

# USAT Duathlon National Championship

July 19, 2014

## Overall Division Results

Sprint

### Female Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	222/237	87/98	676	Graciela Val	75	F	Evanston	IL	00:19:25.28	00:50:19.02	00:19:29.94		01:32:26.07
2	236/237	98/98	677	Margaret Bomberg	77	F	Chico	CA	00:29:08.22	01:04:07.63	00:28:23.95	+00:02:00	02:08:28.50

### Male Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	184/237	120/139	566	David Zwick	75	M	Somerset	KY	00:15:39.41	00:46:29.83	00:15:14.62		01:20:07.84
2	193/237	125/139	565	Lockett Wood	75	M	Lyons	CO	00:14:20.24	00:51:49.30	00:14:44.25		01:22:47.56
3	200/237	128/139	569	Jack Welber	77	M	Boulder	CO	00:15:38.81	00:48:19.37	00:15:40.17		01:23:47.09
4	216/237	134/139	567	William Walsh	76	M	Bedford Hills	NY	00:16:18.58	00:53:27.15	00:15:53.97		01:29:34.47
5	221/237	135/139	568	Douglas Hoelscher	76	M	Golden Valley	MI	00:17:27.28	00:52:11.54	00:18:02.60		01:31:19.91
6	235/237	138/139	571	Harold L. Hering	78	M	Indianapolis	IN	00:24:18.44	00:55:22.68	00:27:46.54		01:53:54.92
7	237/237	139/139	570	Steven Jonas	78	M	East Setauket	NY	00:27:55.29	01:08:24.29	00:26:37.00		02:11:07.42

### Female Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	224/237	89/98	678	Virginia Poyner	70	F	Sarasota	FL	00:22:37.86	00:49:33.90	00:21:45.30		01:36:18.39

### Male Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	145/237	103/139	559	Bill Gaertner	70	M	St. Francis	WI	00:13:57.19	00:40:54.32	00:13:23.07		01:11:23.32
2	163/237	112/139	558	Bill Arnerich	70	M	Solvang	CA	00:13:44.18	00:44:03.54	00:14:39.50		01:13:48.06
3	166/237	113/139	562	Fred Strong	71	M	Dayton	OH	00:13:12.44	00:46:05.85	00:14:12.42		01:15:40.17
4	176/237	116/139	564	Bruce Hildreth	74	M	N Ft Myers	FL	00:14:52.77	00:44:58.17	00:15:33.78		01:17:07.61
5	198/237	127/139	560	John Peterson	70	M	Crest Hill	IL	00:14:21.46	00:48:14.21	00:16:49.20		01:23:38.68
6	215/237	133/139	561	David Hartman	70	M	Thornton	CO	00:15:51.97	00:51:53.64	00:16:19.18		01:28:28.72
7	232/237	136/139	563	Bill Demambro	72	M	Clearwater	FL	00:21:22.64	00:59:17.46	00:21:22.31		01:45:28.39

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### Female Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	171/237	57/98	674	Dawn Werneck	68	F	Bristol	CT	00:14:43.26	00:45:01.88	00:14:37.58		01:16:23.17
2	183/237	64/98	672	Diane Kerns	65	F	Portland	OR	00:14:16.84	00:46:18.60	00:16:41.93		01:20:02.68
3	199/237	72/98	671	Anke Stimpson Hildreth	65	F	N Ft Myers	FL	00:15:15.18	00:50:30.84	00:15:27.43		01:23:46.13
4	218/237	84/98	669	Phyllis Hanson	65	F	Minnetonka	MN	00:19:33.16	00:46:16.24	00:20:46.61		01:30:09.86
5	226/237	91/98	673	Ann Rhea	67	F	Plymouth	MN	00:20:33.12	00:53:55.78	00:19:36.89		01:37:28.32
6	227/237	92/98	675	Sandy W. Davis	68	F	Martin	TN	00:20:54.32	00:50:23.44	00:21:59.64		01:38:13.85
7	231/237	96/98	670	Jean Wood	65	F	Excelsior	MN	00:21:49.07	00:55:47.35	00:23:55.38		01:45:15.63

### Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	58/237	52/139	580	Mike Mcdowell	66	M	Swartz Creek	MI	00:12:36.30	00:35:40.39	00:12:27.91		01:02:07.52
2	112/237	87/139	576	Ken Mogren	66	M	Winona	MN	00:13:26.41	00:38:16.75	00:13:34.74		01:07:26.28
3	119/237	91/139	557	Mike Mccarty	69	M	Marana	AZ	00:13:54.18	00:39:21.04	00:13:35.31		01:08:10.83
4	135/237	99/139	551	David Babbitt	66	M	Wyoming	MI	00:13:24.70	00:41:42.07	00:14:04.98		01:10:20.46
5	144/237	102/139	549	Bob Clark	65	M	Butler	PA	00:12:32.66	00:43:53.27	00:12:54.70		01:11:23.28
6	146/237	104/139	556	Bob Dahl	68	M	Plymouth	MN	00:14:10.69	00:41:11.46	00:13:58.87		01:11:31.66
7	174/237	115/139	550	Edward Wright	68	M	Green Brook	NJ	00:14:17.15	00:44:24.94	00:15:16.93		01:16:49.54
8	185/237	121/139	547	Ron Dockery	65	M	Mahtomedi	MN	00:14:24.96	00:47:35.92	00:15:06.92		01:20:08.62
9	206/237	129/139	548	Laurence Fejes	65	M	Pompano Beach	FL	00:16:07.43	00:49:27.04	00:17:59.30		01:25:21.85
10	207/237	130/139	552	Bela Kovacs	67	M	Lauderdale Lakes	FL	00:16:41.94	00:50:33.76	00:16:18.54		01:26:11.94
11	212/237	131/139	554	Phillip Davis	68	M	Martin	TN	00:22:05.79	00:45:34.26	00:16:49.26		01:28:14.63
12	214/237	132/139	553	Arturo Perez	68	M	Miami	FL	00:18:13.27	00:48:07.70	00:19:30.01		01:28:27.27

### Female Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	127/237	31/98	667	Judith Shepard	63	F	Odessa	FL	00:12:57.11	00:41:04.54	00:13:33.67		01:09:26.29
2	139/237	39/98	666	Diane Travis	60	F	Clermont	FL	00:13:22.67	00:42:13.85	00:13:17.45		01:10:43.43
3	168/237	55/98	664	Jerianne Davis	60	F	Edmond	OK	00:14:12.22	00:45:41.96	00:14:21.74		01:15:54.02
4	203/237	75/98	665	Darlene Henderson	60	F	Corning	CA	00:16:34.54	00:48:42.80	00:16:40.78		01:24:07.72
5	223/237	88/98	668	Eileen Briening	64	F	Hockessin	DE	00:17:54.37	00:54:12.57	00:17:57.63		01:33:11.90

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### Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	29/237	29/139	541	David Morrow	61	M	Tarpon Springs	FL	00:11:09.25	00:35:09.96	00:11:12.49		00:58:49.14
2	86/237	72/139	538	Scott Kessler	60	M	Lake Oswego	OR	00:11:48.33	00:38:26.71	00:12:26.09		01:04:20.10
3	130/237	97/139	543	John Arnett	63	M	Circle Pines	MN	00:12:56.63	00:40:54.94	00:12:42.82		01:09:35.22
4	133/237	98/139	542	Charles Szentesi	62	M	San Diego	CA	00:13:22.84	00:40:07.31	00:14:16.76		01:09:49.13
5	150/237	106/139	544	Joe Bertini	64	M	Mcmurray	PA	00:14:19.37	00:41:40.17	00:13:38.71		01:11:44.70
6	153/237	109/139	537	Kenneth Perkins	60	M	Jacksonville	FL	00:12:34.90	00:43:07.49	00:12:53.84		01:11:56.15
7	181/237	119/139	540	Helge Haldorsen	60	M	Houston	TX	00:12:58.52	00:50:12.42	00:14:33.37		01:19:45.17
8	197/237	126/139	546	James Graves	64	M	Grosse Pointe Park	MI	00:17:17.37	00:46:48.92	00:16:38.12		01:23:37.80

### Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	33/237	1/98	663	Patty Peoples-Resh	58	F	Redlands	CA	00:10:59.70	00:35:39.99	00:11:20.50		00:59:16.21
2	121/237	29/98	655	Judyann Cummings	55	F	Thornton	CO	00:12:43.72	00:41:28.06	00:12:45.75		01:08:46.67
3	148/237	43/98	660	Sherrie Giles	57	F	Franklin	TN	00:13:22.61	00:42:21.64	00:13:53.79		01:11:36.54
4	156/237	47/98	662	Eileen Cravens	58	F	Richmond	IN	00:13:52.72	00:42:38.16	00:13:47.36		01:12:10.69
5	161/237	50/98	658	Carol Whipple	57	F	Arvada	CO	00:13:38.34	00:44:26.51	00:14:12.14		01:13:39.05
6	196/237	71/98	657	Deb Blair	56	F	St Paul	MN	00:17:51.63	00:45:40.75	00:18:03.05		01:23:35.93
7	213/237	82/98	661	Pam Davenport	58	F	Blue Springs	MO	00:17:24.72	00:49:01.29	00:19:10.14		01:28:23.08
8	219/237	85/98	659	Tonsa Price-Edwards	57	F	Scottsdale	AZ	00:21:06.77	00:50:10.99	00:16:09.85		01:30:20.93

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### Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	14/237	14/139	517	Tim Nicholls	55	M	Pembroke Pines	FL	00:10:04.84	00:35:09.85	00:10:20.02		00:56:43.04
2	36/237	35/139	536	Russ Jones	59	M	San Juan Capistrano	CA	00:11:12.86	00:36:38.86	00:10:54.61		00:59:47.40
3	43/237	41/139	529	Mark Drangsholt	57	M	Federal Way	WA	00:11:20.63	00:36:34.92	00:11:46.61		01:00:51.00
4	45/237	42/139	519	Dean Maruna	55	M	Erie	CO	00:10:15.76	00:38:13.24	00:11:42.31		01:01:01.50
5	46/237	43/139	525	Peter Rittenhouse	57	M	West Chester	PA	00:11:17.61	00:37:24.68	00:11:02.48		01:01:02.49
6	52/237	47/139	522	William Gunter	56	M	Laurel	MD	00:11:36.79	00:37:12.89	00:11:15.49		01:01:47.98
7	53/237	48/139	535	Warren Elvers	59	M	Getzville	NY	00:11:59.01	00:36:41.42	00:11:56.33		01:01:51.71
8	65/237	56/139	530	Bill Radler	57	M	Marietta	GA	00:11:26.06	00:37:01.91	00:12:21.34		01:02:34.00
9	70/237	60/139	527	Anthony Benedict	57	M	Fort Lauderdale	FL	00:11:18.00	00:38:36.00	00:12:03.00		01:02:58.00
10	76/237	64/139	521	John Murphy	55	M	Eden Prairie	MN	00:11:39.87	00:38:15.96	00:11:58.43		01:03:36.94
11	92/237	76/139	518	Bruce Heiser	55	M	Thompsons Station	TN	00:11:55.95	00:39:14.64	00:12:22.69		01:04:58.77
12	97/237	79/139	531	Gerardo Corbato	58	M	West Palm Beach	FL	00:12:15.71	00:38:49.93	00:12:51.85		01:05:34.69
13	99/237	80/139	526	Ernie Janelle	57	M	Atlanta	GA	00:11:08.01	00:40:52.42	00:10:33.74		01:05:53.89
14	102/237	82/139	532	Mickey Syrop	58	M	Springfield	NJ	00:12:32.70	00:39:23.07	00:12:47.61		01:06:05.52
15	115/237	88/139	528	David Lasorsa	57	M	Port Angeles	WA	00:13:01.99	00:40:57.26	00:12:32.04		01:07:50.81
16	179/237	118/139	524	David Baily	56	M	Nashville	TN	00:13:40.38	00:46:10.57	00:16:09.91		01:18:29.53
17	233/237	137/139	579	John Heinlein	56	M	Stillwater	MN	00:22:03.43	00:57:58.86	00:25:03.36		01:48:35.84

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### Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	60/237	8/98	653	Kristin Villopoto	54	F	Chapel Hill	NC	00:11:48.92	00:37:00.63	00:12:00.20		01:02:09.77
2	62/237	9/98	652	Valerie Eipper	54	F	Longmont	CO	00:11:01.25	00:38:38.34	00:11:10.45		01:02:18.66
3	75/237	12/98	682	Geraldine Lupini	51	F	Milford	MI	00:11:40.44	00:37:51.94	00:12:27.01		01:03:30.57
4	108/237	23/98	642	Laura Niel	50	F	Reston	VA	00:12:03.98	00:41:16.53	00:11:57.07		01:06:57.35
5	129/237	33/98	647	Karen Saxena	52	F	Palo Alto	CA	00:13:09.25	00:41:35.19	00:12:48.39		01:09:34.41
6	132/237	35/98	651	Mandy Miller	53	F	Fort Lauderdale	FL	00:12:52.67	00:42:25.41	00:12:56.87		01:09:47.46
7	138/237	38/98	649	Tonya Armstrong	53	F	Muscatine	IA	00:13:52.35	00:40:57.73	00:13:39.39		01:10:38.03
8	141/237	41/98	645	Maday Lines	51	F	Murfreesboro	TN	00:10:54.85	00:47:13.48	00:11:09.28		01:10:59.77
9	154/237	45/98	654	Elvira Loreda	54	F	Santa Monica	CA	00:13:48.29	00:41:35.27	00:14:08.98		01:11:57.05
10	155/237	46/98	650	Debby Jones	53	F	Bartlett	IL	00:12:38.01	00:44:34.78	00:12:42.48		01:12:01.22
11	162/237	51/98	646	Louisa Starr	52	F	Oak Park	IL	00:13:41.90	00:44:11.04	00:13:15.59		01:13:42.41
12	167/237	54/98	648	Pamela Grande	53	F	Muskego	WI	00:13:57.21	00:44:28.46	00:14:59.50		01:15:51.29
13	172/237	58/98	643	Glenda Crosby	50	F	San Juan Capistrano	CA	00:13:25.83	00:41:25.23	00:19:46.79		01:16:31.74
14	205/237	77/98	644	Marlene Zuhl	51	F	Phoenix	AZ	00:15:52.80	00:50:43.68	00:15:56.95		01:25:00.80
15	220/237	86/98	641	Milagros A. Snyder	50	F	Garden City	MI	00:16:07.95	00:52:07.89	00:19:07.46		01:30:39.90

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## Overall Division Results

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### Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	7/237	7/139	515	Kerry Farrell	54	M	Federal Way	WA	00:10:10.78	00:32:52.05	00:10:19.37		00:55:05.46
2	8/237	8/139	510	Derek Hager	53	M	Minneapolis	MN	00:10:23.78	00:33:15.91	00:10:28.40		00:55:11.68
3	22/237	22/139	516	Rick Cordes	54	M	Alamo	CA	00:10:04.31	00:36:42.86	00:10:06.93		00:58:21.78
4	32/237	32/139	498	Jim Green	51	M	San Diego	CA	00:11:18.12	00:35:16.81	00:11:05.03		00:59:15.58
5	37/237	36/139	514	John Matire	54	M	West Palm Beach	FL	00:10:08.59	00:37:45.60	00:10:35.65		01:00:14.21
6	41/237	39/139	496	David Price	50	M	Franklin	TN	00:10:52.69	00:37:39.05	00:10:53.51		01:00:43.30
7	42/237	40/139	512	Dominic Tocco	53	M	Waterford	NY	00:10:15.17	00:37:27.71	00:11:51.67		01:00:46.60
8	50/237	46/139	574	Derek Lindstrom	51	M	Eden Prairie	MN	00:10:53.67	00:37:45.58	00:11:06.08		01:01:25.80
9	68/237	58/139	505	Jon Brusherd	53	M	Battlefield	MO	00:11:40.87	00:36:36.66	00:12:19.40		01:02:46.90
10	71/237	61/139	502	Amol Saxena	52	M	Palo Alto	CA	00:11:07.49	00:38:15.50	00:11:39.51		01:03:02.40
11	83/237	69/139	513	David Garrett	54	M	Albuquerque	NM	00:11:27.48	00:39:30.88	00:11:32.09		01:04:00.56
12	85/237	71/139	509	Roger Spring	53	M	Wareham	MA	00:11:23.58	00:39:22.41	00:11:27.80		01:04:16.83
13	87/237	73/139	506	Jeffrey Mayer	53	M	White Plains	NY	00:11:12.43	00:39:11.25	00:12:23.33		01:04:35.85
14	91/237	75/139	501	Kenneth Varner	52	M	Port Charlotte	FL	00:11:21.91	00:39:17.54	00:12:53.44		01:04:52.37
15	104/237	83/139	503	Samuel Lucio	52	M	West Columbia	SC	00:11:06.46	00:39:53.89	00:12:50.33		01:06:09.96
16	106/237	85/139	507	Roger Jeffs	53	M	Chapel Hill	NC	00:12:09.63	00:39:16.92	00:13:10.93		01:06:31.71
17	110/237	86/139	500	Jeff Dahle	52	M	Morristown	MN	00:12:59.13	00:37:44.93	00:13:53.09		01:07:23.59
18	160/237	111/139	495	Ken Haberkorn	50	M	Fort Myers	FL	00:11:22.73	00:45:58.13	00:13:16.59		01:12:36.06
19	177/237	117/139	508	Mike Demello	53	M	Elsobranter	CA	00:15:53.99	00:44:17.09	00:16:10.07		01:17:50.50

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### Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	59/237	7/98	633	Jennifer Mason	45	F	Brentwood	TN	00:10:57.70	00:37:52.15	00:11:35.01		01:02:09.11
2	107/237	22/98	632	Lara Ray	45	F	Camarillo	CA	00:11:46.41	00:40:21.69	00:12:18.57		01:06:50.46
3	109/237	24/98	640	Cynthia Martinsen	49	F	Williamstown	WV	00:11:14.78	00:41:24.27	00:11:51.11		01:07:01.54
4	113/237	26/98	634	Anu Campbell	45	F	Klamath Falls	OR	00:11:57.80	00:41:57.08	00:12:05.80		01:07:33.34
5	126/237	30/98	679	Janet Jarvis	48	F	Pasadena	CA	00:10:59.44	00:44:47.59	00:11:59.44		01:09:23.89
6	136/237	37/98	635	Deborah Brzycki	46	F	Cedarburg	WI	00:12:31.09	00:42:52.90	00:12:55.96		01:10:27.95
7	170/237	56/98	638	Kristina Varner	48	F	Port Charlotte	FL	00:14:16.08	00:45:31.31	00:14:35.86		01:16:06.69
8	187/237	66/98	639	Sue Brockett	48	F	Oldsmar	FL	00:14:19.85	00:49:58.60	00:13:53.37		01:20:30.43
9	195/237	70/98	637	Nancy Ward	47	F	Hendersonville	TN	00:15:08.17	00:48:04.79	00:17:19.38		01:23:16.80
10	208/237	78/98	636	Steffany Perkins	46	F	Jacksonville	FL	00:15:35.15	00:53:15.38	00:15:40.41		01:27:08.94
11	230/237	95/98	631	Lilly Chiu	45	F	Miami	FL	00:20:15.75	00:56:26.63	00:21:20.57		01:42:19.04

### Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	5/237	5/139	477	Glen Thompson	45	M	Cornelius	NC	00:09:24.59	00:33:33.25	00:09:54.33		00:53:53.20
2	9/237	9/139	492	Dan Bergeson	49	M	Oldsmar	FL	00:09:16.58	00:35:14.72	00:09:45.18		00:55:15.00
3	12/237	12/139	483	Michael O'riley	46	M	Colorado Springs	CO	00:09:57.44	00:34:15.12	00:09:55.04		00:55:37.92
4	15/237	15/139	494	Marcus Alexander	49	M	Cambridge	MA	00:11:05.14	00:34:42.33	00:10:28.25		00:57:32.68
5	16/237	16/139	578	James Newsome	46	M	Lithia	FL	00:10:28.36	00:34:53.05	00:10:54.88		00:57:45.02
6	20/237	20/139	490	Paul Swen	48	M	Houston	TX	00:10:23.64	00:35:36.28	00:10:44.80		00:58:16.70
7	34/237	33/139	486	Richard Mac Namee	47	M	Houston	TX	00:10:22.92	00:37:18.18	00:10:24.39		00:59:25.68
8	40/237	38/139	481	Jim Bourdages	46	M	Huntington Beach	CA	00:10:55.75	00:36:08.05	00:11:51.81		01:00:29.26
9	63/237	54/139	476	Thomas Damsgaard	45	M	Houston	TX	00:11:24.90	00:37:43.20	00:11:55.81		01:02:24.77
10	64/237	55/139	489	Tony Pennington	48	M	Manchester	TN	00:11:59.68	00:36:40.26	00:12:29.52		01:02:30.42
11	74/237	63/139	488	Mike Kosteniuk	48	M	Fairview	PA	00:10:53.23	00:38:07.94	00:12:58.48		01:03:24.14
12	94/237	77/139	484	Todd Aguilar	46	M	Eagan	MN	00:12:04.20	00:39:05.81	00:12:28.03		01:05:09.37
13	105/237	84/139	493	Michael Wells	49	M	Raleigh	NC	00:12:02.27	00:40:13.96	00:12:20.23		01:06:17.56
14	137/237	100/139	491	Mark Dinsdale	49	M	Westerville	OH	00:11:43.03	00:44:05.82	00:12:19.80		01:10:37.45
15	159/237	110/139	482	Jim Stevens	46	M	Hendersonville	TN	00:13:30.06	00:42:29.29	00:14:35.78		01:12:29.57
16	169/237	114/139	478	Lou Skoczek	45	M	Prior Lake	MN	00:13:44.64	00:46:31.08	00:14:00.85		01:15:57.87
17	188/237	122/139	480	Mark Johnson	46	M	Stillwater	MN	00:15:46.49	00:44:27.13	00:19:32.93		01:22:10.85
18	192/237	124/139	485	Jim Jennings	47	M	Louisville	KY	00:14:28.16	00:48:49.29	00:16:18.57		01:22:33.53

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## Overall Division Results

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### Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	38/237	2/98	622	Celia Dubey	42	F	Tarpon Springs	FL	00:10:55.35	00:37:01.99	00:11:14.87		01:00:24.43
2	82/237	14/98	681	Kirsten Hock	40	F	Palos Park	IL	00:11:08.37	00:40:15.84	00:10:50.52		01:03:58.60
3	93/237	17/98	625	Amy Dettmer	43	F	Grand Rapids	MN	00:11:48.36	00:39:35.60	00:12:16.43		01:05:03.94
4	100/237	20/98	621	Yakeitha Fitch	42	F	Bradenton	FL	00:11:13.47	00:40:28.17	00:12:35.89		01:05:57.93
5	149/237	44/98	627	Joette Gdovin-Bergeson	43	F	Oldsmar	FL	00:12:20.19	00:44:40.56	00:13:12.40		01:11:42.01
6	158/237	49/98	619	Jenn Patenge	41	F	Gilbert	AZ	00:11:33.46	00:47:23.29	00:11:53.88		01:12:26.34
7	182/237	63/98	630	Susan Stevens	44	F	Hendersonville	TN	00:13:38.35	00:44:31.41	00:13:48.80	+00:06:00	01:19:46.69
8	186/237	65/98	628	Tracy Janikula	43	F	Montrose	MN	00:15:06.62	00:45:12.34	00:16:41.36		01:20:16.44
9	202/237	74/98	624	Christina Ullman	43	F	Graysville	OH	00:14:57.51	00:48:23.64	00:16:51.58		01:23:55.10
10	204/237	76/98	623	Sara Kanavati	42	F	Mendota Heights	MN	00:14:40.10	00:52:49.62	00:14:36.71		01:24:24.47
11	210/237	80/98	629	Kathleen Antares	44	F	Clemmons	NC	00:16:32.56	00:49:07.04	00:19:30.81		01:27:57.42
12	211/237	81/98	620	Kim Smith	41	F	Madison	WI	00:15:40.21	00:51:54.64	00:17:10.12		01:28:02.04
13	229/237	94/98	626	Melissa Minos	43	F	Punta Gorda	FL	00:19:56.56	00:56:43.46	00:20:55.76		01:40:22.02



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### Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	3/237	3/139	466	Kevin Oconnor	43	M	Medina	MN	00:09:37.08	00:32:54.47	00:09:34.85		00:53:02.43
2	4/237	4/139	459	Jonathan Estabrook	40	M	Ankeny	IA	00:09:44.38	00:32:52.03	00:09:59.22		00:53:36.33
3	6/237	6/139	461	Jeffrey Zickus	41	M	Atlanta	GA	00:09:14.60	00:34:36.79	00:09:29.31		00:54:50.72
4	11/237	11/139	470	Joe English	44	M	Hillsboro	OR	00:09:35.20	00:34:31.75	00:09:56.79		00:55:31.64
5	21/237	21/139	463	Rick Smith	42	M	Madison	WI	00:10:18.82	00:36:17.71	00:10:37.64		00:58:19.38
6	24/237	24/139	460	Rick Mcdowell	40	M	Flint	MI	00:10:01.48	00:36:21.50	00:10:11.73		00:58:26.69
7	26/237	26/139	575	Ray Bordogna	43	M	Wynnwood	PA	00:09:46.22	00:36:39.84	00:10:29.42		00:58:32.25
8	39/237	37/139	474	Kevin Schroder	44	M	Bellaire	TX	00:11:11.32	00:35:36.77	00:12:04.99		01:00:24.79
9	47/237	44/139	475	Randy Gibbs	44	M	Marietta	OH	00:10:31.00	00:35:51.94	00:11:05.09	+00:02:00	01:01:03.00
10	56/237	50/139	471	Charlie Coe	44	M	Lindenhurst	IL	00:10:51.58	00:39:03.39	00:10:47.58		01:01:58.10
11	80/237	67/139	472	Michael Serrano	44	M	Laughlin	NV	00:11:11.97	00:40:07.65	00:10:51.75		01:03:57.71
12	96/237	78/139	473	Chris Clark	44	M	O Fallon	MO	00:11:44.18	00:39:32.31	00:12:32.02		01:05:31.93
13	120/237	92/139	458	Darin Wieneke	40	M	St. Paul	MN	00:11:32.33	00:42:31.56	00:12:13.14		01:08:26.41
14	125/237	96/139	464	Jason Heimink	42	M	Rhinebeck	NY	00:12:19.06	00:42:47.76	00:12:49.93		01:09:04.59
15	143/237	101/139	467	Edwin Lacson	43	M	San Antonio	TX	00:14:02.73	00:39:57.84	00:15:38.36		01:11:22.61
16	147/237	105/139	462	Craig Romei	42	M	Chandler	AZ	00:13:46.66	00:41:38.95	00:14:11.55		01:11:34.94
17	151/237	107/139	469	James Johnson	43	M	Hugo	MN	00:11:52.81	00:44:51.88	00:13:37.78		01:11:51.28
18	191/237	123/139	465	Javier Alvarez	42	M	Edina	MN	00:14:27.38	00:49:45.86	00:15:58.36		01:22:32.46

### Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	66/237	10/98	611	Elizabeth Sylves	37	F	Hockessin	DE	00:11:44.34	00:38:01.09	00:11:34.28		01:02:39.76
2	89/237	15/98	616	Kelly Sampson	38	F	Waverly	IA	00:11:34.17	00:40:37.78	00:11:04.22		01:04:44.22
3	114/237	27/98	615	Jennifer Borie	38	F	Laguna Niguel	CA	00:11:21.42	00:42:44.10	00:11:49.75		01:07:39.48
4	116/237	28/98	613	Krista Johnson	37	F	Eagan	MN	00:12:27.39	00:40:57.35	00:12:51.65		01:07:58.38
5	134/237	36/98	617	Jamie Martens	38	F	Mission	KS	00:13:06.49	00:40:55.37	00:14:03.29		01:09:54.56
6	140/237	40/98	680	Kelly Barringer	36	F	Eagan	MN	00:12:40.37	00:42:52.50	00:13:29.26		01:10:58.48
7	178/237	61/98	610	Molly Mcnamara	37	F	Boulder	CO	00:12:56.84	00:50:49.13	00:13:14.26		01:18:23.22
8	201/237	73/98	612	Laura Puertas	37	F	Edina	MN	00:14:47.13	00:51:30.49	00:15:36.18		01:23:47.73
9	209/237	79/98	614	Annette Romei	38	F	Chandler	AZ	00:17:29.13	00:50:00.14	00:18:27.99		01:27:41.51
10	225/237	90/98	609	Kristen Daly	36	F	Chicago	IL	00:15:36.74	01:00:03.16	00:16:07.07		01:36:55.99

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### Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	28/237	28/139	449	Noah Rounds	35	M	Maple Grove	MN	00:09:36.41	00:35:30.06	00:09:46.81	+00:02:00	00:58:45.77
2	57/237	51/139	457	Nathan Sylves	38	M	Hockessin	DE	00:10:19.69	00:39:23.02	00:10:49.18		01:02:06.74
3	69/237	59/139	572	Matt Mccoy	38	M	Minneapolis	MN	00:10:35.84	00:39:18.43	00:10:31.24		01:02:49.00
4	72/237	62/139	455	Vince Huang	37	M	Beverly Hills	CA	00:11:18.19	00:38:00.25	00:12:16.59		01:03:03.75
5	123/237	94/139	450	Michael Bowman	36	M	Eagan	MN	00:12:28.07	00:40:52.32	00:13:44.83		01:08:58.49
6	124/237	95/139	167	Quincy Collins	36	M	Orlando	FL	00:12:10.19	00:42:51.57	00:12:39.62		01:08:58.52

### Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	44/237	3/98	599	Isabel Speer	31	F	El Paso	TX	00:10:00.23	00:39:34.74	00:10:06.95		01:00:52.12
2	98/237	19/98	604	Kelly Tamm	34	F	Maple Grove	MN	00:12:18.23	00:38:58.46	00:12:28.75		01:05:39.81
3	103/237	21/98	600	Shelley Tschida	31	F	Vadnais Heights	MN	00:12:37.09	00:38:20.52	00:13:12.17		01:06:07.49
4	131/237	34/98	606	Lili Riffle	34	F	Azusa	CA	00:12:58.30	00:41:49.00	00:13:04.29		01:09:43.58
5	142/237	42/98	603	Samantha Hinson	33	F	Winter Park	FL	00:11:48.11	00:44:27.91	00:12:41.43		01:11:05.18
6	157/237	48/98	607	Erin Haugen	34	F	Grand Forks	ND	00:13:12.75	00:43:03.43	00:13:20.52		01:12:14.44
7	175/237	60/98	601	Sara Wefel Collison	32	F	Independence	MN	00:13:39.05	00:47:44.09	00:13:34.46		01:16:50.76
8	194/237	69/98	605	Beth Victor	34	F	Killeen	TX	00:16:03.83	00:49:19.39	00:16:04.67		01:23:10.36
9	217/237	83/98	598	Mariah Bridges	30	F	Raleigh	NC	00:17:04.04	00:51:52.41	00:17:42.52		01:29:38.11
10	234/237	97/98	602	Melissa Haberkorn	33	F	Fort Myers	FL	00:22:21.37	01:01:40.00	00:27:05.69		01:53:17.08

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## Overall Division Results

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### Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	1/237	1/139	442	Nathan Hoffman	31	M	South Haven	MN	00:08:27.58	00:32:36.48	00:08:36.33		00:50:40.91
2	2/237	2/139	573	Bennett Isabella	32	M	Burnsville	MN	00:08:53.06	00:33:08.11	00:09:10.47		00:52:23.06
3	17/237	17/139	447	Timothy Orris	34	M	North Liberty	IA	00:09:29.08	00:37:24.46	00:09:34.26		00:57:50.10
4	23/237	23/139	439	Justin Graves	30	M	Grosse Pointe Park	MI	00:09:32.34	00:36:57.72	00:10:33.23		00:58:21.98
5	27/237	27/139	443	Keith Jensen	31	M	Dallas	TX	00:08:52.92	00:36:46.22	00:11:24.86		00:58:43.40
6	31/237	31/139	445	Michael Ashworth	32	M	Jersey City	NJ	00:10:00.75	00:36:46.85	00:10:40.74		00:58:51.50
7	61/237	53/139	440	Benjamin Beranek	30	M	Charlotte	NC	00:10:05.88	00:39:05.31	00:11:56.54		01:02:15.97
8	88/237	74/139	441	John Victor	30	M	Killeen	TX	00:11:04.46	00:40:34.31	00:11:48.32		01:04:39.02
9	101/237	81/139	444	Keith Staple	32	M	Cape Coral	FL	00:11:03.44	00:41:08.68	00:12:36.86		01:05:59.79
10	122/237	93/139	446	Brandon Garrett	32	M	Forest Lake	MN	00:12:20.41	00:42:29.85	00:12:15.83		01:08:51.12

### Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	90/237	16/98	593	Lindsey Torgerson	27	F	Vass	NC	00:11:45.02	00:38:53.66	00:12:43.91		01:04:49.95
2	95/237	18/98	594	Tiff Schwartz	27	F	Saddle Brook	NJ	00:11:01.66	00:40:53.76	00:11:36.29		01:05:16.94
3	111/237	25/98	597	Lindsay Long	29	F	Newark	DE	00:12:21.22	00:40:58.32	00:12:43.79		01:07:23.69
4	128/237	32/98	596	Kerstin Ahrens	29	F	Cincinnati	OH	00:11:05.48	00:44:14.10	00:11:50.60		01:09:29.31
5	164/237	52/98	591	Aimee Gissel	27	F	Pleasant Hill	IA	00:13:30.04	00:44:08.16	00:14:14.82		01:13:54.98
6	165/237	53/98	595	Anjana Rajan	28	F	Philadelphia	PA	00:12:55.01	00:45:50.48	00:14:10.10		01:14:55.71
7	189/237	67/98	592	Jennifer Wilson	27	F	Fishers	IN	00:14:32.70	00:47:52.94	00:17:04.78		01:22:17.46

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### Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	18/237	18/139	434	Chris Mayer	26	M	Atlanta	GA	00:09:07.21	00:37:15.16	00:09:44.50		00:58:01.96
2	35/237	34/139	433	Tyler Roell	26	M	Indianapolis	IN	00:09:53.87	00:38:03.82	00:09:58.86		00:59:25.99
3	48/237	45/139	430	Max Disse	25	M	St Paul	MN	00:10:12.83	00:37:44.85	00:11:14.20		01:01:05.03
4	55/237	49/139	435	Christopher Schuele	27	M	Burlington	KY	00:10:25.15	00:39:26.36	00:10:40.81		01:01:56.64
5	67/237	57/139	437	Josh Shimel	29	M	Waukesha	WI	00:11:14.01	00:37:28.34	00:12:24.54		01:02:46.61
6	78/237	66/139	432	Matt Orzechowski	26	M	Richfield	MN	00:10:30.65	00:34:21.60	00:11:11.73	+00:06:00	01:03:39.08
7	84/237	70/139	438	Christopher Schroeder	29	M	Chicago	IL	00:11:00.00	00:39:55.00	00:11:05.00		01:04:10.00
8	117/237	89/139	436	Robert Smith	27	M	Weed	CA	00:12:12.79	00:39:54.06	00:14:06.35		01:07:58.41

### Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	73/237	11/98	589	Chelsea E Vancott	24	F	Oceanside	CA	00:10:41.28	00:39:39.23	00:11:11.02		01:03:17.50
2	190/237	68/98	685	Ashley Heinlein	23	F	Stillwater	MN	00:16:11.48	00:46:29.39	00:17:44.60		01:22:30.19
3	228/237	93/98	590	C J Leonard	24	F	Minneapolis	MN	00:19:03.54	00:58:20.57	00:19:40.02		01:39:49.64

### Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	10/237	10/139	428	Sean Price	22	M	Long Beach	CA	00:09:16.87	00:36:04.19	00:08:53.87		00:55:16.58
2	30/237	30/139	429	Crawford Hubbell Iii	24	M	Des Moines	IA	00:09:39.62	00:38:03.67	00:09:41.30		00:58:51.45

### Female Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	49/237	4/98	583	Rebecca Naughton	16	F	Des Moines	IA	00:11:12.66	00:38:03.33	00:10:51.62		01:01:11.31
2	51/237	5/98	586	Ellen Bennett	17	F	Ankeny	IA	00:11:22.92	00:37:51.30	00:11:30.62		01:01:45.38
3	54/237	6/98	584	Phelan Purnell	16	F	Butler	WI	00:11:42.43	00:38:17.33	00:10:40.59		01:01:53.01
4	79/237	13/98	587	Kaleigh Kroeker	17	F	Colorado Springs	CO	00:10:08.17	00:40:21.63	00:12:02.25		01:03:45.05
5	173/237	59/98	582	Izzi Clark	15	F	O Fallon	MO	00:12:45.61	00:48:21.50	00:14:14.62		01:16:45.87
6	180/237	62/98	585	Brianna Booton	16	F	Dekalb	IL	00:13:37.30	00:48:01.16	00:15:59.89		01:19:27.96

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### Male Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	13/237	13/139	581	Timothy Winslow	18	M	Elk Grove	CA	00:10:37.47	00:34:57.01	00:09:47.55		00:56:37.95
2	19/237	19/139	426	Prithvi Gummadi	16	M	Suwanee	GA	00:10:06.41	00:36:46.72	00:10:10.46		00:58:13.25
3	25/237	25/139	420	John Clingan	15	M	West Des Moines	IA	00:09:59.10	00:36:58.32	00:10:33.82		00:58:29.55
4	77/237	65/139	423	Jack Olson	15	M	Golden Valley	MN	00:10:04.96	00:41:48.30	00:10:28.45		01:03:38.00
5	81/237	68/139	422	Michael Booton	15	M	Dekalb	IL	00:10:24.38	00:40:35.42	00:11:26.70		01:03:58.04
6	118/237	90/139	425	Geno Ortega	16	M	Pinole	CA	00:12:17.52	00:40:58.46	00:13:18.46		01:08:09.35
7	152/237	108/139	577	Tommy Olson	18	M	Golden Valley	MN	00:11:09.08	00:45:45.64	00:13:26.08		01:11:53.52