

# Tri One On 2015

June 21, 2015

## Overall Results

Note: Penalty list at end of results

### Individual

Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
1	3	Pat Fannon	M	24	West Islip	NY	00:06:36	11	1:12	00:00:54	00:27:19	2	23.1	00:00:36	00:15:40	1	5:29	00:51:03.26
2	553	Tim Steiskal	M	25	Bethpage	NY	00:05:56	2	1:04	00:01:10	00:28:03	4	22.5	00:00:34	00:17:45	5	6:13	00:53:25.77
3	9	Andreas Schmidt	M	48	New York City	NY	00:06:19	8	1:09	00:01:06	00:27:46	3	22.7	00:00:41	00:18:08	9	6:21	00:53:57.43
4	567	Scott Burman	M	37	Garden City	NY	00:06:15	6	1:08	00:01:12	00:28:52	5	21.8	00:00:53	00:18:56	16	6:38	00:56:04.31
5	570	Brendan Mccarthy	M	33	Manhasset	NY	00:06:49	19	1:14	00:01:36	00:29:16	8	21.5	00:00:41	00:17:50	6	6:15	00:56:09.81
6	13	Robert Weston	M	38	Manhasset	NY	00:07:05	25	1:17	00:01:23	00:27:15	1	23.1	00:00:45	00:20:17	36	7:06	00:56:42.31
7	106	Stephen Ward	M	29	New York	NY	00:07:31	45	1:22	00:01:11	00:28:58	6	21.7	00:00:40	00:18:34	11	6:30	00:56:52.28
8	254	Sean Tedesco	M	39	East Meadow	NY	00:06:05	4	1:06	00:01:03	00:30:27	13	20.7	00:00:35	00:19:13	19	6:44	00:57:20.29
9	261	Robert Votruba	M	44	Garden City	NY	00:06:44	16	1:13	00:01:19	00:29:51	11	21.1	00:00:48	00:18:49	15	6:36	00:57:28.17
10	194	Craig Catanzaro	M	42	Smithtown	NY	00:06:43	14	1:13	00:01:19	00:30:05	12	20.9	00:00:51	00:18:40	13	6:32	00:57:35.60
11	408	Graham Wilcock	M	47	Locust Valley	NY	00:07:49	53	1:25	00:01:03	00:29:17	9	21.5	00:00:34	00:19:01	17	6:40	00:57:42.29
12	126	Nicole Falcaro	F	28	New York	NY	00:06:43	13	1:13	00:01:18	00:31:08	16	20.2	00:00:41	00:18:04	8	6:20	00:57:52.25
13	118	Stephanie Coburn	F	34	Astoria	NY	00:06:53	21	1:15	00:01:17	00:30:54	15	20.4	00:00:42	00:18:38	12	6:32	00:58:20.54
14	419	Ned Daily	M	58	Garden City Park	NY	00:07:17	35	1:19	00:01:29	00:29:36	10	21.3	00:00:43	00:19:19	20	6:46	00:58:21.80
15	198	Lester Deleon	M	41	Westbury	NY	00:07:19	38	1:20	00:01:33	00:29:08	7	21.6	00:00:38	00:19:51	26	6:57	00:58:26.90
16	55	Tyler Kenny	M	15	Blauvelt	NY	00:06:16	7	1:08	00:00:52	00:32:26	35	19.4	00:00:00	00:19:29	23	6:49	00:59:00.78
17	84	Matthew Raske	M	33	New York	NY	00:06:29	10	1:10	00:01:21	00:32:10	32	19.6	00:00:37	00:19:27	22	6:49	01:00:01.18
18	504	Thomas Weber	M	36	Rockville Centre	NY	00:08:23	95	1:31	00:01:47	00:31:15	18	20.2	00:01:01	00:18:10	10	6:22	01:00:32.88
19	392	Danny Selcow	M	51	New York	NY	00:07:55	59	1:26	00:01:35	00:31:38	23	19.9	00:00:52	00:19:08	18	6:42	01:01:04.87
20	568	Daniel Valderrama	M	44	Oyster Bay	NY	00:08:12	83	1:29	00:01:11	00:31:18	19	20.1	00:00:50	00:20:01	29	7:01	01:01:29.49
21	91	Daniel Schiemel	M	32	New York	NY	00:07:19	37	1:20	00:01:44	00:30:50	14	20.4	00:00:52	00:21:22	59	7:29	01:02:04.54
22	556	Charlie Long	M	42	Coram	NY	00:07:53	56	1:26	00:01:03	00:32:36	38	19.3	00:00:37	00:20:10	34	7:04	01:02:15.56
23	34	Sam Debey	M	27	Weehawken	NJ	00:07:33	46	1:22	00:02:20	00:32:10	31	19.6	00:00:37	00:19:58	28	7:00	01:02:35.54
24	22	Matthew Broncato	M	20	Roslyn Heights	NY	00:06:42	12	1:13	00:01:26	00:34:00	63	18.5	00:00:39	00:20:03	30	7:01	01:02:46.49
25	413	Andre Bertolotti	M	55	Port Washington	NY	00:08:05	76	1:28	00:01:41	00:31:25	22	20.1	00:00:57	00:21:03	54	7:22	01:03:08.77
26	92	Yaniv Schiller	M	33	Riverdale	NY	00:07:46	52	1:25	00:02:12	00:31:23	20	20.1	00:00:54	00:20:58	51	7:21	01:03:11.43
27	150	Hallie Nicoll	F	32	New York	NY	00:07:12	30	1:18	00:01:57	00:32:36	37	19.3	00:00:59	00:20:37	44	7:13	01:03:18.33
28	28	Justin Conway	M	30	Brooklyn	NY	00:07:28	43	1:21	00:03:13	00:32:34	36	19.4	00:01:21	00:18:48	14	6:35	01:03:22.21
29	348	Johnny Graziano	M	47	Riverhead	NY	00:07:56	61	1:26	00:02:09	00:31:49	26	19.8	00:00:48	00:20:51	46	7:18	01:03:29.39
30	502	Harry Neuhaus	M	55	Brooklyn	NY	00:07:23	40	1:20	00:02:37	00:32:15	34	19.5	00:01:02	00:20:33	41	7:12	01:03:45.99
31	231	Douglas Palma	M	38	Bronxville	NY	00:08:23	97	1:31	00:01:40	00:33:52	58	18.6	00:00:55	00:19:31	24	6:50	01:04:18.17
32	204	David Hirschwerk	M	44	Port Washington	NY	00:08:04	72	1:28	00:01:52	00:32:38	39	19.3	00:01:27	00:20:20	37	7:07	01:04:18.38
33	7	William Randall	M	50	Port Washington	NY	00:08:13	86	1:30	00:01:43	00:31:11	17	20.2	00:00:47	00:22:45	89	7:58	01:04:36.79
34	557	Kathryn Veron	F	19	Franklin Square	NY	00:06:49	18	1:14	00:01:58	00:36:01	119	17.5	00:00:30	00:19:24	21	6:48	01:04:39.54
35	345	Michael Gisonda	M	45	Boca Raton	FL	00:08:44	121	1:35	00:02:04	00:31:24	21	20.1	00:00:55	00:21:43	63	7:37	01:04:46.76
36	381	John Puchalla	M	46	Pelham	NY	00:08:08	79	1:29	00:02:39	00:31:50	27	19.8	00:01:25	00:20:51	47	7:18	01:04:50.80

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							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time	Plc			Pace
37	1	Stuart Beldner	M	44	Great Neck	NY	00:07:10	27	1:18	00:02:23	00:31:46	25	19.8	00:01:27	00:22:14	79	7:47		01:04:58.29
38	317	Patti Thorp	F	57	Cutchogue	NY	00:07:11	29	1:18	00:01:21	00:34:43	79	18.2	00:00:53	00:20:53	48	7:19		01:04:58.53
39	6	Erin Lusenskas	F	27	East Atlantic Beach	NY	00:08:05	75	1:28	00:01:09	00:33:49	56	18.6	00:00:49	00:21:14	57	7:26		01:05:03.45
40	48	Ilan Hausner	M	33	Brooklyn	NY	00:09:41	184	1:46	00:02:55	00:34:19	68	18.4	00:00:34	00:17:42	4	6:12		01:05:08.10
41	158	Herbert Plummer	M	33	New York	NY	00:08:17	90	1:30	00:02:08	00:35:31	101	17.7	00:01:21	00:17:55	7	6:17		01:05:08.92
42	206	Reginald Hyppolite	M	40	Valley Stream	NY	00:08:00	67	1:27	00:02:34	00:31:40	24	19.9	00:01:10	00:21:51	67	7:39		01:05:12.99
43	505	Amie Weber	F	37	Rockville Centre	NY	00:08:25	99	1:32	00:01:31	00:33:23	50	18.9	00:00:56	00:21:25	60	7:30		01:05:37.46
44	344	Steven Gee	M	49	New York	NY	00:09:17	155	1:41	00:01:40	00:32:43	41	19.3	00:00:52	00:21:09	56	7:25		01:05:39.15
45	42	Jacob Gidich	M	33	Syosset	NY	00:07:58	63	1:27	00:01:52	00:32:56	45	19.1	00:01:02	00:22:31	85	7:53		01:06:16.45
46	398	David Sweeney	M	46	New York	NY	00:08:40	115	1:35	00:02:10	00:33:00	47	19.1	00:01:54	00:20:55	49	7:20		01:06:36.30
47	98	Nicholas Speirs	M	32	Wantagh	NY	00:07:50	54	1:25	00:02:13	00:33:27	51	18.8	00:01:12	00:22:00	72	7:43		01:06:39.65
48	58	Joseph Kronberg	M	28	Syosset	NY	00:07:37	47	1:23	00:02:04	00:34:06	65	18.5	00:01:05	00:22:00	71	7:42		01:06:47.79
49	373	Joseph Micheels	M	49	East Islip	NY	00:08:32	108	1:33	00:01:39	00:32:14	33	19.5	00:00:55	00:23:49	115	8:21		01:07:06.76
50	51	Ryan Jansen	M	28	Seaford	NY	00:09:30	174	1:44	00:01:55	00:34:19	67	18.4	00:00:52	00:20:34	42	7:12		01:07:07.55
51	367	Charles Maass	M	47	Manhasset	NY	00:07:13	31	1:19	00:01:32	00:35:29	99	17.8	00:00:53	00:22:13	78	7:47		01:07:16.71
52	565	John O'Connell	M	43	Lindenhurst	NY	00:06:08	5	1:07	00:01:49	00:34:50	82	18.1	00:01:06	00:23:31	107	8:14		01:07:21.68
53	35	Rafael Estevez	M	34	Bayside	NY	00:08:12	85	1:29	00:02:09	00:32:56	44	19.1	00:01:24	00:22:44	88	7:58		01:07:23.45
54	476	Irena Ryjova	F	42	Brooklyn	NY	00:05:59	3	1:05	00:01:51	00:34:50	81	18.1	00:01:14	00:23:51	118	8:22		01:07:42.40
55	253	Matthew Tanenbaum	M	39	St. James	NY	00:07:03	23	1:17	00:01:52	00:33:03	48	19.1	00:01:04	00:24:45	157	8:41		01:07:45.34
56	205	Andrew Ho	M	44	Flushing	NY	00:08:03	69	1:28	00:02:29	00:31:56	28	19.7	00:01:17	00:24:06	125	8:27		01:07:48.66
57	65	Brooks Leigh	M	33	Sea Cliff	NY	00:08:23	96	1:31	00:02:10	00:32:03	29	19.7	00:00:50	00:24:29	146	8:35		01:07:52.31
58	175	Gabriela Stolpinski	F	17	Enfield	CT	00:07:22	39	1:20	00:01:00	00:34:35	76	18.2	00:00:42	00:24:17	132	8:31		01:07:54.53
59	327	Adam Bleifeld	M	45	Port Washington	NY	00:08:35	112	1:34	00:01:55	00:36:01	118	17.5	00:01:20	00:20:07	33	7:03		01:07:55.56
60	56	Jeffrey Klein	M	29	New York	NY	00:08:27	103	1:32	00:02:11	00:34:02	64	18.5	00:01:23	00:21:58	70	7:42		01:07:59.80
61	44	Max Goldberg	M	25	New York	NY	00:07:16	33	1:19	00:01:37	00:36:10	125	17.4	00:01:17	00:21:50	65	7:39		01:08:07.27
62	422	Tim Doran	M	61	Manhasset	NY	00:07:11	28	1:18	00:02:10	00:33:18	49	18.9	00:01:22	00:24:22	137	8:32		01:08:20.31
63	237	Himmat Rana	M	41	Noida		00:08:19	92	1:31	00:03:16	00:34:35	75	18.2	00:01:22	00:20:57	50	7:20		01:08:26.30
64	412	Robert Bartlotti	M	59	Oyster Bay	NY	00:09:12	148	1:40	00:01:40	00:34:53	85	18.1	00:00:53	00:21:53	68	7:40		01:08:30.31
65	180	Melissa West	F	26	N Massapequa	NY	00:08:34	111	1:33	00:03:23	00:32:47	43	19.2	00:00:57	00:23:02	94	8:04		01:08:40.38
66	294	Joan Landers	F	54	Old Westbury	NY	00:08:49	126	1:36	00:01:59	00:33:56	60	18.6	00:01:17	00:22:46	90	7:59		01:08:44.91
67	291	Lesli Hiller	F	49	New Hyde Park	NY	00:08:27	102	1:32	00:01:41	00:36:43	136	17.2	00:00:43	00:21:19	58	7:28		01:08:49.65
68	37	Ian Feurtado	M	26	Elmont	NY	00:09:19	158	1:42	00:02:51	00:35:41	106	17.7	00:01:27	00:19:47	25	6:56		01:09:02.74
69	25	Luke Ceo	M	32	Somerville	MA	00:07:50	55	1:25	00:03:14	00:35:08	91	17.9	00:00:56	00:21:57	69	7:41		01:09:03.55
70	54	Patrick Kennedy	M	30	New York	NY	00:08:05	74	1:28	00:01:44	00:35:23	97	17.8	00:01:01	00:23:09	96	8:07		01:09:19.30
71	554	Len Oppenheimer	M	47	Hewlett	NY	00:07:38	48	1:23	00:01:43	00:33:52	59	18.6	00:01:01	00:25:09	173	8:49		01:09:20.68
72	354	Steven Horn	M	48	Roslyn	NY	00:08:44	123	1:35	00:02:49	00:35:24	98	17.8	00:01:29	00:21:01	53	7:22		01:09:25.35

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							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time	Plc			Pace
73	88	Ryan Ross	M	27	New York	NY	00:07:55	60	1:26	00:02:20	00:33:59	62	18.5	00:00:51	00:24:27	142	8:34		01:09:30.30
74	209	Dan Kamensky	M	43	Roslyn	NY	00:08:41	117	1:35	00:01:43	00:33:44	55	18.7	00:00:57	00:24:28	145	8:35		01:09:31.80
75	95	Aditya Shah	M	29	New York	NY	00:09:27	170	1:43	00:02:08	00:36:05	122	17.5	00:01:02	00:21:04	55	7:23		01:09:43.48
76	368	Valeri Makovik	M	52	Forest Hills	NY	00:10:37	253	1:56	00:02:26	00:34:56	87	18.0	00:01:28	00:20:24	38	7:09		01:09:47.63
77	415	Bill Conway	M	62	New York	NY	00:07:58	64	1:27	00:03:10	00:33:40	53	18.7	00:01:23	00:23:39	109	8:17		01:09:49.00
78	189	Joshua Bosley	M	39	Islip	NY	00:08:07	78	1:28	00:04:19	00:35:48	113	17.6	00:01:14	00:20:26	39	7:10		01:09:51.82
79	343	Michael Freshour	M	50	Bayport	NY	00:07:17	34	1:19	00:02:21	00:36:02	120	17.5	00:01:05	00:23:17	101	8:09		01:09:58.32
80	341	Nigel Francis	M	48	New York	NY	00:10:17	234	1:52	00:03:58	00:34:31	72	18.3	00:01:12	00:20:03	31	7:01		01:09:58.99
81	215	Mark Lagratta	M	39	New York	NY	00:07:41	49	1:24	00:02:10	00:34:34	74	18.2	00:01:21	00:24:20	134	8:31		01:10:02.55
82	89	J B Ryan	M	34	New York	NY	00:07:03	24	1:17	00:02:24	00:36:09	124	17.4	00:02:14	00:22:15	80	7:48		01:10:03.31
83	20	Andrew Bones	M	28	New York City	NY	00:10:12	225	1:51	00:02:21	00:35:43	110	17.6	00:01:20	00:20:32	40	7:11		01:10:05.30
84	342	Jay Freiberg	M	47	New York	NY	00:08:37	113	1:34	00:03:15	00:35:29	100	17.8	00:02:16	00:20:36	43	7:13		01:10:09.68
85	213	Laurence Kravitz	M	42	Pleasantville	NY	00:08:04	73	1:28	00:02:27	00:35:16	94	17.9	00:01:26	00:23:00	93	8:03		01:10:10.56
86	244	Ryan Salem	M	43	Long Beach	NH	00:10:16	233	1:52	00:02:07	00:34:29	71	18.3	00:01:14	00:22:12	77	7:47		01:10:15.73
87	478	Nimmers Stern	M	38	New York	NY	00:06:45	17	1:13	00:02:06	00:34:57	88	18.0	00:02:32	00:23:58	121	8:24		01:10:16.69
88	218	Raymond Lem	M	41	Forest Hills	NY	00:08:25	100	1:32	00:02:25	00:34:20	69	18.4	00:01:17	00:24:09	126	8:28		01:10:33.99
89	350	Herzel Hakimi	M	52	Great Neck	NY	00:08:21	93	1:31	00:01:49	00:34:53	84	18.1	00:01:23	00:24:15	130	8:30		01:10:38.46
90	109	Erin Abouzaid	F	35	New York	NY	00:08:01	68	1:27	00:01:46	00:35:44	111	17.6	00:01:08	00:24:29	148	8:35		01:11:05.50
91	346	Ivan Goodstein	M	47	Great Neck	NY	00:07:54	58	1:26	00:01:56	00:35:22	96	17.8	00:00:56	00:25:07	172	8:48		01:11:13.16
92	316	Nicole Thomas	F	54	Olney	MD	00:08:32	107	1:33	00:01:46	00:36:19	128	17.4	00:00:55	00:23:50	116	8:21		01:11:18.81
93	24	Michael Cao	M	31	New York City	NY	00:09:57	205	1:49	00:02:40	00:35:43	108	17.6	00:01:01	00:22:02	73	7:43		01:11:19.80
94	100	Timothy Swann	M	27	Nesconset	NY	00:08:31	106	1:33	00:02:58	00:36:35	133	17.2	00:01:19	00:22:02	74	7:43		01:11:22.81
95	83	Pierre Nkrumah	M	32	New York	NY	00:09:56	204	1:48	00:04:05	00:34:37	77	18.2	00:01:01	00:21:51	66	7:39		01:11:26.80
96	178	Nicole Unger	F	28	Great Neck	NY	00:09:22	165	1:42	00:02:00	00:39:16	198	16.0	00:00:56	00:19:56	27	6:59		01:11:28.43
97	249	Matthew Semon	M	42	Melville	NY	00:08:13	87	1:30	00:02:39	00:36:38	134	17.2	00:01:26	00:22:35	86	7:55		01:11:29.44
98	247	Andrew Schwartz	M	40	Port Washington	NY	00:08:44	122	1:35	00:02:57	00:36:47	137	17.1	00:01:30	00:21:37	61	7:35		01:11:32.80
99	243	Sean Rudden	M	39	Dix Hills	NY	00:08:28	105	1:32	00:02:34	00:34:56	86	18.0	00:01:21	00:24:22	138	8:32		01:11:38.94
100	376	Colin Noonan	M	45	Westbury	NY	00:09:10	145	1:40	00:02:12	00:34:32	73	18.2	00:01:18	00:24:43	155	8:40		01:11:52.39
101	36	Marc Fernandez	M	28	Port Washington	NY	00:09:13	149	1:41	00:02:05	00:35:51	114	17.6	00:00:49	00:24:01	122	8:25		01:11:56.23
102	357	Adam Kolodny	M	52	Great Neck	NY	00:07:42	51	1:24	00:01:53	00:38:19	175	16.4	00:00:51	00:23:15	100	8:09		01:11:56.49
103	421	David Digiovanni	M	57	Sea Cliff	NY	00:10:40	254	1:56	00:02:37	00:32:45	42	19.2	00:01:23	00:24:34	151	8:36		01:11:56.56
104	21	Michael Bradley	M	31	New York	NY	00:07:06	26	1:17	00:02:07	00:38:03	168	16.6	00:01:01	00:23:51	119	8:22		01:12:05.72
105	191	Jonathan Brickman	M	38	New York	NY	00:08:42	118	1:35	00:02:52	00:36:59	145	17.0	00:01:33	00:22:04	75	7:44		01:12:07.55
106	248	Eric Sealove	M	39	Sands Point	NY	00:09:54	201	1:48	00:03:31	00:35:59	116	17.5	00:01:50	00:20:59	52	7:21		01:12:10.56
107	349	Rick Guagliardo	M	49	Manhasset	NY	00:08:59	133	1:38	00:03:08	00:35:43	109	17.6	00:01:33	00:22:54	91	8:01		01:12:14.47
108	329	Louis Cappelli	M	45	East Meadow	NY	00:09:36	180	1:45	00:02:02	00:32:57	46	19.1	00:01:48	00:25:54	197	9:05		01:12:15.44

# Tri One On 2015

June 21, 2015

## Overall Results

Note: Penalty list at end of results

### Individual

Place	No.	Name	S	Age	City	St.	----- SWIM -----				----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time	Plc			Pace
109	192	Jacob Burgess	M	38	Port Washington	NY	00:08:22	94	1:31	00:02:27	00:35:57	115	17.5	00:01:34	00:24:03	123	8:26		01:12:20.56
110	245	Mario Samara	M	38	New York	NY	00:10:00	210	1:49	00:02:33	00:36:49	141	17.1	00:00:57	00:22:21	83	7:50		01:12:37.30
111	252	Michael Stratemeier	M	43	Holtsville	NY	00:08:51	128	1:37	00:02:01	00:34:12	66	18.4	00:01:14	00:26:32	209	9:18		01:12:47.44
112	121	Pamela Danbusky	F	36	Roslyn	NY	00:07:29	44	1:22	00:02:10	00:35:42	107	17.7	00:01:26	00:26:03	202	9:08		01:12:47.55
113	563	Alan Stenson	M	27	Brooklyn	NY	00:10:05	216	1:50	00:02:49	00:39:24	200	16.0	00:00:30	00:20:03	32	7:01		01:12:49.28
114	227	David Murcott	M	44	East Norwich	NY	00:08:57	132	1:38	00:02:02	00:35:59	117	17.5	00:01:04	00:24:58	167	8:45		01:12:58.17
115	182	Emily Zabor	F	35	Astoria	NY	00:09:05	139	1:39	00:01:53	00:35:07	90	17.9	00:01:09	00:25:52	193	9:04		01:13:03.55
116	439	Matt Lamorte	M	57	Huntington Station	NY	00:09:45	190	1:46	00:03:15	00:37:13	153	16.9	00:00:42	00:22:12	76	7:47		01:13:03.71
117	355	Igor Karadimov	M	52	Bronx	NY	00:08:42	119	1:35	00:02:31	00:36:49	139	17.1	00:00:37	00:24:37	154	8:38		01:13:13.68
118	112	Sara Bryant	F	29	New York	NY	00:08:11	82	1:29	00:03:25	00:37:16	155	16.9	00:01:11	00:23:22	103	8:11		01:13:21.63
119	259	Neil Verwys	M	42	New Hyde Park	NY	00:09:07	143	1:39	00:02:47	00:34:47	80	18.1	00:01:37	00:25:11	175	8:50		01:13:26.20
120	377	James Noumair	M	45	Garden City	NY	00:08:34	109	1:33	00:01:53	00:34:37	78	18.2	00:01:43	00:26:42	214	9:21		01:13:26.31
121	469	Howard Levine	M	54	Short Hills	NJ	00:05:38	1	1:01	00:02:11	00:35:14	93	17.9	00:01:04	00:29:22	265	10:18		01:13:27.57
122	361	Michal Kunz	M	53	Yorktown Heights	NY	00:09:58	206	1:49	00:03:05	00:34:26	70	18.3	00:01:18	00:24:46	158	8:41		01:13:31.17
123	461	James Williams	M	56	Glen Head	NY	00:08:10	80	1:29	00:02:31	00:35:40	104	17.7	00:01:35	00:25:48	191	9:03		01:13:41.56
124	232	Joel Pardalis	M	35	Danbury	CT	00:08:56	131	1:37	00:03:13	00:36:55	143	17.1	00:01:19	00:23:24	104	8:12		01:13:44.15
125	566	Gilda Schultz	F	47	Blue Point	NY	00:07:58	65	1:27	00:02:40	00:37:09	149	17.0	00:01:30	00:24:30	149	8:35		01:13:44.55
126	212	Chris Korolczuk	M	41	Long Beach	NY	00:08:24	98	1:32	00:02:27	00:33:51	57	18.6	00:01:14	00:27:56	238	9:47		01:13:49.85
127	17	Warren Algenio	M	33	Jamaica	NY	00:09:07	144	1:39	00:02:26	00:35:17	95	17.9	00:01:08	00:26:03	201	9:08		01:13:57.55
128	449	Michael Pitzer	M	61	East Meadow	NY	00:09:16	154	1:41	00:02:48	00:36:13	127	17.4	00:00:45	00:24:58	166	8:45		01:13:58.31
129	594	Jaehwi Kwon	M	20	Flushing	NY	00:09:24	166	1:43	00:04:30	00:35:38	103	17.7	00:00:49	00:23:44	110	8:19		01:14:02.34
130	160	Tina Rampino	F	36	New York	NY	00:09:00	137	1:38	00:02:41	00:36:43	135	17.2	00:01:22	00:24:19	133	8:31		01:14:02.97
131	223	James Mcinerney	M	41	Kew Gardens	NY	00:09:29	171	1:43	00:03:17	00:36:52	142	17.1	00:01:23	00:23:12	98	8:08		01:14:10.27
132	173	Ali Stewart	F	35	New York	NY	00:08:14	88	1:30	00:02:35	00:38:38	184	16.3	00:01:25	00:23:21	102	8:11		01:14:11.44
133	190	Cormac Brady	M	40	Sea Cliff	NY	00:09:14	151	1:41	00:03:44	00:37:34	160	16.8	00:02:53	00:20:50	45	7:18		01:14:12.67
134	382	David Reiss	M	53	Great Neck	NY	00:08:06	77	1:28	00:02:26	00:37:21	156	16.9	00:01:11	00:25:18	177	8:52		01:14:19.56
135	45	Joseph Gorczyca	M	33	Syosset	NY	00:09:06	140	1:39	00:02:28	00:37:11	151	16.9	00:00:54	00:24:50	161	8:42		01:14:27.16
136	562	Nina Sabatini	F	23	Massapequa	NY	00:06:27	9	1:10	00:02:31	00:39:02	191	16.1	00:02:00	00:24:30	150	8:35		01:14:28.23
137	371	Michael Meinardus	M	48	Medford	NY	00:08:15	89	1:30	00:02:44	00:38:26	180	16.4	00:01:39	00:23:28	106	8:13		01:14:29.67
138	263	David Weber	M	37	Brooklyn	NY	00:09:16	153	1:41	00:02:20	00:33:43	54	18.7	00:02:11	00:27:05	220	9:29		01:14:32.56
139	41	Michael Galeotafiore	M	26	N. Massapequa	NY	00:09:44	189	1:46	00:04:28	00:33:33	52	18.8	00:01:08	00:25:45	188	9:01		01:14:35.61
140	471	Brian Malone	M	49	Roslyn Heights	NY	00:08:18	91	1:30	00:03:27	00:35:33	102	17.7	00:01:45	00:25:46	189	9:02		01:14:46.32
141	220	Allen Liu	M	39	New York	NY	00:08:55	130	1:37	00:03:00	00:37:04	147	17.0	00:01:02	00:24:52	163	8:43		01:14:50.21
142	172	Emily Stern	F	21	Plainview	NY	00:07:41	50	1:24	00:02:23	00:38:23	178	16.4	00:00:36	00:25:53	195	9:04		01:14:53.98
143	219	Joseph Lennon	M	41	Rockville Centre	NY	00:07:27	42	1:21	00:02:04	00:38:28	181	16.4	00:01:12	00:25:53	196	9:04		01:15:01.73
144	72	Daniel Mcnamara	M	27	New York	NY	00:09:21	163	1:42	00:04:13	00:37:13	154	16.9	00:00:40	00:23:45	112	8:19		01:15:09.55

# Tri One On 2015

June 21, 2015

## Overall Results

Note: Penalty list at end of results

### Individual

Place	No.	Name	S	Age	City	St.	----- SWIM -----				----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time	Plc			Pace
145	50	Stephen Intrabartola	M	27	Malverne	NY	00:08:47	124	1:36	00:03:11	00:36:49	140	17.1	00:01:08	00:25:30	182	8:56		01:15:21.44
146	49	Philip Healey	M	20	Massapequa	NY	00:06:50	20	1:14	00:04:14	00:39:33	203	15.9	00:01:01	00:23:48	114	8:21		01:15:23.26
147	221	Samuel Lo	M	39	New York	NY	00:11:47	283	2:09	00:03:19	00:37:49	162	16.7	00:00:48	00:21:44	64	7:37		01:15:24.54
148	16	Michael Akerman	M	31	Bronx	NY	00:10:23	243	1:53	00:02:08	00:37:26	158	16.8	00:01:26	00:24:20	135	8:32		01:15:40.53
149	370	John Mcshane	M	47	Islip	NY	00:09:59	208	1:49	00:03:30	00:37:59	167	16.6	00:01:45	00:22:31	84	7:53		01:15:40.98
150	295	Annamarie Lauritsen	F	46	Bethpage	NY	00:08:04	70	1:28	00:01:41	00:40:08	218	15.7	00:00:59	00:24:54	164	8:44		01:15:43.54
151	405	Dean Wagner	M	49	Glen Head	NY	00:08:34	110	1:33	00:02:26	00:35:12	92	17.9	00:01:24	00:28:28	252	9:59		01:16:01.74
152	258	Peter Vassiliou	M	40	Manhasset	NY	00:10:00	212	1:49	00:02:01	00:32:42	40	19.3	00:01:25	00:29:56	271	10:30		01:16:02.51
153	454	Bob Sweeney	M	57	Douglaston	NY	00:10:06	218	1:50	00:03:26	00:36:35	132	17.2	00:01:42	00:24:22	136	8:32		01:16:08.56
154	379	Victor Pajonas	M	50	Seaford	NY	00:09:30	172	1:44	00:01:58	00:37:22	157	16.9	00:01:58	00:25:28	181	8:56		01:16:12.99
155	462	Nick Zito	M	59	Hicksville	NY	00:09:35	178	1:45	00:02:58	00:36:08	123	17.4	00:01:50	00:25:48	190	9:02		01:16:16.97
156	195	Steve Chapman	M	39	Armonk	NY	00:11:24	273	2:04	00:02:42	00:35:41	105	17.7	00:01:25	00:25:10	174	8:49		01:16:19.31
157	256	Matthew Utter	M	41	Sunnyside	NY	00:07:16	32	1:19	00:03:05	00:40:37	228	15.5	00:00:55	00:24:37	153	8:38		01:16:26.72
158	264	Jason Winslow	M	44	East Setauket	NY	00:09:33	177	1:44	00:02:54	00:38:21	177	16.4	00:01:31	00:24:11	128	8:29		01:16:28.16
159	139	Betsy Koerner	F	34	Brooklyn	NY	00:11:15	271	2:03	00:01:44	00:38:20	176	16.4	00:00:56	00:24:27	143	8:34		01:16:40.58
160	430	Bob Gass	M	61	New York	NY	00:09:59	207	1:49	00:05:37	00:35:46	112	17.6	00:01:47	00:23:35	108	8:16		01:16:40.82
161	465	John Fraiberg	M	42	Greenlawn	NY	00:08:50	127	1:36	00:02:50	00:40:19	222	15.6	00:00:51	00:23:55	120	8:23		01:16:42.32
162	145	Kristina Lugo	F	29	New York	NY	00:08:12	84	1:29	00:02:12	00:39:42	207	15.9	00:00:58	00:25:42	186	9:00		01:16:43.31
163	265	Brian Yuen	M	36	Fresh Meadows	NY	00:10:35	251	1:55	00:02:35	00:34:52	83	18.1	00:01:40	00:27:23	226	9:36		01:17:00.90
164	308	Susan Sales	F	52	Pelham	NY	00:09:00	136	1:38	00:02:28	00:39:16	197	16.0	00:01:38	00:24:43	156	8:40		01:17:01.75
165	337	Augustino D'alonzo	M	48	Northport	NY	00:09:19	161	1:42	00:04:01	00:37:00	146	17.0	00:02:28	00:24:36	152	8:37		01:17:21.52
166	387	Salvatore Russo	M	45	Port Washington	NY	00:09:11	146	1:40	00:03:51	00:39:29	202	16.0	00:01:26	00:23:28	105	8:13		01:17:22.38
167	470	Carlos Llaguno	M	35	Flushing	NY	00:12:12	291	2:13	00:03:16	00:43:15	260	14.6	00:02:12	00:16:32	3	5:48		01:17:24.65
168	257	Bryan Vanderputten	M	41	Port Washington	NY	00:08:54	129	1:37	00:02:54	00:38:16	172	16.5	00:02:04	00:25:24	179	8:54		01:17:28.82
169	208	Kamran Kalaty	M	40	Great Neck	NY	00:10:08	223	1:51	00:05:08	00:36:58	144	17.0	00:01:37	00:23:45	113	8:19		01:17:34.82
170	101	Erik Syvertsen	M	34	Port Washington	NY	00:09:41	186	1:46	00:03:15	00:39:35	205	15.9	00:00:50	00:24:23	139	8:33		01:17:42.24
171	135	Kate Hipwell	F	37	New York	NY	00:09:18	156	1:41	00:02:47	00:38:56	189	16.2	00:01:15	00:25:49	192	9:03		01:18:01.52
172	19	William Baker	M	31	Oyster Bay	NY	00:11:35	279	2:07	00:03:27	00:33:58	61	18.5	00:02:31	00:26:32	211	9:18		01:18:01.77
173	313	Irene Sullivan	F	47	Wantagh	NY	00:09:52	199	1:48	00:04:16	00:37:04	148	17.0	00:00:59	00:25:53	194	9:04		01:18:02.18
174	560	George Woodhull	M	58	Riverhead	NY	00:10:51	260	1:58	00:02:04	00:38:16	173	16.5	00:00:44	00:26:28	208	9:16		01:18:20.26
175	96	Stephen Siu	M	29	New York	NY	00:09:25	167	1:43	00:02:10	00:40:35	227	15.5	00:01:48	00:24:27	141	8:34		01:18:20.30
176	423	Raymond Drollinger	M	56	Glen Cove	NY	00:08:27	101	1:32	00:03:51	00:39:40	206	15.9	00:01:09	00:25:19	178	8:52		01:18:23.00
177	90	David Sawyer	M	29	Alexandria	VA	00:08:04	71	1:28	00:03:09	00:37:46	161	16.7	00:01:15	00:28:14	246	9:54		01:18:25.55
178	285	Joanne Gambone	F	49	Pelham	NY	00:11:02	264	2:00	00:02:47	00:38:52	186	16.2	00:01:27	00:24:29	147	8:35		01:18:34.56
179	358	Steve Kostoff	M	52	Selden	NY	00:10:23	241	1:53	00:04:48	00:39:13	196	16.1	00:01:03	00:23:12	99	8:08		01:18:35.72
180	314	Jeffrey Sutton	M	45	Chappaqua	NY	00:09:06	142	1:39	00:02:54	00:37:50	163	16.7	00:01:21	00:27:28	229	9:38		01:18:37.81

# Tri One On 2015

June 21, 2015

## Overall Results

Note: Penalty list at end of results

### Individual

Place	No.	Name	S	Age	City	St.	----- SWIM -----				----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time	Plc			Pace
181	281	Jessica Diament	F	42	Roslyn	NY	00:08:59	134	1:38	00:02:17	00:38:57	190	16.2	00:00:56	00:27:39	231	9:41		01:18:45.72
182	287	Wendy Goodstein	F	48	Massapequa Park	NY	00:09:52	198	1:48	00:02:57	00:38:07	170	16.5	00:01:35	00:26:18	204	9:13		01:18:46.81
183	33	Alessio D'andragora	M	34	Upton	NY	00:09:26	168	1:43	00:04:18	00:38:37	183	16.3	00:02:17	00:24:13	129	8:29		01:18:48.46
184	240	Michael Ronan	M	41	Floral Park	NY	00:07:56	62	1:27	00:03:23	00:38:17	174	16.5	00:01:14	00:28:24	250	9:57		01:19:11.64
185	94	Stefan Serie	M	32	Long Beach	NY	00:09:12	147	1:40	00:03:36	00:41:40	240	15.1	00:01:06	00:23:45	111	8:19		01:19:15.56
186	324	Matthew Bendix	M	51	Port Washington	NY	00:09:47	193	1:47	00:04:12	00:38:54	187	16.2	00:01:24	00:25:05	171	8:47		01:19:19.41
187	53	Joshua Kashanian	M	34	Great Neck	NY	00:09:37	181	1:45	00:02:09	00:37:58	166	16.6	00:01:14	00:28:29	253	9:59		01:19:24.31
188	407	James Wicks	M	54	Setauket	NY	00:11:37	280	2:07	00:04:06	00:39:21	199	16.0	00:01:21	00:23:08	95	8:06		01:19:30.72
189	468	Sean Hanley	M	44	Hoboken	NJ	00:10:07	221	1:50	00:03:11	00:36:27	131	17.3	00:02:01	00:27:58	239	9:48		01:19:41.56
190	466	Erica Fraiberg	F	42	Greenlawn	NY	00:10:20	238	1:53	00:02:31	00:42:58	259	14.7	00:00:46	00:23:11	97	8:07		01:19:43.79
191	393	David Shereck	M	52	North Woodmere	NY	00:11:54	286	2:10	00:03:14	00:36:12	126	17.4	00:04:40	00:23:50	117	8:21		01:19:47.45
192	447	Scott Neibel	M	55	Brooklyn	NY	00:11:15	270	2:03	00:03:15	00:36:25	130	17.3	00:01:15	00:27:42	232	9:42		01:19:49.50
193	401	Wojciech Telacki	M	49	Port Washington	NY	00:11:34	277	2:06	00:04:06	00:37:11	150	17.0	00:01:21	00:25:44	187	9:01		01:19:52.32
194	214	Paul Laedke	M	39	New Milford	CT	00:11:35	278	2:06	00:02:56	00:39:48	210	15.8	00:01:22	00:24:25	140	8:33		01:20:03.56
195	260	Dan Voicescu	M	38	New York	NY	00:08:39	114	1:34	00:03:55	00:38:28	182	16.4	00:02:08	00:27:00	219	9:28		01:20:08.56
196	351	John Heslin	M	45	Brooklyn	NY	00:11:29	275	2:05	00:03:52	00:36:22	129	17.3	00:02:02	00:26:32	210	9:18		01:20:14.32
197	176	Ilana Susnow	F	35	New York	NY	00:09:30	173	1:44	00:04:14	00:39:13	195	16.1	00:02:26	00:24:55	165	8:44		01:20:15.63
198	445	Michael Morley	M	58	Neponsit	NY	00:10:22	240	1:53	00:04:05	00:36:03	121	17.5	00:01:40	00:28:24	251	9:57		01:20:32.50
199	306	Regan Megaera	F	56	New York	NY	00:09:52	197	1:48	00:02:12	00:37:56	165	16.6	00:00:56	00:29:40	269	10:24		01:20:33.79
200	29	Robert M Costa	M	27	Halesite	NY	00:09:26	169	1:43	00:01:28	00:46:16	286	13.6	00:00:53	00:22:38	87	7:56		01:20:39.63
201	127	Ashley Geier	F	28	New York	NY	00:10:04	215	1:50	00:03:21	00:42:11	245	14.9	00:00:55	00:24:11	127	8:28		01:20:40.19
202	437	Peter Judge	M	59	Brightwaters	NY	00:09:19	159	1:42	00:04:17	00:39:50	211	15.8	00:01:02	00:26:16	203	9:12		01:20:41.32
203	226	Brian Moore	M	38	New York	NY	00:08:43	120	1:35	00:03:02	00:38:48	185	16.2	00:01:56	00:28:23	249	9:57		01:20:49.80
204	293	Adrienne Keggin-Kwong	F	42	Rego Park	NY	00:09:47	194	1:47	00:02:47	00:42:34	253	14.8	00:00:47	00:25:00	168	8:46		01:20:53.28
205	380	Jerry Ponce	M	45	Mineola	NY	00:10:21	239	1:53	00:03:51	00:39:48	209	15.8	00:02:06	00:24:51	162	8:43		01:20:55.32
206	26	Ryan Chen	M	24	Briarwood	NY	00:09:44	188	1:46	00:02:44	00:40:27	225	15.6	00:01:26	00:26:41	212	9:21		01:20:59.45
207	57	Scott Koerner	M	34	Brooklyn	NY	00:09:33	176	1:44	00:03:07	00:41:15	238	15.3	00:01:32	00:25:40	185	9:00		01:21:04.16
208	353	Ken Hoffman	M	45	Glen Cove	NY	00:09:18	157	1:41	00:03:24	00:38:55	188	16.2	00:01:56	00:27:38	230	9:41		01:21:08.57
209	210	Jordan Kapelner	M	39	Long Beach	NY	00:10:13	228	1:52	00:03:55	00:40:52	231	15.4	00:01:28	00:24:46	159	8:41		01:21:12.89
210	322	Kim Bang	M	54	Englewood	NJ	00:08:28	104	1:32	00:04:06	00:37:27	159	16.8	00:01:43	00:29:34	268	10:22		01:21:16.32
211	217	Keith Lavitt	M	41	Woodbury	NY	00:10:14	231	1:52	00:04:18	00:43:39	269	14.4	00:00:49	00:22:19	82	7:49		01:21:16.38
212	434	James Hollenberg	M	60	Roslyn	NY	00:10:41	256	1:57	00:07:08	00:40:14	221	15.7	00:01:07	00:22:16	81	7:48		01:21:24.28
213	246	Romeo Sanchez	M	36	New Hyde Park	NY	00:12:03	289	2:12	00:02:45	00:38:05	169	16.5	00:01:27	00:27:10	222	9:31		01:21:27.81
214	165	Alana Semuels	F	36	Brooklyn	NY	00:09:44	187	1:46	00:02:05	00:40:52	230	15.4	00:00:51	00:28:09	243	9:52		01:21:38.81
215	432	Howard Heiman	M	60	Port Washington	NY	00:10:50	259	1:58	00:03:41	00:37:11	152	16.9	00:01:34	00:28:32	254	10:00		01:21:45.23
216	558	June Luciano	F	51	Sayville	NY	00:10:31	248	1:55	00:03:14	00:39:52	212	15.8	00:02:39	00:25:35	183	8:58		01:21:47.78

# Tri One On 2015

June 21, 2015

## Overall Results

Note: Penalty list at end of results

### Individual

Place	No.	Name	S	Age	City	St.	----- SWIM -----				----- BIKE -----			----- RUN -----			Penalty	Total Time
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time	Plc		
217	157	Kathryn Peveraro	F	32	Massapequa Park	NY	00:09:14	150	1:41	00:03:25	00:42:29	250	14.8	00:00:52	00:25:55	198	9:05	01:21:52.98
218	75	Kyle Morgan	M	30	New York	NY	00:07:59	66	1:27	00:04:26	00:39:47	208	15.8	00:01:57	00:27:47	234	9:44	01:21:53.56
219	131	Sidonya Hakimi	F	16	Great Neck	NY	00:09:19	162	1:42	00:02:42	00:42:34	252	14.8	00:00:41	00:26:44	216	9:22	01:21:58.49
220	299	Katarina Markovina	F	44	Roslyn Estates	NY	00:10:29	246	1:55	00:04:03	00:42:11	244	14.9	00:00:55	00:24:27	144	8:34	01:22:02.74
221	102	Shawn Tannenbaum	M	32	Bellmore	NY	00:07:02	22	1:17	00:01:38	00:41:35	239	15.2	00:01:02	00:31:03	284	10:53	01:22:16.49
222	86	Sergio Rodriguez	M	27	Jersey City	NJ	00:11:46	282	2:09	00:03:05	00:39:11	194	16.1	00:01:37	00:26:43	215	9:22	01:22:18.69
223	464	Nicholas Cuddy	M	35	Oyster Bay	NY	00:07:23	41	1:20	00:03:50	00:40:12	219	15.7	00:02:03	00:28:56	260	10:08	01:22:19.79
224	163	Alexandra Romano	F	25	Astoria	NY	00:10:00	209	1:49	00:02:07	00:41:43	241	15.1	00:00:58	00:27:47	235	9:44	01:22:31.99
225	555	Rachel Pennycuick	F	42	New York	NY	00:10:13	230	1:52	00:04:56	00:40:34	226	15.5	00:02:49	00:24:04	124	8:26	01:22:33.81
226	338	Philip Deluca	M	45	Port Washington	NY	00:10:49	258	1:58	00:03:43	00:40:01	215	15.7	00:01:20	00:26:41	213	9:21	01:22:34.00
227	255	Orlando Torres	M	36	Bayside Hills	NY	00:09:01	138	1:38	00:02:39	00:42:15	247	14.9	00:00:53	00:28:00	240	9:49	01:22:44.69
228	391	George Schmansky	M	45	Elmont	NY	00:10:58	263	2:00	00:03:57	00:36:47	138	17.1	00:03:15	00:27:53	237	9:46	01:22:47.42
229	77	Brendan Murphy	M	23	Brooklyn	NY	00:08:41	116	1:35	00:03:07	00:41:13	237	15.3	00:01:06	00:28:54	257	10:08	01:22:58.81
230	142	Nicole Lanzetta	F	35	Forest Hills	NY	00:10:02	214	1:50	00:04:55	00:40:13	220	15.7	00:01:54	00:25:58	200	9:06	01:23:00.81
231	229	Joshua Needle	M	36	Port Washington	NY	00:09:30	175	1:44	00:03:13	00:44:12	275	14.3	00:01:25	00:25:00	169	8:46	01:23:17.82
232	186	Vincent Berba	M	36	Queens Village	NY	00:11:50	285	2:09	00:02:29	00:37:54	164	16.6	00:02:56	00:28:15	247	9:54	01:23:21.75
233	143	Marilyna Lau	F	32	Bayside	NY	00:11:32	276	2:06	00:03:16	00:43:51	271	14.4	00:00:49	00:24:17	131	8:30	01:23:42.57
234	61	Kevin Lam	M	34	Syosset	NY	00:15:11	307	2:46	00:04:50	00:35:07	89	17.9	00:01:33	00:27:14	224	9:33	01:23:51.81
235	124	Alyssa Digiovanni	F	24	Sea Cliff	NY	00:10:40	255	1:57	00:03:01	00:40:57	232	15.4	00:01:34	00:27:47	236	9:44	01:23:57.49
236	133	Kristy Herrel	F	36	Hoboken	NJ	00:09:45	192	1:46	00:03:55	00:43:26	264	14.5	00:01:43	00:25:26	180	8:55	01:24:12.82
237	18	Ryan Algenio	M	34	Hollis	NY	00:10:34	250	1:55	00:02:44	00:39:25	201	16.0	00:01:33	00:30:00	274	10:31	01:24:12.96
238	450	James Pizzigati	M	65	Inwood	NY	00:10:06	217	1:50	00:02:51	00:39:10	193	16.1	00:02:12	00:30:05	275	10:33	01:24:20.80
239	207	David Kachoui	M	41	New York	NY	00:11:03	267	2:01	00:03:14	00:43:56	272	14.3	00:01:13	00:25:02	170	8:46	01:24:24.95
240	296	Constance Lawson	F	49	Patchogue	NY	00:10:13	229	1:52	00:03:19	00:43:36	267	14.5	00:02:06	00:25:15	176	8:51	01:24:27.57
241	402	Scott Turano	M	47	Nesconset	NY	00:10:02	213	1:49	00:04:10	00:39:09	192	16.1	00:03:01	00:28:12	245	9:53	01:24:31.66
242	196	Jeff Cohen	M	40	Roslyn	NY	00:09:55	202	1:48	00:03:27	00:40:25	224	15.6	00:01:42	00:29:13	262	10:14	01:24:40.57
243	174	Maureen Stewart	F	38	Brooklyn	NY	00:10:28	245	1:54	00:03:21	00:42:38	257	14.8	00:01:32	00:27:00	218	9:28	01:24:56.32
244	111	Jill Brickman	F	37	New York	NY	00:09:21	164	1:42	00:02:23	00:41:48	242	15.1	00:01:52	00:29:59	273	10:31	01:25:21.55
245	395	Andrew Smith	M	47	Brooklyn	NY	00:09:38	183	1:45	00:04:24	00:54:05	305	11.7	00:01:04	00:16:19	2	5:43	01:25:28.00
246	70	Crisgean Losbanos	M	31	Jersey City	NJ	00:17:46	311	3:14	00:03:25	00:38:15	171	16.5	00:01:18	00:24:50	160	8:42	01:25:31.78
247	73	Michael L Meinardus	M	25	Shirley	NY	00:09:54	200	1:48	00:06:34	00:39:59	214	15.8	00:01:34	00:28:10	244	9:52	01:26:08.67
248	235	Michael Piza	M	35	Port Washington	NY	00:11:10	268	2:02	00:03:45	00:43:40	270	14.4	00:01:19	00:26:20	205	9:14	01:26:11.72
249	325	Adam Berman	M	46	Baldwin	NY	00:10:07	222	1:50	00:04:20	00:40:03	217	15.7	00:02:26	00:29:20	264	10:17	01:26:13.50
250	271	Josephine Bishop	F	53	Port Washington	NY	00:10:12	226	1:51	00:02:46	00:44:05	274	14.3	00:02:04	00:27:14	225	9:33	01:26:19.49
251	23	John Bryan	M	33	New York	NY	00:07:54	57	1:26	00:03:01	00:42:09	243	15.0	00:01:41	00:31:54	293	11:11	01:26:36.68
252	141	Jeanine Lanzelotti	F	31	Teaneck	NJ	00:13:10	301	2:24	00:02:54	00:43:19	261	14.5	00:01:08	00:26:25	207	9:16	01:26:54.55

# Tri One On 2015

June 21, 2015

## Overall Results

Note: Penalty list at end of results

### Individual

Place	No.	Name	S	Age	City	St.	----- SWIM -----				----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time	Plc			Pace
253	276	Janice Brown	F	60	Valley Stream	NY	00:10:49	257	1:58	00:04:20	00:42:34	251	14.8	00:03:04	00:26:25	206	9:15		01:27:09.82
254	400	Andrew Taveras	M	49	Carle Place	NY	00:11:02	265	2:01	00:02:55	00:40:42	229	15.5	00:02:13	00:30:23	276	10:39		01:27:13.33
255	315	Joanna Telacka	F	48	Port Washington	NY	00:09:19	160	1:42	00:02:58	00:40:24	223	15.6	00:01:08	00:33:31	298	11:45		01:27:16.98
256	241	Warren Rothman	M	42	Merrick	NY	00:08:10	81	1:29	00:02:36	00:42:28	249	14.8	00:02:20	00:31:48	291	11:09		01:27:19.44
257	225	Socrates Medina	M	40	N. Merrick	NY	00:12:32	294	2:17	00:04:02	00:41:04	234	15.3	00:02:21	00:27:27	228	9:37		01:27:22.54
258	114	Krista Chen	F	23	Briarwood	NY	00:09:48	195	1:47	00:02:27	00:43:29	266	14.5	00:00:50	00:30:57	282	10:51		01:27:28.62
259	224	William Mcnamara	M	37	Tuckahoe	NY	00:10:34	249	1:55	00:03:52	00:39:34	204	15.9	00:02:31	00:31:07	286	10:55		01:27:35.82
260	456	John Tasolides	M	59	Jericho	NY	00:10:36	252	1:56	00:04:14	00:40:02	216	15.7	00:01:31	00:31:53	292	11:10		01:28:12.95
261	110	Aviva Bang	F	17	Englewood	NJ	00:10:07	220	1:50	00:03:07	00:41:04	235	15.3	00:02:11	00:31:56	294	11:11		01:28:22.32
262	369	Arnold Manaog	M	46	Rego Park	NY	00:12:31	293	2:17	00:03:23	00:42:36	255	14.8	00:02:04	00:28:02	241	9:49		01:28:32.83
263	125	Aoife Duffin	F	38	New York	NY	00:10:23	242	1:53	00:03:21	00:46:28	287	13.6	00:01:29	00:27:11	223	9:32		01:28:49.11
264	151	Amy Noftz	F	35	New York	NY	00:13:00	298	2:22	00:02:34	00:45:10	280	13.9	00:00:59	00:27:08	221	9:30		01:28:49.31
265	446	Dennis Murphy	M	56	Brooklyn	NY	00:09:06	141	1:39	00:04:21	00:45:34	284	13.8	00:01:01	00:28:55	258	10:08		01:28:54.45
266	467	Paula Ginestar-Campanaro	F	44	New York	NY	00:12:05	290	2:12	00:05:27	00:45:31	283	13.8	00:00:54	00:25:57	199	9:06		01:29:51.40
267	286	Marcia Goldberg	F	57	Massapequa	NY	00:12:41	295	2:19	00:02:02	00:44:39	277	14.1	00:01:33	00:29:17	263	10:16		01:30:09.82
268	130	Doc Halliday Golden	F	33	North Bergen	NJ	00:11:19	272	2:04	00:03:31	00:43:38	268	14.4	00:01:31	00:30:27	277	10:41		01:30:23.56
269	436	Joseph Ippolito	M	55	Lindenhurst	NY	00:12:02	288	2:11	00:07:16	00:39:56	213	15.8	00:03:07	00:28:08	242	9:52		01:30:27.33
270	280	Peggy Delaney	F	59	New Hyde Park	NY	00:10:18	236	1:52	00:04:12	00:45:28	282	13.9	00:02:48	00:27:46	233	9:44		01:30:29.25
271	138	Kristina Keyser	F	20	New York	NY	00:12:18	292	2:14	00:03:55	00:42:36	254	14.8	00:01:09	00:31:00	283	10:52		01:30:55.20
272	442	Eytan Lombroso	M	64	New Rochelle	NY	00:11:27	274	2:05	00:05:07	00:42:23	248	14.9	00:02:13	00:29:48	270	10:27		01:30:55.28
273	363	Peter Lavrenchik	M	47	St. James	NY	00:13:29	302	2:27	00:04:59	00:42:56	258	14.7	00:01:07	00:28:39	256	10:02		01:31:07.82
274	30	Francis Felix Costa	M	34	Astoria	NY	00:17:51	312	3:15	00:03:41	00:41:03	233	15.4	00:01:16	00:27:24	227	9:36		01:31:12.57
275	116	Fanny Chu	F	35	Sunnyside	NY	00:10:09	224	1:51	00:02:02	00:47:00	291	13.4	00:01:05	00:31:04	285	10:53		01:31:17.72
276	76	William Motschwiller	M	29	New York City	NY	00:10:00	211	1:49	00:03:07	00:43:29	265	14.5	00:02:11	00:32:36	296	11:26		01:31:20.82
277	103	Gregory Tuballes	M	31	Jamaica Estates	NY	00:10:17	235	1:52	00:02:45	00:47:45	293	13.2	00:02:14	00:28:55	259	10:08		01:31:54.82
278	417	Felix Cuebas	M	57	Brentwood	NY	00:09:16	152	1:41	00:03:03	00:42:36	256	14.8	00:02:15	00:34:50	299	12:13		01:31:57.83
279	230	Ori Pagovich	M	43	Great Neck	NY	00:13:09	300	2:24	00:05:30	00:48:16	294	13.1	00:02:09	00:22:56	92	8:02		01:31:59.33
280	149	Jigisha Motwani	F	35	Garden City Park	NY	00:24:38	314	4:30	00:03:05	00:32:04	30	19.7	00:01:29	00:30:54	281	10:50		01:32:06.82
281	39	Joseph Flint	M	30	Dumont	NJ	00:11:49	284	2:09	00:03:23	00:41:05	236	15.3	00:00:57	00:35:23	301	12:24		01:32:35.40
282	279	Mindy Davidson	F	55	Bethpage	NY	00:12:43	296	2:19	00:02:22	00:47:14	292	13.3	00:01:28	00:29:23	266	10:18		01:33:07.89
283	183	Adam Angione	M	36	New York	NY	00:09:38	182	1:45	00:03:26	00:38:25	179	16.4	00:02:06	00:39:54	307	13:59		01:33:25.54
284	388	Edward Sanabria	M	47	Kings Park	NY	00:12:57	297	2:21	00:02:54	00:44:21	276	14.2	00:01:58	00:31:27	288	11:01		01:33:35.33
285	134	Julie Heymann	F	25	Plainview	NY	00:10:30	247	1:55	00:03:34	00:49:08	297	12.8	00:00:56	00:29:58	272	10:30		01:34:03.28
286	117	Valeria Cisnero	F	37	New York	NY	00:10:27	244	1:54	00:03:57	00:46:57	289	13.4	00:02:07	00:30:50	280	10:49		01:34:16.32
287	270	Bonny Beetham	F	55	Port Washington	NY	00:10:56	261	1:59	00:03:28	00:46:39	288	13.5	00:02:07	00:31:24	287	11:00		01:34:31.81
288	366	Oswaldo Lopez	M	48	East Meadow	NY	00:11:03	266	2:01	00:04:42	00:49:01	295	12.9	00:01:23	00:28:37	255	10:02		01:34:43.80

# Tri One On 2015

June 21, 2015

## Overall Results

Note: Penalty list at end of results

### Individual

Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
289	202	Shachar Gonen	M	44	New York	NY	00:09:45	191	1:46	00:05:28	00:45:22	281	13.9	00:03:52	00:30:43	279	10:46	01:35:07.18
290	309	Pauline Schachner	F	54	Malverne	NY	00:10:18	237	1:52	00:03:56	00:46:59	290	13.4	00:02:16	00:31:42	290	11:07	01:35:08.83
291	427	Warren Frank	M	60	Old Bethpage	NY	00:08:48	125	1:36	00:03:50	00:43:24	263	14.5	00:01:59	00:37:24	304	13:07	01:35:22.00
292	148	Marcela Monsalve	F	32	New York	NY	00:11:11	269	2:02	00:03:53	00:51:55	301	12.1	00:00:59	00:28:17	248	9:55	01:36:12.30
293	472	Curvie McMurray	M	50	Tarrytown	NY	00:11:58	287	2:11	00:05:42	00:44:48	278	14.1	00:02:19	00:31:30	289	11:02	01:36:14.59
294	438	Essy Kashanian	M	66	Rosly	NY	00:09:49	196	1:47	00:06:01	00:42:14	246	14.9	00:02:18	00:36:03	302	12:38	01:36:21.80
295	458	Leo Ullman	M	76	Sands Point	NY	00:10:07	219	1:50	00:04:27	00:43:20	262	14.5	00:03:01	00:36:36	303	12:50	01:37:27.90
296	452	Gary Schatzberg	M	55	Roslyn	NY	00:14:16	305	2:36	00:08:38	00:50:04	299	12.6	00:02:54	00:21:41	62	7:36	01:37:30.98
297	277	Marissa Comia	F	46	Astoria	NY	00:15:35	308	2:50	00:05:03	00:45:57	285	13.7	00:02:20	00:29:29	267	10:20	01:38:21.55
298	564	Phil Mascolo	M	41	Setauket	NY	00:09:41	185	1:46	00:05:32	00:49:49	298	12.6	00:03:19	00:30:31	278	10:42	01:38:48.91
299	129	Tracy Goldberg	F	27	New York City	NY	00:11:42	281	2:08	00:03:33	00:49:02	296	12.8	00:01:40	00:35:21	300	12:23	01:41:14.84
300	64	Donald Lee	M	26	Forest Hills	NY	00:09:35	179	1:45	00:03:42	01:03:11	308	10.0	00:00:34	00:25:36	184	8:58	01:42:35.95
301	593	Andrew Mendelson	M	47	Baldwin Place	NY	00:10:57	262	1:59	00:05:07	00:44:02	273	14.3	00:02:42	00:40:29	308	14:12	01:43:13.96
302	304	Tracy Rainford	F	40	Jamaica	NY	00:13:44	304	2:30	00:04:09	00:53:20	302	11.8	00:01:16	00:32:45	297	11:29	01:45:11.59
303	179	Michelle Villalva	F	39	Woodside	NY	00:17:53	313	3:16	00:03:45	01:03:51	309	9.9	00:00:54	00:20:16	35	7:06	01:46:35.82
304	181	Kaitlin Williams	F	18	Glen Head	NY	00:09:55	203	1:48	00:05:14	00:53:38	303	11.7	00:01:42	00:38:42	305	13:34	01:49:09.95
305	136	Julie Hon	F	38	Astoria	NY	00:17:39	310	3:13	00:05:07	00:57:44	306	10.9	00:00:53	00:29:00	261	10:10	01:50:21.34
306	267	Michelle Barresi	F	40	Holtsville	NY	00:13:01	299	2:22	00:04:17	01:02:03	307	10.2	00:01:02	00:32:34	295	11:25	01:52:54.96
307	298	Alice Liu	F	40	Oakland Gardens	NY	00:15:37	309	2:51	00:05:33	00:53:57	304	11.7	00:01:18	00:38:54	306	13:38	01:55:17.34
308	177	Cynthia Torres	F	31	Woodside	NY	00:14:59	306	2:44	00:06:09	01:07:19	310	9.4	00:01:19	00:26:55	217	9:26	01:56:38.34
309	396	Daniel Spicknell	M	48	New York	NY	00:13:40	303	2:29	00:05:19	00:50:50	300	12.4	00:02:03	00:45:27	309	15:56	01:57:16.59

# Tri One On 2015

June 21, 2015

## Did Not Finish or Disqualified

### Individual

Reason	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time		
STD	27	David Cohen	M	33	New York	NY	00:06:44	15	1:13	00:01:40							
STD	38	Jeff Fleming	M	32	Hoboken	NJ											
STD	74	Peter Micheels	M	21	East Islip	NY	00:40:05	316	7:19								
DQ	120	Lorial Crowder	F	39	New York	NY	00:10:34		1:55	00:03:31	00:29:20	21.5	00:02:49	00:23:23	8:12		01:09:35
STD	216	Paul Lancaster	M	42	East Williston	NY	00:08:59	135	1:38								
STD	274	Kasey Bowen	F	48	Franklin Square	NY	00:07:18	36	1:20								
STD	403	Daniel Twomey	M	49	Belle Harbor	NY											
STD	426	Robert Fornuff	M	63	West Babylon	NY	00:30:07	315	5:30								
DQ	443	Howie Mann	M	60	Roslyn Hts	NY	00:09:47		1:47	00:02:49	00:39:22	16.0	00:01:37	00:14:56	5:14		01:08:29
STD	453	Kelvin Swarth	M	61	Roslyn Heights	NY	00:10:12	227	1:51	00:06:31	00:45:07	279	14.0	00:01:17			
STD	457	Michael Toner	M	74	South Setauket	NY	00:10:16	232	1:52								
DQ	569	Clay Boshong	M	47	Pelham	NY	00:08:23		1:31	00:03:03	00:41:40	15.1	00:01:27	00:14:08	4:57		01:08:39