

# Nordic Fest Elvelopet

July 25, 2015

## Overall Results

5K Run

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1	1/177	1/1	459	John Freude	M	22	Des Moines	IA	5:45	00:17:51.97
2	2/177	1/31	468	Scott Conway	M	45	Calmar	IA	6:03	00:18:50.60
3	3/177	1/27	494	Sam Donlan	M	27	Decorah	IA	6:13	00:19:19.26
4	4/177	1/10	214	Andrew Kephart	M	15	Decorah	IA	6:34	00:20:24.76
5	5/177	1/25	465	Mike Gjere	M	53	Lanesboro	MN	6:35	00:20:29.14
6	6/177	1/29	8	Korey Bachelder	M	35	Phoenix	AZ	6:36	00:20:31.24
7	7/177	2/27	489	Stewart Otting	M	28	Decorah	IA	6:40	00:20:43.57
8	8/177	1/33	57	Bryson Canton	M	11	North Liberty	IA	6:41	00:20:47.90
9	1/247	1/1	371	Jordan Winke	F	16	Albia	IA	6:42	00:20:51.76
10	2/247	1/54	277	Kelsey Offerman	F	27	Madison	WI	6:47	00:21:05.79
11	9/177	3/27	259	Josh Miller	M	20	Decorah	IA	6:48	00:21:08.57
12	10/177	2/29	173	Scott Hogseth	M	33	Fitchburg	WI	6:48	00:21:08.82
13	11/177	2/10	248	Luke Maly	M	14	Medina	MN	6:50	00:21:16.72
14	12/177	1/4	33	Jack Biscupski	M	18	North Liberty	IA	6:55	00:21:30.57
15	13/177	4/27	469	Luke Elsbernd	M	24	Calmar	IA	6:59	00:21:43.21
16	14/177	3/10	426	Ben Brandt	M	14	Arvada	CO	6:59	00:21:44.43
17	15/177	3/29	492	Kurt Seamans	M	33	Wasilla	AK	7:01	00:21:48.70
18	16/177	5/27	53	Aaron Busch	M	22	Decorah	IA	7:01	00:21:49.52
19	17/177	2/4	22	Garret Baumler	M	17	Decorah	IA	7:01	00:21:50.53
20	3/247	2/54	359	Kiersten Wenthold	F	20	Ft. Atkinson	IA	7:07	00:22:06.99
21	18/177	2/25	275	Randy Nordheim	M	59	Waukon	IA	7:08	00:22:12.57
22	19/177	2/31	51	Brent Buresh	M	40	Decorah	IA	7:13	00:22:28.32
23	20/177	4/10	407	Dolan Craine	M	15	Carver	MN	7:17	00:22:40.13
24	21/177	6/27	447	Lucas Barloon	M	25	Decorah	IA	7:20	00:22:48.66
25	22/177	7/27	476	Brent Pepin	M	27	Decorah	IA	7:20	00:22:49.77
26	23/177	5/10	221	Bryaden Krivachek	M	14	Decorah	IA	7:24	00:23:00.48
27	4/247	3/54	171	Lizzie Herrig	F	26	Decorah	IA	7:26	00:23:06.76
28	5/247	1/13	483	Miranda Fober	F	19	Denver	IA	7:26	00:23:08.40
29	6/247	1/20	167	Grace Herber	F	15	Dubuque	IA	7:26	00:23:08.57
30	24/177	6/10	298	Sam Robinson	M	14	Decorah	IA	7:26	00:23:08.81
31	25/177	8/27	168	John Herber	M	21	Dubuque	IA	7:27	00:23:11.26
32	26/177	3/25	172	Scott Hervey	M	52	Decorah	IA	7:27	00:23:11.26
33	27/177	9/27	529	Johnny Hogue	M	28	Rockford	MN	7:32	00:23:26.82
34	28/177	2/33	435	Blake Jermier	M	10	Decorah	IA	7:34	00:23:33.24
35	7/247	2/20	451	Cassidy Christopher	F	16	Decorah	IA	7:36	00:23:36.82
36	29/177	4/29	276	Scott Nordschow	M	35	Decorah	IA	7:37	00:23:39.98
37	30/177	10/27	133	Nathan Ford	M	22	Cedar Rapids	IA	7:38	00:23:43.26
38	31/177	11/27	360	Taylor Wescott	M	22	Pardeeville	WI	7:38	00:23:45.47
39	32/177	3/31	84	Paul Dambek	M	44	Valparaiso	IN	7:41	00:23:54.23
40	33/177	12/27	305	Michael Sabers	M	29	Iowa City	IA	7:42	00:23:56.68
41	8/247	1/63	62	Kristin Carpenter	F	34	Cedar Falls	IA	7:44	00:24:01.76
42	34/177	3/33	296	Kyle Renken	M	12	Decorah	IA	7:46	00:24:10.79
43	35/177	5/29	63	Mike Casterton	M	35	Decorah	IA	7:49	00:24:18.42
44	9/247	1/34	75	Brooke Courtney	F	13	Ridgeway	IA	7:49	00:24:19.24
45	10/247	2/13	446	Alaina Marti	F	17	Decorah	IA	7:49	00:24:19.58
46	11/247	3/20	30	Brenna Betts	F	16	Decorah	IA	7:50	00:24:20.45
47	36/177	4/25	97	Kevin Dixon	M	51	Waukon	IA	7:52	00:24:29.42
48	37/177	4/31	74	Scott Courtney	M	43	Ridgeway	IA	7:54	00:24:33.27
49	38/177	5/31	180	Matt Hughes	M	41	Decorah	IA	7:54	00:24:35.78
50	39/177	6/29	36	Brian Black	M	33	Minneapolis	MN	7:55	00:24:36.74
51	40/177	7/29	508	Burke Bockman	M	35	Decorah	IA	7:55	00:24:37.95
52	12/247	4/54	165	Meredith Harrison	F	20	Decorah	IA	7:57	00:24:44.47
53	13/247	5/54	261	Rhonda Morgan	F	28	Andover	MN	7:58	00:24:45.28
54	41/177	4/33	319	Preston Sires	M	11	Saint Charles	MN	7:58	00:24:47.51
55	42/177	5/25	372	Bill Winke	M	51	Albia	IA	7:59	00:24:48.31
56	14/247	4/20	213	Shania Kelly	F	16	Decorah	IA	8:00	00:24:51.76
57	43/177	3/4	1	Samuel Agusta	M	17	Cary	NC	8:00	00:24:53.79

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## Overall Results

5K Run

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
58	44/177	1/16	39	Arland Braaten-Lee	M	66	Northfield	MN	8:01	00:24:56.44
59	15/247	5/20	144	Nell Graham	F	14	Dodge Center	MN	8:03	00:25:00.92
60	45/177	6/31	454	Gary Lovelace	M	49	Rochester	MN	8:03	00:25:03.35
61	16/247	2/34	29	Shayla Betts	F	13	Decorah	IA	8:04	00:25:05.39
62	46/177	7/31	245	Greg Madsen	M	45	Decorah	IA	8:06	00:25:12.49
63	47/177	5/33	337	Noah Tapscott	M	13	Decorah	IA	8:07	00:25:13.72
64	48/177	8/31	166	Dean Haugen	M	46	Minneapolis	MN	8:07	00:25:13.83
65	49/177	6/33	191	Zach Jermier	M	11	Decorah	IA	8:07	00:25:15.54
66	17/247	6/54	206	Kyrie Jorgeneson	F	26	Decorah	IA	8:08	00:25:16.33
67	18/247	3/34	228	Hannah Lee	F	13	Elgin	IL	8:10	00:25:22.89
68	50/177	9/31	115	Patrick Egan	M	41	Maplewood	MO	8:11	00:25:28.33
69	51/177	10/31	212	Cheuang Kavan	M	46	Decorah	IA	8:12	00:25:29.58
70	52/177	13/27	69	Shannon Cline	M	29	Adel	IA	8:13	00:25:32.68
71	53/177	8/29	452	Patrick Klotzbach	M	30	Sioux Falls	SD	8:14	00:25:34.93
72	19/247	2/63	237	Mari Lewey	F	38	Decorah	IA	8:14	00:25:36.81
73	20/247	3/63	9	Kaela Bachelder	F	33	Phoenix	AZ	8:15	00:25:40.43
74	54/177	14/27	272	Jared Noack	M	29	Des Moines	IA	8:16	00:25:43.89
75	21/247	4/34	50	Fiona Buresh	F	12	Decorah	IA	8:18	00:25:47.77
76	55/177	9/29	515	Josip Tadr	M	30	Austin	MN	8:18	00:25:47.81
77	56/177	10/29	351	Jarrad Walter	M	38	Decorah	IA	8:18	00:25:48.58
78	57/177	11/31	437	Alan Schmitt	M	49	Fort Atkinson	IA	8:20	00:25:53.82
79	22/247	5/34	279	Kalea Oftedahl	F	13	Decorah	IA	8:21	00:25:57.99
80	58/177	15/27	124	Jordan England	M	29	Chicago	IL	8:22	00:26:01.24
81	59/177	16/27	363	Benjamin Wilbur	M	27	Decorah	IA	8:22	00:26:02.58
82	60/177	12/31	249	Lance Maly	M	48	Medina	MN	8:24	00:26:06.30
83	61/177	17/27	107	Weston Dunlap	M	27	Decorah	IA	8:26	00:26:12.21
84	62/177	13/31	199	Brian Johnson	M	42	Elmhurst	IL	8:26	00:26:14.47
85	23/247	7/54	453	Mari Klotzbach	F	26	Sioux Falls	SD	8:28	00:26:19.75
86	63/177	7/33	100	Jens Dohse	M	12	Chanhassen	MN	8:28	00:26:19.83
87	64/177	18/27	458	Luke Hotvet	M	29	Sioux Falls	SD	8:28	00:26:19.83
88	65/177	8/33	229	Jacob Lee	M	9	Elgin	IL	8:28	00:26:19.95
89	24/247	6/34	315	Bailey Shafer	F	12	Waukon	IA	8:28	00:26:19.96
90	25/247	8/54	181	Lydia Huinker	F	28	Minneapolis	MN	8:29	00:26:22.81
91	26/247	9/54	330	Lauren Stillman	F	20	Decorah	IA	8:30	00:26:26.83
92	27/247	1/19	264	Jody Morrison	F	56	South English	IA	8:30	00:26:27.47
93	66/177	7/10	307	Brent Schaeffer	M	16	Decorah	IA	8:30	00:26:27.47
94	67/177	4/4	409	Isaiah Mitchell	M	17	Decorah	IA	8:31	00:26:30.58
95	68/177	14/31	406	Donal Craine	M	46	Carver	MN	8:33	00:26:35.41
96	28/247	4/63	373	Bekah Winnes	F	31	Decorah	IA	8:37	00:26:48.44
97	29/247	3/13	85	Emma Dambek	F	18	Decorah	IA	8:37	00:26:48.83
98	30/247	6/20	293	Rylea Ranum	F	15	Decorah	IA	8:40	00:26:56.57
99	31/247	5/63	391	Amy Pole	F	34	Decorah	IA	8:42	00:27:04.29
100	32/247	6/63	141	Jamie Gavle	F	34	Decorah	IA	8:42	00:27:04.49
101	69/177	9/33	147	James Gronx	M	12	Calmar	IA	8:43	00:27:06.32
102	33/247	7/34	340	Madison Tollefson	F	11	Decorah	IA	8:44	00:27:09.33
103	34/247	10/54	267	Kjerstin Narvesen	F	20	Eagan	MN	8:44	00:27:10.79
104	35/247	7/63	334	Gwen Strand	F	34	Decorah	IA	8:44	00:27:10.79
105	36/247	8/34	35	Katie Bjergum	F	12	Decorah	IA	8:45	00:27:11.41
106	37/247	7/20	265	Samantha Mulder	F	15	Berthoud	CO	8:45	00:27:11.41
107	38/247	8/63	352	Amanda Webb	F	35	Decorah	IA	8:45	00:27:13.24
108	70/177	11/29	52	Matthew Burreson	M	38	Decorah	IA	8:46	00:27:14.58
109	71/177	15/31	23	Mark Benson	M	45	Clive	IA	8:46	00:27:14.85
110	72/177	19/27	219	Joe Kim	M	22	Iowa City	IA	8:52	00:27:33.99
111	39/247	11/54	358	Ashley Wenthold	F	22	Ft. Atkinson	IA	8:53	00:27:36.43
112	73/177	6/25	514	Alan Frey	M	51	Spring	TX	8:53	00:27:38.44
113	40/247	2/19	242	Brita Loynachan	F	51	Marion	IA	8:54	00:27:41.11
114	41/247	9/34	44	Katherine Bruening	F	13	Decorah	IA	8:55	00:27:42.32

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5K Run

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
115	74/177	12/29	96	Peter Dilillo	M	31	Hoffman Estates	IL	8:55	00:27:42.93
116	75/177	16/31	318	Bill Sires	M	48	Saint Charles	MN	8:55	00:27:43.13
117	76/177	17/31	77	John Courtney	M	49	Decorah	IA	8:58	00:27:52.58
118	42/247	12/54	304	Kate Root	F	27	Decorah	IA	8:58	00:27:52.69
119	43/247	13/54	263	Mikayla Morrison	F	21	South English	IA	8:59	00:27:55.85
120	77/177	2/16	350	Tony Vondra	M	65	Decorah	IA	8:59	00:27:55.95
121	78/177	13/29	357	Lucas Welper	M	33	Stewartville	MN	9:00	00:28:00.15
122	44/247	9/63	93	Jenn Delarosa	F	33	Decorah	IA	9:00	00:28:00.86
123	45/247	8/20	427	Elise Rasmussen	F	14	Jackson	MN	9:02	00:28:04.27
124	79/177	18/31	2	Victor Agusta	M	47	Cary	NC	9:03	00:28:07.86
125	46/247	10/63	297	Lori Rissman	F	35	Decorah	IA	9:03	00:28:09.58
126	47/247	14/54	471	Rebecca Mattson	F	21	Minneapolis	MN	9:04	00:28:10.37
127	80/177	20/27	472	Charles Vermace	M	24	Minneapolis	MN	9:04	00:28:10.82
128	81/177	8/10	410	Chaise Hubka	M	15	Decorah	IA	9:04	00:28:12.52
129	48/247	10/34	90	Robyn Dayton	F	11	Decorah	IA	9:05	00:28:13.84
130	49/247	15/54	149	Alexandria Hall	F	28	Black Earth	WI	9:05	00:28:15.71
131	50/247	1/34	480	Jen Sime	F	42	Decorah	IA	9:06	00:28:17.12
132	51/247	2/34	301	Heidi Rockweiler	F	48	Decorah	IA	9:06	00:28:18.74
133	52/247	16/54	7	Julie Archer	F	29	Decorah	IA	9:07	00:28:20.17
134	53/247	9/20	215	Kylie Kerndt	F	16	Decorah	IA	9:09	00:28:26.28
135	54/247	3/34	250	Maureen Maly	F	47	Medina	MN	9:09	00:28:27.70
136	55/247	17/54	312	Jennifer Schulz	F	24	Decorah	IA	9:10	00:28:28.86
137	56/247	11/63	463	Amanda Day	F	35	Sun Prairie	WI	9:10	00:28:29.53
138	82/177	19/31	462	Jason Syverud	M	44	West Bend	WI	9:10	00:28:29.58
139	83/177	21/27	310	Blaise Schaeffer	M	21	Decorah	IA	9:10	00:28:30.15
140	57/247	11/34	145	Claire Graham	F	12	Dodge Center	MN	9:10	00:28:30.54
141	58/247	10/20	192	Madelyn Jermier	F	16	Decorah	IA	9:10	00:28:31.56
142	84/177	20/31	343	David Tollefson	M	42	Cedar Rapids	IA	9:13	00:28:40.51
143	59/247	4/34	316	Kisa Shapiro	F	40	Tampa	FL	9:13	00:28:40.83
144	60/247	12/63	324	Heidi Snell-Anderson	F	39	Decorah	IA	9:14	00:28:42.15
145	61/247	5/34	220	Amy Knoke	F	46	Decorah	IA	9:14	00:28:42.58
146	62/247	4/13	151	Melissa Hammel	F	18	Dorchester	IA	9:17	00:28:50.83
147	85/177	3/16	256	Thomas Meister	M	63	St. Croix Falls	WI	9:17	00:28:52.83
148	63/247	3/19	239	Mini Locke	F	53	Decorah	IA	9:18	00:28:53.71
149	64/247	18/54	495	Christina Otting	F	29	Decorah	IA	9:18	00:28:55.96
150	65/247	19/54	356	Allison Weiss	F	28	Decorah	IA	9:19	00:28:56.83
151	66/247	6/34	281	Lisa Olson	F	47	Minneapolis	MN	9:19	00:28:58.12
152	86/177	10/33	299	Charlie Robinson	M	12	Decorah	IA	9:20	00:29:00.44
153	67/247	12/34	240	Ada Lovelace	F	10	Decorah	IA	9:20	00:29:02.28
154	87/177	21/31	498	Mike Pearson	M	42	Fort Dodge	IA	9:22	00:29:06.97
155	88/177	11/33	241	Noah Lovelace	M	12	Decorah	IA	9:23	00:29:12.24
156	89/177	14/29	475	Jeff Scott	M	31	Decorah	IA	9:24	00:29:13.44
157	90/177	15/29	474	David Scott	M	35	Ripon	WI	9:24	00:29:13.58
158	91/177	16/29	55	Tom Busta	M	33	Decorah	IA	9:26	00:29:19.74
159	68/247	20/54	80	Katie Cunningham	F	28	Decorah	IA	9:27	00:29:23.20
160	69/247	13/34	246	Anja Madsen	F	12	Decorah	IA	9:27	00:29:24.43
161	70/247	21/54	111	Amy Dunleavy	F	22	Denver	IA	9:28	00:29:26.26
162	71/247	5/13	12	Anna Balk	F	19	Rothschild	WI	9:29	00:29:28.88
163	92/177	12/33	146	Gavin Gronx	M	9	Calmar	IA	9:31	00:29:36.33
164	93/177	7/25	295	Al Renken	M	51	Decorah	IA	9:33	00:29:42.25
165	72/247	22/54	108	Megan Dunlap	F	26	Decorah	IA	9:34	00:29:43.44
166	73/247	11/20	205	Faith Johnston	F	15	Clermont	IA	9:34	00:29:44.84
167	74/247	13/63	223	Joie Lafrentz	F	37	Decorah	IA	9:34	00:29:45.27
168	75/247	23/54	226	Hannah Lawinger	F	21	La Crosse	WI	9:34	00:29:46.30
169	76/247	14/63	161	Jordan Hansen	F	34	Hudson	IA	9:36	00:29:50.41
170	77/247	4/19	270	Kathy Newkirk	F	57	Moline	IL	9:37	00:29:53.47
171	78/247	14/34	235	Annette Lescheusky	F	13	Decorah	IA	9:37	00:29:54.72

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5K Run

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
172	79/247	12/20	266	Annelise Myers	F	16	Charlottesville	VA	9:37	00:29:54.96
173	94/177	22/31	346	Mark Vagts	M	47	Waseca	MN	9:37	00:29:55.84
174	80/247	7/34	347	Mandy Vagts	F	40	Waseca	MN	9:38	00:29:55.96
175	81/247	8/34	234	Elizabeth Lescheusky	F	46	Decorah	IA	9:38	00:29:56.14
176	95/177	23/31	20	Scott Bassford	M	41	Decorah	IA	9:38	00:29:56.56
177	96/177	13/33	400	Samson Begalske	M	9	Prairie Du Sac	WI	9:38	00:29:57.98
178	82/247	5/19	328	Marianne Stalberger	F	52	Decorah	IA	9:40	00:30:02.50
179	83/247	15/63	123	Alanna Engels	F	30	Clear Lake	IA	9:41	00:30:05.35
180	84/247	16/63	524	Amanda Hunt	F	36	Cedar Rapids	IA	9:41	00:30:05.56
181	85/247	17/63	488	Catherine Weiner	F	30	Mason City	IA	9:41	00:30:06.34
182	86/247	18/63	114	Kelly Egan	F	33	Westgate	IA	9:42	00:30:08.89
183	97/177	22/27	88	Ethan Davis	M	20	Decorah	IA	9:42	00:30:09.59
184	87/247	13/20	412	Noelle Francisco	F	15	Westlake Village	CA	9:42	00:30:09.90
185	88/247	19/63	232	Jessie Lennon	F	35	Spillville	IA	9:43	00:30:13.48
186	89/247	20/63	177	Sara Hotvedt	F	39	Decorah	IA	9:44	00:30:14.70
187	90/247	21/63	286	Megan Peterson	F	31	Decorah	IA	9:44	00:30:15.52
188	91/247	24/54	186	Avery Jamison	F	20	Stoughton	WI	9:44	00:30:16.53
189	92/247	22/63	393	Leisha Bahr	F	33	Decorah	IA	9:44	00:30:16.74
190	93/247	9/34	179	Jane Hover	F	43	Brooklyn	NY	9:44	00:30:17.14
191	98/177	14/33	6	Austin Anderson	M	9	Franklin	TN	9:45	00:30:17.74
192	94/247	23/63	491	Abigail Weiner	F	34	Eden Prairie	MN	9:45	00:30:19.96
193	95/247	24/63	61	Dana Carolan	F	37	Decorah	IA	9:46	00:30:22.81
194	99/177	8/25	202	Stu Johnston	M	53	Decorah	IA	9:46	00:30:22.81
195	96/247	25/63	497	Kristin Baun	F	32	Ames	IA	9:46	00:30:23.45
196	100/177	9/25	82	John Dambek	M	51	Decorah	IA	9:47	00:30:24.24
197	97/247	10/34	138	Sara Friedl-Putnam	F	48	Decorah	IA	9:47	00:30:24.84
198	101/177	17/29	169	Dan Herman	M	31	Boone	IA	9:47	00:30:26.69
199	98/247	25/54	417	Whitney Eldwood	F	28	Minneapolis	MN	9:48	00:30:27.32
200	102/177	23/27	87	Nick Davis	M	22	Decorah	IA	9:48	00:30:28.34
201	99/247	26/63	142	Shelly Giddings	F	34	Decorah	IA	9:49	00:30:31.21
202	103/177	15/33	530	Claylan Mounthachak	M	12	Rockford	MN	9:51	00:30:36.91
203	100/247	26/54	164	Holly Harris	F	21	Decorah	IA	9:54	00:30:48.51
204	101/247	27/54	224	Janna Langholz	F	26	Dallas	TX	9:55	00:30:49.32
205	102/247	11/34	431	Kelli Smutzler	F	47	Decorah	IA	9:56	00:30:52.37
206	103/247	27/63	300	Emily Rocksvold	F	37	Decorah	IA	9:56	00:30:53.38
207	104/177	18/29	341	Mike Tollefson	M	35	Decorah	IA	9:57	00:30:56.71
208	104/247	28/54	37	Rebecca Blake	F	28	Waukon	IA	9:57	00:30:57.43
209	105/247	14/20	338	Kasey Thompson	F	16	Decorah	IA	9:59	00:31:01.59
210	106/247	28/63	136	Amanda Forsberg	F	37	St. Louis Park	MN	9:59	00:31:02.53
211	107/247	1/7	129	Lois Finanger	F	60	Decorah	IA	10:00	00:31:04.36
212	108/247	29/54	290	Sarah Prestemon	F	29	Dorchester	IA	10:00	00:31:05.79
213	105/177	10/25	485	Chris Storlie	M	52	Decorah	IA	10:02	00:31:11.67
214	106/177	1/1	473	Mason O'Hara	M	99	Decorah	IA	10:03	00:31:13.93
215	107/177	19/29	496	Mitch Baum	M	34	Ames	IA	10:04	00:31:18.99
216	109/247	29/63	339	Trista Thompson	F	35	Decorah	IA	10:04	00:31:19.34
217	110/247	12/34	317	Holly Sires	F	42	St. Charles	MN	10:05	00:31:20.61
218	111/247	30/54	395	Jessica Hull	F	29	Prior Lake	MN	10:05	00:31:20.61
219	108/177	24/27	320	Dylan Smallwood	M	21	Papillion	NE	10:05	00:31:21.34
220	109/177	16/33	444	Christian Mclellan	M	12	West Union	IA	10:06	00:31:24.67
221	112/247	30/63	428	Larissa Rasmussen	F	39	Jackson	MN	10:10	00:31:36.66
222	113/247	15/20	178	Kaya Hougen	F	14	Decorah	IA	10:11	00:31:39.28
223	114/247	6/19	47	Pam Buddenberg	F	52	Castalia	IA	10:12	00:31:44.58
224	110/177	20/29	284	Darin Peterson	M	32	Decorah	IA	10:14	00:31:48.45
225	115/247	16/20	140	Kayla Gast	F	14	Frisco	TX	10:14	00:31:49.26
226	116/247	31/54	482	Jaimie Craig	F	23	Decorah	IA	10:16	00:31:55.16
227	117/247	13/34	455	Ronda Lovelace	F	49	Rochester	MN	10:17	00:31:58.93
228	118/247	14/34	102	Lara Dolphin	F	42	Gales Ferry	CT	10:18	00:32:01.25

# Nordic Fest Elvelopet

July 25, 2015

## Overall Results

5K Run

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
229	119/247	31/63	54	Hon Busta	F	34	Decorah	IA	10:18	00:32:02.84
230	111/177	4/16	86	Steve Davis	M	61	Decorah	IA	10:19	00:32:03.28
231	120/247	15/34	3	Beth Albertson	F	47	Calmar	IA	10:19	00:32:04.59
232	112/177	11/25	344	Paul Ulvilden	M	56	Decorah	IA	10:20	00:32:07.54
233	121/247	32/54	197	Ashley Johnson	F	28	Minneapolis	MN	10:21	00:32:10.58
234	113/177	21/29	374	Mike Wurm	M	30	Lake Elmo	MN	10:21	00:32:10.58
235	122/247	2/7	484	Lisa Lien	F	60	Lansing	IA	10:22	00:32:12.93
236	123/247	33/54	119	Sara Einck	F	23	Waterloo	IA	10:22	00:32:14.65
237	124/247	16/34	501	Traci Schowitz	F	47	Marion	IA	10:23	00:32:16.68
238	114/177	17/33	433	Rex Huinker	M	13	Decorah	IA	10:23	00:32:16.77
239	125/247	34/54	89	Lindsay Davis	F	29	Decorah	IA	10:24	00:32:19.85
240	126/247	32/63	493	Robyn Hanson	F	35	Decorah	IA	10:24	00:32:20.78
241	127/247	33/63	230	Kari Lee-Zimmermann	F	36	Cottage Grove	MN	10:24	00:32:21.34
242	115/177	5/16	188	Darrel Jensen	M	68	Decorah	IA	10:25	00:32:23.46
243	116/177	24/31	294	Chris Redenius	M	42	Decorah	IA	10:25	00:32:24.29
244	128/247	34/63	449	Theresa Fullhart	F	37	Decorah	IA	10:25	00:32:24.59
245	129/247	35/54	70	Jenna Cline	F	29	Adel	IA	10:26	00:32:25.52
246	130/247	15/34	434	Jessica Heinzen	F	13	Grant	MN	10:26	00:32:25.90
247	117/177	22/29	378	Zachary Zimmermann	M	36	Cottage Grove	MN	10:26	00:32:26.33
248	131/247	7/19	187	Llew Jenkins	F	51	Decorah	IA	10:26	00:32:26.95
249	118/177	6/16	432	Larry Grimstad	M	72	Decorah	IA	10:26	00:32:26.95
250	132/247	16/34	329	Maren Stewart	F	12	Winona	MN	10:26	00:32:27.56
251	119/177	23/29	198	Jason Johnson	M	38	Independence	IA	10:26	00:32:27.77
252	120/177	24/29	322	Weylin Smith	M	37	Decorah	IA	10:27	00:32:28.39
253	133/247	3/7	287	Diane Peterson	F	61	Downers Grove	IL	10:27	00:32:29.94
254	134/247	35/63	122	Alison Elwood	F	37	Decorah	IA	10:27	00:32:30.43
255	135/247	17/34	193	Sarah Johannis	F	46	Minneapolis	MN	10:28	00:32:33.32
256	136/247	17/34	194	Kat Johannis	F	12	Minneapolis	MN	10:28	00:32:33.98
257	121/177	7/16	461	Duane Oyew	M	70	Eau Claire	WI	10:29	00:32:35.57
258	137/247	36/63	502	Erin Schaden	F	30	Saint Paul	MN	10:29	00:32:37.34
259	138/247	18/34	531	Susanna Cole	F	43	Redding	CA	10:30	00:32:40.26
260	139/247	18/34	387	Rachel Ryan	F	13	Ankeny	IA	10:31	00:32:42.50
261	140/247	37/63	73	Amy Courtney	F	39	Ridgeway	IA	10:31	00:32:42.89
262	122/177	9/10	527	Bryson Hudgens	M	15	Argyle	TX	10:31	00:32:43.43
263	141/247	19/34	421	Michaela Shope	F	49	Decorah	IA	10:32	00:32:45.34
264	142/247	36/54	450	Katie Wieland	F	22	Cresco	IA	10:34	00:32:52.88
265	143/247	38/63	448	Michelle Midthus	F	38	Cresco	IA	10:36	00:32:56.34
266	144/247	37/54	76	Katie Courtney	F	23	Decorah	IA	10:36	00:32:56.85
267	145/247	20/34	42	Stacey Brandt	F	49	Decorah	IA	10:39	00:33:06.53
268	123/177	25/29	414	Paul Hogseth	M	36	Mount Horeb	WI	10:39	00:33:07.84
269	124/177	8/16	336	Rasmus Sunde	M	71	Balestrand		10:41	00:33:13.46
270	125/177	18/33	117	Izaak Eichinger	M	11	Decorah	IA	10:42	00:33:16.32
271	146/247	21/34	456	Jeanne Adelman	F	47	Minneapolis	MN	10:43	00:33:18.76
272	147/247	8/19	182	Kim Huinker	F	56	Decorah	IA	10:44	00:33:21.59
273	126/177	12/25	183	Mike Huinker	M	55	Decorah	IA	10:44	00:33:22.34
274	127/177	13/25	118	Mark Eichinger	M	50	Decorah	IA	10:45	00:33:25.56
275	148/247	22/34	510	Karen Trewin	F	45	Decorah	IA	10:48	00:33:33.82
276	128/177	9/16	174	Don Holmertz	M	61	Decorah	IA	10:50	00:33:40.56
277	129/177	19/33	415	Maxwell Hoden	M	8	Alberta		10:52	00:33:46.34
278	130/177	10/16	271	Gary Newkirk	M	68	Moline	IL	10:54	00:33:54.78
279	131/177	20/33	160	Martin Hanna	M	7	Mazamanic	WI	10:56	00:33:59.46
280	132/177	25/31	157	Wade Hanna	M	40	Mazamanic	WI	10:56	00:34:00.28
281	149/247	23/34	398	Heather Begalske	F	43	Prairie Du Sac	WI	10:56	00:34:00.48
282	150/247	24/34	38	Dominique Bockman	F	44	Decorah	IA	11:00	00:34:11.99
283	151/247	39/63	353	Carrie Weber	F	30	Ankeny	IA	11:02	00:34:17.34
284	133/177	14/25	252	Jeffrey Martin	M	54	Decorah	IA	11:03	00:34:21.84
285	134/177	15/25	526	Tom Whiteis	M	57	Osseo	MN	11:05	00:34:27.96

# Nordic Fest Elvelopet

July 25, 2015

## Overall Results

5K Run

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
286	135/177	16/25	513	Lyle Klotzbach	M	55	Tea	SD	11:06	00:34:32.24
287	152/247	9/19	288	Mary Peterson	F	56	Manchester	IA	11:07	00:34:34.59
288	153/247	40/63	311	Heather Schmidt	F	36	Ankeny	IA	11:09	00:34:38.84
289	154/247	10/19	121	Cathy Elsbernd	F	53	Decorah	IA	11:10	00:34:43.43
290	155/247	19/34	509	Jenna Lemke	F	9	Decorah	IA	11:13	00:34:51.77
291	156/247	41/63	189	Jessica Jensen	F	33	Apple Valley	MN	11:14	00:34:54.20
292	157/247	6/13	83	Jenna Dambek	F	17	Valparaiso	IN	11:14	00:34:54.82
293	158/247	38/54	314	Claire Seitzinger	F	22	Decorah	IA	11:14	00:34:56.59
294	136/177	21/33	445	Lucas Mclellan	M	10	West Union	IA	11:15	00:34:57.68
295	159/247	25/34	443	Lisa Mclellan	F	43	West Union	IA	11:15	00:34:57.68
296	160/247	7/13	413	Amanda Francisco	F	17	Westlake Village	CA	11:16	00:35:02.76
297	137/177	11/16	233	David Lepa	M	61	Decorah	IA	11:17	00:35:05.40
298	161/247	42/63	170	Allison Herman	F	30	Boone	IA	11:18	00:35:06.83
299	162/247	11/19	321	Becky Smith	F	59	Fort Atkinson	IA	11:19	00:35:11.29
300	138/177	12/16	396	Rich Tenneson	M	67	Decorah	IA	11:20	00:35:13.10
301	139/177	22/33	522	Benson Newhouse	M	10	Sioux Rapids	IA	11:23	00:35:23.33
302	140/177	23/33	429	Owen Woodward	M	10	Ketchikan	AK	11:23	00:35:23.53
303	163/247	26/34	467	Marie Conway	F	41	Calmar	IA	11:28	00:35:40.35
304	164/247	43/63	466	Dawn French	F	38	Calmar	IA	11:28	00:35:40.44
305	165/247	12/19	34	Alison Bishop	F	53	Decorah	IA	11:30	00:35:43.91
306	141/177	26/29	349	Cory Van Patten	M	35	Gilbert	AZ	11:31	00:35:49.58
307	142/177	26/31	348	David Van Patten	M	40	Gilbert	AZ	11:31	00:35:49.99
308	166/247	4/7	185	Merry Hunter	F	60	Decorah	IA	11:33	00:35:55.50
309	143/177	24/33	291	Lucas Rabe	M	9	Robins	IA	11:34	00:35:56.85
310	144/177	27/31	143	David Graham	M	48	Dodge Center	MN	11:34	00:35:56.93
311	167/247	17/20	436	Emma Clement	F	15	Cresco	IA	11:34	00:35:59.35
312	168/247	1/2	292	Renee Rabe	F	99	Robins	IA	11:35	00:36:00.10
313	169/247	18/20	120	Lindsay Elsbernd	F	16	Decorah	IA	11:37	00:36:07.85
314	170/247	20/34	260	Abby Moen	F	12	Decorah	IA	11:38	00:36:10.35
315	171/247	44/63	342	Renda Tollefson	F	34	Decorah	IA	11:38	00:36:11.77
316	172/247	45/63	282	Keri Ostby	F	37	Rochester	MN	11:42	00:36:21.14
317	145/177	17/25	268	Greg Nelson	M	52	Hastings	MN	11:43	00:36:24.59
318	173/247	39/54	269	Railyn Nelson	F	24	Hastings	MN	11:43	00:36:24.79
319	174/247	8/13	528	Nicole Fosaaen	F	17	Cresco	IA	11:43	00:36:25.12
320	175/247	13/19	457	Maureen Regan	F	54	Decorah	IA	11:46	00:36:33.56
321	176/247	14/19	227	Janet Lee	F	52	Elgin	IL	11:46	00:36:36.39
322	177/247	9/13	251	Caroline Marlow	F	18	Decorah	IA	11:47	00:36:39.23
323	178/247	5/7	225	Holly Larson	F	60	Decorah	IA	11:50	00:36:46.10
324	179/247	40/54	381	Shauna Dibble	F	29	Decorah	IA	11:51	00:36:49.79
325	180/247	21/34	332	Brynn Storhoff	F	9	Decorah	IA	11:51	00:36:51.83
326	181/247	46/63	333	Brigit Storhoff	F	36	Decorah	IA	11:51	00:36:52.10
327	146/177	28/31	331	Brent Storhoff	M	40	Decorah	IA	11:52	00:36:52.24
328	147/177	18/25	309	Scot Schaeffer	M	53	Decorah	IA	11:52	00:36:53.10
329	182/247	47/63	470	Sara Klosterboer	F	34	North Liberty	IA	11:58	00:37:13.43
330	183/247	10/13	139	Emily Love Garcia	F	17	Sylmar	CA	12:00	00:37:18.73
331	148/177	13/16	280	Dale Olson	M	63	Ames	IA	12:03	00:37:28.48
332	184/247	41/54	306	Rachel Sand	F	28	Chicago	IL	12:03	00:37:28.60
333	185/247	11/13	499	Clara Pearson	F	19	Fort Dodge	IA	12:04	00:37:32.10
334	186/247	12/13	500	Siece Pearson	F	18	Fort Dodge	IA	12:05	00:37:33.10
335	187/247	22/34	478	Ella Ready	F	9	Sioux Falls	SD	12:06	00:37:37.20
336	188/247	48/63	477	Laura Ready	F	36	Sioux Falls	SD	12:06	00:37:37.60
337	189/247	19/20	244	Kirsten Loynachan	F	15	Marion	IA	12:09	00:37:45.85
338	190/247	42/54	335	Samantha Street	F	24	Winona	MN	12:09	00:37:47.35
339	191/247	23/34	439	Rachel Bower	F	12	Decorah	IA	12:10	00:37:50.50
340	192/247	27/34	302	Janette Rodecap	F	40	Kansas City	MO	12:11	00:37:51.85
341	149/177	29/31	130	Chris Fisher	M	40	Atkins	IA	12:12	00:37:54.85
342	193/247	28/34	441	Kirstie Bower	F	45	Decorah	IA	12:12	00:37:55.13

# Nordic Fest Elvelopet

July 25, 2015

## Overall Results

5K Run

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
343	194/247	15/19	110	Sarah Dunleavy	F	52	Denver	IA	12:13	00:38:00.47
344	195/247	43/54	367	Emily Wilson	F	22	Decorah	IA	12:14	00:38:03.10
345	150/177	30/31	382	Erich Morris	M	42	Richfield	MN	12:18	00:38:14.30
346	151/177	14/16	135	Eric Forsberg	M	66	Golden Valley	MN	12:27	00:38:43.10
347	152/177	25/27	153	Jake Hammes	M	26	Cumberland	WI	12:33	00:39:01.95
348	153/177	25/33	355	Henry Weis	M	9	Decorah	IA	12:37	00:39:13.35
349	154/177	19/25	419	John Weis	M	52	North Liberty	IA	12:41	00:39:26.20
350	196/247	24/34	354	Helen Weis	F	13	Decorah	IA	12:41	00:39:26.80
351	197/247	29/34	366	Jennifer Wilson	F	46	Decorah	IA	12:41	00:39:27.41
352	155/177	20/25	418	Michael Weis	M	50	Decorah	IA	12:41	00:39:27.41
353	198/247	44/54	56	Bailey Cahlander	F	25	St. Paul	MN	12:45	00:39:37.10
354	199/247	30/34	148	Amanda Hahn	F	41	Decorah	IA	12:47	00:39:44.25
355	156/177	21/25	196	Kai Robert Johansen	M	56	Ridgeway	IA	12:54	00:40:05.59
356	200/247	49/63	420	Ehda Rowley	F	39	Decorah	IA	12:54	00:40:07.83
357	201/247	50/63	112	Amy Eastling	F	30	Eagan	MN	12:56	00:40:12.49
358	202/247	13/13	503	Laura Munkel	F	19	Decorah	IA	13:02	00:40:31.59
359	203/247	45/54	504	Olivia Munkel	F	23	Decorah	IA	13:02	00:40:31.79
360	204/247	46/54	10	Lara Bacon	F	20	Alma	WI	13:05	00:40:40.45
361	157/177	26/33	65	Henry Castro	M	13	Calmar	IA	13:07	00:40:45.35
362	205/247	51/63	442	Jennifer Harasim	F	34	Lakeville	MN	13:08	00:40:50.13
363	206/247	52/63	66	Bethany Chalmers	F	30	Minneapolis	MN	13:12	00:41:03.31
364	158/177	15/16	25	Donald Berg	M	80	Decorah	IA	13:17	00:41:17.73
365	207/247	53/63	222	Jackie Kruse	F	35	Decorah	IA	13:19	00:41:22.79
366	208/247	20/20	116	Joanna Egan	F	14	Maplewood	MO	13:19	00:41:24.22
367	209/247	54/63	31	Melissa Bills	F	34	Decorah	IA	13:19	00:41:24.61
368	210/247	25/34	59	Bridget Canton	F	9	North Liberty	IA	13:22	00:41:33.11
369	211/247	55/63	45	Jennifer Buchan	F	31	St. Paul	MN	13:22	00:41:33.80
370	159/177	27/33	46	Nolan Buchan	M	8	St. Paul	MN	13:22	00:41:33.80
371	212/247	2/2	243	Anneka Loynachan	F	99	Marion	IA	13:28	00:41:51.95
372	213/247	6/7	247	Barb Mahr	F	64	Decorah	IA	13:31	00:41:59.86
373	160/177	28/33	401	Bill Fullhart	M	6	Ajo	AZ	13:32	00:42:03.36
374	214/247	56/63	402	Doreen Fullhart	F	39	Ajo	AZ	13:32	00:42:04.42
375	161/177	22/25	152	Mark Hammes	M	53	Cumberland	WI	13:40	00:42:28.67
376	215/247	31/34	18	Cindy Barwick	F	44	Sheldon	IA	13:42	00:42:36.81
377	162/177	29/33	60	Briggs Canton	M	5	North Liberty	IA	13:53	00:43:08.95
378	216/247	57/63	58	Anna Canton	F	31	North Liberty	IA	13:59	00:43:28.32
379	163/177	27/29	516	Theo Loftsgard	M	33	Rochester	MN	14:04	00:43:44.19
380	217/247	58/63	365	Andrea Wilson	F	39	Decorah	IA	14:04	00:43:44.79
381	218/247	47/54	389	Cassie Faldet	F	24	Cedar Rapids	IA	14:11	00:44:06.72
382	164/177	26/27	424	Gabriel Twedt	M	27	Decorah	IA	14:14	00:44:14.54
383	165/177	28/29	425	Josh Twedt	M	36	Stoughton	WI	14:14	00:44:14.66
384	219/247	48/54	521	Taylor Helgeson	F	21	Decorah	IA	14:15	00:44:17.29
385	220/247	26/34	399	Signe Begalske	F	11	Prairie Du Sac	WI	14:16	00:44:22.13
386	221/247	27/34	397	Adriana Rothe	F	11	Prairie Du Sac	WI	14:16	00:44:22.57
387	166/177	16/16	98	Ross Dohlen	M	80	Emerald Isle	NC	14:18	00:44:26.63
388	222/247	28/34	207	Jillian Kamanyt	F	10	Decorah	IA	14:21	00:44:36.82
389	223/247	59/63	209	Marissa Kamanyt	F	38	Decorah	IA	14:21	00:44:37.29
390	167/177	10/10	208	Evan Kamanyt	M	15	Decorah	IA	14:21	00:44:38.11
391	224/247	49/54	238	Hannah Lindblom	F	23	Decorah	IA	14:25	00:44:48.36
392	225/247	50/54	131	Jenny Flynn	F	27	Decorah	IA	14:25	00:44:48.61
393	226/247	7/7	99	Barbara Dohlen	F	69	Emerald Isle	NC	14:40	00:45:36.86
394	227/247	29/34	380	Maddie Putnam	F	13	Decorah	IA	14:41	00:45:37.86
395	228/247	60/63	253	Laura McCreery	F	34	Davenport	IA	14:43	00:45:43.58
396	229/247	30/34	254	Kaylee McCreery	F	6	Davenport	IA	14:43	00:45:43.78
397	230/247	16/19	201	Lisa Johnsrud	F	53	Dodgeville	WI	14:46	00:45:54.15
398	231/247	31/34	159	Maggie Hanna	F	5	Mazamanic	WI	14:46	00:45:54.97
399	232/247	61/63	158	Betsy Hanna	F	39	Mazamanic	WI	14:47	00:45:56.86

# Nordic Fest Elvelopet

July 25, 2015

## Overall Results

5K Run

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
400	233/247	17/19	231	Cheryl Lemke	F	57	Decorah	IA	14:48	00:46:00.36
401	168/177	30/33	377	Huck Zahasky	M	5	Iowa City	IA	14:48	00:46:00.36
402	169/177	23/25	379	Dale Putnam	M	57	Decorah	IA	14:49	00:46:04.29
403	170/177	24/25	49	Ward Budweg	M	57	Decorah	IA	14:49	00:46:04.29
404	234/247	32/34	48	Jacqueline Budweg	F	49	Decorah	IA	14:49	00:46:04.94
405	235/247	51/54	134	Andrea Fors	F	24	Calmar	IA	14:51	00:46:09.11
406	236/247	32/34	506	Kylie Lemke	F	6	Decorah	IA	14:51	00:46:09.81
407	171/177	31/33	11	Micah Bacon	M	9	Alma	WI	15:04	00:46:50.88
408	237/247	18/19	361	Connie White	F	53	Decorah	IA	15:08	00:47:02.10
409	172/177	31/31	64	Samuel Castro	M	44	Calmar	IA	15:15	00:47:23.26
410	238/247	33/34	216	Kelby Kerndt	F	7	Decorah	IA	15:55	00:49:27.32
411	173/177	29/29	217	Tade Kerndt	M	38	Decorah	IA	15:55	00:49:27.32
412	239/247	62/63	81	Tiffany Dahlberg	F	34	Decorah	IA	16:46	00:52:06.50
413	240/247	52/54	525	Desirae Donlan	F	29	Decorah	IA	16:46	00:52:06.87
414	241/247	53/54	257	Lauren Metcalf	F	24	Waterloo	IA	17:03	00:53:01.35
415	174/177	27/27	258	Andrew Metcalf	M	26	Waterloo	IA	17:03	00:53:01.56
416	175/177	32/33	430	Liam Woodward	M	7	Ketchikan	AK	17:04	00:53:03.60
417	242/247	33/34	106	Marsha Dreesman	F	46	Clarksville Ia	MN	17:25	00:54:09.13
418	243/247	54/54	126	Stacey Falck	F	29	Decorah	IA	17:27	00:54:15.12
419	244/247	63/63	125	Teresa Falck	F	34	Decorah	IA	17:27	00:54:15.38
420	245/247	34/34	438	Hailey Bower	F	11	Decorah	IA	17:37	00:54:44.63
421	176/177	25/25	440	Jim Bower	M	57	Decorah	IA	17:49	00:55:24.19
422	177/177	33/33	416	Theo Barber	M	5	Des Moines	IA	18:46	00:58:21.17
423	246/247	19/19	262	Caryn Morris	F	58	Salisbury	MD	19:29	01:00:32.45
424	247/247	34/34	323	Sabrina Smith	F	44	Piedmont	CA	23:17	01:12:23.40