

Iowa's Best Dam Triathlon

September 13, 2015

Overall Division Results

Sprint Individual

Female Overall Winner

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	4/133	1/52	1	Joanna Hall	34	F	Coralville	IA	00:06:07.26	00:34:47.59	00:20:42.48		01:03:15.85

Male Overall Winner

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	1/133	1/81	3	Josh Madsen	39	M	North Liberty	IA	00:05:59.42	00:31:44.08	00:19:38.17		00:58:55.96

Female Athena

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	71/133	21/52	404	Kate Pape	33	F	Coralville	IA	00:09:06.01	00:42:34.43	00:29:26.65		01:23:26.53
2	125/133	47/52	408	Meghan Phelan	36	F	Cedar Rapids	IA	00:10:44.67	00:52:23.42	00:36:48.04		01:44:07.86

Male Clydesdale

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	42/133	32/81	257	Ryan Pape	32	M	Coralville	IA	00:07:14.06	00:41:45.65	00:25:19.47		01:16:58.13
2	65/133	49/81	285	Keith Abkes	44	M	Cedar Rapids	IA	00:08:24.63	00:40:57.68	00:27:02.24		01:21:21.00
3	66/133	50/81	272	Jason Darnell	38	M	Palo	IA	00:07:39.32	00:42:28.97	00:28:32.89		01:21:29.14
4	75/133	52/81	266	Jason Chapman	37	M	Clive	IA	00:07:41.25	00:47:44.92	00:26:50.36		01:24:17.35
5	90/133	63/81	277	Alan Hulleman	41	M	West Des Moines	IA	00:08:52.44	00:44:37.14	00:31:11.01		01:29:03.46
6	100/133	67/81	265	Doug Deimler	36	M	Cedar Rapids	IA	00:09:21.79	00:46:24.90	00:33:37.69		01:31:52.21
7	109/133	72/81	307	Don Brady	49	M	Davenport	IA	00:10:02.88	00:44:20.85	00:34:50.05		01:34:03.15
8	110/133	73/81	263	Dustin Edkin	35	M	Moline	IL	00:08:21.96	00:51:02.14	00:31:13.13		01:34:29.83
9	123/133	78/81	304	Stephen Allen	47	M	North Liberty	IA	00:09:32.70	00:55:25.77	00:33:00.09		01:41:49.09
10	126/133	79/81	209	Brooks Miller	25	M	Kalona	IA	00:08:48.18	01:02:56.87	00:31:48.39		01:47:09.38
11	133/133	81/81	275	Larry Young	41	M	Coralville	IA	00:15:08.36	00:58:08.08	00:50:35.31		02:09:14.15

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Female F Ages 01 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	19/133	2/52	350	Hannah Fusselman	15	F	Cedar Rapids	IA	00:06:33.03	00:40:12.77	00:21:41.07		01:09:45.80
2	25/133	4/52	353	Sarah Kromminga	19	F	Grimes	IA	00:06:41.77	00:41:08.91	00:22:05.37		01:11:36.41
3	57/133	14/52	352	Taylor Pajunen	16	F	Marion	IA	00:06:52.25	00:48:43.83	00:22:34.36		01:19:33.99
4	97/133	32/52	351	Laura Machlab	15	F	Coralville	IA	00:07:53.58	00:52:48.48	00:28:12.75		01:30:23.94

Male M Ages 01 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	12/133	11/81	201	Addison Furry	18	M	Cedar Rapids	IA	00:08:33.14	00:34:31.73	00:20:00.21		01:05:51.70
2	41/133	31/81	200	Joshua Stepanek	18	M	Grinnell	IA	00:06:51.52	00:42:52.62	00:24:38.36		01:16:38.16

Female F Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	30/133	6/52	68	Clare Slagel	22	F	Dubuque	IA	00:07:00.96	00:40:59.46	00:23:33.60		01:13:39.26
2	72/133	22/52	360	Michelle Lutz	20	F	Iowa City	IA	00:07:16.70	00:49:30.54	00:25:13.47		01:23:55.11
3	93/133	29/52	369	Sydney Johnson	24	F	Omaha	NE	00:08:23.61	00:50:23.69	00:28:30.04		01:29:24.30
4	95/133	30/52	367	Carolyn Coffey	22	F	Cedar Rapids	IA	00:08:08.41	00:51:06.32	00:28:18.38		01:30:14.62
5	124/133	46/52	364	Katie Nunemaker	21	F	Cedar Rapids	IA	00:09:02.47	00:55:02.16	00:35:41.46		01:42:01.90
6	127/133	48/52	368	Megan Howard	24	F	Mokena	IL	00:10:44.63	00:57:20.23	00:37:28.93		01:48:34.52

Male M Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	20/133	18/81	2	Zachary Manders	22	M	North Liberty	IA	00:08:36.73	00:39:24.74	00:19:48.07		01:10:01.43
2	36/133	28/81	203	Seth Vanderhorst	23	M	Decorah	IA	00:06:30.51	00:41:33.85	00:24:41.36		01:15:11.04
3	45/133	34/81	205	Ryan Shenefeld	24	M	Cedar Rapids	IA	00:07:03.61	00:45:40.86	00:22:31.83		01:17:27.40
4	79/133	55/81	202	Tyler Shelby	20	M	Ames	IA	00:07:22.10	00:47:41.55	00:26:53.00		01:25:46.87
5	107/133	71/81	204	Daniel Nelson	24	M	Coralville	IA	00:08:45.54	00:47:55.81	00:32:20.06		01:33:56.71

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Female F Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	67/133	17/52	372	Amanda Ward	27	F	Iowa City	IA	00:06:59.85	00:49:49.05	00:22:47.13		01:21:37.58
2	68/133	18/52	374	Whitney Achenbaugh	28	F	Iowa City	IA	00:07:42.02	00:46:37.37	00:25:10.71		01:22:03.00
3	69/133	19/52	373	Kelly Stobb	27	F	Cedar Rapids	IA	00:08:18.16	00:45:42.11	00:26:36.82		01:22:23.69
4	70/133	20/52	370	Elizabeth Hood	26	F	Iowa City	IA	00:07:33.79	00:45:19.84	00:26:37.37		01:22:52.54
5	91/133	28/52	226	Sally Timmer	26	F	Cedar Falls	IA	00:08:04.11	00:50:53.06	00:27:57.47		01:29:07.00
6	96/133	31/52	371	Suzy Swvier	26	F	Cedar Rapids	IA	00:08:08.23	00:50:28.26	00:28:46.23		01:30:16.17
7	113/133	40/52	377	Beth Lehman	29	F	Cedar Rapids	IA	00:08:49.22	00:49:30.27	00:34:13.93		01:35:36.05
8	117/133	43/52	375	Allison Krivachek	27	F	North Liberty	IA	00:09:05.93	00:54:49.39	00:30:11.10		01:37:37.25

Male M Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	46/133	35/81	207	Ted Schmidt	26	M	Iowa City	IA	00:06:53.02	00:44:37.37	00:24:18.98		01:17:28.89
2	53/133	40/81	212	Kyle Dupic	27	M	Iowa City	IA	00:06:34.42	00:45:40.75	00:23:26.41		01:18:58.49
3	54/133	41/81	379	Ben Timmer	28	M	Cedar Falls	IA	00:06:57.68	00:44:26.58	00:26:16.32		01:19:28.47
4	56/133	43/81	213	Aaron Roelfs	28	M	Mediapolis	IA	00:06:53.40	00:43:55.30	00:24:18.05		01:19:32.42
5	59/133	45/81	217	Robert Tejano	29	M	Aledo	IL	00:07:16.58	00:44:36.19	00:25:41.68		01:19:41.10
6	64/133	48/81	208	Drake Austin	25	M	Springville	IA	00:06:55.41	00:45:23.37	00:26:24.11		01:21:11.64
7	74/133	51/81	210	Michael Keller	26	M	Waterloo	IA	00:06:31.91	00:50:12.49	00:24:43.86		01:24:17.22
8	80/133	56/81	227	Benjamin Miller-Todd	28	M	Iowa City	IA	00:07:44.20	00:46:58.81	00:28:36.43		01:26:19.43
9	98/133	66/81	206	Brian Choe	25	M	Cedar Rapids	IA	00:08:23.70	00:50:42.54	00:27:35.84		01:30:37.26

Female F Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	27/133	5/52	400	Sarah Carr	30	F	Iowa City	IA	00:06:34.94	00:43:01.04	00:20:39.89		01:11:59.17
2	31/133	7/52	405	Tamara Abkes	34	F	Cedar Rapids	IA	00:06:13.07	00:43:24.11	00:20:48.38		01:13:43.52
3	37/133	9/52	402	Sarah Doneth	33	F	Bettendorf	IA	00:06:57.29	00:42:24.42	00:23:59.43		01:15:50.54
4	61/133	15/52	403	Patricia Watkins	33	F	Iowa City	IA	00:07:52.77	00:43:39.59	00:26:40.29		01:20:34.06
5	86/133	26/52	401	Meredith Dennis	33	F	Pleasant Valley	IA	00:07:59.65	00:51:30.63	00:26:33.17		01:28:02.75
6	108/133	37/52	439	Angela Miller	31	F	Cedar Rapids	IA	00:09:21.82	00:51:09.94	00:31:16.09		01:34:02.50

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Male M Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	3/133	3/81	289	Justin Manning	30	M	Tiffin	IA	00:06:16.05	00:34:33.96	00:20:44.90		01:03:12.56
2	10/133	9/81	258	Craig Goldsmith	33	M	Marion	IA	00:06:01.82	00:38:17.14	00:19:45.63		01:05:26.77
3	23/133	20/81	255	Justin Boecker	32	M	Mount Vernon	IA	00:06:08.91	00:41:52.88	00:20:55.50		01:11:28.01
4	43/133	33/81	261	Richard Seemann	34	M	Fairbank	IA	00:07:07.48	00:41:49.32	00:24:58.33		01:17:07.84
5	50/133	37/81	250	Kevin Kay	31	M	Cedar Falls	IA	00:06:53.73	00:42:18.99	00:26:25.99		01:18:25.23
6	55/133	42/81	290	Kerry Steines	30	M	Belvidere	IL	00:07:42.61	00:41:39.21	00:27:04.37		01:19:29.39
7	83/133	58/81	256	Justin Zellmer	32	M	Cedar Rapids	IA	00:07:36.66	00:45:48.97	00:30:09.67		01:27:02.11
8	85/133	60/81	254	Ronald Klose	32	M	Cedar Rapids	IA	00:07:37.73	00:44:44.11	00:31:03.49		01:27:53.86
9	119/133	75/81	259	Ruijia Wang	33	M	Kansas City	KS	00:09:05.39	00:53:37.03	00:32:24.35		01:38:33.64
10	120/133	76/81	253	Stephen Bouxsein	31	M	Iowa City	IA	00:09:08.06	00:53:41.31	00:34:36.57		01:39:44.08

Female F Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	49/133	13/52	407	Jill Snitko	37	F	Marion	IA	00:06:55.43	00:45:57.97	00:23:10.59		01:18:03.00
2	73/133	23/52	412	Jess Harris	38	F	Coralville	IA	00:07:40.19	00:48:59.61	00:24:13.25		01:23:56.91
3	111/133	38/52	411	Meghan Wellsandt	39	F	Lockport	IL	00:08:59.45	00:55:12.03	00:28:42.87		01:35:30.25
4	112/133	39/52	409	Amy Kotsonis	37	F	Cedar Falls	IA	00:09:27.50	00:50:18.21	00:31:55.79		01:35:34.03
5	129/133	50/52	410	Kelly Leadingham	37	F	Crest Hill	IL	00:10:49.93	00:59:55.48	00:38:14.98		01:52:02.46
6	130/133	51/52	406	Dianne Southard	36	F	North Liberty	IA	00:10:49.87	01:03:22.47	00:39:17.03		01:56:39.36

Male M Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	9/133	8/81	286	Jason Rabe	35	M	Fairfax	IA	00:06:03.06	00:36:27.77	00:20:23.40		01:04:38.46
2	15/133	14/81	268	Lane McMullen	37	M	North Liberty	IA	00:06:52.54	00:36:36.97	00:22:49.72		01:08:03.93
3	21/133	19/81	291	Ken Daullary	38	M	Marion	IA	00:06:40.92	00:39:29.24	00:22:15.24		01:10:54.24
4	28/133	23/81	267	Karl Hanson	37	M	Milton	WI	00:06:21.14	00:43:19.42	00:21:16.07		01:12:42.84
5	29/133	24/81	271	Tom Buckheister	38	M	Cedar Rapids	IA	00:06:56.04	00:40:59.99	00:23:06.66		01:12:50.51
6	51/133	38/81	269	Steve Madura	38	M	Solon	IA	00:06:57.83	00:41:48.58	00:27:08.09		01:18:36.05
7	87/133	61/81	264	Adam Hill	36	M	Walcott	IA	00:07:37.42	00:48:29.78	00:29:01.93		01:28:04.15

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Sprint Individual

Female F Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	39/133	10/52	414	Angie Kersten	40	F	Davenport	IA	00:07:28.81	00:41:23.67	00:24:58.51		01:16:02.91
2	47/133	12/52	413	Angela Charsha-Harney	40	F	Coralville	IA	00:07:00.55	00:45:23.33	00:22:12.56		01:17:31.78
3	76/133	24/52	416	Michele Flagel	42	F	Shellsburg	IA	00:08:02.58	00:47:18.38	00:25:51.36		01:24:42.74
4	114/133	41/52	432	Monica Dalton	44	F	Iowa City	IA	00:10:10.11	00:47:56.25	00:35:08.33		01:35:45.51
5	116/133	42/52	418	Erika Lauer	44	F	Iowa City	IA	00:09:12.12	00:53:47.43	00:30:16.16		01:36:39.25

Male M Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	2/133	2/81	278	Jeff Scharpman	42	M	Lynn Center	IL	00:06:01.25	00:33:03.24	00:20:58.97		01:01:52.71
2	14/133	13/81	282	Mathieu Cagnard	44	M	Cedar Rapids	IA	00:07:04.56	00:36:06.08	00:22:40.03		01:07:47.41
3	16/133	15/81	281	Paul Loete	43	M	Orion	IL	00:06:56.11	00:36:25.38	00:22:41.75		01:08:13.09
4	17/133	16/81	280	Adam Pollack	43	M	Iowa City	IA	00:06:57.11	00:39:50.74	00:21:12.07		01:09:30.12
5	26/133	22/81	276	Tom Javoroski	41	M	Keota	IA	00:06:56.72	00:38:51.48	00:23:48.13		01:11:39.34
6	32/133	25/81	273	Mark Holtkamp	40	M	Solon	IA	00:06:00.93	00:44:46.06	00:21:26.04		01:14:10.38
7	60/133	46/81	279	Chris Rasmussen	43	M	Storm Lake	IA	00:07:26.65	00:44:22.12	00:25:54.54		01:20:02.15
8	92/133	64/81	293	Robert Dennis	43	M	Pleasant Valley	IA	00:08:32.01	00:49:18.23	00:28:53.96		01:29:10.14
9	101/133	68/81	283	Alex Lohf	44	M	Taylor Ridge	IL	00:08:52.32	00:46:45.81	00:33:49.87		01:31:55.89

Female F Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	35/133	8/52	422	Kathryn Cater	45	F	Cedar Rapids	IA	00:07:30.63	00:39:28.06	00:25:36.48		01:15:07.04
2	81/133	25/52	423	Beth Markovich	46	F	Bettendorf	IA	00:07:39.19	00:49:03.27	00:26:57.92		01:26:21.76
3	88/133	27/52	425	Mary Lynn Griffin	47	F	Midlothian	IL	00:08:53.27	00:48:29.86	00:28:26.79		01:28:10.99
4	106/133	36/52	426	Kara Sehl	49	F	Iowa City	IA	00:09:35.91	00:50:09.48	00:31:34.58		01:33:36.76
5	118/133	44/52	424	Beth Harris	47	F	Bettendorf	IA	00:10:06.68	00:49:33.36	00:34:43.19		01:38:18.82
6	128/133	49/52	427	Alison Lynch	49	F	Iowa City	IA	00:10:49.83	01:00:55.82	00:34:42.23		01:50:59.56

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Sprint Individual

Male M Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	5/133	4/81	300	Kelly Kersten	45	M	Davenport	IA	00:06:40.68	00:33:45.27	00:21:32.44		01:03:41.87
2	7/133	6/81	301	Duane Staskal	47	M	Iowa City	IA	00:06:44.03	00:34:03.61	00:21:40.59		01:04:07.19
3	8/133	7/81	306	Dave Steines	48	M	Mount Vernon	IA	00:06:46.74	00:33:59.57	00:21:57.93		01:04:23.90
4	11/133	10/81	309	Tony Huegel	49	M	Bettendorf	IA	00:06:47.27	00:34:54.39	00:21:42.81		01:05:29.10
5	38/133	29/81	308	Mark Theuerkauf	49	M	Bettendorf	IA	00:07:05.15	00:41:55.36	00:24:41.27		01:15:59.64
6	78/133	54/81	305	Steve Parizek	48	M	Iowa City	IA	00:07:37.79	00:46:06.57	00:27:28.30		01:25:01.37
7	94/133	65/81	284	Ronald Wright	45	M	Davenport	IA	00:08:37.21	00:45:59.04	00:32:10.64		01:29:47.06
8	102/133	69/81	303	Dean Harken	46	M	Coralville	IA	00:08:40.03	00:47:20.63	00:32:27.90		01:32:11.40
9	115/133	74/81	302	Andrew Epstein	47	M	Coralville	IA	00:08:47.76	00:48:38.05	00:34:03.97		01:35:51.75

Female F Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	22/133	3/52	431	Kim Sprenger	53	F	Iowa City	IA	00:06:48.57	00:38:58.08	00:23:42.85		01:11:12.39
2	44/133	11/52	430	Brita Loynachan	51	F	Marion	IA	00:08:16.58	00:39:42.35	00:26:59.44		01:17:19.34
3	62/133	16/52	428	Tara Coady	50	F	Iowa City	IA	00:08:48.19	00:42:10.80	00:27:55.42		01:21:05.51
4	99/133	33/52	429	Tami Fiala	51	F	Fairfax	IA	00:09:24.06	00:46:45.64	00:32:11.97		01:31:11.04

Male M Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	6/133	5/81	312	John Stonebarger	51	M	Iowa City	IA	00:07:31.87	00:32:27.10	00:22:31.88		01:04:02.72
2	13/133	12/81	311	George Sehl	51	M	Iowa City	IA	00:06:43.75	00:35:38.51	00:22:08.67		01:05:58.17
3	24/133	21/81	317	John Smith	53	M	Eldridge	IA	00:06:36.21	00:39:45.20	00:22:49.44		01:11:30.52
4	33/133	26/81	313	Philip Roudabush	51	M	North Liberty	IA	00:07:33.50	00:38:44.69	00:25:19.43		01:14:30.34
5	34/133	27/81	330	Paul Adam	50	M	Iowa City	IA	00:06:47.58	00:42:28.03	00:22:36.61		01:15:02.27
6	77/133	53/81	314	Van Schroder	51	M	Shellsburg	IA	00:07:38.25	00:43:38.06	00:30:09.52		01:24:59.88
7	84/133	59/81	315	William Johnson	52	M	Lincoln	NE	00:09:34.84	00:47:24.48	00:28:12.24		01:27:40.43
8	121/133	77/81	316	Robert Brandriff	52	M	Bellevue	NE	00:10:00.98	00:46:45.28	00:38:46.11		01:40:07.38
9	131/133	80/81	332	Eric Lynch	52	M	Iowa City	IA	00:10:40.65	01:01:01.08	00:34:42.55		02:00:59.89

Iowa's Best Dam Triathlon

September 13, 2015

Overall Division Results

Sprint Individual

Female F Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	104/133	35/52	440	Nancy Fox	58	F	Marion	IA	00:10:14.46	00:45:53.13	00:33:16.35		01:32:47.18
2	132/133	52/52	437	Katherine Teel	58	F	Rock Island	IL	00:09:34.50	01:14:34.58	00:33:48.00		02:02:10.64

Male M Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	18/133	17/81	320	David Mccullough	56	M	Waverly	IA	00:06:44.92	00:39:42.53	00:21:39.08		01:09:33.91
2	40/133	30/81	323	Ray Thompson	58	M	Washington	IL	00:07:49.52	00:39:45.34	00:25:56.52		01:16:24.01
3	48/133	36/81	318	Ted Olson	55	M	Hiawatha	IA	00:07:52.88	00:42:33.14	00:24:10.28		01:18:00.52
4	63/133	47/81	331	Brian Link	55	M	Coralville	IA	00:07:53.53	00:44:08.59	00:25:52.51		01:21:09.29
5	89/133	62/81	319	Casey Griffin	55	M	Midlothian	IL	00:08:08.17	00:47:55.06	00:28:42.28		01:28:27.61

Female F Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	103/133	34/52	435	Ann Vestle	61	F	Cedar Rapids	IA	00:09:31.17	00:48:53.64	00:29:46.63		01:32:15.29
2	122/133	45/52	436	Carol Garnant	62	F	Warrenville	IL	00:09:19.96	00:54:56.45	00:33:15.46		01:40:19.68

Male M Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	52/133	39/81	327	James Tillotson	64	M	Bettendorf	IA	00:07:48.16	00:39:53.12	00:28:06.43		01:18:43.83
2	58/133	44/81	326	John Wieskamp	62	M	North Liberty	IA	00:07:55.50	00:42:08.58	00:26:35.86		01:19:36.24
3	82/133	57/81	325	Greg Bailey	61	M	Oskaloosa	IA	00:09:03.39	00:43:18.48	00:31:41.30		01:26:57.91

Male M Ages 65+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	105/133	70/81	328	Fred Hemsath	72	M	St Joseph	MI	00:09:37.94	00:47:57.54	00:31:43.17		01:33:18.31