

Aspire 10K Run

March 28, 2015

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
1	12/598	1/1	157	Betsy Eickelberg	F	23	Leonia	NJ	1	6:05	00:18:55.93	1	6:06	00:18:58.17	6:05	00:37:54.10
2	19/598	1/19	642	Jen Dagan	F	31	Farmingdale	NY	2	6:15	00:19:27.88	2	6:09	00:19:08.78	6:12	00:38:36.67
3	28/598	1/19	283	Victoria Kornieva	F	27	Massapequa	NY	3	6:28	00:20:05.79	3	6:13	00:19:21.49	6:20	00:39:27.29
4	35/598	1/1	64	Una Broderick	F	48	Wantagh	NY	4	6:28	00:20:07.44	4	6:29	00:20:09.21	6:28	00:40:16.65
5	37/598	1/26	257	Lauren Jasinski	F	38	Cold Spring Harbor	NY	5	6:28	00:20:07.72	5	6:29	00:20:11.03	6:29	00:40:18.76
6	42/598	1/47	128	Noni Degirmenci	F	41	Port Washington	NY	6	6:29	00:20:08.67	6	6:41	00:20:48.05	6:35	00:40:56.72
7	45/598	1/14	599	Kathryn Martin	F	63	Northport	NY	7	6:31	00:20:17.42	7	6:42	00:20:50.82	6:37	00:41:08.24
8	48/598	2/19	529	Michele Walker	F	31	Massapequa	NY	8	6:39	00:20:40.97	8	6:49	00:21:12.22	6:44	00:41:53.20
9	51/598	1/8	148	Lauren Dorsky	F	19	Huntington	NY	9	6:41	00:20:46.10	9	6:53	00:21:25.76	6:47	00:42:11.86
10	54/598	1/29	645	Nancy Aboff	F	55	Huntington	NY	10	6:46	00:21:01.47	12	6:56	00:21:33.04	6:51	00:42:34.52
11	55/598	1/30	474	Jill Skelly	F	51	Baldwin	NY	11	6:48	00:21:07.67	10	6:55	00:21:29.94	6:51	00:42:37.61
12	64/598	2/19	600	Nicole Unger	F	27	Great Neck	NY	12	6:58	00:21:40.67	11	6:55	00:21:31.08	6:57	00:43:11.75
13	69/598	2/30	444	Barbara Russo	F	51	Sayville	NY	15	7:00	00:21:46.78	13	6:58	00:21:41.08	6:59	00:43:27.86
14	75/598	2/29	598	Emma Riconda	F	58	Northport	NY	13	7:00	00:21:44.96	16	7:08	00:22:12.62	7:04	00:43:57.58
15	77/598	3/19	573	Shari Klarfeld	F	34	Plainview	NY	14	7:00	00:21:45.37	17	7:11	00:22:19.12	7:05	00:44:04.49
16	79/598	1/33	597	Kathleen Callahan	F	47	E.northport	NY	18	7:09	00:22:13.95	15	7:08	00:22:12.39	7:09	00:44:26.34
17	84/598	2/8	395	Antonia Palazzolo	F	17	Commack	NY	24	7:22	00:22:53.71	14	7:00	00:21:47.65	7:11	00:44:41.36
18	85/598	3/30	683	Nancy Tantone	F	50	West Islip	NY	17	7:03	00:21:55.18	21	7:21	00:22:51.92	7:12	00:44:47.10
19	92/598	4/19	641	Jessica Petrina	F	33	Old Bethpage	NY	16	7:02	00:21:53.73	27	7:28	00:23:14.70	7:15	00:45:08.43
20	93/598	2/26	348	Nicole Mcnamara	F	35	Smithtown	NY	20	7:15	00:22:33.94	18	7:18	00:22:41.18	7:16	00:45:15.12
21	94/598	3/19	313	Jill Loveland	F	29	Hicksville	NY	19	7:12	00:22:22.98	22	7:22	00:22:53.39	7:17	00:45:16.37
22	99/598	2/33	147	Kathy Dormer	F	45	Williston Park	NY	23	7:20	00:22:48.63	19	7:18	00:22:41.77	7:19	00:45:30.41
23	103/598	3/26	115	Angela Cruz	F	38	Massapequa Park	NY	26	7:23	00:22:57.73	20	7:20	00:22:48.80	7:21	00:45:46.53
24	109/598	3/8	357	Gianna Mincone	F	16	Huntington Station	NY	25	7:22	00:22:55.13	25	7:25	00:23:03.99	7:24	00:45:59.12
25	111/598	3/29	669	Dolores Doman	F	58	Dix Hills	NY	21	7:16	00:22:37.38	29	7:32	00:23:25.41	7:24	00:46:02.79
26	115/598	3/33	235	Lesli Hiller	F	48	New Hyde Park	NY	22	7:19	00:22:44.34	32	7:35	00:23:35.60	7:27	00:46:19.94
27	118/598	1/7	637	Jenn Booth	F	20	Smithtown	NY	27	7:25	00:23:05.14	28	7:32	00:23:24.58	7:28	00:46:29.73
28	124/598	4/29	391	Linda Ottaviano	F	59	Cold Spring Harbor	NY	29	7:30	00:23:20.69	30	7:33	00:23:29.68	7:32	00:46:50.37
29	125/598	5/19	667	Kiera Stajk	F	33	Ridge	NY	30	7:31	00:23:22.73	31	7:35	00:23:34.61	7:33	00:46:57.34
30	128/598	4/19	191	Theresa Gannon	F	28	Farmingdale	NY	37	7:41	00:23:54.81	26	7:27	00:23:09.76	7:34	00:47:04.58
31	137/598	4/26	359	Katie Mitchell	F	36	Bohemia	NY	33	7:33	00:23:28.73	35	7:42	00:23:56.93	7:37	00:47:25.66
32	138/598	2/47	65	Mary-Jo Brower	F	41	Hicksville	NY	31	7:31	00:23:23.33	38	7:44	00:24:04.03	7:38	00:47:27.37
33	140/598	5/19	616	Sarah Kirsch	F	25	Setauket	NY	28	7:28	00:23:14.99	46	7:49	00:24:18.88	7:39	00:47:33.87
34	143/598	3/47	341	Bridget Mccann	F	41	Long Beach	NY	32	7:32	00:23:25.16	42	7:49	00:24:17.96	7:40	00:47:43.12
35	145/598	4/33	301	Yvonne Leippert	F	47	Coram	NY	35	7:40	00:23:50.48	37	7:43	00:23:59.89	7:41	00:47:50.37
36	150/598	1/9	446	Dionida Ryce	F	46	Valley Stream	NY	39	7:48	00:24:14.37	33	7:39	00:23:46.46	7:43	00:48:00.84

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									Place	Pace	Time	Place	Pace	Time	Pace	Time
37	151/598	4/30	163	Tracey Epstein	F	54	Smithtown	NY	41	7:49	00:24:19.67	34	7:39	00:23:46.68	7:44	00:48:06.35
38	152/598	5/29	481	Kim Solomine	F	57	Syosset	NY	36	7:40	00:23:51.48	45	7:49	00:24:18.84	7:45	00:48:10.33
39	157/598	5/33	451	Patty Santella	F	47	Syosset	NY	34	7:38	00:23:44.81	54	7:57	00:24:44.07	7:48	00:48:28.88
40	159/598	6/19	417	Kristen Randone	F	26	South Huntington	NY	44	7:54	00:24:35.15	36	7:43	00:23:59.16	7:48	00:48:34.32
41	160/598	4/8	396	Alyssa Palumbo	F	18	Dix Hills	NY	59	8:13	00:25:34.19	23	7:24	00:23:01.39	7:49	00:48:35.59
42	161/598	7/19	50	Lisa Bonanni	F	28	Selden	NY	38	7:42	00:23:55.98	53	7:56	00:24:40.14	7:49	00:48:36.12
43	162/598	5/8	397	Jenna Palumbo	F	16	Dix Hills	NY	58	8:13	00:25:33.99	24	7:25	00:23:02.89	7:49	00:48:36.88
44	163/598	6/29	524	Dee Vogt	F	55	Huntington	NY	40	7:49	00:24:18.66	44	7:49	00:24:18.63	7:49	00:48:37.29
45	166/598	4/47	526	Jennifer Wagner	F	41	Island Park	NY	42	7:52	00:24:27.40	48	7:50	00:24:20.97	7:51	00:48:48.37
46	170/598	5/47	540	Lani Wille	F	42	Saint James	NY	46	7:58	00:24:45.94	39	7:46	00:24:09.20	7:52	00:48:55.14
47	171/598	6/47	13	Jennifer Adelberg	F	41	St. James	NY	47	7:58	00:24:46.35	40	7:47	00:24:11.02	7:52	00:48:57.38
48	172/598	5/26	555	Meredith Vogel	F	36	Melville	NY	43	7:54	00:24:33.72	50	7:51	00:24:23.65	7:52	00:48:57.38
49	175/598	7/29	49	Debbie Blair	F	56	Cold Spring Harbor	NY	51	8:02	00:24:57.95	41	7:48	00:24:15.51	7:55	00:49:13.47
50	177/598	8/29	17	Ruth Albright	F	55	Wheatley Heights	NY	48	7:59	00:24:49.40	51	7:53	00:24:32.20	7:56	00:49:21.61
51	181/598	6/26	213	Christine Grippo	F	35	Locust Valley	NY	49	7:59	00:24:50.73	52	7:55	00:24:37.15	7:57	00:49:27.89
52	182/598	7/26	153	Christy Druzynski	F	38	Huntington	NY	52	8:04	00:25:04.69	49	7:51	00:24:23.42	7:57	00:49:28.11
53	183/598	7/47	31	Patty Baker	F	41	Farmingdale	NY	45	7:58	00:24:45.94	55	7:57	00:24:44.18	7:57	00:49:30.13
54	185/598	8/26	379	Andrea Nerlich	F	38	Huntington	NY	54	8:07	00:25:15.24	43	7:49	00:24:18.59	7:58	00:49:33.83
55	189/598	6/33	172	Dianne Finneran	F	49	Smithtown	NY	50	8:01	00:24:56.52	56	7:59	00:24:50.79	8:00	00:49:47.32
56	191/598	8/19	52	Jessica Bonati	F	28	Patchogue	NY	57	8:12	00:25:29.73	47	7:49	00:24:19.73	8:01	00:49:49.46
57	201/598	8/47	590	Erica Fraiberg	F	41	Greenlawn	NY	53	8:05	00:25:08.54	57	8:10	00:25:23.82	8:07	00:50:32.37
58	212/598	5/30	625	Karen Nora	F	54	Northport	NY	61	8:17	00:25:46.80	58	8:12	00:25:30.86	8:15	00:51:17.67
59	216/598	9/19	499	Brooke Hepp	F	26	Northport	NY	55	8:10	00:25:24.22	66	8:22	00:26:02.21	8:16	00:51:26.43
60	218/598	9/29	246	Lorraine Huether	F	58	Melville	NY	64	8:20	00:25:53.50	61	8:18	00:25:50.38	8:19	00:51:43.88
61	219/598	6/30	639	Barbara Cronin-Stagnari	F	53	Mineola	NY	66	8:20	00:25:55.62	60	8:18	00:25:48.26	8:19	00:51:43.88
62	220/598	7/30	327	Lori Mangual	F	50	Merrick	NY	60	8:14	00:25:35.20	67	8:25	00:26:11.14	8:19	00:51:46.34
63	222/598	7/33	388	Regina Orelli	F	49	Huntington Station	NY	56	8:10	00:25:24.50	73	8:32	00:26:30.88	8:21	00:51:55.38
64	223/598	6/19	80	Meg Carrasquillo	F	30	Brooklyn	NY	74	8:29	00:26:21.46	59	8:15	00:25:38.32	8:22	00:51:59.78
65	225/598	8/33	142	Wendy Disilvestro	F	46	East Northport	NY	67	8:23	00:26:04.79	62	8:21	00:25:59.71	8:22	00:52:04.50
66	227/598	9/33	463	Kika Sciafani	F	45	Floral Park	NY	68	8:24	00:26:07.46	65	8:22	00:26:01.47	8:23	00:52:08.93
67	228/598	8/30	102	Lisa Colby	F	50	Smithtown	NY	65	8:20	00:25:54.23	69	8:27	00:26:16.90	8:23	00:52:11.13
68	229/598	9/30	107	Sue Corrie	F	54	New Hyde Park	NY	72	8:26	00:26:14.95	63	8:22	00:26:00.49	8:24	00:52:15.44
69	230/598	9/47	500	Jenney Tesoriero	F	44	Westbury	NY	62	8:19	00:25:51.49	76	8:32	00:26:32.69	8:25	00:52:24.18
70	232/598	10/47	303	Danielle Leong	F	42	Commack	NY	69	8:25	00:26:09.88	70	8:28	00:26:19.75	8:26	00:52:29.63
71	234/598	10/30	657	Carol Rivadeneyra	F	50	Ridge	NY	70	8:26	00:26:12.72	71	8:29	00:26:22.85	8:27	00:52:35.58
72	235/598	11/47	22	Michele Ansman	F	43	West Islip	NY	76	8:29	00:26:22.71	68	8:26	00:26:13.89	8:27	00:52:36.60

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									Place	Pace	Time	Place	Pace	Time	Pace	Time
73	237/598	11/30	376	Eve Nebenhaus	F	54	Manhasset	NY	63	8:19	00:25:53.24	81	8:37	00:26:48.34	8:28	00:52:41.58
74	243/598	12/30	175	Adriana Fitting	F	50	Hicksvill	NY	81	8:42	00:27:04.27	64	8:22	00:26:00.54	8:32	00:53:04.81
75	245/598	2/14	275	Susan Keogh	F	61	Bellmore	NY	71	8:26	00:26:13.24	82	8:38	00:26:52.15	8:32	00:53:05.39
76	246/598	10/33	501	Eliana Themistocleous	F	47	Melville	NY	78	8:30	00:26:26.15	80	8:37	00:26:47.17	8:33	00:53:13.32
77	249/598	10/29	429	Susan Robinson	F	56	Coram	NY	79	8:35	00:26:40.74	77	8:33	00:26:36.03	8:34	00:53:16.77
78	251/598	7/19	366	Grace Moran	F	30	Ronkonkoma	NY	77	8:29	00:26:23.24	85	8:40	00:26:58.40	8:35	00:53:21.64
79	256/598	11/29	83	Maura Carroll	F	55	Islip	NY	73	8:28	00:26:20.23	91	8:45	00:27:11.91	8:36	00:53:32.14
80	258/598	10/19	536	Melissa West	F	25	N Massapequa	NY	75	8:29	00:26:22.27	92	8:45	00:27:12.83	8:37	00:53:35.10
81	263/598	8/19	674	Jessica Norton	F	31	Babylon	NY	83	8:47	00:27:18.56	74	8:32	00:26:31.55	8:39	00:53:50.11
82	266/598	12/47	345	Juliana Mcgraim	F	41	Nesconset	NY	80	8:38	00:26:51.41	89	8:43	00:27:07.46	8:41	00:53:58.87
83	270/598	13/47	40	Joana Bekerman	F	43	Jericho	NY	86	8:50	00:27:28.91	79	8:36	00:26:45.95	8:43	00:54:14.87
84	271/598	2/9	108	Caroline Cosgrove	F	34	Oyster Bay	NY	87	8:52	00:27:32.99	78	8:35	00:26:42.71	8:43	00:54:15.71
85	274/598	9/19	433	Kristen Ropke	F	31	Oyster Bay	NY	85	8:49	00:27:26.28	84	8:40	00:26:58.17	8:45	00:54:24.45
86	275/598	3/14	300	Pamela Lee	F	61	Syosset	NY	82	8:45	00:27:11.23	94	8:47	00:27:20.16	8:46	00:54:31.39
87	276/598	9/26	629	Stacy Ackerman	F	36	Plainview	NY	91	8:54	00:27:41.54	86	8:41	00:27:00.23	8:48	00:54:41.77
88	277/598	12/29	646	Fay Mattane	F	56	Floral Park	NY	95	8:56	00:27:46.24	87	8:42	00:27:03.04	8:49	00:54:49.28
89	279/598	14/47	676	Christine Rodriguez	F	41	Huntington	NY	106	9:09	00:28:27.20	72	8:30	00:26:25.68	8:49	00:54:52.89
90	284/598	11/33	352	Elizabeth Melillo	F	49	Northport	NY	93	8:55	00:27:42.97	93	8:46	00:27:16.64	8:50	00:54:59.62
91	285/598	13/30	416	Donna Randone	F	53	S. Huntington	NY	89	8:53	00:27:38.74	95	8:48	00:27:21.40	8:51	00:55:00.14
92	287/598	11/19	491	Caitlin Stroh	F	26	Mount Sinai	NY	108	9:10	00:28:30.67	75	8:32	00:26:32.59	8:51	00:55:03.26
93	288/598	4/14	543	Gloria Withus	F	64	Brentwood	NY	88	8:53	00:27:38.70	97	8:50	00:27:29.19	8:52	00:55:07.89
94	292/598	15/47	494	Diana Suprenant	F	41	North Babylon	NY	84	8:49	00:27:26.24	105	9:01	00:28:02.60	8:55	00:55:28.85
95	293/598	14/30	277	Donna Kleiman	F	52	Syosset	NY	90	8:53	00:27:38.89	102	8:58	00:27:51.76	8:55	00:55:30.66
96	295/598	16/47	15	Roseann Alamia	F	44	Seaford	NY	92	8:54	00:27:42.15	103	8:58	00:27:52.19	8:56	00:55:34.34
97	298/598	12/33	542	Kristin Wist	F	45	Bohemia	NY	98	9:00	00:28:00.49	100	8:54	00:27:40.76	8:57	00:55:41.25
98	300/598	5/14	571	Marie Brewer	F	60	Mineola	NY	99	9:01	00:28:00.91	99	8:54	00:27:40.63	8:57	00:55:41.54
99	303/598	15/30	188	Sheri Gaitings	F	53	Huntington	NY	94	8:55	00:27:43.75	108	9:04	00:28:12.15	9:00	00:55:55.90
100	306/598	16/30	567	Rosemary Jones	F	53	Babylon	NY	122	9:22	00:29:07.94	83	8:39	00:26:54.68	9:01	00:56:02.62
101	308/598	10/19	668	Sarina Sarter	F	34	Wantagh	NY	109	9:12	00:28:36.58	98	8:52	00:27:35.78	9:02	00:56:12.36
102	309/598	17/47	21	Audrey Ammirati	F	40	Floral Park	NY	119	9:21	00:29:04.69	90	8:44	00:27:09.70	9:03	00:56:14.39
103	310/598	17/30	76	Maria Campese	F	50	Garden City	NY	123	9:22	00:29:08.13	88	8:43	00:27:06.46	9:03	00:56:14.60
104	311/598	6/14	549	Marianne Zacharia	F	60	East Northport	NY	101	9:02	00:28:05.99	107	9:03	00:28:09.50	9:03	00:56:15.50
105	315/598	3/9	432	Maria Romano	F	56	Jamaica	NY	105	9:06	00:28:18.63	106	9:02	00:28:07.01	9:04	00:56:25.64
106	316/598	18/47	519	Maria Vecchione	F	44	East Meadow	NY	112	9:15	00:28:44.99	101	8:54	00:27:41.76	9:05	00:56:26.75
107	317/598	13/33	62	Anne Broderick	F	49	Hicksville	NY	104	9:06	00:28:17.61	111	9:05	00:28:14.79	9:05	00:56:32.40
108	318/598	11/19	34	Marisa Barracca	F	30	Maspeth	NY	120	9:22	00:29:06.24	96	8:50	00:27:27.90	9:06	00:56:34.14

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									Place	Pace	Time	Place	Pace	Time	Pace	Time
109	323/598	1/6	190	Joanne Gallo	F	65	Oyster Bay	NY	97	9:00	00:27:58.99	122	9:14	00:28:41.83	9:07	00:56:40.82
110	324/598	6/8	604	Madeline Bastaniac	F	16	Patchogue	NY	96	8:59	00:27:55.49	125	9:16	00:28:50.03	9:08	00:56:45.53
111	325/598	2/6	186	Maureen Frisone	F	66	New Hyde Park	NY	102	9:05	00:28:15.16	118	9:11	00:28:33.98	9:08	00:56:49.15
112	326/598	13/29	554	Laurene Fagnoli	F	56	West Islip	NY	115	9:17	00:28:50.62	104	9:00	00:27:59.77	9:08	00:56:50.39
113	327/598	4/9	161	Vanessa Elbaum	F	52	Melville	NY	100	9:01	00:28:01.49	126	9:17	00:28:52.33	9:09	00:56:53.82
114	328/598	12/19	456	Nina Schlissel	F	28	Jericho	NY	111	9:13	00:28:39.87	110	9:05	00:28:13.95	9:09	00:56:53.82
115	332/598	19/47	472	Jill Shwom	F	42	Plainview	NY	116	9:17	00:28:51.63	112	9:05	00:28:15.02	9:11	00:57:06.65
116	333/598	10/26	302	Michelle Lenski	F	37	Plainview	NY	117	9:17	00:28:51.74	113	9:05	00:28:15.12	9:11	00:57:06.87
117	336/598	7/14	486	Barbara Stanley	F	60	Franklin Square	NY	107	9:10	00:28:29.25	124	9:16	00:28:49.01	9:13	00:57:18.26
118	337/598	20/47	170	Deb Ferry	F	43	Mt. Sinai	NY	103	9:05	00:28:15.77	135	9:23	00:29:12.06	9:14	00:57:27.83
119	340/598	5/9	279	Dawn Konopka	F	35	Ridge	NY	110	9:12	00:28:36.99	127	9:18	00:28:54.32	9:15	00:57:31.31
120	341/598	14/33	531	Eileen Walter	F	47	Bethpage	NY	118	9:21	00:29:04.25	119	9:12	00:28:35.57	9:16	00:57:39.83
121	342/598	18/30	561	Wendy Roberts	F	52	Old Bethpage	NY	127	9:26	00:29:21.38	115	9:08	00:28:24.95	9:17	00:57:46.33
122	344/598	19/30	562	Robin Gunsher	F	50	Old Bethpage	NY	128	9:26	00:29:21.58	116	9:08	00:28:25.06	9:17	00:57:46.65
123	345/598	14/29	502	Vera Thompson	F	57	N Babylon	NY	124	9:22	00:29:09.15	121	9:12	00:28:37.64	9:17	00:57:46.79
124	351/598	12/19	104	Lauren Coonan	F	30	Malverne	NY	131	9:32	00:29:38.93	117	9:10	00:28:31.39	9:21	00:58:10.32
125	352/598	7/8	244	Samantha Hubert	F	18	Lindenhurst	NY	121	9:22	00:29:07.50	132	9:21	00:29:04.64	9:21	00:58:12.14
126	355/598	21/47	468	Lisa Shackman	F	44	Plainview	NY	126	9:26	00:29:19.54	129	9:19	00:28:58.86	9:22	00:58:18.40
127	356/598	20/30	315	Maria Lucie	F	54	W. Islip	NY	125	9:23	00:29:12.20	133	9:22	00:29:06.33	9:23	00:58:18.54
128	358/598	11/26	346	Lisa Mcmanus	F	38	Plainview	NY	114	9:16	00:28:47.74	139	9:30	00:29:34.05	9:23	00:58:21.80
129	361/598	15/33	183	Janine Friedman	F	45	Plainview	NY	129	9:29	00:29:30.57	128	9:19	00:28:58.03	9:24	00:58:28.61
130	363/598	12/26	568	Erin Mcinstrey	F	38	Long Beach	NY	132	9:35	00:29:46.90	123	9:14	00:28:44.34	9:25	00:58:31.24
131	368/598	21/30	670	Anita Von Himmel	F	54	Massapequa	NY	113	9:15	00:28:45.95	144	9:41	00:30:05.23	9:28	00:58:51.18
132	369/598	16/33	350	Dedee Meehan	F	47	Lake Ronkonkoma	NY	144	9:45	00:30:19.16	120	9:12	00:28:35.68	9:28	00:58:54.85
133	370/598	15/29	112	Susan Critz	F	56	Islip	NY	130	9:29	00:29:30.98	138	9:28	00:29:26.69	9:29	00:58:57.68
134	375/598	22/47	660	Colleen Rowlings	F	43	Yellowstone Nation	WY	136	9:40	00:30:02.65	131	9:20	00:29:02.96	9:30	00:59:05.61
135	378/598	16/29	37	Judy Baum	F	59	Glen Head	NY	154	9:54	00:30:47.72	114	9:08	00:28:23.18	9:31	00:59:10.90
136	379/598	13/26	455	Christine Scheinman	F	38	Commack	NY	135	9:39	00:29:59.99	136	9:24	00:29:12.54	9:31	00:59:12.53
137	382/598	8/8	91	Nikki Chase	F	18	Hicksville	NY	146	9:47	00:30:25.50	130	9:20	00:29:01.62	9:34	00:59:27.12
138	387/598	22/30	505	Jean Marie Toy	F	50	Baldwin	NY	141	9:44	00:30:16.50	137	9:28	00:29:25.98	9:36	00:59:42.48
139	389/598	17/33	280	Jacqui Koplik	F	48	Wantagh	NY	139	9:43	00:30:13.10	140	9:32	00:29:37.86	9:37	00:59:50.96
140	393/598	13/19	373	Laurel Murphy	F	28	Medford	NY	133	9:38	00:29:58.13	146	9:44	00:30:14.52	9:41	01:00:12.65
141	394/598	14/26	425	Carolyn Richardson	F	35	Port Jefferson Station	NY	151	9:52	00:30:41.17	141	9:32	00:29:39.47	9:42	01:00:20.64
142	395/598	18/33	522	Sharon Verdino	F	47	Kings Park	NY	147	9:50	00:30:34.67	143	9:37	00:29:53.06	9:43	01:00:27.74
143	398/598	17/29	66	Janice Brown	F	59	Valley Stream	NY	156	9:56	00:30:53.75	142	9:35	00:29:48.84	9:46	01:00:42.59
144	400/598	1/8	548	Chrystie Young	F	36	Franklin Square	NY	138	9:40	00:30:04.90	151	9:58	00:31:00.40	9:49	01:01:05.30

Aspire 10K Run

March 28, 2015

Overall Results - Female

Place	Overall Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
145	401/598	18/29	129	Peggy Delaney	F	58	New Hyde Park	NY	142	9:44	00:30:17.50	150	9:56	00:30:53.30	9:50	01:01:10.80
146	402/598	19/33	398	Maureen Palumbo	F	47	Dix Hills	NY	155	9:54	00:30:47.92	147	9:46	00:30:23.06	9:50	01:01:10.98
147	407/598	8/14	293	Maryanne Langro	F	63	Hicksville	NY	137	9:40	00:30:03.88	159	10:05	00:31:20.27	9:52	01:01:24.16
148	408/598	15/26	53	Jennifer Bosley	F	35	Islip	NY	193	10:43	00:33:18.25	109	9:05	00:28:13.40	9:54	01:01:31.66
149	409/598	2/7	651	Emma Carpenter	F	24	Farmingdale	NY	173	10:26	00:32:27.37	134	9:22	00:29:08.53	9:54	01:01:35.91
150	412/598	2/8	72	Alaine Caccavallo	F	33	Floral Park	NY	140	9:44	00:30:16.10	160	10:07	00:31:27.56	9:56	01:01:43.66
151	414/598	20/33	14	Patti Adelman	F	45	East Meadow	NY	158	10:04	00:31:19.50	149	9:50	00:30:33.90	9:57	01:01:53.41
152	415/598	21/33	159	Nancy Eisenhuth	F	45	Bellerose Village	NY	145	9:46	00:30:23.24	162	10:09	00:31:33.65	9:58	01:01:56.89
153	416/598	23/30	342	Doreen Mcdougall	F	51	Lake Ronkonkoma	NY	134	9:38	00:29:58.75	173	10:19	00:32:05.66	9:59	01:02:04.41
154	417/598	6/9	35	Diana Bass	F	46	Plainview	NY	148	9:51	00:30:36.50	161	10:09	00:31:33.21	10:00	01:02:09.72
155	418/598	3/6	55	Hilory Boucher-Carlin	F	69	Northport	NY	150	9:52	00:30:40.15	164	10:10	00:31:37.25	10:01	01:02:17.41
156	419/598	23/47	286	Christina Labbate-Mandra	F	41	Bethpage	NY	168	10:22	00:32:13.92	145	9:41	00:30:07.24	10:02	01:02:21.16
157	422/598	16/26	523	Shannon Viggiano	F	38	Floral Park	NY	153	9:53	00:30:44.80	166	10:12	00:31:41.74	10:02	01:02:26.54
158	423/598	3/7	680	Marisa Murphy	F	23	Wantagh	NY	161	10:08	00:31:30.72	153	9:58	00:31:00.68	10:03	01:02:31.41
159	424/598	14/19	374	Lauren Murphy	F	26	Wantagh	NY	160	10:08	00:31:30.72	154	9:59	00:31:01.13	10:03	01:02:31.85
160	425/598	17/26	70	Samantha Bursztyn	F	36	Woodbury	NY	165	10:17	00:31:59.86	148	9:49	00:30:32.54	10:03	01:02:32.41
161	427/598	19/29	434	Donna Rosen	F	58	Jericho	NY	152	9:53	00:30:43.40	170	10:15	00:31:53.53	10:04	01:02:36.94
162	428/598	24/47	454	Kimberly Schechter	F	43	Plainview	NY	149	9:51	00:30:36.71	176	10:21	00:32:11.70	10:06	01:02:48.41
163	429/598	25/47	237	Ellen Hoffman	F	44	Bellport	NY	157	9:59	00:31:01.41	169	10:14	00:31:49.00	10:06	01:02:50.41
164	430/598	13/19	450	Jessica Santaniello	F	30	Oceanside	NY	143	9:45	00:30:18.50	188	10:33	00:32:48.41	10:09	01:03:06.91
165	431/598	9/14	38	Jackie Beattie	F	60	Hampton Bays	NY	162	10:09	00:31:34.20	163	10:09	00:31:34.41	10:09	01:03:08.62
166	434/598	26/47	361	Denise Moerler	F	44	Painview	NY	167	10:21	00:32:12.50	155	10:01	00:31:07.90	10:11	01:03:20.40
167	436/598	18/26	103	Kate Conlon	F	39	Holbrook	NY	163	10:14	00:31:50.49	167	10:12	00:31:42.10	10:13	01:03:32.60
168	439/598	22/33	532	Susan Warsaw	F	48	Coram	NY	169	10:24	00:32:20.44	158	10:04	00:31:19.10	10:14	01:03:39.55
169	440/598	27/47	75	Melissa Callis	F	40	Sayville	NY	182	10:31	00:32:41.63	152	9:58	00:31:00.49	10:15	01:03:42.13
170	441/598	28/47	20	Melissa Altschuler	F	42	Freeport	NY	166	10:18	00:32:02.25	168	10:12	00:31:42.66	10:15	01:03:44.91
171	442/598	15/19	101	Alexis Colapinto	F	27	Huntington	NY	177	10:29	00:32:37.13	156	10:01	00:31:08.53	10:15	01:03:45.66
172	443/598	16/19	256	Robyn Jaffe	F	28	New York	NY	178	10:29	00:32:37.13	157	10:01	00:31:08.66	10:15	01:03:45.79
173	447/598	29/47	558	Melissa Horowitz	F	41	Plainview	NY	175	10:27	00:32:29.75	165	10:11	00:31:39.39	10:19	01:04:09.14
174	448/598	1/2	98	Helma Clavin	F	71	Lake Ronkonkoma	NY	164	10:15	00:31:51.91	177	10:24	00:32:19.75	10:19	01:04:11.66
175	451/598	4/7	158	Elizabeth Eilers	F	21	Mastic	NY	174	10:27	00:32:28.50	175	10:20	00:32:06.61	10:23	01:04:35.12
176	452/598	19/26	266	Amy Katz	F	37	Plainview	NY	176	10:28	00:32:31.50	174	10:19	00:32:06.26	10:24	01:04:37.76
177	453/598	4/6	176	Anne Fitzgibbon	F	66	Glen Cove	NY	170	10:25	00:32:22.67	178	10:24	00:32:20.74	10:24	01:04:43.41
178	454/598	20/29	304	Nancy Lester	F	58	Long Neach	NY	180	10:31	00:32:41.44	172	10:18	00:32:02.44	10:25	01:04:43.88
179	459/598	24/30	553	Maria Fucella	F	54	Levittown	NY	172	10:25	00:32:24.10	185	10:30	00:32:37.50	10:27	01:05:01.60
180	460/598	30/47	59	Meredith Brake	F	44	Plainview	NY	184	10:32	00:32:45.92	180	10:25	00:32:22.56	10:28	01:05:08.48

Aspire 10K Run

March 28, 2015

Overall Results - Female

Place	Overall Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
181	461/598	31/47	330	Debbie Manzo	F	44	Plainview	NY	185	10:32	00:32:46.12	179	10:25	00:32:22.54	10:29	01:05:08.66
182	463/598	14/19	483	Katie Speiss	F	33	Islip Terrace	NY	191	10:40	00:33:11.17	171	10:17	00:31:59.32	10:29	01:05:10.49
183	464/598	7/9	134	Sheetal Deo	F	34	Bayside	NY	179	10:30	00:32:38.35	183	10:28	00:32:32.56	10:29	01:05:10.91
184	468/598	25/30	459	Diane Schocken	F	52	Massapequa Park	NY	186	10:34	00:32:51.80	182	10:27	00:32:30.87	10:31	01:05:22.67
185	469/598	32/47	506	Rose Tsoupros	F	44	Floral Park	NY	188	10:35	00:32:54.74	186	10:33	00:32:47.84	10:34	01:05:42.58
186	471/598	21/29	449	Carol Sandquist	F	57	Garden City	NY	190	10:40	00:33:10.75	187	10:33	00:32:47.86	10:37	01:05:58.62
187	475/598	15/19	260	Stefanie Johnson	F	30	Valley Stream	NY	171	10:25	00:32:23.71	198	10:54	00:33:53.60	10:40	01:06:17.32
188	476/598	20/26	319	Michele Macedonio	F	39	Plainview	NY	187	10:34	00:32:51.81	193	10:45	00:33:26.85	10:40	01:06:18.67
189	478/598	23/33	389	Illysa Ortsman	F	46	Plainview	NY	195	10:44	00:33:23.50	189	10:38	00:33:04.33	10:41	01:06:27.84
190	479/598	21/26	428	Erika Rivera	F	35	Flushing	NY	183	10:32	00:32:45.30	196	10:51	00:33:43.66	10:41	01:06:28.97
191	480/598	24/33	137	Sara Diamond	F	45	East Meadow	NY	201	10:56	00:33:59.63	184	10:29	00:32:34.53	10:42	01:06:34.17
192	481/598	26/30	592	Valerie Margolin	F	54	Woodbury	NY	204	10:59	00:34:09.81	181	10:26	00:32:26.44	10:43	01:06:36.25
193	482/598	25/33	88	Marie Certa	F	49	Franklin Square	NY	192	10:41	00:33:13.75	194	10:46	00:33:28.60	10:44	01:06:42.35
194	483/598	22/29	89	Judi Cestaro	F	58	Bayport	NY	197	10:48	00:33:33.75	192	10:42	00:33:15.90	10:45	01:06:49.66
195	485/598	26/33	410	Lori Polansky	F	46	East Meadow	NY	202	10:57	00:34:01.50	191	10:41	00:33:14.67	10:49	01:07:16.17
196	488/598	22/26	476	Jessica Sliwak	F	38	Babylon	NY	181	10:31	00:32:41.44	206	11:11	00:34:45.98	10:51	01:07:27.42
197	489/598	33/47	41	Lynn Bekerman	F	44	Syosset	NY	207	11:03	00:34:21.20	190	10:40	00:33:09.30	10:51	01:07:30.51
198	492/598	34/47	87	Cathy Casey	F	44	Mt. Sinai	NY	196	10:45	00:33:26.76	203	11:03	00:34:20.40	10:54	01:07:47.16
199	495/598	8/9	200	Jeannie Glienna	F	30	Flushing	NY	209	11:06	00:34:30.80	195	10:47	00:33:31.12	10:56	01:08:01.92
200	496/598	35/47	250	Andrea Inganamorte	F	42	West Islip	NY	194	10:44	00:33:22.76	205	11:11	00:34:45.91	10:57	01:08:08.67
201	497/598	27/30	276	Nancy Killian	F	51	College Point	NY	203	10:58	00:34:06.96	201	10:58	00:34:05.96	10:58	01:08:12.92
202	499/598	10/14	73	Giovanna Caggiano	F	60	Glen Cove	NY	198	10:50	00:33:40.70	207	11:12	00:34:48.94	11:01	01:08:29.64
203	500/598	36/47	470	Karen Shalvey	F	42	Floral Park	NY	208	11:06	00:34:30.19	202	11:02	00:34:17.23	11:04	01:08:47.42
204	501/598	27/33	406	Irene Petrsoric	F	45	Old Bethpage	NY	211	11:15	00:34:57.87	199	10:55	00:33:55.30	11:05	01:08:53.18
205	503/598	28/33	247	Shanthy Hughes	F	47	Floral Park	NY	200	10:56	00:33:59.23	209	11:15	00:34:57.94	11:05	01:08:57.17
206	504/598	29/33	19	Mary Alexander-Maino	F	49	Old Bethpage	NY	199	10:56	00:33:58.82	210	11:15	00:34:58.69	11:05	01:08:57.51
207	505/598	17/19	123	Kathy Daniels	F	28	Lindenhurst	NY	215	11:17	00:35:06.45	200	10:56	00:33:58.71	11:07	01:09:05.16
208	507/598	16/19	661	Jenny Turzer	F	34	Farmingdale	NY	189	10:40	00:33:09.13	218	11:34	00:35:58.48	11:07	01:09:07.61
209	508/598	3/8	681	Jeanne Lambert	F	38	Hicksville	NY	205	11:01	00:34:15.72	208	11:14	00:34:54.12	11:07	01:09:09.85
210	510/598	37/47	130	Alicia Delano	F	40	Medford	NY	220	11:24	00:35:25.24	197	10:54	00:33:52.18	11:09	01:09:17.42
211	513/598	9/9	462	Jacqueline Schwartz	F	22	Glen Head	NY	206	11:01	00:34:16.12	212	11:19	00:35:11.06	11:10	01:09:27.18
212	516/598	23/26	294	Kelly Larkin	F	36	Bayside	NY	159	10:05	00:31:22.79	238	12:22	00:38:28.01	11:14	01:09:50.81
213	517/598	11/14	149	Fran Dowling	F	61	Baldwin	NY	214	11:17	00:35:06.24	204	11:11	00:34:45.17	11:14	01:09:51.42
214	518/598	5/7	297	Eloisa Leal	F	21	Brentwood	NY	212	11:15	00:35:00.12	214	11:22	00:35:21.42	11:19	01:10:21.55
215	520/598	4/8	514	Petra Valentin	F	49	Queens Village	NY	221	11:25	00:35:30.17	215	11:27	00:35:35.26	11:26	01:11:05.43
216	521/598	38/47	146	Donna Domingo	F	41	Farmingdale	NY	224	11:36	00:36:03.99	211	11:17	00:35:05.19	11:27	01:11:09.18

Aspire 10K Run

March 28, 2015

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
217	522/598	1/1	603	Belle Bastaniac	F	14	Patchogue	NY	217	11:18	00:35:08.89	219	11:39	00:36:12.29	11:28	01:11:21.18
218	523/598	30/33	419	Jennifer Ratas	F	45	Plainview	NY	213	11:17	00:35:05.23	223	11:53	00:36:58.19	11:35	01:12:03.42
219	524/598	39/47	344	Samantha Mcglynn	F	44	Farmingdale	NY	227	11:50	00:36:46.51	213	11:21	00:35:18.82	11:36	01:12:05.34
220	525/598	23/29	587	Jo Ellen Elsener	F	57	Deer Park	NY	210	11:14	00:34:54.61	227	12:01	00:37:20.99	11:37	01:12:15.61
221	526/598	24/29	204	Amy Goldstein	F	55	Farmingdale	NY	216	11:18	00:35:08.26	231	12:06	00:37:38.55	11:42	01:12:46.81
222	527/598	12/14	238	Rochelle Holden	F	61	Westbury	NY	219	11:20	00:35:12.99	230	12:06	00:37:35.91	11:43	01:12:48.91
223	528/598	1/2	570	Patricia Delaney	F	76	Bayshore	NY	222	11:28	00:35:39.26	226	11:57	00:37:09.88	11:43	01:12:49.14
224	529/598	17/19	195	Giselle Gerardi	F	32	Commack	NY	230	12:00	00:37:17.49	217	11:33	00:35:54.77	11:46	01:13:12.27
225	530/598	18/19	197	Lisa Gillard	F	34	Islandia	NY	231	12:00	00:37:17.71	216	11:33	00:35:54.72	11:46	01:13:12.43
226	531/598	19/19	480	Laura Softy	F	30	Bethpage	NY	226	11:48	00:36:40.21	221	11:49	00:36:45.44	11:48	01:13:25.65
227	537/598	13/14	608	Judi Gallop	F	63	W Islip	NY	218	11:18	00:35:09.51	239	12:24	00:38:31.92	11:51	01:13:41.43
228	539/598	40/47	424	Kelly Rhatigan	F	41	Merrick	NY	229	11:52	00:36:53.73	222	11:53	00:36:55.46	11:52	01:13:49.19
229	540/598	31/33	484	Lilly Spiegel	F	48	East Meadow	NY	232	12:00	00:37:17.90	220	11:47	00:36:38.04	11:53	01:13:55.94
230	542/598	18/19	179	Kaitlyn Flynn	F	25	Mineola	NY	223	11:35	00:35:59.49	235	12:14	00:38:01.12	11:54	01:14:00.62
231	543/598	19/19	140	Andrea Digiulio	F	28	Centereach	NY	225	11:48	00:36:39.76	229	12:04	00:37:32.04	11:56	01:14:11.81
232	546/598	41/47	298	Norma Leal	F	40	Brentwood	NY	233	12:03	00:37:26.42	228	12:03	00:37:27.83	12:03	01:14:54.25
233	549/598	42/47	666	Angela Wakefield Kutselle	F	41	Saint James	NY	239	12:20	00:38:19.78	225	11:55	00:37:02.63	12:07	01:15:22.41
234	550/598	5/8	193	Lesley Gendelman	F	33	Tenafly	NJ	228	11:51	00:36:51.25	240	12:27	00:38:42.69	12:09	01:15:33.94
235	551/598	6/8	39	Gigi Becker	F	41	Huntington Station	NY	234	12:06	00:37:38.51	233	12:13	00:37:57.68	12:09	01:15:36.19
236	552/598	28/30	10	Michelle Ackerman	F	51	Farmingdale	NY	235	12:11	00:37:53.50	232	12:09	00:37:45.03	12:10	01:15:38.53
237	555/598	29/30	338	Geraldine Maudsley	F	54	Franklin Square	NY	237	12:13	00:38:00.36	234	12:13	00:37:58.58	12:13	01:15:58.94
238	556/598	43/47	507	Danielle Tucci	F	41	Plainview	NY	238	12:14	00:38:01.25	237	12:22	00:38:27.98	12:18	01:16:29.23
239	557/598	24/26	222	Shakiya Hampton	F	36	Elmont	NY	241	12:44	00:39:36.74	224	11:54	00:36:58.70	12:19	01:16:35.44
240	558/598	25/29	431	Daisy Rodriguez	F	56	Valley Stream	NY	240	12:24	00:38:32.82	236	12:15	00:38:03.74	12:19	01:16:36.56
241	559/598	32/33	443	Lori Rung	F	47	Oceanside	NY	236	12:13	00:37:59.43	241	12:30	00:38:50.92	12:21	01:16:50.35
242	564/598	26/29	202	Laurie Gold	F	57	College Point	NY	242	12:51	00:39:57.27	242	12:41	00:39:25.65	12:46	01:19:22.92
243	567/598	27/29	656	Mary Ostop	F	57	Long Beach	NY	243	13:00	00:40:24.38	244	13:09	00:40:52.54	13:04	01:21:16.92
244	568/598	44/47	26	Monifa Ash	F	41	Shirley	NY	245	13:13	00:41:04.28	243	12:58	00:40:17.42	13:05	01:21:21.70
245	569/598	7/8	233	Paula Heuschneider	F	48	Bethpage	NY	244	13:00	00:40:24.77	247	13:34	00:42:10.52	13:17	01:22:35.29
246	570/598	2/2	217	Ginny Guichard	F	77	Melville	NY							13:19	01:22:46.66
247	571/598	28/29	162	Trish Engels	F	55	New Rochelle	NY	246	13:14	00:41:07.77	246	13:29	00:41:54.92	13:21	01:23:02.69
248	572/598	5/6	563	Francine Lischner-Call	F	65	Old Bethpage	NY	247	13:16	00:41:14.73	245	13:29	00:41:53.98	13:22	01:23:08.71
249	574/598	2/2	559	Joan Ackerman	F	74	Farmingdale	NY	248	13:22	00:41:32.21	248	13:41	00:42:32.99	13:31	01:24:05.21
250	578/598	25/26	363	Heather Mondelli	F	39	Wantagh	NY	250	14:05	00:43:47.32	250	14:50	00:46:06.90	14:28	01:29:54.22
251	579/598	14/14	610	Janet Gogel	F	61	Manorville	NY	252	14:30	00:45:04.75	249	14:41	00:45:38.22	14:35	01:30:42.97
252	580/598	26/26	448	Lina Sabino Romano	F	35	Bethpage	NY	249	13:39	00:42:24.71	255	15:39	00:48:38.26	14:39	01:31:02.98

Aspire 10K Run

March 28, 2015

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
253	582/598	6/6	214	Paula Groothuis	F	65	Albertson	NY	251	14:26	00:44:51.61	254	15:01	00:46:42.05	14:44	01:31:33.67
254	584/598	6/7	613	Sarah Hausen	F	21	Wading River	NY	260	15:15	00:47:25.26	251	14:51	00:46:08.55	15:03	01:33:33.81
255	586/598	29/29	647	Suzy Donohue	F	57	Plainview	NY	259	15:13	00:47:18.77	252	14:53	00:46:15.44	15:03	01:33:34.21
256	588/598	33/33	614	Colleen Kennedy	F	46	West Babylon	NY	258	15:13	00:47:17.48	253	14:53	00:46:17.50	15:03	01:33:34.98
257	589/598	45/47	92	Simone Chase	F	44	Hicksville	NY	254	14:30	00:45:05.53	256	15:54	00:49:25.35	15:12	01:34:30.88
258	590/598	46/47	252	Donna Iovino	F	43	Plainview	NY	253	14:30	00:45:05.37	257	15:54	00:49:25.61	15:12	01:34:30.98
259	592/598	1/1	171	Alexandra Finger	F	80	Pearl River	NY	255	15:07	00:46:59.41	258	16:01	00:49:48.83	15:34	01:36:48.24
260	593/598	47/47	426	Loraine Richardson Mccray	F	43	East Patchogue	NY	256	15:08	00:47:02.77	259	16:03	00:49:53.40	15:35	01:36:56.17
261	594/598	8/8	364	Susan Monetti	F	55	Lindenhurst	NY	263	16:07	00:50:05.29	260	16:25	00:51:03.10	16:16	01:41:08.40
262	595/598	7/7	621	Tara Sanders	F	21	Wading River	NY	262	16:06	00:50:01.68	261	17:26	00:54:11.42	16:46	01:44:13.10
263	597/598	30/30	617	Dierdre Mcelhatton	F	53	Dix Hills	NY	261	16:06	00:50:01.46	262	17:30	00:54:23.53	16:48	01:44:24.99

Aspire 10K Run

March 28, 2015

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
1	1/598	1/1	577	Aaron Robertson	M	36	Melville	NY	1	5:35	00:17:23.16	2	5:34	00:17:18.20	5:34	00:34:41.36
2	2/598	1/12	45	Michael Berger	M	26	Bellmore	NY	3	5:41	00:17:40.86	1	5:30	00:17:06.35	5:35	00:34:47.22
3	3/598	2/12	679	Brian Mongeon	M	29	Long Island City	NY	2	5:38	00:17:32.11	3	5:34	00:17:19.58	5:36	00:34:51.69
4	4/598	1/15	274	Christopher Koegel	M	31	Malverne	NY	4	5:44	00:17:49.47	4	5:48	00:18:04.29	5:46	00:35:53.76
5	5/598	2/15	588	Gavin Goldstein	M	33	Dix Hills	NY	5	5:50	00:18:08.71	8	6:00	00:18:41.21	5:55	00:36:49.92
6	6/598	3/15	572	Ronald Joseph	M	31	Far Rockaway	NY	6	5:52	00:18:16.47	9	6:03	00:18:47.88	5:57	00:37:04.35
7	7/598	3/12	583	Tom Savarese	M	26	Dix Hills	NY	11	5:59	00:18:36.97	5	5:57	00:18:31.38	5:58	00:37:08.35
8	8/598	1/34	496	Mike Talles	M	38	Lindenhurst	NY	12	5:59	00:18:37.22	6	5:58	00:18:34.68	5:59	00:37:11.91
9	9/598	1/1	218	Keith Guilfoyle	M	48	Commack	NY	13	5:59	00:18:37.97	7	5:59	00:18:36.99	5:59	00:37:14.96
10	10/598	4/15	606	Steven Cuomo	M	32	Shirley	NY	10	5:58	00:18:32.94	12	6:08	00:19:05.66	6:03	00:37:38.60
11	11/598	1/29	439	Todd Rowley	M	45	Huntington	NY	8	5:57	00:18:31.47	14	6:09	00:19:07.22	6:03	00:37:38.70
12	13/598	1/6	120	James Dachille	M	18	Merrick	NY	14	6:06	00:18:58.56	10	6:06	00:18:57.53	6:06	00:37:56.10
13	14/598	2/6	655	Ted Oster	M	17	Mastic	NY	9	5:57	00:18:31.52	28	6:25	00:19:58.44	6:11	00:38:29.96
14	15/598	5/15	400	Joshua Parsons	M	30	Lynbrook	NY	16	6:08	00:19:04.89	15	6:15	00:19:26.69	6:11	00:38:31.58
15	16/598	4/12	478	Matthew Smith	M	29	Port Jefferson	NY	7	5:57	00:18:29.88	31	6:26	00:20:02.30	6:12	00:38:32.18
16	17/598	1/29	394	Jaime Palacios	M	60	Fresh Meadows	NY	22	6:17	00:19:33.20	11	6:07	00:19:00.41	6:12	00:38:33.61
17	18/598	2/29	332	Shaun Mara	M	48	East Northport	NY	19	6:16	00:19:28.70	13	6:08	00:19:06.13	6:12	00:38:34.84
18	20/598	5/12	390	Mitchell Ostrow	M	27	Long Beach	NY	15	6:06	00:18:58.99	21	6:19	00:19:37.73	6:12	00:38:36.72
19	21/598	2/34	635	Jose Villoa	M	36	Bellport	NY	17	6:14	00:19:24.22	19	6:18	00:19:34.60	6:16	00:38:58.83
20	22/598	2/29	534	Chris Webber	M	62	Sayville	NY	21	6:17	00:19:32.78	16	6:16	00:19:30.72	6:17	00:39:03.50
21	23/598	3/34	652	Trent Hampton	M	36	West Babylon	NY	18	6:14	00:19:24.47	23	6:19	00:19:40.64	6:17	00:39:05.11
22	24/598	3/29	253	Gus Isaksson	M	48	St. James	NY	23	6:18	00:19:34.81	18	6:17	00:19:31.92	6:17	00:39:06.74
23	25/598	1/33	209	Mitch Gould	M	43	Woodbury	NY	24	6:19	00:19:39.22	22	6:19	00:19:38.88	6:19	00:39:18.10
24	26/598	4/34	403	Jimmy Peck	M	39	Huntington Street	NY	20	6:16	00:19:29.47	26	6:23	00:19:51.63	6:19	00:39:21.10
25	27/598	2/33	513	Daniel Valderrama	M	44	Oyster Bay	NY	25	6:22	00:19:47.19	20	6:18	00:19:36.61	6:20	00:39:23.81
26	29/598	3/29	556	Kevin Carroll	M	62	Dix Hills	NY	27	6:24	00:19:55.59	17	6:17	00:19:31.70	6:20	00:39:27.29
27	30/598	5/34	312	David Lopez-Merlos	M	36	East Northport	NY	26	6:22	00:19:48.43	24	6:22	00:19:48.17	6:22	00:39:36.60
28	31/598	4/29	658	Steven Schmidt	M	49	Greenlawn	NY	30	6:28	00:20:06.42	25	6:22	00:19:49.69	6:25	00:39:56.11
29	32/598	6/34	644	Doroteo Soledad	M	39	Water Mill	NY	32	6:28	00:20:07.23	30	6:26	00:20:00.71	6:27	00:40:07.94
30	33/598	3/33	525	Robert Votruba	M	43	Garden Ckity	NY	33	6:31	00:20:15.39	27	6:24	00:19:53.71	6:27	00:40:09.10
31	34/598	1/36	518	Wayne Vartabedian	M	51	Long Beach	NY	29	6:28	00:20:06.21	32	6:28	00:20:07.49	6:28	00:40:13.70
32	36/598	5/29	169	Michael Fernandez	M	46	Farmingdale	NY	28	6:28	00:20:05.97	33	6:29	00:20:11.38	6:29	00:40:17.36
33	38/598	1/45	121	Ned Daily	M	57	Garden City	NY	31	6:28	00:20:06.62	35	6:33	00:20:21.63	6:30	00:40:28.25
34	39/598	4/33	504	Steven Toto	M	41	Commack	NY	39	6:36	00:20:32.87	29	6:26	00:19:59.98	6:31	00:40:32.86
35	40/598	1/22	154	John Dullaghan	M	38	East Northport	NY	36	6:32	00:20:19.85	36	6:33	00:20:23.00	6:33	00:40:42.86
36	41/598	2/45	430	Michael Robles	M	56	Smithtown	NY	37	6:33	00:20:23.29	37	6:34	00:20:26.11	6:34	00:40:49.41

Aspire 10K Run

March 28, 2015

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
37	43/598	5/33	627	David Frisone Jr	M	43	Merrick	NY	40	6:39	00:20:41.44	34	6:32	00:20:18.13	6:35	00:40:59.57
38	44/598	6/15	36	Matthew Baudier	M	34	Northport	NY	38	6:34	00:20:26.75	38	6:38	00:20:38.85	6:36	00:41:05.61
39	46/598	1/2	118	Leonardo Cuozzo	M	14	Bellmore	NY	34	6:32	00:20:17.97	44	6:50	00:21:16.88	6:41	00:41:34.86
40	47/598	6/12	370	Taylor Mucaria	M	27	Floral Park	NY	35	6:32	00:20:18.63	46	6:52	00:21:20.94	6:42	00:41:39.57
41	49/598	3/45	530	Jon Wallach	M	58	Levittown	NY	43	6:43	00:20:53.42	40	6:45	00:21:01.19	6:44	00:41:54.61
42	50/598	2/36	339	Bill Mazza	M	52	West Gilgo Beach	NY	45	6:46	00:21:04.22	41	6:47	00:21:04.64	6:46	00:42:08.86
43	52/598	7/34	307	Ryan Lewis	M	39	New Fairfield	CT	46	6:48	00:21:07.98	42	6:48	00:21:09.63	6:48	00:42:17.61
44	53/598	3/36	465	Rick Secor	M	53	Ronkonkoma	NY	41	6:40	00:20:43.22	55	7:01	00:21:50.72	6:50	00:42:33.95
45	56/598	7/15	493	Ryan Sullivan	M	30	Long Beach	NY	44	6:44	00:20:55.67	52	7:00	00:21:45.17	6:52	00:42:40.84
46	57/598	6/29	125	Rohan Dawes	M	48	Elmont	NY	58	7:00	00:21:45.57	39	6:45	00:20:58.74	6:52	00:42:44.31
47	58/598	4/45	466	Karnik Seferian	M	57	Setauket	NY	52	6:53	00:21:26.15	45	6:51	00:21:18.37	6:52	00:42:44.52
48	59/598	8/34	648	Efren De Los Santos	M	36	Hampton Bays	NY	42	6:41	00:20:47.73	61	7:05	00:22:02.38	6:53	00:42:50.11
49	60/598	7/29	520	Arthur Vendryes	M	46	Brooklyn	NY	57	7:00	00:21:45.48	43	6:49	00:21:11.49	6:54	00:42:56.97
50	61/598	4/36	580	Kieran Gibbons	M	50	Northport	NY	55	6:56	00:21:35.38	47	6:52	00:21:22.73	6:54	00:42:58.11
51	62/598	8/29	576	Kevin Arloff	M	48	Dix Hills	NY	50	6:51	00:21:18.86	51	6:59	00:21:44.35	6:55	00:43:03.21
52	63/598	2/22	99	John Clifford	M	51	Seaford	NY	49	6:50	00:21:16.19	53	7:01	00:21:49.49	6:56	00:43:05.69
53	65/598	5/45	143	P J Diskin	M	59	Mineola	NY	56	6:59	00:21:42.92	49	6:56	00:21:35.37	6:58	00:43:18.29
54	66/598	4/29	551	Eric Zimmer	M	63	St. James	NY	48	6:50	00:21:15.79	62	7:05	00:22:03.12	6:58	00:43:18.91
55	67/598	7/12	82	Andrew Carrig	M	28	North Babylon	NY	54	6:56	00:21:33.12	54	7:01	00:21:49.65	6:58	00:43:22.77
56	68/598	5/29	367	Angelo Morrongiello	M	60	Lynbrook	NY	63	7:03	00:21:54.97	48	6:54	00:21:28.81	6:59	00:43:23.78
57	70/598	6/45	29	Mike Baard	M	59	Merrick	NY	62	7:02	00:21:51.48	50	6:58	00:21:39.03	7:00	00:43:30.51
58	71/598	8/15	477	Kurt Smith	M	34	Blue Point	NY	51	6:51	00:21:19.26	68	7:10	00:22:17.35	7:01	00:43:36.61
59	72/598	1/7	412	Chris Postol	M	24	Valley Stream	NY	47	6:49	00:21:11.22	72	7:15	00:22:32.11	7:02	00:43:43.33
60	73/598	3/6	618	Thomas Mihailen	M	19	E Northport	NY	61	7:01	00:21:49.85	56	7:03	00:21:54.26	7:02	00:43:44.11
61	74/598	9/29	182	Eric Friedman	M	49	Merrick	NY	53	6:56	00:21:32.77	67	7:09	00:22:15.03	7:02	00:43:47.80
62	76/598	9/34	575	Michael Mandato	M	35	Northport	NY	60	7:00	00:21:47.47	66	7:08	00:22:12.75	7:04	00:44:00.23
63	78/598	10/29	393	Victor Pajonas	M	49	Seaford	NY	66	7:07	00:22:07.42	57	7:04	00:21:57.45	7:05	00:44:04.87
64	80/598	1/24	355	Daniel Metzger	M	40	Oceanside	NY	59	7:00	00:21:46.23	77	7:18	00:22:43.89	7:09	00:44:30.12
65	81/598	6/33	672	Hector Jaramillo	M	43	Baldwin	NY	74	7:14	00:22:31.47	58	7:04	00:21:59.89	7:09	00:44:31.37
66	82/598	10/34	228	Robert Hegedus	M	38	Kew Gardens Hills	NY	76	7:15	00:22:32.23	60	7:05	00:22:01.22	7:10	00:44:33.46
67	83/598	11/29	113	Charles Crowe	M	47	Deer Park	NY	73	7:14	00:22:30.98	63	7:06	00:22:04.88	7:10	00:44:35.86
68	86/598	11/34	649	Jd Valdespiro	M	36	Hampton Bays	NY	64	7:06	00:22:04.72	78	7:19	00:22:46.23	7:13	00:44:50.95
69	87/598	7/45	261	Louis Sparaco	M	56	Patchogue	NY	70	7:12	00:22:25.23	69	7:14	00:22:28.76	7:13	00:44:53.99
70	88/598	4/6	653	Calvin Arancibia	M	16	Mastic	NY	65	7:06	00:22:05.38	83	7:20	00:22:49.76	7:13	00:44:55.15
71	89/598	8/45	309	Ronald Lipsky	M	59	Franklin Square	NY	69	7:12	00:22:23.31	73	7:15	00:22:32.84	7:13	00:44:56.15
72	90/598	12/34	626	Jason Rodriguez	M	37	Hicksville	NY	85	7:23	00:22:57.77	59	7:04	00:22:00.10	7:14	00:44:57.87

Aspire 10K Run

March 28, 2015

Overall Results - Male

Place	Overall Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
73	91/598	13/34	631	Carl Lorenz	M	36	Wantagh	NY	72	7:14	00:22:30.46	75	7:15	00:22:33.65	7:15	00:45:04.12
74	95/598	5/36	289	Kurt Laforest	M	54	Setauket	NY	68	7:11	00:22:20.47	86	7:25	00:23:04.09	7:18	00:45:24.56
75	96/598	12/29	624	Matthew Conroy	M	45	Melville	NY	67	7:08	00:22:10.88	90	7:29	00:23:15.48	7:18	00:45:26.37
76	97/598	1/14	386	Alan Oman	M	65	Babylon	NY	75	7:15	00:22:31.88	84	7:22	00:22:56.23	7:19	00:45:28.12
77	98/598	9/45	117	Alex Cuozzo	M	57	Bellmore	NY	78	7:18	00:22:42.29	79	7:19	00:22:46.93	7:19	00:45:29.22
78	100/598	6/36	57	D J Bouzourene	M	50	Old Bethpage	NY	97	7:30	00:23:20.24	65	7:08	00:22:11.41	7:19	00:45:31.65
79	101/598	1/15	508	Joseph Tumbarello	M	71	Glen Cove	NY	89	7:23	00:22:58.82	74	7:15	00:22:33.03	7:19	00:45:31.85
80	102/598	10/45	564	Grant Radtke	M	59	East Meadow	NY	83	7:23	00:22:56.95	80	7:20	00:22:48.76	7:21	00:45:45.72
81	104/598	7/36	565	Jeff Berg	M	53	Westbury	NY	84	7:23	00:22:57.73	81	7:20	00:22:48.89	7:22	00:45:46.62
82	105/598	14/34	461	Andrew Schwartz	M	39	Port Washington	NY	104	7:37	00:23:41.96	64	7:08	00:22:09.85	7:22	00:45:51.82
83	106/598	11/45	251	Peter Inserra	M	57	Fort Salonga	NY	95	7:29	00:23:17.44	76	7:16	00:22:37.42	7:23	00:45:54.87
84	107/598	12/45	547	Jerry Wosleger	M	56	Rockville Centre	NY	81	7:21	00:22:52.70	85	7:25	00:23:02.91	7:23	00:45:55.62
85	108/598	8/36	318	Andrew Lupu	M	53	North Bellmore	NY	77	7:16	00:22:35.73	95	7:31	00:23:22.38	7:23	00:45:58.12
86	110/598	9/36	375	Ronald Nardo	M	51	Bellmore	NY	79	7:18	00:22:43.92	91	7:29	00:23:15.63	7:24	00:45:59.56
87	112/598	13/29	584	Michael Singh	M	48	Valley Stream	NY	86	7:23	00:22:58.40	87	7:26	00:23:07.83	7:25	00:46:06.24
88	113/598	10/36	249	Dean Hutchinson	M	53	Long Beach	NY	96	7:30	00:23:18.23	82	7:20	00:22:49.14	7:25	00:46:07.37
89	114/598	11/36	248	Michael Hunter	M	53	N. Merrick	NY	71	7:14	00:22:29.98	103	7:37	00:23:42.80	7:26	00:46:12.78
90	116/598	9/15	413	Sean Probert	M	30	Babylon	NY	107	7:41	00:23:54.73	71	7:14	00:22:30.88	7:28	00:46:25.62
91	117/598	13/45	546	Glen Wolther	M	58	Jericho	NY	92	7:27	00:23:09.87	92	7:29	00:23:17.75	7:28	00:46:27.62
92	119/598	2/7	291	Paul Lagumina	M	21	Massapequa	NY	90	7:24	00:23:00.47	99	7:35	00:23:33.88	7:29	00:46:34.35
93	120/598	7/33	633	Keith Huntington	M	41	Greenlawn	NY	87	7:23	00:22:58.61	100	7:35	00:23:36.35	7:29	00:46:34.96
94	121/598	8/12	187	Andrew Fund	M	25	Long Beach	NY	113	7:45	00:24:05.20	70	7:14	00:22:29.92	7:29	00:46:35.12
95	122/598	12/36	167	Frank Favilla	M	52	Bethpage	NY	99	7:31	00:23:22.13	94	7:30	00:23:20.23	7:30	00:46:42.37
96	123/598	15/34	201	Raymond Gogarty	M	37	Deer Park	NY	80	7:21	00:22:50.85	111	7:41	00:23:54.26	7:31	00:46:45.12
97	126/598	16/34	18	Sean Alexander	M	37	East Northport	NY	94	7:27	00:23:11.50	106	7:39	00:23:46.24	7:33	00:46:57.74
98	127/598	2/24	272	John Keichline	M	50	Plainview	NY	93	7:27	00:23:11.23	108	7:40	00:23:51.88	7:34	00:47:03.12
99	129/598	8/33	581	Brad Eisenstein	M	41	Plainview	NY	101	7:33	00:23:29.48	102	7:36	00:23:37.23	7:34	00:47:06.72
100	130/598	17/34	650	Reginald Hyppolite	M	39	Valley Stream	NY	109	7:42	00:23:58.47	88	7:27	00:23:10.88	7:35	00:47:09.36
101	131/598	6/29	241	Bruce Hotchkiss	M	61	New Suffolk	NY	82	7:22	00:22:54.48	120	7:49	00:24:18.33	7:35	00:47:12.82
102	132/598	13/36	281	Avi Korenshtein	M	52	Commack	NY	91	7:24	00:23:01.23	119	7:48	00:24:15.87	7:36	00:47:17.11
103	133/598	14/36	51	Paul Bonanni	M	54	Selden	NY	100	7:32	00:23:27.21	110	7:41	00:23:53.38	7:37	00:47:20.60
104	134/598	15/36	362	Robert Monaco	M	51	Woodbury	NY	98	7:30	00:23:20.49	115	7:44	00:24:01.88	7:37	00:47:22.37
105	135/598	7/29	192	Anthony Garguilo	M	63	Kings Park	NY	103	7:36	00:23:38.69	104	7:38	00:23:44.67	7:37	00:47:23.37
106	136/598	18/34	116	David Cubero	M	37	East Northport	NY	102	7:36	00:23:38.52	107	7:39	00:23:47.00	7:37	00:47:25.52
107	139/598	19/34	475	George Skrepetos	M	36	Flushing	NY	108	7:42	00:23:56.73	97	7:34	00:23:31.38	7:38	00:47:28.11
108	141/598	2/14	336	Peter Martin	M	65	Bellmore	NY	88	7:23	00:22:58.73	131	7:56	00:24:41.04	7:40	00:47:39.78

Aspire 10K Run

March 28, 2015

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
109	142/598	16/36	86	Michael Casale	M	54	North Bellmore	NY	121	7:52	00:24:29.25	89	7:28	00:23:12.62	7:40	00:47:41.87
110	144/598	10/15	150	David Drebsky	M	34	Plainview	NY	116	7:47	00:24:11.48	101	7:35	00:23:36.70	7:41	00:47:48.19
111	146/598	14/45	392	Chuck Otto	M	59	Sayville	NY	114	7:45	00:24:07.38	105	7:38	00:23:45.49	7:42	00:47:52.87
112	147/598	17/36	127	Bob Debeneditis	M	50	East Williston	NY	123	7:54	00:24:34.73	93	7:30	00:23:18.89	7:42	00:47:53.62
113	148/598	15/45	678	Romulo Brito	M	55	Uniondale	NY	110	7:44	00:24:01.93	113	7:42	00:23:55.94	7:43	00:47:57.87
114	149/598	20/34	56	Christopher Boundy	M	36	Coram	NY	111	7:44	00:24:03.98	112	7:41	00:23:55.39	7:43	00:47:59.37
115	153/598	21/34	539	Mike Whitman	M	38	Hicksville	NY	119	7:48	00:24:14.48	117	7:44	00:24:04.64	7:46	00:48:19.12
116	154/598	3/22	544	Adam Wolf	M	40	Huntington	NY	128	7:59	00:24:50.42	98	7:34	00:23:31.40	7:46	00:48:21.83
117	155/598	9/33	665	Alan Smith	M	42	Southold	NY	106	7:40	00:23:51.73	127	7:54	00:24:33.89	7:47	00:48:25.62
118	156/598	18/36	498	Dwayne Taylor	M	52	Baldwin	NY	120	7:49	00:24:19.98	118	7:45	00:24:07.14	7:47	00:48:27.13
119	158/598	22/34	220	Andrew Hafele	M	35	Bay Shore	NY	105	7:39	00:23:47.69	132	7:56	00:24:41.48	7:48	00:48:29.18
120	164/598	16/45	638	Rick Booth	M	58	Smithtown	NY	118	7:47	00:24:12.94	124	7:51	00:24:25.43	7:49	00:48:38.37
121	165/598	4/22	383	Seth Novick	M	30	Huntington	NY	126	7:57	00:24:45.12	114	7:43	00:24:01.51	7:50	00:48:46.63
122	167/598	2/15	321	Tom Maile	M	72	Cortlandt Manor	NY	122	7:53	00:24:30.47	123	7:49	00:24:19.82	7:51	00:48:50.29
123	168/598	10/33	490	Jason Straus	M	41	Plainview	NY	112	7:45	00:24:04.98	135	7:59	00:24:48.55	7:52	00:48:53.54
124	169/598	11/33	347	Thomas Mcmanus	M	41	Plainview	NY	141	8:03	00:25:01.43	109	7:40	00:23:52.32	7:52	00:48:53.75
125	173/598	23/34	320	Sean Mahoney	M	38	Smithtown	NY	144	8:04	00:25:03.86	116	7:44	00:24:01.89	7:54	00:49:05.76
126	174/598	3/24	259	Rick Johnson	M	57	Kings Park	NY	115	7:46	00:24:08.23	138	8:03	00:25:00.99	7:54	00:49:09.22
127	176/598	24/34	593	Barry Molof	M	35	Plainview	NY	134	8:00	00:24:54.24	122	7:49	00:24:19.63	7:55	00:49:13.87
128	178/598	12/33	566	Rob Levy	M	43	Plainview	NY	117	7:47	00:24:11.92	145	8:06	00:25:10.46	7:56	00:49:22.38
129	179/598	25/34	640	Darryn Solotoff	M	38	Centerport	NY	131	8:00	00:24:51.64	128	7:55	00:24:35.98	7:57	00:49:27.63
130	180/598	13/33	287	John Lafalce	M	40	Farmingdale	NY	142	8:03	00:25:02.23	125	7:51	00:24:25.54	7:57	00:49:27.78
131	184/598	17/45	682	Paul Aloe	M	58	Port Washington	NY	136	8:01	00:24:56.23	129	7:55	00:24:36.36	7:58	00:49:32.59
132	186/598	19/36	258	John Brenthol	M	53	Brooklyn	NY	152	8:11	00:25:26.68	121	7:49	00:24:18.52	8:00	00:49:45.20
133	187/598	4/24	219	Anthony Guluzzi	M	29	Massapequa	NY	147	8:05	00:25:08.73	130	7:55	00:24:38.10	8:00	00:49:46.84
134	188/598	18/45	97	Stephen Cipot	M	57	New Hyde Park	NY	145	8:04	00:25:05.23	133	7:57	00:24:42.06	8:00	00:49:47.30
135	190/598	20/36	334	Edward Marian	M	54	Huntington Station	NY	139	8:02	00:25:00.20	136	7:59	00:24:48.65	8:00	00:49:48.86
136	192/598	26/34	77	Marvin Canita	M	38	East Meadow	NY	146	8:05	00:25:07.93	134	7:57	00:24:43.96	8:01	00:49:51.89
137	193/598	8/29	271	James Kehoe	M	63	Northport	NY	130	8:00	00:24:51.64	140	8:05	00:25:07.74	8:02	00:49:59.38
138	194/598	5/24	181	Paul Franciotti	M	60	East Meadow	NY	129	8:00	00:24:51.44	144	8:06	00:25:10.41	8:03	00:50:01.86
139	195/598	19/45	288	Louis Lafleur	M	59	Holbrook	NY	135	8:01	00:24:54.69	142	8:05	00:25:08.94	8:03	00:50:03.63
140	196/598	5/22	96	Charles Ciarfello	M	44	Smithtown	NY	143	8:03	00:25:03.53	141	8:05	00:25:08.85	8:04	00:50:12.38
141	197/598	27/34	369	Ben Moss	M	37	Plainview	NY	155	8:15	00:25:39.71	126	7:54	00:24:33.67	8:04	00:50:13.38
142	198/598	3/15	178	Michael Floman	M	71	Bayside	NY	138	8:02	00:24:59.19	148	8:08	00:25:16.70	8:05	00:50:15.89
143	199/598	20/45	612	Brian Gunderson	M	56	Medford	NY	124	7:56	00:24:40.86	152	8:15	00:25:40.27	8:06	00:50:21.13
144	200/598	3/7	632	Joseph Choinski	M	20	E.northport	NY	125	7:56	00:24:41.68	153	8:16	00:25:42.62	8:06	00:50:24.30

Aspire 10K Run

March 28, 2015

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
145	202/598	21/36	205	Daniel Goldstein	M	53	Huntington St	NY	150	8:10	00:25:24.73	143	8:05	00:25:09.65	8:08	00:50:34.38
146	203/598	3/14	368	Glenn Morse	M	66	Massapequa	NY	132	8:00	00:24:52.65	155	8:18	00:25:47.64	8:09	00:50:40.29
147	204/598	14/33	557	Benjamin Beavers	M	41	Amityville	NY	133	8:00	00:24:52.98	156	8:18	00:25:48.73	8:09	00:50:41.71
148	205/598	14/29	659	Tom Welsh	M	49	Huntington	NY	159	8:19	00:25:52.95	137	8:00	00:24:52.64	8:10	00:50:45.59
149	206/598	6/24	435	Steve Rossi	M	34	Hauppauge	NY	154	8:13	00:25:31.98	147	8:07	00:25:16.21	8:10	00:50:48.20
150	207/598	9/29	378	Paul Nelson	M	60	St. James	NY	153	8:11	00:25:28.49	150	8:09	00:25:20.64	8:10	00:50:49.13
151	208/598	7/24	265	Steve Juchem	M	45	N Bellmore	NY	151	8:11	00:25:25.99	151	8:10	00:25:24.14	8:10	00:50:50.13
152	209/598	15/33	239	Lance Homan	M	42	Farmingville	NY	160	8:20	00:25:55.21	139	8:03	00:25:01.75	8:11	00:50:56.96
153	210/598	16/33	78	Louis Cappelli	M	44	East Meadow	NY	149	8:10	00:25:22.98	154	8:17	00:25:47.14	8:14	00:51:10.13
154	211/598	21/45	337	Frank Martinez	M	57	Commack	NY	140	8:02	00:25:00.61	166	8:25	00:26:11.80	8:14	00:51:12.41
155	213/598	17/33	414	William Provoncha	M	42	Bethpage	NY	137	8:01	00:24:57.13	173	8:29	00:26:24.51	8:15	00:51:21.65
156	214/598	10/29	166	Scott Fairgrieve	M	64	Mineola	NY	162	8:24	00:26:06.73	146	8:07	00:25:15.40	8:15	00:51:22.14
157	215/598	11/29	317	Michael Ludwig	M	60	Rockville Centre	NY	127	7:58	00:24:46.48	176	8:33	00:26:35.87	8:16	00:51:22.36
158	217/598	6/22	69	John Burrell	M	39	Deer Park	NY	205	9:05	00:28:13.74	96	7:33	00:23:29.58	8:19	00:51:43.32
159	221/598	4/15	574	Bob Mcvetty	M	72	Westbury	NY	156	8:16	00:25:43.74	161	8:24	00:26:06.64	8:20	00:51:50.38
160	224/598	9/12	492	Mike Strom	M	26	Plainview	NY	176	8:35	00:26:42.86	149	8:09	00:25:20.37	8:22	00:52:03.24
161	226/598	5/15	671	Gary Muhrcke	M	74	Huntington	NY	161	8:20	00:25:55.74	165	8:25	00:26:11.39	8:23	00:52:07.13
162	231/598	28/34	634	Juan Gomez	M	38	Patchogue	NY	148	8:06	00:25:11.48	189	8:46	00:27:16.36	8:26	00:52:27.85
163	233/598	15/29	487	Michael Starr	M	45	Plainview	NY	164	8:25	00:26:11.10	170	8:28	00:26:18.59	8:26	00:52:29.69
164	236/598	8/24	528	Lloyd Wagner	M	57	Plainview	NY	171	8:31	00:26:30.41	163	8:25	00:26:09.72	8:28	00:52:40.13
165	238/598	18/33	100	Michael Cohen	M	40	Plainview	NY	177	8:36	00:26:43.87	160	8:21	00:25:58.26	8:28	00:52:42.13
166	239/598	22/36	74	Vincent Cagna	M	51	Moriches	NY	173	8:32	00:26:33.24	164	8:25	00:26:10.52	8:29	00:52:43.77
167	240/598	6/15	185	David Frisone	M	70	New Hyde Park	NY	169	8:31	00:26:27.76	169	8:27	00:26:17.73	8:29	00:52:45.50
168	241/598	16/29	23	John Antinora	M	49	Hicksville	NY	170	8:31	00:26:29.74	167	8:27	00:26:16.37	8:29	00:52:46.11
169	242/598	10/12	141	Frank Dirocco	M	27	South Huntington	NY	172	8:32	00:26:32.65	172	8:29	00:26:24.21	8:31	00:52:56.86
170	244/598	12/29	385	Juan Oliveras	M	63	Northport	NY	175	8:34	00:26:38.18	174	8:30	00:26:27.03	8:32	00:53:05.21
171	247/598	17/29	85	Kenneth Carsten	M	49	Melville	NY	178	8:36	00:26:44.24	175	8:32	00:26:31.73	8:34	00:53:15.97
172	248/598	22/45	67	Martin Buchman	M	55	Stony Brook	NY	186	8:48	00:27:21.18	158	8:20	00:25:55.39	8:34	00:53:16.57
173	250/598	19/33	358	Michael Minerva	M	43	Sayville	NY	166	8:28	00:26:20.99	181	8:40	00:26:57.82	8:34	00:53:18.81
174	252/598	7/22	221	Paul Hammond	M	47	North Merrick	NY	157	8:17	00:25:45.73	202	8:54	00:27:39.90	8:35	00:53:25.64
175	253/598	11/15	196	Justin Gershowitz	M	34	Wantagh	NY	189	8:52	00:27:34.20	157	8:19	00:25:52.15	8:35	00:53:26.36
176	254/598	23/45	380	Bill Niedfeld	M	55	Seaford	NY	179	8:37	00:26:46.94	177	8:34	00:26:39.59	8:36	00:53:26.53
177	255/598	8/22	356	Rob Miller	M	35	Wantagh	NY	188	8:52	00:27:34.19	159	8:21	00:25:57.40	8:36	00:53:31.60
178	257/598	11/12	189	Michael Galeotafiore	M	25	N. Massapequa	NY	167	8:29	00:26:23.69	187	8:45	00:27:11.20	8:37	00:53:34.89
179	259/598	13/29	194	Robert Genovese	M	61	Baldwin	NY	183	8:47	00:27:19.17	168	8:27	00:26:16.72	8:37	00:53:35.89
180	260/598	18/29	662	Mark Bernstein	M	48	Melville	NY	165	8:27	00:26:17.51	191	8:47	00:27:18.87	8:37	00:53:36.39

Aspire 10K Run

March 28, 2015

Overall Results - Male

Place	Overall Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
181	261/598	29/34	538	Patrick White	M	39	Massapequa	NY	184	8:47	00:27:19.37	171	8:28	00:26:19.77	8:38	00:53:39.14
182	262/598	24/45	110	Bill Crispino	M	56	Freeport	NY	191	8:53	00:27:36.29	162	8:24	00:26:08.53	8:38	00:53:44.82
183	264/598	14/29	586	Robert Elsener	M	60	E.northport	NY	163	8:25	00:26:09.24	204	8:55	00:27:42.51	8:40	00:53:51.75
184	265/598	15/29	268	Leonard Kaufman	M	64	Plainview	NY	180	8:40	00:26:58.74	183	8:41	00:26:59.82	8:41	00:53:58.56
185	267/598	25/45	636	Kevin Wizbicki	M	55	East Meadow	NY	168	8:30	00:26:27.16	198	8:51	00:27:31.70	8:41	00:53:58.87
186	268/598	9/22	292	Jeremy Lally	M	39	Hauppauge	NY	182	8:43	00:27:07.74	185	8:42	00:27:03.53	8:43	00:54:11.27
187	269/598	19/29	230	Gudmundur Heidarsson	M	48	Massapequa	NY	174	8:34	00:26:37.97	200	8:52	00:27:34.50	8:43	00:54:12.48
188	272/598	30/34	93	Bryan Chasen	M	35	Plainview	NY	158	8:18	00:25:47.48	224	9:10	00:28:31.27	8:44	00:54:18.75
189	273/598	23/36	579	William Raftery	M	52	East Islip	NY	181	8:41	00:26:59.83	192	8:48	00:27:21.76	8:44	00:54:21.59
190	278/598	24/36	236	Alan Hlavenka	M	54	Seaford	NY	195	8:54	00:27:39.71	186	8:44	00:27:09.68	8:49	00:54:49.39
191	280/598	20/33	305	Michael Lettera	M	44	Westbury	NY	204	9:04	00:28:11.49	179	8:35	00:26:43.06	8:50	00:54:54.55
192	281/598	31/34	329	Ontiretse Manyala	M	38	Middle Island	NY	196	8:54	00:27:41.13	188	8:45	00:27:14.01	8:50	00:54:55.14
193	282/598	9/24	628	Len Oppenheimer	M	47	Hewlett	NY	200	8:58	00:27:54.59	184	8:41	00:27:00.80	8:50	00:54:55.39
194	283/598	4/14	278	Richard Kleiman	M	68	Plainview	NY	190	8:52	00:27:34.30	194	8:49	00:27:24.98	8:50	00:54:59.28
195	286/598	26/45	377	Harlan Nebenhaus	M	55	Manhasset	NY	187	8:52	00:27:33.79	196	8:50	00:27:27.04	8:51	00:55:00.83
196	289/598	21/33	596	Mike Heyer	M	40	Hicksville	NY	201	9:00	00:27:58.67	190	8:46	00:27:16.97	8:53	00:55:15.64
197	290/598	10/24	32	Richard Barkan	M	50	Long Beach	NY	199	8:57	00:27:49.92	197	8:51	00:27:30.72	8:54	00:55:20.64
198	291/598	7/15	589	Arthur Weisberg	M	70	Larchmont	NY	211	9:12	00:28:37.99	180	8:37	00:26:49.40	8:55	00:55:27.39
199	294/598	16/29	343	James Mcdougall	M	60	Lake Ronkonkoma	NY	202	9:00	00:28:00.80	199	8:52	00:27:32.93	8:56	00:55:33.73
200	296/598	17/29	223	Philip Handy	M	60	Syosset	NY	194	8:53	00:27:38.26	209	9:00	00:27:58.52	8:56	00:55:36.79
201	297/598	10/22	441	Samuel Rudman	M	47	Melville	NY	203	9:01	00:28:02.33	201	8:53	00:27:37.00	8:57	00:55:39.33
202	299/598	11/24	269	Tom Keady	M	32	Wantagh	NY	185	8:47	00:27:19.49	220	9:07	00:28:22.04	8:57	00:55:41.54
203	301/598	18/29	133	Drew Demasters	M	60	Elmhurst	NY	193	8:53	00:27:37.46	219	9:06	00:28:17.19	8:59	00:55:54.65
204	302/598	19/29	25	Napoleon Arthus	M	63	Glen Head	NY	210	9:10	00:28:29.65	195	8:49	00:27:25.25	8:59	00:55:54.91
205	304/598	12/24	489	Robert Stefanik	M	49	Garden City	NY	198	8:56	00:27:45.74	215	9:04	00:28:10.40	9:00	00:55:56.15
206	305/598	27/45	216	Bill Guichard	M	59	Melville	NY	197	8:55	00:27:43.37	216	9:04	00:28:12.97	9:00	00:55:56.35
207	307/598	11/22	68	Andrew Budris	M	40	Bellport	NY	209	9:07	00:28:20.45	205	8:56	00:27:47.66	9:02	00:56:08.12
208	312/598	20/29	2	Steven Jonas	M	64	Woodbury	NY	217	9:17	00:28:52.44	193	8:49	00:27:24.19	9:03	00:56:16.63
209	313/598	28/45	482	Scott Sparr	M	56	Massapequa	NY	207	9:06	00:28:17.20	210	9:01	00:28:01.44	9:03	00:56:18.64
210	314/598	29/45	81	Salvatore Carretta Jr.	M	58	Yonkers	NY	208	9:06	00:28:18.42	214	9:03	00:28:07.22	9:04	00:56:25.64
211	319/598	12/15	33	Jonathan Barracca	M	30	Maspeth	NY	214	9:13	00:28:40.86	206	8:58	00:27:53.88	9:06	00:56:34.75
212	320/598	13/24	488	John Stauber	M	54	North Massapequa	NY	212	9:13	00:28:39.23	208	8:59	00:27:56.05	9:06	00:56:35.28
213	321/598	30/45	245	Ed Huether	M	58	Farmingdale	NY	206	9:05	00:28:15.75	221	9:07	00:28:22.20	9:06	00:56:37.95
214	322/598	31/45	132	Brian Demasters	M	56	Mineola	NY	192	8:53	00:27:37.24	233	9:20	00:29:01.41	9:06	00:56:38.66
215	329/598	12/22	409	Carson Pohlman	M	53	St James	NY	220	9:20	00:29:02.44	207	8:58	00:27:54.24	9:09	00:56:56.69
216	330/598	20/29	552	Howie Zwang	M	48	Great Neck	NY	249	9:39	00:30:02.00	182	8:41	00:26:58.89	9:10	00:57:00.89

Aspire 10K Run

March 28, 2015

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
217	331/598	21/29	27	Scott Ash	M	48	Greenlawn	NY	228	9:27	00:29:22.21	203	8:54	00:27:39.93	9:10	00:57:02.15
218	334/598	13/22	422	Eric Reisch	M	36	Dix Hills	NY	219	9:20	00:29:02.24	213	9:02	00:28:06.74	9:11	00:57:08.98
219	335/598	14/22	48	Jarred Berman	M	25	Merrick	NY	255	9:50	00:30:33.66	178	8:35	00:26:40.48	9:12	00:57:14.15
220	338/598	22/29	267	Jason Katz	M	48	Plainview	NY	229	9:27	00:29:22.42	211	9:02	00:28:05.93	9:14	00:57:28.36
221	339/598	13/15	226	Evan Hay	M	31	West Islip	NY	215	9:14	00:28:43.50	227	9:15	00:28:45.14	9:14	00:57:28.64
222	343/598	25/36	560	Richard Dauman	M	52	Old Bethpage	NY	227	9:26	00:29:21.59	222	9:08	00:28:24.94	9:17	00:57:46.53
223	346/598	21/29	384	Daniel O'donnell	M	62	Smithtown	NY	218	9:18	00:28:54.99	231	9:18	00:28:56.59	9:18	00:57:51.59
224	347/598	26/36	408	Mark Plotkin	M	50	Plainview	NY	235	9:32	00:29:38.99	218	9:05	00:28:15.50	9:19	00:57:54.50
225	348/598	32/45	382	Robert Nikodem	M	55	Huntington	NY	222	9:22	00:29:07.12	229	9:16	00:28:48.13	9:19	00:57:55.26
226	349/598	33/45	316	Thomas Lucie	M	57	W. Islip	NY	226	9:23	00:29:11.57	230	9:17	00:28:51.33	9:20	00:58:02.90
227	350/598	5/14	234	Gabriel Hickey	M	66	Bethpage	NY	216	9:16	00:28:49.99	240	9:25	00:29:16.84	9:21	00:58:06.83
228	353/598	14/24	306	Steven Levy	M	41	Dix Hills	NY	250	9:42	00:30:08.55	212	9:02	00:28:06.03	9:22	00:58:14.58
229	354/598	8/15	270	Hubert Keen	M	70	Farmingdale	NY	239	9:35	00:29:48.74	223	9:09	00:28:27.24	9:22	00:58:15.99
230	357/598	6/14	436	Vic Rossi	M	68	Hauppauge	NY	224	9:22	00:29:07.73	238	9:23	00:29:10.81	9:23	00:58:18.55
231	359/598	34/45	381	Ray Nieves	M	57	Westbury	NY	221	9:21	00:29:05.98	241	9:25	00:29:18.42	9:23	00:58:24.40
232	360/598	15/22	340	Peter Mcatee	M	69	Massapequa	NY	231	9:27	00:29:24.65	234	9:21	00:29:03.74	9:24	00:58:28.40
233	362/598	22/33	184	Scott Friedman	M	44	Plainview	NY	232	9:29	00:29:30.75	232	9:19	00:28:58.37	9:24	00:58:29.13
234	364/598	16/22	63	Michael Broderick	M	50	Hicksville	NY	223	9:22	00:29:07.13	244	9:27	00:29:24.73	9:25	00:58:31.86
235	365/598	23/29	527	Keith Wagner	M	48	Manorville	NY	245	9:38	00:29:57.92	225	9:11	00:28:34.23	9:25	00:58:32.15
236	366/598	27/36	582	Mark Brozek	M	51	Huntington	NY	213	9:13	00:28:40.25	255	9:39	00:30:01.14	9:26	00:58:41.39
237	367/598	28/36	663	Robert Rate	M	50	Selden	NY	225	9:22	00:29:08.49	246	9:31	00:29:34.65	9:26	00:58:43.15
238	371/598	5/6	602	Roberto Bastaniac	M	19	Patchogue	NY	241	9:37	00:29:54.22	236	9:21	00:29:04.17	9:29	00:58:58.40
239	372/598	23/33	619	Joshua Parez	M	41	Ronkonkoma	NY	243	9:38	00:29:56.79	235	9:21	00:29:03.94	9:29	00:59:00.73
240	373/598	35/45	160	Clifford Ejkeme	M	56	Dix Hills	NY	253	9:46	00:30:21.75	226	9:13	00:28:39.17	9:29	00:59:00.92
241	374/598	14/15	124	Ryan David	M	30	Bronx	NY	237	9:33	00:29:42.24	242	9:26	00:29:21.54	9:30	00:59:03.79
242	376/598	22/29	206	Ehud Golos	M	64	East Hills	NY	252	9:45	00:30:19.36	228	9:15	00:28:47.25	9:30	00:59:06.62
243	377/598	24/33	58	Bill Brake	M	42	Plainview	NY	262	9:57	00:30:55.00	217	9:05	00:28:13.52	9:31	00:59:08.52
244	380/598	25/33	44	Jim Benson	M	44	Brooklyn Park	MN	247	9:39	00:29:59.99	239	9:24	00:29:12.66	9:31	00:59:12.65
245	381/598	15/24	495	Joseph Suprenant	M	42	North Babylon	NY	251	9:43	00:30:13.62	237	9:23	00:29:09.52	9:33	00:59:23.14
246	383/598	1/5	224	Jack Hanley	M	79	Babylon	NY	240	9:37	00:29:53.10	248	9:32	00:29:38.18	9:34	00:59:31.28
247	384/598	29/36	231	Mark Heiman	M	51	Plainview	NY	236	9:33	00:29:40.75	254	9:38	00:29:56.01	9:35	00:59:36.76
248	385/598	7/14	351	William Meisner	M	66	Plainview	NY	233	9:30	00:29:32.00	257	9:41	00:30:05.65	9:35	00:59:37.65
249	386/598	30/36	453	Dan Scarangella	M	50	Levittown	NY	246	9:38	00:29:58.75	249	9:33	00:29:40.40	9:35	00:59:39.15
250	388/598	17/22	387	Rich O'neill	M	48	Center Moriches	NY	244	9:38	00:29:57.10	251	9:34	00:29:45.74	9:36	00:59:42.85
251	390/598	32/34	46	Jonathan Bergman	M	39	Glen Head	NY	248	9:39	00:30:01.62	253	9:37	00:29:53.02	9:38	00:59:54.64
252	391/598	16/24	54	Spiros Botos	M	35	Oceanside	NY	254	9:48	00:30:28.25	245	9:30	00:29:32.88	9:39	01:00:01.13

Aspire 10K Run

March 28, 2015

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
253	392/598	8/14	664	Patrick Horan	M	65	East Norwich	NY	230	9:27	00:29:23.00	260	9:52	00:30:39.35	9:39	01:00:02.35
254	396/598	18/22	328	Howie Mann	M	60	Roslyn Heights	NY	261	9:56	00:30:52.39	247	9:31	00:29:35.95	9:43	01:00:28.34
255	397/598	17/24	421	Tom Ratto	M	59	Sayville	NY	267	10:03	00:31:14.50	243	9:27	00:29:22.65	9:45	01:00:37.15
256	399/598	24/29	677	Mark Temkin	M	47	Plainview	NY	242	9:38	00:29:56.70	264	10:00	00:31:07.19	9:49	01:01:03.89
257	403/598	9/14	550	Perry Zeichner	M	66	Brightwaters	NY	238	9:34	00:29:43.74	267	10:08	00:31:29.41	9:51	01:01:13.16
258	404/598	26/33	401	Rey Paulemont	M	43	Medford	NY	234	9:31	00:29:34.24	268	10:11	00:31:41.40	9:51	01:01:15.65
259	405/598	9/15	594	George Hubbard	M	74	Farmingville	NY	264	10:01	00:31:09.50	259	9:42	00:30:09.39	9:52	01:01:18.89
260	406/598	19/22	299	Linc Leder	M	38	Melville	NY	271	10:10	00:31:35.50	250	9:34	00:29:45.40	9:52	01:01:20.91
261	410/598	23/29	165	Jesus Estaba	M	60	Brooklyn	NY	257	9:51	00:30:36.71	262	9:58	00:30:59.44	9:54	01:01:36.16
262	411/598	36/45	203	Jed Golden	M	59	Floral Park	NY	260	9:54	00:30:46.00	261	9:56	00:30:52.85	9:55	01:01:38.85
263	413/598	37/45	325	Charles Mandelbaum	M	58	Great Neck	NY	259	9:53	00:30:44.65	263	9:59	00:31:02.25	9:56	01:01:46.91
264	420/598	27/33	326	Jason Mandra	M	42	Bethpage	NY	277	10:22	00:32:13.50	258	9:41	00:30:07.95	10:02	01:02:21.45
265	421/598	20/22	60	Russell Breiter	M	54	Plainview	NY	283	10:27	00:32:30.60	252	9:36	00:29:51.70	10:02	01:02:22.30
266	426/598	38/45	198	Lawrence Giordano	M	58	Massapequa	NY	265	10:02	00:31:11.18	266	10:06	00:31:24.32	10:04	01:02:35.51
267	432/598	28/33	282	Micah Korn	M	44	South Huntington	NY	269	10:04	00:31:19.34	270	10:14	00:31:49.28	10:09	01:03:08.62
268	433/598	12/12	415	Steven Purvin	M	25	East Meadow	NY	256	9:50	00:30:33.86	278	10:31	00:32:41.55	10:10	01:03:15.41
269	435/598	18/24	371	Dermot Murphy	M	57	Massapequa	NY	268	10:03	00:31:15.67	272	10:23	00:32:15.90	10:13	01:03:31.57
270	437/598	31/36	90	David Chan	M	54	Holbrook	NY	280	10:24	00:32:20.85	265	10:02	00:31:12.06	10:13	01:03:32.91
271	438/598	32/36	285	Larry Kurtzman	M	52	Plainview	NY	263	9:57	00:30:57.20	277	10:31	00:32:41.46	10:14	01:03:38.66
272	444/598	2/5	311	Octavio Lopez	M	75	Brooklyn	NY	266	10:02	00:31:11.38	279	10:32	00:32:44.75	10:17	01:03:56.13
273	445/598	29/33	595	Todd Weinstein	M	42	East Meadow	NY	278	10:23	00:32:17.18	269	10:13	00:31:45.26	10:18	01:04:02.44
274	446/598	10/14	578	David Balsley	M	67	Bayville	NY							10:18	01:04:04.69
275	449/598	19/24	16	Brian Albert	M	49	Massapequa	NY	276	10:19	00:32:03.50	273	10:23	00:32:17.91	10:21	01:04:21.41
276	450/598	11/14	630	Christopher Miceli	M	69	Williston Park	NY	270	10:06	00:31:23.50	282	10:40	00:33:10.40	10:23	01:04:33.90
277	455/598	3/5	353	Jose Mendez	M	76	Brentwood	NY	272	10:11	00:31:39.73	283	10:41	00:33:12.87	10:26	01:04:52.60
278	456/598	33/34	126	Loren Debel	M	35	Melville	NY	279	10:24	00:32:19.62	276	10:29	00:32:34.55	10:26	01:04:54.18
279	457/598	39/45	442	Gerard Ruiz	M	55	Hicksville	NY	273	10:14	00:31:49.48	281	10:39	00:33:07.18	10:27	01:04:56.66
280	458/598	25/29	106	Vincent Corrado	M	48	Massapequa	NY	281	10:26	00:32:25.94	275	10:27	00:32:30.91	10:27	01:04:56.86
281	462/598	30/33	331	Michael Manzo	M	43	Plainview	NY	285	10:32	00:32:45.93	274	10:25	00:32:22.74	10:29	01:05:08.67
282	465/598	12/14	109	Howard Cragg	M	67	Bethpage	NY	274	10:16	00:31:54.75	287	10:42	00:33:17.38	10:29	01:05:12.13
283	466/598	13/14	354	Alan Mensch	M	68	Melville	NY	289	10:40	00:33:09.95	271	10:20	00:32:08.66	10:30	01:05:18.61
284	467/598	40/45	427	Richard Rise	M	58	Glen Cove	NY	306	11:20	00:35:15.84	256	9:40	00:30:03.78	10:30	01:05:19.63
285	470/598	4/5	240	John Horan	M	75	Freeport	NY	275	10:18	00:32:00.60	292	10:51	00:33:43.00	10:34	01:05:43.60
286	472/598	41/45	464	Thomas Scollo	M	57	North Massapequa	NY	282	10:26	00:32:26.97	290	10:47	00:33:32.19	10:37	01:05:59.17
287	473/598	33/36	79	Richard Carlson	M	51	Merrick	NY	291	10:44	00:33:22.97	280	10:32	00:32:45.19	10:38	01:06:08.16
288	474/598	21/22	152	Timothy Droge	M	60	North Merrick	NY	284	10:31	00:32:43.50	288	10:45	00:33:25.69	10:38	01:06:09.19

Aspire 10K Run

March 28, 2015

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
289	477/598	10/15	537	Diarmuid White	M	72	Douglaston	NY	286	10:34	00:32:51.20	289	10:47	00:33:31.96	10:40	01:06:23.17
290	484/598	42/45	418	Mike Randone	M	56	S. Huntington	NY	288	10:39	00:33:06.77	295	10:58	00:34:06.04	10:48	01:07:12.81
291	486/598	34/36	675	Jeffrey Rosenking	M	53	Westbury	NY	292	10:57	00:34:01.47	285	10:42	00:33:15.21	10:49	01:07:16.69
292	487/598	20/24	290	Mike Laforgia	M	49	Smithtown	NY	293	10:57	00:34:01.67	286	10:42	00:33:15.42	10:49	01:07:17.10
293	490/598	43/45	207	Chris Gommlich	M	56	East Northport	NY	287	10:39	00:33:06.60	298	11:07	00:34:33.93	10:53	01:07:40.53
294	491/598	35/36	24	Joey Arken	M	53	Albertson	NY	258	9:52	00:30:40.50	308	11:56	00:37:05.04	10:54	01:07:45.54
295	493/598	36/36	469	Robert Shaller	M	53	Douglaston	NY	290	10:42	00:33:15.75	300	11:08	00:34:36.67	10:55	01:07:52.42
296	494/598	44/45	591	Lance Margolin	M	56	Woodbury	NY	296	11:02	00:34:19.70	291	10:49	00:33:38.86	10:56	01:07:58.56
297	498/598	26/29	420	Tomas Ratas	M	45	Plainview	NY	303	11:17	00:35:04.76	284	10:42	00:33:14.94	10:59	01:08:19.70
298	502/598	14/14	411	Steven Polansky	M	68	Carmichael	CA	302	11:15	00:34:57.67	293	10:55	00:33:55.51	11:05	01:08:53.18
299	506/598	31/33	521	Anthony Venticinque	M	40	Lindenhurst	NY	304	11:17	00:35:06.24	294	10:56	00:33:59.12	11:07	01:09:05.37
300	509/598	11/15	28	Richard Astarita	M	71	Babylon	NY	298	11:11	00:34:46.87	296	11:04	00:34:24.39	11:08	01:09:11.27
301	511/598	24/29	404	Domingo Perez	M	63	Corona	NY	295	10:58	00:34:05.25	301	11:21	00:35:16.18	11:09	01:09:21.44
302	512/598	1/4	365	Carlos Morales	M	80	Corona	NY	294	10:57	00:34:03.75	302	11:21	00:35:17.89	11:09	01:09:21.65
303	514/598	21/24	212	John Green	M	58	Port Jefferson	NY	300	11:13	00:34:53.60	297	11:07	00:34:33.83	11:10	01:09:27.44
304	515/598	27/29	569	Andrew Warsaw	M	47	Coram	NY	299	11:13	00:34:52.17	299	11:08	00:34:35.81	11:10	01:09:27.98
305	519/598	22/22	407	Edward Petry	M	62	Port Jefferson Station	NY	301	11:14	00:34:56.76	303	11:32	00:35:50.10	11:23	01:10:46.86
306	532/598	22/24	479	Doug Softy	M	59	Bethpage	NY	308	11:38	00:36:09.69	309	11:59	00:37:15.97	11:48	01:13:25.66
307	533/598	25/29	457	Allan Schneider	M	62	Great Neck	NY	309	11:46	00:36:36.38	306	11:55	00:37:03.09	11:51	01:13:39.48
308	534/598	4/7	458	Jamie Schneider	M	24	Great Neck	NY	310	11:47	00:36:36.76	307	11:55	00:37:03.92	11:51	01:13:40.68
309	535/598	26/29	609	Mark Gallop	M	64	W Islip	NY	307	11:21	00:35:17.67	315	12:21	00:38:23.21	11:51	01:13:40.88
310	536/598	5/7	622	Michael Zweroff	M	24	Manorville	NY	305	11:19	00:35:10.33	316	12:23	00:38:30.55	11:51	01:13:40.89
311	538/598	2/4	168	Geza Feld	M	81	Farmingdale	NY	297	11:09	00:34:38.73	318	12:34	00:39:05.20	11:51	01:13:43.93
312	541/598	27/29	333	Tony Marcus	M	63	Holbrook	NY	314	11:59	00:37:16.88	304	11:48	00:36:40.47	11:54	01:13:57.35
313	544/598	2/2	139	Nick Digaetano	M	14	Lindenhurst	NY	312	11:52	00:36:54.69	310	12:00	00:37:19.76	11:56	01:14:14.45
314	545/598	32/33	138	Joe Digaetano	M	43	Lindenhurst	NY	313	11:52	00:36:54.89	311	12:01	00:37:20.68	11:57	01:14:15.58
315	547/598	12/15	119	Jacob Cysner	M	72	Forest Hills	NY	311	11:49	00:36:44.26	317	12:23	00:38:31.03	12:06	01:15:15.30
316	548/598	28/29	605	Eric Bruno	M	45	Shirley	NY	317	12:20	00:38:19.60	305	11:55	00:37:01.79	12:07	01:15:21.39
317	553/598	29/29	144	Brian Dobkin	M	49	New Hyde Park	NY	316	12:05	00:37:34.19	312	12:18	00:38:13.18	12:11	01:15:47.37
318	554/598	23/24	310	William Lofmark	M	56	Lake Ronkonkoma	NY	315	12:05	00:37:32.76	313	12:18	00:38:14.68	12:11	01:15:47.44
319	560/598	13/15	349	Myron Medine	M	72	Rego Park	NY	318	12:25	00:38:37.71	323	12:53	00:40:04.10	12:39	01:18:41.82
320	561/598	3/4	136	George Devoe	M	82	Hauppauge	NY	320	12:37	00:39:14.19	320	12:42	00:39:29.51	12:40	01:18:43.70
321	562/598	45/45	585	Steven Millon	M	55	East Meadow	NY	319	12:35	00:39:06.10	322	12:50	00:39:53.28	12:42	01:18:59.38
322	563/598	28/29	516	Warren Vandewater	M	60	North Bellmore	NY	323	13:08	00:40:49.77	314	12:19	00:38:18.12	12:44	01:19:07.89
323	565/598	14/15	164	Doug Escher	M	70	Garden City	NY	321	12:51	00:39:56.88	319	12:41	00:39:26.06	12:46	01:19:22.95
324	566/598	15/15	254	James Israel	M	70	Brooklyn	NY	322	13:01	00:40:28.67	321	12:44	00:39:34.72	12:52	01:20:03.39

Aspire 10K Run

March 28, 2015

Overall Results - Male

Place	Overall Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
325	573/598	24/24	145	Gordon Dollack	M	62	N Babylon	NY	324	13:31	00:42:00.10	324	13:23	00:41:36.60	13:27	01:23:36.71
326	575/598	1/1	255	Bert Jablon	M	88	Syosset	NY	328	14:02	00:43:36.28	325	13:58	00:43:26.18	14:00	01:27:02.47
327	576/598	34/34	673	Stephen Sprague	M	37	Oceanside	NY	327	13:39	00:42:26.34	326	14:23	00:44:42.29	14:01	01:27:08.63
328	577/598	33/33	607	John Ferro	M	42	Shirley	NY	325	13:36	00:42:17.39	328	14:47	00:45:58.05	14:12	01:28:15.44
329	581/598	15/15	643	Matthew Romano	M	33	Bethpage	NY	326	13:38	00:42:23.70	331	15:39	00:48:39.49	14:39	01:31:03.19
330	583/598	5/5	232	Norman Hershkowitz	M	76	North Massapequa	NY	329	15:01	00:46:41.92	327	14:36	00:45:22.81	14:49	01:32:04.73
331	585/598	6/7	611	Eric Gunderson	M	23	Medford	NY	332	15:15	00:47:24.22	329	14:51	00:46:09.78	15:03	01:33:34.00
332	587/598	6/6	615	Shane Kennedy	M	16	West Babylon	NY	331	15:13	00:47:17.68	330	14:53	00:46:17.06	15:03	01:33:34.74
333	591/598	4/4	335	Frank Martin	M	80	Bay Shore	NY	330	15:07	00:46:59.43	332	16:00	00:49:44.97	15:34	01:36:44.40
334	596/598	7/7	620	Michael Sanders	M	21	Wading River	NY							16:47	01:44:18.71
335	598/598	29/29	654	Steve Cuomo	M	63	Shirley	NY							16:49	01:44:32.70