79	410	Lisa Canarick	F	35	New York	NY	00:09:20	258	1:42	00:02:09	00:42:44	465	14.7	00:01:25	00:27:10	340	9:03		01:22:46.25
80	401	Virginia Almendarez	F	36	Bronx	NY	00:10:22	408	1:53	00:02:02	00:38:38	337	16.3	00:01:19	00:30:44	477	10:14		01:23:02.59
81	732	Madeleine Hannon	F	25	Garden City	NY	00:09:31	289	1:44	00:02:22	00:41:46	443	15.1	00:00:38	00:28:52	413	9:37		01:23:05.61
82	780	Mona Rechner	F	61	Saint James	NY	00:11:08	483	2:02	00:02:15	00:39:06	350	16.1	00:01:58	00:28:42	406	9:33		01:23:07.71
83	506	Rachel Rohn	F	32	Hempstead	NY	00:08:42	154	1:35	00:04:07	00:38:40	340	16.3	00:01:27	00:30:15	467	10:04		01:23:09.01
84	433	Lara Feoktistoff	F	45	New York	NY	00:10:30	428	1:55	00:02:33	00:39:51	377	15.8	00:01:29	00:28:50	411	9:36		01:23:10.74
85	783	Theresa Rudolph	F	22	Lynbrook	NY	00:11:03	475	2:01	00:01:59	00:41:44	442	15.1	00:01:00	00:27:28	355	9:09		01:23:11.35
86	787	Karen Simons	F	50	Westbury	NY	00:09:07	222	1:39	00:04:28	00:42:29	459	14.8	00:01:28	00:25:50	269	8:36		01:23:19.97
87	459	Meghan Lafronz-Emberger	F	31	Little Neck	NY	00:08:33	133	1:33	00:02:51	00:42:34	460	14.8	00:01:19	00:28:36	398	9:31		01:23:50.25
88	436	Julie Frahm	F	41	New York	NY	00:11:04	478	2:01	00:03:05	00:39:26	365	16.0	00:01:56	00:28:27	390	9:28		01:23:54.17
89	731	Sidonya Hakimi	F	15	Great Neck	NY	00:09:09	228	1:40	00:04:21	00:40:36	404	15.5	00:03:32	00:26:20	299	8:46		01:23:55.26
90	486	Janice Mcfadden	F	49	New York	NY	00:10:07	376	1:51	00:03:14	00:40:37	405	15.5	00:01:37	00:28:35	396	9:31		01:24:07.30
91	733	Hannah Heisinger	F	23	New Providence	NJ	00:11:22	500	2:04	00:02:08	00:42:26	456	14.8	00:00:50	00:27:24	351	9:07		01:24:08.18
92	788	Charlene Sloane	F	62	Jericho	NY	00:09:28	280	1:43	00:02:21	00:39:39	372	15.9	00:01:23	00:31:30	496	10:29		01:24:19.05
93	720	Cristina Fernandez	F	28	New York	NY	00:09:57	353	1:49	00:03:36	00:40:37	406	15.5	00:01:48	00:28:33	395	9:30		01:24:28.99
94	519	Janine Smith	F	49	Ny	NY	00:11:12	491	2:02	00:04:21	00:41:32	436	15.2	00:01:57	00:25:36	249	8:31		01:24:34.86
95	687	Melissa Albanese	F	25	Montclair	NJ	00:09:26	272	1:43	00:04:14	00:43:51	491	14.4	00:02:42	00:24:31	193	8:10		01:24:41.42
96	415	Susan Chan	F	32	Astoria	NY	00:11:13	492	2:02	00:03:22	00:42:09	448	15.0	00:00:54	00:27:18	346	9:05		01:24:53.16
97	692	Judy Baum	F	58	Glen Head	NY	00:10:39	435	1:56	00:02:47	00:40:44	412	15.5	00:01:22	00:29:27	438	9:48		01:24:55.65
98	465	Constance Lawson	F	48	Patchogue	NY	00:10:21	404	1:53	00:02:43	00:43:08	481	14.6	00:01:04	00:27:44	367	9:14		01:24:56.47
99	504	Cheryl Riether	F	32	New York	NY	00:10:02	360	1:49	00:02:45	00:41:46	444	15.1	00:01:53	00:28:37	402	9:32		01:25:00.88
100	693	Bonny Beetham	F	54	Port Washington	NY	00:10:14	381	1:52	00:02:21	00:41:35	438	15.2	00:01:10	00:29:58	455	9:59		01:25:15.81
101	740	Joyce Braun	F	53	New Hyde Park	NY	00:10:13	379	1:51	00:03:47	00:40:52	417	15.4	00:01:17	00:29:17	432	9:45		01:25:23.01
102	503	Pamela Quinlan	F	31	New York	NY	00:10:17	388	1:52	00:03:37	00:40:38	407	15.5	00:01:46	00:29:20	436	9:46		01:25:35.96
103	453	Christina Kane	F	34	Brooklyn	NY	00:09:52	342	1:48	00:03:38	00:40:50	416	15.4	00:01:16	00:30:05	458	10:01		01:25:38.49
104	796	Emily Stern	F	20	Plainview	NY	00:07:32	40	1:22	00:03:12	00:44:22	499	14.2	00:01:48	00:28:48	409	9:35		01:25:39.60
105	408	Jill Brickman	F	36	New York	NY	00:09:54	347	1:48	00:03:33	00:41:11	428	15.3	00:02:26	00:28:57	418	9:38		01:25:58.40

Tri One On 2014

June 15, 2014

Tri Individual

Overall Results - Female

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
106	425	Leanne Diamond	F	38	Brooklyn	NY	00:10:40	437	1:56	00:04:04	00:42:05	447	15.0	00:01:32	00:28:37	401	9:32		01:26:54.04
107	520	Mary Soriano	F	39	New York	NY	00:11:57	535	2:10	00:03:01	00:40:19	395	15.6	00:01:12	00:30:36	475	10:11		01:27:02.36
108	715	Samantha Elghanayan	F	27	New York	NY	00:10:22	406	1:53	00:04:34	00:45:37	518	13.8	00:01:10	00:25:31	244	8:30		01:27:11.29
109	507	Marcia Rothschild	F	44	Rockville Centre	NY	00:10:41	439	1:57	00:02:23	00:40:41	409	15.5	00:01:43	00:32:19	516	10:46		01:27:44.32
110	776	Elizabeth Petrucci	F	26	Locust Valley	NY	00:07:30	39	1:22	00:02:48	00:48:02	538	13.1	00:01:06	00:28:26	389	9:28		01:27:50.14
111	530	Patricia Wheeler	F	50	Jersey City	NJ	00:12:15	550	2:14	00:03:51	00:39:03	349	16.1	00:01:18	00:31:27	495	10:28		01:27:51.30
112	734	Patricia Hickey	F	50	New York	NY	00:11:19	497	2:04	00:03:54	00:41:15	432	15.3	00:01:53	00:29:48	448	9:55		01:28:07.73
113	471	Andrea Jackson	F	37	New York	NY	00:10:26	420	1:54	00:02:12	00:38:29	332	16.4	00:01:33	00:35:38	562	11:52		01:28:16.68
114	518	Sarah Siyufy	F	32	Brooklyn	NY	00:09:43	327	1:46	00:03:07	00:44:42	505	14.1	00:02:00	00:28:55	414	9:38		01:28:24.27
115	798	Silvia Vaher	F	50	Middle Village	NY	00:09:03	210	1:39	00:01:51	00:43:03	476	14.6	00:00:56	00:33:51	537	11:16		01:28:41.23
116	494	Jacklyn Berzansky	F	33	Whitestone	NY	00:08:41	151	1:35	00:02:41	00:41:31	435	15.2	00:01:20	00:34:43	550	11:34		01:28:54.02
117	460	Michele Lampach	F	34	Brooklyn	NY	00:10:48	449	1:58					00:01:30	00:26:43	326	8:54		01:29:02.86
118	458	Dana Kuefner	F	30	Astoria	NY	00:09:18	254	1:41	00:04:45	00:43:39	486	14.4	00:03:07	00:28:30	393	9:29		01:29:15.89
119	760	Jessica Mchugh	F	52	Roslyn	NY	00:11:12	490	2:02	00:02:13	00:40:42	410	15.5	00:01:45	00:33:33	530	11:10		01:29:22.27
120	483	Lenore Massa	F	49	Tuckahoe	NY	00:10:18	393	1:52	00:02:39	00:41:39	439	15.1	00:01:40	00:33:15	528	11:04		01:29:28.24
121	435	Karen Flanzenbaum	F	46	Greenlawn	NY	00:10:04	368	1:50	00:03:31	00:43:02	475	14.6	00:00:59	00:32:02	508	10:40		01:29:34.68
122	498	Kristen Otto	F	33	Holtsville	NY	00:10:04	369	1:50	00:05:35	00:44:50	507	14.1	00:01:27	00:27:51	370	9:16		01:29:45.26
123	497	Amanda Oppel	F	37	Glen Cove	NY	00:11:44	527	2:08	00:03:37	00:43:01	474	14.6	00:02:25	00:29:09	424	9:42		01:29:54.57
124	535	Allison Stark	F	42	New York	NY	00:10:03	365	1:50	00:03:12	00:41:00	422	15.4	00:01:45	00:34:04	538	11:21		01:30:00.16
125	484	Allison Karmel	F	35	Long Beach	NY	00:10:58	467	2:00	00:03:20	00:40:00	383	15.8	00:01:51	00:34:08	541	11:22		01:30:15.27
126	413	Nichole Cerimele	F	33	New York	NY	00:11:03	476	2:01	00:03:52	00:45:20	513	13.9	00:01:08	00:28:57	419	9:38		01:30:16.36
127	729	Marcia Goldberg	F	56	Massapequa	NY	00:10:55	460	1:59	00:03:13	00:43:23	484	14.5	00:01:53	00:31:05	489	10:21		01:30:26.05
128	500	Amanda Piepgras	F	37	Bronx	NY	00:11:16	494	2:03	00:03:48	00:43:01	473	14.6	00:01:50	00:30:49	481	10:16		01:30:42.23
129	476	Chi Ma	F	30	Flushing	NY	00:10:47	448	1:58	00:04:01	00:45:52	522	13.7	00:01:53	00:28:49	410	9:36		01:31:19.32
130	703	Emma Chao	F	29	Brooklyn	NY	00:12:15	549	2:14	00:04:18	00:42:17	453	14.9	00:01:57	00:30:39	476	10:12		01:31:22.90
131	489	Karen Miller	F	45	Roslyn	NY	00:11:20	498	2:04	00:03:30	00:42:56	471	14.7	00:01:57	00:31:56	503	10:38		01:31:36.80
132	496	Ellen Olsen	F	32	Port Washington	NY	00:11:00	471	2:00	00:04:13	00:47:16	532	13.3	00:01:30	00:27:46	368	9:15		01:31:41.51
133	509	Teresa Salvato	F	39	Oyster Bay	NY	00:10:52	456	1:59	00:02:06	00:40:47	414	15.5	00:01:27	00:36:41	569	12:13		01:31:49.64
134	689	Rebecca Amitai	F	57	Old Westbury	NY	00:11:23	502	2:04	00:03:00	00:43:06	479	14.6	00:01:56	00:32:29	520	10:49		01:31:51.36
135	982	Catherine Ma	F	25	Brooklyn	NY	00:11:02	474	2:00	00:02:15	00:48:24	544	13.0	00:01:12	00:29:15	430	9:44		01:32:04.50
136	695	Josephine Bishop	F	52	Port Washington	NY	00:11:04	477	2:01	00:03:13	00:46:04	523	13.7	00:01:39	00:30:09	463	10:02		01:32:05.99
137	690	Lindsay Ayers	F	24	Hoboken	NJ	00:11:36	520	2:07	00:03:42	00:44:32	502	14.1	00:01:55	00:30:23	472	10:07		01:32:06.38
138	723	Ariel Flug	F	23	Melville	NY	00:08:09	76	1:29	00:03:14	00:47:19	533	13.3	00:01:17	00:32:12	513	10:43		01:32:08.07
139	806	Aviva Bang	F	16	Englewood	NJ	00:10:19	397	1:53	00:02:35	00:43:03	478	14.6	00:00:56	00:35:28	557	11:49		01:32:18.70
140	765	Sarah Migliore	F	23	Valley Stream	NY	00:10:16	385	1:52	00:04:17	00:49:21	556	12.8	00:00:46	00:28:02	379	9:20		01:32:39.26

Tri One On 2014

June 15, 2014

Tri Individual

Overall Results - Female

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
141	805	Laurie Buchanan	F	61	Long Beach	NY	00:13:03	574	2:23	00:02:14	00:40:44	411	15.5	00:02:21	00:34:32	549	11:30		01:32:51.49
142	722	Lynette Fishkin	F	58	Bellmore	NY	00:10:00	357	1:49	00:04:06	00:47:02	530	13.4	00:00:46	00:31:01	487	10:20		01:32:52.12
143	428	Kimmy Eng	F	34	Forest Hills	NY	00:09:13	238	1:41	00:03:26	00:47:53	534	13.2	00:01:51	00:30:57	485	10:18		01:33:17.92
144	430	Jacqueline Fagan	F	47	Long Beach	NY	00:09:31	290	1:44	00:02:35	00:46:37	527	13.5	00:02:15	00:32:41	523	10:53		01:33:35.83
145	440	Maria Gruber	F	49	Eastchester	NY	00:12:32	561	2:17	00:03:45	00:45:38	520	13.8	00:01:32	00:30:17	468	10:05		01:33:40.71
146	751	Liza Lee	F	29	Highland Park	NJ	00:12:10	544	2:13	00:04:30	00:44:59	508	14.0	00:01:12	00:31:19	493	10:26		01:34:07.51
147	797	Anya Swiss	F	29	Lake Grove	NY	00:10:02	362	1:50	00:03:08	00:45:46	521	13.8	00:01:15	00:34:13	544	11:24		01:34:21.45
148	745	Holly Kim	F	15	East Hills	NY	00:10:18	394	1:52	00:02:14	00:48:16	541	13.1	00:01:20	00:32:26	518	10:48		01:34:30.51
149	708	Samantha Ditaranto	F	20	Farmingdale	NY	00:09:30	287	1:44	00:04:30	00:49:05	552	12.8	00:01:25	00:30:08	462	10:02		01:34:35.05
150	750	Cindy Lee	F	30	Brooklyn	NY	00:12:46	568	2:20	00:02:52	00:43:44	489	14.4	00:01:09	00:34:12	543	11:23		01:34:40.58
151	515	Elizabeth Silveria	F	43	Barrington	RI	00:11:08	480	2:02	00:05:18	00:43:41	487	14.4	00:02:29	00:32:26	517	10:48		01:34:58.83
152	786	Juliette Selye	F	18	Sea Cliff	NY	00:10:44	444	1:57	00:03:42	00:50:28	563	12.5	00:01:37	00:28:32	394	9:30		01:35:00.66
153	778	Andrea Ratay	F	53	Port Washington	NY	00:13:50	578	2:31	00:03:49	00:44:05	495	14.3	00:01:46	00:31:56	504	10:38		01:35:23.93
154	767	Kathleen Murray	F	50	Bronx	NY	00:11:27	509	2:05	00:04:26	00:44:43	506	14.1	00:02:50	00:32:03	509	10:40		01:35:26.57
155	779	Meredith Rauh	F	27	New York	NY	00:10:17	390	1:52	00:02:19	00:53:30	574	11.8	00:01:04	00:28:36	400	9:31		01:35:43.46
156	444	Lora Lindsey	F	42	New York	NY	00:14:49	587	2:42	00:02:50	00:43:48	490	14.4	00:02:22	00:32:10	511	10:43		01:35:55.87
157	429	Brooke Eplee	F	34	New York	NY	00:10:51	454	1:58	00:10:24	00:40:25	396	15.6	00:01:52	00:32:27	519	10:48		01:35:55.89
158	431	Margaret Farrell	F	42	Bronx	NY	00:10:40	438	1:56	00:03:56	00:45:23	514	13.9	00:02:30	00:34:04	539	11:21		01:36:30.77
159	803	Sandra Zachman	F	56	Hopewell Junction	NY	00:12:07	541	2:12	00:03:00	00:45:37	519	13.8	00:01:40	00:34:20	546	11:26		01:36:41.23
160	505	Yolmi Rivera	F	37	Teaneck	NJ	00:11:58	536	2:11	00:04:58	00:45:06	509	14.0	00:01:24	00:34:18	545	11:25		01:37:41.15
161	774	Stefani Pappas	F	21	Manhasset	NY	00:09:05	215	1:39	00:04:05	00:54:27	583	11.6	00:01:50	00:28:43	407	9:34		01:38:07.09
162	721	Amanda Fiscina	F	26	N. Massapequa	NY	00:09:29	282	1:43	00:03:56	00:57:00	588	11.1	00:01:05	00:26:44	327	8:54		01:38:10.54
163	463	Marilyna Lau	F	31	Flushing	NY	00:12:25	555	2:16	00:03:23	00:47:54	535	13.2	00:01:33	00:33:40	533	11:13		01:38:52.84
164	487	Amy Rabwin	F	35	Brooklyn	NY	00:11:02	473	2:00	00:05:39	00:45:09	510	14.0	00:02:05	00:35:25	556	11:48		01:39:16.61
165	714	Amanda Eisinger	F	27	New York	NY	00:11:02	472	2:00	00:05:01	00:51:38	567	12.2	00:02:17	00:29:29	439	9:49		01:39:23.50
166	462	Jennifer Lapso	F	34	New York	NY	00:11:56	534	2:10	00:03:11	00:45:16	511	13.9	00:02:44	00:36:23	568	12:07		01:39:27.10
167	791	Laura Solinger	F	50	Cutchogue	NY	00:10:15	384	1:52	00:03:07	00:49:38	559	12.7	00:01:18	00:35:31	559	11:50		01:39:47.10
168	741	Jane Jung	F	28	Woodside	NY	00:10:49	452	1:58	00:05:05	00:48:19	543	13.0	00:02:16	00:33:49	536	11:16		01:40:16.44
169	412	Angelica Castillo	F	30	Bogota		00:11:59	537	2:11	00:03:25	00:48:10	540	13.1	00:01:17	00:35:31	560	11:50		01:40:19.69
170	455	Jacqui Koplik	F	48	Wantagh	NY	00:10:21	402	1:53	00:01:58	00:56:51	587	11.1	00:01:29	00:29:46	447	9:55		01:40:21.93
171	696	Pauline Bordonaro	F	17	Port Washington	NY	00:08:47	167	1:36	00:03:53	00:48:18	542	13.0	00:01:45	00:37:44	574	12:34		01:40:25.58
172	422	Terri Dannenberg	F	50	New York	NY	00:11:43	524	2:08	00:04:45	00:48:00	537	13.1	00:02:32	00:33:42	534	11:13		01:40:39.51
173	795	Kimberly Stein	F	24	Stamford	CT	00:09:32	294	1:44	00:02:00	00:49:05	553	12.8	00:01:25	00:38:44	579	12:54		01:40:43.46
174	514	Sheethal Shobowale	F	34	Brooklyn	NY	00:11:29	511	2:05	00:03:41	00:50:22	562	12.5	00:01:24	00:34:12	542	11:23		01:41:05.47
175	728	Tracy Goldberg	F	26	New York City	NY	00:10:55	463	1:59	00:02:04	00:53:45	577	11.7	00:01:05	00:33:44	535	11:14		01:41:29.47

Tri One On 2014

June 15, 2014

Tri Individual

Overall Results - Female

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
176	434	Peggy Fitzgerald	F	49	Locust Valley	NY	00:11:45	528	2:08	00:04:38	00:43:54	492	14.4	00:01:23	00:40:19	582	13:26		01:41:57.54
177	749	Kaitlyn Lavaroni	F	28	Carle Place	NY	00:09:11	235	1:40	00:03:27	00:52:22	569	12.0	00:01:24	00:35:49	563	11:56		01:42:10.68
178	773	Kristin Oppito	F	26	Rome	NY	00:08:51	177	1:37	00:03:56	00:54:25	581	11.6	00:00:58	00:34:29	548	11:29		01:42:37.52
179	756	Michele Lyons	F	55	Lawrence	NY	00:12:39	565	2:18	00:02:48	00:45:19	512	13.9	00:01:29	00:41:10	588	13:43		01:43:22.98
180	744	Nancy Killian	F	51	College Point	NY	00:14:01	581	2:33	00:04:49	00:48:06	539	13.1	00:02:00	00:35:31	558	11:50		01:44:24.29
181	698	Janice Brown	F	59	Valley Stream	NY	00:10:26	421	1:54	00:04:19	00:57:57	590	10.9	00:02:05	00:30:46	480	10:15		01:45:30.29
182	512	Joanne Scibilia-Ditommaso	F	37	Brooklyn	NY	00:14:36	584	2:40	00:05:34	00:51:08	565	12.3	00:02:42	00:33:03	526	11:00		01:46:59.58
183	525	Leigh Ann Tulleson	F	37	Clifton	NJ	00:12:28	558	2:16	00:07:39	00:51:08	564	12.3	00:02:45	00:33:03	527	11:00		01:46:59.69
184	511	Kathrine Schumacher	F	31	Jersey City	NJ	00:10:28	423	1:54	00:06:16	00:52:36	570	12.0	00:02:21	00:36:01	565	12:00		01:47:39.62
185	792	Gloria M. Sosa	F	55	Sea Cliff	NY	00:13:28	577	2:27	00:04:33	00:51:23	566	12.3	00:03:18	00:35:24	555	11:47		01:48:03.48
186	770	Deci Nicolas	F	28	Astoria	NY	00:12:18	552	2:14	00:02:53	00:52:57	573	11.9	00:02:54	00:38:38	578	12:52		01:49:37.67
187	686	Laurie Albanese	F	55	Montclair	NJ	00:12:33	562	2:17	00:03:39	00:49:02	551	12.9	00:02:41	00:42:17	592	14:05		01:50:09.41
188	473	Mary Lombardo	F	40	Silver Spring	MD	00:11:04	479	2:01	00:07:47	00:53:39	575	11.7	00:03:13	00:36:46	570	12:15		01:52:26.91
189	771	Beth Nugent	F	52	Glen Cove	NY	00:15:21	589	2:48	00:03:13	00:51:56	568	12.1	00:01:41	00:40:28	584	13:29		01:52:37.09
190	727	Laurie Gold	F	57	College Point	NY	00:12:23	554	2:15	00:06:08	00:54:14	580	11.6	00:01:18	00:38:49	580	12:56		01:52:50.21
191	699	Hayley Brown	F	29	Millburn	NJ	00:10:29	425	1:54	00:08:37	00:49:16	554	12.8	00:03:43	00:42:06	591	14:01		01:54:08.04
192	702	Fallon Chan	F	30	Bellerose	NY	00:14:52	588	2:43	00:03:28	00:54:27	582	11.6	00:01:32	00:41:43	590	13:54		01:55:59.10
193	533	Linda Zarin	F	50	Roslyn Heights	NY	00:13:11	576	2:24	00:03:01	01:08:21	596	9.2	00:01:54	00:29:58	453	9:59		01:56:21.11
194	456	Lisa Chan-Brown	F	39	Brooklyn	NY	00:16:16	593	2:58	00:03:37	00:52:54	572	11.9	00:02:59	00:40:55	587	13:38		01:56:38.80
195	742	Urania Castaneda	F	40	College Point	NY	00:11:18	496	2:03	00:05:03	01:06:49	595	9.4	00:01:00	00:48:12	596	16:03		02:12:19.60

Tri One On 2014

June 15, 2014

Tri Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
1	56	Mark Lucas	M	37	New York	NY	00:06:23	5	1:09	00:00:49	00:27:59	2	22.5	00:00:40	00:18:44	6	6:14		00:54:31.55
2	651	Andreas Schmidt	M	47	New York City	NY	00:06:26	7	1:10	00:00:58	00:28:12	5	22.3	00:00:43	00:18:59	10	6:19		00:55:15.81
3	266	Ian Bachman-Sanders	M	27	New York	NY	00:07:03	23	1:17	00:01:18	00:28:58	8	21.8	00:00:41	00:18:35	4	6:11		00:56:31.96
4	15	Scott Burman	M	36	Garden City	NY	00:06:38	13	1:12	00:01:02	00:28:59	9	21.7	00:00:58	00:19:00	11	6:19		00:56:34.45
5	282	David Cohen	M	32	New York	NY	00:06:43	16	1:13	00:01:05	00:27:53	1	22.6	00:00:48	00:20:18	29	6:45		00:56:43.90
6	53	Aaron Lewis	M	20	Jericho	NY	00:07:47	52	1:25	00:01:00	00:28:39	7	22.0	00:00:39	00:18:52	9	6:17		00:56:54.22
7	227	Thomas Sullivan	M	43	Jackson Heights	NY	00:07:06	25	1:17	00:01:16	00:29:02	10	21.7	00:00:51	00:19:03	12	6:20		00:57:16.52
8	356	Matthew Raske	M	32	New York	NY	00:06:27	8	1:10	00:01:19	00:30:00	22	21.0	00:00:52	00:18:42	5	6:13		00:57:17.86
9	92	Sean Tedesco	M	38	East Meadow	NY	00:06:22	4	1:09	00:01:04	00:29:30	15	21.4	00:00:38	00:19:57	21	6:38		00:57:26.86
10	622	Jose Lopez	M	52	Mineola	NY	00:06:57	22	1:16	00:01:00	00:28:12	4	22.3	00:00:35	00:20:48	38	6:55		00:57:28.44
11	149	Lester Deleon	M	40	Westbury	NY	00:07:14	29	1:19	00:01:05	00:28:02	3	22.5	00:00:44	00:20:54	41	6:57		00:57:56.98
12	3	Bobby Baile	M	37	Matawan	NJ	00:06:45	19	1:13	00:01:25	00:29:43	17	21.2	00:00:56	00:19:41	19	6:33		00:58:27.27
13	237	Robert Votruba	M	43	Garden City	NY	00:07:22	33	1:20	00:01:23	00:29:58	20	21.0	00:01:05	00:19:27	17	6:28		00:59:12.72
14	100	Thomas Weber	M	35	Rockville Centre	NY	00:08:09	77	1:29	00:01:31	00:29:42	16	21.2	00:01:09	00:18:47	7	6:15		00:59:15.54
15	315	Adam Kollender	M	31	New York	NY	00:08:22	102	1:31	00:01:09	00:29:11	11	21.6	00:01:06	00:19:31	18	6:30		00:59:16.28
16	21	Patrick Daly	M	16	Pearl River	NY	00:06:30	9	1:11	00:00:48	00:31:05	46	20.3	00:00:59	00:20:01	22	6:40		00:59:19.48
17	126	Kenneth Abell	M	41	Port Washington	NY	00:06:44	18	1:13	00:01:05	00:30:48	38	20.5	00:00:45	00:20:03	23	6:40		00:59:22.92
18	379	Ryan Walsh	M	28	New York	NY	00:06:21	3	1:09	00:02:04	00:31:00	45	20.3	00:01:14	00:19:09	15	6:22		00:59:45.41
19	148	Ned Daily	M	57	Garden City Park	NY	00:08:38	143	1:34	00:01:28	00:28:30	6	22.1	00:00:49	00:20:34	32	6:51		00:59:56.30
20	335	Brendan Mccarthy	M	32	Manhasset	NY	00:08:11	79	1:29	00:01:26	00:30:41	33	20.5	00:00:52	00:19:06	13	6:21		01:00:12.58
21	27	Eamonn Flood	M	38	Great Neck	NY	00:06:44	17	1:13	00:00:59	00:29:29	14	21.4	00:00:48	00:22:43	101	7:34		01:00:40.49
22	101	Robert Weston	M	37	Manhasset	NY	00:07:33	42	1:22	00:01:24	00:29:14	12	21.6	00:01:05	00:21:28	61	7:09		01:00:41.86
23	62	Derek Mchugh	M	36	Bronx	NY	00:07:52	58	1:26	00:01:22	00:30:18	25	20.8	00:00:59	00:20:13	26	6:44		01:00:42.41
24	380	Stephen Ward	M	28	New York	NY	00:08:23	105	1:31	00:01:02	00:30:00	21	21.0	00:00:48	00:20:38	33	6:52		01:00:49.61
25	654	Danny Selcow	M	50	New York	NY	00:08:05	70	1:28	00:01:02	00:30:47	37	20.5	00:00:43	00:20:17	28	6:45		01:00:51.53
26	297	Victor Flores	M	34	Manhasset	NY	00:07:14	30	1:19	00:01:40	00:30:02	23	21.0	00:00:53	00:21:22	55	7:07		01:01:09.35
27	189	Michael Lewis	M	41	Port Washington	NY	00:08:17	91	1:30	00:01:15	00:31:13	50	20.2	00:01:07	00:19:26	16	6:28		01:01:15.53
28	372	William Treichler	M	26	New York	NY	00:07:32	41	1:22	00:01:15	00:31:24	54	20.1	00:01:13	00:20:09	24	6:42		01:01:30.04
29	215	Michael Resvanis	M	40	Stony Brook	NY	00:07:38	48	1:23	00:01:05	00:31:50	66	19.8	00:00:48	00:21:09	48	7:02		01:02:26.76
30	343	Jonathan Ng	M	34	Forest Hills	NY	00:08:56	198	1:38	00:01:25	00:30:35	30	20.6	00:01:01	00:20:33	31	6:50		01:02:29.16
31	384	Dustin Emrani	M	29	New York	NY	00:07:35	43	1:23	00:01:35	00:33:47	116	18.6	00:01:46	00:17:51	1	5:56		01:02:33.16
32	665	Christopher Thompson	M	50	Port Washington	NY	00:07:39	49	1:23	00:01:35	00:30:42	34	20.5	00:01:20	00:21:20	53	7:06		01:02:33.85
33	167	Michael Gleason	M	43	Lynbrook	NY	00:08:18	92	1:30	00:01:35	00:31:05	47	20.3	00:00:57	00:20:42	34	6:53		01:02:33.96
34	137	David Broad	M	58	New York	NY	00:08:25	108	1:32	00:01:50	00:30:38	32	20.6	00:01:00	00:20:50	39	6:56		01:02:40.07
35	553	John Antretter	M	51	Port Washington	NY	00:08:11	81	1:29	00:01:56	00:30:58	43	20.4	00:00:59	00:20:46	36	6:55		01:02:47.07

Tri One On 2014

June 15, 2014

Tri Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
36	47	Justin Kaplan	M	39	Brooklyn	CT	00:07:10	27	1:18	00:01:17	00:31:18	52	20.1	00:00:51	00:22:37	93	7:32		01:03:10.29
37	166	Brian Gielbeda	M	40	New York	NY	00:07:28	35	1:21	00:01:36	00:30:14	24	20.8	00:01:01	00:23:03	122	7:40		01:03:18.95
38	155	Kenneth Faltischek	M	40	Port Washington	NY	00:08:45	161	1:35	00:01:02	00:30:51	39	20.4	00:00:45	00:22:10	81	7:23		01:03:30.74
39	220	Philip Rybecky	M	56	Port Washington	NY	00:08:13	83	1:30	00:01:32	00:30:57	41	20.4	00:00:57	00:21:54	70	7:17		01:03:30.76
40	364	Cameron Smith	M	31	New York	NY	00:07:51	56	1:26	00:01:50	00:29:25	13	21.4	00:01:22	00:23:11	127	7:43		01:03:37.26
41	371	Raymond Tang	M	30	Brooklyn	NY	00:08:28	119	1:32	00:01:58	00:30:24	26	20.7	00:00:52	00:22:00	72	7:19		01:03:39.93
42	72	Douglas Palma	M	37	Bronxville	NY	00:08:55	195	1:37	00:01:14	00:31:35	57	20.0	00:01:14	00:20:44	35	6:54		01:03:40.36
43	588	Steven Gee	M	48	New York	NY	00:08:06	73	1:28	00:01:19	00:31:09	49	20.2	00:00:57	00:22:18	84	7:25		01:03:46.48
44	386	Micah Murray	M	32	New York	NY	00:09:49	337	1:47	00:01:23	00:29:43	18	21.2	00:00:49	00:22:25	90	7:28		01:04:06.78
45	296	Chris Fischer	M	30	Brooklyn	NY	00:08:22	101	1:31	00:01:42	00:32:40	83	19.3	00:00:57	00:20:56	42	6:58		01:04:33.86
46	608	Thomas Kleinberger	M	50	Pelham	NY	00:09:17	252	1:41	00:01:39	00:30:36	31	20.6	00:00:42	00:22:26	91	7:28		01:04:36.99
47	621	Daniel Litwin	M	49	Centereach	NY													01:04:38.53
48	329	Carlos Lopez	M	34	Bronx	NY	00:08:23	103	1:31	00:01:24	00:34:46	166	18.1	00:01:00	00:19:09	14	6:22		01:04:39.11
49	160	Mark Fried	M	44	Brooklyn	NY	00:08:52	182	1:37	00:01:35	00:31:34	56	20.0	00:01:13	00:21:28	60	7:09		01:04:40.50
50	584	Tom Fanuzzi	M	49	Saint James	NY	00:08:16	89	1:30	00:00:50	00:31:38	59	19.9	00:00:53	00:23:15	131	7:44		01:04:50.37
51	674	Paul Wright	M	49	Great Neck	NY	00:08:04	68	1:28	00:01:08	00:30:44	36	20.5	00:00:49	00:24:10	176	8:03		01:04:53.27
52	171	Sidney Heller	M	55	Commack	NY	00:08:25	111	1:32	00:01:27	00:30:57	42	20.4	00:01:12	00:22:59	117	7:39		01:04:57.61
53	81	John Salierno	M	35	Bloomfield	NJ	00:09:46	330	1:47	00:02:56	00:30:30	28	20.7	00:01:03	00:20:47	37	6:55		01:04:59.79
54	106	Kamen Yotov	M	37	Brooklyn	NY	00:08:01	64	1:27	00:02:20	00:32:28	77	19.4	00:01:22	00:21:02	44	7:00		01:05:09.89
55	161	Eric Fried	M	40	Philadelphia	PA	00:09:24	267	1:43	00:00:49	00:30:31	29	20.6	00:00:45	00:23:43	158	7:54		01:05:10.10
56	31	Lee Galperin	M	39	Armonk	NY	00:07:56	60	1:26	00:01:33	00:31:49	65	19.8	00:01:19	00:22:49	109	7:36		01:05:23.31
57	203	Ben Pfeifer	M	43	Brooklyn	NY	00:09:10	233	1:40	00:01:33	00:29:54	19	21.1	00:01:16	00:23:34	148	7:51		01:05:24.77
58	630	George Marroig-Tagle	M	45	New York	NY	00:08:06	72	1:28	00:01:47	00:30:54	40	20.4	00:01:12	00:23:36	152	7:51		01:05:32.08
59	610	Joe Koplik	M	46	Wantagh	NY	00:08:11	80	1:29	00:02:23	00:31:13	51	20.2	00:01:02	00:23:19	137	7:46		01:06:06.06
60	662	David Sweeney	M	45	New York	NY	00:08:50	175	1:36	00:02:01	00:31:43	63	19.9	00:01:55	00:21:50	69	7:16		01:06:16.22
61	673	Michael Wright	M	50	Plainview	NY	00:06:35	10	1:12	00:01:38	00:33:57	124	18.6	00:01:05	00:23:04	123	7:41		01:06:16.41
62	668	Joseph Vaccaro	M	48	Huntington	NY	00:08:53	186	1:37	00:01:17	00:30:59	44	20.3	00:01:28	00:23:52	164	7:57		01:06:27.14
63	311	Stephen Howell	M	32	Brooklyn	NY	00:08:21	100	1:31	00:02:09	00:33:19	105	18.9	00:01:04	00:21:41	66	7:13		01:06:32.52
64	147	Harris Cowan	M	44	New York	NY	00:08:33	129	1:33	00:02:53	00:32:07	70	19.6	00:01:42	00:21:20	54	7:06		01:06:33.03
65	678	Darin Billig	M	45	New York	NY	00:08:59	204	1:38	00:01:32	00:33:05	99	19.0	00:00:50	00:22:10	80	7:23		01:06:33.48
66	131	Amos Benhorin	M	65	Northport	NY	00:08:19	95	1:31	00:01:47	00:30:43	35	20.5	00:01:23	00:24:34	196	8:11		01:06:43.64
67	648	Richard Salditt	M	46	Sea Cliff	NY	00:06:56	21	1:16	00:02:15	00:31:41	60	19.9	00:00:55	00:25:01	213	8:20		01:06:44.52
68	48	Tyler Kenny	M	14	Blauvelt	NY	00:06:38	11	1:12	00:01:03	00:34:03	131	18.5	00:00:52	00:24:12	177	8:03		01:06:45.43
69	672	Paul Wilner	M	49	Port Washington	NY	00:08:58	202	1:38	00:01:24	00:32:24	75	19.4	00:01:08	00:22:54	112	7:37		01:06:45.72
70	334	Brandon Maultasch	M	32	Brooklyn	NY	00:07:48	54	1:25	00:03:13	00:35:29	199	17.8	00:00:32	00:19:52	20	6:37		01:06:51.62

Tri One On 2014

June 15, 2014

Tri Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
71	338	Brennan Mcgrath	M	33	Brooklyn	NY	00:08:35	137	1:34	00:02:53	00:33:28	108	18.8	00:01:02	00:20:56	43	6:58		01:06:51.67
72	628	Charles Maass	M	46	Manhasset	NY	00:07:05	24	1:17	00:01:12	00:35:00	179	18.0	00:00:50	00:22:55	114	7:38		01:06:59.27
73	301	Jacob Gidich	M	32	Bayside	NY	00:08:41	150	1:35	00:01:22	00:32:49	87	19.2	00:00:47	00:23:31	147	7:50		01:07:07.01
74	263	Michael Anello	M	27	West Orange	NJ	00:08:20	98	1:31	00:03:36	00:32:35	81	19.3	00:01:41	00:21:18	52	7:05		01:07:27.73
75	45	Doug Jones	M	35	Forest Hills	NY	00:08:57	199	1:38	00:02:52	00:31:43	62	19.9	00:01:21	00:22:41	95	7:33		01:07:30.03
76	7	Nathan Berger	M	23	Roslyn	NY	00:09:16	245	1:41	00:02:22	00:33:57	126	18.6	00:00:53	00:21:13	50	7:04		01:07:38.43
77	12	Matthew Broncato	M	19	Roslyn Heights	NY	00:07:11	28	1:18	00:01:38	00:35:33	202	17.7	00:01:03	00:22:17	83	7:25		01:07:39.55
78	165	Eric Gibbs	M	57	New York	NY	00:10:02	363	1:50	00:01:37	00:31:41	61	19.9	00:01:11	00:23:15	132	7:44		01:07:44.78
79	348	Trevor Owens	M	32	New York	NY	00:06:38	12	1:12	00:02:25	00:33:52	119	18.6	00:01:12	00:23:42	156	7:53		01:07:46.09
80	366	Scott Solomon	M	34	Plainview	NY	00:08:55	196	1:37	00:01:33	00:33:52	120	18.6	00:00:52	00:22:46	103	7:35		01:07:56.45
81	358	Henry Rooney	M	31	New York	NY	00:07:48	53	1:25	00:01:47	00:33:54	122	18.6	00:01:17	00:23:14	129	7:44		01:07:57.24
82	284	Ted Conroy	M	25	Manlius	NY	00:07:37	46	1:23	00:02:29	00:34:22	148	18.3	00:01:21	00:22:11	82	7:23		01:07:58.33
83	74	Marc Parrott	M	36	Farmingdale	NY	00:08:50	172	1:36	00:03:05	00:33:05	97	19.0	00:01:24	00:21:44	67	7:14		01:08:04.61
84	615	Wai Law	M	48	Bethpage	NY	00:08:27	116	1:32	00:01:54	00:34:08	138	18.5	00:01:37	00:22:01	74	7:20		01:08:05.12
85	243	Christopher Wroblewski	M	44	Commack	NY	00:07:50	55	1:25	00:02:08	00:34:43	164	18.1	00:00:52	00:22:48	106	7:35		01:08:18.50
86	13	Juan Carlos Buenano	M	38	Jersey City	NJ	00:11:36	517	2:07	00:01:44	00:30:25	27	20.7	00:01:26	00:23:10	126	7:43		01:08:18.87
87	642	John Puchalla	M	45	Pelham	NY	00:08:26	113	1:32	00:02:09	00:33:42	113	18.7	00:01:12	00:22:55	113	7:38		01:08:21.32
88	98	Nick Wallace	M	22	Nesconset	NY	00:07:37	45	1:23	00:01:48	00:36:06	224	17.5	00:00:53	00:22:09	77	7:22		01:08:31.02
89	38	Justin Gottlieb	M	18	Huntington	NY	00:08:37	141	1:34	00:02:07	00:32:45	85	19.2	00:00:53	00:24:13	179	8:04		01:08:33.25
90	376	Benjamin Van Rooy	M	31	New York City	NY	00:06:04	1	1:06	00:02:12	00:35:34	203	17.7	00:00:55	00:23:54	166	7:57		01:08:35.72
91	164	Michael Gewirtz	M	58	Dix Hills	NY	00:07:53	59	1:26	00:02:12	00:33:16	103	18.9	00:01:03	00:24:21	185	8:06		01:08:42.14
92	135	Adam Bleifeld	M	44	Port Washington	NY	00:08:39	147	1:34	00:02:03	00:35:08	187	17.9	00:01:46	00:21:12	49	7:03		01:08:44.37
93	200	Bob Otto	M	62	Holtsville	NY	00:08:48	168	1:36	00:01:43	00:31:47	64	19.8	00:01:27	00:25:04	219	8:21		01:08:46.47
94	605	Dan Katz	M	51	Syosset	NY	00:08:15	86	1:30	00:02:04	00:32:03	69	19.7	00:01:37	00:24:50	209	8:16		01:08:46.80
95	637	Len Oppenheimer	M	46	Hewlett Harbor	NY	00:08:26	114	1:32	00:01:27	00:32:57	90	19.1	00:00:46	00:25:36	250	8:31		01:09:09.97
96	35	Kyle Gomes	M	24	Jamaica	NY	00:07:38	47	1:23	00:01:43	00:35:41	208	17.7	00:00:55	00:23:16	134	7:45		01:09:10.10
97	75	Michael Pastor	M	37	Fresh Meadows	NY	00:09:13	240	1:41	00:01:38	00:32:35	80	19.3	00:01:38	00:24:10	175	8:03		01:09:10.76
98	607	Kenneth Kirschner	M	46	Scarsdale	NY	00:08:44	159	1:35	00:02:50	00:34:22	147	18.3	00:00:29	00:22:49	107	7:36		01:09:10.98
99	591	Ira Ginsburg	M	45	Manhasset	NY	00:08:52	180	1:37	00:01:55	00:34:32	155	18.2	00:00:52	00:23:06	124	7:41		01:09:13.29
100	180	Sam Ketay	M	41	Sea Cliff	NY	00:09:33	297	1:44	00:01:50	00:33:34	109	18.8	00:01:14	00:23:13	128	7:44		01:09:20.88
101	653	Cyrus Schwartz	M	45	New York	NY	00:08:27	115	1:32	00:01:49	00:34:41	162	18.2	00:01:02	00:23:27	145	7:48		01:09:23.75
102	151	Tim Doran	M	60	Manhasset	NY	00:07:23	34	1:20	00:01:59	00:32:41	84	19.3	00:01:33	00:25:51	270	8:36		01:09:23.96
103	245	Robert Zimmerman	M	40	East Hills	NY	00:09:44	328	1:46	00:01:36	00:32:46	86	19.2	00:01:02	00:24:20	184	8:06		01:09:25.92
104	242	Adam Wolf	M	40	Huntington	NY	00:08:29	121	1:32	00:01:29	00:33:42	114	18.7	00:01:18	00:24:33	195	8:10		01:09:28.48
105	638	Victor Pajonas	M	49	Seaford	NY	00:08:32	126	1:33	00:01:25	00:34:23	149	18.3	00:01:59	00:23:14	130	7:44		01:09:29.53

Tri One On 2014

June 15, 2014

Tri Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
106	613	Kin Lam	M	55	Flushing	NY	00:09:47	332	1:47	00:02:00	00:33:18	104	18.9	00:01:44	00:22:46	102	7:35		01:09:32.93
107	267	Jason Baer	M	29	New York	NY	00:08:25	109	1:32	00:03:00	00:34:17	142	18.4	00:00:46	00:23:16	135	7:45		01:09:41.46
108	145	Bill Conway	M	61	Santa Fe	NM	00:08:41	153	1:35	00:02:39	00:32:19	74	19.5	00:01:43	00:24:36	199	8:11		01:09:54.16
109	271	John Bellando	M	31	New York	NY	00:09:19	256	1:42	00:03:17	00:34:24	150	18.3	00:01:36	00:21:26	57	7:08		01:09:59.19
110	595	Rick Guagliardo	M	48	Manhasset	NY	00:08:58	203	1:38	00:03:07	00:33:51	117	18.6	00:01:18	00:22:58	116	7:39		01:10:08.91
111	127	Paul Aloe	M	57	Port Washington	NY	00:09:21	261	1:42	00:01:51	00:33:44	115	18.7	00:01:39	00:23:41	155	7:53		01:10:12.25
112	60	Neil Mcclure	M	39	Fairfield	CT	00:08:47	164	1:36	00:04:26	00:34:15	140	18.4	00:00:57	00:21:56	71	7:18		01:10:17.48
113	306	Victor Hambarsoumian	M	34	Lindenhurst	NY	00:09:35	304	1:45	00:02:16	00:35:24	195	17.8	00:01:19	00:21:46	68	7:15		01:10:17.69
114	578	Michael Doyle	M	49	Merrick	NY	00:08:25	107	1:32	00:01:54	00:35:55	214	17.5	00:01:21	00:22:47	104	7:35		01:10:19.06
115	333	Darren Mansell	M	30	Sands Point	NY	00:08:32	127	1:33	00:01:58	00:36:39	255	17.2	00:01:10	00:22:05	76	7:21		01:10:20.48
116	249	Michael Freeberg	M	41	Roslyn	NY	00:08:33	131	1:33	00:01:55	00:36:16	236	17.4	00:01:03	00:22:39	94	7:32		01:10:23.83
117	670	Dean Wagner	M	48	Glen Head	NY	00:08:50	173	1:36	00:01:38	00:32:58	91	19.1	00:01:21	00:25:40	257	8:33		01:10:24.70
118	99	John Walsh	M	38	Merrick	NY	00:08:54	191	1:37	00:03:25	00:33:02	94	19.1	00:01:01	00:24:07	174	8:02		01:10:26.75
119	34	Babak Ghatan	M	39	New York	NY	00:09:54	349	1:48	00:02:56	00:34:17	144	18.4	00:01:46	00:21:37	63	7:12		01:10:27.96
120	6	Lionel Beehner	M	38	New York	NY	00:09:39	321	1:45	00:02:42	00:33:54	121	18.6	00:00:59	00:23:21	140	7:46		01:10:33.09
121	614	Ken Larsen	M	49	Huntington	NY	00:08:53	185	1:37	00:01:39	00:31:56	67	19.7	00:01:11	00:26:57	333	8:58		01:10:33.53
122	609	Eric Kobetitsch	M	49	Selden	NY	00:08:11	78	1:29	00:01:52	00:33:57	125	18.6	00:00:56	00:25:45	261	8:34		01:10:37.06
123	93	Armando Torres	M	36	Ridge	NY	00:09:35	306	1:45	00:01:55	00:34:07	136	18.5	00:01:17	00:23:46	160	7:55		01:10:37.34
124	90	Nobuyori Takeda	M	35	Old Tappan	NJ	00:09:33	300	1:44	00:04:19	00:35:04	183	18.0	00:02:55	00:18:50	8	6:16		01:10:38.82
125	328	Alexander Lloyd	M	27	New York	NY	00:06:23	6	1:09	00:01:17	00:43:55	493	14.3	00:00:33	00:18:34	3	6:11		01:10:39.41
126	289	Kevin Downs	M	33	Brooklyn	NY	00:09:14	241	1:41	00:02:25	00:33:36	112	18.8	00:01:52	00:23:36	151	7:51		01:10:39.81
127	223	Matthew Semon	M	41	Melville	NY	00:08:32	128	1:33	00:03:04	00:34:47	168	18.1	00:01:46	00:22:41	97	7:33		01:10:47.43
128	210	Joseph Regan	M	56	New York	NY	00:09:10	234	1:40	00:02:46	00:31:07	48	20.2	00:01:30	00:26:17	297	8:45		01:10:48.13
129	556	James Baranello	M	50	Manhasset	NY	00:08:14	84	1:30	00:02:16	00:34:02	129	18.5	00:02:14	00:24:06	172	8:01		01:10:50.08
130	551	Dennis Almodovar	M	47	Massapequa	NY	00:09:01	206	1:38	00:02:21	00:35:03	181	18.0	00:01:04	00:23:26	142	7:48		01:10:52.83
131	363	Evan Small	M	28	Forest Hills	NY	00:09:16	246	1:41	00:03:14	00:36:04	220	17.5	00:01:26	00:21:02	46	7:00		01:10:59.36
132	70	Sergio Nicolosi	M	39	Westbury	NY	00:09:37	314	1:45	00:01:20	00:36:57	262	17.1	00:00:55	00:22:19	86	7:26		01:11:06.47
133	626	Ron Luft	M	52	Jericho	NY	00:08:36	138	1:34	00:02:21	00:31:30	55	20.0	00:01:27	00:27:19	347	9:06		01:11:10.82
134	586	Todd Ehrlich	M	46	Westport	CT	00:08:33	130	1:33	00:02:02	00:32:31	78	19.4	00:01:22	00:26:47	330	8:55		01:11:12.86
135	566	Howard Levine	M	53	Short Hills	NJ	00:06:40	14	1:13	00:01:25	00:33:01	93	19.1	00:00:52	00:29:18	433	9:45		01:11:13.23
136	587	Nigel Francis	M	47	New York	NY	00:10:02	361	1:49	00:03:09	00:34:18	146	18.4	00:01:24	00:22:34	92	7:31		01:11:24.08
137	359	Steven Sclavos	M	31	Hempstead	NY	00:09:17	249	1:41	00:03:29	00:32:34	79	19.4	00:02:04	00:24:03	170	8:00		01:11:24.23
138	594	Jonathan Gottlieb	M	52	Huntington	NY	00:08:43	156	1:35	00:02:28	00:33:09	101	19.0	00:01:24	00:25:53	272	8:37		01:11:35.17
139	233	Anthony Trama	M	44	Babylon	NY	00:09:13	239	1:41	00:02:35	00:34:38	159	18.2	00:01:49	00:23:23	141	7:47		01:11:35.88
140	276	Corey Brisee	M	30	New York	NY	00:08:45	160	1:35	00:02:26	00:36:14	233	17.4	00:01:00	00:23:19	138	7:46		01:11:40.84

Tri One On 2014

June 15, 2014

Tri Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
141	580	David Dunne	M	49	Brooklyn	NY	00:08:19	94	1:31	00:02:01	00:34:36	157	18.2	00:01:00	00:25:48	266	8:35		01:11:41.21
142	204	Michael Pitzer	M	60	East Meadow	NY	00:09:38	320	1:45	00:02:30	00:34:17	143	18.4	00:00:41	00:24:39	201	8:12		01:11:42.52
143	577	Scott Diamond	M	49	Port Washington	NY	00:08:51	176	1:36	00:02:09	00:33:23	107	18.9	00:00:52	00:26:31	312	8:50		01:11:42.56
144	178	Dan Kamensky	M	42	Roslyn	NY	00:09:07	223	1:39	00:01:39	00:34:43	163	18.2	00:01:04	00:25:14	230	8:24		01:11:44.56
145	209	Navid Pourmoradi	M	40	Great Neck	NY	00:08:05	69	1:28	00:02:07	00:36:17	237	17.4	00:01:09	00:24:14	181	8:04		01:11:49.22
146	354	Daniel Pego	M	31	Brooklyn	NY	00:07:29	36	1:21	00:01:29	00:34:40	161	18.2	00:01:00	00:27:14	343	9:04		01:11:50.03
147	658	Richard Smith	M	53	New York	NY	00:09:17	250	1:41	00:02:00	00:34:58	175	18.0	00:01:20	00:24:25	189	8:08		01:11:58.46
148	224	Olatokumbo Shobowale	M	44	Brooklyn	NY	00:09:30	288	1:44	00:01:43	00:38:18	325	16.5	00:02:23	00:20:11	25	6:43		01:12:02.92
149	168	Richard Gold	M	55	Setauket	NY	00:09:16	247	1:41	00:01:56	00:34:10	139	18.4	00:01:01	00:25:44	260	8:34		01:12:05.66
150	173	Andrew Ho	M	43	Flushing	NY	00:09:05	216	1:39	00:03:31	00:33:05	98	19.0	00:01:11	00:25:17	234	8:25		01:12:07.17
151	280	Edward Chao	M	26	West Point	NY	00:10:22	407	1:53	00:01:42	00:35:11	189	17.9	00:01:16	00:23:48	163	7:55		01:12:15.62
152	71	Michael Ohebshalom	M	39	Great Neck	NY	00:11:11	488	2:02	00:03:16	00:34:29	153	18.3	00:01:51	00:21:33	62	7:10		01:12:17.27
153	28	Michael Forte	M	36	Oakdale	NY	00:09:47	333	1:47	00:02:50	00:33:02	96	19.1	00:01:38	00:25:03	218	8:20		01:12:17.68
154	32	Michael Garcia	M	37	New York	NY	00:08:19	96	1:31	00:02:45	00:37:52	300	16.6	00:01:46	00:21:38	64	7:12		01:12:18.83
155	633	Brian Muellers	M	50	Huntington Station	NY	00:09:38	316	1:45	00:02:55	00:35:00	177	18.0	00:01:29	00:23:29	146	7:49		01:12:27.09
156	324	Brooks Leigh	M	32	Little Neck	NY	00:08:55	194	1:37	00:01:40	00:34:39	160	18.2	00:00:45	00:26:42	323	8:53		01:12:38.88
157	246	Nicholas Zito	M	58	Hicksville	NY	00:09:31	291	1:44	00:02:03	00:34:04	134	18.5	00:01:27	00:25:38	254	8:32		01:12:40.23
158	322	Franklin Lee	M	34	New York	NY	00:10:56	465	1:59	00:02:18	00:36:08	228	17.4	00:01:54	00:21:27	58	7:08		01:12:40.36
159	647	James Rosenzweig	M	52	Jericho	NY	00:08:25	110	1:32	00:02:03	00:34:03	133	18.5	00:01:33	00:26:39	319	8:52		01:12:40.53
160	596	Herzel Hakimi	M	51	Great Neck	NY	00:09:22	264	1:42	00:01:17	00:34:33	156	18.2	00:01:21	00:26:12	293	8:43		01:12:42.54
161	225	Marc Sperber	M	60	Dix Hills	NY	00:08:47	165	1:36	00:02:18	00:34:47	167	18.1	00:01:10	00:25:47	265	8:35		01:12:45.94
162	602	Scott Horowitz	M	45	Bellmore	NY	00:08:49	169	1:36	00:03:04	00:33:58	127	18.6	00:01:54	00:25:13	228	8:24		01:12:54.52
163	55	Steven Lowinger	M	39	New York	NY	00:09:37	311	1:45	00:03:52	00:36:08	227	17.4	00:02:08	00:21:13	51	7:04		01:12:55.95
164	84	Andrew Schwartz	M	39	Port Washington	NY	00:09:03	209	1:39	00:02:58	00:37:04	267	17.0	00:01:34	00:22:21	87	7:26		01:12:57.80
165	627	Andrew Lupu	M	53	North Bellmore	NY	00:09:27	278	1:43	00:02:57	00:35:39	207	17.7	00:01:31	00:23:26	143	7:48		01:12:58.31
166	177	Joseph Jones	M	56	New York	NY	00:10:28	424	1:54	00:02:34	00:34:06	135	18.5	00:01:50	00:24:06	173	8:01		01:13:01.80
167	20	Martin Czuba	M	37	Sayville	NY	00:09:28	279	1:43	00:01:40	00:35:02	180	18.0	00:01:30	00:25:24	240	8:27		01:13:02.06
168	585	John Flaherty	M	47	Pearl River	NY	00:08:28	117	1:32	00:02:38	00:35:16	192	17.9	00:00:52	00:26:12	292	8:43		01:13:23.95
169	340	Daniel Mcnamara	M	26	New Rochelle	NY	00:09:29	284	1:44	00:04:54	00:34:03	130	18.5	00:02:04	00:23:02	121	7:40		01:13:28.73
170	353	Nkrumah Pierre	M	31	New York	NY	00:09:47	331	1:47	00:04:06	00:34:29	152	18.3	00:01:29	00:23:42	157	7:53		01:13:30.68
171	73	Philip Palumbo	M	37	Manhasset	NY	00:09:39	324	1:45	00:01:20	00:36:56	261	17.1	00:00:59	00:24:43	205	8:14		01:13:34.74
172	318	Kevin Lam	M	33	Syosset	NY	00:09:36	308	1:45	00:03:04	00:34:18	145	18.4	00:01:31	00:25:11	227	8:23		01:13:37.20
173	347	Richard Henning	M	32	Cold Spring Harbor	NY	00:08:54	192	1:37	00:02:25	00:33:52	118	18.6	00:01:48	00:26:43	324	8:54		01:13:39.98
174	677	Todd Zarin	M	53	Roslyn Heights	NY	00:09:37	313	1:45	00:02:51	00:34:03	132	18.5	00:01:24	00:25:50	268	8:36		01:13:42.14
175	326	Hal Lifshitz	M	34	Morganville	NJ	00:09:49	338	1:47	00:02:59	00:32:14	71	19.6	00:02:25	00:26:23	303	8:47		01:13:47.13

Tri One On 2014

June 15, 2014

Tri Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----				----- RUN -----			Penalty	Total Time
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time	Plc		
176	375	Kerim Tulun	M	25	Woodbury	NY	00:08:42	155	1:35	00:02:07	00:37:09	273	17.0	00:00:50	00:25:02	216	8:20	01:13:48.67
177	132	Artie Benoit	M	44	New York	NY	00:11:26	505	2:05	00:02:34	00:33:02	95	19.1	00:02:10	00:24:42	204	8:13	01:13:51.46
178	52	William Levine	M	21	Port Washington	NY	00:08:44	157	1:35	00:03:24	00:39:44	373	15.9	00:01:04	00:21:02	45	7:00	01:13:54.19
179	382	Marco Zelaya	M	27	New York	NY	00:10:15	383	1:52	00:02:27	00:34:31	154	18.3	00:01:34	00:25:13	229	8:24	01:13:57.88
180	313	David Jou	M	29	New York	NY	00:10:46	447	1:58	00:02:17	00:35:42	209	17.7	00:01:14	00:24:02	169	8:00	01:13:57.92
181	156	Michael Ferranti	M	42	Point Lookout	NY	00:09:05	214	1:39	00:02:18	00:38:05	311	16.5	00:02:12	00:22:23	89	7:27	01:13:59.14
182	244	Roger Yu	M	40	Forest Hills	NY	00:10:25	417	1:54	00:02:14	00:35:07	186	17.9	00:01:25	00:24:55	211	8:18	01:14:03.61
183	228	Bob Sweeney	M	56	Douglaston	NY	00:09:35	303	1:45	00:02:31	00:35:44	211	17.6	00:01:38	00:24:41	203	8:13	01:14:06.13
184	157	Adam Flisser	M	43	Sands Point	NY	00:10:39	436	1:56	00:03:32	00:35:57	215	17.5	00:01:21	00:22:42	98	7:33	01:14:07.86
185	567	Clayton Bushong	M	46	Pelham	NY	00:08:04	67	1:28	00:02:55	00:35:45	212	17.6	00:01:20	00:26:07	284	8:42	01:14:08.57
186	294	Benjamin Evans	M	29	New York	NY	00:08:37	142	1:34	00:02:15	00:35:10	188	17.9	00:02:03	00:26:17	296	8:45	01:14:18.81
187	122	Vincent D'aramo	M	35	New York	NY	00:09:53	344	1:48	00:02:54	00:37:52	299	16.6	00:02:04	00:21:40	65	7:13	01:14:20.49
188	350	Jonathan Pan	M	32	Rego Park	NY	00:09:54	345	1:48	00:02:20	00:35:00	178	18.0	00:01:53	00:25:19	236	8:26	01:14:22.50
189	50	Jay Lau	M	37	Garden City	NY	00:09:51	341	1:47	00:01:59	00:34:50	170	18.1	00:01:51	00:25:54	275	8:37	01:14:24.23
190	636	Douglas Neu	M	50	Massapequa Pk.	NY	00:08:52	183	1:37	00:02:37	00:36:41	256	17.2	00:01:45	00:24:40	202	8:13	01:14:32.52
191	136	Jeff Blick	M	44	Syosset	NY	00:07:52	57	1:26	00:03:15	00:37:42	294	16.7	00:01:19	00:24:29	191	8:09	01:14:34.33
192	365	Frank Kunis	M	27	East Hanover	NJ	00:08:15	87	1:30	00:03:44	00:36:08	226	17.4	00:02:30	00:24:05	171	8:01	01:14:39.95
193	656	Mike Simons	M	50	Westbury	NY	00:09:54	346	1:48	00:03:09	00:35:30	200	17.7	00:01:19	00:25:01	214	8:20	01:14:49.87
194	22	Mark Davidoff	M	36	Babylon	NY	00:07:42	50	1:24	00:02:20	00:35:37	206	17.7	00:01:43	00:27:34	358	9:11	01:14:53.69
195	150	David Digiovanni	M	56	Sea Cliff	NY	00:11:36	514	2:07	00:03:19	00:33:14	102	19.0	00:01:42	00:25:08	223	8:22	01:14:54.92
196	86	Adam Solomon	M	39	Chappaqua	NY	00:10:59	469	2:00	00:01:50	00:34:28	151	18.3	00:01:12	00:26:30	310	8:49	01:14:56.34
197	183	Ken Krill	M	42	Melville	NY	00:09:08	227	1:40	00:02:05	00:34:38	158	18.2	00:01:31	00:27:40	363	9:13	01:14:59.32
198	563	Gerhardus Bosua	M	52	Dix Hills	NY	00:08:52	184	1:37	00:02:00	00:37:22	281	16.9	00:01:41	00:25:09	225	8:22	01:15:02.26
199	599	Gil Herzberg	M	50	Larchmont	NY	00:08:08	74	1:29	00:02:00	00:36:26	244	17.3	00:01:09	00:27:30	356	9:09	01:15:11.22
200	675	William Yao	M	48	New York	NY	00:08:37	140	1:34	00:04:08	00:36:13	232	17.4	00:00:57	00:25:21	239	8:26	01:15:12.22
201	305	Matthew Grosso	M	27	Roslyn	NY	00:08:50	174	1:36	00:01:41	00:41:26	434	15.2	00:00:38	00:22:43	100	7:34	01:15:16.14
202	23	Michael Li Doyle	M	15	Merrick	NY	00:07:56	61	1:27	00:02:29	00:39:29	368	16.0	00:00:42	00:24:44	207	8:14	01:15:18.52
203	202	Laurence Pfeffer	M	40	Chappaqua	NY	00:10:06	371	1:50	00:02:45	00:35:58	216	17.5	00:01:14	00:25:20	238	8:26	01:15:19.79
204	185	Matt Lamorte	M	56	Huntington Station	NY	00:08:46	163	1:36	00:03:35	00:38:23	327	16.4	00:01:09	00:23:35	150	7:51	01:15:25.95
205	240	James Williams	M	55	Glen Head	NY	00:09:27	275	1:43	00:02:20	00:34:50	169	18.1	00:01:34	00:27:27	353	9:08	01:15:35.33
206	374	Alexander Tuller	M	29	New York	NY	00:10:01	358	1:49	00:03:15	00:37:25	283	16.8	00:01:37	00:23:26	144	7:48	01:15:41.66
207	14	Jacob Burgess	M	37	Port Washington	NY	00:09:05	218	1:39	00:02:27	00:37:27	284	16.8	00:00:55	00:25:54	273	8:37	01:15:45.93
208	620	Michael Levine	M	45	Brooklyn	NY	00:09:39	322	1:45	00:02:37	00:36:11	230	17.4	00:01:12	00:26:10	289	8:43	01:15:46.21
209	107	Brian Yuen	M	35	Fresh Meadows	NY	00:10:01	359	1:49	00:02:16	00:33:34	110	18.8	00:01:45	00:28:15	384	9:24	01:15:49.19
210	66	David Morin	M	37	Rockville Centre	NY	00:09:53	343	1:48	00:02:39	00:36:21	241	17.3	00:01:40	00:25:32	245	8:30	01:16:02.01

Tri One On 2014

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Tri Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
211	287	Nicholas Cuddy	M	34	Oyster Bay	NY	00:08:02	65	1:28	00:03:04	00:38:24	329	16.4	00:00:58	00:25:37	251	8:32	01:16:02.59
212	304	Christopher Grosso	M	31	Roslyn	NY	00:08:35	135	1:34	00:02:24	00:44:22	498	14.2	00:00:27	00:20:19	30	6:46	01:16:03.62
213	36	Omar Gonzalez	M	37	New York	NY	00:09:50	339	1:47	00:02:13	00:36:48	258	17.1	00:02:01	00:25:17	233	8:25	01:16:06.03
214	208	Neal Post	M	42	New York	NY	00:11:31	513	2:06	00:04:44	00:38:03	308	16.6	00:01:02	00:20:52	40	6:57	01:16:08.63
215	2	David Aronson	M	36	Oceanside	NY	00:09:22	265	1:42	00:01:50	00:37:32	287	16.8	00:01:36	00:25:58	278	8:39	01:16:15.23
216	11	Jonathan Brickman	M	37	New York	NY	00:09:24	270	1:43	00:03:47	00:38:01	306	16.6	00:02:21	00:22:52	111	7:37	01:16:22.67
217	641	John Piepgras	M	51	Bronx	NY	00:09:05	217	1:39	00:03:35	00:36:30	246	17.3	00:02:01	00:25:15	232	8:24	01:16:25.07
218	29	Neil Fried	M	36	Hoboken	NJ	00:10:19	396	1:53	00:02:24	00:38:05	312	16.5	00:01:48	00:23:53	165	7:57	01:16:26.27
219	63	Tim Mcmanus	M	38	Port Washington	NY	00:07:08	26	1:18	00:03:17	00:37:17	277	16.9	00:01:14	00:27:39	362	9:12	01:16:31.80
220	352	Peter P Muzia	M	32	Farmingdale	NY	00:09:12	237	1:40	00:01:26	00:35:27	197	17.8	00:01:00	00:29:32	441	9:50	01:16:34.05
221	128	Mitchell Baer	M	63	Fairfax	VA	00:12:10	545	2:13	00:05:16	00:33:20	106	18.9	00:02:55	00:23:01	120	7:40	01:16:39.74
222	5	Joe Becker	M	39	Brooklyn	NY	00:08:39	148	1:34	00:02:21	00:35:20	194	17.8	00:01:16	00:29:11	426	9:43	01:16:44.11
223	216	Mike Riina	M	43	Flushing	NY	00:09:50	340	1:47	00:02:57	00:37:15	276	16.9	00:01:01	00:25:55	276	8:38	01:16:55.75
224	57	James Klimkoski	M	36	Smithtown	NY	00:08:28	118	1:32	00:03:00	00:38:21	326	16.4	00:01:29	00:25:46	262	8:35	01:17:01.25
225	557	Nelson Benavides	M	45	Jersey City	NJ	00:08:53	188	1:37	00:02:29	00:37:55	302	16.6	00:01:38	00:26:11	291	8:43	01:17:04.33
226	102	Matthew Whelehan	M	24	Brooklyn	NY	00:08:37	139	1:34	00:02:20	00:39:23	362	16.0	00:01:07	00:25:47	264	8:35	01:17:11.29
227	16	Steve Chapman	M	38	Armonk	NY	00:09:35	305	1:45	00:03:01	00:37:19	279	16.9	00:01:44	00:25:38	253	8:32	01:17:13.73
228	103	Kevin Wille	M	38	Centerport	NY	00:08:33	132	1:33	00:02:55	00:39:27	367	16.0	00:01:17	00:25:09	224	8:22	01:17:19.57
229	616	Todd Lebson	M	45	Syosset	NY	00:09:26	271	1:43	00:03:15	00:36:14	234	17.4	00:01:41	00:26:48	331	8:55	01:17:20.92
230	550	Abe Achab	M	49	Melrose	MA	00:08:29	120	1:32	00:03:04	00:38:40	339	16.3	00:00:47	00:26:25	306	8:48	01:17:21.78
231	314	Joshua Kashanian	M	33	Great Neck	NY	00:09:46	329	1:47	00:01:37	00:36:31	247	17.3	00:01:05	00:28:28	391	9:29	01:17:23.74
232	197	Kenneth Nick	M	44	Mount Kisco	NY	00:09:30	286	1:44	00:02:44	00:38:42	342	16.3	00:01:36	00:25:05	221	8:21	01:17:34.97
233	30	Adam Friedberg	M	35	Sea Cliff	NY	00:09:27	277	1:43	00:02:53	00:36:15	235	17.4	00:02:07	00:27:01	335	9:00	01:17:40.60
234	182	Laurence Kravitz	M	41	Pleasantville	NY	00:08:34	134	1:33	00:02:26	00:39:01	348	16.2	00:01:23	00:26:30	311	8:49	01:17:51.11
235	292	Simon Elkharrat	M	25	New York	NY	00:10:03	367	1:50	00:03:10	00:37:39	292	16.7	00:01:02	00:26:06	283	8:41	01:17:58.07
236	555	Kim Bang	M	53	Englewood	NJ	00:08:49	171	1:36	00:04:14	00:34:55	173	18.0	00:01:41	00:28:22	387	9:27	01:17:58.35
237	611	Lee Krug	M	46	New York	NY	00:09:09	230	1:40	00:03:12	00:37:47	297	16.7	00:01:31	00:26:25	305	8:48	01:18:01.22
238	46	Kamran Kalaty	M	39	Great Neck	NY	00:09:31	292	1:44	00:02:43	00:39:12	355	16.1	00:01:26	00:25:14	231	8:24	01:18:04.24
239	572	Augustino D'alonzo	M	47	Northport	NY	00:09:28	281	1:43	00:03:20	00:37:05	270	17.0	00:01:30	00:26:43	325	8:54	01:18:04.30
240	655	David Shereck	M	51	North Woodmere	NY	00:11:46	529	2:08	00:04:47	00:34:44	165	18.1	00:01:58	00:24:55	210	8:18	01:18:07.18
241	54	Samuel Lo	M	38	New York	NY	00:10:52	457	1:59	00:03:25	00:36:34	249	17.2	00:02:38	00:24:44	206	8:14	01:18:10.22
242	632	Russell Middleton	M	53	Manhasset	NY	00:08:18	93	1:30	00:03:52	00:39:19	358	16.0	00:01:51	00:25:01	215	8:20	01:18:18.45
243	268	William Baker	M	30	Oyster Bay	NY	00:11:36	519	2:07	00:02:52	00:32:18	72	19.5	00:02:24	00:29:12	427	9:43	01:18:19.73
244	61	Brian McGurn	M	36	Hoboken	NJ	00:08:58	201	1:38	00:03:14	00:38:03	309	16.6	00:02:07	00:26:06	282	8:41	01:18:24.90
245	163	Bob Gass	M	60	New York	NY	00:10:58	468	2:00	00:05:09	00:36:19	239	17.4	00:01:30	00:24:32	194	8:10	01:18:25.40

Tri One On 2014

June 15, 2014

Tri Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc		
246	645	Jeffrey Reynolds	M	48	Hauppauge	NY	00:10:28	422	1:54	00:03:07	00:38:50	344	16.2	00:01:48	00:24:24	187	8:07	01:18:34.18
247	96	Peter Vassiliou	M	39	Manhasset	NY	00:09:15	244	1:41	00:02:22	00:36:38	254	17.2	00:01:25	00:29:11	425	9:43	01:18:48.12
248	604	Igor Karadimov	M	51	Bronx	NY	00:08:54	190	1:37	00:03:22	00:40:06	387	15.7	00:00:38	00:25:54	274	8:37	01:18:50.85
249	320	James Lau	M	29	New Rochelle	NY	00:09:47	335	1:47	00:02:21	00:38:26	330	16.4	00:02:29	00:25:58	279	8:39	01:18:59.80
250	152	Richard Dunne	M	40	Norwalk	CT	00:07:29	37	1:22	00:03:26	00:38:06	316	16.5	00:01:57	00:28:11	383	9:23	01:19:06.59
251	291	Michael El Chami	M	27	Great Neck	NY	00:10:55	461	1:59	00:03:41	00:37:18	278	16.9	00:01:52	00:25:26	242	8:28	01:19:08.83
252	236	Christian Visnes	M	40	Bogota		00:09:57	354	1:49	00:04:23	00:37:00	264	17.0	00:01:37	00:26:19	298	8:46	01:19:14.39
253	317	Samuel Kruse	M	31	Sound Beach	NY	00:09:17	248	1:41	00:04:45	00:39:17	357	16.0	00:01:01	00:24:59	212	8:19	01:19:15.14
254	43	Andrew Hill	M	39	New York	NY	00:10:31	430	1:55	00:05:01	00:36:36	251	17.2	00:03:32	00:23:40	153	7:53	01:19:16.36
255	290	Eric Duchon	M	29	New York	NY	00:08:30	122	1:33	00:04:24	00:34:08	137	18.5	00:02:18	00:30:05	460	10:01	01:19:23.22
256	10	Cormac Brady	M	39	Sea Cliff	NY	00:10:30	426	1:55	00:05:31	00:37:10	274	17.0	00:02:55	00:23:21	139	7:46	01:19:23.53
257	299	Benjamin Freeman	M	34	New York	NY	00:10:20	399	1:53	00:05:34	00:39:09	354	16.1	00:00:51	00:23:35	149	7:51	01:19:26.51
258	339	Michael Mcnamara	M	33	New York	NY	00:09:37	315	1:45	00:02:38	00:37:47	298	16.7	00:01:28	00:28:00	377	9:19	01:19:28.59
259	583	David Fagan	M	49	Long Beach	NY	00:09:33	299	1:44	00:02:13	00:38:49	343	16.2	00:01:49	00:27:11	341	9:03	01:19:31.23
260	281	Peter (hyung Suk) Cho	M	31	Oakland Gardens	NY	00:12:32	560	2:17	00:03:22	00:36:08	225	17.4	00:00:59	00:26:35	316	8:51	01:19:32.32
261	41	William Hartman	M	37	Rockaway Point	NY	00:09:56	350	1:48	00:03:18	00:36:56	260	17.1	00:01:30	00:28:00	376	9:19	01:19:37.12
262	310	Ariel Hochster	M	25	Flushing	NY	00:09:15	242	1:41	00:03:48	00:40:10	391	15.7	00:00:55	00:25:35	248	8:31	01:19:40.19
263	97	Dan Voicescu	M	37	New York	NY	00:09:04	212	1:39	00:04:15	00:38:37	335	16.3	00:02:50	00:25:10	226	8:23	01:19:52.97
264	635	Evan Myrianthopoulos	M	50	Port Washington	NY	00:08:19	97	1:31	00:03:20	00:36:52	259	17.1	00:01:23	00:30:03	457	10:01	01:19:55.18
265	629	Arnold Manaog	M	45	Rego Park	NY	00:09:48	336	1:47	00:02:26	00:40:02	384	15.7	00:01:54	00:25:49	267	8:36	01:19:57.23
266	568	Frank Cardone	M	53	Huntington	NY	00:10:30	429	1:55	00:03:23	00:37:28	285	16.8	00:01:31	00:27:09	339	9:02	01:19:57.88
267	341	Brian Morgan	M	31	Brooklyn	NY	00:08:38	146	1:34	00:10:25	00:35:42	210	17.6	00:02:18	00:23:01	119	7:40	01:20:01.57
268	153	James Earles	M	41	Brooklyn	NY	00:10:30	427	1:55	00:03:37	00:39:23	363	16.0	00:00:56	00:25:38	255	8:32	01:20:01.60
269	308	Ian Hawes	M	32	Brooklyn	NY	00:09:57	352	1:49	00:03:00	00:41:11	427	15.3	00:01:29	00:24:35	198	8:11	01:20:09.83
270	262	Ryan Algenio	M	33	Hollis	NY	00:10:57	466	2:00	00:03:07	00:37:22	280	16.9	00:01:32	00:27:27	354	9:08	01:20:23.12
271	213	Thomas Reid	M	55	New York	NY	00:10:15	382	1:52	00:03:13	00:36:00	217	17.5	00:02:32	00:28:35	397	9:31	01:20:33.10
272	64	Jason Meyer	M	39	Port Washington	NY	00:08:35	136	1:34	00:02:23	00:42:47	467	14.7	00:01:11	00:25:46	263	8:35	01:20:40.37
273	143	Edward Connolly	M	42	East Meadow	NY	00:10:09	377	1:51	00:02:36	00:39:54	379	15.8	00:01:28	00:26:39	318	8:52	01:20:43.37
274	9	Minto Bose	M	39	Jersey City	NJ	00:17:22	595	3:10	00:02:58	00:35:12	191	17.9	00:01:23	00:23:58	168	7:59	01:20:50.31
275	218	Les Rothenberg	M	56	New Rochelle	NY	00:09:40	325	1:46	00:02:45	00:38:06	314	16.5	00:01:22	00:29:02	423	9:40	01:20:52.75
276	579	Keith Drayer	M	49	Valley Stream	NY	00:08:24	106	1:32	00:03:15	00:38:54	345	16.2	00:01:56	00:28:28	392	9:29	01:20:54.88
277	631	Terence Mcgowan	M	55	Rockville Centre	NY	00:08:31	125	1:33	00:03:12	00:38:38	336	16.3	00:01:58	00:28:44	408	9:34	01:21:00.83
278	44	Benjamin Huang	M	35	Flushing	NY	00:09:47	334	1:47	00:02:31	00:36:02	218	17.5	00:02:22	00:30:28	473	10:09	01:21:07.16
279	273	Jarred Berman	M	25	Merrick	NY	00:10:25	418	1:54	00:04:17	00:38:36	333	16.3	00:01:02	00:27:07	338	9:02	01:21:25.45
280	198	Colin Noonan	M	44	Westbury	NY	00:10:24	415	1:54	00:03:19	00:40:48	415	15.4	00:00:52	00:26:09	288	8:42	01:21:29.28

Tri One On 2014

June 15, 2014

Tri Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
281	598	Peter Heinz	M	45	Richmond Hill	NY	00:09:03	208	1:39	00:03:36	00:41:12	429	15.3	00:01:35	00:26:08	285	8:42		01:21:30.98
282	174	Ken Hoffman	M	44	Glen Cove	NY	00:10:23	411	1:53	00:02:54	00:37:05	268	17.0	00:02:35	00:28:41	404	9:33		01:21:34.59
283	238	Jay Waldhauser	M	41	Woodbury	NY	00:07:57	62	1:27	00:03:38	00:36:06	223	17.5	00:01:56	00:32:01	506	10:40		01:21:36.04
284	279	Michael Cao	M	30	Long Island City	NY	00:13:55	579	2:32	00:05:11	00:38:04	310	16.6	00:01:24	00:23:10	125	7:43		01:21:41.59
285	83	Michael Sangirardi	M	36	Bethpage	NY	00:11:20	499	2:04	00:02:50	00:37:39	293	16.7	00:01:13	00:28:57	420	9:38		01:21:57.52
286	661	Robert Stone	M	47	Kings Park	NY	00:08:44	158	1:35	00:04:41	00:36:35	250	17.2	00:02:15	00:29:50	449	9:56		01:22:02.94
287	564	Ray Burke	M	54	Red Bank	NJ	00:08:52	179	1:37	00:04:24	00:35:17	193	17.9	00:03:43	00:29:51	450	9:56		01:22:02.99
288	286	Robert Costa	M	26	Halesite	NY	00:10:43	443	1:57	00:03:41	00:42:15	451	14.9	00:01:46	00:23:46	161	7:55		01:22:09.90
289	133	Daniel Beyer	M	40	Port Washington	NY	00:10:21	405	1:53	00:05:19	00:40:44	413	15.5	00:01:36	00:24:19	182	8:06		01:22:16.85
290	575	Robert Delbene	M	55	New York	NY	00:11:46	530	2:09	00:05:37	00:37:05	269	17.0	00:02:32	00:25:18	235	8:25		01:22:16.89
291	205	James Pizzigati	M	64	Inwood	NY	00:10:17	389	1:52	00:02:06	00:37:55	301	16.6	00:01:52	00:30:19	470	10:06		01:22:26.90
292	378	Howard Voletsky	M	30	New York	NY	00:10:46	446	1:58	00:03:05	00:40:59	419	15.4	00:01:43	00:25:59	280	8:39		01:22:29.67
293	91	Max Tanner	M	17	Great Neck	NY	00:07:37	44	1:23	00:02:57	00:43:18	482	14.6	00:00:42	00:28:01	378	9:20		01:22:32.25
294	68	Ryan Neu	M	21	Massapequa Pk.	NY	00:09:21	260	1:42	00:03:19	00:42:20	454	14.9	00:01:17	00:26:31	313	8:50		01:22:44.90
295	558	Matthew Bendix	M	50	Port Washington	NY	00:10:51	455	1:59	00:04:14	00:39:23	361	16.0	00:01:54	00:26:29	309	8:49		01:22:47.94
296	154	Steve Elias	M	61	Haworth	NJ	00:10:20	401	1:53	00:04:38	00:38:10	320	16.5	00:02:40	00:27:06	337	9:01		01:22:52.42
297	158	Douglas Foerth	M	64	Saint James	NY	00:08:21	99	1:31	00:02:25	00:38:06	315	16.5	00:02:06	00:32:10	510	10:43		01:23:05.27
298	373	Dino Tsaousis	M	33	Astoria	NY	00:09:07	224	1:39	00:01:44	00:39:30	370	15.9	00:02:30	00:30:17	469	10:05		01:23:06.17
299	79	Christopher Reyes	M	37	New York	NY	00:12:42	566	2:19	00:02:30	00:37:30	286	16.8	00:01:43	00:28:56	416	9:38		01:23:18.20
300	144	John Conroy	M	58	Manlius	NY	00:11:00	470	2:00	00:02:39	00:38:39	338	16.3	00:01:01	00:30:05	459	10:01		01:23:20.06
301	368	David Pomeranz	M	27	Plainview	NY	00:09:18	255	1:42	00:01:51	00:39:45	374	15.9	00:00:56	00:31:34	498	10:31		01:23:22.73
302	302	James Gorman	M	25	Westbury	NY	00:10:03	364	1:50	00:04:56	00:38:03	307	16.6	00:02:12	00:28:17	386	9:25		01:23:28.31
303	625	Lawrence Lue	M	55	New York	NY	00:10:07	375	1:50	00:03:48	00:40:59	421	15.4	00:02:16	00:26:24	304	8:47		01:23:31.73
304	623	Oswaldo Lopez	M	47	East Meadow	NY	00:09:36	307	1:45	00:02:56	00:42:15	449	14.9	00:01:26	00:27:24	350	9:07		01:23:33.18
305	234	Robert Tuttee	M	56	Brooklyn	NY	00:09:26	273	1:43	00:03:08	00:38:42	341	16.3	00:02:08	00:30:20	471	10:06		01:23:41.12
306	565	Brian Burke	M	51	Douglaston	NY	00:12:08	542	2:13	00:03:35	00:38:17	323	16.5	00:00:53	00:29:01	421	9:40		01:23:51.87
307	26	Russell Fink	M	36	Merrick	NY	00:09:56	351	1:48	00:04:02	00:40:15	392	15.7	00:01:57	00:28:07	382	9:22		01:24:14.50
308	349	Greg Bartholdi	M	32	New York	NY	00:10:43	442	1:57	00:03:42	00:37:34	289	16.8	00:00:50	00:31:33	497	10:30		01:24:18.46
309	221	Robert Schill	M	56	Oakland Gardens	NY	00:10:23	412	1:53	00:06:19	00:38:07	317	16.5	00:03:02	00:26:39	320	8:52		01:24:27.44
310	559	Chan Benjamin	M	50	Flushing	NY	00:14:01	580	2:33	00:02:09	00:36:36	253	17.2	00:01:03	00:30:46	478	10:15		01:24:32.21
311	8	Aritz Bermejo	M	35	Jackson Heights	NY	00:12:19	553	2:15	00:04:10	00:40:58	418	15.4	00:01:02	00:26:16	295	8:45		01:24:43.22
312	589	Damon Gersh	M	47	Port Washington	NY	00:10:24	416	1:54	00:04:36	00:39:56	380	15.8	00:02:06	00:27:44	366	9:14		01:24:43.29
313	667	Scott Turano	M	46	Nesconset	NY	00:10:49	450	1:58	00:02:57	00:42:35	462	14.8	00:02:59	00:25:42	258	8:33		01:24:59.37
314	369	Daniel Stern	M	27	Plainview	NY	00:08:57	200	1:38	00:03:41	00:40:59	420	15.4	00:03:23	00:28:17	385	9:25		01:25:15.36
315	247	Robert Geller	M	43	New York	NY	00:11:41	522	2:08	00:03:25	00:35:31	201	17.7	00:02:37	00:32:14	515	10:44		01:25:26.79

Tri One On 2014

June 15, 2014

Tri Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
316	351	Jaryndice Pascual	M	32	Astoria	NY	00:11:08	481	2:02	00:02:57	00:36:36	252	17.2	00:03:35	00:31:13	490	10:24		01:25:27.16
317	261	Michael Akerman	M	30	Bronx	NY	00:09:22	266	1:42	00:02:51	00:43:03	477	14.6	00:01:48	00:28:41	405	9:33		01:25:42.33
318	601	Alan Hochster	M	52	Flushing	NY	00:08:51	178	1:37	00:06:53	00:42:27	457	14.8	00:01:11	00:26:45	329	8:54		01:26:05.65
319	85	Vincent Shum	M	39	Forest Hills	NY	00:09:33	298	1:44	00:04:05	00:39:48	375	15.8	00:02:54	00:29:59	456	9:59		01:26:16.36
320	298	John Flynn	M	33	Astoria	NY	00:11:11	489	2:02	00:04:47	00:42:29	458	14.8	00:01:26	00:26:27	307	8:48		01:26:17.13
321	194	Celvyn Morada	M	41	Astoria	NY	00:12:06	540	2:12	00:02:22	00:39:08	353	16.1	00:01:29	00:31:14	491	10:24		01:26:17.32
322	272	Nadav Ben-Chanoch	M	29	New York	NY	00:11:25	504	2:05	00:02:45	00:45:25	517	13.9	00:00:59	00:25:58	277	8:39		01:26:29.31
323	37	Peter Goralski	M	17	Massapequa Park	NY	00:06:43	15	1:13	00:03:43	00:48:37	547	13.0	00:00:55	00:26:45	328	8:54		01:26:40.13
324	67	Vasilis Myriantopoulos	M	14	Port Washington	NY	00:06:50	20	1:14	00:04:12	00:47:04	531	13.4	00:00:45	00:27:53	373	9:17		01:26:42.14
325	619	Michael Levine	M	48	Port Washington	NY	00:10:22	409	1:53	00:04:29	00:40:02	385	15.7	00:02:15	00:29:55	452	9:58		01:27:01.08
326	269	Jason Barletta	M	34	Astoria	NY	00:10:06	372	1:50	00:03:22	00:44:23	500	14.2	00:00:39	00:28:36	399	9:31		01:27:02.63
327	192	Howie Mann	M	59	Roslyn Hts	NY	00:10:56	464	1:59	00:02:08	00:40:34	403	15.5	00:02:13	00:31:22	494	10:27		01:27:10.35
328	288	Neil Diskin	M	28	Mineola	NY	00:10:00	356	1:49	00:03:48	00:41:35	437	15.2	00:01:05	00:30:50	482	10:16		01:27:14.17
329	18	Jeff Cohen	M	39	Roslyn	NY	00:11:26	507	2:05	00:03:54	00:40:33	402	15.5	00:02:52	00:28:56	417	9:38		01:27:38.52
330	222	John Scott	M	42	Brookfield	CT	00:11:36	516	2:07	00:02:55	00:42:34	461	14.8	00:01:07	00:29:38	444	9:52		01:27:47.87
331	141	Tom Carty	M	43	Douglaston	NY	00:10:18	392	1:52	00:04:47	00:42:15	450	14.9	00:01:43	00:28:56	415	9:38		01:27:55.85
332	657	Patrick Smith	M	55	Northport	NY	00:08:25	112	1:32	00:02:10	00:31:36	58	19.9	00:04:58	00:40:54	585	13:37		01:28:00.72
333	214	Dennis Rella	M	60	New York	NY	00:11:09	484	2:02	00:04:56	00:40:41	408	15.5	00:02:24	00:29:02	422	9:40		01:28:07.99
334	603	Alexander Ivanovic	M	47	Sea Cliff	NY	00:11:10	486	2:02	00:05:23	00:39:52	378	15.8	00:02:33	00:29:14	429	9:44		01:28:08.59
335	357	Sergio Rodriguez	M	26	West New York	NJ	00:14:05	582	2:34	00:02:43	00:38:27	331	16.4	00:02:04	00:30:58	486	10:19		01:28:15.91
336	325	Damon Lem	M	33	New York	NY	00:10:42	440	1:57	00:03:09	00:43:42	488	14.4	00:00:55	00:29:51	451	9:56		01:28:17.12
337	278	Andrew Cabasso	M	27	Queens	NY	00:09:59	355	1:49	00:03:45	00:46:38	528	13.5	00:01:34	00:26:41	322	8:53		01:28:34.41
338	275	Jon Boorstein	M	26	New York	NY	00:09:17	251	1:41	00:04:38	00:48:53	549	12.9	00:01:29	00:24:21	186	8:07		01:28:35.74
339	186	Drew Lawton	M	55	New York	NY	00:15:37	591	2:51	00:03:35	00:40:08	390	15.7	00:01:17	00:28:07	381	9:22		01:28:40.09
340	571	Vincent Cincotta	M	48	East Norwich	NY	00:09:32	295	1:44	00:03:27	00:40:03	386	15.7	00:01:22	00:34:25	547	11:28		01:28:47.39
341	184	Eddy Kwan	M	44	Flushing	NY	00:11:54	533	2:10	00:05:13	00:37:34	290	16.8	00:02:54	00:31:15	492	10:24		01:28:47.49
342	385	Richard Nam	M	31	New York	NY	00:11:27	508	2:05	00:04:13	00:37:24	282	16.9	00:01:59	00:34:08	540	11:22		01:29:08.20
343	159	Robert Fornuff	M	62	West Babylon	NY	00:12:09	543	2:13	00:04:47	00:40:16	393	15.6	00:01:35	00:30:29	474	10:09		01:29:13.22
344	624	Brian Lovato	M	49	Jersey City	NJ	00:09:36	310	1:45	00:04:05	00:39:57	381	15.8	00:02:32	00:33:21	529	11:06		01:29:27.52
345	321	Adam Lazarus	M	34	West Nyack	NY	00:10:31	431	1:55	00:04:14	00:42:02	446	15.0	00:02:03	00:31:02	488	10:20		01:29:48.75
346	230	John Tasolides	M	58	Jericho	NY	00:10:54	459	1:59	00:05:14	00:38:37	334	16.3	00:01:31	00:33:40	532	11:13		01:29:52.97
347	170	Howard Heiman	M	59	Port Washington	NY	00:14:48	586	2:42	00:02:55	00:38:05	313	16.5	00:01:25	00:32:48	524	10:55		01:29:58.44
348	323	Donald Lee	M	25	Forest Hills	NY	00:09:12	236	1:40	00:03:19	00:54:54	584	11.5	00:00:44	00:22:00	73	7:19		01:30:05.74
349	188	Scott Lewis	M	56	Jericho	NY	00:08:41	152	1:35	00:02:21	00:41:14	430	15.3	00:01:33	00:36:21	567	12:06		01:30:07.13
350	649	Edward Sanabria	M	46	Kings Park	NY	00:10:54	458	1:59	00:02:47	00:43:22	483	14.5	00:02:16	00:30:53	484	10:17		01:30:09.61

Tri One On 2014

June 15, 2014

Tri Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
351	217	Aron Rosenberg	M	44	Brooklyn	NY	00:12:01	538	2:11	00:04:01	00:42:43	463	14.8	00:02:31	00:29:19	435	9:46	01:30:33.18
352	162	Christopher Gardner	M	57	Whitestone	NY	00:11:52	532	2:10	00:10:43	00:38:10	321	16.5	00:02:43	00:27:34	359	9:11	01:30:59.87
353	319	Anthony Larocca	M	29	Merrick	NY	00:14:25	583	2:38	00:04:59	00:44:34	503	14.1	00:02:01	00:25:07	222	8:22	01:31:03.73
354	383	Mathieu Lorentz	M	34	Baldwin	NY	00:12:28	557	2:16	00:04:37	00:43:34	485	14.5	00:01:05	00:29:32	440	9:50	01:31:13.23
355	606	Jason Kim	M	46	East Hills	NY	00:12:55	573	2:21	00:04:26	00:42:59	472	14.7	00:03:07	00:27:51	371	9:16	01:31:16.17
356	646	Darren Rosa	M	50	Yonkers	NY	00:12:26	556	2:16	00:05:06	00:42:53	469	14.7	00:01:43	00:29:20	437	9:46	01:31:25.87
357	175	Joseph Jabes	M	55	Oyster Bay Cove	NY	00:11:08	482	2:02	00:04:25	00:42:21	455	14.9	00:02:29	00:32:01	507	10:40	01:32:21.04
358	190	Eytan Lombroso	M	63	New Rochelle	NY	00:12:47	571	2:20	00:04:50	00:41:02	424	15.4	00:03:07	00:30:50	483	10:16	01:32:33.52
359	634	Murphy Murphy	M	55	Brooklyn	NY	00:09:34	301	1:44	00:03:47	00:49:18	555	12.8	00:00:58	00:29:16	431	9:45	01:32:50.64
360	69	Chad Michael Nguyen	M	39	Brooklyn	NY	00:15:53	592	2:54	00:03:36	00:42:49	468	14.7	00:03:01	00:27:40	364	9:13	01:32:55.56
361	77	Kiran Rao	M	37	Brooklyn	NY	00:11:09	485	2:02	00:04:51	00:40:28	399	15.6	00:01:42	00:34:59	551	11:39	01:33:07.62
362	82	Julio Sandoval	M	39	New York	NY	00:11:40	521	2:07	00:05:59	00:41:02	423	15.4	00:02:54	00:31:52	502	10:37	01:33:23.33
363	187	Raymond Lem	M	40	Forest Hills	NY	00:08:23	104	1:31	00:01:54	00:59:00	591	10.7	00:01:31	00:22:42	99	7:33	01:33:27.90
364	361	Kristopher Monahan	M	28	Astoria	NY	00:12:34	563	2:17	00:03:09	00:44:21	497	14.2	00:01:50	00:31:41	499	10:33	01:33:32.37
365	554	Michael Appel	M	45	Jamaica	NY	00:11:22	501	2:04	00:05:18	00:43:59	494	14.3	00:02:49	00:30:14	466	10:04	01:33:40.66
366	193	James Mcinerney	M	40	Kew Gardens	NY	00:10:49	453	1:58	00:13:50	00:41:14	431	15.3	00:02:01	00:26:02	281	8:40	01:33:53.57
367	370	Tim Swann	M	26	Nesconset	NY	00:09:06	219	1:39	00:02:53	00:48:32	545	13.0	00:01:17	00:32:48	525	10:55	01:34:33.00
368	169	James Grosso	M	63	Roslyn	NY	00:12:35	564	2:18	00:03:49	00:44:39	504	14.1	00:01:02	00:32:35	521	10:51	01:34:38.67
369	561	Adam Berman	M	45	Baldwin	NY	00:11:30	512	2:06	00:05:25	00:41:10	426	15.3	00:04:54	00:31:58	505	10:39	01:34:53.80
370	612	Louis Lagalante	M	54	Syosset	NY	00:11:43	523	2:08	00:07:20	00:42:56	470	14.7	00:03:37	00:29:43	446	9:54	01:35:15.31
371	191	Benjamin Mandel	M	41	Brookville	NY	00:10:49	451	1:58	00:04:15	00:41:43	441	15.1	00:01:48	00:36:48	571	12:15	01:35:21.59
372	235	Leo Ullman	M	75	Sands Point	NY	00:10:38	433	1:56	00:03:08	00:40:07	389	15.7	00:02:49	00:39:01	581	13:00	01:35:40.17
373	17	Eric Cho	M	37	New York	NY	00:12:47	570	2:20	00:04:31	00:48:57	550	12.9	00:00:45	00:28:51	412	9:36	01:35:48.90
374	250	Neil Cook	M	70	New York	NY	00:10:13	380	1:52	00:02:50	00:38:17	324	16.5	00:02:53	00:42:39	593	14:12	01:36:49.67
375	581	Curvie McMurray	M	49	Tarrytown	NY	00:12:45	567	2:19	00:05:54	00:43:07	480	14.6	00:03:00	00:32:13	514	10:44	01:36:57.83
376	146	Michael Corelli	M	43	Bedford	NY	00:12:18	551	2:14	00:05:43	00:49:46	561	12.7	00:02:39	00:26:59	334	8:59	01:37:22.79
377	33	Matthew Geraghty	M	35	Levittown	NY	00:12:03	539	2:12	00:03:34	00:42:47	466	14.7	00:01:35	00:37:45	575	12:34	01:37:41.12
378	377	Brian Vanek	M	33	Nesconset	NY	00:10:07	374	1:50	00:04:27	00:47:56	536	13.1	00:02:23	00:33:35	531	11:11	01:38:25.02
379	309	Matthew Hix	M	33	Brooklyn	NY	00:17:30	596	3:12	00:03:32	00:44:17	496	14.2	00:02:18	00:31:44	501	10:34	01:39:18.37
380	241	Ken Winfield	M	43	New York	NY	00:11:49	531	2:09	00:05:44	00:53:56	578	11.7	00:02:28	00:25:34	246	8:31	01:39:28.29
381	140	Anthony Carella	M	40	Smithtown	NY	00:11:17	495	2:03	00:04:56	00:49:33	558	12.7	00:01:52	00:32:11	512	10:43	01:39:46.14
382	679	Paul Berg	M	51	Port Washington	NY	00:10:26	419	1:54	00:03:52	00:54:07	579	11.6	00:01:58	00:29:40	445	9:53	01:39:59.55
383	232	Bernardo Tirado	M	40	New York	NY	00:12:12	546	2:13	00:04:45	00:46:25	524	13.6	00:01:36	00:35:20	554	11:46	01:40:15.20
384	560	Jay Berland	M	45	Syosset	NY	00:12:13	548	2:14	00:03:33	00:55:55	585	11.3	00:01:10	00:27:26	352	9:08	01:40:15.24
385	78	Shlomo Rappoport	M	35	Brooklyn	NY	00:12:50	572	2:20	00:04:40	00:44:28	501	14.2	00:02:19	00:36:04	566	12:01	01:40:17.51

Tri One On 2014

June 15, 2014

Tri Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
386	179	Essy Kashanian	M	65	Roslyn	NY	00:11:28	510	2:05	00:05:55	00:39:36	371	15.9	00:05:45	00:37:58	577	12:39		01:40:38.69
387	342	Eric Multer	M	27	Bayville	NY	00:11:10	487	2:02	00:05:00	00:45:24	515	13.9	00:03:14	00:35:57	564	11:58		01:40:41.88
388	332	Sam Luk	M	31	Brooklyn	NY	00:11:24	503	2:05	00:08:22	00:46:32	526	13.5	00:04:46	00:30:07	461	10:02		01:41:08.27
389	39	Brian Graham	M	38	Middletown	NJ	00:12:13	547	2:13	00:09:53	00:46:31	525	13.5	00:02:11	00:30:46	479	10:15		01:41:31.36
390	331	Albert Luk	M	32	Douglaston	NY	00:08:12	82	1:29	00:03:21	00:36:09	229	17.4	00:00:44	00:54:44	597	18:14		01:43:07.43
391	277	Ciaran Byrne	M	30	Long Island City	NY	00:10:24	414	1:54	00:04:31	00:45:25	516	13.9	00:01:36	00:42:51	594	14:16		01:44:44.59
392	51	Christopher Conover	M	38	Blauvelt	NY	00:13:08	575	2:24	00:04:53	00:48:34	546	13.0	00:01:57	00:37:08	572	12:22		01:45:38.10
393	650	Gary Schatzberg	M	54	Roslyn	NY	00:11:14	493	2:03	00:04:32	00:47:01	529	13.4	00:02:47	00:40:54	586	13:37		01:46:25.33
394	95	Josh Vance	M	17	Roslyn	NY	00:08:06	71	1:28	00:03:15	00:52:41	571	12.0	00:01:33	00:41:11	589	13:43		01:46:42.97
395	270	Kevin Barron	M	28	Westhampton Beach	NY	00:11:26	506	2:05	00:06:29	00:59:11	592	10.6	00:01:30	00:29:37	443	9:52		01:48:11.04
396	248	Eric Serpico	M	56	Woodbury	NY	00:14:38	585	2:40	00:04:36	00:49:46	560	12.7	00:01:17	00:40:20	583	13:26		01:50:32.98
397	42	Matthew Herman	M	19	Great Neck	NY	00:10:16	387	1:52	00:04:11	00:57:29	589	11.0	00:02:02	00:37:20	573	12:26		01:51:16.24
398	617	Steven Lev	M	51	Great Neck	NY	00:11:44	526	2:08	00:05:42	00:53:39	576	11.7	00:02:57	00:37:49	576	12:36		01:51:48.67
399	130	Thomas Bencosme	M	42	Manhasset	NY	00:15:29	590	2:49	00:08:26	00:48:47	548	12.9	00:05:31	00:35:03	552	11:40		01:53:12.65
400	639	Mark Pappas	M	55	Manhasset	NY	00:11:36	518	2:07	00:04:44	01:05:16	594	9.7	00:01:19	00:35:04	553	11:41		01:57:57.93
401	19	Brian Craine	M	35	Mineola	NY	00:11:43	525	2:08	00:09:59	01:00:47	593	10.4	00:03:14	00:32:36	522	10:51		01:58:17.68
402	172	Douglas Herman	M	59	Great Neck	NY	00:20:07	597	3:40	00:06:35	00:56:04	586	11.2	00:02:34	00:35:37	561	11:52		02:00:54.68
403	139	Mitchell Brown	M	65	Millburn	NJ	00:16:26	594	3:00	00:14:38	00:49:25	557	12.8	00:02:42	00:42:59	595	14:19		02:06:08.38