

# USAT Duathlon National Championship

July 19, 2014

Standard

## Overall Results - Female

Place	No.	Name	S	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
1	353	Kirsten Sass	F	35	Mckenzie	TN	00:16:19	54	5:42	00:00:27	00:51:00	32	22.8	00:00:29	00:16:58	56	6:12		01:25:10.78
2	342	Dani Fischer	F	26	Wausau	WI	00:15:37	29	5:27	00:00:43	00:51:12	38	22.7	00:00:30	00:16:06	27	5:53	+00:02:00	01:26:06.24
3	372	Brenda Williams	F	40	Cornville	AZ	00:16:01	42	5:35	00:00:49	00:53:58	97	21.6	00:00:46	00:16:16	35	5:57		01:27:46.89
4	358	Diane Hankee	F	37	Lino Lakes	MN	00:16:20	55	5:42	00:00:37	00:54:18	104	21.4	00:00:34	00:16:59	58	6:13		01:28:45.87
5	5	Kirsten Chapman	F	51	Edmond	OK	00:17:46	123	6:12	00:00:45	00:52:33	69	22.1	00:00:52	00:18:11	120	6:39		01:30:04.89
6	364	Rachel Northup	F	39	Richmond	VA	00:16:34	61	5:47	00:00:45	00:55:36	133	20.9	00:00:40	00:16:41	47	6:06		01:30:13.33
7	350	Jennifer Scudiero	F	32	Eagan	MN	00:18:00	145	6:17	00:00:33	00:52:47	74	22.0	00:00:33	00:18:50	152	6:53		01:30:39.76
8	391	Lisa Buhler	F	45	Lehigh Acres	FL	00:16:48	74	5:52	00:00:45	00:56:21	151	20.6	00:00:46	00:17:19	74	6:20		01:31:55.95
9	385	Heidi Beck	F	43	Delafield	WI	00:18:30	178	6:28	00:00:46	00:52:49	76	22.0	00:00:44	00:19:55	201	7:17		01:32:41.59
10	337	Greta Danielson	F	21	St. Cloud	MN	00:17:36	112	6:09	00:00:35	00:56:22	153	20.6	00:00:32	00:18:05	112	6:37		01:33:07.92
11	362	Andrea Myers	F	38	Plymouth	MN	00:17:52	133	6:14	00:00:39	00:56:01	144	20.8	00:00:44	00:18:21	130	6:43		01:33:34.44
12	378	Erica Ruge	F	42	Rhinebeck	NY	00:17:55	135	6:15	00:00:37	00:56:41	159	20.5	00:00:38	00:17:55	104	6:33		01:33:43.11
13	368	Denise Nechvatal	F	39	Dane	WI	00:18:38	188	6:31	00:00:53	00:53:54	95	21.6	00:01:00	00:19:29	187	7:08		01:33:51.19
14	343	Jasmine Carlson	F	29	Becida	MN	00:17:48	128	6:13	00:00:41	00:55:38	135	20.9	00:00:36	00:19:26	185	7:06		01:34:07.24
15	383	Manuela Knispel	F	43	Shorewood	MN	00:17:13	93	6:01	00:00:51	00:57:29	173	20.2	00:00:54	00:18:06	114	6:37		01:34:29.38
16	356	Kirsten Beltz	F	36	Plymouth	MN	00:17:51	130	6:14	00:00:46	00:57:17	169	20.3	00:00:40	00:18:08	116	6:38		01:34:38.16
17	393	Yvonne Carter	F	45	Los Angeles	CA	00:17:09	89	5:59	00:00:57	00:57:56	180	20.1	00:00:54	00:17:54	102	6:33		01:34:47.52
18	336	Paige Danielson	F	18	St. Cloud	MN	00:17:02	83	5:57	00:00:32	00:59:35	217	19.5	00:00:43	00:17:03	63	6:14		01:34:52.47
19	381	Rebecca Stephenson	F	42	Unionville	CT	00:18:16	162	6:23	00:00:47	00:56:46	163	20.5	00:00:48	00:18:38	142	6:49		01:35:12.42
20	375	Roxanne Stepnowski	F	41	Glastonbury	CT	00:17:21	103	6:04	00:00:51	00:58:16	191	20.0	00:01:24	00:17:27	82	6:23		01:35:16.76
21	405	Kimberly Mygatt	F	49	Campbell	CA	00:18:31	184	6:28	00:00:54	00:55:54	140	20.8	00:00:48	00:19:21	181	7:05		01:35:26.05
22	360	Krisana Hoff	F	37	Excelsior	MN	00:17:12	92	6:00	00:00:52	00:59:21	210	19.6	00:00:44	00:17:25	79	6:22		01:35:31.44
23	365	Maggie Fournier	F	39	Onalaska	WI	00:18:36	187	6:30	00:00:46	00:56:26	154	20.6	00:00:37	00:19:14	172	7:02		01:35:36.46
24	355	Kristen Hetzel	F	35	Santa Monica	CA	00:17:51	132	6:14	00:00:48	00:58:18	193	20.0	00:00:43	00:18:04	111	6:37		01:35:41.41
25	371	Kirsten Hock	F	40	Palos Park	IL	00:17:32	107	6:07	00:00:49	00:58:54	204	19.8	00:00:43	00:17:49	95	6:31		01:35:44.33
26	354	Sara Conrad	F	35	St Paul	MN	00:17:44	119	6:12	00:00:50	00:58:47	201	19.8	00:00:48	00:17:48	93	6:30		01:35:53.84
27	349	Laura Bergmann	F	32	Bakerton	WV	00:18:16	161	6:23	00:00:37	00:57:54	179	20.1	00:00:32	00:18:41	144	6:50		01:35:56.70
28	388	Patti Schmidt-Iverson	F	44	Hampton	MN	00:18:45	191	6:33	00:00:48	00:55:26	127	21.0	00:01:19	00:19:43	194	7:13		01:35:58.31
29	348	Jennifer Finn	F	31	East Lansing	MI	00:18:39	189	6:31	00:00:49	00:57:14	168	20.3	00:00:44	00:18:45	146	6:52		01:36:09.48
30	394	Debbie Freivald	F	45	Manassas	VA	00:19:07	211	6:41	00:00:52	00:56:12	147	20.7	00:00:46	00:19:20	178	7:04		01:36:14.16
31	15	Jocelyn Shilling	F	53	Saylorsburg	PA	00:19:49	230	6:55	00:00:50	00:54:58	118	21.2	00:00:49	00:19:52	197	7:16		01:36:15.80
32	12	Janet Howard	F	53	Portland	OR	00:18:49	193	6:34	00:00:56	00:56:26	155	20.6	00:00:50	00:19:31	190	7:08		01:36:30.49
33	366	Jennifer Fitzharris-Funk	F	39	Minneapolis	MN	00:18:32	185	6:28	00:00:39	00:58:08	185	20.0	00:00:45	00:18:50	151	6:53		01:36:50.53
34	398	Angela Allen	F	47	Portland	OR	00:18:31	181	6:28	00:00:44	00:57:47	178	20.1	00:00:45	00:19:23	183	7:05		01:37:06.50
35	400	Anne Grabowski	F	47	Minneapolis	MN	00:20:11	247	7:03	00:00:59	00:54:33	113	21.3	00:00:43	00:20:54	235	7:39		01:37:17.20

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							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
36	384	Julie Thebeau	F	43	Breckenridge	CO	00:17:42	117	6:11	00:00:48	00:59:55	221	19.4	00:00:50	00:18:09	118	6:38		01:37:21.40
37	363	Amy Alexander-Clark	F	38	Valdese	NC	00:19:06	210	6:40	00:00:55	00:58:16	190	20.0	00:00:46	00:19:44	195	7:13		01:38:44.52
38	9	Kelly Courtney	F	52	Shawnee	KS	00:19:10	213	6:42	00:01:08	00:57:18	170	20.3	00:01:11	00:20:15	213	7:24		01:38:59.47
39	346	Carly Matire	F	30	West Palm Beach	FL	00:18:25	170	6:26	00:00:54	01:00:29	232	19.2	00:00:34	00:18:55	156	6:55		01:39:14.64
40	410	Martha Brennan	F	44	East Cleveland	OH	00:19:49	231	6:55	00:00:56	00:58:03	184	20.0	00:00:54	00:20:05	208	7:21		01:39:44.31
41	357	Elisha Kekacs	F	37	Maple Grove	MN	00:18:54	197	6:36	00:01:04	00:59:24	213	19.6	00:00:54	00:19:32	191	7:09		01:39:45.18
42	390	Diane Smith	F	44	Hillsboro	OR	00:18:56	198	6:37	00:00:53	00:58:26	195	19.9	00:01:23	00:18:42	145	6:50	+00:02:00	01:40:17.50
43	11	Kim Donaldson	F	53	Chapel Hill	NC	00:19:51	234	6:56	00:00:46	00:58:58	205	19.7	00:00:44	00:20:06	209	7:21		01:40:22.52
44	28	Heather Leach	F	57	Seattle	WA	00:20:07	244	7:02	00:00:51	00:58:31	196	19.9	00:01:07	00:20:46	228	7:36		01:41:19.54
45	407	Laura Wiley	F	42	Beaverton	OR	00:20:22	255	7:07	00:01:02	00:58:03	183	20.0	00:01:08	00:21:12	245	7:45		01:41:44.64
46	359	Jaime Lynn Wooten	F	37	Thouand Oaks	CA	00:18:54	196	6:36	00:00:54	01:02:36	261	18.6	00:00:50	00:18:56	157	6:56		01:42:07.18
47	6	Ann Clowser	F	51	Dellwood	MN	00:20:09	246	7:02	00:00:53	00:59:27	215	19.6	00:00:50	00:20:56	239	7:39		01:42:12.53
48	340	Erica Roelofs	F	25	Durham	NC	00:19:00	203	6:38	00:00:49	01:01:06	242	19.0	00:00:52	00:20:40	225	7:33		01:42:24.47
49	408	Carrie Slavinski	F	43	Point Pleasant	NJ	00:20:00	239	6:59	00:00:59	01:00:18	231	19.3	00:00:53	00:20:34	221	7:31		01:42:41.46
50	13	Heidi Vosbeck	F	53	Glenwood Springs	CO	00:19:03	206	6:39	00:00:58	01:01:23	245	19.0	00:00:48	00:20:37	224	7:33		01:42:46.09
51	396	Lynne Wodrich	F	45	Rochester	MN	00:20:53	267	7:18	00:00:50	00:59:17	209	19.6	00:00:49	00:21:13	246	7:46		01:43:00.11
52	361	Jessica Deegan	F	38	Saint Paul	MN	00:19:51	236	6:56	00:00:45	01:01:49	249	18.8	00:00:40	00:20:43	226	7:35		01:43:45.55
53	397	Anne Ekern	F	46	Houston	TX	00:18:53	195	6:36	00:01:02	01:05:04	289	17.9	00:01:08	00:18:23	132	6:43		01:44:26.68
54	22	Gail Waldman	F	56	Vienna	VA	00:20:56	269	7:19	00:01:25	00:59:45	220	19.5	00:01:06	00:21:40	257	7:55		01:44:48.20
55	369	Jenny Thacker	F	40	Stillwater	MN	00:19:46	228	6:54	00:00:44	01:03:05	265	18.4	00:00:52	00:20:25	219	7:28		01:44:50.75
56	21	Becky Oblatz	F	55	Portland	OR	00:21:38	279	7:33	00:01:27	01:00:07	227	19.4	00:01:15	00:20:36	223	7:32		01:44:59.59
57	8	Annette Kaptur	F	52	Willow Springs	IL	00:18:31	182	6:28	00:01:12	01:03:03	264	18.5	00:01:08	00:20:04	207	7:20	+00:02:00	01:45:55.46
58	402	Clare Duffy	F	49	New York	NY	00:19:37	224	6:51	00:01:32	01:04:01	272	18.2	00:01:18	00:19:39	193	7:11		01:46:03.71
59	16	Mary Anne Williams	F	54	Chester	VA	00:20:15	253	7:05	00:01:33	01:02:11	254	18.7	00:01:18	00:20:49	231	7:37		01:46:03.72
60	33	Patricia Driscoll	F	59	Stowe	VT	00:20:47	264	7:16	00:00:50	01:01:37	247	18.9	00:01:04	00:21:54	262	8:01		01:46:10.02
61	399	Jamie Belinne	F	47	Pearland	TX	00:21:39	280	7:34	00:01:02	01:01:05	241	19.0	00:01:13	00:21:20	248	7:48		01:46:15.83
62	25	Nancy Gribble	F	56	Loxahatchee	FL	00:20:24	256	7:08	00:00:59	01:01:01	238	19.1	00:01:21	00:22:54	281	8:23		01:46:36.96
63	37	Phyllis Yester	F	61	Downingtown	PA	00:22:03	289	7:42	00:01:14	01:00:12	229	19.3	00:01:09	00:22:04	265	8:04		01:46:38.65
64	380	Tracy Jenkins	F	42	Doylestown	PA	00:19:52	237	6:56	00:00:56	01:04:08	274	18.1	00:00:54	00:20:52	233	7:38		01:46:39.49
65	4	Sheri Noer	F	51	Fort Worth	TX	00:20:46	263	7:15	00:00:55	01:02:35	260	18.6	00:01:03	00:21:41	259	7:56		01:46:56.33
66	374	Katie Thatcher	F	41	Streamwood	IL	00:20:15	252	7:04	00:00:51	01:04:32	281	18.0	00:00:57	00:20:25	218	7:28		01:46:56.93
67	338	Jessica Hanson	F	24	Minneapolis	MN	00:19:51	233	6:56	00:00:53	01:04:10	276	18.1	00:01:03	00:21:05	243	7:43		01:46:59.71
68	30	Sherry Shelton	F	57	Alpharetta	GA	00:20:01	241	7:00	00:00:59	01:04:20	278	18.1	00:01:00	00:20:47	229	7:36		01:47:03.42
69	335	Alexandra Schwein	F	17	Ellsworth	MI	00:20:29	258	7:09	00:00:32	01:04:27	279	18.1	00:00:39	00:21:17	247	7:47		01:47:20.65
70	32	Colleen Rebant	F	59	Ovilla	TX	00:20:15	251	7:04	00:01:01	01:04:03	273	18.2	00:00:59	00:21:55	263	8:01		01:48:10.46

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							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
71	7	Carole Harris	F	51	Bowie	MD	00:20:56	268	7:19	00:01:27	01:02:10	253	18.7	00:01:11	00:22:44	277	8:19		01:48:25.18
72	341	Casey Yester	F	26	Tucson	AZ	00:18:29	177	6:27	00:00:56	01:06:35	302	17.5	00:00:54	00:21:35	254	7:54		01:48:25.56
73	406	Beth Fischer	F	49	Oklahoma City	OK	00:22:19	295	7:48	00:01:14	01:00:32	233	19.2	00:01:15	00:23:24	288	8:34		01:48:41.41
74	395	Leslie Battle	F	45	Warwick	RI	00:22:44	302	7:56	00:00:54	01:01:39	248	18.9	00:00:54	00:22:42	275	8:18		01:48:49.02
75	339	Kaylee Bohannon	F	25	Midlothian	VA	00:18:30	179	6:28	00:01:05	01:08:57	320	16.9	00:01:08	00:19:15	175	7:03		01:48:52.89
76	387	Carrie Glenn	F	44	Topeka	KS	00:21:40	282	7:34	00:01:06	01:02:29	258	18.6	00:00:54	00:22:48	278	8:20		01:48:54.56
77	1	Tracy Perry	F	50	Clifton Park	NY	00:21:12	274	7:24	00:01:17	01:02:45	262	18.5	00:01:02	00:22:58	282	8:24		01:49:12.21
78	35	Sheri Schrock	F	60	Cohasset	MN	00:23:08	305	8:05	00:00:46	01:01:19	244	19.0	00:00:50	00:23:31	293	8:36		01:49:32.10
79	29	Mary Rine	F	57	Alva	FL	00:21:10	272	7:24	00:01:14	01:05:01	287	17.9	00:01:03	00:22:23	268	8:11		01:50:47.79
80	409	Jadie Simon	F	36	Denver	CO	00:20:43	262	7:14	00:01:05	01:06:50	305	17.4	00:00:55	00:21:22	250	7:49		01:50:52.41
81	44	Vicki Mccloskey	F	65	Henniker	NH	00:22:36	300	7:54	00:01:11	01:04:09	275	18.1	00:01:57	00:22:36	270	8:16		01:52:26.45
82	27	Evelyn Egizi	F	56	Silver Spring	MD	00:22:43	301	7:56	00:01:13	01:02:01	250	18.8	00:00:56	00:23:39	296	8:39	+00:02:00	01:52:29.23
83	19	Diane Stoller	F	55	Maple Grove	MN	00:21:57	287	7:40	00:01:21	01:03:46	270	18.2	00:01:15	00:22:41	274	8:18	+00:02:00	01:52:57.72
84	392	Tracy Lempke	F	45	Jacksonville	NC	00:21:44	285	7:35	00:00:59	01:07:53	313	17.1	00:00:55	00:21:38	256	7:55		01:53:06.50
85	17	Ellen Martin	F	54	Hainesport	NJ	00:22:31	298	7:52	00:01:14	01:04:47	284	18.0	00:01:05	00:23:51	298	8:44		01:53:24.66
86	42	Ruth King	F	63	Ambler	PA	00:23:19	308	8:09	00:01:19	01:05:25	292	17.8	00:01:16	00:23:10	285	8:28		01:54:26.68
87	351	Joanna Etshokin	F	32	Woodbury	MN	00:20:07	245	7:02	00:01:09	01:11:45	329	16.2	00:01:00	00:21:03	242	7:42		01:55:02.20
88	345	Elizabeth Vranish	F	29	Washington	DC	00:22:20	296	7:48	00:01:11	01:08:01	314	17.1	00:00:52	00:23:11	286	8:29		01:55:33.78
89	401	Lisa Luquette	F	48	Houston	TX	00:21:38	278	7:33	00:01:30	01:07:03	306	17.3	00:01:12	00:24:23	305	8:55		01:55:42.96
90	404	Paula Connery	F	49	Kearney	MO	00:22:09	292	7:44	00:00:44	01:09:36	325	16.7	00:00:40	00:22:38	271	8:17		01:55:44.18
91	46	Anne Viviani	F	65	Arlington	VA	00:23:33	312	8:14	00:01:13	01:07:12	308	17.3	00:01:05	00:22:53	280	8:22		01:55:53.42
92	3	Kitsa Catherine Kondylis-De	F	50	Concord	MA	00:24:39	324	8:37	00:01:43	01:03:25	268	18.3	00:01:45	00:24:59	312	9:08		01:56:28.46
93	18	Yvonne Datta	F	54	Minneapolis	MN	00:22:17	294	7:47	00:01:25	01:05:23	291	17.8	00:01:45	00:25:49	318	9:27		01:56:36.35
94	20	Elaine Mangum	F	55	Cary	NC	00:23:43	313	8:17	00:01:21	01:08:27	316	17.0	00:01:15	00:24:08	300	8:50		01:58:51.29
95	373	Tram Pozzi	F	40	Winston Salem	NC	00:19:51	235	6:56	00:00:56	01:07:19	309	17.3	00:00:53	00:29:57	337	10:57		01:58:53.82
96	376	Rebecca Yong	F	41	Bartlett	TN	00:24:04	317	8:24	00:01:46	01:07:20	310	17.3	00:01:18	00:24:38	308	9:01		01:59:03.15
97	31	Celeste Breen	F	58	Grayslake	IL	00:24:20	320	8:30	00:01:29	01:10:00	327	16.6	00:01:24	00:23:28	291	8:35		02:00:38.45
98	38	Linda Kelly	F	62	Miami	FL	00:23:46	314	8:18	00:01:23	01:09:52	326	16.6	00:01:28	00:24:35	307	9:00		02:01:02.84
99	379	Mary Craig	F	42	Seattle	WA	00:26:08	334	9:08	00:00:55	01:06:21	300	17.5	00:00:51	00:26:52	328	9:50		02:01:03.82
100	41	Debbie Yee	F	63	Madison	WI	00:24:18	319	8:29	00:01:44	01:08:52	319	16.9	00:01:21	00:24:58	311	9:08		02:01:09.90
101	23	Barbara Ezell	F	56	Milledgeville	GA	00:20:22	254	7:07	00:01:21	01:16:11	337	15.3	00:01:28	00:22:43	276	8:19		02:02:02.41
102	36	Michel Sanders	F	61	Saint Paul	MN	00:24:42	327	8:38	00:02:18	01:08:26	315	17.0	00:01:25	00:25:14	315	9:14		02:02:02.84
103	52	Heysoon Lee	F	70	Morristown	NJ	00:25:52	332	9:02	00:01:16	01:08:58	321	16.9	00:00:59	00:26:00	323	9:31		02:03:03.70
104	403	Cathleen Mcginnity	F	49	Luck	WI	00:23:11	306	8:06	00:01:01	01:11:50	331	16.2	00:01:33	00:25:41	316	9:24		02:03:13.26
105	45	Charlene Barron	F	65	Wayzata	MN	00:24:23	321	8:31	00:01:57	01:09:25	322	16.8	00:02:08	00:26:29	326	9:41		02:04:18.96

# USAT Duathlon National Championship

July 19, 2014

Standard

## Overall Results - Female

Place	No.	Name	S	Age	City	St.	----- RUN -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	Pace		Time	Plc	Mph	T2	Time	Plc			Pace
106	382	Carole Steenson	F	42	Plymouth	MN	00:23:28	310	8:12	00:01:16	01:12:18	332	16.1	00:01:25	00:26:11	324	9:35		02:04:35.21
107	26	Kathryn Scourby	F	56	Richmond	VA	00:24:41	326	8:38	00:01:25	01:12:45	334	16.0	00:01:21	00:25:47	317	9:26		02:05:57.02
108	49	Peggy Trager	F	69	Excelsior	MN	00:25:24	329	8:52	00:01:21	01:11:46	330	16.2	00:01:31	00:26:35	327	9:44		02:06:34.61
109	344	Kristin Peoples	F	29	Akron	OH	00:23:26	309	8:11	00:00:58	01:19:00	342	14.7	00:01:13	00:28:45	335	10:31		02:13:20.27
110	50	Barb Morgan	F	70	Tioga	PA	00:31:30	345	11:00	00:00:56	01:09:34	324	16.7	00:00:52	00:32:39	341	11:57		02:15:28.56
111	370	Tasha Grounds	F	40	Keller	TX	00:25:56	333	9:04	00:01:48	01:17:49	340	15.0	00:01:50	00:30:16	338	11:05		02:17:36.88
112	48	Barbara Kostner	F	66	Lakewood	CO	00:31:27	344	11:00	00:01:19	01:12:25	333	16.1	00:01:11	00:33:24	343	12:13		02:19:43.15
113	34	Stefanie Harder	F	60	Mesa	AZ	00:29:26	341	10:17	00:02:46	01:20:53	343	14.4	00:02:38	00:28:40	334	10:29		02:24:20.56
114	47	Liz Wilkins	F	66	Kennesaw	GA	00:28:06	340	9:49	00:01:24	01:23:13	344	14.0	00:01:39	00:31:52	340	11:40		02:26:10.40
115	40	Debra Lindberg	F	62	Portland	OR	00:29:41	342	10:22	00:02:50	01:28:48	345	13.1	00:04:23	00:33:16	342	12:10		02:38:54.58

# USAT Duathlon National Championship

July 19, 2014

Standard

## Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
1	171	Matthew Payne	M	37	Columbia Heights	MN	00:14:35	6	5:06	00:00:34	00:45:48	1	25.4	00:00:32	00:14:59	6	5:29		01:16:25.06
2	267	Dave Slavinski	M	43	Point Pleasant	NJ	00:14:24	3	5:02	00:00:27	00:46:53	3	24.8	00:00:31	00:14:35	2	5:20		01:16:46.78
3	220	Thomas Woods	M	43	Lincoln	NE	00:14:23	2	5:01	00:00:31	00:47:26	4	24.5	00:00:38	00:14:41	4	5:22		01:17:35.91
4	132	Albert Harrison	M	26	Boone	NC	00:14:50	10	5:11	00:00:35	00:46:48	2	24.9	00:00:33	00:15:00	7	5:29		01:17:43.90
5	148	Bennett Isabella	M	32	Burnsville	MN	00:14:02	1	4:54	00:00:38	00:48:11	7	24.1	00:00:33	00:14:41	5	5:22		01:18:02.74
6	222	Kevin Oconnor	M	43	Medina	MN	00:14:51	12	5:11	00:00:29	00:48:24	8	24.0	00:00:29	00:15:08	12	5:32		01:19:18.53
7	173	Timothy Doyle	M	37	North Liberty	IA	00:15:14	22	5:19	00:00:35	00:49:02	12	23.7	00:00:30	00:15:02	9	5:30		01:20:20.82
8	234	Kevin Konczak	M	45	Boulder	CO	00:14:32	4	5:04	00:00:26	00:50:31	26	23.0	00:00:34	00:15:02	8	5:30		01:21:02.22
9	131	Jesse Bauer	M	25	Hamilton	ON	00:14:37	7	5:06	00:00:36	00:50:48	29	22.9	00:00:37	00:14:37	3	5:21		01:21:12.86
10	166	Andy Wiberg	M	36	Lakeville	MN	00:15:33	27	5:26	00:00:42	00:49:11	13	23.7	00:00:48	00:15:03	10	5:30		01:21:15.73
11	238	Marc Warner	M	45	Crozier	VA	00:15:10	20	5:18	00:00:40	00:49:23	15	23.6	00:00:36	00:15:38	18	5:43		01:21:24.26
12	283	Andy Armes	M	51	Boulder	CO	00:15:02	17	5:15	00:00:32	00:50:14	21	23.2	00:00:36	00:15:19	13	5:36		01:21:39.42
13	135	Alex Arman	M	26	Saint Charles	IL	00:15:00	15	5:14	00:00:36	00:49:35	17	23.5	00:00:33	00:16:12	33	5:56		01:21:53.83
14	206	Charlie Low	M	40	Sydney	/ictoria	00:14:32	5	5:04	00:00:43	00:50:36	27	23.0	00:00:35	00:15:39	19	5:43		01:22:02.57
15	170	Greg Fraze	M	37	Velpen	IN	00:15:17	23	5:20	00:00:39	00:48:58	11	23.8	00:00:30	00:16:42	48	6:06		01:22:03.77
16	179	Chad Millner	M	38	Eden Prairie	MN	00:15:18	24	5:21	00:00:32	00:50:07	19	23.2	00:00:31	00:16:14	34	5:56		01:22:39.64
17	198	Mike Buenting	M	40	Chanhassen	MN	00:15:03	18	5:15	00:00:35	00:51:06	37	22.8	00:00:32	00:15:33	16	5:41		01:22:45.90
18	118	Timothy Winslow	M	18	Elk Grove	CA	00:14:59	14	5:14	00:00:49	00:50:30	25	23.0	00:00:33	00:16:03	25	5:52		01:22:49.90
19	232	Dudley Hoskin	M	45	Greenwich	CT	00:16:09	49	5:39	00:01:05	00:48:10	6	24.2	00:00:43	00:16:50	53	6:09		01:22:54.14
20	158	Joseph Johnson	M	34	Eagan	MN	00:15:19	25	5:21	00:00:48	00:48:00	5	24.2	00:00:39	00:16:16	36	5:57	+00:02:00	01:22:58.73
21	188	Scott Myers	M	39	Plymouth	MN	00:15:36	28	5:27	00:00:42	00:50:43	28	22.9	00:00:46	00:15:39	20	5:43		01:23:23.58
22	210	Jeff Hoppert	M	41	Portland	OR	00:16:04	44	5:37	00:00:45	00:50:12	20	23.2	00:00:33	00:15:55	22	5:49		01:23:26.67
23	263	Marcus Alexander	M	49	Cambridge	MA	00:16:08	48	5:38	00:00:47	00:49:35	18	23.5	00:00:39	00:16:31	43	6:02		01:23:37.83
24	125	Jacob Olsen	M	22	Mendota Heights	MN	00:14:39	8	5:07	00:00:35	00:52:40	71	22.1	00:01:14	00:14:34	1	5:19		01:23:40.06
25	201	Brandon Lundell	M	40	Longmont	CO	00:16:08	47	5:38	00:00:34	00:49:23	16	23.6	00:00:42	00:17:11	68	6:17		01:23:54.71
26	146	Barry Mccarron	M	32	Washington	DC	00:14:50	9	5:11	00:00:46	00:52:12	57	22.3	00:00:57	00:15:21	14	5:37		01:24:03.55
27	255	Sean Campbell	M	48	Klamath Falls	OR	00:16:46	72	5:51	00:00:43	00:49:21	14	23.6	00:00:33	00:16:45	51	6:08		01:24:05.19
28	121	Daniel Pearson	M	19	Brookfield	WI	00:14:51	11	5:11	00:00:36	00:52:43	73	22.1	00:00:37	00:15:27	15	5:39		01:24:11.21
29	204	Adam Northup	M	40	Richmond	VA	00:16:27	59	5:45	00:00:49	00:48:43	10	23.9	00:00:44	00:17:40	89	6:28		01:24:20.87
30	203	Bob Miller	M	40	Saginaw	MI	00:15:00	16	5:14	00:00:41	00:51:48	49	22.5	00:00:45	00:16:20	39	5:58		01:24:30.66
31	276	Fred Bunn	M	50	E. Grand Rapids	MI	00:16:01	41	5:35	00:00:45	00:51:05	35	22.8	00:00:48	00:16:10	29	5:55		01:24:46.07
32	208	Timothy Scanlan	M	41	Philadelphia	PA	00:16:11	51	5:39	00:00:55	00:50:58	31	22.8	00:00:38	00:16:11	32	5:55		01:24:49.89
33	124	Pat Griffith	M	21	Osseo	MN	00:15:46	34	5:30	00:00:35	00:51:51	50	22.4	00:00:33	00:16:10	30	5:55		01:24:53.08
34	180	Stewart Alford	M	38	Asheville	NC	00:15:32	26	5:25	00:00:54	00:52:21	62	22.2	00:00:43	00:15:48	21	5:47		01:25:16.27
35	311	James Hannon	M	56	Rochester	MN	00:15:59	39	5:35	00:00:39	00:52:03	54	22.3	00:00:45	00:15:56	23	5:49		01:25:18.41

# USAT Duathlon National Championship

July 19, 2014

Standard

## Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
36	249	Darin Anderson	M	47	Newport Beach	CA	00:15:53	35	5:33	00:00:33	00:52:02	53	22.4	00:00:41	00:16:21	41	5:59		01:25:27.21
37	219	David Savard	M	42	Greenwich	CT	00:15:43	33	5:29	00:00:47	00:52:11	56	22.3	00:00:46	00:16:05	26	5:53		01:25:29.97
38	211	Matthew Pendola	M	41	Reno	NV	00:15:58	38	5:35	00:00:48	00:51:46	47	22.5	00:00:54	00:16:07	28	5:53		01:25:30.90
39	155	Tim Downs	M	34	Norwalk	CT	00:15:53	36	5:33	00:00:38	00:52:18	59	22.2	00:00:46	00:16:18	38	5:58		01:25:50.50
40	284	Will Sauer	M	51	Wernersville	PA	00:16:42	66	5:50	00:00:44	00:50:25	23	23.1	00:00:40	00:17:24	78	6:22		01:25:52.98
41	256	David Dixon	M	48	Wilmington	DE	00:16:12	53	5:39	00:00:39	00:51:28	42	22.6	00:00:38	00:17:04	64	6:14		01:25:58.44
42	163	Travis Miller	M	35	Nisswa	MN	00:15:57	37	5:34	00:00:46	00:52:42	72	22.1	00:00:36	00:16:11	31	5:55		01:26:09.55
43	313	Anthony Schiller	M	56	Eden Prairie	MN	00:15:43	32	5:29	00:00:43	00:51:14	39	22.7	00:00:33	00:16:02	24	5:52	+00:02:00	01:26:11.92
44	212	Michael Rowles	M	42	Louisville	KY	00:16:05	46	5:37	00:00:43	00:52:10	55	22.3	00:00:43	00:16:34	45	6:04		01:26:12.41
45	214	Bart Preston	M	42	Lindon	UT	00:16:44	70	5:51	00:00:36	00:51:05	36	22.8	00:00:35	00:17:26	81	6:23		01:26:23.61
46	177	Derric Ungaro	M	37	Woodstock	IL	00:16:11	52	5:39	00:01:04	00:51:32	43	22.6	00:00:49	00:16:56	55	6:12		01:26:29.60
47	216	John Sillery	M	42	Chattanooga	TN	00:15:09	19	5:17	00:00:30	00:55:22	125	21.0	00:00:28	00:15:05	11	5:31		01:26:30.46
48	156	Brian Botterweck	M	34	Warrenville	IL	00:16:10	50	5:39	00:00:47	00:51:51	51	22.4	00:00:48	00:17:05	65	6:15		01:26:38.03
49	127	Andy Hardt	M	23	Saint Paul	MN	00:16:04	43	5:36	00:00:50	00:53:18	85	21.8	00:00:53	00:15:37	17	5:43		01:26:40.02
50	293	Bradley Williams	M	53	Cornville	AZ	00:17:47	124	6:13	00:01:07	00:48:31	9	24.0	00:00:53	00:18:29	136	6:46		01:26:43.57
51	248	Peter Rainey	M	47	Bloomington	MN	00:17:09	88	5:59	00:00:44	00:50:56	30	22.8	00:00:43	00:17:19	73	6:20		01:26:48.32
52	154	Brian Doyle	M	34	Solomons	MD	00:15:43	31	5:29	00:00:46	00:53:10	83	21.9	00:00:43	00:16:47	52	6:08		01:27:06.70
53	282	Shane Thread	M	51	Evansville	IN	00:16:26	57	5:44	00:01:43	00:50:17	22	23.1	00:00:56	00:17:52	98	6:32		01:27:11.52
54	192	Phil Clark	M	32	Oakland	CA	00:16:53	76	5:54	00:00:54	00:51:40	45	22.5	00:00:45	00:17:07	66	6:15		01:27:15.18
55	306	James Vernon	M	55	Shawnee	OK	00:16:40	63	5:49	00:00:44	00:51:47	48	22.5	00:00:50	00:17:18	72	6:19		01:27:17.28
56	294	Paul Greenberg	M	53	Westport	CT	00:16:42	65	5:50	00:01:08	00:51:24	40	22.6	00:00:46	00:17:21	76	6:20		01:27:17.56
57	308	John Grice	M	55	Kewanee	IL	00:16:53	77	5:54	00:00:34	00:51:55	52	22.4	00:00:45	00:17:13	69	6:18		01:27:18.39
58	57	David Burkhart	M	60	Brighton	MI	00:15:59	40	5:35	00:00:41	00:51:26	41	22.6	00:00:43	00:18:37	141	6:48		01:27:23.75
59	261	Ron Thomasson	M	49	Longmont	CO	00:16:43	67	5:50	00:00:44	00:52:14	58	22.3	00:01:15	00:16:59	60	6:13		01:27:53.08
60	272	Tom Gelson	M	50	Marion	MA	00:16:24	56	5:44	00:00:36	00:52:54	79	22.0	00:00:39	00:17:43	91	6:29		01:28:13.30
61	76	Keith Woodward	M	63	Stowe	VT	00:16:44	69	5:51	00:00:37	00:53:32	91	21.7	00:00:42	00:16:42	49	6:06		01:28:15.63
62	147	Brian Zahm	M	32	Austin	TX	00:17:18	100	6:03	00:00:45	00:51:42	46	22.5	00:00:40	00:18:22	131	6:43		01:28:45.17
63	149	David Hanley	M	32	Madison	WI	00:17:03	84	5:57	00:00:31	00:54:20	105	21.4	00:00:31	00:16:23	42	6:00		01:28:46.47
64	144	Regis Dupont	M	31	Minneapolis	MN	00:16:47	73	5:52	00:00:46	00:54:06	102	21.5	00:00:41	00:16:32	44	6:03		01:28:49.43
65	133	Jacob Orvis	M	26	Westmont	IL	00:16:35	62	5:48	00:00:51	00:53:45	93	21.6	00:00:48	00:16:54	54	6:11		01:28:51.09
66	136	Neil Skoog	M	26	Durham	NC	00:14:56	13	5:13	00:00:57	00:55:29	129	21.0	00:00:55	00:16:44	50	6:07		01:28:59.32
67	217	Chris Latkovich	M	42	Willoughby	OH	00:16:28	60	5:45	00:00:43	00:52:54	78	22.0	00:00:43	00:18:17	123	6:41		01:29:02.60
68	290	Bob Jones	M	52	Bartlett	IL	00:16:44	68	5:50	00:00:54	00:53:32	92	21.7	00:00:57	00:16:59	59	6:13		01:29:04.19
69	291	Jimmy Little	M	52	West Jefferson	OH	00:17:13	94	6:01	00:00:42	00:52:50	77	22.0	00:00:39	00:17:53	100	6:32		01:29:15.09
70	250	David Cronwall	M	47	Palo Alto	CA	00:17:29	105	6:06	00:00:52	00:52:30	67	22.2	00:00:34	00:17:57	106	6:34		01:29:20.90

# USAT Duathlon National Championship

July 19, 2014

Standard

## Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
71	287	Mike Lupini	M	51	Milford	MI	00:17:46	122	6:12	00:00:56	00:52:29	66	22.2	00:00:46	00:17:30	84	6:24		01:29:24.15
72	186	Eugene Huang	M	39	New York	NY	00:16:41	64	5:50	00:00:47	00:54:21	107	21.4	00:00:39	00:17:03	62	6:14		01:29:28.09
73	215	Alan Dettmer	M	42	Grand Rapids	MN	00:18:24	169	6:26	00:00:42	00:51:05	34	22.8	00:00:40	00:18:45	147	6:52		01:29:33.41
74	119	Nick Amato	M	18	Suttons Bay	MI	00:15:41	30	5:29	00:00:47	00:56:04	146	20.8	00:00:49	00:16:20	40	5:58		01:29:38.93
75	328	Ken Andrews	M	59	Midland	MI	00:18:05	147	6:19	00:00:41	00:52:19	60	22.2	00:00:37	00:18:05	113	6:37		01:29:43.97
76	178	Paul Schafer	M	38	Elkhorn	WI	00:16:57	79	5:55	00:00:40	00:54:29	112	21.4	00:00:40	00:17:03	61	6:14		01:29:46.55
77	330	Mike Homan	M	54	Haslett	MI	00:16:26	58	5:44	00:00:45	00:54:01	99	21.5	00:00:46	00:17:51	97	6:32		01:29:47.03
78	54	Bob Rosemeyer	M	60	Carlsbad	CA	00:17:17	97	6:02	00:00:52	00:53:05	81	21.9	00:01:10	00:17:30	83	6:24		01:29:50.99
79	202	Kevin Scales	M	40	San Diego	CA	00:17:10	91	6:00	00:00:46	00:54:22	108	21.4	00:00:41	00:16:59	57	6:13		01:29:53.93
80	307	George Pierce	M	55	Palo Alto	CA	00:18:25	174	6:26	00:00:57	00:50:26	24	23.1	00:00:58	00:19:21	180	7:04		01:30:04.11
81	181	Seth Downs	M	38	Eden Prairie	MN	00:17:59	142	6:17	00:00:47	00:52:48	75	22.0	00:00:47	00:17:56	105	6:33		01:30:12.97
82	176	Mark Reisman	M	37	Dallas	TX	00:17:42	116	6:11	00:00:39	00:53:00	80	22.0	00:00:42	00:18:16	121	6:41		01:30:15.27
83	305	Jeffrey Gilmer	M	55	Delano	MN	00:18:08	151	6:20	00:00:48	00:52:33	68	22.1	00:00:48	00:18:02	109	6:36		01:30:15.58
84	257	Michael Murphy	M	48	San Diego	CA	00:17:39	115	6:10	00:00:54	00:53:12	84	21.9	00:00:48	00:17:53	101	6:32		01:30:24.02
85	279	William Jabour	M	50	Austin	TX	00:17:07	87	5:59	00:01:12	00:53:27	88	21.8	00:00:43	00:17:58	107	6:34		01:30:24.74
86	157	Brendan Dolan	M	34	Minneapolis	MN	00:16:57	78	5:55	00:00:51	00:54:24	110	21.4	00:00:42	00:17:35	86	6:26		01:30:26.41
87	262	Frank Silva	M	49	Woodstock	GA	00:16:59	81	5:56	00:00:47	00:54:38	114	21.3	00:00:43	00:17:26	80	6:22		01:30:30.07
88	243	Steve Sievert	M	46	Houston	TX	00:16:04	45	5:37	00:00:49	00:52:38	70	22.1	00:00:49	00:18:20	129	6:42	+00:02:00	01:30:37.64
89	142	James Minshew	M	29	Killeen	TX	00:17:37	113	6:09	00:01:01	00:53:27	87	21.8	00:00:53	00:17:53	99	6:32		01:30:48.98
90	273	Edward Marx	M	50	Colleyville	TX	00:17:49	129	6:13	00:00:54	00:53:32	90	21.7	00:00:49	00:17:49	96	6:31		01:30:50.40
91	320	Tom Barichello	M	57	Langley	BC	00:17:58	138	6:16	00:00:47	00:52:25	63	22.2	00:00:55	00:18:53	154	6:54		01:30:53.32
92	289	Mike Balestreri	M	51	El Sobrante	CA	00:18:06	148	6:19	00:00:40	00:52:21	61	22.2	00:00:50	00:19:05	167	6:59		01:30:57.91
93	165	John Christopher	M	36	Mountain View	CA	00:17:32	108	6:08	00:00:45	00:55:30	131	21.0	00:00:38	00:16:40	46	6:06		01:31:03.58
94	254	David Ratzman	M	48	Carmel	IN	00:17:56	137	6:16	00:00:59	00:53:57	96	21.6	00:01:00	00:17:21	75	6:20		01:31:10.75
95	190	Andrew Mcallister	M	39	Kirkland	WA	00:16:52	75	5:54	00:00:29	00:54:15	103	21.4	00:00:34	00:19:03	165	6:58		01:31:11.40
96	169	Ben Hanson	M	36	Prior Lake	MN	00:17:58	141	6:17	00:00:38	00:53:08	82	21.9	00:00:35	00:19:02	164	6:58		01:31:18.52
97	218	Michael Sheehy	M	42	Hyattsville	MD	00:16:58	80	5:56	00:00:54	00:55:38	134	20.9	00:00:40	00:17:14	70	6:18		01:31:20.98
98	266	Jamie Crombie	M	49	Cincinnati	OH	00:17:05	85	5:58	00:00:36	00:55:26	128	21.0	00:00:40	00:17:38	87	6:27		01:31:23.03
99	74	Walt Rider	M	62	Germantown	TN	00:17:33	109	6:08	00:00:47	00:53:59	98	21.6	00:00:50	00:18:18	125	6:41		01:31:23.06
100	239	Kirk Decker	M	45	Blue Springs	MO	00:17:53	134	6:15	00:01:00	00:53:21	86	21.8	00:00:58	00:18:17	122	6:41		01:31:27.05
101	265	Donovan Houser	M	49	Fremont	IN	00:17:31	106	6:07	00:00:55	00:54:22	109	21.4	00:00:52	00:17:55	103	6:33		01:31:31.53
102	182	Keith Kowalsky	M	38	Minneapolis	MN	00:17:02	82	5:57	00:00:42	00:55:42	138	20.9	00:00:43	00:17:42	90	6:28		01:31:47.64
103	252	Rob Jones	M	47	Reston	VA	00:17:18	99	6:03	00:00:59	00:55:07	123	21.1	00:00:56	00:17:39	88	6:27		01:31:57.18
104	274	Tony Prado	M	50	Tampa	FL	00:17:18	98	6:02	00:00:35	00:55:03	121	21.1	00:00:49	00:18:19	127	6:42		01:32:02.04
105	120	Christian Perez	M	18	Waco	TX	00:15:12	21	5:18	00:01:10	00:58:22	194	19.9	00:01:08	00:16:16	37	5:57		01:32:06.03

# USAT Duathlon National Championship

July 19, 2014

Standard

## Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
106	300	Douglas Landau	M	54	Herndon	VA	00:18:24	168	6:26	00:00:38	00:53:51	94	21.6	00:00:49	00:18:27	135	6:45		01:32:07.69
107	53	Stanton Fitting	M	60	Buffalo	MN	00:18:06	149	6:19	00:01:05	00:55:04	122	21.1	00:00:51	00:17:08	67	6:16		01:32:12.05
108	297	Hubie Krawczyk	M	53	Cudahy	WI	00:17:55	136	6:16	00:01:00	00:52:27	64	22.2	00:01:00	00:19:56	202	7:17		01:32:15.90
109	322	Stan Friedel	M	57	Woodstock	IL	00:17:48	127	6:13	00:01:09	00:52:28	65	22.2	00:00:55	00:18:18	126	6:42	+00:02:00	01:32:36.08
110	295	Jeff Dorrill	M	53	Dallas	TX	00:17:44	120	6:12	00:00:54	00:54:59	119	21.2	00:01:08	00:18:03	110	6:36		01:32:46.77
111	129	Eugene Diefenbach	M	25	Fairfax Station	VA	00:18:08	150	6:20	00:00:54	00:54:21	106	21.4	00:00:56	00:18:35	138	6:48		01:32:50.40
112	68	Stan Watkins	M	61	Bloomington	IL	00:19:29	221	6:48	00:01:07	00:51:03	33	22.8	00:00:52	00:20:28	220	7:29		01:32:56.63
113	189	Tim Davis	M	39	Bowling Green	KY	00:17:19	101	6:03	00:00:48	00:56:30	157	20.6	00:00:52	00:17:32	85	6:25		01:32:57.69
114	61	John Lies	M	61	Lawrenceburg	IN	00:17:47	125	6:13	00:00:48	00:55:55	141	20.8	00:00:46	00:17:48	94	6:31		01:33:02.19
115	251	Sean Casey	M	47	Atlantic Highlands	NJ	00:18:39	190	6:31	00:00:53	00:53:29	89	21.8	00:00:50	00:17:17	71	6:19	+00:02:00	01:33:06.61
116	141	David Kell	M	29	Norwalk	CT	00:17:51	131	6:14	00:00:47	00:54:27	111	21.4	00:01:02	00:19:08	169	7:00		01:33:11.52
117	318	Mike Ewen	M	57	Rochester	MN	00:18:25	172	6:26	00:00:34	00:56:00	143	20.8	00:00:37	00:18:09	117	6:38		01:33:42.24
118	79	Ted Larson	M	63	Dallas	TX	00:17:58	139	6:17	00:00:45	00:55:24	126	21.0	00:00:45	00:19:05	166	6:59		01:33:54.06
119	310	Bob Brown	M	56	St Petersburg	FL	00:18:15	158	6:22	00:01:03	00:54:05	101	21.5	00:00:52	00:19:46	196	7:14		01:33:59.37
120	253	Doug Houser	M	47	Victoria	MN	00:17:38	114	6:09	00:00:43	00:55:56	142	20.8	00:00:54	00:18:58	160	6:56		01:34:05.75
121	309	Loren Jacot	M	55	Oakdale	MN	00:17:47	126	6:13	00:00:39	00:56:46	161	20.5	00:00:42	00:18:17	124	6:41		01:34:08.27
122	123	Daniel Kordik	M	20	Wauwatosa	WI	00:16:44	71	5:51	00:00:46	00:57:42	177	20.2	00:01:01	00:18:10	119	6:39		01:34:21.94
123	134	Adam Smith	M	26	Hoboken	NJ	00:18:13	155	6:22	00:00:42	00:56:14	148	20.7	00:00:53	00:18:26	133	6:44		01:34:24.59
124	245	Erik Blaine	M	47	Newbury Park	CA	00:17:33	110	6:08	00:00:49	00:56:18	150	20.7	00:00:51	00:18:59	161	6:56		01:34:27.35
125	197	Christian Hicks	M	40	Round Mountain	NV	00:18:21	164	6:25	00:00:33	00:56:02	145	20.8	00:01:02	00:18:47	149	6:52		01:34:42.22
126	312	Douglas Dirks	M	56	Reno	NV	00:17:09	90	6:00	00:00:52	00:57:57	181	20.1	00:00:51	00:18:07	115	6:37		01:34:52.78
127	143	Christopher Schroeder	M	29	Chicago	IL	00:17:14	96	6:01	00:01:13	00:57:42	176	20.2	00:01:05	00:17:45	92	6:30		01:34:56.87
128	260	Jeffrey Gaura	M	49	Monroe	NC	00:18:31	183	6:28	00:00:42	00:56:21	152	20.6	00:00:47	00:18:39	143	6:49		01:34:58.20
129	63	James Griffis	M	61	The Woodlands	TX	00:18:58	201	6:38	00:01:06	00:54:05	100	21.5	00:01:01	00:20:04	206	7:20		01:35:11.36
130	317	Monty Steffens	M	56	Sartell	MN	00:17:59	143	6:17	00:00:55	00:57:02	167	20.4	00:00:45	00:18:33	137	6:47		01:35:11.54
131	329	David Dow	M	59	West Lakeland	MN	00:18:15	160	6:22	00:01:07	00:55:00	120	21.2	00:01:02	00:19:55	200	7:17		01:35:16.05
132	209	Scott Needham	M	41	Eagan	MN	00:17:21	102	6:03	00:00:32	00:58:52	203	19.8	00:00:35	00:18:00	108	6:35		01:35:16.86
133	164	Matthew Waldner	M	36	Bismarck	ND	00:18:31	180	6:28	00:01:27	00:55:12	124	21.1	00:01:09	00:19:20	179	7:04		01:35:35.79
134	140	Andrew Walczak	M	29	North Augusta	SC	00:18:14	157	6:22	00:01:01	00:56:50	164	20.5	00:00:44	00:18:53	155	6:54		01:35:40.05
135	191	James Beltz	M	39	Plymouth	MN	00:17:43	118	6:11	00:01:04	00:57:22	172	20.3	00:00:47	00:18:50	150	6:53		01:35:42.59
136	247	Scott Tollefson	M	47	Minneapolis	MN	00:17:14	95	6:01	00:00:43	00:58:39	198	19.8	00:00:54	00:18:19	128	6:42		01:35:46.62
137	230	Michael Bletzer	M	44	Albuquerque	NM	00:18:57	199	6:37	00:01:16	00:55:52	139	20.8	00:01:12	00:18:35	139	6:48		01:35:49.91
138	296	Jim Anderson	M	53	Alameda	CA	00:18:04	146	6:19	00:00:53	00:57:18	171	20.3	00:00:43	00:19:14	173	7:02		01:36:09.67
139	278	Ken Nakata	M	50	Seattle	WA	00:19:24	219	6:47	00:01:08	00:54:57	117	21.2	00:01:31	00:19:29	188	7:08		01:36:26.81
140	185	Ryan Richardson	M	39	Topeka	KS	00:19:01	204	6:38	00:01:07	00:55:40	137	20.9	00:01:15	00:19:30	189	7:08		01:36:30.18



# USAT Duathlon National Championship

July 19, 2014

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## Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
141	321	Paul Finger	M	57	Aspen	CO	00:19:10	212	6:42	00:00:54	00:55:29	130	21.0	00:00:48	00:20:13	212	7:24		01:36:30.78
142	327	Douglas Oblatz	M	59	Portland	OR	00:19:11	214	6:42	00:01:01	00:55:39	136	20.9	00:00:53	00:19:54	199	7:17		01:36:35.48
143	315	Joe Stamboulie	M	56	New York	NY	00:19:05	209	6:40	00:00:41	00:56:14	149	20.7	00:00:48	00:19:56	203	7:18		01:36:41.20
144	275	Matt Conrad	M	50	Phoenix	AZ	00:18:23	166	6:25	00:00:50	00:57:31	174	20.2	00:00:52	00:19:22	182	7:05		01:36:54.15
145	316	Doug Leib	M	56	Tulsa	OK	00:19:13	216	6:43	00:00:45	00:56:46	162	20.5	00:00:50	00:19:24	184	7:06		01:36:55.76
146	130	Matthias Pemberton	M	25	Solway	MN	00:19:04	207	6:39	00:00:55	00:54:49	116	21.2	00:00:51	00:21:30	253	7:52		01:37:06.18
147	226	Jason Wedel	M	43	Savage	MN	00:18:22	165	6:25	00:00:54	00:58:11	187	20.0	00:00:44	00:18:59	162	6:57		01:37:08.15
148	175	Milan Dubravka	M	37	Fridley	MN	00:17:59	144	6:17	00:01:13	00:58:14	189	20.0	00:00:57	00:18:53	153	6:54		01:37:11.92
149	453	Quincy Collins	M	36	Orlando	FL	00:18:27	175	6:27	00:00:40	00:58:37	197	19.8	00:00:35	00:18:57	159	6:56		01:37:12.81
150	137	Robert Smith	M	27	Weed	CA	00:18:25	173	6:26	00:00:39	00:56:58	166	20.4	00:00:39	00:20:58	240	7:40		01:37:35.76
151	183	Daniel Brakke	M	38	Coon Rapids	MN	00:17:33	111	6:08	00:01:08	00:58:48	202	19.8	00:01:15	00:18:56	158	6:56		01:37:38.84
152	85	Lee Sobchak	M	65	Boise	ID	00:19:27	220	6:48	00:01:06	00:54:40	115	21.3	00:01:03	00:21:41	260	7:56		01:37:54.56
153	75	Mike Morris	M	63	Terre Haute	IN	00:18:14	156	6:22	00:00:54	00:59:15	208	19.6	00:00:58	00:18:36	140	6:48		01:37:55.77
154	277	Rick Brockett	M	50	Oldsmar	FL	00:18:46	192	6:33	00:00:48	00:56:40	158	20.5	00:01:00	00:20:47	230	7:36		01:37:58.69
155	303	William Molebash	M	54	Chillicothe	OH	00:20:03	242	7:00	00:00:42	00:55:32	132	20.9	00:00:37	00:21:10	244	7:44		01:38:02.37
156	325	Doug Wynveen	M	58	Osceola	WI	00:18:17	163	6:23	00:00:52	00:57:40	175	20.2	00:00:49	00:21:01	241	7:41		01:38:36.93
157	65	Bryan Swenson	M	61	Big Lake	MN	00:18:59	202	6:38	00:00:56	00:58:41	199	19.8	00:00:49	00:19:16	176	7:03		01:38:37.46
158	187	Monty Hardy	M	39	Irving	TX	00:17:58	140	6:17	00:00:56	00:59:37	218	19.5	00:01:06	00:19:13	171	7:02		01:38:47.47
159	151	Jeff Ocoin	M	33	Plainville	CT	00:18:28	176	6:27	00:00:50	00:59:30	216	19.6	00:00:49	00:19:15	174	7:03		01:38:48.84
160	152	Jason Atkinson	M	33	Alamogordo	NM	00:18:10	153	6:21	00:01:44	00:51:38	44	22.5	00:01:24	00:25:59	322	9:30		01:38:53.37
161	58	Peter Ranalli	M	60	Tucson	AZ	00:18:36	186	6:30	00:01:12	00:59:23	212	19.6	00:01:01	00:18:46	148	6:52		01:38:55.83
162	314	Andy Wiener	M	56	Fort Lauderdale	FL	00:19:04	208	6:39	00:00:58	00:58:46	200	19.8	00:00:57	00:19:16	177	7:03		01:38:58.20
163	77	Roland Parsons	M	63	Petersburg	VA	00:19:30	223	6:49	00:00:51	00:58:17	192	20.0	00:00:44	00:19:53	198	7:16		01:39:11.60
164	286	Kurt Greenslit	M	51	Greenbay	WI	00:18:57	200	6:37	00:01:17	00:58:12	188	20.0	00:00:42	00:20:16	214	7:25		01:39:21.22
165	112	Mike Flynn	M	62	Elk River	MN	00:19:13	215	6:43	00:00:58	00:59:23	211	19.6	00:00:55	00:18:59	163	6:57		01:39:24.46
166	93	Terry Habecker	M	67	Ithaca	NY	00:20:40	261	7:13	00:00:50	00:56:43	160	20.5	00:00:52	00:20:45	227	7:35		01:39:47.29
167	246	Heath Glenn	M	47	Topeka	KS	00:19:02	205	6:39	00:00:55	01:00:03	223	19.4	00:00:47	00:19:07	168	7:00		01:39:51.69
168	139	Terry Rogers	M	28	Tucson	AZ	00:18:51	194	6:35	00:00:52	01:00:02	222	19.4	00:00:46	00:19:28	186	7:07		01:39:57.24
169	259	Rob Madgwick	M	49	Sauk Rapids	MN	00:19:23	218	6:46	00:00:39	00:57:59	182	20.1	00:00:49	00:21:22	251	7:49		01:40:10.14
170	240	Brian Michael	M	45	Minneapolis	MN	00:18:24	167	6:26	00:00:56	00:59:04	206	19.7	00:01:32	00:20:22	217	7:27		01:40:15.64
171	235	Xavier Duclos	M	45	Fort Myers	FL	00:17:45	121	6:12	00:01:05	01:00:06	225	19.4	00:01:13	00:20:34	222	7:31		01:40:41.04
172	90	David Lowe	M	67	Tucson	AZ	00:19:47	229	6:55	00:01:03	00:59:08	207	19.7	00:00:56	00:20:07	210	7:22		01:40:58.22
173	225	Stephen Hibbs	M	43	Brooklyn Park	MN	00:17:05	86	5:58	00:00:45	01:06:05	298	17.6	00:00:56	00:17:22	77	6:21		01:42:10.34
174	207	Rob Regan	M	41	Miami	FL	00:19:43	227	6:53	00:00:46	01:01:11	243	19.0	00:00:54	00:19:58	205	7:18		01:42:28.98
175	98	Wolf Hillesheim	M	69	El Sobrante	CA	00:20:12	248	7:03	00:00:39	01:00:10	228	19.3	00:00:35	00:20:55	236	7:39		01:42:29.32

# USAT Duathlon National Championship

July 19, 2014

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## Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
176	82	Duane Millslagle	M	64	Duluth	MN	00:21:09	271	7:23	00:00:50	01:00:17	230	19.3	00:00:53	00:19:58	204	7:18		01:43:04.45
177	236	Michael Burt	M	45	Thousand Oaks	CA	00:21:02	270	7:21	00:01:03	00:56:28	156	20.6	00:01:12	00:23:27	289	8:35		01:43:09.03
178	81	Carl Zebrowski	M	63	Getzville	NY	00:20:29	257	7:09	00:00:55	00:59:40	219	19.5	00:00:46	00:21:21	249	7:49		01:43:09.35
179	301	Mike Sanchez	M	54	Phoenix	AZ	00:19:41	225	6:52	00:01:06	00:56:50	165	20.5	00:01:38	00:24:09	301	8:50		01:43:21.03
180	184	David Haaland	M	39	Saint Paul	MN	00:18:08	152	6:20	00:00:51	01:04:55	285	17.9	00:01:15	00:18:26	134	6:44		01:43:31.85
181	205	Paul Olson	M	40	Woodbury	MN	00:18:25	171	6:26	00:01:13	01:01:03	240	19.1	00:01:37	00:19:36	192	7:10	+00:02:00	01:43:52.39
182	304	Scott Swanson	M	54	Edina	MN	00:19:22	217	6:46	00:01:22	01:02:04	251	18.7	00:00:54	00:20:16	215	7:25		01:43:54.77
183	55	John Crawford	M	60	Mccordsville	IN	00:20:00	240	6:59	00:00:57	01:00:45	234	19.1	00:00:50	00:21:27	252	7:51		01:43:56.24
184	126	Matt Long	M	23	Viroqua	WI	00:17:24	104	6:05	00:00:57	01:05:41	296	17.7	00:01:01	00:19:11	170	7:01		01:44:12.35
185	200	David Thatcher	M	40	Cedar Rapids	IA	00:20:36	259	7:12	00:00:46	01:00:50	235	19.1	00:00:42	00:21:35	255	7:54		01:44:27.38
186	145	Douglas Davis	M	31	Cottage Grove	MN	00:19:55	238	6:57	00:01:03	01:00:05	224	19.4	00:01:11	00:22:22	267	8:11		01:44:32.82
187	83	Duane Amato	M	64	Suttons Bay	MI	00:21:33	277	7:32	00:00:47	01:00:57	236	19.1	00:01:01	00:20:55	238	7:39		01:45:09.35
188	96	Kerry Mayer	M	68	Brookfield	WI	00:18:15	159	6:22	00:01:00	01:04:43	282	18.0	00:01:00	00:20:16	216	7:25		01:45:10.24
189	174	Jason Vela	M	37	Lorena	TX	00:20:48	265	7:16	00:01:03	01:01:00	237	19.1	00:00:54	00:21:40	258	7:55		01:45:21.90
190	66	Dana Reihman	M	61	Richmond	IN	00:21:30	276	7:31	00:01:11	01:01:02	239	19.1	00:01:05	00:20:53	234	7:38		01:45:39.54
191	229	Doug Draper	M	44	Hendersonvill	NC	00:19:41	226	6:53	00:01:01	01:01:29	246	18.9	00:01:18	00:22:14	266	8:08		01:45:40.59
192	138	Ryan Atkinson	M	28	Tucson	AZ	00:18:11	154	6:21	00:01:02	01:05:31	293	17.8	00:00:58	00:20:12	211	7:23		01:45:51.20
193	88	Vincent Aloyo	M	67	Blue Bell	PA	00:20:13	250	7:04	00:01:22	01:02:54	263	18.5	00:00:50	00:20:52	232	7:38		01:46:08.96
194	221	Edwin Lacson	M	43	San Antonio	TX	00:21:58	288	7:40	00:00:58	00:58:08	186	20.0	00:01:30	00:24:15	303	8:52		01:46:46.10
195	70	John Dick	M	61	St Paul	MN	00:20:37	260	7:12	00:00:58	01:02:11	255	18.7	00:00:49	00:23:42	297	8:40		01:48:14.64
196	122	Garrett Moore	M	20	Bellevue	WA	00:24:10	318	8:27	00:00:48	00:59:25	214	19.6	00:00:51	00:23:28	290	8:35		01:48:39.28
197	161	Sean Wilson	M	35	Baton Rouge	LA	00:21:41	284	7:35	00:01:08	01:02:07	252	18.7	00:01:02	00:23:15	287	8:30		01:49:11.21
198	64	Robert Mabrey	M	61	Omaha	NE	00:22:03	290	7:42	00:01:31	01:04:28	280	18.0	00:01:04	00:20:55	237	7:39		01:49:57.99
199	299	Bruce Atkinson	M	53	Alamogordo	NM	00:19:50	232	6:56	00:01:14	01:06:06	299	17.6	00:01:09	00:21:54	261	8:01		01:50:10.15
200	92	John Kelly	M	67	Albuquerque	NM	00:20:06	243	7:01	00:02:12	01:02:31	259	18.6	00:03:03	00:22:39	272	8:17		01:50:28.27
201	80	Ward King	M	63	Ambler	PA	00:21:14	275	7:25	00:01:01	01:05:02	288	17.9	00:01:22	00:21:57	264	8:02		01:50:34.07
202	280	James Connery	M	50	Kearney	MO	00:22:21	297	7:49	00:01:02	01:03:24	267	18.4	00:00:41	00:23:36	294	8:38		01:51:02.18
203	101	Joe Carr	M	71	Blowing Rock	NC	00:24:34	322	8:35	00:01:16	01:00:06	226	19.4	00:01:05	00:24:32	306	8:59		01:51:30.68
204	97	Tom Parker	M	69	Merced	CA	00:21:41	283	7:34	00:01:04	01:03:35	269	18.3	00:01:14	00:24:59	313	9:09		01:52:30.09
205	199	Jeremy Jacobson	M	40	Columbia	SC	00:19:29	222	6:49	00:01:46	01:07:04	307	17.3	00:01:49	00:22:29	269	8:13		01:52:34.15
206	60	David James	M	60	Oklahoma City	OK	00:22:55	304	8:00	00:01:17	01:02:16	256	18.7	00:01:13	00:25:11	314	9:13		01:52:49.08
207	95	Randy Whitt	M	68	Charlotte	NC	00:22:10	293	7:45	00:01:28	01:04:17	277	18.1	00:01:09	00:23:53	299	8:44		01:52:53.85
208	153	Curt Lockman	M	33	Lakeville	MN	00:21:11	273	7:24	00:01:07	01:05:00	286	17.9	00:01:20	00:24:19	304	8:54		01:52:55.00
209	109	Donald Ardell	M	76	St. Petersburg	FL	00:20:53	266	7:18	00:00:46	01:07:36	312	17.2	00:01:31	00:22:49	279	8:21		01:53:32.49
210	128	Anando Naqui	M	24	Chicago	IL	00:20:13	249	7:04	00:01:02	01:07:34	311	17.2	00:01:26	00:23:30	292	8:36		01:53:42.65

# USAT Duathlon National Championship

July 19, 2014

Standard

## Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- RUN -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	Pace		Time	Plc	Mph	T2	Time	Plc			Pace
211	91	Donn Viviani	M	67	Arlington	VA	00:22:51	303	7:59	00:01:34	01:05:41	295	17.7	00:01:24	00:22:40	273	8:18		01:54:07.74
212	159	Jordan Marshall	M	35	Fort Wayne	IN	00:21:39	281	7:34	00:01:21	01:05:15	290	17.8	00:01:11	00:26:19	325	9:38		01:55:42.67
213	160	Reggie Gentle	M	35	Tampa	FL	00:23:13	307	8:07	00:01:31	01:03:20	266	18.4	00:02:07	00:25:59	321	9:30		01:56:07.34
214	86	Wolfgang Dworzak	M	65	Los Alamos	NM	00:24:37	323	8:36	00:01:49	01:04:00	271	18.2	00:02:01	00:24:48	310	9:04		01:57:12.24
215	84	Tom Couillard	M	65	White Bear Lake	MN	00:24:41	325	8:37	00:02:03	01:05:40	294	17.7	00:01:49	00:23:38	295	8:39		01:57:47.53
216	94	Wayne Brown	M	68	Waco	TX	00:22:08	291	7:44	00:00:54	01:11:19	328	16.3	00:00:54	00:23:05	283	8:27		01:58:17.07
217	298	Tom Zemke	M	53	Plymouth	MN	00:24:44	328	8:39	00:01:00	01:02:29	257	18.6	00:01:00	00:29:07	336	10:39		01:58:18.02
218	107	David Zwick	M	75	Somerset	KY	00:23:57	316	8:22	00:01:27	01:08:36	317	17.0	00:01:16	00:24:12	302	8:51		01:59:25.55
219	106	Lockett Wood	M	75	Lyons	CO	00:21:47	286	7:37	00:00:52	01:13:11	335	15.9	00:00:57	00:23:08	284	8:28		01:59:52.10
220	302	Patrick Kelley	M	54	Fishers	IN	00:22:34	299	7:53	00:01:42	01:08:48	318	16.9	00:01:13	00:25:51	319	9:27		02:00:05.62
221	264	Ty Moore	M	49	Bellevue	WA	00:23:28	311	8:12	00:01:12	01:09:28	323	16.7	00:01:27	00:24:48	309	9:04		02:00:19.46
222	110	James Girard	M	77	Palo Alto	CA	00:25:51	331	9:02	00:01:32	01:06:30	301	17.5	00:01:49	00:25:55	320	9:29		02:01:33.20
223	108	Donald W Moore	M	76	Fort Myers	FL	00:25:30	330	8:55	00:01:20	01:06:50	304	17.4	00:01:30	00:26:56	329	9:51		02:02:03.18
224	323	John Breen	M	58	Grayslake	IL	00:26:34	336	9:17	00:01:18	01:05:58	297	17.6	00:01:12	00:27:23	332	10:01		02:02:22.49
225	69	Rick Tollakson	M	61	West Des Moines	IA	00:27:05	338	9:28	00:01:15	01:06:37	303	17.5	00:01:09	00:28:30	333	10:26		02:04:33.60
226	104	Warren Taylor	M	74	Telford	PA	00:23:52	315	8:20	00:00:53	01:18:05	341	14.9	00:01:10	00:27:17	331	9:59		02:11:13.20
227	87	Charles Mccoy	M	65	Minneapolis	MN	00:26:19	335	9:12	00:01:17	01:17:25	338	15.0	00:00:53	00:27:05	330	9:54		02:12:55.58
228	103	Dick Morgan	M	72	Tioga	PA	00:31:08	343	10:53	00:00:48	01:04:46	283	18.0	00:00:53	00:36:10	345	13:14		02:13:42.48
229	105	Jerry Davis	M	75	Las Vegas	NV	00:27:19	339	9:33	00:01:49	01:13:35	336	15.8	00:02:22	00:30:36	339	11:12		02:15:37.66
230	319	Lawrence Giannetti	M	57	Demotte	IN	00:26:41	337	9:19	00:01:53	01:17:36	339	15.0	00:04:27	00:33:40	344	12:19		02:24:13.43