

Loop de Loop Half Marathon and 5K-10K

September 26, 2015

Overall Division Results

5K

Female Ages 01 - 12

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	8/78	2/50	771	Madison Tollefson	11	F	Decorah	IA	7:23	00:22:58.32
2	32/78	12/50	756	Bridget Duncklee	12	F	Waukon	IA	9:43	00:30:11.53
3	65/78	39/50	521	Natalie Holthaus	4	F	Decorah	IA	16:34	00:51:31.09

Male Ages 01 - 12

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	16/78	12/28	759	Noah Lovelace	12	M	Decorah	IA	8:21	00:25:59.55
2	19/78	13/28	520	Brody Hanson	9	M	Decorah	IA	8:35	00:26:40.60

Female Ages 13 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	5/78	1/50	713	Emma Davison	15	F	Mason City	IA	7:10	00:22:17.65
2	63/78	37/50	739	Baylee Balk	18	F	Cresco	IA	15:54	00:49:25.69
3	64/78	38/50	738	Katie Chapman	17	F	Cresco	IA	15:54	00:49:26.11

Male Ages 13 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	2/78	2/28	696	Aaron Zerfas	18	M	Shoreview	MN	6:09	00:19:07.08
2	74/78	27/28	693	Nick Reetz	18	M	Lake City	IA	17:38	00:54:48.71

Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	13/78	3/50	699	Kasi Misseldine	22	F	Decorah	IA	8:03	00:25:02.66
2	30/78	10/50	743	Sarah King	20	F	Rosemount	MN	9:41	00:30:08.25
3	41/78	20/50	747	Elizabeth Stay	20	F	Decorah	IA	10:33	00:32:46.82
4	42/78	21/50	751	Lauren Setterdahl	25	F	Urbandale	IA	10:38	00:33:03.92
5	43/78	22/50	752	Alyssa Cobie-Nuss	25	F	West Union	IA	10:38	00:33:04.06
6	44/78	23/50	753	Lauren Reagan	21	F	Decorah	IA	10:41	00:33:14.07
7	45/78	24/50	769	Shanna Dibble	29	F	Decorah	IA	10:43	00:33:20.77
8	48/78	26/50	722	Taylor Blaess	21	F	New Hampton	IA	11:01	00:34:15.49
9	52/78	29/50	742	Bre Balk	25	F	Cresco	IA	11:37	00:36:07.89
10	66/78	40/50	741	Bethany Balk	21	F	Cresco	IA	16:41	00:51:52.70
11	70/78	44/50	720	Kathryn Werner	20	F	Denver	CO	16:50	00:52:18.96
12	75/78	48/50	694	Billie Jo Furrer	22	F	Carroll	IA	17:38	00:54:48.94
13	77/78	49/50	723	Katy Kosiek	23	F	Winona	MN	19:05	00:59:19.46

Male Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	1/78	1/28	711	Erik Ohlrogge	21	M	Onalaska	WI	5:59	00:18:35.89
2	7/78	6/28	719	John Werner	20	M	Decorah	IA	7:17	00:22:39.09
3	12/78	10/28	724	Camden Webster	23	M	Winona	MN	7:51	00:24:25.57

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Female Ages 30 - 45

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	14/78	4/50	734	Micarah Mutsune	30	F	Decorah	IA	8:14	00:25:35.16
2	17/78	5/50	748	Stacy Engelhardt	41	F	Decorah	IA	8:22	00:26:00.76
3	18/78	6/50	766	Stephanie Wikner	32	F	Decorah	IA	8:30	00:26:25.66
4	20/78	7/50	749	Sara Hotvedt	39	F	Decorah	IA	8:38	00:26:49.73
5	22/78	8/50	717	Kristie Wiltgen	30	F	Spillville	IA	8:46	00:27:14.89
6	37/78	16/50	732	Kathie Douma	45	F	Sioux Falls	SD	9:55	00:30:50.92
7	38/78	17/50	768	Rachel Johnston	41	F	Cresco	IA	10:05	00:31:22.22
8	40/78	19/50	762	Sara Klosterboer	34	F	North Liberty	IA	10:31	00:32:41.67
9	50/78	27/50	774	Elida Rowley	39	F	Decorah	IA	11:30	00:35:45.96
10	53/78	30/50	730	Jackie Kruse	36	F	Decorah	IA	11:42	00:36:21.44
11	55/78	31/50	688	Stephanie Fretham	32	F	Decorah	IA	11:49	00:36:45.06
12	58/78	33/50	726	Keri Bodensteiner	30	F	Decorah	IA	13:44	00:42:41.09

Male Ages 30 - 45

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	9/78	7/28	772	David Tollefson	42	M	Cedar Rapids	IA	7:27	00:23:10.65
2	10/78	8/28	714	Nathan Thompson	31	M	Decorah	IA	7:29	00:23:15.78
3	15/78	11/28	728	Jay Johnston	40	M	Cresco	IA	8:19	00:25:51.09
4	24/78	16/28	689	Scott Bassford	42	M	Decorah	IA	8:59	00:27:55.73
5	25/78	17/28	773	Mike Tollefson	35	M	Decorah	IA	9:08	00:28:23.77
6	26/78	18/28	695	Aaron Hanson	43	M	Decorah	IA	9:17	00:28:51.58
7	29/78	20/28	735	Jason Johnson	38	M	Independence	IA	9:36	00:29:51.02
8	36/78	21/28	733	Jason Douma	45	M	Sioux Falls	SD	9:55	00:30:50.68
9	49/78	23/28	725	Josh Wennes	31	M	Decorah	IA	11:01	00:34:16.30
10	60/78	26/28	758	Steven Hein	30	M	Ridgeway	IA	14:14	00:44:14.22

Female Ages 46 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	27/78	9/50	715	Rachel Denhartog	48	F	Boise	ID	9:18	00:28:53.80
2	31/78	11/50	745	Rachelle King	46	F	Rosemount	MN	9:41	00:30:08.25
3	33/78	13/50	705	Beth Perry	50	F	Waucoma	IA	9:43	00:30:13.12
4	34/78	14/50	712	Susan Larson	56	F	Hillsboro	WI	9:45	00:30:18.92
5	35/78	15/50	765	Sharon Elsbernd	51	F	Calmar	IA	9:45	00:30:20.64
6	39/78	18/50	763	Tina Hall	54	F	Marquette	MI	10:22	00:32:13.98
7	46/78	25/50	755	Joellen Anderson	46	F	Waukon	IA	10:45	00:33:25.26
8	51/78	28/50	746	Darcie Lager	46	F	Caledonia	MN	11:33	00:35:56.11
9	56/78	32/50	700	Marcy Fadness	46	F	Decorah	IA	12:07	00:37:40.43
10	61/78	35/50	764	Karen Shields	57	F	Decorah	IA	15:00	00:46:36.88
11	71/78	45/50	698	Karen Misseldine	46	F	Decorah	IA	17:23	00:54:01.88
12	72/78	46/50	721	Jenny Werner	46	F	Decorah	IA	17:23	00:54:01.88
13	73/78	47/50	761	Sonja Satrom	46	F	Decorah	IA	17:23	00:54:02.46

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Male Ages 46 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	3/78	3/28	690	Clark Porter	54	M	Waterloo	IA	6:13	00:19:19.15
2	4/78	4/28	731	Alex Steding	46	M	Decorah	IA	6:19	00:19:40.02
3	6/78	5/28	697	William Zerfas	56	M	Shoreview	MN	7:11	00:22:19.66
4	11/78	9/28	757	Brian Jones	57	M	Decorah	IA	7:29	00:23:18.11
5	21/78	14/28	767	John Fleming	52	M	Decorah	IA	8:39	00:26:53.16
6	28/78	19/28	750	Steve Boeckenstedt	53	M	Dyersville	IA	9:21	00:29:05.99
7	54/78	24/28	740	Claude Mertzenich	52	M	Decorah	IA	11:49	00:36:43.17
8	57/78	25/28	704	John Eide	55	M	Fargo	ND	12:24	00:38:34.14
9	76/78	28/28	744	Ray King	46	M	Rosemount	MN	17:51	00:55:28.21

Female Ages 60+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	59/78	34/50	770	Nancy Grinna	63	F	Postville	IA	14:11	00:44:04.69
2	62/78	36/50	707	Wanda Ducharme	60	F	Onalaska	WI	15:00	00:46:37.09
3	67/78	41/50	718	Deborah Bishop	60	F	Decorah	IA	16:42	00:51:53.70
4	68/78	42/50	706	Katie Sheppard	60	F	Decorah	IA	16:50	00:52:18.57
5	69/78	43/50	692	Carol Tack	60	F	Decorah	IA	16:50	00:52:18.96
6	78/78	50/50	702	Dawn Webster	60	F	Minnesota City	MN	19:06	00:59:20.87

Male Ages 60+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	23/78	15/28	716	Merle Hageman	60	M	Fort Atkinson	IA	8:46	00:27:15.07
2	47/78	22/28	737	Mark Johns	63	M	Decorah	IA	10:48	00:33:35.19