

The Good Life Halfsy

November 1, 2015

Overall Results

Half Marathon Pacer

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1	1/20	1/20	6394	Eric Rasmussen	M	33	York	NE	1	6:52	00:45:13.4	2	6:50	00:44:47.4	01:30:00.9	6:51	01:29:50.3
2	2/20	2/20	6380	Kelly Halverson	M	34	Lincoln	NE	2	6:55	00:45:32.3	1	6:49	00:44:41.0	01:30:13.3	6:52	01:30:03.5
3	3/20	3/20	6352	Jeff Gregg	M	33	Doniphan	NE	3	7:22	00:48:40.5	4	7:06	00:46:31.0	01:35:11.6	7:14	01:34:52.7
4	4/20	4/20	6371	Jerrid Johansen	M	36	Omaha	NE	4	7:23	00:48:41.6	3	7:05	00:46:29.7	01:35:11.3	7:14	01:34:53.1
5	1/20	1/20	6353	Stacey Buckley	F	39	Omaha	NE	5	7:23	00:48:43.9	5	7:12	00:47:10.5	01:35:54.4	7:17	01:35:33.2
6	5/20	5/20	6356	Shawn Palandri	M	39	Omaha	NE	6	7:44	00:51:14.3	6	7:29	00:49:05.2	01:40:19.5	7:36	01:39:47.8
7	6/20	6/20	6354	Eddie Walters	M	23	Omaha	NE	8	7:45	00:51:18.4	7	7:30	00:49:13.2	01:40:31.6	7:37	01:40:01.7
8	2/20	2/20	6355	Abby Knight Einspahr	F	31	Omaha	NE	7	7:45	00:51:17.7	8	7:31	00:49:15.4	01:40:33.1	7:37	01:40:02.5
9	7/20	7/20	6359	Brandon Skocz	M	30	Papillion	NE	9	8:06	00:54:21.3	9	7:52	00:51:36.1	01:45:57.4	7:59	01:44:42.7
10	3/20	3/20	6360	Carolyn Collier	F	25	Lincoln	NE	10	8:07	00:54:31.6	10	7:55	00:51:56.0	01:46:27.7	8:01	01:45:11.2
11	4/20	4/20	6358	Leah Eiting	F	39	Omaha	NE	11	8:10	00:54:50.6	11	8:02	00:52:40.3	01:47:30.9	8:06	01:46:12.7
12	5/20	5/20	6363	Kylie Cheetsos	F	36	Grand Island	NE	14	8:25	00:56:58.8	12	8:19	00:54:30.9	01:51:29.7	8:22	01:49:45.0
13	6/20	6/20	6357	Adeline Hohman	F	32	Seward	NE	13	8:26	00:56:58.8	13	8:19	00:54:30.9	01:51:29.8	8:22	01:49:45.3
14	7/20	7/20	6362	Jayci Zakaras	F	31	Grenta	NE	15	8:27	00:57:16.9	16	8:40	00:56:47.6	01:54:04.5	8:33	01:52:08.6
15	8/20	8/20	6361	Daniel Bax	M	29	Lincoln	NE	12	8:18	00:56:07.3	18	9:02	00:59:13.3	01:55:20.7	8:40	01:53:38.7
16	9/20	9/20	6365	Matthew Randle	M	42	Lavista	NE	17	8:54	01:01:52.7	14	8:31	00:55:49.6	01:57:42.4	8:42	01:54:07.5
17	10/20	10/20	6364	Stephen Mohring	M	35	Omaha	NE	16	8:52	01:01:15.5	15	8:36	00:56:25.6	01:57:41.2	8:44	01:54:31.6
18	8/20	8/20	6395	Jennifer Lienemann	F	42	Lincoln	NE	18	8:52	01:02:05.3	21	9:04	00:59:27.3	02:01:32.7	8:58	01:57:33.0
19	9/20	9/20	6368	Gisele Tlusty	F	29	Omaha	NE	19	9:02	01:03:07.5	19	9:03	00:59:18.1	02:02:25.6	9:02	01:58:30.4
20	11/20	11/20	6366	Matthew Tupper	M	47	Omaha	NE	21	9:07	01:03:40.5	17	8:59	00:58:54.6	02:02:35.2	9:03	01:58:40.5
21	12/20	12/20	6367	Michael Berry	M	47	Omaha	NE	20	9:06	01:03:37.8	20	9:03	00:59:20.6	02:02:58.4	9:04	01:58:59.8
22	13/20	13/20	6370	Matt Olberding	M	41	Lincoln	NE	23	9:45	01:08:36.3	22	9:21	01:01:16.9	02:09:53.3	9:32	02:05:10.6
23	14/20	14/20	6369	Michael Bergen	M	32	Aurora	NE	22	9:43	01:08:25.2	23	9:23	01:01:31.3	02:09:56.5	9:33	02:05:14.3
24	10/20	10/20	6373	Erin Mohring	F	35	Omaha	NE	25	10:03	01:12:10.1	24	9:46	01:04:03.1	02:16:13.3	9:54	02:09:55.1
25	11/20	11/20	6372	Elli Zadina	F	39	Omaha	NE	24	10:02	01:12:01.8	25	9:49	01:04:23.7	02:16:25.5	9:55	02:10:07.3
26	15/20	15/20	6375	Mark Witt	M	39	Omaha	NE	26	10:20	01:15:57.4	26	9:58	01:05:17.0	02:21:14.5	10:09	02:13:03.5
27	16/20	16/20	6376	Brad Kwiatek	M	38	Omaha	NE	27	10:23	01:16:14.1	27	10:08	01:06:27.7	02:22:41.8	10:15	02:14:32.7
28	12/20	12/20	6378	Susan Aliano	F	38	Omaha	NE	28	10:54	01:20:53.6	28	10:39	01:09:47.9	02:30:41.5	10:46	02:21:17.7
29	13/20	13/20	6379	Beth Sunderman	F	39	Elkhorn	NE	29	10:55	01:20:53.8	29	10:41	01:10:01.4	02:30:55.3	10:47	02:21:32.0
30	14/20	14/20	6393	Lori Anderson	F	38	Lincoln	NE	30	11:31	01:25:37.1	32	11:18	01:14:04.4	02:39:41.6	11:24	02:29:33.7
31	15/20	15/20	6383	Jill Scott	F	39	Bennington	NE	32	11:36	01:26:11.1	30	11:15	01:13:41.3	02:39:52.5	11:25	02:29:43.6
32	17/20	17/20	6384	Thomas Raetz	M	33	Lenexa	KS	31	11:36	01:26:10.5	31	11:16	01:13:51.7	02:40:02.2	11:26	02:29:53.7
33	18/20	18/20	6385	Brian Carlson	M	40	Lincoln	NE	34	11:56	01:29:35.2	33	11:40	01:16:26.9	02:46:02.2	11:48	02:34:42.5
34	19/20	19/20	6386	Jim Ward	M	33	Grand Island	NE	33	11:56	01:29:34.6	34	11:41	01:16:36.5	02:46:11.1	11:48	02:34:51.1
35	16/20	16/20	6382	Andi Hallgren	F	37	Omaha	NE	35	12:06	01:31:40.1	35	12:18	01:20:39.6	02:52:19.7	12:12	02:40:01.0
36	17/20	17/20	6387	Andrea Morton	F	39	Lincoln	NE	36	12:06	01:31:41.7	40	13:18	01:27:08.8	02:58:50.6	12:42	02:46:29.9

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Half Marathon Pacer

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Pace	Net Time
37	18/20	18/20	6390	Kay Daubendiek	F	45	Omaha	NE	38	12:44	01:36:02.1	36	12:43	01:23:23.9	02:59:26.1	12:43	02:46:51.1
38	19/20	19/20	6389	Chris Hug	F	50	Omaha	NE	37	12:39	01:35:30.4	37	12:48	01:23:56.2	02:59:26.7	12:43	02:46:51.3
39	20/20	20/20	6392	Jim Kohout	M	60	Omaha	NE	39	12:57	01:38:09.1	39	13:02	01:25:27.0	03:03:36.2	12:59	02:50:20.7
40	20/20	20/20	6391	Liz Wallace	F	41	Omaha	NE	40	13:02	01:38:48.1	38	12:58	01:25:00.4	03:03:48.5	13:00	02:50:27.9

The Good Life Halfsy

November 1, 2015

Overall Results

Half Marathon Wheelchair

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1	1/2	1/2	1210	Jason Kerkman	M	43	Lincoln	NE	1	6:30	00:42:42.3	1	6:28	00:42:27.9	01:25:10.2	6:29	01:25:06.8
2	2/2	2/2	231	Robert Rieck	M	40	Lincoln	NE	2	17:29	02:08:14.8	2	21:47	02:22:45.0	04:30:59.8	19:37	04:17:19.3

The Good Life Halfsy

November 1, 2015

Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1	1/1345	1/3	33	Eric Noel	M	28	San Luis Obispo	CA	3	5:12	00:34:10.9	1	5:20	00:34:56.3	01:09:07.2	5:16	01:09:06.0
2	2/1345	2/3	2	Tom Nichols	M	33	Parker	CO	1	5:10	00:33:58.0	2	5:22	00:35:11.0	01:09:09.0	5:16	01:09:07.5
3	3/1345	3/3	49	Tanner Fruit	M	27	Colorado Springs	CO	2	5:11	00:34:03.2	3	5:23	00:35:18.8	01:09:22.1	5:17	01:09:20.6
4	4/1345	1/81	35	Johnny Rutford	M	24	Omaha	NE	4	5:13	00:34:14.9	4	5:24	00:35:22.2	01:09:37.2	5:18	01:09:35.3
5	5/1345	1/205	46	Tyler Sewald	M	33	Greeley	CO	6	5:16	00:34:37.3	6	5:36	00:36:46.8	01:11:24.1	5:26	01:11:23.0
6	6/1345	1/183	37	Luka Thor	M	28	Elkhorn	NE	5	5:14	00:34:24.7	10	5:45	00:37:41.4	01:12:06.1	5:29	01:12:04.3
7	7/1345	2/81	25	Jake Sutton	M	24	West Des Moines	IA	7	5:24	00:35:28.7	7	5:37	00:36:48.0	01:12:16.7	5:30	01:12:14.8
8	8/1345	1/2	17	Ivan Ivanov	M	45	Lincoln	NE	8	5:24	00:35:29.7	8	5:41	00:37:16.1	01:12:45.9	5:32	01:12:44.0
9	9/1345	2/183	29	Brett Rosauer	M	25	Iowa City	IA	14	5:36	00:36:43.5	5	5:31	00:36:14.1	01:12:57.6	5:33	01:12:55.5
10	10/1345	1/233	50	Derek Tate	M	35	Lenexa	KS	9	5:26	00:35:39.5	13	5:49	00:38:09.7	01:13:49.2	5:37	01:13:47.7
11	11/1345	2/233	58	Jeremy Van Veen	M	36	Aberdeen	SD	11	5:30	00:36:08.2	12	5:47	00:37:55.3	01:14:03.6	5:38	01:14:02.1
12	12/1345	3/183	41	Daniel Black	M	27	Sioux Falls	SD	12	5:33	00:36:26.2	9	5:45	00:37:41.0	01:14:07.3	5:39	01:14:06.1
13	13/1345	4/183	3	York Thomas	M	27	Sioux Falls	SD	13	5:33	00:36:26.3	11	5:46	00:37:49.3	01:14:15.6	5:39	01:14:14.1
14	14/1345	3/81	21	Pierce Tallichet	M	21	Lincoln	NE	15	5:36	00:36:46.7	14	5:54	00:38:44.7	01:15:31.4	5:45	01:15:29.5
15	15/1345	2/205	18	Jason Zakaras	M	33	Gretna	NE	17	5:41	00:37:16.6	17	5:57	00:38:59.4	01:16:16.1	5:48	01:16:13.6
16	16/1345	3/233	8	Brian Wandzilak	M	35	Lincoln	NE	20	5:45	00:37:45.9	15	5:55	00:38:45.4	01:16:31.4	5:50	01:16:29.1
17	17/1345	4/81	57	Trevor Vidlak	M	24	Lincoln	NE	16	5:40	00:37:10.7	20	6:01	00:39:28.2	01:16:38.9	5:50	01:16:36.3
18	18/1345	4/233	10	Ryan Regnier	M	39	Lincoln	NE	18	5:41	00:37:18.7	19	6:00	00:39:22.9	01:16:41.7	5:50	01:16:39.0
19	19/1345	2/2	11	Thomas Woods	M	44	Lincoln	NE	25	5:47	00:38:01.7	16	5:55	00:38:50.5	01:16:52.2	5:51	01:16:48.7
20	20/1345	3/205	283	Logan Martin	M	32	Aurora	CO	26	5:48	00:38:05.9	18	5:58	00:39:06.8	01:17:12.8	5:53	01:17:10.5
21	21/1345	5/183	5	Cory Logsdon	M	27	Omaha	NE	19	5:42	00:37:23.1	22	6:05	00:39:56.6	01:17:19.7	5:53	01:17:18.0
22	22/1345	6/183	26	Cheto Cerda	M	29	Lincoln	NE	23	5:46	00:37:48.5	21	6:05	00:39:51.3	01:17:39.8	5:55	01:17:37.9
23	23/1345	7/183	54	Andrew Jacob	M	29	Lincoln	NE	22	5:45	00:37:47.7	23	6:06	00:40:00.9	01:17:48.7	5:55	01:17:46.4
24	24/1345	8/183	51	Cole Marolf	M	25	Holland	NE	10	5:29	00:35:57.4	33	6:25	00:42:07.8	01:18:05.2	5:57	01:18:03.9
25	25/1345	9/183	3236	Ryan Hruska	M	28	Lincoln	NE	27	5:50	00:38:15.5	25	6:12	00:40:38.9	01:18:54.5	6:00	01:18:51.6
26	1/2646	1/3	44	Lauren Fog	F	26	Boulder	CO	30	5:55	00:38:51.7	26	6:12	00:40:40.9	01:19:32.7	6:03	01:19:28.4
27	26/1345	10/183	4422	Todd Vlieger	M	28	Central City	NE	24	5:47	00:37:57.2	31	6:22	00:41:42.8	01:19:40.1	6:04	01:19:38.6
28	27/1345	11/183	4431	Addison Albin	M	28	Kansas City	MO	37	6:07	00:40:09.2	24	6:07	00:40:05.4	01:20:14.7	6:07	01:20:11.8
29	2/2646	2/3	55	Obsie Birru	F	27	Des Moines	IA	28	5:55	00:38:51.5	28	6:19	00:41:27.8	01:20:19.4	6:07	01:20:17.7
30	3/2646	3/3	45	Emma Kenyon	F	27	Westminster	CO	32	5:56	00:38:57.4	29	6:21	00:41:35.8	01:20:33.3	6:08	01:20:29.6
31	28/1345	12/183	31	Josiah Belzer	M	25	Omaha	NE	21	5:45	00:37:46.9	44	6:32	00:42:51.2	01:20:38.2	6:08	01:20:35.7
32	29/1345	5/81	5179	Mitchell Davis	M	24	Des Moines	IA	31	5:56	00:38:57.3	34	6:25	00:42:08.0	01:21:05.4	6:10	01:21:02.1
33	30/1345	6/81	301	Elliot Lafollette	M	20	Omaha	NE	34	6:04	00:39:47.7	32	6:24	00:41:56.6	01:21:44.3	6:13	01:21:41.7
34	31/1345	1/82	3039	Brian Kelley	M	56	Lincoln	NE	40	6:10	00:40:29.7	27	6:18	00:41:17.6	01:21:47.3	6:13	01:21:42.4
35	32/1345	1/192	1074	Charles Smith	M	40	Omaha	NE	38	6:08	00:40:20.6	30	6:22	00:41:42.1	01:22:02.7	6:14	01:21:55.1
36	33/1345	2/192	620	Michael Morrison	M	40	Papillion	NE	35	6:04	00:39:50.7	37	6:27	00:42:21.2	01:22:11.9	6:16	01:22:10.7

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									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
37	34/1345	4/205	4463	Jeremy Hoefs	M	32	Lincoln	NE	33	6:03	00:39:45.7	39	6:29	00:42:30.4	01:22:16.2	6:16	01:22:11.3
38	4/2646	1/486	30	Shannon Suing	F	37	Gretna	NE	39	6:10	00:40:29.3	35	6:26	00:42:13.8	01:22:43.2	6:18	01:22:39.5
39	5/2646	1/460	47	Kelly Brinkman	F	34	Eagan	MN	36	6:05	00:39:58.4	45	6:32	00:42:51.7	01:22:50.1	6:18	01:22:46.4
40	6/2646	2/486	56	Michelle Paxton	F	38	Lincoln	NE	43	6:13	00:40:52.7	36	6:27	00:42:20.7	01:23:13.5	6:20	01:23:09.4
41	35/1345	5/233	53	Chris Nealy	M	35	Des Moines	IA	29	5:55	00:38:51.7	62	6:46	00:44:23.9	01:23:15.7	6:20	01:23:11.8
42	7/2646	1/2	34	Jenny Schulze	F	43	Clive	IA	41	6:11	00:40:37.9	42	6:30	00:42:40.4	01:23:18.3	6:20	01:23:13.9
43	36/1345	3/192	4888	Jason Schmaderer	M	42	Lincoln	NE	42	6:13	00:40:51.2	46	6:33	00:42:55.8	01:23:47.1	6:22	01:23:39.7
44	37/1345	5/205	576	Jay Oligmueller	M	34	Lincoln	NE	44	6:13	00:40:52.9	47	6:33	00:42:56.6	01:23:49.6	6:23	01:23:44.2
45	38/1345	6/233	284	Eric Jungbluth	M	36	Golden	CO	45	6:13	00:40:52.9	50	6:34	00:43:06.5	01:23:59.5	6:24	01:23:55.8
46	39/1345	6/205	1303	Tim Mcgargill	M	34	Omaha	NE	47	6:16	00:41:11.7	51	6:36	00:43:15.7	01:24:27.5	6:26	01:24:24.5
47	40/1345	13/183	1625	Justin Sattler	M	27	Lincoln	NE	52	6:22	00:41:46.9	43	6:31	00:42:42.6	01:24:29.5	6:26	01:24:25.6
48	8/2646	2/460	48	Kelsey Martin	F	34	Aurora	CO	58	6:24	00:42:08.2	40	6:29	00:42:32.2	01:24:40.5	6:26	01:24:32.9
49	41/1345	2/82	286	Dan Spale	M	59	Lakewood	CO	57	6:24	00:42:07.5	41	6:29	00:42:33.3	01:24:40.9	6:27	01:24:33.3
50	9/2646	3/486	38	Jennifer Vande Vegte	F	38	Sioux Center	IA	54	6:25	00:42:07.1	52	6:38	00:43:27.2	01:25:34.4	6:31	01:25:29.8
51	42/1345	7/81	273	Spencer Zysset	M	23	Hastings	NE	46	6:16	00:41:04.9	65	6:47	00:44:29.8	01:25:34.7	6:31	01:25:32.6
52	43/1345	14/183	1293	Steele Erickson	M	25	York	NE	74	6:36	00:43:27.4	38	6:28	00:42:24.8	01:25:52.2	6:32	01:25:42.7
53	44/1345	8/81	2745	Mark Hilderbrand	M	24	Gothenburg	NE	60	6:26	00:42:19.7	53	6:38	00:43:29.4	01:25:49.2	6:32	01:25:43.0
54	45/1345	7/205	4922	Scott Cavadini	M	30	Lincoln	NE	55	6:24	00:42:07.3	55	6:41	00:43:49.1	01:25:56.5	6:32	01:25:50.0
55	46/1345	1/30	746	Jared Yost	M	18	Lincoln	NE	56	6:23	00:42:07.5	57	6:43	00:44:00.2	01:26:07.7	6:32	01:25:51.1
56	10/2646	2/2	19	Maureen Larsen	F	43	Gretna	NE	66	6:34	00:43:14.2	49	6:34	00:43:04.5	01:26:18.8	6:34	01:26:09.5
57	47/1345	15/183	1613	Zachary Heath	M	29	Bennington	NE	51	6:20	00:41:40.7	67	6:48	00:44:38.5	01:26:19.3	6:34	01:26:10.3
58	48/1345	7/233	3997	Brad Oldfield	M	38	Omaha	NE	50	6:20	00:41:36.0	69	6:49	00:44:40.2	01:26:16.2	6:34	01:26:10.5
59	49/1345	8/205	1065	Ryan Hatt	M	34	Lincoln	NE	83	6:36	00:44:12.6	48	6:34	00:43:03.1	01:27:15.7	6:35	01:26:18.8
60	11/2646	4/486	669	Amy Barry	F	36	Gretna	NE	61	6:29	00:42:41.1	58	6:44	00:44:07.5	01:26:48.7	6:36	01:26:38.5
61	50/1345	4/192	1837	Steve Packwood	M	43	Omaha	NE	53	6:23	00:41:57.2	80	6:53	00:45:08.3	01:27:05.6	6:37	01:26:57.0
62	51/1345	5/192	4974	Jeremy Miles	M	41	Hastings	NE	81	6:36	00:44:06.2	54	6:40	00:43:44.5	01:27:50.8	6:38	01:27:01.5
63	52/1345	16/183	1658	Drew Pope	M	28	Laramie	WY	48	6:17	00:41:15.4	100	7:00	00:45:54.8	01:27:10.2	6:38	01:27:04.6
64	12/2646	5/486	52	Michelle Schmidt	F	39	Lincoln	NE	70	6:35	00:43:20.7	56	6:42	00:43:56.1	01:27:16.9	6:38	01:27:08.1
65	13/2646	3/460	5854	Ashley Larson	F	30	Lincoln	NE	49	6:19	00:41:28.8	104	7:03	00:46:12.2	01:27:41.1	6:40	01:27:35.7
66	53/1345	17/183	2693	Matt Hilderbrand	M	29	Omaha	NE	59	6:26	00:42:19.3	101	7:01	00:45:58.9	01:28:18.3	6:43	01:28:11.9
67	54/1345	3/82	724	Brian Bergt	M	55	Amherst	NE	64	6:32	00:43:00.6	88	6:56	00:45:26.0	01:28:26.6	6:43	01:28:13.7
68	55/1345	9/81	288	Steve Dosskey	M	22	Lincoln	NE	65	6:33	00:43:06.3	87	6:56	00:45:25.5	01:28:31.8	6:44	01:28:19.6
69	14/2646	4/460	1	Lindsey Brezenski	F	33	Omaha	NE	85	6:44	00:44:15.2	59	6:44	00:44:10.5	01:28:25.8	6:44	01:28:21.4
70	56/1345	8/233	2522	Thaddeus Edgerton	M	37	Lincoln	NE	78	6:38	00:43:37.4	76	6:52	00:45:00.4	01:28:37.9	6:45	01:28:33.0
71	15/2646	6/486	6286	Sarah Madsen	F	37	Omaha	NE	84	6:44	00:44:15.2	63	6:47	00:44:27.8	01:28:43.1	6:45	01:28:38.2
72	16/2646	5/460	24	Andrea Lee	F	34	Omaha	NE	69	6:35	00:43:19.5	92	6:58	00:45:38.6	01:28:58.1	6:46	01:28:47.2

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
73	57/1345	10/81	4645	Pete Uhing	M	24	Lincoln	NE	90	6:40	00:44:25.4	78	6:52	00:45:04.2	01:29:29.7	6:46	01:28:47.3
74	58/1345	4/82	1387	Kevin Clinefelter	M	59	Rochester	NY	79	6:39	00:43:43.3	81	6:53	00:45:09.6	01:28:52.9	6:46	01:28:49.4
75	59/1345	1/115	1903	Kevin Burke	M	51	Lincoln	NE	99	6:43	00:45:03.5	72	6:50	00:44:51.4	01:29:54.9	6:47	01:28:57.5
76	17/2646	1/308	23	Jordan Bloesser	F	23	Kearney	NE	86	6:43	00:44:15.4	77	6:52	00:45:04.0	01:29:19.5	6:47	01:29:05.8
77	18/2646	6/460	3391	Karissa Slack	F	30	Lincoln	NE	72	6:36	00:43:27.2	96	6:59	00:45:46.2	01:29:13.5	6:47	01:29:06.3
78	60/1345	9/205	3606	Nathan Stack	M	30	Lincoln	NE	73	6:36	00:43:27.2	97	6:59	00:45:47.2	01:29:14.5	6:47	01:29:07.3
79	61/1345	9/233	2500	Anthony Schutz	M	39	Lincoln	NE	91	6:45	00:44:30.5	73	6:51	00:44:52.8	01:29:23.4	6:48	01:29:09.2
80	19/2646	7/486	12	Joni Williamson	F	39	Lincoln	NE	92	6:45	00:44:30.7	74	6:51	00:44:53.0	01:29:23.7	6:48	01:29:09.4
81	62/1345	10/233	853	Erik Hash	M	39	Columbus	NE	63	6:32	00:42:55.9	108	7:05	00:46:24.5	01:29:20.5	6:48	01:29:14.0
82	63/1345	1/135	281	Darin Schlake	M	46	Malcolm	NE	80	6:40	00:43:55.5	90	6:57	00:45:35.7	01:29:31.2	6:48	01:29:18.3
83	64/1345	11/233	2091	Ryan Schmidt	M	38	Lincoln	NE	94	6:47	00:44:50.6	75	6:52	00:44:59.5	01:29:50.1	6:49	01:29:27.5
84	65/1345	11/81	3217	Jay Colwell	M	23	Lincoln	NE	67	6:33	00:43:14.2	110	7:06	00:46:31.8	01:29:46.1	6:49	01:29:30.5
85	66/1345	10/205	1039	Spencer Finley	M	34	Omaha	NE	129	6:53	00:45:42.9	64	6:47	00:44:27.9	01:30:10.9	6:49	01:29:33.7
86	67/1345	11/205	842	Michael Johnson	M	33	Omaha	NE	114	6:53	00:45:19.5	66	6:48	00:44:35.6	01:29:55.1	6:50	01:29:43.5
87	68/1345	2/135	5301	Brian Kelly	M	47	Omaha	NE	93	6:46	00:44:35.8	86	6:56	00:45:25.1	01:30:00.9	6:50	01:29:46.2
88	69/1345	3/135	1743	Darin Horst	M	46	Lincoln	NE	87	6:45	00:44:19.1	91	6:58	00:45:38.1	01:29:57.2	6:51	01:29:51.9
89	70/1345	12/81	3279	Adam Kahle	M	23	Dorchester	NE	89	6:44	00:44:24.2	94	6:58	00:45:42.6	01:30:06.9	6:51	01:29:52.0
90	71/1345	12/205	4137	Ryan Williams	M	33	Mission	KS	82	6:43	00:44:07.2	99	7:00	00:45:52.3	01:29:59.6	6:51	01:29:54.3
91	72/1345	12/233	655	Wade Fornander	M	39	Lincoln	NE	123	6:54	00:45:32.7	70	6:49	00:44:41.1	01:30:13.9	6:51	01:29:54.4
92	20/2646	7/460	1791	Nicole Mcintire	F	31	Waverly	NE	124	6:53	00:45:33.3	71	6:50	00:44:49.0	01:30:22.3	6:51	01:29:55.6
93	73/1345	13/81	1750	Blake Vajgrt	M	24	Seward	NE	77	6:37	00:43:31.3	114	7:07	00:46:41.3	01:30:12.7	6:52	01:30:01.8
94	74/1345	13/233	5597	John Gorman	M	36	Lincoln	NE	122	6:51	00:45:32.3	82	6:53	00:45:09.7	01:30:42.0	6:52	01:30:04.0
95	21/2646	1/435	9	Haleigh Riggie	F	25	Lincoln	NE	88	6:45	00:44:24.2	98	6:59	00:45:49.9	01:30:14.1	6:52	01:30:04.2
96	75/1345	14/81	5088	Jacob Pribnow	M	20	Ames	NE	137	7:00	00:46:25.1	61	6:44	00:44:11.5	01:30:36.7	6:52	01:30:08.0
97	76/1345	6/192	1742	Jason Mccown	M	40	Lincoln	NE	101	6:50	00:45:11.7	85	6:55	00:45:20.7	01:30:32.4	6:52	01:30:11.0
98	77/1345	18/183	2937	Jared Schreiner	M	27	Lincoln	NE	159	7:02	00:47:10.7	60	6:44	00:44:10.7	01:31:21.5	6:53	01:30:20.9
99	78/1345	14/233	407	Juan Florez	M	37	Lincoln	NE	156	6:50	00:47:08.8	93	6:58	00:45:41.8	01:32:50.7	6:54	01:30:28.5
100	79/1345	7/192	6149	Jim Baker	M	44	Lincoln	NE	125	6:56	00:45:34.2	79	6:53	00:45:07.6	01:30:41.8	6:54	01:30:32.6
101	80/1345	13/205	2764	John Mccarthy	M	31	Lincoln	NE	109	6:52	00:45:13.8	89	6:56	00:45:29.8	01:30:43.7	6:54	01:30:33.2
102	81/1345	14/205	1044	Ryan Duell	M	32	Lincoln	NE	76	6:36	00:43:28.7	132	7:14	00:47:28.9	01:30:57.7	6:55	01:30:49.1
103	82/1345	2/115	6272	Alan Haverkamp	M	53	Bern	KS	102	6:46	00:45:11.8	109	7:05	00:46:29.9	01:31:41.7	6:55	01:30:50.4
104	83/1345	5/82	2446	Scott Wieskamp	M	56	Panama	NE	133	6:58	00:45:59.7	83	6:53	00:45:10.1	01:31:09.9	6:56	01:30:54.2
105	84/1345	15/205	5563	David Batko	M	34	Omaha	NE	158	7:04	00:47:09.9	68	6:49	00:44:39.5	01:31:49.5	6:56	01:31:01.6
106	85/1345	19/183	1311	Travis Wieser	M	26	Grand Island	NE	68	6:31	00:43:18.5	163	7:23	00:48:25.3	01:31:43.8	6:57	01:31:07.7
107	86/1345	16/205	4093	Michael Pecha	M	34	Elkhorn	NE	71	6:35	00:43:23.8	142	7:19	00:47:57.9	01:31:21.7	6:57	01:31:10.1
108	87/1345	20/183	4309	Matthew Rosser	M	25	Lincoln	NE	112	6:51	00:45:18.4	107	7:04	00:46:18.6	01:31:37.1	6:57	01:31:11.0

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
109	88/1345	17/205	2573	Robert Alderson	M	30	Omaha	NE	62	6:31	00:42:49.6	164	7:23	00:48:26.9	01:31:16.6	6:57	01:31:12.2
110	89/1345	8/192	677	Mark Treadway	M	40	Kearney	NE	97	6:47	00:44:53.6	118	7:08	00:46:48.7	01:31:42.4	6:57	01:31:16.7
111	90/1345	18/205	3138	Jared Meyer	M	32	Lincoln	NE	126	6:50	00:45:34.3	115	7:07	00:46:42.6	01:32:16.9	6:58	01:31:28.2
112	22/2646	8/486	5843	Alissa Krebs	F	39	Neligh	NE	117	6:54	00:45:25.1	106	7:03	00:46:15.8	01:31:41.0	6:58	01:31:29.7
113	91/1345	21/183	2365	Kenneth Knoop	M	28	Lincoln	NE	106	6:52	00:45:13.6	112	7:06	00:46:32.6	01:31:46.2	6:58	01:31:31.9
114	92/1345	22/183	3995	Zachary Kane	M	26	Lincoln	NE	166	6:51	00:47:28.9	116	7:08	00:46:45.0	01:34:13.9	6:59	01:31:42.2
115	93/1345	4/135	745	J J Yost	M	49	Lincoln	NE	132	6:58	00:45:59.5	102	7:01	00:46:00.1	01:31:59.6	6:59	01:31:42.2
116	94/1345	5/135	1016	Michael Davis	M	47	Omaha	NE	118	6:50	00:45:26.8	125	7:12	00:47:11.5	01:32:38.4	7:00	01:31:57.8
117	23/2646	1/342	14	Theresa Gosnell	F	43	Omaha	NE	105	6:52	00:45:13.4	122	7:11	00:47:03.6	01:32:17.1	7:01	01:32:04.4
118	95/1345	23/183	3705	Andrew Hille	M	27	Hickman	NE	107	6:51	00:45:13.6	127	7:13	00:47:20.0	01:32:33.7	7:02	01:32:15.5
119	96/1345	3/115	1073	John Spomer	M	50	Lincoln	NE	110	6:50	00:45:14.6	133	7:15	00:47:30.6	01:32:45.3	7:02	01:32:20.0
120	97/1345	24/183	1362	Stuart Mason	M	28	Lincoln	NE	182	7:12	00:48:11.4	84	6:54	00:45:16.1	01:33:27.5	7:03	01:32:26.2
121	24/2646	9/486	1338	Ann Hubl	F	36	Hebron	NE	95	6:49	00:44:52.4	136	7:17	00:47:46.3	01:32:38.7	7:03	01:32:27.3
122	98/1345	19/205	4203	Christopher Beeler	M	30	Eldora	IA	135	6:48	00:46:00.8	140	7:19	00:47:56.5	01:33:57.3	7:03	01:32:31.0
123	99/1345	15/233	4478	Trevor Houghton	M	38	Nebraska City	NE	100	6:51	00:45:08.5	138	7:18	00:47:52.6	01:33:01.1	7:04	01:32:47.2
124	100/1345	6/135	274	Tony Sullivan	M	48	Hickman	NE	142	7:04	00:46:34.9	111	7:06	00:46:32.3	01:33:07.3	7:04	01:32:50.5
125	101/1345	20/205	1749	John Wang	M	34	Omaha	NE	128		00:45:35.5	128	7:14	00:47:26.2	01:33:01.8	7:05	01:33:01.8
126	25/2646	8/460	3030	Amber Brandenburger	F	30	Lincoln	NE	148	7:02	00:46:54.6	120	7:10	00:46:57.1	01:33:51.8	7:06	01:33:05.6
127	102/1345	16/233	1951	Jason Hesser	M	36	Crete	NE	111	6:50	00:45:17.7	160	7:22	00:48:20.1	01:33:37.9	7:06	01:33:11.6
128	103/1345	9/192	4046	David Frost	M	41	Bennington	NE	120	6:54	00:45:31.7	154	7:21	00:48:12.6	01:33:44.3	7:07	01:33:29.8
129	26/2646	2/308	300	Megan Niesen	F	23	Lincoln	NE	149	7:07	00:46:59.7	121	7:10	00:46:59.1	01:33:58.8	7:08	01:33:40.0
130	104/1345	17/233	1587	John Boever	M	37	Lincoln	NE	121		00:45:32.1	150	7:21	00:48:08.5	01:33:40.7	7:08	01:33:40.7
131	105/1345	1/48	3564	Paul Braunschweiler	M	63	Elkhorn	NE	98	6:50	00:44:53.6	178	7:28	00:48:55.6	01:33:49.3	7:08	01:33:41.8
132	27/2646	9/460	4722	Emily Kreikemeier	F	32	Omaha	NE	96	6:48	00:44:53.5	183	7:29	00:49:06.2	01:33:59.8	7:08	01:33:43.2
133	106/1345	2/30	277	Josiah Johnson	M	18	Lincoln	NE	116	6:53	00:45:24.8	168	7:24	00:48:33.4	01:33:58.3	7:09	01:33:43.9
134	107/1345	18/233	602	Timothy Hill	M	39	Lincoln	NE	104	6:53	00:45:13.2	171	7:25	00:48:38.6	01:33:51.8	7:09	01:33:44.7
135	28/2646	10/486	1650	Karey Roberts	F	38	Beatrice	NE	150	7:07	00:47:00.7	123	7:11	00:47:06.0	01:34:06.7	7:09	01:33:47.0
136	108/1345	19/233	4151	J B Dixon	M	39	Lincoln	NE	140	6:59	00:46:27.8	146	7:19	00:48:01.8	01:34:29.6	7:09	01:33:49.2
137	109/1345	20/233	1335	Bryan Sypal	M	38	Lincoln	NE	153	7:06	00:47:07.2	126	7:13	00:47:17.4	01:34:24.7	7:09	01:33:49.6
138	110/1345	4/115	5181	Paul Illich	M	50	Lincoln	NE	108	6:53	00:45:13.8	174	7:26	00:48:43.6	01:33:57.4	7:09	01:33:51.5
139	111/1345	3/30	2847	Anthony Krick	M	16	Lincoln	NE	212	7:23	00:48:53.7	95	6:58	00:45:44.2	01:34:37.9	7:10	01:34:06.3
140	112/1345	10/192	3786	Erik Wichita	M	42	Lincoln	NE	143	7:01	00:46:36.3	155	7:21	00:48:12.6	01:34:48.9	7:11	01:34:12.7
141	113/1345	25/183	4854	Zac Groenke	M	26	Lincoln	NE	162	7:09	00:47:16.4	131	7:14	00:47:28.0	01:34:44.4	7:12	01:34:23.7
142	114/1345	11/192	955	Ray Taddeucci	M	43	Lincoln	NE	146	7:05	00:46:44.9	147	7:20	00:48:02.6	01:34:47.5	7:12	01:34:26.8
143	115/1345	21/205	3901	Grant Roskens	M	30	Norfolk	NE	189	7:23	00:48:38.6	105	7:03	00:46:12.7	01:34:51.3	7:12	01:34:35.7
144	29/2646	2/342	3108	Kami Alessandro	F	43	Omaha	NE	169	7:09	00:47:33.7	135	7:16	00:47:41.5	01:35:15.3	7:13	01:34:37.2

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Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
145	116/1345	12/192	2543	Travis Green	M	41	Lincoln	NE	247	7:25	00:49:38.5	103	7:01	00:46:01.7	01:35:40.2	7:13	01:34:40.3
146	117/1345	26/183	3044	Colton Meyers	M	27	Lincoln	NE	219	7:19	00:48:59.3	113	7:07	00:46:41.0	01:35:40.3	7:13	01:34:40.4
147	118/1345	15/81	5091	Aaron Bos	M	23	Lincoln	NE	145	7:04	00:46:43.5	162	7:23	00:48:22.8	01:35:06.3	7:13	01:34:42.1
148	30/2646	11/486	866	Carrie Grant	F	37	Lincoln	NE	147	7:06	00:46:54.2	153	7:21	00:48:10.9	01:35:05.2	7:13	01:34:46.6
149	119/1345	4/30	4816	Zach Turner	M	19	Lincoln	NE	127	6:56	00:45:35.2	188	7:31	00:49:19.2	01:34:54.5	7:13	01:34:48.3
150	120/1345	21/233	1621	Brian Sterud	M	37	Norfolk	NE	209	7:19	00:48:51.4	119	7:09	00:46:54.3	01:35:45.7	7:14	01:34:55.8
151	121/1345	27/183	1575	Justin Van Nostrand	M	26	Lincoln	NE	176	7:08	00:47:46.5	152	7:21	00:48:10.2	01:35:56.7	7:14	01:34:56.8
152	122/1345	22/233	1276	Robert Ramey	M	36	Omaha	NE	174	7:08	00:47:40.8	156	7:21	00:48:13.6	01:35:54.4	7:14	01:34:57.0
153	123/1345	22/205	1794	Kevan Gray	M	33	Kearney	NE	130	6:53	00:45:43.3	207	7:37	00:49:57.4	01:35:40.7	7:15	01:35:03.4
154	124/1345	6/82	4706	Jack Duysen	M	56	Omaha	NE	214	7:19	00:48:54.3	124	7:11	00:47:06.0	01:36:00.3	7:15	01:35:06.1
155	125/1345	7/82	6091	Ray Chmiel	M	57	Mccook	NE	223	7:22	00:49:02.2	117	7:08	00:46:47.9	01:35:50.2	7:15	01:35:06.6
156	126/1345	2/48	1178	Jim Ruppelt	M	61	Lincoln	NE	168	7:11	00:47:32.7	143	7:19	00:48:00.0	01:35:32.8	7:15	01:35:08.2
157	127/1345	28/183	1262	Matthew James	M	29	Lincoln	NE	75	6:37	00:43:28.4	276	7:54	00:51:48.6	01:35:17.1	7:15	01:35:11.4
158	128/1345	8/82	1051	Kerry Mcdermott	M	58	Lincoln	NE	165	7:12	00:47:26.8	145	7:19	00:48:00.9	01:35:27.7	7:15	01:35:12.2
159	129/1345	23/205	850	Shane Peed	M	30	Lincoln	NE	136	7:01	00:46:13.5	190	7:32	00:49:21.0	01:35:34.6	7:16	01:35:24.1
160	130/1345	23/233	6067	Mike Suing	M	39	Gretna	NE	113	6:53	00:45:18.6	217	7:40	00:50:19.1	01:35:37.8	7:16	01:35:26.2
161	131/1345	29/183	1539	Ben Stangl	M	27	Blair	NE	115	6:49	00:45:23.7	237	7:45	00:50:49.9	01:36:13.7	7:17	01:35:34.8
162	132/1345	1/16	4532	James Chapman	M	14	Omaha	NE	155	6:58	00:47:08.5	211	7:38	00:50:01.9	01:37:10.5	7:18	01:35:46.2
163	31/2646	1/227	1326	Marcia Esola	F	48	Omaha	NE	185	7:18	00:48:32.5	144	7:19	00:48:00.7	01:36:33.3	7:18	01:35:53.3
164	133/1345	30/183	5913	Macklin Warrington	M	26	Lincoln	NE	161	7:06	00:47:15.8	194	7:33	00:49:31.7	01:36:47.5	7:19	01:36:06.6
165	134/1345	24/205	4940	Brody Ockander	M	34	Lincoln	NE	188	7:21	00:48:37.8	141	7:19	00:47:57.0	01:36:34.8	7:19	01:36:06.7
166	135/1345	31/183	377	Eric Johnson	M	27	Lincoln	NE	198	7:21	00:48:42.5	151	7:21	00:48:09.1	01:36:51.7	7:20	01:36:19.0
167	32/2646	12/486	1211	Stacy Fey	F	35	Woodstock	MN	206	7:20	00:48:49.8	158	7:22	00:48:15.7	01:37:05.5	7:20	01:36:19.8
168	33/2646	10/460	4276	Gail Hochstein	F	31	Crete	NE	187	7:18	00:48:33.1	169	7:25	00:48:36.9	01:37:10.1	7:21	01:36:26.9
169	34/2646	11/460	205	Nicole Norris	F	34	Lincoln	NE	199	7:22	00:48:42.6	148	7:20	00:48:06.7	01:36:49.4	7:21	01:36:27.6
170	136/1345	25/205	3649	Derek Sinica	M	30	Lincoln	NE	139	7:02	00:46:27.5	233	7:43	00:50:37.0	01:37:04.5	7:22	01:36:46.9
171	137/1345	24/233	3041	Mark White	M	38	Lincoln	NE	264	7:30	00:50:05.6	134	7:16	00:47:37.8	01:37:43.4	7:23	01:36:48.2
172	138/1345	26/205	1527	Robb Hiatt	M	30	Omaha	NE	144	7:01	00:46:39.8	239	7:46	00:50:53.7	01:37:33.5	7:23	01:36:52.5
173	139/1345	32/183	4387	Justin Stone	M	28	Lincoln	NE	160	7:10	00:47:13.2	206	7:37	00:49:55.9	01:37:09.1	7:23	01:36:57.5
174	140/1345	25/233	2564	Shane Deaver	M	36	Elkhorn	NE	243	7:25	00:49:32.3	159	7:22	00:48:17.3	01:37:49.7	7:23	01:36:58.3
175	35/2646	13/486	678	Kristen Ramm	F	36	Gretna	NE	157	7:09	00:47:09.9	213	7:38	00:50:04.7	01:37:14.6	7:23	01:36:58.6
176	141/1345	5/30	2754	Thomas Krick	M	17	Lincoln	NE	213	7:23	00:48:53.8	170	7:25	00:48:38.1	01:37:32.0	7:24	01:37:01.8
177	142/1345	27/205	425	Richard Schwartz	M	31	Lincoln	NE	194	7:18	00:48:41.5	185	7:30	00:49:09.9	01:37:51.4	7:24	01:37:03.2
178	143/1345	16/81	1855	Mason Van Nostrand	M	24	Lincoln	NE	167	7:06	00:47:29.9	230	7:42	00:50:32.6	01:38:02.5	7:24	01:37:03.6
179	144/1345	9/82	1717	Robert Borer	M	56	Lincoln	NE	171	7:14	00:47:38.8	200	7:35	00:49:42.8	01:37:21.7	7:24	01:37:08.0
180	145/1345	13/192	525	Eric Williams	M	40	Lincoln	NE	363	7:27	00:52:06.2	165	7:24	00:48:29.8	01:40:36.1	7:25	01:37:18.4

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
181	146/1345	14/192	4489	Jason Chicoine	M	44	Wahoo	NE	285	7:33	00:50:42.7	137	7:18	00:47:50.6	01:38:33.3	7:25	01:37:20.8
182	147/1345	33/183	2883	Alejandro Guerrero	M	27	Omaha	NE	228	7:22	00:49:07.1	181	7:29	00:49:02.4	01:38:09.6	7:25	01:37:22.7
183	36/2646	14/486	1275	Caitlyn Ramey	F	36	Omaha	NE	254	7:27	00:49:51.5	167	7:24	00:48:29.9	01:38:21.5	7:25	01:37:23.8
184	148/1345	26/233	5651	Andrew Carter	M	36	Lincoln	NE	275	7:20	00:50:22.8	191	7:32	00:49:24.0	01:39:46.8	7:26	01:37:27.2
185	149/1345	15/192	3529	Brian Bergstrom	M	42	Axtell	NE	317	7:39	00:51:18.6	130	7:14	00:47:27.7	01:38:46.3	7:26	01:37:36.0
186	150/1345	17/81	4524	Paul Creger	M	24	Lincoln	NE	103	6:52	00:45:12.8	338	8:03	00:52:47.8	01:38:00.6	7:27	01:37:48.0
187	151/1345	34/183	309	Paul Judge	M	29	Omaha	NE	193	7:19	00:48:41.3	205	7:36	00:49:52.2	01:38:33.6	7:27	01:37:48.7
188	152/1345	28/205	1159	Brian Swim	M	33	Lincoln	NE	184	7:16	00:48:23.4	215	7:39	00:50:08.9	01:38:32.3	7:27	01:37:49.4
189	153/1345	7/135	3861	Mike Masek	M	49	Omaha	NE	152	7:07	00:47:02.9	249	7:48	00:51:09.5	01:38:12.5	7:27	01:37:49.5
190	154/1345	16/192	1564	Jason Keese	M	40	Lincoln	NE	131	6:57	00:45:51.2	299	7:58	00:52:12.8	01:38:04.1	7:27	01:37:50.2
191	155/1345	8/135	647	Jeff Wickett	M	49	Norfolk	NE	227	7:23	00:49:05.3	193	7:33	00:49:30.3	01:38:35.6	7:28	01:37:58.2
192	37/2646	12/460	303	Jessica Stanley	F	31	Omaha	NE	177	7:14	00:47:48.4	231	7:43	00:50:34.8	01:38:23.2	7:28	01:37:58.9
193	156/1345	27/233	545	Carl J Samuelson	M	38	Papillion	NE	180	7:16	00:47:54.9	218	7:41	00:50:20.0	01:38:14.9	7:28	01:37:59.2
194	157/1345	28/233	486	Scott Medina	M	38	Lincoln	NE	200	7:19	00:48:42.9	208	7:37	00:49:58.5	01:38:41.5	7:28	01:38:00.2
195	158/1345	17/192	420	Corey Russman	M	42	Lincoln	NE	203	7:22	00:48:47.5	199	7:35	00:49:41.8	01:38:29.3	7:28	01:38:01.9
196	159/1345	35/183	2972	Tyler Morrison	M	25	Lincoln	NE	220	7:11	00:48:59.3	242	7:46	00:50:56.9	01:39:56.2	7:28	01:38:02.8
197	160/1345	9/135	1496	Jim Mccarthy	M	49	Papillion	NE	175	7:09	00:47:46.3	250	7:48	00:51:10.8	01:38:57.2	7:28	01:38:05.3
198	161/1345	36/183	2508	Brian Hinkle	M	27	Omaha	NE	229	7:22	00:49:07.5	202	7:36	00:49:50.0	01:38:57.6	7:29	01:38:10.4
199	162/1345	37/183	6225	Ben Herbers	M	28	Omaha	NE	262	7:27	00:50:01.9	187	7:31	00:49:18.3	01:39:20.3	7:29	01:38:11.6
200	38/2646	13/460	592	Jill Tillinghast	F	34	Lincoln	NE	173	7:14	00:47:40.5	236	7:45	00:50:49.9	01:38:30.4	7:29	01:38:13.1
201	39/2646	2/435	4210	Adrienne Held	F	25	Valley	NE	265	7:33	00:50:06.6	177	7:27	00:48:48.6	01:38:55.2	7:30	01:38:20.3
202	163/1345	29/233	5877	Jason D Kennedy	M	35	Lincoln	NE	178	7:14	00:47:49.6	240	7:46	00:50:53.9	01:38:43.5	7:30	01:38:21.9
203	40/2646	14/460	3166	Amber Oligmueller	F	34	Lincoln	NE	352	7:42	00:51:51.8	139	7:18	00:47:55.1	01:39:46.9	7:30	01:38:24.0
204	164/1345	29/205	2122	Adam Wells	M	32	Omaha	NE	284	7:37	00:50:40.3	166	7:24	00:48:29.9	01:39:10.3	7:30	01:38:27.6
205	41/2646	3/308	285	Grace Krause	F	23	Denver	CO	201	7:23	00:48:43.9	214	7:39	00:50:08.7	01:38:52.6	7:31	01:38:33.0
206	42/2646	1/79	2169	Natalie Stanley	F	19	Lincoln	NE	241	7:28	00:49:29.5	196	7:34	00:49:39.1	01:39:08.6	7:31	01:38:37.0
207	165/1345	18/192	733	Paul Brinkman	M	44	Lincoln	NE	293	7:40	00:51:08.1	161	7:22	00:48:20.8	01:39:28.9	7:31	01:38:39.8
208	166/1345	30/205	657	Jediah Kautz	M	30	Hastings	NE	242	7:28	00:49:30.7	201	7:36	00:49:47.4	01:39:18.2	7:31	01:38:41.8
209	167/1345	30/233	1127	Andrew Gonka	M	39	Elkhorn	NE	239	7:27	00:49:20.3	203	7:36	00:49:50.7	01:39:11.1	7:31	01:38:42.1
210	168/1345	10/135	474	Steven Sousek	M	49	Lincoln	NE	257	7:33	00:49:55.8	186	7:30	00:49:09.9	01:39:05.7	7:31	01:38:43.3
211	169/1345	11/135	5706	Sam Allgood	M	48	Lincoln	NE	226	7:22	00:49:04.7	220	7:41	00:50:22.2	01:39:26.9	7:31	01:38:43.5
212	170/1345	31/205	846	Nick Bockoven	M	33	Bellevue	NE	288	7:36	00:50:51.9	179	7:28	00:48:58.8	01:39:50.7	7:32	01:38:46.3
213	171/1345	19/192	522	Phil Abel	M	41	Lincoln	NE	170	7:13	00:47:36.8	268	7:52	00:51:36.8	01:39:13.7	7:32	01:38:53.4
214	43/2646	3/435	1684	Kristen Humphrey	F	26	Omaha	NE	256	7:30	00:49:53.9	198	7:35	00:49:40.5	01:39:34.5	7:32	01:38:53.5
215	172/1345	32/205	3952	Anthony Gage	M	34	Kansas City	MO	297	7:39	00:51:14.7	175	7:26	00:48:44.7	01:39:59.4	7:32	01:38:53.6
216	44/2646	4/435	6250	Josselyn Webster	F	27	Lincoln	NE	282	7:34	00:50:37.8	189	7:31	00:49:19.6	01:39:57.4	7:32	01:38:54.9

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
217	45/2646	1/154	4185	Shelly Tvrdy	F	50	Seward	NE	309	7:44	00:51:17.5	157	7:21	00:48:14.8	01:39:32.4	7:33	01:38:59.2
218	173/1345	38/183	3443	Austin Nelson	M	25	Lincoln	NE	291	7:37	00:51:01.3	184	7:29	00:49:07.1	01:40:08.4	7:33	01:39:04.5
219	174/1345	20/192	5606	James Boerner	M	41	Bellevue	NE	151	7:05	00:47:00.7	329	8:02	00:52:42.0	01:39:42.8	7:33	01:39:06.9
220	46/2646	2/227	3846	Shawna Young	F	45	Omaha	NE	224	7:26	00:49:02.9	232	7:43	00:50:35.8	01:39:38.7	7:34	01:39:18.5
221	175/1345	39/183	3103	Long Matthew	M	25	Lincoln	NE	338	7:36	00:51:36.7	192	7:33	00:49:30.0	01:41:06.7	7:34	01:39:20.0
222	176/1345	31/233	2685	Nel Pineda	M	39	Bellevue	NE	261	7:32	00:50:00.6	210	7:37	00:49:59.2	01:39:59.8	7:35	01:39:24.9
223	177/1345	3/48	1858	David Coleman	M	60	Lincoln	NE	316	7:44	00:51:18.4	172	7:25	00:48:40.9	01:39:59.3	7:35	01:39:25.6
224	178/1345	32/233	1935	Jake Messersmith	M	36	Kearney	NE	312	7:41	00:51:17.8	180	7:29	00:49:01.1	01:40:18.9	7:35	01:39:25.7
225	47/2646	15/486	2945	Amy Miller	F	37	Omaha	NE	244	7:26	00:49:32.5	234	7:44	00:50:43.9	01:40:16.4	7:35	01:39:25.9
226	48/2646	5/435	2080	Elizabeth Earhart	F	25	St Louis	MO	245	7:29	00:49:33.4	223	7:41	00:50:25.3	01:39:58.7	7:35	01:39:26.3
227	179/1345	40/183	878	Andrew Neville	M	29	Lincoln	NE	250	7:28	00:49:48.5	227	7:42	00:50:27.8	01:40:16.4	7:35	01:39:28.2
228	180/1345	21/192	2625	Mike Reed	M	43	Omaha	NE	225	7:23	00:49:03.3	247	7:47	00:51:05.0	01:40:08.3	7:35	01:39:30.8
229	181/1345	22/192	4552	Jeff Vaughn	M	40	Omaha	NE	326	7:45	00:51:24.2	176	7:26	00:48:46.3	01:40:10.6	7:35	01:39:33.4
230	182/1345	33/233	552	Ryan Garlock	M	39	Lincoln	NE	231	7:24	00:49:13.2	244	7:47	00:51:01.4	01:40:14.7	7:35	01:39:33.8
231	49/2646	15/460	563	Mary Timmerman	F	32	Omaha	NE	154	7:03	00:47:07.4	364	8:08	00:53:21.4	01:40:28.9	7:35	01:39:35.4
232	50/2646	6/435	4103	Crystal Foust	F	25	Fremont	NE	211	7:24	00:48:53.4	245	7:47	00:51:01.4	01:39:54.9	7:35	01:39:35.5
233	51/2646	4/308	4525	Devin Schultze	F	24	Kansas City	MO	294	7:42	00:51:11.4	182	7:29	00:49:05.9	01:40:17.4	7:36	01:39:37.7
234	183/1345	6/30	4152	Alexander Hruby	M	19	Lincoln	NE	268	7:30	00:50:14.5	225	7:42	00:50:27.2	01:40:41.7	7:36	01:39:38.8
235	184/1345	33/205	2150	Marlon Good	M	33	Lincoln	NE	192	7:23	00:48:41.1	255	7:49	00:51:17.0	01:39:58.2	7:36	01:39:39.2
236	52/2646	3/342	638	Kimberly Nitchals	F	42	Omaha	NE	263	7:30	00:50:05.5	229	7:42	00:50:30.7	01:40:36.3	7:36	01:39:43.6
237	185/1345	7/30	5282	Thadd Wegrzyn	M	16	Lincoln	NE	372	7:48	00:52:20.4	173	7:26	00:48:42.2	01:41:02.7	7:36	01:39:50.5
238	186/1345	12/135	1007	Tom Macy	M	48	Omaha	NE	260	7:32	00:49:59.8	226	7:42	00:50:27.5	01:40:27.4	7:37	01:39:53.3
239	187/1345	34/233	2262	Chad Buell	M	39	Bassett	NE	221	7:23	00:49:00.8	262	7:51	00:51:26.5	01:40:27.4	7:37	01:39:53.5
240	188/1345	34/205	4507	Brandon Ladwig	M	32	Omaha	NE	119	6:53	00:45:30.5	439	8:21	00:54:46.9	01:40:17.4	7:37	01:39:56.2
241	53/2646	5/308	43	Taylor Johnson	F	22	Lincoln	NE	138	7:03	00:46:26.1	376	8:12	00:53:43.6	01:40:09.8	7:37	01:39:57.6
242	189/1345	23/192	534	Jake Claussen	M	40	Norfolk	NE	208	7:19	00:48:51.4	285	7:56	00:52:00.3	01:40:51.7	7:37	01:40:01.8
243	54/2646	6/308	32	Kira Vincent	F	24	Omaha	NE	164	7:12	00:47:25.6	337	8:03	00:52:46.6	01:40:12.2	7:37	01:40:02.4
244	190/1345	41/183	4129	Jeffrey Kramer	M	25	Lincoln	NE	258	7:20	00:49:56.5	286	7:56	00:52:01.4	01:41:57.9	7:38	01:40:04.3
245	55/2646	16/486	421	Michelle Bivens	F	36	Lincoln	NE	296	7:43	00:51:14.3	195	7:34	00:49:36.0	01:40:50.3	7:38	01:40:14.4
246	191/1345	35/205	6070	Ryan Curtis	M	32	Omaha	NE	276	7:38	00:50:24.5	222	7:41	00:50:23.7	01:40:48.2	7:39	01:40:23.9
247	56/2646	7/435	5819	Lauren Hopkins	F	28	Omaha	NE	233	7:27	00:49:14.6	269	7:52	00:51:37.7	01:40:52.4	7:39	01:40:25.8
248	192/1345	13/135	2616	Jerry Witte	M	46	Lincoln	NE	172	7:14	00:47:39.4	347	8:05	00:53:01.7	01:40:41.2	7:39	01:40:26.2
249	57/2646	8/435	2824	Bethany Fulmer	F	28	Colorado Springs	CO	207	7:23	00:48:50.3	291	7:56	00:52:03.3	01:40:53.6	7:40	01:40:31.3
250	193/1345	36/205	3167	Matt Atchison	M	33	Omaha	NE	205	7:21	00:48:49.2	309	8:00	00:52:25.9	01:41:15.1	7:40	01:40:37.8
251	58/2646	16/460	2441	Piper Larson	F	34	Omaha	NE	191	7:23	00:48:40.7	300	7:58	00:52:14.7	01:40:55.4	7:40	01:40:39.1
252	59/2646	17/486	5047	Allison Nielsen	F	36	Elmwood	NE	190	7:22	00:48:40.4	306	7:59	00:52:22.6	01:41:03.1	7:40	01:40:42.9

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Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
253	60/2646	18/486	1299	Lora Ullerich	F	38	Omaha	NE	310	7:44	00:51:17.5	209	7:37	00:49:58.9	01:41:16.5	7:41	01:40:43.9
254	194/1345	37/205	5787	Matthew Webster	M	33	Lincoln	NE	370	7:45	00:52:15.9	212	7:38	00:50:03.9	01:42:19.9	7:41	01:40:50.7
255	195/1345	35/233	2455	Shane Elwood	M	36	Hickman	NE	277	7:37	00:50:26.7	241	7:46	00:50:56.3	01:41:23.1	7:41	01:40:51.2
256	61/2646	4/342	5180	Gail Illich	F	44	Lincoln	NE	195	7:22	00:48:41.6	315	8:00	00:52:30.1	01:41:11.7	7:41	01:40:51.6
257	196/1345	42/183	1681	Paul Johnson	M	29	Lincoln	NE	280	7:37	00:50:35.6	243	7:47	00:50:59.8	01:41:35.4	7:41	01:40:53.7
258	197/1345	43/183	448	Seth Huenink	M	29	Lincoln	NE	232	7:16	00:49:13.4	356	8:07	00:53:14.3	01:42:27.8	7:41	01:40:55.2
259	198/1345	38/205	608	David Smidt	M	34	Lincoln	NE	719	8:04	00:57:18.5	149	7:20	00:48:06.9	01:45:25.5	7:42	01:40:59.7
260	199/1345	5/115	2988	Wes Smith	M	54	Lincoln	NE	252	7:25	00:49:49.3	307	7:59	00:52:23.8	01:42:13.2	7:42	01:41:03.2
261	200/1345	24/192	782	Ron Larson	M	43	Lincoln	NE	266	7:29	00:50:12.5	288	7:56	00:52:02.2	01:42:14.8	7:42	01:41:08.6
262	201/1345	8/30	2849	Nathan Krick	M	17	Lincoln	NE	222	7:24	00:49:01.6	332	8:02	00:52:43.2	01:41:44.8	7:43	01:41:12.9
263	202/1345	44/183	5311	Topher Thompson	M	26	Lincoln	NE	218	7:25	00:48:57.8	320	8:01	00:52:33.5	01:41:31.3	7:43	01:41:13.4
264	203/1345	10/82	469	William Berzonsky	M	55	Lincoln	NE	237	7:27	00:49:17.3	303	7:59	00:52:20.4	01:41:37.7	7:43	01:41:14.1
265	204/1345	14/135	3919	Kevin Mccaffrey	M	47	Lincoln	NE	202	7:24	00:48:45.5	336	8:03	00:52:46.2	01:41:31.7	7:43	01:41:14.6
266	205/1345	45/183	4768	Bill Kreuser	M	29	Lincoln	NE	273	7:31	00:50:20.8	290	7:56	00:52:02.7	01:42:23.5	7:43	01:41:17.9
267	62/2646	3/227	706	Kjersten Welch	F	45	Sioux City	IA	230	7:26	00:49:12.4	328	8:02	00:52:41.4	01:41:53.9	7:44	01:41:23.5
268	63/2646	9/435	4341	Quinn Schulte	F	28	Omaha	NE	238	7:25	00:49:17.9	339	8:03	00:52:48.2	01:42:06.1	7:44	01:41:23.9
269	206/1345	46/183	3348	Timothy Zach	M	26	Lincoln	NE	368	7:47	00:52:09.6	224	7:42	00:50:26.4	01:42:36.1	7:44	01:41:25.4
270	207/1345	39/205	2598	Justin Brunken	M	32	Lincoln	NE	216		00:48:56.5	318	8:01	00:52:32.3	01:41:28.9	7:44	01:41:28.9
271	64/2646	5/342	3497	Sherri Macfee	F	40	Lincoln	NE	183	7:17	00:48:20.5	377	8:12	00:53:47.2	01:42:07.7	7:45	01:41:35.9
272	208/1345	9/30	532	Trevin Ryder	M	16	Lincoln	NE	393	7:54	00:53:00.6	204	7:36	00:49:51.1	01:42:51.8	7:45	01:41:39.1
273	209/1345	40/205	3410	Tony Norder	M	31	Bruning	NE	324	7:36	00:51:21.2	275	7:54	00:51:47.4	01:43:08.6	7:45	01:41:39.2
274	210/1345	10/30	2806	Peyton Renard	M	16	Lincoln	NE	374	7:56	00:52:30.3	197	7:34	00:49:39.4	01:42:09.8	7:45	01:41:41.4
275	211/1345	41/205	1173	Scott Rosenbaugh	M	32	Lincoln	NE	278	7:36	00:50:33.4	281	7:55	00:51:52.1	01:42:25.5	7:45	01:41:41.7
276	65/2646	10/435	1053	Shawntae Razo	F	29	Lincoln	NE	304	7:41	00:51:16.3	264	7:51	00:51:30.3	01:42:46.7	7:46	01:41:50.7
277	212/1345	6/115	1667	Tom Volk	M	50	Lincoln	NE	259	7:32	00:49:59.4	313	8:00	00:52:28.7	01:42:28.2	7:46	01:41:53.3
278	66/2646	19/486	986	Kristie Brezenski	F	35	Columbus	NE	333	7:35	00:51:32.8	296	7:57	00:52:10.4	01:43:43.2	7:46	01:41:54.3
279	67/2646	7/308	5046	Bridgette Schneekloth	F	23	Lincoln	NE	163	7:11	00:47:24.6	437	8:21	00:54:45.6	01:42:10.2	7:46	01:41:54.7
280	68/2646	20/486	1637	Cori Mooberry	F	35	Lincoln	NE	236	7:27	00:49:16.7	350	8:06	00:53:03.7	01:42:20.5	7:46	01:41:55.8
281	69/2646	6/342	1991	Myshell Straight	F	44	Red Oak	IA	299	7:43	00:51:14.7	256	7:50	00:51:19.2	01:42:33.9	7:46	01:41:58.2
282	213/1345	36/233	3727	Todd Krier	M	36	Lincoln	NE	300	7:41	00:51:15.5	267	7:52	00:51:35.6	01:42:51.2	7:46	01:41:59.8
283	214/1345	11/30	1170	Steven Bader	M	18	Gresham	NE	347	7:38	00:51:45.8	294	7:57	00:52:07.0	01:43:52.9	7:47	01:42:07.2
284	215/1345	2/16	2638	Avery Watts	M	14	Lincoln	NE	306	7:44	00:51:16.6	261	7:50	00:51:24.6	01:42:41.2	7:47	01:42:09.4
285	216/1345	37/233	1994	Trevor Bohling	M	35	Omaha	NE	240	7:27	00:49:23.8	365	8:08	00:53:22.0	01:42:45.8	7:47	01:42:10.3
286	217/1345	15/135	3389	Chad Lunders	M	46	Lincoln	NE	298	7:42	00:51:14.7	271	7:53	00:51:39.9	01:42:54.6	7:47	01:42:11.8
287	218/1345	38/233	945	Matthew Eickman	M	37	Overland Park	KS	249	7:31	00:49:46.5	343	8:04	00:52:55.9	01:42:42.4	7:47	01:42:12.4
288	70/2646	17/460	3989	Shelley Tiftt-Lippold	F	32	Omaha	NE	287	7:35	00:50:49.5	314	8:00	00:52:29.0	01:43:18.5	7:47	01:42:12.9

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
289	219/1345	42/205	2313	Aaron Rouse	M	30	Lincoln	NE	376	7:49	00:52:34.8	251	7:49	00:51:13.4	01:43:48.2	7:48	01:42:26.3
290	71/2646	21/486	1200	Christina Bentley	F	35	Lincoln	NE	331	7:45	00:51:30.3	273	7:53	00:51:40.5	01:43:10.8	7:48	01:42:26.7
291	220/1345	11/82	5859	Doug Brudny	M	56	Valley	NE	362	7:47	00:52:02.6	263	7:51	00:51:26.7	01:43:29.3	7:48	01:42:26.8
292	221/1345	39/233	3271	Ben Watson	M	36	Rapid City	SD	392	7:52	00:53:00.2	238	7:46	00:50:52.6	01:43:52.9	7:48	01:42:27.1
293	72/2646	7/342	2069	Nicole Sleddens	F	44	Lincoln	NE	364	7:48	00:52:06.2	253	7:49	00:51:16.3	01:43:22.6	7:48	01:42:27.6
294	222/1345	16/135	5174	Arlen Seeman	M	48	Williamsburg	IA	450	7:57	00:53:56.8	219	7:41	00:50:22.0	01:44:18.8	7:49	01:42:28.2
295	73/2646	8/342	3003	Kaycee Neil	F	40	Lincoln	NE	186	7:18	00:48:32.7	430	8:20	00:54:39.3	01:43:12.1	7:49	01:42:34.1
296	223/1345	25/192	3890	Max Kurz	M	44	Omaha	NE	271	7:33	00:50:18.5	348	8:05	00:53:02.8	01:43:21.4	7:49	01:42:35.8
297	224/1345	47/183	3309	Aaron Ball	M	28	Lincoln	NE	270	7:32	00:50:16.3	355	8:07	00:53:14.1	01:43:30.5	7:49	01:42:39.8
298	225/1345	12/30	5164	Nathan Follett	M	16	Lincoln	NE	308	7:37	00:51:16.9	333	8:02	00:52:43.2	01:44:00.2	7:49	01:42:41.0
299	226/1345	48/183	4510	Taylor Kendle	M	27	Lincoln	NE	281	7:29	00:50:36.2	368	8:11	00:53:36.4	01:44:12.7	7:50	01:42:41.2
300	227/1345	7/115	1077	Kevin Fields	M	53	Seward	NE	323	7:43	00:51:21.2	289	7:56	00:52:02.5	01:43:23.8	7:50	01:42:41.6
301	228/1345	12/82	3344	Wesley Hochstetler	M	59	Shickley	NE	329	7:42	00:51:26.3	302	7:59	00:52:17.4	01:43:43.7	7:50	01:42:44.5
302	74/2646	22/486	2375	Angie Hodge	F	35	Elkhorn	NE	355	7:51	00:51:55.1	254	7:49	00:51:16.5	01:43:11.7	7:50	01:42:48.0
303	229/1345	43/205	4688	Todd Goodman	M	34	Juniata	NE	327	7:33	00:51:25.3	363	8:08	00:53:21.1	01:44:46.4	7:50	01:42:54.0
304	230/1345	49/183	2817	Joseph Banegas	M	29	Lincoln	NE	608	7:48	00:56:00.8	274	7:54	00:51:46.8	01:47:47.7	7:51	01:42:54.3
305	231/1345	17/135	3147	Thomas Ochsner	M	45	Waverly	NE	405	7:55	00:53:16.7	246	7:47	00:51:01.7	01:44:18.4	7:51	01:42:56.5
306	232/1345	50/183	5034	Kyle Schutte	M	27	Omaha	NE	357	7:48	00:51:56.2	280	7:54	00:51:51.2	01:43:47.4	7:51	01:42:57.0
307	75/2646	23/486	2481	Carmen Llana	F	39	Saint Joseph	MO	354	7:46	00:51:54.1	293	7:56	00:52:03.6	01:43:57.7	7:51	01:42:59.2
308	76/2646	9/342	3320	Kerri Meyer	F	41	Syracuse	NE	382	7:44	00:52:39.7	304	7:59	00:52:21.7	01:45:01.4	7:51	01:43:03.3
309	233/1345	18/81	4429	Darren Johnson	M	21	Ames	IA	305	7:44	00:51:16.5	305	7:59	00:52:21.9	01:43:38.4	7:51	01:43:06.5
310	234/1345	40/233	3502	Zachary Labrayere	M	36	Lincoln	NE	1049	8:29	01:01:20.1	129	7:14	00:47:27.5	01:48:47.7	7:51	01:43:06.9
311	77/2646	18/460	2734	Becky Boellstorff	F	32	Lincoln	NE	234	7:28	00:49:16.5	409	8:16	00:54:14.0	01:43:30.6	7:52	01:43:10.7
312	235/1345	41/233	1956	Ken Logan	M	39	Lincoln	NE	377	7:50	00:52:35.2	279	7:54	00:51:51.0	01:44:26.2	7:52	01:43:12.7
313	78/2646	2/79	1812	Paige Maass	F	19	Omaha	NE	465	8:00	00:54:11.9	235	7:44	00:50:44.3	01:44:56.2	7:52	01:43:13.5
314	236/1345	44/205	5392	Trevor Prai	M	31	Lincoln	NE	656	7:52	00:56:35.2	272	7:53	00:51:40.2	01:48:15.5	7:52	01:43:15.2
315	79/2646	19/460	3148	Christy Prang	F	32	Lincoln	NE	397	7:32	00:53:06.7	387	8:14	00:53:57.0	01:47:03.8	7:53	01:43:20.9
316	237/1345	13/30	1300	Jared Teckmeyer	M	17	Lincoln	NE	488	8:07	00:54:24.8	216	7:40	00:50:14.4	01:44:39.3	7:53	01:43:26.8
317	238/1345	42/233	1867	Josh Huenergardt	M	36	Lincoln	NE	401	7:57	00:53:11.6	258	7:50	00:51:22.1	01:44:33.7	7:53	01:43:30.8
318	239/1345	45/205	2461	Shawn Peed	M	34	Lincoln	NE	449	7:46	00:53:55.8	324	8:02	00:52:37.3	01:46:33.1	7:53	01:43:31.1
319	240/1345	8/115	2967	David Darlington	M	50	Roca	NE	419	8:00	00:53:35.6	248	7:48	00:51:05.5	01:44:41.2	7:53	01:43:32.9
320	80/2646	2/154	1258	Mary Amen	F	51	Lincoln	NE	390	7:56	00:52:57.8	265	7:51	00:51:31.0	01:44:28.8	7:53	01:43:33.1
321	81/2646	20/460	6294	Mendy Houghton	F	34	Nebraska City	NE	457	7:56	00:54:01.5	266	7:52	00:51:33.8	01:45:35.3	7:54	01:43:35.0
322	241/1345	26/192	1241	Mark Canfield	M	42	Lincoln	NE	487	8:07	00:54:24.7	221	7:41	00:50:23.6	01:44:48.4	7:54	01:43:35.9
323	242/1345	46/205	5074	Kolby Koehlmoos	M	31	Omaha	NE	490	8:06	00:54:25.3	228	7:42	00:50:30.2	01:44:55.6	7:54	01:43:37.4
324	82/2646	21/460	3855	Gina Schmidt	F	31	Chicago	IL	210	7:24	00:48:53.2	464	8:25	00:55:11.9	01:44:05.1	7:54	01:43:45.2

The Good Life Halfsy

November 1, 2015

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
325	243/1345	51/183	4920	Greg Smith	M	29	Kingwood	TX	468	8:01	00:54:15.7	252	7:49	00:51:13.9	01:45:29.7	7:54	01:43:45.7
326	83/2646	10/342	5133	Angie Frederick	F	40	Omaha	NE	484	7:57	00:54:23.8	270	7:53	00:51:38.3	01:46:02.1	7:54	01:43:45.7
327	84/2646	3/154	2381	Karen Derr	F	51	Lincoln	NE	345	7:49	00:51:45.3	317	8:01	00:52:31.4	01:44:16.7	7:54	01:43:46.3
328	244/1345	43/233	1666	Tom Roddel	M	37	Lincoln	NE	319	7:44	00:51:19.2	353	8:06	00:53:07.7	01:44:26.9	7:55	01:43:47.2
329	85/2646	24/486	3318	Andrea Bowen	F	35	Onsha	NE	420	8:00	00:53:36.5	257	7:50	00:51:19.6	01:44:56.1	7:55	01:43:47.2
330	245/1345	27/192	2253	James Johnson	M	42	Willmar	MN	253	7:32	00:49:50.5	421	8:18	00:54:24.6	01:44:15.2	7:55	01:43:47.5
331	86/2646	22/460	4610	Sarah Toline	F	32	Wahoo	NE	235	7:27	00:49:16.5	453	8:23	00:55:00.0	01:44:16.6	7:55	01:43:52.1
332	246/1345	18/135	833	Craig Pleskac	M	45	Lincoln	NE	350	7:39	00:51:49.7	378	8:12	00:53:47.8	01:45:37.5	7:55	01:43:56.6
333	247/1345	47/205	1448	Eric Grob	M	31	Omaha	NE	611	7:30	00:56:03.6	440	8:21	00:54:47.2	01:50:50.9	7:55	01:43:59.3
334	87/2646	25/486	3292	Lori Morin	F	38	Lincoln	NE	413	7:49	00:53:26.7	334	8:03	00:52:44.0	01:46:10.7	7:56	01:44:00.6
335	248/1345	19/81	1887	Jake Salomons	M	24	Lincoln	NE	325	7:44	00:51:23.8	358	8:07	00:53:15.3	01:44:39.2	7:56	01:44:00.7
336	88/2646	23/460	5691	Liz Woodruff	F	30	Papillion	NE	404	7:52	00:53:16.5	310	8:00	00:52:26.0	01:45:42.5	7:56	01:44:02.5
337	249/1345	52/183	1236	Kyle Bown	M	28	Lincoln	NE	196	7:24	00:48:42.1	490	8:28	00:55:33.3	01:44:15.5	7:56	01:44:02.6
338	250/1345	53/183	3403	Quinn Lewandowski	M	28	Central City	NE	197	7:24	00:48:42.3	491	8:28	00:55:33.6	01:44:15.9	7:56	01:44:03.0
339	89/2646	1/49	3035	Diane Sims	F	60	Omaha	NE	461	7:58	00:54:07.8	278	7:54	00:51:50.4	01:45:58.2	7:56	01:44:04.1
340	251/1345	44/233	428	David Dirksen	M	38	Lincoln	NE	349	7:47	00:51:49.7	352	8:06	00:53:06.5	01:44:56.2	7:56	01:44:08.5
341	90/2646	8/308	1971	Sarah Wheeldon	F	24	Omaha	NE	320	7:43	00:51:19.3	371	8:11	00:53:38.1	01:44:57.4	7:56	01:44:10.7
342	252/1345	48/205	5846	Scott Stengle	M	30	Lincoln	NE	318	7:37	00:51:18.8	411	8:17	00:54:15.7	01:45:34.5	7:56	01:44:10.8
343	91/2646	4/227	998	Stacey Eddie	F	45	Storm Lake	IA	575	8:03	00:55:25.2	259	7:50	00:51:22.9	01:46:48.2	7:56	01:44:10.8
344	253/1345	54/183	1694	Danny Poethig	M	26	West Des Moines	IA	248	7:31	00:49:38.7	451	8:23	00:54:57.6	01:44:36.3	7:57	01:44:13.2
345	254/1345	45/233	3559	Scott Schaefer	M	37	Omaha	NE	375	7:52	00:52:32.5	323	8:01	00:52:35.8	01:45:08.4	7:57	01:44:13.5
346	255/1345	19/135	734	Greg Hanel	M	45	Lincoln	NE	272	7:35	00:50:19.2	425	8:19	00:54:31.5	01:44:50.7	7:57	01:44:13.8
347	92/2646	24/460	2132	Jennifer Feldt	F	34	Lincoln	NE	568	7:59	00:55:18.6	282	7:55	00:51:52.2	01:47:10.9	7:57	01:44:15.0
348	256/1345	28/192	509	Blake Anderson	M	43	Lincoln	NE	335	7:47	00:51:34.5	357	8:07	00:53:14.4	01:44:48.9	7:57	01:44:16.5
349	257/1345	20/81	3130	Paul Gebers	M	20	Lincoln	NE	400	7:53	00:53:09.3	321	8:01	00:52:33.5	01:45:42.9	7:57	01:44:18.2
350	93/2646	4/154	5845	Dawn Claus	F	50	Sutton	NE	432	7:53	00:53:42.8	326	8:02	00:52:38.0	01:46:20.8	7:57	01:44:19.6
351	258/1345	20/135	712	John Hallgren	M	46	Omaha	NE	381	7:35	00:52:39.5	429	8:20	00:54:36.7	01:47:16.2	7:57	01:44:20.9
352	259/1345	49/205	1145	Ben Biehl	M	34	Syracuse	NE	438	7:58	00:53:47.6	297	7:58	00:52:11.8	01:45:59.4	7:57	01:44:24.5
353	260/1345	55/183	2774	Ryan Williams	M	27	Hastings	NE	476	8:06	00:54:21.7	260	7:50	00:51:24.4	01:45:46.2	7:58	01:44:28.3
354	261/1345	4/48	1466	Stanley Oswald	M	62	Lincoln	NE	365	7:49	00:52:07.2	359	8:08	00:53:16.5	01:45:23.7	7:58	01:44:30.6
355	262/1345	46/233	3089	Dustin Slivka	M	38	Omaha	NE	339	7:45	00:51:36.8	375	8:11	00:53:42.1	01:45:18.9	7:58	01:44:33.5
356	263/1345	29/192	2157	John Christensen	M	44	Lincoln	NE	311	7:45	00:51:17.7	384	8:13	00:53:55.4	01:45:13.2	7:59	01:44:42.0
357	264/1345	30/192	2411	Alan Olsen	M	44	Lincoln	NE	321	7:42	00:51:20.2	416	8:17	00:54:19.1	01:45:39.3	7:59	01:44:45.7
358	94/2646	26/486	5518	Angela Boule	F	36	Lincoln	NE	508	8:03	00:54:31.2	292	7:56	00:52:03.5	01:46:34.8	8:00	01:44:53.6
359	95/2646	27/486	1363	Ann Lesch	F	35	De Smet	SD	616	7:47	00:56:05.5	381	8:13	00:53:51.2	01:49:56.8	8:00	01:44:55.8
360	96/2646	11/435	757	Kirsten Kreutz	F	28	Inland	NE	475	8:04	00:54:21.5	287	7:56	00:52:02.2	01:46:23.7	8:00	01:44:56.2

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November 1, 2015

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
361	265/1345	50/205	269	Jared Keedy	M	30	Lincoln	NE	503	8:04	00:54:29.4	295	7:57	00:52:07.8	01:46:37.2	8:00	01:44:58.2
362	266/1345	47/233	6040	Keith Mcroberts	M	35	Lincoln	NE	441	8:00	00:53:50.9	319	8:01	00:52:33.3	01:46:24.2	8:00	01:44:59.4
363	97/2646	28/486	1778	Melissa Bell	F	36	Gothenburg	NE	439	8:00	00:53:47.6	316	8:01	00:52:30.9	01:46:18.6	8:00	01:44:59.9
364	267/1345	13/82	732	Jon Michelsen	M	57	Lincoln	NE	348	7:48	00:51:47.8	380	8:13	00:53:49.8	01:45:37.6	8:00	01:45:01.0
365	98/2646	29/486	5194	Tiffany Engleman	F	35	Omaha	NE	427	7:54	00:53:40.9	361	8:08	00:53:17.2	01:46:58.2	8:00	01:45:02.5
366	268/1345	48/233	2075	Nathaniel Cunningham	M	38	Lincoln	NE	509	8:07	00:54:31.5	283	7:55	00:51:54.8	01:46:26.3	8:01	01:45:05.9
367	269/1345	56/183	306	Thomas Clutter	M	28	Lincoln	NE	295	7:44	00:51:12.8	423	8:18	00:54:26.8	01:45:39.7	8:01	01:45:06.7
368	270/1345	51/205	2962	Aaron Christensen	M	33	Omaha	NE	423	7:52	00:53:38.3	366	8:10	00:53:30.9	01:47:09.2	8:01	01:45:08.7
369	271/1345	49/233	4751	Joe Dauer	M	36	Lincoln	NE	434	8:00	00:53:43.6	327	8:02	00:52:38.8	01:46:22.4	8:01	01:45:09.3
370	99/2646	11/342	3902	Michelle Reitz	F	42	Omaha	NE	403	8:00	00:53:16.3	335	8:03	00:52:45.6	01:46:01.9	8:01	01:45:11.3
371	100/2646	5/154	2241	Wanda Essink	F	54	Lincoln	NE	251	7:25	00:49:49.1	564	8:39	00:56:42.3	01:46:31.4	8:01	01:45:18.0
372	101/2646	12/435	3349	Nicole Kostelnick	F	26	Lincoln	NE	600	8:05	00:55:51.6	301	7:58	00:52:16.3	01:48:08.0	8:02	01:45:19.5
373	272/1345	31/192	3668	Sami Zeineddine	M	41	Omaha	NE	387	7:44	00:52:49.2	431	8:20	00:54:39.9	01:47:29.2	8:02	01:45:19.6
374	102/2646	9/308	5695	Lauren Bejot	F	23	Lincoln	NE	496	7:51	00:54:27.1	385	8:14	00:53:55.7	01:48:22.9	8:02	01:45:21.5
375	103/2646	12/342	611	April Binder	F	42	Table Rock	NE	532	8:00	00:54:43.8	344	8:05	00:52:57.3	01:47:41.2	8:02	01:45:27.9
376	273/1345	21/81	3125	Keenan Hawekotte	M	23	Lincoln	NE	473	8:04	00:54:20.6	322	8:01	00:52:35.5	01:46:56.1	8:02	01:45:29.4
377	274/1345	57/183	5032	Grant Moore	M	29	Arapahoe	NE	179	7:14	00:47:54.5	707	8:52	00:58:06.7	01:46:01.3	8:03	01:45:31.7
378	275/1345	9/115	6047	Dennis Hetland	M	53	Fargo	ND	380	7:52	00:52:38.8	395	8:14	00:54:01.9	01:46:40.8	8:03	01:45:34.4
379	104/2646	13/435	2350	Shay Mander	F	25	Lincoln	NE	283	7:34	00:50:38.3	515	8:33	00:56:00.1	01:46:38.4	8:03	01:45:37.7
380	105/2646	14/435	4874	Bridget Larkin	F	29	Manhattan	KS	571	8:11	00:55:22.8	284	7:56	00:51:58.1	01:47:20.9	8:03	01:45:39.2
381	276/1345	5/48	454	Conrad Woernrr	M	64	Lincoln	NE	534	8:07	00:54:47.0	312	8:00	00:52:26.5	01:47:13.5	8:03	01:45:40.6
382	106/2646	30/486	1760	Jenny Pinkall	F	35	Seward	NE	313	7:44	00:51:18.1	447	8:23	00:54:55.9	01:46:14.1	8:03	01:45:40.9
383	107/2646	3/79	4138	Laura Packwood	F	18	Omaha	NE	274	7:36	00:50:22.2	507	8:31	00:55:50.2	01:46:12.5	8:03	01:45:41.6
384	108/2646	15/435	6048	Trista Hetland	F	27	Denver	CO	379	7:52	00:52:38.7	400	8:16	00:54:09.0	01:46:47.7	8:03	01:45:42.1
385	109/2646	16/435	2106	Stephanie Warnke	F	25	Vermillion	SD	421	8:04	00:53:37.3	340	8:03	00:52:49.8	01:46:27.1	8:03	01:45:42.4
386	277/1345	22/81	5313	Matt Froemming	M	22	Lincoln	NE	217	7:25	00:48:57.8	598	8:42	00:57:02.3	01:46:00.1	8:03	01:45:42.5
387	110/2646	5/227	5749	Margaret Tharp	F	49	Bellevue	NE	658	7:55	00:56:37.4	388	8:14	00:53:57.4	01:50:34.9	8:04	01:45:49.7
388	278/1345	32/192	1761	John Linn	M	40	Lincoln	NE	429	7:59	00:53:41.7	367	8:10	00:53:31.0	01:47:12.7	8:04	01:45:51.8
389	111/2646	31/486	898	Tracy Garcia	F	35	Lincoln	NE	289	7:42	00:50:54.2	474	8:27	00:55:22.9	01:46:17.1	8:04	01:45:52.2
390	279/1345	52/205	5818	Blake Hopkins	M	30	Omaha	NE	279	7:39	00:50:34.3	504	8:31	00:55:47.5	01:46:21.8	8:04	01:45:55.3
391	280/1345	21/135	3500	Matt Nelson	M	46	Lincoln	NE	269	7:34	00:50:16.3	541	8:36	00:56:23.8	01:46:40.1	8:05	01:46:00.2
392	281/1345	14/82	1058	Brad Gengenbach	M	55	Lincoln	NE	336	7:45	00:51:35.8	461	8:25	00:55:10.1	01:46:45.9	8:05	01:46:00.7
393	282/1345	3/16	2648	Braeden Bestmann	M	12	Lincoln	NE	830	8:16	00:59:19.6	277	7:54	00:51:48.7	01:51:08.3	8:05	01:46:01.8
394	283/1345	15/82	211	Steve Nabity	M	59	Elkhorn	NE	576	8:08	00:55:25.2	331	8:02	00:52:43.1	01:48:08.4	8:05	01:46:01.9
395	284/1345	53/205	3593	Brian Thacker	M	33	Papillon	NE	412	7:55	00:53:24.9	407	8:16	00:54:13.6	01:47:38.5	8:05	01:46:05.7
396	285/1345	22/135	2900	Jeffrey Bruntz	M	47	Gothenburg	NE	255	7:29	00:49:51.5	607	8:42	00:57:05.5	01:46:57.1	8:05	01:46:10.2

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
397	286/1345	23/135	4692	Matt Vavra	M	45	Gretna	NE	346	7:50	00:51:45.4	441	8:22	00:54:48.8	01:46:34.2	8:06	01:46:12.0
398	287/1345	58/183	257	Zach Schroeder	M	29	Lincoln	NE	589	8:12	00:55:41.3	308	8:00	00:52:24.8	01:48:06.1	8:06	01:46:12.6
399	112/2646	6/154	1126	Kristi Newcomb	F	52	Lincoln	NE	337	7:44	00:51:36.3	485	8:28	00:55:31.8	01:47:08.1	8:06	01:46:13.2
400	288/1345	16/82	804	Michael Wadzinski	M	55	Sioux City	IA	360	7:47	00:52:01.9	462	8:25	00:55:10.3	01:47:12.2	8:06	01:46:14.1
401	113/2646	7/154	2119	Kimberley Jungck	F	52	Lincoln	NE	539	8:07	00:54:52.8	345	8:05	00:52:58.5	01:47:51.3	8:06	01:46:14.9
402	114/2646	25/460	1689	Melanie Johnson	F	34	Lincoln	NE	540	8:07	00:54:52.8	346	8:05	00:53:00.3	01:47:53.2	8:06	01:46:16.4
403	115/2646	26/460	3624	Tara King	F	34	Lincoln	NE	621	8:10	00:56:08.6	330	8:02	00:52:43.1	01:48:51.8	8:06	01:46:16.4
404	116/2646	32/486	2713	Jessica Marsh	F	35	Lincoln	NE	529	7:59	00:54:41.4	391	8:14	00:54:00.4	01:48:41.8	8:06	01:46:17.9
405	117/2646	13/342	2621	Leirion Gaylor Baird	F	44	Lincoln	NE	614	8:07	00:56:04.8	351	8:06	00:53:04.9	01:49:09.8	8:06	01:46:18.3
406	118/2646	33/486	4962	Gina Olson	F	36	Waverly	NE	286	7:35	00:50:43.3	559	8:39	00:56:41.1	01:47:24.4	8:06	01:46:23.2
407	119/2646	17/435	498	Rachel McGill	F	27	Lincoln	NE	384	7:53	00:52:42.9	433	8:20	00:54:41.0	01:47:23.9	8:06	01:46:23.6
408	289/1345	59/183	3463	James Duin	M	25	Lincoln	NE	328	7:46	00:51:25.9	482	8:28	00:55:29.6	01:46:55.5	8:06	01:46:23.7
409	120/2646	10/308	4569	Jillian Peavy	F	24	Ralston	NE	416	7:59	00:53:34.4	396	8:15	00:54:06.3	01:47:40.7	8:07	01:46:27.4
410	121/2646	27/460	1206	Megan Fry	F	30	Pipestone	MN	448	8:06	00:53:54.9	362	8:08	00:53:20.2	01:47:15.2	8:07	01:46:29.8
411	290/1345	50/233	2649	Kevin Sypal	M	36	Lincoln	NE	351	7:44	00:51:50.7	506	8:31	00:55:48.6	01:47:39.3	8:07	01:46:32.2
412	291/1345	51/233	5961	Jeffrey Lafavor	M	38	Sioux City	IA	246	7:27	00:49:33.5	662	8:48	00:57:42.7	01:47:16.3	8:07	01:46:32.9
413	292/1345	60/183	3844	Taylor Hilzer	M	29	Lincoln	NE	361	7:46	00:52:02.3	498	8:29	00:55:40.0	01:47:42.4	8:08	01:46:37.4
414	122/2646	6/227	600	Meagan Van Gelder	F	45	Omaha	NE	561	8:12	00:55:10.4	341	8:03	00:52:49.8	01:48:00.2	8:08	01:46:37.5
415	123/2646	18/435	3577	Katelyn Wheeler	F	25	Lincoln	NE	330	7:40	00:51:29.5	538	8:36	00:56:21.9	01:47:51.5	8:08	01:46:39.8
416	293/1345	23/81	5689	Lance Johnson	M	24	Lincoln	NE	383	7:44	00:52:40.3	513	8:32	00:55:58.2	01:48:38.5	8:08	01:46:41.2
417	294/1345	6/48	449	Al Koontz	M	61	Lincoln	NE	965	8:15	01:00:41.5	325	8:02	00:52:37.9	01:53:19.5	8:08	01:46:41.3
418	124/2646	34/486	4175	Rachael Kluck-Spann	F	38	Lincoln	NE	444	7:58	00:53:52.5	422	8:18	00:54:24.9	01:48:17.5	8:08	01:46:42.0
419	295/1345	7/48	1259	Tom Larson	M	60	Lincoln	NE	446	8:02	00:53:54.5	398	8:15	00:54:07.3	01:48:01.9	8:08	01:46:44.7
420	125/2646	28/460	2517	Megan Weber-Little	F	32	Omaha	NE	342	7:49	00:51:43.7	489	8:28	00:55:32.8	01:47:16.5	8:08	01:46:45.9
421	126/2646	4/79	5299	Kerstin Swanson	F	16	Omaha	NE	645	8:18	00:56:30.5	311	8:00	00:52:26.3	01:48:56.9	8:08	01:46:49.8
422	127/2646	7/227	710	Amy Arduser	F	45	Lincoln	NE	480	8:02	00:54:22.7	399	8:15	00:54:07.4	01:48:30.1	8:09	01:46:50.9
423	296/1345	61/183	4711	Jason Lenz	M	26	Lincoln	NE	601	8:03	00:55:51.8	397	8:15	00:54:06.7	01:49:58.6	8:09	01:46:52.5
424	297/1345	62/183	859	Ben Searcey	M	29	Lincoln	NE	307	7:39	00:51:16.7	566	8:39	00:56:43.4	01:48:00.1	8:09	01:46:52.7
425	298/1345	10/115	3822	Matthew Dwyer	M	52	Lincoln	NE	505	8:01	00:54:30.2	414	8:17	00:54:16.4	01:48:46.7	8:09	01:46:53.3
426	299/1345	63/183	294	Geoff Buchta	M	29	Elkhorn	NE	267	7:36	00:50:13.9	610	8:43	00:57:07.2	01:47:21.1	8:09	01:46:56.2
427	300/1345	52/233	1418	Chris Bartling	M	39	Lincoln	NE	371	7:55	00:52:17.3	457	8:24	00:55:05.2	01:47:22.5	8:09	01:46:57.1
428	128/2646	8/154	523	Rachelle Hadley	F	52	Lincoln	NE	489	8:06	00:54:24.9	386	8:14	00:53:56.5	01:48:21.5	8:09	01:47:00.3
429	301/1345	24/135	1197	Troy Huffman	M	48	Lincoln	NE	436	8:01	00:53:46.3	420	8:18	00:54:24.0	01:48:10.3	8:09	01:47:00.4
430	302/1345	25/135	5561	Jeff Hagerty	M	46	Omaha	NE	332	7:43	00:51:32.1	540	8:36	00:56:23.3	01:47:55.4	8:09	01:47:00.8
431	303/1345	54/205	5987	Nathan Dyke	M	34	Omaha	NE	623	8:14	00:56:10.3	349	8:06	00:53:03.5	01:49:13.8	8:09	01:47:03.3
432	129/2646	35/486	539	Jayme Lowell	F	35	Lincoln	NE	472	8:05	00:54:19.4	394	8:14	00:54:01.9	01:48:21.4	8:10	01:47:03.8

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
433	304/1345	55/205	1055	Daniel Seier	M	31	Omaha	NE	545	8:10	00:54:56.9	369	8:11	00:53:37.0	01:48:33.9	8:10	01:47:07.0
434	305/1345	33/192	4466	Ray Vieselmeyer	M	40	Malcolm	NE	630	8:07	00:56:14.3	383	8:13	00:53:55.4	01:50:09.7	8:10	01:47:08.4
435	306/1345	24/81	3474	Lance Cameron	M	22	Lincoln	NE	428	8:05	00:53:41.1	402	8:16	00:54:09.5	01:47:50.7	8:10	01:47:08.5
436	307/1345	53/233	844	Curtis Saunders	M	38	Lincoln	NE	447	8:00	00:53:54.6	432	8:20	00:54:40.4	01:48:35.1	8:10	01:47:09.4
437	308/1345	54/233	1297	Bo Johnson	M	37	Lincoln	NE	344	7:44	00:51:44.4	549	8:38	00:56:34.3	01:48:18.7	8:10	01:47:14.8
438	309/1345	14/30	2636	Calen Olsen	M	15	Lincoln	NE	302	7:44	00:51:15.7	547	8:37	00:56:31.6	01:47:47.3	8:10	01:47:15.6
439	310/1345	56/205	4254	Brad Cheney	M	31	Bennet	NE	204	7:23	00:48:48.8	780	8:58	00:58:49.6	01:47:38.4	8:11	01:47:17.6
440	311/1345	57/205	299	Nick Donahue	M	33	Lincoln	NE	341	7:43	00:51:42.2	568	8:39	00:56:44.2	01:48:26.4	8:11	01:47:20.6
441	130/2646	29/460	3098	Ashley Amick	F	31	Omaha	NE	433	8:06	00:53:43.3	404	8:16	00:54:11.8	01:47:55.1	8:11	01:47:20.9
442	312/1345	58/205	298	Wade Shipley	M	34	Lincoln	NE	340	7:43	00:51:41.5	570	8:39	00:56:44.9	01:48:26.5	8:11	01:47:21.3
443	131/2646	8/227	643	Margaret Williams	F	49	Pleasant Dale	NE	502	8:07	00:54:29.4	403	8:16	00:54:11.0	01:48:40.4	8:11	01:47:21.6
444	132/2646	19/435	4285	Rhianna Kittrell	F	26	Omaha	NE	662	8:05	00:56:43.7	419	8:18	00:54:23.6	01:51:07.4	8:11	01:47:22.8
445	313/1345	17/82	692	Bill Rice	M	58	Lincoln	NE	415	7:59	00:53:33.8	459	8:24	00:55:07.6	01:48:41.4	8:11	01:47:26.5
446	133/2646	36/486	3183	Leisa Becker	F	35	Lincoln	NE	455	8:02	00:54:00.5	442	8:22	00:54:49.0	01:48:49.6	8:11	01:47:27.6
447	314/1345	11/115	2287	Duwayne Carlson	M	53	Lincoln	NE	343	7:45	00:51:44.1	561	8:39	00:56:41.7	01:48:25.8	8:11	01:47:28.9
448	315/1345	55/233	2033	Michael Pankas	M	37	Lincoln	NE	527	8:01	00:54:40.2	452	8:23	00:54:58.5	01:49:38.7	8:11	01:47:29.2
449	134/2646	20/435	2153	Laura Hilkemann	F	25	Lincoln	NE	430	8:00	00:53:42.3	455	8:23	00:55:01.1	01:48:43.5	8:11	01:47:29.3
450	316/1345	34/192	3253	Clint Solano	M	41	Lincoln	NE	566	8:10	00:55:17.8	390	8:14	00:53:59.1	01:49:16.9	8:12	01:47:30.1
451	317/1345	15/30	2170	Kody Hackbart	M	16	Lincoln	NE	322	7:45	00:51:20.4	562	8:39	00:56:42.0	01:48:02.5	8:12	01:47:31.9
452	318/1345	59/205	1620	Aaron Thompson	M	33	Lincoln	NE	844	7:34	00:59:30.4	676	8:50	00:57:53.9	01:57:24.3	8:12	01:47:33.4
453	319/1345	56/233	3712	Ryan Chapman	M	36	Norfolk	NE	720	8:04	00:57:18.8	436	8:21	00:54:45.3	01:52:04.1	8:12	01:47:39.2
454	135/2646	21/435	4921	Emily Higgins	F	29	Kingwood	TX	544	8:07	00:54:56.3	426	8:19	00:54:31.6	01:49:27.9	8:13	01:47:44.5
455	320/1345	26/135	1401	Sam Moser	M	49	Bellevue	NE	510	8:02	00:54:31.7	460	8:25	00:55:08.6	01:49:40.3	8:13	01:47:45.9
456	321/1345	16/30	6233	Seyler Monroe	M	19	Roseland	NE	453	8:02	00:53:57.5	465	8:25	00:55:12.4	01:49:09.9	8:13	01:47:51.0
457	322/1345	60/205	4600	Jason Longnecker	M	34	Lincoln	NE	515	8:00	00:54:34.9	478	8:27	00:55:24.5	01:49:59.4	8:13	01:47:52.6
458	323/1345	4/16	2645	Sam Weber	M	12	Lincoln	NE	524	8:07	00:54:39.3	434	8:20	00:54:41.4	01:49:20.8	8:13	01:47:53.1
459	324/1345	35/192	457	Jason Weber	M	41	Lincoln	NE	523	8:07	00:54:38.9	435	8:21	00:54:43.4	01:49:22.4	8:13	01:47:54.7
460	325/1345	12/115	719	Brad Penner	M	51	Lincoln	NE	506	8:05	00:54:30.6	444	8:23	00:54:55.0	01:49:25.6	8:13	01:47:55.3
461	136/2646	37/486	4794	Pam Althof	F	37	Bellevue	NE	627	8:20	00:56:13.2	360	8:08	00:53:16.7	01:49:30.0	8:14	01:47:56.3
462	326/1345	13/115	1215	Mark Traynowicz	M	52	Lincoln	NE	454	8:00	00:53:59.6	481	8:28	00:55:29.3	01:49:28.9	8:14	01:47:57.1
463	327/1345	61/205	610	Aaron Lemke	M	33	Lincoln	NE	753	8:01	00:58:03.7	477	8:27	00:55:24.4	01:53:28.2	8:14	01:47:59.0
464	328/1345	36/192	3415	Ryan Beckman	M	43	Lincoln	NE	467	8:05	00:54:15.3	456	8:24	00:55:03.9	01:49:19.3	8:14	01:48:03.0
465	137/2646	9/154	2275	Sarah Fredrickson	F	52	Omaha	NE	495	8:05	00:54:26.8	458	8:24	00:55:06.4	01:49:33.3	8:14	01:48:03.6
466	329/1345	57/233	2830	Derrick Strasburg	M	38	Lincoln	NE	373	7:45	00:52:29.7	615	8:44	00:57:12.9	01:49:42.6	8:14	01:48:04.5
467	138/2646	1/13	2919	Brooklyn Banik	F	14	Lorton	NE	435	7:59	00:53:45.5	501	8:30	00:55:45.9	01:49:31.5	8:14	01:48:08.2
468	330/1345	18/82	4960	Jose Vera	M	58	Lincoln	NE	520	7:59	00:54:37.9	505	8:31	00:55:47.8	01:50:25.8	8:15	01:48:10.2

The Good Life Halfsy

November 1, 2015

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
469	139/2646	14/342	6123	Toni Nietfeldt	F	42	Elkhorn	NE	634	8:15	00:56:19.3	401	8:16	00:54:09.1	01:50:28.4	8:15	01:48:13.1
470	140/2646	38/486	493	Lyndsy Schulz	F	38	Seward	NE	841	8:14	00:59:28.7	406	8:16	00:54:13.0	01:53:41.8	8:15	01:48:13.6
471	331/1345	62/205	2376	Eric Schelker	M	33	Omaha	NE	356	7:52	00:51:55.5	563	8:39	00:56:42.0	01:48:37.6	8:15	01:48:14.1
472	332/1345	64/183	5005	Daniel Murow	M	28	Omaha	NE	493	8:08	00:54:26.3	449	8:23	00:54:57.1	01:49:23.4	8:15	01:48:14.6
473	333/1345	58/233	1669	David Beatty	M	37	Lincoln	NE	513	8:05	00:54:33.5	466	8:25	00:55:14.2	01:49:47.8	8:15	01:48:14.8
474	334/1345	25/81	3801	David Forrest-Anderson	M	22	Lincoln	NE	698	8:20	00:57:06.3	372	8:11	00:53:38.7	01:50:45.1	8:15	01:48:17.7
475	141/2646	39/486	1291	Shawna Hurley	F	39	Lincoln	NE	618	8:17	00:56:07.5	389	8:14	00:53:57.8	01:50:05.3	8:15	01:48:17.9
476	142/2646	10/154	480	Jo Mcelwain	F	51	Lincoln	NE	491	8:05	00:54:25.9	471	8:26	00:55:17.2	01:49:43.2	8:15	01:48:18.6
477	335/1345	59/233	3280	James Barbee	M	35	Lincoln	NE	369	7:52	00:52:15.6	572	8:39	00:56:45.3	01:49:00.9	8:15	01:48:20.8
478	336/1345	60/233	991	T D Johnson	M	39	Gretna	NE	625	8:16	00:56:11.1	405	8:16	00:54:12.2	01:50:23.4	8:15	01:48:21.0
479	337/1345	37/192	4884	Todd Birk	M	40	Omaha	NE	466	7:56	00:54:14.7	537	8:36	00:56:20.9	01:50:35.7	8:15	01:48:21.2
480	143/2646	40/486	807	Lyndsay Jensen	F	36	Lincoln	NE	425	8:03	00:53:40.7	497	8:29	00:55:39.0	01:49:19.8	8:16	01:48:23.1
481	338/1345	38/192	561	Jeff Spilinek	M	43	Gretna	NE	624	8:16	00:56:11.1	413	8:17	00:54:16.4	01:50:27.5	8:16	01:48:25.6
482	144/2646	41/486	3507	Elisa Hillman	F	36	Papillion	NE	497	8:06	00:54:27.3	473	8:27	00:55:22.4	01:49:49.8	8:16	01:48:27.1
483	339/1345	14/115	5736	Justin Evertson	M	50	Waverly	NE	458	7:57	00:54:02.1	535	8:35	00:56:19.3	01:50:21.4	8:16	01:48:28.7
484	340/1345	61/233	4964	Brian Thomas	M	37	Lincoln	NE	477	8:06	00:54:22.3	476	8:27	00:55:24.1	01:49:46.4	8:16	01:48:29.0
485	341/1345	62/233	2413	Nathan Croom	M	37	Omaha	NE	593	8:16	00:55:47.2	417	8:17	00:54:20.2	01:50:07.4	8:16	01:48:29.6
486	342/1345	27/135	2606	Troy Bailey	M	48	Firth	NE	522	8:07	00:54:38.5	467	8:26	00:55:15.2	01:49:53.7	8:16	01:48:29.8
487	145/2646	9/227	1420	Jennifer Gregg	F	48	Omaha	NE	501	8:03	00:54:29.3	502	8:30	00:55:46.5	01:50:15.8	8:16	01:48:33.2
488	146/2646	30/460	4798	Cassie Ginapp	F	33	Crete	NE	740	8:21	00:57:36.7	379	8:12	00:53:48.4	01:51:25.2	8:17	01:48:35.6
489	343/1345	26/81	4456	Tyler Montoya	M	24	Hooper	NE	290	7:39	00:51:00.5	749	8:55	00:58:29.0	01:49:29.5	8:17	01:48:36.3
490	344/1345	27/81	1230	Josh West	M	22	Lincoln	NE	462	8:01	00:54:08.4	516	8:33	00:56:03.3	01:50:11.8	8:17	01:48:36.9
491	345/1345	65/183	4163	Jacob Bonander	M	27	Lincoln	NE	579	8:11	00:55:29.5	446	8:23	00:54:55.5	01:50:25.1	8:17	01:48:38.0
492	147/2646	42/486	3600	Lori Wilson	F	38	Omaha	NE	594		00:55:47.2	342	8:04	00:52:52.4	01:48:39.6	8:17	01:48:39.6
493	346/1345	15/115	4017	Steve Merkel	M	54	Omaha	NE	590	8:07	00:55:42.6	480	8:28	00:55:27.9	01:51:10.6	8:17	01:48:40.3
494	148/2646	31/460	1249	Laura Neel	F	34	Omaha	NE	359	7:50	00:51:58.4	619	8:44	00:57:18.6	01:49:17.1	8:17	01:48:42.4
495	149/2646	32/460	1491	Abby Heitshusen	F	31	Moore	OK	548	8:08	00:54:57.9	488	8:28	00:55:32.5	01:50:30.4	8:18	01:48:50.0
496	347/1345	66/183	5771	Benjamin Shoptaugh	M	28	Omaha	NE	536	8:08	00:54:51.3	483	8:28	00:55:30.0	01:50:21.3	8:18	01:48:51.1
497	150/2646	10/227	723	Rachele Eller	F	45	Shelby	NE	504	8:08	00:54:30.2	493	8:29	00:55:35.4	01:50:05.7	8:18	01:48:52.7
498	151/2646	22/435	4345	Randi McMahan	F	29	Nelson	NE	765	7:53	00:58:19.8	617	8:44	00:57:15.1	01:55:34.9	8:18	01:48:53.7
499	348/1345	8/48	769	Bob Freese	M	62	Ceresco	NE	525	7:55	00:54:39.5	593	8:42	00:56:59.6	01:51:39.1	8:18	01:48:54.9
500	349/1345	67/183	2732	Jonathan Anderson	M	27	Omaha	NE	850	8:24	00:59:34.8	382	8:13	00:53:53.6	01:53:28.4	8:18	01:48:55.5
501	350/1345	39/192	1928	Patrick Nepple	M	41	Council Bluffs	IA	463	8:03	00:54:08.6	521	8:34	00:56:08.8	01:50:17.4	8:18	01:48:56.2
502	351/1345	40/192	5379	Doug Peters	M	44	Omaha	NE	530	7:58	00:54:42.4	560	8:39	00:56:41.1	01:51:23.6	8:18	01:48:56.6
503	352/1345	16/115	450	Rob Hotz	M	53	Lincoln	NE	533	8:09	00:54:46.9	487	8:28	00:55:32.3	01:50:19.3	8:18	01:48:58.5
504	152/2646	15/342	3231	Stephanie Groathouse	F	44	Waukeez	IA	551	8:09	00:54:58.7	492	8:29	00:55:34.9	01:50:33.7	8:18	01:48:58.8

The Good Life Halfsy

November 1, 2015

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
505	353/1345	28/135	569	Todd Eicher	M	45	Lincoln	NE	456	7:52	00:54:00.8	628	8:45	00:57:24.3	01:51:25.2	8:18	01:48:59.3
506	354/1345	63/205	1884	Keith Wysocki	M	31	Lincoln	NE	498	7:51	00:54:27.5	645	8:47	00:57:33.7	01:52:01.3	8:18	01:48:59.8
507	355/1345	63/233	2342	Fred Seckman	M	35	Lincoln	NE	483	8:04	00:54:23.7	519	8:34	00:56:06.7	01:50:30.5	8:19	01:49:02.8
508	356/1345	64/233	4506	Jason Petersen	M	38	Lincoln	NE	334	7:46	00:51:33.4	712	8:52	00:58:10.3	01:49:43.8	8:19	01:49:03.0
509	357/1345	65/233	505	Forrest Anderson	M	39	Lincoln	NE	651	8:17	00:56:32.8	438	8:21	00:54:46.3	01:51:19.1	8:19	01:49:03.7
510	153/2646	23/435	4572	Nikaela Schroeder	F	27	Omaha	NE	670	8:09	00:56:50.8	496	8:29	00:55:39.0	01:52:29.8	8:19	01:49:04.1
511	154/2646	33/460	5139	Jeri Light	F	31	Sioux Falls	SD	535		00:54:47.0	415	8:17	00:54:18.0	01:49:05.0	8:19	01:49:05.0
512	358/1345	64/205	4047	Andrew Coughlin	M	33	Omaha	NE	301	7:35	00:51:15.5	832	9:04	00:59:25.2	01:50:40.8	8:19	01:49:06.0
513	155/2646	11/227	291	Eva Lindahl	F	45	Lincoln	NE	583	8:13	00:55:31.7	472	8:26	00:55:19.4	01:50:51.2	8:19	01:49:12.5
514	359/1345	17/30	3289	Carter Monson	M	19	Lincoln	NE	292	7:46	00:51:07.5	731	8:54	00:58:18.9	01:49:26.5	8:20	01:49:14.9
515	156/2646	12/227	503	Doris Robertson	F	48	Lincoln	NE	653	8:20	00:56:33.3	428	8:20	00:54:36.1	01:51:09.4	8:20	01:49:15.0
516	157/2646	11/154	2121	Amanda Baron-Fritts	F	54	Lincoln	NE	408	7:57	00:53:18.6	606	8:42	00:57:05.2	01:50:23.9	8:20	01:49:15.2
517	158/2646	43/486	4247	Hanna Brumbaugh	F	37	Pawnee City	NE	1025	8:34	01:01:12.3	354	8:07	00:53:10.9	01:54:23.3	8:20	01:49:18.1
518	360/1345	9/48	2103	Bill Mckay	M	64	Juniata	NE	738	8:24	00:57:33.5	410	8:16	00:54:14.6	01:51:48.1	8:20	01:49:19.4
519	361/1345	41/192	715	Jeff Bauman	M	43	Lincoln	NE	406	7:58	00:53:17.1	616	8:44	00:57:14.4	01:50:31.6	8:21	01:49:29.0
520	362/1345	42/192	2800	Simeon Bukacek	M	42	Lincoln	NE	315	7:42	00:51:18.3	798	9:00	00:59:00.0	01:50:18.3	8:21	01:49:29.4
521	363/1345	28/81	3800	Stacy Ritchie	M	21	Lincoln	NE	699	8:20	00:57:06.5	448	8:23	00:54:56.0	01:52:02.6	8:21	01:49:34.5
522	364/1345	65/205	4583	Mark Belau	M	34	Lincoln	NE	411	7:54	00:53:22.8	665	8:48	00:57:44.4	01:51:07.2	8:21	01:49:34.5
523	365/1345	66/205	5662	Luis Rios Romero	M	32	Lincoln	NE	314	7:41	00:51:18.2	816	9:02	00:59:14.2	01:50:32.5	8:21	01:49:34.8
524	366/1345	66/233	1513	Ron Dulas Jr	M	37	Lincoln	NE	215	7:25	00:48:56.5	967	9:18	01:00:59.7	01:49:56.3	8:21	01:49:36.6
525	159/2646	24/435	806	Melissa Wadzinski	F	25	Lincoln	NE	445	8:04	00:53:53.3	567	8:39	00:56:44.0	01:50:37.3	8:21	01:49:37.4
526	160/2646	11/308	5883	Sarah Dolezal	F	24	Waverly	NE	1072	8:27	01:01:26.3	412	8:17	00:54:15.8	01:55:42.1	8:22	01:49:40.7
527	161/2646	12/154	2048	Burke Morrow	F	51	Lincoln	NE	391	7:56	00:52:58.2	652	8:47	00:57:38.1	01:50:36.3	8:22	01:49:40.9
528	367/1345	17/115	2798	Philip Heywood	M	54	Lincoln	NE	494	8:04	00:54:26.6	573	8:40	00:56:46.0	01:51:12.6	8:22	01:49:41.0
529	368/1345	67/205	2696	Brandon Effle	M	32	Lincoln	NE	531	8:01	00:54:42.6	621	8:45	00:57:19.7	01:52:02.4	8:22	01:49:51.5
530	162/2646	25/435	1105	Kelsey Richters	F	28	Lincoln	NE	814	8:07	00:59:01.7	557	8:39	00:56:40.7	01:55:42.4	8:22	01:49:53.1
531	163/2646	34/460	1095	Melissa Hansen	F	30	Pender	NE	626	8:23	00:56:11.6	450	8:23	00:54:57.2	01:51:08.8	8:23	01:49:53.9
532	164/2646	44/486	5919	Hallie Ganz	F	38	Kearney	NE	805	8:34	00:58:52.8	374	8:11	00:53:42.0	01:52:34.9	8:23	01:49:55.1
533	165/2646	16/342	696	Jennifer Petersen	F	42	Lincoln	NE	808	8:35	00:58:53.4	373	8:11	00:53:42.0	01:52:35.4	8:23	01:49:55.8
534	369/1345	18/30	302	Salman Djingue	M	15	Lincoln	NE	702	8:27	00:57:09.2	424	8:19	00:54:31.0	01:51:40.2	8:23	01:49:57.6
535	370/1345	67/233	5149	Ron Carson	M	36	Omaha	NE	917	8:17	01:00:14.8	495	8:29	00:55:38.4	01:55:53.2	8:23	01:49:58.9
536	371/1345	68/233	391	Josh Barker	M	36	Lincoln	NE	526	8:07	00:54:39.8	576	8:40	00:56:46.8	01:51:26.7	8:23	01:49:59.7
537	166/2646	26/435	3900	Kimberly Vanbuskirk	F	26	Fremont	NE	440	8:00	00:53:49.5	639	8:46	00:57:30.6	01:51:20.1	8:23	01:50:01.0
538	372/1345	68/205	2027	Nicholas Krueger	M	32	Omaha	NE	470	8:10	00:54:18.9	544	8:37	00:56:26.6	01:50:45.5	8:23	01:50:01.1
539	373/1345	43/192	4467	Bill Udell	M	40	Lincoln	NE	701	8:27	00:57:08.9	427	8:19	00:54:34.9	01:51:43.9	8:23	01:50:01.2
540	167/2646	35/460	1775	Christine Wilcox	F	33	Lincoln	NE	654	8:20	00:56:33.5	479	8:28	00:55:27.7	01:52:01.3	8:24	01:50:07.4

The Good Life Halfsy

November 1, 2015

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
541	374/1345	18/115	1945	David Kohrell	M	50	Lincoln	NE	578	8:13	00:55:28.8	532	8:35	00:56:17.4	01:51:46.2	8:24	01:50:10.8
542	375/1345	69/205	5253	Jeff Granneman	M	31	Omaha	NE	553	8:04	00:54:59.7	624	8:45	00:57:22.9	01:52:22.7	8:24	01:50:13.8
543	376/1345	69/233	2117	Nathan Goertzen	M	39	Hampton	NE	366	7:50	00:52:08.8	785	8:59	00:58:52.4	01:51:01.3	8:24	01:50:15.1
544	377/1345	68/183	5633	Gordon Miller	M	27	Lincoln	NE	562	8:16	00:55:11.3	517	8:33	00:56:04.8	01:51:16.1	8:24	01:50:16.2
545	168/2646	27/435	1116	Breanna Jensby	F	25	Lincoln	NE	718	8:26	00:57:18.3	454	8:23	00:55:00.2	01:52:18.6	8:24	01:50:19.4
546	169/2646	45/486	4911	Kitra Schartz	F	39	Manhattan	KS	572	8:11	00:55:22.8	571	8:39	00:56:45.0	01:52:07.8	8:25	01:50:27.2
547	170/2646	46/486	5882	Missy Mcconville	F	36	Norwalk	IA	378	7:56	00:52:38.4	747	8:55	00:58:27.9	01:51:06.4	8:25	01:50:27.2
548	378/1345	19/115	458	Thomas Mckitterick	M	52	Lincoln	NE	588	8:10	00:55:39.6	591	8:41	00:56:56.4	01:52:36.1	8:25	01:50:27.9
549	379/1345	20/115	1826	Byron Carpenter	M	54	Omaha	NE	518	8:02	00:54:35.7	669	8:49	00:57:49.5	01:52:25.3	8:25	01:50:28.4
550	380/1345	69/183	2183	Benjamin Wademan	M	27	Omaha	NE	303	7:42	00:51:16.3	875	9:09	00:59:57.8	01:51:14.1	8:25	01:50:28.9
551	171/2646	28/435	4832	Danielle Ahrens	F	29	Lincoln	NE	560	8:11	00:55:10.2	586	8:40	00:56:50.9	01:52:01.1	8:25	01:50:29.2
552	381/1345	29/81	3803	Matthew Eglseeder	M	21	Omaha	NE	388	7:53	00:52:53.9	778	8:58	00:58:48.5	01:51:42.5	8:25	01:50:31.8
553	382/1345	21/115	2211	Mark Elyea	M	53	Greenwood	NE	386	7:49	00:52:48.8	821	9:03	00:59:18.0	01:52:06.8	8:26	01:50:34.0
554	172/2646	29/435	3745	Ashley Rockey	F	25	Lincoln	NE	785	8:06	00:58:38.9	640	8:46	00:57:31.2	01:56:10.2	8:26	01:50:39.4
555	383/1345	44/192	464	Chad Kudym	M	40	Lincoln	NE	414	7:59	00:53:32.2	741	8:54	00:58:23.3	01:51:55.5	8:26	01:50:41.3
556	173/2646	5/79	6203	Katie Pesek	F	19	Omaha	NE	762	8:14	00:58:14.9	577	8:40	00:56:46.9	01:55:01.8	8:26	01:50:44.2
557	174/2646	30/435	2805	Sara Lovell	F	29	Lincoln	NE	742	8:14	00:57:42.2	575	8:40	00:56:46.5	01:54:28.7	8:26	01:50:46.1
558	384/1345	45/192	1113	Brad Okamoto	M	44	Lincoln	NE	417	8:00	00:53:34.8	726	8:53	00:58:15.8	01:51:50.6	8:26	01:50:46.2
559	175/2646	36/460	990	Robyn Gonzales	F	32	Lincoln	NE	418	8:01	00:53:34.8	725	8:53	00:58:15.7	01:51:50.6	8:27	01:50:46.6
560	176/2646	31/435	5941	Kristen Dinneen Sievert	F	26	Lincoln	NE	556	8:08	00:55:01.4	631	8:46	00:57:27.8	01:52:29.2	8:27	01:50:47.2
561	385/1345	29/135	4383	Christopher Sommerich	M	46	Lincoln	NE	586	8:12	00:55:38.5	602	8:42	00:57:04.2	01:52:42.8	8:27	01:50:51.4
562	386/1345	46/192	2472	Ryan King	M	42	Lincoln	NE	521	8:08	00:54:38.3	644	8:47	00:57:32.6	01:52:10.9	8:27	01:50:54.7
563	387/1345	19/30	4325	Vincent Strudl	M	15	Lincoln	NE	1103	8:17	01:01:42.8	555	8:39	00:56:40.0	01:58:22.8	8:27	01:50:55.5
564	388/1345	22/115	3112	John Neal	M	53	Lincoln	NE	620	8:19	00:56:07.7	545	8:37	00:56:26.9	01:52:34.7	8:27	01:50:56.3
565	177/2646	2/13	4917	Andie Koch	F	12	Blue Springs	NE	709	8:22	00:57:15.5	520	8:34	00:56:06.9	01:53:22.4	8:27	01:50:58.1
566	178/2646	37/460	2085	Melissa Mazzulla	F	33	Martell	NE	581	8:06	00:55:29.8	673	8:49	00:57:51.4	01:53:21.3	8:28	01:51:00.2
567	179/2646	6/79	4201	Jenny Kortus	F	18	Lincoln	NE	582	8:13	00:55:30.7	611	8:43	00:57:08.7	01:52:39.5	8:28	01:51:03.4
568	389/1345	23/115	1987	Pat Lawlor	M	53	Omaha	NE	607	8:25	00:56:00.8	511	8:32	00:55:55.8	01:51:56.7	8:28	01:51:06.6
569	180/2646	47/486	2801	Marcia Dority Baker	F	38	Lincoln	NE	481	8:05	00:54:23.3	708	8:52	00:58:06.9	01:52:30.2	8:28	01:51:07.3
570	390/1345	70/205	4806	Tyler Anderson	M	34	Lincoln	NE	474	8:06	00:54:21.4	698	8:51	00:58:00.2	01:52:21.7	8:28	01:51:08.3
571	181/2646	32/435	1599	Hollyanne Fricke	F	28	Omaha	NE	683	8:25	00:56:58.8	510	8:32	00:55:55.6	01:52:54.4	8:28	01:51:09.7
572	391/1345	47/192	4761	Dale Ruhl	M	40	Lincoln	NE	471	8:03	00:54:19.2	744	8:55	00:58:26.2	01:52:45.4	8:28	01:51:09.9
573	392/1345	70/183	6026	Will Collins	M	29	Omaha	NE	409	7:58	00:53:19.0	793	8:59	00:58:56.2	01:52:15.2	8:28	01:51:10.0
574	393/1345	70/233	3190	Joe Pilakowski	M	38	La Vista	NE	818	8:36	00:59:05.4	443	8:22	00:54:49.7	01:53:55.2	8:28	01:51:10.4
575	394/1345	71/205	5188	Brandon Bowles	M	34	Lincoln	NE	708	8:23	00:57:14.5	528	8:35	00:56:15.1	01:53:29.7	8:28	01:51:10.7
576	182/2646	17/342	1972	Bobbie Kriz-Wickham	F	44	Lincoln	NE	891	8:18	00:59:46.8	579	8:40	00:56:47.6	01:56:34.4	8:28	01:51:11.0

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
577	395/1345	71/233	5794	Tanner Hagelstrom	M	37	Omaha	NE	519	8:05	00:54:36.7	710	8:52	00:58:08.6	01:52:45.4	8:28	01:51:11.5
578	396/1345	72/205	5451	Bentley Swan	M	34	Farnam	NE	707	8:23	00:57:14.3	529	8:35	00:56:16.1	01:53:30.5	8:28	01:51:11.7
579	183/2646	48/486	2931	Stacy Anderson	F	38	Gothenburg	NE	647	8:16	00:56:31.5	600	8:42	00:57:03.3	01:53:34.9	8:28	01:51:12.3
580	184/2646	33/435	210	Markeya Peteranetz	F	26	Lincoln	NE	584	8:09	00:55:36.1	679	8:50	00:57:54.4	01:53:30.5	8:29	01:51:19.6
581	185/2646	38/460	4178	Jessica Wehner	F	32	Lincoln	NE	573	8:12	00:55:23.5	646	8:47	00:57:34.8	01:52:58.4	8:29	01:51:21.5
582	186/2646	1/81	767	Sue Wambaugh	F	58	Lincoln	NE	684	8:25	00:56:58.8	523	8:34	00:56:09.7	01:53:08.5	8:29	01:51:22.8
583	187/2646	13/154	839	Nancy Asselin	F	53	Lincoln	NE	685	8:25	00:56:59.2	525	8:34	00:56:13.1	01:53:12.4	8:29	01:51:23.4
584	397/1345	30/81	2286	Bradley Carlson	M	21	Lincoln	NE	358	7:47	00:51:57.4	906	9:13	01:00:22.8	01:52:20.3	8:29	01:51:23.6
585	188/2646	49/486	717	Abbie Edie	F	38	Omaha	NE	866	8:42	00:59:40.7	418	8:18	00:54:23.2	01:54:03.9	8:29	01:51:24.0
586	189/2646	50/486	356	Janice Ayres	F	35	Lincoln	NE	554	8:08	00:54:59.9	703	8:51	00:58:02.9	01:53:02.8	8:29	01:51:24.5
587	190/2646	39/460	6008	Renee Stewart	F	30	Wahoo	NE	674	8:22	00:56:55.7	548	8:38	00:56:33.4	01:53:29.2	8:30	01:51:25.6
588	191/2646	18/342	736	Dawn Melcher	F	42	Elkhorn	NE	1253	8:29	01:02:48.3	508	8:31	00:55:52.4	01:58:40.7	8:30	01:51:26.4
589	398/1345	19/82	635	Tim Shomaker	M	56	Lincoln	NE	617	8:18	00:56:06.5	604	8:42	00:57:05.0	01:53:11.6	8:30	01:51:28.1
590	192/2646	51/486	1146	Katy Biehl	F	35	Syracuse	NE	538	8:07	00:54:52.4	722	8:53	00:58:13.6	01:53:06.1	8:30	01:51:28.4
591	193/2646	13/227	4741	Kristin Riedy	F	46	Grand Island	NE	661	8:18	00:56:43.5	605	8:42	00:57:05.1	01:53:48.7	8:30	01:51:30.8
592	399/1345	72/233	4242	Nicholas Cruise	M	37	Kearney	NE	478	8:06	00:54:22.6	745	8:55	00:58:26.9	01:52:49.6	8:30	01:51:31.9
593	400/1345	73/205	3243	Matt Rauert	M	30	Lincoln	NE	555	8:11	00:55:00.1	677	8:50	00:57:53.9	01:52:54.1	8:30	01:51:34.1
594	401/1345	20/82	801	Jerry Woodard	M	55	Lincoln	NE	512	8:07	00:54:32.5	734	8:54	00:58:20.7	01:52:53.2	8:30	01:51:34.3
595	402/1345	73/233	3306	Daniel Walford	M	35	Lincoln	NE	1050	8:29	01:01:21.1	509	8:32	00:55:55.5	01:57:16.6	8:30	01:51:34.9
596	403/1345	30/135	5708	Mark Simonson	M	49	Fremont	NE	1250	8:51	01:02:47.7	370	8:11	00:53:37.1	01:56:24.9	8:30	01:51:35.2
597	194/2646	19/342	6192	Kim Trisler	F	42	Omaha	NE	686	8:20	00:56:59.6	589	8:41	00:56:54.2	01:53:53.8	8:30	01:51:35.4
598	404/1345	48/192	465	Mitch Jones	M	44	Lincoln	NE	479	8:07	00:54:22.7	754	8:55	00:58:30.5	01:52:53.3	8:31	01:51:42.8
599	195/2646	40/460	5849	Melissa Holtz	F	34	Sioux City	IA	547	8:11	00:54:57.3	704	8:51	00:58:04.1	01:53:01.4	8:31	01:51:43.0
600	405/1345	74/233	2975	David Wise	M	37	Underwood	IA	595	8:15	00:55:48.2	650	8:47	00:57:36.9	01:53:25.2	8:31	01:51:44.2
601	196/2646	52/486	1486	Erin Trusty	F	39	Beatrice	NE	1311	8:49	01:03:17.9	392	8:14	00:54:00.5	01:57:18.4	8:31	01:51:47.2
602	197/2646	20/342	1471	Jodi Deboer	F	42	Beatrice	NE	1307	8:49	01:03:17.4	393	8:14	00:54:00.7	01:57:18.2	8:31	01:51:47.3
603	198/2646	7/79	5733	Hana McMahon-Cole	F	18	Lincoln	NE	820	8:34	00:59:06.2	494	8:29	00:55:37.5	01:54:43.7	8:31	01:51:48.6
604	406/1345	74/205	5570	Michael Fallon	M	30	Lincoln	NE	676	8:17	00:56:56.1	643	8:47	00:57:32.5	01:54:28.7	8:31	01:51:48.9
605	407/1345	49/192	365	Tony West	M	41	Lincoln	NE	663	8:21	00:56:43.8	601	8:42	00:57:04.0	01:53:47.9	8:31	01:51:51.4
606	408/1345	75/233	4824	Brian Johnson	M	36	Nebraska City	NE	648	8:24	00:56:31.9	584	8:40	00:56:50.5	01:53:22.5	8:32	01:51:53.1
607	409/1345	50/192	4487	Duane Hronik	M	44	Lincoln	NE	482	8:07	00:54:23.5	771	8:57	00:58:42.8	01:53:06.4	8:32	01:51:54.0
608	199/2646	2/81	4665	Christine Sebesta	F	57	Springfield	NE	587	8:17	00:55:38.6	649	8:47	00:57:36.5	01:53:15.1	8:32	01:51:55.7
609	200/2646	41/460	2796	Jackie Sheets	F	31	Bennington	NE	1249	8:28	01:02:47.6	542	8:36	00:56:24.8	01:59:12.4	8:32	01:51:58.2
610	410/1345	10/48	2147	Mark Churchill	M	62	Lincoln	NE	789	8:23	00:58:40.5	599	8:42	00:57:02.5	01:55:43.1	8:32	01:51:59.2
611	201/2646	42/460	6180	Kendra Piening	F	32	Lincoln	NE	918	8:31	01:00:16.3	522	8:34	00:56:09.5	01:56:25.9	8:32	01:52:01.6
612	202/2646	21/342	5548	Shelby Cork	F	40	Clive	IA	802	8:26	00:58:51.4	578	8:40	00:56:47.1	01:55:38.5	8:32	01:52:01.7

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
613	411/1345	76/233	1899	Kyle Kopetzky	M	35	Lincoln	NE	485	8:06	00:54:24.3	795	9:00	00:58:59.0	01:53:23.3	8:33	01:52:05.9
614	203/2646	53/486	1792	Amy Lehnert	F	35	Lincoln	NE	717	8:22	00:57:17.5	613	8:43	00:57:12.1	01:54:29.7	8:33	01:52:06.8
615	204/2646	34/435	4280	Bobbi Haarhues	F	28	Pawnee City	NE	1026	8:34	01:01:12.4	514	8:32	00:55:59.9	01:57:12.3	8:33	01:52:07.2
616	205/2646	14/227	5343	Beth Kar	F	45	St. Joseph	MO	681	8:25	00:56:58.3	595	8:42	00:56:59.8	01:53:58.2	8:33	01:52:08.4
617	206/2646	54/486	1067	S. Dusty Hatt	F	35	Lincoln	NE	711	8:20	00:57:15.7	633	8:46	00:57:29.4	01:54:45.1	8:33	01:52:09.2
618	207/2646	12/308	2022	Marisa Mcclintock	F	24	Elkhorn	NE	570	8:12	00:55:21.5	736	8:54	00:58:21.6	01:53:43.2	8:33	01:52:09.5
619	208/2646	22/342	3726	Joanna Mcaleer	F	41	Ralston	NE	693	8:15	00:57:03.7	709	8:52	00:58:07.4	01:55:11.2	8:33	01:52:13.0
620	209/2646	35/435	4655	Cassie Sylvester	F	25	Lincoln	NE	665	7:56	00:56:45.1	893	9:11	01:00:13.3	01:56:58.4	8:33	01:52:13.4
621	210/2646	43/460	2084	Alana Pfeifer	F	33	Marysville	KS	1071	8:32	01:01:26.3	536	8:36	00:56:20.3	01:57:46.6	8:33	01:52:14.7
622	412/1345	75/205	6186	Jeff Sietstra	M	34	Papillion	NE	460	8:02	00:54:06.2	847	9:05	00:59:35.2	01:53:41.4	8:33	01:52:15.0
623	413/1345	21/82	630	Richard Skoda	M	56	Seward	NE	541	8:11	00:54:54.7	763	8:56	00:58:35.0	01:53:29.7	8:33	01:52:15.2
624	414/1345	51/192	1411	Jeremy Williams	M	42	Lincoln	NE	885	8:19	00:59:44.3	668	8:49	00:57:46.9	01:57:31.3	8:34	01:52:18.6
625	211/2646	44/460	5835	Shannon Brown	F	32	Norwalk	IA	353	7:49	00:51:52.9	981	9:19	01:01:06.6	01:52:59.5	8:34	01:52:20.0
626	212/2646	45/460	2149	Tasha Breitbarth	F	34	Pender	NE	407	7:58	00:53:18.1	882	9:10	01:00:03.3	01:53:21.5	8:34	01:52:20.2
627	415/1345	71/183	3790	Drew Logeman	M	28	Omaha	NE	697	8:17	00:57:05.1	716	8:52	00:58:10.4	01:55:15.5	8:34	01:52:26.1
628	213/2646	14/154	841	Julie Olmstead	F	52	Webster City	IA	733	8:28	00:57:27.9	592	8:41	00:56:58.5	01:54:26.5	8:34	01:52:26.1
629	214/2646	23/342	4951	Alice Spence	F	42	Papillion	NE	819	8:27	00:59:05.8	594	8:42	00:56:59.7	01:56:05.5	8:34	01:52:26.2
630	416/1345	72/183	2729	Ryan Roettger	M	25	Lincoln	NE	500	7:56	00:54:29.2	914	9:13	01:00:26.5	01:54:55.7	8:34	01:52:29.5
631	417/1345	31/135	2726	Perry Xu	M	45	Clive	IA	492	8:05	00:54:25.9	845	9:05	00:59:33.1	01:53:59.1	8:35	01:52:33.3
632	418/1345	5/16	3241	Luke Birkett	M	12	Lincoln	NE	853	8:35	00:59:36.5	531	8:35	00:56:17.2	01:55:53.8	8:35	01:52:34.4
633	215/2646	8/79	1118	Dana Meduna	F	19	Weston	NE	739	8:20	00:57:36.5	688	8:51	00:57:58.2	01:55:34.7	8:35	01:52:35.5
634	216/2646	36/435	5163	Kristin Stone	F	28	Lincoln	NE	1110	8:54	01:01:45.3	408	8:16	00:54:13.9	01:55:59.3	8:35	01:52:36.6
635	217/2646	9/79	6129	Sailor Fadell	F	19	Omaha	NE	615	8:21	00:56:05.3	674	8:50	00:57:52.5	01:53:57.9	8:35	01:52:38.2
636	419/1345	77/233	2292	Ryan Clark	M	37	De Witt	NE	796	8:31	00:58:44.8	587	8:40	00:56:51.6	01:55:36.5	8:35	01:52:41.7
637	420/1345	78/233	4274	Sam Loewe	M	37	Lincoln	NE	690	8:22	00:57:00.8	675	8:50	00:57:53.3	01:54:54.1	8:35	01:52:41.8
638	421/1345	79/233	753	Zachary Baehr	M	36	Lincoln	NE	763	8:25	00:58:15.7	634	8:46	00:57:29.8	01:55:45.5	8:35	01:52:42.8
639	218/2646	37/435	4106	Amy Wagenknecht	F	29	Omaha	NE	622	8:24	00:56:10.3	664	8:48	00:57:44.0	01:53:54.4	8:36	01:52:45.7
640	422/1345	73/183	1119	Jesse Genrich	M	25	Lincoln	NE	787	8:22	00:58:39.5	686	8:50	00:57:57.7	01:56:37.2	8:36	01:52:48.0
641	219/2646	15/227	2833	Shelly Soupier	F	45	Omaha	NE	695	8:22	00:57:04.7	681	8:50	00:57:55.8	01:55:00.6	8:36	01:52:48.9
642	220/2646	15/154	4937	Pam Oconnor	F	53	Omaha	NE	1022	8:36	01:01:10.8	543	8:36	00:56:25.7	01:57:36.5	8:36	01:52:49.7
643	423/1345	22/82	4052	John Klein	M	57	Walton	NE	919	8:42	01:00:16.5	500	8:30	00:55:45.1	01:56:01.7	8:36	01:52:50.3
644	221/2646	38/435	2303	Carrie Westerbuhr	F	28	Kearney	NE	1114	8:46	01:01:49.4	475	8:27	00:55:23.2	01:57:12.7	8:36	01:52:52.2
645	222/2646	13/308	6311	Brianne Keller	F	24	Lincoln	NE	781	8:28	00:58:36.7	626	8:45	00:57:24.1	01:56:00.9	8:36	01:52:52.7
646	223/2646	46/460	658	Rachel Propp	F	34	Hastings	NE	921	8:30	01:00:17.3	609	8:43	00:57:06.6	01:57:23.9	8:36	01:52:53.0
647	224/2646	39/435	4023	Faith Schneider	F	28	York	NE	631	8:17	00:56:16.8	765	8:56	00:58:36.9	01:54:53.7	8:36	01:52:54.0
648	225/2646	40/435	5254	Megan Johnson	F	29	Columbus	NE	569	8:15	00:55:19.7	783	8:59	00:58:52.0	01:54:11.8	8:36	01:52:54.4

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									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
649	424/1345	76/205	5922	Jesse Florang	M	34	Kearney	NE	1406	8:45	01:04:15.4	484	8:28	00:55:31.4	01:59:46.8	8:36	01:52:55.2
650	425/1345	52/192	3385	Dwight Brown Jr	M	44	Lincoln	NE	528	8:12	00:54:41.3	810	9:01	00:59:09.9	01:53:51.3	8:36	01:52:55.6
651	226/2646	47/460	798	Lindsey Sample	F	34	Pleasant Dale	NE	955	8:34	01:00:37.8	569	8:39	00:56:44.5	01:57:22.3	8:36	01:52:56.9
652	227/2646	16/154	5915	Kathryn Kersting	F	51	Kansas City	MO	666	8:21	00:56:46.8	713	8:52	00:58:10.3	01:54:57.1	8:36	01:52:57.2
653	228/2646	55/486	625	Kara Engles	F	39	Auburn	NE	730	8:20	00:57:23.6	733	8:54	00:58:20.5	01:55:44.2	8:37	01:52:59.5
654	229/2646	14/308	3718	Laura Muren	F	21	Wayne	NE	1398	8:40	01:04:09.5	524	8:34	00:56:13.1	02:00:22.6	8:37	01:53:00.0
655	230/2646	3/13	2655	Kaylie Crews	F	13	Papillion	NE	1248	8:49	01:02:47.3	463	8:25	00:55:10.8	01:57:58.2	8:37	01:53:00.5
656	231/2646	15/308	3676	Brooke Vogt	F	22	Wayne	NE	1397	8:40	01:04:09.3	527	8:35	00:56:14.4	02:00:23.7	8:37	01:53:01.3
657	232/2646	56/486	1462	Kerri Otto	F	38	Lincoln	NE	1006	8:36	01:01:03.5	552	8:38	00:56:36.0	01:57:39.6	8:37	01:53:01.4
658	426/1345	11/48	1203	Gregg Stokke	M	60	Lincoln	NE	788	8:25	00:58:40.1	670	8:49	00:57:50.2	01:56:30.3	8:37	01:53:01.6
659	427/1345	24/115	2846	Robert Jennings	M	50	Papillion	NE	619	8:18	00:56:07.5	768	8:57	00:58:40.9	01:54:48.4	8:37	01:53:05.5
660	428/1345	20/30	304	Keith Tran	M	15	Lincoln	NE	705	8:27	00:57:10.2	655	8:48	00:57:40.0	01:54:50.2	8:37	01:53:07.0
661	429/1345	74/183	6275	Ben Dutkiewicz	M	25	Lincoln	NE	985	8:47	01:00:52.4	486	8:28	00:55:32.0	01:56:24.4	8:37	01:53:09.2
662	233/2646	57/486	526	Andrea Schmidt	F	35	Fairbury	NE	559	8:21	00:55:09.3	753	8:55	00:58:30.4	01:53:39.8	8:38	01:53:12.4
663	234/2646	58/486	5354	Staci Keel	F	39	Lincoln	NE	894	8:33	00:59:47.4	614	8:44	00:57:12.8	01:57:00.3	8:38	01:53:13.4
664	430/1345	80/233	1789	Layne Monroe	M	36	Lincoln	NE	748	8:28	00:57:52.9	657	8:48	00:57:41.9	01:55:34.9	8:38	01:53:14.0
665	235/2646	59/486	3870	Jessica Warren	F	36	Eagle	NE	932	8:51	01:00:25.5	470	8:26	00:55:15.9	01:55:41.4	8:38	01:53:16.8
666	236/2646	60/486	964	Jenna Dubas	F	37	Waverly	NE	931	8:51	01:00:25.5	468	8:26	00:55:15.7	01:55:41.2	8:38	01:53:17.0
667	237/2646	16/308	1196	Jessica Blunk	F	24	Lincoln	NE	609	8:15	00:56:03.4	811	9:02	00:59:10.9	01:55:14.4	8:38	01:53:17.7
668	431/1345	53/192	5057	Chad Bauerly	M	44	Omaha	NE	825	8:35	00:59:15.5	603	8:42	00:57:04.7	01:56:20.3	8:38	01:53:23.4
669	432/1345	32/135	4868	Rusty Conrad	M	48	Kearney	NE	563	8:13	00:55:13.6	841	9:05	00:59:30.9	01:54:44.6	8:39	01:53:23.7
670	433/1345	81/233	5176	Nick Field	M	37	Perry	IA	2184	9:20	01:13:12.7	298	7:58	00:52:12.6	02:05:25.4	8:39	01:53:23.7
671	238/2646	16/227	774	Amy Erlbacher-Anderson	F	46	Omaha	NE	839	8:32	00:59:24.9	629	8:45	00:57:24.5	01:56:49.4	8:39	01:53:23.8
672	239/2646	41/435	6000	Rachel Peterson	F	28	Broken Bow	NE	389	8:00	00:52:57.8	970	9:18	01:01:00.9	01:53:58.7	8:39	01:53:25.0
673	434/1345	31/81	4240	Grant Ozaki	M	21	Lincoln	NE	1121	8:53	01:01:51.7	469	8:26	00:55:15.8	01:57:07.5	8:39	01:53:28.4
674	435/1345	75/183	5885	Nick Diediker	M	28	Dakota City	NE	552	8:08	00:54:58.9	889	9:10	01:00:08.8	01:55:07.8	8:39	01:53:29.6
675	240/2646	42/435	4111	Shannon Scroggin	F	25	Omaha	NE	911	8:38	01:00:09.6	588	8:41	00:56:53.8	01:57:03.4	8:39	01:53:31.2
676	241/2646	24/342	1753	Laurel Badura	F	41	Kearney	NE	694	8:24	00:57:04.1	752	8:55	00:58:29.6	01:55:33.7	8:39	01:53:32.1
677	242/2646	17/154	683	Sherri Wren	F	52	Lincoln	NE	833	8:29	00:59:20.7	687	8:51	00:57:58.1	01:57:18.9	8:39	01:53:32.4
678	436/1345	25/115	3143	Kent Hanlin	M	54	Pierce	NE	459	7:59	00:54:02.7	986	9:20	01:01:10.6	01:55:13.4	8:39	01:53:33.9
679	243/2646	17/227	2654	Kathy Crews	F	45	Papillion	NE	1247	8:49	01:02:47.3	503	8:31	00:55:47.4	01:58:34.8	8:40	01:53:36.9
680	244/2646	43/435	2140	Margaret Johnson	F	27	Chicago	IL	469	8:10	00:54:18.8	880	9:10	01:00:02.8	01:54:21.6	8:40	01:53:37.2
681	245/2646	61/486	1954	Elizabeth Shotkoski	F	39	Lincoln	NE	655	8:14	00:56:34.4	852	9:06	00:59:39.1	01:56:13.5	8:40	01:53:38.4
682	437/1345	26/115	5284	Bryan Areman	M	50	Lincoln	NE	464	7:59	00:54:09.8	1001	9:21	01:01:21.0	01:55:30.8	8:40	01:53:38.6
683	438/1345	33/135	494	Jim Hogg	M	48	Lincoln	NE	884	8:37	00:59:44.3	612	8:43	00:57:12.0	01:56:56.4	8:40	01:53:40.6
684	439/1345	34/135	3034	J P Caruso	M	47	Lincoln	NE	486	8:09	00:54:24.5	895	9:11	01:00:13.7	01:54:38.3	8:40	01:53:40.6

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
685	246/2646	62/486	5701	Amanda Matthews	F	39	Raymond	NE	725	8:25	00:57:21.8	751	8:55	00:58:29.5	01:55:51.3	8:40	01:53:40.8
686	247/2646	17/308	4191	Jessica Bohlken	F	21	Lincoln	NE	1007	8:45	01:01:04.4	539	8:36	00:56:22.9	01:57:27.3	8:40	01:53:44.8
687	440/1345	77/205	1488	Greg Walklin	M	31	Lincoln	NE	817	8:37	00:59:05.4	620	8:45	00:57:19.4	01:56:24.8	8:40	01:53:47.1
688	248/2646	48/460	3537	Amy Pflingsten	F	31	Lincoln	NE	816	8:35	00:59:04.3	636	8:46	00:57:30.2	01:56:34.5	8:40	01:53:47.3
689	441/1345	78/205	418	Greg Howe	M	33	Lincoln	NE	927	8:42	01:00:23.5	582	8:40	00:56:49.7	01:57:13.3	8:41	01:53:50.3
690	249/2646	63/486	2747	Vanessa Shipp	F	35	Omaha	NE	1035	8:50	01:01:16.7	512	8:32	00:55:58.0	01:57:14.8	8:41	01:53:50.4
691	250/2646	25/342	3672	Danielle Egr	F	40	Yutan	NE	881	8:24	00:59:43.5	775	8:58	00:58:46.4	01:58:29.9	8:41	01:53:51.3
692	442/1345	23/82	556	William Newton	M	55	Pender	NE	437	8:03	00:53:46.4	990	9:20	01:01:12.0	01:54:58.5	8:41	01:53:56.5
693	443/1345	54/192	888	Matt Harris	M	44	Lincoln	NE	952	8:44	01:00:35.5	554	8:38	00:56:38.9	01:57:14.4	8:41	01:53:57.3
694	251/2646	18/308	5757	Taylor Cody	F	23	Kearney	NE	1244	8:44	01:02:46.5	565	8:39	00:56:42.9	01:59:29.4	8:41	01:53:59.4
695	252/2646	49/460	5715	Kylie Thomas	F	34	Lincoln	NE	706	8:23	00:57:11.1	800	9:00	00:59:01.8	01:56:12.9	8:41	01:54:00.5
696	253/2646	18/227	1187	Kris Newquist	F	48	Aurora	NE	424	7:57	00:53:39.7	1047	9:26	01:01:52.9	01:55:32.7	8:41	01:54:01.5
697	444/1345	82/233	4626	Jeremy Rupprecht	M	37	Cortland	NE	728	8:27	00:57:23.4	772	8:57	00:58:43.3	01:56:06.8	8:42	01:54:05.4
698	254/2646	64/486	1301	Sara Stewart	F	38	Lincoln	NE	1488	8:42	01:05:13.8	596	8:42	00:57:01.0	02:02:14.9	8:42	01:54:05.6
699	445/1345	76/183	3013	Adam Breitbarth	M	28	Kansas City	MO	893	8:45	00:59:47.2	574	8:40	00:56:46.3	01:56:33.6	8:42	01:54:05.9
700	446/1345	79/205	4319	Shane Weaver	M	31	Omaha	NE	721	8:24	00:57:18.8	802	9:00	00:59:02.6	01:56:21.4	8:42	01:54:07.5
701	447/1345	77/183	4650	Addison Popple	M	27	Lincoln	NE	652	8:10	00:56:32.9	923	9:14	01:00:33.4	01:57:06.4	8:42	01:54:08.3
702	448/1345	80/205	5197	Jon Jessen	M	30	O'neill	NE	770	8:31	00:58:23.2	735	8:54	00:58:21.0	01:56:44.3	8:42	01:54:08.4
703	449/1345	78/183	6173	Drew Partridge	M	26	Lincoln	NE	832	8:40	00:59:20.5	625	8:45	00:57:23.0	01:56:43.5	8:42	01:54:10.1
704	255/2646	26/342	434	Mindy Ohnoutka	F	40	Lincoln	NE	873	8:29	00:59:41.8	757	8:56	00:58:33.5	01:58:15.3	8:42	01:54:10.5
705	256/2646	65/486	381	Julie Guyton	F	39	Lincoln	NE	958	8:45	01:00:40.3	585	8:40	00:56:50.9	01:57:31.3	8:42	01:54:10.6
706	450/1345	27/115	4186	Bruce Barnhart	M	52	Omaha	NE	954	8:43	01:00:37.7	597	8:42	00:57:01.6	01:57:39.4	8:42	01:54:12.9
707	451/1345	83/233	2680	John Klotz	M	37	Lincoln	NE	1092	8:52	01:01:37.8	518	8:33	00:56:06.0	01:57:43.8	8:42	01:54:14.5
708	452/1345	81/205	1115	Kelby Nitz	M	32	Seward	NE	800	8:31	00:58:48.1	743	8:55	00:58:25.4	01:57:13.5	8:43	01:54:16.1
709	453/1345	82/205	4187	Ramon Cueva	M	32	Canon City	CO	1029	8:51	01:01:15.9	526	8:35	00:56:13.6	01:57:29.6	8:43	01:54:17.0
710	454/1345	28/115	4050	Jeffrey Rudy	M	50	Lincoln	NE	741	8:28	00:57:41.3	777	8:58	00:58:48.4	01:56:29.7	8:43	01:54:20.1
711	455/1345	35/135	2544	William Beecham	M	49	Lincoln	NE	877	8:40	00:59:42.5	638	8:46	00:57:30.6	01:57:13.1	8:43	01:54:20.9
712	456/1345	84/233	837	Cameron Soester	M	35	Seward	NE	585	8:15	00:55:37.5	894	9:11	01:00:13.7	01:55:51.3	8:43	01:54:21.1
713	457/1345	79/183	3284	Michael Fagan	M	29	Omaha	NE	969	8:47	01:00:42.3	580	8:40	00:56:47.9	01:57:30.2	8:43	01:54:22.1
714	257/2646	50/460	2509	Katie Fagan	F	30	Omaha	NE	967	8:47	01:00:42.2	581	8:40	00:56:48.2	01:57:30.5	8:43	01:54:22.3
715	458/1345	55/192	4999	Darin Foster	M	40	Omaha	NE	737	8:27	00:57:32.3	794	9:00	00:58:58.4	01:56:30.7	8:43	01:54:25.3
716	258/2646	19/308	4903	Courtney Everhart	F	21	Gretna	NE	564	8:13	00:55:15.4	924	9:14	01:00:33.4	01:55:48.9	8:43	01:54:26.7
717	459/1345	24/82	1286	Bill Bowes	M	57	Bellevue	NE	1590	8:52	01:06:35.4	530	8:35	00:56:16.7	02:02:52.2	8:43	01:54:27.3
718	259/2646	51/460	3631	Meagan Basye	F	31	Omaha	NE	743	8:24	00:57:42.3	828	9:03	00:59:20.2	01:57:02.5	8:43	01:54:27.8
719	460/1345	12/48	593	Jerry Easley	M	64	Lincoln	NE	1040	8:50	01:01:17.3	553	8:38	00:56:36.8	01:57:54.2	8:44	01:54:29.2
720	260/2646	27/342	5016	Jennifer Parde	F	41	Lincoln	NE	715	8:13	00:57:17.1	935	9:15	01:00:39.7	01:57:56.9	8:44	01:54:29.6

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
721	461/1345	85/233	4913	Jeff Butterfield	M	39	Hickman	NE	605	8:15	00:55:57.6	913	9:13	01:00:25.9	01:56:23.6	8:44	01:54:31.4
722	261/2646	52/460	2941	Bambi Carr	F	34	Kearney	NE	1076	8:49	01:01:28.3	558	8:39	00:56:40.9	01:58:09.2	8:44	01:54:31.5
723	462/1345	56/192	3203	Wei Hu	M	40	Lincoln	NE	703	8:27	00:57:09.5	808	9:01	00:59:06.9	01:56:16.5	8:44	01:54:31.6
724	463/1345	13/48	4862	Lance Maley	M	61	Gretna	NE	995	8:51	01:00:58.7	546	8:37	00:56:29.0	01:57:27.8	8:44	01:54:32.8
725	464/1345	80/183	4484	Nicholas Arneson	M	25	Lincoln	NE	680	8:24	00:56:57.3	833	9:04	00:59:26.2	01:56:23.6	8:44	01:54:32.8
726	262/2646	66/486	5129	Desirae Eschiti	F	35	Wilber	NE	902	8:38	00:59:54.9	684	8:50	00:57:57.1	01:57:52.1	8:44	01:54:33.3
727	465/1345	81/183	4860	Duston Stanczyk	M	29	Lincoln	NE	1184	8:53	01:02:10.7	533	8:35	00:56:18.6	01:58:29.3	8:44	01:54:33.7
728	466/1345	86/233	5128	Michael Eschiti	M	37	Wilber	NE	901	8:38	00:59:54.7	685	8:50	00:57:57.3	01:57:52.1	8:44	01:54:33.7
729	263/2646	44/435	4856	Erin Stanczyk	F	28	Lincoln	NE	1183	8:53	01:02:10.7	534	8:35	00:56:18.6	01:58:29.3	8:44	01:54:34.4
730	467/1345	36/135	544	Andrew Tweedy	M	47	Omaha	NE	1252	8:29	01:02:47.9	799	9:00	00:59:00.3	02:01:48.3	8:44	01:54:34.9
731	264/2646	67/486	5109	Julie Rasgorshek	F	39	Crete	NE	882	8:41	00:59:43.7	661	8:48	00:57:42.4	01:57:26.2	8:44	01:54:35.6
732	265/2646	18/154	660	Laura Kapustka	F	53	Lincoln	NE	750	8:31	00:57:54.4	779	8:58	00:58:48.9	01:56:43.3	8:44	01:54:35.9
733	468/1345	57/192	5329	J L Vertin	M	42	Crete	NE	880	8:40	00:59:43.1	663	8:48	00:57:43.5	01:57:26.7	8:44	01:54:36.1
734	469/1345	82/183	4606	Jeremy Wortmann	M	28	Lincoln	NE	679	8:24	00:56:57.2	844	9:05	00:59:32.1	01:56:29.3	8:44	01:54:38.3
735	470/1345	58/192	865	Patrick Brown	M	41	Omaha	NE	399	7:55	00:53:08.3	1147	9:35	01:02:47.5	01:55:55.8	8:44	01:54:41.0
736	471/1345	29/115	1948	Mark Gokie	M	53	Lincoln	NE	983	8:49	01:00:51.8	583	8:40	00:56:50.4	01:57:42.2	8:44	01:54:41.6
737	472/1345	32/81	6244	Austin Blankenau	M	22	Lincoln	NE	1087	8:51	01:01:34.2	556	8:39	00:56:40.5	01:58:14.7	8:45	01:54:43.8
738	266/2646	28/342	5168	Melissa Macklin	F	41	Roca	NE	1355	8:43	01:03:38.7	654	8:48	00:57:39.7	02:01:18.4	8:45	01:54:47.2
739	267/2646	68/486	747	Kimberly Keller	F	35	Lincoln	NE	735	8:29	00:57:30.3	817	9:02	00:59:14.8	01:56:45.1	8:45	01:54:48.8
740	473/1345	83/205	1137	Aaron Schaad	M	30	Lincoln	NE	1210	8:39	01:02:34.3	706	8:51	00:58:04.3	02:00:38.7	8:45	01:54:49.3
741	268/2646	19/227	5436	Stacy Beshears	F	48	Saint Joseph	MO	812	8:41	00:59:00.5	680	8:50	00:57:55.4	01:56:55.9	8:45	01:54:49.4
742	269/2646	45/435	6170	Nicole Tegtmeier	F	25	Lincoln	NE	1127	8:45	01:01:52.9	637	8:46	00:57:30.2	01:59:23.2	8:45	01:54:52.3
743	474/1345	25/82	4897	Randy Thorman	M	59	Omaha	NE	912	8:40	01:00:10.4	702	8:51	00:58:02.2	01:58:12.7	8:45	01:54:52.7
744	475/1345	84/205	1989	Jim Dowling	M	31	Monmouth	IL	1445	8:53	01:04:45.1	551	8:38	00:56:35.5	02:01:20.6	8:45	01:54:52.8
745	476/1345	83/183	259	Greg Koch	M	29	Sioux Falls	SD	537	8:06	00:54:52.3	1046	9:26	01:01:51.9	01:56:44.2	8:46	01:54:56.3
746	270/2646	46/435	614	Sarah Stevens	F	29	Omaha	NE	869	8:41	00:59:41.3	692	8:51	00:57:59.0	01:57:40.4	8:46	01:54:56.9
747	271/2646	29/342	861	Jori Newell	F	41	Eagle	NE	834	8:39	00:59:21.7	719	8:53	00:58:12.4	01:57:34.1	8:46	01:54:56.9
748	272/2646	53/460	808	Lindsey Meyer	F	30	Omaha	NE	860	8:41	00:59:39.5	696	8:51	00:57:59.9	01:57:39.5	8:46	01:54:57.1
749	477/1345	87/233	5018	Matt Semple	M	37	Omaha	NE	871	8:41	00:59:41.8	697	8:51	00:57:59.9	01:57:41.8	8:46	01:54:57.8
750	273/2646	69/486	5022	Stephanie Semple	F	36	Omaha	NE	861	8:41	00:59:40.2	693	8:51	00:57:59.2	01:57:39.4	8:46	01:54:58.1
751	274/2646	70/486	3380	Diana Friesen	F	35	Omaha	NE	863	8:41	00:59:40.5	700	8:51	00:58:00.8	01:57:41.4	8:46	01:54:58.2
752	275/2646	30/342	721	Ashley Wiles	F	41	Omaha	NE	865	8:41	00:59:40.7	694	8:51	00:57:59.2	01:57:39.9	8:46	01:54:58.2
753	478/1345	59/192	2102	David Burd	M	44	Lincoln	NE	657	8:17	00:56:36.3	938	9:15	01:00:41.1	01:57:17.4	8:46	01:54:58.6
754	479/1345	60/192	1321	Andy Schlosser	M	40	Omaha	NE	858	8:41	00:59:39.5	699	8:51	00:58:00.6	01:57:40.2	8:46	01:54:58.8
755	276/2646	20/227	884	Elizabeth Berentson	F	45	Omaha	NE	867	8:42	00:59:40.8	690	8:51	00:57:58.9	01:57:39.8	8:46	01:54:58.8
756	277/2646	47/435	5534	Meleia Oestmann	F	25	Auburn	NE	870	8:42	00:59:41.5	691	8:51	00:57:58.9	01:57:40.4	8:46	01:54:59.2

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									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
757	278/2646	71/486	293	Courtney Mann	F	37	Omaha	NE	868	8:42	00:59:41.3	689	8:51	00:57:58.6	01:57:39.9	8:46	01:54:59.3
758	480/1345	88/233	609	Scott Haug	M	36	Elkhorn	NE	856	8:41	00:59:38.6	701	8:51	00:58:01.8	01:57:40.4	8:46	01:54:59.6
759	481/1345	14/48	1885	Kevin Keller	M	61	Lincoln	NE	786	8:40	00:58:39.5	717	8:52	00:58:10.7	01:56:50.3	8:46	01:54:59.7
760	482/1345	89/233	716	Shawn Edie	M	38	Omaha	NE	862	8:42	00:59:40.4	695	8:51	00:57:59.7	01:57:40.2	8:46	01:54:59.8
761	279/2646	72/486	2700	Laura Allen	F	35	Lincoln	NE	716	8:17	00:57:17.3	934	9:15	01:00:38.6	01:57:55.9	8:46	01:54:59.8
762	483/1345	37/135	2869	Scott McLaughlin	M	48	Lincoln	NE	879	8:39	00:59:42.9	732	8:54	00:58:19.5	01:58:02.4	8:46	01:55:00.4
763	280/2646	19/154	5296	Mary Naeger	F	53	Valley Park	MO	431	8:07	00:53:42.8	1040	9:25	01:01:46.6	01:55:29.4	8:46	01:55:01.2
764	484/1345	90/233	825	Chad Wemhoff	M	39	Licoln	NE	650	8:17	00:56:32.3	949	9:16	01:00:46.4	01:57:18.8	8:46	01:55:03.9
765	281/2646	10/79	5950	Emily Locke	F	18	Malcolm	NE	1333	8:47	01:03:28.7	632	8:46	00:57:27.8	02:00:56.6	8:46	01:55:04.4
766	282/2646	20/154	1138	Deidre Garrett	F	54	Lincoln	NE	682	8:24	00:56:58.7	879	9:09	01:00:01.9	01:57:00.7	8:46	01:55:04.5
767	485/1345	61/192	2860	Christopher Forch	M	40	Gretna	NE							01:57:22.4	8:46	01:55:04.5
768	486/1345	84/183	3983	Eric Basnett	M	27	Pleasanton	NE	734	8:18	00:57:28.1	941	9:15	01:00:41.7	01:58:09.9	8:46	01:55:05.2
769	283/2646	48/435	5838	Kathleen Turner	F	29	Omaha	NE	923	8:40	01:00:20.8	728	8:53	00:58:15.9	01:58:36.7	8:46	01:55:06.0
770	284/2646	54/460	4616	Lisa Ostwinkle	F	32	Yutan	NE	930	8:28	01:00:24.8	850	9:05	00:59:36.0	02:00:00.9	8:46	01:55:06.5
771	285/2646	11/79	4269	Taylor Osborne	F	19	Beatrice	NE	782	8:10	00:58:36.9	1020	9:23	01:01:32.5	02:00:09.5	8:46	01:55:06.6
772	286/2646	73/486	3082	Kate Boston	F	35	Kearney	NE	629	8:24	00:56:13.6	883	9:10	01:00:04.1	01:56:17.7	8:46	01:55:07.9
773	487/1345	30/115	4664	Russ Sladky	M	51	Cedar Creek	NE	687	8:19	00:57:00.2	931	9:15	01:00:36.9	01:57:37.2	8:47	01:55:08.4
774	488/1345	26/82	1133	Mark Cederdahl	M	58	Lincoln	NE	598	8:16	00:55:49.6	960	9:18	01:00:55.5	01:56:45.1	8:47	01:55:09.6
775	287/2646	74/486	1782	Lana Rourke	F	37	Lincoln	NE	806	8:37	00:58:53.2	769	8:57	00:58:42.0	01:57:35.3	8:47	01:55:12.3
776	489/1345	85/183	1048	Colby Dolan	M	26	Lincoln	NE	774	8:36	00:58:31.2	791	8:59	00:58:55.5	01:57:26.8	8:47	01:55:15.9
777	288/2646	12/79	1958	Julia McMahon-Cole	F	15	Lincoln	NE	943	8:48	01:00:32.3	651	8:47	00:57:37.3	01:58:09.6	8:47	01:55:16.7
778	289/2646	55/460	1803	Morgan Grot	F	31	Omaha	NE	1051	8:41	01:01:21.2	740	8:54	00:58:23.0	01:59:44.2	8:47	01:55:18.2
779	290/2646	75/486	1797	Karen Borchert	F	37	Omaha	NE	1053	8:41	01:01:21.6	739	8:54	00:58:22.6	01:59:44.2	8:47	01:55:18.4
780	490/1345	31/115	4168	Jeff Cole	M	50	Lincoln	NE	1095	8:58	01:01:39.3	550	8:38	00:56:35.4	01:58:14.7	8:47	01:55:20.1
781	291/2646	49/435	5238	Megan Kopetzky	F	25	Lincoln	NE	1172	8:49	01:02:06.5	642	8:46	00:57:31.8	01:59:38.4	8:47	01:55:20.4
782	491/1345	62/192	2295	Jim Sheets	M	41	Firth	NE	691	8:20	00:57:02.1	947	9:16	01:00:45.6	01:57:47.7	8:48	01:55:21.7
783	292/2646	31/342	2572	Sherry Havranek	F	40	Omaha	NE	941	8:35	01:00:28.7	804	9:01	00:59:04.1	01:59:32.9	8:48	01:55:22.7
784	293/2646	50/435	2108	Samantha Drealan	F	27	Madison	SD	422	8:04	00:53:37.5	1106	9:32	01:02:30.3	01:56:07.8	8:48	01:55:23.2
785	294/2646	76/486	5320	Bethany Stamps	F	35	Papillion	NE	557	8:16	00:55:02.8	985	9:20	01:01:09.7	01:56:12.5	8:48	01:55:23.3
786	492/1345	85/205	5019	Jason Horvatic	M	32	Elkhorn	NE	1270	8:33	01:03:00.5	827	9:03	00:59:20.0	02:02:20.6	8:48	01:55:24.4
787	295/2646	21/227	4948	Melissa Antinoro	F	45	Lincoln	NE	935	8:43	01:00:26.5	737	8:54	00:58:22.0	01:58:48.5	8:48	01:55:28.5
788	296/2646	77/486	1110	Kristi Casady	F	38	Lincoln	NE	549	8:11	00:54:57.9	1039	9:25	01:01:46.2	01:56:44.2	8:48	01:55:28.6
789	493/1345	91/233	4208	Shawn Sanburn	M	38	Lincoln	NE	1060	8:43	01:01:23.6	738	8:54	00:58:22.1	01:59:45.8	8:48	01:55:29.3
790	494/1345	92/233	5926	Jason Gehling	M	35	Sergeant Bluff	IA	1133	8:51	01:01:53.9	630	8:46	00:57:27.7	01:59:21.7	8:48	01:55:30.8
791	297/2646	51/435	4519	Lisa Tronchetti	F	26	Omaha	NE	1518	8:48	01:05:41.9	667	8:49	00:57:46.2	02:03:28.1	8:48	01:55:31.0
792	298/2646	20/308	5865	Kayla Locke	F	20	Malcolm	NE	1334	8:47	01:03:29.1	678	8:50	00:57:54.1	02:01:23.3	8:48	01:55:32.1

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
793	299/2646	56/460	408	Jessica Florez	F	34	Lincoln	NE	700	8:21	00:57:07.9	951	9:17	01:00:49.7	01:57:57.7	8:48	01:55:33.2
794	300/2646	57/460	2120	Meghan Mueller	F	34	Lincoln	NE	803	8:39	00:58:51.8	781	8:59	00:58:51.6	01:57:43.4	8:48	01:55:34.6
795	495/1345	86/205	2427	Jacob Phillips	M	30	West Des Moines	IA	804	8:39	00:58:52.1	782	8:59	00:58:51.7	01:57:43.8	8:48	01:55:34.6
796	301/2646	32/342	1226	Erin Drummond	F	41	Lincoln	NE	936	8:39	01:00:26.8	792	8:59	00:58:55.7	01:59:22.5	8:49	01:55:35.2
797	302/2646	52/435	3328	Kylie Hubbell	F	26	Omaha	NE	1217	8:54	01:02:37.3	618	8:44	00:57:17.6	01:59:55.0	8:49	01:55:35.5
798	303/2646	58/460	4582	Kari Vacek	F	32	Lincoln	NE	604	8:22	00:55:54.9	946	9:16	01:00:43.7	01:56:38.7	8:49	01:55:35.9
799	496/1345	93/233	4633	Tony Rouse	M	36	Lincoln	NE	1257	8:57	01:02:49.5	590	8:41	00:56:55.7	01:59:45.3	8:49	01:55:36.0
800	304/2646	21/154	2716	Lisa Mansur	F	51	Lincoln	NE	807	8:37	00:58:53.2	805	9:01	00:59:05.2	01:57:58.4	8:49	01:55:36.8
801	497/1345	38/135	1020	Patrick Goracke	M	45	Lincoln	NE	603	8:18	00:55:54.7	989	9:20	01:01:11.9	01:57:06.6	8:49	01:55:37.2
802	498/1345	33/81	5596	Connor Griess	M	23	Lincoln	NE	558	8:04	00:55:08.9	1139	9:34	01:02:45.4	01:57:54.4	8:49	01:55:37.6
803	305/2646	59/460	6205	Sara Johnson	F	33	Omaha	NE	443	8:05	00:53:51.9	1121	9:33	01:02:37.4	01:56:29.3	8:49	01:55:38.0
804	306/2646	78/486	5704	Laci Reinke	F	37	Wilber	NE	756	8:26	00:58:07.4	907	9:13	01:00:23.2	01:58:30.7	8:49	01:55:38.0
805	307/2646	53/435	3240	Katie Fischer	F	28	Lincoln	NE	1218	8:54	01:02:37.3	627	8:45	00:57:24.3	02:00:01.7	8:49	01:55:42.2
806	308/2646	33/342	268	Michelle Mazour	F	44	Lincoln	NE	1153	8:52	01:02:01.1	653	8:47	00:57:38.3	01:59:39.4	8:49	01:55:43.1
807	309/2646	21/308	1012	Lexie Thorell	F	23	Lincoln	NE	696	8:17	00:57:04.8	1006	9:22	01:01:24.6	01:58:29.4	8:49	01:55:43.1
808	310/2646	54/435	2735	Alaina Walker	F	29	Blair	NE	777	8:38	00:58:34.5	807	9:01	00:59:06.9	01:57:41.4	8:49	01:55:43.2
809	499/1345	86/183	4461	Chris Simley	M	26	Lincoln	NE	950	8:54	01:00:34.7	623	8:45	00:57:21.9	01:57:56.7	8:49	01:55:43.3
810	500/1345	39/135	2497	Grant Trierweiler	M	49	Lincoln	NE	1045	8:47	01:01:18.7	718	8:53	00:58:12.0	01:59:30.8	8:49	01:55:45.3
811	311/2646	13/79	236	Melissa Newkirk	F	18	Omaha	NE	840	8:49	00:59:28.2	682	8:50	00:57:56.5	01:57:24.7	8:49	01:55:47.0
812	312/2646	14/79	1920	Kylee Canfield	F	16	Lincoln	NE	951	8:51	01:00:34.7	671	8:49	00:57:51.0	01:58:25.7	8:50	01:55:49.5
813	501/1345	94/233	6124	Ryan Nietfeldt	M	39	Elkhorn	NE	635	8:15	00:56:19.7	1043	9:25	01:01:47.0	01:58:06.8	8:50	01:55:49.6
814	313/2646	15/79	2094	Collette Williams	F	18	Lincoln	NE	949	8:51	01:00:34.5	672	8:49	00:57:51.3	01:58:25.9	8:50	01:55:50.2
815	314/2646	34/342	2630	Amy Fabricus	F	44	Lincoln	NE	1106	8:49	01:01:43.3	705	8:51	00:58:04.2	01:59:47.6	8:50	01:55:50.4
816	315/2646	55/435	5824	Amanda Brandt	F	25	Lincoln	NE	813	8:41	00:59:01.1	784	8:59	00:58:52.2	01:57:53.4	8:50	01:55:50.4
817	316/2646	56/435	598	Sandy Galvan	F	28	Lincoln	NE	1019	8:53	01:01:10.1	647	8:47	00:57:35.1	01:58:45.2	8:50	01:55:51.8
818	502/1345	87/183	3064	Kevin Mckenna	M	26	York	NE	1179	8:44	01:02:08.5	760	8:56	00:58:34.1	02:00:42.7	8:50	01:55:51.8
819	503/1345	15/48	1163	Dick James	M	62	Verdon	NE	922	8:56	01:00:18.8	622	8:45	00:57:19.7	01:57:38.5	8:50	01:55:52.2
820	317/2646	57/435	5397	Jordan Geiken	F	25	Lincoln	NE	1044	8:40	01:01:18.5	803	9:00	00:59:02.6	02:00:21.2	8:50	01:55:52.5
821	318/2646	58/435	3048	Sami Blaha	F	25	Lincoln	NE	1178	8:44	01:02:08.5	759	8:56	00:58:34.1	02:00:42.7	8:50	01:55:52.8
822	319/2646	60/460	1501	Amanda Fangmeier	F	31	Denton	NE	1042	8:45	01:01:18.1	761	8:56	00:58:34.2	01:59:52.3	8:50	01:55:55.6
823	320/2646	61/460	5767	Lisa Curtis	F	31	Omaha	NE	640	8:23	00:56:24.2	963	9:18	01:00:57.0	01:57:21.3	8:50	01:55:56.1
824	321/2646	22/227	1901	Jen Burke	F	46	Lincoln	NE	577	8:18	00:55:27.8	1018	9:23	01:01:31.7	01:56:59.5	8:50	01:55:56.8
825	322/2646	59/435	1198	Emily Plautz	F	28	Lincoln	NE	768	8:32	00:58:22.6	877	9:09	00:59:58.8	01:58:21.4	8:50	01:55:58.1
826	504/1345	27/82	3259	Jerry Bring	M	55	Lincoln	NE	442	8:06	00:53:51.9	1160	9:36	01:02:54.4	01:56:46.4	8:50	01:55:58.7
827	505/1345	95/233	371	Jay Rosenboom	M	39	Lincoln	NE	1164	8:53	01:02:04.3	666	8:49	00:57:45.2	01:59:49.5	8:50	01:55:58.9
828	506/1345	63/192	5910	John Roderique	M	44	Elkhorn	NE	612	8:18	00:56:03.6	1024	9:24	01:01:36.7	01:57:40.4	8:50	01:56:00.8

The Good Life Halfsy

November 1, 2015

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
829	507/1345	34/81	5229	Kyle Headley	M	24	Lincoln	NE	1636	9:19	01:07:16.1	445	8:23	00:54:55.1	02:02:11.3	8:51	01:56:01.9
830	508/1345	96/233	575	Vinnie Krikac	M	39	Lincoln	NE	426	8:03	00:53:40.9	1196	9:39	01:03:18.4	01:56:59.4	8:51	01:56:02.7
831	509/1345	87/205	978	Paul Breitreutz	M	30	Lincoln	NE	1013	8:50	01:01:08.1	711	8:52	00:58:09.7	01:59:17.8	8:51	01:56:03.9
832	510/1345	97/233	1088	Bryson Monroe	M	35	Lincoln	NE	749	8:28	00:57:52.9	925	9:14	01:00:33.5	01:58:26.5	8:51	01:56:05.4
833	511/1345	32/115	652	Darin Rich	M	50	Lincoln	NE	1261	8:47	01:02:50.5	750	8:55	00:58:29.2	02:01:19.8	8:51	01:56:07.5
834	323/2646	23/227	2868	Charlene Johnson	F	47	Lincoln	NE	1037	8:50	01:01:17.1	720	8:53	00:58:12.7	01:59:29.8	8:51	01:56:08.7
835	512/1345	28/82	2224	Frank Rutar	M	55	Omaha	NE	909	8:37	01:00:03.5	849	9:05	00:59:36.0	01:59:39.6	8:51	01:56:08.9
836	324/2646	79/486	4823	Nikki Johnson	F	35	Nebraska City	NE	649	8:24	00:56:32.1	979	9:19	01:01:06.0	01:57:38.1	8:51	01:56:09.7
837	513/1345	33/115	2529	Jeff Torrey	M	52	Omaha	NE	1065	8:38	01:01:24.8	840	9:05	00:59:30.7	02:00:55.5	8:51	01:56:09.9
838	514/1345	34/115	440	Todd Jarchow	M	51	Lincoln	NE	1394	8:46	01:04:06.8	766	8:57	00:58:38.8	02:02:45.7	8:51	01:56:10.0
839	325/2646	22/308	5665	Samantha Areman	F	22	Lincoln	NE	1028	8:57	01:01:14.2	641	8:46	00:57:31.3	01:58:45.6	8:51	01:56:12.9
840	515/1345	88/183	5721	Jacob Johnson	M	26	Lincoln	NE	1346	8:45	01:03:36.1	790	8:59	00:58:54.8	02:02:30.9	8:52	01:56:14.6
841	516/1345	21/30	5165	Adam Schneider	M	16	Lincoln	NE	643	8:21	00:56:28.5	1017	9:23	01:01:30.4	01:57:58.9	8:52	01:56:15.7
842	326/2646	16/79	5011	Mia Sharpnack	F	16	Lincoln	NE	642	8:21	00:56:28.5	1016	9:23	01:01:30.4	01:57:58.9	8:52	01:56:16.2
843	327/2646	60/435	1212	Beth Topp	F	27	Lincoln	NE	1180	8:52	01:02:09.8	715	8:52	00:58:10.3	02:00:20.2	8:52	01:56:18.0
844	517/1345	88/205	3378	Nick Topp	M	31	Lincoln	NE	1181	8:52	01:02:09.8	714	8:52	00:58:10.3	02:00:20.2	8:52	01:56:18.7
845	518/1345	1/14	621	Rick Olson	M	65	Omaha	NE	794	8:41	00:58:43.4	830	9:03	00:59:22.3	01:58:05.8	8:52	01:56:18.9
846	328/2646	35/342	3106	Eve Brank	F	42	Lincoln	NE	1066	8:52	01:01:24.8	721	8:53	00:58:12.8	01:59:37.6	8:52	01:56:19.3
847	329/2646	36/342	920	Karina Medvedovsky-Bartk	F	42	Beatrice	NE	883	8:37	00:59:43.9	866	9:07	00:59:49.2	01:59:33.2	8:52	01:56:19.3
848	330/2646	80/486	2420	Niki Strotman	F	35	Bennington	NE	1014	8:48	01:01:08.7	764	8:56	00:58:36.4	01:59:45.2	8:52	01:56:19.3
849	519/1345	16/48	2858	Ralph Caddell	M	60	Gonzales	LA	606	8:20	00:55:58.2	1035	9:25	01:01:43.5	01:57:41.8	8:52	01:56:20.1
850	520/1345	89/205	5889	Joseph Samuels	M	33	Lincoln	NE	1260	8:52	01:02:50.2	729	8:53	00:58:17.2	02:01:07.4	8:52	01:56:22.3
851	521/1345	64/192	2770	Tarik Abdel-Monem	M	43	Lincoln	NE	1174	8:46	01:02:07.3	797	9:00	00:58:59.4	02:01:06.8	8:52	01:56:26.3
852	331/2646	81/486	3601	Robyn Mcgill	F	38	Lincoln	NE	1259	8:48	01:02:49.8	773	8:58	00:58:44.0	02:01:33.9	8:52	01:56:26.3
853	332/2646	62/460	742	Stephanie Lambrecht	F	31	Lincoln	NE	761	8:36	00:58:13.5	884	9:10	01:00:05.0	01:58:18.5	8:52	01:56:26.3
854	333/2646	61/435	3704	Abbey Grandgenett	F	25	Lincoln	NE	736	8:28	00:57:31.3	958	9:18	01:00:55.2	01:58:26.5	8:53	01:56:27.3
855	522/1345	40/135	2663	Jim Klaasmeyer	M	48	Burr	NE	1444	8:50	01:04:44.8	755	8:56	00:58:31.0	02:03:15.9	8:53	01:56:28.6
856	334/2646	63/460	3560	Brandi Schaefer	F	32	Omaha	NE	565	8:17	00:55:16.5	1069	9:29	01:02:07.6	01:57:24.1	8:53	01:56:28.7
857	523/1345	98/233	3955	Chad Homolka	M	37	Columbus	NE	367	7:49	00:52:09.2	1410	9:57	01:05:15.9	01:57:25.2	8:53	01:56:33.0
858	335/2646	82/486	1179	Megan Dreyer	F	35	Lincoln	NE	732	8:29	00:57:26.9	969	9:18	01:01:00.6	01:58:27.6	8:53	01:56:36.6
859	336/2646	64/460	3524	Emmeline Watson	F	33	Lincoln	NE	1229	8:57	01:02:41.5	683	8:50	00:57:57.0	02:00:38.6	8:53	01:56:38.1
860	337/2646	37/342	3096	Christine Kuyper	F	41	Omaha	NE	1145	8:53	01:01:56.3	742	8:55	00:58:25.2	02:00:21.6	8:53	01:56:38.7
861	338/2646	65/460	5414	Ashley Myers	F	32	Lincoln	NE	848	8:27	00:59:33.7	994	9:21	01:01:14.9	02:00:48.6	8:53	01:56:39.5
862	339/2646	83/486	1840	Rebecca Vacek	F	39	Lincoln	NE	754	8:29	00:58:04.3	976	9:19	01:01:05.1	01:59:09.5	8:54	01:56:40.9
863	524/1345	29/82	2491	Arnie Cerny	M	56	Beatrice	NE	567	8:13	00:55:18.5	1146	9:35	01:02:47.2	01:58:05.8	8:54	01:56:42.0
864	340/2646	24/227	1484	Lori Szwaneke	F	49	Omaha	NE	864	8:41	00:59:40.6	863	9:07	00:59:45.5	01:59:26.2	8:54	01:56:42.7

The Good Life Halfsy

November 1, 2015

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
865	341/2646	23/308	4053	Chelsie White	F	23	Glenvil	NE	580	8:20	00:55:29.7	1064	9:28	01:02:04.7	01:57:34.4	8:54	01:56:43.5
866	342/2646	24/308	5578	Hannah Husmann	F	24	Omaha	NE	747	8:24	00:57:52.3	1026	9:24	01:01:38.6	01:59:30.9	8:54	01:56:44.3
867	343/2646	66/460	2717	Laura Covert	F	32	Pittsburg	KS	1629	9:18	01:07:09.8	499	8:30	00:55:44.8	02:02:54.6	8:54	01:56:44.9
868	344/2646	38/342	3744	Amy Osborne	F	44	Lincoln	NE	597	8:04	00:55:49.5	1263	9:45	01:03:54.8	01:59:44.4	8:54	01:56:45.2
869	525/1345	99/233	5372	Chris Zwiener	M	35	Fremont	NE	394	7:54	00:53:05.3	1375	9:54	01:04:55.0	01:58:00.3	8:54	01:56:45.7
870	345/2646	39/342	5901	Lisa Stearnes	F	42	Papillion	NE	1281	9:02	01:03:07.3	648	8:47	00:57:36.0	02:00:43.3	8:54	01:56:48.6
871	526/1345	30/82	4413	Dave Pease	M	59	Peru	NE	1139	8:54	01:01:54.9	746	8:55	00:58:27.6	02:00:22.6	8:54	01:56:48.9
872	346/2646	84/486	607	Angie Thompson	F	38	Lincoln	NE	610	8:18	00:56:03.5	1093	9:31	01:02:24.2	01:58:27.8	8:54	01:56:49.1
873	527/1345	35/115	2486	Tyrone Potter	M	53	Lincoln	NE	726	8:25	00:57:22.2	1027	9:24	01:01:39.5	01:59:01.8	8:54	01:56:50.5
874	347/2646	85/486	5013	Heather Morgan	F	39	Omaha	NE	1227	8:41	01:02:40.6	872	9:08	00:59:55.3	02:02:35.9	8:54	01:56:51.2
875	348/2646	67/460	4915	Brooke Koch	F	34	Blue Springs	NE	712	8:22	00:57:15.8	1062	9:27	01:01:59.9	01:59:15.8	8:54	01:56:51.6
876	349/2646	40/342	4133	Alexzandra Hayes	F	43	Omaha	NE	1437	9:02	01:04:39.6	656	8:48	00:57:41.8	02:02:21.4	8:54	01:56:52.5
877	350/2646	25/227	3711	Megan Berry Barlow	F	46	Weeping Water	NE	905	8:40	00:59:57.3	881	9:10	01:00:03.2	02:00:00.5	8:54	01:56:53.1
878	351/2646	22/154	6313	Charlene Tenhulzen	F	53	Firth	NE	758	8:32	00:58:09.8	957	9:17	01:00:54.6	01:59:04.5	8:54	01:56:53.3
879	528/1345	36/115	3710	Doug Barlow	M	53	Weeping Water	NE	852	8:37	00:59:35.7	910	9:13	01:00:24.9	02:00:00.7	8:55	01:56:53.3
880	529/1345	41/135	4132	Charles Hayes	M	47	Omaha	NE	1435	9:02	01:04:39.2	659	8:48	00:57:42.3	02:02:21.5	8:55	01:56:53.8
881	352/2646	41/342	4717	Stephanie Erickson	F	41	Papillion	NE	1128	8:57	01:01:53.3	727	8:53	00:58:15.8	02:00:09.2	8:55	01:56:54.7
882	530/1345	6/16	5674	Dominick Dreesen	M	11	Beatrice	NE	1063	8:47	01:01:24.4	826	9:03	00:59:19.5	02:00:43.9	8:55	01:56:55.0
883	531/1345	35/81	754	Treyson McGill	M	20	Lincoln	NE	517	8:09	00:54:35.3	1207	9:41	01:03:26.4	01:58:01.7	8:55	01:56:55.3
884	532/1345	100/233	5664	Lauren Thomas	M	39	Lincoln	NE	1154	8:54	01:02:01.4	762	8:56	00:58:34.4	02:00:35.9	8:55	01:56:58.3
885	533/1345	89/183	5719	Brian Harmon	M	26	Omaha	NE	499	8:05	00:54:27.5	1274	9:46	01:03:59.3	01:58:26.9	8:55	01:56:59.3
886	534/1345	90/205	5503	Brady Riessen	M	30	Sioux City	IA	507	8:13	00:54:30.6	1182	9:38	01:03:08.5	01:57:39.2	8:55	01:57:00.0
887	353/2646	25/308	6074	Megan Freese	F	22	Lincoln	NE	1083	8:47	01:01:29.5	836	9:04	00:59:28.1	02:00:57.6	8:55	01:57:00.2
888	535/1345	65/192	1825	Anthony Lamar	M	42	Omaha	NE	973	8:47	01:00:44.2	837	9:04	00:59:28.5	02:00:12.8	8:55	01:57:00.9
889	536/1345	91/205	3950	Jake Topping	M	32	Omaha	NE	1559	8:31	01:06:13.5	988	9:20	01:01:11.2	02:07:24.8	8:55	01:57:01.4
890	354/2646	68/460	6264	Jess Sullivan	F	30	Lincoln	NE	1130	8:51	01:01:53.7	801	9:00	00:59:02.0	02:00:55.7	8:55	01:57:03.1
891	355/2646	26/227	1548	Julie Feist	F	48	Beatrice	NE	1062	8:47	01:01:24.2	838	9:04	00:59:29.0	02:00:53.3	8:55	01:57:04.6
892	356/2646	69/460	5671	Kristen Bennett	F	34	Cozad	NE	1144	8:32	01:01:56.3	978	9:19	01:01:05.6	02:03:01.9	8:55	01:57:05.1
893	357/2646	27/227	2133	Sue Dobson	F	46	Lincoln	NE	1151	8:47	01:01:59.6	839	9:04	00:59:29.5	02:01:29.2	8:55	01:57:05.4
894	537/1345	31/82	6075	Greg Freese	M	55	Lincoln	NE	1082	8:46	01:01:29.5	846	9:05	00:59:33.9	02:01:03.5	8:55	01:57:05.6
895	538/1345	42/135	2096	Brett Faber	M	45	Aurora	NE	851	8:32	00:59:35.3	982	9:19	01:01:06.8	02:00:42.1	8:55	01:57:05.9
896	358/2646	86/486	379	Christy Rasmussen	F	36	Lincoln	NE	1195	8:54	01:02:19.4	774	8:58	00:58:44.5	02:01:03.9	8:56	01:57:07.8
897	359/2646	3/81	5364	Kristine Story	F	56	Omaha	NE	1048	8:45	01:01:19.8	867	9:08	00:59:49.7	02:01:09.6	8:56	01:57:09.1
898	539/1345	43/135	383	Cory Bergt	M	45	Lincoln	NE	514	8:10	00:54:34.7	1227	9:42	01:03:36.1	01:58:10.9	8:56	01:57:09.4
899	540/1345	44/135	4631	Rob Stevenson	M	47	Lincoln	NE	1089	8:44	01:01:35.8	873	9:09	00:59:56.6	02:01:32.5	8:56	01:57:09.9
900	541/1345	92/205	4399	Eric Timperley	M	32	Lincoln	NE	1429	8:55	01:04:34.5	767	8:57	00:58:40.3	02:03:14.9	8:56	01:57:11.0

The Good Life Halfsy

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
901	542/1345	93/205	1392	Wayne Divis	M	34	Lincoln	NE	632	8:10	00:56:17.3	1234	9:43	01:03:40.5	01:59:57.8	8:56	01:57:13.4
902	543/1345	101/233	849	Jeff Fry	M	37	Firth	NE	638	8:19	00:56:22.5	1127	9:34	01:02:40.4	01:59:03.0	8:56	01:57:14.0
903	360/2646	42/342	1683	Jessie Hardesty	F	40	Kearney	NE	1225	8:21	01:02:40.2	1109	9:32	01:02:31.3	02:05:11.5	8:56	01:57:14.2
904	544/1345	102/233	4455	Andrew Weeks	M	38	Lincoln	NE	1023	8:44	01:01:12.2	878	9:09	00:59:59.9	02:01:12.1	8:56	01:57:15.6
905	545/1345	66/192	766	Matt Grewe	M	43	Omaha	NE	636	8:23	00:56:19.9	1089	9:31	01:02:21.6	01:58:41.5	8:56	01:57:16.8
906	546/1345	67/192	5872	Spencer Giles	M	40	Gretna	NE	1368	9:00	01:03:45.7	723	8:53	00:58:14.5	02:02:00.2	8:56	01:57:17.1
907	361/2646	28/227	566	Lisa Grimminger	F	48	Ceresco	NE	1156	8:55	01:02:02.3	776	8:58	00:58:48.3	02:00:50.6	8:56	01:57:17.5
908	362/2646	70/460	5007	Amy Smith	F	30	Lincoln	NE	1182	8:52	01:02:09.8	813	9:02	00:59:11.6	02:01:21.5	8:56	01:57:17.7
909	547/1345	103/233	2060	Travis Langemeier	M	39	Lincoln	NE	974	8:49	01:00:44.9	842	9:05	00:59:31.7	02:00:16.7	8:56	01:57:19.0
910	363/2646	71/460	3976	Amanda Deterding	F	33	Lincoln	NE	859	8:47	00:59:39.5	861	9:07	00:59:44.7	01:59:24.3	8:57	01:57:20.3
911	364/2646	62/435	3977	Rebecca Rubottom	F	29	Lincoln	NE	857	8:47	00:59:39.2	862	9:07	00:59:45.0	01:59:24.3	8:57	01:57:20.6
912	548/1345	68/192	3538	Jerry Rector	M	44	Roca	NE	1761	8:53	01:08:40.3	814	9:02	00:59:12.1	02:07:52.4	8:57	01:57:24.2
913	365/2646	87/486	3944	Kim Hillyer	F	36	Omaha	NE	1328	8:48	01:03:22.8	856	9:06	00:59:42.4	02:03:05.2	8:57	01:57:24.6
914	366/2646	72/460	3347	Kylee Fredrick	F	32	Lincoln	NE	1565	9:09	01:06:20.3	635	8:46	00:57:30.0	02:03:50.4	8:57	01:57:26.8
915	549/1345	17/48	3677	Paul Potter	M	60	Lincoln	NE	987	8:58	01:00:53.5	770	8:57	00:58:42.2	01:59:35.8	8:57	01:57:28.4
916	367/2646	73/460	4302	Michelle Billinger	F	34	Kansas City	MO	1216	8:41	01:02:36.9	918	9:14	01:00:31.9	02:03:08.8	8:57	01:57:28.9
917	550/1345	104/233	3334	Michael Kowalke	M	39	Lincoln	NE	1759	8:53	01:08:40.2	820	9:02	00:59:16.4	02:07:56.6	8:57	01:57:29.3
918	368/2646	63/435	3528	Amanda Swyers	F	29	Denton	NE	822	8:42	00:59:09.8	911	9:13	01:00:25.8	01:59:35.6	8:57	01:57:29.8
919	369/2646	64/435	5006	Ashley Krause	F	28	Lincoln	NE	772	8:38	00:58:26.8	953	9:17	01:00:51.8	01:59:18.7	8:57	01:57:30.0
920	370/2646	88/486	1354	Carrie Whiting	F	35	Kearney	NE	637	8:20	00:56:22.3	1159	9:36	01:02:54.2	01:59:16.5	8:57	01:57:30.3
921	371/2646	17/79	3456	Kelly Helmsberger	F	16	Hickman	NE	845	8:38	00:59:30.4	965	9:18	01:00:57.6	02:00:28.1	8:57	01:57:31.2
922	372/2646	43/342	4110	Jennifer Hoyt	F	40	Mo Valley	IA	776	8:38	00:58:33.8	962	9:18	01:00:56.3	01:59:30.2	8:57	01:57:32.5
923	551/1345	69/192	5778	Scott Harrill	M	43	Lincoln	NE	729	8:18	00:57:23.5	1180	9:38	01:03:08.2	02:00:31.7	8:57	01:57:32.5
924	373/2646	65/435	1543	Meagan Hovendick	F	28	Ogallala	NE	989	8:50	01:00:54.5	851	9:06	00:59:37.8	02:00:32.4	8:58	01:57:33.9
925	374/2646	66/435	6256	Ashley Kuebler	F	26	Lincoln	NE	897	8:42	00:59:48.8	927	9:14	01:00:34.0	02:00:22.8	8:58	01:57:34.5
926	552/1345	94/205	2711	Matt Corum	M	33	Omaha	NE	775	8:34	00:58:32.8	1007	9:22	01:01:24.6	01:59:57.4	8:58	01:57:34.7
927	375/2646	89/486	1003	Teresa Edgerton	F	36	Lincoln	NE	1294	8:54	01:03:11.3	822	9:03	00:59:18.1	02:02:29.5	8:58	01:57:35.9
928	553/1345	105/233	2072	Joel Loos	M	39	Lincoln	NE	773	8:32	00:58:28.3	1028	9:24	01:01:40.4	02:00:08.8	8:58	01:57:38.1
929	554/1345	95/205	5269	John Steuter	M	34	Walton	NE	1132	8:55	01:01:53.9	809	9:01	00:59:07.6	02:01:01.6	8:58	01:57:38.3
930	376/2646	74/460	6127	Miki Loos	F	33	Shickley	NE	910	8:45	01:00:09.4	897	9:11	01:00:14.8	02:00:24.3	8:58	01:57:39.4
931	377/2646	26/308	3061	Anna Schoettger	F	22	Lincoln	NE	892	8:45	00:59:46.8	902	9:12	01:00:19.5	02:00:06.3	8:58	01:57:39.7
932	378/2646	67/435	5349	Amy Reiner	F	27	Columbus	NE	639	8:18	00:56:23.2	1191	9:39	01:03:13.4	01:59:36.6	8:58	01:57:39.9
933	379/2646	27/308	4179	Michelle Reutter	F	23	Kearney	NE	1169	8:50	01:02:06.1	859	9:07	00:59:43.5	02:01:49.7	8:58	01:57:40.3
934	380/2646	44/342	2850	Krista Palm	F	40	Missouri Valley	IA	1615	8:58	01:06:57.8	788	8:59	00:58:54.0	02:05:51.9	8:58	01:57:41.7
935	555/1345	70/192	2141	Cody Hawley	M	42	Falls City	NE						01:57:42.5	8:58	01:57:42.5	
936	556/1345	2/14	5410	Steven Hanson	M	65	Lincoln	NE	1047	8:49	01:01:19.1	870	9:08	00:59:51.3	02:01:10.5	8:58	01:57:42.8

The Good Life Halfsy

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
937	381/2646	28/308	4326	Frazier Krugerud	F	20	Omaha	NE	1278	8:58	01:03:05.4	796	9:00	00:58:59.2	02:02:04.7	8:58	01:57:44.4
938	557/1345	36/81	5792	Mike True	M	20	Lincoln	NE	957	8:43	01:00:39.7	926	9:14	01:00:34.0	02:01:13.8	8:58	01:57:44.9
939	382/2646	29/227	980	Amy Harris	F	45	Lincoln	NE	978	8:44	01:00:47.9	919	9:14	01:00:31.9	02:01:19.8	8:58	01:57:45.5
940	558/1345	37/81	6018	Ory Wickizer	M	21	Lincoln	NE	961	8:43	01:00:40.7	929	9:14	01:00:34.7	02:01:15.5	8:59	01:57:46.4
941	383/2646	90/486	2505	Amy Guenther	F	39	Lincoln	NE	886	8:44	00:59:45.3	930	9:15	01:00:36.1	02:00:21.4	8:59	01:57:49.2
942	384/2646	23/154	4184	Sandi Zellmer	F	51	Lincoln	NE	937	8:40	01:00:26.9	972	9:19	01:01:02.4	02:01:29.3	8:59	01:57:50.3
943	559/1345	45/135	5848	Steven Filips	M	48	Omaha	NE	990	8:52	01:00:54.5	865	9:07	00:59:46.9	02:00:41.4	8:59	01:57:51.7
944	385/2646	68/435	4705	Brooke Spitz	F	26	Lincoln	NE	1481	8:51	01:05:08.8	869	9:08	00:59:51.2	02:05:00.1	8:59	01:57:52.7
945	386/2646	75/460	901	Melissa Lee	F	32	Lincoln	NE	924	8:48	01:00:21.8	891	9:11	01:00:10.9	02:00:32.8	8:59	01:57:53.8
946	560/1345	32/82	4030	Bill Weeks	M	59	Yutan	NE	669	8:27	00:56:50.8	1118	9:33	01:02:35.9	01:59:26.8	8:59	01:57:56.8
947	387/2646	76/460	6147	Gail Dishman	F	31	Utica	NE	1200	8:57	01:02:24.5	825	9:03	00:59:19.2	02:01:43.8	8:59	01:57:57.3
948	388/2646	18/79	5043	Kia Brodersen	F	16	Lincoln	NE	1277	8:57	01:03:04.8	824	9:03	00:59:18.9	02:02:23.8	8:59	01:57:58.0
949	561/1345	71/192	3708	William Kellagher	M	40	La Vista	NE	956	8:22	01:00:38.8	1186	9:38	01:03:10.9	02:03:49.7	9:00	01:58:00.7
950	389/2646	24/154	1195	Cherie Noteboom	F	51	Elk Point	SD	903	8:55	00:59:55.1	848	9:05	00:59:35.6	01:59:30.7	9:00	01:58:00.9
951	390/2646	91/486	1863	Niki Eisenmann	F	36	Lincoln	NE	1159	8:54	01:02:02.8	853	9:06	00:59:40.0	02:01:42.8	9:00	01:58:01.2
952	562/1345	90/183	942	Brett Schlueter	M	29	Norman	OK	1303	9:05	01:03:16.5	758	8:56	00:58:33.7	02:01:50.3	9:00	01:58:03.6
953	391/2646	19/79	5747	Mary O'keeffe	F	17	Hastings	NE	1499	9:12	01:05:23.8	660	8:48	00:57:42.4	02:03:06.2	9:00	01:58:04.3
954	563/1345	96/205	5746	Patrick Barvick	M	32	Hastings	NE	1500	9:13	01:05:24.1	658	8:48	00:57:42.3	02:03:06.4	9:00	01:58:04.6
955	564/1345	46/135	3968	Jeff Krueger	M	46	Omaha	NE	1286	9:00	01:03:09.3	806	9:01	00:59:05.9	02:02:15.3	9:00	01:58:07.1
956	565/1345	106/233	3478	Jerod Vetrovsky	M	39	Adams	NE	1141	8:46	01:01:55.5	933	9:15	01:00:38.3	02:02:33.9	9:00	01:58:07.6
957	392/2646	45/342	1158	Stephanie Eells	F	40	Lincoln	NE	801	8:42	00:58:50.9	977	9:19	01:01:05.5	01:59:56.5	9:00	01:58:08.0
958	393/2646	77/460	5614	Amanda Tilton	F	31	Bellevue	NE	760	8:36	00:58:12.3	1034	9:25	01:01:42.5	01:59:54.8	9:00	01:58:08.3
959	566/1345	91/183	4376	Tyrell Ross	M	28	Lincoln	NE	675	8:22	00:56:55.9	1197	9:39	01:03:18.6	02:00:14.6	9:00	01:58:08.7
960	394/2646	29/308	2088	Jessica Monroe	F	24	Lincoln	NE	451	8:02	00:53:57.2	1436	10:00	01:05:31.9	01:59:29.1	9:00	01:58:09.5
961	567/1345	107/233	1356	Joshua Vest	M	35	Lincoln	NE	752	8:29	00:58:01.9	1115	9:33	01:02:34.5	02:00:36.4	9:00	01:58:09.8
962	568/1345	92/183	2089	Tommy Walsh	M	26	Lincoln	NE	452	8:02	00:53:57.4	1437	10:00	01:05:32.1	01:59:29.5	9:00	01:58:10.2
963	569/1345	97/205	1109	Jonathan Carter	M	32	Lincoln	NE	1018	8:49	01:01:09.7	904	9:12	01:00:21.2	02:01:30.9	9:00	01:58:10.3
964	570/1345	108/233	4452	Eric Keetle	M	36	Martell	NE	1202	8:51	01:02:25.3	886	9:10	01:00:06.3	02:02:31.7	9:00	01:58:10.3
965	571/1345	18/48	1860	Patrick Heyn	M	62	Madison	WI	1058	8:51	01:01:23.2	887	9:10	01:00:07.2	02:01:30.4	9:00	01:58:10.5
966	572/1345	38/81	4250	Max Anderson	M	23	Lincoln	NE	1142	8:53	01:01:55.5	876	9:09	00:59:58.0	02:01:53.6	9:00	01:58:10.9
967	395/2646	46/342	3972	Kym Skretta	F	43	Bennington	NE	410	8:04	00:53:21.6	1411	9:57	01:05:16.7	01:58:38.4	9:00	01:58:11.0
968	573/1345	37/115	1607	Toby Sandal	M	50	Beatrice	NE	799	8:30	00:58:47.1	1108	9:32	01:02:31.1	02:01:18.2	9:00	01:58:11.7
969	574/1345	109/233	4036	Micheal Wisnieski	M	39	Omaha	NE	1176	8:55	01:02:07.5	864	9:07	00:59:45.8	02:01:53.4	9:00	01:58:11.8
970	575/1345	38/115	1125	Brandon Shubert	M	50	Lincoln	NE	1105	8:50	01:01:43.1	903	9:12	01:00:20.0	02:02:03.1	9:00	01:58:11.9
971	576/1345	110/233	1926	Brian Larson	M	39	Waverly	NE	550	8:13	00:54:58.5	1307	9:49	01:04:20.7	01:59:19.3	9:01	01:58:12.1
972	396/2646	92/486	863	Katie Taddeucci	F	35	Lincoln	NE	1206	9:03	01:02:28.8	787	8:59	00:58:53.9	02:01:22.8	9:01	01:58:12.2

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
973	397/2646	25/154	5912	Joanie Dergan	F	54	Omaha	NE	1279	8:58	01:03:05.8	834	9:04	00:59:27.1	02:02:32.9	9:01	01:58:12.2
974	577/1345	47/135	2191	Jon Rademacher	M	46	Lincoln	NE	1064	8:52	01:01:24.5	885	9:10	01:00:06.0	02:01:30.6	9:01	01:58:17.2
975	578/1345	72/192	2545	Andy Randles	M	44	Henderson	NE	1555	8:56	01:06:08.3	858	9:07	00:59:43.1	02:05:51.5	9:01	01:58:17.6
976	579/1345	98/205	4750	Allen Gilbert	M	30	Omaha	NE	1175	8:47	01:02:07.5	943	9:16	01:00:42.6	02:02:50.2	9:01	01:58:18.4
977	398/2646	78/460	2158	Abbie Kempcke	F	30	Blair	NE	1553	9:01	01:06:07.2	812	9:02	00:59:11.1	02:05:18.3	9:01	01:58:19.0
978	580/1345	99/205	2105	Chris Volnek	M	32	Lincoln	NE	846	8:27	00:59:31.4	1163	9:36	01:02:56.4	02:02:27.9	9:01	01:58:19.3
979	399/2646	93/486	4029	Jami Helmbrecht	F	37	Kearney	NE	793	8:29	00:58:42.2	1134	9:34	01:02:44.5	02:01:26.8	9:01	01:58:19.8
980	400/2646	79/460	6089	Sadie Burr	F	34	Omaha	NE	1158	8:44	01:02:02.5	980	9:19	01:01:06.3	02:03:08.8	9:01	01:58:20.4
981	401/2646	94/486	1493	Jody Hoops	F	38	Lincoln	NE	826	8:42	00:59:16.4	996	9:21	01:01:16.7	02:00:33.2	9:01	01:58:21.3
982	402/2646	69/435	4649	Amber Sperry	F	26	Wayne	NE	1140	8:53	01:01:55.3	890	9:11	01:00:09.6	02:02:04.9	9:01	01:58:22.3
983	581/1345	93/183	4707	Justin Wemhoff	M	29	Omaha	NE	1204	9:04	01:02:28.2	789	8:59	00:58:54.5	02:01:22.7	9:01	01:58:23.0
984	582/1345	111/233	1269	Lalit Agarwal	M	38	Lincoln	NE	1021	8:51	01:01:10.3	908	9:13	01:00:23.9	02:01:34.3	9:01	01:58:23.5
985	583/1345	112/233	2042	Ben Webster	M	37	Lincoln	NE	1232	9:10	01:02:42.2	730	8:54	00:58:18.1	02:01:00.4	9:01	01:58:24.2
986	584/1345	94/183	2593	Brandon Peters	M	25	Lincoln	NE	396	7:58	00:53:06.3	1496	10:06	01:06:11.9	01:59:18.2	9:01	01:58:24.8
987	585/1345	95/183	5460	John Evans	M	27	Lincoln	NE	659	8:15	00:56:41.5	1304	9:48	01:04:16.9	02:00:58.4	9:02	01:58:25.5
988	403/2646	4/81	508	Therese Liegl	F	57	Lincoln	NE	1015	8:51	01:01:09.3	909	9:13	01:00:24.1	02:01:33.5	9:02	01:58:26.5
989	404/2646	47/342	2530	Sara Arbuck	F	40	Henderson	NE	1554	8:56	01:06:08.1	871	9:08	00:59:52.5	02:06:00.7	9:02	01:58:27.2
990	586/1345	100/205	2504	Mike Dudley	M	33	Mcperson	KS	940	8:46	01:00:28.5	968	9:18	01:00:59.8	02:01:28.4	9:02	01:58:27.4
991	587/1345	73/192	2666	Alan Jolito	M	44	Lincoln	NE	1120	8:52	01:01:51.5	900	9:12	01:00:18.1	02:02:09.6	9:02	01:58:27.7
992	588/1345	39/115	5916	Bert Kersting	M	52	Kansas City	MO	395	7:48	00:53:05.5	1611	10:17	01:07:22.3	02:00:27.9	9:02	01:58:27.8
993	589/1345	113/233	2379	Brian Hoelsing	M	38	Lincoln	NE	887	8:39	00:59:45.7	1037	9:25	01:01:44.6	02:01:30.4	9:02	01:58:28.0
994	405/2646	70/435	2338	Lillian Kottich	F	29	Lincoln	NE	1372	8:53	01:03:46.9	896	9:11	01:00:13.7	02:04:00.6	9:02	01:58:28.0
995	406/2646	30/227	2670	Catherine Jolito	F	45	Lincoln	NE	1059	8:48	01:01:23.4	948	9:16	01:00:46.0	02:02:09.4	9:02	01:58:28.2
996	590/1345	74/192	3758	Kirk Nelson	M	40	Thurston	NE	673	8:29	00:56:55.3	1153	9:35	01:02:49.4	01:59:44.8	9:02	01:58:28.4
997	407/2646	95/486	2321	Dana Beckman	F	38	Pender	NE	672	8:29	00:56:55.3	1154	9:35	01:02:49.5	01:59:44.8	9:02	01:58:29.7
998	591/1345	101/205	4676	Ryan Cole	M	32	Omaha	NE	1383	8:54	01:03:58.6	892	9:11	01:00:13.1	02:04:11.8	9:02	01:58:33.6
999	408/2646	80/460	2217	Suzy Nootz	F	32	Lincoln	NE	1166	8:51	01:02:05.3	921	9:14	01:00:32.7	02:02:38.1	9:02	01:58:33.7
1000	592/1345	102/205	1908	Travis Simpson	M	31	Omaha	NE	644	8:18	00:56:29.9	1294	9:47	01:04:11.3	02:00:41.3	9:02	01:58:34.0
1001	409/2646	48/342	501	Kim Tucker	F	41	Lincoln	NE	1003	8:44	01:01:02.5	1000	9:21	01:01:20.2	02:02:22.7	9:02	01:58:34.6
1002	593/1345	114/233	1395	Dylan Pueppke	M	39	Omaha	NE	1379	8:53	01:03:57.4	901	9:12	01:00:19.2	02:04:16.7	9:02	01:58:34.8
1003	410/2646	49/342	5830	Kimberly Hovseth	F	40	Omaha	NE	933	8:48	01:00:26.3	956	9:17	01:00:54.3	02:01:20.6	9:02	01:58:34.8
1004	411/2646	30/308	5960	Libby Jundt	F	20	Eden Prairie	MN	1497	9:10	01:05:22.3	748	8:55	00:58:28.4	02:03:50.8	9:02	01:58:35.8
1005	412/2646	71/435	4536	Brittany Cardenas	F	29	Juniata	NE	1136	8:50	01:01:54.5	942	9:16	01:00:41.9	02:02:36.5	9:02	01:58:37.6
1006	594/1345	115/233	5382	Demoine Adams	M	35	Lincoln	NE	1126	8:52	01:01:52.8	917	9:14	01:00:28.8	02:02:21.7	9:02	01:58:37.8
1007	413/2646	96/486	1451	Bobbie Scherling	F	36	Dewitt	NE	915	8:46	01:00:13.6	987	9:20	01:01:11.2	02:01:24.9	9:03	01:58:39.0
1008	414/2646	1/5	557	Joy Mann	F	66	Omaha	NE	1118	8:52	01:01:50.8	916	9:13	01:00:28.6	02:02:19.4	9:03	01:58:39.5

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1009	595/1345	39/81	5134	Andrew Spader	M	21	Henderson	NE	907	8:39	01:00:02.2	1051	9:27	01:01:56.6	02:01:58.9	9:03	01:58:40.3
1010	415/2646	97/486	1017	Melissa Wallman	F	36	Firth	NE	914	8:46	01:00:13.6	992	9:20	01:01:13.5	02:01:27.1	9:03	01:58:41.7
1011	596/1345	22/30	6150	Ryan Shadle	M	18	Omaha	NE	1414	9:04	01:04:24.5	819	9:02	00:59:15.8	02:03:40.4	9:03	01:58:41.7
1012	416/2646	98/486	2442	Jill Gries	F	39	Omaha	NE	1560	9:00	01:06:15.9	854	9:06	00:59:40.2	02:05:56.1	9:03	01:58:42.0
1013	417/2646	81/460	2107	Amanda Rohde	F	30	Lincoln	NE	1562	9:02	01:06:18.5	843	9:05	00:59:31.9	02:05:50.5	9:03	01:58:43.3
1014	418/2646	50/342	5907	Lori Wallace	F	41	Omaha	NE	1282	9:02	01:03:07.7	835	9:04	00:59:27.7	02:02:35.4	9:03	01:58:43.7
1015	597/1345	103/205	4059	Chris Johnstone	M	32	Omaha	NE	757	8:31	00:58:07.6	1158	9:36	01:02:53.1	02:01:00.8	9:03	01:58:45.1
1016	598/1345	96/183	6312	Will Morris	M	26	Lincoln	NE	843	8:36	00:59:29.8	1094	9:31	01:02:24.3	02:01:54.1	9:03	01:58:46.2
1017	419/2646	82/460	4528	Tracy Baker	F	34	Roca	NE	1032	8:52	01:01:16.3	939	9:15	01:00:41.3	02:01:57.6	9:03	01:58:46.4
1018	420/2646	83/460	3188	Kristan Pilakowski	F	32	La Vista	NE	778	8:32	00:58:35.5	1156	9:35	01:02:49.8	02:01:25.3	9:03	01:58:46.6
1019	421/2646	99/486	3660	Shelby Robinson	F	36	La Mesa	CA	1005	8:54	01:01:03.1	915	9:13	01:00:28.3	02:01:31.4	9:03	01:58:48.8
1020	599/1345	104/205	5465	Tyler Miles	M	30	Lincoln	NE	1147	8:38	01:01:58.2	1076	9:29	01:02:11.6	02:04:09.8	9:03	01:58:49.2
1021	600/1345	75/192	6120	Manuel Tort	M	42	Sioux Falls	SD	714	8:28	00:57:16.8	1194	9:39	01:03:17.3	02:00:34.2	9:03	01:58:50.0
1022	601/1345	116/233	2396	Jeff Sharp	M	38	Lincoln	NE	398	7:56	00:53:07.1	1553	10:11	01:06:48.2	01:59:55.4	9:04	01:58:51.7
1023	422/2646	100/486	5205	Debra Jauken	F	38	Holdrege	NE	710	8:30	00:57:15.7	1177	9:38	01:03:06.7	02:00:22.4	9:04	01:58:52.8
1024	423/2646	51/342	5193	Theresa Gulizia	F	43	Gretna	NE	1086	8:51	01:01:32.5	955	9:17	01:00:53.3	02:02:25.9	9:04	01:58:53.7
1025	424/2646	101/486	4780	Angela Chauncey	F	39	Manhattan	KS	835	8:48	00:59:22.5	991	9:20	01:01:12.7	02:00:35.2	9:04	01:58:54.2
1026	425/2646	72/435	4228	Cailan Franz	F	27	Omaha	NE	1620	9:26	01:07:00.9	608	8:42	00:57:05.6	02:04:06.5	9:04	01:58:55.6
1027	426/2646	102/486	4044	Kendra Moorhead	F	36	Lincoln	NE	1219	9:05	01:02:37.8	831	9:03	00:59:22.8	02:02:00.7	9:04	01:58:57.2
1028	427/2646	73/435	5694	Emily Mcelravy	F	28	Omaha	NE	613	8:19	00:56:04.6	1315	9:49	01:04:24.0	02:00:28.7	9:04	01:58:58.1
1029	428/2646	74/435	1710	Alison Mooney	F	25	Lincoln	NE	1119	8:57	01:01:51.3	898	9:12	01:00:15.8	02:02:07.1	9:04	01:58:58.4
1030	602/1345	40/115	1101	Steve Schulte	M	51	Lincoln	NE	1137	8:54	01:01:54.5	936	9:15	01:00:39.9	02:02:34.5	9:04	01:59:00.3
1031	603/1345	19/48	1652	Jerry Trainer	M	62	Lincoln	NE	1353	8:52	01:03:38.5	952	9:17	01:00:51.3	02:04:29.8	9:04	01:59:00.5
1032	429/2646	84/460	3088	Megan Slivka	F	34	Omaha	NE	677	8:34	00:56:56.5	1157	9:35	01:02:52.5	01:59:49.1	9:04	01:59:03.2
1033	604/1345	76/192	2326	Brad Koch	M	41	Lincoln	NE	1428	8:55	01:04:34.5	922	9:14	01:00:33.2	02:05:07.8	9:04	01:59:03.3
1034	430/2646	75/435	6189	Jennifer Petik	F	28	Junction City	KS	1146	8:47	01:01:57.3	1015	9:23	01:01:29.4	02:03:26.7	9:05	01:59:06.7
1035	431/2646	85/460	4003	Nikki Oswald	F	31	Lincoln	NE	1284	9:07	01:03:08.5	829	9:03	00:59:21.7	02:02:30.2	9:05	01:59:08.0
1036	605/1345	77/192	1704	Jess Roe	M	43	Lincoln	NE	599	8:19	00:55:50.5	1336	9:51	01:04:34.7	02:00:25.3	9:05	01:59:08.8
1037	432/2646	103/486	553	Lindsay Garlock	F	39	Lincoln	NE	963	8:48	01:00:41.4	1013	9:23	01:01:28.4	02:02:09.8	9:05	01:59:09.1
1038	433/2646	31/308	4771	Kathryn Kopetzky	F	22	Lincoln	NE	1173	8:49	01:02:06.8	1002	9:22	01:01:21.1	02:03:27.9	9:05	01:59:09.5
1039	434/2646	76/435	5813	Misti Davenport	F	25	Plattsmouth	NE	821	8:40	00:59:08.8	1088	9:30	01:02:19.3	02:01:28.2	9:05	01:59:09.7
1040	435/2646	5/81	645	Holly Beeman	F	57	Eagle	NE	1207	8:52	01:02:29.2	974	9:19	01:01:03.4	02:03:32.6	9:05	01:59:10.2
1041	606/1345	105/205	622	Adrian Lara	M	31	Lincoln	NE	792	8:34	00:58:41.7	1171	9:37	01:03:02.5	02:01:44.3	9:05	01:59:11.4
1042	607/1345	117/233	2428	Michael Dixon	M	39	Omaha	NE	779	8:37	00:58:36.5	1126	9:34	01:02:39.9	02:01:16.4	9:05	01:59:12.0
1043	436/2646	104/486	5172	Bethanne Kunz	F	38	Ord	NE	1162	8:46	01:02:03.8	1030	9:25	01:01:42.1	02:03:45.9	9:05	01:59:12.2
1044	608/1345	106/205	1646	Ryan Sieler	M	32	Lincoln	NE	1111	8:50	01:01:45.5	1003	9:22	01:01:22.1	02:03:07.6	9:05	01:59:13.9

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1045	437/2646	52/342	5127	Angie Deboer	F	41	Lincoln	NE	1256	8:53	01:02:49.2	973	9:19	01:01:02.5	02:03:51.7	9:05	01:59:14.1
1046	438/2646	32/308	1304	Katie Mckitterick	F	23	Lincoln	NE	836	8:37	00:59:23.3	1145	9:35	01:02:46.8	02:02:10.2	9:05	01:59:15.0
1047	439/2646	20/79	2568	Elizabeth Gao	F	16	Lincoln	NE	1246	8:49	01:02:47.1	1010	9:22	01:01:26.6	02:04:13.8	9:05	01:59:15.4
1048	609/1345	118/233	6197	John Lambert	M	38	Elkhorn	NE	1081	8:52	01:01:28.9	983	9:19	01:01:07.7	02:02:36.7	9:05	01:59:16.4
1049	610/1345	78/192	6207	Adam Brank	M	41	Lincoln	NE	998	8:48	01:01:01.3	1021	9:24	01:01:34.6	02:02:36.0	9:05	01:59:16.6
1050	611/1345	79/192	3632	Shane Tucker	M	40	Lincoln	NE	713	8:28	00:57:16.7	1250	9:44	01:03:46.8	02:01:03.6	9:05	01:59:16.6
1051	440/2646	105/486	6035	Sarah Armbruster	F	35	Falls City	NE	1152	8:56	01:02:00.8	945	9:16	01:00:43.4	02:02:44.3	9:06	01:59:17.6
1052	441/2646	77/435	3445	Alina Matheson	F	29	Lincoln	NE	1097	8:29	01:01:39.9	1232	9:43	01:03:39.8	02:05:19.8	9:06	01:59:18.9
1053	612/1345	33/82	5038	Michael Petersen	M	56	Ainsworth	NE	1339	9:00	01:03:33.4	905	9:13	01:00:22.7	02:03:56.2	9:06	01:59:22.7
1054	442/2646	26/154	5533	Malisa Radke	F	52	Omaha	NE	1043	8:52	01:01:18.1	998	9:21	01:01:17.0	02:02:35.2	9:06	01:59:22.7
1055	443/2646	53/342	2946	Anna Zach	F	41	Lincoln	NE	838	8:46	00:59:24.7	1049	9:27	01:01:54.7	02:01:19.4	9:06	01:59:22.8
1056	613/1345	107/205	1823	Alvaro Pinto	M	34	Lincoln	NE	1041	8:51	01:01:17.9	1005	9:22	01:01:23.6	02:02:41.6	9:06	01:59:26.2
1057	444/2646	106/486	5110	Amanda Votruba	F	38	Gretna	NE	1085	8:51	01:01:32.5	1008	9:22	01:01:25.7	02:02:58.2	9:06	01:59:26.5
1058	445/2646	21/79	3272	Mabry Brank	F	15	Lincoln	NE	724	8:29	00:57:21.8	1255	9:44	01:03:49.1	02:01:10.9	9:06	01:59:27.4
1059	614/1345	119/233	2928	Daniel Zach	M	37	Lincoln	NE	837	8:46	00:59:24.7	1061	9:27	01:01:59.5	02:01:24.3	9:06	01:59:28.4
1060	446/2646	86/460	2534	Sarah Bishoff	F	34	Roca	NE	1371	8:44	01:03:46.5	1080	9:30	01:02:14.1	02:06:00.6	9:06	01:59:29.3
1061	615/1345	108/205	1606	Erik Ahlmann	M	34	Lincoln	NE	766	8:29	00:58:20.8	1260	9:45	01:03:53.4	02:02:14.3	9:06	01:59:29.4
1062	447/2646	107/486	5250	Holly Rogers	F	39	Omaha	NE	1285	9:05	01:03:08.7	874	9:09	00:59:57.5	02:03:06.2	9:07	01:59:30.6
1063	616/1345	120/233	287	Adam Brehm	M	35	Omaha	NE	1238	8:59	01:02:44.7	937	9:15	01:00:40.7	02:03:25.4	9:07	01:59:35.2
1064	448/2646	87/460	1345	Alisha Fangmeyer	F	31	Hebron	NE	947	8:48	01:00:33.3	1054	9:27	01:01:57.6	02:02:30.9	9:07	01:59:41.9
1065	449/2646	78/435	5001	Julie Krotzinger	F	25	Superior	NE	948	8:48	01:00:33.3	1058	9:27	01:01:58.5	02:02:31.8	9:07	01:59:42.9
1066	450/2646	33/308	4630	Alyssa Cody	F	21	Kearney	NE	1245	8:44	01:02:46.8	1098	9:32	01:02:27.5	02:05:14.3	9:07	01:59:43.7
1067	451/2646	34/308	6133	Caroline Perry	F	20	Reliance	SD	878	8:38	00:59:42.7	1181	9:38	01:03:08.4	02:02:51.2	9:08	01:59:44.8
1068	617/1345	109/205	2436	Wynn Lafferty	M	34	Lincoln	NE	945	8:49	01:00:32.5	1052	9:27	01:01:57.0	02:02:29.6	9:08	01:59:45.3
1069	618/1345	80/192	5858	Aaron Meyerle	M	41	Papillion	NE	1322	8:58	01:03:21.5	961	9:18	01:00:56.1	02:04:17.7	9:08	01:59:45.8
1070	619/1345	48/135	4846	Thomas Hempel	M	45	Omaha	NE	660	8:25	00:56:42.7	1342	9:52	01:04:37.9	02:01:20.7	9:08	01:59:47.8
1071	452/2646	88/460	5803	Heidi Mcintire	F	31	Lincoln	NE	1352	8:47	01:03:38.3	1073	9:29	01:02:10.1	02:05:48.4	9:08	01:59:47.9
1072	620/1345	110/205	5804	Nate Mcintire	M	33	Lincoln	NE	1350	8:47	01:03:37.7	1074	9:29	01:02:10.7	02:05:48.4	9:08	01:59:47.9
1073	453/2646	79/435	4966	Brittani Obenchain	F	27	Lincoln	NE	2156	9:24	01:12:44.8	724	8:53	00:58:14.5	02:10:59.4	9:08	01:59:49.6
1074	454/2646	108/486	6013	Sarah Zeleny	F	37	Gretna	NE	1385	8:59	01:03:59.8	966	9:18	01:00:58.9	02:04:58.7	9:08	01:59:50.1
1075	455/2646	31/227	2206	Lisa Martone	F	46	Omaha	NE	1168	8:52	01:02:06.1	1042	9:25	01:01:47.0	02:03:53.1	9:08	01:59:52.7
1076	456/2646	109/486	2125	Anna Gray	F	38	Johnston	IA	926	8:53	01:00:22.5	1029	9:25	01:01:41.5	02:02:04.1	9:08	01:59:53.2
1077	457/2646	35/308	2659	Lauren Klaasmeyer	F	20	Burr	NE	1442	8:50	01:04:43.5	1055	9:27	01:01:57.8	02:06:41.4	9:08	01:59:53.8
1078	621/1345	81/192	3821	Matthew Novosad	M	40	Lincoln	NE	745	8:32	00:57:50.8	1268	9:45	01:03:56.8	02:01:47.6	9:08	01:59:54.2
1079	622/1345	49/135	3819	John Lefever	M	45	Lincoln	NE	744	8:32	00:57:50.7	1269	9:45	01:03:57.2	02:01:47.9	9:08	01:59:54.2
1080	623/1345	82/192	813	Arun Pondicherry	M	42	Lincoln	NE	767	8:39	00:58:21.3	1190	9:39	01:03:13.1	02:01:34.5	9:08	01:59:54.9

The Good Life Haltsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1081	458/2646	54/342	5358	Jennifer Hill	F	40	Omaha	NE	1462	9:11	01:04:51.4	857	9:07	00:59:42.9	02:04:34.3	9:08	01:59:54.9
1082	459/2646	89/460	2330	Renee Jurgensmeier	F	33	Lincoln	NE	1123	8:57	01:01:52.3	993	9:20	01:01:13.5	02:03:05.8	9:08	01:59:55.4
1083	624/1345	83/192	1655	Andy Connor	M	40	Omaha	NE	783	8:37	00:58:38.3	1204	9:41	01:03:26.1	02:02:04.5	9:08	01:59:55.6
1084	460/2646	27/154	6167	Mindy Moyer	F	54	Aurora	NE	1177	8:52	01:02:08.2	1041	9:25	01:01:46.7	02:03:54.9	9:08	01:59:55.8
1085	625/1345	41/115	1583	Con Murray	M	54	Lincoln	NE	385	7:52	00:52:44.3	1708	10:25	01:08:20.0	02:01:04.3	9:08	01:59:55.8
1086	626/1345	42/115	2523	Tom Wood	M	54	Lincoln	NE	1956	9:11	01:10:37.5	860	9:07	00:59:44.0	02:10:21.6	9:09	01:59:58.9
1087	461/2646	32/227	4171	Dawn Hoffman	F	45	Ft. Leavenworth	KS	1886	9:23	01:10:01.5	756	8:56	00:58:32.0	02:08:33.5	9:09	02:00:00.8
1088	462/2646	55/342	4107	Julie Nash	F	40	Gretna	NE	875	8:48	00:59:42.3	1090	9:31	01:02:21.6	02:02:03.9	9:09	02:00:06.5
1089	627/1345	50/135	851	Erik Eggland	M	47	Ankeny	IA	1149	8:46	01:01:59.2	1128	9:34	01:02:40.5	02:04:39.8	9:09	02:00:06.6
1090	628/1345	97/183	6255	Curtis Johnson	M	27	Lincoln	NE	896	8:42	00:59:48.5	1178	9:38	01:03:07.1	02:02:55.6	9:09	02:00:06.7
1091	463/2646	90/460	2733	Lesla Hoppe	F	32	Lincoln	NE	1163	8:47	01:02:04.1	1112	9:33	01:02:33.2	02:04:37.4	9:09	02:00:07.9
1092	464/2646	91/460	1692	Lisa Kirchner	F	32	Lincoln	NE	811	8:34	00:58:59.7	1277	9:46	01:04:00.8	02:03:00.6	9:09	02:00:08.8
1093	629/1345	84/192	1386	Matt Stricker	M	40	Lincoln	NE	984	8:51	01:00:52.1	1068	9:29	01:02:07.3	02:02:59.4	9:09	02:00:09.6
1094	465/2646	33/227	1723	Pam Johnson	F	45	Lincoln	NE	899	8:38	00:59:53.8	1217	9:42	01:03:33.7	02:03:27.5	9:09	02:00:09.8
1095	466/2646	56/342	4588	Lisa Janssen	F	41	Lincoln	NE	934	8:34	01:00:26.3	1275	9:46	01:04:00.1	02:04:26.4	9:10	02:00:12.2
1096	630/1345	43/115	3205	Jerry Bricker	M	52	Lincoln	NE	1258	8:54	01:02:49.6	1045	9:26	01:01:51.3	02:04:40.9	9:10	02:00:12.6
1097	631/1345	98/183	5956	Bernie Pieper	M	26	Lincoln	NE	1017	8:50	01:01:09.7	1087	9:30	01:02:18.4	02:03:28.1	9:10	02:00:13.7
1098	632/1345	121/233	1788	Aaron Duncan	M	35	Lincoln	NE	1112	8:54	01:01:47.8	1048	9:27	01:01:54.5	02:03:42.3	9:10	02:00:16.4
1099	467/2646	28/154	3036	Sandy Bergdale	F	52	Sioux City	IA	546	8:11	00:54:57.3	1546	10:10	01:06:38.8	02:01:36.1	9:10	02:00:17.7
1100	633/1345	51/135	4696	Brett Vasek	M	46	Omaha	NE	692	8:26	00:57:02.5	1393	9:55	01:05:02.7	02:02:05.2	9:10	02:00:18.0
1101	468/2646	92/460	960	Desiree Ahmann	F	32	Lincoln	NE	929	8:31	01:00:24.6	1326	9:50	01:04:29.1	02:04:53.8	9:10	02:00:18.7
1102	634/1345	52/135	1644	Scott Shaw	M	47	Lincoln	NE	1402	9:02	01:04:12.8	975	9:19	01:01:04.8	02:05:17.7	9:10	02:00:19.2
1103	469/2646	57/342	1272	Michelle Plugge	F	44	Gretna	NE	1591	9:19	01:06:36.3	815	9:02	00:59:13.1	02:05:49.4	9:10	02:00:19.6
1104	470/2646	80/435	4375	Kelly Ross	F	26	Lincoln	NE						02:00:20.3	9:10	02:00:20.3	
1105	635/1345	53/135	507	John Giannou	M	49	Stromsburg	NE	722	8:30	00:57:19.3	1344	9:52	01:04:38.6	02:01:57.9	9:10	02:00:21.4
1106	471/2646	93/460	1369	Amanda Baker	F	34	Lincoln	NE	925	8:48	01:00:21.8	1133	9:34	01:02:42.4	02:03:04.3	9:10	02:00:21.8
1107	636/1345	111/205	704	Dan Syde	M	30	Lincoln	NE	780	8:40	00:58:36.7	1223	9:42	01:03:34.7	02:02:11.5	9:10	02:00:21.9
1108	637/1345	44/115	4607	Kurt Krugerud	M	52	Omaha	NE	1117	9:04	01:01:50.6	964	9:18	01:00:57.2	02:02:47.9	9:10	02:00:22.1
1109	472/2646	29/154	2808	Anne Day	F	53	Omaha	NE	1143	8:49	01:01:55.8	1116	9:33	01:02:34.8	02:04:30.7	9:10	02:00:22.5
1110	473/2646	94/460	6276	Niki Ruyle	F	32	Kearney	NE	1343	8:39	01:03:35.2	1245	9:44	01:03:45.4	02:07:20.7	9:11	02:00:25.0
1111	474/2646	36/308	5529	Valerie Peterson	F	20	Lincoln	NE	890	8:48	00:59:46.1	1136	9:34	01:02:44.8	02:02:30.9	9:11	02:00:26.0
1112	475/2646	22/79	5584	Kelly Peterson	F	18	Lincoln	NE	889	8:48	00:59:46.1	1135	9:34	01:02:44.6	02:02:30.7	9:11	02:00:26.3
1113	638/1345	54/135	5530	Christopher Peterson	M	46	Lincoln	NE	888	8:48	00:59:45.8	1141	9:34	01:02:45.5	02:02:31.4	9:11	02:00:26.7
1114	476/2646	58/342	1594	Jill Allen	F	41	Beatrice	NE	1466	8:59	01:04:54.5	1023	9:24	01:01:36.3	02:06:30.9	9:11	02:00:29.6
1115	639/1345	45/115	6168	Timothy Hayes	M	53	Omaha	NE	1373	8:56	01:03:50.3	1060	9:27	01:01:59.1	02:05:49.5	9:11	02:00:30.2
1116	640/1345	85/192	1316	Sean Kenney	M	42	Bellevue	NE	1342	9:07	01:03:34.6	944	9:16	01:00:43.3	02:04:17.9	9:11	02:00:32.2

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1117	641/1345	122/233	4296	Chad Brown	M	35	Milford	NE	1309	9:02	01:03:17.8	999	9:21	01:01:17.7	02:04:35.6	9:11	02:00:32.6
1118	477/2646	34/227	4765	Tanna Thompson	F	47	Manhattan	KS	928	8:57	01:00:23.7	1044	9:26	01:01:51.3	02:02:15.0	9:11	02:00:34.0
1119	642/1345	112/205	5428	Nathan Bornemeier	M	32	Lincoln	NE	1283	8:59	01:03:08.3	1033	9:25	01:01:42.5	02:04:50.8	9:12	02:00:36.4
1120	643/1345	113/205	1877	Joe Gourlay	M	32	Lincoln	NE	633	8:17	00:56:17.5	1509	10:07	01:06:21.7	02:02:39.2	9:12	02:00:39.2
1121	644/1345	123/233	3835	Nate Lee	M	35	Lincoln	NE	628	8:22	00:56:13.3	1468	10:03	01:05:50.4	02:02:03.8	9:12	02:00:39.8
1122	478/2646	110/486	1810	Jill Classen	F	38	Omaha	NE	1069	8:36	01:01:25.8	1301	9:48	01:04:15.3	02:05:41.1	9:12	02:00:40.0
1123	645/1345	99/183	3094	Marcus Cech	M	28	Lincoln	NE	992	8:33	01:00:56.2	1347	9:52	01:04:39.5	02:05:35.8	9:12	02:00:40.7
1124	646/1345	114/205	3192	Matt Kotera	M	30	Lincoln	NE	795	8:35	00:58:43.8	1317	9:50	01:04:25.2	02:03:09.1	9:12	02:00:41.5
1125	479/2646	111/486	3947	Shawna Schildt	F	35	Eagle	NE	944	8:50	01:00:32.5	1144	9:35	01:02:46.6	02:03:19.2	9:12	02:00:41.8
1126	647/1345	115/205	1168	Kaj Stauffer	M	33	Lincoln	NE	764	8:36	00:58:19.1	1306	9:49	01:04:20.3	02:02:39.5	9:12	02:00:42.2
1127	648/1345	124/233	4538	Casey Winkels	M	38	Lincoln	NE	723	8:28	00:57:21.4	1407	9:57	01:05:12.8	02:02:34.2	9:12	02:00:43.5
1128	480/2646	30/154	5475	Carmen Pearse	F	54	Kearney	NE	1378	9:03	01:03:57.2	1004	9:22	01:01:22.3	02:05:19.6	9:12	02:00:44.5
1129	649/1345	100/183	4573	Mark Schroeder	M	26	Omaha	NE	1004	8:53	01:01:02.8	1102	9:32	01:02:29.0	02:03:31.8	9:12	02:00:46.3
1130	650/1345	46/115	4804	Brian Johnson	M	51	Holdrege	NE	402	7:57	00:53:14.5	1752	10:29	01:08:44.0	02:01:58.5	9:12	02:00:48.6
1131	651/1345	101/183	4112	Austin Scroggin	M	28	Omaha	NE	981	8:44	01:00:50.9	1215	9:41	01:03:30.5	02:04:21.5	9:12	02:00:49.1
1132	652/1345	125/233	3278	Lance Davis	M	37	Lincoln	NE	791	8:34	00:58:41.6	1351	9:52	01:04:42.2	02:03:23.9	9:13	02:00:50.2
1133	653/1345	55/135	1720	David Johnson	M	46	Lincoln	NE	900	8:38	00:59:54.5	1296	9:48	01:04:14.4	02:04:09.0	9:13	02:00:50.8
1134	654/1345	126/233	3119	Brian Ternus	M	36	Gretna	NE	596	8:12	00:55:48.6	1577	10:14	01:07:03.7	02:02:52.4	9:13	02:00:50.8
1135	481/2646	112/486	5906	Erica Burkitt	F	35	Axtell	KS	1409	9:01	01:04:16.6	1038	9:25	01:01:44.7	02:06:01.4	9:13	02:00:50.9
1136	482/2646	113/486	988	Corie Lubash	F	35	Lincoln	NE	966	8:35	01:00:41.8	1345	9:52	01:04:38.7	02:05:20.5	9:13	02:00:55.6
1137	483/2646	95/460	5223	Jamie Johnson	F	30	Lincoln	NE	831	8:42	00:59:19.6	1257	9:44	01:03:51.6	02:03:11.3	9:13	02:00:56.9
1138	655/1345	102/183	5385	Nicholas Berg	M	28	Lincoln	NE	1606	9:21	01:06:50.5	855	9:06	00:59:41.2	02:06:31.8	9:13	02:00:57.6
1139	484/2646	35/227	2499	Kristin Adkins	F	46	Brooklynn	IA	1389	9:00	01:04:00.8	1056	9:27	01:01:58.0	02:05:58.9	9:13	02:00:58.7
1140	485/2646	36/227	2718	Sheri Jablonski	F	49	Lincoln	NE	1226	8:58	01:02:40.6	1079	9:29	01:02:12.6	02:04:53.2	9:13	02:01:00.0
1141	486/2646	114/486	699	Jessica Bauer	F	39	Omaha	NE	964	8:49	01:00:41.5	1193	9:39	01:03:13.8	02:03:55.4	9:13	02:01:00.6
1142	487/2646	115/486	633	Emily Swanda	F	35	Lincoln	NE	986	8:47	01:00:52.5	1211	9:41	01:03:28.0	02:04:20.6	9:13	02:01:00.9
1143	488/2646	116/486	4264	Melissa Flanagan	F	37	Sioux Falls	SD	646	8:18	00:56:30.9	1538	10:10	01:06:36.8	02:03:07.8	9:13	02:01:00.9
1144	656/1345	86/192	4930	Ryan Zuspan	M	40	Lincoln	NE	1255	8:55	01:02:48.9	1117	9:33	01:02:35.2	02:05:24.1	9:13	02:01:01.0
1145	489/2646	96/460	1194	Rebecca Gudmundson	F	33	Bennington	NE	1417	8:59	01:04:26.1	1075	9:29	01:02:11.2	02:06:37.4	9:13	02:01:02.3
1146	490/2646	37/227	930	Rachelle Smith	F	48	Hastings	NE	809	8:40	00:58:55.5	1300	9:48	01:04:15.1	02:03:10.7	9:14	02:01:02.8
1147	657/1345	87/192	5648	Ritchie Meyer	M	40	Page	NE	1336	8:46	01:03:29.9	1221	9:42	01:03:34.2	02:07:04.2	9:14	02:01:03.6
1148	491/2646	2/49	591	Theresa Johnson	F	61	Omaha	NE	1135	8:49	01:01:54.3	1195	9:39	01:03:18.3	02:05:12.7	9:14	02:01:04.6
1149	492/2646	81/435	2614	Gretchen Kreutz	F	25	Inland	NE	678	8:28	00:56:57.1	1444	10:00	01:05:35.0	02:02:32.1	9:14	02:01:05.8
1150	493/2646	82/435	4115	Rachel Benzoni	F	28	Omaha	NE	1055	9:14	01:01:22.2	932	9:15	01:00:37.3	02:01:59.5	9:14	02:01:06.7
1151	494/2646	23/79	1066	Madison Whitney	F	15	Lincoln	NE	1191	8:57	01:02:17.2	1097	9:32	01:02:27.3	02:04:44.5	9:14	02:01:07.9
1152	495/2646	97/460	5668	Marissa Wachlarowicz	F	30	Omaha	NE	1386	8:57	01:03:59.9	1105	9:32	01:02:30.0	02:06:29.9	9:14	02:01:09.0

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1153	496/2646	117/486	827	Denise Fields	F	36	Lincoln	NE	1377	8:59	01:03:56.3	1082	9:30	01:02:14.4	02:06:10.7	9:14	02:01:10.9
1154	658/1345	116/205	4636	Rob Rector	M	30	Lincoln	NE	1349	9:07	01:03:37.5	1011	9:22	01:01:27.2	02:05:04.8	9:14	02:01:11.1
1155	497/2646	118/486	3540	Courtney Morehead	F	37	Waverly	NE	938	8:51	01:00:27.7	1185	9:38	01:03:10.1	02:03:37.9	9:14	02:01:13.1
1156	498/2646	59/342	1089	Jennifer Renton	F	41	Lincoln	NE	1093	8:55	01:01:38.4	1140	9:34	01:02:45.4	02:04:23.9	9:14	02:01:13.3
1157	499/2646	38/227	1069	Joeth Zucco	F	49	Lincoln	NE	1192	8:57	01:02:17.2	1114	9:33	01:02:33.4	02:04:50.6	9:14	02:01:13.7
1158	500/2646	119/486	1716	Jessica Moore	F	37	Papillion	NE	1380	9:07	01:03:57.8	1012	9:23	01:01:27.9	02:05:25.7	9:14	02:01:14.5
1159	659/1345	117/205	3673	Richard Weibye	M	34	Ankeny	IA	784	8:39	00:58:38.5	1324	9:50	01:04:28.9	02:03:07.5	9:14	02:01:14.7
1160	501/2646	60/342	1653	Claire Oglesby	F	41	Lincoln	NE	1392	9:12	01:04:05.8	959	9:18	01:00:55.3	02:05:01.1	9:15	02:01:16.2
1161	502/2646	83/435	5070	Rebecca Smith	F	25	Omaha	NE	1084	8:55	01:01:29.9	1162	9:36	01:02:55.5	02:04:25.5	9:15	02:01:20.0
1162	660/1345	47/115	4498	Phip Ross	M	50	Lincoln	NE	1955	9:13	01:10:35.9	954	9:17	01:00:52.6	02:11:28.6	9:15	02:01:20.2
1163	503/2646	84/435	4746	Amber Krikke	F	27	Tekamah	NE	1399	8:59	01:04:09.7	1096	9:31	01:02:26.2	02:06:35.9	9:15	02:01:20.4
1164	504/2646	98/460	927	Keri Callahan	F	30	North Platte	NE	1482	8:57	01:05:09.5	1130	9:34	01:02:41.4	02:07:50.9	9:15	02:01:22.8
1165	505/2646	85/435	2279	Britney Schleppenbach	F	29	Lincoln	NE	2046	9:32	01:11:31.3	786	8:59	00:58:52.9	02:10:24.2	9:15	02:01:24.6
1166	506/2646	6/81	781	Jayme Nekuda	F	56	Omaha	NE	1465	9:15	01:04:54.4	950	9:16	01:00:46.9	02:05:41.3	9:15	02:01:25.0
1167	661/1345	88/192	4406	Johnny Blankenship	M	41	Lincoln	NE	641	8:22	00:56:26.6	1526	10:09	01:06:31.6	02:02:58.3	9:15	02:01:26.1
1168	507/2646	120/486	357	Sarah Wilson	F	38	Lincoln	NE	1411	9:09	01:04:20.8	1009	9:22	01:01:25.8	02:05:46.6	9:15	02:01:26.7
1169	662/1345	56/135	5943	Rick Miller	M	47	Minatare	NE	829	8:44	00:59:18.5	1295	9:48	01:04:11.6	02:03:30.2	9:15	02:01:27.0
1170	508/2646	86/435	3322	Cynthia Harris	F	27	Lincoln	NE	1550	9:02	01:06:05.3	1081	9:30	01:02:14.3	02:08:19.7	9:15	02:01:27.7
1171	509/2646	37/308	3722	Mary Beth Schliesman	F	22	Lincoln	NE	1364	8:57	01:03:43.3	1152	9:35	01:02:49.4	02:06:32.7	9:16	02:01:28.6
1172	510/2646	38/308	5996	Amber Kuntz	F	24	Wever	IA	1237	8:53	01:02:44.5	1188	9:39	01:03:12.7	02:05:57.2	9:16	02:01:30.0
1173	511/2646	99/460	1102	Kylee Planer	F	33	Lincoln	NE	994	8:55	01:00:58.7	1179	9:38	01:03:07.5	02:04:06.3	9:16	02:01:32.4
1174	663/1345	48/115	1339	Jim Coover	M	51	Cairo	NE	1098	8:54	01:01:40.3	1184	9:38	01:03:09.2	02:04:49.5	9:16	02:01:32.8
1175	512/2646	4/13	3847	Kristiana Young	F	14	Omaha	NE	1160	8:56	01:02:03.7	1165	9:36	01:02:57.6	02:05:01.3	9:16	02:01:33.4
1176	513/2646	87/435	879	Jessica Neville	F	28	Lincoln	NE	591	8:23	00:55:46.1	1542	10:10	01:06:37.6	02:02:23.8	9:16	02:01:35.7
1177	664/1345	127/233	6328	Daniel Kennedy	M	36	Omaha	NE	1233	8:59	01:02:42.4	1143	9:34	01:02:46.1	02:05:28.5	9:16	02:01:37.1
1178	514/2646	61/342	914	Stephanie Welch	F	41	Lincoln	NE	1314	8:55	01:03:18.8	1189	9:39	01:03:13.0	02:06:31.9	9:16	02:01:39.0
1179	515/2646	100/460	962	Erin Dempsey	F	31	Lincoln	NE	755	8:27	00:58:06.8	1497	10:06	01:06:12.5	02:04:19.3	9:16	02:01:39.5
1180	516/2646	88/435	5371	Andrea Talukdar	F	29	Papillion	NE	1362	8:57	01:03:43.2	1169	9:37	01:03:01.0	02:06:44.2	9:16	02:01:39.8
1181	517/2646	101/460	1990	Kylie Dowling	F	30	Monmouth	IL	1447	8:53	01:04:45.5	1201	9:40	01:03:24.7	02:08:10.3	9:16	02:01:41.4
1182	665/1345	3/14	1414	Scott Stuckey	M	65	Lincoln	NE	511	8:05	00:54:32.2	1740	10:28	01:08:39.0	02:03:11.3	9:17	02:01:42.1
1183	666/1345	49/115	5827	Don Anderson	M	54	Lincoln	NE	1655	8:52	01:07:28.8	1224	9:42	01:03:35.4	02:11:04.2	9:17	02:01:42.8
1184	518/2646	89/435	1997	Rosa Espinoza	F	26	Lincoln	NE	1031	8:51	01:01:16.1	1236	9:43	01:03:41.4	02:04:57.5	9:17	02:01:44.1
1185	667/1345	103/183	2382	Keith Knoop	M	28	Lincoln	NE	1057	9:14	01:01:22.8	995	9:21	01:01:16.5	02:02:39.3	9:17	02:01:45.9
1186	519/2646	102/460	3263	Ali Schwanke	F	34	Lincoln	NE	1030	8:52	01:01:15.9	1235	9:43	01:03:40.8	02:04:56.7	9:17	02:01:46.3
1187	520/2646	90/435	2380	Sarah Johnson	F	26	Lincoln	NE	1056	9:14	01:01:22.4	997	9:21	01:01:16.9	02:02:39.3	9:17	02:01:46.6
1188	668/1345	128/233	4167	Karl Houfek	M	36	Bellevue	NE	1589	9:01	01:06:35.2	1132	9:34	01:02:42.2	02:09:17.5	9:17	02:01:47.3

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1189	669/1345	104/183	4648	David Rastede	M	28	Allen	NE							02:03:25.1	9:17	02:01:47.9
1190	521/2646	7/81	477	Sharla Schultze	F	56	Lincoln	NE	1806	9:01	01:09:05.5	1124	9:33	01:02:38.8	02:11:44.4	9:17	02:01:48.9
1191	670/1345	118/205	4054	Brad Osborn	M	34	Lincoln	NE	731	8:26	00:57:24.9	1531	10:09	01:06:33.3	02:03:58.2	9:17	02:01:50.7
1192	522/2646	62/342	4701	Angie Coakley	F	41	Wahoo	NE	1209	8:47	01:02:31.6	1302	9:48	01:04:15.7	02:06:47.4	9:17	02:01:51.4
1193	671/1345	129/233	2566	Scott Gealy	M	39	Lincoln	NE	1543	9:22	01:05:58.8	912	9:13	01:00:25.9	02:06:24.8	9:17	02:01:51.8
1194	523/2646	103/460	6086	Tiffani Boyd	F	33	Gretna	NE	1157	8:44	01:02:02.5	1352	9:52	01:04:42.6	02:06:45.1	9:18	02:01:57.0
1195	524/2646	39/308	4799	Audrey Fox	F	24	Lincoln	NE	1239	8:55	01:02:45.8	1214	9:41	01:03:29.6	02:06:15.4	9:18	02:02:00.0
1196	525/2646	91/435	3604	Charlene Friesen	F	29	Aurora	NE	1138	8:54	01:01:54.8	1238	9:43	01:03:42.6	02:05:37.5	9:18	02:02:02.6
1197	672/1345	130/233	1859	T J Morris	M	36	Superior	NE	1320	9:02	01:03:20.8	1150	9:35	01:02:48.6	02:06:09.5	9:18	02:02:03.1
1198	673/1345	119/205	4515	Kevin Forch	M	31	Lincoln	NE	1436	9:10	01:04:39.3	1057	9:27	01:01:58.3	02:06:37.6	9:18	02:02:03.1
1199	526/2646	121/486	1851	Kendra Morris	F	37	Superior	NE	1317	9:02	01:03:19.9	1155	9:35	01:02:49.8	02:06:09.7	9:18	02:02:03.3
1200	674/1345	105/183	5990	Kaleb Vanmeter	M	28	Lincoln	NE	1194	8:52	01:02:18.3	1278	9:46	01:04:01.6	02:06:19.9	9:18	02:02:06.3
1201	527/2646	39/227	1434	Cindy Dittmer	F	45	Lincoln	NE	1434	8:57	01:04:38.8	1212	9:41	01:03:28.0	02:08:06.8	9:18	02:02:07.1
1202	675/1345	40/81	2741	Tom Jara	M	24	Lincoln	NE	904	9:05	00:59:56.3	1119	9:33	01:02:36.6	02:02:32.9	9:18	02:02:07.4
1203	528/2646	3/49	427	Barbara Whitehead	F	62	Lincoln	NE	1251	9:01	01:02:47.9	1173	9:37	01:03:03.7	02:05:51.7	9:19	02:02:08.5
1204	676/1345	106/183	4024	Geoff Pierce	M	26	Sumner	NE	872	8:43	00:59:41.8	1381	9:55	01:04:57.6	02:04:39.4	9:19	02:02:08.5
1205	529/2646	104/460	4374	Lindsay Rodysill	F	33	Lincoln	NE	1776	9:04	01:08:45.5	1129	9:34	01:02:40.8	02:11:26.3	9:19	02:02:09.1
1206	677/1345	107/183	5924	Reese Florang	M	29	Kearney	NE	1407	8:45	01:04:15.8	1361	9:53	01:04:47.7	02:09:03.5	9:19	02:02:10.9
1207	678/1345	131/233	1563	Heath Petsche	M	38	Roca	NE	1079	8:54	01:01:28.8	1253	9:44	01:03:48.6	02:05:17.4	9:19	02:02:11.9
1208	679/1345	89/192	5853	Brad Millard	M	42	Omaha	NE	1337	9:09	01:03:30.1	1085	9:30	01:02:15.0	02:05:45.2	9:19	02:02:12.0
1209	530/2646	5/13	1556	Taylyn Petsche	F	13	Roca	NE	1077	8:54	01:01:28.6	1254	9:44	01:03:48.7	02:05:17.4	9:19	02:02:12.0
1210	531/2646	122/486	5890	Laurie Baedke	F	38	Blair	NE	824	8:45	00:59:13.7	1366	9:54	01:04:51.4	02:04:05.2	9:19	02:02:12.3
1211	680/1345	132/233	1032	Scott Brown	M	36	Lincoln	NE	1170	9:08	01:02:06.2	1092	9:31	01:02:23.4	02:04:29.6	9:19	02:02:13.2
1212	681/1345	50/115	2829	Brent Welch	M	50	Lincoln	NE	1609	9:09	01:06:52.9	1086	9:30	01:02:16.0	02:09:08.9	9:19	02:02:13.5
1213	682/1345	41/81	4174	Evan Schutte	M	20	Omaha	NE	1213	8:57	01:02:36.1	1228	9:42	01:03:36.4	02:06:12.6	9:19	02:02:16.3
1214	683/1345	90/192	6288	Jason Quist	M	40	Doniphan	NE	815	8:38	00:59:03.3	1453	10:01	01:05:39.4	02:04:42.8	9:19	02:02:16.4
1215	532/2646	105/460	3533	Kylie Widhelm	F	30	Omaha	NE	1369	9:02	01:03:46.3	1175	9:37	01:03:05.2	02:06:51.5	9:19	02:02:17.6
1216	684/1345	91/192	1472	Bret Bickel	M	43	Gretna	NE	1341	9:07	01:03:34.5	1113	9:33	01:02:33.3	02:06:07.9	9:19	02:02:20.0
1217	685/1345	4/14	406	Paul Boeshart	M	65	Lincoln	NE	1467	8:54	01:04:54.7	1270	9:45	01:03:57.2	02:08:51.9	9:19	02:02:20.9
1218	533/2646	31/154	2490	Brenda Heideman	F	51	Lincoln	NE	1388	9:03	01:04:00.7	1174	9:37	01:03:03.9	02:07:04.7	9:20	02:02:21.8
1219	534/2646	40/227	1006	Kristen Stauffer	F	45	Lincoln	NE	1391	9:01	01:04:05.3	1192	9:39	01:03:13.6	02:07:18.9	9:20	02:02:23.2
1220	535/2646	92/435	3514	Missy Nelson	F	29	Grand Island	NE	1862	9:04	01:09:36.7	1166	9:36	01:02:58.2	02:12:34.9	9:20	02:02:23.5
1221	686/1345	42/81	4587	Coleman Baker	M	21	Stromsburg	NE	1721	9:25	01:08:23.1	940	9:15	01:00:41.7	02:09:04.8	9:20	02:02:24.6
1222	536/2646	63/342	3372	Heidi Beynon Solano	F	41	Lincoln	NE	1363	8:57	01:03:43.2	1247	9:44	01:03:45.8	02:07:29.1	9:20	02:02:25.1
1223	687/1345	92/192	4686	Bradley Musick	M	41	Lincoln	NE	688	8:19	00:57:00.5	1668	10:22	01:07:55.2	02:04:55.8	9:20	02:02:25.4
1224	688/1345	23/30	1337	Evan Rich	M	15	Lincoln	NE	1405	9:00	01:04:14.9	1199	9:40	01:03:24.3	02:07:39.3	9:20	02:02:25.8

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Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1225	537/2646	93/435	3451	Rachel Manning	F	26	Omaha	NE	1090	8:55	01:01:37.2	1273	9:46	01:03:58.9	02:05:36.1	9:20	02:02:27.2
1226	689/1345	120/205	2408	Scott Frohn	M	31	Lincoln	NE	1122	8:58	01:01:51.9	1239	9:43	01:03:43.8	02:05:35.8	9:20	02:02:27.8
1227	538/2646	106/460	4887	Sheila Radenslaben	F	34	Waverly	NE	939	8:51	01:00:27.7	1314	9:49	01:04:24.0	02:04:51.8	9:20	02:02:27.9
1228	690/1345	24/30	1492	Simon Wegrzyn	M	17	Lincoln	NE	574	8:16	00:55:24.1	1698	10:25	01:08:16.0	02:03:40.1	9:20	02:02:29.0
1229	539/2646	8/81	496	Rebecca Ferguson	F	58	Lincoln	NE	1319	9:08	01:03:20.7	1125	9:33	01:02:38.8	02:05:59.6	9:20	02:02:32.3
1230	540/2646	123/486	3091	Brittney Altwine	F	35	Pella	IA	1728	9:07	01:08:25.2	1149	9:35	01:02:48.2	02:11:13.5	9:21	02:02:35.4
1231	691/1345	43/81	2772	Taylor Stockamp	M	24	Scribner	NE	1548	9:11	01:06:01.5	1091	9:31	01:02:23.0	02:08:24.5	9:21	02:02:37.2
1232	541/2646	40/308	5974	Sarah Magdanz	F	22	Lincoln	NE	671	8:30	00:56:54.1	1567	10:13	01:06:58.2	02:03:52.4	9:21	02:02:41.3
1233	542/2646	107/460	2914	Michaela Schleicher	F	32	Lincoln	NE	1280	9:02	01:03:06.6	1213	9:41	01:03:28.1	02:06:34.7	9:21	02:02:41.5
1234	692/1345	44/81	4638	Trevor Blair	M	20	Lincoln	NE	895	8:28	00:59:47.8	1592	10:16	01:07:15.1	02:07:02.9	9:21	02:02:44.2
1235	543/2646	108/460	5234	Stephanie Wright	F	31	Minden	NE	1454	8:49	01:04:47.7	1384	9:55	01:04:59.2	02:09:46.9	9:21	02:02:44.8
1236	544/2646	109/460	1030	Allison Vaughn	F	30	Normal	IA	751	8:34	00:57:55.2	1535	10:09	01:06:34.4	02:04:29.7	9:21	02:02:45.2
1237	545/2646	110/460	3960	Sheena Case	F	34	Steinauer	NE	1491	9:00	01:05:15.3	1251	9:44	01:03:48.3	02:09:03.6	9:21	02:02:45.3
1238	546/2646	41/308	5258	Kelsey Martin	F	20	Elkhorn	NE	1711	9:07	01:08:18.8	1167	9:37	01:02:59.7	02:11:18.5	9:21	02:02:46.4
1239	547/2646	64/342	1795	Holly Persson	F	40	Lincoln	NE	1490	9:00	01:05:15.2	1252	9:44	01:03:48.4	02:09:03.6	9:21	02:02:46.4
1240	693/1345	121/205	1421	Andrew Hopp	M	32	Gretna	NE	996	8:28	01:00:59.3	1599	10:16	01:07:17.2	02:08:16.5	9:21	02:02:46.6
1241	548/2646	65/342	711	Becky Mantonya	F	43	Lincoln	NE	1637	9:21	01:07:16.7	1014	9:23	01:01:28.6	02:08:45.4	9:22	02:02:47.5
1242	694/1345	45/81	2875	Ben Powell	M	22	Lincoln	NE	1419	9:11	01:04:28.4	1122	9:33	01:02:37.5	02:07:05.9	9:22	02:02:50.5
1243	549/2646	94/435	4253	Peggy Korth-Cheney	F	28	Bennet	NE	828	8:46	00:59:18.4	1416	9:58	01:05:19.1	02:04:37.6	9:22	02:02:50.9
1244	550/2646	42/308	2756	Addison Stewart	F	21	Lincoln	NE	1420	9:11	01:04:28.5	1123	9:33	01:02:37.5	02:07:06.1	9:22	02:02:50.9
1245	551/2646	6/13	1763	Olivia Burgher	F	1	Lincoln	NE	962	8:52	01:00:40.8	1356	9:53	01:04:44.7	02:05:25.5	9:22	02:02:51.0
1246	552/2646	124/486	1756	Molly Burgher	F	38	Lincoln	NE	959	8:52	01:00:40.3	1357	9:53	01:04:45.4	02:05:25.8	9:22	02:02:51.2
1247	553/2646	66/342	6014	Lori Blum	F	43	Lincoln	NE	1516	9:13	01:05:38.4	1095	9:31	01:02:25.8	02:08:04.3	9:22	02:02:51.8
1248	695/1345	93/192	3201	Scott Hoppe	M	44	Papillion	NE	1916	9:33	01:10:16.3	899	9:12	01:00:17.9	02:10:34.2	9:22	02:02:53.8
1249	554/2646	111/460	3398	Norie Rich	F	33	Omaha	NE	1760	9:21	01:08:40.2	1025	9:24	01:01:37.7	02:10:17.9	9:22	02:02:54.1
1250	555/2646	32/154	1721	Lori Persson	F	50	Bancroft	NE	1325	8:58	01:03:22.3	1282	9:47	01:04:08.0	02:07:30.3	9:22	02:02:54.1
1251	696/1345	34/82	1845	Joseph Bavitz	M	56	Lincoln	NE	1075	8:53	01:01:27.2	1353	9:52	01:04:42.9	02:06:10.1	9:22	02:02:54.2
1252	556/2646	95/435	1714	Charity Bolling	F	29	Omaha	NE	1323	8:58	01:03:21.6	1283	9:47	01:04:08.2	02:07:29.8	9:22	02:02:54.6
1253	697/1345	94/192	1633	Chad Nadgwick	M	43	Lincoln	NE	1685	9:20	01:07:51.2	1036	9:25	01:01:44.0	02:09:35.3	9:22	02:02:56.6
1254	557/2646	67/342	1041	Amy Cole	F	43	Lincoln	NE	1413	9:13	01:04:23.3	1104	9:32	01:02:29.5	02:06:52.9	9:22	02:02:57.2
1255	558/2646	41/227	1980	Tracy Falconer	F	47	Kearney	NE	1335	9:03	01:03:29.3	1230	9:42	01:03:36.8	02:07:06.2	9:22	02:02:58.2
1256	559/2646	96/435	6146	Amy Cavadini	F	27	Lincoln	NE	1296	9:01	01:03:12.1	1261	9:45	01:03:54.0	02:07:06.2	9:22	02:03:00.0
1257	560/2646	97/435	2639	Alysa Taylor	F	26	New York	NY	993	8:54	01:00:57.3	1340	9:51	01:04:37.2	02:05:34.5	9:23	02:03:00.3
1258	561/2646	68/342	5742	Beth Mcdonald	F	42	Prole	IA	1008	8:51	01:01:04.5	1383	9:55	01:04:58.5	02:06:03.1	9:23	02:03:00.9
1259	562/2646	125/486	3173	Carrie Vanschoiack	F	36	Homer	NE	1010	8:45	01:01:05.5	1452	10:01	01:05:38.3	02:06:43.9	9:23	02:03:02.7
1260	698/1345	51/115	2314	Troy Jensen	M	53	Lincoln	NE	1187	8:56	01:02:13.7	1327	9:50	01:04:29.5	02:06:43.2	9:23	02:03:03.7

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1261	699/1345	133/233	5115	Brian Ullman	M	38	Omaha	NE	1230	8:48	01:02:41.6	1426	9:59	01:05:27.6	02:08:09.3	9:23	02:03:08.8
1262	563/2646	98/435	5159	Dani Michaelis	F	26	Lincoln	NE	999	8:49	01:01:01.7	1414	9:58	01:05:18.1	02:06:19.9	9:23	02:03:09.2
1263	700/1345	57/135	5324	Brian Gilliland	M	48	Lincoln	NE	1688	9:11	01:07:53.4	1168	9:37	01:03:00.0	02:10:53.5	9:23	02:03:10.3
1264	564/2646	112/460	4139	Dominique Schafer	F	30	Omaha	NE	1578	9:18	01:06:27.9	1077	9:29	01:02:11.9	02:08:39.9	9:23	02:03:10.9
1265	701/1345	108/183	5759	Andrew Lynam	M	28	Omaha	NE	982	8:44	01:00:51.4	1474	10:04	01:05:56.5	02:06:47.9	9:23	02:03:12.3
1266	702/1345	58/135	1273	Mark Fahleson	M	48	Lincoln	NE	1361	9:06	01:03:42.5	1226	9:42	01:03:36.0	02:07:18.6	9:24	02:03:16.7
1267	703/1345	134/233	727	Joel Bacon	M	38	Lincoln	NE	1150	8:52	01:01:59.5	1404	9:56	01:05:09.9	02:07:09.5	9:24	02:03:17.0
1268	704/1345	20/48	495	Tad Eickman	M	62	Wilber	NE	1020	8:57	01:01:10.3	1339	9:51	01:04:37.1	02:05:47.4	9:24	02:03:18.8
1269	705/1345	95/192	1574	Torrey Baker	M	40	Lincoln	NE	1536	9:08	01:05:53.4	1205	9:41	01:03:26.3	02:09:19.7	9:24	02:03:20.9
1270	565/2646	126/486	2951	Lindy Andersen	F	37	Omaha	NE	1576	9:24	01:06:25.5	1031	9:25	01:01:42.3	02:08:07.8	9:24	02:03:21.1
1271	566/2646	42/227	1544	Kelly Parr	F	46	Elkhorn	NE	1236	9:07	01:02:43.8	1231	9:42	01:03:38.1	02:06:22.0	9:24	02:03:21.3
1272	567/2646	113/460	1754	Katie Naumann	F	34	Omaha	NE	1324	9:02	01:03:22.2	1292	9:47	01:04:10.9	02:07:33.2	9:24	02:03:22.5
1273	706/1345	46/81	4305	Carl Post	M	24	Omaha	NE	1011	8:53	01:01:06.2	1403	9:56	01:05:09.9	02:06:16.2	9:24	02:03:23.4
1274	568/2646	43/308	1049	Sara Zajicek	F	24	Lincoln	NE	1012	8:53	01:01:06.2	1405	9:56	01:05:10.0	02:06:16.3	9:24	02:03:23.8
1275	569/2646	127/486	1690	Mandy Packett	F	38	Eagle	NE	1545	9:05	01:06:00.3	1266	9:45	01:03:55.5	02:09:55.9	9:24	02:03:25.9
1276	570/2646	44/308	2401	Amber Sims	F	21	Martell	NE	1091	8:46	01:01:37.6	1482	10:04	01:06:01.3	02:07:38.9	9:25	02:03:29.7
1277	571/2646	128/486	1476	Shannon Buster	F	39	Gretna	NE	1224	9:00	01:02:40.2	1328	9:50	01:04:30.4	02:07:10.6	9:25	02:03:30.7
1278	572/2646	43/227	1873	Jeanne Bouwens	F	49	Lincoln	NE	1078	8:53	01:01:28.6	1415	9:58	01:05:18.6	02:06:47.3	9:25	02:03:34.3
1279	573/2646	114/460	554	Ashley Pham	F	32	Omaha	NE	1312	9:01	01:03:17.9	1332	9:51	01:04:31.2	02:07:49.2	9:25	02:03:35.6
1280	707/1345	122/205	3371	Max Yashirin	M	33	Lincoln	NE	908	8:31	01:00:02.7	1647	10:20	01:07:45.4	02:07:48.2	9:25	02:03:36.2
1281	574/2646	45/308	4119	Sidni Garwood	F	23	Wichita	KS	1532	9:14	01:05:49.8	1176	9:38	01:03:05.9	02:08:55.7	9:25	02:03:36.8
1282	708/1345	109/183	2013	Steven Hentzen	M	27	Lincoln	NE	1652	9:10	01:07:24.9	1216	9:41	01:03:31.3	02:10:56.3	9:25	02:03:37.8
1283	709/1345	52/115	4288	Greg Biggs	M	53	Lincoln	NE	1131	8:54	01:01:53.8	1413	9:58	01:05:17.9	02:07:11.7	9:25	02:03:38.5
1284	575/2646	115/460	1635	Morgan Beach	F	31	Lincoln	NE	1267	8:46	01:02:58.1	1502	10:07	01:06:16.3	02:09:14.5	9:26	02:03:43.3
1285	576/2646	116/460	2186	Melissa Viox	F	33	Fremont	NE	1450	9:21	01:04:46.7	1099	9:32	01:02:28.0	02:07:14.7	9:26	02:03:44.3
1286	710/1345	135/233	2959	Jason Simons	M	36	Marysville	KS	1416	8:54	01:04:24.9	1421	9:59	01:05:23.9	02:09:48.8	9:26	02:03:44.3
1287	711/1345	96/192	1937	David Churchill	M	44	Wilber	NE	1038	9:03	01:01:17.3	1312	9:49	01:04:23.6	02:05:40.9	9:26	02:03:46.3
1288	577/2646	117/460	4233	Dani Niss	F	30	Pawnee City	NE	1794	9:24	01:08:55.5	1078	9:29	01:02:12.1	02:11:07.7	9:26	02:03:46.9
1289	712/1345	25/30	5245	Marty Schildt	M	17	Pleasant Dale	NE	2001	9:08	01:11:03.1	1265	9:45	01:03:55.5	02:14:58.6	9:26	02:03:49.4
1290	578/2646	69/342	4161	Tami Nebesniak	F	41	Omaha	NE	1264	9:10	01:02:51.4	1248	9:44	01:03:46.1	02:06:37.5	9:26	02:03:49.8
1291	579/2646	118/460	672	Brooklynne Rosado	F	34	La Vista	NE	1556	9:19	01:06:09.3	1148	9:35	01:02:48.0	02:08:57.4	9:26	02:03:50.4
1292	713/1345	59/135	2236	Brian Hyland	M	49	Bellevue	NE	1700	9:21	01:08:04.1	1111	9:33	01:02:33.2	02:10:37.3	9:27	02:03:53.4
1293	580/2646	44/227	3429	Katie Miller	F	47	Lincoln	NE	960	8:51	01:00:40.7	1469	10:03	01:05:50.5	02:06:31.3	9:27	02:03:54.6
1294	714/1345	35/82	3572	Ron Banegas	M	57	Fairfax	VA	1438	9:08	01:04:39.8	1280	9:46	01:04:02.7	02:08:42.5	9:27	02:03:54.7
1295	715/1345	60/135	1060	Scott Wiebe	M	45	Lincoln	NE	727	8:26	00:57:22.6	1736	10:28	01:08:36.0	02:05:58.7	9:27	02:03:54.7
1296	716/1345	21/48	562	Dale Rasmussen	M	60	Ceresco	NE	1476	9:18	01:05:06.8	1164	9:36	01:02:56.9	02:08:03.8	9:27	02:03:54.9

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1297	581/2646	129/486	3029	Dana Greene	F	35	Shelton	NE	1046	8:56	01:01:18.9	1424	9:59	01:05:25.4	02:06:44.3	9:27	02:03:56.4
1298	582/2646	24/79	2757	Grace Harmon	F	15	Lincoln	NE	968	8:52	01:00:42.2	1467	10:02	01:05:49.4	02:06:31.6	9:27	02:03:56.7
1299	583/2646	46/308	5101	Bailey Collins	F	24	Auburn	NE	1738	9:35	01:08:30.5	984	9:20	01:01:09.0	02:09:39.6	9:27	02:03:56.7
1300	584/2646	47/308	4421	Alyssa Trautman	F	22	Omaha	NE	1292	9:11	01:03:10.8	1237	9:43	01:03:41.9	02:06:52.7	9:27	02:03:57.2
1301	717/1345	110/183	5729	Erik Platt	M	25	Richfield	MN	1569	9:14	01:06:23.1	1206	9:41	01:03:26.4	02:09:49.5	9:27	02:03:58.3
1302	585/2646	99/435	4090	Ali Loker	F	25	Lincoln	NE	1567	9:14	01:06:22.8	1208	9:41	01:03:26.5	02:09:49.4	9:27	02:03:58.4
1303	586/2646	119/460	5146	Maggie Brugman	F	33	Omaha	NE	1622	9:03	01:07:02.5	1348	9:52	01:04:39.8	02:11:42.3	9:27	02:03:59.9
1304	718/1345	136/233	4936	Brian Cunningham	M	37	La Vista	NE	1287	9:04	01:03:09.5	1335	9:51	01:04:33.6	02:07:43.1	9:27	02:04:01.2
1305	587/2646	120/460	6247	Donnia Behrends	F	34	Firth	NE	1033	8:52	01:01:16.5	1476	10:04	01:05:56.9	02:07:13.5	9:27	02:04:02.3
1306	588/2646	100/435	4767	Katie Kreuser	F	27	Lincoln	NE	942	8:43	01:00:31.4	1563	10:12	01:06:52.9	02:07:24.3	9:27	02:04:02.5
1307	589/2646	70/342	6230	Laura Miller	F	44	Papillion	NE	1624	9:21	01:07:02.8	1138	9:34	01:02:45.1	02:09:47.9	9:27	02:04:03.0
1308	590/2646	130/486	1235	Kris Rohde	F	38	Omaha	NE	991	9:01	01:00:55.8	1382	9:55	01:04:57.6	02:05:53.4	9:27	02:04:04.3
1309	719/1345	111/183	5543	Ross Dailey	M	27	Lincoln	NE	854	8:46	00:59:36.5	1539	10:10	01:06:36.8	02:06:13.4	9:27	02:04:05.2
1310	591/2646	45/227	698	Pam Bjerrum	F	48	Lincoln	NE	1326	9:03	01:03:22.3	1362	9:53	01:04:48.9	02:08:11.3	9:28	02:04:07.8
1311	720/1345	61/135	5542	Jason Schroeder	M	46	Glenwood	IA	855	8:46	00:59:37.0	1543	10:10	01:06:38.0	02:06:15.0	9:28	02:04:08.0
1312	592/2646	121/460	297	Molly Gray	F	34	Elkhorn	NE	1611	9:21	01:06:55.4	1151	9:35	01:02:49.1	02:09:44.5	9:28	02:04:08.3
1313	721/1345	53/115	1872	Todd Havlat	M	52	Lincoln	NE	1732	9:27	01:08:27.3	1071	9:29	01:02:09.2	02:10:36.6	9:28	02:04:08.4
1314	722/1345	47/81	2333	Nathan Jungck	M	23	Lincoln	NE	1517	9:12	01:05:41.5	1262	9:45	01:03:54.2	02:09:35.7	9:28	02:04:10.1
1315	593/2646	71/342	2668	Robyn Keys	F	42	Lincoln	NE	1551	9:13	01:06:05.9	1242	9:43	01:03:44.2	02:09:50.2	9:28	02:04:10.8
1316	594/2646	33/154	2653	Marcia Grant	F	54	Columbus	NE	1099	8:53	01:01:40.7	1477	10:04	01:05:57.5	02:07:38.2	9:28	02:04:11.6
1317	723/1345	97/192	1777	Jeff Fleming	M	43	Wayne	NE	1188	8:52	01:02:14.1	1487	10:05	01:06:04.4	02:08:18.5	9:28	02:04:13.1
1318	724/1345	123/205	1878	Aaron Christian	M	34	Bellevue	NE	1593	8:48	01:06:37.1	1527	10:09	01:06:31.6	02:13:08.8	9:28	02:04:15.3
1319	725/1345	98/192	2118	Jacob Drueke	M	42	Lincoln	NE	1506	8:43	01:05:31.7	1578	10:14	01:07:04.0	02:12:35.7	9:28	02:04:16.0
1320	595/2646	46/227	1490	Christina Butler	F	47	Elkhorn	NE	1223	9:05	01:02:39.5	1350	9:52	01:04:41.7	02:07:21.3	9:28	02:04:16.4
1321	726/1345	22/48	5611	David Crook	M	61	Humboldt	NE	1992	9:03	01:10:56.7	1387	9:55	01:04:59.7	02:15:56.5	9:28	02:04:16.6
1322	727/1345	112/183	2341	Zach Baedke	M	28	Omaha	NE	1107	8:58	01:01:44.5	1439	10:00	01:05:32.2	02:07:16.7	9:28	02:04:17.4
1323	596/2646	72/342	6246	Kim Grimm	F	40	Elkhorn	NE	1345	9:04	01:03:35.4	1365	9:53	01:04:50.5	02:08:25.9	9:28	02:04:17.8
1324	597/2646	101/435	5791	Emilie Baedke	F	26	Omaha	NE	1109	8:58	01:01:44.9	1435	10:00	01:05:31.8	02:07:16.8	9:28	02:04:18.1
1325	598/2646	122/460	4699	Lyndsey Harms	F	32	Hickman	NE	1242	9:01	01:02:45.9	1406	9:57	01:05:11.0	02:07:56.9	9:28	02:04:18.2
1326	599/2646	131/486	6261	Amy Staples	F	38	Elkhorn	NE	1344	9:04	01:03:35.2	1364	9:53	01:04:50.5	02:08:25.8	9:28	02:04:18.3
1327	728/1345	137/233	479	Lance Murry	M	38	Hickman	NE	1116	8:54	01:01:50.5	1479	10:04	01:05:59.2	02:07:49.8	9:29	02:04:19.6
1328	600/2646	47/227	4834	Jenifer Snook	F	45	Lincoln	NE	1358	8:55	01:03:41.7	1472	10:03	01:05:54.3	02:09:36.1	9:29	02:04:20.0
1329	729/1345	23/48	3362	Douglas Stack	M	61	North Platte	NE	1707	9:29	01:08:17.5	1072	9:29	01:02:10.1	02:10:27.7	9:29	02:04:20.5
1330	730/1345	124/205	2702	Lee Heerten	M	30	Lincoln	NE	1266	8:39	01:02:52.4	1635	10:20	01:07:41.2	02:10:33.6	9:29	02:04:21.8
1331	601/2646	123/460	1384	Amy Divis	F	34	Lincoln	NE	1074	8:57	01:01:26.9	1456	10:01	01:05:42.3	02:07:09.2	9:29	02:04:23.5
1332	731/1345	138/233	2515	Nathaniel Zabel	M	35	Lincoln	NE	2157	9:44	01:12:45.2	928	9:14	01:00:34.6	02:13:19.9	9:29	02:04:24.3

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1333	732/1345	99/192	3312	Jesse Hansen	M	41	Omaha	NE	1549	9:09	01:06:01.5	1325	9:50	01:04:29.1	02:10:30.6	9:29	02:04:27.4
1334	602/2646	124/460	2973	Adrienne Feldhaus	F	34	Papillion	NE	1743	9:30	01:08:33.7	1083	9:30	01:02:14.7	02:10:48.4	9:29	02:04:28.2
1335	603/2646	48/227	3004	Buffy Dye	F	48	Dalton	NE	2103	9:36	01:12:04.8	1019	9:23	01:01:31.7	02:13:36.6	9:29	02:04:28.9
1336	604/2646	132/486	4861	Michelle Buller	F	37	Lincoln	NE	1584	9:12	01:06:30.8	1289	9:47	01:04:09.6	02:10:40.4	9:29	02:04:29.0
1337	605/2646	73/342	829	Karen Belair	F	44	Omaha	NE	1331	9:04	01:03:25.6	1399	9:56	01:05:05.9	02:08:31.5	9:29	02:04:29.1
1338	733/1345	62/135	2493	Dan Pokorney	M	46	Kearney	NE	1384	8:56	01:03:59.5	1475	10:04	01:05:56.9	02:09:56.4	9:29	02:04:29.2
1339	606/2646	133/486	2151	Melissa Pandorf	F	35	Kearney	NE	1254	9:03	01:02:48.8	1401	9:56	01:05:08.5	02:07:57.3	9:29	02:04:29.7
1340	607/2646	125/460	5967	Avery Essay	F	31	Omaha	NE	1702	9:16	01:08:07.2	1249	9:44	01:03:46.5	02:11:53.7	9:29	02:04:30.5
1341	734/1345	100/192	6022	Brian Gable	M	43	Lincoln	NE	1533	9:16	01:05:49.9	1240	9:43	01:03:44.0	02:09:33.9	9:29	02:04:31.2
1342	735/1345	54/115	1494	Rick Damkroger	M	54	Firth	NE	1340	9:00	01:03:33.8	1432	10:00	01:05:31.0	02:09:04.9	9:30	02:04:33.2
1343	736/1345	101/192	4462	Andre Barry	M	42	Lincoln	NE	1024	8:44	01:01:12.2	1598	10:16	01:07:17.0	02:08:29.2	9:30	02:04:33.5
1344	608/2646	126/460	5112	Allison Fritsche	F	32	Holdrege	NE	1568	9:18	01:06:23.1	1218	9:42	01:03:33.8	02:09:56.9	9:30	02:04:34.2
1345	737/1345	139/233	5378	Nathan Godwin	M	35	Lincoln	NE	771	8:24	00:58:23.7	1851	10:37	01:09:34.5	02:07:58.3	9:30	02:04:36.4
1346	738/1345	102/192	5837	Jeffrey Stearnes	M	42	Papillion	NE	1196	8:55	01:02:21.2	1493	10:05	01:06:09.2	02:08:30.5	9:30	02:04:37.3
1347	609/2646	127/460	752	Angela Sing	F	32	Omaha	NE	1016	8:48	01:01:09.5	1565	10:12	01:06:54.2	02:08:03.8	9:30	02:04:38.1
1348	610/2646	102/435	949	Jessica Meza	F	26	Lincoln	NE	2124	9:33	01:12:17.1	1063	9:28	01:02:04.5	02:14:21.6	9:30	02:04:40.9
1349	611/2646	4/49	578	Carla Seeba	F	60	Lincoln	NE	1818	9:33	01:09:11.5	1070	9:29	01:02:08.0	02:11:19.6	9:30	02:04:41.3
1350	612/2646	134/486	740	Jill Eberspacher	F	37	Beaver Crossing	NE	1580	9:10	01:06:28.5	1334	9:51	01:04:32.9	02:11:01.5	9:30	02:04:41.3
1351	613/2646	128/460	843	Brandy Nielson	F	33	Lincoln	NE	1300	9:06	01:03:14.8	1395	9:55	01:05:02.9	02:08:17.8	9:30	02:04:41.8
1352	614/2646	135/486	4908	Andrea Adams	F	38	Beaver Crossing	NE	1583	9:11	01:06:29.9	1333	9:51	01:04:31.9	02:11:01.8	9:30	02:04:42.0
1353	615/2646	103/435	2701	Kayla Bittner	F	28	Lincoln	NE	1617	9:30	01:06:58.6	1103	9:32	01:02:29.2	02:09:27.9	9:30	02:04:42.9
1354	616/2646	104/435	2527	Alexandra Bruening	F	29	Omaha	NE	1888	9:25	01:10:02.3	1170	9:37	01:03:02.0	02:13:04.4	9:30	02:04:43.4
1355	617/2646	9/81	4839	Linda Veldman	F	55	Denver	CO	1275	9:10	01:03:03.8	1343	9:52	01:04:38.3	02:07:42.1	9:30	02:04:44.2
1356	618/2646	49/227	2952	Vicki Fisher	F	48	Lincoln	NE	1193	8:54	01:02:18.2	1516	10:08	01:06:26.1	02:08:44.4	9:30	02:04:44.8
1357	619/2646	105/435	4227	Sara Pelican	F	25	Lincoln	NE	1940	9:27	01:10:30.8	1137	9:34	01:02:44.8	02:13:15.7	9:30	02:04:44.8
1358	620/2646	50/227	680	Joy Mckinney	F	49	Lincoln	NE	1299	9:06	01:03:14.6	1400	9:56	01:05:07.9	02:08:22.5	9:31	02:04:46.6
1359	621/2646	136/486	3037	Mindi Jasper	F	38	Lincoln	NE	1489	9:12	01:05:14.5	1338	9:51	01:04:36.6	02:09:51.2	9:31	02:04:52.5
1360	622/2646	74/342	4714	Stacy Doonan	F	44	Omaha	NE	1677	9:35	01:07:43.3	1067	9:28	01:02:05.4	02:09:48.7	9:31	02:04:54.1
1361	739/1345	55/115	3707	Jeff Schmidt	M	54	Lincoln	NE	1327	9:02	01:03:22.3	1460	10:01	01:05:42.9	02:09:05.3	9:31	02:04:54.3
1362	623/2646	48/308	2344	Angela Berry	F	24	Omaha	NE	1104		01:01:42.8	1187	9:38	01:03:12.3	02:04:55.2	9:31	02:04:55.2
1363	624/2646	129/460	1850	Katie Brown	F	33	Omaha	NE	2380	10:01	01:15:21.3	823	9:03	00:59:18.2	02:14:39.5	9:31	02:04:58.1
1364	740/1345	113/183	3581	Dylan Mayberry	M	25	Omaha	NE	746	8:23	00:57:51.5	1893	10:40	01:09:57.8	02:07:49.4	9:31	02:04:58.2
1365	741/1345	103/192	667	Bill O'Neill	M	43	Gretna	NE	1457	9:03	01:04:49.8	1449	10:01	01:05:37.0	02:10:26.8	9:32	02:04:58.7
1366	625/2646	130/460	943	Heidi Miller	F	32	Lincoln	NE	1273	9:15	01:03:02.8	1309	9:49	01:04:22.4	02:07:25.2	9:32	02:05:01.4
1367	626/2646	106/435	5145	Meagan Fritzing	F	29	Lincoln	NE	2193	9:32	01:13:15.6	1110	9:32	01:02:32.7	02:15:48.3	9:32	02:05:01.6
1368	627/2646	51/227	4910	Sarina Mcneel	F	47	Omaha	NE	1835	9:24	01:09:22.8	1210	9:41	01:03:27.9	02:12:50.8	9:32	02:05:03.1

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1369	628/2646	49/308	3804	Briley Moates	F	20	Lincoln	NE	849	8:37	00:59:34.1	1737	10:28	01:08:36.0	02:08:10.2	9:32	02:05:03.7
1370	742/1345	140/233	5015	Jason Thomsen	M	35	Lincoln	NE	667	8:25	00:56:47.4	1887	10:40	01:09:55.0	02:06:42.5	9:32	02:05:07.6
1371	629/2646	137/486	4997	Laura Thomsen	F	35	Lincoln	NE	664	8:25	00:56:44.8	1892	10:40	01:09:57.7	02:06:42.5	9:32	02:05:07.9
1372	743/1345	114/183	5077	Colby Honke	M	25	Lincoln	NE	1458	9:05	01:04:50.2	1445	10:00	01:05:35.0	02:10:25.2	9:32	02:05:08.8
1373	630/2646	131/460	1966	Kelsey Bergen	F	30	Aurora	NE	1573	9:25	01:06:24.8	1203	9:40	01:03:24.9	02:09:49.7	9:32	02:05:09.1
1374	631/2646	10/81	5072	Connie Honke	F	57	Lincoln	NE	1459	9:05	01:04:50.3	1446	10:00	01:05:35.1	02:10:25.4	9:32	02:05:09.3
1375	744/1345	36/82	1324	Jim Esola	M	56	Omaha	NE	1699	9:39	01:08:02.8	1050	9:27	01:01:55.8	02:09:58.7	9:32	02:05:10.3
1376	745/1345	115/183	2475	Jeff Nienhueser	M	29	Lincoln	NE	898	8:30	00:59:53.7	1837	10:36	01:09:29.4	02:09:23.2	9:33	02:05:11.8
1377	632/2646	132/460	4716	Rachel Green	F	34	Bennet	NE	1214	8:50	01:02:36.5	1596	10:16	01:07:16.0	02:09:52.6	9:33	02:05:12.8
1378	633/2646	138/486	4311	Jennifer Teply	F	39	Lincoln	NE	876	8:34	00:59:42.3	1793	10:32	01:09:03.2	02:08:45.6	9:33	02:05:13.8
1379	746/1345	116/183	2932	Kyle Broderick	M	29	Lincoln	NE	1925	9:34	01:10:21.9	1107	9:32	01:02:30.5	02:12:52.4	9:33	02:05:16.6
1380	634/2646	75/342	3546	Dixie Smeltzer	F	41	Brady	NE	1271	9:11	01:03:01.3	1398	9:56	01:05:05.3	02:08:06.6	9:33	02:05:17.0
1381	635/2646	25/79	3162	Kim Pramberg	F	18	Lincoln	NE	1199	8:50	01:02:23.8	1615	10:17	01:07:24.3	02:09:48.1	9:33	02:05:20.9
1382	747/1345	56/115	3156	Terry Pramberg	M	50	Lincoln	NE	1197	8:50	01:02:23.3	1616	10:17	01:07:24.8	02:09:48.2	9:33	02:05:21.0
1383	748/1345	141/233	2312	Marcus Goeschel	M	37	Lincoln	NE	543	8:10	00:54:55.7	2054	10:58	01:11:51.8	02:06:47.5	9:33	02:05:23.4
1384	749/1345	142/233	4622	Aaron Meysenburg	M	36	Lincoln	NE	1102	9:03	01:01:42.7	1484	10:05	01:06:03.0	02:07:45.7	9:33	02:05:23.5
1385	636/2646	50/308	4350	Desirae Hakel	F	21	Lincoln	NE	2087	9:54	01:12:00.6	920	9:14	01:00:32.6	02:12:33.2	9:33	02:05:23.6
1386	637/2646	139/486	3866	Brandy Whitaker	F	35	Lincoln	NE	542	8:10	00:54:55.5	2053	10:58	01:11:51.5	02:06:47.1	9:33	02:05:23.6
1387	638/2646	52/227	3489	Dawn Ford	F	46	Lincoln	NE	1471	9:12	01:04:59.1	1396	9:55	01:05:03.4	02:10:02.5	9:33	02:05:23.7
1388	750/1345	57/115	1572	Kevin Meysenburg	M	52	Norfolk	NE	1101	9:03	01:01:42.7	1486	10:05	01:06:03.2	02:07:46.0	9:33	02:05:23.8
1389	639/2646	76/342	4286	Susan Stadig	F	43	Elkhorn	NE	1694	9:43	01:08:00.1	1032	9:25	01:01:42.4	02:09:42.6	9:34	02:05:25.2
1390	640/2646	133/460	2079	Lisa Mason D'croz	F	30	Lincoln	NE	1348	9:05	01:03:36.5	1473	10:03	01:05:54.9	02:09:31.5	9:34	02:05:27.5
1391	751/1345	58/115	537	David Steffen	M	54	Lincoln	NE	1479	8:48	01:05:08.3	1645	10:20	01:07:44.0	02:12:52.4	9:34	02:05:27.7
1392	641/2646	134/460	6174	Jeannine Berge	F	34	Lincoln	NE	1148	8:53	01:01:58.2	1593	10:16	01:07:15.5	02:09:13.8	9:34	02:05:28.3
1393	642/2646	135/460	4975	Heidi Zywiec	F	34	Seward	NE	1222	8:47	01:02:39.4	1662	10:21	01:07:52.8	02:10:32.3	9:34	02:05:28.6
1394	643/2646	77/342	3323	Molly Koehler	F	43	Bellevue	NE	1212	8:55	01:02:35.9	1572	10:13	01:07:01.4	02:09:37.4	9:34	02:05:30.4
1395	644/2646	78/342	3282	Christi Smallfoot	F	41	Nebraska City	NE	1039	8:57	01:01:17.3	1558	10:12	01:06:49.9	02:08:07.2	9:34	02:05:31.1
1396	645/2646	136/460	882	Crystal Bock Thiessen	F	34	Lincoln	NE	1211	8:57	01:02:35.3	1559	10:12	01:06:50.2	02:09:25.5	9:34	02:05:31.3
1397	646/2646	51/308	3682	Courtney Murphy	F	22	Lincoln	NE	1508	9:15	01:05:33.5	1369	9:54	01:04:52.2	02:10:25.8	9:34	02:05:31.5
1398	752/1345	1/6	796	Keith Swarts	M	71	Omaha	NE	1487	9:18	01:05:13.3	1337	9:51	01:04:36.0	02:09:49.3	9:34	02:05:33.0
1399	647/2646	140/486	1647	Denisha Kirsch	F	35	Lincoln	NE	1597	9:27	01:06:44.2	1225	9:42	01:03:35.5	02:10:19.8	9:34	02:05:33.3
1400	648/2646	141/486	3630	Carrie Erikson	F	35	Lincoln	NE	1306	9:00	01:03:17.1	1533	10:09	01:06:33.7	02:09:50.8	9:34	02:05:34.1
1401	649/2646	142/486	4323	Kari Wade	F	36	Lincoln	NE	1425	9:20	01:04:31.6	1322	9:50	01:04:26.5	02:08:58.2	9:34	02:05:34.7
1402	753/1345	125/205	4068	Jonathan Whitehead	M	31	Lincoln	NE	1534	9:01	01:05:50.9	1517	10:08	01:06:26.6	02:12:17.5	9:34	02:05:36.3
1403	650/2646	107/435	5544	Heidi Dailey	F	29	Lincoln	NE	2068	9:28	01:11:50.3	1229	9:42	01:03:36.6	02:15:26.9	9:35	02:05:38.2
1404	651/2646	137/460	856	Micki Fries	F	30	Elm Creek	NE	997	8:56	01:01:00.5	1582	10:15	01:07:08.6	02:08:09.2	9:35	02:05:39.7

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1405	754/1345	37/82	1470	Rick Hagge	M	57	Plattsmouth	NE	1469	9:15	01:04:56.2	1385	9:55	01:04:59.3	02:09:55.6	9:35	02:05:40.0
1406	652/2646	53/227	2029	Laura Mcfadden	F	45	Omaha	NE	1852	9:15	01:09:31.3	1391	9:55	01:05:01.6	02:14:32.9	9:35	02:05:40.7
1407	755/1345	117/183	5327	Adam Post	M	27	Lincoln	NE	769	8:32	00:58:22.6	1867	10:38	01:09:44.2	02:08:06.8	9:35	02:05:42.9
1408	653/2646	138/460	2920	Kara Baker	F	33	Omaha	NE	1681	9:42	01:07:47.3	1065	9:28	01:02:05.0	02:09:52.4	9:35	02:05:42.9
1409	654/2646	143/486	4268	Heidi O'connell	F	36	Omaha	NE	1451	9:16	01:04:46.7	1388	9:55	01:05:00.7	02:09:47.4	9:35	02:05:44.8
1410	655/2646	144/486	763	Renee Henrichs	F	38	Lincoln	NE	1241	9:01	01:02:45.9	1544	10:10	01:06:38.2	02:09:24.2	9:35	02:05:45.6
1411	656/2646	139/460	1585	Corrine Becklun	F	30	Henderson	NE	1189	8:58	01:02:14.7	1568	10:13	01:06:58.4	02:09:13.2	9:35	02:05:47.7
1412	756/1345	63/135	1815	Paul Maass	M	49	Omaha	NE	1653	9:25	01:07:25.9	1279	9:46	01:04:02.2	02:11:28.2	9:35	02:05:48.8
1413	657/2646	145/486	3486	Laura Fick	F	35	Bennet	NE	1171	8:55	01:02:06.3	1606	10:16	01:07:21.2	02:09:27.6	9:35	02:05:50.3
1414	658/2646	5/49	681	Bev Janak	F	61	Omaha	NE	1857	9:26	01:09:34.6	1276	9:46	01:04:00.4	02:13:35.1	9:36	02:05:51.3
1415	757/1345	126/205	3169	Ryan Eckstein	M	30	Omaha	NE	1100	8:56	01:01:41.5	1605	10:16	01:07:21.2	02:09:02.7	9:36	02:05:53.0
1416	758/1345	127/205	3970	Michael Greenwood	M	30	Omaha	NE	1603	9:01	01:06:47.9	1552	10:11	01:06:48.2	02:13:36.1	9:36	02:05:53.6
1417	759/1345	38/82	1190	Scott Sughroue	M	59	Lincoln	NE	1272	9:11	01:03:02.3	1461	10:01	01:05:42.9	02:08:45.3	9:36	02:05:54.1
1418	659/2646	52/308	4703	Amy Schroeder	F	23	Lincoln	NE	1205	9:04	01:02:28.4	1519	10:08	01:06:27.9	02:08:56.3	9:36	02:05:56.1
1419	660/2646	79/342	993	Amy Mack	F	43	Lincoln	NE	1375	9:17	01:03:54.8	1392	9:55	01:05:01.8	02:08:56.7	9:36	02:05:56.2
1420	760/1345	143/233	3251	Ryan Luedtke	M	36	Lincoln	NE	1186	8:54	01:02:11.3	1629	10:19	01:07:37.0	02:09:48.3	9:36	02:05:56.5
1421	761/1345	59/115	1734	Brad Johnson	M	50	Lincoln	NE	2546	10:11	01:16:59.6	818	9:02	00:59:15.3	02:16:14.9	9:36	02:05:58.0
1422	661/2646	140/460	1679	Amy Engel	F	30	Lincoln	NE	1769	9:46	01:08:42.6	1053	9:27	01:01:57.0	02:10:39.7	9:36	02:05:59.0
1423	662/2646	53/308	4978	Niki Kouma	F	22	Dwight	NE	1900	9:24	01:10:06.8	1311	9:49	01:04:23.1	02:14:29.9	9:36	02:05:59.8
1424	762/1345	144/233	2458	Kurt Ramaekers	M	36	Lincoln	NE	668	8:21	00:56:49.3	1989	10:52	01:11:13.4	02:08:02.8	9:36	02:06:01.1
1425	663/2646	108/435	2242	Katie Braun	F	26	Grand Island	NE	1461	9:14	01:04:51.3	1427	9:59	01:05:28.5	02:10:19.8	9:36	02:06:01.6
1426	763/1345	39/82	818	Claude Berreckman	M	57	Cozad	NE	1332	9:12	01:03:26.2	1458	10:01	01:05:42.5	02:09:08.7	9:36	02:06:01.6
1427	664/2646	54/227	689	Tina Meeske	F	49	Denton	NE	1645	9:32	01:07:20.3	1222	9:42	01:03:34.3	02:10:54.7	9:36	02:06:02.5
1428	665/2646	55/227	802	Carrie Henrichs	F	45	Lincoln	NE	1646	9:32	01:07:20.5	1220	9:42	01:03:34.1	02:10:54.7	9:36	02:06:02.5
1429	666/2646	141/460	951	Sara Schmidt	F	31	Malcolm	NE	1715	9:30	01:08:21.5	1244	9:43	01:03:45.1	02:12:06.7	9:37	02:06:03.9
1430	764/1345	128/205	2077	Michael Mason D'croz	M	30	Lincoln	NE	972	8:55	01:00:43.2	1628	10:19	01:07:35.3	02:08:18.6	9:37	02:06:04.9
1431	667/2646	146/486	992	Courtney Landon	F	35	Waverly	NE	1052	8:51	01:01:21.5	1686	10:23	01:08:04.6	02:09:26.2	9:37	02:06:06.9
1432	668/2646	34/154	996	Kathy Nelson	F	51	Bennet	NE	1552	9:16	01:06:07.2	1419	9:58	01:05:22.0	02:11:29.2	9:37	02:06:07.7
1433	765/1345	129/205	3891	Tyson Tilton	M	34	York	NE	1504	9:22	01:05:29.6	1354	9:52	01:04:44.0	02:10:13.6	9:37	02:06:08.4
1434	766/1345	64/135	858	Jano Madsen	M	46	Lincoln	NE	1808	9:39	01:09:05.9	1161	9:36	01:02:54.4	02:12:00.4	9:37	02:06:10.5
1435	669/2646	80/342	924	Tammie Mead	F	44	Syracuse	NE	2075	9:47	01:11:55.7	1066	9:28	01:02:05.3	02:14:01.1	9:37	02:06:10.6
1436	767/1345	130/205	1957	Tyler Morrison	M	31	Lincoln	NE	916	8:45	01:00:14.3	1767	10:30	01:08:50.6	02:09:04.9	9:37	02:06:15.3
1437	768/1345	118/183	5321	Isaac Welborn	M	26	Blair	NE	1440	8:56	01:04:41.2	1637	10:20	01:07:41.4	02:12:22.7	9:38	02:06:17.8
1438	670/2646	147/486	5042	Cheyenne Janssen	F	39	Lincoln	NE	1680	9:27	01:07:45.7	1310	9:49	01:04:22.6	02:12:08.3	9:38	02:06:18.9
1439	769/1345	131/205	4058	Roy Patterson	M	31	Omaha	NE	759	8:32	00:58:10.6	1932	10:45	01:10:25.4	02:08:36.1	9:38	02:06:20.7
1440	671/2646	142/460	5395	Michelle Sjuts	F	32	Lincoln	NE	1716	9:31	01:08:21.5	1267	9:45	01:03:55.9	02:12:17.5	9:38	02:06:21.2

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1441	770/1345	60/115	1182	Kurt Beck	M	51	Ne	NE	1649	9:26	01:07:22.5	1331	9:51	01:04:31.2	02:11:53.8	9:38	02:06:24.6
1442	672/2646	81/342	6136	Melissa Aksamit	F	44	Superior	NE	1825	9:34	01:09:16.7	1233	9:43	01:03:40.0	02:12:56.7	9:38	02:06:24.8
1443	771/1345	145/233	1674	Brandon Boldt	M	38	Lincoln	NE	1810	9:37	01:09:07.1	1200	9:40	01:03:24.4	02:12:31.5	9:38	02:06:25.8
1444	673/2646	56/227	6097	Jodi Andresen	F	45	Bennington	NE	1422	9:21	01:04:30.4	1402	9:56	01:05:08.8	02:09:39.3	9:38	02:06:27.1
1445	772/1345	132/205	1665	Matt Erb	M	31	Lincoln	NE	1269	8:45	01:02:58.8	1789	10:32	01:09:02.5	02:12:01.3	9:38	02:06:27.5
1446	674/2646	148/486	395	Jennifer Madson	F	37	Lincoln	NE	1124	8:57	01:01:52.5	1655	10:21	01:07:48.7	02:09:41.3	9:39	02:06:31.3
1447	773/1345	146/233	728	Steve Colonna	M	37	Lincoln	NE	1295	9:03	01:03:11.5	1590	10:15	01:07:12.6	02:10:24.2	9:39	02:06:31.8
1448	675/2646	57/227	5828	Cathy Anderson	F	49	Lincoln	NE	2181	9:41	01:13:07.1	1172	9:37	01:03:03.4	02:16:10.5	9:39	02:06:32.8
1449	676/2646	35/154	570	Susan Sisel	F	50	Dwight	NE	1310	9:32	01:03:17.9	1281	9:46	01:04:03.0	02:07:20.9	9:39	02:06:32.8
1450	677/2646	82/342	3386	Amy Jonas	F	43	Omaha	NE	1693	9:16	01:07:59.3	1465	10:02	01:05:48.1	02:13:47.4	9:39	02:06:33.2
1451	678/2646	143/460	1939	Miranda Watson	F	34	Lincoln	NE	1714	9:31	01:08:21.5	1287	9:47	01:04:08.9	02:12:30.4	9:39	02:06:33.7
1452	774/1345	104/192	2019	Chad Dustin	M	41	Lincoln	NE	1424	9:02	01:04:31.5	1602	10:16	01:07:18.2	02:11:49.8	9:39	02:06:34.0
1453	679/2646	54/308	3731	Jordan Strudl	F	23	Lincoln	NE	1725	9:18	01:08:24.3	1451	10:01	01:05:37.6	02:14:01.9	9:39	02:06:34.7
1454	680/2646	36/154	2294	Diane Brozek	F	52	Lincoln	NE	1710	9:44	01:08:18.8	1142	9:34	01:02:45.8	02:11:04.7	9:39	02:06:35.1
1455	681/2646	144/460	1393	Markay Cunningham	F	32	Lincoln	NE	1742	10:11	01:08:33.7	868	9:08	00:59:50.2	02:08:23.9	9:39	02:06:35.4
1456	682/2646	145/460	2340	Noel Holle	F	34	Lincoln	NE	1717	9:31	01:08:21.7	1290	9:47	01:04:09.7	02:12:31.5	9:39	02:06:35.6
1457	683/2646	149/486	4147	Christy Kreutzer	F	37	Hastings	NE	1515	9:11	01:05:37.8	1510	10:07	01:06:21.9	02:11:59.8	9:39	02:06:35.8
1458	684/2646	150/486	3206	Carin Van Pelt	F	38	Stanton	NE	1823	9:08	01:09:16.3	1554	10:11	01:06:48.4	02:16:04.7	9:39	02:06:38.2
1459	685/2646	26/79	4565	Anna Dubas	F	19	Omaha	NE	1432	9:12	01:04:38.5	1507	10:07	01:06:20.7	02:10:59.3	9:39	02:06:38.6
1460	686/2646	55/308	4567	Emma Dubas	F	20	Omaha	NE	1433	9:12	01:04:38.5	1508	10:07	01:06:20.8	02:10:59.4	9:39	02:06:38.7
1461	687/2646	109/435	3697	Hannah Moran	F	27	Hastings	NE	1718	9:17	01:08:21.9	1466	10:02	01:05:48.5	02:14:10.4	9:39	02:06:39.9
1462	688/2646	146/460	4877	Daniela Morales-Sanchez	F	34	Lincoln	NE	1838	9:35	01:09:24.2	1256	9:44	01:03:49.6	02:13:13.9	9:39	02:06:41.6
1463	689/2646	110/435	2227	Lauren Dyer	F	28	Martell	NE	1265	9:06	01:02:52.2	1575	10:14	01:07:03.2	02:09:55.5	9:40	02:06:43.6
1464	690/2646	58/227	985	Mary Tompkin	F	46	Fort Collins	CO	1198	8:52	01:02:23.7	1739	10:28	01:08:38.8	02:11:02.5	9:40	02:06:43.8
1465	691/2646	147/460	4557	Laurie Gyhra	F	33	Waverly	NE	1572	9:25	01:06:24.5	1390	9:55	01:05:01.1	02:11:25.7	9:40	02:06:44.5
1466	692/2646	59/227	3168	Sharon Labenz	F	49	Gretna	NE	1477	9:14	01:05:07.7	1500	10:06	01:06:14.0	02:11:21.7	9:40	02:06:47.0
1467	693/2646	11/81	970	Peg Ogea-Ginsburg	F	56	Lincoln	NE	1730	9:37	01:08:25.8	1246	9:44	01:03:45.8	02:12:11.6	9:40	02:06:48.8
1468	775/1345	40/82	1308	Mike Boshart	M	56	Lincoln	NE	1268	8:52	01:02:58.7	1751	10:29	01:08:43.5	02:11:42.3	9:40	02:06:49.0
1469	776/1345	5/14	1969	Blaine Johnson	M	66	York	NE	1240	9:01	01:02:45.8	1644	10:20	01:07:43.9	02:10:29.7	9:40	02:06:49.0
1470	694/2646	56/308	1841	Anna Schmidt	F	24	Lincoln	NE	1054	8:55	01:01:21.9	1706	10:25	01:08:19.6	02:09:41.5	9:40	02:06:49.4
1471	695/2646	83/342	3814	Teri Young	F	42	Kearney	NE	1641	9:31	01:07:18.4	1320	9:50	01:04:26.1	02:11:44.6	9:40	02:06:50.7
1472	696/2646	111/435	3124	Kari Radke	F	29	Kearney	NE	1643	9:31	01:07:19.3	1321	9:50	01:04:26.3	02:11:45.6	9:40	02:06:52.7
1473	697/2646	60/227	1185	Becky Sudik	F	49	Lincoln	NE	2003	9:50	01:11:04.5	1100	9:32	01:02:28.4	02:13:32.9	9:40	02:06:54.8
1474	777/1345	105/192	5252	Stephen Engel	M	41	Lincoln	NE	1129	8:55	01:01:53.7	1723	10:27	01:08:29.5	02:10:23.2	9:40	02:06:55.0
1475	778/1345	24/48	1349	David Peters	M	60	Omaha	NE	2004	9:50	01:11:04.7	1101	9:32	01:02:28.5	02:13:33.2	9:40	02:06:55.5
1476	779/1345	147/233	2339	J J Hansen	M	39	Omaha	NE	704	8:25	00:57:09.8	2044	10:57	01:11:43.7	02:08:53.5	9:40	02:06:55.5

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1477	780/1345	106/192	6200	Jerry Mitchell	M	41	Omaha	NE	1537	9:14	01:05:53.5	1514	10:08	01:06:24.9	02:12:18.5	9:41	02:07:00.1
1478	698/2646	57/308	6201	Alyssa Houston	F	22	West Point	IA	1366	9:03	01:03:44.8	1640	10:20	01:07:43.1	02:11:28.0	9:41	02:07:00.4
1479	699/2646	151/486	2300	Stephanie Bach	F	38	Bellevue	NE	976	8:55	01:00:46.7	1726	10:27	01:08:31.8	02:09:18.5	9:41	02:07:00.8
1480	700/2646	152/486	2629	Sally Bach	F	36	Lincoln	NE	977	8:55	01:00:46.7	1727	10:27	01:08:31.8	02:09:18.5	9:41	02:07:00.8
1481	701/2646	112/435	5363	Ashley Perkins	F	26	Omaha	NE	1463	9:11	01:04:52.3	1551	10:11	01:06:47.6	02:11:39.9	9:41	02:07:01.0
1482	702/2646	113/435	2712	Kelly Okerlund	F	28	Sioux Falls	SD	1786	9:33	01:08:52.6	1323	9:50	01:04:27.6	02:13:20.3	9:41	02:07:01.1
1483	703/2646	114/435	3413	Ann Mchale	F	26	Lincoln	NE	1774	9:35	01:08:44.7	1291	9:47	01:04:09.9	02:12:54.7	9:41	02:07:02.4
1484	781/1345	107/192	2970	Andy Perry	M	44	Auburn	NE	2493	9:56	01:16:18.1	1059	9:27	01:01:59.1	02:18:17.2	9:41	02:07:04.2
1485	782/1345	61/115	1114	Mike Lewis	M	51	Omaha	NE	1875	9:45	01:09:53.1	1183	9:38	01:03:08.6	02:13:01.7	9:41	02:07:04.6
1486	704/2646	58/308	6095	Morgan Ingram	F	24	Omaha	NE	1908	9:50	01:10:11.5	1120	9:33	01:02:37.2	02:12:48.8	9:41	02:07:06.3
1487	705/2646	84/342	6138	Jennifer Rose	F	42	Scott City	KS	1410	9:07	01:04:19.4	1607	10:16	01:07:21.3	02:11:40.7	9:41	02:07:06.4
1488	783/1345	62/115	2445	Kent Endacott	M	50	Lincoln	NE	1387	8:53	01:04:00.7	1773	10:30	01:08:51.5	02:12:52.3	9:41	02:07:06.6
1489	706/2646	59/308	1834	Kerry Schwarzlander	F	23	Omaha	NE	1666	9:14	01:07:34.7	1530	10:09	01:06:32.8	02:14:07.5	9:41	02:07:07.6
1490	707/2646	61/227	4843	Jessica Moya	F	46	Red Oak	IA	1751	9:38	01:08:37.8	1272	9:45	01:03:57.7	02:12:35.6	9:41	02:07:08.1
1491	708/2646	148/460	2643	Katie Bjorkman	F	30	Omaha	NE	1665	9:14	01:07:34.5	1532	10:09	01:06:33.4	02:14:07.9	9:41	02:07:08.2
1492	709/2646	12/81	1205	Kim Clouston	F	58	Lincoln	NE	1834	9:34	01:09:22.8	1318	9:50	01:04:25.5	02:13:48.3	9:41	02:07:08.6
1493	784/1345	108/192	5036	Tim Hahn	M	44	Lincoln	NE	2009	9:12	01:11:07.8	1555	10:12	01:06:48.6	02:17:56.4	9:41	02:07:08.9
1494	710/2646	153/486	4677	Jennifer Bennetts	F	39	Lincoln	NE	1538	9:20	01:05:54.8	1478	10:04	01:05:59.1	02:11:53.9	9:42	02:07:09.4
1495	785/1345	148/233	1811	Mark Lauby	M	36	Lincoln	NE	1781	9:35	01:08:49.6	1305	9:49	01:04:20.3	02:13:09.9	9:42	02:07:10.2
1496	711/2646	154/486	3316	Crystal Livingston	F	39	Lincoln	NE	1201	9:01	01:02:24.9	1689	10:23	01:08:06.4	02:10:31.3	9:42	02:07:10.9
1497	712/2646	115/435	3277	Kristin Webb	F	26	Omaha	NE	1967	9:37	01:10:47.3	1293	9:47	01:04:11.2	02:14:58.5	9:42	02:07:12.2
1498	713/2646	116/435	2496	Colby Jensen	F	27	Omaha	NE	1889	9:25	01:10:02.3	1431	10:00	01:05:30.7	02:15:33.1	9:42	02:07:12.3
1499	714/2646	6/49	308	Paulette Merrell	F	62	Bellevue	NE	1208	9:20	01:02:29.8	1483	10:05	01:06:03.0	02:08:32.8	9:42	02:07:12.9
1500	786/1345	7/16	2097	Jason Rathbone	M	14	Waverly	NE	1165	8:51	01:02:04.9	1806	10:33	01:09:09.2	02:11:14.2	9:42	02:07:13.3
1501	715/2646	117/435	2274	Sarah Standley	F	26	Lincon	NE	1472	9:24	01:04:59.9	1443	10:00	01:05:34.8	02:10:34.8	9:42	02:07:13.8
1502	716/2646	155/486	4785	Suzanne Coleman	F	36	Omaha	NE	1486	9:25	01:05:12.5	1434	10:00	01:05:31.3	02:10:43.9	9:42	02:07:15.0
1503	787/1345	65/135	4419	Jeffrey Wiens	M	45	York	NE	1001	8:57	01:01:01.8	1733	10:28	01:08:35.1	02:09:36.9	9:42	02:07:15.8
1504	788/1345	109/192	4420	Anthony Kreifels	M	41	York	NE	1002	8:57	01:01:01.8	1734	10:28	01:08:35.4	02:09:37.3	9:42	02:07:16.2
1505	789/1345	63/115	2008	Alan Eighme	M	53	Lincoln	NE	1789	9:35	01:08:53.5	1319	9:50	01:04:25.9	02:13:19.5	9:42	02:07:16.7
1506	790/1345	110/192	4955	Chris Stohs	M	40	Clive	IA	1374	9:04	01:03:52.5	1656	10:21	01:07:48.9	02:11:41.5	9:42	02:07:17.1
1507	717/2646	156/486	5175	Lynn Kleinmeyer	F	36	Plattsmouth	NE	988	8:56	01:00:53.6	1748	10:29	01:08:42.1	02:09:35.7	9:42	02:07:18.7
1508	791/1345	66/135	466	Vinnie Macklin	M	49	Lincoln	NE	1634	9:31	01:07:15.1	1374	9:54	01:04:54.3	02:12:09.4	9:42	02:07:19.8
1509	718/2646	157/486	1457	Kristin Runge	F	35	Lincoln	NE	1274	9:15	01:03:03.2	1548	10:11	01:06:43.5	02:09:46.8	9:43	02:07:23.8
1510	719/2646	149/460	5703	Jill Muegge	F	32	Elkhorn	NE	1594	9:29	01:06:37.7	1409	9:57	01:05:15.5	02:11:53.3	9:43	02:07:24.0
1511	720/2646	85/342	1999	Amy Helms	F	41	Waverly	NE	979	8:52	01:00:48.7	1813	10:34	01:09:14.2	02:10:02.9	9:43	02:07:24.2
1512	792/1345	64/115	3462	Damian Bricko	M	52	Lincoln	NE	1357	9:05	01:03:41.3	1657	10:21	01:07:49.4	02:11:30.8	9:43	02:07:25.1

The Good Life Halfsy

November 1, 2015

Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1513	721/2646	118/435	6088	Aimee Adams	F	28	Newman Grove	NE	2034	9:35	01:11:26.9	1341	9:51	01:04:37.5	02:16:04.4	9:43	02:07:25.2
1514	793/1345	111/192	3237	Jeffrey Morrnick	M	42	Grand Island	NE	1115	8:56	01:01:49.5	1769	10:30	01:08:50.7	02:10:40.3	9:43	02:07:26.4
1515	794/1345	149/233	2842	Dave Miller	M	36	Pittsburg	KS	1630	9:18	01:07:09.8	1521	10:08	01:06:28.7	02:13:38.5	9:43	02:07:27.9
1516	795/1345	150/233	2541	Justin Kurtzer	M	39	Lincoln	NE	1474	8:57	01:05:04.4	1756	10:30	01:08:46.5	02:13:50.9	9:43	02:07:29.3
1517	796/1345	151/233	4378	Rick Seamann	M	39	Lincoln	NE	1108	8:55	01:01:44.8	1800	10:32	01:09:04.9	02:10:49.8	9:43	02:07:29.9
1518	722/2646	27/79	237	Mara Franssen	F	16	Hastings	NE	1496	9:16	01:05:21.7	1556	10:12	01:06:49.6	02:12:11.3	9:43	02:07:34.4
1519	723/2646	86/342	533	Angela Harnly	F	40	Gretna	NE	1430	9:03	01:04:35.8	1696	10:25	01:08:14.8	02:12:50.6	9:44	02:07:36.4
1520	724/2646	158/486	1294	Angie Petersen	F	38	Gretna	NE	1431	9:03	01:04:35.8	1695	10:25	01:08:14.5	02:12:50.4	9:44	02:07:36.5
1521	725/2646	87/342	2547	Heather Mccain	F	40	Omaha	NE	1441	9:21	01:04:43.2	1505	10:07	01:06:17.9	02:11:01.2	9:44	02:07:36.8
1522	726/2646	37/154	524	Wenday Sorenson	F	50	Blair	NE	1799	9:29	01:08:57.9	1430	10:00	01:05:30.3	02:14:28.3	9:44	02:07:38.9
1523	727/2646	88/342	2115	Jill Gable	F	43	Lincoln	NE	1531	9:16	01:05:49.1	1561	10:12	01:06:52.3	02:12:41.4	9:44	02:07:39.1
1524	728/2646	119/435	1875	Andrea Rezac	F	26	Weston	NE	2218	9:45	01:13:34.6	1241	9:43	01:03:44.1	02:17:18.8	9:44	02:07:39.2
1525	729/2646	89/342	1085	Rachel Zahn	F	42	Syracuse	NE	1359	9:08	01:03:42.1	1642	10:20	01:07:43.3	02:11:25.5	9:44	02:07:39.2
1526	730/2646	90/342	6111	Lisa Charleston	F	43	Lincoln	NE	2022	9:34	01:11:18.5	1386	9:55	01:04:59.5	02:16:18.1	9:44	02:07:40.7
1527	797/1345	152/233	3899	Jeremy Shoemaker	M	37	Lincoln	NE	1297	9:07	01:03:13.1	1670	10:22	01:07:55.8	02:11:08.9	9:44	02:07:41.7
1528	798/1345	67/135	2542	Eric Holstein	M	46	Elkhorn	NE	1755	9:36	01:08:38.8	1355	9:53	01:04:44.7	02:13:23.5	9:44	02:07:42.2
1529	731/2646	91/342	729	Erin Colonna	F	40	Lincoln	NY	1293	9:03	01:03:11.1	1719	10:26	01:08:25.6	02:11:36.8	9:44	02:07:43.8
1530	799/1345	48/81	2422	Trenton Jakub	M	21	Bruno	NE	1304	9:01	01:03:16.6	1747	10:29	01:08:41.9	02:11:58.6	9:44	02:07:48.1
1531	732/2646	60/308	2404	Mckenzie Nielsen	F	20	Oxford	NE	1302	9:01	01:03:16.4	1744	10:29	01:08:41.5	02:11:57.9	9:44	02:07:48.2
1532	733/2646	150/460	5488	Sherry Ann Andrews	F	31	Bassett	NE	1215	9:15	01:02:36.7	1587	10:15	01:07:11.6	02:09:48.4	9:45	02:07:49.2
1533	734/2646	61/308	5953	Emily Barnes	F	23	Papillion	NE	1000	8:55	01:01:01.7	1822	10:35	01:09:19.4	02:10:21.2	9:45	02:07:49.3
1534	735/2646	92/342	3674	Staci Mueller	F	44	Columbus	NE	1953	9:43	01:10:34.9	1288	9:47	01:04:09.1	02:14:44.1	9:45	02:07:49.4
1535	736/2646	151/460	2320	Amy Schlichting	F	32	Lincoln	NE	1909	10:06	01:10:12.5	1022	9:24	01:01:36.1	02:11:48.7	9:45	02:07:50.4
1536	737/2646	152/460	3473	Jennifer Paskach	F	31	Omaha	NE	2261	9:38	01:13:57.1	1349	9:52	01:04:41.2	02:18:38.3	9:45	02:07:52.1
1537	738/2646	159/486	226	Jill Stohs	F	37	Lincoln	NE	1657	9:30	01:07:30.2	1447	10:00	01:05:36.4	02:13:06.6	9:45	02:07:52.7
1538	739/2646	62/308	4712	Sarah Krueger	F	20	Lincoln	NE	1614	9:28	01:06:57.6	1471	10:03	01:05:54.1	02:12:51.7	9:45	02:07:54.7
1539	740/2646	7/49	506	Janece Mollhoff	F	60	Ashland	NE	1734	9:43	01:08:27.6	1298	9:48	01:04:14.8	02:12:42.4	9:45	02:07:55.3
1540	800/1345	119/183	3211	Daniel Rubeck	M	25	Columbus	NE	1987	9:46	01:10:55.0	1271	9:45	01:03:57.5	02:14:52.5	9:45	02:07:57.5
1541	801/1345	112/192	5161	Chad Martin	M	41	Lincoln	NE	1687	9:17	01:07:53.2	1574	10:14	01:07:03.1	02:14:56.4	9:45	02:07:57.5
1542	802/1345	41/82	832	David Tuma	M	56	Omaha	NE	1329	9:03	01:03:24.6	1735	10:28	01:08:35.9	02:12:00.5	9:45	02:07:58.6
1543	741/2646	38/154	1830	Karen Green	F	54	Lincoln	NE	1731	9:37	01:08:26.2	1380	9:55	01:04:57.4	02:13:23.7	9:45	02:07:59.7
1544	742/2646	153/460	1417	Melissa James	F	30	Martell	NE	1155	8:54	01:02:01.9	1856	10:38	01:09:39.0	02:11:41.0	9:45	02:08:00.0
1545	743/2646	93/342	913	Tricia Faust	F	43	Columbus	NE	1949	9:43	01:10:33.5	1308	9:49	01:04:22.3	02:14:55.9	9:45	02:08:01.5
1546	803/1345	113/192	2417	Matthew Skretta	M	41	Lincoln	NE	1113	8:53	01:01:49.2	1876	10:39	01:09:47.2	02:11:36.5	9:46	02:08:03.3
1547	804/1345	114/192	2776	Greg Mousel	M	43	Juniata	NE	970	8:40	01:00:42.5	1988	10:52	01:11:12.1	02:11:54.7	9:46	02:08:04.5
1548	744/2646	63/308	6309	Elizabeth Dudley	F	24	Omaha	NE	842	8:36	00:59:29.8	2039	10:56	01:11:42.3	02:11:12.1	9:46	02:08:04.7

The Good Life Halfsy

November 1, 2015

Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1549	745/2646	154/460	1340	Kayce Armbrust	F	34	Lincoln	NE	1220	8:51	01:02:38.8	1908	10:42	01:10:07.5	02:12:46.3	9:46	02:08:05.5
1550	746/2646	28/79	4790	Sophie Miller	F	16	Lincoln	NE	1803	9:43	01:09:03.4	1316	9:50	01:04:24.5	02:13:27.9	9:46	02:08:06.1
1551	747/2646	62/227	1192	Theresa Huffman	F	48	Lincoln	NE	1762	9:39	01:08:40.6	1367	9:54	01:04:51.5	02:13:32.2	9:46	02:08:06.5
1552	748/2646	94/342	3978	Stacia Soderlin	F	41	Hallam	NE	1763	9:39	01:08:40.6	1368	9:54	01:04:51.6	02:13:32.2	9:46	02:08:06.8
1553	805/1345	26/30	4172	Shawn Hoffman	M	17	Ft. Leavenworth	KS	1691	9:03	01:07:57.1	1753	10:29	01:08:44.0	02:16:41.1	9:46	02:08:06.9
1554	806/1345	153/233	1083	Andy Voss	M	39	Lincoln	NE	1167	9:08	01:02:06.1	1701	10:25	01:08:17.7	02:10:23.8	9:46	02:08:07.6
1555	807/1345	42/82	1992	Chris Johnson	M	58	Omaha	NE	1930	9:51	01:10:24.5	1219	9:42	01:03:33.9	02:13:58.5	9:46	02:08:07.8
1556	749/2646	155/460	3602	Keri Bensheimer	F	32	Shubert	NE	1739	9:35	01:08:30.6	1418	9:58	01:05:21.6	02:13:52.3	9:46	02:08:08.8
1557	808/1345	154/233	4827	Daniel Weyer	M	38	Lincoln	NE	1161	8:56	01:02:03.7	1852	10:37	01:09:36.0	02:11:39.7	9:46	02:08:11.0
1558	750/2646	29/79	2853	Halle Knigge	F	16	Fairbury	NE	1639	9:32	01:07:17.5	1459	10:01	01:05:42.7	02:13:00.3	9:46	02:08:12.8
1559	751/2646	156/460	4335	Katherine Owens	F	32	Lincoln	NE	1475	9:05	01:05:05.2	1750	10:29	01:08:43.2	02:13:48.5	9:46	02:08:13.2
1560	752/2646	63/227	2583	Tina Deboer	F	46	Fairbury	NE	1638	9:32	01:07:17.3	1462	10:02	01:05:43.3	02:13:00.7	9:46	02:08:13.3
1561	753/2646	30/79	6139	Kaia Musgjerd	F	19	Omaha	NE	798	8:43	00:58:46.7	1979	10:50	01:11:03.6	02:09:50.4	9:46	02:08:14.5
1562	754/2646	64/308	4965	Kayla Timm	F	22	Omaha	NE	1897	9:24	01:10:06.3	1545	10:10	01:06:38.3	02:16:44.7	9:46	02:08:14.6
1563	809/1345	49/81	1285	Will Inamura	M	20	Lincoln	NE	1698	9:32	01:08:02.6	1463	10:02	01:05:46.3	02:13:48.9	9:46	02:08:14.7
1564	755/2646	95/342	830	Mandi Lucas	F	40	Firth	NE	1080	8:55	01:01:28.9	1884	10:40	01:09:52.8	02:11:21.8	9:47	02:08:17.8
1565	756/2646	120/435	5089	Kate Florian	F	25	Lincoln	NE	1816	9:47	01:09:10.5	1285	9:47	01:04:08.7	02:13:19.3	9:47	02:08:18.6
1566	757/2646	157/460	380	Lindsey Frohn	F	30	Lincoln	NE	1775	9:35	01:08:44.7	1425	9:59	01:05:26.9	02:14:11.7	9:47	02:08:19.5
1567	758/2646	64/227	1274	June Kleinschmidt	F	46	Grafton	NE	1787	9:25	01:08:52.8	1541	10:10	01:06:37.5	02:15:30.4	9:47	02:08:20.1
1568	759/2646	121/435	4395	Kara Walker	F	28	Lincoln	NE	1605	9:09	01:06:49.9	1713	10:26	01:08:21.7	02:15:11.7	9:47	02:08:20.3
1569	810/1345	115/192	1108	Matthew Pedersen	M	44	Omaha	NE	1986	9:43	01:10:54.9	1346	9:52	01:04:39.2	02:15:34.2	9:47	02:08:21.0
1570	811/1345	50/81	5490	Jacob Bergdolt	M	21	Gresham	OR	1514	9:16	01:05:36.4	1631	10:19	01:07:39.0	02:13:15.4	9:47	02:08:21.5
1571	760/2646	39/154	3715	Barb Geiger	F	50	Lincoln	NE	1744	9:44	01:08:34.3	1330	9:51	01:04:31.1	02:13:05.5	9:47	02:08:21.8
1572	812/1345	25/48	519	Joe Sweeney	M	62	Lincoln	NE	1626	9:26	01:07:04.7	1528	10:09	01:06:31.8	02:13:36.6	9:47	02:08:24.3
1573	761/2646	65/308	5267	Erin Schoonover	F	20	Lincoln	NE	797	8:42	00:58:46.7	2002	10:53	01:11:20.0	02:10:06.8	9:47	02:08:24.6
1574	762/2646	96/342	1319	Jenny Schlosser	F	40	Omaha	NE	1696	9:43	01:08:00.3	1359	9:53	01:04:45.5	02:12:45.9	9:47	02:08:27.0
1575	763/2646	97/342	3252	Brandi Haltom	F	44	Omaha	NE	1695	9:43	01:08:00.3	1358	9:53	01:04:45.4	02:12:45.8	9:47	02:08:27.4
1576	764/2646	158/460	4632	Taryn Rouse	F	34	Lincoln	NE	1393	9:09	01:04:06.4	1722	10:27	01:08:28.7	02:12:35.1	9:48	02:08:28.5
1577	813/1345	120/183	354	Matt Kuske	M	26	Lincoln	NE	874	8:41	00:59:42.3	2021	10:55	01:11:34.4	02:11:16.8	9:48	02:08:30.1
1578	814/1345	116/192	3924	Chris Bogus	M	43	Lincoln	NE	602	8:09	00:55:54.1	2318	11:27	01:15:03.4	02:10:57.5	9:48	02:08:30.6
1579	765/2646	122/435	4612	Lindsay Strong	F	25	Vermillion	SD	1963	9:48	01:10:44.1	1297	9:48	01:04:14.5	02:14:58.6	9:48	02:08:30.9
1580	766/2646	160/486	2778	Kristina Forch	F	37	Gretna	NE	823	8:40	00:59:10.2	2033	10:56	01:11:39.1	02:10:49.4	9:48	02:08:31.5
1581	767/2646	159/460	2993	Jaclyn Paulson	F	31	Sioux City	IA	1964	9:48	01:10:44.5	1299	9:48	01:04:15.0	02:14:59.5	9:48	02:08:31.5
1582	768/2646	160/460	4307	Christine Shearman	F	31	Lincoln	NE	1985	9:25	01:10:54.7	1549	10:11	01:06:44.5	02:17:39.3	9:48	02:08:31.6
1583	769/2646	161/486	1907	Cami Buel	F	38	Eagle	NE	1873	9:31	01:09:49.3	1489	10:05	01:06:05.4	02:15:54.7	9:48	02:08:31.9
1584	770/2646	162/486	5268	Pamela Steuter	F	37	Walton	NE	1390	9:16	01:04:04.8	1660	10:21	01:07:51.1	02:11:55.9	9:48	02:08:33.1

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1585	771/2646	40/154	1713	Mary Beth Holmes	F	50	Omaha	NE	1733	9:43	01:08:27.5	1372	9:54	01:04:52.6	02:13:20.2	9:48	02:08:36.9
1586	772/2646	13/81	2839	Kim Creech	F	59	Hastings	NE	1865	9:44	01:09:39.7	1376	9:54	01:04:55.6	02:14:35.4	9:48	02:08:40.9
1587	815/1345	26/48	460	Kevin Van Nostrand	M	63	Lincoln	NE	1764	9:03	01:08:40.6	1830	10:35	01:09:24.2	02:18:04.9	9:49	02:08:41.4
1588	773/2646	163/486	3759	Peggy Nelson	F	36	Thurston	NE	1777	9:33	01:08:45.9	1492	10:05	01:06:08.2	02:14:54.2	9:49	02:08:41.9
1589	774/2646	41/154	2925	Jan Heywood	F	52	Lincoln	NE	1321	9:05	01:03:21.3	1808	10:33	01:09:10.0	02:12:31.3	9:49	02:08:43.4
1590	775/2646	123/435	5541	Mckenzie Wright	F	27	Lincoln	NE	1231	8:52	01:02:41.8	1941	10:46	01:10:33.9	02:13:15.8	9:49	02:08:43.9
1591	776/2646	161/460	3250	Andrea Luedtke	F	30	Lincoln	NE	1330	9:05	01:03:25.3	1810	10:33	01:09:11.5	02:12:36.8	9:49	02:08:44.8
1592	777/2646	65/227	1120	Tiffany Beiermann	F	45	Lincoln	NE	1708	9:44	01:08:18.5	1377	9:54	01:04:56.3	02:13:14.8	9:49	02:08:45.4
1593	778/2646	162/460	2704	Jennifer Schrader	F	32	Lincoln	NE	1396	9:14	01:04:07.7	1699	10:25	01:08:16.4	02:12:24.2	9:49	02:08:46.2
1594	779/2646	66/227	2054	Kelly Brakenhoff	F	47	Lincoln	NE	2095	9:54	01:12:02.1	1264	9:45	01:03:55.4	02:15:57.5	9:49	02:08:46.7
1595	780/2646	163/460	3107	Nicole Abrahams	F	34	Omaha	NE	2212	9:45	01:13:30.2	1370	9:54	01:04:52.5	02:18:22.7	9:49	02:08:47.0
1596	781/2646	164/486	2310	Jennifer Brunke	F	35	Lincoln	NE	1745	9:41	01:08:34.7	1412	9:58	01:05:17.2	02:13:51.9	9:49	02:08:49.0
1597	782/2646	124/435	6003	Sandra Scott	F	29	Saint George	KS	1618	9:30	01:06:59.7	1525	10:09	01:06:31.1	02:13:30.8	9:49	02:08:49.1
1598	783/2646	125/435	2949	Lindsey Williams	F	29	Lincoln	NE	2411	10:10	01:15:38.8	1084	9:30	01:02:14.7	02:17:53.6	9:49	02:08:50.9
1599	816/1345	155/233	6122	Chad Mustard	M	38	Omaha	NE	1096	9:03	01:01:39.8	1842	10:36	01:09:30.4	02:11:10.3	9:49	02:08:51.8
1600	784/2646	98/342	3174	Brooke Hoefs	F	41	Lincoln	NE	1067	8:52	01:01:25.2	1958	10:48	01:10:44.5	02:12:09.8	9:49	02:08:52.8
1601	785/2646	99/342	2864	Raelena Oblinger	F	41	Wymore	NE	2236	10:06	01:13:43.4	1131	9:34	01:02:42.1	02:16:25.5	9:49	02:08:52.9
1602	786/2646	164/460	5106	Nicole Peterson	F	33	Elkhorn	NE	1423	9:13	01:04:31.2	1721	10:27	01:08:28.3	02:12:59.5	9:50	02:08:55.0
1603	817/1345	156/233	1188	Nick Baker	M	39	Omaha	NE	1860	9:29	01:09:36.2	1547	10:11	01:06:42.7	02:16:18.9	9:50	02:08:55.3
1604	818/1345	117/192	4094	Eric Chambers	M	41	Omaha	NE	2402	9:55	01:15:36.4	1259	9:45	01:03:53.3	02:19:29.7	9:50	02:08:55.9
1605	787/2646	165/460	4026	Abby Wells	F	34	Lincoln	NE	1820	9:41	01:09:11.8	1429	9:59	01:05:29.3	02:14:41.1	9:50	02:08:56.2
1606	819/1345	121/183	6071	Casey Prewitt	M	26	Omaha	NE	1595	9:15	01:06:39.3	1705	10:25	01:08:19.2	02:14:58.5	9:50	02:08:59.8
1607	820/1345	133/205	5823	Shane Hamilton	M	31	Valentine	NE	1443	9:11	01:04:43.8	1768	10:30	01:08:50.6	02:13:34.5	9:50	02:09:00.5
1608	788/2646	67/227	3613	Michelle Zahn	F	49	Syracuse	NE	1805	9:31	01:09:04.4	1540	10:10	01:06:36.9	02:15:41.4	9:50	02:09:00.8
1609	789/2646	66/308	5677	Marisol Herling	F	23	Lincoln	NE	1980	9:26	01:10:53.5	1591	10:15	01:07:13.7	02:18:07.3	9:50	02:09:01.1
1610	821/1345	68/135	2101	Craig Beiermann	M	45	Lincoln	NE	1382	9:05	01:03:58.4	1834	10:36	01:09:26.9	02:13:25.4	9:50	02:09:01.2
1611	790/2646	68/227	2634	Tamara Schmeling	F	46	Lincoln	NE	1493	9:26	01:05:19.5	1583	10:15	01:07:09.9	02:12:29.4	9:50	02:09:03.2
1612	791/2646	100/342	1199	Amy Fischer	F	42	Seward	NE	2094	10:01	01:12:01.8	1209	9:41	01:03:27.7	02:15:29.5	9:50	02:09:05.8
1613	792/2646	67/308	4980	Cortney Codr	F	24	Norfolk	NE	2128	9:42	01:12:19.7	1428	9:59	01:05:28.5	02:17:48.3	9:50	02:09:05.9
1614	793/2646	101/342	4929	Jessica Samuelson	F	40	Holdrege	NE	1574	9:19	01:06:24.9	1687	10:23	01:08:04.8	02:14:29.7	9:50	02:09:07.1
1615	822/1345	43/82	1220	Greg Prochazka	M	57	Lincoln	NE	1951	9:41	01:10:34.5	1450	10:01	01:05:37.2	02:16:11.8	9:50	02:09:07.1
1616	794/2646	31/79	5243	Stramel Amanda	F	16	Hastings	NE	1650	9:35	01:07:23.9	1506	10:07	01:06:20.3	02:13:44.2	9:50	02:09:07.2
1617	795/2646	165/486	4194	Lisa Ostendorf	F	37	Lincoln	NE	1767	9:33	01:08:42.3	1523	10:09	01:06:29.8	02:15:12.1	9:51	02:09:07.7
1618	796/2646	166/486	1474	Emily Woosley	F	37	Lincoln	NE	2518	9:47	01:16:35.4	1394	9:55	01:05:02.8	02:21:38.3	9:51	02:09:08.0
1619	823/1345	65/115	251	Chuck Parker	M	53	Lincoln	NE	1944	9:52	01:10:32.2	1329	9:50	01:04:30.6	02:15:02.9	9:51	02:09:12.9
1620	824/1345	69/135	456	Bryon Pickett	M	47	Lincoln	NE	1501	9:09	01:05:24.8	1812	10:33	01:09:12.2	02:14:37.1	9:51	02:09:13.6

The Good Life Haltsy

November 1, 2015

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1621	797/2646	167/486	573	Jenny Briseno	F	38	Lincoln	NE	1360	9:04	01:03:42.3	1881	10:39	01:09:51.7	02:13:34.1	9:51	02:09:15.2
1622	798/2646	32/79	5685	Whitney Tran	F	17	Lincoln	NE	2185	9:49	01:13:12.7	1379	9:55	01:04:57.2	02:18:09.9	9:51	02:09:15.5
1623	799/2646	68/308	1673	Ashley Peterson	F	24	Lincoln	NE	1125	8:53	01:01:52.5	1980	10:51	01:11:04.3	02:12:56.9	9:51	02:09:15.9
1624	800/2646	168/486	4523	Nikole Behrendt	F	35	Omaha	NE	1523	9:09	01:05:44.8	1819	10:34	01:09:18.6	02:15:03.4	9:51	02:09:15.9
1625	801/2646	169/486	4331	Lana Melroy	F	39	Omaha	NE	1520	9:09	01:05:44.6	1821	10:34	01:09:18.6	02:15:03.2	9:51	02:09:16.1
1626	802/2646	170/486	4330	Mindy Morrissey	F	36	La Vista	NE	1522	9:09	01:05:44.8	1820	10:34	01:09:18.6	02:15:03.4	9:51	02:09:16.8
1627	803/2646	171/486	1100	Sara Baird	F	35	Papillion	NE	1957	9:44	01:10:38.1	1442	10:00	01:05:34.7	02:16:12.8	9:52	02:09:21.9
1628	825/1345	118/192	2378	Eric Rempel	M	40	Palmyra	NE	1790	9:44	01:08:54.5	1448	10:01	01:05:36.9	02:14:31.5	9:52	02:09:22.3
1629	804/2646	172/486	2563	Joy Donaldson	F	35	Dakota Dunes	SD	1994	9:50	01:10:57.8	1378	9:54	01:04:56.9	02:15:54.7	9:52	02:09:23.5
1630	805/2646	102/342	2595	Joyce Fisher	F	44	Lincoln	NE	1915	9:27	01:10:15.6	1618	10:17	01:07:25.7	02:17:41.3	9:52	02:09:24.2
1631	806/2646	69/308	4894	Lauren Wilson	F	22	Alva	WY	1923	8:58	01:10:20.3	1947	10:47	01:10:38.5	02:20:58.9	9:52	02:09:24.4
1632	807/2646	14/81	2059	Stacy Riggins	F	56	Lawrence	KS	1381	9:06	01:03:57.8	1863	10:38	01:09:42.0	02:13:39.9	9:52	02:09:24.7
1633	808/2646	42/154	3634	Jayne Scofield	F	54	Lincoln	NE	1347	8:51	01:03:36.5	2006	10:53	01:11:21.1	02:14:57.6	9:52	02:09:25.1
1634	826/1345	119/192	1569	Travis Russell	M	44	Lincoln	NE	1924	9:45	01:10:21.5	1441	10:00	01:05:33.6	02:15:55.2	9:52	02:09:25.5
1635	827/1345	122/183	1347	Roger Cattle	M	26	Lincoln	NE	1318	9:00	01:03:20.5	1928	10:44	01:10:23.2	02:13:43.8	9:52	02:09:26.3
1636	828/1345	134/205	941	Chad Katzberg	M	34	Lincoln	NE	1505	9:18	01:05:31.3	1728	10:27	01:08:32.4	02:14:03.7	9:52	02:09:27.6
1637	809/2646	166/460	6325	Amanda Garringer	F	30	Kearney	NE	1893	9:50	01:10:04.1	1397	9:55	01:05:03.5	02:15:07.7	9:52	02:09:31.1
1638	829/1345	123/183	1624	Nate Johnsen	M	27	Omaha	NE	1566	9:08	01:06:22.2	1854	10:37	01:09:37.4	02:15:59.6	9:52	02:09:31.7
1639	810/2646	126/435	4745	Holly Devorss	F	28	Central City	NE	1400	8:59	01:04:10.1	1943	10:46	01:10:37.4	02:14:47.5	9:52	02:09:32.0
1640	811/2646	70/308	4146	Madison Noll	F	22	Lincoln	NE	1995	9:40	01:10:58.5	1494	10:06	01:06:10.9	02:17:09.5	9:52	02:09:33.3
1641	830/1345	120/192	5800	Matthew Finney	M	44	Council Bluffs	IA	2290	10:27	01:14:18.8	971	9:19	01:01:01.4	02:15:20.3	9:52	02:09:33.6
1642	812/2646	173/486	1952	Kayla Kontras	F	36	Lincoln	NE	1563	9:04	01:06:20.2	1906	10:41	01:10:04.6	02:16:24.8	9:53	02:09:33.6
1643	813/2646	103/342	2681	Heather Robbins	F	41	Lincoln	NE	1785	9:40	01:08:52.2	1495	10:06	01:06:11.6	02:15:03.9	9:53	02:09:36.0
1644	814/2646	174/486	1682	Ann Wyman	F	38	Omaha	NE	1867	9:41	01:09:41.3	1491	10:05	01:06:08.1	02:15:49.4	9:53	02:09:39.0
1645	831/1345	121/192	415	Shawn Carlson	M	40	Lincoln	NE	2359	9:58	01:15:12.8	1303	9:48	01:04:16.9	02:19:29.7	9:53	02:09:39.3
1646	815/2646	104/342	3859	Patrice Roth	F	43	Omaha	NE	1289	9:25	01:03:10.3	1667	10:22	01:07:55.1	02:11:05.4	9:53	02:09:41.9
1647	816/2646	167/460	5550	Angie Elrod	F	32	Lincoln	NE	1659	9:24	01:07:32.5	1679	10:23	01:08:02.1	02:15:34.7	9:53	02:09:42.0
1648	832/1345	122/192	3862	Mike Roth	M	43	Omaha	NE	1290	9:26	01:03:10.5	1665	10:22	01:07:54.7	02:11:05.3	9:53	02:09:42.1
1649	817/2646	127/435	4142	Alexandra Schutte	F	27	Omaha	NE	1235	8:58	01:02:43.8	1972	10:49	01:10:56.6	02:13:40.5	9:53	02:09:44.1
1650	818/2646	175/486	4372	Sara Axmann	F	39	Lincoln	NE	1528	9:13	01:05:47.4	1827	10:35	01:09:21.8	02:15:09.3	9:53	02:09:44.8
1651	819/2646	33/79	5558	Abigail Meter	F	19	Lincoln	NE	1546	9:11	01:06:00.3	1839	10:36	01:09:29.9	02:15:30.2	9:53	02:09:44.9
1652	820/2646	128/435	5557	Megan Quint	F	27	Lincoln	NE	1547	9:11	01:06:00.5	1838	10:36	01:09:29.7	02:15:30.2	9:53	02:09:45.3
1653	833/1345	135/205	555	Kevin Fuji	M	31	Omaha	NE	2114	10:01	01:12:10.6	1284	9:47	01:04:08.6	02:16:19.2	9:54	02:09:47.5
1654	821/2646	105/342	4086	Vizma Shaeffer	F	44	Lincoln	NE	1588	9:24	01:06:34.8	1694	10:24	01:08:10.6	02:14:45.4	9:54	02:09:49.1
1655	822/2646	168/460	5758	Kristen Stormer	F	32	Omaha	NE	1570	9:34	01:06:23.3	1579	10:14	01:07:05.0	02:13:28.3	9:54	02:09:49.4
1656	823/2646	169/460	3115	Michelle Jensen	F	33	Lincoln	NE	2116	9:37	01:12:11.1	1557	10:12	01:06:49.6	02:19:00.7	9:54	02:09:51.7

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1657	834/1345	51/81	4470	Ryan Kortus	M	24	Lincoln	NE	810	8:45	00:58:56.5	2121	11:04	01:12:34.1	02:11:30.7	9:54	02:09:54.5
1658	824/2646	129/435	4434	Megan Snell	F	29	Kansas City	MO	1503	9:22	01:05:27.8	1732	10:28	01:08:33.4	02:14:01.3	9:54	02:09:56.7
1659	825/2646	170/460	3926	Colleen Butterfield	F	34	Stanton	NE	2419	10:09	01:15:42.7	1202	9:40	01:03:24.7	02:19:07.4	9:54	02:09:57.0
1660	826/2646	106/342	1759	Anne Hemenway	F	41	Lincoln	NE	1313	9:08	01:03:18.5	1903	10:41	01:10:02.2	02:13:20.7	9:54	02:09:57.5
1661	827/2646	130/435	3777	Beth Hutchins	F	26	Omaha	NE	1796	9:44	01:08:56.5	1490	10:05	01:06:07.9	02:15:04.5	9:54	02:09:59.0
1662	835/1345	8/16	204	Kyle Babst	M	9	Wahoo	NE	2584	10:10	01:17:24.9	1198	9:40	01:03:22.5	02:20:47.4	9:55	02:10:01.0
1663	836/1345	66/115	3406	David Waver	M	54	Omaha	NE	1772	9:21	01:08:44.1	1745	10:29	01:08:41.6	02:17:25.7	9:55	02:10:01.0
1664	837/1345	123/192	414	Timothy Farmer	M	44	Lincoln	NE	1651	9:31	01:07:24.9	1636	10:20	01:07:41.3	02:15:06.2	9:55	02:10:02.1
1665	828/2646	176/486	789	Kirsten Licht	F	38	Lincoln	NE	2093	10:01	01:12:01.6	1313	9:49	01:04:23.6	02:16:25.2	9:55	02:10:03.4
1666	829/2646	171/460	1699	Brandee Bell	F	33	Lincoln	NE	2082	9:44	01:11:58.1	1499	10:06	01:06:13.8	02:18:11.9	9:55	02:10:04.5
1667	838/1345	157/233	5682	Brian O'hare	M	39	Crete	NE	1882	9:21	01:09:58.3	1772	10:30	01:08:51.2	02:18:49.5	9:55	02:10:06.2
1668	830/2646	177/486	675	Wendi Retzlaff	F	39	Eagle	NE	1070	8:58	01:01:26.3	1997	10:53	01:11:17.5	02:12:43.8	9:55	02:10:07.4
1669	839/1345	70/135	4969	Scott Tontegode	M	47	Lincoln	NE	1602	9:16	01:06:46.8	1828	10:35	01:09:22.1	02:16:08.9	9:55	02:10:08.4
1670	840/1345	71/135	2383	Mark Adams	M	46	Omaha	NE	1669	9:09	01:07:37.9	1915	10:43	01:10:12.7	02:17:50.6	9:55	02:10:10.5
1671	831/2646	172/460	3576	Lacey Deterding	F	32	Omaha	NE	1674	9:31	01:07:42.4	1652	10:20	01:07:47.2	02:15:29.7	9:55	02:10:10.9
1672	832/2646	173/460	3918	Shelley Mather	F	32	Lincoln	NE	1675	9:31	01:07:42.4	1653	10:20	01:07:47.3	02:15:29.8	9:55	02:10:11.4
1673	833/2646	174/460	5562	Jennifer Batko	F	32	Omaha	NE	1697	9:26	01:08:01.3	1704	10:25	01:08:18.8	02:16:20.1	9:55	02:10:12.0
1674	834/2646	15/81	441	Bonnie Engel	F	57	Lincoln	NE	1788	9:48	01:08:53.5	1485	10:05	01:06:03.1	02:14:56.7	9:56	02:10:15.2
1675	835/2646	178/486	6316	Holly Jorczak	F	36	Papillion	NE	1473	9:17	01:05:01.7	1829	10:35	01:09:24.0	02:14:25.8	9:56	02:10:16.8
1676	836/2646	71/308	4637	Hailie Sklenicka	F	20	Lincoln	NE	1849	9:37	01:09:28.5	1597	10:16	01:07:16.2	02:16:44.8	9:56	02:10:17.8
1677	837/2646	72/308	6077	Karalynn Hellbusch	F	22	Lincoln	NE	1088	8:58	01:01:35.2	2020	10:55	01:11:33.3	02:13:08.5	9:56	02:10:17.8
1678	838/2646	34/79	369	Maddy Royse	F	18	Lincoln	NE	1468	9:33	01:04:55.2	1633	10:20	01:07:41.1	02:12:36.4	9:56	02:10:19.7
1679	841/1345	67/115	4443	Greg Schleppenbach	M	51	Lincoln	NE	2242	9:53	01:13:48.1	1440	10:00	01:05:32.2	02:19:20.4	9:56	02:10:20.9
1680	839/2646	69/227	3709	Jacqueline Halbig Von Sch	F	46	Lincoln	NE	2245	9:53	01:13:48.5	1438	10:00	01:05:32.1	02:19:20.7	9:56	02:10:21.5
1681	840/2646	175/460	5551	Carissa Hansen	F	30	Pender	NE	1660	9:24	01:07:32.6	1746	10:29	01:08:41.7	02:16:14.4	9:56	02:10:22.0
1682	841/2646	176/460	5948	Kindra Engel	F	30	Lincoln	NE	2273	9:58	01:14:02.6	1389	9:55	01:05:00.8	02:19:03.5	9:56	02:10:23.3
1683	842/2646	177/460	5014	Carolyn Buckley	F	34	Bennington	NE	1298	8:56	01:03:13.5	2050	10:57	01:11:47.2	02:15:00.8	9:56	02:10:23.4
1684	842/1345	158/233	6134	David Darling	M	36	Waverly	NE	1370	9:13	01:03:46.3	1896	10:40	01:09:58.1	02:13:44.4	9:56	02:10:25.3
1685	843/2646	107/342	2518	Kim Riggs	F	42	Lincoln	NE	1027	8:57	01:01:13.8	2046	10:57	01:11:44.9	02:12:58.7	9:57	02:10:27.1
1686	844/2646	131/435	6204	Devan Barnes	F	27	Arcadia	NE	1843	9:39	01:09:25.5	1595	10:16	01:07:15.9	02:16:41.5	9:57	02:10:29.8
1687	843/1345	159/233	5496	Gary Riibe	M	36	Dakota Dunes	SD	1587	9:01	01:06:34.5	2013	10:54	01:11:25.9	02:18:00.5	9:57	02:10:30.8
1688	844/1345	44/82	653	Mark Olson	M	55	Lincoln	NE	2033	9:38	01:11:26.7	1613	10:17	01:07:23.1	02:18:49.9	9:57	02:10:30.9
1689	845/1345	72/135	252	Ron Murphy	M	49	Lincoln	NE	1942	9:52	01:10:31.7	1470	10:03	01:05:51.9	02:16:23.6	9:57	02:10:31.2
1690	846/1345	124/183	840	Taylor Weichman	M	29	Madison	WI	1720	9:34	01:08:22.8	1651	10:20	01:07:46.9	02:16:09.8	9:57	02:10:31.8
1691	847/1345	68/115	3233	Bill McClure	M	54	Lincoln	NE	1034	8:53	01:01:16.7	2090	11:02	01:12:16.4	02:13:33.1	9:57	02:10:31.9
1692	845/2646	132/435	4875	Amy Pandorf	F	28	Lincoln	NE	1837	9:37	01:09:23.3	1621	10:17	01:07:26.9	02:16:50.2	9:57	02:10:32.1

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Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1693	846/2646	178/460	1154	Katie Zulkoski	F	33	Lincoln	NE	1722	9:34	01:08:23.3	1654	10:20	01:07:47.5	02:16:10.8	9:57	02:10:32.2
1694	848/1345	125/183	5844	Nate Wilder	M	25	Lincoln	NE	1833	9:37	01:09:22.8	1623	10:17	01:07:27.8	02:16:50.6	9:57	02:10:32.9
1695	847/2646	179/486	3476	Christina Mollo	F	36	Greenwood	NE	1784	9:41	01:08:52.2	1580	10:14	01:07:07.6	02:15:59.8	9:57	02:10:34.6
1696	848/2646	8/49	3361	Joyce Stack	F	61	North Platte	NE	1676	9:24	01:07:43.3	1787	10:32	01:09:00.2	02:16:43.5	9:57	02:10:36.8
1697	849/1345	126/183	2218	Ricky Thompson Iii	M	26	Omaha	NE	2251	9:51	01:13:51.8	1480	10:04	01:06:00.0	02:19:51.9	9:57	02:10:36.9
1698	850/1345	6/14	771	Bob Torell	M	65	Lincoln	NE	2055	9:54	01:11:40.2	1457	10:01	01:05:42.3	02:17:22.5	9:57	02:10:36.9
1699	849/2646	179/460	3535	Laura Sherwood	F	31	Aurora	NE	1970	9:41	01:10:48.9	1585	10:15	01:07:11.1	02:18:00.1	9:57	02:10:37.4
1700	850/2646	133/435	2215	Jessica Chavez Thompson	F	26	Omaha	NE	2247	9:51	01:13:51.3	1481	10:04	01:06:00.3	02:19:51.7	9:57	02:10:37.5
1701	851/1345	73/135	3085	David Niemann	M	48	Lincoln	NE	2183	9:47	01:13:08.6	1518	10:08	01:06:27.0	02:19:35.6	9:57	02:10:37.9
1702	851/2646	43/154	637	Karen Watermeier	F	53	Lincoln	NE	2053	9:54	01:11:39.8	1464	10:02	01:05:46.4	02:17:26.3	9:57	02:10:38.7
1703	852/1345	124/192	3350	Joe Hylak	M	44	Lavista	NE	1917	9:33	01:10:16.3	1685	10:23	01:08:04.1	02:18:20.4	9:57	02:10:39.1
1704	853/1345	125/192	1882	D J Hawke	M	41	Hickman	NE	1894	9:02	01:10:04.5	2014	10:54	01:11:28.2	02:21:32.8	9:58	02:10:39.6
1705	852/2646	180/486	2116	Sara Drueke	F	38	Lincoln	NE	1988	9:33	01:10:55.1	1681	10:23	01:08:02.6	02:18:57.7	9:58	02:10:40.3
1706	853/2646	73/308	4670	Emily Albin	F	23	Omaha	NE	1729	9:34	01:08:25.6	1683	10:23	01:08:03.1	02:16:28.7	9:58	02:10:43.0
1707	854/1345	126/192	229	Todd Pickering	M	43	Kearney	NE	1795	9:18	01:08:55.9	1872	10:39	01:09:45.8	02:18:41.8	9:58	02:10:44.3
1708	855/1345	52/81	1534	Shane Watteyne	M	20	Lincoln	NE	790	8:39	00:58:41.2	2245	11:18	01:14:07.3	02:12:48.6	9:58	02:10:50.4
1709	856/1345	136/205	271	Thomas Jones	M	30	Omaha	NE	953	8:54	01:00:36.7	2107	11:03	01:12:27.1	02:13:03.8	9:58	02:10:50.9
1710	857/1345	137/205	270	Josh Pryor	M	30	La Vista	NE	971	8:55	01:00:43.2	2097	11:02	01:12:20.9	02:13:04.2	9:58	02:10:51.5
1711	854/2646	181/486	1871	Mindy Dustin	F	39	Lincoln	NE	1426	9:03	01:04:32.2	2028	10:55	01:11:36.5	02:16:08.8	9:59	02:10:53.3
1712	855/2646	44/154	5598	Judy Dittmar	F	52	Gretna	NE	1961	9:32	01:10:40.2	1717	10:26	01:08:24.5	02:19:04.7	9:59	02:10:55.5
1713	858/1345	127/192	4682	Harley Scott	M	44	Funk	NE	1073	8:50	01:01:26.7	2166	11:08	01:13:01.2	02:14:27.9	9:59	02:10:55.7
1714	856/2646	134/435	2349	Anna Brownell	F	25	Lincoln	NE	1412	9:29	01:04:22.3	1765	10:30	01:08:48.8	02:13:11.1	9:59	02:10:57.0
1715	857/2646	74/308	4983	Sarah Payich	F	23	Omaha	NE	2032	9:36	01:11:26.3	1676	10:23	01:08:00.9	02:19:27.2	9:59	02:10:57.3
1716	858/2646	180/460	5232	Shawnelle Anderson	F	32	Minden	NE	1973	9:44	01:10:50.8	1581	10:15	01:07:08.3	02:17:59.2	9:59	02:10:57.5
1717	859/2646	75/308	1481	Haley Gloe	F	23	Lincoln	NE	1972	9:32	01:10:49.6	1718	10:26	01:08:24.9	02:19:14.5	9:59	02:10:57.8
1718	860/2646	182/486	2827	Amy Clark	F	35	Lincoln	NE	2078	9:50	01:11:56.5	1522	10:09	01:06:29.2	02:18:25.8	9:59	02:10:57.8
1719	861/2646	7/13	5635	Layla Buresh	F	12	Lincoln	NE	2343	10:14	01:15:03.6	1258	9:45	01:03:53.2	02:18:56.8	9:59	02:10:58.0
1720	862/2646	70/227	2848	Sheri Widler	F	45	Plattsmouth	NE	1625	9:23	01:07:03.5	1841	10:36	01:09:30.1	02:16:33.7	9:59	02:10:58.0
1721	863/2646	108/342	6211	Stefanie Chvatal	F	41	Wahoo	NE	1943	9:39	01:10:31.8	1646	10:20	01:07:45.4	02:18:17.2	9:59	02:10:59.3
1722	864/2646	181/460	1722	Shelley Palensky	F	34	Ceresco	NE	1941	9:39	01:10:31.6	1649	10:20	01:07:45.6	02:18:17.2	9:59	02:10:59.9
1723	865/2646	135/435	2043	Emily Ferguson	F	26	Lincoln	NE	1395	9:21	01:04:07.4	1855	10:38	01:09:39.0	02:13:46.5	9:59	02:11:00.1
1724	859/1345	138/205	1295	Mathias Wendeln	M	32	Beatrice	NE	2174	9:37	01:13:01.1	1671	10:22	01:07:56.4	02:20:57.5	9:59	02:11:01.8
1725	866/2646	182/460	1755	Patricia Miller	F	30	Omaha	NE	1713	9:48	01:08:19.7	1550	10:11	01:06:45.8	02:15:05.6	9:59	02:11:02.9
1726	867/2646	9/49	1063	Nancy Vankirk	F	63	Lincoln	NE	1836	9:34	01:09:23.2	1709	10:26	01:08:20.3	02:17:43.5	9:59	02:11:04.4
1727	868/2646	76/308	6161	Amanda Schaefer	F	24	Sioux Falls	SD	2177	9:43	01:13:04.1	1619	10:17	01:07:25.7	02:20:29.9	10:00	02:11:05.6
1728	869/2646	109/342	3860	Amy Masek	F	43	Omaha	NE	1291		01:03:10.7	1669	10:22	01:07:55.4	02:11:06.2	10:00	02:11:06.2

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Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1729	870/2646	10/49	2859	Patricia Weber	F	62	Omaha	NE	1592	9:28	01:06:36.3	1795	10:32	01:09:03.4	02:15:39.7	10:00	02:11:09.1
1730	871/2646	77/308	958	Katelyn Schoneweis	F	20	Beatrice	NE	2089	9:49	01:12:00.9	1562	10:12	01:06:52.5	02:18:53.4	10:00	02:11:10.8
1731	860/1345	53/81	3625	Ryan Jensen	M	21	Blair	NE	2088	9:49	01:12:00.7	1564	10:12	01:06:52.9	02:18:53.6	10:00	02:11:11.3
1732	861/1345	27/48	697	Louis Hedlund	M	61	Lincoln	NE	1726	9:30	01:08:24.5	1778	10:31	01:08:54.0	02:17:18.6	10:00	02:11:12.0
1733	872/2646	78/308	2026	Anna Hedlund	F	22	Lincoln	NE	1727	9:30	01:08:24.8	1777	10:31	01:08:53.7	02:17:18.5	10:00	02:11:13.2
1734	862/1345	74/135	893	Vino Rodriguez	M	45	Lincoln	NE	2452	10:14	01:16:00.8	1286	9:47	01:04:08.7	02:20:09.6	10:00	02:11:15.2
1735	873/2646	45/154	749	Kelley Peterson	F	50	Eagle	NE	1991	9:42	01:10:56.6	1650	10:20	01:07:46.1	02:18:42.7	10:01	02:11:19.0
1736	863/1345	75/135	668	Keith Richert	M	45	Gresham	NE	2416	9:54	01:15:42.3	1515	10:08	01:06:25.4	02:22:07.7	10:01	02:11:19.5
1737	874/2646	11/49	2721	Joan Scheel	F	61	Lincoln	NE	1749	9:36	01:08:37.4	1712	10:26	01:08:21.5	02:16:58.9	10:01	02:11:20.3
1738	875/2646	71/227	911	Kati Odbert	F	46	Columbus	NE	1950	9:43	01:10:34.3	1634	10:20	01:07:41.1	02:18:15.4	10:01	02:11:21.6
1739	876/2646	183/460	6016	Errin Nelson	F	31	Broken Bow	NE	1667	9:35	01:07:35.9	1731	10:27	01:08:33.2	02:16:09.2	10:01	02:11:23.3
1740	864/1345	127/183	263	Darin Russell	M	29	Lincoln	NE	2043	9:48	01:11:30.8	1584	10:15	01:07:10.9	02:18:41.8	10:01	02:11:23.3
1741	877/2646	110/342	2989	Kasey Breinig	F	41	Kearney	NE	1847	9:41	01:09:27.7	1663	10:21	01:07:54.0	02:17:21.7	10:01	02:11:24.3
1742	878/2646	111/342	483	Barb Chmelka	F	44	Lincoln	NE	2052	9:54	01:11:39.8	1529	10:09	01:06:31.9	02:18:11.8	10:01	02:11:26.3
1743	879/2646	136/435	3721	Nicole Babst	F	29	Wahoo	NE	2585	10:10	01:17:25.1	1363	9:53	01:04:49.7	02:22:14.8	10:01	02:11:28.2
1744	880/2646	137/435	6119	Ashley Rinke	F	25	Lincoln	NE	2041	9:29	01:11:30.3	1823	10:35	01:09:20.4	02:20:50.8	10:01	02:11:29.0
1745	881/2646	184/460	1517	Allie Heins	F	33	Lincoln	NE	1737	9:19	01:08:30.3	1930	10:44	01:10:24.4	02:18:54.8	10:01	02:11:29.5
1746	865/1345	45/82	4410	Steve Comfort	M	56	Lincoln	NE	2194	9:47	01:13:16.1	1617	10:17	01:07:25.6	02:20:41.7	10:02	02:11:34.5
1747	866/1345	139/205	6274	Jon Ruyle	M	33	Kearney	NE	1802	9:28	01:09:02.5	1840	10:36	01:09:30.1	02:18:32.7	10:02	02:11:37.0
1748	882/2646	183/486	4477	Amy Bock	F	39	Hickman	NE	2306	10:07	01:14:34.1	1417	9:58	01:05:20.8	02:19:54.9	10:02	02:11:37.2
1749	883/2646	112/342	1004	Kari Hatcliff	F	40	Lincoln	NE	1627	9:32	01:07:07.8	1805	10:33	01:09:07.9	02:16:15.7	10:02	02:11:37.5
1750	884/2646	138/435	811	Carissa Castro	F	29	Blair	NE	2036	9:27	01:11:28.1	1858	10:38	01:09:39.4	02:21:07.6	10:02	02:11:38.4
1751	885/2646	184/486	1260	Melinda Bentjen	F	36	Waverly	NE	1831	9:42	01:09:21.5	1680	10:23	01:08:02.1	02:17:23.7	10:02	02:11:39.2
1752	886/2646	113/342	5131	Amy Strelko	F	41	Arlington	NE	1918	9:41	01:10:16.8	1693	10:24	01:08:09.6	02:18:26.4	10:02	02:11:40.7
1753	867/1345	160/233	3099	Brad Bentjen	M	35	Waverly	NE	1832	9:42	01:09:22.6	1682	10:23	01:08:03.1	02:17:25.7	10:02	02:11:41.3
1754	887/2646	185/460	1588	Joanne Rosenbaugh	F	30	Lincoln	NE	1243	9:18	01:02:46.5	1960	10:48	01:10:48.9	02:13:35.5	10:02	02:11:44.1
1755	868/1345	76/135	4564	Dennis Heuke	M	48	Lincoln	NE	1664	9:26	01:07:33.3	1882	10:40	01:09:52.6	02:17:25.9	10:02	02:11:44.5
1756	888/2646	186/460	5482	Brittany Schmit	F	31	Bellwood	NE	2101	9:57	01:12:04.8	1534	10:09	01:06:33.9	02:18:38.7	10:03	02:11:45.0
1757	889/2646	187/460	5580	Rozlyn Hoelsing	F	34	Lincoln	NE	1403	9:20	01:04:12.9	1938	10:46	01:10:33.2	02:14:46.1	10:03	02:11:45.2
1758	890/2646	46/154	6090	Martha Roe	F	53	Mccook	NE	2056	9:57	01:11:40.8	1524	10:09	01:06:30.2	02:18:11.1	10:03	02:11:46.6
1759	891/2646	188/460	5010	Kristen Jackson	F	33	Council Bluffs	IA	980	9:03	01:00:49.1	2112	11:04	01:12:29.3	02:13:18.4	10:03	02:11:46.8
1760	869/1345	69/115	5873	Brian Bossard	M	54	Lincoln	NE	1455	8:54	01:04:49.6	2199	11:12	01:13:23.6	02:18:13.2	10:03	02:11:47.0
1761	870/1345	161/233	4718	Clay Siefken	M	35	Bennet	NE	2117	9:34	01:12:11.8	1792	10:32	01:09:03.1	02:21:14.9	10:03	02:11:47.2
1762	871/1345	77/135	4700	Matt Coakley	M	48	Wahoo	NE	1483	9:11	01:05:09.5	2027	10:55	01:11:36.2	02:16:45.8	10:03	02:11:48.4
1763	892/2646	114/342	3927	Mikiko Oka	F	41	Lincoln	NE	1817	9:41	01:09:10.8	1707	10:25	01:08:19.7	02:17:30.5	10:03	02:11:48.8
1764	872/1345	78/135	1508	Jim Baumann	M	49	Hickman	NE	1577	9:32	01:06:26.5	1825	10:35	01:09:20.9	02:15:47.5	10:03	02:11:49.3

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1765	893/2646	47/154	5642	Vicki Merkle	F	54	Lincoln	NE	1351	9:02	01:03:37.8	2124	11:05	01:12:35.9	02:16:13.7	10:03	02:11:49.7
1766	894/2646	79/308	5774	Tessa Stuart	F	20	Columbus	NE	1965	9:31	01:10:45.7	1844	10:36	01:09:31.2	02:20:16.9	10:03	02:11:51.4
1767	873/1345	79/135	1979	Marty Walter	M	48	Lincoln	NE	1427	9:20	01:04:33.5	1956	10:47	01:10:43.0	02:15:16.5	10:03	02:11:53.2
1768	874/1345	70/115	4465	Doug Durham	M	50	Lincoln	NE	2209	9:59	01:13:29.2	1511	10:08	01:06:23.9	02:19:53.1	10:03	02:11:53.3
1769	895/2646	16/81	2185	Patti Fusselman	F	57	Lincoln	NE	1686	9:51	01:07:52.3	1609	10:17	01:07:21.9	02:15:14.3	10:03	02:11:53.6
1770	896/2646	115/342	202	Melissa Hayes	F	43	Lincoln	NE	2208	9:59	01:13:29.2	1513	10:08	01:06:24.1	02:19:53.3	10:03	02:11:53.8
1771	875/1345	128/183	5468	Justin Carter	M	25	Hemingford	NE	975	8:38	01:00:45.4	2340	11:29	01:15:17.2	02:16:02.7	10:03	02:11:54.4
1772	876/1345	54/81	4314	Ryan Messman	M	24	Beatrice	NE	1234	8:51	01:02:43.2	2227	11:16	01:13:52.3	02:16:35.6	10:03	02:11:55.4
1773	897/2646	185/486	1893	Nikki Kopetzky	F	35	Lincoln	NE	1502	9:26	01:05:26.6	1909	10:42	01:10:09.2	02:15:35.9	10:03	02:11:56.5
1774	898/2646	139/435	4212	Taylor Herrington	F	25	Lincoln	NE	2313	10:01	01:14:38.8	1504	10:07	01:06:17.9	02:20:56.7	10:03	02:11:56.8
1775	899/2646	12/49	1398	Donna Shear	F	60	Lincoln	NE	1793	9:35	01:08:55.5	1809	10:33	01:09:11.2	02:18:06.7	10:04	02:11:59.4
1776	900/2646	186/486	2675	Robin Haynes	F	37	Columbus	NE	1821	9:51	01:09:14.2	1624	10:17	01:07:27.8	02:16:42.1	10:04	02:11:59.4
1777	877/1345	128/192	390	Brad Buresh	M	40	Lincoln	NE	2347	10:14	01:15:05.9	1371	9:54	01:04:52.6	02:19:58.5	10:04	02:11:59.6
1778	901/2646	187/486	389	Jen Buresh	F	36	Lincoln	NE	2344	10:14	01:15:04.8	1373	9:54	01:04:53.9	02:19:58.8	10:04	02:12:00.6
1779	902/2646	116/342	4914	Joy Veylupek	F	42	Omaha	NE	1841	9:24	01:09:25.4	1929	10:44	01:10:23.3	02:19:48.8	10:04	02:12:01.2
1780	903/2646	189/460	2585	Natalie Graiver	F	31	Ann Arbor	MI	2112	10:02	01:12:08.5	1498	10:06	01:06:12.7	02:18:21.3	10:04	02:12:02.1
1781	904/2646	80/308	4553	Jordan Alexander	F	23	Wayne	NE	2090	10:00	01:12:01.1	1520	10:08	01:06:28.5	02:18:29.6	10:04	02:12:02.9
1782	905/2646	190/460	5399	Susan Ely	F	33	Bellevue	NE	1792	9:51	01:08:54.8	1625	10:18	01:07:31.8	02:16:26.7	10:04	02:12:05.1
1783	906/2646	140/435	6280	Stephanie Brozek	F	29	Bellevue	NE	1791	9:51	01:08:54.7	1626	10:18	01:07:33.0	02:16:27.7	10:04	02:12:06.0
1784	907/2646	141/435	4318	Rachel Cogan	F	26	Omaha	NE	1765	9:26	01:08:41.2	1922	10:43	01:10:16.4	02:18:57.7	10:04	02:12:06.5
1785	878/1345	129/183	4120	Andrew Hill	M	28	Lincoln	NE	1094	8:56	01:01:39.1	2211	11:13	01:13:32.4	02:15:11.5	10:04	02:12:07.3
1786	879/1345	130/183	5087	Dustin Florian	M	29	Lincoln	NE	1954	9:39	01:10:35.7	1776	10:30	01:08:52.3	02:19:28.1	10:04	02:12:07.3
1787	908/2646	142/435	5700	Shani Daws	F	26	Lincoln	NE	2031	9:56	01:11:25.5	1571	10:13	01:07:00.6	02:18:26.1	10:04	02:12:07.3
1788	909/2646	143/435	2061	Laura Thompson	F	26	Wahoo	NE	1540	9:29	01:05:56.3	1901	10:41	01:10:01.0	02:15:57.4	10:04	02:12:08.2
1789	880/1345	28/48	768	Jim Peter	M	63	Lincoln	NE	2115	9:58	01:12:10.8	1560	10:12	01:06:51.4	02:19:02.3	10:04	02:12:09.3
1790	910/2646	81/308	6262	Erin Moore	F	20	Lincoln	NE	2401	10:00	01:15:36.1	1537	10:10	01:06:36.2	02:22:12.3	10:04	02:12:10.1
1791	911/2646	188/486	1072	Libby Oliver	F	37	Lincoln	NE	1061	9:06	01:01:23.8	2114	11:04	01:12:30.1	02:13:53.9	10:04	02:12:10.8
1792	912/2646	189/486	3984	Annie Leishman-Barb	F	37	Elkhorn	NE	1848	9:53	01:09:28.3	1614	10:17	01:07:23.6	02:16:51.9	10:05	02:12:13.0
1793	913/2646	144/435	546	Christine Ritta	F	25	La Vista	NE	1480	9:21	01:05:08.5	1967	10:49	01:10:54.2	02:16:02.8	10:05	02:12:13.8
1794	914/2646	35/79	5387	Lauren Petersen	F	18	Papillion	NE	2111	9:48	01:12:07.8	1673	10:22	01:08:00.0	02:20:07.8	10:05	02:12:14.6
1795	881/1345	162/233	2260	Shawn Hostetler	M	38	Pickrell	NE	920	8:47	01:00:17.1	2290	11:24	01:14:40.3	02:14:57.5	10:05	02:12:14.8
1796	915/2646	145/435	2367	Lauren Hellman	F	28	Bennington	NE	1976	9:32	01:10:52.2	1866	10:38	01:09:44.2	02:20:36.5	10:05	02:12:15.3
1797	916/2646	72/227	2009	Theresa Brown	F	48	Elmwood	NE	2105	9:58	01:12:05.3	1570	10:13	01:06:58.8	02:19:04.1	10:05	02:12:18.7
1798	917/2646	117/342	4672	Melanie Reinke	F	41	Walton	NE	2072	9:31	01:11:53.3	1889	10:40	01:09:55.5	02:21:48.9	10:05	02:12:19.5
1799	918/2646	190/486	2288	Maria Andersen	F	39	Gothenburg	NE	1998	9:37	01:11:00.3	1814	10:34	01:09:14.2	02:20:14.5	10:05	02:12:19.7
1800	919/2646	118/342	617	Tova Rathbone	F	44	Waverly	NE	2203	10:02	01:13:21.6	1536	10:10	01:06:35.8	02:19:57.4	10:05	02:12:20.9

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1801	920/2646	17/81	2802	Geralyn Greer	F	56	Harlan	IA	1654	9:25	01:07:27.5	1942	10:46	01:10:34.6	02:18:02.2	10:05	02:12:21.1
1802	921/2646	119/342	687	Emily Williams	F	40	Lincoln	NE	1684	9:33	01:07:49.8	1868	10:38	01:09:44.6	02:17:34.4	10:05	02:12:21.3
1803	922/2646	120/342	5002	Georgina Hueske	F	44	Hastings	NE	1529	9:21	01:05:48.5	1976	10:50	01:11:02.9	02:16:51.4	10:05	02:12:21.5
1804	882/1345	129/192	1056	Jamie Ramaekers	M	43	Lincoln	NE	1928	9:49	01:10:23.9	1677	10:23	01:08:00.9	02:18:24.9	10:05	02:12:23.5
1805	883/1345	163/233	4328	Michael Tracy	M	36	Lincoln	NE	2624	10:11	01:17:46.8	1455	10:01	01:05:39.8	02:23:26.6	10:05	02:12:23.8
1806	923/2646	191/486	3056	Jami Bergen	F	36	Sutton	NE	2152	9:56	01:12:39.3	1601	10:16	01:07:17.9	02:19:57.3	10:06	02:12:25.7
1807	924/2646	82/308	4403	Chelsea Gross	F	23	Sutton	NE	2153	9:56	01:12:39.6	1603	10:16	01:07:18.7	02:19:58.3	10:06	02:12:26.3
1808	925/2646	146/435	848	Andrea Schneider	F	27	Denver	CO	2196	9:56	01:13:16.3	1612	10:17	01:07:22.4	02:20:38.8	10:06	02:12:28.9
1809	884/1345	55/81	4886	Cooper Domgard	M	24	Lincoln	NE	689	8:28	00:57:00.6	2495	11:44	01:16:55.9	02:13:56.6	10:06	02:12:29.2
1810	926/2646	192/486	3059	Erin Reed	F	37	Kearney	NE	2011	9:32	01:11:08.8	1899	10:41	01:10:00.4	02:21:09.2	10:06	02:12:30.3
1811	885/1345	130/192	1223	Glen Nelson	M	44	Bennet	NE	1747	9:40	01:08:36.9	1803	10:33	01:09:06.7	02:17:43.7	10:06	02:12:31.0
1812	886/1345	131/192	5616	Chad Bruce	M	40	Wahoo	NE	1221	9:07	01:02:39.2	2138	11:06	01:12:46.6	02:15:25.9	10:06	02:12:31.2
1813	927/2646	73/227	5495	Lori Snyder	F	46	Bloomfield	IA	1779	9:42	01:08:47.3	1782	10:31	01:08:58.0	02:17:45.3	10:06	02:12:34.5
1814	928/2646	147/435	6327	Jennifer Uphoff	F	28	Glenwood	IA	1068	9:04	01:01:25.4	2186	11:10	01:13:10.3	02:14:35.8	10:06	02:12:35.8
1815	929/2646	148/435	3424	Kellie Gossman	F	27	Neligh	NE	1902	9:35	01:10:08.4	1869	10:38	01:09:44.8	02:19:53.3	10:06	02:12:35.9
1816	887/1345	71/115	5836	Joe Snyder	M	52	Bloomfield	IA	1778	9:42	01:08:46.9	1785	10:31	01:08:58.7	02:17:45.7	10:06	02:12:36.1
1817	930/2646	149/435	3807	Krista Kopf	F	25	Hiawatha	KS	1527	9:18	01:05:46.5	2040	10:56	01:11:42.8	02:17:29.4	10:07	02:12:39.1
1818	931/2646	74/227	2871	Penny Haeker	F	46	Dakota Dunes	SD	2463	10:21	01:16:05.5	1360	9:53	01:04:46.7	02:20:52.3	10:07	02:12:40.6
1819	932/2646	193/486	626	Tracy Killion	F	38	Omaha	NE	1881	9:54	01:09:58.3	1648	10:20	01:07:45.4	02:17:43.8	10:07	02:12:40.9
1820	933/2646	191/460	3767	Kristy Coleman	F	33	Lincoln	NE	1305	9:11	01:03:16.8	2113	11:04	01:12:30.1	02:15:46.9	10:07	02:12:42.0
1821	888/1345	164/233	4890	Abe Hinman	M	36	Callaway	NE	1203	8:59	01:02:26.9	2224	11:15	01:13:46.3	02:16:13.3	10:07	02:12:42.1
1822	934/2646	194/486	2538	Kristen Pfeil	F	37	Lincoln	NE	1946	10:00	01:10:32.7	1588	10:15	01:07:11.7	02:17:44.4	10:07	02:12:42.9
1823	935/2646	195/486	5786	Heather Wees	F	35	Omaha	NE	2260	10:00	01:13:56.9	1589	10:15	01:07:11.8	02:21:08.7	10:07	02:12:43.0
1824	889/1345	72/115	360	Joel Christensen	M	53	Gretna	NE	847	8:40	00:59:33.7	2396	11:35	01:15:53.0	02:15:26.8	10:07	02:12:43.1
1825	890/1345	165/233	987	Todd Pfeil	M	39	Lincoln	NE	1948	10:00	01:10:33.1	1586	10:15	01:07:11.4	02:17:44.5	10:07	02:12:43.6
1826	936/2646	150/435	5348	Jackie Schantz	F	25	Wisner	NE	2197	9:25	01:13:16.8	1977	10:50	01:11:03.3	02:24:20.1	10:07	02:12:45.2
1827	937/2646	151/435	6208	Maggie Bach	F	27	Lincoln	NE	2018	9:37	01:11:16.1	1864	10:38	01:09:42.4	02:20:58.5	10:07	02:12:45.6
1828	938/2646	48/154	6259	Christine Petersen	F	54	Harlan	IA	1541	9:23	01:05:57.5	1999	10:53	01:11:19.1	02:17:16.7	10:07	02:12:47.1
1829	891/1345	73/115	1152	Randall Davis	M	50	Elkhorn	NE	1644	9:16	01:07:19.8	2077	11:00	01:12:03.6	02:19:23.4	10:07	02:12:48.1
1830	939/2646	121/342	1193	Jennifer Fotinos	F	42	Lincoln	NE	2136	10:03	01:12:24.4	1566	10:13	01:06:56.8	02:19:21.3	10:07	02:12:48.4
1831	940/2646	152/435	4213	Lauren Shoemaker	F	26	Omaha	NE	1966	9:37	01:10:47.1	1877	10:39	01:09:47.6	02:20:34.8	10:07	02:12:49.2
1832	892/1345	74/115	2070	Dale Oxenhardt	M	52	Lincoln	NE	2439	10:08	01:15:56.4	1512	10:08	01:06:23.9	02:22:20.3	10:07	02:12:49.6
1833	893/1345	140/205	307	Matthew Holman	M	31	Lincoln	NE	2045	9:48	01:11:31.2	1730	10:27	01:08:33.2	02:20:04.5	10:07	02:12:50.0
1834	894/1345	131/183	492	Patrick Brennan	M	28	Lincoln	NE	1356	9:10	01:03:40.3	2131	11:06	01:12:44.3	02:16:24.7	10:08	02:12:50.7
1835	941/2646	196/486	6253	Mary Reynolds	F	35	Hooper	NE	1712	9:37	01:08:19.5	1879	10:39	01:09:48.8	02:18:08.3	10:08	02:12:50.9
1836	942/2646	197/486	2014	Christina Masek	F	35	Lincoln	NE	1807	10:02	01:09:05.9	1576	10:14	01:07:03.3	02:16:09.2	10:08	02:12:51.9

The Good Life Halfsy

November 1, 2015

Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1837	943/2646	192/460	320	Natosha Siemek	F	30	Ashland	NE	1898	9:36	01:10:06.4	1897	10:41	01:09:58.7	02:20:05.1	10:08	02:12:53.2
1838	944/2646	193/460	5779	Ashley Styskal	F	31	Hastings	NE	1899	9:36	01:10:06.8	1895	10:40	01:09:58.0	02:20:04.9	10:08	02:12:53.5
1839	945/2646	83/308	6059	Megan Stalling	F	21	Wayne	NE	2092	10:00	01:12:01.2	1604	10:16	01:07:19.2	02:19:20.5	10:08	02:12:54.6
1840	946/2646	84/308	6209	Kati Schumacher	F	24	Sidney	NE	1934	9:37	01:10:29.2	1886	10:40	01:09:54.9	02:20:24.2	10:08	02:12:54.8
1841	947/2646	153/435	5457	Karli Burt	F	26	Bellevue	NE	1933	9:37	01:10:28.2	1890	10:40	01:09:55.8	02:20:24.1	10:08	02:12:55.3
1842	948/2646	18/81	1983	Carol Healy	F	57	Omaha	NE	2442	10:20	01:15:57.6	1408	9:57	01:05:15.3	02:21:12.9	10:08	02:13:01.7
1843	895/1345	46/82	661	Stan Kapustka	M	55	Lincoln	NE	2145	9:58	01:12:32.1	1641	10:20	01:07:43.1	02:20:15.2	10:08	02:13:03.3
1844	949/2646	49/154	5150	Kay Lemons	F	53	Scottsbluff	NE	1947	9:47	01:10:32.7	1781	10:31	01:08:56.4	02:19:29.1	10:09	02:13:03.4
1845	950/2646	198/486	5888	Rachel Samuels	F	36	Lincoln	NE	1530	9:19	01:05:48.5	2068	10:59	01:11:59.7	02:17:48.2	10:09	02:13:03.5
1846	951/2646	85/308	4230	Leslie Elbe	F	23	Lincoln	NE	2204	9:58	01:13:24.7	1638	10:20	01:07:41.4	02:21:06.2	10:09	02:13:04.2
1847	952/2646	199/486	1075	Amy Carlson	F	39	Lincoln	NE	2134	10:03	01:12:23.8	1594	10:16	01:07:15.9	02:19:39.7	10:09	02:13:06.3
1848	896/1345	27/30	5991	Guadalupe Dimas	M	18	Ohioa	NE	2356	10:05	01:15:10.3	1569	10:13	01:06:58.4	02:22:08.8	10:09	02:13:07.1
1849	953/2646	75/227	4624	Tina Zielke	F	48	Lincoln	NE	2220	9:53	01:13:36.5	1716	10:26	01:08:22.7	02:21:59.2	10:09	02:13:07.2
1850	954/2646	154/435	4738	Cassie Glock	F	27	Lincoln	NE	2337	10:12	01:14:53.6	1503	10:07	01:06:17.1	02:21:10.8	10:09	02:13:08.2
1851	955/2646	86/308	2034	Rachel Stevens	F	23	Lincoln	NE	1939	9:47	01:10:30.6	1786	10:32	01:08:59.6	02:19:30.3	10:09	02:13:08.4
1852	897/1345	80/135	1456	Jason Kaiser	M	46	Lincoln	NE	1601	9:16	01:06:45.8	2102	11:03	01:12:23.4	02:19:09.2	10:09	02:13:09.5
1853	956/2646	87/308	3670	Beth Milan	F	23	Herman	NE	1938	9:47	01:10:30.6	1788	10:32	01:09:01.6	02:19:32.2	10:09	02:13:10.4
1854	898/1345	132/183	2687	Mitch Novotny	M	29	Ashland	NE	2121	9:48	01:12:14.7	1780	10:31	01:08:54.7	02:21:09.4	10:09	02:13:10.7
1855	957/2646	122/342	4474	Jodi Holt	F	41	Lincoln	NE	2135	10:03	01:12:23.8	1608	10:17	01:07:21.3	02:19:45.2	10:09	02:13:11.0
1856	958/2646	194/460	5323	Deborah Fahrbruch	F	33	Aurora	NE	1647	9:33	01:07:21.3	1949	10:47	01:10:38.6	02:17:59.9	10:09	02:13:12.2
1857	959/2646	50/154	3882	Nancy Mergen	F	54	Brookings	SD	2122	10:00	01:12:14.8	1639	10:20	01:07:42.5	02:19:57.4	10:09	02:13:13.5
1858	960/2646	76/227	3423	Barb Sieps	F	49	Lincoln	NE	2123	10:00	01:12:14.8	1643	10:20	01:07:43.4	02:19:58.3	10:09	02:13:15.1
1859	961/2646	155/435	2282	Danae Disney	F	25	Lincoln	NE	2455	10:21	01:16:01.3	1420	9:58	01:05:23.1	02:21:24.4	10:09	02:13:15.7
1860	962/2646	200/486	4181	Alisa Kindig	F	35	Saint Robert	MO	1844	9:34	01:09:26.8	1944	10:46	01:10:37.6	02:20:04.5	10:10	02:13:18.4
1861	963/2646	123/342	1082	Colleen Schoneweis	F	44	Beatrice	NE	2126	9:51	01:12:17.3	1754	10:29	01:08:45.9	02:21:03.3	10:10	02:13:20.2
1862	964/2646	195/460	6318	Deborah Mcendarfer	F	33	Aurora	NE	2216	10:01	01:13:34.4	1630	10:19	01:07:38.7	02:21:13.2	10:10	02:13:20.5
1863	899/1345	81/135	1081	John Schoneweis	M	47	Beatrice	NE	2125	9:51	01:12:17.1	1755	10:29	01:08:46.0	02:21:03.1	10:10	02:13:20.7
1864	965/2646	124/342	4661	Beth Gard	F	41	Omaha	NE	1997	9:49	01:10:59.8	1783	10:31	01:08:58.5	02:19:58.3	10:10	02:13:21.1
1865	966/2646	156/435	1687	Hannah Hurd	F	26	Gretna	NE	1525	9:13	01:05:45.3	2148	11:07	01:12:52.9	02:18:38.3	10:10	02:13:21.3
1866	967/2646	157/435	1013	Katie Farritor	F	27	Lincoln	NE	1524	9:13	01:05:44.9	2149	11:07	01:12:53.7	02:18:38.6	10:10	02:13:22.1
1867	968/2646	125/342	4193	Melissa Adolfson	F	40	Saint Paul	MN	1885	9:45	01:10:00.5	1832	10:35	01:09:24.9	02:19:25.4	10:10	02:13:22.7
1868	900/1345	133/183	5208	Luke Taylor	M	25	York	NE	2497	9:38	01:16:20.4	1923	10:43	01:10:16.8	02:26:37.2	10:10	02:13:26.3
1869	969/2646	201/486	2689	Lynn Feeken	F	36	Saint Paul	NE	2118	9:49	01:12:12.6	1798	10:32	01:09:04.3	02:21:16.9	10:10	02:13:27.2
1870	970/2646	126/342	467	Karoline Anderson	F	44	Omaha	NE	2531	10:23	01:16:51.1	1422	9:59	01:05:25.3	02:22:16.5	10:11	02:13:31.0
1871	901/1345	75/115	470	Daniel Andeson	M	52	Omaha	NE	2530	10:23	01:16:50.9	1423	9:59	01:05:25.3	02:22:16.3	10:11	02:13:31.1
1872	971/2646	88/308	5698	Veronica Leduc	F	24	Lincoln	NE	1607	9:32	01:06:50.5	1981	10:51	01:11:05.0	02:17:55.5	10:11	02:13:32.4

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1873	972/2646	89/308	3033	Ashley Hassebrook	F	24	Utica	NE	2044	9:45	01:11:31.2	1862	10:38	01:09:41.5	02:21:12.7	10:11	02:13:33.6
1874	902/1345	47/82	3126	Michael Miller	M	56	Lincoln	NE	1678	9:15	01:07:43.5	2153	11:08	01:12:56.2	02:20:39.7	10:11	02:13:35.1
1875	973/2646	202/486	4620	Elizabeth Vander Top	F	37	Lincoln	NE	1962	9:48	01:10:40.6	1831	10:35	01:09:24.3	02:20:04.9	10:11	02:13:36.5
1876	974/2646	127/342	709	Lori Hemmett	F	43	Lincoln	NE	2035	9:52	01:11:27.7	1784	10:31	01:08:58.7	02:20:26.5	10:11	02:13:39.1
1877	975/2646	196/460	1432	Brenda Wandzilak	F	34	Lincoln	NE	1780	9:41	01:08:48.3	1913	10:42	01:10:11.6	02:19:00.0	10:11	02:13:40.8
1878	903/1345	166/233	594	Jon Brezenski	M	36	Columbus	NE	827	8:40	00:59:17.2	2492	11:44	01:16:54.4	02:16:11.6	10:11	02:13:41.4
1879	976/2646	197/460	1329	Stephanie Widoe	F	31	Lincoln	NE	1840	9:39	01:09:25.4	1935	10:45	01:10:28.4	02:19:53.9	10:11	02:13:42.2
1880	977/2646	158/435	2929	Kalie Larson	F	25	Lincoln	NE	2662	10:07	01:18:19.9	1620	10:17	01:07:26.6	02:25:46.5	10:12	02:13:44.0
1881	978/2646	51/154	2786	Rene' Morris	F	53	Elkhorn	NE	2661	10:07	01:18:18.8	1622	10:17	01:07:27.6	02:25:46.5	10:12	02:13:44.3
1882	979/2646	159/435	6104	Erica Graham	F	27	Wichita	KS	2074	9:52	01:11:54.6	1790	10:32	01:09:03.0	02:20:57.6	10:12	02:13:45.6
1883	980/2646	198/460	1238	Sara Reed	F	33	Lincoln	NE	1648	9:17	01:07:21.8	2154	11:08	01:12:56.4	02:20:18.3	10:12	02:13:46.6
1884	904/1345	167/233	4045	John Moorhead	M	38	Lincoln	NE	1288	9:10	01:03:10.1	2219	11:14	01:13:39.9	02:16:50.1	10:12	02:13:46.8
1885	981/2646	90/308	4895	Taylor Arndt	F	22	Lincoln	NE	2300	9:53	01:14:31.1	1791	10:32	01:09:03.0	02:23:34.1	10:12	02:13:47.2
1886	982/2646	91/308	5362	Ariel Bussey	F	22	Lincoln	NE	2301	9:52	01:14:31.3	1794	10:32	01:09:03.4	02:23:34.7	10:12	02:13:47.4
1887	983/2646	77/227	5634	Michelle Svehla	F	45	Lincoln	NE	1692	9:37	01:07:59.3	1957	10:47	01:10:43.9	02:18:43.2	10:12	02:13:47.7
1888	984/2646	128/342	1580	Julie Heyen	F	43	Lincoln	NE	2192	10:02	01:13:15.5	1674	10:22	01:08:00.3	02:21:15.9	10:12	02:13:48.8
1889	985/2646	129/342	5601	Michele Kinsey	F	44	Broken Arrow	OK	2191	10:02	01:13:15.1	1675	10:23	01:08:00.8	02:21:15.9	10:12	02:13:48.8
1890	905/1345	82/135	2611	Scott Thompson	M	45	Omaha	NE	1484	9:34	01:05:10.5	1984	10:51	01:11:07.0	02:16:17.5	10:12	02:13:51.1
1891	986/2646	203/486	4332	Amber Jurgens	F	35	Beatrice	NE	2269	9:58	01:14:01.6	1724	10:27	01:08:30.9	02:22:32.5	10:12	02:13:52.3
1892	987/2646	199/460	1253	Jennifer Steuer	F	34	Lincoln	NE	1263	9:12	01:02:51.4	2212	11:13	01:13:34.1	02:16:25.5	10:12	02:13:52.5
1893	988/2646	200/460	6039	Jessica Cline	F	34	Naper	NE	1926	9:58	01:10:23.7	1729	10:27	01:08:33.0	02:18:56.8	10:12	02:13:52.6
1894	989/2646	204/486	436	Jeannie Rung	F	38	Lincoln	NE	1262	9:12	01:02:50.8	2214	11:13	01:13:34.4	02:16:25.2	10:12	02:13:53.2
1895	990/2646	1/2	1890	Mariana Phipps	F	70	Omaha	NE	1989	9:53	01:10:55.4	1804	10:33	01:09:07.3	02:20:02.8	10:12	02:13:54.1
1896	991/2646	205/486	4070	Trisha Paul	F	39	Grand Island	NE	2206	10:05	01:13:27.3	1658	10:21	01:07:50.2	02:21:17.5	10:13	02:13:57.6
1897	906/1345	134/183	2904	Nathan Waterman	M	26	Lincoln	NE	2268	10:07	01:14:00.6	1632	10:19	01:07:39.7	02:21:40.3	10:13	02:13:57.7
1898	907/1345	56/81	5892	Benjamin Czarnecki	M	21	Sioux Falls	SD	1839	9:39	01:09:24.6	1950	10:47	01:10:39.5	02:20:04.1	10:13	02:13:58.4
1899	992/2646	92/308	4651	Elizabeth Kosanke	F	20	Spokane Valley	WA	1842	9:40	01:09:25.5	1948	10:47	01:10:38.6	02:20:04.2	10:13	02:13:58.9
1900	993/2646	130/342	2213	Candie Mcnealy	F	44	Humboldt	NE	1866	9:44	01:09:40.7	1916	10:43	01:10:12.7	02:19:53.5	10:13	02:13:59.0
1901	994/2646	160/435	5610	Katie Sebbly	F	28	Omaha	NE	2129	10:01	01:12:20.0	1715	10:26	01:08:22.4	02:20:42.4	10:13	02:13:59.8
1902	995/2646	201/460	3953	Kendra Gage	F	34	Kansas City	MO	2314	10:05	01:14:39.4	1666	10:22	01:07:54.7	02:22:34.1	10:13	02:14:00.3
1903	996/2646	206/486	5196	Brittany Kauffman	F	35	Omaha	NE	1959	9:44	01:10:38.9	1919	10:43	01:10:13.6	02:20:52.6	10:13	02:14:00.9
1904	908/1345	83/135	5039	Mark Fletcher	M	46	York	NE	1185	8:57	01:02:11.3	2343	11:29	01:15:18.5	02:17:29.8	10:13	02:14:01.5
1905	909/1345	135/183	5567	Joe Buntyn	M	28	Lincoln	NE	1756	9:34	01:08:39.3	2009	10:53	01:11:21.4	02:20:00.8	10:13	02:14:02.3
1906	997/2646	207/486	2927	Hannah Largen	F	36	Blue Rapids	KS	1619	9:30	01:06:59.9	2041	10:56	01:11:42.9	02:18:42.8	10:13	02:14:02.4
1907	998/2646	93/308	4733	Emery Kunze	F	22	Lincoln	NE	1757	9:34	01:08:39.4	2008	10:53	01:11:21.3	02:20:00.8	10:13	02:14:02.5
1908	999/2646	52/154	2430	Diana Alderson	F	54	Omaha	NE	1610	9:29	01:06:55.2	2057	10:58	01:11:55.1	02:18:50.3	10:13	02:14:03.9

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1909	1000/2646	161/435	3791	Annie Hubka	F	29	Rochester	MN	1668	9:41	01:07:37.7	1939	10:46	01:10:33.4	02:18:11.2	10:13	02:14:04.6
1910	1001/2646	78/227	1978	Deanna Walter	F	48	Lincoln	NE	2449	9:55	01:15:59.8	1797	10:32	01:09:03.6	02:25:03.5	10:13	02:14:05.2
1911	1002/2646	53/154	2035	Cathy Ebers	F	51	Lincoln	NE	1671	9:34	01:07:38.7	2000	10:53	01:11:19.5	02:18:58.3	10:13	02:14:05.3
1912	910/1345	141/205	1106	Jeff Ahern	M	31	Lincoln	NE	2365	9:51	01:15:15.6	1843	10:36	01:09:30.8	02:24:46.5	10:13	02:14:06.5
1913	1003/2646	208/486	5266	Amy Dart	F	35	Lincoln	NE	1979	9:43	01:10:52.4	1933	10:45	01:10:26.9	02:21:19.4	10:13	02:14:06.6
1914	1004/2646	209/486	5429	April Miller	F	37	Lincoln	NE	2139	9:25	01:12:26.2	2103	11:03	01:12:25.0	02:24:51.3	10:13	02:14:08.9
1915	1005/2646	202/460	1091	Melissa Weber-Arnold	F	32	Gretna	NE	1662	9:31	01:07:32.9	2048	10:57	01:11:46.6	02:19:19.5	10:14	02:14:09.7
1916	911/1345	142/205	1619	Travis Arnold	M	32	Gretna	NE	1663	9:31	01:07:32.9	2049	10:57	01:11:46.7	02:19:19.7	10:14	02:14:10.1
1917	912/1345	84/135	977	Jon Jonson	M	49	Lincoln	NE	946	8:53	01:00:32.8	2404	11:35	01:15:57.9	02:16:30.7	10:14	02:14:11.0
1918	1006/2646	131/342	6287	Stephanie Bondi	F	41	Lincoln	NE	2524	10:28	01:16:47.1	1433	10:00	01:05:31.3	02:22:18.5	10:14	02:14:11.2
1919	1007/2646	203/460	3135	Anna Degraff	F	32	Lincoln	NE	2635	10:13	01:17:55.6	1600	10:16	01:07:17.5	02:25:13.2	10:14	02:14:13.1
1920	1008/2646	204/460	5393	Jamie Manzer	F	31	Hastings	NE	1673	9:27	01:07:41.5	2096	11:02	01:12:20.1	02:20:01.6	10:14	02:14:15.3
1921	913/1345	85/135	5140	Rob Nickolaus	M	47	Lincoln	NE	2362	9:59	01:15:14.6	1763	10:30	01:08:47.9	02:24:02.5	10:14	02:14:15.6
1922	1009/2646	54/154	3699	Barb Leu	F	51	Columbus	NE	1581	9:37	01:06:28.7	1992	10:52	01:11:14.6	02:17:43.4	10:14	02:14:16.0
1923	914/1345	168/233	6142	Austin Rowser	M	37	Omaha	NE	1421	9:09	01:04:29.2	2260	11:20	01:14:18.1	02:18:47.3	10:14	02:14:16.8
1924	915/1345	57/81	4396	Kirk Vodicka	M	24	Omaha	NE	1633	9:23	01:07:13.5	2137	11:06	01:12:46.0	02:19:59.6	10:14	02:14:18.4
1925	1010/2646	94/308	6303	Kiley Farrell	F	20	Lincoln	NE	1448	9:18	01:04:46.3	2194	11:12	01:13:22.1	02:18:08.4	10:14	02:14:19.1
1926	1011/2646	210/486	5586	Amy Holt	F	39	Overland Park	KS	1401	9:09	01:04:11.1	2268	11:21	01:14:21.3	02:18:32.4	10:14	02:14:19.4
1927	916/1345	9/16	4342	Justin Rathbone	M	14	Waverly	NE	2434	10:25	01:15:52.7	1488	10:05	01:06:04.4	02:21:57.2	10:14	02:14:20.9
1928	1012/2646	19/81	682	Eyde Olson	F	56	Lincoln	NE	2054	9:55	01:11:40.1	1826	10:35	01:09:21.6	02:21:01.7	10:15	02:14:22.6
1929	1013/2646	36/79	5200	Tori Miyashiro	F	16	Lincoln	NE	2413	10:00	01:15:38.8	1770	10:30	01:08:50.8	02:24:29.7	10:15	02:14:24.2
1930	917/1345	48/82	2139	Dennis Kottwitz	M	55	Lincoln	NE	2211	9:56	01:13:29.8	1817	10:34	01:09:15.9	02:22:45.8	10:15	02:14:24.4
1931	1014/2646	211/486	6036	Karissa Carlson	F	35	Le Mars	IA	1927	9:58	01:10:23.8	1801	10:32	01:09:06.0	02:19:29.8	10:15	02:14:25.9
1932	1015/2646	212/486	4906	Wendi Sanny	F	39	Omaha	NE	1579	9:27	01:06:27.9	2118	11:04	01:12:32.3	02:19:00.3	10:15	02:14:26.4
1933	1016/2646	162/435	3256	Lauren Beitel	F	26	Omaha	NE	2048	10:08	01:11:34.3	1688	10:23	01:08:05.7	02:19:40.1	10:15	02:14:29.9
1934	918/1345	136/183	5256	Aaron Phillips	M	29	Stromsburg	NE	1922	9:35	01:10:18.4	2037	10:56	01:11:41.7	02:22:00.2	10:15	02:14:32.0
1935	919/1345	169/233	6171	Rajan Bhattarai	M	38	Omaha	NE	1539	9:14	01:05:54.8	2235	11:17	01:13:57.9	02:19:52.7	10:15	02:14:33.0
1936	920/1345	86/135	676	Bryce Johnson	M	49	Lincoln	NE	1510	9:26	01:05:34.4	2134	11:06	01:12:45.5	02:18:19.9	10:15	02:14:33.7
1937	1017/2646	95/308	2161	Emmie Johnson	F	20	Lincoln	NE	1511	9:26	01:05:34.8	2132	11:06	01:12:44.8	02:18:19.6	10:15	02:14:33.9
1938	1018/2646	205/460	4301	Lindsay Lorraine	F	33	Lincoln	NE	2457	10:18	01:16:01.8	1573	10:14	01:07:02.2	02:23:04.1	10:15	02:14:34.7
1939	1019/2646	213/486	1732	Julia Gloe	F	35	Lincoln	NE	2215	9:57	01:13:34.3	1818	10:34	01:09:18.4	02:22:52.8	10:15	02:14:34.8
1940	1020/2646	214/486	1171	Molly Johnson	F	38	Grand Island	NE	1719	9:34	01:08:22.5	2052	10:58	01:11:49.9	02:20:12.4	10:15	02:14:34.9
1941	1021/2646	96/308	4261	Kalyn Wiarda	F	22	Lincoln	NE	1845	9:37	01:09:26.8	2024	10:55	01:11:35.6	02:21:02.5	10:16	02:14:38.6
1942	1022/2646	206/460	5723	Nicole Rupp	F	33	Lincoln	NE	1689	9:40	01:07:54.5	1991	10:52	01:11:14.1	02:19:08.6	10:16	02:14:39.0
1943	1023/2646	215/486	2301	Erin Peterson	F	38	Stromsburg	NE	1990	9:35	01:10:56.3	2055	10:58	01:11:52.8	02:22:49.1	10:16	02:14:39.4
1944	921/1345	132/192	5930	Kent Vosburg	M	40	Abilene	KS	1736	9:21	01:08:29.2	2198	11:12	01:13:23.0	02:21:52.3	10:16	02:14:40.1

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1945	922/1345	137/183	6005	James Douty	M	26	Lincoln	NE	2213	9:56	01:13:31.4	1846	10:37	01:09:33.0	02:23:04.5	10:16	02:14:41.9
1946	923/1345	138/183	1678	Ben McGill	M	26	Lincoln	NE	2387	10:15	01:15:26.3	1627	10:19	01:07:34.5	02:23:00.9	10:16	02:14:46.4
1947	1024/2646	216/486	5025	Julie Mcnaughton	F	39	Lincoln	NE	2199	9:53	01:13:18.3	1898	10:41	01:09:59.4	02:23:17.7	10:17	02:14:48.3
1948	1025/2646	163/435	5904	Connie Maas	F	29	Baileyville	KS	1408	9:01	01:04:16.5	2387	11:33	01:15:43.0	02:19:59.6	10:17	02:14:49.4
1949	1026/2646	217/486	1861	Stephanie Montgomery	F	37	Omaha	NE	1896	9:49	01:10:06.2	1937	10:46	01:10:32.0	02:20:38.2	10:17	02:14:52.0
1950	924/1345	170/233	5894	Tony Heiniger	M	37	Powhattan	KS	1276	8:50	01:03:04.2	2493	11:44	01:16:55.5	02:19:59.8	10:17	02:14:52.8
1951	1027/2646	164/435	521	Kathryn Krueger	F	29	Omaha	NE	2198	9:56	01:13:17.1	1873	10:39	01:09:46.6	02:23:03.8	10:17	02:14:54.3
1952	925/1345	76/115	606	John Laffin	M	54	Lincoln	NE	1338	9:14	01:03:32.8	2266	11:21	01:14:20.7	02:17:53.5	10:17	02:14:55.3
1953	1028/2646	218/486	4417	Kristi Morrow	F	39	Lincoln	NE	2160	9:57	01:12:48.3	1857	10:38	01:09:39.4	02:22:27.8	10:17	02:14:55.8
1954	1029/2646	219/486	596	Jaime Manz	F	39	Wayne	NE	1746	9:44	01:08:35.7	1983	10:51	01:11:06.5	02:19:42.3	10:17	02:14:56.4
1955	926/1345	133/192	5249	Matt Rogers	M	42	Omaha	NE	1190	8:57	01:02:16.5	2425	11:38	01:16:15.2	02:18:31.8	10:17	02:14:57.0
1956	1030/2646	207/460	3498	Kimberly Anderson	F	31	Lincoln	NE	2415	10:07	01:15:40.3	1742	10:28	01:08:39.5	02:24:19.8	10:17	02:14:59.2
1957	927/1345	171/233	3805	Greg Payne	M	35	Lincoln	NE	2480	10:12	01:16:10.6	1692	10:24	01:08:09.0	02:24:19.6	10:17	02:14:59.3
1958	1031/2646	37/79	3878	Alexis Lorence	F	19	Omaha	NE	2254	10:13	01:13:53.2	1684	10:23	01:08:04.0	02:21:57.3	10:17	02:14:59.4
1959	1032/2646	208/460	1846	Avery Durbin	F	32	Macon	GA	1706	9:45	01:08:13.7	1978	10:50	01:11:03.5	02:19:17.3	10:17	02:14:59.7
1960	1033/2646	79/227	634	Missy Dorsch	F	45	Pawnee City	NE	2684	10:35	01:18:37.8	1454	10:01	01:05:39.7	02:24:17.5	10:18	02:15:02.4
1961	1034/2646	165/435	4987	Kelly Moguel	F	26	Lincoln	NE	2146	9:55	01:12:32.7	1905	10:41	01:10:03.7	02:22:36.5	10:18	02:15:03.3
1962	928/1345	134/192	1796	Jason Koch	M	40	Lincoln	NE	1446	9:06	01:04:45.3	2354	11:31	01:15:27.5	02:20:12.9	10:18	02:15:05.3
1963	929/1345	87/135	2065	John Stilley	M	49	Lincoln	NE	1932	9:54	01:10:25.9	1921	10:43	01:10:14.1	02:20:40.1	10:18	02:15:06.2
1964	1035/2646	97/308	5203	Sarah Wetzel	F	20	Lincoln	NE	1635	9:28	01:07:15.5	2171	11:09	01:13:03.7	02:20:19.3	10:18	02:15:08.8
1965	1036/2646	209/460	447	Jessi Huenink	F	30	Lincoln	NE	1705	9:38	01:08:12.8	2067	10:59	01:11:59.3	02:20:12.2	10:18	02:15:09.4
1966	930/1345	77/115	2214	Stu Kerns	M	53	Roca	NE	1809	9:33	01:09:06.8	2125	11:05	01:12:35.9	02:21:42.7	10:18	02:15:12.5
1967	931/1345	135/192	1079	Chris Bultsma	M	40	Omaha	NE	1498	9:12	01:05:22.9	2308	11:26	01:14:54.3	02:20:17.3	10:18	02:15:14.0
1968	1037/2646	220/486	5114	Angela Ullman	F	39	Omaha	NE	2264	10:06	01:13:59.3	1799	10:32	01:09:04.8	02:23:04.2	10:19	02:15:15.5
1969	1038/2646	221/486	4124	Sara Denly	F	38	Winfield	KS	2295	10:17	01:14:21.8	1661	10:21	01:07:51.3	02:22:13.2	10:19	02:15:16.8
1970	932/1345	143/205	3645	Benjamin Christensen	M	34	Omaha	NE	1999	9:36	01:11:00.5	2093	11:02	01:12:18.3	02:23:18.9	10:19	02:15:17.3
1971	1039/2646	132/342	2032	Jamie Brown	F	43	La Vista	NE	1315	9:01	01:03:19.1	2426	11:38	01:16:15.2	02:19:34.4	10:19	02:15:22.6
1972	1040/2646	210/460	3723	Amy Wagner	F	33	Lincoln	NE	2202	9:55	01:13:21.4	1926	10:44	01:10:20.8	02:23:42.3	10:19	02:15:23.3
1973	1041/2646	211/460	2539	Sandra Kirchner	F	32	Lincoln	NE	1914	9:45	01:10:15.3	2017	10:55	01:11:31.1	02:21:46.5	10:19	02:15:24.8
1974	1042/2646	133/342	4207	Anthea Sanburn	F	40	Lincoln	NE	1709	9:46	01:08:18.5	2011	10:53	01:11:23.2	02:19:41.7	10:19	02:15:25.1
1975	1043/2646	166/435	1808	Kate Pope	F	27	Lincoln	NE	2335	10:15	01:14:53.3	1697	10:25	01:08:14.8	02:23:08.2	10:19	02:15:25.6
1976	1044/2646	20/81	1568	Stephanie Scheffler	F	58	Longmont	CO	2410	10:04	01:15:38.6	1836	10:36	01:09:29.0	02:25:07.7	10:19	02:15:27.2
1977	1045/2646	134/342	2373	Melissa O'neill	F	41	Papillion	NE	1855	9:44	01:09:33.5	2034	10:56	01:11:39.1	02:21:12.7	10:20	02:15:30.1
1978	1046/2646	167/435	1703	Christina Hagggar	F	27	Omaha	NE	1612	9:36	01:06:56.8	2126	11:05	01:12:36.7	02:19:33.5	10:20	02:15:30.1
1979	1047/2646	212/460	5040	Dana Buss	F	31	Lincoln	NE	1628	9:32	01:07:07.8	2169	11:09	01:13:01.9	02:20:09.8	10:20	02:15:31.0
1980	1048/2646	80/227	3358	Susie Melcher	F	46	Hickman	NE	2057	9:52	01:11:41.4	1961	10:48	01:10:49.0	02:22:30.4	10:20	02:15:32.5

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1981	1049/2646	213/460	5516	Courtney Buthe	F	32	Glenwood	IA	2256	9:56	01:13:54.8	1934	10:45	01:10:26.9	02:24:21.8	10:20	02:15:35.1
1982	1050/2646	168/435	2387	Tiffany Fougeron	F	27	Milford	NE	2448	10:05	01:15:59.8	1847	10:37	01:09:33.2	02:25:33.1	10:20	02:15:36.6
1983	1051/2646	214/460	4315	Megan Johnson	F	32	Lincoln	NE	2091	10:01	01:12:01.2	1902	10:41	01:10:01.6	02:22:02.8	10:21	02:15:41.4
1984	933/1345	136/192	1626	Craig Songster	M	41	Lincoln	NE	2444	10:14	01:15:58.3	1741	10:28	01:08:39.2	02:24:37.5	10:21	02:15:44.3
1985	1052/2646	55/154	4793	Mary Cannon	F	53	Missouri Valley	IA	2223	10:09	01:13:37.7	1816	10:34	01:09:15.1	02:22:52.9	10:21	02:15:46.0
1986	934/1345	139/183	6156	Jacob Petersen	M	29	Elkhorn	NE	1494	8:50	01:05:20.3	2566	11:53	01:17:54.3	02:23:14.7	10:21	02:15:46.3
1987	1053/2646	135/342	2357	Jane Rhodes	F	44	Avoca	NE	1783	9:50	01:08:51.2	2001	10:53	01:11:19.9	02:20:11.2	10:21	02:15:46.9
1988	1054/2646	81/227	6300	Janie Wyatt	F	47	Harrisburg	NE	2612	10:06	01:17:39.7	1853	10:37	01:09:36.0	02:27:15.8	10:21	02:15:48.6
1989	1055/2646	136/342	2036	Tanya Poehler	F	41	Cairo	NE	2166	10:01	01:12:53.5	1914	10:43	01:10:12.6	02:23:06.2	10:21	02:15:51.0
1990	1056/2646	82/227	2394	Joanne Frandolig	F	48	Lincoln	NE	2312	10:07	01:14:38.8	1848	10:37	01:09:33.4	02:24:12.2	10:21	02:15:53.2
1991	1057/2646	56/154	4259	Brenda Harding	F	54	Leavenworth	KS	2332	10:04	01:14:48.5	1891	10:40	01:09:56.8	02:24:45.4	10:22	02:15:55.6
1992	935/1345	78/115	3000	Richard Wiedenbeck	M	54	Walton	NE	2544	10:13	01:16:59.1	1779	10:31	01:08:54.3	02:25:53.5	10:22	02:15:55.7
1993	1058/2646	169/435	1516	Rachel Talero	F	26	Lincoln	NE	2021	9:34	01:11:18.5	2190	11:11	01:13:18.2	02:24:36.8	10:22	02:15:59.3
1994	1059/2646	83/227	5536	Kathy Wildman	F	46	Lincoln	NE	2038	9:45	01:11:28.9	2071	10:59	01:12:01.5	02:23:30.5	10:22	02:15:59.8
1995	1060/2646	137/342	708	Colleen Olson	F	41	Omaha	NE	1367		01:03:45.7	2087	11:01	01:12:14.9	02:16:00.6	10:22	02:16:00.6
1996	1061/2646	222/486	6198	Heather Mcnear	F	38	Lincoln	NE	1519	9:17	01:05:42.9	2334	11:28	01:15:11.4	02:20:54.4	10:22	02:16:00.6
1997	936/1345	140/183	1598	Tyler Goodrich	M	27	Bennet	NE	2012	9:46	01:11:09.2	2066	10:59	01:11:59.1	02:23:08.3	10:22	02:16:02.4
1998	1062/2646	57/154	2304	Susan Stauffer	F	51	Lincoln	NE	2408	10:06	01:15:38.3	1885	10:40	01:09:53.2	02:25:31.5	10:22	02:16:02.5
1999	1063/2646	223/486	4757	Amy Pettis	F	38	Omaha	NE	1975	10:15	01:10:51.8	1774	10:30	01:08:51.7	02:19:43.5	10:22	02:16:02.6
2000	1064/2646	224/486	2635	Stephanie Strong	F	38	Lincoln	NE	2168	9:58	01:12:54.1	1952	10:47	01:10:40.6	02:23:34.7	10:22	02:16:02.8
2001	1065/2646	225/486	2823	Meghanne Wetta	F	36	Lincoln	NE	2150	9:56	01:12:36.6	1965	10:49	01:10:54.1	02:23:30.8	10:22	02:16:03.1
2002	1066/2646	215/460	3716	Jenee Harmon	F	31	Lincoln	NE	2469	10:16	01:16:07.2	1749	10:29	01:08:42.6	02:24:49.8	10:22	02:16:03.3
2003	937/1345	58/81	6273	Isaac Pieper	M	24	Lincoln	NE	1557	9:36	01:06:11.8	2178	11:09	01:13:06.8	02:19:18.7	10:22	02:16:03.5
2004	1067/2646	170/435	3213	Danielle Helzer	F	29	Omaha	NE	1316	9:06	01:03:19.5	2438	11:39	01:16:24.0	02:19:43.6	10:22	02:16:06.4
2005	1068/2646	138/342	1355	Samantha Link	F	42	Lincoln	NE	2097	9:54	01:12:02.6	1993	10:52	01:11:14.7	02:23:17.3	10:23	02:16:09.1
2006	938/1345	88/135	2990	Dale Mcdaniel	M	46	Lincoln	NE	2471	10:21	01:16:07.8	1703	10:25	01:08:17.9	02:24:25.7	10:23	02:16:09.4
2007	1069/2646	216/460	1547	Jennifer Coon	F	34	Lincoln	NE	2658	10:23	01:18:17.3	1691	10:24	01:08:08.5	02:26:25.9	10:23	02:16:12.1
2008	1070/2646	217/460	2187	Kristin Butterfield	F	33	Lincoln	NE	1608	9:40	01:06:52.7	2146	11:07	01:12:50.5	02:19:43.3	10:23	02:16:12.1
2009	1071/2646	171/435	5908	Erin Sillman	F	25	Omaha	NE	1418	9:15	01:04:27.7	2371	11:32	01:15:35.9	02:20:03.7	10:23	02:16:12.3
2010	939/1345	144/205	4876	Chadd Stutheit	M	30	Lincoln	NE	2163	10:06	01:12:50.8	1900	10:41	01:10:00.7	02:22:51.5	10:23	02:16:12.6
2011	1072/2646	172/435	4885	Heidi Foland	F	26	Lincoln	NE	1846	10:00	01:09:27.5	1959	10:48	01:10:45.0	02:20:12.5	10:23	02:16:15.1
2012	1073/2646	98/308	2771	Diana Rodas	F	24	Lexington	NE	1679	9:46	01:07:44.5	2086	11:01	01:12:12.2	02:19:56.7	10:23	02:16:16.5
2013	940/1345	141/183	5751	Brock Hansen	M	29	Lincoln	NE	2066	9:39	01:11:48.1	2172	11:09	01:13:04.4	02:24:52.5	10:23	02:16:18.6
2014	1074/2646	173/435	4370	Grace Edelman	F	25	Elkhorn	NE	1977	10:02	01:10:52.2	1940	10:46	01:10:33.4	02:21:25.7	10:23	02:16:19.5
2015	1075/2646	218/460	925	Angela Keiser	F	32	Kenesaw	NE	2611	10:23	01:17:39.5	1702	10:25	01:08:17.9	02:25:57.5	10:23	02:16:19.9
2016	1076/2646	226/486	385	Michele May	F	38	Lincoln	NE	2351	10:18	01:15:09.1	1760	10:30	01:08:47.4	02:23:56.5	10:24	02:16:20.9

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2017	941/1345	137/192	386	Keith May	M	40	Lincoln	NE	2353	10:18	01:15:09.3	1762	10:30	01:08:47.7	02:23:57.1	10:24	02:16:21.1
2018	1077/2646	21/81	2270	Robin Byers	F	56	Lincoln	NE	2354	10:18	01:15:09.3	1761	10:30	01:08:47.5	02:23:56.9	10:24	02:16:21.3
2019	1078/2646	139/342	1898	Stephanie Johnson	F	43	Lincoln	NE	2355	10:19	01:15:09.5	1759	10:30	01:08:47.3	02:23:56.9	10:24	02:16:21.9
2020	942/1345	79/115	1904	Brad Johnson	M	53	Lincoln	NE	2350	10:18	01:15:08.3	1764	10:30	01:08:48.4	02:23:56.8	10:24	02:16:22.9
2021	943/1345	145/205	4355	Eric Fleming	M	32	Lincoln	NE	1470	9:17	01:04:57.8	2357	11:31	01:15:28.8	02:20:26.6	10:24	02:16:23.0
2022	1079/2646	219/460	4828	Ashley Mccracken	F	33	Lincoln	NE	1598	9:29	01:06:45.5	2251	11:19	01:14:12.7	02:20:58.3	10:24	02:16:23.1
2023	1080/2646	84/227	6229	Lisa Wilford	F	46	Harvard	NE	2079	9:42	01:11:56.5	2140	11:06	01:12:46.8	02:24:43.4	10:24	02:16:24.2
2024	1081/2646	227/486	3506	Jennifer Thompson	F	37	Lincoln	NE	1851	9:43	01:09:30.5	2130	11:05	01:12:41.8	02:22:12.3	10:24	02:16:24.5
2025	1082/2646	99/308	4084	Melissa Sukhram	F	24	Lincoln	NE	2470	10:16	01:16:07.3	1802	10:33	01:09:06.3	02:25:13.6	10:24	02:16:25.2
2026	1083/2646	228/486	5647	Coni Meyer	F	39	Page	NE	1824	9:39	01:09:16.5	2184	11:10	01:13:09.1	02:22:25.6	10:24	02:16:25.5
2027	1084/2646	85/227	3286	Molly Maguire	F	48	Omaha	NE	2229	10:02	01:13:39.6	1953	10:47	01:10:40.8	02:24:20.5	10:24	02:16:25.8
2028	1085/2646	174/435	2867	Kelsey Pokorny	F	25	Wayne	NE	2711	10:19	01:19:07.2	1766	10:30	01:08:50.4	02:27:57.7	10:24	02:16:27.4
2029	944/1345	138/192	2628	Ryan Shaffer	M	40	Lincoln	NE	2028	10:06	01:11:21.6	1917	10:43	01:10:12.8	02:21:34.4	10:24	02:16:27.8
2030	1086/2646	86/227	6257	Melanie Loecke	F	46	Urbandale	IA	2248	10:23	01:13:51.3	1710	10:26	01:08:20.8	02:22:12.2	10:24	02:16:27.9
2031	1087/2646	220/460	3922	Angela Saunders	F	32	Derby	KS	1376	9:07	01:03:56.2	2476	11:42	01:16:44.2	02:20:40.5	10:24	02:16:27.9
2032	1088/2646	140/342	1172	Jennifer Hutzler	F	42	Lincoln	NE	2528	10:07	01:16:48.5	1911	10:42	01:10:09.6	02:26:58.2	10:24	02:16:28.0
2033	945/1345	146/205	2159	Jared List	M	31	Lincoln	NE	2526	10:16	01:16:47.9	1807	10:33	01:09:09.8	02:25:57.8	10:24	02:16:28.1
2034	1089/2646	229/486	1169	Tiffany Hunt	F	37	Lincoln	NE	2529	10:07	01:16:49.1	1910	10:42	01:10:09.3	02:26:58.4	10:24	02:16:28.2
2035	946/1345	172/233	4792	Mike Jones	M	38	Council Bluffs	IA	1495	9:29	01:05:20.9	2271	11:21	01:14:22.2	02:19:43.1	10:24	02:16:31.3
2036	947/1345	173/233	2457	Charles Bausch	M	37	Adams	NE	1804	9:42	01:09:04.2	2162	11:08	01:12:59.6	02:22:03.8	10:24	02:16:32.3
2037	1090/2646	175/435	2957	Mara Andersen	F	29	Lincoln	NE	2468	10:16	01:16:06.8	1811	10:33	01:09:11.9	02:25:18.7	10:24	02:16:32.5
2038	948/1345	59/81	2353	Jace Bausch	M	24	Lincoln	NE	1811	9:42	01:09:07.3	2160	11:08	01:12:57.2	02:22:04.5	10:24	02:16:32.6
2039	949/1345	139/192	979	Jason Holsten	M	42	Lincoln	NE	1870	9:41	01:09:44.3	2173	11:09	01:13:04.9	02:22:49.2	10:24	02:16:32.7
2040	1091/2646	221/460	5788	Terra Vejraska	F	31	Papillion	NE	2037	9:56	01:11:28.7	2016	10:54	01:11:29.0	02:22:57.7	10:25	02:16:34.5
2041	1092/2646	87/227	6298	Sonya Johnson	F	48	Clive	IA	2250	10:23	01:13:51.6	1720	10:27	01:08:28.0	02:22:19.7	10:25	02:16:34.8
2042	950/1345	49/82	5214	Peter Watterws	M	56	Lincoln	NE	2724	10:34	01:19:18.2	1610	10:17	01:07:22.0	02:26:40.3	10:25	02:16:34.9
2043	1093/2646	230/486	2550	Heather Dumas	F	39	Omaha	NE	2051	10:08	01:11:38.8	1912	10:42	01:10:11.0	02:21:49.8	10:25	02:16:35.5
2044	1094/2646	100/308	4905	Chelsea Cather	F	22	Lincoln	NE	2505	9:53	01:16:24.5	2047	10:57	01:11:45.4	02:28:10.0	10:25	02:16:35.8
2045	1095/2646	176/435	5947	Betsy Minarick	F	26	Lincoln	NE	1509		01:05:34.3	1975	10:50	01:11:02.7	02:16:37.1	10:25	02:16:37.1
2046	951/1345	140/192	463	William Stolzenburg	M	44	Lincoln	NE	1009	8:56	01:01:05.2	2583	11:55	01:18:03.5	02:19:08.8	10:25	02:16:40.6
2047	952/1345	174/233	6102	Jon Barry	M	36	Jefferson City	MO	2587	10:08	01:17:26.5	1920	10:43	01:10:13.7	02:27:40.3	10:25	02:16:41.3
2048	1096/2646	88/227	2037	Mae Ahrendsen	F	47	Omaha	NE	2287	10:07	01:14:17.6	1925	10:44	01:10:19.8	02:24:37.4	10:25	02:16:42.0
2049	1097/2646	231/486	4157	Janna Mashek	F	39	Gibbon	NE	2346	10:16	01:15:05.5	1833	10:35	01:09:25.6	02:24:31.1	10:25	02:16:43.0
2050	1098/2646	38/79	5020	Erika Beedle	F	19	Lincoln	NE	2392	10:13	01:15:31.5	1871	10:38	01:09:45.3	02:25:16.9	10:25	02:16:44.5
2051	1099/2646	222/460	585	Amanda Reid	F	30	Omaha	NE	1958	9:51	01:10:38.8	2080	11:00	01:12:07.9	02:22:46.7	10:25	02:16:44.8
2052	953/1345	89/135	3849	Timothy Topil	M	49	Lincoln	NE	2143	10:05	01:12:28.8	1955	10:47	01:10:42.9	02:23:11.8	10:26	02:16:46.6

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2053	1100/2646	141/342	3468	Tysha Lauterbach	F	41	Lincoln	NE	1544	9:21	01:05:59.8	2353	11:31	01:15:26.6	02:21:26.5	10:26	02:16:47.0
2054	954/1345	175/233	290	Ben Hennecke	M	39	Lincoln	NE	2957	10:29	01:22:34.1	1678	10:23	01:08:01.9	02:30:36.1	10:26	02:16:47.1
2055	1101/2646	58/154	3404	Laura Weaver	F	53	Omaha	NE	2067	9:50	01:11:49.5	2099	11:02	01:12:22.1	02:24:11.7	10:26	02:16:47.4
2056	955/1345	176/233	2196	Matthew Beller	M	39	Lincoln	NE	1981	9:43	01:10:53.7	2175	11:09	01:13:06.0	02:23:59.7	10:26	02:16:49.7
2057	956/1345	29/48	3757	Mike Olson	M	64	Lincoln	NE	2008	9:46	01:11:07.3	2144	11:06	01:12:48.8	02:23:56.1	10:26	02:16:50.2
2058	1102/2646	101/308	5416	Kayla Mohr	F	24	Columbus	NE	2106	9:57	01:12:05.8	2031	10:56	01:11:38.0	02:23:43.9	10:26	02:16:50.2
2059	957/1345	142/183	4496	Tom Beller	M	26	Omaha	NE	1983	9:43	01:10:53.9	2179	11:09	01:13:07.3	02:24:01.3	10:26	02:16:52.1
2060	1103/2646	223/460	6324	Tara Brandt	F	30	Kearney	NE	1892	9:50	01:10:04.1	2110	11:03	01:12:28.2	02:22:32.4	10:26	02:16:55.9
2061	1104/2646	102/308	4556	Rachel Leise	F	24	Lincoln	NE	1864	9:29	01:09:38.7	2297	11:25	01:14:48.6	02:24:27.4	10:26	02:16:56.0
2062	958/1345	80/115	1745	Paul Ries	M	50	Lincoln	NE	2685	10:14	01:18:38.2	1888	10:40	01:09:55.2	02:28:33.4	10:26	02:16:57.5
2063	1105/2646	224/460	2020	Liza Baker	F	34	Waverly	NE	1724	9:36	01:08:24.2	2238	11:17	01:13:59.5	02:22:23.7	10:26	02:16:57.5
2064	1106/2646	89/227	4991	Holly Luebbe	F	46	Bennington	NE	1701	9:37	01:08:05.8	2231	11:17	01:13:54.9	02:22:00.8	10:26	02:16:57.9
2065	959/1345	90/135	1880	Matthew Bellamy	M	47	Cairo	NE	1815	9:42	01:09:09.1	2207	11:12	01:13:25.9	02:22:35.1	10:26	02:16:58.7
2066	1107/2646	232/486	803	Lora Carpenter-Janike	F	37	Lincoln	NE	2406	10:09	01:15:37.6	1931	10:45	01:10:25.1	02:26:02.8	10:27	02:16:59.9
2067	1108/2646	142/342	398	Debra Lee Toth	F	44	Lincoln	NE	1575	9:30	01:06:25.5	2291	11:24	01:14:40.8	02:21:06.3	10:27	02:17:00.5
2068	960/1345	81/115	2831	David Ernesti	M	52	Lincoln	NE	2570	10:26	01:17:16.7	1743	10:29	01:08:41.3	02:25:58.1	10:27	02:17:04.2
2069	961/1345	91/135	3453	Michael Brouwer	M	46	Olathe	KS	1920	9:56	01:10:17.4	2060	10:59	01:11:57.4	02:22:14.9	10:27	02:17:06.7
2070	1109/2646	233/486	3359	Cristina Carrizales	F	37	Bellevue	NE	1507	9:26	01:05:31.8	2338	11:29	01:15:14.7	02:20:46.5	10:27	02:17:07.1
2071	962/1345	7/14	6321	Terry Barber	M	66	Lincoln	NE	2100	10:02	01:12:04.6	2005	10:53	01:11:20.8	02:23:25.4	10:27	02:17:09.0
2072	1110/2646	59/154	4850	Leslie Podliska	F	50	Ottumwa	IA	2578	10:21	01:17:20.2	1824	10:35	01:09:20.4	02:26:40.7	10:28	02:17:12.5
2073	1111/2646	103/308	2865	Shelby Meier	F	24	Lincoln	NE	2241	9:56	01:13:47.7	2081	11:00	01:12:08.1	02:25:55.9	10:28	02:17:14.9
2074	1112/2646	234/486	5271	Angie Coufal	F	36	Aurora	NE	1768	9:45	01:08:42.3	2197	11:12	01:13:22.4	02:22:04.7	10:28	02:17:15.1
2075	1113/2646	104/308	4562	Makayla Urban	F	24	Lincoln	NE	2328	10:05	01:14:44.5	1986	10:51	01:11:09.7	02:25:54.2	10:28	02:17:17.6
2076	1114/2646	235/486	2276	Cara Kimball	F	37	Papillion	NE	1753	9:45	01:08:38.6	2200	11:12	01:13:23.7	02:22:02.3	10:28	02:17:19.0
2077	1115/2646	236/486	2248	Cheera Hibbard	F	36	Omaha	NE	1752	9:45	01:08:38.2	2202	11:12	01:13:24.0	02:22:02.2	10:28	02:17:19.0
2078	1116/2646	39/79	2728	Kimberly Somarriba	F	19	Lincoln	NE	2595	10:29	01:17:31.6	1738	10:28	01:08:38.3	02:26:09.9	10:28	02:17:22.0
2079	1117/2646	143/342	4576	Steph Faust	F	41	Lincoln	NE	2161	9:57	01:12:49.3	2079	11:00	01:12:07.5	02:24:56.8	10:28	02:17:24.2
2080	1118/2646	177/435	6290	Jen Zielinski	F	25	Omaha	NE	2200	9:59	01:13:18.6	2074	10:59	01:12:02.6	02:25:21.2	10:29	02:17:28.0
2081	1119/2646	237/486	4531	Cheryl Chapman	F	38	Omaha	NE	1929	9:38	01:10:24.3	2264	11:20	01:14:19.4	02:24:43.7	10:29	02:17:28.0
2082	1120/2646	40/79	5760	Sarah Vonasek	F	19	Holdrege	NE	2391	10:12	01:15:31.1	1951	10:47	01:10:40.2	02:26:11.3	10:29	02:17:29.0
2083	1121/2646	105/308	3958	Maggie Clay	F	23	Fort Collins	CO	1968	9:50	01:10:48.8	2168	11:08	01:13:01.7	02:23:50.5	10:29	02:17:29.8
2084	1122/2646	90/227	2844	Theresa Guyer	F	49	Lincoln	NE	1996	9:49	01:10:59.6	2183	11:10	01:13:08.8	02:24:08.4	10:29	02:17:31.6
2085	1123/2646	106/308	2804	Claudia Schleppenbach	F	23	Lincoln	NE	2244	9:53	01:13:48.1	2133	11:06	01:12:45.1	02:26:33.2	10:29	02:17:33.4
2086	1124/2646	22/81	1257	Dawn Drey	F	55	Omaha	NE	2341	10:06	01:15:00.7	1998	10:53	01:11:18.9	02:26:19.7	10:29	02:17:34.1
2087	963/1345	82/115	1111	Joe Billesbach	M	51	Beatrice	NE	1301	9:08	01:03:16.4	2552	11:52	01:17:44.8	02:21:01.3	10:29	02:17:35.6
2088	1125/2646	225/460	4365	Angie Stevens	F	30	Grand Island	NE	2504	10:09	01:16:23.3	1974	10:50	01:11:01.9	02:27:25.2	10:29	02:17:36.9

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2089	1126/2646	107/308	3425	Allison Ortiz-Garcia	F	24	Lincoln	NE	2629	10:20	01:17:51.3	1880	10:39	01:09:50.5	02:27:41.9	10:29	02:17:37.9
2090	1127/2646	226/460	4033	Marianne Toovey	F	31	Gretna	NE	2232	9:58	01:13:40.8	2091	11:02	01:12:16.5	02:25:57.3	10:30	02:17:38.7
2091	1128/2646	144/342	4693	Tricia Schmit	F	41	Elkhorn	NE	2255	10:09	01:13:53.6	1985	10:51	01:11:07.0	02:25:00.7	10:30	02:17:39.1
2092	964/1345	143/183	5768	Alex Henery	M	28	Omaha	NE	1228	9:23	01:02:41.2	2417	11:37	01:16:08.1	02:18:49.3	10:30	02:17:40.9
2093	965/1345	50/82	1167	Gary Bader	M	55	Gresham	NE	2417	9:54	01:15:42.3	2141	11:06	01:12:46.9	02:28:29.3	10:30	02:17:41.0
2094	1129/2646	145/342	6214	Denise Drake	F	43	Eagle	NE	2331	10:21	01:14:48.3	1883	10:40	01:09:52.7	02:24:41.1	10:30	02:17:42.6
2095	1130/2646	146/342	5517	Kari Anderson	F	41	Johnston	IA	1670	9:45	01:07:38.1	2223	11:15	01:13:45.0	02:21:23.2	10:30	02:17:42.8
2096	966/1345	92/135	3196	Todd Mason	M	47	Firth	NE	1415	9:41	01:04:24.5	2256	11:20	01:14:16.1	02:18:40.6	10:30	02:17:45.1
2097	1131/2646	108/308	6243	Caitlyn Beck	F	23	Columbia	MO	1703	9:45	01:08:07.8	2228	11:16	01:13:53.3	02:22:01.2	10:30	02:17:45.5
2098	1132/2646	23/81	1427	Diana Drent	F	58	Lincoln	NE	2378	10:08	01:15:21.1	2007	10:53	01:11:21.3	02:26:42.5	10:30	02:17:47.0
2099	967/1345	177/233	3321	Aaron Reagan	M	37	Papillion	NE	1798	9:35	01:08:57.7	2313	11:27	01:15:01.3	02:23:59.1	10:30	02:17:48.6
2100	968/1345	141/192	1284	Steve Urbauer	M	44	Lincoln	NE	2553	10:06	01:17:04.1	2029	10:56	01:11:37.0	02:28:41.2	10:30	02:17:48.7
2101	1133/2646	238/486	3287	Lora Hansen	F	39	Omaha	NE	1935	9:50	01:10:29.6	2205	11:12	01:13:25.0	02:23:54.6	10:31	02:17:52.0
2102	1134/2646	178/435	2402	Anna Jeseritz	F	29	Gretna	NE	2228	10:03	01:13:39.3	2069	10:59	01:12:00.2	02:25:39.5	10:31	02:17:52.7
2103	1135/2646	109/308	4289	Carly Faller	F	21	Lincoln	NE	2418	10:13	01:15:42.3	1968	10:49	01:10:54.7	02:26:37.1	10:31	02:17:52.7
2104	969/1345	60/81	5306	Schyler Kerns	M	22	Lincoln	NE	1036	8:46	01:01:16.8	2737	12:16	01:20:26.1	02:21:42.9	10:31	02:17:53.4
2105	1136/2646	147/342	3823	Amber Stephens	F	40	Davey	NE	2443	10:23	01:15:57.6	1878	10:39	01:09:48.1	02:25:45.7	10:31	02:17:55.0
2106	1137/2646	239/486	1888	Kelly Dewing	F	35	Eagle	NE	2071	9:31	01:11:53.2	2362	11:32	01:15:33.4	02:27:26.6	10:31	02:17:56.5
2107	1138/2646	148/342	5653	Shellie Farrell	F	41	Smithville	MO	2108	9:55	01:12:06.6	2158	11:08	01:12:57.2	02:25:03.8	10:31	02:17:56.9
2108	1139/2646	149/342	3693	Christi Stenger	F	41	Omaha	NE	2142	9:59	01:12:28.1	2122	11:04	01:12:34.6	02:25:02.7	10:31	02:17:58.2
2109	1140/2646	60/154	4066	Heather Schuette	F	52	Lincoln	NE	1585	9:39	01:06:32.2	2293	11:24	01:14:43.0	02:21:15.2	10:31	02:17:59.3
2110	1141/2646	227/460	6231	Tedi Andrews	F	30	Waukee	IA	2039	9:56	01:11:28.9	2155	11:08	01:12:56.5	02:24:25.5	10:31	02:18:01.9
2111	1142/2646	150/342	3981	Sandy Brokaw	F	40	Des Moines	IA	2478	10:38	01:16:10.2	1700	10:25	01:08:17.2	02:24:27.4	10:31	02:18:02.5
2112	1143/2646	240/486	1502	Tracy Long	F	38	Bellwood	NE	2543	10:20	01:16:58.8	1924	10:44	01:10:19.6	02:27:18.5	10:31	02:18:04.0
2113	1144/2646	13/49	670	Marlene Swanson	F	61	Lincoln	NE	2180	10:08	01:13:05.5	2036	10:56	01:11:39.6	02:24:45.2	10:32	02:18:05.0
2114	1145/2646	241/486	2963	Jill Teachout	F	39	Lincoln	NE	1861	9:42	01:09:36.2	2279	11:22	01:14:28.6	02:24:04.9	10:32	02:18:05.7
2115	1146/2646	110/308	1798	Jillian Moravec	F	23	Lincoln	NE	2474	10:24	01:16:08.6	1894	10:40	01:09:58.0	02:26:06.6	10:32	02:18:06.7
2116	970/1345	83/115	1423	Scott Strasburger	M	52	Lincoln	NE	1945	9:49	01:10:32.5	2222	11:15	01:13:45.0	02:24:17.5	10:32	02:18:07.0
2117	1147/2646	111/308	3912	Karin Gilgallon	F	24	Lincoln	NE	1814	9:39	01:09:08.7	2300	11:25	01:14:49.9	02:23:58.7	10:32	02:18:07.3
2118	1148/2646	61/154	894	Barbara Mcphillips	F	50	York	NE	2484	10:13	01:16:13.1	1990	10:52	01:11:13.7	02:27:26.8	10:32	02:18:09.3
2119	1149/2646	179/435	4891	Katelyn Hemmeke	F	25	Lincoln	NE	2838	10:43	01:20:54.2	1664	10:21	01:07:54.0	02:28:48.2	10:32	02:18:09.5
2120	1150/2646	228/460	1618	Holly Hopkins	F	31	Lincoln	NE	1582	9:31	01:06:29.5	2391	11:34	01:15:47.1	02:22:16.7	10:32	02:18:10.1
2121	1151/2646	180/435	5028	Jessalyn Bolkema	F	26	Lincoln	NE	2837	10:43	01:20:53.2	1672	10:22	01:07:57.3	02:28:50.6	10:32	02:18:11.6
2122	1152/2646	242/486	4859	Karla Hansen	F	38	Alta	IA	2132	10:02	01:12:22.1	2105	11:03	01:12:26.3	02:24:48.4	10:32	02:18:13.2
2123	971/1345	93/135	2459	David Roth	M	47	Ashland	NE	2615	10:28	01:17:41.1	1849	10:37	01:09:33.7	02:27:14.8	10:32	02:18:13.5
2124	1153/2646	243/486	2854	Angela Schreiner	F	39	Lincoln	NE	2026	9:58	01:11:20.6	2159	11:08	01:12:57.2	02:24:17.8	10:32	02:18:14.3

The Good Life Halfsy

November 1, 2015

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2125	1154/2646	91/227	2460	Jennifer Roth	F	47	Ashland	NE	2616	10:29	01:17:41.3	1850	10:37	01:09:34.4	02:27:15.8	10:32	02:18:14.6
2126	1155/2646	244/486	2730	Danielle Austin	F	39	Topeka	KS	2140	10:11	01:12:26.8	2015	10:54	01:11:28.6	02:23:55.4	10:32	02:18:15.5
2127	1156/2646	229/460	2528	Christine Caldwell	F	32	Lincoln	NE	2427	10:07	01:15:45.6	2065	10:59	01:11:58.9	02:27:44.5	10:32	02:18:15.8
2128	1157/2646	151/342	5319	Cary Osmera	F	42	Wahoo	NE	2305	10:05	01:14:34.1	2083	11:01	01:12:10.6	02:26:44.7	10:32	02:18:17.2
2129	1158/2646	112/308	1835	Olivia Leduc	F	20	Lincoln	NE	1936	10:06	01:10:29.6	2073	10:59	01:12:02.1	02:22:31.7	10:32	02:18:17.8
2130	1159/2646	245/486	4451	Lindsey Kowalke	F	38	Lincoln	NE	2466	10:01	01:16:06.3	2127	11:05	01:12:38.4	02:28:44.7	10:33	02:18:18.6
2131	972/1345	178/233	6315	James Soukup	M	35	Lincoln	NE	2274	10:07	01:14:05.3	2061	10:59	01:11:57.4	02:26:02.7	10:33	02:18:19.2
2132	1160/2646	181/435	3594	Jennifer Braun	F	29	Cedar Rapids	NE	2491	10:02	01:16:16.5	2123	11:04	01:12:35.7	02:28:52.3	10:33	02:18:21.1
2133	973/1345	144/183	3974	Jamey Kennel	M	28	Gretna	NE	2778	10:37	01:20:13.7	1758	10:30	01:08:47.0	02:29:00.8	10:33	02:18:25.1
2134	1161/2646	182/435	3917	Vicki Kennel	F	29	Gretna	NE	2779	10:37	01:20:13.7	1757	10:30	01:08:46.6	02:29:00.3	10:33	02:18:25.2
2135	1162/2646	113/308	1364	Ashley Bykerk	F	20	Grand Island	NE	2076	9:34	01:11:55.7	2383	11:33	01:15:40.7	02:27:36.4	10:33	02:18:25.2
2136	974/1345	147/205	2501	Joshua Popp	M	32	Lincoln	NE	1308	9:02	01:03:17.8	2646	12:05	01:19:11.7	02:22:29.5	10:33	02:18:25.9
2137	1163/2646	183/435	2887	Emily Morlok	F	26	Lincoln	NE	2640	10:03	01:17:58.9	2120	11:04	01:12:32.9	02:30:31.9	10:33	02:18:26.0
2138	975/1345	142/192	659	Kiran Poda	M	42	Lincoln	NE	2058	9:55	01:11:43.6	2208	11:12	01:13:27.7	02:25:11.3	10:33	02:18:26.7
2139	1164/2646	62/154	3905	Jackie Patterson	F	53	Lincoln	NE	2461	10:09	01:16:03.1	2059	10:58	01:11:55.7	02:27:58.8	10:33	02:18:26.8
2140	1165/2646	92/227	880	Stacie Higgins	F	45	Nebraska City	NE	1812	9:36	01:09:07.9	2367	11:32	01:15:34.3	02:24:42.3	10:33	02:18:27.4
2141	1166/2646	93/227	2722	Amy Renard	F	46	Lincoln	NE	2561	10:22	01:17:10.4	1936	10:45	01:10:30.0	02:27:40.5	10:33	02:18:28.0
2142	1167/2646	152/342	1915	Jennifer Brown	F	41	Grand Island	NE	2084	9:56	01:11:59.3	2196	11:12	01:13:22.4	02:25:21.7	10:33	02:18:28.8
2143	1168/2646	246/486	3172	Emily Degraff	F	36	Lincoln	NE	2590	10:08	01:17:27.8	2070	10:59	01:12:01.5	02:29:29.4	10:33	02:18:29.4
2144	1169/2646	114/308	1916	Cassandra Casares	F	24	Grand Island	NE	2085	9:56	01:11:59.3	2203	11:12	01:13:24.2	02:25:23.6	10:33	02:18:30.7
2145	1170/2646	184/435	5000	Alyssa Cisneros	F	28	Lincoln	NE	2568	10:03	01:17:14.8	2135	11:06	01:12:45.7	02:30:00.6	10:34	02:18:36.0
2146	976/1345	94/135	3598	Dan Defreece	M	48	Nebraska City	NE	1907	9:45	01:10:11.5	2289	11:24	01:14:40.2	02:24:51.8	10:34	02:18:37.6
2147	1171/2646	247/486	5638	B J Withrow	F	36	Burwell	NE	1365	8:45	01:03:44.4	2799	12:24	01:21:17.4	02:25:01.8	10:34	02:18:38.9
2148	1172/2646	248/486	3326	Angela Redman	F	39	Burwell	NE	1887	9:42	01:10:02.1	2323	11:27	01:15:06.2	02:25:08.4	10:34	02:18:39.4
2149	977/1345	51/82	5325	Brent Schweitzer	M	55	Milford	NE	1754	9:52	01:08:38.6	2237	11:17	01:13:59.1	02:22:37.8	10:34	02:18:39.8
2150	1173/2646	14/49	1709	Denise Terry	F	60	Lincoln	NE	1492	9:37	01:05:17.3	2378	11:32	01:15:37.8	02:20:55.2	10:34	02:18:40.6
2151	1174/2646	185/435	2679	Alyssa McBride	F	25	Lincoln	NE	2230	10:06	01:13:39.8	2109	11:03	01:12:28.0	02:26:07.8	10:34	02:18:41.1
2152	1175/2646	230/460	2788	Andrea Woita	F	31	Ceresco	NE	2027	10:02	01:11:20.8	2157	11:08	01:12:56.9	02:24:17.8	10:34	02:18:41.4
2153	978/1345	30/48	2677	David McBride	M	63	Lincoln	NE	2231	10:06	01:13:40.2	2108	11:03	01:12:27.6	02:26:07.8	10:34	02:18:41.9
2154	979/1345	145/183	2739	Brandon Biba	M	29	Lincoln	NE	1604	9:34	01:06:49.5	2403	11:35	01:15:57.1	02:22:46.7	10:34	02:18:43.3
2155	980/1345	146/183	3076	Cody Hanson	M	29	Lincolne	NE	1485	9:07	01:05:10.7	2629	12:03	01:19:00.5	02:24:11.3	10:35	02:18:45.3
2156	1176/2646	115/308	3562	Krista Gunder	F	23	Lincoln	NE	1740	9:42	01:08:32.8	2332	11:28	01:15:08.9	02:23:41.7	10:35	02:18:45.8
2157	981/1345	143/192	4662	Chris Pressler	M	42	Lincoln	NE	2691	10:23	01:18:49.8	1954	10:47	01:10:41.9	02:29:31.8	10:35	02:18:46.1
2158	1177/2646	249/486	1098	Cindy Miller	F	37	Lincoln	NE	1464	9:06	01:04:53.5	2638	12:04	01:19:05.2	02:23:58.7	10:35	02:18:46.3
2159	1178/2646	153/342	3942	Jen Consbruck	F	41	Lincoln	NE	1535	9:22	01:05:51.3	2528	11:49	01:17:26.6	02:23:17.9	10:35	02:18:48.1
2160	1179/2646	186/435	3262	Kelsie Buckley	F	25	Omaha	NE	2373	10:18	01:15:19.3	1996	10:53	01:11:17.2	02:26:36.5	10:35	02:18:50.3

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2161	1180/2646	250/486	3012	Thu Le	F	38	Lincoln	NE	2023	10:05	01:11:18.9	2139	11:06	01:12:46.8	02:24:05.8	10:35	02:18:54.4
2162	1181/2646	231/460	922	Katie Pekarek	F	31	Dwight	NE	2104	10:02	01:12:05.1	2187	11:10	01:13:10.3	02:25:15.4	10:35	02:18:56.5
2163	1182/2646	116/308	5663	Lindsay Connely	F	24	Mission	KS	2495	10:33	01:16:20.1	1874	10:39	01:09:46.8	02:26:06.9	10:35	02:18:56.9
2164	1183/2646	117/308	5870	Katie Anthony	F	23	Lincoln	NE	2496	10:33	01:16:20.2	1875	10:39	01:09:47.0	02:26:07.3	10:36	02:18:57.4
2165	1184/2646	15/49	3065	Harriette Lococo	F	63	Lincoln	NE	2167	9:59	01:12:53.9	2209	11:13	01:13:28.3	02:26:22.3	10:36	02:18:57.6
2166	982/1345	84/115	2697	Richard Teel	M	53	Lincoln	NE	2978	10:45	01:22:50.1	1725	10:27	01:08:31.2	02:31:21.3	10:36	02:18:58.6
2167	983/1345	147/183	2309	Lane White	M	29	Lincoln	NE	2702	10:23	01:18:59.1	1966	10:49	01:10:54.2	02:29:53.3	10:36	02:18:58.7
2168	1185/2646	94/227	5285	Tracey Areman	F	48	Lincoln	NE	1758	9:50	01:08:39.4	2281	11:23	01:14:34.3	02:23:13.7	10:36	02:19:00.8
2169	1186/2646	232/460	1377	Whitney Kester	F	30	North Platte	NE	1819	9:34	01:09:11.8	2434	11:39	01:16:20.7	02:25:32.5	10:36	02:19:03.4
2170	1187/2646	251/486	3761	Katie Tessin	F	37	Omaha	NE	1911	9:55	01:10:12.7	2243	11:18	01:14:02.4	02:24:15.2	10:36	02:19:05.1
2171	1188/2646	95/227	1524	Connie Peterson	F	45	Lincoln	NE	1658	9:51	01:07:30.8	2278	11:22	01:14:28.5	02:21:59.4	10:36	02:19:05.5
2172	1189/2646	233/460	3986	Sydney Omo	F	33	Omaha	NE	1910	9:55	01:10:12.7	2244	11:18	01:14:02.7	02:24:15.4	10:36	02:19:05.6
2173	984/1345	148/205	2195	Mitchel Mccarthy	M	34	Lincoln	NE	2383	10:07	01:15:22.9	2136	11:06	01:12:45.8	02:28:08.8	10:36	02:19:06.6
2174	1190/2646	96/227	4303	Kristina Miller	F	45	Kansas City	MO	1863	9:46	01:09:38.5	2330	11:28	01:15:08.2	02:24:46.8	10:36	02:19:07.3
2175	1191/2646	118/308	2587	Kathleen Loach	F	21	Lincoln	NE	2433	10:17	01:15:51.3	2051	10:57	01:11:48.5	02:27:39.8	10:37	02:19:11.5
2176	1192/2646	97/227	1638	Marla Shaw	F	47	Lincoln	NE	1952	10:00	01:10:34.7	2217	11:14	01:13:36.0	02:24:10.7	10:37	02:19:11.8
2177	1193/2646	119/308	5427	Jayde Carstens	F	20	Pickrell	NE	2369	10:11	01:15:18.4	2111	11:04	01:12:29.3	02:27:47.8	10:37	02:19:14.6
2178	1194/2646	98/227	3360	Laurie Rolfsmeyer	F	45	Seward	NE	1460	9:31	01:04:50.5	2496	11:44	01:16:56.0	02:21:46.6	10:37	02:19:16.7
2179	1195/2646	41/79	5166	Jannah Follett	F	15	Lincoln	NE	2412	10:00	01:15:38.8	2221	11:15	01:13:43.6	02:29:22.5	10:37	02:19:16.7
2180	985/1345	95/135	4428	Tom Michalek	M	47	Hastings	NE	2164	9:58	01:12:52.5	2229	11:16	01:13:54.1	02:26:46.6	10:37	02:19:17.2
2181	1196/2646	154/342	2470	Amy Ruisinger	F	43	Bennet	NE	2389	10:08	01:15:28.3	2151	11:07	01:12:53.8	02:28:22.1	10:37	02:19:18.4
2182	986/1345	179/233	1656	Brett Jeseritz	M	35	Omaha	NE	2159	10:15	01:12:48.3	2078	11:00	01:12:05.8	02:24:54.2	10:37	02:19:18.7
2183	1197/2646	234/460	4449	Rachelle Pumphrey	F	31	Hebron	NE	1521	9:35	01:05:44.6	2458	11:41	01:16:36.7	02:22:21.3	10:38	02:19:24.0
2184	1198/2646	187/435	4732	Rebecca Lineweber	F	29	Lincoln	NE	2384	10:17	01:15:23.6	2072	10:59	01:12:01.6	02:27:25.2	10:38	02:19:24.3
2185	987/1345	144/192	4430	Jeremy Kildare	M	41	Lincoln	NE	2127	9:59	01:12:18.9	2232	11:17	01:13:57.1	02:26:16.1	10:38	02:19:24.9
2186	1199/2646	24/81	551	Patty Clausen	F	57	Beatrice	NE	2696	10:15	01:18:55.2	2088	11:01	01:12:15.9	02:31:11.2	10:38	02:19:25.4
2187	1200/2646	252/486	6221	April Omalley	F	37	Papillion	NE	1623	9:27	01:07:02.5	2534	11:49	01:17:28.3	02:24:30.9	10:38	02:19:26.0
2188	1201/2646	63/154	5054	Leigh Heithoff	F	50	Raymond	NE	2503	10:21	01:16:22.6	2030	10:56	01:11:37.7	02:28:00.4	10:38	02:19:26.7
2189	1202/2646	253/486	5093	Kelly Snead	F	38	Derby	KS	1600	9:51	01:06:45.6	2307	11:26	01:14:54.2	02:21:39.9	10:38	02:19:28.3
2190	1203/2646	188/435	4010	Kelsie Grgurich	F	25	Bellevue	NE	1134	8:45	01:01:54.3	2837	12:32	01:22:05.6	02:23:59.9	10:38	02:19:28.5
2191	1204/2646	120/308	4454	Alexandra Anzai	F	21	Omaha	NE	2563	10:21	01:17:10.8	2023	10:55	01:11:35.3	02:28:46.2	10:38	02:19:29.0
2192	1205/2646	189/435	2205	Kelsey Anzai	F	26	Omaha	NE	2562	10:22	01:17:10.6	2025	10:55	01:11:35.6	02:28:46.3	10:38	02:19:29.9
2193	988/1345	145/192	1468	Dan Oltman	M	40	Denton	NE	1621	9:28	01:07:01.9	2525	11:48	01:17:23.7	02:24:25.6	10:38	02:19:30.4
2194	1206/2646	190/435	2179	Noelle Aden	F	26	Lincoln	NE	2580	10:08	01:17:21.6	2181	11:09	01:13:08.0	02:30:29.7	10:38	02:19:31.5
2195	989/1345	146/192	2708	Jason Evans	M	42	Lincoln	NE	2029	9:45	01:11:23.3	2379	11:32	01:15:37.9	02:27:01.2	10:38	02:19:31.8
2196	990/1345	31/48	1237	Richard A Rogers	M	61	Lincoln	NE	2214	10:03	01:13:32.8	2216	11:14	01:13:35.7	02:27:08.5	10:38	02:19:31.8

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2197	1207/2646	235/460	5012	Jamie Read	F	32	Juniata	NE	2511	10:22	01:16:30.1	2022	10:55	01:11:35.0	02:28:05.1	10:38	02:19:32.1
2198	991/1345	147/192	2750	Toby Comer	M	40	Grand Island	NE	2379	9:56	01:15:21.1	2274	11:21	01:14:23.9	02:29:45.1	10:38	02:19:32.5
2199	1208/2646	64/154	1234	Kathleen Phillips	F	54	Seward	NE	2019	10:08	01:11:16.7	2185	11:10	01:13:09.4	02:24:26.1	10:38	02:19:33.6
2200	1209/2646	254/486	1280	Michaela Harrison	F	37	Lincoln	NE	2065	9:53	01:11:46.9	2299	11:25	01:14:49.6	02:26:36.6	10:38	02:19:33.9
2201	1210/2646	255/486	3520	Katie Cords	F	36	Lincoln	NE	2263	10:10	01:13:58.9	2156	11:08	01:12:56.7	02:26:55.7	10:38	02:19:34.3
2202	1211/2646	65/154	1104	Jeanne Dryburgh	F	51	Seward	NE	2020	10:08	01:11:18.3	2182	11:09	01:13:08.2	02:24:26.5	10:38	02:19:34.8
2203	992/1345	180/233	1645	Joshua Schwarten	M	38	Lincoln	NE	2338	10:21	01:14:54.8	2042	10:56	01:11:43.0	02:26:37.9	10:38	02:19:35.0
2204	1212/2646	121/308	2943	Jennifer Kotulak	F	24	Omaha	NE	1526	9:11	01:05:46.4	2664	12:07	01:19:27.3	02:25:13.8	10:39	02:19:39.3
2205	1213/2646	256/486	2618	Karen Bird	F	35	Omaha	NE	2205	10:08	01:13:26.3	2188	11:11	01:13:15.3	02:26:41.7	10:39	02:19:41.0
2206	1214/2646	257/486	4976	Deborah Miles	F	37	Hastings	NE	2390	10:14	01:15:29.9	2128	11:05	01:12:38.5	02:28:08.4	10:39	02:19:41.8
2207	1215/2646	99/227	6177	Julie Mcandrew	F	47	Lincoln	NE	2733	10:23	01:19:21.8	2038	10:56	01:11:41.9	02:31:03.8	10:39	02:19:42.7
2208	993/1345	148/183	6320	Eric Nelson	M	29	Lincoln	NE	1558	9:48	01:06:12.3	2352	11:31	01:15:26.2	02:21:38.5	10:39	02:19:43.3
2209	1216/2646	191/435	1918	Michaela Taylor	F	27	Elkhorn	NE	1478	9:31	01:05:07.9	2524	11:48	01:17:23.4	02:22:31.3	10:39	02:19:43.9
2210	1217/2646	192/435	2736	Rebecca Post	F	29	Lincoln	NE	3074	11:13	01:24:19.5	1501	10:06	01:06:15.7	02:30:35.3	10:39	02:19:44.1
2211	1218/2646	25/81	4176	Cathy Schnieders	F	59	Omaha	NE	2566	10:13	01:17:13.9	2142	11:06	01:12:47.9	02:30:01.8	10:39	02:19:44.3
2212	1219/2646	155/342	1306	Billie Burns	F	40	Bellevue	NE	2487	10:18	01:16:14.7	2089	11:01	01:12:15.9	02:28:30.7	10:39	02:19:44.4
2213	994/1345	148/192	5160	Kalvin Follett	M	44	Lincoln	NE	1859	9:46	01:09:35.4	2386	11:33	01:15:42.6	02:25:18.1	10:39	02:19:45.4
2214	1220/2646	100/227	1026	Kim Nelson	F	49	Ceresco	NE	2734	10:23	01:19:21.9	2045	10:57	01:11:44.4	02:31:06.3	10:39	02:19:45.6
2215	1221/2646	122/308	3016	Katie O'brien	F	23	Lincoln	NE	2743	10:42	01:19:35.7	1860	10:38	01:09:40.7	02:29:16.4	10:39	02:19:46.0
2216	1222/2646	66/154	6135	Susie Duncan	F	50	Omaha	NE	2525	10:25	01:16:47.5	2018	10:55	01:11:31.6	02:28:19.1	10:39	02:19:47.2
2217	1223/2646	193/435	6188	Raquel Chavez	F	28	Lincoln	NE	2642	10:29	01:17:59.1	1982	10:51	01:11:06.3	02:29:05.5	10:39	02:19:48.7
2218	1224/2646	123/308	6260	Laura Evans	F	22	Columbus	NE	2643	10:27	01:17:59.6	2004	10:53	01:11:20.3	02:29:19.9	10:39	02:19:49.2
2219	1225/2646	194/435	4333	Stephanie Ferguson	F	27	Ashland	NE	2634	10:27	01:17:55.3	2003	10:53	01:11:20.3	02:29:15.6	10:40	02:19:50.3
2220	1226/2646	156/342	514	Jodie Valish	F	42	Lincoln	NE	1613	9:38	01:06:57.4	2466	11:42	01:16:40.7	02:23:38.2	10:40	02:19:51.7
2221	1227/2646	258/486	5302	Bridget Olsen	F	39	Omaha	NE	2397	10:12	01:15:35.1	2164	11:08	01:13:00.5	02:28:35.7	10:40	02:19:53.0
2222	1228/2646	101/227	4005	Tammie Kruszczyk	F	48	Omaha	NE	2062	10:01	01:11:45.8	2254	11:20	01:14:14.3	02:26:00.1	10:40	02:19:54.2
2223	995/1345	85/115	1277	K O Inamura	M	52	Lincoln	NE	1770	9:38	01:08:42.9	2481	11:43	01:16:45.7	02:25:28.7	10:40	02:19:54.2
2224	996/1345	52/82	228	Joseph Driscoll	M	58	Prospect	CT	2710	10:32	01:19:05.8	1963	10:49	01:10:52.5	02:29:58.4	10:40	02:19:55.7
2225	1229/2646	26/81	227	Christine Driscoll	F	57	Prospect	CT	2712	10:32	01:19:07.2	1962	10:49	01:10:51.2	02:29:58.5	10:40	02:19:55.8
2226	1230/2646	259/486	1281	Jeri Swanson	F	38	Kearney	NE	2477	10:25	01:16:09.8	2032	10:56	01:11:38.9	02:27:48.8	10:40	02:19:55.9
2227	1231/2646	124/308	5864	Katlyn Bailey	F	23	Lincoln	NE	2867	10:49	01:21:20.5	1796	10:32	01:09:03.5	02:30:24.1	10:40	02:19:55.9
2228	1232/2646	236/460	1005	Erin Hussey	F	33	Lincoln	NE	2699	10:28	01:18:56.4	1994	10:52	01:11:16.6	02:30:13.1	10:40	02:19:56.0
2229	997/1345	149/205	5469	Justin Jenness	M	30	Sheldon	IA	1512	9:03	01:05:35.5	2756	12:18	01:20:35.9	02:26:11.5	10:40	02:19:56.0
2230	1233/2646	195/435	2876	Audrey Driscoll	F	28	Lincoln	NE	2706	10:32	01:19:02.1	1970	10:49	01:10:56.1	02:29:58.2	10:40	02:19:56.6
2231	1234/2646	260/486	1995	Cheryl Dietrich	F	36	Lincoln	NE	2906	10:55	01:21:50.3	1714	10:26	01:08:22.1	02:30:12.4	10:40	02:19:58.2
2232	998/1345	61/81	4752	Josh Roth	M	22	Lincoln	NE	913	8:53	01:00:12.2	2824	12:28	01:21:43.3	02:21:55.5	10:40	02:19:58.6

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2233	1235/2646	102/227	5438	Cindy Tate	F	48	Omaha	NE	2398	10:12	01:15:35.2	2176	11:09	01:13:06.5	02:28:41.7	10:40	02:19:59.0
2234	1236/2646	157/342	5684	Michele Shonka	F	41	Papillion	NE	2099	10:13	01:12:03.7	2167	11:08	01:13:01.3	02:25:05.1	10:40	02:19:59.4
2235	1237/2646	237/460	4959	Brenda Hamilton	F	30	Valentine	NE	2221	10:15	01:13:36.7	2145	11:07	01:12:50.1	02:26:26.8	10:40	02:19:59.8
2236	1238/2646	196/435	4320	Lisa Minnick	F	29	Lincoln	NE	2309	9:49	01:14:37.6	2388	11:33	01:15:43.2	02:30:20.8	10:40	02:20:02.1
2237	1239/2646	238/460	399	Ashley Egger	F	30	Lincoln	NE	1542	9:36	01:05:58.6	2510	11:46	01:17:08.5	02:23:07.2	10:41	02:20:02.9
2238	1240/2646	261/486	1135	Stephanie Tomlinson	F	38	Lincoln	NE	1766	9:46	01:08:41.8	2408	11:36	01:16:00.3	02:24:42.2	10:41	02:20:03.8
2239	1241/2646	158/342	2694	Shawnda Eggleston	F	41	Broken Bow	NE	2073	9:51	01:11:53.6	2356	11:31	01:15:28.3	02:27:21.9	10:41	02:20:04.7
2240	999/1345	181/233	1134	Don Tomlinson	M	38	Lincoln	NE	1656	9:35	01:07:29.2	2514	11:47	01:17:13.5	02:24:42.8	10:41	02:20:05.0
2241	1242/2646	197/435	4990	Adrienne Schlake	F	27	Lincoln	NE	2240	10:22	01:13:47.3	2084	11:01	01:12:11.1	02:25:58.5	10:41	02:20:06.8
2242	1000/1345	182/233	4393	Ed Ring	M	37	Lincoln	NE	2080	9:58	01:11:57.3	2295	11:24	01:14:46.6	02:26:43.9	10:41	02:20:07.6
2243	1001/1345	53/82	1035	James Fischer	M	57	Lincoln	NE	2266	10:02	01:13:59.7	2272	11:21	01:14:23.5	02:28:23.2	10:41	02:20:08.0
2244	1243/2646	262/486	1590	Season Epp	F	37	Lincoln	NE	2358	9:52	01:15:12.3	2359	11:31	01:15:30.5	02:30:42.9	10:41	02:20:08.7
2245	1002/1345	150/205	3438	Mike Grady	M	33	Lincoln	NE	2985	10:37	01:22:53.8	1945	10:47	01:10:38.3	02:33:32.2	10:41	02:20:14.1
2246	1244/2646	198/435	3436	Elizabeth Flood Grady	F	29	Lincoln	NE	2983	10:37	01:22:53.6	1946	10:47	01:10:38.5	02:33:32.2	10:41	02:20:14.2
2247	1245/2646	239/460	4221	Laura Granneman	F	30	Omaha	NE	1800	9:54	01:09:00.5	2349	11:30	01:15:24.3	02:24:24.9	10:42	02:20:17.7
2248	1246/2646	159/342	4439	Shellie Sabata	F	44	Lincoln	NE	2517	10:24	01:16:34.6	2082	11:01	01:12:10.3	02:28:44.9	10:42	02:20:19.0
2249	1247/2646	103/227	6073	Paula Meeker	F	46	Logan	IA	1984	9:47	01:10:54.5	2420	11:37	01:16:11.7	02:27:06.2	10:42	02:20:19.3
2250	1248/2646	42/79	2575	Kristen Kuwitzky	F	19	Omaha	NE	2267	9:40	01:14:00.1	2494	11:44	01:16:55.9	02:30:56.1	10:42	02:20:20.4
2251	1249/2646	104/227	1643	Sheila Mccartney	F	45	Nelson	NE	2007	9:43	01:11:07.3	2457	11:41	01:16:36.4	02:27:43.8	10:42	02:20:20.5
2252	1250/2646	199/435	4749	Lauren Funk	F	26	Lincoln	NE	2222	10:09	01:13:37.7	2226	11:16	01:13:50.9	02:27:28.6	10:42	02:20:21.4
2253	1251/2646	105/227	919	Theresa Larson	F	48	Omaha	NE	1978	9:49	01:10:52.4	2411	11:36	01:16:01.8	02:26:54.3	10:42	02:20:22.1
2254	1252/2646	125/308	1455	Colbi Reetz	F	20	Lincoln	NE	1890	9:58	01:10:03.1	2316	11:27	01:15:02.6	02:25:05.8	10:42	02:20:23.6
2255	1253/2646	263/486	1037	Jeni Lautenschlager	F	35	Lincoln	NE	2368	10:16	01:15:17.8	2180	11:09	01:13:07.4	02:28:25.3	10:42	02:20:25.0
2256	1254/2646	200/435	690	Kate Beranek	F	27	Ashland	NE	2120	9:49	01:12:14.2	2416	11:37	01:16:07.5	02:28:21.7	10:42	02:20:25.5
2257	1003/1345	183/233	2912	Jason Steele	M	38	Lincoln	NE	2024	9:46	01:11:19.5	2442	11:40	01:16:27.8	02:27:47.4	10:42	02:20:26.6
2258	1255/2646	126/308	3285	Sadie Thomassen	F	21	Lincoln	NE	2911	10:56	01:21:54.6	1771	10:30	01:08:50.9	02:30:45.6	10:43	02:20:29.8
2259	1256/2646	106/227	3685	Jerilyn Wilkinson	F	48	Syracuse	NE	2107	9:48	01:12:05.9	2424	11:38	01:16:14.8	02:28:20.8	10:43	02:20:29.9
2260	1004/1345	54/82	6109	Tom Dobbe	M	59	Lincoln	NE	2458	10:15	01:16:02.3	2191	11:11	01:13:18.6	02:29:20.9	10:43	02:20:31.4
2261	1257/2646	201/435	4340	Mary Katherine Davis	F	27	Lincoln	NE	3080	10:49	01:24:23.6	1861	10:38	01:09:41.5	02:34:05.1	10:43	02:20:32.6
2262	1258/2646	202/435	419	Lisa Watermeier	F	26	Omaha	NE	2773	10:18	01:20:11.1	2161	11:08	01:12:59.1	02:33:10.2	10:43	02:20:33.1
2263	1259/2646	43/79	4540	Haley Wilke	F	19	Lincoln	NE	2536	10:24	01:16:55.4	2104	11:03	01:12:25.1	02:29:20.5	10:43	02:20:33.4
2264	1260/2646	264/486	40	Michelle Adler	F	38	Lincoln	NE	3014	12:16	01:23:20.3	888	9:10	01:00:07.5	02:23:27.9	10:43	02:20:34.4
2265	1261/2646	203/435	5556	Brittney Bills	F	29	Omaha	NE	2279	10:06	01:14:09.3	2269	11:21	01:14:21.5	02:28:30.8	10:43	02:20:34.9
2266	1262/2646	204/435	5880	Katie Nystrom	F	27	Lincoln	NE	2000	9:59	01:11:02.8	2337	11:29	01:15:13.9	02:26:16.8	10:43	02:20:40.1
2267	1263/2646	67/154	1467	Gayle Jasper	F	50	Lincoln	NE	2492	10:29	01:16:16.9	2058	10:58	01:11:55.3	02:28:12.3	10:43	02:20:41.1
2268	1005/1345	184/233	5430	Joshua Miller	M	38	Lincoln	NE	2586	10:08	01:17:26.3	2263	11:20	01:14:19.0	02:31:45.3	10:44	02:20:46.1

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Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2269	1264/2646	240/460	1510	Jennifer Goetsch	F	30	Lincoln	NE	1906	9:58	01:10:10.8	2348	11:30	01:15:24.1	02:25:34.9	10:44	02:20:47.4
2270	1006/1345	149/192	4368	Jeffrey Graff	M	44	Waverly	NE	2119	9:58	01:12:13.4	2351	11:30	01:15:25.8	02:27:39.3	10:44	02:20:49.1
2271	1007/1345	55/82	2671	Monte Froehlich	M	56	Lincoln	NE	2077	10:34	01:11:55.9	2026	10:55	01:11:36.2	02:23:32.1	10:44	02:20:50.4
2272	1265/2646	241/460	4415	Amber Winter	F	33	North Loup	NE	2409	10:16	01:15:38.6	2215	11:14	01:13:34.7	02:29:13.3	10:44	02:20:51.6
2273	1266/2646	242/460	5489	Chere Stephen	F	33	Ainsworth	NE	1682	10:03	01:07:48.8	2315	11:27	01:15:02.5	02:22:51.3	10:44	02:20:52.2
2274	1267/2646	27/81	908	Ann Hegstrom	F	59	De Soto	IA	2565	10:31	01:17:11.3	2056	10:58	01:11:53.4	02:29:04.8	10:44	02:20:52.9
2275	1008/1345	86/115	583	Tom Upton	M	50	Lincoln	NE	2506	10:10	01:16:24.7	2253	11:19	01:14:13.5	02:30:38.2	10:44	02:20:53.8
2276	1009/1345	149/183	1532	William Heitshusen	M	29	Moore	OK	1561	9:34	01:06:16.9	2593	11:56	01:18:15.8	02:24:32.8	10:45	02:20:56.3
2277	1268/2646	265/486	5725	Leanne Vetter	F	39	Gretna	NE	2013	9:45	01:11:12.2	2502	11:45	01:16:59.2	02:28:11.5	10:45	02:20:57.0
2278	1010/1345	150/192	2240	Mark Rolfsmeyer	M	44	Seward	NE	1596	9:48	01:06:42.4	2478	11:43	01:16:45.2	02:23:27.7	10:45	02:20:57.2
2279	1269/2646	266/486	4229	Sarah Copple	F	36	Norwalk	IA	2462	10:22	01:16:04.1	2170	11:09	01:13:03.4	02:29:07.5	10:45	02:20:58.6
2280	1011/1345	150/183	4619	Colby Hobbs	M	26	Lincoln	NE	1599	9:48	01:06:45.6	2471	11:42	01:16:41.8	02:23:27.5	10:45	02:20:58.8
2281	1270/2646	160/342	438	Christine Synowicki	F	43	Lincoln	NE	2515	10:24	01:16:34.1	2147	11:07	01:12:51.2	02:29:25.3	10:45	02:20:59.9
2282	1271/2646	267/486	6046	Lindsey Hess	F	37	Elkhorn	NE	2665	10:29	01:18:20.2	2095	11:02	01:12:19.4	02:30:39.7	10:45	02:21:03.6
2283	1012/1345	56/82	770	Kevin Watteyne	M	58	Lincoln	NE	2440	10:08	01:15:56.8	2288	11:23	01:14:38.7	02:30:35.5	10:45	02:21:04.9
2284	1013/1345	151/192	2273	Brad Behne	M	44	Lincoln	NE	2558	10:25	01:17:06.3	2143	11:06	01:12:47.9	02:29:54.3	10:45	02:21:05.1
2285	1014/1345	151/205	3539	Aron Filbert	M	34	Omaha	NE	2330	10:11	01:14:47.5	2262	11:20	01:14:18.5	02:29:06.1	10:45	02:21:06.5
2286	1272/2646	205/435	6306	Chelsea Kuchta	F	26	Randolph	NE	1993	9:45	01:10:57.6	2511	11:46	01:17:08.8	02:28:06.4	10:45	02:21:06.7
2287	1273/2646	243/460	4400	Angela Shull	F	32	Council Bluffs	IA	2376	10:14	01:15:20.7	2241	11:18	01:14:01.2	02:29:21.9	10:45	02:21:07.7
2288	1274/2646	206/435	5386	Melissa Hartman	F	28	Lincoln	NE	1974	9:58	01:10:51.8	2395	11:34	01:15:50.3	02:26:42.2	10:45	02:21:08.3
2289	1275/2646	161/342	361	Pam Whisenhunt	F	43	Lincoln	NE	2641	10:29	01:17:59.1	2106	11:03	01:12:26.7	02:30:25.8	10:46	02:21:09.1
2290	1015/1345	62/81	4656	Michael Hollman	M	21	Grand Island	NE	2891	10:49	01:21:36.6	1918	10:43	01:10:13.1	02:31:49.7	10:46	02:21:09.2
2291	1276/2646	268/486	392	Nicole Barker	F	36	Lincoln	NE	2450	10:15	01:16:00.2	2239	11:18	01:14:00.9	02:30:01.2	10:46	02:21:10.2
2292	1016/1345	152/192	1289	Nagaraju Mudhelli	M	43	Lincoln	NE	2102	9:58	01:12:04.8	2393	11:34	01:15:49.6	02:27:54.5	10:46	02:21:11.5
2293	1017/1345	57/82	688	Dennis Pracheil	M	57	Dorchester	NE	2754	10:39	01:19:48.5	2012	10:54	01:11:24.6	02:31:13.1	10:46	02:21:11.9
2294	1018/1345	153/192	3364	Zac Roberts	M	41	Lincoln	NE	1642	9:33	01:07:18.5	2613	12:00	01:18:36.9	02:25:55.5	10:46	02:21:12.6
2295	1019/1345	63/81	4257	Weston Foxhoven	M	23	Lincoln	NE	2258	10:03	01:13:55.8	2346	11:30	01:15:22.8	02:29:18.6	10:46	02:21:14.2
2296	1277/2646	244/460	5105	Kelly Rathe	F	32	Lincoln	NE	2946	11:12	01:22:28.8	1659	10:21	01:07:50.7	02:30:19.5	10:46	02:21:16.1
2297	1278/2646	207/435	3049	Megan Pick	F	29	Bellevue	NE	2289	10:06	01:14:18.6	2321	11:27	01:15:05.1	02:29:23.7	10:46	02:21:16.9
2298	1020/1345	32/48	5049	Steven Richardson	M	60	North Bend	NE	1586	9:29	01:06:33.4	2641	12:04	01:19:08.2	02:25:41.6	10:46	02:21:17.7
2299	1279/2646	208/435	435	Heather Strobe	F	29	Lincoln	NE	2201	10:13	01:13:18.8	2261	11:20	01:14:18.4	02:27:37.3	10:46	02:21:17.9
2300	1280/2646	245/460	5675	Krystal Hernandez	F	30	Cozad	NE	2069		01:11:50.6	1835	10:36	01:09:27.3	02:21:17.9	10:46	02:21:17.9
2301	1281/2646	44/79	6042	Allison Tietjen	F	19	Chester	NE	2371	10:11	01:15:18.6	2287	11:23	01:14:38.5	02:29:57.2	10:47	02:21:22.8
2302	1282/2646	269/486	902	Meghan Gibbons	F	38	Lincoln	NE	2407	10:09	01:15:38.3	2296	11:25	01:14:48.6	02:30:26.9	10:47	02:21:24.0
2303	1283/2646	68/154	2031	Laura Runge	F	50	Lincoln	NE	2771	10:45	01:20:07.8	1973	10:50	01:10:57.6	02:31:05.5	10:47	02:21:26.7
2304	1284/2646	270/486	2257	Laurie Harry	F	39	Lincoln	NE	2377	10:06	01:15:21.1	2335	11:28	01:15:12.2	02:30:33.3	10:47	02:21:26.7

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2305	1285/2646	107/227	1623	Kelly Donahue	F	48	Golden	CO	2625	10:16	01:17:47.1	2250	11:19	01:14:12.5	02:31:59.6	10:47	02:21:27.4
2306	1286/2646	162/342	4035	Stephanie Swerczek	F	43	Ashland	NE	2482	10:03	01:16:11.6	2370	11:32	01:15:35.8	02:31:47.4	10:47	02:21:27.8
2307	1021/1345	58/82	1617	Pat Donahue	M	58	Lincoln	NE	2626	10:16	01:17:47.3	2252	11:19	01:14:13.0	02:32:00.3	10:47	02:21:27.9
2308	1287/2646	69/154	2465	Marti Mueting	F	51	Lincoln	NE	2772	10:46	01:20:08.8	1971	10:49	01:10:56.5	02:31:05.4	10:47	02:21:27.9
2309	1288/2646	28/81	5068	Tammie Holley	F	56	Valparaiso	NE	2394	10:13	01:15:33.6	2280	11:22	01:14:29.2	02:30:02.8	10:47	02:21:28.9
2310	1289/2646	271/486	6228	Christina Davenport	F	39	Lincoln	NE	2735	10:39	01:19:23.1	2043	10:57	01:11:43.3	02:31:06.4	10:47	02:21:30.5
2311	1290/2646	209/435	4424	Karen Clinch	F	27	Fremont	NE	2609	10:57	01:17:38.7	1870	10:38	01:09:45.0	02:27:23.8	10:47	02:21:30.8
2312	1291/2646	70/154	5537	Glenda Sturgis	F	52	Omaha	NE	2483	10:24	01:16:11.9	2195	11:12	01:13:22.3	02:29:34.3	10:47	02:21:31.3
2313	1292/2646	246/460	4125	Jessica Hill	F	30	Swarthmore	PA	1853	10:08	01:09:31.9	2320	11:27	01:15:05.1	02:24:37.1	10:47	02:21:33.3
2314	1293/2646	108/227	4366	Brenda Weyers	F	46	Lincoln	NE	2840	10:55	01:20:54.8	1904	10:41	01:10:02.4	02:30:57.3	10:48	02:21:34.6
2315	1294/2646	71/154	5886	Susan Mcclaughry	F	53	Omaha	NE	2758	10:41	01:19:50.5	2019	10:55	01:11:32.2	02:31:22.8	10:48	02:21:35.3
2316	1295/2646	16/49	1139	Donna Thiellen	F	64	Lincoln	NE	2723	10:45	01:19:17.6	1987	10:51	01:11:10.2	02:30:27.8	10:48	02:21:37.1
2317	1296/2646	247/460	5262	Addie Lee	F	34	Lincoln	NE	2698	10:41	01:18:56.2	2035	10:56	01:11:39.5	02:30:35.8	10:48	02:21:39.3
2318	1022/1345	96/135	375	Michael Keating	M	45	Lincoln	NE	2249	9:54	01:13:51.6	2474	11:42	01:16:43.5	02:30:35.2	10:48	02:21:39.6
2319	1023/1345	97/135	3788	Richard Anderson	M	48	Omaha	NE	2848	10:48	01:20:56.9	1964	10:49	01:10:53.3	02:31:50.3	10:48	02:21:41.6
2320	1297/2646	272/486	4810	Cori Beetison	F	39	Eagle	NE	1830	9:44	01:09:20.9	2575	11:54	01:17:57.7	02:27:18.7	10:48	02:21:43.3
2321	1298/2646	248/460	4166	Latava Sanders	F	34	Lincoln	NE	2948	11:07	01:22:29.5	1775	10:30	01:08:52.2	02:31:21.7	10:48	02:21:43.5
2322	1024/1345	98/135	1018	Bill Nunez	M	46	Lincoln	NE	1891	9:58	01:10:03.9	2437	11:39	01:16:22.9	02:26:26.9	10:48	02:21:44.6
2323	1299/2646	163/342	4668	Pam Long	F	43	Bertrand	NE	2717	10:34	01:19:12.7	2116	11:04	01:12:30.4	02:31:43.2	10:48	02:21:45.6
2324	1300/2646	249/460	4713	Kristin Paben	F	31	Kearney	NE	2716	10:34	01:19:12.5	2115	11:04	01:12:30.2	02:31:42.8	10:48	02:21:45.8
2325	1301/2646	250/460	5995	Melinda Bergmann	F	31	Beattie	KS	2532	10:29	01:16:51.3	2165	11:08	01:13:00.8	02:29:52.1	10:48	02:21:46.7
2326	1302/2646	164/342	3999	Michelle Claycomb	F	40	Lincoln	NE	1895	10:03	01:10:05.6	2400	11:35	01:15:53.9	02:25:59.5	10:48	02:21:46.7
2327	1303/2646	251/460	455	Lindsay Day	F	34	Lincoln	NE	1856	9:54	01:09:34.2	2499	11:44	01:16:56.7	02:26:31.0	10:49	02:21:49.3
2328	1304/2646	2/2	3946	Anne Medeiros	F	71	Bellevue	NE	2178	10:13	01:13:04.3	2309	11:26	01:14:54.4	02:27:58.8	10:49	02:21:50.0
2329	1305/2646	72/154	3074	Ramona Daryani	F	51	Elkhorn	NE	2170	10:00	01:12:56.8	2436	11:39	01:16:22.4	02:29:19.3	10:49	02:21:54.4
2330	1306/2646	210/435	4728	Cheyenne Bice	F	27	Lincoln	NE	2149	10:02	01:12:34.6	2419	11:37	01:16:11.6	02:28:46.2	10:49	02:21:55.8
2331	1307/2646	73/154	877	Carol Jenkins	F	54	Lincoln	NE	1683	10:07	01:07:49.8	2376	11:32	01:15:37.6	02:23:27.4	10:49	02:21:56.3
2332	1308/2646	211/435	3691	Lindsey Moran	F	25	Lincoln	NE	2688	10:55	01:18:46.5	1927	10:44	01:10:21.1	02:29:07.7	10:49	02:21:56.4
2333	1025/1345	59/82	623	Scot Morrison	M	55	Lincoln	NE	2703	10:47	01:19:00.1	1995	10:52	01:11:16.8	02:30:16.9	10:49	02:21:56.5
2334	1026/1345	99/135	3796	Gary Zoucha	M	49	Omaha	NE	2841	10:50	01:20:55.2	1969	10:49	01:10:55.0	02:31:50.3	10:49	02:21:57.6
2335	1309/2646	252/460	1636	Andrea Nitz	F	31	Seward	NE	1876	10:05	01:09:53.5	2402	11:35	01:15:56.9	02:25:50.5	10:50	02:22:00.8
2336	1310/2646	212/435	1909	Rachel Hughes	F	26	Grand Island	NE	2109	10:12	01:12:07.5	2327	11:28	01:15:07.7	02:27:15.2	10:50	02:22:01.0
2337	1311/2646	74/154	1896	Darcy Hughes	F	52	Grand Island	NE	2110	10:12	01:12:07.8	2328	11:28	01:15:07.9	02:27:15.8	10:50	02:22:01.1
2338	1312/2646	17/49	4057	Shelley Ness	F	60	Burwell	NE	2030	10:08	01:11:24.7	2375	11:32	01:15:37.5	02:27:02.2	10:50	02:22:04.4
2339	1313/2646	253/460	1894	Angie Weichert	F	33	Algona	IA	2749	11:08	01:19:42.5	1815	10:34	01:09:14.3	02:28:56.9	10:50	02:22:09.8
2340	1314/2646	127/308	206	Meghan Petersen	F	20	Omaha	NE	2737	10:43	01:19:23.7	2063	10:59	01:11:58.4	02:31:22.2	10:50	02:22:10.5

The Good Life Haltsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2341	1315/2646	165/342	2661	Lora Sypal	F	41	Lincoln	NE	2130	10:03	01:12:20.6	2431	11:39	01:16:20.2	02:28:40.8	10:50	02:22:10.5
2342	1316/2646	2/5	654	Alica Helmink	F	65	Lincoln	NE	2257	10:14	01:13:54.8	2319	11:27	01:15:04.3	02:28:59.2	10:50	02:22:10.7
2343	1317/2646	128/308	3411	Michelle Hickey	F	21	Longmont	CO	2736	10:43	01:19:23.5	2064	10:59	01:11:58.6	02:31:22.2	10:50	02:22:10.7
2344	1318/2646	129/308	4647	Meghan Lawver	F	22	Lincoln	NE	2669	10:00	01:18:22.9	2454	11:41	01:16:34.8	02:34:57.7	10:50	02:22:11.2
2345	1319/2646	109/227	2104	Sheri Wieser	F	48	Columbus	NE	1871	9:42	01:09:46.8	2605	11:59	01:18:34.3	02:28:21.2	10:50	02:22:12.0
2346	1320/2646	213/435	2462	Madison Barry	F	27	Lincoln	NE	1571	9:42	01:06:23.5	2612	12:00	01:18:36.6	02:25:00.2	10:51	02:22:14.1
2347	1321/2646	273/486	5337	Kristin Sandstede	F	39	Malmö	NE	2759	10:41	01:19:50.7	2085	11:01	01:12:12.1	02:32:02.8	10:51	02:22:15.3
2348	1322/2646	274/486	590	Angela Coniglio	F	37	Lincoln	NE	2064	9:57	01:11:46.8	2507	11:46	01:17:05.0	02:28:51.9	10:51	02:22:16.0
2349	1323/2646	45/79	4126	April Maschmann	F	19	Deshler	NE	2605	10:15	01:17:37.5	2326	11:28	01:15:06.7	02:32:44.3	10:51	02:22:17.4
2350	1324/2646	254/460	5754	Crystal Shoemaker	F	32	O'Neill	NE	2299	10:11	01:14:26.1	2364	11:32	01:15:33.4	02:29:59.5	10:51	02:22:18.1
2351	1325/2646	255/460	5717	Melissa Kasselder	F	31	Ewing	NE	2298	10:11	01:14:26.1	2363	11:32	01:15:33.4	02:29:59.5	10:51	02:22:18.4
2352	1027/1345	60/82	2994	Tim Cech	M	55	Lincoln	NE	2632	10:15	01:17:54.2	2333	11:28	01:15:09.3	02:33:03.5	10:51	02:22:18.9
2353	1326/2646	166/342	3619	Jamie Fields	F	40	Seward	NE	2554	10:35	01:17:04.5	2150	11:07	01:12:53.7	02:29:58.2	10:51	02:22:19.1
2354	1028/1345	152/205	1076	Chris Petersen	M	32	Waterloo	NE	2541	10:14	01:16:58.6	2342	11:29	01:15:18.2	02:32:16.9	10:51	02:22:23.3
2355	1327/2646	256/460	2502	Erin Stokke	F	32	Lincoln	NE	2436	10:08	01:15:53.5	2409	11:36	01:16:00.4	02:31:53.9	10:51	02:22:25.3
2356	1328/2646	130/308	2743	Sydney Vanderveen	F	23	Lincoln	NE	2476	10:23	01:16:09.1	2267	11:21	01:14:21.2	02:30:30.3	10:51	02:22:25.7
2357	1329/2646	275/486	730	Stacey Walsh	F	37	Lincoln	NE	2405	10:35	01:15:37.6	2174	11:09	01:13:05.2	02:28:42.9	10:52	02:22:27.1
2358	1330/2646	167/342	1010	Amy Johnson	F	40	Springview	NE	2622	10:03	01:17:45.6	2453	11:41	01:16:32.5	02:34:18.2	10:52	02:22:27.7
2359	1331/2646	214/435	5629	Nicole Skolnick	F	26	Lincoln	NE	2577	10:24	01:17:19.8	2257	11:20	01:14:16.2	02:31:36.1	10:52	02:22:29.1
2360	1029/1345	154/192	4098	Andy Copenharve	M	41	Omaha	NE	2400	9:55	01:15:35.8	2531	11:49	01:17:28.1	02:33:03.9	10:52	02:22:30.7
2361	1332/2646	75/154	3799	Barbara Carlson	F	50	Lincoln	NE	2042	9:42	01:11:30.4	2624	12:02	01:18:54.0	02:30:24.4	10:52	02:22:31.7
2362	1333/2646	131/308	5929	Charlene Schrock	F	21	Lincoln	NE	2533	10:28	01:16:52.1	2234	11:17	01:13:57.7	02:30:49.8	10:52	02:22:32.1
2363	1334/2646	215/435	4730	Callie Watson	F	27	Papillion	NE	2339	10:13	01:14:59.5	2374	11:32	01:15:36.7	02:30:36.3	10:52	02:22:33.9
2364	1335/2646	132/308	1752	Kellie Vajgrt	F	24	Seward	NE	1960	10:10	01:10:40.2	2399	11:35	01:15:53.2	02:26:33.4	10:52	02:22:35.1
2365	1030/1345	155/192	5887	Adrian Olivera	M	41	Lincoln	NE	1632	9:50	01:07:11.8	2584	11:55	01:18:07.9	02:25:19.8	10:52	02:22:37.3
2366	1031/1345	61/82	1561	Barry Hoover	M	56	Lincoln	NE	2789	10:46	01:20:18.2	2075	10:59	01:12:02.7	02:32:20.9	10:52	02:22:37.4
2367	1336/2646	46/79	4789	Olivia Miller	F	17	Lincoln	NE	2175	9:48	01:13:01.3	2599	11:58	01:18:24.0	02:31:25.3	10:52	02:22:39.5
2368	1337/2646	29/81	910	Karen Knap	F	58	Lincoln	NE	2653	10:31	01:18:10.8	2220	11:15	01:13:41.4	02:31:52.3	10:52	02:22:39.9
2369	1338/2646	110/227	756	Jodi McGill	F	48	Lincoln	NE	2460	10:21	01:16:03.1	2303	11:25	01:14:51.3	02:30:54.4	10:53	02:22:42.6
2370	1032/1345	87/115	2074	Greg Welch	M	53	Lincoln	NE	2451	10:16	01:16:00.3	2355	11:31	01:15:28.2	02:31:28.5	10:53	02:22:46.4
2371	1339/2646	216/435	1799	Erin Buse	F	28	Omaha	NE	1616	9:58	01:06:58.3	2535	11:49	01:17:29.4	02:24:27.8	10:53	02:22:47.4
2372	1340/2646	276/486	5394	Debi Sundermann	F	38	Lincoln	NE	1969	9:54	01:10:48.8	2574	11:54	01:17:57.4	02:28:46.2	10:53	02:22:48.8
2373	1341/2646	277/486	4000	Susan Urban	F	36	Omaha	NE	2420	10:19	01:15:43.9	2331	11:28	01:15:08.8	02:30:52.8	10:53	02:22:49.4
2374	1342/2646	217/435	3897	Justine Smidt	F	26	West Point	NE	2592	10:30	01:17:29.3	2240	11:18	01:14:01.1	02:31:30.5	10:53	02:22:49.9
2375	1343/2646	278/486	3396	Krista Odbert	F	38	Lincoln	NE	2171	10:06	01:12:56.8	2459	11:41	01:16:36.9	02:29:33.8	10:53	02:22:50.1
2376	1344/2646	279/486	3898	Erica Paus	F	39	West Point	NE	2593	10:30	01:17:29.9	2242	11:18	01:14:01.4	02:31:31.4	10:53	02:22:51.4

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2377	1345/2646	257/460	2706	Jodi Wallace	F	33	Lincoln	NE	1878	9:48	01:09:56.8	2607	11:59	01:18:35.4	02:28:32.3	10:53	02:22:52.6
2378	1346/2646	168/342	5499	Cindy Kosch	F	44	Columbus	NE	2265	10:00	01:13:59.3	2522	11:48	01:17:22.1	02:31:21.4	10:54	02:22:55.8
2379	1347/2646	111/227	5789	Julie Rudd	F	45	Bloomfield	IA	1884	9:53	01:09:59.6	2591	11:56	01:18:10.9	02:28:10.5	10:54	02:22:57.1
2380	1033/1345	185/233	4533	Tom Chapman	M	39	Omaha	NE	2133	9:56	01:12:23.8	2563	11:53	01:17:52.9	02:30:16.8	10:54	02:23:00.9
2381	1348/2646	280/486	5291	Jill Redmond	F	35	West Point	NE	2991	10:37	01:23:00.3	2201	11:12	01:13:23.9	02:36:24.2	10:54	02:23:01.0
2382	1349/2646	281/486	5289	Shannon Wakeley	F	37	Lincoln	NE	2992	10:37	01:23:00.4	2204	11:12	01:13:24.2	02:36:24.6	10:54	02:23:01.7
2383	1034/1345	186/233	2050	Mike Stolle	M	38	Lincoln	NE	2594	10:07	01:17:30.8	2464	11:42	01:16:40.0	02:34:10.8	10:54	02:23:02.1
2384	1350/2646	133/308	5396	Karlye Machado	F	22	Lincoln	NE	3087	10:48	01:24:29.6	2094	11:02	01:12:18.6	02:36:48.2	10:54	02:23:04.2
2385	1351/2646	218/435	6017	Kelley Mason	F	29	Lincoln	NE	2002	9:55	01:11:04.1	2587	11:55	01:18:09.4	02:29:13.5	10:55	02:23:07.3
2386	1352/2646	258/460	4113	Kim Borrell	F	30	Hastings	NE	2165	10:10	01:12:52.9	2451	11:40	01:16:30.7	02:29:23.7	10:55	02:23:07.4
2387	1035/1345	187/233	292	Venkat Malireddi	M	38	Lincoln	NE	2282	10:17	01:14:13.8	2385	11:33	01:15:42.4	02:29:56.2	10:55	02:23:07.8
2388	1353/2646	112/227	417	Lisa Farmer	F	46	Lincoln	NE	1868	9:52	01:09:43.3	2602	11:59	01:18:30.0	02:28:13.4	10:55	02:23:08.7
2389	1354/2646	219/435	3159	Aimee Naber	F	28	Omaha	NE	1869	9:55	01:09:43.6	2586	11:55	01:18:08.7	02:27:52.3	10:55	02:23:09.3
2390	1355/2646	113/227	5797	Megan Filipi	F	45	Omaha	NE	2063	10:06	01:11:46.3	2500	11:45	01:16:57.9	02:28:44.2	10:55	02:23:12.3
2391	1356/2646	282/486	627	Kathryn Keuck	F	35	Omaha	NE	2288	10:07	01:14:17.8	2486	11:43	01:16:50.6	02:31:08.5	10:55	02:23:12.5
2392	1357/2646	220/435	2934	Dani Breitbarth	F	27	Kansas City	MO	3064	11:13	01:24:15.1	1865	10:38	01:09:42.4	02:33:57.5	10:55	02:23:14.2
2393	1358/2646	283/486	6056	Marie Hoenig	F	35	Omaha	NE	2708	10:42	01:19:05.4	2177	11:09	01:13:06.8	02:32:12.3	10:55	02:23:14.6
2394	1036/1345	188/233	5135	Taylor Kelso	M	39	Omaha	NE							02:23:19.8	10:56	02:23:19.8
2395	1359/2646	169/342	1444	Julie Yuhas	F	40	Lincoln	NE	2618	10:23	01:17:42.8	2339	11:29	01:15:15.4	02:32:58.2	10:56	02:23:20.5
2396	1360/2646	134/308	5398	Erin Gaare	F	24	Lincoln	NE	1690	9:41	01:07:55.8	2701	12:11	01:19:54.1	02:27:49.9	10:56	02:23:21.3
2397	1361/2646	135/308	2783	Carley Warner	F	22	Lincoln	NE	2982	10:51	01:22:53.6	2092	11:02	01:12:17.1	02:35:10.8	10:56	02:23:22.6
2398	1037/1345	100/135	999	Dan Lambe	M	45	Lincoln	NE	2293	10:26	01:14:20.3	2311	11:26	01:14:58.8	02:29:19.1	10:56	02:23:25.1
2399	1362/2646	30/81	5812	Phyllis Burnett	F	57	Oxord	FL	2210	10:17	01:13:29.3	2407	11:36	01:15:59.8	02:29:29.2	10:56	02:23:26.6
2400	1363/2646	136/308	1883	Riley Linder	F	20	Lincoln	NE	2081	9:52	01:11:57.7	2617	12:01	01:18:43.1	02:30:40.9	10:56	02:23:27.2
2401	1364/2646	170/342	5219	Michele Jaixen	F	43	Omaha	NE	2760	10:41	01:19:50.9	2206	11:12	01:13:25.6	02:33:16.5	10:56	02:23:27.4
2402	1365/2646	171/342	3735	Susan Crocker	F	41	Lincoln	NE	2271	9:59	01:14:02.1	2579	11:54	01:18:00.6	02:32:02.7	10:56	02:23:27.5
2403	1038/1345	153/205	3314	Dain Christensen	M	30	Lincoln	NE	2790	10:29	01:20:20.8	2294	11:24	01:14:44.4	02:35:05.3	10:56	02:23:30.6
2404	1366/2646	172/342	2982	Karen Foster	F	44	Lincoln	NE	2836	10:54	01:20:53.1	2076	11:00	01:12:03.1	02:32:56.3	10:56	02:23:30.8
2405	1367/2646	284/486	2683	Elizabeth Ciavarella	F	35	Papillion	NE	2947	11:12	01:22:29.2	1907	10:42	01:10:07.0	02:32:36.3	10:56	02:23:32.0
2406	1039/1345	156/192	1701	Eric Johnson	M	41	Lincoln	NE	2318	10:05	01:14:40.6	2530	11:49	01:17:27.9	02:32:08.5	10:57	02:23:32.9
2407	1368/2646	285/486	2953	Megan Johnson	F	39	Lincoln	NE	2317	10:05	01:14:40.4	2533	11:49	01:17:28.3	02:32:08.7	10:57	02:23:33.1
2408	1369/2646	259/460	1166	Tasha Riggins	F	33	Concordia	KS	2169	10:28	01:12:54.8	2306	11:26	01:14:54.1	02:27:48.9	10:57	02:23:33.2
2409	1370/2646	286/486	5875	Andrea Springer	F	35	Sewaes	NE	2833	10:52	01:20:52.4	2098	11:02	01:12:21.9	02:33:14.3	10:57	02:23:34.6
2410	1371/2646	31/81	4797	Renee Coufal	F	56	Seward	NE	2832	10:52	01:20:51.8	2101	11:03	01:12:23.0	02:33:14.8	10:57	02:23:35.0
2411	1040/1345	151/183	3934	Anthony Keever	M	28	Lincoln	NE	2393	10:16	01:15:32.3	2422	11:38	01:16:14.0	02:31:46.4	10:57	02:23:35.2
2412	1372/2646	173/342	4081	Kelle Thompson	F	44	Winfield	KS	2540	10:40	01:16:57.8	2218	11:14	01:13:37.9	02:30:35.8	10:57	02:23:35.9

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2413	1373/2646	47/79	4796	Lynsey Coufal	F	19	Seward	NE	2831	10:52	01:20:51.8	2100	11:02	01:12:22.3	02:33:14.1	10:57	02:23:36.4
2414	1374/2646	260/460	2495	Anne Newton	F	31	Lincoln	NE	2731	10:39	01:19:21.3	2225	11:16	01:13:48.9	02:33:10.2	10:57	02:23:37.0
2415	1375/2646	287/486	4593	Renee Faber	F	36	Lincoln	NE	2147	10:01	01:12:33.6	2571	11:53	01:17:56.3	02:30:29.9	10:57	02:23:38.0
2416	1376/2646	221/435	3337	Claire Green	F	27	Lincoln	NE	1913	9:45	01:10:15.2	2690	12:10	01:19:46.6	02:30:01.9	10:57	02:23:39.7
2417	1377/2646	222/435	5330	Chelsea Schernikau	F	27	York	NE	2098	9:50	01:12:03.6	2649	12:05	01:19:13.9	02:31:17.5	10:57	02:23:40.3
2418	1041/1345	152/183	4423	Evan Hanlin	M	25	Lincoln	NE	2285	10:15	01:14:14.3	2448	11:40	01:16:29.9	02:30:44.3	10:57	02:23:43.4
2419	1378/2646	76/154	624	Steph Morrison	F	54	Lincoln	NE	2714	10:49	01:19:10.8	2152	11:07	01:12:53.8	02:32:04.7	10:57	02:23:45.0
2420	1379/2646	174/342	6033	Melissa Landis	F	42	Lincoln	NE	2668	10:25	01:18:22.3	2361	11:32	01:15:33.0	02:33:55.3	10:58	02:23:48.6
2421	1380/2646	137/308	6239	Alexa Meeker	F	22	Woodbine	IA	1982	9:47	01:10:53.7	2685	12:10	01:19:43.7	02:30:37.4	10:58	02:23:51.3
2422	1381/2646	175/342	2494	Niki Henkel	F	44	Beatrice	NE	2070	10:26	01:11:51.8	2358	11:31	01:15:30.1	02:27:21.9	10:58	02:23:52.8
2423	1382/2646	114/227	4967	Renae Henrich	F	46	Hastings	NE	2834	10:49	01:20:52.5	2163	11:08	01:13:00.1	02:33:52.7	10:58	02:23:53.3
2424	1042/1345	153/183	1801	Brian Frankenberg	M	28	Lincoln	NE	2815	10:37	01:20:45.2	2265	11:20	01:14:19.4	02:35:04.7	10:58	02:23:54.8
2425	1383/2646	223/435	3046	Rebecca Nelson	F	25	Omaha	NE	2694	10:24	01:18:52.2	2390	11:33	01:15:44.2	02:34:36.5	10:58	02:23:55.5
2426	1384/2646	224/435	4511	Emilie Monter	F	25	Lexington	NE	2144	9:59	01:12:30.1	2604	11:59	01:18:30.6	02:31:00.7	10:58	02:23:56.9
2427	1385/2646	115/227	3299	Robin Kelsay	F	48	Council Bluffs	IA	1631	9:56	01:07:10.8	2623	12:02	01:18:50.9	02:26:01.7	10:58	02:23:57.5
2428	1386/2646	138/308	4371	Emma Rashilla	F	20	Lincoln	NE	2086	9:53	01:12:00.1	2644	12:05	01:19:09.4	02:31:09.5	10:59	02:23:59.4
2429	1043/1345	154/183	5525	Clay Peterson	M	29	Lincoln	NE	1877	9:51	01:09:54.8	2659	12:07	01:19:25.0	02:29:19.9	10:59	02:24:01.9
2430	1387/2646	261/460	6160	Megan Schaefer	F	30	Lincoln	NE	2423	10:07	01:15:44.5	2550	11:51	01:17:42.1	02:33:26.7	10:59	02:24:03.0
2431	1388/2646	139/308	1333	Laura Smith	F	24	Lincoln	NE	1872	9:38	01:09:47.4	2776	12:21	01:20:58.3	02:30:45.8	10:59	02:24:05.4
2432	1389/2646	262/460	4204	Luciana Jarzynka	F	31	Lincoln	NE	2310	10:19	01:14:38.1	2447	11:40	01:16:29.7	02:31:07.9	10:59	02:24:06.5
2433	1044/1345	62/82	396	Chris Pro	M	58	Lincoln	NE	2357	10:25	01:15:10.7	2394	11:34	01:15:50.2	02:31:00.9	10:59	02:24:07.3
2434	1045/1345	189/233	2222	Todd Stoves	M	38	Lincoln	NE	2475	10:25	01:16:09.1	2398	11:35	01:15:53.1	02:32:02.2	10:59	02:24:10.5
2435	1390/2646	263/460	4691	Ashley Mcdaniel	F	34	Lincoln	NE	2569	10:24	01:17:14.9	2414	11:37	01:16:05.5	02:33:20.4	11:00	02:24:12.7
2436	1046/1345	64/81	6202	Paul Guyer	M	24	Roca	NE	2083	10:37	01:11:58.5	2286	11:23	01:14:38.5	02:26:37.1	11:00	02:24:16.3
2437	1047/1345	88/115	1805	William Stott	M	52	Omaha	NE	2508	10:18	01:16:25.6	2480	11:43	01:16:45.6	02:33:11.2	11:00	02:24:18.9
2438	1391/2646	225/435	3694	Katie Paul	F	28	Lincoln	NE	2499	10:19	01:16:21.2	2475	11:42	01:16:44.1	02:33:05.4	11:00	02:24:20.4
2439	1048/1345	155/183	5989	Paul Lanphier	M	29	Omaha	NE	2473	10:41	01:16:08.2	2270	11:21	01:14:21.5	02:30:29.7	11:00	02:24:21.5
2440	1392/2646	288/486	1446	Carie Bruss	F	37	Lincoln	NE	2385	10:23	01:15:24.6	2428	11:39	01:16:18.9	02:31:43.5	11:00	02:24:24.0
2441	1049/1345	154/205	2780	Zach Ziemba	M	32	Clarks	NE	2239	10:02	01:13:46.8	2615	12:00	01:18:40.4	02:32:27.2	11:01	02:24:26.0
2442	1393/2646	18/49	481	Lisa Huff	F	61	Lincoln	NE	2207	10:17	01:13:28.8	2509	11:46	01:17:06.4	02:30:35.2	11:01	02:24:28.5
2443	1394/2646	289/486	4082	Ashlee Alley	F	39	Lincoln	NE	2296	10:17	01:14:23.8	2505	11:45	01:17:03.7	02:31:27.5	11:01	02:24:30.2
2444	1395/2646	140/308	5470	Ashley Tabor	F	21	Hemingford	NE	2830	10:44	01:20:50.5	2249	11:19	01:14:11.9	02:35:02.4	11:01	02:24:30.2
2445	1050/1345	190/233	6254	Benjamin Reynolds	M	38	Hooper	NE	1640	9:28	01:07:18.4	2867	12:35	01:22:31.0	02:29:49.4	11:01	02:24:32.3
2446	1396/2646	290/486	1225	Amy Schmidt	F	38	Lincoln	NE	2308	10:12	01:14:37.1	2548	11:51	01:17:39.7	02:32:16.8	11:01	02:24:32.7
2447	1051/1345	89/115	2761	John Corrado	M	50	Omaha	NE	2472	10:21	01:16:08.2	2467	11:42	01:16:41.0	02:32:49.2	11:01	02:24:33.7
2448	1397/2646	141/308	4597	Molly Kilduff	F	23	Lincoln	NE	1850	10:00	01:09:29.9	2633	12:04	01:19:03.3	02:28:33.3	11:01	02:24:34.7

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2449	1052/1345	155/205	4324	Kevin Mohr	M	30	Syracuse	NE	3025	10:51	01:23:29.9	2210	11:13	01:13:31.5	02:37:01.4	11:01	02:24:37.7
2450	1398/2646	142/308	4534	Kacie Giesmann	F	22	Bennett	NE	2431	10:16	01:15:50.5	2520	11:48	01:17:19.1	02:33:09.6	11:02	02:24:39.2
2451	1399/2646	176/342	6270	Holly Smith	F	41	Lincoln	NE	2596	10:47	01:17:32.8	2236	11:17	01:13:58.5	02:31:31.3	11:02	02:24:40.9
2452	1400/2646	143/308	4989	Kristen Vogler	F	24	Lincoln	NE	2172	9:58	01:12:56.8	2657	12:06	01:19:21.4	02:32:18.3	11:02	02:24:44.3
2453	1053/1345	101/135	2766	Chad Soupir	M	46	Omaha	NE	2559	10:29	01:17:08.1	2410	11:36	01:16:00.5	02:33:08.6	11:02	02:24:46.7
2454	1401/2646	144/308	5871	Elizabeth Merrett	F	21	Lincoln	NE	2857	10:55	01:21:04.3	2189	11:11	01:13:16.4	02:34:20.8	11:02	02:24:50.1
2455	1402/2646	264/460	2360	Jennifer Swanson	F	33	Pickrell	NE	2259	10:24	01:13:56.1	2470	11:42	01:16:41.4	02:30:37.5	11:02	02:24:50.3
2456	1403/2646	177/342	1255	Amber Springer	F	44	Axtell	NE	2721	10:35	01:19:16.3	2366	11:32	01:15:34.3	02:34:50.7	11:03	02:24:54.4
2457	1404/2646	145/308	4039	Mckenzie Buettner	F	24	Norfolk	NE	2291	9:58	01:14:19.6	2675	12:08	01:19:33.1	02:33:52.8	11:03	02:24:55.1
2458	1054/1345	33/48	2793	Jack Broderick	M	63	Seward	NE	2148	10:20	01:12:33.8	2513	11:47	01:17:11.0	02:29:44.8	11:03	02:24:56.0
2459	1055/1345	156/183	2516	Tyler Spahn	M	28	Lincoln	NE	2235	10:14	01:13:42.8	2561	11:52	01:17:49.9	02:31:32.8	11:03	02:24:58.1
2460	1405/2646	178/342	5815	Lisa Chandler	F	40	Lincoln	NE	2693	10:37	01:18:51.4	2347	11:30	01:15:22.8	02:34:14.3	11:03	02:24:58.3
2461	1056/1345	34/48	3967	Bryce Anderson	M	62	Omaha	NE	2613	10:17	01:17:39.7	2542	11:50	01:17:34.5	02:35:14.3	11:03	02:25:00.3
2462	1406/2646	77/154	431	Gina Heath	F	50	Lincoln	NE	2327	10:16	01:14:43.6	2551	11:52	01:17:44.6	02:32:28.2	11:03	02:25:01.5
2463	1407/2646	265/460	5750	Chelsea Andrews	F	30	Omaha	NE	2225	9:56	01:13:38.5	2709	12:12	01:19:59.1	02:33:37.6	11:03	02:25:03.2
2464	1408/2646	78/154	5911	Kathleen Klein	F	51	Kearney	NE	2994	11:09	01:23:01.6	2062	10:59	01:11:57.6	02:34:59.2	11:04	02:25:04.5
2465	1409/2646	48/79	5722	Alyssa James	F	18	Brooklyn	IA	2915	10:50	01:22:01.8	2247	11:19	01:14:07.8	02:36:09.6	11:04	02:25:08.4
2466	1410/2646	146/308	4300	Taylor Mcdaniel	F	21	Brooklyn	IA	2914	10:50	01:22:01.6	2246	11:19	01:14:07.8	02:36:09.4	11:04	02:25:08.8
2467	1411/2646	116/227	743	Chris Stungis	F	47	Omaha	NE	2311	10:22	01:14:38.8	2515	11:47	01:17:13.9	02:31:52.7	11:04	02:25:09.0
2468	1412/2646	291/486	3267	Michelle Braun	F	39	Norfolk	NE	2766	10:32	01:19:56.6	2418	11:37	01:16:08.1	02:36:04.7	11:04	02:25:10.1
2469	1413/2646	226/435	1174	Heidi Thompson	F	28	Lincoln	NE	3094	11:44	01:24:35.4	1711	10:26	01:08:21.0	02:32:56.5	11:04	02:25:16.6
2470	1414/2646	79/154	2765	Sandy Placzek	F	54	Lincoln	NE	2137	9:53	01:12:25.5	2739	12:16	01:20:27.3	02:32:52.8	11:05	02:25:17.6
2471	1415/2646	227/435	5157	Mallory Gibreal	F	27	Lincoln	NE	2701	10:43	01:18:58.8	2322	11:27	01:15:05.7	02:34:04.5	11:05	02:25:18.1
2472	1416/2646	266/460	209	Andrea Weare	F	31	Iowa City	IA	3551	12:27	01:33:37.6	1243	9:43	01:03:44.2	02:37:21.9	11:05	02:25:19.9
2473	1417/2646	228/435	1570	Erin Sorensen	F	28	Omaha	NE	2902	10:54	01:21:46.3	2230	11:17	01:13:54.9	02:35:41.2	11:05	02:25:20.6
2474	1057/1345	10/16	4869	Pete Wittmann	M	11	Lincoln	NE	2709	10:30	01:19:05.6	2446	11:40	01:16:29.6	02:35:35.3	11:05	02:25:22.3
2475	1418/2646	229/435	4715	Shannon Winkler	F	25	Lincoln	NE	2954	10:46	01:22:33.1	2305	11:26	01:14:54.1	02:37:27.2	11:05	02:25:26.4
2476	1058/1345	157/192	1537	Viji Pushkaran	M	43	Lincoln	NE	3008	10:35	01:23:13.6	2415	11:37	01:16:06.8	02:39:20.4	11:05	02:25:26.6
2477	1419/2646	117/227	3405	Maureen Dreith	F	46	Lincoln	NE	2428	10:30	01:15:47.3	2465	11:42	01:16:40.4	02:32:27.7	11:05	02:25:29.8
2478	1420/2646	292/486	3806	Shannon Vetrovsky	F	35	Beatrice	NE	1971	9:58	01:10:49.3	2723	12:14	01:20:13.5	02:31:02.8	11:06	02:25:30.6
2479	1059/1345	191/233	5841	Mitch Munstermann	M	38	Omaha	NE	2806	10:50	01:20:36.5	2276	11:22	01:14:27.1	02:35:03.6	11:06	02:25:31.0
2480	1421/2646	293/486	5840	Jennifer Krafels	F	36	Omaha	NE	2805	10:50	01:20:36.1	2277	11:22	01:14:27.4	02:35:03.5	11:06	02:25:31.0
2481	1060/1345	192/233	2960	Joe Lorraine	M	38	Lincoln	NE	2713	10:25	01:19:09.8	2516	11:47	01:17:16.8	02:36:26.7	11:06	02:25:33.8
2482	1061/1345	157/183	6165	Bret Grinde	M	28	Omaha	NE	2683	10:19	01:18:37.6	2565	11:53	01:17:53.7	02:36:31.3	11:06	02:25:34.1
2483	1422/2646	230/435	5957	Virginia Deck	F	25	Chicago	IL	2342	10:05	01:15:01.8	2667	12:08	01:19:29.4	02:34:31.2	11:06	02:25:37.1
2484	1062/1345	90/115	2580	Richard Henriques	M	54	Lincoln	NE	2188	9:49	01:13:14.3	2793	12:24	01:21:15.7	02:34:30.1	11:06	02:25:38.3

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2485	1423/2646	118/227	2984	Blanca Timmermann	F	49	Lincoln	NE	1456	9:33	01:04:49.7	2915	12:41	01:23:06.7	02:27:56.4	11:06	02:25:40.0
2486	1424/2646	231/435	5477	Lindsay Pickinpaugh	F	28	Aurora	NE	2270	10:33	01:14:01.6	2450	11:40	01:16:30.7	02:30:32.3	11:06	02:25:41.9
2487	1425/2646	267/460	4742	Alesha Hintz	F	33	Omaha	NE	2667	10:51	01:18:20.8	2282	11:23	01:14:35.7	02:32:56.6	11:07	02:25:44.6
2488	1426/2646	294/486	2098	Rebecca Ross	F	36	Omaha	NE	2519	10:17	01:16:41.8	2597	11:57	01:18:22.0	02:35:03.9	11:07	02:25:48.9
2489	1427/2646	295/486	1186	Holly Baker	F	36	Omaha	NE	2520	10:17	01:16:42.4	2596	11:57	01:18:21.4	02:35:03.9	11:07	02:25:49.1
2490	1428/2646	268/460	6028	Amanda Young	F	34	Falls City	NE	1704	9:52	01:08:08.4	2787	12:23	01:21:07.8	02:29:16.2	11:07	02:25:49.5
2491	1429/2646	179/342	513	Kristi Puls	F	43	Lincoln	NE	2715	10:31	01:19:12.1	2488	11:44	01:16:51.6	02:36:03.8	11:07	02:25:51.2
2492	1430/2646	232/435	1955	Kate Little	F	27	Ralston	NE	2689	10:26	01:18:47.6	2529	11:49	01:17:26.9	02:36:14.5	11:07	02:25:53.2
2493	1063/1345	102/135	2751	Chase Brown	M	48	Dakota Dunes	SD	2465	10:21	01:16:05.8	2581	11:54	01:18:03.0	02:34:08.8	11:07	02:25:56.1
2494	1431/2646	180/342	3616	Jacque Lee	F	43	Lincoln	NE	1782	9:51	01:08:49.6	2805	12:25	01:21:23.6	02:30:13.2	11:07	02:25:56.3
2495	1432/2646	269/460	5368	Alicia Julian	F	34	Papillion	NE	3031	11:11	01:23:34.2	2129	11:05	01:12:38.6	02:36:12.9	11:08	02:25:58.6
2496	1433/2646	233/435	4986	Ashlyn Border	F	25	Lincoln	NE	1921	9:46	01:10:18.2	2832	12:30	01:21:55.5	02:32:13.8	11:08	02:25:58.8
2497	1434/2646	270/460	703	Kristin Syde	F	30	Lincoln	NE	2040	10:20	01:11:29.3	2592	11:56	01:18:13.5	02:29:42.8	11:08	02:25:59.4
2498	1064/1345	8/14	451	Stan Selfridge	M	65	Lincoln	NE	1905	9:59	01:10:10.7	2753	12:18	01:20:34.0	02:30:44.7	11:08	02:26:00.0
2499	1065/1345	63/82	3022	Robert Schoettger	M	59	Lincoln	NE	3065	11:13	01:24:15.1	2117	11:04	01:12:31.1	02:36:46.2	11:08	02:26:03.3
2500	1435/2646	119/227	3458	Paula Buhrmann	F	46	Lincoln	NE	2936	10:51	01:22:15.8	2304	11:26	01:14:53.3	02:37:09.1	11:08	02:26:03.7
2501	1436/2646	234/435	1425	Rachel Wachter	F	28	Fremont	NE	2645	10:24	01:18:01.5	2562	11:53	01:17:52.8	02:35:54.4	11:08	02:26:04.4
2502	1437/2646	181/342	3417	Amy Decker	F	42	Lincoln	NE	2286	10:13	01:14:16.4	2637	12:04	01:19:05.1	02:33:21.5	11:08	02:26:04.4
2503	1438/2646	271/460	5763	Jolene Jungling	F	33	Des Moines	IA	2509	10:34	01:16:26.9	2485	11:43	01:16:49.6	02:33:16.6	11:08	02:26:04.8
2504	1439/2646	182/342	5672	Ladonna Naiberk	F	44	David City	NE	2895	10:35	01:21:41.3	2479	11:43	01:16:45.5	02:38:26.9	11:08	02:26:04.9
2505	1440/2646	80/154	5737	Rhonda Zavodny	F	52	David City	NE	2896	10:34	01:21:41.3	2482	11:43	01:16:45.9	02:38:27.3	11:08	02:26:05.0
2506	1066/1345	158/192	1685	Ryan Weidman	M	41	Bellevue	NE	2765	10:38	01:19:54.8	2439	11:39	01:16:24.2	02:36:19.1	11:08	02:26:06.2
2507	1441/2646	49/79	5265	Erica Castillo	F	15	Lincoln	NE	2361	10:17	01:15:13.6	2618	12:01	01:18:45.7	02:33:59.3	11:08	02:26:08.8
2508	1442/2646	50/79	5801	Shaye Terrano	F	17	Lincoln	NE	2367	10:08	01:15:16.8	2694	12:11	01:19:49.2	02:35:06.1	11:09	02:26:11.7
2509	1443/2646	272/460	3734	Caroline Burberry	F	32	Odell	NE	2707	10:33	01:19:02.3	2504	11:45	01:17:01.9	02:36:04.3	11:09	02:26:11.8
2510	1444/2646	183/342	4407	Jennifer Blankenship	F	43	Lincoln	NE	2512	10:33	01:16:30.3	2506	11:46	01:17:04.4	02:33:34.8	11:09	02:26:12.6
2511	1445/2646	51/79	5579	Lilly Barnett	F	17	Lincoln	NE	2372	10:08	01:15:18.9	2692	12:10	01:19:47.7	02:35:06.7	11:09	02:26:13.0
2512	1446/2646	184/342	695	Andi Wernke	F	42	Lincoln	NE	2654	10:46	01:18:13.5	2377	11:32	01:15:37.6	02:33:51.2	11:09	02:26:13.0
2513	1067/1345	159/192	5227	Mike Buchholz	M	44	Lincoln	NE	2283	10:15	01:14:13.8	2635	12:04	01:19:03.8	02:33:17.6	11:09	02:26:16.5
2514	1447/2646	296/486	735	Wendi Ground	F	36	Lincoln	NE	1912	9:58	01:10:13.5	2777	12:21	01:20:59.0	02:31:12.5	11:09	02:26:18.8
2515	1448/2646	297/486	5080	Erin Leahy	F	35	Omaha	NE	2414	10:39	01:15:39.7	2452	11:41	01:16:31.6	02:32:11.3	11:09	02:26:19.1
2516	1449/2646	147/308	6249	Jeri Cornell	F	24	Omaha	NE	2176	9:56	01:13:02.9	2790	12:23	01:21:11.0	02:34:13.9	11:09	02:26:20.6
2517	1450/2646	298/486	5575	Jessica Heller	F	37	Omaha	NE	2878	10:55	01:21:30.5	2301	11:25	01:14:50.1	02:36:20.6	11:09	02:26:20.8
2518	1451/2646	235/435	5402	Amanda Reppert	F	25	Lincoln	NE	2676	10:40	01:18:27.1	2440	11:39	01:16:24.3	02:34:51.5	11:09	02:26:21.6
2519	1452/2646	236/435	3311	Karen Badeer	F	25	Lincoln	NE	1880	10:09	01:09:57.5	2696	12:11	01:19:50.9	02:29:48.4	11:10	02:26:25.0
2520	1068/1345	158/183	2809	Trevor Whit	M	27	Lincoln	NE	1735	9:49	01:08:28.8	2836	12:31	01:22:04.7	02:30:33.5	11:10	02:26:26.3

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2521	1069/1345	64/82	963	Bob Morgan	M	56	Lincoln	NE	2958	10:52	01:22:35.5	2336	11:29	01:15:13.4	02:37:49.0	11:10	02:26:26.8
2522	1453/2646	273/460	4231	Andrea Krueger	F	33	Valentine	NE	2025		01:11:20.2	2324	11:28	01:15:06.7	02:26:26.9	11:10	02:26:26.9
2523	1454/2646	185/342	2607	Michelle Zuroske	F	41	Omaha	NE	2422	10:41	01:15:44.1	2441	11:40	01:16:25.5	02:32:09.6	11:10	02:26:27.2
2524	1455/2646	19/49	875	Susan Macquiddy	F	60	Omaha	NE	2421	10:41	01:15:44.1	2443	11:40	01:16:28.2	02:32:12.3	11:10	02:26:29.4
2525	1456/2646	186/342	1224	Sheila Johnsen	F	41	Lincoln	NE	2155	10:18	01:12:43.6	2631	12:04	01:19:02.2	02:31:45.8	11:10	02:26:31.3
2526	1457/2646	120/227	2571	Janine Marker	F	46	Seward	NE	2556	10:36	01:17:05.1	2508	11:46	01:17:05.6	02:34:10.8	11:10	02:26:31.9
2527	1070/1345	159/183	2889	Justin Young	M	29	Omaha	NE	2909	10:37	01:21:52.1	2497	11:44	01:16:56.0	02:38:48.2	11:10	02:26:32.0
2528	1071/1345	156/205	1627	Kevin Cleary	M	30	Omaha	NE	2775	10:45	01:20:12.3	2413	11:36	01:16:04.9	02:36:17.3	11:10	02:26:32.0
2529	1458/2646	237/435	6024	Audrey Lehn	F	27	Lincoln	NE	2238	10:24	01:13:45.8	2595	11:57	01:18:20.4	02:32:06.3	11:10	02:26:32.5
2530	1459/2646	274/460	3392	Anita Wilson	F	33	Lees Summit	MO	2973	10:58	01:22:44.3	2292	11:24	01:14:42.2	02:37:26.5	11:10	02:26:33.3
2531	1072/1345	157/205	416	Brock Minert	M	32	Lincoln	NE	1901	9:58	01:10:08.2	2791	12:23	01:21:12.4	02:31:20.7	11:10	02:26:35.4
2532	1460/2646	148/308	2834	Giselle Nevarez	F	21	Lincoln	NE	2807	10:40	01:20:37.5	2462	11:42	01:16:39.0	02:37:16.5	11:10	02:26:35.6
2533	1461/2646	238/435	6266	Kristen Nieto	F	26	Lexington	NE	1748	10:05	01:08:37.3	2751	12:17	01:20:32.4	02:29:09.7	11:10	02:26:35.9
2534	1462/2646	299/486	6271	Malinda Jacob	F	36	Lexington	NE	1750	10:05	01:08:37.6	2749	12:17	01:20:32.1	02:29:09.7	11:11	02:26:36.1
2535	1463/2646	300/486	376	Angela Hogan	F	39	Lincoln	NE	2732	10:39	01:19:21.5	2484	11:43	01:16:47.6	02:36:09.1	11:11	02:26:37.7
2536	1464/2646	81/154	4605	Teresa Hofer	F	50	Seward	NE	1826	10:05	01:09:19.1	2750	12:17	01:20:32.1	02:29:51.3	11:11	02:26:38.7
2537	1465/2646	301/486	1043	Amy Golter	F	36	Lincoln	NE	2776	10:51	01:20:13.3	2360	11:31	01:15:32.5	02:35:45.8	11:11	02:26:40.7
2538	1466/2646	275/460	4904	Evita Adams	F	33	Gibbon	NE	2131	10:04	01:12:21.8	2763	12:18	01:20:39.4	02:33:01.2	11:11	02:26:41.8
2539	1073/1345	193/233	1042	Gus Golter	M	39	Lincoln	NE	2774	10:51	01:20:12.1	2368	11:32	01:15:35.1	02:35:47.2	11:11	02:26:42.5
2540	1467/2646	82/154	1121	Patricia Peterson	F	53	Lincoln	NE	2752	10:47	01:19:46.1	2406	11:36	01:15:59.6	02:35:45.7	11:11	02:26:42.8
2541	1468/2646	302/486	909	Jennifer Eloge	F	39	Lincoln	NE	2047	10:14	01:11:32.4	2682	12:09	01:19:39.9	02:31:12.3	11:11	02:26:43.0
2542	1469/2646	303/486	5776	Teresa Sloboth	F	37	Lakeway	TX	2189	10:24	01:13:14.7	2611	12:00	01:18:36.3	02:31:51.1	11:11	02:26:43.9
2543	1470/2646	239/435	5769	Jenifer Sloboth	F	27	Lincoln	NE	2190	10:24	01:13:14.9	2610	12:00	01:18:36.2	02:31:51.2	11:11	02:26:44.2
2544	1471/2646	187/342	2591	Michon Morrow	F	40	Lincoln	NE	1904	9:42	01:10:09.8	2916	12:41	01:23:06.9	02:33:16.8	11:11	02:26:45.2
2545	1472/2646	188/342	2346	Angie Hilsabeck	F	41	Lincoln	NE	2803	10:54	01:20:34.4	2341	11:29	01:15:17.6	02:35:52.1	11:11	02:26:47.0
2546	1074/1345	91/115	1582	Jeff Hopkins	M	50	Omaha	NE	2454	10:25	01:16:01.3	2603	11:59	01:18:30.6	02:34:31.9	11:11	02:26:47.3
2547	1075/1345	160/192	1546	Scott Wagner	M	44	Lincoln	NE	2297	10:11	01:14:24.3	2714	12:13	01:20:01.5	02:34:25.8	11:11	02:26:47.7
2548	1473/2646	83/154	2828	Rebecka Schafer	F	52	Lincoln	NE	2275	10:28	01:14:05.8	2590	11:56	01:18:10.9	02:32:16.8	11:11	02:26:48.4
2549	1474/2646	240/435	4833	Kendra Kapels	F	27	Columbus	NE	2695	10:33	01:18:53.8	2547	11:51	01:17:38.5	02:36:32.3	11:12	02:26:50.5
2550	1475/2646	32/81	1602	Martha Stoddard	F	58	Lincoln	NE	2652	10:31	01:18:10.5	2564	11:53	01:17:53.7	02:36:04.2	11:12	02:26:53.1
2551	1476/2646	189/342	4109	Michelle Chastain	F	40	Blair	NE	1741	10:09	01:08:33.3	2734	12:16	01:20:22.0	02:28:55.3	11:12	02:26:53.9
2552	1477/2646	84/154	1615	Mary Siahpush	F	50	Omaha	NE	1827	10:10	01:09:20.1	2722	12:14	01:20:13.1	02:29:33.3	11:12	02:26:54.1
2553	1478/2646	121/227	4957	Elise Allen	F	45	Omaha	NE	1828	10:10	01:09:20.1	2724	12:14	01:20:13.6	02:29:33.8	11:12	02:26:54.4
2554	1479/2646	122/227	4373	Ann Devries	F	45	Lincoln	NE	2937	10:53	01:22:20.8	2365	11:32	01:15:34.3	02:37:55.2	11:12	02:26:56.5
2555	1480/2646	276/460	4414	Mary Navratil	F	32	Omaha	NE	1854	10:11	01:09:33.3	2729	12:15	01:20:17.2	02:29:50.5	11:13	02:27:03.2
2556	1481/2646	277/460	744	Michelle Langley	F	32	Lincoln	NE	1439	9:35	01:04:40.5	2976	12:52	01:24:18.3	02:28:58.9	11:13	02:27:06.5

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2557	1076/1345	161/192	5583	Eric Mcculley	M	42	Kearney	NE	2631	10:18	01:17:52.2	2676	12:08	01:19:33.3	02:37:25.5	11:13	02:27:07.6
2558	1077/1345	194/233	3513	Marcelo Plioplis	M	35	Lincoln	NE	2655	10:35	01:18:15.3	2553	11:52	01:17:45.1	02:36:00.5	11:13	02:27:07.6
2559	1482/2646	190/342	1967	Kelly Sheen	F	40	Wilcox	NE	2722	10:35	01:19:17.4	2559	11:52	01:17:48.4	02:37:05.8	11:13	02:27:08.5
2560	1078/1345	11/16	2407	Denham Free	M	11	Hickman	NE	2967	11:02	01:22:42.2	2302	11:25	01:14:51.2	02:37:33.5	11:13	02:27:10.3
2561	1483/2646	191/342	3544	Julie Williams	F	42	Bellevue	NE	2535	10:37	01:16:55.2	2538	11:50	01:17:33.2	02:34:28.4	11:13	02:27:11.5
2562	1484/2646	304/486	791	Tatum Tonniges	F	39	Seward	NE	2827	11:00	01:20:49.6	2329	11:28	01:15:08.0	02:35:57.7	11:13	02:27:14.5
2563	1485/2646	305/486	5339	Renee Fishler	F	39	Omaha	NE	2814	10:38	01:20:43.8	2541	11:50	01:17:34.5	02:38:18.3	11:13	02:27:14.6
2564	1486/2646	306/486	6131	Michaela Wragge	F	36	Omaha	NE	2813	10:38	01:20:43.6	2543	11:50	01:17:34.7	02:38:18.3	11:13	02:27:15.2
2565	1079/1345	35/48	2511	Daniel Judge	M	61	Berrien Springs	MI	2718	10:20	01:19:13.7	2668	12:08	01:19:30.0	02:38:43.8	11:13	02:27:15.3
2566	1487/2646	307/486	4087	Crystal Krause	F	35	Omaha	NE	2965	11:01	01:22:39.8	2325	11:28	01:15:06.7	02:37:46.5	11:14	02:27:16.6
2567	1488/2646	308/486	3816	Jenny Flanders	F	38	Lincoln	NE	2907	11:01	01:21:51.1	2314	11:27	01:15:01.7	02:36:52.9	11:14	02:27:17.7
2568	1489/2646	241/435	896	Rachael Middleton	F	26	Lincoln	NE	2916	11:02	01:22:02.4	2310	11:26	01:14:56.8	02:36:59.2	11:14	02:27:18.9
2569	1490/2646	242/435	5790	Molly Manning	F	26	Burbank	SD	2294	10:25	01:14:20.8	2628	12:03	01:18:59.9	02:33:20.8	11:14	02:27:20.1
2570	1080/1345	162/192	1408	Andrew Liakos	M	40	Omaha	NE	906	8:46	00:59:59.5	3279	13:43	01:29:51.0	02:29:50.6	11:14	02:27:20.7
2571	1491/2646	192/342	3825	Jennifer Filbert	F	40	Panama	NE	2908	11:02	01:21:51.3	2317	11:27	01:15:03.1	02:36:54.5	11:14	02:27:20.8
2572	1081/1345	92/115	5479	Mike Spiehs	M	50	Cortland	NE	2429	10:13	01:15:47.6	2733	12:16	01:20:21.9	02:36:09.5	11:14	02:27:21.3
2573	1492/2646	52/79	5182	Rebecca Brooks	F	18	Lincoln	NE	2141	10:02	01:12:27.2	2816	12:27	01:21:37.3	02:34:04.6	11:14	02:27:22.2
2574	1493/2646	278/460	5147	Jillian Carson	F	33	Omaha	NE	3068	11:03	01:24:15.8	2312	11:27	01:15:01.0	02:39:16.9	11:14	02:27:28.1
2575	1494/2646	309/486	568	Irada Ibrahimova	F	36	Lincoln	NE	2015	10:18	01:11:13.5	2711	12:12	01:20:00.3	02:31:13.8	11:15	02:27:28.9
2576	1495/2646	310/486	572	Nailya Yadullayeva	F	39	Lincoln	NE	2014	10:18	01:11:12.6	2713	12:13	01:20:01.1	02:31:13.7	11:15	02:27:29.3
2577	1496/2646	149/308	3781	Mary Kinney	F	24	Omaha	NE	2195	10:04	01:13:16.2	2813	12:27	01:21:33.4	02:34:49.6	11:15	02:27:29.6
2578	1497/2646	150/308	3783	Allison Rockey	F	24	Norfolk	NE	2913	10:58	01:22:00.3	2372	11:32	01:15:36.3	02:37:36.7	11:15	02:27:32.2
2579	1498/2646	311/486	4069	Terim Dortch	F	35	Papillion	NE	2227	10:29	01:13:38.9	2625	12:03	01:18:56.7	02:32:35.7	11:15	02:27:38.6
2580	1499/2646	243/435	2604	Sadie Houck	F	28	Henderson	NE	2096	10:22	01:12:02.4	2683	12:09	01:19:40.3	02:31:42.8	11:15	02:27:38.6
2581	1082/1345	12/16	4440	Austin Earnest	M	12	Lincoln	NE	2345	10:27	01:15:05.3	2643	12:05	01:19:09.4	02:34:14.8	11:15	02:27:41.1
2582	1500/2646	8/13	4363	Addison Earnest	F	12	Lincoln	NE	2349	10:27	01:15:06.3	2642	12:05	01:19:08.8	02:34:15.1	11:15	02:27:41.6
2583	1501/2646	193/342	5661	Tonya Beach	F	41	Lincoln	NE	2348	10:27	01:15:06.1	2645	12:05	01:19:09.5	02:34:15.7	11:16	02:27:42.8
2584	1083/1345	160/183	2370	Lucas Best	M	27	Lincoln	NE	2151	9:58	01:12:38.5	2854	12:34	01:22:21.1	02:34:59.6	11:16	02:27:42.8
2585	1502/2646	20/49	892	Pat Golden	F	63	Lincoln	NE	2489	10:42	01:16:15.9	2539	11:50	01:17:33.4	02:33:49.4	11:16	02:27:43.7
2586	1084/1345	36/48	1382	Bob Kelly	M	64	Lincoln	NE	2890	10:55	01:21:36.3	2421	11:38	01:16:13.1	02:37:49.5	11:16	02:27:44.8
2587	1503/2646	279/460	4060	Katie Mcdonnell	F	31	Omaha	NE	1879	10:19	01:09:57.1	2716	12:14	01:20:08.2	02:30:05.3	11:16	02:27:44.8
2588	1504/2646	194/342	2272	Jen Verzal	F	41	Lincoln	NE	2974	11:10	01:22:46.3	2284	11:23	01:14:36.4	02:37:22.7	11:16	02:27:46.3
2589	1505/2646	195/342	2533	Janel Andreasen	F	43	Lincoln	NE	2808	10:50	01:20:39.9	2473	11:42	01:16:42.7	02:37:22.7	11:16	02:27:46.3
2590	1506/2646	196/342	1922	Lisa Butler	F	41	Lincoln	NE	2809	10:50	01:20:40.1	2472	11:42	01:16:42.5	02:37:22.6	11:16	02:27:46.4
2591	1507/2646	123/227	4977	Julie Boydston	F	48	Hastings	NE	2835	10:49	01:20:52.6	2491	11:44	01:16:53.0	02:37:45.6	11:16	02:27:46.5
2592	1085/1345	158/205	5406	Mark Winter	M	30	Lincoln	NE	2887	10:55	01:21:35.1	2423	11:38	01:16:14.3	02:37:49.5	11:16	02:27:46.8

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2593	1508/2646	151/308	1443	Brandy Pappas	F	22	Lincoln	NE	2620	10:39	01:17:45.2	2570	11:53	01:17:56.1	02:35:41.4	11:16	02:27:47.2
2594	1509/2646	124/227	1296	Anne Kitten	F	45	Lincoln	NE	2621	10:39	01:17:45.6	2569	11:53	01:17:55.9	02:35:41.5	11:16	02:27:47.7
2595	1510/2646	312/486	4097	Julie Schoolmeester	F	38	Sioux Falls	SD	2403	10:33	01:15:37.2	2608	11:59	01:18:35.9	02:34:13.2	11:16	02:27:48.2
2596	1511/2646	313/486	3698	Jennifer Adams	F	38	Omaha	NE	3067	11:03	01:24:15.8	2345	11:30	01:15:22.4	02:39:38.3	11:16	02:27:50.9
2597	1512/2646	21/49	3695	Patricia Mommsen	F	62	Yutan	NE	3070	11:03	01:24:16.5	2344	11:30	01:15:22.0	02:39:38.5	11:16	02:27:51.0
2598	1513/2646	244/435	3530	Bethany Hays	F	26	Lincoln	NE	1919		01:10:17.2	2540	11:50	01:17:34.3	02:27:51.6	11:16	02:27:51.6
2599	1514/2646	152/308	4056	Alexandra Meyerhoeffer	F	24	Lincoln	NE	2638	10:40	01:17:57.9	2573	11:54	01:17:57.3	02:35:55.2	11:16	02:27:52.0
2600	1086/1345	37/48	2231	James Conley	M	60	Lincoln	NE	2740	10:45	01:19:29.6	2526	11:49	01:17:25.1	02:36:54.8	11:16	02:27:52.6
2601	1515/2646	280/460	4690	Julie Mcdaniel	F	32	Lincoln	NE	2567	10:23	01:17:14.7	2689	12:10	01:19:46.5	02:37:01.2	11:16	02:27:53.0
2602	1516/2646	53/79	4438	Miranda Johnson	F	19	Lincoln	NE	2547	10:22	01:16:59.7	2705	12:12	01:19:55.8	02:36:55.5	11:16	02:27:54.0
2603	1517/2646	197/342	5498	Mandy Bosak	F	40	Sumner	NE	2276	10:02	01:14:07.3	2840	12:32	01:22:07.2	02:36:14.5	11:17	02:27:55.8
2604	1518/2646	281/460	2785	Courtney Mccarville	F	33	Lincoln	NE	2277	10:03	01:14:07.9	2838	12:32	01:22:06.5	02:36:14.5	11:17	02:27:56.6
2605	1519/2646	282/460	2656	Lisabeth Moore	F	32	Lincoln	NE	2281	10:21	01:14:12.7	2715	12:13	01:20:02.9	02:34:15.7	11:17	02:27:56.7
2606	1087/1345	159/205	3925	Josh Higgins	M	30	Lincoln	NE	2514	10:27	01:16:33.4	2665	12:07	01:19:27.4	02:36:00.9	11:17	02:27:56.9
2607	1520/2646	283/460	2109	Brandy Johnson	F	33	Lincoln	NE	2934	10:59	01:22:13.5	2405	11:36	01:15:58.8	02:38:12.4	11:17	02:27:57.9
2608	1088/1345	195/233	1566	Kelly Hoffschneider	M	39	Lincoln	NE	1801	9:46	01:09:01.4	2961	12:49	01:24:01.5	02:33:02.9	11:17	02:28:03.3
2609	1521/2646	245/435	5201	Jessica Heidebrecht	F	27	Omaha	NE	2326	10:14	01:14:43.4	2783	12:22	01:21:04.6	02:35:48.1	11:17	02:28:07.5
2610	1522/2646	33/81	235	Karleen Stutzman	F	55	Raymond	NE	2366	10:07	01:15:16.2	2828	12:29	01:21:50.6	02:37:06.8	11:17	02:28:07.5
2611	1523/2646	153/308	6302	Jacy Ludwig	F	24	Waverly	NE	2819	10:41	01:20:46.8	2582	11:55	01:18:03.3	02:38:50.1	11:17	02:28:07.6
2612	1524/2646	154/308	3199	Jessica Strehle	F	24	Lincoln	NE	3029	11:11	01:23:31.7	2298	11:25	01:14:49.4	02:38:21.2	11:18	02:28:10.6
2613	1525/2646	246/435	5842	Michelle Bergman	F	25	Lincoln	NE	2280	10:26	01:14:11.8	2687	12:10	01:19:45.4	02:33:57.2	11:18	02:28:11.4
2614	1526/2646	284/460	3235	Jennifer Morrnick	F	33	Grand Island	NE	2659	10:40	01:18:17.8	2594	11:57	01:18:16.3	02:36:34.2	11:18	02:28:14.0
2615	1527/2646	247/435	4870	Alicia Kenealy	F	28	La Vista	NE	2966	10:57	01:22:41.4	2449	11:40	01:16:30.1	02:39:11.6	11:18	02:28:14.5
2616	1528/2646	285/460	6241	Andrea Guzzo	F	31	Omaha	NE	2864	10:53	01:21:12.6	2498	11:44	01:16:56.2	02:38:08.8	11:18	02:28:16.1
2617	1529/2646	54/79	5599	Morgan Hamling	F	19	Holdrege	NE	2630	10:33	01:17:51.7	2640	12:04	01:19:07.8	02:36:59.6	11:18	02:28:16.6
2618	1530/2646	9/13	1365	Emma Buda	F	12	Lincoln	NE	2425	10:23	01:15:45.3	2726	12:15	01:20:15.3	02:36:00.7	11:18	02:28:18.9
2619	1531/2646	155/308	2686	Lexie Deahn	F	24	Lincoln	NE	2886	10:59	01:21:34.1	2444	11:40	01:16:28.7	02:38:02.8	11:19	02:28:28.7
2620	1532/2646	248/435	3784	Erin Hurley	F	28	Omaha	NE	2843	10:54	01:20:55.6	2503	11:45	01:17:01.8	02:37:57.5	11:19	02:28:31.1
2621	1533/2646	314/486	5276	Michaela Kumke	F	36	Lincoln	NE	2917	10:52	01:22:03.3	2519	11:48	01:17:18.0	02:39:21.3	11:19	02:28:31.2
2622	1534/2646	249/435	4603	Claudia Garcia	F	28	Lincoln	NE	2571	10:58	01:17:18.1	2463	11:42	01:16:39.6	02:33:57.7	11:19	02:28:32.5
2623	1535/2646	198/342	3068	Mary Carstens	F	42	Lincoln	NE	3169	11:20	01:25:38.7	2255	11:20	01:14:14.3	02:39:53.1	11:19	02:28:32.6
2624	1536/2646	315/486	3892	Jen Bonzheim -Lattig	F	36	Lincoln	NE	2644	10:36	01:18:00.8	2639	12:04	01:19:06.0	02:37:06.8	11:19	02:28:33.5
2625	1537/2646	250/435	1670	Vanessa Urbach	F	28	Omaha	NE	2219	10:37	01:13:35.8	2632	12:04	01:19:02.4	02:32:38.2	11:20	02:28:35.3
2626	1538/2646	156/308	4130	Emma Hansen	F	22	Omaha	NE	2557	10:30	01:17:05.7	2693	12:10	01:19:47.8	02:36:53.5	11:20	02:28:40.1
2627	1539/2646	251/435	886	Emily Anderson	F	29	Omaha	NE	2844	10:54	01:20:55.6	2512	11:46	01:17:10.1	02:38:05.7	11:20	02:28:40.2
2628	1540/2646	34/81	2980	Julia Alfors	F	56	Axtell	KS	2583	10:31	01:17:24.6	2686	12:10	01:19:44.6	02:37:09.2	11:20	02:28:40.3

The Good Life Halfsy

November 1, 2015

Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2629	1541/2646	199/342	1648	Heather Hansen	F	41	Omaha	NE	2551	10:30	01:17:03.5	2695	12:11	01:19:49.4	02:36:52.9	11:20	02:28:40.5
2630	1542/2646	286/460	1550	Melissa Soester	F	34	Seward	NE	2670	10:48	01:18:23.1	2568	11:53	01:17:55.0	02:36:18.2	11:20	02:28:41.0
2631	1543/2646	287/460	4973	Miranda Kliment	F	32	Valparaiso	NE	2879	10:40	01:21:31.1	2620	12:01	01:18:47.7	02:40:18.9	11:20	02:28:41.0
2632	1089/1345	93/115	1641	Joel Hansen	M	53	Omaha	NE	2600	10:35	01:17:34.6	2654	12:06	01:19:18.5	02:36:53.1	11:20	02:28:41.5
2633	1544/2646	200/342	2337	Anitra Lechtenberger	F	40	Lincoln	NE	2574	10:32	01:17:19.2	2684	12:10	01:19:42.6	02:37:01.9	11:20	02:28:42.4
2634	1545/2646	252/435	5891	Chelsea Hayes	F	25	Lincoln	NE	3116	11:20	01:24:52.9	2273	11:21	01:14:23.8	02:39:16.8	11:20	02:28:42.6
2635	1546/2646	316/486	1686	Jodi Roan	F	38	Saint Paul	NE	2575	10:32	01:17:19.3	2680	12:09	01:19:38.5	02:36:57.8	11:20	02:28:43.4
2636	1547/2646	288/460	1806	Audrey Mcdonald	F	30	Lincoln	NE	2154	9:59	01:12:42.3	2919	12:42	01:23:14.0	02:35:56.4	11:20	02:28:43.4
2637	1090/1345	160/205	3687	Esteban Camargo	M	30	Kentwood	MI	2424	10:24	01:15:44.5	2755	12:18	01:20:35.7	02:36:20.3	11:20	02:28:45.0
2638	1091/1345	103/135	478	Matt Mundorf	M	45	Lincoln	NE	2797	10:50	01:20:29.3	2555	11:52	01:17:45.3	02:38:14.7	11:20	02:28:45.3
2639	1092/1345	9/14	374	Doyle Helmink	M	66	Lincoln	NE	2262	10:15	01:13:58.7	2814	12:27	01:21:36.1	02:35:34.8	11:20	02:28:45.9
2640	1548/2646	85/154	1711	Anne Emler	F	51	Lincoln	NE	3426	11:49	01:30:29.2	2010	10:53	01:11:21.6	02:41:50.9	11:20	02:28:46.6
2641	1549/2646	289/460	1381	Stefanie Dick	F	31	Lincoln	NE	2639	10:37	01:17:58.3	2650	12:05	01:19:14.0	02:37:12.3	11:20	02:28:47.2
2642	1550/2646	253/435	1460	Lesley Stangl	F	29	Blair	NE	2812	10:50	01:20:41.6	2560	11:52	01:17:48.9	02:38:30.5	11:21	02:28:47.5
2643	1551/2646	201/342	2480	Sarah Balcom	F	41	Lincoln	NE	2955	11:06	01:22:33.6	2412	11:36	01:16:02.2	02:38:35.9	11:21	02:28:49.0
2644	1093/1345	163/192	3388	George Hammett	M	43	Lincoln	NE	2432	10:10	01:15:50.6	2843	12:32	01:22:09.5	02:38:00.2	11:21	02:28:51.3
2645	1552/2646	202/342	2826	Molly Corey	F	41	Elkhorn	NE	2855	10:55	01:21:01.9	2517	11:48	01:17:17.6	02:38:19.5	11:21	02:28:52.6
2646	1094/1345	164/192	650	Josh Severin	M	42	Lincoln	NE	2984	11:03	01:22:53.8	2445	11:40	01:16:29.6	02:39:23.5	11:21	02:28:52.7
2647	1553/2646	254/435	2986	Emily Hesse	F	28	Blair	NE	2856	10:55	01:21:01.9	2518	11:48	01:17:17.8	02:38:19.8	11:21	02:28:53.1
2648	1554/2646	125/227	1288	Margaret Zier	F	46	Omaha	NE	3184	11:13	01:25:49.3	2350	11:30	01:15:24.8	02:41:14.2	11:21	02:28:56.3
2649	1555/2646	255/435	4418	Amanda Easterly	F	27	Lincoln	NE	2859	10:52	01:21:04.8	2556	11:52	01:17:45.6	02:38:50.5	11:21	02:28:56.8
2650	1556/2646	35/81	5592	Karen Richards	F	59	Omaha	NE	2877	10:54	01:21:29.6	2532	11:49	01:17:28.3	02:38:57.9	11:21	02:28:58.5
2651	1557/2646	317/486	3072	Kristine Placek	F	35	Lincoln	NE	3185	11:21	01:25:51.1	2283	11:23	01:14:36.3	02:40:27.4	11:21	02:28:58.6
2652	1558/2646	157/308	3887	Kylee Pernicek	F	23	Lincoln	NE	2885	10:59	01:21:33.7	2501	11:45	01:16:58.8	02:38:32.6	11:21	02:28:58.6
2653	1095/1345	10/14	3590	Merle Halter	M	65	North Platte	NE	2876	11:01	01:21:25.4	2477	11:43	01:16:44.8	02:38:10.2	11:21	02:28:59.7
2654	1559/2646	36/81	679	Cyndi Mains Schaer	F	55	Waverly	NE	2113	10:08	01:12:10.3	2873	12:36	01:22:34.4	02:34:44.8	11:21	02:28:59.9
2655	1096/1345	161/205	2221	Charles Carder	M	30	The Colony	TX	2728	10:36	01:19:20.5	2670	12:08	01:19:31.0	02:38:51.5	11:22	02:29:00.3
2656	1097/1345	196/233	3400	Colby Vesely	M	38	Lincoln	NE	2892	10:51	01:21:39.2	2567	11:53	01:17:54.5	02:39:33.7	11:22	02:29:00.8
2657	1560/2646	256/435	2220	Megan Carder	F	28	The Colony	TX	2730	10:36	01:19:20.9	2671	12:08	01:19:31.5	02:38:52.4	11:22	02:29:01.2
2658	1561/2646	158/308	5808	Jourden Casey	F	23	Omaha	NE	1449	9:30	01:04:46.5	3114	13:15	01:26:47.7	02:31:34.2	11:22	02:29:01.5
2659	1562/2646	203/342	5576	Patricia Wheeler	F	41	Omaha	NE	2880	10:55	01:21:31.3	2527	11:49	01:17:26.6	02:38:57.9	11:22	02:29:01.6
2660	1563/2646	290/460	2936	Kimberly Groeper	F	34	Papillion	NE	3213	11:24	01:26:17.2	2259	11:20	01:14:16.9	02:40:34.2	11:22	02:29:01.8
2661	1564/2646	204/342	1676	Serena Chester	F	42	Plattsmouth	NE	3214	11:24	01:26:17.4	2258	11:20	01:14:16.8	02:40:34.3	11:22	02:29:02.1
2662	1565/2646	291/460	1497	Jennifer Wallin	F	30	Lincoln	NE	2564	10:26	01:17:11.2	2761	12:18	01:20:37.8	02:37:49.1	11:22	02:29:04.4
2663	1566/2646	86/154	685	Lori Pracheil	F	51	Dorchester	NE	2756	10:37	01:19:49.7	2669	12:08	01:19:30.5	02:39:20.3	11:22	02:29:04.4
2664	1567/2646	55/79	2403	Cassidy Whitney	F	15	Lincoln	NE	2598	10:33	01:17:34.2	2702	12:12	01:19:54.9	02:37:29.2	11:22	02:29:05.2

The Good Life Haltsy

November 1, 2015

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2665	1568/2646	205/342	1373	Erin Buda	F	44	Lincoln	NE	2426	10:23	01:15:45.3	2781	12:22	01:21:02.2	02:36:47.6	11:22	02:29:05.4
2666	1569/2646	10/13	2877	Sophia Olson	F	14	Lincoln	NE	2599	10:33	01:17:34.2	2703	12:12	01:19:55.3	02:37:29.6	11:22	02:29:05.5
2667	1570/2646	257/435	6224	Kim Hubert	F	27	Omaha	NE	2573	10:18	01:17:18.8	2815	12:27	01:21:37.0	02:38:55.9	11:22	02:29:06.4
2668	1571/2646	56/79	5037	Leah Egeberg	F	16	Waverly	NE	2486	10:09	01:16:14.5	2877	12:36	01:22:37.3	02:38:51.9	11:22	02:29:06.9
2669	1572/2646	206/342	3969	Lori Straight	F	41	Des Moines	IA	2479	10:39	01:16:10.3	2656	12:06	01:19:20.9	02:35:31.3	11:22	02:29:07.4
2670	1573/2646	258/435	1551	Ashley Hoover	F	29	Lincoln	NE	2811	10:50	01:20:41.3	2585	11:55	01:18:08.4	02:38:49.8	11:22	02:29:09.1
2671	1574/2646	292/460	264	Savanna Groteluschen	F	32	Ashland	NE	2663	10:31	01:18:19.9	2728	12:15	01:20:16.3	02:38:36.3	11:22	02:29:11.0
2672	1098/1345	104/135	3146	James Johnson	M	49	Sabetha	KS	2445	10:22	01:15:58.9	2797	12:24	01:21:16.9	02:37:15.8	11:22	02:29:11.1
2673	1099/1345	38/48	445	Michael Engel	M	60	Lincoln	NE	2650	10:35	01:18:08.8	2698	12:11	01:19:52.0	02:38:00.8	11:22	02:29:11.4
2674	1575/2646	207/342	1450	Becky Boyer	F	42	Sioux City	IA	2839	10:45	01:20:54.8	2619	12:01	01:18:47.5	02:39:42.4	11:23	02:29:13.4
2675	1576/2646	318/486	1819	Amanda Luedders	F	37	Cambridg	NE	3103	11:11	01:24:44.6	2401	11:35	01:15:54.6	02:40:39.2	11:23	02:29:15.5
2676	1100/1345	161/183	5359	Richard Lewis	M	27	Lincoln	NE	2874	10:41	01:21:22.3	2653	12:06	01:19:17.0	02:40:39.4	11:23	02:29:15.7
2677	1577/2646	259/435	4972	Allison Botsford	F	25	Lincoln	NE	2873	10:41	01:21:22.3	2652	12:06	01:19:16.7	02:40:39.1	11:23	02:29:15.8
2678	1578/2646	159/308	2969	Jordyn Lechtenberg	F	24	Lincoln	NE	2744		01:19:35.9	1859	10:38	01:09:40.3	02:29:16.2	11:23	02:29:16.2
2679	1579/2646	37/81	1391	Carol Kelly	F	55	Lincoln	NE	2884	10:54	01:21:33.7	2558	11:52	01:17:47.2	02:39:20.9	11:23	02:29:17.1
2680	1101/1345	162/205	6216	Seth Rexilius	M	33	Palmyra	NE	1858	9:45	01:09:34.6	3034	13:02	01:25:26.6	02:35:01.2	11:23	02:29:19.3
2681	1580/2646	260/435	3740	Samantha Menard	F	25	Kearney	NE	2692	10:56	01:18:49.8	2549	11:51	01:17:40.3	02:36:30.1	11:23	02:29:19.4
2682	1581/2646	38/81	5984	Helena Duerksen	F	56	Wichita	KS	3109	11:24	01:24:50.3	2285	11:23	01:14:38.4	02:39:28.7	11:23	02:29:19.8
2683	1582/2646	39/81	1498	Catherine Mccarthy Tussey	F	56	Omaha	NE	3000	10:56	01:23:04.5	2546	11:51	01:17:38.0	02:40:42.5	11:23	02:29:20.4
2684	1583/2646	293/460	1963	Megan Hill	F	33	Lincoln	NE	3177	11:30	01:25:43.6	2233	11:17	01:13:57.6	02:39:41.3	11:23	02:29:20.7
2685	1102/1345	105/135	2045	Steve Carstensen	M	47	Lincoln	NE	2246	10:26	01:13:50.1	2775	12:21	01:20:58.1	02:34:48.3	11:23	02:29:21.6
2686	1584/2646	208/342	5388	Jill Fuhrman	F	41	Omaha	NE	2963	11:03	01:22:37.6	2490	11:44	01:16:52.9	02:39:30.5	11:23	02:29:21.8
2687	1103/1345	197/233	4611	Brad Braun	M	36	Papillion	NE	2395	10:35	01:15:34.1	2707	12:12	01:19:58.7	02:35:32.8	11:23	02:29:22.0
2688	1585/2646	57/79	3551	Madison Egeberg	F	19	Waverly	NE	2485	10:09	01:16:14.3	2897	12:39	01:22:55.9	02:39:10.3	11:23	02:29:25.6
2689	1104/1345	198/233	587	Tim Tworek	M	35	Omaha	NE	2138	10:14	01:12:25.5	2856	12:34	01:22:22.1	02:34:47.6	11:23	02:29:26.0
2690	1586/2646	261/435	1592	Alicia Buller	F	28	Lincoln	NE	2591	10:29	01:17:29.3	2764	12:19	01:20:40.4	02:38:09.8	11:24	02:29:26.5
2691	1587/2646	209/342	5380	Jennifer Andrews	F	41	Omaha	NE	2817	10:54	01:20:45.8	2577	11:54	01:17:58.8	02:38:44.7	11:24	02:29:26.8
2692	1588/2646	294/460	4726	Erin Marple	F	33	Papillion	NE	2340	10:13	01:14:59.7	2874	12:36	01:22:34.9	02:37:34.7	11:24	02:29:30.7
2693	1589/2646	126/227	5867	Kristie Locke	F	49	Malcolm	NE	2868	10:55	01:21:20.9	2576	11:54	01:17:58.8	02:39:19.7	11:24	02:29:31.0
2694	1590/2646	160/308	3379	Erin Hathhorn	F	20	Omaha	NE	2234	10:41	01:13:42.8	2672	12:08	01:19:32.7	02:33:15.5	11:24	02:29:33.3
2695	1591/2646	262/435	4279	Melisa Clark	F	27	Lincoln	NE	3127	11:17	01:24:58.5	2380	11:33	01:15:39.2	02:40:37.7	11:24	02:29:38.6
2696	1105/1345	162/183	2176	Adam Maas	M	26	Blair	NE	1797	9:35	01:08:57.6	3113	13:15	01:26:47.7	02:35:45.3	11:25	02:29:39.8
2697	1592/2646	87/154	3741	Sally Grandick	F	53	Council Bluffs	IA	2523	10:47	01:16:44.4	2626	12:03	01:18:57.3	02:35:41.8	11:25	02:29:40.9
2698	1593/2646	263/435	4245	Jenna Epley	F	25	Kearney	NE	2862	10:45	01:21:09.8	2648	12:05	01:19:13.1	02:40:22.9	11:25	02:29:42.5
2699	1106/1345	94/115	5076	Kent Battles	M	52	Wayzata	MN	2381	10:30	01:15:21.9	2771	12:20	01:20:52.9	02:36:14.8	11:25	02:29:45.0
2700	1107/1345	199/233	5481	Preston Harimon	M	36	Nantucket	MA	2893	11:10	01:21:39.6	2455	11:41	01:16:36.3	02:38:15.9	11:25	02:29:45.2

The Good Life Halfsy

November 1, 2015

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2701	1108/1345	163/183	6061	John Larsen	M	27	Lincoln	NE	2017	10:01	01:11:14.1	2967	12:50	01:24:09.2	02:35:23.3	11:25	02:29:46.0
2702	1594/2646	210/342	2997	Belinda Schroder	F	43	Taylor	NE	2970	11:10	01:22:43.5	2456	11:41	01:16:36.3	02:39:19.8	11:25	02:29:46.1
2703	1595/2646	295/460	1697	Jackie Freeman	F	34	Bloomfield	NE	2375	10:18	01:15:19.6	2849	12:33	01:22:15.9	02:37:35.5	11:25	02:29:46.1
2704	1109/1345	106/135	1707	Brandon Webb	M	45	Lincoln	NE	2284	10:21	01:14:14.1	2833	12:30	01:21:56.7	02:36:10.8	11:25	02:29:46.1
2705	1596/2646	319/486	3565	Megan Elliott	F	35	Wahoo	NE	2825	10:55	01:20:48.8	2588	11:56	01:18:09.9	02:38:58.8	11:25	02:29:46.3
2706	1110/1345	200/233	3563	Sean Elliott	M	35	Wahoo	NE	2824	10:55	01:20:48.7	2589	11:56	01:18:10.4	02:38:59.2	11:25	02:29:46.4
2707	1597/2646	320/486	2966	Vickie Neilly	F	37	Lincoln	NE	2972	11:10	01:22:43.8	2461	11:41	01:16:37.6	02:39:21.4	11:25	02:29:46.7
2708	1598/2646	161/308	2613	Olivia Monaghan	F	20	Crofton	NE	2374	10:18	01:15:19.5	2850	12:33	01:22:16.6	02:37:36.1	11:25	02:29:46.9
2709	1599/2646	321/486	2843	Susie O'grady	F	39	Lincoln	NE	2971	11:10	01:22:43.7	2460	11:41	01:16:37.5	02:39:21.2	11:25	02:29:47.5
2710	1600/2646	296/460	937	Ashley Garey	F	31	Lincoln	NE	2682	10:44	01:18:36.4	2658	12:07	01:19:23.4	02:37:59.8	11:25	02:29:48.0
2711	1111/1345	164/183	6025	Mat Lehn	M	27	Lincoln	NE	2016	10:01	01:11:14.1	2968	12:50	01:24:09.7	02:35:23.8	11:25	02:29:51.3
2712	1601/2646	162/308	1832	Lauren Hoover	F	22	Eagle	NE	1937	10:07	01:10:30.6	2936	12:45	01:23:35.6	02:34:06.2	11:25	02:29:52.1
2713	1602/2646	322/486	4923	Chitra Thapa	F	37	Bennington	NE	3020	11:04	01:23:28.8	2523	11:48	01:17:22.3	02:40:51.2	11:26	02:29:56.0
2714	1603/2646	211/342	4206	Kathryn Langenberg	F	43	Lincoln	NE	3003	11:09	01:23:08.9	2487	11:44	01:16:51.3	02:40:00.2	11:26	02:29:57.0
2715	1112/1345	95/115	2510	Todd Noecker	M	52	Omaha	NE	2572	10:34	01:17:18.4	2765	12:19	01:20:43.4	02:38:01.8	11:26	02:30:00.3
2716	1604/2646	163/308	1250	Kayla Kallenbach	F	21	Lincoln	NE	2233	10:14	01:13:42.4	2907	12:40	01:23:00.0	02:36:42.5	11:26	02:30:03.1
2717	1605/2646	297/460	4575	Katie Thompson	F	32	Lincoln	NE	2560	10:33	01:17:08.8	2774	12:21	01:20:56.9	02:38:05.7	11:26	02:30:04.8
2718	1606/2646	164/308	4995	Anna Hower	F	23	Lincoln	NE	2226	10:38	01:13:38.8	2740	12:17	01:20:28.0	02:34:06.8	11:27	02:30:07.8
2719	1607/2646	264/435	3257	Ariana Brocious	F	29	Lincoln	NE	2769	11:00	01:20:00.7	2580	11:54	01:18:02.7	02:38:03.5	11:27	02:30:08.9
2720	1608/2646	265/435	2535	Whitney Villines	F	27	Lincoln	NE	2898	10:30	01:21:43.2	2802	12:25	01:21:21.1	02:43:04.4	11:27	02:30:09.7
2721	1609/2646	266/435	641	Kayla Torske	F	26	Lincoln	NE	2922	11:04	01:22:06.6	2544	11:51	01:17:37.0	02:39:43.7	11:27	02:30:11.4
2722	1610/2646	267/435	3566	Tara Dudycha	F	25	Lincoln	NE	2304	10:27	01:14:33.5	2822	12:28	01:21:42.7	02:36:16.3	11:27	02:30:14.8
2723	1113/1345	65/81	3765	Tyler Hileman	M	21	Kearney	NE	2303	10:27	01:14:33.1	2823	12:28	01:21:42.8	02:36:15.9	11:27	02:30:15.1
2724	1611/2646	298/460	1923	Laura-Leigh Norris	F	33	Beatrice	NE	3141	11:23	01:25:12.1	2382	11:33	01:15:40.7	02:40:52.8	11:27	02:30:15.6
2725	1612/2646	165/308	2216	Grace Manthey	F	21	Omaha	NE	1883	9:46	01:09:59.1	3080	13:09	01:26:13.7	02:36:12.8	11:27	02:30:16.9
2726	1114/1345	107/135	1112	Rick Manthey	M	47	Omaha	NE	1874	9:45	01:09:53.0	3089	13:10	01:26:20.5	02:36:13.5	11:27	02:30:17.0
2727	1115/1345	201/233	3519	Mike Nelson	M	38	Grand Island	NE	2637	10:11	01:17:56.3	2934	12:45	01:23:35.1	02:41:31.4	11:27	02:30:18.2
2728	1116/1345	108/135	2992	Lance Larson	M	48	Lincoln	NE	2364	10:39	01:15:15.3	2743	12:17	01:20:29.0	02:35:44.4	11:27	02:30:18.7
2729	1117/1345	39/48	3574	Robert Schoenleber	M	60	Lincoln	NE	2059	9:46	01:11:44.3	3090	13:10	01:26:21.0	02:38:05.3	11:28	02:30:21.3
2730	1613/2646	88/154	6222	Colleen Warder	F	50	Omaha	NE	2382	10:38	01:15:22.3	2758	12:18	01:20:37.1	02:35:59.5	11:28	02:30:22.3
2731	1614/2646	127/227	5332	Marsha Graesser	F	46	Bellevue	NE	3304	11:43	01:28:14.1	2213	11:13	01:13:34.3	02:41:48.4	11:28	02:30:23.6
2732	1118/1345	109/135	1706	Dave Waters	M	48	Lincoln	NE	2700	10:22	01:18:57.3	2863	12:35	01:22:29.0	02:41:26.3	11:28	02:30:24.1
2733	1615/2646	166/308	4681	Courtney Dubay	F	24	La Vista	NE	2490	10:16	01:16:16.1	2921	12:42	01:23:16.8	02:39:32.9	11:29	02:30:32.7
2734	1616/2646	212/342	4258	Dusty Decker	F	42	Lincoln	NE	2576	10:24	01:17:19.6	2853	12:34	01:22:20.0	02:39:39.7	11:29	02:30:32.9
2735	1617/2646	128/227	442	Von Villarreal	F	49	Lincoln	NE	2764	10:40	01:19:52.8	2762	12:18	01:20:39.0	02:40:31.8	11:29	02:30:36.3
2736	1618/2646	323/486	4277	Kimberly Simmons	F	38	Omaha	NE	2674	10:29	01:18:25.9	2834	12:30	01:21:56.8	02:40:22.7	11:29	02:30:38.0

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Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2737	1619/2646	324/486	3587	Jayne Robbins	F	37	Lincoln	NE	2646	10:26	01:18:01.5	2847	12:33	01:22:15.9	02:40:17.5	11:29	02:30:38.0
2738	1119/1345	202/233	874	Justin Clements	M	35	Omaha	NE	1564	9:38	01:06:20.3	3166	13:22	01:27:34.7	02:33:55.1	11:29	02:30:41.6
2739	1120/1345	163/205	5602	Bart Jeseritz	M	32	Gretna	NE	2435	10:23	01:15:52.7	2880	12:37	01:22:40.5	02:38:33.3	11:30	02:30:46.1
2740	1620/2646	268/435	1986	Allison Crook	F	29	Lincoln	NE	2923	10:57	01:22:07.2	2630	12:03	01:19:00.9	02:41:08.2	11:30	02:30:49.0
2741	1621/2646	167/308	3377	Katie Muirhead	F	21	Mankato	KS	1931	10:00	01:10:24.7	3022	13:01	01:25:15.7	02:35:40.5	11:30	02:30:49.8
2742	1622/2646	89/154	5004	Abby Clutter	F	53	Lincoln	NE	2753	10:42	01:19:46.4	2766	12:19	01:20:43.4	02:40:29.8	11:30	02:30:53.6
2743	1623/2646	129/227	3097	Christine Niemann	F	48	Lincoln	NE	2697	10:40	01:18:55.6	2778	12:21	01:20:59.2	02:39:54.8	11:30	02:30:53.6
2744	1624/2646	213/342	1029	Kris Humphrey	F	44	Lincoln	NE	2686	10:44	01:18:42.4	2752	12:17	01:20:33.1	02:39:15.5	11:30	02:30:54.4
2745	1625/2646	168/308	4290	Rachel Bormann	F	21	Omaha	NE	3168	11:28	01:25:38.1	2389	11:33	01:15:44.1	02:41:22.2	11:30	02:30:56.0
2746	1626/2646	90/154	5654	Rita Shuck	F	52	Edgar	NE	3160	11:23	01:25:33.8	2433	11:39	01:16:20.5	02:41:54.4	11:30	02:30:56.5
2747	1627/2646	269/435	4460	Jordyn Kuhnel	F	25	Omaha	NE	2647	10:39	01:18:03.6	2789	12:23	01:21:10.2	02:39:13.8	11:30	02:30:56.9
2748	1628/2646	299/460	5772	Abby Schendt	F	31	Edgar	NE	3161	11:23	01:25:34.3	2432	11:39	01:16:20.5	02:41:54.8	11:30	02:30:57.7
2749	1629/2646	270/435	5247	Ashley Wergin	F	28	Lincoln	NE	2604	10:36	01:17:37.3	2812	12:26	01:21:32.6	02:39:09.9	11:31	02:31:00.6
2750	1630/2646	214/342	2181	Nichole Arth	F	40	Omaha	NE	3156	11:29	01:25:29.3	2392	11:34	01:15:48.2	02:41:17.6	11:31	02:31:01.7
2751	1631/2646	169/308	3511	Alyxandra Wurster	F	22	Lincoln	NE	2500	10:19	01:16:21.4	2926	12:44	01:23:25.1	02:39:46.5	11:31	02:31:02.0
2752	1632/2646	91/154	1807	Peg Coover	F	51	Cairo	NE	2649	10:49	01:18:07.6	2720	12:14	01:20:10.1	02:38:17.7	11:31	02:31:02.0
2753	1633/2646	170/308	4348	Kelsey Boesiger	F	22	Lincoln	NE	2302	10:55	01:14:31.7	2662	12:07	01:19:25.8	02:33:57.5	11:31	02:31:02.2
2754	1634/2646	171/308	3523	Shelley Erickson	F	22	Lincoln	NE	2498	10:19	01:16:21.2	2928	12:44	01:23:25.3	02:39:46.6	11:31	02:31:02.4
2755	1635/2646	325/486	2688	Elizabeth Lucas	F	37	Lincoln	NE	2865	11:03	01:21:17.3	2609	12:00	01:18:36.1	02:39:53.5	11:31	02:31:05.1
2756	1636/2646	271/435	4217	Megan Flory	F	28	Omaha	NE	2049	10:08	01:11:34.9	3000	12:56	01:24:48.7	02:36:23.6	11:32	02:31:12.6
2757	1637/2646	326/486	3101	Charity Moody	F	36	Palmyra	NE	2060	10:08	01:11:45.1	3007	12:57	01:24:55.1	02:36:40.2	11:32	02:31:18.1
2758	1638/2646	272/435	2882	Danelle Warner	F	28	Lincoln	NE	2796	10:53	01:20:29.3	2717	12:14	01:20:08.5	02:40:37.8	11:33	02:31:26.5
2759	1121/1345	28/30	3780	Andrew O'Neill	M	19	Lincoln	NE	1813	9:43	01:09:08.7	3173	13:24	01:27:46.7	02:36:55.5	11:33	02:31:26.5
2760	1122/1345	65/82	939	Sam Schlueter	M	56	Hastings	NE	2446	10:42	01:15:59.3	2800	12:24	01:21:17.4	02:37:16.8	11:33	02:31:28.4
2761	1639/2646	92/154	936	Tamera Schlueter	F	54	Hastings	NE	2447	10:43	01:15:59.6	2796	12:24	01:21:16.8	02:37:16.4	11:33	02:31:28.9
2762	1640/2646	300/460	5081	Jessica Siegel	F	33	North Platte	NE	2846	10:52	01:20:56.4	2730	12:15	01:20:18.4	02:41:14.9	11:33	02:31:32.1
2763	1641/2646	301/460	6232	Melissa Carder	F	30	Omaha	NE	2278	10:32	01:14:09.3	2865	12:35	01:22:29.3	02:36:38.7	11:33	02:31:32.7
2764	1642/2646	215/342	810	Becky Schroeder	F	40	Eagle	NE	2608	10:43	01:17:38.5	2795	12:24	01:21:16.3	02:38:54.8	11:33	02:31:33.6
2765	1643/2646	216/342	4500	Nola Derby-Bennett	F	41	Lincoln	NE	2821	10:55	01:20:47.5	2712	12:12	01:20:00.8	02:40:48.3	11:33	02:31:35.9
2766	1644/2646	327/486	3993	Lisa Lindau	F	36	Garland	NE	3162	11:24	01:25:35.5	2489	11:44	01:16:52.1	02:42:27.6	11:33	02:31:36.1
2767	1645/2646	302/460	4660	Jenny Kleinsasser	F	34	Omaha	NE	2910	10:58	01:21:52.6	2691	12:10	01:19:46.7	02:41:39.4	11:33	02:31:37.4
2768	1646/2646	273/435	5473	Rebecca Brown	F	29	La Vista	NE	2861	10:54	01:21:08.7	2725	12:15	01:20:15.2	02:41:23.9	11:34	02:31:39.2
2769	1647/2646	274/435	5099	Sally Chartier	F	28	Omaha	NE	2860	10:54	01:21:08.3	2727	12:15	01:20:15.3	02:41:23.7	11:34	02:31:39.2
2770	1648/2646	303/460	1558	Sarah Digman	F	34	Lincoln	NE	2633	10:51	01:17:54.8	2747	12:17	01:20:30.9	02:38:25.8	11:34	02:31:40.0
2771	1649/2646	304/460	1715	Ashley Pfeifer	F	30	Lincoln	NE	3140	11:09	01:25:09.3	2614	12:00	01:18:37.3	02:43:46.7	11:34	02:31:44.5
2772	1123/1345	13/16	3025	Jack Cooper	M	10	Hickman	NE	3099	11:17	01:24:36.4	2554	11:52	01:17:45.3	02:42:21.8	11:34	02:31:45.5

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2773	1650/2646	217/342	3009	Kimberly Cooper	F	41	Hickman	NE	3095	11:17	01:24:35.4	2557	11:52	01:17:46.0	02:42:21.5	11:34	02:31:45.6
2774	1651/2646	328/486	4088	Erica Krauss	F	39	Saint Paul	NE	2272	10:13	01:14:02.1	3002	12:57	01:24:52.5	02:38:54.6	11:35	02:31:52.3
2775	1124/1345	96/115	2777	Scott Barker	M	53	Council Bluffs	IA	2488	10:24	01:16:15.7	2947	12:47	01:23:44.7	02:40:00.4	11:35	02:31:53.1
2776	1652/2646	329/486	2759	Nicole Balus	F	35	Omaha	NE	2320	10:32	01:14:40.8	2895	12:39	01:22:55.0	02:37:35.9	11:35	02:31:54.9
2777	1653/2646	305/460	604	Lisa Haffey	F	32	Lincoln	NE	2986	10:55	01:22:55.3	2738	12:16	01:20:27.1	02:43:22.5	11:35	02:31:59.0
2778	1654/2646	58/79	3768	Aliyah White	F	15	Omaha	NE	3221	11:22	01:26:20.8	2537	11:50	01:17:32.3	02:43:53.2	11:35	02:31:59.5
2779	1655/2646	59/79	3186	Hailey Tierra	F	15	Omaha	NE	3220	11:22	01:26:20.8	2536	11:50	01:17:32.3	02:43:53.2	11:35	02:31:59.8
2780	1125/1345	203/233	2040	Joe Niedbalski	M	36	Lincoln	NE	2182	10:08	01:13:08.2	3044	13:03	01:25:34.3	02:38:42.5	11:35	02:32:01.9
2781	1656/2646	218/342	2194	Julia Hoffman	F	40	Denver	CO	3206	12:08	01:26:10.1	2119	11:04	01:12:32.7	02:38:42.9	11:35	02:32:02.4
2782	1126/1345	110/135	1413	Sam Gregg	M	49	Omaha	NE	2750	11:18	01:19:42.6	2578	11:54	01:18:00.2	02:37:42.8	11:36	02:32:03.8
2783	1657/2646	330/486	5716	Erin Draft	F	38	Bellevue	NE	2988	11:03	01:22:59.6	2681	12:09	01:19:38.6	02:42:38.2	11:36	02:32:06.8
2784	1658/2646	306/460	6126	Meghan Vesper	F	30	Lincoln	NE	3242	11:40	01:26:47.4	2384	11:33	01:15:41.8	02:42:29.3	11:36	02:32:07.7
2785	1659/2646	130/227	5066	Kandace Adams	F	47	Lincoln	NE	2681	10:57	01:18:36.1	2732	12:15	01:20:20.7	02:38:56.8	11:36	02:32:10.3
2786	1127/1345	11/14	3368	Richard Halvorsen	M	69	Lincoln	NE	2292	10:05	01:14:19.9	3073	13:08	01:26:06.2	02:40:26.1	11:36	02:32:14.1
2787	1660/2646	172/308	2366	Susana Balderas	F	21	Lincoln	NE	1723	10:20	01:08:23.3	2987	12:54	01:24:30.0	02:32:53.4	11:36	02:32:16.8
2788	1661/2646	331/486	1847	Darcy Meinke	F	39	Crete	NE	3030	11:18	01:23:34.1	2598	11:58	01:18:23.4	02:41:57.5	11:37	02:32:24.4
2789	1662/2646	275/435	3778	Brianna Bass	F	27	Lincoln	NE	2623	10:53	01:17:45.8	2785	12:23	01:21:06.8	02:38:52.7	11:37	02:32:30.0
2790	1663/2646	131/227	952	Ronda Buchanan	F	48	Hickman	NE	3084	11:04	01:24:28.6	2708	12:12	01:19:59.0	02:44:27.7	11:38	02:32:30.1
2791	1128/1345	111/135	4398	Mojtaba Fatemi	M	45	Lincoln	NE	2977	10:36	01:22:48.1	2903	12:40	01:22:58.1	02:45:46.2	11:38	02:32:30.2
2792	1664/2646	132/227	805	Justina Ziemann	F	49	Hickman	NE	3086	11:04	01:24:28.8	2706	12:12	01:19:58.6	02:44:27.4	11:38	02:32:31.1
2793	1665/2646	219/342	824	Nicole Schmidt	F	43	Lincoln	NE	2522	10:52	01:16:43.4	2798	12:24	01:21:17.0	02:38:00.5	11:38	02:32:32.5
2794	1666/2646	276/435	1531	Danielle Young	F	27	Lincoln	NE	2538	10:47	01:16:56.4	2831	12:30	01:21:53.1	02:38:49.5	11:38	02:32:33.4
2795	1667/2646	332/486	1557	Christina Arney	F	35	Lincoln	NE	2537	10:47	01:16:56.4	2830	12:30	01:21:52.7	02:38:49.1	11:38	02:32:33.7
2796	1668/2646	277/435	4629	Paige Fellers	F	29	Lincoln	NE	2870	10:55	01:21:21.5	2782	12:22	01:21:02.8	02:42:24.4	11:38	02:32:34.0
2797	1669/2646	93/154	4018	Kay Merkel	F	52	Omaha	NE	2441	10:33	01:15:57.2	2927	12:44	01:23:25.1	02:39:22.3	11:38	02:32:35.2
2798	1670/2646	333/486	2419	Melissa Croom	F	35	Omaha	NE	2786	10:52	01:20:16.7	2807	12:25	01:21:24.5	02:41:41.3	11:38	02:32:35.6
2799	1671/2646	307/460	2412	Jenn Totic	F	32	Omaha	NE	2787	10:52	01:20:16.7	2808	12:25	01:21:24.7	02:41:41.5	11:38	02:32:36.9
2800	1672/2646	94/154	2552	Amy Francis	F	50	Lincoln	NE	3452	11:59	01:31:02.8	2248	11:19	01:14:08.8	02:45:11.7	11:39	02:32:43.5
2801	1673/2646	60/79	3662	Carissa Carlin	F	19	Humboldt	NE	2651	10:46	01:18:10.3	2845	12:33	01:22:13.4	02:40:23.7	11:39	02:32:50.8
2802	1674/2646	220/342	4080	Jennifer Everett	F	41	Winfield	KS	2542	10:41	01:16:58.7	2891	12:39	01:22:51.7	02:39:50.5	11:39	02:32:51.5
2803	1675/2646	173/308	4291	Michaela Griffen	F	23	Lincoln	NE	3078	11:11	01:24:21.8	2678	12:09	01:19:35.9	02:43:57.7	11:39	02:32:52.7
2804	1676/2646	334/486	4584	Emily Belau	F	37	Lincoln	NE	2953	10:58	01:22:32.3	2779	12:21	01:20:59.3	02:43:31.6	11:39	02:32:53.5
2805	1677/2646	278/435	3369	Anelle Strauss	F	29	Lincoln	NE	2548	10:48	01:17:02.1	2839	12:32	01:22:06.7	02:39:08.8	11:39	02:32:56.1
2806	1678/2646	279/435	4425	Chelsea Schlecht	F	26	Scribner	NE	2610	10:57	01:17:38.7	2794	12:24	01:21:15.9	02:38:54.6	11:40	02:33:01.0
2807	1679/2646	221/342	5560	Amy Vrbka	F	43	Omaha	NE	2507	10:52	01:16:25.5	2827	12:29	01:21:46.7	02:38:12.2	11:40	02:33:03.4
2808	1680/2646	308/460	4659	Joey Plihal	F	30	Blue Springs	NE	2746	10:44	01:19:37.8	2884	12:38	01:22:46.6	02:42:24.5	11:40	02:33:04.9

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2809	1681/2646	335/486	4807	Tami Lier	F	38	Lincoln	NE	2606	10:42	01:17:37.5	2899	12:39	01:22:56.2	02:40:33.7	11:40	02:33:05.9
2810	1682/2646	336/486	4803	Sarah Vander Pol	F	37	Walton	NE	2603	10:42	01:17:37.3	2900	12:39	01:22:56.6	02:40:33.9	11:40	02:33:06.2
2811	1683/2646	174/308	5108	Caroline Barber	F	24	Lincoln	NE	2307	10:34	01:14:36.1	2957	12:48	01:23:55.4	02:38:31.5	11:40	02:33:09.1
2812	1129/1345	165/192	1914	Nate Hinman	M	40	Fairbury	NE	3135	11:02	01:25:05.6	2770	12:20	01:20:51.4	02:45:57.1	11:41	02:33:09.7
2813	1684/2646	337/486	4200	Mary Carter	F	39	Omaha	NE	3072	11:18	01:24:17.7	2636	12:04	01:19:04.5	02:43:22.2	11:41	02:33:10.5
2814	1685/2646	338/486	3297	Peggy Jones	F	37	Papillion	NE	3073	11:18	01:24:18.1	2634	12:04	01:19:03.7	02:43:21.8	11:41	02:33:10.8
2815	1686/2646	280/435	4577	Jessica Meyer	F	28	Syracuse	NE	2925	11:05	01:22:09.3	2748	12:17	01:20:30.9	02:42:40.3	11:41	02:33:11.0
2816	1687/2646	61/79	981	Grace Larsen	F	16	Lincoln	NE	2494	10:59	01:16:18.6	2792	12:24	01:21:14.9	02:37:33.5	11:41	02:33:11.4
2817	1130/1345	66/82	2899	James Gustafson	M	57	Lincoln	NE	2187	9:57	01:13:14.1	3180	13:25	01:27:57.6	02:41:11.7	11:41	02:33:12.0
2818	1688/2646	222/342	3888	Julie Fedderson	F	42	Papillion	NE	2768	10:43	01:19:59.6	2904	12:40	01:22:59.7	02:42:59.3	11:41	02:33:12.8
2819	1689/2646	223/342	4880	Lori Mayberry	F	44	Omaha	NE	3447	12:46	01:30:49.6	1845	10:36	01:09:31.3	02:40:20.9	11:41	02:33:13.0
2820	1690/2646	133/227	2599	Sara Kosmicki	F	47	Lincoln	NE	2162	10:11	01:12:49.8	3102	13:12	01:26:28.0	02:39:17.8	11:41	02:33:14.9
2821	1691/2646	95/154	3242	Julie Kruckeberg	F	51	South Bend	NE	3419	12:02	01:30:26.3	2275	11:21	01:14:26.4	02:44:52.8	11:41	02:33:15.6
2822	1692/2646	224/342	6006	Janis Winterhof	F	42	Omaha	NE	3154	11:14	01:25:28.7	2679	12:09	01:19:36.0	02:45:04.7	11:41	02:33:15.9
2823	1693/2646	134/227	2012	Tanya Kiesling Christenser	F	46	Lincoln	NE	3294	11:49	01:27:50.3	2397	11:35	01:15:53.1	02:43:43.5	11:41	02:33:17.6
2824	1694/2646	175/308	4595	Mary Leduc	F	24	Lincoln	NE	2636	10:37	01:17:55.8	2946	12:47	01:23:44.2	02:41:40.1	11:41	02:33:19.5
2825	1695/2646	309/460	3230	Carly Dittenber	F	31	Lincoln	NE	2673	10:34	01:18:25.8	2964	12:49	01:24:02.5	02:42:28.3	11:41	02:33:21.6
2826	1696/2646	225/342	2878	Heather Pederson	F	40	Lincoln	NE	2675	10:35	01:18:26.2	2962	12:49	01:24:02.3	02:42:28.5	11:41	02:33:21.8
2827	1697/2646	339/486	1160	Jaimi Riley	F	39	Gothenburg	NE	2614	10:38	01:17:39.8	2941	12:46	01:23:38.5	02:41:18.4	11:42	02:33:23.7
2828	1698/2646	96/154	5411	Liz Rhodes	F	52	Gretna	NE	3297	11:25	01:27:56.6	2616	12:01	01:18:42.6	02:46:39.2	11:42	02:33:33.3
2829	1699/2646	281/435	5401	Christina Harrison	F	25	Lincoln	NE	2677	10:40	01:18:27.3	2938	12:45	01:23:35.9	02:42:03.3	11:42	02:33:33.6
2830	1700/2646	282/435	4014	Jessica Peeks	F	28	Utica	NE	3245	11:21	01:26:49.3	2647	12:05	01:19:12.4	02:46:01.8	11:42	02:33:34.4
2831	1701/2646	310/460	6185	Lina Traslavia Stover	F	33	Omaha	NE	2324	10:29	01:14:42.6	3004	12:57	01:24:53.9	02:39:36.5	11:43	02:33:38.1
2832	1702/2646	135/227	5071	Melissa Tierney	F	47	Altoona	IA	2217	10:30	01:13:34.4	3001	12:57	01:24:50.1	02:38:24.6	11:43	02:33:40.5
2833	1703/2646	311/460	1783	Courtney Hillebrecht	F	33	Lincoln	NE	3144	11:19	01:25:16.8	2673	12:08	01:19:32.7	02:44:49.5	11:43	02:33:40.8
2834	1704/2646	312/460	6263	Jen Luke	F	32	Lincoln	NE	3192	11:33	01:25:56.2	2572	11:54	01:17:57.2	02:43:53.5	11:43	02:33:41.1
2835	1705/2646	136/227	3149	Carmen Kime	F	49	Lincoln	NE	2501	10:39	01:16:22.2	2954	12:48	01:23:53.3	02:40:15.5	11:43	02:33:41.6
2836	1131/1345	164/205	2698	Tyler White	M	34	Lincoln	NE	3145	11:19	01:25:16.8	2674	12:08	01:19:32.7	02:44:49.5	11:43	02:33:42.1
2837	1706/2646	340/486	3191	Amy Holdcroft	F	37	Bellevue	NE	3171	11:20	01:25:39.8	2660	12:07	01:19:25.2	02:45:05.1	11:43	02:33:43.8
2838	1707/2646	176/308	2886	Olivia Brown	F	20	Dakota Dunes	SD	2464	10:22	01:16:05.7	3057	13:06	01:25:50.4	02:41:56.1	11:43	02:33:44.5
2839	1708/2646	97/154	2443	Dorothy Endacott	F	50	Lincoln	NE	3200	11:17	01:26:03.8	2697	12:11	01:19:51.1	02:45:54.9	11:43	02:33:46.7
2840	1709/2646	341/486	5993	Tracy Pfligler	F	35	Wahoo	NE	3088	11:12	01:24:30.3	2735	12:16	01:20:24.2	02:44:54.5	11:43	02:33:48.1
2841	1710/2646	283/435	3420	Kelley Marshall	F	25	Lincoln	NE	3223	11:37	01:26:21.1	2545	11:51	01:17:37.2	02:43:58.4	11:43	02:33:48.4
2842	1711/2646	313/460	378	Stephanie Johnson	F	31	Lincoln	NE	2579	10:37	01:17:21.4	2975	12:51	01:24:15.8	02:41:37.3	11:44	02:33:49.2
2843	1712/2646	22/49	726	Sue Bace	F	60	Omaha	NE	2942	11:03	01:22:25.3	2803	12:25	01:21:22.8	02:43:48.2	11:44	02:33:50.0
2844	1713/2646	342/486	900	Jennifer Peters	F	36	Lincoln	NE	2872	11:00	01:21:22.1	2825	12:28	01:21:43.3	02:43:05.4	11:44	02:33:51.6

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2845	1714/2646	314/460	705	Carly Morse	F	34	Lincoln	NE	2582	11:09	01:17:23.8	2769	12:20	01:20:47.6	02:38:11.5	11:44	02:33:55.0
2846	1715/2646	284/435	6103	Shay Birge	F	25	Johnstown	CO	2863	10:45	01:21:10.1	2931	12:44	01:23:30.1	02:44:40.2	11:44	02:33:59.3
2847	1716/2646	177/308	3558	Elizabeth Gibbens	F	23	Lincoln	NE	3133	11:13	01:25:04.6	2745	12:17	01:20:29.9	02:45:34.5	11:44	02:33:59.6
2848	1717/2646	98/154	1790	Mary Mcglade	F	51	Council Bluffs	IA	3196	11:23	01:25:59.9	2661	12:07	01:19:25.4	02:45:25.3	11:44	02:34:00.7
2849	1718/2646	343/486	3142	Jenny Young	F	39	Council Bluffs	IA	3195	11:23	01:25:59.8	2663	12:07	01:19:26.0	02:45:25.9	11:44	02:34:01.5
2850	1719/2646	285/435	6092	Allison Jonasen	F	26	Mccook	NE	2747	11:11	01:19:39.8	2768	12:19	01:20:46.7	02:40:26.5	11:45	02:34:01.8
2851	1720/2646	40/81	5720	Brenda Jenny	F	55	Blair	NE	3336	12:19	01:28:48.7	2193	11:11	01:13:20.0	02:42:08.8	11:45	02:34:04.7
2852	1132/1345	165/183	2246	Zed Adams	M	29	Lincoln	NE	2513	11:05	01:16:31.1	2806	12:25	01:21:23.7	02:37:54.8	11:45	02:34:04.9
2853	1721/2646	178/308	6213	Nicole Bourke	F	20	Omaha	NE						02:42:08.6	11:45	02:34:04.9	
2854	1722/2646	286/435	6148	Natalie Nelson	F	28	Blair	NC	3337	12:19	01:28:48.9	2192	11:11	01:13:19.8	02:42:08.8	11:45	02:34:04.9
2855	1723/2646	41/81	1036	Karen Fischer	F	55	Lincoln	NE	2404	10:16	01:15:37.4	3110	13:14	01:26:43.9	02:42:21.4	11:45	02:34:05.1
2856	1724/2646	42/81	5331	Georgia Stibor	F	55	North Bend	NE	2777	10:44	01:20:13.3	2951	12:47	01:23:48.1	02:44:01.4	11:45	02:34:08.0
2857	1133/1345	204/233	1164	Jason Anderson	M	38	Omaha	NE	2719	10:51	01:19:15.1	2912	12:41	01:23:04.6	02:42:19.7	11:45	02:34:09.2
2858	1725/2646	137/227	1162	Valerie Anderson	F	46	Omaha	NE	2720	10:51	01:19:15.4	2911	12:41	01:23:04.5	02:42:19.9	11:45	02:34:09.6
2859	1134/1345	166/183	6110	Reid Norder	M	26	Omaha	NE	2550	10:40	01:17:03.3	2973	12:51	01:24:14.0	02:41:17.4	11:45	02:34:11.0
2860	1135/1345	67/82	1136	Kelley Beasley	M	57	Lincoln	NE	3235	11:23	01:26:32.7	2677	12:08	01:19:34.8	02:46:07.6	11:45	02:34:11.1
2861	1726/2646	344/486	2922	Stacia Palser	F	38	Lincoln	NE	2552	10:40	01:17:03.5	2972	12:51	01:24:13.7	02:41:17.3	11:45	02:34:11.1
2862	1727/2646	226/342	4979	Kim Rice	F	44	Gretna	NE	3388	11:53	01:29:46.6	2435	11:39	01:16:21.2	02:46:07.8	11:45	02:34:13.5
2863	1728/2646	179/308	2277	Ashlee Miller	F	21	Omaha	NE	2784	10:55	01:20:15.5	2882	12:37	01:22:44.7	02:43:00.3	11:46	02:34:17.1
2864	1729/2646	315/460	3932	Maureen Eck	F	33	Lincoln	NE	2664	10:43	01:18:20.1	2959	12:49	01:24:00.6	02:42:20.7	11:46	02:34:17.6
2865	1136/1345	112/135	2940	Brian Kastl	M	49	Lincoln	NE	2597	10:30	01:17:33.4	3039	13:03	01:25:29.1	02:43:02.6	11:46	02:34:17.8
2866	1730/2646	227/342	5085	Becky Grant	F	44	Weston	NE	2883	10:40	01:21:33.5	2979	12:53	01:24:25.0	02:45:58.5	11:46	02:34:19.2
2867	1731/2646	345/486	1515	Erica Duncan	F	39	Lincoln	NE	2555	10:47	01:17:05.1	2940	12:46	01:23:38.1	02:40:43.2	11:46	02:34:19.8
2868	1732/2646	99/154	510	Peg Niedbalski	F	53	Columbus	NE	3193	11:31	01:25:57.3	2622	12:01	01:18:48.4	02:44:45.8	11:46	02:34:20.1
2869	1733/2646	228/342	4180	Karen Snyder	F	41	Richland	MO	3045	11:16	01:23:56.7	2754	12:18	01:20:35.5	02:44:32.3	11:46	02:34:26.4
2870	1734/2646	229/342	3204	Maureen Hoppe	F	44	Papillion	NE	3038	11:02	01:23:49.7	2841	12:32	01:22:07.5	02:45:57.2	11:47	02:34:29.7
2871	1735/2646	230/342	203	Carolina Sabatka	F	40	Ceresco	NE	3371	11:56	01:29:35.6	2427	11:38	01:16:17.6	02:45:53.3	11:47	02:34:32.5
2872	1736/2646	346/486	5944	Brandie Misiag Beckler	F	35	Dubuque	IA	2851	11:20	01:20:59.5	2731	12:15	01:20:18.7	02:41:18.2	11:47	02:34:33.3
2873	1737/2646	287/435	1312	Kelsey Homolka	F	26	Dorchester	NE	3066	11:10	01:24:15.7	2801	12:24	01:21:19.4	02:45:35.2	11:47	02:34:34.4
2874	1738/2646	100/154	5500	Lisa Paczosa	F	50	Bellwood	NE	2781	10:57	01:20:14.6	2885	12:38	01:22:46.7	02:43:01.3	11:47	02:34:34.6
2875	1739/2646	288/435	5426	Andria Vetick	F	27	Lincoln	NE	2510	10:15	01:16:28.3	3156	13:21	01:27:28.1	02:43:56.5	11:47	02:34:36.8
2876	1137/1345	166/192	1622	Eduardo Bousson	M	41	Lincoln	NE	1829	9:40	01:09:20.3	3340	13:56	01:31:20.0	02:40:40.3	11:47	02:34:40.9
2877	1740/2646	347/486	5707	Kristi Ageson	F	35	Lester	IA	3002	11:01	01:23:08.1	2862	12:35	01:22:27.0	02:45:35.2	11:48	02:34:43.0
2878	1741/2646	289/435	4513	Grace Spomer	F	26	Omaha	NE	2993	11:14	01:23:01.6	2786	12:23	01:21:07.7	02:44:09.4	11:48	02:34:43.2
2879	1138/1345	165/205	2318	Jeremy Fries	M	34	Lincoln	NE	2763	11:05	01:19:52.8	2835	12:31	01:22:04.4	02:41:57.2	11:48	02:34:43.5
2880	1742/2646	348/486	4853	Jennifer Schlueter	F	39	Lincoln	NE	3201	11:30	01:26:04.3	2655	12:06	01:19:20.3	02:45:24.7	11:48	02:34:43.7

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2881	1743/2646	180/308	3818	Katey Pflanz	F	23	Lincoln	NE	2186	10:25	01:13:13.1	3101	13:11	01:26:26.8	02:39:39.9	11:48	02:34:45.0
2882	1744/2646	231/342	3880	Shayla Red	F	43	Lincoln	NE	3429	11:58	01:30:30.4	2429	11:39	01:16:20.0	02:46:50.5	11:48	02:34:45.7
2883	1745/2646	349/486	3886	Tami Frank	F	36	Lincoln	NE	3428	11:58	01:30:30.2	2430	11:39	01:16:20.2	02:46:50.4	11:48	02:34:46.2
2884	1139/1345	68/82	760	Scott Schwisow	M	56	Beatrice	NE	3053	11:01	01:24:02.9	2868	12:35	01:22:31.0	02:46:33.9	11:48	02:34:46.2
2885	1746/2646	350/486	5239	Crystal James	F	35	Lincoln	NE	3265	11:31	01:27:20.3	2651	12:06	01:19:15.8	02:46:36.2	11:48	02:34:46.8
2886	1747/2646	290/435	3752	Dana Didde	F	29	Lincoln	NE	2617	10:35	01:17:42.6	3032	13:02	01:25:23.9	02:43:06.5	11:48	02:34:47.2
2887	1140/1345	69/82	5356	Tom Kaiser	M	56	Eagle	NE	2845	10:55	01:20:56.3	2920	12:42	01:23:15.9	02:44:12.3	11:48	02:34:47.3
2888	1141/1345	14/16	2431	Carson Loll	M	9	Lincoln	NE	3399	12:05	01:29:57.9	2381	11:33	01:15:39.7	02:45:37.6	11:48	02:34:48.7
2889	1142/1345	113/135	1747	Thomas Vajgrt	M	48	Seward	NE	3032	11:27	01:23:40.5	2688	12:10	01:19:45.6	02:43:26.1	11:48	02:34:50.4
2890	1143/1345	166/205	3753	Mark Didde	M	30	Lincoln	NE	2534	10:28	01:16:52.3	3084	13:09	01:26:14.4	02:43:06.8	11:48	02:34:50.6
2891	1748/2646	23/49	2888	Lynette Broderick	F	60	Seward	NE	2660	11:12	01:18:17.8	2809	12:26	01:21:27.7	02:39:45.5	11:49	02:34:54.3
2892	1144/1345	97/115	5829	Prashant Joshi	M	51	Omaha	NE	3411	11:50	01:30:16.1	2521	11:48	01:17:20.8	02:47:36.9	11:49	02:34:55.2
2893	1749/2646	291/435	1482	Jamie Weiss	F	26	Omaha	NE	2467	10:30	01:16:06.6	3077	13:09	01:26:08.9	02:42:15.5	11:49	02:34:58.1
2894	1750/2646	232/342	2228	Jolene Blehm	F	40	Adams	NE	2905	11:28	01:21:49.5	2700	12:11	01:19:53.2	02:41:42.8	11:49	02:35:02.6
2895	1751/2646	233/342	2127	Tanya Martin-Dick	F	42	Lincoln	NE	2904	11:28	01:21:49.3	2699	12:11	01:19:53.1	02:41:42.5	11:49	02:35:03.1
2896	1752/2646	316/460	895	Dara Manning	F	34	Elkhorn	NE	2705	10:39	01:19:01.3	3027	13:01	01:25:19.6	02:44:20.9	11:49	02:35:05.4
2897	1753/2646	351/486	3342	Tracy Atwood	F	35	Grand Island	NE	2678	10:36	01:18:30.8	3047	13:04	01:25:36.7	02:44:07.6	11:49	02:35:05.6
2898	1754/2646	352/486	1256	Nancy Ozenbaugh	F	37	Hallam	NE	3132	11:13	01:25:04.6	2811	12:26	01:21:31.4	02:46:36.1	11:49	02:35:05.9
2899	1755/2646	353/486	1181	Sarah Maxson	F	39	Lincoln	NE	3134	11:14	01:25:05.6	2810	12:26	01:21:30.9	02:46:36.6	11:49	02:35:06.1
2900	1756/2646	234/342	869	Darla Berks	F	41	Lincoln	NE	2704	10:38	01:19:00.9	3031	13:01	01:25:21.8	02:44:22.7	11:49	02:35:06.8
2901	1757/2646	138/227	5678	Lourdes Herling	F	49	Clarkson	NE	2875	11:02	01:21:24.3	2894	12:39	01:22:52.2	02:44:16.5	11:50	02:35:10.2
2902	1145/1345	205/233	2334	Chris Young	M	38	Lincoln	NE	3081	11:05	01:24:23.6	2869	12:36	01:22:32.6	02:46:56.3	11:50	02:35:10.5
2903	1758/2646	181/308	2699	Amanda Hanlin	F	23	Pierce	NE	2687	10:55	01:18:46.3	2939	12:45	01:23:36.0	02:42:22.3	11:50	02:35:11.1
2904	1759/2646	101/154	2112	Sandra Babcock	F	53	Lincoln	NE	2690	10:40	01:18:47.8	3021	13:00	01:25:14.9	02:44:02.7	11:50	02:35:12.3
2905	1760/2646	182/308	6027	Ali Roth	F	22	Lincoln	NE	2237	10:26	01:13:44.4	3119	13:16	01:26:54.9	02:40:39.4	11:50	02:35:18.6
2906	1761/2646	183/308	1776	Rebecca Lang	F	22	Lincoln	NE	2316	10:41	01:14:40.3	3023	13:01	01:25:15.8	02:39:56.2	11:50	02:35:20.2
2907	1762/2646	317/460	1406	Ashley Gillick	F	31	Omaha	NE	2315	10:41	01:14:39.8	3025	13:01	01:25:16.3	02:39:56.1	11:50	02:35:20.4
2908	1146/1345	167/183	3407	Cody Parker	M	29	Lincoln	NE	2179	10:00	01:13:05.3	3274	13:42	01:29:47.8	02:42:53.2	11:51	02:35:20.8
2909	1147/1345	167/205	4281	Phil Boicher	M	30	Lincoln	NE	3108	11:28	01:24:48.8	2721	12:14	01:20:13.0	02:45:01.9	11:51	02:35:22.9
2910	1763/2646	318/460	4932	Christy Kriegler	F	32	Omaha	NE	2453	10:34	01:16:00.8	3075	13:08	01:26:07.3	02:42:08.2	11:51	02:35:26.0
2911	1764/2646	139/227	5735	Sonja Hubka	F	46	Omaha	NE	2881	11:09	01:21:31.7	2857	12:34	01:22:23.0	02:43:54.7	11:51	02:35:26.8
2912	1148/1345	168/205	4933	Matt Kriegler	M	32	Omaha	NE	2456	10:35	01:16:01.3	3076	13:08	01:26:07.5	02:42:08.9	11:51	02:35:27.1
2913	1149/1345	114/135	4488	Mark Krings	M	48	Lincoln	NE	2050	10:17	01:11:38.6	3184	13:26	01:28:02.7	02:39:41.3	11:51	02:35:27.6
2914	1765/2646	292/435	2281	Stephanie Cutler	F	28	Omaha	NE	3028	10:56	01:23:31.3	2952	12:48	01:23:51.1	02:47:22.5	11:51	02:35:29.1
2915	1766/2646	102/154	5607	Kathryn Goertzen	F	54	Henderson	NE	3366	11:47	01:29:30.1	2600	11:58	01:18:25.3	02:47:55.4	11:52	02:35:39.0
2916	1767/2646	354/486	1155	Molly Holloway	F	36	Cortland	NE	2849	10:53	01:20:57.8	2977	12:52	01:24:19.3	02:45:17.2	11:52	02:35:39.5

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2917	1768/2646	319/460	2525	Valerie Hunt	F	33	Lincoln	NE	3121	11:18	01:24:54.2	2817	12:28	01:21:39.9	02:46:34.1	11:52	02:35:40.9
2918	1769/2646	24/49	5609	Barbara Voth	F	63	Henderson	NE	3365	11:47	01:29:29.7	2601	11:58	01:18:25.7	02:47:55.4	11:52	02:35:42.0
2919	1770/2646	355/486	3018	Heidi Tast	F	39	Lincoln	NE	3277	12:03	01:27:33.1	2468	11:42	01:16:41.1	02:44:14.3	11:52	02:35:42.9
2920	1771/2646	235/342	4800	Tara Hill	F	40	Omaha	NE	2666	10:51	01:18:20.8	2989	12:54	01:24:34.7	02:42:55.5	11:52	02:35:43.2
2921	1150/1345	167/192	3007	Rick Tast	M	42	Lincoln	NE	3278	12:03	01:27:33.2	2469	11:42	01:16:41.2	02:44:14.4	11:52	02:35:43.3
2922	1772/2646	293/435	4049	Caroline Kahnk	F	25	Papillion	NE	2602	10:15	01:17:36.3	3207	13:31	01:28:34.4	02:46:10.8	11:53	02:35:48.4
2923	1773/2646	294/435	4040	Cait Kathol	F	25	Crete	NE	2601	10:15	01:17:36.1	3211	13:31	01:28:35.0	02:46:11.1	11:53	02:35:48.5
2924	1151/1345	168/192	2285	Dodge Rick	M	40	Beatrice	NE	2938	11:10	01:22:22.9	2875	12:36	01:22:36.9	02:44:59.9	11:53	02:35:49.4
2925	1774/2646	356/486	4912	Dipta Rai	F	37	Omaha	NE	3131	11:19	01:25:04.4	2820	12:28	01:21:41.5	02:46:45.9	11:53	02:35:50.4
2926	1775/2646	184/308	4988	Nicole Wendeln	F	23	Lincoln	NE	2333		01:14:50.6	2780	12:22	01:21:00.8	02:35:51.4	11:53	02:35:51.4
2927	1152/1345	70/82	582	Mickey Muthersbaugh	M	58	Lincoln	NE	2757	10:59	01:19:49.9	2958	12:49	01:24:00.1	02:43:50.1	11:53	02:35:56.7
2928	1776/2646	185/308	4598	Sarah Davis	F	23	Lincoln	NE	2325	10:47	01:14:42.8	3024	13:01	01:25:15.9	02:39:58.8	11:53	02:35:59.2
2929	1153/1345	115/135	5994	Marshall Johnson	M	49	Omaha	NE	2656	10:31	01:18:15.8	3132	13:18	01:27:08.0	02:45:23.8	11:54	02:36:02.1
2930	1154/1345	12/14	5365	Grant Story	M	68	Omaha	NE	2657	10:31	01:18:16.3	3131	13:18	01:27:07.9	02:45:24.2	11:54	02:36:02.6
2931	1777/2646	357/486	6052	Barbara Boustead	F	38	Omaha	NE	3291	11:47	01:27:47.6	2621	12:01	01:18:47.9	02:46:35.5	11:54	02:36:04.6
2932	1778/2646	295/435	4219	Alyssa Wewel	F	29	Lee's Summit	MO	2745	10:39	01:19:37.7	3087	13:10	01:26:19.2	02:45:56.9	11:54	02:36:05.2
2933	1779/2646	320/460	6064	Laura Tvrdy	F	34	Omaha	NE	3129	11:27	01:25:00.3	2784	12:22	01:21:05.1	02:46:05.4	11:54	02:36:06.9
2934	1780/2646	140/227	3789	Amy Anderson	F	49	Omaha	NE	2943	11:03	01:22:25.3	2943	12:46	01:23:41.7	02:46:07.1	11:54	02:36:09.3
2935	1781/2646	296/435	4866	Kelsey Lambley	F	26	Lincoln	NE	2010	10:08	01:11:08.4	3266	13:41	01:29:40.8	02:40:49.2	11:54	02:36:09.4
2936	1782/2646	358/486	5620	Kiley Maddux	F	35	Omaha	NE	2889	11:09	01:21:35.6	2914	12:41	01:23:05.9	02:44:41.5	11:54	02:36:12.4
2937	1783/2646	186/308	4542	Katie Ochsner	F	23	Lincoln	NE	3001	11:14	01:23:07.1	2876	12:36	01:22:37.1	02:45:44.3	11:55	02:36:13.7
2938	1784/2646	321/460	1244	Jill Brown	F	34	Lincoln	NE	2804	10:57	01:20:34.8	2982	12:53	01:24:26.9	02:45:01.7	11:55	02:36:14.8
2939	1155/1345	206/233	2152	Jesse Pandorf	M	35	Kearney	NE	3142	11:23	01:25:12.3	2818	12:28	01:21:41.2	02:46:53.5	11:55	02:36:16.1
2940	1785/2646	187/308	3202	Lucy Barie	F	21	Lincoln	NE	3093	11:06	01:24:34.4	2929	12:44	01:23:29.4	02:48:03.9	11:55	02:36:16.1
2941	1156/1345	98/115	5213	Kevin Welch	M	51	Lincoln	NE	2822	10:58	01:20:47.5	2983	12:53	01:24:27.8	02:45:15.3	11:55	02:36:19.4
2942	1786/2646	62/79	3837	Megan Hoppe	F	16	Papillion	NE	2252	10:22	01:13:52.6	3200	13:29	01:28:23.1	02:42:15.7	11:55	02:36:20.3
2943	1787/2646	188/308	1610	Amanda Benes	F	23	Lincoln	NE	3125	11:15	01:24:55.8	2879	12:37	01:22:39.3	02:47:35.1	11:55	02:36:21.2
2944	1788/2646	63/79	3879	Kate Shewchuk	F	16	Bellevue	NE	2253	10:22	01:13:52.6	3201	13:29	01:28:24.2	02:42:16.9	11:55	02:36:21.2
2945	1789/2646	297/435	3335	Emily Foster	F	29	Lincoln	NE	2820	10:44	01:20:47.3	3071	13:08	01:26:03.5	02:46:50.8	11:55	02:36:22.1
2946	1790/2646	298/435	5295	Lauren Becwar	F	26	Lincoln	NE	3104	11:06	01:24:45.3	2945	12:46	01:23:43.1	02:48:28.5	11:56	02:36:26.0
2947	1157/1345	2/6	4061	Scott Timmermier	M	73	Omaha	NE	2158	10:45	01:12:45.4	3070	13:08	01:26:03.3	02:38:48.7	11:56	02:36:28.2
2948	1791/2646	299/435	5523	Jackie Moore	F	26	Gretna	NE	2607	10:49	01:17:38.5	3043	13:03	01:25:33.1	02:43:11.7	11:56	02:36:29.8
2949	1792/2646	322/460	2208	Sarah Huenink	F	33	Firth	NE	3128	11:19	01:25:00.3	2852	12:34	01:22:19.9	02:47:20.2	11:56	02:36:30.5
2950	1793/2646	189/308	6141	Amy Miller	F	20	Norfolk	NE	2918	11:09	01:22:05.4	2925	12:44	01:23:24.9	02:45:30.3	11:56	02:36:30.7
2951	1794/2646	190/308	6289	Morgan Molacek	F	20	Norfolk	NE	2921	11:09	01:22:06.2	2924	12:44	01:23:24.3	02:45:30.5	11:56	02:36:30.9
2952	1795/2646	359/486	2111	Jeanne Stover	F	36	Omaha	NE	2319	10:31	01:14:40.6	3167	13:22	01:27:35.2	02:42:15.9	11:56	02:36:34.6

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2953	1158/1345	116/135	1046	Rob Ringler	M	48	Seward	NE	3124	11:08	01:24:55.6	2933	12:45	01:23:33.6	02:48:29.3	11:56	02:36:35.1
2954	1796/2646	141/227	2093	Kirsten Mills	F	47	Omaha	NE	2322	10:32	01:14:41.4	3163	13:22	01:27:33.3	02:42:14.7	11:56	02:36:35.6
2955	1797/2646	191/308	2124	Whitney Olson Jenich	F	23	Omaha	NE	2321	10:32	01:14:41.3	3165	13:22	01:27:33.9	02:42:15.3	11:56	02:36:37.1
2956	1798/2646	103/154	1045	Diane Lichty	F	50	Seward	NE	3119	11:08	01:24:54.2	2937	12:45	01:23:35.7	02:48:29.9	11:56	02:36:37.2
2957	1799/2646	142/227	1429	Jeanne Schroeder	F	47	Malcolm	NE	2968	11:12	01:22:42.8	2918	12:41	01:23:10.6	02:45:53.4	11:56	02:36:38.2
2958	1800/2646	300/435	4162	Allison Bonander	F	27	Lincoln	NE	3163	11:19	01:25:35.7	2864	12:35	01:22:29.2	02:48:04.9	11:57	02:36:39.9
2959	1801/2646	323/460	5062	Courtney Pinard	F	32	Omaha	NE	2866	10:55	01:21:19.8	3015	12:59	01:25:07.6	02:46:27.4	11:57	02:36:42.2
2960	1802/2646	301/435	5471	Sarah Jenness	F	27	Sheldon	IA	2869	10:52	01:21:21.3	3037	13:02	01:25:27.9	02:46:49.3	11:57	02:36:44.6
2961	1159/1345	207/233	5628	Gabriel Smith	M	37	Wahoo	NE	3114	11:15	01:24:52.5	2905	12:40	01:22:59.7	02:47:52.3	11:57	02:36:46.4
2962	1803/2646	324/460	5899	Kim Raney	F	34	Wahoo	NE	3113	11:15	01:24:52.5	2906	12:40	01:22:59.7	02:47:52.3	11:57	02:36:47.1
2963	1804/2646	360/486	1265	Rebecca Bayne	F	36	Lincoln	NE	2975	10:48	01:22:46.9	3067	13:08	01:26:02.0	02:48:48.9	11:57	02:36:50.0
2964	1160/1345	169/205	1242	Aaron Cook	M	33	Wichita	KS	2976	10:48	01:22:47.5	3066	13:08	01:26:01.9	02:48:49.5	11:57	02:36:50.3
2965	1805/2646	104/154	5612	Joan Hansen	F	51	Chappell	NE	3273	11:40	01:27:28.3	2742	12:17	01:20:28.3	02:47:56.7	11:58	02:36:55.0
2966	1806/2646	361/486	4195	Chris Mish	F	36	Stillwater	MN	2780	11:19	01:20:14.1	2883	12:38	01:22:46.1	02:43:00.2	11:58	02:36:57.0
2967	1807/2646	236/342	3700	Stephanie Kissler	F	42	Grand Island	NE	2672	10:53	01:18:25.3	3053	13:05	01:25:42.8	02:44:08.1	11:58	02:37:01.4
2968	1808/2646	143/227	2028	Lee Heflebower	F	49	Lincoln	NE	3120	11:08	01:24:54.2	2960	12:49	01:24:01.3	02:48:55.5	11:58	02:37:02.9
2969	1809/2646	362/486	4239	Samantha Scott	F	37	Gretna	NE	3043	11:20	01:23:52.5	2893	12:39	01:22:52.2	02:46:44.7	11:59	02:37:06.7
2970	1810/2646	192/308	2944	Keasha Zadina	F	22	Seward	NE	2671	11:05	01:18:24.7	2984	12:53	01:24:28.0	02:42:52.8	11:59	02:37:07.5
2971	1161/1345	99/115	4881	John Hogue	M	50	Omaha	NE	2783	11:09	01:20:15.1	2963	12:49	01:24:02.4	02:44:17.5	11:59	02:37:09.8
2972	1162/1345	29/30	741	Ryan Stungis	M	18	Omaha	NE	2386	10:29	01:15:26.2	3206	13:30	01:28:31.0	02:43:57.2	11:59	02:37:12.3
2973	1811/2646	43/81	4051	Sondra Jay-Grote	F	55	Filley	NE	2997	11:20	01:23:02.8	2908	12:40	01:23:00.7	02:46:03.6	11:59	02:37:16.4
2974	1812/2646	325/460	2556	Amy Myers	F	30	Lincoln	NE	3143	11:22	01:25:13.8	2888	12:38	01:22:48.7	02:48:02.5	11:59	02:37:16.9
2975	1813/2646	44/81	2355	Pam Staples	F	59	Lincoln	NE	3150	11:21	01:25:24.1	2898	12:39	01:22:56.0	02:48:20.1	12:00	02:37:18.7
2976	1814/2646	105/154	2223	Cindy Caudill	F	53	Lincoln	NE	3151	11:21	01:25:24.1	2901	12:39	01:22:56.7	02:48:20.8	12:00	02:37:19.2
2977	1815/2646	326/460	2710	Jamie Maier	F	34	Springfield	NE	2459	10:51	01:16:02.5	3086	13:10	01:26:15.4	02:42:17.9	12:00	02:37:20.7
2978	1816/2646	363/486	2608	Erin Schoening	F	37	Underwood	IA	2739	11:03	01:19:28.6	3006	12:57	01:24:54.3	02:44:23.0	12:00	02:37:22.0
2979	1817/2646	64/79	3607	Destiny Worthey	F	19	Humboldt	NE	2680	10:39	01:18:33.5	3168	13:22	01:27:36.0	02:46:09.6	12:00	02:37:22.7
2980	1818/2646	193/308	5483	Ashton Albers	F	23	Lincoln	NE	3178	11:47	01:25:44.3	2719	12:14	01:20:09.2	02:45:53.6	12:00	02:37:23.0
2981	1819/2646	194/308	4535	Kate Blank	F	23	Lincoln	NE	3180	11:47	01:25:44.7	2718	12:14	01:20:08.8	02:45:53.5	12:00	02:37:23.0
2982	1820/2646	195/308	5740	Julie Novotny	F	24	Omaha	NE	3212	11:37	01:26:16.8	2804	12:25	01:21:23.4	02:47:40.2	12:00	02:37:29.0
2983	1821/2646	302/435	3817	Lisa Mintling	F	29	Imperial	NE	3217	11:27	01:26:19.1	2860	12:35	01:22:25.3	02:48:44.5	12:00	02:37:29.1
2984	1163/1345	208/233	5862	Marc Hunley	M	39	Omaha	NE	2761	10:51	01:19:51.7	3093	13:11	01:26:22.7	02:46:14.5	12:01	02:37:32.8
2985	1822/2646	364/486	5863	Kendra Ely	F	35	Omaha	NE	2762	10:51	01:19:52.3	3092	13:11	01:26:22.5	02:46:14.8	12:01	02:37:33.0
2986	1823/2646	303/435	4735	Allison Lex	F	25	La Vista	NE	2399	10:18	01:15:35.3	3289	13:44	01:30:03.3	02:45:38.7	12:01	02:37:35.3
2987	1164/1345	71/82	2744	Gregory Mertz	M	55	Lincoln	NE	3356	11:30	01:29:15.9	2851	12:33	01:22:17.6	02:51:33.5	12:01	02:37:37.3
2988	1824/2646	196/308	4529	Chelsea Cook	F	24	Kearney	NE	2549	10:40	01:17:02.1	3171	13:22	01:27:39.1	02:44:41.2	12:01	02:37:37.4

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2989	1165/1345	66/81	5600	Dillon Wieland	M	21	Wayne	NE	2360	9:54	01:15:13.3	3389	14:09	01:32:41.9	02:47:55.3	12:01	02:37:39.1
2990	1166/1345	209/233	5593	Ryan Lowry-Lee	M	36	Lincoln	NE	2363	9:55	01:15:15.2	3388	14:08	01:32:40.3	02:47:55.5	12:01	02:37:39.6
2991	1167/1345	40/48	4809	Rich Couch	M	62	Seward	NE	2847	10:49	01:20:56.8	3117	13:15	01:26:51.6	02:47:48.5	12:01	02:37:44.5
2992	1825/2646	144/227	2038	Pamala Burger	F	49	Kearney	NE	3270	11:36	01:27:24.9	2819	12:28	01:21:41.2	02:49:06.2	12:02	02:37:46.3
2993	1826/2646	365/486	2845	Erin Vanboening	F	38	Orleans	NE	2871	10:54	01:21:21.7	3091	13:11	01:26:22.4	02:47:44.1	12:02	02:37:47.7
2994	1827/2646	197/308	2409	Taylor Schulz	F	21	Lincoln	NE	3170	11:33	01:25:39.2	2842	12:32	01:22:09.5	02:47:48.7	12:02	02:37:48.7
2995	1828/2646	45/81	5444	Pat Littrell	F	59	Roca	NE	2627	10:29	01:17:48.7	3239	13:36	01:29:07.8	02:46:56.5	12:02	02:37:49.3
2996	1168/1345	67/81	5591	Cory Collins	M	24	Lincoln	NE	2628	10:29	01:17:48.7	3240	13:36	01:29:07.8	02:46:56.5	12:02	02:37:49.4
2997	1829/2646	327/460	6159	Bridget Brevik	F	33	Lincoln	NE	2959	11:09	01:22:36.1	2997	12:56	01:24:47.7	02:47:23.8	12:02	02:37:50.1
2998	1830/2646	198/308	4397	Ashley M Harry	F	24	Omaha	NE	2782	10:44	01:20:14.8	3159	13:21	01:27:30.6	02:47:45.5	12:02	02:37:52.0
2999	1831/2646	304/435	5992	Lindsay Stoll	F	26	Lakewood	CO	2539	10:32	01:16:56.8	3226	13:34	01:28:52.3	02:45:49.2	12:02	02:37:53.5
3000	1832/2646	199/308	5096	Sarah Wheeler	F	24	Lincoln	NE	2334	10:40	01:14:52.3	3181	13:25	01:27:58.5	02:42:50.8	12:02	02:37:56.7
3001	1833/2646	145/227	4354	Kimberly Remmereid	F	46	Bennington	NE	3122	11:30	01:24:55.3	2870	12:36	01:22:33.1	02:47:28.5	12:02	02:37:57.1
3002	1834/2646	200/308	2143	Mikalsh Mertlik	F	20	Lincoln	NE	3422	11:54	01:30:27.4	2704	12:12	01:19:55.4	02:50:22.8	12:02	02:37:57.6
3003	1835/2646	201/308	4783	Kelsey Graumann	F	23	Omaha	NE	2919	11:10	01:22:05.6	2996	12:56	01:24:45.7	02:46:51.3	12:03	02:37:58.2
3004	1836/2646	328/460	1156	Julie Schiltz	F	33	Lincoln	NE	2748	11:07	01:19:41.8	3013	12:59	01:25:06.0	02:44:47.9	12:03	02:38:00.1
3005	1169/1345	13/14	1897	Avery Pickering	M	67	Lincoln	NE	2785	10:50	01:20:15.9	3123	13:16	01:26:59.7	02:47:15.7	12:03	02:38:00.3
3006	1170/1345	170/205	5658	Justin Pflanz	M	32	Lincoln	NE	3394	11:49	01:29:49.5	2759	12:18	01:20:37.6	02:50:27.2	12:03	02:38:02.5
3007	1837/2646	366/486	3053	Jaci Baxa	F	37	Beatrice	NE	3049	11:18	01:24:01.2	2965	12:49	01:24:03.2	02:48:04.5	12:03	02:38:04.3
3008	1838/2646	367/486	3001	Jessica Cullison	F	37	Beatrice	NE	3050	11:18	01:24:01.6	2966	12:50	01:24:03.8	02:48:05.4	12:03	02:38:05.7
3009	1839/2646	329/460	5657	Cassidy Pflanz	F	30	Lincoln	NE	3395	11:49	01:29:49.6	2760	12:18	01:20:37.6	02:50:27.3	12:03	02:38:05.8
3010	1171/1345	100/115	3117	Mark Montgomery	M	54	Kearney	NE	2999	11:20	01:23:03.9	2949	12:47	01:23:46.4	02:46:50.4	12:03	02:38:06.7
3011	1840/2646	305/435	3114	Taylor Montgomery	F	26	Kearney	NE	2941	11:15	01:22:24.9	2980	12:53	01:24:25.3	02:46:50.3	12:03	02:38:06.9
3012	1841/2646	368/486	3254	Desiree Walsh Spencer	F	36	Papillion	NE	3115	11:28	01:24:52.5	2896	12:39	01:22:55.5	02:47:48.1	12:03	02:38:08.2
3013	1842/2646	106/154	3465	Larinda Fandrich	F	52	Lincoln	NE	3489	12:05	01:31:39.1	2627	12:03	01:18:59.6	02:50:38.7	12:04	02:38:12.2
3014	1843/2646	306/435	1984	Amanda Barker	F	27	Lincoln	NE	2924	10:57	01:22:07.4	3096	13:11	01:26:25.6	02:48:33.1	12:04	02:38:12.5
3015	1172/1345	72/82	574	Dennis Martin	M	55	Lincoln	NE	2818	11:02	01:20:46.2	3061	13:07	01:25:55.6	02:46:41.9	12:04	02:38:13.4
3016	1844/2646	107/154	2386	Margaret Churchill-Black	F	53	Papillion	NE						02:41:56.9	12:04	02:38:13.4	
3017	1845/2646	108/154	718	Angela Penner	F	50	Lincoln	NE	3009	11:10	01:23:14.2	3012	12:59	01:25:04.0	02:48:18.3	12:04	02:38:17.5
3018	1846/2646	369/486	1175	Jessica Lafollette	F	39	Syracuse	NE	2581	10:36	01:17:22.4	3222	13:33	01:28:47.3	02:46:09.8	12:04	02:38:18.2
3019	1173/1345	171/205	1696	Ryan Jeannette	M	30	Omaha	NE	3392	11:53	01:29:48.3	2741	12:17	01:20:28.2	02:50:16.5	12:04	02:38:19.9
3020	1847/2646	330/460	1693	Stephanie Jeannette	F	30	Omaha	NE	3391	11:53	01:29:48.3	2744	12:17	01:20:29.4	02:50:17.8	12:04	02:38:20.5
3021	1848/2646	370/486	4919	Becky Mcelhose	F	38	Waverly	NE	3172	11:31	01:25:40.3	2890	12:39	01:22:51.7	02:48:32.1	12:04	02:38:22.1
3022	1849/2646	371/486	1372	Nicole Gross	F	37	Waverly	NE	3173	11:31	01:25:40.4	2889	12:38	01:22:51.4	02:48:31.8	12:04	02:38:22.6
3023	1850/2646	307/435	5322	Jean Welborn	F	25	Blair	NE	3409	11:42	01:30:13.3	2821	12:28	01:21:42.4	02:51:55.8	12:04	02:38:22.6
3024	1851/2646	237/342	4628	Justina Brisco	F	44	Omaha	NE	2801	11:12	01:20:33.2	3011	12:58	01:25:00.9	02:45:34.2	12:05	02:38:25.7

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3025	1852/2646	372/486	815	Allison Boltz	F	35	Lincoln	NE	3211	11:35	01:26:16.2	2872	12:36	01:22:33.9	02:48:50.1	12:05	02:38:28.2
3026	1853/2646	373/486	5494	Jordan Pirtle	F	35	Omaha	NE	3017	11:11	01:23:24.2	3020	13:00	01:25:10.8	02:48:35.1	12:05	02:38:31.9
3027	1854/2646	331/460	5936	Blair Humphrey	F	31	Omaha	NE	3018	11:11	01:23:24.6	3019	13:00	01:25:10.5	02:48:35.1	12:05	02:38:31.9
3028	1174/1345	210/233	1554	Matthew Cartwright	M	35	Lincoln	NE	2648	10:33	01:18:05.2	3253	13:39	01:29:24.9	02:47:30.2	12:05	02:38:34.0
3029	1855/2646	109/154	1130	Lonnie Gibson	F	50	Omaha	NE	3179	11:39	01:25:44.6	2848	12:33	01:22:15.9	02:48:00.5	12:05	02:38:34.4
3030	1856/2646	374/486	4042	Rebecca Brown	F	37	Lincoln	NE	2858	10:55	01:21:04.3	3125	13:17	01:27:02.1	02:48:06.5	12:05	02:38:34.5
3031	1857/2646	110/154	1246	Stacey Carey	F	52	Lincoln	NE	3274	11:51	01:27:29.5	2772	12:20	01:20:53.2	02:48:22.8	12:05	02:38:35.4
3032	1175/1345	172/205	2010	Cole Stukenholtz	M	31	Lincoln	NE	2996		01:23:02.6	2369	11:32	01:15:35.4	02:38:38.1	12:06	02:38:38.1
3033	1858/2646	308/435	3268	Allison Moritz	F	26	Lincoln	NE	3060	11:24	01:24:08.6	2956	12:48	01:23:54.9	02:48:03.5	12:06	02:38:39.4
3034	1859/2646	332/460	289	Holly Kranker	F	31	Omaha	NE	3117	10:57	01:24:53.1	3122	13:16	01:26:59.1	02:51:52.2	12:06	02:38:45.6
3035	1860/2646	333/460	3086	Jennifer Burrows	F	30	Omaha	NE	3118	10:57	01:24:53.3	3121	13:16	01:26:58.7	02:51:52.1	12:06	02:38:46.1
3036	1861/2646	238/342	5744	Holly Langemeier	F	40	Wahoo	NE	2802	11:00	01:20:33.5	3106	13:13	01:26:40.4	02:47:13.9	12:06	02:38:46.3
3037	1176/1345	101/115	5141	Michael Deibert	M	52	Lincoln	NE	2990	11:06	01:23:00.2	3069	13:08	01:26:03.1	02:49:03.4	12:06	02:38:49.9
3038	1862/2646	309/435	1064	Jenna Rhodes	F	26	Kansas City	MO	2243	10:35	01:13:48.1	3262	13:40	01:29:34.4	02:43:22.5	12:07	02:38:55.1
3039	1863/2646	310/435	2961	Katelin Bergmeier	F	25	Lincoln	NE	3802	13:51	01:44:14.6	1690	10:24	01:08:07.6	02:52:22.2	12:07	02:38:56.8
3040	1864/2646	202/308	5257	Samantha Moravec	F	20	Lincoln	NE	2502		01:16:22.4	2878	12:37	01:22:39.1	02:39:01.6	12:07	02:39:01.6
3041	1865/2646	146/227	4028	Kellye Buettner	F	49	Norfolk	NE	2853	10:59	01:21:00.7	3124	13:16	01:27:00.2	02:48:00.9	12:07	02:39:02.5
3042	1866/2646	311/435	5806	Rebecca Schademann	F	28	Lincoln	NE	2933	11:12	01:22:13.3	3046	13:03	01:25:34.8	02:47:48.2	12:07	02:39:02.8
3043	1867/2646	11/13	4689	Anna Bryant	F	14	Lincoln	NE	1661	10:02	01:07:32.8	3400	14:14	01:33:14.8	02:40:47.7	12:08	02:39:03.9
3044	1177/1345	173/205	2567	David Donaldson	M	32	Omaha	NE	2437	10:35	01:15:54.8	3265	13:41	01:29:39.7	02:45:34.5	12:08	02:39:04.3
3045	1868/2646	147/227	4740	Terri Jo Goldsmith	F	49	Beatrice	NE	3367	12:09	01:29:30.7	2666	12:08	01:19:28.8	02:48:59.5	12:08	02:39:07.7
3046	1869/2646	375/486	4889	Erica Moyer	F	35	Hamburg	IA	3130	11:10	01:25:02.1	3062	13:07	01:25:56.4	02:50:58.6	12:08	02:39:08.1
3047	1870/2646	376/486	6010	Michelle Dale	F	36	Lincoln	NE	2481	10:57	01:16:11.2	3151	13:20	01:27:23.0	02:43:34.3	12:08	02:39:08.8
3048	1871/2646	312/435	4338	Mollie Topil	F	25	Lincoln	NE	3306	12:00	01:28:17.3	2746	12:17	01:20:30.9	02:48:48.3	12:08	02:39:10.9
3049	1872/2646	46/81	579	Carol Muthersbaugh	F	55	Lincoln	NE	2940	11:22	01:22:24.3	2991	12:55	01:24:39.4	02:47:03.8	12:08	02:39:11.8
3050	1178/1345	169/192	984	Jeff Larsen	M	44	Lincoln	NE	2949	11:10	01:22:29.8	3065	13:07	01:26:00.7	02:48:30.5	12:08	02:39:12.3
3051	1873/2646	377/486	1247	Amber Fader	F	39	Lincoln	NE	2329	10:46	01:14:45.9	3215	13:31	01:28:38.0	02:43:23.9	12:08	02:39:12.5
3052	1874/2646	313/435	3686	Lauren Harrison	F	26	Omaha	NE	3024	11:18	01:23:29.8	3018	13:00	01:25:10.4	02:48:40.3	12:08	02:39:14.1
3053	1179/1345	211/233	3109	Russ Robbins	M	36	Lincoln	NE	2061	10:08	01:11:45.1	3393	14:10	01:32:51.6	02:44:36.7	12:08	02:39:14.3
3054	1180/1345	174/205	1463	Brad Creal	M	34	Lincoln	NE	3312	11:40	01:28:28.8	2887	12:38	01:22:47.6	02:51:16.5	12:09	02:39:16.5
3055	1875/2646	111/154	1148	Karen Barnard	F	50	Lincoln	NE	2850	11:19	01:20:58.3	3016	12:59	01:25:08.4	02:46:06.7	12:09	02:39:16.7
3056	1876/2646	378/486	1529	Kara Priess	F	35	Lincoln	NE	3313	11:40	01:28:29.6	2886	12:38	01:22:46.9	02:51:16.5	12:09	02:39:16.9
3057	1877/2646	25/49	1454	Laurie Peate	F	60	Lincoln	NE	3102	11:03	01:24:42.5	3116	13:15	01:26:50.6	02:51:33.1	12:09	02:39:18.3
3058	1878/2646	379/486	6114	Erin Piatt	F	35	Omaha	NE	3061	11:16	01:24:12.8	3042	13:03	01:25:29.6	02:49:42.5	12:09	02:39:20.1
3059	1879/2646	380/486	5225	Darci Cain	F	39	Ellis	KS	2931	11:51	01:22:12.3	2826	12:28	01:21:44.0	02:43:56.4	12:09	02:39:23.2
3060	1880/2646	334/460	3973	Melissa Omar	F	31	Beatrice	NE	3069	11:11	01:24:16.1	3079	13:09	01:26:10.2	02:50:26.3	12:09	02:39:26.1

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Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3061	1881/2646	239/342	580	Anitha Jwalanaiah	F	41	Lincoln	NE	2926	11:47	01:22:09.5	2844	12:32	01:22:11.4	02:44:20.9	12:09	02:39:27.0
3062	1882/2646	381/486	2044	Meghan Bailey	F	36	Lincoln	NE	3268	11:40	01:27:23.2	2902	12:39	01:22:57.6	02:50:20.9	12:09	02:39:28.2
3063	1181/1345	102/115	2134	Mark Varner	M	50	Deshler	NE	3333	11:40	01:28:45.1	2910	12:40	01:23:04.0	02:51:49.2	12:09	02:39:29.4
3064	1883/2646	314/435	2521	Amber Lubben	F	29	Hebron	NE	2810	11:29	01:20:40.8	2974	12:51	01:24:15.5	02:44:56.4	12:10	02:39:30.3
3065	1182/1345	212/233	1217	Will Ernest	M	36	Firth	NE	2791	11:11	01:20:23.7	3082	13:09	01:26:13.8	02:46:37.5	12:10	02:39:31.2
3066	1884/2646	240/342	1500	Tonya Wagner	F	41	Lincoln	NE	2897	11:18	01:21:42.2	3041	13:03	01:25:29.5	02:47:11.8	12:10	02:39:33.9
3067	1885/2646	65/79	4725	Makensi Blum	F	15	Nebraska City	NE	3224	11:22	01:26:21.3	3014	12:59	01:25:06.5	02:51:27.9	12:10	02:39:34.6
3068	1183/1345	175/205	2471	Chris Kooyman	M	33	Omaha	NE	2438	10:36	01:15:56.3	3291	13:46	01:30:10.5	02:46:06.9	12:10	02:39:37.3
3069	1886/2646	241/342	3157	Lisa Vanschoiack	F	43	Beatrice	NE	2981	11:26	01:22:53.2	2994	12:56	01:24:42.8	02:47:36.1	12:10	02:39:38.1
3070	1887/2646	12/13	5770	Sydni Springer	F	14	Lincoln	NE	2388	10:39	01:15:27.6	3276	13:42	01:29:49.9	02:45:17.5	12:10	02:39:40.0
3071	1888/2646	148/227	5535	Latrice Martinez	F	45	Desoto	KS	3187	11:12	01:25:53.6	3083	13:09	01:26:13.9	02:52:07.5	12:10	02:39:40.3
3072	1889/2646	335/460	5679	Jacquelyn Dinvaut	F	34	Olathe	KS	3188	11:12	01:25:53.8	3081	13:09	01:26:13.8	02:52:07.6	12:10	02:39:41.1
3073	1890/2646	112/154	2559	Rene Meister	F	53	Lincoln	NE	3417	12:04	01:30:24.1	2767	12:19	01:20:44.0	02:51:08.2	12:11	02:39:50.0
3074	1891/2646	242/342	5476	Roya Attaie	F	42	Lincoln	NE	2588	11:17	01:17:27.1	3059	13:06	01:25:52.3	02:43:19.5	12:11	02:39:52.8
3075	1892/2646	243/342	5467	Debra Andrews	F	41	Salina	KS	3215	11:22	01:26:17.8	3029	13:01	01:25:20.8	02:51:38.7	12:11	02:39:53.7
3076	1184/1345	213/233	5198	Nick Pischel	M	35	Lincoln	NE	1822	9:55	01:09:14.6	3473	14:29	01:34:56.5	02:44:11.2	12:12	02:39:56.3
3077	1893/2646	47/81	5686	Marcia Raymer	F	55	Omaha	NE	2173	10:26	01:13:00.9	3346	13:58	01:31:29.6	02:44:30.5	12:12	02:39:56.3
3078	1894/2646	149/227	3228	Amy Hintz	F	46	Gretna	NE	3420	12:02	01:30:26.8	2788	12:23	01:21:07.9	02:51:34.8	12:12	02:39:57.8
3079	1185/1345	176/205	4825	Ben Reis	M	31	Lincoln	NE	3494	12:07	01:31:40.9	2757	12:18	01:20:36.4	02:52:17.4	12:12	02:39:58.9
3080	1895/2646	26/49	628	Sue Bollwitt	F	63	Seward	NE	3100	11:28	01:24:40.1	3009	12:58	01:24:56.3	02:49:36.4	12:12	02:40:07.7
3081	1896/2646	315/435	1688	Annaliese Cloeter	F	26	Lincoln	NE	2903	11:18	01:21:46.9	3078	13:09	01:26:09.6	02:47:56.5	12:13	02:40:12.3
3082	1897/2646	203/308	5029	Samantha Ketteler	F	21	Lincoln	NE	3378	11:51	01:29:38.1	2866	12:35	01:22:29.7	02:52:07.9	12:13	02:40:12.5
3083	1898/2646	204/308	3854	Mckenzie Marshall	F	24	Omaha	NE	3389	11:53	01:29:46.6	2859	12:34	01:22:24.6	02:52:11.2	12:13	02:40:16.5
3084	1899/2646	336/460	5084	Jeannie Kliment	F	33	Valparaiso	NE	3111	11:10	01:24:51.3	3127	13:17	01:27:04.5	02:51:55.8	12:13	02:40:16.6
3085	1186/1345	177/205	6218	Tim Goodnight	M	34	Omaha	NE	3011	10:36	01:23:17.6	3316	13:51	01:30:45.2	02:54:02.8	12:13	02:40:16.9
3086	1900/2646	66/79	5997	Shayla Cox	F	17	Louisville	NE	3110	11:23	01:24:50.3	3049	13:04	01:25:38.6	02:50:28.9	12:13	02:40:17.4
3087	1901/2646	337/460	4821	Michelle Mcknight	F	34	Plattsmouth	NE	2527	11:16	01:16:48.5	3103	13:12	01:26:30.1	02:43:18.6	12:13	02:40:20.1
3088	1187/1345	41/48	4064	Robert Ness	M	60	Burwell	NE	1672	9:34	01:07:40.3	3568	14:54	01:37:40.9	02:45:21.2	12:14	02:40:23.2
3089	1902/2646	316/435	3484	Molly Krolkowski	F	29	Lincoln	NE	3639	12:45	01:37:06.8	2483	11:43	01:16:47.6	02:53:54.4	12:14	02:40:23.6
3090	1903/2646	382/486	1302	Amy Forsythe	F	35	Council Bluffs	IA	3344	11:46	01:28:56.1	2923	12:43	01:23:20.0	02:52:16.1	12:14	02:40:26.3
3091	1904/2646	383/486	1477	Amanda Brewer	F	36	Omaha	NE	2980	11:10	01:22:52.6	3147	13:20	01:27:20.8	02:50:13.4	12:14	02:40:29.9
3092	1905/2646	338/460	4165	Megan Montrie	F	32	Toledo	OH	2979	11:10	01:22:52.4	3148	13:20	01:27:20.8	02:50:13.3	12:14	02:40:30.0
3093	1906/2646	384/486	4169	Jessica Stanton	F	37	Liberty	MO	3262	11:33	01:27:16.1	2999	12:56	01:24:48.4	02:52:04.5	12:14	02:40:31.3
3094	1188/1345	117/135	5017	Randy Lay	M	47	Omaha	NE	3227	11:37	01:26:22.8	2978	12:52	01:24:22.9	02:50:45.8	12:14	02:40:32.4
3095	1907/2646	244/342	1439	Marina Carter	F	42	Lincoln	NE	3334	11:48	01:28:47.1	2922	12:43	01:23:18.7	02:52:05.8	12:15	02:40:39.3
3096	1189/1345	118/135	755	Shawn Mcgill	M	47	Lincoln	NE	2939	12:10	01:22:24.1	2773	12:21	01:20:56.3	02:43:20.5	12:15	02:40:39.6

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3097	1908/2646	317/435	400	Kelsie O'neill	F	26	Lincoln	NE	2589	10:59	01:17:27.7	3217	13:32	01:28:42.8	02:46:10.6	12:15	02:40:42.0
3098	1909/2646	318/435	3867	Mary Beth Butterfield	F	28	Plattsmouth	NE	3174	11:40	01:25:41.6	2970	12:51	01:24:11.4	02:49:53.1	12:15	02:40:42.2
3099	1910/2646	245/342	4343	Lori Bonwell	F	44	Omaha	NE	3255	11:36	01:27:09.2	2990	12:55	01:24:37.7	02:51:46.9	12:15	02:40:42.5
3100	1911/2646	319/435	3665	Sarah Hotovy	F	25	Lincoln	NE	3325	11:46	01:28:36.5	2932	12:45	01:23:32.9	02:52:09.5	12:15	02:40:42.8
3101	1190/1345	119/135	1153	Jeff McNulty	M	47	Omaha	NE	3075	11:30	01:24:19.7	3030	13:01	01:25:21.7	02:49:41.5	12:15	02:40:43.1
3102	1912/2646	385/486	4561	Beth Larson	F	35	Stanton	NE	3006	11:18	01:23:12.2	3107	13:14	01:26:41.7	02:49:53.9	12:15	02:40:43.3
3103	1913/2646	150/227	3281	Stacey Centarri	F	45	Omaha	NE	3440	11:56	01:30:43.5	2871	12:36	01:22:33.9	02:53:17.4	12:15	02:40:45.8
3104	1191/1345	214/233	6051	Joshua Boustead	M	39	Omaha	NE	3292	11:47	01:27:47.6	2930	12:44	01:23:29.5	02:51:17.1	12:15	02:40:46.0
3105	1914/2646	205/308	1870	Alyssa Kenkel	F	22	Arlington	NE	3010	10:59	01:23:14.6	3223	13:33	01:28:48.7	02:52:03.4	12:15	02:40:46.4
3106	1915/2646	27/49	649	Patricia A Franks	F	63	Lincoln	NE	2767	11:30	01:19:59.3	3036	13:02	01:25:27.6	02:45:26.9	12:16	02:40:50.3
3107	1916/2646	113/154	1879	Alicia Chapelle	F	51	Lincoln	NE	3464	12:03	01:31:16.9	2829	12:29	01:21:51.1	02:53:08.1	12:16	02:40:50.7
3108	1917/2646	320/435	2135	April Urkevich	F	29	Lincoln	NE	2521	10:52	01:16:43.3	3263	13:40	01:29:36.9	02:46:20.3	12:16	02:40:52.6
3109	1918/2646	386/486	5988	Megan Miller	F	37	Lincoln	NE	3372	11:54	01:29:36.2	2892	12:39	01:22:51.9	02:52:28.1	12:16	02:40:54.6
3110	1919/2646	321/435	4379	Alyssa Walton	F	25	Lincoln	NE	2935	11:06	01:22:14.6	3190	13:27	01:28:06.7	02:50:21.3	12:16	02:40:55.4
3111	1192/1345	178/205	5138	Josh Jewell	M	32	Lincoln	NE	3226	11:27	01:26:22.7	3060	13:07	01:25:54.9	02:52:17.7	12:16	02:40:56.0
3112	1193/1345	42/48	2763	Craig Derickson	M	60	Lincoln	NE	3321	11:48	01:28:34.9	2935	12:45	01:23:35.5	02:52:10.5	12:16	02:40:56.1
3113	1194/1345	170/192	4283	Kevin Niekamp	M	44	Overland Park	KS	3012	11:53	01:23:18.1	2917	12:41	01:23:07.0	02:46:25.2	12:17	02:41:01.5
3114	1920/2646	339/460	1555	Larissa Nelson	F	34	Omaha	NE	2798	11:08	01:20:29.5	3185	13:26	01:28:03.6	02:48:33.1	12:17	02:41:02.1
3115	1921/2646	322/435	5383	Marie Hall	F	27	Lincoln	NE	2998	11:03	01:23:03.9	3216	13:32	01:28:41.3	02:51:45.2	12:17	02:41:04.9
3116	1922/2646	48/81	3990	Marilyn Tabor	F	59	Raymond	NE	2929	11:00	01:22:11.3	3233	13:35	01:29:03.5	02:51:14.9	12:17	02:41:07.8
3117	1923/2646	387/486	2164	Amy Hendricks	F	38	Defiance	IA	3659	13:03	01:37:59.8	2373	11:32	01:15:36.4	02:53:36.3	12:17	02:41:10.1
3118	1924/2646	323/435	5030	Seara Johnson	F	27	Lincoln	NE	3403	11:55	01:30:02.7	2913	12:41	01:23:05.5	02:53:08.3	12:17	02:41:13.2
3119	1925/2646	246/342	6132	Heather Foetisch	F	42	Norwalk	IA	3149	11:19	01:25:23.3	3126	13:17	01:27:03.4	02:52:26.7	12:18	02:41:14.5
3120	1926/2646	206/308	2879	Kara Marvin	F	23	Holdrege	NE	2829	10:41	01:20:49.8	3331	13:56	01:31:16.4	02:52:06.3	12:18	02:41:17.2
3121	1927/2646	207/308	2862	Brianna Riesen	F	20	Beatrice	NE	2826	10:41	01:20:49.6	3333	13:56	01:31:16.7	02:52:06.3	12:18	02:41:17.2
3122	1195/1345	120/135	2815	Byron Riesen	M	48	Beatrice	NE	2828	10:41	01:20:49.7	3332	13:56	01:31:16.5	02:52:06.2	12:18	02:41:17.5
3123	1928/2646	208/308	4251	Taylor Buhr	F	20	Filley	NE	3199	11:35	01:26:03.3	3033	13:02	01:25:24.1	02:51:27.5	12:18	02:41:17.9
3124	1929/2646	247/342	3679	Julie Brittenham	F	43	Lincoln	NE	3047	11:12	01:24:00.6	3178	13:25	01:27:52.8	02:51:53.4	12:18	02:41:18.1
3125	1930/2646	248/342	3678	Kia Hulvershorn	F	43	Lincoln	NE	3048	11:12	01:24:00.8	3177	13:24	01:27:52.6	02:51:53.5	12:18	02:41:18.2
3126	1931/2646	324/435	3224	Katie Ortmeier	F	25	Lincoln	NE	3222	11:37	01:26:20.9	3017	13:00	01:25:10.2	02:51:31.1	12:18	02:41:20.5
3127	1932/2646	325/435	5125	Alycia Schuler	F	25	Omaha	NE	3197	11:29	01:26:00.3	3068	13:08	01:26:02.8	02:52:03.2	12:18	02:41:21.6
3128	1933/2646	249/342	1911	Carmen Hinman	F	42	Fairbury	NE	3136	11:02	01:25:05.8	3234	13:35	01:29:04.6	02:54:10.4	12:18	02:41:23.7
3129	1196/1345	73/82	4494	Norm Braaten	M	56	Lincoln	NE	3343	11:26	01:28:55.3	3097	13:11	01:26:25.9	02:55:21.2	12:18	02:41:25.3
3130	1934/2646	250/342	2626	Amy Kobza Deutsch	F	41	Lincoln	NE	3183	12:26	01:25:49.1	2710	12:12	01:19:59.1	02:45:48.2	12:19	02:41:28.5
3131	1935/2646	326/435	3992	Beth Schroeder	F	28	Garland	NE	3164	11:24	01:25:35.8	3111	13:14	01:26:45.5	02:52:21.4	12:19	02:41:29.5
3132	1197/1345	168/183	5315	Joshua Warnke	M	29	Lincoln	NE	3063	10:53	01:24:14.5	3295	13:46	01:30:11.9	02:54:26.4	12:19	02:41:29.8

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3133	1198/1345	103/115	1526	Steve Mossman	M	50	Lincoln	NE	2799	11:51	01:20:31.3	2950	12:47	01:23:47.9	02:44:19.3	12:19	02:41:30.2
3134	1936/2646	251/342	1080	Kim Bultsma	F	40	Omaha	NE	3155	11:29	01:25:29.3	3088	13:10	01:26:20.4	02:51:49.8	12:19	02:41:33.5
3135	1199/1345	121/135	5044	Gregory Penny	M	45	Omaha	NE	2755	10:59	01:19:48.8	3264	13:41	01:29:37.8	02:49:26.7	12:19	02:41:39.5
3136	1937/2646	388/486	1383	Heidi Proskocil	F	36	Ord	NE	3244	11:38	01:26:48.6	3038	13:02	01:25:28.2	02:52:16.8	12:19	02:41:40.1
3137	1938/2646	340/460	2742	Stacy Kutzli	F	34	Stanton	IA	3243	11:37	01:26:48.4	3040	13:03	01:25:29.4	02:52:17.9	12:20	02:41:41.2
3138	1939/2646	341/460	1530	Stacy Duncan	F	33	Lincoln	NE	3413	11:55	01:30:20.9	2942	12:46	01:23:40.0	02:54:00.9	12:20	02:41:46.4
3139	1200/1345	104/115	388	Jeff King	M	52	Lincoln	NE	3046	11:05	01:23:58.9	3243	13:36	01:29:09.3	02:53:08.2	12:20	02:41:46.5
3140	1940/2646	209/308	1595	Sara Beins	F	22	Lincoln	NE	2352	10:44	01:15:09.1	3343	13:57	01:31:26.0	02:46:35.1	12:20	02:41:46.7
3141	1201/1345	179/205	1371	Jordan Duncan	M	32	Lincoln	NE	3414	11:55	01:30:21.1	2944	12:46	01:23:42.4	02:54:03.5	12:20	02:41:47.5
3142	1202/1345	169/183	6137	Blaine Morse	M	29	Omaha	NE	3062	10:53	01:24:14.3	3309	13:49	01:30:32.5	02:54:46.9	12:20	02:41:50.7
3143	1941/2646	151/227	6265	Babs Moore	F	46	Omaha	NE	3295	11:49	01:27:52.3	2981	12:53	01:24:26.3	02:52:18.7	12:20	02:41:52.3
3144	1942/2646	252/342	5713	Tracy Poppe	F	41	Lincoln	NE	3139	11:20	01:25:08.8	3172	13:23	01:27:41.9	02:52:50.8	12:21	02:42:00.1
3145	1943/2646	210/308	6084	Rachel Schloss	F	20	Omaha	NE	2800	11:01	01:20:31.8	3275	13:42	01:29:49.7	02:50:21.5	12:21	02:42:04.1
3146	1944/2646	342/460	2974	Becky Corum	F	30	Omaha	NE	3375	12:28	01:29:37.2	2736	12:16	01:20:24.5	02:50:01.8	12:21	02:42:04.9
3147	1203/1345	3/6	446	Michael Ortiz	M	71	Lincoln	NE	3380	11:47	01:29:39.3	3003	12:57	01:24:52.5	02:54:31.8	12:21	02:42:05.3
3148	1204/1345	171/192	1900	Brent Baum	M	44	Lincoln	NE	3112	11:06	01:24:51.7	3249	13:38	01:29:19.4	02:54:11.2	12:21	02:42:06.3
3149	1945/2646	211/308	4786	Taylor Behmer	F	23	Lincoln	NE	2920	11:10	01:22:05.8	3230	13:35	01:28:58.8	02:51:04.7	12:22	02:42:11.6
3150	1946/2646	343/460	1050	Erin Dickey	F	31	Stromsburg	NE	2792	11:08	01:20:25.1	3247	13:37	01:29:16.4	02:49:41.5	12:22	02:42:16.0
3151	1947/2646	327/435	1708	Lauren Turner	F	28	Lincoln	NE	3123	11:20	01:24:55.4	3183	13:26	01:28:02.1	02:52:57.5	12:22	02:42:18.4
3152	1948/2646	212/308	4252	Kaci Hixson	F	23	Lincoln	NE	3236	11:27	01:26:36.8	3142	13:19	01:27:19.4	02:53:56.3	12:23	02:42:20.3
3153	1949/2646	213/308	4499	Beth Mcveigh	F	23	Lincoln	NE	3165	11:35	01:25:36.5	3099	13:11	01:26:26.7	02:52:03.2	12:23	02:42:22.0
3154	1205/1345	68/81	4579	Austin Lenhoff	M	24	Lincoln	NE	1513	8:53	01:05:35.8	3711	15:54	01:44:08.9	02:49:44.7	12:23	02:42:23.1
3155	1206/1345	215/233	214	Joseph Nguyen	M	37	Cedar Rapids	IA	3042	11:10	01:23:50.8	3246	13:37	01:29:14.6	02:53:05.5	12:23	02:42:23.5
3156	1950/2646	253/342	2351	Cari Campbell	F	43	Lincoln	NE	3397	11:42	01:29:53.6	3056	13:05	01:25:46.6	02:55:40.3	12:23	02:42:30.7
3157	1951/2646	389/486	232	Kinsey Greene	F	37	Omaha	NE	3039	11:09	01:23:49.8	3252	13:39	01:29:24.6	02:53:14.5	12:23	02:42:32.8
3158	1207/1345	122/135	785	Keith Sewell	M	48	Lincoln	NE	2882	11:13	01:21:33.3	3238	13:36	01:29:05.5	02:50:38.8	12:24	02:42:33.7
3159	1208/1345	180/205	2881	Brandon Rife	M	31	Lincoln	NE	2727	10:54	01:19:19.6	3325	13:54	01:31:07.6	02:50:27.2	12:24	02:42:37.3
3160	1952/2646	344/460	1426	Stacy Williams	F	30	Lincoln	NE	3021	11:31	01:23:29.5	3130	13:18	01:27:07.6	02:50:37.1	12:24	02:42:37.3
3161	1953/2646	254/342	1974	Misti Smith	F	42	Tobias	NE	2738	11:37	01:19:27.8	3100	13:11	01:26:26.8	02:45:54.7	12:24	02:42:37.8
3162	1209/1345	181/205	1216	Cody Williams	M	31	Lincoln	NE	3023	11:31	01:23:29.7	3128	13:17	01:27:06.8	02:50:36.5	12:24	02:42:37.8
3163	1210/1345	170/183	5177	Kelly Dodds	M	28	Lincoln	NE	3022	11:31	01:23:29.5	3129	13:18	01:27:07.6	02:50:37.1	12:24	02:42:38.6
3164	1211/1345	172/192	459	Tim Menke	M	40	Lincoln	NE	3332	11:45	01:28:42.3	3051	13:04	01:25:39.8	02:54:22.2	12:24	02:42:39.3
3165	1954/2646	328/435	5613	Danielle Molle	F	25	Omaha	NE	3379	11:48	01:29:38.2	3026	13:01	01:25:19.0	02:54:57.2	12:24	02:42:40.8
3166	1955/2646	345/460	2466	Sara Berglund	F	30	Lincoln	NE	3352	11:52	01:29:08.3	3010	12:58	01:25:00.4	02:54:08.8	12:24	02:42:45.8
3167	1956/2646	346/460	5226	Mandy Evert	F	33	Omaha	NE	3264	11:44	01:27:20.1	3063	13:07	01:25:57.7	02:53:17.8	12:25	02:42:50.0
3168	1957/2646	329/435	3832	Megan Lee	F	25	Lincoln	NE	3194	11:29	01:25:58.1	3169	13:22	01:27:36.6	02:53:34.7	12:25	02:42:50.7

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3169	1958/2646	390/486	4818	Heather Noerrlinger	F	39	Syracuse	NE	3055	11:06	01:24:06.5	3296	13:46	01:30:14.0	02:54:20.5	12:26	02:43:00.8
3170	1959/2646	330/435	5615	Jenna Preusker	F	27	Battle Creek	NE	3635	12:54	01:36:56.9	2606	11:59	01:18:34.9	02:55:31.8	12:26	02:43:10.8
3171	1212/1345	74/82	1929	Jon Link	M	55	Alexandria	VA	3044	11:43	01:23:55.8	3094	13:11	01:26:24.4	02:50:20.3	12:26	02:43:11.4
3172	1960/2646	152/227	1505	Michelle Moeller	F	47	Lincoln	NE	3167	11:26	01:25:37.7	3195	13:28	01:28:15.0	02:53:52.7	12:27	02:43:13.0
3173	1961/2646	153/227	4855	Christine Vu	F	49	Omaha	NE	2932	11:23	01:22:12.9	3210	13:31	01:28:34.7	02:50:47.7	12:27	02:43:13.7
3174	1213/1345	123/135	5491	Todd Tabor	M	49	Walton	NE	2951	10:59	01:22:31.2	3335	13:56	01:31:17.8	02:53:49.1	12:27	02:43:15.9
3175	1962/2646	255/342	3139	Kristel Hall	F	41	Columbus	NE	2995	11:23	01:23:02.4	3218	13:32	01:28:42.8	02:51:45.3	12:27	02:43:18.4
3176	1963/2646	214/308	3826	Bailey Nelson	F	23	Lincoln	NE	3208	11:29	01:26:12.5	3186	13:26	01:28:04.5	02:54:17.1	12:27	02:43:18.4
3177	1964/2646	256/342	2641	Amy Weber	F	40	Lincoln	NE	3251	11:41	01:27:04.1	3112	13:14	01:26:47.2	02:53:51.3	12:27	02:43:19.7
3178	1965/2646	391/486	6191	Melissa Reinsch	F	39	Lincoln	NE	3454	12:05	01:31:04.2	2969	12:51	01:24:11.0	02:55:15.3	12:27	02:43:20.1
3179	1966/2646	347/460	6190	Hannah Kring	F	31	Raymond	NE	3453	12:05	01:31:03.8	2971	12:51	01:24:11.4	02:55:15.3	12:27	02:43:20.6
3180	1967/2646	348/460	3058	Courtney Hurd	F	30	Omaha	NE	2928	11:26	01:22:11.3	3203	13:29	01:28:24.6	02:50:35.9	12:27	02:43:21.0
3181	1214/1345	182/205	4148	Craig Stenger	M	34	Sioux Falls	SD	3158	11:58	01:25:31.1	3005	12:57	01:24:54.0	02:50:25.1	12:27	02:43:21.4
3182	1968/2646	154/227	1962	Sherry Lawton	F	49	Lincoln	NE	3377	11:48	01:29:37.6	3064	13:07	01:25:58.6	02:55:36.2	12:27	02:43:21.6
3183	1969/2646	49/81	1177	Kimberly Thompson	F	55	Raymond	NE	3097	11:44	01:24:35.9	3098	13:11	01:26:26.6	02:51:02.5	12:27	02:43:22.6
3184	1970/2646	349/460	2748	Laura Samson	F	33	Omaha	NE	3443	11:51	01:30:47.8	3054	13:05	01:25:43.0	02:56:30.9	12:27	02:43:22.9
3185	1971/2646	392/486	2171	Melanie Mangers	F	39	Lincoln	NE	3209	11:32	01:26:12.8	3179	13:25	01:27:53.7	02:54:06.6	12:28	02:43:28.3
3186	1972/2646	257/342	822	Amy Holst	F	44	Lincoln	NE	3564	12:24	01:34:28.8	2846	12:33	01:22:14.8	02:56:43.7	12:28	02:43:29.0
3187	1973/2646	331/435	1739	Anita Schinstock	F	26	Lincoln	NE	3013	11:28	01:23:19.3	3198	13:29	01:28:21.9	02:51:41.3	12:28	02:43:32.0
3188	1974/2646	215/308	3161	Rachael Johnson	F	24	Ithaca	NE	3410	12:11	01:30:14.3	2948	12:47	01:23:45.2	02:53:59.6	12:28	02:43:36.8
3189	1975/2646	216/308	3868	Kelsi Rinke	F	24	Lincoln	NE	2823	11:02	01:20:48.3	3338	13:56	01:31:18.9	02:52:07.3	12:28	02:43:38.3
3190	1976/2646	217/308	5484	Mikaela Balfany	F	22	Lincoln	NE	2842	11:03	01:20:55.4	3336	13:56	01:31:18.5	02:52:13.9	12:29	02:43:45.0
3191	1977/2646	350/460	2617	Shannon Painter	F	32	Ainsworth	NE	3205	11:32	01:26:07.8	3191	13:27	01:28:11.6	02:54:19.4	12:29	02:43:46.2
3192	1978/2646	393/486	1465	Ginger Willson	F	39	Lincoln	NE	3504	12:02	01:31:53.1	3008	12:57	01:24:55.8	02:56:48.9	12:29	02:43:46.4
3193	1979/2646	50/81	1506	Kitsy Hagge	F	56	Plattsmouth	NE	2726	11:27	01:19:18.8	3219	13:32	01:28:43.4	02:48:02.2	12:29	02:43:48.3
3194	1980/2646	258/342	694	Mary Lea Free	F	44	Hickman	NE	3241	11:39	01:26:46.6	3157	13:21	01:27:28.7	02:54:15.4	12:30	02:43:52.2
3195	1981/2646	155/227	6057	Theresa Bozarth	F	47	Omaha	NE	3354	11:37	01:29:10.6	3175	13:24	01:27:47.5	02:56:58.2	12:30	02:43:57.4
3196	1982/2646	332/435	6117	Ally Little	F	25	Omaha	NE	3272	11:48	01:27:27.3	3105	13:13	01:26:40.2	02:54:07.5	12:30	02:44:00.9
3197	1215/1345	183/205	4271	Nick Keizer	M	32	Kearney	NE	2961	10:46	01:22:36.3	3415	14:16	01:33:27.4	02:56:03.7	12:30	02:44:02.3
3198	1983/2646	394/486	1424	Toni Cordes	F	39	Waverly	NE	2927	11:18	01:22:10.7	3283	13:44	01:29:59.5	02:52:10.3	12:30	02:44:02.8
3199	1984/2646	351/460	4943	Andrea Heiden	F	34	Lincoln	NE	3271	11:44	01:27:26.3	3133	13:18	01:27:08.6	02:54:34.9	12:30	02:44:03.5
3200	1985/2646	259/342	3684	Laila Alemzadeh	F	41	Lincoln	NE	3444	11:57	01:30:48.8	3055	13:05	01:25:43.0	02:56:31.9	12:30	02:44:03.9
3201	1216/1345	184/205	3214	Jeffrey Soula	M	31	Lincoln	NE	2952	11:34	01:22:31.8	3196	13:28	01:28:15.4	02:50:47.3	12:31	02:44:05.6
3202	1986/2646	260/342	3467	Jonene Lee	F	43	Omaha	NE	3438	12:09	01:30:41.8	2985	12:53	01:24:28.8	02:55:10.7	12:31	02:44:08.9
3203	1987/2646	156/227	3510	Christine Parker	F	46	Omaha	NE	3439	12:09	01:30:42.1	2986	12:54	01:24:29.9	02:55:12.1	12:31	02:44:09.5
3204	1988/2646	333/435	2483	Katie Brown	F	27	Lincoln	NE	2323		01:14:42.2	3260	13:39	01:29:30.5	02:44:12.7	12:31	02:44:12.7

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3205	1989/2646	334/435	4196	Candace Dowling	F	29	Seward	NE	2619	10:40	01:17:44.6	3447	14:24	01:34:22.1	02:52:06.7	12:31	02:44:15.6
3206	1990/2646	352/460	3640	Laura Schulz	F	30	Seward	NE	3005	11:18	01:23:09.7	3292	13:46	01:30:11.0	02:53:20.8	12:31	02:44:17.3
3207	1991/2646	335/435	3210	Sarah Kugler	F	27	Lincoln	NE	2956	11:35	01:22:33.7	3202	13:29	01:28:24.5	02:50:58.2	12:31	02:44:17.4
3208	1992/2646	353/460	3639	Ashley Siebert	F	31	Lincoln	NE	3004	11:18	01:23:09.5	3294	13:46	01:30:11.5	02:53:21.1	12:31	02:44:17.6
3209	1993/2646	354/460	6227	Tabbitha Bell	F	34	Lincoln	NE	3052	11:18	01:24:02.8	3297	13:46	01:30:16.4	02:54:19.3	12:32	02:44:23.3
3210	1217/1345	185/205	2234	Jonathan Wright	M	34	Lincoln	NE	3311	11:44	01:28:26.6	3164	13:22	01:27:33.7	02:56:00.3	12:32	02:44:28.1
3211	1994/2646	395/486	4013	Anne Fargen	F	35	Lincoln	NE	3317	11:55	01:28:31.8	3095	13:11	01:26:24.9	02:54:56.8	12:32	02:44:29.1
3212	1218/1345	75/82	3603	Danny Derr	M	55	Lincoln	NE	3138	11:53	01:25:08.3	3104	13:13	01:26:39.4	02:51:47.8	12:33	02:44:31.9
3213	1995/2646	261/342	3032	Tanya Roberts-Connick	F	40	North Platte	NE	3284	11:30	01:27:38.7	3241	13:36	01:29:07.8	02:56:46.5	12:33	02:44:32.8
3214	1996/2646	262/342	233	Rena Ferguson	F	43	Sioux City	IA	3314	12:12	01:28:29.8	2988	12:54	01:24:32.8	02:53:02.7	12:33	02:44:32.9
3215	1219/1345	173/192	2284	Chris Bundy	M	40	Omaha	NE	2742	11:25	01:19:34.7	3267	13:41	01:29:41.0	02:49:15.7	12:33	02:44:34.0
3216	1997/2646	355/460	2358	Katie Bossung	F	30	Lincoln	NE	3191	11:45	01:25:55.8	3170	13:22	01:27:38.6	02:53:34.5	12:33	02:44:37.5
3217	1998/2646	396/486	2857	Abi Henke	F	38	Lincoln	NE	3412	12:03	01:30:20.6	3052	13:04	01:25:39.9	02:56:00.6	12:33	02:44:37.8
3218	1999/2646	356/460	5126	Lauren Ruby	F	34	Omaha	NE	3358	12:12	01:29:17.9	2992	12:55	01:24:41.7	02:53:59.7	12:33	02:44:40.0
3219	2000/2646	157/227	5847	Jenny Lapoint	F	45	Omaha	NE	3359	12:12	01:29:18.1	2993	12:56	01:24:42.8	02:54:00.9	12:33	02:44:40.5
3220	2001/2646	218/308	3333	Sarah Carothers	F	24	Lincoln	NE	2960	11:11	01:22:36.1	3342	13:57	01:31:25.1	02:54:01.2	12:33	02:44:41.0
3221	2002/2646	114/154	3393	Barbara Perry	F	51	Lincoln	NE	3495	12:06	01:31:41.3	3028	13:01	01:25:19.9	02:57:01.3	12:33	02:44:41.7
3222	2003/2646	158/227	6087	Cordelia Hytrek	F	46	Omaha	NE	3442	11:54	01:30:45.7	3109	13:14	01:26:43.1	02:57:28.8	12:34	02:44:46.3
3223	2004/2646	357/460	5367	Amanda Wiegert	F	34	Lincoln	NE	3585	12:34	01:35:10.3	2858	12:34	01:22:23.7	02:57:34.1	12:34	02:44:46.5
3224	2005/2646	115/154	5206	Donna Bernhardt	F	51	Marion	KS	3147	11:33	01:25:21.6	3244	13:36	01:29:10.3	02:54:31.9	12:34	02:44:50.1
3225	1220/1345	216/233	3501	Michael Grosshans	M	38	Firth	NE	3054	11:05	01:24:05.1	3373	14:04	01:32:10.6	02:56:15.7	12:34	02:44:50.5
3226	2006/2646	336/435	5288	Jordan Wagner	F	28	Lincoln	NE	3346	11:45	01:29:00.3	3174	13:24	01:27:47.5	02:56:47.9	12:34	02:44:51.0
3227	1221/1345	174/192	3480	David Grosshans	M	43	Lincoln	NE	2788	10:30	01:20:17.6	3510	14:39	01:35:58.7	02:56:16.3	12:34	02:44:51.1
3228	2007/2646	397/486	3605	Donna Ramsey	F	37	Lincoln	NE	3593	12:37	01:35:21.9	2855	12:34	01:22:22.1	02:57:44.1	12:35	02:45:03.4
3229	2008/2646	159/227	4589	Kari Baker	F	46	Stromsburg	NE	3182	11:52	01:25:48.7	3140	13:19	01:27:17.1	02:53:05.9	12:35	02:45:04.5
3230	2009/2646	263/342	3858	Sharla Yates	F	43	Lincoln	NE	3190	11:45	01:25:55.6	3192	13:28	01:28:12.6	02:54:08.2	12:36	02:45:11.3
3231	2010/2646	337/435	4563	Amber Novotny	F	27	Lincoln	NE	2950	11:16	01:22:30.6	3337	13:56	01:31:18.9	02:53:49.5	12:36	02:45:12.2
3232	2011/2646	338/435	4223	Jessica Sorensen	F	25	Lincoln	NE	3281	11:54	01:27:35.4	3138	13:19	01:27:14.9	02:54:50.4	12:36	02:45:12.8
3233	2012/2646	339/435	4222	Cara Beaty	F	25	Lincoln	NE	3280	11:54	01:27:35.2	3141	13:19	01:27:17.9	02:54:53.1	12:36	02:45:15.8
3234	2013/2646	160/227	1640	Susan Townsend	F	49	Lincoln	NE	3237	11:53	01:26:41.1	3149	13:20	01:27:21.2	02:54:02.3	12:36	02:45:16.3
3235	2014/2646	358/460	5199	Nicole Pischel	F	34	Lincoln	NE	3340	12:10	01:28:52.8	3045	13:03	01:25:34.4	02:54:27.3	12:36	02:45:18.7
3236	2015/2646	161/227	3324	Christine Neighbors	F	49	Lincoln	NE	3293	11:32	01:27:48.3	3272	13:42	01:29:46.2	02:57:34.5	12:37	02:45:23.6
3237	2016/2646	264/342	4265	Ayn Eklund	F	41	Webster City	IA	3463	11:59	01:31:14.4	3118	13:16	01:26:54.1	02:58:08.6	12:37	02:45:29.4
3238	2017/2646	398/486	1514	Keely Rennie-Tucker	F	37	Lincoln	NE	3515	12:11	01:32:10.1	3048	13:04	01:25:37.0	02:57:47.2	12:37	02:45:30.7
3239	2018/2646	399/486	2000	Jamie Barrett	F	35	Lincoln	NE	3219	11:47	01:26:20.8	3194	13:28	01:28:14.3	02:54:35.2	12:37	02:45:30.9
3240	2019/2646	400/486	2825	Sarah Landretti	F	36	Lincoln	NE	3368	11:49	01:29:32.1	3188	13:26	01:28:04.6	02:57:36.8	12:37	02:45:31.1

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3241	2020/2646	401/486	5963	Julie Lauritzen	F	38	Lincoln	NE	3369	11:49	01:29:32.1	3187	13:26	01:28:04.6	02:57:36.8	12:37	02:45:31.3
3242	2021/2646	28/49	1852	Sandi Baehr	F	62	Adams	NE	3404	11:57	01:30:09.4	3137	13:18	01:27:12.3	02:57:21.7	12:37	02:45:31.5
3243	2022/2646	402/486	2052	Brandy Stolle	F	39	Lincoln	NE	3299	11:44	01:28:05.3	3213	13:31	01:28:35.8	02:56:41.2	12:37	02:45:33.0
3244	1222/1345	175/192	6076	Travis Mueller	M	41	Lincoln	NE	3387	11:45	01:29:45.8	3205	13:30	01:28:30.9	02:58:16.7	12:37	02:45:34.8
3245	2023/2646	340/435	5061	Kati Kilcoin	F	27	Omaha	NE	2987	11:16	01:22:57.1	3358	14:00	01:31:45.7	02:54:42.9	12:38	02:45:37.3
3246	2024/2646	219/308	4367	Britta Robinson	F	24	Ithaca	NE	3037	11:00	01:23:48.6	3416	14:16	01:33:28.2	02:57:16.8	12:38	02:45:37.6
3247	2025/2646	116/154	3611	Sharon Mulder	F	54	Firth	NE	3036	11:00	01:23:46.3	3418	14:16	01:33:30.1	02:57:16.5	12:38	02:45:38.2
3248	2026/2646	162/227	2582	Crystal Bowman	F	45	Firth	NE	3035	11:00	01:23:46.3	3419	14:16	01:33:30.2	02:57:16.6	12:38	02:45:38.5
3249	2027/2646	163/227	5264	Mary Ann Castillo	F	45	Lincoln	NE	2989	11:28	01:23:00.1	3307	13:49	01:30:31.5	02:53:31.6	12:38	02:45:40.2
3250	2028/2646	359/460	3010	Jennifer Shaw	F	32	Lincoln	NE	3051	11:11	01:24:01.8	3383	14:05	01:32:21.2	02:56:23.1	12:38	02:45:41.6
3251	2029/2646	220/308	4190	Tara Asgarpoor	F	24	Lincoln	NE	3328	11:48	01:28:38.1	3197	13:29	01:28:20.6	02:56:58.8	12:38	02:45:42.4
3252	1223/1345	69/81	4334	Randy Wilmes	M	24	Lincoln	NE	2396	10:34	01:15:34.6	3524	14:43	01:36:24.9	02:51:59.5	12:38	02:45:43.6
3253	2030/2646	221/308	5400	Mckenzie Geiken	F	22	Gothenburg	NE	3079	11:14	01:24:22.3	3379	14:05	01:32:17.3	02:56:39.6	12:39	02:45:53.7
3254	2031/2646	341/435	4671	Erin Mcnamara	F	26	Lincoln	NE	3348	11:45	01:29:03.6	3229	13:34	01:28:57.6	02:58:01.3	12:39	02:45:57.0
3255	1224/1345	105/115	3653	Gregg Stubbendieck	M	51	Lincoln	NE	3249	11:36	01:26:58.6	3282	13:44	01:29:57.2	02:56:55.8	12:39	02:45:57.1
3256	2032/2646	265/342	586	Renee Wanderscheid	F	44	Omaha	NE	3596	12:39	01:35:29.1	2909	12:40	01:23:02.4	02:58:31.5	12:39	02:45:57.3
3257	2033/2646	403/486	5242	Julie Honaker	F	39	Lincoln	NE	3267	11:31	01:27:20.6	3305	13:48	01:30:28.4	02:57:49.1	12:39	02:45:59.6
3258	2034/2646	360/460	765	Katie Penas	F	32	Lincoln	NE	2962	10:51	01:22:36.7	3468	14:28	01:34:50.4	02:57:27.2	12:39	02:46:00.9
3259	1225/1345	106/115	2086	Jim King	M	54	Lincoln	NE	3517	12:05	01:32:13.6	3120	13:16	01:26:55.2	02:59:08.9	12:40	02:46:05.6
3260	2035/2646	404/486	2369	Jaci Klein	F	38	Lincoln	NE	3230	11:32	01:26:26.4	3310	13:49	01:30:33.1	02:56:59.6	12:40	02:46:05.8
3261	2036/2646	405/486	4224	Kelly Tanzer	F	35	Omaha	NE	3247	11:48	01:26:51.8	3221	13:33	01:28:46.8	02:55:38.7	12:40	02:46:09.4
3262	2037/2646	406/486	4091	Elizabeth Kavan	F	37	Juniata	NE	3316	11:43	01:28:31.3	3251	13:38	01:29:20.4	02:57:51.8	12:40	02:46:11.4
3263	2038/2646	342/435	6308	Nichelle Geis	F	25	Lincoln	NE	3579	12:25	01:34:53.8	2998	12:56	01:24:48.0	02:59:41.8	12:40	02:46:13.1
3264	2039/2646	343/435	4784	Rebecca Voelker	F	29	Lincoln	NE	3490	12:08	01:31:39.5	3108	13:14	01:26:42.8	02:58:22.3	12:40	02:46:14.6
3265	1226/1345	186/205	4432	John Demitroff	M	30	Lincoln	NE	3310	11:33	01:28:22.3	3312	13:49	01:30:35.6	02:58:57.9	12:41	02:46:18.2
3266	1227/1345	107/115	3479	Will Bindel	M	51	Lincoln	NE	3246	11:35	01:26:50.5	3303	13:48	01:30:25.3	02:57:15.8	12:41	02:46:19.4
3267	2040/2646	361/460	5681	Tina Janak	F	32	David City	NE	3478	12:04	01:31:28.7	3144	13:20	01:27:20.5	02:58:49.2	12:41	02:46:26.3
3268	2041/2646	362/460	5730	Andrea Meysenburg	F	33	David City	NE	3479	12:04	01:31:28.8	3146	13:20	01:27:20.7	02:58:49.6	12:41	02:46:26.3
3269	2042/2646	266/342	6007	Kathyrine L'heureux	F	41	Lincoln	WI	3096	11:25	01:24:35.7	3353	13:59	01:31:39.1	02:56:14.8	12:41	02:46:28.3
3270	2043/2646	267/342	4953	Richelle Koop	F	41	Wallace	NE	3598	12:36	01:35:30.7	2955	12:48	01:23:54.8	02:59:25.5	12:41	02:46:28.6
3271	2044/2646	222/308	5978	Julie Kreikemeier	F	24	Columbus	NE	3282	11:36	01:27:36.4	3306	13:49	01:30:29.9	02:58:06.4	12:41	02:46:28.8
3272	2045/2646	268/342	1729	Monica Pomajzl	F	40	Lincoln	NE	3091	11:25	01:24:33.6	3355	13:59	01:31:41.6	02:56:15.2	12:42	02:46:29.0
3273	2046/2646	269/342	6038	Lauri Chandler	F	40	Pleasanton	NE	3092	11:25	01:24:33.8	3356	13:59	01:31:41.7	02:56:15.6	12:42	02:46:29.5
3274	2047/2646	363/460	2820	Lyndsey Reddish	F	31	Lincoln	NE	3568	12:29	01:34:35.7	2995	12:56	01:24:45.6	02:59:21.4	12:42	02:46:35.7
3275	1228/1345	187/205	4401	Damien Shull	M	32	Council Bluffs	IA	2901	11:13	01:21:45.3	3399	14:12	01:33:04.9	02:54:50.2	12:42	02:46:35.7
3276	2048/2646	364/460	359	Tiffany Buss	F	34	Lincoln	NE	3085	11:20	01:24:28.7	3380	14:05	01:32:17.7	02:56:46.4	12:42	02:46:35.8

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3277	1229/1345	217/233	2146	Josh Burkle	M	35	Lincoln	NE	2852	11:19	01:20:59.7	3384	14:06	01:32:26.6	02:53:26.3	12:42	02:46:36.3
3278	2049/2646	365/460	4073	Lindsey Larson	F	34	Lincoln	NE	2741	11:38	01:19:31.8	3304	13:48	01:30:26.7	02:49:58.5	12:42	02:46:39.7
3279	2050/2646	223/308	4697	Mary Hawk	F	22	Lincoln	NE	3269	11:33	01:27:23.4	3326	13:54	01:31:07.9	02:58:31.3	12:43	02:46:48.7
3280	2051/2646	29/49	536	Carolyn Volkmer	F	61	Syracuse	NE	3602	12:39	01:35:34.5	2953	12:48	01:23:51.7	02:59:26.3	12:43	02:46:49.6
3281	2052/2646	224/308	6079	Hannah Schwartz	F	24	Lincoln	NE	3232	11:33	01:26:28.4	3327	13:54	01:31:09.0	02:57:37.5	12:43	02:46:53.5
3282	2053/2646	270/342	3795	Stacy Zoucha	F	43	Omaha	NE	2945	11:04	01:22:27.6	3448	14:24	01:34:23.9	02:56:51.5	12:43	02:46:54.1
3283	2054/2646	117/154	1323	Angela Ruppert	F	54	Mccook	NE	3363	12:08	01:29:28.7	3143	13:20	01:27:20.4	02:56:49.1	12:43	02:46:54.8
3284	2055/2646	344/435	4731	Michaela Lucas	F	28	Omaha	NE	3225	11:49	01:26:22.1	3257	13:39	01:29:28.5	02:55:50.6	12:43	02:46:55.0
3285	2056/2646	366/460	2051	Deanna Kelley	F	31	Lincoln	NE	3362	12:08	01:29:28.5	3145	13:20	01:27:20.6	02:56:49.1	12:44	02:46:55.5
3286	2057/2646	225/308	2087	Crysta Chalupa	F	24	Omaha	NE	3175	11:39	01:25:42.4	3313	13:50	01:30:37.4	02:56:19.8	12:44	02:46:56.6
3287	2058/2646	345/435	4683	Emily Brich	F	26	Omaha	NE	3305	11:43	01:28:15.5	3293	13:46	01:30:11.1	02:58:26.7	12:44	02:46:57.8
3288	1230/1345	218/233	738	Jeff Erb	M	37	Lincoln	NE	2854	11:24	01:21:00.9	3376	14:05	01:32:15.0	02:53:16.0	12:44	02:46:58.6
3289	2059/2646	164/227	6258	Norma Rieck	F	45	Lincoln	NE	3398	11:49	01:29:55.2	3259	13:39	01:29:29.4	02:59:24.6	12:44	02:46:58.9
3290	2060/2646	346/435	2652	Cassie Scoblic	F	26	Omaha	NE	3289	11:48	01:27:45.3	3277	13:42	01:29:49.9	02:57:35.3	12:45	02:47:08.6
3291	1231/1345	124/135	1282	Patrick McClure	M	45	Lincoln	NE	3516	12:23	01:32:11.1	3072	13:08	01:26:04.0	02:58:15.1	12:45	02:47:10.9
3292	1232/1345	188/205	372	Mark Antonson	M	31	Lincoln	NE	3287	11:42	01:27:44.4	3308	13:49	01:30:31.7	02:58:16.2	12:45	02:47:11.2
3293	2061/2646	271/342	2678	Wendy Mar	F	41	Lincoln	NE	3435	12:09	01:30:32.6	3161	13:21	01:27:31.9	02:58:04.5	12:45	02:47:13.1
3294	2062/2646	367/460	1663	Gwyneth Roberts	F	33	Lincoln	NE	3433	12:09	01:30:31.4	3162	13:22	01:27:33.1	02:58:04.5	12:45	02:47:13.1
3295	2063/2646	347/435	2840	Liz Koepp	F	26	Omaha	NE	3290	11:48	01:27:46.1	3280	13:43	01:29:54.5	02:57:40.6	12:45	02:47:14.1
3296	1233/1345	176/192	640	Craig Ogden	M	40	Malcolm	NE	2336	10:50	01:14:53.6	3517	14:41	01:36:16.5	02:51:10.1	12:45	02:47:15.2
3297	1234/1345	43/48	3071	Larry Lococo	M	63	Lincoln	NE	3427	11:49	01:30:29.2	3278	13:42	01:29:50.3	03:00:19.5	12:45	02:47:15.8
3298	2064/2646	165/227	2947	Alicia Vinduska	F	46	Plattsmouth	NE	3186	11:21	01:25:51.2	3395	14:11	01:32:54.5	02:58:45.7	12:45	02:47:16.8
3299	2065/2646	272/342	4782	Sheri Hammett	F	44	Lincoln	NE	3202	11:30	01:26:07.3	3362	14:02	01:31:55.1	02:58:02.4	12:45	02:47:18.0
3300	2066/2646	348/435	4502	Kristen Chadek	F	25	Waverly	NE	3166	11:48	01:25:36.5	3284	13:44	01:30:00.7	02:55:37.2	12:45	02:47:20.1
3301	1235/1345	125/135	5652	John Guernsey	M	45	Lincoln	NE	3382	12:01	01:29:42.3	3214	13:31	01:28:36.6	02:58:18.9	12:46	02:47:22.1
3302	2067/2646	67/79	5649	Johnna Guernsey	F	18	Lincoln	NE	3383	12:01	01:29:43.8	3212	13:31	01:28:35.7	02:58:19.5	12:46	02:47:22.6
3303	2068/2646	226/308	4666	Paige Valentine	F	22	Lincoln	NE	3034	11:17	01:23:44.6	3421	14:16	01:33:33.2	02:57:17.8	12:46	02:47:27.9
3304	2069/2646	349/435	3384	Kathryn Spader	F	26	Lincoln	NE	3263	11:33	01:27:16.7	3359	14:00	01:31:46.0	02:59:02.8	12:46	02:47:28.1
3305	1236/1345	70/81	4802	Nick Peters	M	22	Denton	NE	2224	10:24	01:13:37.8	3609	15:09	01:39:18.6	02:52:56.4	12:46	02:47:31.2
3306	2070/2646	227/308	3810	Becky Squiers	F	23	Kearney	NE	3390	11:53	01:29:46.8	3269	13:41	01:29:43.0	02:59:29.9	12:47	02:47:35.6
3307	2071/2646	407/486	6050	Kimmy Renshaw	F	38	Omaha	NE	3353	11:37	01:29:10.6	3345	13:57	01:31:27.9	03:00:38.6	12:47	02:47:37.4
3308	2072/2646	350/435	1719	Kristina Juarez	F	28	Omaha	NE	3496	12:01	01:31:41.7	3227	13:34	01:28:55.2	03:00:36.9	12:47	02:47:38.5
3309	2073/2646	408/486	5655	Rachel Zeleny	F	36	Sergeant Bluff	IA	3083	11:09	01:24:28.1	3456	14:26	01:34:34.8	02:59:02.9	12:47	02:47:41.7
3310	2074/2646	368/460	5925	Cheri Gehling	F	34	Sergeant Bluff	IA	3082	11:09	01:24:27.9	3457	14:26	01:34:34.8	02:59:02.8	12:47	02:47:41.8
3311	1237/1345	71/81	2740	Josh Morrison	M	21	Lincoln	NE	2751	10:48	01:19:44.3	3538	14:47	01:36:52.7	02:56:37.1	12:47	02:47:43.1
3312	2075/2646	351/435	5510	Raelee Eicke	F	28	Colorado Springs	NE	3532	12:15	01:32:49.1	3153	13:20	01:27:25.7	03:00:14.8	12:47	02:47:43.3

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3313	2076/2646	409/486	2053	Lavae Hargrave	F	36	Bellevue	NE	3450	12:01	01:30:58.3	3228	13:34	01:28:56.3	02:59:54.7	12:47	02:47:45.2
3314	2077/2646	410/486	2049	Michelle Bales	F	38	Lincoln	NE	3449	12:01	01:30:58.3	3232	13:35	01:29:02.0	03:00:00.4	12:48	02:47:50.7
3315	2078/2646	228/308	5688	Becky Cook	F	24	Omaha	NE	2816	11:04	01:20:45.6	3490	14:33	01:35:19.3	02:56:04.9	12:48	02:47:51.3
3316	2079/2646	411/486	1868	Aimee Hough	F	38	Omaha	NE	2370	11:04	01:15:18.5	3491	14:33	01:35:22.0	02:50:40.5	12:48	02:47:54.4
3317	2080/2646	352/435	5195	Hannah Jessen	F	28	O'neill	NE	2912	11:46	01:21:58.9	3319	13:52	01:30:53.3	02:52:52.3	12:49	02:48:01.6
3318	2081/2646	229/308	548	Brittany Jennings	F	24	Lincoln	NE	3033	11:47	01:23:40.5	3318	13:52	01:30:50.6	02:54:31.1	12:49	02:48:01.9
3319	1238/1345	30/30	5189	Colin Dufoe	M	15	Lincoln	NE	2944	11:07	01:22:25.7	3489	14:33	01:35:18.9	02:57:44.7	12:49	02:48:09.7
3320	2082/2646	412/486	2207	Jennie Korth	F	37	Lincoln	NE	3308	12:13	01:28:18.4	3189	13:26	01:28:05.5	02:56:23.9	12:49	02:48:12.3
3321	2083/2646	353/435	5631	Stephanie Ayars	F	26	Omaha	NE	3238	11:40	01:26:41.1	3357	14:00	01:31:42.3	02:58:23.4	12:49	02:48:13.0
3322	2084/2646	273/342	1410	Patty Mundorf	F	43	Lincoln	NE	3266	11:53	01:27:20.6	3300	13:47	01:30:21.6	02:57:42.2	12:49	02:48:13.6
3323	2085/2646	30/49	739	Rita Carlsson	F	63	Papillion	NE	3058	11:53	01:24:07.6	3302	13:47	01:30:22.5	02:54:30.1	12:50	02:48:14.7
3324	2086/2646	230/308	4182	Pamela Hartley	F	24	Manhattan	KS	3303	11:53	01:28:13.9	3301	13:47	01:30:21.9	02:58:35.8	12:50	02:48:15.6
3325	2087/2646	354/435	3656	Jhordan Elsberry	F	29	Lincoln	NE	3505	11:57	01:31:54.3	3285	13:44	01:30:01.1	03:01:55.5	12:50	02:48:18.3
3326	2088/2646	355/435	2325	Cassandra Sell	F	28	Lincoln	NE	2770	11:14	01:20:00.9	3465	14:27	01:34:43.6	02:54:44.5	12:50	02:48:19.1
3327	2089/2646	356/435	282	Alyssa Morris	F	26	Omaha	NE	3218	11:37	01:26:19.7	3369	14:04	01:32:09.4	02:58:29.1	12:50	02:48:19.2
3328	2090/2646	369/460	1910	Carolina Nikolic	F	32	Lincoln	NE	3533	12:12	01:32:50.1	3204	13:30	01:28:27.9	03:01:18.1	12:50	02:48:23.8
3329	2091/2646	370/460	4267	Lindsey Busch	F	32	Topeka	KS	3396	11:58	01:29:50.1	3287	13:44	01:30:02.5	02:59:52.7	12:50	02:48:26.1
3330	2092/2646	357/435	5003	Mikaela Klein	F	25	Grand Island	NE	3590	12:36	01:35:21.3	3058	13:06	01:25:51.8	03:01:13.2	12:51	02:48:28.3
3331	2093/2646	231/308	3531	Ashley Janssen	F	24	Lincoln	NE	3016	11:03	01:23:21.5	3511	14:39	01:36:01.2	02:59:22.7	12:51	02:48:28.5
3332	2094/2646	413/486	3954	Keri Homolka	F	37	Columbus	NE	3056	11:30	01:24:07.1	3404	14:14	01:33:16.0	02:57:23.1	12:51	02:48:35.6
3333	2095/2646	371/460	1895	Mary King	F	34	Lincoln	NE	3357	12:02	01:29:16.6	3273	13:42	01:29:47.1	02:59:03.7	12:51	02:48:36.5
3334	2096/2646	274/342	3971	Kelly Lindstrom	F	44	Chicago	IL	2900	11:42	01:21:45.1	3366	14:03	01:32:02.4	02:53:47.5	12:52	02:48:45.8
3335	2097/2646	358/435	2390	Megan Bollish	F	27	Lincoln	NE	3231	11:41	01:26:26.6	3378	14:05	01:32:16.4	02:58:43.1	12:52	02:48:49.8
3336	1239/1345	76/82	3547	Ronald Roeber	M	58	Lincoln	NE	3544	12:28	01:33:18.3	3134	13:18	01:27:09.1	03:00:27.4	12:52	02:48:52.0
3337	2098/2646	68/79	3102	Kara Papke	F	18	Cortland	NE	3481	12:23	01:31:32.1	3176	13:24	01:27:48.6	02:59:20.8	12:53	02:48:57.8
3338	2099/2646	31/49	599	Janice Beethe	F	63	Burr	NE	3462	12:02	01:31:14.3	3290	13:45	01:30:08.8	03:01:23.2	12:53	02:48:58.5
3339	2100/2646	275/342	2855	Katie Comer	F	40	Grand Island	NE	3240	11:41	01:26:44.5	3385	14:06	01:32:27.4	02:59:11.9	12:53	02:48:59.5
3340	2101/2646	372/460	6304	Amanda Reimers	F	31	Randolph	NE	3101	11:51	01:24:41.7	3339	13:56	01:31:19.6	02:56:01.4	12:53	02:49:01.1
3341	2102/2646	414/486	5058	Rebecca Stevens	F	36	Lincoln	NE	3477	12:11	01:31:28.1	3245	13:37	01:29:12.7	03:00:40.8	12:53	02:49:01.2
3342	2103/2646	276/342	1520	Peggy Cline	F	44	Lincoln	NE	3500	12:19	01:31:44.1	3199	13:29	01:28:22.6	03:00:06.7	12:53	02:49:04.1
3343	2104/2646	166/227	4108	Julie Eilers	F	45	Lincoln	NE	3524	12:13	01:32:27.8	3235	13:36	01:29:05.0	03:01:32.8	12:54	02:49:09.5
3344	2105/2646	373/460	2896	Teresa Smith	F	31	Lincoln	NE	3381	11:58	01:29:41.3	3315	13:51	01:30:43.0	03:00:24.4	12:54	02:49:11.0
3345	2106/2646	69/79	5972	Lauren Taylor	F	18	Raymond	NE	3520	12:30	01:32:17.3	3139	13:19	01:27:16.4	02:59:33.8	12:54	02:49:12.1
3346	1240/1345	177/192	3499	Gabe Milhon	M	42	Grans Island	NE	3105	11:03	01:24:46.3	3537	14:47	01:36:50.1	03:01:36.4	12:54	02:49:17.3
3347	2107/2646	374/460	4085	Tiffany Naccarato	F	33	Winfield	KS	3257	12:14	01:27:09.6	3242	13:36	01:29:08.0	02:56:17.6	12:54	02:49:18.7
3348	2108/2646	359/435	5228	Lindsey Ayles	F	28	Bellevue	NE	3248	11:38	01:26:53.7	3405	14:14	01:33:17.0	03:00:10.8	12:55	02:49:29.4

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Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3349	2109/2646	167/227	3595	Kay Defreece	F	48	Nebraska City	NE	3176	12:07	01:25:42.8	3286	13:44	01:30:02.1	02:55:44.9	12:55	02:49:30.2
3350	1241/1345	171/183	1416	Christopher Lewis	M	26	Lincoln	NE	3350	11:54	01:29:03.6	3350	13:58	01:31:30.4	03:00:34.1	12:56	02:49:32.8
3351	2110/2646	118/154	5178	Wanda Isaacson	F	50	Raymond	NE	3198	11:21	01:26:02.8	3484	14:31	01:35:08.0	03:01:10.8	12:56	02:49:33.1
3352	2111/2646	360/435	1399	Micaela Lewis	F	27	Lincoln	NE	3351	11:55	01:29:04.1	3348	13:58	01:31:30.0	03:00:34.1	12:56	02:49:33.3
3353	2112/2646	232/308	4236	Kate Bean	F	24	Omaha	NE	3327	11:48	01:28:37.9	3375	14:04	01:32:14.6	03:00:52.6	12:56	02:49:36.1
3354	2113/2646	168/227	4642	Rebecca Buchmann	F	49	Lincoln	NE	3376	11:48	01:29:37.2	3381	14:05	01:32:20.2	03:01:57.5	12:56	02:49:42.9
3355	2114/2646	70/79	4173	Caroline Hoffman	F	16	Fort Leavenworth	KS	3456	12:36	01:31:05.7	3136	13:18	01:27:11.0	02:58:16.7	12:56	02:49:43.5
3356	1242/1345	126/135	4170	Randall Hoffman	M	49	Ft. Leavenworth	KS	3457	12:36	01:31:05.9	3135	13:18	01:27:10.7	02:58:16.7	12:56	02:49:43.8
3357	2115/2646	32/49	5192	Paula Gooder	F	60	Seward	NE	3655	12:52	01:37:52.1	3035	13:02	01:25:27.1	03:03:19.2	12:57	02:49:46.3
3358	2116/2646	119/154	4968	Joyce Tontegode	F	52	Lincoln	NE	3549	12:27	01:33:26.2	3193	13:28	01:28:12.7	03:01:38.9	12:57	02:49:50.2
3359	2117/2646	233/308	5697	Taylor Hart	F	22	Lincoln	NE	3203	11:41	01:26:07.7	3402	14:14	01:33:15.1	02:59:22.9	12:57	02:49:53.0
3360	1243/1345	189/205	3290	J D Flynn	M	33	Lincoln	NE	3253	11:55	01:27:05.3	3360	14:01	01:31:50.1	02:58:55.5	12:57	02:49:53.7
3361	1244/1345	127/135	1325	Michael Loll	M	46	Lincoln	NE	3401	12:05	01:29:58.9	3317	13:52	01:30:49.8	03:00:48.7	12:58	02:50:00.8
3362	2118/2646	169/227	2588	Michelle Winklepleck	F	46	Lincoln	NE	3250	12:18	01:27:01.9	3256	13:39	01:29:27.5	02:56:29.4	12:58	02:50:02.4
3363	1245/1345	172/183	6164	Paul Ostermeyer	M	27	Kansas City	MO	3071	11:14	01:24:17.5	3525	14:43	01:36:25.0	03:00:42.6	12:58	02:50:04.7
3364	2119/2646	277/342	4234	Heather Rhoadarmer	F	42	Lincoln	NE	3591	12:37	01:35:21.5	3154	13:20	01:27:25.9	03:02:47.5	12:58	02:50:07.6
3365	2120/2646	33/49	5909	Sarah Crose	F	62	Lincoln	NE	3572	12:32	01:34:44.1	3182	13:26	01:28:00.4	03:02:44.6	12:58	02:50:07.8
3366	2121/2646	375/460	4235	Laura Albertson	F	30	Lincoln	NE	3592	12:37	01:35:21.6	3155	13:20	01:27:25.9	03:02:47.6	12:58	02:50:08.9
3367	1246/1345	128/135	3488	Andy Grosshans	M	46	Waverly	NE	3307	11:43	01:28:17.6	3410	14:15	01:33:21.8	03:01:39.4	12:58	02:50:11.2
3368	2122/2646	120/154	5980	Lori Bradley	F	52	Wichita	KS	3537	12:19	01:32:58.7	3261	13:40	01:29:32.3	03:02:31.1	12:59	02:50:13.3
3369	2123/2646	234/308	4896	Kathy Do	F	22	Lincoln	NE	3531	12:24	01:32:49.1	3231	13:35	01:28:59.4	03:01:48.6	12:59	02:50:15.8
3370	1247/1345	173/183	6163	Brian Ford	M	29	Omaha	NE	3301	11:44	01:28:06.6	3406	14:14	01:33:19.9	03:01:26.5	12:59	02:50:16.9
3371	2124/2646	51/81	1733	Jennifer Diaz	F	55	Lincoln	NE	3662	12:56	01:38:09.6	3050	13:04	01:25:39.1	03:03:48.7	12:59	02:50:22.1
3372	2125/2646	361/435	3198	Tina McMichen	F	26	Lincoln	NE	3547	12:24	01:33:25.8	3237	13:36	01:29:05.0	03:02:30.8	12:59	02:50:24.1
3373	2126/2646	376/460	5026	Jessica Vest	F	34	Lincoln	NE	3548	12:24	01:33:25.9	3236	13:36	01:29:05.0	03:02:30.9	12:59	02:50:24.4
3374	2127/2646	415/486	1431	Nicki Michel	F	38	Eagle	NE	3229	11:28	01:26:24.1	3488	14:32	01:35:15.2	03:01:39.4	13:00	02:50:25.7
3375	2128/2646	235/308	4658	Alexa Teel	F	24	Lincoln	NE	3341	12:14	01:28:53.1	3299	13:46	01:30:16.7	02:59:09.9	13:00	02:50:27.7
3376	2129/2646	236/308	4544	Amber Jordan	F	24	Lincoln	NE	3342	12:14	01:28:53.6	3298	13:46	01:30:16.7	02:59:10.4	13:00	02:50:27.9
3377	1248/1345	15/16	2429	Blaine Loll	M	11	Lincoln	NE	2969	11:03	01:22:43.3	3578	14:58	01:38:05.6	03:00:48.9	13:00	02:50:32.0
3378	2130/2646	377/460	5781	Tiffany Pusateri	F	31	Bennet	NE						03:01:22.4	13:00	02:50:33.0	
3379	2131/2646	378/460	5826	Nicole Trevena Flores	F	32	Lincoln	NE	3512	12:31	01:32:03.8	3208	13:31	01:28:34.5	03:00:38.4	13:00	02:50:34.5
3380	2132/2646	237/308	5809	Abigail Trevena	F	20	Lincoln	NE	3511	12:31	01:32:03.8	3209	13:31	01:28:34.5	03:00:38.3	13:00	02:50:34.9
3381	2133/2646	52/81	1998	Marla Nissen	F	59	Lincoln	NE	3641	12:52	01:37:11.1	3085	13:10	01:26:15.3	03:03:26.4	13:00	02:50:36.2
3382	2134/2646	416/486	6049	Kristin Chmelka	F	35	Lincoln	NE	3451	11:59	01:31:02.6	3365	14:03	01:32:02.2	03:03:04.8	13:00	02:50:37.1
3383	2135/2646	362/435	3223	Karisa Malchow	F	25	Omaha	NE	3027	12:04	01:23:31.1	3352	13:58	01:31:33.6	02:55:04.8	13:01	02:50:41.2
3384	1249/1345	77/82	3220	Douglas Almgren	M	55	Papillion	NE	3026	12:04	01:23:30.8	3351	13:58	01:31:32.7	02:55:03.6	13:01	02:50:41.4

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3385	2136/2646	417/486	3911	Nickie Dillavou	F	35	Lincoln	NE	3288	11:25	01:27:44.6	3508	14:38	01:35:52.2	03:03:36.8	13:01	02:50:41.6
3386	2137/2646	71/79	4518	Danielle Vlcek	F	19	Palmyra	NE	2794	10:58	01:20:28.8	3592	15:04	01:38:46.4	02:59:15.2	13:01	02:50:41.9
3387	2138/2646	238/308	1838	Madi Sharp	F	21	Waverly	NE	2795	10:58	01:20:29.3	3593	15:04	01:38:46.5	02:59:15.9	13:01	02:50:42.7
3388	2139/2646	239/308	5504	Courtney Trampe	F	23	Ord	NE	3041	11:40	01:23:50.6	3443	14:23	01:34:17.5	02:58:08.2	13:01	02:50:43.8
3389	2140/2646	240/308	5743	Amanda Abbott	F	21	Lincoln	NE	3040	11:40	01:23:50.4	3444	14:23	01:34:17.8	02:58:08.3	13:01	02:50:44.1
3390	2141/2646	418/486	737	Natalie Erb	F	37	Lincoln	NE	3057	11:53	01:24:07.6	3394	14:10	01:32:51.7	02:56:59.3	13:01	02:50:44.3
3391	2142/2646	53/81	4720	Alicia Harlow	F	55	Waterloo	NE	2894	11:21	01:21:40.2	3522	14:42	01:36:23.6	02:58:03.8	13:01	02:50:44.4
3392	2143/2646	241/308	5954	Marysha Brown	F	24	Lavista	NE	3370	11:53	01:29:34.1	3392	14:10	01:32:51.0	03:02:25.2	13:01	02:50:45.0
3393	2144/2646	419/486	4243	Amanda Taylor	F	36	Kearney	NE	3480	12:20	01:31:30.9	3281	13:43	01:29:54.5	03:01:25.5	13:01	02:50:46.4
3394	2145/2646	363/435	5263	Erin Soper	F	26	Lincoln	NE	3536	12:22	01:32:58.3	3271	13:42	01:29:45.6	03:02:43.9	13:01	02:50:46.8
3395	2146/2646	278/342	5814	Penny Havelka	F	40	Lincoln	NE	2729	11:06	01:19:20.6	3577	14:58	01:38:05.2	02:57:25.8	13:01	02:50:49.9
3396	1250/1345	44/48	639	Robert Fiedler	M	64	Pleasant Dale	NE	3434	12:09	01:30:31.8	3334	13:56	01:31:16.8	03:01:48.7	13:02	02:50:53.5
3397	2147/2646	242/308	261	Megan Beaner	F	24	Lincoln	NE	3345	12:12	01:28:56.3	3323	13:53	01:30:59.8	02:59:56.1	13:02	02:50:58.5
3398	2148/2646	379/460	2068	Ashley Ulmer	F	31	Sutton	NE	3506	12:09	01:31:55.8	3341	13:57	01:31:23.2	03:03:19.1	13:02	02:51:00.1
3399	2149/2646	243/308	2256	Carmen Erway	F	22	Lincoln	NE	3430	11:55	01:30:30.5	3396	14:11	01:32:56.1	03:03:26.6	13:02	02:51:01.9
3400	2150/2646	380/460	2280	Jessica Fern	F	33	Lincoln	NE	3513	12:13	01:32:07.3	3320	13:53	01:30:58.6	03:03:05.9	13:02	02:51:02.2
3401	2151/2646	381/460	1342	Lisa Brunssen	F	34	Springfield	NE	3320	11:39	01:28:33.1	3463	14:27	01:34:42.3	03:03:15.5	13:03	02:51:04.5
3402	1251/1345	219/233	971	Matt Anderson	M	39	Lincoln	NE	3620	12:45	01:36:18.6	3158	13:21	01:27:29.9	03:03:48.6	13:03	02:51:05.3
3403	2152/2646	279/342	1263	Jennifer Richardson	F	41	Elkhorn	NE	3329	11:40	01:28:39.3	3458	14:26	01:34:37.9	03:03:17.2	13:03	02:51:05.6
3404	2153/2646	420/486	2746	Melissa Todd	F	36	Lincoln	NE	3285	12:11	01:27:39.5	3330	13:55	01:31:12.4	02:58:51.9	13:03	02:51:06.3
3405	2154/2646	244/308	2254	Camilla Erway	F	20	Bennet	NE	3425	11:55	01:30:29.1	3398	14:12	01:33:03.4	03:03:32.5	13:03	02:51:07.0
3406	1252/1345	108/115	5856	Phillip Lenoble	M	53	Elkhorn	NE	3330	11:40	01:28:39.8	3460	14:27	01:34:38.9	03:03:18.7	13:03	02:51:07.1
3407	2155/2646	245/308	4971	Jill Olson	F	21	Lincoln	NE	3349	12:03	01:29:03.6	3382	14:05	01:32:20.6	03:01:24.2	13:04	02:51:18.6
3408	2156/2646	121/154	5669	Tammy Witt	F	52	Kearney	NE							03:02:10.3	13:04	02:51:19.5
3409	2157/2646	382/460	5905	Mandy Lies	F	32	St. George	KS	2545	10:57	01:16:59.2	3614	15:11	01:39:32.6	02:56:31.9	13:04	02:51:22.1
3410	1253/1345	178/192	1601	Brian Harter	M	41	Lincoln	NE	3007	11:32	01:23:12.4	3509	14:38	01:35:52.5	02:59:04.9	13:04	02:51:26.0
3411	2158/2646	364/435	2395	Mandy Troyer	F	28	Milford	NE	3228	11:39	01:26:23.1	3478	14:30	01:35:01.0	03:01:24.1	13:04	02:51:26.0
3412	2159/2646	421/486	5376	Missie Kavan	F	39	Colon	NE	3514	12:12	01:32:07.4	3344	13:57	01:31:26.9	03:03:34.4	13:04	02:51:27.4
3413	1254/1345	190/205	1766	Jeff Nicklas	M	31	Lincoln	NE	3076	11:49	01:24:21.1	3440	14:22	01:34:06.7	02:58:27.8	13:05	02:51:33.4
3414	2160/2646	34/49	1002	Sue Krogman	F	61	Panama	NE	3239	11:56	01:26:42.7	3412	14:15	01:33:22.3	03:00:05.1	13:05	02:51:37.9
3415	1255/1345	72/81	2787	Tom Fogarty	M	21	Omaha	NE	3089	11:20	01:24:32.2	3556	14:51	01:37:18.6	03:01:50.8	13:05	02:51:38.4
3416	2161/2646	365/435	3455	Caitlin Wolfe	F	27	Lincoln	NE	3614	12:57	01:36:02.1	3115	13:15	01:26:49.7	03:02:51.9	13:05	02:51:39.1
3417	2162/2646	280/342	2569	Jackie Muir	F	40	Lincoln	NE	3296	11:43	01:27:55.2	3476	14:30	01:34:59.1	03:02:54.4	13:06	02:51:49.2
3418	2163/2646	54/81	3067	Kim Troutt	F	59	Martell	NE	3497	11:59	01:31:41.8	3409	14:15	01:33:21.3	03:05:03.2	13:06	02:51:53.0
3419	2164/2646	246/308	4687	Aurora Williams	F	20	Papillion	NE	3019	11:21	01:23:26.2	3560	14:52	01:37:28.5	03:00:54.7	13:06	02:51:54.5
3420	2165/2646	281/342	5951	Robyn Jernigan	F	40	Omaha	NE	3648	12:55	01:37:32.1	3152	13:20	01:27:23.1	03:04:55.3	13:07	02:52:01.4

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3421	2166/2646	282/342	5868	Chris Dunn	F	43	Omaha	NE	3649	12:55	01:37:32.6	3150	13:20	01:27:22.9	03:04:55.5	13:07	02:52:01.5
3422	1256/1345	191/205	6175	Patrick Berge	M	32	Lincoln	NE	3599	12:38	01:35:31.9	3248	13:37	01:29:16.9	03:04:48.8	13:07	02:52:04.1
3423	2167/2646	383/460	2978	Kendra Rolfes	F	30	Lincoln	NE	2899	11:55	01:21:43.6	3431	14:20	01:33:59.1	02:55:42.7	13:07	02:52:05.0
3424	2168/2646	247/308	5403	Riley Lyons	F	23	Plattsmouth	NE	3471	12:18	01:31:22.6	3347	13:58	01:31:29.8	03:02:52.5	13:07	02:52:06.4
3425	2169/2646	248/308	6301	Kayla Sayer	F	24	Bellevue	NE	3470	12:18	01:31:21.9	3349	13:58	01:31:30.3	03:02:52.3	13:07	02:52:07.4
3426	1257/1345	73/81	3014	Cody Schuldt	M	21	Lincoln	NE	3090	11:20	01:24:32.6	3572	14:56	01:37:53.2	03:02:25.8	13:08	02:52:12.4
3427	2170/2646	55/81	4262	Chris Gauger	F	59	Portland	OR	3493	12:12	01:31:40.1	3377	14:05	01:32:16.3	03:03:56.4	13:08	02:52:15.8
3428	2171/2646	3/5	4216	Kay Herber	F	66	Fort Smith	AR	3671	12:57	01:38:16.1	3160	13:21	01:27:31.2	03:05:47.4	13:09	02:52:23.6
3429	2172/2646	170/227	1447	Debra Jones	F	46	Lincoln	NE	3416	12:04	01:30:23.7	3408	14:15	01:33:21.1	03:03:44.8	13:09	02:52:26.4
3430	1258/1345	220/233	6206	Kyle Johnson	M	35	Omaha	NE	2679	10:49	01:18:31.5	3659	15:31	01:41:39.8	03:00:11.3	13:09	02:52:35.9
3431	1259/1345	74/81	4509	Zachary White	M	22	Ceresco	NE	3458	11:58	01:31:06.6	3445	14:23	01:34:19.0	03:05:25.6	13:10	02:52:43.9
3432	2173/2646	366/435	5434	Becca Loman	F	27	Sioux Falls	SD	3059	11:18	01:24:07.6	3589	15:04	01:38:44.6	03:02:52.2	13:10	02:52:46.5
3433	2174/2646	171/227	3366	Isabel Velazquez	F	46	Lincoln	NE	3339	11:51	01:28:52.8	3482	14:30	01:35:04.0	03:03:56.9	13:10	02:52:47.1
3434	2175/2646	56/81	2514	Peggy Judge	F	59	Berrien Springs	MI	3347	11:50	01:29:02.4	3486	14:32	01:35:14.9	03:04:17.3	13:10	02:52:48.8
3435	2176/2646	283/342	4795	Tracy Simmerman	F	44	Plattsmouth	NE	3522	12:22	01:32:19.6	3364	14:02	01:31:58.9	03:04:18.6	13:11	02:53:00.7
3436	2177/2646	367/435	5336	Kindra Brooke	F	26	Lincoln	NE	2793	11:24	01:20:28.3	3580	15:00	01:38:18.0	02:58:46.3	13:11	02:53:01.0
3437	2178/2646	249/308	2612	Erin Angeli	F	24	Lincoln	NE	3189	11:57	01:25:55.2	3466	14:27	01:34:44.5	03:00:39.8	13:12	02:53:04.2
3438	2179/2646	57/81	725	Kim Panko	F	58	Burr	NE	3695	13:16	01:39:00.4	3074	13:08	01:26:06.7	03:05:07.1	13:12	02:53:05.1
3439	2180/2646	284/342	1839	Diana Shum	F	43	Lincoln	NE	3077	11:41	01:24:21.2	3526	14:43	01:36:29.9	03:00:51.2	13:12	02:53:06.0
3440	2181/2646	384/460	5630	Michelle West	F	34	Lincoln	NE	3393	11:58	01:29:48.8	3464	14:27	01:34:42.4	03:04:31.3	13:12	02:53:08.2
3441	2182/2646	250/308	6041	Madison Hespen	F	23	Fremont	NE	3234	11:37	01:26:32.3	3551	14:50	01:37:10.9	03:03:43.3	13:13	02:53:18.6
3442	2183/2646	172/227	2902	Jolene Deinert	F	48	Raymond	NE	3408	12:11	01:30:13.1	3413	14:15	01:33:25.3	03:03:38.4	13:13	02:53:19.7
3443	2184/2646	122/154	2799	Terri Chmelka	F	50	Valparaiso	NE	3406	12:11	01:30:12.1	3414	14:15	01:33:26.3	03:03:38.4	13:13	02:53:19.9
3444	2185/2646	285/342	4994	Janet Nuss	F	41	Lincoln	NE	3233	11:45	01:26:29.2	3520	14:42	01:36:21.4	03:02:50.7	13:13	02:53:21.5
3445	2186/2646	286/342	2995	Janelle Benes	F	43	Valparaiso	NE	3407	12:11	01:30:12.3	3417	14:16	01:33:28.9	03:03:41.2	13:13	02:53:23.1
3446	1260/1345	179/192	3573	Christopher Boilesen	M	41	Lincoln	NE	3624	12:45	01:36:21.8	3288	13:44	01:30:02.5	03:06:24.4	13:14	02:53:36.0
3447	2187/2646	368/435	3181	Elizabeth Rutledge	F	28	Lincoln	NE	3431	12:01	01:30:30.6	3474	14:29	01:34:58.1	03:05:28.7	13:15	02:53:44.2
3448	2188/2646	369/435	3851	Liz Schaefer	F	25	Lincoln	NE	3432	12:01	01:30:30.8	3475	14:29	01:34:58.4	03:05:29.2	13:15	02:53:44.3
3449	1261/1345	221/233	6078	Josh Marshall	M	39	Lincoln	NE	3498	12:06	01:31:42.3	3449	14:24	01:34:25.2	03:06:07.6	13:15	02:53:45.1
3450	2189/2646	173/227	793	Susan Steider	F	49	Lincoln	NE	3637	12:58	01:37:03.7	3220	13:33	01:28:46.1	03:05:49.9	13:15	02:53:48.3
3451	2190/2646	251/308	5458	Macy Gotschall	F	22	Creston	NE	3355	11:50	01:29:14.1	3515	14:41	01:36:14.7	03:05:28.8	13:15	02:53:51.6
3452	1262/1345	192/205	4679	James Poulsen	M	34	Lincoln	NE	3309	12:31	01:28:18.8	3363	14:02	01:31:57.6	03:00:16.5	13:16	02:54:03.1
3453	2191/2646	174/227	2784	Stephanie Seiler	F	46	Kansas City	MO	3664	13:00	01:38:10.4	3224	13:33	01:28:50.1	03:07:00.5	13:16	02:54:04.8
3454	1263/1345	75/81	2816	Dillon Petschke	M	23	Malcolm	NE	3384	12:09	01:29:44.3	3451	14:25	01:34:26.9	03:04:11.3	13:16	02:54:06.4
3455	2192/2646	123/154	543	Eddra Ritta	F	52	Hickman	NE	3628	12:40	01:36:33.3	3328	13:55	01:31:10.9	03:07:44.3	13:17	02:54:10.7
3456	2193/2646	4/5	2189	Tabby Goodwater	F	66	Lincoln	NE	3446	12:27	01:30:49.6	3386	14:08	01:32:39.6	03:03:29.3	13:17	02:54:13.4

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3457	2194/2646	175/227	3848	Amy Barith	F	46	Kearney	NE	3286	11:44	01:27:40.1	3557	14:51	01:37:21.3	03:05:01.4	13:17	02:54:14.9
3458	1264/1345	76/81	2449	Tanner Woodward	M	21	Lincoln	NE	3315	12:00	01:28:30.2	3503	14:36	01:35:39.5	03:04:09.8	13:17	02:54:18.0
3459	1265/1345	222/233	831	Mike Fields	M	37	Lincoln	NE							02:54:19.6	13:17	02:54:19.6
3460	2195/2646	422/486	2076	Jodi Hammans	F	37	Omaha	NE	3324	12:28	01:28:36.5	3387	14:08	01:32:40.0	03:01:16.5	13:17	02:54:20.4
3461	2196/2646	252/308	5374	Morgan Obery	F	23	Lincoln	NE	3153	11:40	01:25:28.5	3570	14:56	01:37:51.3	03:03:19.9	13:18	02:54:22.1
3462	2197/2646	423/486	5233	Megan Woita	F	36	Lincoln	NE	3559	12:19	01:34:01.3	3426	14:19	01:33:48.1	03:07:49.5	13:18	02:54:30.8
3463	2198/2646	424/486	5795	Emily Elkin	F	38	Lincoln	NE	3560	12:19	01:34:01.3	3428	14:19	01:33:48.5	03:07:49.8	13:18	02:54:31.0
3464	2199/2646	385/460	4316	Elizabeth Christensen	F	30	Lincoln	NE	3319	12:20	01:28:32.5	3425	14:19	01:33:47.8	03:02:20.3	13:19	02:54:35.3
3465	2200/2646	253/308	258	Alexandra Adama	F	24	Lincoln	NE	3318	12:20	01:28:32.5	3427	14:19	01:33:48.3	03:02:20.8	13:19	02:54:35.4
3466	2201/2646	425/486	3575	Yudelki Mackenzie	F	38	Bellevue	NE	3760	14:02	01:42:37.8	2881	12:37	01:22:42.8	03:05:20.7	13:19	02:54:40.1
3467	2202/2646	58/81	783	Sarah Gauger	F	55	Lincoln	NE	3491	12:12	01:31:39.7	3469	14:28	01:34:51.2	03:06:30.9	13:20	02:54:49.4
3468	2203/2646	124/154	2323	Gayle Sell	F	54	Lincoln	NE	3157		01:25:30.1	3250	13:38	01:29:19.6	02:54:49.7	13:20	02:54:49.7
3469	2204/2646	370/435	2046	Ame Nelson	F	26	Lincoln	NE	3570	12:47	01:34:43.9	3324	13:54	01:31:07.4	03:05:51.3	13:20	02:54:53.6
3470	2205/2646	254/308	201	Lyndsey Hrabik	F	24	Lincoln	NE	3436	12:15	01:30:32.8	3459	14:27	01:34:38.9	03:05:11.7	13:20	02:54:54.4
3471	2206/2646	35/49	3675	Cathy Maddox	F	61	Lincoln	NE	3573	12:40	01:34:45.1	3372	14:04	01:32:10.3	03:06:55.4	13:21	02:55:12.5
3472	2207/2646	176/227	778	Michelle Pieper	F	46	Lincoln	NE	3575	12:40	01:34:45.7	3371	14:04	01:32:10.0	03:06:55.8	13:21	02:55:13.3
3473	1266/1345	223/233	2202	Greg Hutmacher	M	38	Lincoln	NE	3159	11:24	01:25:32.6	3637	15:21	01:40:35.5	03:06:08.2	13:22	02:55:17.4
3474	2208/2646	287/342	484	Laura Steele	F	41	Lincoln	NE	3577	12:42	01:34:46.8	3368	14:04	01:32:08.8	03:06:55.7	13:22	02:55:20.9
3475	2209/2646	288/342	3824	Melissa Krumm	F	42	Lincoln	NE	3530	12:16	01:32:47.9	3471	14:29	01:34:55.7	03:07:43.7	13:22	02:55:21.2
3476	2210/2646	386/460	5281	Kristin Polk	F	33	Lincoln	NE	3616	12:43	01:36:13.2	3367	14:03	01:32:03.0	03:08:16.3	13:22	02:55:21.4
3477	2211/2646	289/342	1629	Becky Virgillito	F	42	Lincoln	NE	3576	12:42	01:34:46.5	3370	14:04	01:32:09.7	03:06:56.2	13:22	02:55:21.5
3478	2212/2646	125/154	3769	Shelly Sullivan	F	50	Lincoln	NE	3300	12:11	01:28:05.5	3501	14:35	01:35:37.0	03:03:42.6	13:23	02:55:30.1
3479	2213/2646	126/154	3176	Monica Griffin	F	50	Tempe	AZ	3298	12:11	01:28:04.8	3502	14:35	01:35:37.6	03:03:42.5	13:23	02:55:30.3
3480	2214/2646	290/342	1758	Melissa Hawke	F	41	Hickman	NE	3400	11:57	01:29:58.1	3550	14:50	01:37:09.7	03:07:07.8	13:23	02:55:32.1
3481	2215/2646	177/227	1144	Dena Noe	F	46	Lincoln	NE	3181	11:32	01:25:45.3	3630	15:16	01:40:01.9	03:05:47.3	13:23	02:55:36.1
3482	2216/2646	387/460	1698	Carrie Eckstein	F	32	Lincoln	NE	3633	13:00	01:36:46.3	3311	13:49	01:30:33.4	03:07:19.7	13:24	02:55:43.8
3483	1267/1345	224/233	4820	Doug Mcknight	M	35	Plattsmouth	NE	2725	11:39	01:19:18.6	3615	15:12	01:39:34.5	02:58:53.2	13:25	02:55:54.8
3484	2217/2646	371/435	4865	Megan Teahon	F	28	Lincoln	NE	3499	12:34	01:31:43.3	3422	14:17	01:33:37.4	03:05:20.8	13:25	02:55:56.5
3485	2218/2646	372/435	6242	Sharlene Martinez	F	28	Lincoln	NE	3465	12:30	01:31:17.7	3432	14:21	01:34:00.7	03:05:18.4	13:25	02:55:59.2
3486	2219/2646	291/342	4819	Teresa Poggemeyer	F	41	Nebraska City	NE	3258	12:03	01:27:10.3	3547	14:49	01:37:08.7	03:04:19.1	13:25	02:56:04.8
3487	2220/2646	292/342	4724	Stacy Blum	F	40	Nebraska City	NE	3259	12:03	01:27:10.6	3549	14:49	01:37:09.2	03:04:19.9	13:25	02:56:05.0
3488	1268/1345	193/205	2781	Alex Borremans	M	32	Lincoln	NE	3210	11:23	01:26:13.8	3657	15:30	01:41:36.5	03:07:50.3	13:26	02:56:16.4
3489	1269/1345	194/205	6151	Josh Hanes	M	31	Weeping Water	NE	3563	12:40	01:34:19.5	3411	14:15	01:33:22.0	03:07:41.5	13:27	02:56:20.7
3490	2221/2646	426/486	3182	Valerie Buller	F	38	Lincoln	NE	3607	12:41	01:35:46.7	3407	14:15	01:33:20.3	03:09:07.1	13:27	02:56:25.9
3491	2222/2646	388/460	3774	Corina Crist	F	34	Ceresco	NE	3541	12:27	01:33:07.2	3470	14:29	01:34:55.5	03:08:02.8	13:27	02:56:29.5
3492	2223/2646	427/486	4698	Meredith Moore	F	36	Lincoln	NE	3486	12:47	01:31:35.2	3390	14:09	01:32:47.4	03:04:22.6	13:28	02:56:33.7

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3493	2224/2646	36/49	2154	Jeanette Mclean	F	60	Stromsburg	NE	3279	11:45	01:27:34.8	3619	15:12	01:39:35.3	03:07:10.2	13:28	02:56:33.7
3494	1270/1345	225/233	3987	Jeff Sadler	M	35	Lincoln	NE	3374	11:54	01:29:36.8	3586	15:03	01:38:36.7	03:08:13.6	13:28	02:56:34.2
3495	2225/2646	389/460	3988	Amy Sadler	F	34	Lincoln	NE	3373	11:54	01:29:36.8	3587	15:03	01:38:37.5	03:08:14.4	13:28	02:56:35.3
3496	2226/2646	293/342	1664	Jenny Unruh	F	41	Lincoln	NE	3583	12:36	01:35:01.6	3433	14:21	01:34:01.2	03:09:02.8	13:28	02:56:36.7
3497	2227/2646	37/49	1298	Peggy Krasser	F	63	Beaver Crossing	NE	3455	12:21	01:31:04.5	3507	14:37	01:35:45.0	03:06:49.5	13:28	02:56:38.8
3498	2228/2646	390/460	3779	Julie Encinger	F	34	Grand Island	NE	3302	12:23	01:28:12.3	3498	14:35	01:35:33.2	03:03:45.5	13:28	02:56:43.3
3499	2229/2646	391/460	5024	Ruth Horvatic	F	31	Elkhorn	NE	3275	12:18	01:27:30.3	3516	14:41	01:36:15.5	03:03:45.9	13:29	02:56:49.4
3500	1271/1345	77/81	2897	Adam Mentgen	M	24	Lincoln	NE	3469	12:09	01:31:20.5	3553	14:50	01:37:15.7	03:08:36.2	13:29	02:56:51.1
3501	2230/2646	392/460	5170	Kathryn Gerlock	F	33	Lincoln	NE	3552	12:27	01:33:38.1	3493	14:34	01:35:25.2	03:09:03.3	13:30	02:56:59.0
3502	1272/1345	226/233	3872	Adam Marco	M	38	Lincoln	NE	3546	12:16	01:33:25.6	3530	14:45	01:36:38.7	03:10:04.3	13:30	02:57:04.1
3503	2231/2646	255/308	4490	Ellen Peterson	F	21	Lincoln	NE	3472	12:06	01:31:24.2	3574	14:56	01:37:55.3	03:09:19.6	13:31	02:57:12.4
3504	2232/2646	256/308	4493	Abby Cole	F	21	Lincoln	NE	3473	12:06	01:31:24.6	3576	14:57	01:37:56.5	03:09:21.1	13:31	02:57:14.0
3505	2233/2646	127/154	1736	Cheryl Vajgrt	F	50	Seward	NE	3360	12:20	01:29:27.5	3523	14:43	01:36:23.7	03:05:51.2	13:31	02:57:14.6
3506	2234/2646	257/308	1744	Emilie Vajgrt	F	22	Seward	NE	3361	12:20	01:29:27.6	3521	14:42	01:36:23.4	03:05:51.1	13:31	02:57:14.6
3507	2235/2646	258/308	581	Marissa Upton	F	21	Kearney	NE	3484	12:29	01:31:34.2	3494	14:34	01:35:25.7	03:06:59.9	13:31	02:57:15.1
3508	2236/2646	373/435	3583	Valarie Vanecek	F	29	Omaha	NE	3567	12:40	01:34:34.1	3442	14:23	01:34:17.1	03:08:51.3	13:31	02:57:20.1
3509	1273/1345	78/81	6210	Deric Boden	M	20	Lincoln	NE	3518	12:27	01:32:14.8	3506	14:36	01:35:43.4	03:07:58.3	13:31	02:57:20.2
3510	2237/2646	259/308	2233	Tayler Mack	F	21	Lincoln	NE	3519	12:27	01:32:15.6	3505	14:36	01:35:42.7	03:07:58.3	13:31	02:57:20.2
3511	2238/2646	428/486	4329	Molly Moller	F	36	Lincoln	NE	3615	12:59	01:36:10.6	3374	14:04	01:32:13.9	03:08:24.5	13:31	02:57:21.8
3512	2239/2646	260/308	3579	Brittany Pelton	F	24	Omaha	NE	3566	12:40	01:34:33.7	3446	14:24	01:34:21.0	03:08:54.8	13:31	02:57:23.3
3513	2240/2646	128/154	461	Donna Upton	F	51	Lincoln	NE	3485	12:29	01:31:34.2	3500	14:35	01:35:34.6	03:07:08.8	13:32	02:57:24.8
3514	2241/2646	294/342	751	Wendy Smith Johnsen	F	43	Lincoln	NE	3260	12:12	01:27:15.1	3564	14:53	01:37:30.4	03:04:45.6	13:32	02:57:26.8
3515	2242/2646	295/342	2498	Melissa Glinsmann	F	42	Roca	NE	3261	12:12	01:27:15.3	3563	14:53	01:37:30.0	03:04:45.3	13:32	02:57:27.0
3516	2243/2646	59/81	5775	Susan Hertzler	F	56	Lincoln	NE	3584	12:35	01:35:02.8	3483	14:30	01:35:04.4	03:10:07.3	13:32	02:57:35.1
3517	2244/2646	429/486	3226	Kirsten Loch	F	38	Lincoln	NE	3525	12:46	01:32:35.3	3430	14:20	01:33:56.5	03:06:31.8	13:33	02:57:39.9
3518	2245/2646	393/460	2703	Cassie Hurd	F	31	Lincoln	NE	3526	12:47	01:32:35.5	3429	14:20	01:33:56.2	03:06:31.8	13:33	02:57:40.1
3519	2246/2646	60/81	4123	Sandra Garwood	F	56	Atkinson	NE	3508	12:18	01:31:59.1	3552	14:50	01:37:11.9	03:09:11.1	13:33	02:57:47.8
3520	2247/2646	261/308	5945	Nicole Woodford	F	21	Lincoln	NE	3385	11:57	01:29:44.4	3617	15:12	01:39:35.1	03:09:19.5	13:34	02:57:53.3
3521	2248/2646	262/308	5949	Taylor Wismer	F	20	Kimball	NE	3386	11:57	01:29:44.6	3618	15:12	01:39:35.1	03:09:19.7	13:34	02:57:53.3
3522	2249/2646	263/308	5568	Sarah Tenley	F	24	Lincoln	NE	3510	12:10	01:32:02.5	3579	14:59	01:38:12.9	03:10:15.5	13:34	02:57:54.7
3523	2250/2646	394/460	1202	Ananda Lee	F	34	Mead	NE	3565	12:35	01:34:29.3	3499	14:35	01:35:33.9	03:10:03.3	13:34	02:58:02.9
3524	1274/1345	195/205	4849	Brian Weisenberg	M	33	Omaha	NE	2964	11:25	01:22:39.8	3701	15:46	01:43:17.0	03:05:56.8	13:35	02:58:07.9
3525	2251/2646	296/342	5902	Nikki Goff	F	41	Ashland	NE	3555	12:19	01:33:48.6	3561	14:52	01:37:28.5	03:11:17.2	13:35	02:58:12.5
3526	2252/2646	72/79	5903	Taylor Goff	F	18	Ashland	NE	3556	12:19	01:33:48.6	3562	14:52	01:37:28.6	03:11:17.2	13:35	02:58:12.8
3527	2253/2646	178/227	5455	Michele Frye	F	46	Omaha	NE	3613	12:51	01:35:58.1	3437	14:21	01:34:02.2	03:10:00.4	13:35	02:58:13.9
3528	1275/1345	227/233	1374	Chris Allen	M	36	Lincoln	NE	3503	12:08	01:31:47.9	3595	15:05	01:38:50.0	03:10:37.9	13:36	02:58:21.2

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Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3529	2254/2646	395/460	1376	Holly Allen	F	34	Lincoln	NE	3501	12:08	01:31:46.4	3597	15:05	01:38:52.0	03:10:38.5	13:36	02:58:22.2
3530	1276/1345	14/14	5415	Marvin Quinn	M	67	Oklahoma City	OK	3335	11:51	01:28:47.1	3646	15:23	01:40:47.3	03:09:34.5	13:37	02:58:30.1
3531	2255/2646	297/342	3883	Melissa Behnk	F	40	Lincoln	NE	3523	12:08	01:32:27.6	3603	15:06	01:38:59.7	03:11:27.3	13:37	02:58:32.4
3532	1277/1345	109/115	4516	Marti Krings	M	50	Lincoln	NE	2430	10:56	01:15:50.3	3765	16:20	01:47:00.6	03:02:50.9	13:37	02:58:38.1
3533	2256/2646	179/227	3011	Tammy Brummer	F	47	Weeping Water	NE	3821	14:41	01:45:51.8	2861	12:35	01:22:26.9	03:08:18.7	13:37	02:58:41.4
3534	2257/2646	430/486	4555	Jennifer Foster	F	38	Lincoln	NE	3622	12:45	01:36:19.6	3485	14:32	01:35:11.7	03:11:31.4	13:37	02:58:43.0
3535	2258/2646	396/460	5290	Samantha Weyers	F	32	Lincoln	NE	3723	13:22	01:40:31.9	3329	13:55	01:31:11.3	03:11:43.2	13:38	02:58:44.7
3536	2259/2646	298/342	3444	Christina Campbell	F	43	Lincoln	NE	3692	13:03	01:38:54.1	3403	14:14	01:33:15.4	03:12:09.5	13:38	02:58:44.9
3537	2260/2646	374/435	351	Samantha Bender	F	28	Lincoln	NE	3137	11:34	01:25:07.4	3692	15:43	01:43:00.2	03:08:07.7	13:38	02:58:47.4
3538	2261/2646	375/435	4900	Nicole Shaffer	F	27	Lincoln	NE	3487	12:21	01:31:36.2	3573	14:56	01:37:55.0	03:09:31.2	13:38	02:58:51.5
3539	2262/2646	397/460	5619	Kerry Pierce	F	33	Omaha	NE	2888	11:09	01:21:35.6	3747	16:08	01:45:45.2	03:07:20.8	13:38	02:58:51.7
3540	2263/2646	299/342	426	Diana Jacobsen	F	41	Lincoln	NE	3772	13:39	01:43:05.6	3255	13:39	01:29:27.1	03:12:32.8	13:38	02:58:51.8
3541	2264/2646	431/486	5884	Amanda Wambaugh	F	37	Lincoln	NE	3773	13:39	01:43:06.1	3258	13:39	01:29:28.8	03:12:34.9	13:38	02:58:55.0
3542	2265/2646	376/435	1283	Jamie Downing	F	29	Lincoln	NE	3667	12:55	01:38:12.4	3441	14:23	01:34:16.4	03:12:28.8	13:38	02:58:55.2
3543	2266/2646	432/486	4813	Maria Eisenbarth	F	35	Lincoln	NE	3492	12:05	01:31:39.8	3625	15:14	01:39:51.4	03:11:31.3	13:39	02:59:05.6
3544	2267/2646	433/486	3689	Katie Aldag	F	36	Lincoy	NE	3626	13:21	01:36:30.5	3361	14:01	01:31:50.3	03:08:20.8	13:40	02:59:19.6
3545	2268/2646	434/486	1094	Jesi Dewitt	F	35	Omaha	NE	3685	12:57	01:38:39.7	3450	14:25	01:34:26.8	03:13:06.6	13:40	02:59:22.0
3546	2269/2646	180/227	2760	Sandra Miller	F	46	Lincoln	NE	3204		01:26:07.7	3401	14:14	01:33:15.1	02:59:22.9	13:41	02:59:22.9
3547	2270/2646	264/308	3534	Haley Janssen	F	21	Lincoln	NE	3015		01:23:21.3	3512	14:39	01:36:01.5	02:59:22.9	13:41	02:59:22.9
3548	2271/2646	435/486	3996	Julie Dierberger	F	35	Omaha	NE	3684	12:58	01:38:39.6	3452	14:25	01:34:26.9	03:13:06.6	13:41	02:59:23.3
3549	2272/2646	398/460	2306	Emily Sulzle	F	31	Lincoln	NE	3482	12:18	01:31:32.6	3590	15:04	01:38:46.1	03:10:18.7	13:41	02:59:23.9
3550	2273/2646	399/460	5573	Audrey Ideus	F	33	Omaha	NE	3276	12:40	01:27:31.1	3519	14:42	01:36:20.8	03:03:51.9	13:41	02:59:24.3
3551	2274/2646	265/308	6060	Stephanie Emodi	F	23	Lincoln	NE	3326	11:51	01:28:37.1	3660	15:31	01:41:41.0	03:10:18.1	13:41	02:59:24.3
3552	1278/1345	129/135	3457	Jeff Niedbalski	M	46	Lincoln	NE	3207	12:08	01:26:10.5	3632	15:16	01:40:05.0	03:06:15.6	13:41	02:59:34.6
3553	2275/2646	436/486	3043	Tiffany Nordeen	F	35	Overland Park	KS	3467	12:44	01:31:18.7	3514	14:40	01:36:07.5	03:07:26.3	13:42	02:59:38.2
3554	2276/2646	181/227	2328	Eva Roeber	F	49	Gretna	NE	3424	11:56	01:30:28.8	3655	15:30	01:41:32.0	03:12:00.8	13:42	02:59:41.8
3555	2277/2646	129/154	5443	Karen Jordan	F	54	Omaha	NE	3650	13:01	01:37:37.3	3454	14:25	01:34:29.1	03:12:06.4	13:42	02:59:47.1
3556	2278/2646	300/342	475	Trina Krzycki	F	43	Lincoln	NE	3653	13:08	01:37:50.7	3423	14:18	01:33:45.1	03:11:35.8	13:43	02:59:51.1
3557	2279/2646	73/79	5962	Danielle Jewett	F	18	Overotn	NE	3521	12:30	01:32:17.4	3575	14:57	01:37:55.8	03:10:13.2	13:43	02:59:51.5
3558	1279/1345	130/135	2113	Tracy Krzycki	M	47	Lincoln	NE	3654	13:08	01:37:51.1	3424	14:18	01:33:45.8	03:11:36.9	13:43	02:59:52.4
3559	2280/2646	301/342	940	Pam Rademacher	F	43	Lincoln	NE	3539	12:39	01:33:04.8	3545	14:48	01:36:59.4	03:10:04.2	13:43	02:59:54.0
3560	2281/2646	182/227	3982	Katy Ramos	F	46	Lincoln	NE	3606	12:42	01:35:43.3	3535	14:46	01:36:43.4	03:12:26.8	13:43	02:59:56.3
3561	2282/2646	183/227	3895	Traci Rush	F	46	Lincoln	NE	3574	12:40	01:34:45.1	3539	14:47	01:36:54.4	03:11:39.5	13:43	02:59:57.0
3562	2283/2646	400/460	5817	Lisa Carstensen	F	34	Bellevue	NE	3476	12:44	01:31:26.4	3527	14:44	01:36:30.7	03:07:57.1	13:43	02:59:59.9
3563	2284/2646	266/308	5508	Xanadu Schmidt	F	24	Lincoln	NE	3605	12:44	01:35:40.4	3531	14:45	01:36:39.0	03:12:19.4	13:44	03:00:03.5
3564	2285/2646	437/486	3454	Karen Helmberger	F	38	Hickman	NE	3677	12:58	01:38:20.2	3480	14:30	01:35:02.6	03:13:22.8	13:44	03:00:04.1

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Pace	Net Time
3565	2286/2646	377/435	5617	Nicole Polt	F	28	Battle Creek	NE	3660	13:05	01:38:05.5	3453	14:25	01:34:28.1	03:12:33.7	13:44	03:00:13.7
3566	1280/1345	110/115	6031	Mark Hoffman	M	50	Lincoln	NE	3681	13:04	01:38:30.1	3462	14:27	01:34:41.3	03:13:11.4	13:45	03:00:19.6
3567	2287/2646	401/460	278	Dawn Brock	F	34	Lincoln	NE	3640	12:55	01:37:08.8	3504	14:36	01:35:42.2	03:12:51.1	13:45	03:00:22.7
3568	2288/2646	130/154	5822	Ann Leever	F	53	Omaha	NE	3475	12:44	01:31:26.3	3541	14:47	01:36:56.1	03:08:22.5	13:45	03:00:25.0
3569	2289/2646	184/227	1988	Amy Jensen	F	46	Gretna	NE	3553	12:14	01:33:40.7	3633	15:17	01:40:12.6	03:13:53.3	13:45	03:00:25.4
3570	2290/2646	74/79	3225	Alison Finn	F	19	Lincoln	NE	3784	13:53	01:43:38.1	3254	13:39	01:29:24.9	03:13:03.1	13:45	03:00:26.1
3571	1281/1345	78/82	968	Doug Merriman	M	59	Lincoln	NE	3507	12:11	01:31:58.1	3641	15:22	01:40:39.2	03:12:37.3	13:45	03:00:27.9
3572	2291/2646	302/342	5745	Angela Thornton	F	42	Ankeny	IA	3643	12:53	01:37:19.2	3513	14:40	01:36:04.1	03:13:23.4	13:46	03:00:33.6
3573	1282/1345	196/205	2644	Chris Gorman	M	32	Lincoln	NE	3554	12:25	01:33:43.7	3608	15:09	01:39:15.5	03:12:59.3	13:46	03:00:36.0
3574	2292/2646	438/486	4993	Sara Bharwani	F	39	Omaha	NE	3562	12:43	01:34:16.8	3554	14:51	01:37:16.4	03:11:33.3	13:46	03:00:37.5
3575	2293/2646	402/460	4609	Courtney Zwink	F	32	Gibbon	NE	3663	12:59	01:38:09.8	3496	14:35	01:35:32.6	03:13:42.5	13:46	03:00:37.6
3576	2294/2646	267/308	265	Sydney Rotthaus	F	21	Omaha	NE	3527	12:44	01:32:41.8	3548	14:49	01:37:08.7	03:09:50.6	13:46	03:00:37.7
3577	2295/2646	268/308	266	Alia Noetzel	F	21	Lincoln	NE	3528	12:44	01:32:41.8	3546	14:49	01:37:08.6	03:09:50.5	13:46	03:00:38.0
3578	2296/2646	403/460	3951	Leah Lonsdale	F	34	Stromsburg	NE	3322	11:54	01:28:35.1	3688	15:42	01:42:50.3	03:11:25.5	13:47	03:00:50.0
3579	2297/2646	131/154	1824	Deb Finn	F	52	Lincoln	NE	3785	13:54	01:43:38.6	3268	13:41	01:29:42.9	03:13:21.5	13:47	03:00:51.3
3580	1283/1345	111/115	1822	Dan Finn	M	50	Lincoln	NE	3783	13:54	01:43:37.6	3270	13:42	01:29:44.5	03:13:22.2	13:47	03:00:52.3
3581	2298/2646	404/460	3941	Angela Vapenik	F	31	Madrid	NE	3323	11:54	01:28:35.3	3689	15:42	01:42:52.4	03:11:27.8	13:47	03:00:52.4
3582	2299/2646	132/154	3643	Debi Davis	F	53	Utica	NE	3680	13:02	01:38:29.8	3495	14:34	01:35:29.3	03:13:59.1	13:47	03:00:54.1
3583	2300/2646	378/435	1452	Andrea Gorman	F	27	Omaha	NE	3571	12:49	01:34:43.9	3543	14:48	01:36:57.8	03:11:41.8	13:48	03:00:59.0
3584	2301/2646	133/154	5585	Clem Hernandez	F	52	Blue Hill	NE	3569	12:49	01:34:43.5	3544	14:48	01:36:58.5	03:11:42.1	13:48	03:00:59.7
3585	2302/2646	61/81	4135	Barbara Person	F	57	Omaha	NE	3686	13:06	01:38:45.8	3487	14:32	01:35:15.2	03:14:01.1	13:48	03:01:04.3
3586	2303/2646	405/460	2873	Megan Dugan	F	32	Lincoln	NE	3468	12:45	01:31:19.8	3567	14:54	01:37:39.0	03:08:58.9	13:49	03:01:10.0
3587	2304/2646	379/435	2724	Ann Spenner	F	27	Wayne	NE	3460	12:09	01:31:11.2	3654	15:29	01:41:29.0	03:12:40.2	13:49	03:01:10.3
3588	2305/2646	38/49	262	Janet Millnitz	F	61	Lincoln	NE	3700	13:10	01:39:09.4	3472	14:29	01:34:55.7	03:14:05.1	13:49	03:01:13.0
3589	2306/2646	39/49	1433	Rosanna Talero	F	61	Lincoln	NE	3529	12:34	01:32:45.5	3600	15:05	01:38:54.0	03:11:39.5	13:49	03:01:15.1
3590	2307/2646	303/342	5186	Kerri Dufoe	F	41	Lincoln	NE	3461	12:28	01:31:13.3	3616	15:12	01:39:34.6	03:10:47.9	13:49	03:01:16.3
3591	1284/1345	79/82	3491	Ray Mckenna	M	57	York	NE	3797	13:51	01:44:04.6	3314	13:50	01:30:39.8	03:14:44.4	13:50	03:01:27.5
3592	2308/2646	380/435	2911	Emily Guerrero	F	27	Omaha	NE	3699	13:16	01:39:05.6	3455	14:25	01:34:31.7	03:13:37.3	13:50	03:01:27.7
3593	2309/2646	75/79	6319	Kaitlin Vanloon	F	18	Lincoln	NE	3441	12:49	01:30:44.1	3559	14:52	01:37:27.4	03:08:11.5	13:50	03:01:28.9
3594	2310/2646	185/227	3714	Shauni Hutchinson	F	45	Lincoln	NE	3791	13:50	01:43:46.1	3321	13:53	01:30:58.6	03:14:44.7	13:51	03:01:35.8
3595	2311/2646	186/227	3713	Amy Schafer	F	45	Lincoln	NE	3792	13:50	01:43:46.3	3322	13:53	01:30:58.7	03:14:45.1	13:51	03:01:36.1
3596	2312/2646	187/227	4263	Dawn Antoniak-Mitchell	F	49	Omaha	NE	3693	13:01	01:38:55.5	3529	14:44	01:36:31.2	03:15:26.7	13:52	03:01:52.1
3597	2313/2646	381/435	6157	Emilie Long	F	26	Lincoln	NE	3106	12:00	01:24:47.4	3698	15:45	01:43:14.9	03:08:02.4	13:52	03:01:54.7
3598	1285/1345	174/183	6158	Nick Long	M	25	Lincoln	NE	3107	12:00	01:24:47.6	3699	15:45	01:43:15.1	03:08:02.7	13:52	03:01:54.9
3599	2314/2646	269/308	5566	Regan Stanley	F	22	Lincoln	NE	3761	13:47	01:42:38.2	3354	13:59	01:31:39.5	03:14:17.8	13:52	03:01:57.0
3600	2315/2646	382/435	3437	Sydney Jensen	F	25	Lincoln	NE	3561	12:40	01:34:15.5	3602	15:06	01:38:57.3	03:13:12.8	13:52	03:01:58.8

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3601	1286/1345	80/82	982	Steve Bartek	M	55	Lincoln	NE	3216	11:51	01:26:18.6	3715	15:56	01:44:24.1	03:10:42.7	13:53	03:02:01.6
3602	2316/2646	439/486	1968	Karen Campbell	F	36	Lincoln	NE	3668	13:01	01:38:12.8	3540	14:47	01:36:56.0	03:15:08.9	13:54	03:02:15.9
3603	2317/2646	406/460	4255	Rebecca Kushiner	F	32	Omaha	NE	3557	12:44	01:33:50.6	3596	15:05	01:38:51.7	03:12:42.3	13:54	03:02:18.1
3604	2318/2646	188/227	5377	Tanya Godwin	F	46	Lincoln	NE	3437	13:18	01:30:37.2	3492	14:33	01:35:22.4	03:05:59.6	13:55	03:02:34.2
3605	1287/1345	81/82	1366	Ted Volkmer	M	55	Lincoln	NE	3739	13:31	01:41:38.4	3435	14:21	01:34:01.7	03:15:40.1	13:55	03:02:35.0
3606	2319/2646	62/81	1358	Kathy Stark	F	56	Omaha	NE	3740	13:31	01:41:38.7	3434	14:21	01:34:01.5	03:15:40.3	13:55	03:02:36.4
3607	2320/2646	134/154	889	Mary Volkmer	F	50	Lincoln	NE	3738	13:31	01:41:38.1	3436	14:21	01:34:02.2	03:15:40.3	13:55	03:02:36.4
3608	2321/2646	440/486	1461	Kate Burger	F	37	Lincoln	NE	3694	13:07	01:38:57.1	3536	14:46	01:36:44.4	03:15:41.6	13:56	03:02:40.1
3609	2322/2646	407/460	4678	Shayna Poulsen	F	32	Lincoln	NE	3474	13:00	01:31:24.8	3565	14:53	01:37:35.4	03:09:00.3	13:56	03:02:46.4
3610	2323/2646	383/435	4627	Chelsie Reece	F	25	Bellevue	NE	3488	12:41	01:31:38.7	3624	15:13	01:39:44.1	03:11:22.8	13:57	03:02:52.9
3611	2324/2646	408/460	1773	Rhonda Sunken	F	31	Lincoln	NE	3595	12:39	01:35:27.3	3626	15:15	01:39:55.0	03:15:22.4	13:57	03:02:53.0
3612	2325/2646	63/81	1318	Michelle Poyer	F	55	Lincoln	NE	3707	13:25	01:39:32.8	3481	14:30	01:35:03.9	03:14:36.8	13:57	03:02:58.1
3613	2326/2646	270/308	4601	Emily Keenan	F	23	Juniata	NE	3636	12:46	01:37:03.3	3620	15:12	01:39:36.0	03:16:39.4	13:58	03:03:15.0
3614	2327/2646	135/154	5142	Kathy Shottenkirk	F	50	Lincoln	NE	3703	13:30	01:39:16.9	3467	14:28	01:34:47.8	03:14:04.8	13:58	03:03:17.4
3615	2328/2646	40/49	1378	Linda Kamble	F	64	Lincoln	NE	3578	12:50	01:34:51.6	3610	15:09	01:39:19.6	03:14:11.3	13:59	03:03:28.6
3616	2329/2646	441/486	2385	Jessica Gill	F	39	Omaha	NE	3732	13:34	01:40:46.7	3461	14:27	01:34:40.8	03:15:27.5	14:00	03:03:34.0
3617	2330/2646	409/460	4471	Tessa Harris	F	32	Lincoln	NE	3709	13:26	01:39:36.4	3497	14:35	01:35:32.9	03:15:09.3	14:00	03:03:36.6
3618	2331/2646	384/435	4845	Ambyr Moore	F	28	Lincoln	NE	3550	13:05	01:33:27.1	3571	14:56	01:37:52.0	03:11:19.2	14:00	03:03:38.5
3619	2332/2646	410/460	5650	Stacy Benham	F	33	Auburn	NE	3466	12:49	01:31:17.9	3623	15:13	01:39:43.8	03:11:01.8	14:00	03:03:41.6
3620	2333/2646	64/81	5851	Renate Rosentrader	F	56	Dakota City	NE	3610	12:55	01:35:53.1	3604	15:07	01:39:01.4	03:14:54.5	14:00	03:03:42.4
3621	2334/2646	385/435	5999	Jessica Reiss	F	28	Dakota City	NE	3611	12:55	01:35:53.4	3605	15:07	01:39:01.5	03:14:54.9	14:00	03:03:43.0
3622	2335/2646	442/486	3657	Jill Connor	F	38	Lincoln	NE	3638	12:55	01:37:03.9	3606	15:07	01:39:07.3	03:16:11.2	14:00	03:03:44.3
3623	1288/1345	180/192	1578	Criz Sanchez	M	41	Lincoln	NE	3589	12:29	01:35:20.1	3670	15:34	01:42:00.9	03:17:21.1	14:01	03:03:48.9
3624	1289/1345	131/135	2803	Thad Boyer	M	45	Sioux City	IA	3540	12:36	01:33:05.2	3653	15:27	01:41:17.2	03:14:22.4	14:01	03:03:53.0
3625	2336/2646	443/486	864	Heather Maynard	F	38	Papillion	NE	3594	12:51	01:35:23.1	3621	15:13	01:39:41.0	03:15:04.1	14:01	03:03:54.2
3626	1290/1345	175/183	5780	Tony Pusateri	M	29	Bennet	NE	3580	12:53	01:34:56.5	3613	15:11	01:39:31.0	03:14:27.5	14:02	03:03:58.8
3627	2337/2646	444/486	1639	Aletta McClendon	F	39	Lincoln	NE	3629	12:46	01:36:36.5	3636	15:20	01:40:30.7	03:17:07.3	14:02	03:04:08.3
3628	1291/1345	4/6	4134	Scott Burger	M	70	Omaha	NE	3687	13:06	01:38:46.4	3582	15:00	01:38:21.1	03:17:07.6	14:03	03:04:11.3
3629	1292/1345	82/82	1593	Kelly Heath	M	55	Lincoln	NE	3448		01:30:51.4	3420	14:16	01:33:31.0	03:04:22.5	14:03	03:04:22.5
3630	2338/2646	304/342	2258	Carriann Mikesell	F	42	Lincoln	NE	3665	13:04	01:38:11.4	3601	15:06	01:38:57.2	03:17:08.6	14:05	03:04:38.4
3631	1293/1345	197/205	3589	Austin Kershner	M	30	Omaha	NE	3604	12:40	01:35:40.2	3673	15:35	01:42:09.5	03:17:49.8	14:07	03:05:11.1
3632	2339/2646	411/460	1480	Lyndsey Pohlmeier	F	33	Syracuse	NE	3669	13:04	01:38:13.6	3622	15:13	01:39:42.0	03:17:55.7	14:08	03:05:18.0
3633	2340/2646	189/227	2767	Patricia Petersen	F	49	Sioux City	IA	3675	13:07	01:38:18.4	3611	15:10	01:39:24.3	03:17:42.7	14:08	03:05:24.8
3634	2341/2646	305/342	4778	Michelle Petersen	F	43	Omaha	NE	3702	13:12	01:39:14.4	3599	15:05	01:38:53.6	03:18:08.1	14:08	03:05:26.3
3635	2342/2646	445/486	4444	Michelle Pearson	F	36	Lincoln	NE	3736	13:31	01:41:24.4	3542	14:48	01:36:57.2	03:18:21.7	14:08	03:05:29.4
3636	2343/2646	412/460	3893	Hannah Kahler	F	31	Lincoln	NE	3656	13:03	01:37:54.3	3629	15:16	01:40:00.9	03:17:55.3	14:09	03:05:33.9

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Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3637	1294/1345	198/205	4197	Adam Dowling	M	31	Seward	NE	3364	12:21	01:29:29.1	3727	16:00	01:44:48.2	03:14:17.4	14:09	03:05:41.9
3638	2344/2646	190/227	3683	Sonya Gabel	F	45	Lincoln	NE	3586	12:28	01:35:11.6	3709	15:53	01:44:04.2	03:19:15.8	14:10	03:05:47.9
3639	2345/2646	386/435	3557	Elizabeth Boeche	F	26	Lincoln	NE	3679	13:03	01:38:25.1	3635	15:18	01:40:15.1	03:18:40.3	14:10	03:05:49.0
3640	1295/1345	176/183	3390	John Goza	M	27	Lincoln	NE	3697	13:36	01:39:01.8	3533	14:45	01:36:41.5	03:15:43.4	14:10	03:05:50.9
3641	2346/2646	387/435	3093	Mckenzie Jones	F	29	Lincoln	NE	3696	13:36	01:39:01.1	3534	14:45	01:36:42.5	03:15:43.6	14:10	03:05:51.2
3642	1296/1345	181/192	4244	Jason Taylor	M	42	Kearney	NE	3661	13:21	01:38:08.4	3581	15:00	01:38:20.9	03:16:29.3	14:10	03:05:51.4
3643	2347/2646	306/342	5914	Jody Wichmann	F	43	Syracuse	NE	3619	12:49	01:36:16.8	3665	15:33	01:41:51.2	03:18:08.1	14:10	03:05:52.8
3644	2348/2646	413/460	3023	Vivian Morales	F	30	South Sioux City	NE	3146	11:28	01:25:20.1	3820	16:54	01:50:46.2	03:16:06.3	14:11	03:05:58.8
3645	2349/2646	307/342	2435	Paige Roberts	F	44	Lincoln	NE	3719	13:24	01:40:07.3	3588	15:03	01:38:40.4	03:18:47.8	14:13	03:06:27.1
3646	2350/2646	136/154	4352	Lori Irvine	F	51	Bellevue	NE	3642	13:10	01:37:14.3	3634	15:18	01:40:13.0	03:17:27.3	14:13	03:06:27.6
3647	2351/2646	65/81	2148	Laurie Churchill	F	58	Lincoln	NE	3338	12:59	01:28:52.2	3656	15:30	01:41:36.2	03:10:28.5	14:14	03:06:42.9
3648	1297/1345	177/183	5761	Max Clouatre	M	26	Lincoln	NE	3126	11:56	01:24:58.1	3791	16:34	01:48:36.0	03:13:34.1	14:14	03:06:47.9
3649	2352/2646	388/435	3827	Alexandria Greenway	F	26	Lincoln	NE	3672	13:19	01:38:16.5	3612	15:11	01:39:29.8	03:17:46.4	14:15	03:06:48.7
3650	2353/2646	446/486	5931	Paula Dodge	F	36	Abilene	KS	3767	13:38	01:42:50.2	3566	14:54	01:37:35.8	03:20:26.1	14:15	03:06:57.8
3651	2354/2646	271/308	1609	Samantha Wheatley	F	24	Lincoln	NE	3558	12:36	01:34:00.8	3716	15:57	01:44:29.7	03:18:30.6	14:16	03:07:03.7
3652	2355/2646	389/435	4694	Samantha Hermann	F	25	Lincoln	NE	3283	12:24	01:27:36.8	3750	16:09	01:45:48.6	03:13:25.5	14:16	03:07:04.4
3653	2356/2646	137/154	3522	Peggy Posey	F	54	Omaha	NE	3712	13:32	01:39:49.4	3583	15:01	01:38:25.0	03:18:14.5	14:16	03:07:07.2
3654	1298/1345	178/183	2229	Joshua Mehdinia	M	26	Lincoln	NE	3405	12:41	01:30:09.9	3710	15:53	01:44:07.1	03:14:17.1	14:16	03:07:11.9
3655	2357/2646	66/81	2669	Lisa Froehlich	F	56	Lincoln	NE	3582	12:56	01:35:00.9	3681	15:38	01:42:27.3	03:17:28.2	14:16	03:07:12.5
3656	2358/2646	272/308	4282	Allie Widup	F	24	Kearney	NE	3713	13:32	01:39:50.9	3585	15:03	01:38:35.4	03:18:26.3	14:17	03:07:18.9
3657	2359/2646	414/460	3518	Melanie Johanson	F	33	Oakland	NE	3714	13:32	01:39:51.5	3584	15:03	01:38:34.9	03:18:26.4	14:17	03:07:19.2
3658	2360/2646	308/342	3732	Cathy Walls	F	40	Bellevue	NE	3880	15:02	01:49:20.3	3225	13:33	01:28:50.8	03:18:11.1	14:17	03:07:20.7
3659	2361/2646	415/460	5900	Megan Manning-Kechely	F	31	Lincoln	NE	3698	13:31	01:39:02.4	3591	15:04	01:38:46.4	03:17:48.8	14:17	03:07:22.1
3660	2362/2646	447/486	5119	Stephanie Klein	F	37	Lincoln	NE	3402	12:18	01:30:00.6	3760	16:18	01:46:48.1	03:16:48.7	14:17	03:07:25.3
3661	2363/2646	390/435	4405	Megan Griffin	F	27	Lincoln	NE	3678	13:03	01:38:20.4	3666	15:33	01:41:52.9	03:20:13.3	14:17	03:07:25.3
3662	1299/1345	45/48	2400	Phil Tegeler	M	64	Lincoln	NE	3718	13:11	01:39:55.1	3651	15:26	01:41:11.7	03:21:06.8	14:18	03:07:33.1
3663	1300/1345	46/48	4145	Robert Mastera	M	63	Lincoln	NE	3098	11:12	01:24:36.2	3863	17:26	01:54:12.0	03:18:48.3	14:18	03:07:36.2
3664	2364/2646	448/486	5441	Cindy Belson	F	39	Correctionville	IA	3670	12:53	01:38:14.8	3695	15:45	01:43:10.2	03:21:25.1	14:18	03:07:36.7
3665	2365/2646	191/227	2477	Irene Williams	F	47	Lincoln	NE	3657	13:30	01:37:59.4	3607	15:08	01:39:10.4	03:17:09.8	14:19	03:07:41.3
3666	2366/2646	449/486	1519	Venkata Yasasvi Jangala	F	36	Lincoln	NE	3483	12:56	01:31:33.8	3691	15:43	01:42:59.4	03:14:33.3	14:19	03:07:44.3
3667	2367/2646	273/308	4882	Sydney Hochstein	F	24	Lincoln	NE	3804	13:57	01:44:16.9	3518	14:42	01:36:18.8	03:20:35.8	14:19	03:07:44.8
3668	2368/2646	391/435	5052	Ashley Harmsen	F	29	La Vista	NE	3148	12:17	01:25:22.3	3777	16:24	01:47:26.8	03:12:49.1	14:20	03:07:56.6
3669	2369/2646	392/435	5050	Krista Leasure	F	29	Papillion	NE	3152	12:17	01:25:25.3	3775	16:23	01:47:24.2	03:12:49.5	14:20	03:07:56.9
3670	2370/2646	393/435	6118	Nicole Vaverek	F	25	Lincoln	NE							03:18:11.1	14:20	03:08:04.7
3671	1301/1345	112/115	1445	Ken Nitzel	M	51	Lincoln	NE	3815	14:12	01:45:40.6	3479	14:30	01:35:02.3	03:20:42.9	14:20	03:08:05.8
3672	2371/2646	450/486	2001	Kathryn Romine	F	39	Unadilla	NE	3829	14:18	01:46:04.4	3477	14:30	01:34:59.4	03:21:03.8	14:23	03:08:39.4

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3673	1302/1345	199/205	2078	Jacob Hammans	M	33	Omaha	NE	3581	13:26	01:34:59.5	3644	15:23	01:40:46.7	03:15:46.2	14:24	03:08:47.4
3674	2372/2646	274/308	4947	Lauren Perry	F	23	Lincoln	NE	3841	14:37	01:47:06.1	3397	14:12	01:33:03.3	03:20:09.4	14:24	03:08:49.5
3675	1303/1345	200/205	5876	Brad Uhl	M	32	West Des Moines	IA	3704	13:54	01:39:17.5	3569	14:55	01:37:43.1	03:17:00.7	14:24	03:08:52.2
3676	2373/2646	416/460	2926	Courtney Cederburg	F	34	Lincoln	NE	3612	13:12	01:35:55.8	3678	15:37	01:42:21.9	03:18:17.7	14:24	03:08:53.9
3677	2374/2646	192/227	5637	Nicole Skinner	F	45	Edgar	NE	3597	12:54	01:35:30.3	3714	15:56	01:44:22.9	03:19:53.3	14:24	03:08:54.8
3678	2375/2646	275/308	2388	Kylie Schildt	F	23	Lincoln	NE	3631	13:03	01:36:41.1	3704	15:48	01:43:30.2	03:20:11.3	14:25	03:09:02.1
3679	2376/2646	138/154	5825	Connie Wolfe	F	53	Plattsmouth	NE	3647	13:10	01:37:30.1	3687	15:41	01:42:45.6	03:20:15.8	14:25	03:09:02.8
3680	2377/2646	276/308	5244	Meghan Schildt	F	20	Pleasant Dale	NE	3632	13:03	01:36:41.1	3707	15:48	01:43:34.4	03:20:15.5	14:25	03:09:05.8
3681	2378/2646	417/460	4769	Polly Holthaus	F	34	Topeka	KS	3601	12:34	01:35:34.3	3759	16:17	01:46:44.6	03:22:19.0	14:25	03:09:09.1
3682	2379/2646	418/460	4675	Kari Haas	F	33	Omaha	NE	3538	13:05	01:33:04.8	3706	15:48	01:43:34.4	03:16:39.2	14:26	03:09:17.7
3683	1304/1345	113/115	5639	Joe Stratton	M	50	Kearney	NE	3625	13:19	01:36:27.3	3677	15:37	01:42:17.4	03:18:44.8	14:27	03:09:31.3
3684	2380/2646	309/342	5053	Jennifer Moorehead	F	40	Lincoln	NE	3742	14:10	01:41:42.7	3532	14:45	01:36:40.0	03:18:22.8	14:27	03:09:31.5
3685	2381/2646	310/342	5640	Sami Stratton	F	42	Kearney	NE	3600	13:10	01:35:33.5	3697	15:45	01:43:11.6	03:18:45.2	14:27	03:09:31.7
3686	1305/1345	114/115	5480	Jim Ballard	M	50	Raymond	NE	3535	12:50	01:32:54.3	3740	16:06	01:45:28.1	03:18:22.5	14:27	03:09:34.3
3687	2382/2646	193/227	2067	Paula Fankhauser	F	48	Roca	NE	3832	14:38	01:46:14.6	3439	14:22	01:34:06.4	03:20:21.1	14:29	03:10:03.4
3688	2383/2646	277/308	4537	Gina Babcock	F	21	Lincoln	NE	3776	13:48	01:43:15.2	3627	15:15	01:39:57.3	03:23:12.6	14:31	03:10:24.1
3689	2384/2646	451/486	3552	Sonja Babcock	F	39	Lincoln	NE	3777	13:48	01:43:15.7	3631	15:16	01:40:01.9	03:23:17.6	14:31	03:10:28.9
3690	1306/1345	16/16	1464	Gavin Brester	M	13	Lincoln	NE	3748	13:43	01:41:53.3	3640	15:21	01:40:37.5	03:22:30.8	14:31	03:10:30.4
3691	2385/2646	452/486	1412	Robin Brester	F	36	Lincoln	NE	3746	13:43	01:41:51.4	3642	15:22	01:40:41.4	03:22:32.8	14:32	03:10:32.3
3692	2386/2646	453/486	4238	Stephanie Spencer	F	38	Papillion	NE	3850	14:56	01:47:32.3	3391	14:10	01:32:49.8	03:20:22.2	14:32	03:10:43.8
3693	2387/2646	419/460	3418	Katie Herrick	F	31	Lincoln	NE	3788	13:46	01:43:42.8	3639	15:21	01:40:36.4	03:24:19.3	14:33	03:10:47.6
3694	2388/2646	67/81	3490	Jeanne Mckenna	F	57	York	NE	3798	13:51	01:44:04.8	3628	15:16	01:40:00.7	03:24:05.5	14:33	03:10:48.3
3695	2389/2646	394/435	3496	Morgan Wiesner	F	26	Bee	NE	3789	13:46	01:43:43.1	3638	15:21	01:40:35.8	03:24:18.9	14:33	03:10:48.4
3696	2390/2646	454/486	3658	Heather Hanna	F	35	Ogallala	NE	3623	13:35	01:36:19.8	3668	15:34	01:42:00.3	03:18:20.2	14:34	03:11:00.8
3697	2391/2646	395/435	3659	Stacie Marquez	F	28	Ogallala	NE	3621	13:35	01:36:19.6	3669	15:34	01:42:00.7	03:18:20.3	14:34	03:11:01.0
3698	2392/2646	311/342	5156	Nicole Vavra	F	43	Gretna	NE	3542	14:09	01:33:10.3	3594	15:04	01:38:47.2	03:11:57.6	14:36	03:11:33.7
3699	2393/2646	396/435	4360	Keller Niemann	F	26	Lincoln	NE	3735	13:31	01:41:24.4	3693	15:44	01:43:06.2	03:24:30.6	14:37	03:11:38.3
3700	2394/2646	312/342	5292	Laurie Marco	F	40	Gretna	NE	3779	13:44	01:43:23.5	3658	15:31	01:41:39.3	03:25:02.9	14:37	03:11:39.7
3701	2395/2646	278/308	4898	Danielle Lux	F	22	Hubbard	NE	3534	12:24	01:32:50.4	3816	16:52	01:50:28.8	03:23:19.3	14:37	03:11:45.3
3702	2396/2646	139/154	4128	Lisa Compton	F	50	Milford	NE	3645	12:52	01:37:25.3	3778	16:24	01:47:28.0	03:24:53.3	14:37	03:11:47.3
3703	2397/2646	5/5	1959	Lynn Treadway	F	65	Kearney	NE	3771	13:37	01:42:59.4	3684	15:40	01:42:37.3	03:25:36.8	14:38	03:11:54.5
3704	2398/2646	140/154	5464	Toni Born	F	52	Salina	KS	3847	14:35	01:47:22.9	3528	14:44	01:36:31.0	03:23:53.9	14:39	03:12:08.2
3705	2399/2646	76/79	6154	Juliet Hubert	F	16	Sioux City	IA	3651	13:43	01:37:42.7	3680	15:38	01:42:24.3	03:20:07.1	14:39	03:12:15.1
3706	2400/2646	455/486	6153	Sarah Hubert	F	36	Sioux City	IA	3652	13:43	01:37:44.4	3679	15:37	01:42:23.4	03:20:07.8	14:39	03:12:15.8
3707	2401/2646	194/227	1785	Bonnie Frazier	F	46	Lincoln	NE	3618	13:47	01:36:15.4	3674	15:35	01:42:10.1	03:18:25.5	14:41	03:12:30.4
3708	2402/2646	195/227	1740	Mellessa Dasenbrock	F	47	Lincoln	NE	3617	13:47	01:36:14.4	3675	15:36	01:42:11.1	03:18:25.5	14:41	03:12:30.8

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3709	2403/2646	196/227	4031	Krista Fullerton	F	46	Lincoln	NE	3720	13:17	01:40:14.6	3746	16:08	01:45:41.3	03:25:55.9	14:42	03:12:43.1
3710	1307/1345	228/233	2308	Quincy Hubbard	M	35	Lincoln	NE	3807	14:02	01:45:12.1	3645	15:23	01:40:47.1	03:25:59.3	14:42	03:12:48.3
3711	2404/2646	456/486	2319	Chanda Nunnenkamp	F	39	York	NE	3806	14:03	01:45:11.6	3647	15:23	01:40:47.9	03:25:59.5	14:42	03:12:52.4
3712	2405/2646	68/81	5933	Joyce Butler	F	56	Omaha	NE	3634	12:43	01:36:54.4	3806	16:44	01:49:38.1	03:26:32.6	14:43	03:13:02.1
3713	2406/2646	420/460	3877	Kari Anderson	F	34	Omaha	NE	3587	13:28	01:35:16.3	3731	16:01	01:44:56.8	03:20:13.2	14:44	03:13:15.0
3714	2407/2646	197/227	948	Wendy Johnson	F	49	Broken Arrow	OK	3866	14:40	01:48:32.4	3558	14:52	01:37:24.7	03:25:57.1	14:45	03:13:33.8
3715	2408/2646	397/435	260	Claire Donahoo	F	26	Lincoln	NE	3813	14:00	01:45:17.6	3664	15:32	01:41:50.4	03:27:08.1	14:45	03:13:33.9
3716	1308/1345	229/233	1473	Kory Keller	M	35	Lincoln	NE	3753	13:32	01:42:17.9	3730	16:00	01:44:54.4	03:27:12.3	14:46	03:13:36.6
3717	2409/2646	421/460	1545	Lindsey Keller	F	33	Lincoln	NE	3754	13:32	01:42:18.1	3732	16:01	01:44:59.1	03:27:17.3	14:46	03:13:41.1
3718	2410/2646	398/435	4156	Jessica Hanna	F	27	Lincoln	NE	3706	13:27	01:39:32.4	3742	16:06	01:45:33.2	03:25:05.6	14:46	03:13:42.4
3719	2411/2646	422/460	4909	Rebecca Wardlaw	F	32	Waterloo	NE	3782	14:12	01:43:34.9	3643	15:22	01:40:44.3	03:24:19.3	14:47	03:13:49.3
3720	2412/2646	399/435	1509	Brittany Urias	F	27	Lincoln	NE	3786	13:52	01:43:38.6	3690	15:42	01:42:54.8	03:26:33.4	14:47	03:13:50.6
3721	2413/2646	279/308	4774	Amanda Baldwin	F	22	Wilber	NE	3727	13:24	01:40:35.6	3755	16:11	01:46:03.2	03:26:38.9	14:47	03:13:55.0
3722	2414/2646	313/342	1874	Monica Janssen	F	41	Lincoln	NE	3758	13:42	01:42:35.6	3712	15:55	01:44:18.4	03:26:54.1	14:48	03:14:03.9
3723	1309/1345	79/81	6069	Adam Schutz	M	23	Omaha	NE	3421	12:18	01:30:27.2	3855	17:20	01:53:32.6	03:23:59.8	14:48	03:14:12.6
3724	2415/2646	280/308	4503	Ally Phillips	F	23	Omaha	NE	3423	12:19	01:30:27.8	3854	17:19	01:53:31.6	03:23:59.4	14:49	03:14:18.2
3725	2416/2646	314/342	4883	Ann Waltke-Clancy	F	44	Lincoln	NE	3682	13:53	01:38:31.2	3702	15:46	01:43:17.9	03:21:49.2	14:49	03:14:20.1
3726	2417/2646	423/460	2660	Jessica Codr	F	32	Lincoln	NE	3759	13:42	01:42:36.5	3719	15:57	01:44:34.3	03:27:10.8	14:49	03:14:20.8
3727	1310/1345	80/81	2586	Chris Walsh	M	21	Lincoln	NE	3688	13:21	01:38:48.9	3761	16:18	01:46:48.6	03:25:37.6	14:49	03:14:20.9
3728	2418/2646	424/460	6004	Jess Hustad	F	32	Lincoln	NE	3609	12:51	01:35:50.6	3810	16:48	01:50:06.7	03:25:57.3	14:49	03:14:21.6
3729	2419/2646	425/460	6081	Stephanie Zechmann	F	30	Gretna	NE	3608	12:51	01:35:50.2	3811	16:48	01:50:07.7	03:25:57.9	14:49	03:14:22.8
3730	2420/2646	315/342	2818	Kristin Muff	F	42	Sunrise Beach	MO	3705	13:48	01:39:30.9	3708	15:52	01:44:00.7	03:23:31.6	14:49	03:14:26.7
3731	2421/2646	426/460	4433	Abby Buss	F	30	Lincoln	NE	3543	13:39	01:33:17.8	3734	16:02	01:45:06.0	03:18:23.9	14:50	03:14:31.7
3732	2422/2646	427/460	1735	Sara Kresser	F	33	Shickley	NE	3780	14:06	01:43:30.6	3676	15:36	01:42:13.1	03:25:43.7	14:50	03:14:36.8
3733	2423/2646	457/486	5532	Jozina Shirima	F	39	Lincoln	NE	3844	14:52	01:47:14.6	3555	14:51	01:37:16.7	03:24:31.3	14:51	03:14:41.4
3734	2424/2646	400/435	3542	Stephanie Schuelke	F	28	Lincoln	NE	3839	14:13	01:46:40.3	3667	15:34	01:41:59.8	03:28:40.1	14:53	03:15:07.2
3735	2425/2646	428/460	2570	Pearlene Foreman	F	30	Lincoln	NE	3851	14:42	01:47:33.1	3598	15:05	01:38:53.2	03:26:26.3	14:53	03:15:16.0
3736	1311/1345	182/192	3597	Randall Wymore	M	42	Lincoln	NE	3690	13:14	01:38:50.9	3792	16:35	01:48:43.6	03:27:34.5	14:54	03:15:29.3
3737	1312/1345	183/192	854	Kevin Schlautman	M	43	Lincoln	NE	3724	13:29	01:40:32.1	3772	16:22	01:47:13.7	03:27:45.8	14:55	03:15:37.6
3738	2426/2646	316/342	2631	Heather Schlautman	F	41	Lincoln	NE	3725	13:30	01:40:33.6	3771	16:22	01:47:12.2	03:27:45.8	14:55	03:15:37.9
3739	1313/1345	5/6	5696	Fred Coffman	M	74	Omaha	NE	3790	13:47	01:43:46.1	3739	16:05	01:45:26.3	03:29:12.5	14:55	03:15:44.2
3740	2427/2646	429/460	1814	Katie Thimmesch	F	34	Lincoln	NE	3701	13:12	01:39:12.2	3799	16:41	01:49:17.2	03:28:29.5	14:56	03:15:45.8
3741	2428/2646	281/308	4284	Rachael Flowers	F	23	Lincoln	NE	3627	13:45	01:36:32.3	3748	16:09	01:45:47.7	03:22:20.1	14:56	03:15:54.4
3742	2429/2646	282/308	1553	Courtney Scholl	F	23	Ruskin	NE	3781	14:06	01:43:31.6	3705	15:48	01:43:34.3	03:27:05.9	14:56	03:15:58.6
3743	2430/2646	317/342	4140	Christina Grosshans	F	41	Lincoln	NE	3711	13:29	01:39:47.6	3781	16:26	01:47:43.4	03:27:31.1	14:57	03:16:03.1
3744	2431/2646	198/227	2092	Kristine Strand	F	45	Lincoln	NE	3755	13:46	01:42:19.9	3751	16:10	01:45:54.9	03:28:14.8	14:57	03:16:05.9

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Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3745	2432/2646	430/460	2676	Angela Blue	F	34	Lincoln	NE	3793	13:55	01:43:51.4	3733	16:01	01:44:59.2	03:28:50.6	14:57	03:16:11.1
3746	1314/1345	132/135	3766	Kent Forke	M	48	Lincoln	NE	3721	13:28	01:40:25.8	3787	16:29	01:48:01.0	03:28:26.8	14:58	03:16:16.2
3747	2433/2646	283/308	4522	Emma Hinrichs	F	24	Lincoln	NE	3803	13:57	01:44:16.6	3729	16:00	01:44:53.8	03:29:10.4	14:58	03:16:19.5
3748	2434/2646	431/460	3578	Jennie Schmidt	F	30	Lincoln	NE	3733	13:28	01:40:55.2	3790	16:30	01:48:10.3	03:29:05.6	14:59	03:16:26.6
3749	2435/2646	432/460	3931	Nicole Heath	F	30	Decatur	IL	3854	14:35	01:47:48.1	3650	15:26	01:41:10.3	03:28:58.5	15:00	03:16:44.0
3750	2436/2646	318/342	1552	Jennifer Holsten	F	41	Lincoln	NE	3756	13:41	01:42:23.2	3776	16:23	01:47:25.0	03:29:48.2	15:01	03:17:03.3
3751	2437/2646	69/81	6212	Deb Lenhoff	F	56	Lincoln	NE	3745	13:38	01:41:50.1	3782	16:27	01:47:45.2	03:29:35.3	15:02	03:17:06.5
3752	1315/1345	230/233	491	Darin Person	M	39	Lincoln	NE	3863	14:30	01:48:23.8	3671	15:35	01:42:08.0	03:30:31.8	15:02	03:17:08.4
3753	2438/2646	199/227	5641	Jennifer Katz	F	45	Omaha	NE	3775	13:46	01:43:13.2	3764	16:19	01:46:57.2	03:30:10.5	15:02	03:17:08.7
3754	2439/2646	458/486	490	Jen Person	F	38	Lincoln	NE	3862	14:30	01:48:23.4	3672	15:35	01:42:08.3	03:30:31.8	15:02	03:17:09.2
3755	2440/2646	459/486	4805	Amber Polak	F	36	Omaha	NE	3846	14:28	01:47:16.4	3686	15:40	01:42:38.8	03:29:55.3	15:03	03:17:26.5
3756	2441/2646	433/460	4384	Bailey Novak	F	32	Omaha	NE	3873	14:36	01:49:00.4	3661	15:32	01:41:48.4	03:30:48.8	15:03	03:17:29.3
3757	1316/1345	201/205	2071	Ty Lafferty	M	32	Lincoln	NE	3717	13:48	01:39:52.9	3767	16:21	01:47:06.5	03:26:59.4	15:04	03:17:34.7
3758	2442/2646	434/460	4878	Alissa Lorchick	F	30	Lincoln	NE	3762	13:44	01:42:42.3	3780	16:26	01:47:40.1	03:30:22.5	15:04	03:17:40.8
3759	1317/1345	202/205	4879	Ryan Lorchick	M	30	Lincoln	NE	3763	13:44	01:42:42.5	3779	16:26	01:47:39.5	03:30:22.1	15:04	03:17:40.9
3760	2443/2646	70/81	472	Jean Cotton	F	57	Lincoln	NE	3824	14:11	01:45:55.1	3723	15:59	01:44:45.8	03:30:40.9	15:04	03:17:43.2
3761	2444/2646	435/460	4116	Michelle Cotton	F	31	Omaha	NE	3825	14:11	01:45:55.4	3722	15:59	01:44:45.5	03:30:40.9	15:05	03:17:43.7
3762	2445/2646	319/342	2180	Theresa Jeffers	F	40	Bellevue	NE	3770	13:49	01:42:57.8	3773	16:22	01:47:14.9	03:30:12.7	15:05	03:17:47.3
3763	2446/2646	436/460	1093	Jessica Leibhart	F	33	Valentine	NE	3730	13:33	01:40:41.6	3793	16:38	01:48:59.4	03:29:41.1	15:05	03:17:50.3
3764	2447/2646	401/435	3325	Maddie Gates	F	29	Lincoln	NE	3726	13:45	01:40:34.9	3785	16:27	01:47:46.9	03:28:21.8	15:05	03:17:55.9
3765	2448/2646	41/49	4625	Sheryl Buss	F	60	Pierce	NE	3658	13:22	01:37:59.6	3813	16:51	01:50:23.1	03:28:22.8	15:06	03:17:57.6
3766	2449/2646	460/486	3838	Stephanie Crowther	F	38	Lincoln	NE	3834	14:09	01:46:16.3	3737	16:04	01:45:20.5	03:31:36.9	15:06	03:18:04.0
3767	2450/2646	320/342	5755	Kaye Ohnemus	F	44	Urbandale	IA	3734	13:27	01:41:02.5	3808	16:47	01:49:55.8	03:30:58.4	15:06	03:18:06.2
3768	1318/1345	6/6	3133	Richard Wassinger	M	70	Plattsmouth	NE	3838	14:16	01:46:37.9	3720	15:58	01:44:35.5	03:31:13.4	15:06	03:18:06.4
3769	2451/2646	321/342	3450	Debra Brouwer	F	44	Olathe	KS	3835	14:11	01:46:19.1	3736	16:04	01:45:18.1	03:31:37.3	15:07	03:18:12.3
3770	2452/2646	141/154	4755	Margie Haney	F	52	Lincoln	NE	3459	13:16	01:31:07.3	3829	17:01	01:51:30.8	03:22:38.1	15:08	03:18:26.0
3771	1319/1345	184/192	4621	Chris Carlson	M	44	Blair	NE	3502	11:56	01:31:47.3	3922	18:22	02:00:18.1	03:32:05.5	15:08	03:18:29.7
3772	2453/2646	437/460	5869	Kisha Morland	F	34	North Platte	NE	3749	13:36	01:42:02.5	3800	16:42	01:49:25.1	03:31:27.6	15:08	03:18:30.6
3773	2454/2646	402/435	2910	Deepa Paramesh	F	28	Omaha	NE	3774	13:58	01:43:13.1	3774	16:22	01:47:15.4	03:30:28.6	15:09	03:18:47.7
3774	2455/2646	200/227	1027	Lori States	F	45	Ceresco	NE	3876	14:41	01:49:12.4	3683	15:39	01:42:35.7	03:31:48.1	15:09	03:18:47.9
3775	2456/2646	142/154	6178	Amy Arndt	F	51	Lincoln	NE	3877	14:41	01:49:12.4	3682	15:39	01:42:35.7	03:31:48.1	15:09	03:18:48.6
3776	2457/2646	461/486	4546	Rebecca Kratochvil	F	35	Lincoln	NE	3722	14:09	01:40:29.7	3756	16:12	01:46:09.4	03:26:39.1	15:10	03:18:53.4
3777	2458/2646	438/460	2130	Megan Ourada	F	30	Lincoln	NE	3865	14:57	01:48:25.2	3648	15:25	01:40:59.9	03:29:25.2	15:10	03:18:59.0
3778	2459/2646	284/308	3052	Alexandra Miller	F	23	Lincoln	NE	3752	13:36	01:42:11.3	3817	16:52	01:50:29.1	03:32:40.4	15:13	03:19:35.2
3779	2460/2646	143/154	6245	Brenda Jones	F	54	Norfolk	NE	3858	14:22	01:47:57.6	3741	16:06	01:45:30.1	03:33:27.8	15:13	03:19:38.3
3780	2461/2646	462/486	5690	Christel Braness	F	39	Des Moines	IA	3904	15:03	01:51:17.6	3652	15:27	01:41:15.7	03:32:33.3	15:14	03:19:51.4

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Overall Results

Half Marathon

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3781	2462/2646	403/435	4892	Morgan Gerteisen	F	28	Eagle	NE	3689	13:17	01:38:49.3	3846	17:14	01:52:55.5	03:31:44.8	15:15	03:19:57.1
3782	2463/2646	439/460	2965	Marsha McBride	F	34	Elmwood	NE	3837	14:12	01:46:25.4	3762	16:18	01:46:52.4	03:33:17.8	15:15	03:19:57.6
3783	2464/2646	285/308	1353	Karissa Lacher	F	24	Lincoln	NE	3836	14:28	01:46:23.8	3735	16:04	01:45:16.9	03:31:40.8	15:15	03:20:03.8
3784	2465/2646	201/227	393	Gina Miller	F	48	Lincoln	NE	3747	14:25	01:41:52.1	3744	16:07	01:45:37.8	03:27:29.9	15:15	03:20:07.7
3785	2466/2646	404/435	5968	Ashley Hecht	F	25	Lincoln	NE	3673	13:50	01:38:16.6	3804	16:43	01:49:35.4	03:27:52.1	15:16	03:20:14.4
3786	2467/2646	202/227	4437	Lisa Jones	F	47	Bennet	NE	3833		01:46:14.9	3438	14:22	01:34:06.2	03:20:21.1	15:17	03:20:21.1
3787	2468/2646	13/13	5064	Kaitlyn Rutt	F	14	Eagle	NE	3859	14:38	01:48:03.9	3725	15:59	01:44:46.6	03:32:50.6	15:18	03:20:42.1
3788	2469/2646	203/227	5063	Amelia Rutt	F	45	Eagle	NE	3860	14:38	01:48:04.4	3724	15:59	01:44:46.2	03:32:50.6	15:18	03:20:42.6
3789	2470/2646	286/308	5294	Kaitlin Slattery	F	23	Lincoln	NE	3861	14:39	01:48:06.2	3721	15:59	01:44:44.5	03:32:50.8	15:18	03:20:43.6
3790	1320/1345	185/192	584	Andy Plummer	M	41	Omaha	NE	3588	12:29	01:35:19.5	3911	18:10	01:59:00.3	03:34:19.9	15:19	03:20:47.9
3791	1321/1345	186/192	370	Ian Thompson	M	40	Lincoln	NE	3811	14:00	01:45:14.8	3795	16:39	01:49:08.9	03:34:23.7	15:19	03:20:55.5
3792	2471/2646	405/435	2099	Kelsey Weber	F	27	Lincoln	NE	3710	13:18	01:39:40.5	3858	17:22	01:53:47.1	03:33:27.6	15:19	03:20:57.9
3793	2472/2646	322/342	1485	Lisa Kirchhoff	F	43	Lincoln	NE	3750	13:31	01:42:09.4	3842	17:12	01:52:43.2	03:34:52.6	15:21	03:21:21.4
3794	2473/2646	463/486	5237	Michelle Santistevan	F	37	Lincoln	NE	3764	14:15	01:42:44.7	3789	16:30	01:48:09.8	03:30:54.5	15:22	03:21:35.6
3795	2474/2646	464/486	5116	Aimee Middleton	F	37	Springfield	NE	3765	14:16	01:42:45.5	3788	16:30	01:48:09.2	03:30:54.7	15:22	03:21:37.2
3796	2475/2646	406/435	2861	Tessa Lierman	F	25	Beemer	NE	3818	14:06	01:45:45.7	3802	16:43	01:49:32.6	03:35:18.3	15:24	03:21:54.7
3797	1322/1345	187/192	4618	Jerod Benter	M	40	320Th St	IA	3716	13:27	01:39:51.9	3867	17:26	01:54:14.9	03:34:06.8	15:26	03:22:20.9
3798	2476/2646	465/486	4617	Gene McBride	F	35	Sac City	IA	3715	13:27	01:39:51.6	3868	17:26	01:54:15.1	03:34:06.8	15:26	03:22:21.1
3799	2477/2646	440/460	1475	Jess Collins	F	30	Lincoln	NE	3666	13:24	01:38:11.6	3877	17:30	01:54:40.7	03:32:52.3	15:26	03:22:28.1
3800	2478/2646	204/227	4089	Kimberly Bader	F	45	St. Paul	NE	3919	15:10	01:53:13.6	3700	15:46	01:43:16.6	03:36:30.3	15:27	03:22:37.3
3801	2479/2646	407/435	4188	Laura Shubkagel	F	27	Lincoln	NE	3867	14:45	01:48:40.9	3753	16:11	01:46:00.4	03:34:41.3	15:27	03:22:42.5
3802	2480/2646	408/435	4095	Whitney Hester	F	27	Palmer	NE	3920	15:10	01:53:13.9	3703	15:46	01:43:22.6	03:36:36.5	15:27	03:22:43.8
3803	2481/2646	287/308	3080	Ashton Holechek	F	21	Lincoln	NE	3778	13:58	01:43:21.1	3823	16:59	01:51:14.5	03:34:35.7	15:28	03:22:48.3
3804	2482/2646	466/486	905	Tonia Wasser	F	35	Lincoln	NE	3769	13:46	01:42:57.4	3837	17:11	01:52:35.7	03:35:33.1	15:28	03:22:49.8
3805	1323/1345	231/233	967	Michael Johnette	M	39	Omaha	NE	3729	13:12	01:40:40.2	3896	17:45	01:56:17.1	03:36:57.3	15:28	03:22:51.1
3806	2483/2646	467/486	965	Cherish Johnette	F	39	Omaha	NE	3728	13:12	01:40:39.6	3897	17:45	01:56:17.9	03:36:57.5	15:28	03:22:51.9
3807	1324/1345	133/135	3019	David Dye	M	47	Dalton	NE	3757	14:15	01:42:29.1	3805	16:43	01:49:35.8	03:32:04.9	15:28	03:22:56.5
3808	2484/2646	288/308	1886	Meaghan Hill	F	24	Lincoln	NE	3840	14:14	01:46:45.1	3807	16:44	01:49:42.1	03:36:27.3	15:29	03:22:58.7
3809	2485/2646	409/435	4702	Cari Zuhlke	F	29	Lincoln	NE	3751	13:32	01:42:09.8	3870	17:27	01:54:23.1	03:36:32.9	15:29	03:23:01.8
3810	2486/2646	468/486	1718	Shayla Swift	F	35	Lincoln	NE	3676	13:19	01:38:18.6	3891	17:40	01:55:46.6	03:34:05.3	15:29	03:23:05.3
3811	2487/2646	144/154	1854	Barbara Rezac	F	50	Weston	NE	3603	13:30	01:35:38.6	3874	17:30	01:54:38.9	03:30:17.5	15:29	03:23:05.9
3812	2488/2646	205/227	1511	Lisa Shawler	F	49	Creston	IA	3892	14:43	01:49:51.8	3766	16:20	01:47:04.3	03:36:56.1	15:31	03:23:30.8
3813	2489/2646	441/460	3871	Brooke Marco	F	34	Lincoln	NE	3812	14:05	01:45:17.4	3827	17:01	01:51:28.8	03:36:46.3	15:32	03:23:46.0
3814	2490/2646	410/435	1843	Melanie Wiley	F	26	Omaha	NE	3674	14:23	01:38:17.3	3803	16:43	01:49:34.8	03:27:52.2	15:32	03:23:47.8
3815	2491/2646	289/308	5603	Kendra Pope	F	24	Lincoln	NE	3830	14:40	01:46:06.8	3783	16:27	01:47:45.7	03:33:52.6	15:33	03:23:51.6
3816	2492/2646	411/435	4739	Rachel Westphalen	F	29	Lincoln	NE	3787	14:27	01:43:40.8	3796	16:39	01:49:09.3	03:32:50.1	15:33	03:23:54.5

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3817	2493/2646	206/227	4829	Lynn Marion	F	46	Tecumseh	NE	3828	14:28	01:46:03.6	3797	16:40	01:49:12.0	03:35:15.6	15:33	03:23:57.8
3818	2494/2646	71/81	4954	Karen Schnepel	F	58	Omaha	NE	3644	13:19	01:37:23.3	3900	17:50	01:56:54.3	03:34:17.6	15:34	03:24:12.7
3819	2495/2646	412/435	4339	Kelsey Maas	F	26	Blair	NE	3870	14:32	01:48:50.1	3794	16:38	01:48:59.8	03:37:49.9	15:35	03:24:17.3
3820	2496/2646	442/460	4863	Whitney Vessar	F	32	Omaha	NE	3856	14:52	01:47:54.4	3763	16:19	01:46:53.3	03:34:47.7	15:35	03:24:17.4
3821	2497/2646	323/342	5261	Christina Huie	F	40	Omaha	NE	3731	13:26	01:40:41.6	3895	17:44	01:56:14.5	03:36:56.2	15:35	03:24:19.2
3822	2498/2646	207/227	6108	Pam Anderson	F	48	Lincoln	NE	3906	15:11	01:51:21.4	3726	15:59	01:44:47.9	03:36:09.3	15:35	03:24:19.4
3823	2499/2646	413/435	6107	Erica Anderson	F	26	Lincoln	NE	3907	15:11	01:51:21.8	3728	16:00	01:44:48.6	03:36:10.4	15:35	03:24:19.7
3824	2500/2646	469/486	2041	Isau Metes	F	36	Lincoln	NE	3852	14:43	01:47:37.1	3786	16:29	01:47:59.4	03:35:36.5	15:35	03:24:24.9
3825	2501/2646	290/308	5412	Marissa Jacobsen	F	23	Lincoln	NE	3796	14:14	01:44:02.5	3822	16:58	01:51:08.9	03:35:11.5	15:35	03:24:26.9
3826	2502/2646	414/435	4961	Abby Russell	F	27	Lincoln	NE	3737	13:47	01:41:37.5	3862	17:25	01:54:10.8	03:35:48.3	15:36	03:24:31.1
3827	2503/2646	145/154	422	Brenda Zingler	F	54	Lincoln	NE	3872	14:34	01:48:53.5	3801	16:43	01:49:31.7	03:38:25.3	15:38	03:24:56.7
3828	2504/2646	291/308	2126	Mariah Zautke	F	20	Waverly	NE	3820	14:06	01:45:49.3	3836	17:10	01:52:31.1	03:38:20.5	15:38	03:24:58.5
3829	2505/2646	324/342	2128	Heather Eller-Gilman	F	43	Waverly	NE	3819	14:06	01:45:48.7	3840	17:11	01:52:39.4	03:38:28.2	15:38	03:25:06.8
3830	2506/2646	470/486	4032	Megan Walker	F	38	Council Bluffs	IA	3845	15:17	01:47:15.1	3743	16:07	01:45:36.4	03:32:51.6	15:41	03:25:43.1
3831	2507/2646	208/227	2244	Linda Harms	F	49	Martell	NE	3930	15:52	01:54:19.4	3662	15:32	01:41:49.1	03:36:08.5	15:42	03:25:49.3
3832	2508/2646	209/227	2002	Carleen Barger	F	46	Lincoln	NE	3929	15:52	01:54:19.2	3663	15:32	01:41:49.5	03:36:08.8	15:42	03:25:49.6
3833	2509/2646	210/227	1946	Denise Moore	F	48	Lincoln	NE	3909	15:17	01:51:24.1	3749	16:09	01:45:48.6	03:37:12.8	15:42	03:25:55.8
3834	2510/2646	471/486	2905	Renee Otterness	F	38	Lorton	NE	3908	15:11	01:51:22.6	3758	16:15	01:46:28.8	03:37:51.5	15:42	03:26:00.7
3835	2511/2646	325/342	589	Heather Lantz	F	41	Lincoln	NE	3810	14:08	01:45:14.4	3852	17:19	01:53:27.8	03:38:42.2	15:43	03:26:02.3
3836	2512/2646	42/49	2039	Sue Corkill	F	60	Lincoln	NE	3934	15:30	01:54:29.1	3717	15:57	01:44:32.1	03:39:01.2	15:43	03:26:10.0
3837	2513/2646	415/435	6162	Jessie Ford	F	28	Omaha	NE	3817	14:25	01:45:44.4	3830	17:02	01:51:40.2	03:37:24.7	15:43	03:26:12.5
3838	2514/2646	416/435	5405	Michaela Winter	F	29	Lincoln	NE	3816	14:26	01:45:44.4	3831	17:02	01:51:40.4	03:37:24.9	15:43	03:26:13.7
3839	2515/2646	326/342	397	Valerie Morris	F	43	Lincoln	NE	3857	14:35	01:47:57.6	3819	16:54	01:50:45.8	03:38:43.5	15:44	03:26:20.5
3840	2516/2646	43/49	5521	Julie Ashburn	F	63	Lincoln	NE	3911	15:11	01:51:35.3	3769	16:21	01:47:10.5	03:38:45.9	15:46	03:26:41.2
3841	2517/2646	72/81	5659	Jane Manzitto	F	59	Lincoln	NE	3910	15:11	01:51:34.6	3770	16:21	01:47:11.1	03:38:45.8	15:46	03:26:41.6
3842	2518/2646	292/308	5338	Haley Beyersdorf	F	21	Lincoln	NE	3944	15:38	01:55:57.3	3713	15:55	01:44:20.4	03:40:17.7	15:46	03:26:49.5
3843	2519/2646	77/79	3873	Alexis Belgum	F	15	Lincoln	NE	3691	14:20	01:38:52.5	3847	17:17	01:53:12.5	03:32:05.1	15:47	03:27:05.6
3844	1325/1345	188/192	5102	Eric Moorehead	M	44	Lincoln	NE	3743		01:41:44.1	3738	16:05	01:45:22.2	03:27:06.3	15:47	03:27:06.3
3845	2520/2646	327/342	6053	Donna Bryer	F	41	Lincoln	NE	3805		01:44:29.8	3685	15:40	01:42:38.5	03:27:08.3	15:48	03:27:08.3
3846	1326/1345	134/135	3692	Shane Rhian	M	45	Lincoln	NE	3956	15:43	01:56:53.2	3718	15:57	01:44:33.2	03:41:26.5	15:49	03:27:33.1
3847	1327/1345	47/48	3343	Richard Holdcroft	M	61	Bellevue	NE	3922	15:22	01:53:35.1	3768	16:21	01:47:09.4	03:40:44.6	15:51	03:27:51.9
3848	2521/2646	328/342	5021	Shawn Huenink	F	42	Lincoln	NE	3887	15:04	01:49:35.6	3798	16:40	01:49:13.5	03:38:49.1	15:51	03:27:58.3
3849	2522/2646	146/154	1642	Sandra Mathews	F	51	Lincoln	NE	3900	14:52	01:50:55.4	3826	17:01	01:51:28.1	03:42:23.5	15:56	03:28:57.1
3850	2523/2646	293/308	4754	Jordyn Heiser	F	21	Lincoln	NE	3968	16:09	01:59:40.8	3694	15:45	01:43:10.1	03:42:50.9	15:56	03:29:02.5
3851	2524/2646	211/227	4758	Stacey Heiser	F	46	Lincoln	NE	3969	16:09	01:59:40.8	3696	15:45	01:43:10.7	03:42:51.5	15:56	03:29:03.4
3852	2525/2646	329/342	3748	Teri Feit	F	41	Lincoln	NE	3871	14:47	01:48:51.7	3834	17:07	01:52:10.9	03:41:02.6	15:56	03:29:03.6

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3853	2526/2646	417/435	2447	Brittany Pengra	F	25	Lincoln	NE	3848	14:34	01:47:24.4	3856	17:20	01:53:38.4	03:41:02.8	15:56	03:29:04.3
3854	2527/2646	330/342	823	Amy Kusek	F	43	Lincoln	NE	3879	14:42	01:49:19.6	3843	17:12	01:52:43.9	03:42:03.6	15:57	03:29:07.1
3855	2528/2646	294/308	2136	Kelsey Wieser	F	24	Lincoln	NE	3888	14:55	01:49:41.1	3828	17:01	01:51:30.3	03:41:11.5	15:57	03:29:16.1
3856	2529/2646	443/460	1142	Baillie Riesberg	F	30	Lincoln	NE	3864		01:48:24.8	3649	15:25	01:41:00.4	03:29:25.2	15:58	03:29:25.2
3857	2530/2646	472/486	3247	Janet Birkett	F	35	Lincoln	NE	3630	12:47	01:36:39.0	3953	19:12	02:05:51.8	03:42:30.8	15:59	03:29:39.4
3858	2531/2646	295/308	5493	Miranda Alberts	F	24	Lincoln	NE	3646	13:50	01:37:26.5	3912	18:10	01:59:02.5	03:36:29.1	15:59	03:29:44.4
3859	2532/2646	331/342	3591	Deborah Buhr	F	42	Lincoln	NE	3947	15:52	01:56:13.8	3752	16:10	01:46:00.0	03:42:13.8	16:00	03:29:57.6
3860	2533/2646	212/227	3485	Clarice Anderson	F	48	Lincoln	NE	3948	15:52	01:56:14.2	3754	16:11	01:46:00.6	03:42:14.8	16:01	03:29:59.1
3861	2534/2646	213/227	443	Katherine Ortiz	F	48	Lincoln	NE	3901	14:58	01:51:12.9	3835	17:08	01:52:19.3	03:43:32.3	16:02	03:30:23.9
3862	2535/2646	444/460	6269	Nicole Sedlacek	F	34	O'neill	NE	3891	14:42	01:49:51.3	3873	17:29	01:54:36.7	03:44:28.1	16:05	03:30:56.9
3863	1328/1345	189/192	4570	Matt Stricker	M	40	Lincoln	NE						03:31:29.1	16:07	03:31:29.1	
3864	2536/2646	44/49	5171	Ann Watt	F	62	Lincoln	NE	3939	15:27	01:54:56.4	3812	16:50	01:50:21.0	03:45:17.4	16:08	03:31:35.7
3865	2537/2646	445/460	1864	Kristi Keller	F	31	Crete	NE	3917	15:03	01:52:16.1	3845	17:14	01:52:55.3	03:45:11.5	16:08	03:31:35.8
3866	2538/2646	73/81	3397	Vicki Valente	F	57	Lincoln	NE	3921	15:13	01:53:29.1	3833	17:05	01:51:58.9	03:45:28.1	16:08	03:31:41.6
3867	2539/2646	214/227	3633	Gary Bernard	F	45	Gretna	NE	3898	15:01	01:50:25.1	3849	17:17	01:53:16.5	03:43:41.6	16:09	03:31:44.0
3868	2540/2646	473/486	2090	Deann Duffek	F	39	Pleasant Dale	NE	3972	16:12	02:00:02.1	3745	16:07	01:45:38.9	03:45:41.1	16:09	03:31:48.1
3869	2541/2646	45/49	1833	Joyce Dunham	F	60	Lincoln	NE	3884	14:45	01:49:27.1	3886	17:36	01:55:19.6	03:44:46.8	16:10	03:32:00.8
3870	2542/2646	147/154	1542	Kellie Kramer	F	53	Lincoln	NE	3883	14:45	01:49:26.6	3887	17:36	01:55:20.1	03:44:46.8	16:10	03:32:00.8
3871	2543/2646	446/460	5549	Demari Monico	F	33	Lincoln	NE	3744	13:47	01:41:47.2	3932	18:35	02:01:48.1	03:43:35.3	16:11	03:32:09.9
3872	2544/2646	447/460	2794	Amber Bargstadt	F	34	Winside	NE	3256	12:21	01:27:09.5	3963	20:03	02:11:25.3	03:38:34.8	16:12	03:32:25.4
3873	2545/2646	332/342	1836	Judy Shaffer	F	41	Lincoln	NE	3885	14:40	01:49:29.2	3898	17:46	01:56:23.0	03:45:52.3	16:12	03:32:28.7
3874	2546/2646	215/227	2579	Terssa Markworth	F	49	Jackson	NE	3794	14:50	01:44:02.1	3892	17:40	01:55:47.1	03:39:49.3	16:14	03:32:58.6
3875	1329/1345	190/192	5137	Mark Ferrell	M	43	Bellevue	NE	3897	14:47	01:50:21.2	3899	17:46	01:56:25.6	03:46:46.8	16:16	03:33:17.1
3876	2547/2646	448/460	788	Brooke Vass	F	32	Lincoln	NE	3940	15:39	01:55:07.9	3821	16:57	01:51:04.5	03:46:12.5	16:17	03:33:36.0
3877	2548/2646	74/81	5185	Tami Mclaughlin	F	56	Syracuse	NE	3826	15:10	01:45:56.4	3869	17:27	01:54:20.7	03:40:17.1	16:18	03:33:42.5
3878	1330/1345	203/205	5209	Joshua Christolear	M	31	Lincoln	NE	3842	14:25	01:47:06.9	3916	18:12	01:59:13.3	03:46:20.2	16:18	03:33:42.6
3879	2549/2646	449/460	5207	Stephanie Christolear	F	30	Lincoln	NE	3843	14:25	01:47:07.4	3915	18:12	01:59:13.3	03:46:20.7	16:18	03:33:43.4
3880	2550/2646	333/342	618	Catherine Brown	F	43	Omaha	NE	3708	13:34	01:39:35.4	3952	19:06	02:05:07.1	03:44:42.5	16:19	03:34:05.0
3881	2551/2646	418/435	6065	Megan Masterson	F	27	Lincoln	NE	3893	14:46	01:49:57.6	3904	17:54	01:57:20.6	03:47:18.3	16:19	03:34:05.2
3882	2552/2646	419/435	1828	Krista Zielinski	F	28	Lincoln	NE	3918	15:19	01:52:22.6	3857	17:21	01:53:44.7	03:46:07.3	16:20	03:34:09.4
3883	2553/2646	474/486	3728	Krista Rosentreader	F	39	Omaha	NE	3943	15:37	01:55:34.3	3832	17:04	01:51:49.3	03:47:23.7	16:20	03:34:10.0
3884	2554/2646	420/435	2715	Sarah Mai	F	29	Lincoln	NE	3903	15:05	01:51:15.3	3889	17:37	01:55:27.2	03:46:42.6	16:20	03:34:19.2
3885	1331/1345	115/115	5187	Jon Husen	M	53	Syracuse	NE	3827	15:10	01:45:57.2	3882	17:32	01:54:56.5	03:40:53.8	16:20	03:34:19.4
3886	2555/2646	475/486	1936	Jennifer Engelhaupt	F	38	Lincoln	NE	3902	15:05	01:51:14.1	3890	17:38	01:55:31.1	03:46:45.2	16:21	03:34:22.3
3887	1332/1345	204/205	5986	Andrew Duffy	M	30	Lincoln	NE	3823	14:22	01:45:54.1	3926	18:28	02:01:03.6	03:46:57.8	16:24	03:35:10.8
3888	2556/2646	421/435	5985	Melissa Duffy	F	27	Lincoln	NE	3822	14:22	01:45:53.8	3927	18:30	02:01:11.4	03:47:05.3	16:25	03:35:18.5

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3889	1333/1345	179/183	5095	Benjamin Wheeler	M	25	Lincoln	NE	3905	16:01	01:51:19.6	3814	16:51	01:50:26.1	03:41:45.8	16:25	03:35:23.1
3890	2557/2646	422/435	2938	Kirsten Jergensen	F	27	Lincoln	NE	3924	15:24	01:53:52.6	3871	17:28	01:54:29.6	03:48:22.2	16:25	03:35:24.5
3891	2558/2646	296/308	6101	Lauren Merchant	F	24	Lincoln	NE	3935	15:23	01:54:39.5	3879	17:32	01:54:55.7	03:49:35.3	16:27	03:35:43.9
3892	2559/2646	450/460	3184	Becky Hoffman	F	31	Lincoln	NE	3937	15:26	01:54:42.8	3872	17:29	01:54:32.9	03:49:15.8	16:27	03:35:44.0
3893	2560/2646	451/460	3797	Amanda Koch	F	30	Seward	NE	3913	15:05	01:51:51.1	3901	17:51	01:56:55.1	03:48:46.3	16:27	03:35:44.3
3894	2561/2646	423/435	6099	Morgan Benes	F	25	Valparaiso	NE	3936	15:23	01:54:40.1	3880	17:32	01:54:55.9	03:49:36.1	16:27	03:35:44.9
3895	2562/2646	297/308	4941	Sara Liess	F	22	Kearney	NE	3683	13:51	01:38:33.6	3950	19:04	02:04:58.9	03:43:32.6	16:27	03:35:45.3
3896	2563/2646	46/49	3216	Teresa Ferguson	F	62	Lincoln	NE	3980	16:41	02:02:47.1	3757	16:15	01:46:26.6	03:49:13.8	16:27	03:35:46.6
3897	2564/2646	298/308	5048	Samantha Katzman	F	24	Lincoln	NE	3932	15:37	01:54:25.9	3851	17:19	01:53:27.5	03:47:53.4	16:27	03:35:47.1
3898	2565/2646	75/81	5739	Kim Becker	F	57	Kearney	NE	3916	15:42	01:52:09.1	3844	17:14	01:52:53.0	03:45:02.2	16:27	03:35:47.8
3899	2566/2646	452/460	4916	Amy Cleaver	F	32	Lincoln	NE	3933	15:37	01:54:26.3	3853	17:19	01:53:28.3	03:47:54.7	16:27	03:35:48.7
3900	2567/2646	148/154	872	Cathy Clare	F	53	Lincoln	NE	3831	14:37	01:46:09.8	3923	18:22	02:00:21.3	03:46:31.2	16:29	03:36:10.9
3901	2568/2646	453/460	4560	Ashley Anderson	F	31	Blair	NE	3801	14:05	01:44:13.6	3944	18:55	02:04:00.6	03:48:14.3	16:30	03:36:18.2
3902	2569/2646	454/460	4559	Bobbi Anania	F	34	Blair	NE	3800	14:05	01:44:12.6	3945	18:56	02:04:01.7	03:48:14.3	16:30	03:36:18.4
3903	2570/2646	424/435	5220	Brooke Hansen	F	29	Beatrice	NE	3814	14:46	01:45:37.9	3919	18:18	01:59:57.6	03:45:35.5	16:31	03:36:43.0
3904	2571/2646	299/308	5097	Samantha Zwiebel	F	22	Lincoln	NE	3970	16:41	01:59:42.2	3784	16:27	01:47:45.8	03:47:28.1	16:33	03:37:06.7
3905	2572/2646	455/460	5352	Angella Kumwenda	F	34	Lincoln	NE	3894	15:19	01:50:11.5	3903	17:54	01:57:19.0	03:47:30.5	16:36	03:37:40.9
3906	1334/1345	81/81	3137	Kellen Coon	M	23	Lincoln	NE	3766	14:38	01:42:49.1	3933	18:35	02:01:49.1	03:44:38.3	16:36	03:37:42.8
3907	2573/2646	300/308	3095	Shelby Kouba	F	21	Lincoln	NE	3768	14:38	01:42:51.1	3934	18:36	02:01:53.4	03:44:44.5	16:36	03:37:49.3
3908	2574/2646	76/81	2007	Jane Ouellette	F	59	Lincoln	NE	3953	16:04	01:56:39.6	3839	17:11	01:52:38.6	03:49:18.3	16:37	03:37:58.6
3909	2575/2646	149/154	5934	Jill Hamilton	F	50	Lincoln	NE	3954	16:05	01:56:40.5	3838	17:11	01:52:37.5	03:49:18.1	16:37	03:37:58.9
3910	2576/2646	77/81	2006	Barb Raymond	F	55	Lincoln	NE	3955	16:05	01:56:40.9	3841	17:12	01:52:42.0	03:49:22.9	16:38	03:38:02.8
3911	1335/1345	232/233	3464	Brian Helmberger	M	39	Hickman	NE	3957	15:52	01:57:15.7	3861	17:25	01:54:09.6	03:51:25.3	16:38	03:38:06.1
3912	2577/2646	216/227	4578	Cheri Lenhoff	F	48	Lincoln	NE	3869	14:40	01:48:49.1	3935	18:38	02:02:05.1	03:50:54.3	16:38	03:38:09.9
3913	1336/1345	180/183	5366	Austin Novotny	M	29	Lincoln	NE	3878	14:44	01:49:15.9	3931	18:34	02:01:38.2	03:50:54.1	16:38	03:38:10.8
3914	2578/2646	301/308	1981	Sandra Gonzalez	F	21	South Sioux City	IA	3868	14:58	01:48:43.6	3921	18:21	02:00:17.1	03:49:00.7	16:39	03:38:21.4
3915	2579/2646	425/435	4386	Kayla Miller	F	29	Bassett	NE	3923	15:24	01:53:40.4	3905	17:57	01:57:35.8	03:51:16.3	16:40	03:38:29.6
3916	2580/2646	47/49	4321	Edana Wiese	F	64	Red Cloud	NE	3962	16:23	01:58:53.4	3824	16:59	01:51:20.4	03:50:13.8	16:40	03:38:39.1
3917	2581/2646	426/435	2968	Megan Woodyard	F	29	Marysville	KS	3855	14:26	01:47:48.3	3947	18:56	02:04:03.2	03:51:51.6	16:40	03:38:39.5
3918	2582/2646	217/227	4322	Lisa Flohrs	F	46	Lincoln	NE	3963	16:23	01:58:53.4	3825	17:00	01:51:21.4	03:50:14.9	16:40	03:38:40.4
3919	2583/2646	476/486	5107	Sandra Robertson	F	35	Lincoln	NE	3914	15:41	01:52:02.9	3902	17:52	01:57:07.8	03:49:10.7	16:46	03:39:52.5
3920	2584/2646	456/460	5318	Stacy Lytle	F	34	Wilber	NE	3896	15:25	01:50:19.6	3910	18:09	01:58:53.3	03:49:12.9	16:46	03:39:53.5
3921	2585/2646	427/435	4287	Marie Troyer	F	28	Milford	NE	3795	14:21	01:44:02.3	3954	19:12	02:05:51.9	03:49:54.3	16:46	03:39:54.7
3922	2586/2646	218/227	5976	Lisa Smith	F	49	Lincoln	NE	3952	16:04	01:56:35.4	3888	17:36	01:55:20.4	03:51:55.8	16:49	03:40:37.5
3923	2587/2646	477/486	4492	Lori Borer	F	39	Firth	NE	2516	11:14	01:16:34.2	3974	22:26	02:27:00.9	03:43:35.2	16:49	03:40:38.9
3924	2588/2646	428/435	3813	Sapphire Munford	F	29	Lincoln	NE	3988	16:55	02:04:39.9	3809	16:47	01:49:57.2	03:54:37.2	16:50	03:40:45.9

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3925	2589/2646	334/342	5212	Christina Nevitt	F	41	Lincoln	NE	3942	15:31	01:55:28.6	3913	18:11	01:59:07.9	03:54:36.6	16:50	03:40:47.4
3926	2590/2646	335/342	4753	Tracy Martin	F	40	Omaha	NE	3959	16:17	01:57:26.4	3866	17:26	01:54:14.7	03:51:41.2	16:51	03:40:57.8
3927	2591/2646	478/486	5413	Carrie Simon	F	38	Vacaville	CA	3958	16:17	01:57:26.4	3865	17:26	01:54:14.7	03:51:41.1	16:51	03:40:57.9
3928	2592/2646	78/81	1191	Jennifer James	F	58	Verdon	NE	3971	16:13	02:00:01.3	3878	17:31	01:54:47.8	03:54:49.1	16:51	03:41:01.8
3929	2593/2646	429/435	2167	Kelli Prior	F	28	Lincoln	NE	3889	14:55	01:49:42.4	3943	18:49	02:03:19.1	03:53:01.6	16:51	03:41:06.0
3930	1337/1345	181/183	5312	Kyle Schwaninger	M	27	Lincoln	NE	3983	16:54	02:03:46.9	3815	16:52	01:50:28.7	03:54:15.6	16:52	03:41:16.7
3931	2594/2646	479/486	1435	Erin Kershner	F	35	Omaha	NE	3931	15:21	01:54:20.1	3924	18:25	02:00:40.0	03:55:00.2	16:52	03:41:16.9
3932	1338/1345	182/183	5307	Tyler Conrad	M	27	Lincoln	NE	3982	16:54	02:03:46.1	3818	16:52	01:50:32.1	03:54:18.3	16:53	03:41:19.6
3933	2595/2646	48/49	4402	Marian Eicher	F	60	Milford	NE	3928	16:22	01:54:18.2	3859	17:25	01:54:08.9	03:48:27.1	16:53	03:41:22.7
3934	2596/2646	457/460	4404	Amanda Austin	F	32	Lincoln	NE	3927	16:22	01:54:17.4	3860	17:25	01:54:09.3	03:48:26.7	16:53	03:41:23.1
3935	2597/2646	480/486	1947	Mary Snocker	F	38	Lincoln	NE	3874	14:44	01:49:04.3	3951	19:04	02:04:59.5	03:54:03.8	16:54	03:41:32.9
3936	2598/2646	481/486	462	Amanda Fitzgerald	F	39	Lincoln	NE	3875	14:45	01:49:09.1	3949	19:04	02:04:54.9	03:54:04.1	16:54	03:41:33.4
3937	1339/1345	135/135	373	Terry Powers	M	45	Lincoln	NE	3545	12:38	01:33:20.5	3972	21:13	02:19:00.9	03:52:21.5	16:55	03:41:50.9
3938	2599/2646	219/227	5624	Cheryl Peters	F	45	Bellevue	NE	3976	16:21	02:00:23.5	3881	17:32	01:54:56.5	03:55:20.1	16:56	03:42:02.5
3939	2600/2646	220/227	5623	Tina Hern	F	45	Papillion	NE	3975	16:20	02:00:22.2	3883	17:33	01:54:57.6	03:55:19.9	16:56	03:42:02.9
3940	2601/2646	430/435	5622	Amanda Maupin	F	28	Papillion	NE	3974	16:20	02:00:21.6	3884	17:33	01:54:58.4	03:55:20.1	16:56	03:42:03.0
3941	2602/2646	221/227	5621	Lisa Summers	F	46	Bellevue	NE	3973	16:20	02:00:20.9	3885	17:33	01:54:58.8	03:55:19.8	16:56	03:42:03.3
3942	2603/2646	222/227	1943	Angie Brosman	F	45	Lincoln	NE	3912	15:40	01:51:51.1	3917	18:15	01:59:33.7	03:51:24.8	16:57	03:42:14.1
3943	2604/2646	150/154	5355	Susie Imlay	F	54	Lincoln	NE	3890	15:15	01:49:44.4	3946	18:56	02:04:03.0	03:53:47.5	17:05	03:43:57.1
3944	2605/2646	431/435	3291	Shauna Buck	F	28	Lincoln	NE	3741	15:00	01:41:41.5	3955	19:14	02:06:00.0	03:47:41.6	17:06	03:44:15.9
3945	2606/2646	336/342	5714	Becky Sullivan	F	40	Fremont	NE	3849	15:34	01:47:30.9	3939	18:41	02:02:22.7	03:49:53.6	17:06	03:44:22.0
3946	1340/1345	183/183	5435	Kyle Hagaman	M	25	Lincoln	NE	3925	15:33	01:53:56.6	3940	18:42	02:02:30.2	03:56:26.8	17:07	03:44:27.4
3947	2607/2646	78/79	5191	Bailey Dufoe	F	19	Lincoln	NE	3938	16:03	01:54:43.8	3918	18:16	01:59:38.9	03:54:22.7	17:09	03:44:50.0
3948	2608/2646	223/227	786	Michelle Sewell	F	45	Lincoln	NE	3941	15:39	01:55:08.9	3942	18:46	02:02:59.4	03:58:08.3	17:12	03:45:32.1
3949	1341/1345	48/48	2731	Bruce Thiel	M	63	Lincoln	NE	3799	14:05	01:44:09.4	3964	20:23	02:13:35.4	03:57:44.8	17:13	03:45:52.0
3950	2609/2646	151/154	3549	Suzan Mulligan	F	52	Hickman	NE	3967	16:08	01:59:21.9	3920	18:20	02:00:09.2	03:59:31.1	17:14	03:45:55.6
3951	2610/2646	79/81	3935	Indra Sukhram	F	55	Denton	NE	3882	15:52	01:49:23.6	3937	18:39	02:02:13.4	03:51:37.1	17:15	03:46:11.3
3952	2611/2646	482/486	4019	Saneta Sukhram	F	39	Omaha	NE	3881	15:52	01:49:23.5	3936	18:39	02:02:13.2	03:51:36.8	17:15	03:46:11.6
3953	1342/1345	191/192	3638	Jeff Hubbard	M	44	Lincoln	NE	3808	14:03	01:45:13.3	3968	20:30	02:14:21.3	03:59:34.7	17:16	03:46:23.7
3954	2612/2646	337/342	3637	Shelly Hubbard	F	44	Lincoln	NE	3809	14:03	01:45:13.4	3967	20:30	02:14:21.0	03:59:34.5	17:16	03:46:24.5
3955	2613/2646	152/154	3651	Julia Perry	F	52	Peru	NE	3951	15:51	01:56:35.1	3941	18:44	02:02:43.9	03:59:19.1	17:17	03:46:35.7
3956	2614/2646	483/486	2110	Jamie Ryder	F	39	Ralston	NE	3915	16:25	01:52:05.3	3914	18:11	01:59:08.1	03:51:13.5	17:17	03:46:45.5
3957	2615/2646	338/342	5373	Lori Fisher	F	43	Lincoln	NE	3991	17:11	02:05:19.9	3864	17:26	01:54:14.3	03:59:34.3	17:18	03:46:47.8
3958	2616/2646	302/308	3561	Lindsay Ebert	F	23	Omaha	NE	3986	17:22	02:03:50.1	3848	17:17	01:53:13.4	03:57:03.5	17:19	03:47:02.5
3959	2617/2646	484/486	2956	Toni Helzer	F	38	Lincoln	NE	3987	17:22	02:03:51.3	3850	17:17	01:53:18.5	03:57:09.9	17:19	03:47:08.5
3960	2618/2646	303/308	3608	Hanna Jameson	F	22	Lincoln	NE	3949	15:43	01:56:28.8	3948	19:02	02:04:40.8	04:01:09.6	17:22	03:47:40.4

The Good Life Haltsy

November 1, 2015

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
3961	2619/2646	432/435	5308	Elise Warnke	F	25	Lincoln	NE	3984	16:54	02:03:48.3	3909	18:04	01:58:22.3	04:02:10.7	17:28	03:49:07.1
3962	2620/2646	224/227	5310	Christy Lien	F	47	Lincoln	NE	3985	16:54	02:03:49.7	3908	18:04	01:58:21.6	04:02:11.3	17:28	03:49:07.1
3963	2621/2646	153/154	6326	Karla Fluent	F	51	Lincoln	NE	3993	17:18	02:07:09.7	3893	17:43	01:56:04.5	04:03:14.2	17:30	03:49:28.3
3964	1343/1345	192/192	4209	Chris Duncan	M	40	Lincoln	NE	3978	16:31	02:01:14.1	3929	18:31	02:01:18.5	04:02:32.7	17:30	03:49:32.1
3965	2622/2646	339/342	1221	Mandy Binder	F	40	Lincoln	NE	3979	16:31	02:01:14.6	3928	18:31	02:01:18.2	04:02:32.8	17:30	03:49:32.6
3966	2623/2646	49/49	4391	Tacie Debie	F	63	Greenwood	NE	3994	17:18	02:07:10.6	3894	17:44	01:56:12.0	04:03:22.7	17:30	03:49:37.0
3967	2624/2646	154/154	6330	Pat Harrison	F	52	Lincoln	NE	3989	17:00	02:05:07.2	3907	18:02	01:58:12.2	04:03:19.5	17:31	03:49:39.5
3968	2625/2646	433/435	6331	Emily Kottwitz	F	27	Lincoln	NE	3990	17:01	02:05:07.8	3906	18:02	01:58:12.0	04:03:19.8	17:31	03:49:40.1
3969	2626/2646	304/308	5351	Allie Fowler	F	21	Denton	NE	3960	16:27	01:57:31.7	3938	18:39	02:02:14.3	03:59:46.1	17:32	03:50:01.8
3970	2627/2646	458/460	3434	Melissa Bartels	F	33	Lincoln	NE	3945	15:52	01:55:59.7	3956	19:19	02:06:32.8	04:02:32.6	17:35	03:50:34.2
3971	2628/2646	225/227	2870	Michelle Singleton	F	49	Beaver Crossing	NE	3981	16:43	02:03:29.8	3930	18:32	02:01:27.9	04:04:57.8	17:37	03:51:03.3
3972	2629/2646	459/460	6062	Ashly Beaman	F	32	Omaha	NE	3950	15:40	01:56:30.8	3958	19:40	02:08:53.4	04:05:24.3	17:39	03:51:34.1
3973	2630/2646	434/435	3208	Paula Almazan	F	27	Lincoln	NE	3926	15:36	01:54:15.5	3969	20:31	02:14:27.9	04:08:43.5	18:03	03:56:39.6
3974	2631/2646	435/435	4764	Anita Downing	F	29	Kansas City	MO	3946	16:19	01:56:12.3	3962	19:50	02:09:58.3	04:06:10.7	18:04	03:56:52.3
3975	2632/2646	80/81	1976	Cheryl Stevens	F	56	Papillion	NE	3977	16:26	02:00:38.3	3961	19:48	02:09:42.3	04:10:20.6	18:06	03:57:21.6
3976	1344/1345	233/233	2226	Robert Cushman	M	35	Lincoln	NE	4002	19:00	02:18:13.3	3876	17:30	01:54:39.9	04:12:53.3	18:14	03:59:10.7
3977	2633/2646	340/342	2225	Toni Anaya	F	40	Lincoln	NE	4003	19:00	02:18:13.7	3875	17:30	01:54:39.7	04:12:53.4	18:14	03:59:11.0
3978	2634/2646	341/342	663	Lynette Exum	F	43	Lincoln	NE	3964	16:23	01:58:58.4	3966	20:26	02:13:56.4	04:12:54.8	18:24	04:01:17.2
3979	2635/2646	226/227	3351	Cyndi Abbott	F	48	Waverly	NE	3965	16:23	01:58:59.6	3965	20:26	02:13:56.2	04:12:55.8	18:24	04:01:18.1
3980	2636/2646	342/342	5341	Christine Vanderford	F	43	Murdock	NE	3886	16:12	01:49:35.1	3971	20:46	02:16:07.7	04:05:42.8	18:28	04:02:17.0
3981	2637/2646	305/308	4837	Toria Amerson	F	24	Lincoln	NE	3992	17:23	02:05:51.9	3957	19:36	02:08:27.1	04:14:19.1	18:29	04:02:20.4
3982	2638/2646	306/308	3764	Tayce Debie	F	20	Lincoln	NE	4000	17:26	02:08:03.9	3959	19:46	02:09:30.0	04:17:33.9	18:35	04:03:47.5
3983	2639/2646	79/79	4389	Madison Woodward	F	17	Lincoln	NE	3998	17:27	02:08:02.1	3960	19:46	02:09:32.1	04:17:34.3	18:36	04:03:51.4
3984	2640/2646	227/227	2665	Connie Weight	F	46	Kearney	NE	4001	18:00	02:09:02.1	3970	20:45	02:15:59.0	04:25:01.1	19:22	04:13:53.8
3985	1345/1345	205/205	3505	Brice Davis	M	33	Lincoln	NE	4004	20:25	02:24:42.2	3925	18:25	02:00:43.1	04:25:25.3	19:24	04:14:29.8
3986	2641/2646	81/81	5531	J Carmichael	F	59	Lincoln	NE	3853	14:57	01:47:47.1	3977	24:02	02:37:25.2	04:25:12.4	19:28	04:15:21.5
3987	2642/2646	485/486	4737	Jen Miller	F	38	Hickman	NE	3966	16:59	01:59:06.9	3973	22:16	02:25:54.4	04:25:01.3	19:37	04:17:11.4
3988	2643/2646	460/460	6112	Kelly Rabenhorst	F	34	Lincoln	NE	4006	20:10	02:25:53.0	3976	23:42	02:35:15.0	05:01:08.0	21:55	04:47:26.0
3989	2644/2646	486/486	6113	Meagan Hoefs	F	35	Lincoln	NE	4007	20:13	02:26:13.9	3975	23:39	02:34:54.7	05:01:08.6	21:55	04:47:26.0
3990	2645/2646	307/308	2193	Shandell Baker	F	23	Lincoln	NE	4008	20:12	02:26:15.4	3979	24:10	02:38:22.4	05:04:37.9	22:10	04:50:47.3
3991	2646/2646	308/308	502	Jessica Welch	F	24	Lincoln	NE	4009	20:17	02:26:17.9	3978	24:10	02:38:19.3	05:04:37.3	22:12	04:51:11.4