

Aspire 10K Run

March 28, 2015

Overall Division Results

10K

Female Overall Winner

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	12/598	1/263	157	Betsy Eickelberg	23	F	Leonia	NJ	6:05	00:37:54.10

Male Overall Winner

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	1/598	1/335	577	Aaron Robertson	36	M	Melville	NY	5:34	00:34:41.36

Female Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	35/598	4/263	64	Una Broderick	48	F	Wantagh	NY	6:28	00:40:16.65

Male Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	9/598	9/335	218	Keith Guilfoyle	48	M	Commack	NY	5:59	00:37:14.96

Female Athena 140-159

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	150/598	36/263	446	Dionida Ryce	46	F	Valley Stream	NY	7:43	00:48:00.84
2	271/598	84/263	108	Caroline Cosgrove	34	F	Oyster Bay	NY	8:43	00:54:15.71
3	315/598	105/263	432	Maria Romano	56	F	Jamaica	NY	9:04	00:56:25.64
4	327/598	113/263	161	Vanessa Elbaum	52	F	Melville	NY	9:09	00:56:53.82
5	340/598	119/263	279	Dawn Konopka	35	F	Ridge	NY	9:15	00:57:31.31
6	417/598	154/263	35	Diana Bass	46	F	Plainview	NY	10:00	01:02:09.72
7	464/598	183/263	134	Sheetal Deo	34	F	Bayside	NY	10:29	01:05:10.91
8	495/598	199/263	200	Jeannie Glienna	30	F	Flushing	NY	10:56	01:08:01.92
9	513/598	211/263	462	Jacqueline Schwartz	22	F	Glen Head	NY	11:10	01:09:27.18

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Overall Division Results

10K

Male Clydesdale 185-199

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	40/598	35/335	154	John Dullaghan	38	M	East Northport	NY	6:33	00:40:42.86
2	63/598	52/335	99	John Clifford	51	M	Seaford	NY	6:56	00:43:05.69
3	154/598	116/335	544	Adam Wolf	40	M	Huntington	NY	7:46	00:48:21.83
4	165/598	121/335	383	Seth Novick	30	M	Huntington	NY	7:50	00:48:46.63
5	196/598	140/335	96	Charles Ciarfello	44	M	Smithtown	NY	8:04	00:50:12.38
6	217/598	158/335	69	John Burrell	39	M	Deer Park	NY	8:19	00:51:43.32
7	252/598	174/335	221	Paul Hammond	47	M	North Merrick	NY	8:35	00:53:25.64
8	255/598	177/335	356	Rob Miller	35	M	Wantagh	NY	8:36	00:53:31.60
9	268/598	186/335	292	Jeremy Lally	39	M	Hauppauge	NY	8:43	00:54:11.27
10	297/598	201/335	441	Samuel Rudman	47	M	Melville	NY	8:57	00:55:39.33
11	307/598	207/335	68	Andrew Budris	40	M	Bellport	NY	9:02	00:56:08.12
12	329/598	215/335	409	Carson Pohlman	53	M	St James	NY	9:09	00:56:56.69
13	334/598	218/335	422	Eric Reisch	36	M	Dix Hills	NY	9:11	00:57:08.98
14	335/598	219/335	48	Jarred Berman	25	M	Merrick	NY	9:12	00:57:14.15
15	360/598	232/335	340	Peter Mcatee	69	M	Massapequa	NY	9:24	00:58:28.40
16	364/598	234/335	63	Michael Broderick	50	M	Hicksville	NY	9:25	00:58:31.86
17	388/598	250/335	387	Rich O'Neill	48	M	Center Moriches	NY	9:36	00:59:42.85
18	396/598	254/335	328	Howie Mann	60	M	Roslyn Heights	NY	9:43	01:00:28.34
19	406/598	260/335	299	Linc Leder	38	M	Melville	NY	9:52	01:01:20.91
20	421/598	265/335	60	Russell Breiter	54	M	Plainview	NY	10:02	01:02:22.30
21	474/598	288/335	152	Timothy Droge	60	M	North Merrick	NY	10:38	01:06:09.19
22	519/598	305/335	407	Edward Petry	62	M	Port Jefferson Static	NY	11:23	01:10:46.86

Female Athena 160+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	400/598	144/263	548	Chrystie Young	36	F	Franklin Square	NY	9:49	01:01:05.30
2	412/598	150/263	72	Alaine Caccavallo	33	F	Floral Park	NY	9:56	01:01:43.66
3	508/598	209/263	681	Jeanne Lambert	38	F	Hicksville	NY	11:07	01:09:09.85
4	520/598	215/263	514	Petra Valentin	49	F	Queens Village	NY	11:26	01:11:05.43
5	550/598	234/263	193	Lesley Gendelman	33	F	Tenafly	NJ	12:09	01:15:33.94
6	551/598	235/263	39	Gigi Becker	41	F	Huntington Station	NY	12:09	01:15:36.19
7	569/598	245/263	233	Paula Heuschneider	48	F	Bethpage	NY	13:17	01:22:35.29
8	594/598	261/263	364	Susan Monetti	55	F	Lindenhurst	NY	16:16	01:41:08.40

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Male Clydesdale 200+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	80/598	64/335	355	Daniel Metzger	40	M	Oceanside	NY	7:09	00:44:30.12
2	127/598	98/335	272	John Keichline	50	M	Plainview	NY	7:34	00:47:03.12
3	174/598	126/335	259	Rick Johnson	57	M	Kings Park	NY	7:54	00:49:09.22
4	187/598	133/335	219	Anthony Guluzzi	29	M	Massapequa	NY	8:00	00:49:46.84
5	194/598	138/335	181	Paul Franciotti	60	M	East Meadow	NY	8:03	00:50:01.86
6	206/598	149/335	435	Steve Rossi	34	M	Hauppauge	NY	8:10	00:50:48.20
7	208/598	151/335	265	Steve Juchem	45	M	N Bellmore	NY	8:10	00:50:50.13
8	236/598	164/335	528	Lloyd Wagner	57	M	Plainview	NY	8:28	00:52:40.13
9	282/598	193/335	628	Len Oppenheimer	47	M	Hewlett	NY	8:50	00:54:55.39
10	290/598	197/335	32	Richard Barkan	50	M	Long Beach	NY	8:54	00:55:20.64
11	299/598	202/335	269	Tom Keady	32	M	Wantagh	NY	8:57	00:55:41.54
12	304/598	205/335	489	Robert Stefanik	49	M	Garden City	NY	9:00	00:55:56.15
13	320/598	212/335	488	John Stauber	54	M	North Massapequa	NY	9:06	00:56:35.28
14	353/598	228/335	306	Steven Levy	41	M	Dix Hills	NY	9:22	00:58:14.58
15	381/598	245/335	495	Joseph Suprenant	42	M	North Babylon	NY	9:33	00:59:23.14
16	391/598	252/335	54	Spiros Botos	35	M	Oceanside	NY	9:39	01:00:01.13
17	397/598	255/335	421	Tom Ratto	59	M	Sayville	NY	9:45	01:00:37.15
18	435/598	269/335	371	Dermot Murphy	57	M	Massapequa	NY	10:13	01:03:31.57
19	449/598	275/335	16	Brian Albert	49	M	Massapequa	NY	10:21	01:04:21.41
20	487/598	292/335	290	Mike Laforgia	49	M	Smithtown	NY	10:49	01:07:17.10
21	514/598	303/335	212	John Green	58	M	Port Jefferson	NY	11:10	01:09:27.44
22	532/598	306/335	479	Doug Softy	59	M	Bethpage	NY	11:48	01:13:25.66
23	554/598	318/335	310	William Lofmark	56	M	Lake Ronkonkoma	NY	12:11	01:15:47.44
24	573/598	325/335	145	Gordon Dollack	62	M	N Babylon	NY	13:27	01:23:36.71

Female Ages 01 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	522/598	217/263	603	Belle Bastaniac	14	F	Patchogue	NY	11:28	01:11:21.18

Male Ages 01 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	46/598	39/335	118	Leonardo Cuozzo	14	M	Bellmore	NY	6:41	00:41:34.86
2	544/598	313/335	139	Nick Digaetano	14	M	Lindenhurst	NY	11:56	01:14:14.45

Female Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	51/598	9/263	148	Lauren Dorsky	19	F	Huntington	NY	6:47	00:42:11.86
2	84/598	17/263	395	Antonia Palazzolo	17	F	Commack	NY	7:11	00:44:41.36
3	109/598	24/263	357	Gianna Mincone	16	F	Huntington Station	NY	7:24	00:45:59.12
4	160/598	41/263	396	Alyssa Palumbo	18	F	Dix Hills	NY	7:49	00:48:35.59
5	162/598	43/263	397	Jenna Palumbo	16	F	Dix Hills	NY	7:49	00:48:36.88
6	324/598	110/263	604	Madeline Bastaniac	16	F	Patchogue	NY	9:08	00:56:45.53
7	352/598	125/263	244	Samantha Hubert	18	F	Lindenhurst	NY	9:21	00:58:12.14
8	382/598	137/263	91	Nikki Chase	18	F	Hicksville	NY	9:34	00:59:27.12

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Overall Division Results

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Male Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	13/598	12/335	120	James Dachtile	18	M	Merrick	NY	6:06	00:37:56.10
2	14/598	13/335	655	Ted Oster	17	M	Mastic	NY	6:11	00:38:29.96
3	73/598	60/335	618	Thomas Mihailen	19	M	E Northport	NY	7:02	00:43:44.11
4	88/598	70/335	653	Calvin Arancibia	16	M	Mastic	NY	7:13	00:44:55.15
5	371/598	238/335	602	Roberto Bastaniac	19	M	Patchogue	NY	9:29	00:58:58.40
6	587/598	332/335	615	Shane Kennedy	16	M	West Babylon	NY	15:03	01:33:34.74

Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	118/598	27/263	637	Jenn Booth	20	F	Smithtown	NY	7:28	00:46:29.73
2	409/598	149/263	651	Emma Carpenter	24	F	Farmingdale	NY	9:54	01:01:35.91
3	423/598	158/263	680	Marisa Murphy	23	F	Wantagh	NY	10:03	01:02:31.41
4	451/598	175/263	158	Elizabeth Eilers	21	F	Mastic	NY	10:23	01:04:35.12
5	518/598	214/263	297	Eloisa Leal	21	F	Brentwood	NY	11:19	01:10:21.55
6	584/598	254/263	613	Sarah Hausen	21	F	Wading River	NY	15:03	01:33:33.81
7	595/598	262/263	621	Tara Sanders	21	F	Wading River	NY	16:46	01:44:13.10

Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	72/598	59/335	412	Chris Postol	24	M	Valley Stream	NY	7:02	00:43:43.33
2	119/598	92/335	291	Paul Lagumina	21	M	Massapequa	NY	7:29	00:46:34.35
3	200/598	144/335	632	Joseph Choinski	20	M	E.northport	NY	8:06	00:50:24.30
4	534/598	308/335	458	Jamie Schneider	24	M	Great Neck	NY	11:51	01:13:40.68
5	536/598	310/335	622	Michael Zweroff	24	M	Manorville	NY	11:51	01:13:40.89
6	585/598	331/335	611	Eric Gunderson	23	M	Medford	NY	15:03	01:33:34.00
7	596/598	334/335	620	Michael Sanders	21	M	Wading River	NY	16:47	01:44:18.71

Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	28/598	3/263	283	Victoria Kornieva	27	F	Massapequa	NY	6:20	00:39:27.29
2	64/598	12/263	600	Nicole Unger	27	F	Great Neck	NY	6:57	00:43:11.75
3	94/598	21/263	313	Jill Loveland	29	F	Hicksville	NY	7:17	00:45:16.37
4	128/598	30/263	191	Theresa Gannon	28	F	Farmingdale	NY	7:34	00:47:04.58
5	140/598	33/263	616	Sarah Kirsch	25	F	Setauket	NY	7:39	00:47:33.87
6	159/598	40/263	417	Kristen Randone	26	F	South Huntington	NY	7:48	00:48:34.32
7	161/598	42/263	50	Lisa Bonanni	28	F	Selden	NY	7:49	00:48:36.12
8	191/598	56/263	52	Jessica Bonati	28	F	Patchogue	NY	8:01	00:49:49.46
9	216/598	59/263	499	Brooke Hepp	26	F	Northport	NY	8:16	00:51:26.43
10	258/598	80/263	536	Melissa West	25	F	N Massapequa	NY	8:37	00:53:35.10
11	287/598	92/263	491	Caitlin Stroh	26	F	Mount Sinai	NY	8:51	00:55:03.26
12	328/598	114/263	456	Nina Schlissel	28	F	Jericho	NY	9:09	00:56:53.82
13	393/598	140/263	373	Laurel Murphy	28	F	Medford	NY	9:41	01:00:12.65
14	424/598	159/263	374	Lauren Murphy	26	F	Wantagh	NY	10:03	01:02:31.85
15	442/598	171/263	101	Alexis Colapinto	27	F	Huntington	NY	10:15	01:03:45.66
16	443/598	172/263	256	Robyn Jaffe	28	F	New York	NY	10:15	01:03:45.79
17	505/598	207/263	123	Kathy Daniels	28	F	Lindenhurst	NY	11:07	01:09:05.16
18	542/598	230/263	179	Kaitlyn Flynn	25	F	Mineola	NY	11:54	01:14:00.62
19	543/598	231/263	140	Andrea Digiulio	28	F	Centereach	NY	11:56	01:14:11.81

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Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	2/598	2/335	45	Michael Berger	26	M	Bellmore	NY	5:35	00:34:47.22
2	3/598	3/335	679	Brian Mongeon	29	M	Long Island City	NY	5:36	00:34:51.69
3	7/598	7/335	583	Tom Savarese	26	M	Dix Hills	NY	5:58	00:37:08.35
4	16/598	15/335	478	Matthew Smith	29	M	Port Jefferson	NY	6:12	00:38:32.18
5	20/598	18/335	390	Mitchell Ostrow	27	M	Long Beach	NY	6:12	00:38:36.72
6	47/598	40/335	370	Taylor Mucaria	27	M	Floral Park	NY	6:42	00:41:39.57
7	67/598	55/335	82	Andrew Carrig	28	M	North Babylon	NY	6:58	00:43:22.77
8	121/598	94/335	187	Andrew Fund	25	M	Long Beach	NY	7:29	00:46:35.12
9	224/598	160/335	492	Mike Strom	26	M	Plainview	NY	8:22	00:52:03.24
10	242/598	169/335	141	Frank Dirocco	27	M	South Huntington	NY	8:31	00:52:56.86
11	257/598	178/335	189	Michael Galeotafiore	25	M	N. Massapequa	NY	8:37	00:53:34.89
12	433/598	268/335	415	Steven Purvin	25	M	East Meadow	NY	10:10	01:03:15.41

Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	19/598	2/263	642	Jen Dagan	31	F	Farmingdale	NY	6:12	00:38:36.67
2	48/598	8/263	529	Michele Walker	31	F	Massapequa	NY	6:44	00:41:53.20
3	77/598	15/263	573	Shari Klarfeld	34	F	Plainview	NY	7:05	00:44:04.49
4	92/598	19/263	641	Jessica Petrina	33	F	Old Bethpage	NY	7:15	00:45:08.43
5	125/598	29/263	667	Kiera Stajk	33	F	Ridge	NY	7:33	00:46:57.34
6	223/598	64/263	80	Meg Carrasquillo	30	F	Brooklyn	NY	8:22	00:51:59.78
7	251/598	78/263	366	Grace Moran	30	F	Ronkonkoma	NY	8:35	00:53:21.64
8	263/598	81/263	674	Jessica Norton	31	F	Babylon	NY	8:39	00:53:50.11
9	274/598	85/263	433	Kristen Ropke	31	F	Oyster Bay	NY	8:45	00:54:24.45
10	308/598	101/263	668	Sarina Sarter	34	F	Wantagh	NY	9:02	00:56:12.36
11	318/598	108/263	34	Marisa Barracca	30	F	Maspeth	NY	9:06	00:56:34.14
12	351/598	124/263	104	Lauren Coonan	30	F	Malverne	NY	9:21	00:58:10.32
13	430/598	164/263	450	Jessica Santaniello	30	F	Oceanside	NY	10:09	01:03:06.91
14	463/598	182/263	483	Katie Speiss	33	F	Islip Terrace	NY	10:29	01:05:10.49
15	475/598	187/263	260	Stefanie Johnson	30	F	Valley Stream	NY	10:40	01:06:17.32
16	507/598	208/263	661	Jenny Turzer	34	F	Farmingdale	NY	11:07	01:09:07.61
17	529/598	224/263	195	Giselle Gerardi	32	F	Commack	NY	11:46	01:13:12.27
18	530/598	225/263	197	Lisa Gillard	34	F	Islandia	NY	11:46	01:13:12.43
19	531/598	226/263	480	Laura Softy	30	F	Bethpage	NY	11:48	01:13:25.65

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10K

Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	4/598	4/335	274	Christopher Koegel	31	M	Malverne	NY	5:46	00:35:53.76
2	5/598	5/335	588	Gavin Goldstein	33	M	Dix Hills	NY	5:55	00:36:49.92
3	6/598	6/335	572	Ronald Joseph	31	M	Far Rockaway	NY	5:57	00:37:04.35
4	10/598	10/335	606	Steven Cuomo	32	M	Shirley	NY	6:03	00:37:38.60
5	15/598	14/335	400	Joshua Parsons	30	M	Lynbrook	NY	6:11	00:38:31.58
6	44/598	38/335	36	Matthew Baudier	34	M	Northport	NY	6:36	00:41:05.61
7	56/598	45/335	493	Ryan Sullivan	30	M	Long Beach	NY	6:52	00:42:40.84
8	71/598	58/335	477	Kurt Smith	34	M	Blue Point	NY	7:01	00:43:36.61
9	116/598	90/335	413	Sean Probert	30	M	Babylon	NY	7:28	00:46:25.62
10	144/598	110/335	150	David Drebsky	34	M	Plainview	NY	7:41	00:47:48.19
11	253/598	175/335	196	Justin Gershowitz	34	M	Wantagh	NY	8:35	00:53:26.36
12	319/598	211/335	33	Jonathan Barracca	30	M	Maspeth	NY	9:06	00:56:34.75
13	339/598	221/335	226	Evan Hay	31	M	West Islip	NY	9:14	00:57:28.64
14	374/598	241/335	124	Ryan David	30	M	Bronx	NY	9:30	00:59:03.79
15	581/598	329/335	643	Matthew Romano	33	M	Bethpage	NY	14:39	01:31:03.19

Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	37/598	5/263	257	Lauren Jasinski	38	F	Cold Spring Harbor	NY	6:29	00:40:18.76
2	93/598	20/263	348	Nicole Mcnamara	35	F	Smithtown	NY	7:16	00:45:15.12
3	103/598	23/263	115	Angela Cruz	38	F	Massapequa Park	NY	7:21	00:45:46.53
4	137/598	31/263	359	Katie Mitchell	36	F	Bohemia	NY	7:37	00:47:25.66
5	172/598	48/263	555	Meredith Vogel	36	F	Melville	NY	7:52	00:48:57.38
6	181/598	51/263	213	Christine Grippo	35	F	Locust Valley	NY	7:57	00:49:27.89
7	182/598	52/263	153	Christy Druzynski	38	F	Huntington	NY	7:57	00:49:28.11
8	185/598	54/263	379	Andrea Nerlich	38	F	Huntington	NY	7:58	00:49:33.83
9	276/598	87/263	629	Stacy Ackerman	36	F	Plainview	NY	8:48	00:54:41.77
10	333/598	116/263	302	Michelle Lenski	37	F	Plainview	NY	9:11	00:57:06.87
11	358/598	128/263	346	Lisa Mcmanus	38	F	Plainview	NY	9:23	00:58:21.80
12	363/598	130/263	568	Erin Mcinstrey	38	F	Long Beach	NY	9:25	00:58:31.24
13	379/598	136/263	455	Christine Scheinman	38	F	Commack	NY	9:31	00:59:12.53
14	394/598	141/263	425	Carolyn Richardson	35	F	Port Jefferson Static	NY	9:42	01:00:20.64
15	408/598	148/263	53	Jennifer Bosley	35	F	Islip	NY	9:54	01:01:31.66
16	422/598	157/263	523	Shannon Viggiano	38	F	Floral Park	NY	10:02	01:02:26.54
17	425/598	160/263	70	Samantha Bursztyn	36	F	Woodbury	NY	10:03	01:02:32.41
18	436/598	167/263	103	Kate Conlon	39	F	Holbrook	NY	10:13	01:03:32.60
19	452/598	176/263	266	Amy Katz	37	F	Plainview	NY	10:24	01:04:37.76
20	476/598	188/263	319	Michele Macedonio	39	F	Plainview	NY	10:40	01:06:18.67
21	479/598	190/263	428	Erika Rivera	35	F	Flushing	NY	10:41	01:06:28.97
22	488/598	196/263	476	Jessica Sliwak	38	F	Babylon	NY	10:51	01:07:27.42
23	516/598	212/263	294	Kelly Larkin	36	F	Bayside	NY	11:14	01:09:50.81
24	557/598	239/263	222	Shakiya Hampton	36	F	Elmont	NY	12:19	01:16:35.44
25	578/598	250/263	363	Heather Mondelli	39	F	Wantagh	NY	14:28	01:29:54.22
26	580/598	252/263	448	Lina Sabino Romano	35	F	Bethpage	NY	14:39	01:31:02.98

Aspire 10K Run

March 28, 2015

Overall Division Results

10K

Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	8/598	8/335	496	Mike Talles	38	M	Lindenhurst	NY	5:59	00:37:11.91
2	21/598	19/335	635	Jose Villosa	36	M	Bellport	NY	6:16	00:38:58.83
3	23/598	21/335	652	Trent Hampton	36	M	West Babylon	NY	6:17	00:39:05.11
4	26/598	24/335	403	Jimmy Peck	39	M	Huntington Street	NY	6:19	00:39:21.10
5	30/598	27/335	312	David Lopez-Merlos	36	M	East Northport	NY	6:22	00:39:36.60
6	32/598	29/335	644	Doroteo Soledad	39	M	Water Mill	NY	6:27	00:40:07.94
7	52/598	43/335	307	Ryan Lewis	39	M	New Fairfield	CT	6:48	00:42:17.61
8	59/598	48/335	648	Efren De Los Santos	36	M	Hampton Bays	NY	6:53	00:42:50.11
9	76/598	62/335	575	Michael Mandato	35	M	Northport	NY	7:04	00:44:00.23
10	82/598	66/335	228	Robert Hegedus	38	M	Kew Gardens Hills	NY	7:10	00:44:33.46
11	86/598	68/335	649	Jd Valdespiro	36	M	Hampton Bays	NY	7:13	00:44:50.95
12	90/598	72/335	626	Jason Rodriguez	37	M	Hicksville	NY	7:14	00:44:57.87
13	91/598	73/335	631	Carl Lorenz	36	M	Wantagh	NY	7:15	00:45:04.12
14	105/598	82/335	461	Andrew Schwartz	39	M	Port Washington	NY	7:22	00:45:51.82
15	123/598	96/335	201	Raymond Gogarty	37	M	Deer Park	NY	7:31	00:46:45.12
16	126/598	97/335	18	Sean Alexander	37	M	East Northport	NY	7:33	00:46:57.74
17	130/598	100/335	650	Reginald Hyppolite	39	M	Valley Stream	NY	7:35	00:47:09.36
18	136/598	106/335	116	David Cubero	37	M	East Northport	NY	7:37	00:47:25.52
19	139/598	107/335	475	George Skrepetos	36	M	Flushing	NY	7:38	00:47:28.11
20	149/598	114/335	56	Christopher Boundy	36	M	Coram	NY	7:43	00:47:59.37
21	153/598	115/335	539	Mike Whitman	38	M	Hicksville	NY	7:46	00:48:19.12
22	158/598	119/335	220	Andrew Hafele	35	M	Bay Shore	NY	7:48	00:48:29.18
23	173/598	125/335	320	Sean Mahoney	38	M	Smithtown	NY	7:54	00:49:05.76
24	176/598	127/335	593	Barry Molof	35	M	Plainview	NY	7:55	00:49:13.87
25	179/598	129/335	640	Darryn Solotoff	38	M	Centerport	NY	7:57	00:49:27.63
26	192/598	136/335	77	Marvin Canita	38	M	East Meadow	NY	8:01	00:49:51.89
27	197/598	141/335	369	Ben Moss	37	M	Plainview	NY	8:04	00:50:13.38
28	231/598	162/335	634	Juan Gomez	38	M	Patchogue	NY	8:26	00:52:27.85
29	261/598	181/335	538	Patrick White	39	M	Massapequa	NY	8:38	00:53:39.14
30	272/598	188/335	93	Bryan Chasen	35	M	Plainview	NY	8:44	00:54:18.75
31	281/598	192/335	329	Ontiretse Manyala	38	M	Middle Island	NY	8:50	00:54:55.14
32	390/598	251/335	46	Jonathan Bergman	39	M	Glen Head	NY	9:38	00:59:54.64
33	456/598	278/335	126	Loren Debel	35	M	Melville	NY	10:26	01:04:54.18
34	576/598	327/335	673	Stephen Sprague	37	M	Oceanside	NY	14:01	01:27:08.63

Aspire 10K Run

March 28, 2015

Overall Division Results

10K

Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	42/598	6/263	128	Noni Degirmenci	41	F	Port Washington	NY	6:35	00:40:56.72
2	138/598	32/263	65	Mary-Jo Brower	41	F	Hicksville	NY	7:38	00:47:27.37
3	143/598	34/263	341	Bridget Mccann	41	F	Long Beach	NY	7:40	00:47:43.12
4	166/598	45/263	526	Jennifer Wagner	41	F	Island Park	NY	7:51	00:48:48.37
5	170/598	46/263	540	Lani Wille	42	F	Saint James	NY	7:52	00:48:55.14
6	171/598	47/263	13	Jennifer Adelberg	41	F	St. James	NY	7:52	00:48:57.38
7	183/598	53/263	31	Patty Baker	41	F	Farmingdale	NY	7:57	00:49:30.13
8	201/598	57/263	590	Erica Fraiberg	41	F	Greenlawn	NY	8:07	00:50:32.37
9	230/598	69/263	500	Jenney Tesoriero	44	F	Westbury	NY	8:25	00:52:24.18
10	232/598	70/263	303	Danielle Leong	42	F	Commack	NY	8:26	00:52:29.63
11	235/598	72/263	22	Michele Ansman	43	F	West Islip	NY	8:27	00:52:36.60
12	266/598	82/263	345	Juliana Mcgraim	41	F	Nesconset	NY	8:41	00:53:58.87
13	270/598	83/263	40	Joana Bekerman	43	F	Jericho	NY	8:43	00:54:14.87
14	279/598	89/263	676	Christine Rodriguez	41	F	Huntington	NY	8:49	00:54:52.89
15	292/598	94/263	494	Diana Suprenant	41	F	North Babylon	NY	8:55	00:55:28.85
16	295/598	96/263	15	Roseann Alamia	44	F	Seaford	NY	8:56	00:55:34.34
17	309/598	102/263	21	Audrey Ammirati	40	F	Floral Park	NY	9:03	00:56:14.39
18	316/598	106/263	519	Maria Vecchione	44	F	East Meadow	NY	9:05	00:56:26.75
19	332/598	115/263	472	Jill Shwom	42	F	Plainview	NY	9:11	00:57:06.65
20	337/598	118/263	170	Deb Ferry	43	F	Mt. Sinai	NY	9:14	00:57:27.83
21	355/598	126/263	468	Lisa Shackman	44	F	Plainview	NY	9:22	00:58:18.40
22	375/598	134/263	660	Colleen Rowlings	43	F	Yellowstone Nation	WY	9:30	00:59:05.61
23	419/598	156/263	286	Christina Labbate-Mandra	41	F	Bethpage	NY	10:02	01:02:21.16
24	428/598	162/263	454	Kimberly Schechter	43	F	Plainview	NY	10:06	01:02:48.41
25	429/598	163/263	237	Ellen Hoffman	44	F	Bellport	NY	10:06	01:02:50.41
26	434/598	166/263	361	Denise Moerler	44	F	Painview	NY	10:11	01:03:20.40
27	440/598	169/263	75	Melissa Callis	40	F	Sayville	NY	10:15	01:03:42.13
28	441/598	170/263	20	Melissa Altschuler	42	F	Freeport	NY	10:15	01:03:44.91
29	447/598	173/263	558	Melissa Horowitz	41	F	Plainview	NY	10:19	01:04:09.14
30	460/598	180/263	59	Meredith Brake	44	F	Plainview	NY	10:28	01:05:08.48
31	461/598	181/263	330	Debbie Manzo	44	F	Plainview	NY	10:29	01:05:08.66
32	469/598	185/263	506	Rose Tsoupros	44	F	Floral Park	NY	10:34	01:05:42.58
33	489/598	197/263	41	Lynn Bekerman	44	F	Syosset	NY	10:51	01:07:30.51
34	492/598	198/263	87	Cathy Casey	44	F	Mt. Sinai	NY	10:54	01:07:47.16
35	496/598	200/263	250	Andrea Inganamorte	42	F	West Islip	NY	10:57	01:08:08.67
36	500/598	203/263	470	Karen Shalvey	42	F	Floral Park	NY	11:04	01:08:47.42
37	510/598	210/263	130	Alicia Delano	40	F	Medford	NY	11:09	01:09:17.42
38	521/598	216/263	146	Donna Domingo	41	F	Farmingdale	NY	11:27	01:11:09.18
39	524/598	219/263	344	Samantha Mcglynn	44	F	Farmingdale	NY	11:36	01:12:05.34
40	539/598	228/263	424	Kelly Rhatigan	41	F	Merrick	NY	11:52	01:13:49.19
41	546/598	232/263	298	Norma Leal	40	F	Brentwood	NY	12:03	01:14:54.25
42	549/598	233/263	666	Angela Wakefield Kutselle	41	F	Saint James	NY	12:07	01:15:22.41
43	556/598	238/263	507	Danielle Tucci	41	F	Plainview	NY	12:18	01:16:29.23
44	568/598	244/263	26	Monifa Ash	41	F	Shirley	NY	13:05	01:21:21.70
45	589/598	257/263	92	Simone Chase	44	F	Hicksville	NY	15:12	01:34:30.88
46	590/598	258/263	252	Donna Iovino	43	F	Plainview	NY	15:12	01:34:30.98
47	593/598	260/263	426	Loraine Richardson Mccray	43	F	East Patchogue	NY	15:35	01:36:56.17

Aspire 10K Run

March 28, 2015

Overall Division Results

10K

Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	25/598	23/335	209	Mitch Gould	43	M	Woodbury	NY	6:19	00:39:18.10
2	27/598	25/335	513	Daniel Valderrama	44	M	Oyster Bay	NY	6:20	00:39:23.81
3	33/598	30/335	525	Robert Votruba	43	M	Garden Ckity	NY	6:27	00:40:09.10
4	39/598	34/335	504	Steven Toto	41	M	Commack	NY	6:31	00:40:32.86
5	43/598	37/335	627	David Frisone Jr	43	M	Merrick	NY	6:35	00:40:59.57
6	81/598	65/335	672	Hector Jaramillo	43	M	Baldwin	NY	7:09	00:44:31.37
7	120/598	93/335	633	Keith Huntington	41	M	Greenlawn	NY	7:29	00:46:34.96
8	129/598	99/335	581	Brad Eisenstein	41	M	Plainview	NY	7:34	00:47:06.72
9	155/598	117/335	665	Alan Smith	42	M	Southold	NY	7:47	00:48:25.62
10	168/598	123/335	490	Jason Straus	41	M	Plainview	NY	7:52	00:48:53.54
11	169/598	124/335	347	Thomas Mcmanus	41	M	Plainview	NY	7:52	00:48:53.75
12	178/598	128/335	566	Rob Levy	43	M	Plainview	NY	7:56	00:49:22.38
13	180/598	130/335	287	John Lafalce	40	M	Farmingdale	NY	7:57	00:49:27.78
14	204/598	147/335	557	Benjamin Beavers	41	M	Amityville	NY	8:09	00:50:41.71
15	209/598	152/335	239	Lance Homan	42	M	Farmingville	NY	8:11	00:50:56.96
16	210/598	153/335	78	Louis Cappelli	44	M	East Meadow	NY	8:14	00:51:10.13
17	213/598	155/335	414	William Provoncha	42	M	Bethpage	NY	8:15	00:51:21.65
18	238/598	165/335	100	Michael Cohen	40	M	Plainview	NY	8:28	00:52:42.13
19	250/598	173/335	358	Michael Minerva	43	M	Sayville	NY	8:34	00:53:18.81
20	280/598	191/335	305	Michael Lettera	44	M	Westbury	NY	8:50	00:54:54.55
21	289/598	196/335	596	Mike Heyer	40	M	Hicksville	NY	8:53	00:55:15.64
22	362/598	233/335	184	Scott Friedman	44	M	Plainview	NY	9:24	00:58:29.13
23	372/598	239/335	619	Joshua Parez	41	M	Ronkonkoma	NY	9:29	00:59:00.73
24	377/598	243/335	58	Bill Brake	42	M	Plainview	NY	9:31	00:59:08.52
25	380/598	244/335	44	Jim Benson	44	M	Brooklyn Park	MN	9:31	00:59:12.65
26	404/598	258/335	401	Rey Paulemont	43	M	Medford	NY	9:51	01:01:15.65
27	420/598	264/335	326	Jason Mandra	42	M	Bethpage	NY	10:02	01:02:21.45
28	432/598	267/335	282	Micah Korn	44	M	South Huntington	NY	10:09	01:03:08.62
29	445/598	273/335	595	Todd Weinstein	42	M	East Meadow	NY	10:18	01:04:02.44
30	462/598	281/335	331	Michael Manzo	43	M	Plainview	NY	10:29	01:05:08.67
31	506/598	299/335	521	Anthony Venticinque	40	M	Lindenhurst	NY	11:07	01:09:05.37
32	545/598	314/335	138	Joe Digaetano	43	M	Lindenhurst	NY	11:57	01:14:15.58
33	577/598	328/335	607	John Ferro	42	M	Shirley	NY	14:12	01:28:15.44

Aspire 10K Run

March 28, 2015

Overall Division Results

10K

Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	79/598	16/263	597	Kathleen Callahan	47	F	E.northport	NY	7:09	00:44:26.34
2	99/598	22/263	147	Kathy Dormer	45	F	Williston Park	NY	7:19	00:45:30.41
3	115/598	26/263	235	Lesli Hiller	48	F	New Hyde Park	NY	7:27	00:46:19.94
4	145/598	35/263	301	Yvonne Leippert	47	F	Coram	NY	7:41	00:47:50.37
5	157/598	39/263	451	Patty Santella	47	F	Syosset	NY	7:48	00:48:28.88
6	189/598	55/263	172	Dianne Finneran	49	F	Smithtown	NY	8:00	00:49:47.32
7	222/598	63/263	388	Regina Orelli	49	F	Huntington Station	NY	8:21	00:51:55.38
8	225/598	65/263	142	Wendy Disilvestro	46	F	East Northport	NY	8:22	00:52:04.50
9	227/598	66/263	463	Kika Sclafani	45	F	Floral Park	NY	8:23	00:52:08.93
10	246/598	76/263	501	Eliana Themistocleous	47	F	Melville	NY	8:33	00:53:13.32
11	284/598	90/263	352	Elizabeth Melillo	49	F	Northport	NY	8:50	00:54:59.62
12	298/598	97/263	542	Kristin Wist	45	F	Bohemia	NY	8:57	00:55:41.25
13	317/598	107/263	62	Anne Broderick	49	F	Hicksville	NY	9:05	00:56:32.40
14	341/598	120/263	531	Eileen Walter	47	F	Bethpage	NY	9:16	00:57:39.83
15	361/598	129/263	183	Janine Friedman	45	F	Plainview	NY	9:24	00:58:28.61
16	369/598	132/263	350	Dedee Meehan	47	F	Lake Ronkonkoma	NY	9:28	00:58:54.85
17	389/598	139/263	280	Jacqui Koplik	48	F	Wantagh	NY	9:37	00:59:50.96
18	395/598	142/263	522	Sharon Verdino	47	F	Kings Park	NY	9:43	01:00:27.74
19	402/598	146/263	398	Maureen Palumbo	47	F	Dix Hills	NY	9:50	01:01:10.98
20	414/598	151/263	14	Patti Adelman	45	F	East Meadow	NY	9:57	01:01:53.41
21	415/598	152/263	159	Nancy Eisenhuth	45	F	Bellerose Village	NY	9:58	01:01:56.89
22	439/598	168/263	532	Susan Warsaw	48	F	Coram	NY	10:14	01:03:39.55
23	478/598	189/263	389	Illysa Ortsman	46	F	Plainview	NY	10:41	01:06:27.84
24	480/598	191/263	137	Sara Diamond	45	F	East Meadow	NY	10:42	01:06:34.17
25	482/598	193/263	88	Marie Certa	49	F	Franklin Square	NY	10:44	01:06:42.35
26	485/598	195/263	410	Lori Polansky	46	F	East Meadow	NY	10:49	01:07:16.17
27	501/598	204/263	406	Irene Petrsoric	45	F	Old Bethpage	NY	11:05	01:08:53.18
28	503/598	205/263	247	Shanthy Hughes	47	F	Floral Park	NY	11:05	01:08:57.17
29	504/598	206/263	19	Mary Alexander-Maino	49	F	Old Bethpage	NY	11:05	01:08:57.51
30	523/598	218/263	419	Jennifer Ratas	45	F	Plainview	NY	11:35	01:12:03.42
31	540/598	229/263	484	Lilly Spiegel	48	F	East Meadow	NY	11:53	01:13:55.94
32	559/598	241/263	443	Lori Rung	47	F	Oceanside	NY	12:21	01:16:50.35
33	588/598	256/263	614	Colleen Kennedy	46	F	West Babylon	NY	15:03	01:33:34.98

Aspire 10K Run

March 28, 2015

Overall Division Results

10K

Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	11/598	11/335	439	Todd Rowley	45	M	Huntington	NY	6:03	00:37:38.70
2	18/598	17/335	332	Shaun Mara	48	M	East Northport	NY	6:12	00:38:34.84
3	24/598	22/335	253	Gus Isaksson	48	M	St. James	NY	6:17	00:39:06.74
4	31/598	28/335	658	Steven Schmidt	49	M	Greenlawn	NY	6:25	00:39:56.11
5	36/598	32/335	169	Michael Fernandez	46	M	Farmingdale	NY	6:29	00:40:17.36
6	57/598	46/335	125	Rohan Dawes	48	M	Elmont	NY	6:52	00:42:44.31
7	60/598	49/335	520	Arthur Vendryes	46	M	Brooklyn	NY	6:54	00:42:56.97
8	62/598	51/335	576	Kevin Arloff	48	M	Dix Hills	NY	6:55	00:43:03.21
9	74/598	61/335	182	Eric Friedman	49	M	Merrick	NY	7:02	00:43:47.80
10	78/598	63/335	393	Victor Pajonas	49	M	Seaford	NY	7:05	00:44:04.87
11	83/598	67/335	113	Charles Crowe	47	M	Deer Park	NY	7:10	00:44:35.86
12	96/598	75/335	624	Matthew Conroy	45	M	Melville	NY	7:18	00:45:26.37
13	112/598	87/335	584	Michael Singh	48	M	Valley Stream	NY	7:25	00:46:06.24
14	205/598	148/335	659	Tom Welsh	49	M	Huntington	NY	8:10	00:50:45.59
15	233/598	163/335	487	Michael Starr	45	M	Plainview	NY	8:26	00:52:29.69
16	241/598	168/335	23	John Antinora	49	M	Hicksville	NY	8:29	00:52:46.11
17	247/598	171/335	85	Kenneth Carsten	49	M	Melville	NY	8:34	00:53:15.97
18	260/598	180/335	662	Mark Bernstein	48	M	Melville	NY	8:37	00:53:36.39
19	269/598	187/335	230	Gudmundur Heidarsson	48	M	Massapequa	NY	8:43	00:54:12.48
20	330/598	216/335	552	Howie Zwang	48	M	Great Neck	NY	9:10	00:57:00.89
21	331/598	217/335	27	Scott Ash	48	M	Greenlawn	NY	9:10	00:57:02.15
22	338/598	220/335	267	Jason Katz	48	M	Plainview	NY	9:14	00:57:28.36
23	365/598	235/335	527	Keith Wagner	48	M	Manorville	NY	9:25	00:58:32.15
24	399/598	256/335	677	Mark Temkin	47	M	Plainview	NY	9:49	01:01:03.89
25	458/598	280/335	106	Vincent Corrado	48	M	Massapequa	NY	10:27	01:04:56.86
26	498/598	297/335	420	Tomas Ratas	45	M	Plainview	NY	10:59	01:08:19.70
27	515/598	304/335	569	Andrew Warsaw	47	M	Coram	NY	11:10	01:09:27.98
28	548/598	316/335	605	Eric Bruno	45	M	Shirley	NY	12:07	01:15:21.39
29	553/598	317/335	144	Brian Dobkin	49	M	New Hyde Park	NY	12:11	01:15:47.37

Aspire 10K Run

March 28, 2015

Overall Division Results

10K

Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	55/598	11/263	474	Jill Skelly	51	F	Baldwin	NY	6:51	00:42:37.61
2	69/598	13/263	444	Barbara Russo	51	F	Sayville	NY	6:59	00:43:27.86
3	85/598	18/263	683	Nancy Tantone	50	F	West Islip	NY	7:12	00:44:47.10
4	151/598	37/263	163	Tracey Epstein	54	F	Smithtown	NY	7:44	00:48:06.35
5	212/598	58/263	625	Karen Nora	54	F	Northport	NY	8:15	00:51:17.67
6	219/598	61/263	639	Barbara Cronin-Stagnari	53	F	Mineola	NY	8:19	00:51:43.88
7	220/598	62/263	327	Lori Mangual	50	F	Merrick	NY	8:19	00:51:46.34
8	228/598	67/263	102	Lisa Colby	50	F	Smithtown	NY	8:23	00:52:11.13
9	229/598	68/263	107	Sue Corrie	54	F	New Hyde Park	NY	8:24	00:52:15.44
10	234/598	71/263	657	Carol Rivadeneyra	50	F	Ridge	NY	8:27	00:52:35.58
11	237/598	73/263	376	Eve Nebenhaus	54	F	Manhasset	NY	8:28	00:52:41.58
12	243/598	74/263	175	Adriana Fitting	50	F	Hicksville	NY	8:32	00:53:04.81
13	285/598	91/263	416	Donna Randone	53	F	S. Huntington	NY	8:51	00:55:00.14
14	293/598	95/263	277	Donna Kleiman	52	F	Syosset	NY	8:55	00:55:30.66
15	303/598	99/263	188	Sheri Gaitings	53	F	Huntington	NY	9:00	00:55:55.90
16	306/598	100/263	567	Rosemary Jones	53	F	Babylon	NY	9:01	00:56:02.62
17	310/598	103/263	76	Maria Campese	50	F	Garden City	NY	9:03	00:56:14.60
18	342/598	121/263	561	Wendy Roberts	52	F	Old Bethpage	NY	9:17	00:57:46.33
19	344/598	122/263	562	Robin Gunsher	50	F	Old Bethpage	NY	9:17	00:57:46.65
20	356/598	127/263	315	Maria Lucie	54	F	W. Islip	NY	9:23	00:58:18.54
21	368/598	131/263	670	Anita Von Himmel	54	F	Massapequa	NY	9:28	00:58:51.18
22	387/598	138/263	505	Jean Marie Toy	50	F	Baldwin	NY	9:36	00:59:42.48
23	416/598	153/263	342	Doreen Mcdougall	51	F	Lake Ronkonkoma	NY	9:59	01:02:04.41
24	459/598	179/263	553	Maria Fucella	54	F	Levittown	NY	10:27	01:05:01.60
25	468/598	184/263	459	Diane Schocken	52	F	Massapequa Park	NY	10:31	01:05:22.67
26	481/598	192/263	592	Valerie Margolin	54	F	Woodbury	NY	10:43	01:06:36.25
27	497/598	201/263	276	Nancy Killian	51	F	College Point	NY	10:58	01:08:12.92
28	552/598	236/263	10	Michelle Ackerman	51	F	Farmingdale	NY	12:10	01:15:38.53
29	555/598	237/263	338	Geraldine Maudsley	54	F	Franklin Square	NY	12:13	01:15:58.94
30	597/598	263/263	617	Dierdre Mcelhatton	53	F	Dix Hills	NY	16:48	01:44:24.99

Aspire 10K Run

March 28, 2015

Overall Division Results

10K

Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	34/598	31/335	518	Wayne Vartabedian	51	M	Long Beach	NY	6:28	00:40:13.70
2	50/598	42/335	339	Bill Mazza	52	M	West Gilgo Beach	NY	6:46	00:42:08.86
3	53/598	44/335	465	Rick Secor	53	M	Ronkonkoma	NY	6:50	00:42:33.95
4	61/598	50/335	580	Kieran Gibbons	50	M	Northport	NY	6:54	00:42:58.11
5	95/598	74/335	289	Kurt Laforest	54	M	Setauket	NY	7:18	00:45:24.56
6	100/598	78/335	57	D J Bouzourene	50	M	Old Bethpage	NY	7:19	00:45:31.65
7	104/598	81/335	565	Jeff Berg	53	M	Westbury	NY	7:22	00:45:46.62
8	108/598	85/335	318	Andrew Lupu	53	M	North Bellmore	NY	7:23	00:45:58.12
9	110/598	86/335	375	Ronald Nardo	51	M	Bellmore	NY	7:24	00:45:59.56
10	113/598	88/335	249	Dean Hutchinson	53	M	Long Beach	NY	7:25	00:46:07.37
11	114/598	89/335	248	Michael Hunter	53	M	N. Merrick	NY	7:26	00:46:12.78
12	122/598	95/335	167	Frank Favilla	52	M	Bethpage	NY	7:30	00:46:42.37
13	132/598	102/335	281	Avi Korenshtein	52	M	Commack	NY	7:36	00:47:17.11
14	133/598	103/335	51	Paul Bonanni	54	M	Selden	NY	7:37	00:47:20.60
15	134/598	104/335	362	Robert Monaco	51	M	Woodbury	NY	7:37	00:47:22.37
16	142/598	109/335	86	Michael Casale	54	M	North Bellmore	NY	7:40	00:47:41.87
17	147/598	112/335	127	Bob Debeneditis	50	M	East Williston	NY	7:42	00:47:53.62
18	156/598	118/335	498	Dwayne Taylor	52	M	Baldwin	NY	7:47	00:48:27.13
19	186/598	132/335	258	John Brenthol	53	M	Brooklyn	NY	8:00	00:49:45.20
20	190/598	135/335	334	Edward Marian	54	M	Huntington Station	NY	8:00	00:49:48.86
21	202/598	145/335	205	Daniel Goldstein	53	M	Huntington St	NY	8:08	00:50:34.38
22	239/598	166/335	74	Vincent Cagna	51	M	Moriches	NY	8:29	00:52:43.77
23	273/598	189/335	579	William Raftery	52	M	East Islip	NY	8:44	00:54:21.59
24	278/598	190/335	236	Alan Hlavenka	54	M	Seaford	NY	8:49	00:54:49.39
25	343/598	222/335	560	Richard Dauman	52	M	Old Bethpage	NY	9:17	00:57:46.53
26	347/598	224/335	408	Mark Plotkin	50	M	Plainview	NY	9:19	00:57:54.50
27	366/598	236/335	582	Mark Brozek	51	M	Huntington	NY	9:26	00:58:41.39
28	367/598	237/335	663	Robert Rate	50	M	Selden	NY	9:26	00:58:43.15
29	384/598	247/335	231	Mark Heiman	51	M	Plainview	NY	9:35	00:59:36.76
30	386/598	249/335	453	Dan Scarangella	50	M	Levittown	NY	9:35	00:59:39.15
31	437/598	270/335	90	David Chan	54	M	Holbrook	NY	10:13	01:03:32.91
32	438/598	271/335	285	Larry Kurtzman	52	M	Plainview	NY	10:14	01:03:38.66
33	473/598	287/335	79	Richard Carlson	51	M	Merrick	NY	10:38	01:06:08.16
34	486/598	291/335	675	Jeffrey Rosenking	53	M	Westbury	NY	10:49	01:07:16.69
35	491/598	294/335	24	Joey Arken	53	M	Albertson	NY	10:54	01:07:45.54
36	493/598	295/335	469	Robert Shaller	53	M	Douglaston	NY	10:55	01:07:52.42

Aspire 10K Run

March 28, 2015

Overall Division Results

10K

Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	54/598	10/263	645	Nancy Aboff	55	F	Huntington	NY	6:51	00:42:34.52
2	75/598	14/263	598	Emma Riconda	58	F	Northport	NY	7:04	00:43:57.58
3	111/598	25/263	669	Dolores Doman	58	F	Dix Hills	NY	7:24	00:46:02.79
4	124/598	28/263	391	Linda Ottaviano	59	F	Cold Spring Harbor	NY	7:32	00:46:50.37
5	152/598	38/263	481	Kim Solomine	57	F	Syosset	NY	7:45	00:48:10.33
6	163/598	44/263	524	Dee Vogt	55	F	Huntington	NY	7:49	00:48:37.29
7	175/598	49/263	49	Debbie Blair	56	F	Cold Spring Harbor	NY	7:55	00:49:13.47
8	177/598	50/263	17	Ruth Albright	55	F	Wheatley Heights	NY	7:56	00:49:21.61
9	218/598	60/263	246	Lorraine Huether	58	F	Melville	NY	8:19	00:51:43.88
10	249/598	77/263	429	Susan Robinson	56	F	Coram	NY	8:34	00:53:16.77
11	256/598	79/263	83	Maura Carroll	55	F	Islip	NY	8:36	00:53:32.14
12	277/598	88/263	646	Fay Mattane	56	F	Floral Park	NY	8:49	00:54:49.28
13	326/598	112/263	554	Laurene Fargnoli	56	F	West Islip	NY	9:08	00:56:50.39
14	345/598	123/263	502	Vera Thompson	57	F	N Babylon	NY	9:17	00:57:46.79
15	370/598	133/263	112	Susan Critz	56	F	Islip	NY	9:29	00:58:57.68
16	378/598	135/263	37	Judy Baum	59	F	Glen Head	NY	9:31	00:59:10.90
17	398/598	143/263	66	Janice Brown	59	F	Valley Stream	NY	9:46	01:00:42.59
18	401/598	145/263	129	Peggy Delaney	58	F	New Hyde Park	NY	9:50	01:01:10.80
19	427/598	161/263	434	Donna Rosen	58	F	Jericho	NY	10:04	01:02:36.94
20	454/598	178/263	304	Nancy Lester	58	F	Long Neach	NY	10:25	01:04:43.88
21	471/598	186/263	449	Carol Sandquist	57	F	Garden City	NY	10:37	01:05:58.62
22	483/598	194/263	89	Judi Cestaro	58	F	Bayport	NY	10:45	01:06:49.66
23	525/598	220/263	587	Jo Ellen Elsener	57	F	Deer Park	NY	11:37	01:12:15.61
24	526/598	221/263	204	Amy Goldstein	55	F	Farmingdale	NY	11:42	01:12:46.81
25	558/598	240/263	431	Daisy Rodriguez	56	F	Valley Stream	NY	12:19	01:16:36.56
26	564/598	242/263	202	Laurie Gold	57	F	College Point	NY	12:46	01:19:22.92
27	567/598	243/263	656	Mary Ostop	57	F	Long Beach	NY	13:04	01:21:16.92
28	571/598	247/263	162	Trish Engels	55	F	New Rochelle	NY	13:21	01:23:02.69
29	586/598	255/263	647	Suzy Donohue	57	F	Plainview	NY	15:03	01:33:34.21

Aspire 10K Run

March 28, 2015

Overall Division Results

10K

Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	38/598	33/335	121	Ned Daily	57	M	Garden City	NY	6:30	00:40:28.25
2	41/598	36/335	430	Michael Robles	56	M	Smithtown	NY	6:34	00:40:49.41
3	49/598	41/335	530	Jon Wallach	58	M	Levittown	NY	6:44	00:41:54.61
4	58/598	47/335	466	Karnik Seferian	57	M	Setauket	NY	6:52	00:42:44.52
5	65/598	53/335	143	P J Diskin	59	M	Mineola	NY	6:58	00:43:18.29
6	70/598	57/335	29	Mike Baard	59	M	Merrick	NY	7:00	00:43:30.51
7	87/598	69/335	261	Louis Sparaco	56	M	Patchogue	NY	7:13	00:44:53.99
8	89/598	71/335	309	Ronald Lipsky	59	M	Franklin Square	NY	7:13	00:44:56.15
9	98/598	77/335	117	Alex Cuzzo	57	M	Bellmore	NY	7:19	00:45:29.22
10	102/598	80/335	564	Grant Radtke	59	M	East Meadow	NY	7:21	00:45:45.72
11	106/598	83/335	251	Peter Inserra	57	M	Fort Salonga	NY	7:23	00:45:54.87
12	107/598	84/335	547	Jerry Wosleger	56	M	Rockville Centre	NY	7:23	00:45:55.62
13	117/598	91/335	546	Glen Wolther	58	M	Jericho	NY	7:28	00:46:27.62
14	146/598	111/335	392	Chuck Otto	59	M	Sayville	NY	7:42	00:47:52.87
15	148/598	113/335	678	Romulo Brito	55	M	Uniondale	NY	7:43	00:47:57.87
16	164/598	120/335	638	Rick Booth	58	M	Smithtown	NY	7:49	00:48:38.37
17	184/598	131/335	682	Paul Aloe	58	M	Port Washington	NY	7:58	00:49:32.59
18	188/598	134/335	97	Stephen Cipot	57	M	New Hyde Park	NY	8:00	00:49:47.30
19	195/598	139/335	288	Louis Lafleur	59	M	Holbrook	NY	8:03	00:50:03.63
20	199/598	143/335	612	Brian Gunderson	56	M	Medford	NY	8:06	00:50:21.13
21	211/598	154/335	337	Frank Martinez	57	M	Commack	NY	8:14	00:51:12.41
22	248/598	172/335	67	Martin Buchman	55	M	Stony Brook	NY	8:34	00:53:16.57
23	254/598	176/335	380	Bill Niedfeld	55	M	Seaford	NY	8:36	00:53:26.53
24	262/598	182/335	110	Bill Crispino	56	M	Freeport	NY	8:38	00:53:44.82
25	267/598	185/335	636	Kevin Wizbicki	55	M	East Meadow	NY	8:41	00:53:58.87
26	286/598	195/335	377	Harlan Nebenhaus	55	M	Manhasset	NY	8:51	00:55:00.83
27	305/598	206/335	216	Bill Guichard	59	M	Melville	NY	9:00	00:55:56.35
28	313/598	209/335	482	Scott Sparr	56	M	Massapequa	NY	9:03	00:56:18.64
29	314/598	210/335	81	Salvatore Carretta Jr.	58	M	Yonkers	NY	9:04	00:56:25.64
30	321/598	213/335	245	Ed Huether	58	M	Farmingdale	NY	9:06	00:56:37.95
31	322/598	214/335	132	Brian Demasters	56	M	Mineola	NY	9:06	00:56:38.66
32	348/598	225/335	382	Robert Nikodem	55	M	Huntington	NY	9:19	00:57:55.26
33	349/598	226/335	316	Thomas Lucie	57	M	W. Islip	NY	9:20	00:58:02.90
34	359/598	231/335	381	Ray Nieves	57	M	Westbury	NY	9:23	00:58:24.40
35	373/598	240/335	160	Clifford Ejikeme	56	M	Dix Hills	NY	9:29	00:59:00.92
36	411/598	262/335	203	Jed Golden	59	M	Floral Park	NY	9:55	01:01:38.85
37	413/598	263/335	325	Charles Mandelbaum	58	M	Great Neck	NY	9:56	01:01:46.91
38	426/598	266/335	198	Lawrence Giordano	58	M	Massapequa	NY	10:04	01:02:35.51
39	457/598	279/335	442	Gerard Ruiz	55	M	Hicksville	NY	10:27	01:04:56.66
40	467/598	284/335	427	Richard Rise	58	M	Glen Cove	NY	10:30	01:05:19.63
41	472/598	286/335	464	Thomas Scollo	57	M	North Massapequa	NY	10:37	01:05:59.17
42	484/598	290/335	418	Mike Randone	56	M	S. Huntington	NY	10:48	01:07:12.81
43	490/598	293/335	207	Chris Gommlich	56	M	East Northport	NY	10:53	01:07:40.53
44	494/598	296/335	591	Lance Margolin	56	M	Woodbury	NY	10:56	01:07:58.56
45	562/598	321/335	585	Steven Millon	55	M	East Meadow	NY	12:42	01:18:59.38

Aspire 10K Run

March 28, 2015

Overall Division Results

10K

Female Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	45/598	7/263	599	Kathryn Martin	63	F	Northport	NY	6:37	00:41:08.24
2	245/598	75/263	275	Susan Keogh	61	F	Bellmore	NY	8:32	00:53:05.39
3	275/598	86/263	300	Pamela Lee	61	F	Syosset	NY	8:46	00:54:31.39
4	288/598	93/263	543	Gloria Withus	64	F	Brentwood	NY	8:52	00:55:07.89
5	300/598	98/263	571	Marie Brewer	60	F	Mineola	NY	8:57	00:55:41.54
6	311/598	104/263	549	Marianne Zacharia	60	F	East Northport	NY	9:03	00:56:15.50
7	336/598	117/263	486	Barbara Stanley	60	F	Franklin Square	NY	9:13	00:57:18.26
8	407/598	147/263	293	Maryanne Langro	63	F	Hicksville	NY	9:52	01:01:24.16
9	431/598	165/263	38	Jackie Beattie	60	F	Hampton Bays	NY	10:09	01:03:08.62
10	499/598	202/263	73	Giovanna Caggiano	60	F	Glen Cove	NY	11:01	01:08:29.64
11	517/598	213/263	149	Fran Dowling	61	F	Baldwin	NY	11:14	01:09:51.42
12	527/598	222/263	238	Rochelle Holden	61	F	Westbury	NY	11:43	01:12:48.91
13	537/598	227/263	608	Judi Gallop	63	F	W Islip	NY	11:51	01:13:41.43
14	579/598	251/263	610	Janet Gogel	61	F	Manorville	NY	14:35	01:30:42.97

Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	17/598	16/335	394	Jaime Palacios	60	M	Fresh Meadows	NY	6:12	00:38:33.61
2	22/598	20/335	534	Chris Webber	62	M	Sayville	NY	6:17	00:39:03.50
3	29/598	26/335	556	Kevin Carroll	62	M	Dix Hills	NY	6:20	00:39:27.29
4	66/598	54/335	551	Eric Zimmer	63	M	St. James	NY	6:58	00:43:18.91
5	68/598	56/335	367	Angelo Morrongiello	60	M	Lynbrook	NY	6:59	00:43:23.78
6	131/598	101/335	241	Bruce Hotchkiss	61	M	New Suffolk	NY	7:35	00:47:12.82
7	135/598	105/335	192	Anthony Garguilo	63	M	Kings Park	NY	7:37	00:47:23.37
8	193/598	137/335	271	James Kehoe	63	M	Northport	NY	8:02	00:49:59.38
9	207/598	150/335	378	Paul Nelson	60	M	St. James	NY	8:10	00:50:49.13
10	214/598	156/335	166	Scott Fairgrieve	64	M	Mineola	NY	8:15	00:51:22.14
11	215/598	157/335	317	Michael Ludwig	60	M	Rockville Centre	NY	8:16	00:51:22.36
12	244/598	170/335	385	Juan Oliveras	63	M	Northport	NY	8:32	00:53:05.21
13	259/598	179/335	194	Robert Genovese	61	M	Baldwin	NY	8:37	00:53:35.89
14	264/598	183/335	586	Robert Elsener	60	M	E.northport	NY	8:40	00:53:51.75
15	265/598	184/335	268	Leonard Kaufman	64	M	Plainview	NY	8:41	00:53:58.56
16	294/598	199/335	343	James Mcdougall	60	M	Lake Ronkonkoma	NY	8:56	00:55:33.73
17	296/598	200/335	223	Philip Handy	60	M	Syosset	NY	8:56	00:55:36.79
18	301/598	203/335	133	Drew Demasters	60	M	Elmhurst	NY	8:59	00:55:54.65
19	302/598	204/335	25	Napoleon Arthus	63	M	Glen Head	NY	8:59	00:55:54.91
20	312/598	208/335	2	Steven Jonas	64	M	Woodbury	NY	9:03	00:56:16.63
21	346/598	223/335	384	Daniel O'donnell	62	M	Smithtown	NY	9:18	00:57:51.59
22	376/598	242/335	206	Ehud Golos	64	M	East Hills	NY	9:30	00:59:06.62
23	410/598	261/335	165	Jesus Estaba	60	M	Brooklyn	NY	9:54	01:01:36.16
24	511/598	301/335	404	Domingo Perez	63	M	Corona	NY	11:09	01:09:21.44
25	533/598	307/335	457	Allan Schneider	62	M	Great Neck	NY	11:51	01:13:39.48
26	535/598	309/335	609	Mark Gallop	64	M	W Islip	NY	11:51	01:13:40.88
27	541/598	312/335	333	Tony Marcus	63	M	Holbrook	NY	11:54	01:13:57.35
28	563/598	322/335	516	Warren Vandewater	60	M	North Bellmore	NY	12:44	01:19:07.89
29	598/598	335/335	654	Steve Cuomo	63	M	Shirley	NY	16:49	01:44:32.70

Aspire 10K Run

March 28, 2015

Overall Division Results

10K

Female Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	323/598	109/263	190	Joanne Gallo	65	F	Oyster Bay	NY	9:07	00:56:40.82
2	325/598	111/263	186	Maureen Frisone	66	F	New Hyde Park	NY	9:08	00:56:49.15
3	418/598	155/263	55	Hilory Boucher-Carlin	69	F	Northport	NY	10:01	01:02:17.41
4	453/598	177/263	176	Anne Fitzgibbon	66	F	Glen Cove	NY	10:24	01:04:43.41
5	572/598	248/263	563	Francine Lischner-Call	65	F	Old Bethpage	NY	13:22	01:23:08.71
6	582/598	253/263	214	Paula Groothuis	65	F	Albertson	NY	14:44	01:31:33.67

Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	97/598	76/335	386	Alan Oman	65	M	Babylon	NY	7:19	00:45:28.12
2	141/598	108/335	336	Peter Martin	65	M	Bellmore	NY	7:40	00:47:39.78
3	203/598	146/335	368	Glenn Morse	66	M	Massapequa	NY	8:09	00:50:40.29
4	283/598	194/335	278	Richard Kleiman	68	M	Plainview	NY	8:50	00:54:59.28
5	350/598	227/335	234	Gabriel Hickey	66	M	Bethpage	NY	9:21	00:58:06.83
6	357/598	230/335	436	Vic Rossi	68	M	Hauppauge	NY	9:23	00:58:18.55
7	385/598	248/335	351	William Meisner	66	M	Plainview	NY	9:35	00:59:37.65
8	392/598	253/335	664	Patrick Horan	65	M	East Norwich	NY	9:39	01:00:02.35
9	403/598	257/335	550	Perry Zeichner	66	M	Brightwaters	NY	9:51	01:01:13.16
10	446/598	274/335	578	David Balsley	67	M	Bayville	NY	10:18	01:04:04.69
11	450/598	276/335	630	Christopher Miceli	69	M	Williston Park	NY	10:23	01:04:33.90
12	465/598	282/335	109	Howard Cragg	67	M	Bethpage	NY	10:29	01:05:12.13
13	466/598	283/335	354	Alan Mensch	68	M	Melville	NY	10:30	01:05:18.61
14	502/598	298/335	411	Steven Polansky	68	M	Carmichael	CA	11:05	01:08:53.18

Female Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	448/598	174/263	98	Helma Clavin	71	F	Lake Ronkonkoma	NY	10:19	01:04:11.66
2	574/598	249/263	559	Joan Ackerman	74	F	Farmingdale	NY	13:31	01:24:05.21

Male Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	101/598	79/335	508	Joseph Tumbarello	71	M	Glen Cove	NY	7:19	00:45:31.85
2	167/598	122/335	321	Tom Maile	72	M	Cortlandt Manor	NY	7:51	00:48:50.29
3	198/598	142/335	178	Michael Floman	71	M	Bayside	NY	8:05	00:50:15.89
4	221/598	159/335	574	Bob Mcvetty	72	M	Westbury	NY	8:20	00:51:50.38
5	226/598	161/335	671	Gary Muhrcke	74	M	Huntington	NY	8:23	00:52:07.13
6	240/598	167/335	185	David Frisone	70	M	New Hyde Park	NY	8:29	00:52:45.50
7	291/598	198/335	589	Arthur Weisberg	70	M	Larchmont	NY	8:55	00:55:27.39
8	354/598	229/335	270	Hubert Keen	70	M	Farmingdale	NY	9:22	00:58:15.99
9	405/598	259/335	594	George Hubbard	74	M	Farmingville	NY	9:52	01:01:18.89
10	477/598	289/335	537	Diarmuid White	72	M	Douglaston	NY	10:40	01:06:23.17
11	509/598	300/335	28	Richard Astarita	71	M	Babylon	NY	11:08	01:09:11.27
12	547/598	315/335	119	Jacob Cysner	72	M	Forest Hills	NY	12:06	01:15:15.30
13	560/598	319/335	349	Myron Medine	72	M	Rego Park	NY	12:39	01:18:41.82
14	565/598	323/335	164	Doug Escher	70	M	Garden City	NY	12:46	01:19:22.95
15	566/598	324/335	254	James Israel	70	M	Brooklyn	NY	12:52	01:20:03.39

Aspire 10K Run

March 28, 2015

Overall Division Results

10K

Female Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	528/598	223/263	570	Patricia Delaney	76	F	Bayshore	NY	11:43	01:12:49.14
2	570/598	246/263	217	Ginny Guichard	77	F	Melville	NY	13:19	01:22:46.66

Male Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	383/598	246/335	224	Jack Hanley	79	M	Babylon	NY	9:34	00:59:31.28
2	444/598	272/335	311	Octavio Lopez	75	M	Brooklyn	NY	10:17	01:03:56.13
3	455/598	277/335	353	Jose Mendez	76	M	Brentwood	NY	10:26	01:04:52.60
4	470/598	285/335	240	John Horan	75	M	Freeport	NY	10:34	01:05:43.60
5	583/598	330/335	232	Norman Hershkowitz	76	M	North Massapequa	NY	14:49	01:32:04.73

Female Ages 80 - 84

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	592/598	259/263	171	Alexandra Finger	80	F	Pearl River	NY	15:34	01:36:48.24

Male Ages 80 - 84

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	512/598	302/335	365	Carlos Morales	80	M	Corona	NY	11:09	01:09:21.65
2	538/598	311/335	168	Geza Feld	81	M	Farmingdale	NY	11:51	01:13:43.93
3	561/598	320/335	136	George Devoe	82	M	Hauppauge	NY	12:40	01:18:43.70
4	591/598	333/335	335	Frank Martin	80	M	Bay Shore	NY	15:34	01:36:44.40

Male Ages 85+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	575/598	326/335	255	Bert Jablon	88	M	Syosset	NY	14:00	01:27:02.47