

# Nordic Fest Elvelopet

July 25, 2015

## Overall Division Results

15K

### Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	18/143	1/65	900	Jamie Zahasky	34	F	Iowa City	IA	7:18	01:08:11.29

### Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	1/143	1/78	814	Nate Canton	35	M	North Liberty	IA	5:49	00:54:20.32

### Male Ages 01 - 13

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	27/143	24/78	914	Nils Holkesvik	13	M	Decorah	IA	7:37	01:11:00.61

### Female Ages 14 - 16

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	73/143	21/65	855	Abby Lewis	14	F	Austin	MN	8:36	01:20:09.96

### Male Ages 14 - 16

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	9/143	9/78	893	Tyler Vandelune	15	M	Decorah	IA	6:50	01:03:50.52
2	10/143	10/78	896	Richard Weis	16	M	Decorah	IA	6:51	01:03:58.25
3	11/143	11/78	817	Austin Day	16	M	Waukon	IA	6:51	01:03:58.48
4	31/143	27/78	890	Eric Smedsrud	16	M	Decorah	IA	7:43	01:11:56.10
5	33/143	29/78	882	Alexander Rich	14	M	Fredericksburg	IA	7:47	01:12:38.83

### Female Ages 17 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	40/143	9/65	888	Anna Ryden	19	F	Minneapolis	MN	7:54	01:13:47.21
2	51/143	13/65	932	Rachel Lovelace	17	F	Rochester	MN	8:11	01:16:25.89
3	68/143	20/65	864	Rebecca Maxwell	18	F	Westby	WI	8:26	01:18:44.65
4	90/143	33/65	891	Emily Starman	19	F	Coralville	IA	8:54	01:23:00.20
5	106/143	44/65	943	Sommer Stevens	18	F	Denver	IA	9:19	01:26:54.41

### Male Ages 17 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	6/143	6/78	918	Josh Jensen	18	M	Iowa City	IA	6:42	01:02:32.83
2	7/143	7/78	917	Adam Weis	18	M	North Liberty	IA	6:42	01:02:33.26
3	8/143	8/78	808	Noah Brase	18	M	North Liberty	IA	6:47	01:03:17.63
4	14/143	14/78	904	Andrew Larson	17	M	Decorah	IA	7:02	01:05:33.64
5	26/143	23/78	828	Isaac Fink	17	M	Waukon	IA	7:35	01:10:43.93
6	49/143	37/78	937	Parker Fretheim	18	M	Decorah	IA	8:10	01:16:13.65
7	56/143	43/78	916	Steven Holkesvik	18	M	Decorah	IA	8:16	01:17:03.50
8	71/143	51/78	860	Jake Marlow	17	M	Decorah	IA	8:34	01:19:55.91
9	114/143	64/78	856	Payton Lewis	17	M	Austin	MN	9:35	01:29:25.38
10	126/143	71/78	908	Matt Chlebek	19	M	Lombard	IL	9:51	01:31:57.66

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### Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	22/143	2/65	930	Learn Klotzbach	27	F	Sioux Falls	SD	7:26	01:09:23.87
2	25/143	3/65	897	Lauren Wettach	27	F	Madison	WI	7:33	01:10:31.68
3	29/143	4/65	865	Lauren Mordini	21	F	Decorah	IA	7:41	01:11:45.89
4	35/143	6/65	859	Rachel Madrigal	26	F	Cedar Falls	IA	7:49	01:12:52.14
5	38/143	7/65	889	Kendra Smallwood	24	F	Papillion	NE	7:54	01:13:44.56
6	39/143	8/65	818	Brooke Debroux	20	F	Oregon	WI	7:54	01:13:47.00
7	44/143	11/65	825	Erin Ellefsen	20	F	Indianapolis	IN	8:01	01:14:49.62
8	61/143	16/65	822	Jordyn Dudek	23	F	Decorah	IA	8:22	01:18:07.44
9	79/143	26/65	892	Alice Topaloff	25	F	Ames	IA	8:45	01:21:39.69
10	80/143	27/65	832	Sydney Gehrt	21	F	Byron	MN	8:47	01:21:54.31
11	81/143	28/65	819	Jenna Dengler	21	F	Decorah	IA	8:48	01:22:01.61
12	87/143	31/65	809	Erin Brocka	26	F	Cedar Falls	IA	8:52	01:22:42.41
13	93/143	36/65	866	Emily Mueller	21	F	Woodbury	MN	8:56	01:23:16.66
14	95/143	38/65	921	Kaelen Dunn	20	F	Decorah	IA	9:01	01:24:06.37
15	108/143	46/65	851	Madeline Jungbauer	26	F	Decorah	IA	9:24	01:27:41.83
16	109/143	47/65	836	Catherine Gregg	21	F	Decorah	IA	9:24	01:27:42.37
17	119/143	53/65	849	Krista Johnson	28	F	Independence	IA	9:38	01:29:50.61
18	121/143	54/65	924	Katherine Dovenberg	23	F	Decorah	IA	9:46	01:31:08.91

### Male Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	2/143	2/78	853	Thomas Knobbe	21	M	Kasota	MN	5:56	00:55:18.86
2	3/143	3/78	931	Tyler Stevenson	26	M	Middleton	WI	6:32	01:00:56.81
3	4/143	4/78	922	Matt Gausmann	21	M	Decorah	IA	6:34	01:01:19.56
4	5/143	5/78	941	Clare Brandt	21	M	Decorah	IA	6:34	01:01:21.14
5	12/143	12/78	815	Carson Christen	26	M	Cedar Rapids	IA	6:54	01:04:27.73
6	15/143	15/78	910	Hans Holkesvik	20	M	Decorah	IA	7:10	01:06:50.33
7	24/143	22/78	876	Jeff Poskin	28	M	Madison	WI	7:32	01:10:18.39
8	28/143	25/78	913	David Kraumer	21	M	New Hampton	IA	7:39	01:11:27.46
9	30/143	26/78	841	Peter Herber	21	M	Dubuque	IA	7:41	01:11:45.90
10	36/143	30/78	898	Jacob Wittman	25	M	Willmar	MN	7:51	01:13:14.67
11	37/143	31/78	912	Tristian Zarfluh	20	M	Spartan	WI	7:52	01:13:25.26
12	59/143	44/78	911	Michael Rahman	21	M	Eagan	MN	8:20	01:17:41.32
13	60/143	45/78	907	Nick Scheffert	22	M	Decorah	IA	8:22	01:18:06.23
14	62/143	46/78	925	Donalson Louis-Charles	21	M	Eyota	MN	8:22	01:18:07.64
15	63/143	47/78	935	Michael Tangen	29	M	Decorah	IA	8:23	01:18:09.25
16	69/143	49/78	906	John Leobforth	22	M	Decorah	IA	8:27	01:18:51.84
17	97/143	59/78	933	Simon Klimesh	29	M	Spillville	IA	9:07	01:25:01.65
18	112/143	63/78	833	Jay Geissler	26	M	Decorah	IA	9:32	01:28:52.41
19	122/143	68/78	886	Gunnar Rollins	24	M	Decorah	IA	9:47	01:31:13.12
20	125/143	70/78	909	Sheldon Smith	20	M	Decorah	IA	9:51	01:31:56.75

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### Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	43/143	10/65	803	Amanda Bailey	32	F	Decorah	IA	8:00	01:14:41.14
2	45/143	12/65	847	GINNA IRWIN	33	F	Madison	WI	8:02	01:14:56.40
3	57/143	14/65	844	Mandy Huebbe	32	F	Urbandale	IA	8:16	01:17:11.66
4	58/143	15/65	873	Marissa Nordschow	35	F	Decorah	IA	8:18	01:17:29.90
5	65/143	18/65	810	Kelly Bucher	37	F	Ankeny	IA	8:23	01:18:13.71
6	66/143	19/65	902	Angie Kerndt	32	F	Decorah	IA	8:23	01:18:14.32
7	75/143	23/65	838	Megan Hannam	30	F	Waterloo	IA	8:39	01:20:38.83
8	76/143	24/65	839	Shelly Hanson	31	F	Clive	IA	8:40	01:20:54.49
9	78/143	25/65	938	Liza Hicken	35	F	Decorah	IA	8:44	01:21:29.40
10	85/143	30/65	881	Katherine Rich	33	F	Fredericksburg	IA	8:50	01:22:21.37
11	89/143	32/65	887	Emily Ross	37	F	Hokah	MN	8:54	01:22:57.79
12	91/143	34/65	813	Alecia Bucksa	39	F	Decorah	IA	8:54	01:23:04.92
13	92/143	35/65	845	Stephanie Hughes	38	F	Decorah	IA	8:55	01:23:15.99
14	101/143	41/65	812	Megan Buckingham	30	F	Decorah	IA	9:16	01:26:24.66
15	103/143	43/65	948	Amanda Huinker	32	F	Decorah	IA	9:17	01:26:39.35
16	107/143	45/65	901	Kristin Schultes	35	F	Edina	MN	9:23	01:27:28.60
17	110/143	48/65	942	Jen Ferson	39	F	Denver	IA	9:26	01:28:01.77
18	116/143	51/65	946	Lindsay Riebe	33	F	Prescott	WI	9:37	01:29:43.41
19	117/143	52/65	945	Jennifer Gipp	33	F	Decorah	IA	9:37	01:29:43.50
20	123/143	55/65	868	Kari Murphy	35	F	Eden Prairie	MN	9:48	01:31:25.76
21	127/143	56/65	869	Leah Nelson	32	F	Eau Claire	WI	9:53	01:32:08.17

### Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	16/143	16/78	895	Seth Webinger	30	M	Lakewood	CO	7:12	01:07:12.30
2	17/143	17/78	894	Luke Webinger	39	M	Lost Nation	IA	7:15	01:07:35.50
3	19/143	18/78	479	Jared Neilsen	32	M	Decorah	IA	7:22	01:08:45.64
4	20/143	19/78	806	Scott Bartelt	37	M	Decorah	IA	7:25	01:09:09.68
5	42/143	33/78	801	John Anderson	39	M	Decorah	IA	7:55	01:13:51.89
6	47/143	35/78	464	Ethan Webinger	36	M	La Crescent	MN	8:04	01:15:17.94
7	50/143	38/78	874	Brett Ostby	36	M	Rochester	MN	8:11	01:16:17.76
8	52/143	39/78	830	Jeff Freidof	37	M	Decorah	IA	8:14	01:16:47.87
9	55/143	42/78	880	Blair Redenius	38	M	Charles City	IA	8:15	01:17:02.41
10	82/143	54/78	903	Mathew Mann	34	M	Grimes	IA	8:48	01:22:06.65
11	83/143	55/78	875	Andy Peterson	32	M	Decorah	IA	8:48	01:22:08.78
12	88/143	57/78	831	John Fretham	32	M	Decorah	IA	8:53	01:22:52.66
13	124/143	69/78	936	Brian Brandsmeier	37	M	North Liberty	IA	9:51	01:31:52.66
14	129/143	72/78	826	Mike Ernster	39	M	Lacrescent	MN	10:09	01:34:42.51
15	133/143	74/78	811	James Bucher	37	M	Ankeny	IA	10:22	01:36:41.43
16	143/143	78/78	850	Adam Johnson	33	M	Decorah	IA	14:09	02:11:58.00

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## Overall Division Results

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### Female Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	34/143	5/65	905	Nicole O'Gara	40	F	Decorah	IA	7:48	01:12:51.15
2	64/143	17/65	823	Jennifer Egan Smith	42	F	Sumner	IA	8:23	01:18:12.70
3	74/143	22/65	858	Elizabeth Lippert Kane	42	F	Decorah	IA	8:38	01:20:37.13
4	84/143	29/65	928	Heather Kalous	41	F	Vinton	IA	8:49	01:22:12.41
5	94/143	37/65	915	Molly Holkesvik	41	F	Decorah	IA	8:58	01:23:35.00
6	98/143	39/65	884	Amy Robinson	43	F	Decorah	IA	9:08	01:25:08.97
7	100/143	40/65	899	Leigh Woodward	40	F	Kethikan	AK	9:13	01:25:59.64
8	111/143	49/65	929	Emily Young Johnson	44	F	Decorah	IA	9:29	01:28:30.41
9	130/143	58/65	843	Linda Hougen	48	F	Decorah	IA	10:17	01:35:59.54
10	131/143	59/65	852	Karen Junko	42	F	Ankeny	IA	10:18	01:36:00.92
11	134/143	60/65	835	Kory Graham	46	F	Dodge Center	MN	10:32	01:38:14.67
12	136/143	61/65	807	Alice Bjergum	46	F	Decorah	IA	10:45	01:40:14.67
13	138/143	62/65	867	Jeanne Mulder	48	F	Berthoud	CO	10:57	01:42:04.17
14	141/143	64/65	870	Tanya Nelson	43	F	La Crescent	MN	11:36	01:48:15.18

### Male Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	13/143	13/78	848	Jon Jensen	48	M	Decorah	IA	6:59	01:05:10.70
2	21/143	20/78	879	Craig Rabe	45	M	Robins	IA	7:26	01:09:20.00
3	23/143	21/78	926	Munte Marti	49	M	Mount Vernon	IA	7:29	01:09:48.57
4	32/143	28/78	883	Chris Ristau	44	M	Denver	IA	7:44	01:12:11.37
5	41/143	32/78	919	John Brandt	44	M	Arvada	CO	7:54	01:13:47.21
6	46/143	34/78	829	Marc Folkedahl	47	M	Decorah	IA	8:02	01:14:59.24
7	48/143	36/78	923	Eric Clement	45	M	Cresco	IA	8:05	01:15:27.12
8	53/143	40/78	842	Ron Hougen	48	M	Decorah	IA	8:14	01:16:52.31
9	54/143	41/78	804	Aaron Barber	47	M	Piedmont	CA	8:15	01:16:57.11
10	72/143	52/78	885	Jerry Robinson	47	M	Decorah	IA	8:35	01:20:00.90
11	77/143	53/78	857	Chad Lien	41	M	Shawnee	KS	8:44	01:21:24.81
12	86/143	56/78	840	Christopher Herber	48	M	Dubuque	IA	8:51	01:22:33.16
13	99/143	60/78	861	Dan Marlow	49	M	Decorah	IA	9:08	01:25:09.99
14	115/143	65/78	939	Jayme Folkedahl	42	M	Decorah	IA	9:35	01:29:28.83
15	118/143	66/78	821	Russell Drenth	47	M	Decorah	IA	9:38	01:29:47.66
16	132/143	73/78	816	Chris Dahlke	43	M	Winona	MN	10:20	01:36:21.42
17	137/143	76/78	940	Johnathan Storie	45	M	Spring Grove	MN	10:52	01:41:19.32

### Female Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	102/143	42/65	944	Michele Stevens	54	F	Denver	IA	9:16	01:26:31.60
2	113/143	50/65	834	Sharon Gerleman	53	F	Ridgeway	IA	9:34	01:29:16.41
3	128/143	57/65	802	Maran Bacon	50	F	Alma	WI	9:59	01:33:09.42
4	142/143	65/65	947	Laure Rausch	56	F	Fort Atkinson	IA	12:04	01:52:29.10

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## Overall Division Results

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### Male Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	67/143	48/78	863	David Maxwell	52	M	Westby	WI	8:26	01:18:41.57
2	70/143	50/78	854	Thomas Kraabel	54	M	Decorah	IA	8:29	01:19:11.40
3	104/143	61/78	934	Michael Wilker	51	M	Washington	DC	9:17	01:26:40.16
4	105/143	62/78	827	Steven Faas	56	M	Bellevue	WA	9:18	01:26:44.20
5	120/143	67/78	862	Steve Massman	59	M	Caledonia	MN	9:45	01:31:00.90
6	139/143	77/78	871	Peter Newell	52	M	Waverly	IA	10:59	01:42:26.92

### Female Ages 60+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	140/143	63/65	837	Connie Haluska	60	F	Decorah	IA	11:28	01:46:54.52

### Male Ages 60+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	96/143	58/78	927	Linus Barloon	67	M	Decorah	IA	9:02	01:24:13.87
2	135/143	75/78	872	John Noel	62	M	Decorah	IA	10:38	01:39:10.23