

# Tri One On 2015

June 21, 2015

## Overall Division Results

Individual

### Female Overall Winner

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name             | Age | S | City     | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|------------------|-----|---|----------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 12/309            | 1/81             | 126 | Nicole Falcaro   | 28  | F | New York | NY  | 00:06:42.11 | 00:31:07.97 | 00:18:03.85 |         | 00:57:52.25 |
| 2         | 13/309            | 2/81             | 118 | Stephanie Coburn | 34  | F | Astoria  | NY  | 00:06:52.52 | 00:30:53.05 | 00:18:37.64 |         | 00:58:20.54 |
| 3         | 27/309            | 3/81             | 150 | Hallie Nicoll    | 32  | F | New York | NY  | 00:07:11.21 | 00:32:35.02 | 00:20:36.89 |         | 01:03:18.33 |

### Male Overall Winner

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name            | Age | S | City          | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|-----------------|-----|---|---------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 1/309             | 1/228            | 3   | Pat Fannon      | 24  | M | West Islip    | NY  | 00:06:36.00 | 00:27:18.42 | 00:15:39.39 |         | 00:51:03.26 |
| 2         | 2/309             | 2/228            | 553 | Tim Steiskal    | 25  | M | Bethpage      | NY  | 00:05:55.36 | 00:28:02.24 | 00:17:44.97 |         | 00:53:25.77 |
| 3         | 3/309             | 3/228            | 9   | Andreas Schmidt | 48  | M | New York City | NY  | 00:06:18.61 | 00:27:45.52 | 00:18:07.70 |         | 00:53:57.43 |

### Female Athena

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name           | Age | S | City      | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|----------------|-----|---|-----------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 54/309            | 8/81             | 476 | Irena Ryjova   | 42  | F | Brooklyn  | NY  | 00:05:58.33 | 00:34:49.08 | 00:23:50.71 |         | 01:07:42.40 |
| 2         | 190/309           | 33/81            | 466 | Erica Fraiberg | 42  | F | Greenlawn | NY  | 00:10:19.34 | 00:42:57.52 | 00:23:10.41 |         | 01:19:43.79 |

### Male Clydesdale

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name            | Age | S | City        | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|-----------------|-----|---|-------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 71/309            | 59/228           | 554 | Len Oppenheimer | 47  | M | Hewlett     | NY  | 00:07:38.00 | 00:33:51.64 | 00:25:08.07 |         | 01:09:20.68 |
| 2         | 87/309            | 75/228           | 478 | Nimmers Stern   | 38  | M | New York    | NY  | 00:06:44.52 | 00:34:56.91 | 00:23:57.48 |         | 01:10:16.69 |
| 3         | 121/309           | 103/228          | 469 | Howard Levine   | 54  | M | Short Hills | NJ  | 00:05:37.87 | 00:35:13.54 | 00:29:21.88 |         | 01:13:27.57 |

### Female Ages 15 - 19

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name                | Age | S | City            | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|---------------------|-----|---|-----------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 34/309            | 4/81             | 557 | Kathryn Veron       | 19  | F | Franklin Square | NY  | 00:06:48.25 | 00:36:00.64 | 00:19:23.63 |         | 01:04:39.54 |
| 2         | 58/309            | 9/81             | 175 | Gabriela Stolpinski | 17  | F | Enfield         | CT  | 00:07:21.86 | 00:34:34.48 | 00:24:16.87 |         | 01:07:54.53 |
| 3         | 219/309           | 41/81            | 131 | Sidonya Hakimi      | 16  | F | Great Neck      | NY  | 00:09:19.00 | 00:42:33.84 | 00:26:43.56 |         | 01:21:58.49 |

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Individual

### Male Ages 15 - 19

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name        | Age | S | City     | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|-------------|-----|---|----------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 16/309            | 14/228           | 55  | Tyler Kenny | 15  | M | Blauvelt | NY  | 00:06:15.53 | 00:32:25.31 | 00:19:28.04 |         | 00:59:00.78 |

### Female Ages 20 - 24

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name              | Age | S | City       | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|-------------------|-----|---|------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 136/309           | 22/81            | 562 | Nina Sabatini     | 23  | F | Massapequa | NY  | 00:06:26.92 | 00:39:01.54 | 00:24:29.79 |         | 01:14:28.23 |
| 2         | 142/309           | 23/81            | 172 | Emily Stern       | 21  | F | Plainview  | NY  | 00:07:40.88 | 00:38:22.61 | 00:25:52.37 |         | 01:14:53.98 |
| 3         | 235/309           | 47/81            | 124 | Alyssa Digiovanni | 24  | F | Sea Cliff  | NY  | 00:10:39.91 | 00:40:56.28 | 00:27:46.63 |         | 01:23:57.49 |

### Male Ages 20 - 24

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name             | Age | S | City           | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|------------------|-----|---|----------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 24/309            | 22/228           | 22  | Matthew Broncato | 20  | M | Roslyn Heights | NY  | 00:06:41.33 | 00:33:59.05 | 00:20:02.09 |         | 01:02:46.49 |
| 2         | 129/309           | 110/228          | 594 | Jaehwi Kwon      | 20  | M | Flushing       | NY  | 00:09:23.63 | 00:35:37.18 | 00:23:43.52 |         | 01:14:02.34 |
| 3         | 146/309           | 123/228          | 49  | Philip Healey    | 20  | M | Massapequa     | NY  | 00:06:49.59 | 00:39:32.24 | 00:23:47.85 |         | 01:15:23.26 |

### Female Ages 25 - 29

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name         | Age | S | City         | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|--------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 65/309            | 10/81            | 180 | Melissa West | 26  | F | N Massapequa | NY  | 00:08:33.86 | 00:32:46.20 | 00:23:01.05 |         | 01:08:40.38 |
| 2         | 96/309            | 15/81            | 178 | Nicole Unger | 28  | F | Great Neck   | NY  | 00:09:22.00 | 00:39:15.92 | 00:19:55.04 |         | 01:11:28.43 |
| 3         | 118/309           | 18/81            | 112 | Sara Bryant  | 29  | F | New York     | NY  | 00:08:10.14 | 00:37:15.68 | 00:23:21.71 |         | 01:13:21.63 |

### Male Ages 25 - 29

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name            | Age | S | City      | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|-----------------|-----|---|-----------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 7/309             | 7/228            | 106 | Stephen Ward    | 29  | M | New York  | NY  | 00:07:30.86 | 00:28:57.98 | 00:18:33.33 |         | 00:56:52.28 |
| 2         | 23/309            | 21/228           | 34  | Sam Debey       | 27  | M | Weehawken | NJ  | 00:07:32.95 | 00:32:09.15 | 00:19:57.43 |         | 01:02:35.54 |
| 3         | 48/309            | 41/228           | 58  | Joseph Kronberg | 28  | M | Syosset   | NY  | 00:07:36.36 | 00:34:05.02 | 00:21:59.08 |         | 01:06:47.79 |

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## Overall Division Results

Individual

### Female Ages 30 - 34

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name             | Age | S | City            | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|------------------|-----|---|-----------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 159/309           | 25/81            | 139 | Betsy Koerner    | 34  | F | Brooklyn        | NY  | 00:11:14.48 | 00:38:19.92 | 00:24:26.42 |         | 01:16:40.58 |
| 2         | 217/309           | 40/81            | 157 | Kathryn Peveraro | 32  | F | Massapequa Park | NY  | 00:09:13.61 | 00:42:28.15 | 00:25:54.69 |         | 01:21:52.98 |
| 3         | 233/309           | 46/81            | 143 | Marilyna Lau     | 32  | F | Bayside         | NY  | 00:11:31.80 | 00:43:50.70 | 00:24:16.13 |         | 01:23:42.57 |

### Male Ages 30 - 34

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name            | Age | S | City      | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|-----------------|-----|---|-----------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 17/309            | 15/228           | 84  | Matthew Raske   | 33  | M | New York  | NY  | 00:06:28.11 | 00:32:09.62 | 00:19:26.30 |         | 01:00:01.18 |
| 2         | 21/309            | 19/228           | 91  | Daniel Schiemel | 32  | M | New York  | NY  | 00:07:18.11 | 00:30:49.29 | 00:21:21.69 |         | 01:02:04.54 |
| 3         | 26/309            | 24/228           | 92  | Yaniv Schiller  | 33  | M | Riverdale | NY  | 00:07:45.98 | 00:31:22.37 | 00:20:57.68 |         | 01:03:11.43 |

### Female Ages 35 - 39

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name            | Age | S | City             | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|-----------------|-----|---|------------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 43/309            | 7/81             | 505 | Amie Weber      | 37  | F | Rockville Centre | NY  | 00:08:24.36 | 00:33:22.98 | 00:21:24.61 |         | 01:05:37.46 |
| 2         | 90/309            | 13/81            | 109 | Erin Abouzaid   | 35  | F | New York         | NY  | 00:08:00.39 | 00:35:43.54 | 00:24:28.84 |         | 01:11:05.50 |
| 3         | 112/309           | 16/81            | 121 | Pamela Danbusky | 36  | F | Roslyn           | NY  | 00:07:28.49 | 00:35:41.40 | 00:26:02.89 |         | 01:12:47.55 |

### Male Ages 35 - 39

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name          | Age | S | City             | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|---------------|-----|---|------------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 8/309             | 8/228            | 254 | Sean Tedesco  | 39  | M | East Meadow      | NY  | 00:06:04.65 | 00:30:26.50 | 00:19:12.69 |         | 00:57:20.29 |
| 2         | 18/309            | 16/228           | 504 | Thomas Weber  | 36  | M | Rockville Centre | NY  | 00:08:22.24 | 00:31:14.41 | 00:18:09.91 |         | 01:00:32.88 |
| 3         | 31/309            | 28/228           | 231 | Douglas Palma | 38  | M | Bronxville       | NY  | 00:08:22.31 | 00:33:51.11 | 00:19:30.76 |         | 01:04:18.17 |

### Female Ages 40 - 44

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name                  | Age | S | City           | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|-----------------------|-----|---|----------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 181/309           | 31/81            | 281 | Jessica Diament       | 42  | F | Roslyn         | NY  | 00:08:58.51 | 00:38:56.02 | 00:27:38.39 |         | 01:18:45.72 |
| 2         | 204/309           | 37/81            | 293 | Adrienne Keggin-Kwong | 42  | F | Rego Park      | NY  | 00:09:46.86 | 00:42:33.97 | 00:24:59.12 |         | 01:20:53.28 |
| 3         | 220/309           | 42/81            | 299 | Katarina Markovina    | 44  | F | Roslyn Estates | NY  | 00:10:29.00 | 00:42:10.51 | 00:24:26.55 |         | 01:22:02.74 |

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## Overall Division Results

Individual

### Male Ages 40 - 44

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name            | Age | S | City        | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|-----------------|-----|---|-------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 9/309             | 9/228            | 261 | Robert Votruba  | 44  | M | Garden City | NY  | 00:06:43.89 | 00:29:50.16 | 00:18:48.63 |         | 00:57:28.17 |
| 2         | 10/309            | 10/228           | 194 | Craig Catanzaro | 42  | M | Smithtown   | NY  | 00:06:42.34 | 00:30:04.98 | 00:18:39.20 |         | 00:57:35.60 |
| 3         | 15/309            | 13/228           | 198 | Lester Deleon   | 41  | M | Westbury    | NY  | 00:07:18.86 | 00:29:07.53 | 00:19:50.02 |         | 00:58:26.90 |

### Female Ages 45 - 49

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name               | Age | S | City          | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|--------------------|-----|---|---------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 67/309            | 12/81            | 291 | Lesli Hiller       | 49  | F | New Hyde Park | NY  | 00:08:26.37 | 00:36:42.17 | 00:21:18.70 |         | 01:08:49.65 |
| 2         | 125/309           | 19/81            | 566 | Gilda Schultz      | 47  | F | Blue Point    | NY  | 00:07:58.00 | 00:37:08.62 | 00:24:29.22 |         | 01:13:44.55 |
| 3         | 150/309           | 24/81            | 295 | Annmarie Lauritsen | 46  | F | Bethpage      | NY  | 00:08:03.12 | 00:40:07.45 | 00:24:53.89 |         | 01:15:43.54 |

### Male Ages 45 - 49

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name            | Age | S | City          | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|-----------------|-----|---|---------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 11/309            | 11/228           | 408 | Graham Wilcock  | 47  | M | Locust Valley | NY  | 00:07:48.56 | 00:29:16.52 | 00:19:00.52 |         | 00:57:42.29 |
| 2         | 29/309            | 26/228           | 348 | Johnny Graziano | 47  | M | Riverhead     | NY  | 00:07:55.20 | 00:31:48.00 | 00:20:50.22 |         | 01:03:29.39 |
| 3         | 35/309            | 31/228           | 345 | Michael Gisonda | 45  | M | Boca Raton    | FL  | 00:08:43.24 | 00:31:23.16 | 00:21:42.55 |         | 01:04:46.76 |

### Female Ages 50 - 54

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name          | Age | S | City         | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|---------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 66/309            | 11/81            | 294 | Joan Landers  | 54  | F | Old Westbury | NY  | 00:08:48.87 | 00:33:55.58 | 00:22:45.57 |         | 01:08:44.91 |
| 2         | 92/309            | 14/81            | 316 | Nicole Thomas | 54  | F | Olney        | MD  | 00:08:31.40 | 00:36:18.40 | 00:23:49.13 |         | 01:11:18.81 |
| 3         | 164/309           | 27/81            | 308 | Susan Sales   | 52  | F | Pelham       | NY  | 00:08:59.32 | 00:39:15.14 | 00:24:42.19 |         | 01:17:01.75 |

### Male Ages 50 - 54

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name             | Age | S | City         | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|------------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 19/309            | 17/228           | 392 | Danny Selcow     | 51  | M | New York     | NY  | 00:07:54.44 | 00:31:37.49 | 00:19:07.02 |         | 01:01:04.87 |
| 2         | 76/309            | 64/228           | 368 | Valeri Makovik   | 52  | M | Forest Hills | NY  | 00:10:36.35 | 00:34:55.80 | 00:20:23.09 |         | 01:09:47.63 |
| 3         | 79/309            | 67/228           | 343 | Michael Freshour | 50  | M | Bayport      | NY  | 00:07:16.21 | 00:36:01.58 | 00:23:16.12 |         | 01:09:58.32 |

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## Overall Division Results

Individual

### Female Ages 55 - 59

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name            | Age | S | City       | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|-----------------|-----|---|------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 38/309            | 5/81             | 317 | Patti Thorp     | 57  | F | Cutchogue  | NY  | 00:07:10.85 | 00:34:42.16 | 00:20:52.62 |         | 01:04:58.53 |
| 2         | 199/309           | 35/81            | 306 | Regan Megaera   | 56  | F | New York   | NY  | 00:09:51.35 | 00:37:55.00 | 00:29:39.86 |         | 01:20:33.79 |
| 3         | 267/309           | 61/81            | 286 | Marcia Goldberg | 57  | F | Massapequa | NY  | 00:12:41.00 | 00:44:38.27 | 00:29:16.43 |         | 01:30:09.82 |

### Male Ages 55 - 59

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name             | Age | S | City             | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|------------------|-----|---|------------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 14/309            | 12/228           | 419 | Ned Daily        | 58  | M | Garden City Park | NY  | 00:07:16.62 | 00:29:35.49 | 00:19:18.63 |         | 00:58:21.80 |
| 2         | 25/309            | 23/228           | 413 | Andre Bertolotti | 55  | M | Port Washington  | NY  | 00:08:04.55 | 00:31:24.64 | 00:21:02.50 |         | 01:03:08.77 |
| 3         | 30/309            | 27/228           | 502 | Harry Neuhaus    | 55  | M | Brooklyn         | NY  | 00:07:22.22 | 00:32:14.19 | 00:20:32.08 |         | 01:03:45.99 |

### Female Ages 60 - 64

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name         | Age | S | City          | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|--------------|-----|---|---------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 253/309           | 54/81            | 276 | Janice Brown | 60  | F | Valley Stream | NY  | 00:10:48.97 | 00:42:33.01 | 00:26:24.38 |         | 01:27:09.82 |

### Male Ages 60 - 64

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name           | Age | S | City        | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|----------------|-----|---|-------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 62/309            | 53/228           | 422 | Tim Doran      | 61  | M | Manhasset   | NY  | 00:07:10.37 | 00:33:17.72 | 00:24:21.42 |         | 01:08:20.31 |
| 2         | 77/309            | 65/228           | 415 | Bill Conway    | 62  | M | New York    | NY  | 00:07:58.00 | 00:33:39.72 | 00:23:39.00 |         | 01:09:49.00 |
| 3         | 128/309           | 109/228          | 449 | Michael Pitzer | 61  | M | East Meadow | NY  | 00:09:16.00 | 00:36:12.91 | 00:24:57.12 |         | 01:13:58.31 |

### Male Ages 65 - 69

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name            | Age | S | City   | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|-----------------|-----|---|--------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 238/309           | 190/228          | 450 | James Pizzigati | 65  | M | Inwood | NY  | 00:10:05.13 | 00:39:09.60 | 00:30:04.13 |         | 01:24:20.80 |
| 2         | 294/309           | 222/228          | 438 | Essy Kashanian  | 66  | M | Rosly  | NY  | 00:09:48.37 | 00:42:13.56 | 00:36:02.09 |         | 01:36:21.80 |

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## Overall Division Results

Individual

### Male Ages 75 - 79

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name       | Age | S | City        | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|------------|-----|---|-------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 295/309           | 223/228          | 458 | Leo Ullman | 76  | M | Sands Point | NY  | 00:10:06.22 | 00:43:19.38 | 00:36:35.23 |         | 01:37:27.90 |