

Tri One On 2015

June 21, 2015

Individual

Overall Results - Female

Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
1	126	Nicole Falcaro	F	28	New York	NY	00:06:43	3	1:13	00:01:18	00:31:08	2	20.2	00:00:41	00:18:04	1	6:20	00:57:52.25
2	118	Stephanie Coburn	F	34	Astoria	NY	00:06:53	5	1:15	00:01:17	00:30:54	1	20.4	00:00:42	00:18:38	2	6:32	00:58:20.54
3	150	Hallie Nicoll	F	32	New York	NY	00:07:12	7	1:18	00:01:57	00:32:36	4	19.3	00:00:59	00:20:37	6	7:13	01:03:18.33
4	557	Kathryn Veron	F	19	Franklin Square	NY	00:06:49	4	1:14	00:01:58	00:36:01	15	17.5	00:00:30	00:19:24	3	6:48	01:04:39.54
5	317	Patti Thorp	F	57	Cutchogue	NY	00:07:11	6	1:18	00:01:21	00:34:43	10	18.2	00:00:53	00:20:53	7	7:19	01:04:58.53
6	6	Erin Lusenskas	F	27	East Atlantic Beach	NY	00:08:05	15	1:28	00:01:09	00:33:49	7	18.6	00:00:49	00:21:14	8	7:26	01:05:03.45
7	505	Amie Weber	F	37	Rockville Centre	NY	00:08:25	19	1:32	00:01:31	00:33:23	6	18.9	00:00:56	00:21:25	10	7:30	01:05:37.46
8	476	Irena Ryjova	F	42	Brooklyn	NY	00:05:59	1	1:05	00:01:51	00:34:50	11	18.1	00:01:14	00:23:51	17	8:22	01:07:42.40
9	175	Gabriela Stolpinski	F	17	Enfield	CT	00:07:22	9	1:20	00:01:00	00:34:35	9	18.2	00:00:42	00:24:17	21	8:31	01:07:54.53
10	180	Melissa West	F	26	N Massapequa	NY	00:08:34	22	1:33	00:03:23	00:32:47	5	19.2	00:00:57	00:23:02	12	8:04	01:08:40.38
11	294	Joan Landers	F	54	Old Westbury	NY	00:08:49	23	1:36	00:01:59	00:33:56	8	18.6	00:01:17	00:22:46	11	7:59	01:08:44.91
12	291	Lesli Hiller	F	49	New Hyde Park	NY	00:08:27	20	1:32	00:01:41	00:36:43	18	17.2	00:00:43	00:21:19	9	7:28	01:08:49.65
13	109	Erin Abouzaid	F	35	New York	NY	00:08:01	13	1:27	00:01:46	00:35:44	14	17.6	00:01:08	00:24:29	26	8:35	01:11:05.50
14	316	Nicole Thomas	F	54	Olney	MD	00:08:32	21	1:33	00:01:46	00:36:19	16	17.4	00:00:55	00:23:50	16	8:21	01:11:18.81
15	178	Nicole Unger	F	28	Great Neck	NY	00:09:22	33	1:42	00:02:00	00:39:16	33	16.0	00:00:56	00:19:56	4	6:59	01:11:28.43
16	121	Pamela Danbusky	F	36	Roslyn	NY	00:07:29	10	1:22	00:02:10	00:35:42	13	17.7	00:01:26	00:26:03	44	9:08	01:12:47.55
17	182	Emily Zabor	F	35	Astoria	NY	00:09:05	27	1:39	00:01:53	00:35:07	12	17.9	00:01:09	00:25:52	38	9:04	01:13:03.55
18	112	Sara Bryant	F	29	New York	NY	00:08:11	16	1:29	00:03:25	00:37:16	21	16.9	00:01:11	00:23:22	15	8:11	01:13:21.63
19	566	Gilda Schultz	F	47	Blue Point	NY	00:07:58	12	1:27	00:02:40	00:37:09	20	17.0	00:01:30	00:24:30	27	8:35	01:13:44.55
20	160	Tina Rampino	F	36	New York	NY	00:09:00	26	1:38	00:02:41	00:36:43	17	17.2	00:01:22	00:24:19	22	8:31	01:14:02.97
21	173	Ali Stewart	F	35	New York	NY	00:08:14	18	1:30	00:02:35	00:38:38	26	16.3	00:01:25	00:23:21	14	8:11	01:14:11.44
22	562	Nina Sabatini	F	23	Massapequa	NY	00:06:27	2	1:10	00:02:31	00:39:02	30	16.1	00:02:00	00:24:30	28	8:35	01:14:28.23
23	172	Emily Stern	F	21	Plainview	NY	00:07:41	11	1:24	00:02:23	00:38:23	25	16.4	00:00:36	00:25:53	40	9:04	01:14:53.98
24	295	Annamarie Lauritsen	F	46	Bethpage	NY	00:08:04	14	1:28	00:01:41	00:40:08	36	15.7	00:00:59	00:24:54	30	8:44	01:15:43.54
25	139	Betsy Koerner	F	34	Brooklyn	NY	00:11:15	65	2:03	00:01:44	00:38:20	24	16.4	00:00:56	00:24:27	23	8:34	01:16:40.58
26	145	Kristina Lugo	F	29	New York	NY	00:08:12	17	1:29	00:02:12	00:39:42	34	15.9	00:00:58	00:25:42	36	9:00	01:16:43.31
27	308	Susan Sales	F	52	Pelham	NY	00:09:00	25	1:38	00:02:28	00:39:16	32	16.0	00:01:38	00:24:43	29	8:40	01:17:01.75
28	135	Kate Hipwell	F	37	New York	NY	00:09:18	29	1:41	00:02:47	00:38:56	28	16.2	00:01:15	00:25:49	37	9:03	01:18:01.52
29	313	Irene Sullivan	F	47	Wantagh	NY	00:09:52	41	1:48	00:04:16	00:37:04	19	17.0	00:00:59	00:25:53	39	9:04	01:18:02.18
30	285	Joanne Gambone	F	49	Pelham	NY	00:11:02	63	2:00	00:02:47	00:38:52	27	16.2	00:01:27	00:24:29	25	8:35	01:18:34.56
31	281	Jessica Diamant	F	42	Roslyn	NY	00:08:59	24	1:38	00:02:17	00:38:57	29	16.2	00:00:56	00:27:39	54	9:41	01:18:45.72
32	287	Wendy Goodstein	F	48	Massapequa Park	NY	00:09:52	40	1:48	00:02:57	00:38:07	23	16.5	00:01:35	00:26:18	45	9:13	01:18:46.81
33	466	Erica Fraiberg	F	42	Greenlawn	NY	00:10:20	53	1:53	00:02:31	00:42:58	53	14.7	00:00:46	00:23:11	13	8:07	01:19:43.79
34	176	Ilana Susnow	F	35	New York	NY	00:09:30	34	1:44	00:04:14	00:39:13	31	16.1	00:02:26	00:24:55	31	8:44	01:20:15.63
35	306	Regan Megaera	F	56	New York	NY	00:09:52	39	1:48	00:02:12	00:37:56	22	16.6	00:00:56	00:29:40	64	10:24	01:20:33.79

Tri One On 2015

June 21, 2015

Individual

Overall Results - Female

Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
36	127	Ashley Geier	F	28	New York	NY	00:10:04	45	1:50	00:03:21	00:42:11	46	14.9	00:00:55	00:24:11	19	8:28	01:20:40.19
37	293	Adrienne Keggin-Kwong	F	42	Rego Park	NY	00:09:47	37	1:47	00:02:47	00:42:34	50	14.8	00:00:47	00:25:00	32	8:46	01:20:53.28
38	165	Alana Semuels	F	36	Brooklyn	NY	00:09:44	35	1:46	00:02:05	00:40:52	40	15.4	00:00:51	00:28:09	58	9:52	01:21:38.81
39	558	June Luciano	F	51	Sayville	NY	00:10:31	59	1:55	00:03:14	00:39:52	35	15.8	00:02:39	00:25:35	35	8:58	01:21:47.78
40	157	Kathryn Peveraro	F	32	Massapequa Park	NY	00:09:14	28	1:41	00:03:25	00:42:29	47	14.8	00:00:52	00:25:55	41	9:05	01:21:52.98
41	131	Sidonya Hakimi	F	16	Great Neck	NY	00:09:19	31	1:42	00:02:42	00:42:34	49	14.8	00:00:41	00:26:44	48	9:22	01:21:58.49
42	299	Katarina Markovina	F	44	Roslyn Estates	NY	00:10:29	57	1:55	00:04:03	00:42:11	45	14.9	00:00:55	00:24:27	24	8:34	01:22:02.74
43	163	Alexandra Romano	F	25	Astoria	NY	00:10:00	43	1:49	00:02:07	00:41:43	43	15.1	00:00:58	00:27:47	56	9:44	01:22:31.99
44	555	Rachel Pennyquick	F	42	New York	NY	00:10:13	50	1:52	00:04:56	00:40:34	39	15.5	00:02:49	00:24:04	18	8:26	01:22:33.81
45	142	Nicole Lanzetta	F	35	Forest Hills	NY	00:10:02	44	1:50	00:04:55	00:40:13	37	15.7	00:01:54	00:25:58	43	9:06	01:23:00.81
46	143	Marilyna Lau	F	32	Bayside	NY	00:11:32	67	2:06	00:03:16	00:43:51	59	14.4	00:00:49	00:24:17	20	8:30	01:23:42.57
47	124	Alyssa Digiovanni	F	24	Sea Cliff	NY	00:10:40	60	1:57	00:03:01	00:40:57	41	15.4	00:01:34	00:27:47	57	9:44	01:23:57.49
48	133	Kristy Herrel	F	36	Hoboken	NJ	00:09:45	36	1:46	00:03:55	00:43:26	55	14.5	00:01:43	00:25:26	34	8:55	01:24:12.82
49	296	Constance Lawson	F	49	Patchogue	NY	00:10:13	49	1:52	00:03:19	00:43:36	57	14.5	00:02:06	00:25:15	33	8:51	01:24:27.57
50	174	Maureen Stewart	F	38	Brooklyn	NY	00:10:28	56	1:54	00:03:21	00:42:38	52	14.8	00:01:32	00:27:00	50	9:28	01:24:56.32
51	111	Jill Brickman	F	37	New York	NY	00:09:21	32	1:42	00:02:23	00:41:48	44	15.1	00:01:52	00:29:59	66	10:31	01:25:21.55
52	271	Josephine Bishop	F	53	Port Washington	NY	00:10:12	48	1:51	00:02:46	00:44:05	60	14.3	00:02:04	00:27:14	53	9:33	01:26:19.49
53	141	Jeanine Lanzelotti	F	31	Teaneck	NJ	00:13:10	75	2:24	00:02:54	00:43:19	54	14.5	00:01:08	00:26:25	47	9:16	01:26:54.55
54	276	Janice Brown	F	60	Valley Stream	NY	00:10:49	61	1:58	00:04:20	00:42:34	48	14.8	00:03:04	00:26:25	46	9:15	01:27:09.82
55	315	Joanna Telacka	F	48	Port Washington	NY	00:09:19	30	1:42	00:02:58	00:40:24	38	15.6	00:01:08	00:33:31	78	11:45	01:27:16.98
56	114	Krista Chen	F	23	Briarwood	NY	00:09:48	38	1:47	00:02:27	00:43:29	56	14.5	00:00:50	00:30:57	70	10:51	01:27:28.62
57	110	Aviva Bang	F	17	Englewood	NJ	00:10:07	46	1:50	00:03:07	00:41:04	42	15.3	00:02:11	00:31:56	75	11:11	01:28:22.32
58	125	Aoife Duffin	F	38	New York	NY	00:10:23	54	1:53	00:03:21	00:46:28	66	13.6	00:01:29	00:27:11	52	9:32	01:28:49.11
59	151	Amy Noftz	F	35	New York	NY	00:13:00	73	2:22	00:02:34	00:45:10	62	13.9	00:00:59	00:27:08	51	9:30	01:28:49.31
60	467	Paula Ginestar-Campanaro	F	44	New York	NY	00:12:05	69	2:12	00:05:27	00:45:31	64	13.8	00:00:54	00:25:57	42	9:06	01:29:51.40
61	286	Marcia Goldberg	F	57	Massapequa	NY	00:12:41	71	2:19	00:02:02	00:44:39	61	14.1	00:01:33	00:29:17	61	10:16	01:30:09.82
62	130	Doc Halliday Golden	F	33	North Bergen	NJ	00:11:19	66	2:04	00:03:31	00:43:38	58	14.4	00:01:31	00:30:27	67	10:41	01:30:23.56
63	280	Peggy Delaney	F	59	New Hyde Park	NY	00:10:18	51	1:52	00:04:12	00:45:28	63	13.9	00:02:48	00:27:46	55	9:44	01:30:29.25
64	138	Kristina Keyser	F	20	New York	NY	00:12:18	70	2:14	00:03:55	00:42:36	51	14.8	00:01:09	00:31:00	71	10:52	01:30:55.20
65	116	Fanny Chu	F	35	Sunnyside	NY	00:10:09	47	1:51	00:02:02	00:47:00	70	13.4	00:01:05	00:31:04	72	10:53	01:31:17.72
66	149	Jigisha Motwani	F	35	Garden City Park	NY	00:24:38	82	4:30	00:03:05	00:32:04	3	19.7	00:01:29	00:30:54	69	10:50	01:32:06.82
67	279	Mindy Davidson	F	55	Bethpage	NY	00:12:43	72	2:19	00:02:22	00:47:14	71	13.3	00:01:28	00:29:23	62	10:18	01:33:07.89
68	134	Julie Heymann	F	25	Plainview	NY	00:10:30	58	1:55	00:03:34	00:49:08	73	12.8	00:00:56	00:29:58	65	10:30	01:34:03.28
69	117	Valeria Cisnero	F	37	New York	NY	00:10:27	55	1:54	00:03:57	00:46:57	68	13.4	00:02:07	00:30:50	68	10:49	01:34:16.32
70	270	Bonny Beetham	F	55	Port Washington	NY	00:10:56	62	1:59	00:03:28	00:46:39	67	13.5	00:02:07	00:31:24	73	11:00	01:34:31.81

Tri One On 2015

June 21, 2015

Individual

Overall Results - Female

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			T2	----- RUN -----			Penalty	Total Time
							Time	Plc	100y		Time	Plc	Mph		Time	Plc	Pace		
71	309	Pauline Schachner	F	54	Malverne	NY	00:10:18	52	1:52	00:03:56	00:46:59	69	13.4	00:02:16	00:31:42	74	11:07		01:35:08.83
72	148	Marcela Monsalve	F	32	New York	NY	00:11:11	64	2:02	00:03:53	00:51:55	74	12.1	00:00:59	00:28:17	59	9:55		01:36:12.30
73	277	Marissa Comia	F	46	Astoria	NY	00:15:35	78	2:50	00:05:03	00:45:57	65	13.7	00:02:20	00:29:29	63	10:20		01:38:21.55
74	129	Tracy Goldberg	F	27	New York City	NY	00:11:42	68	2:08	00:03:33	00:49:02	72	12.8	00:01:40	00:35:21	79	12:23		01:41:14.84
75	304	Tracy Rainford	F	40	Jamaica	NY	00:13:44	76	2:30	00:04:09	00:53:20	75	11.8	00:01:16	00:32:45	77	11:29		01:45:11.59
76	179	Michelle Villalva	F	39	Woodside	NY	00:17:53	81	3:16	00:03:45	01:03:51	80	9.9	00:00:54	00:20:16	5	7:06		01:46:35.82
77	181	Kaitlin Williams	F	18	Glen Head	NY	00:09:55	42	1:48	00:05:14	00:53:38	76	11.7	00:01:42	00:38:42	80	13:34		01:49:09.95
78	136	Julie Hon	F	38	Astoria	NY	00:17:39	80	3:13	00:05:07	00:57:44	78	10.9	00:00:53	00:29:00	60	10:10		01:50:21.34
79	267	Michelle Barresi	F	40	Holtsville	NY	00:13:01	74	2:22	00:04:17	01:02:03	79	10.2	00:01:02	00:32:34	76	11:25		01:52:54.96
80	298	Alice Liu	F	40	Oakland Gardens	NY	00:15:37	79	2:51	00:05:33	00:53:57	77	11.7	00:01:18	00:38:54	81	13:38		01:55:17.34
81	177	Cynthia Torres	F	31	Woodside	NY	00:14:59	77	2:44	00:06:09	01:07:19	81	9.4	00:01:19	00:26:55	49	9:26		01:56:38.34

Tri One On 2015

June 21, 2015

Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc		
1	3	Pat Fannon	M	24	West Islip	NY	00:06:36	9	1:12	00:00:54	00:27:19	2	23.1	00:00:36	00:15:40	1	5:29	00:51:03.26
2	553	Tim Steiskal	M	25	Bethpage	NY	00:05:56	2	1:04	00:01:10	00:28:03	4	22.5	00:00:34	00:17:45	5	6:13	00:53:25.77
3	9	Andreas Schmidt	M	48	New York City	NY	00:06:19	7	1:09	00:01:06	00:27:46	3	22.7	00:00:41	00:18:08	8	6:21	00:53:57.43
4	567	Scott Burman	M	37	Garden City	NY	00:06:15	5	1:08	00:01:12	00:28:52	5	21.8	00:00:53	00:18:56	14	6:38	00:56:04.31
5	570	Brendan Mccarthy	M	33	Manhasset	NY	00:06:49	15	1:14	00:01:36	00:29:16	8	21.5	00:00:41	00:17:50	6	6:15	00:56:09.81
6	13	Robert Weston	M	38	Manhasset	NY	00:07:05	20	1:17	00:01:23	00:27:15	1	23.1	00:00:45	00:20:17	31	7:06	00:56:42.31
7	106	Stephen Ward	M	29	New York	NY	00:07:31	35	1:22	00:01:11	00:28:58	6	21.7	00:00:40	00:18:34	10	6:30	00:56:52.28
8	254	Sean Tedesco	M	39	East Meadow	NY	00:06:05	3	1:06	00:01:03	00:30:27	13	20.7	00:00:35	00:19:13	17	6:44	00:57:20.29
9	261	Robert Votruba	M	44	Garden City	NY	00:06:44	13	1:13	00:01:19	00:29:51	11	21.1	00:00:48	00:18:49	13	6:36	00:57:28.17
10	194	Craig Catanzaro	M	42	Smithtown	NY	00:06:43	11	1:13	00:01:19	00:30:05	12	20.9	00:00:51	00:18:40	11	6:32	00:57:35.60
11	408	Graham Wilcock	M	47	Locust Valley	NY	00:07:49	42	1:25	00:01:03	00:29:17	9	21.5	00:00:34	00:19:01	15	6:40	00:57:42.29
12	419	Ned Daily	M	58	Garden City Park	NY	00:07:17	28	1:19	00:01:29	00:29:36	10	21.3	00:00:43	00:19:19	18	6:46	00:58:21.80
13	198	Lester Deleon	M	41	Westbury	NY	00:07:19	30	1:20	00:01:33	00:29:08	7	21.6	00:00:38	00:19:51	23	6:57	00:58:26.90
14	55	Tyler Kenny	M	15	Blauvelt	NY	00:06:16	6	1:08	00:00:52	00:32:26	32	19.4	00:00:00	00:19:29	20	6:49	00:59:00.78
15	84	Matthew Raske	M	33	New York	NY	00:06:29	8	1:10	00:01:21	00:32:10	29	19.6	00:00:37	00:19:27	19	6:49	01:00:01.18
16	504	Thomas Weber	M	36	Rockville Centre	NY	00:08:23	77	1:31	00:01:47	00:31:15	16	20.2	00:01:01	00:18:10	9	6:22	01:00:32.88
17	392	Danny Selcow	M	51	New York	NY	00:07:55	48	1:26	00:01:35	00:31:38	21	19.9	00:00:52	00:19:08	16	6:42	01:01:04.87
18	568	Daniel Valderrama	M	44	Oyster Bay	NY	00:08:12	67	1:29	00:01:11	00:31:18	17	20.1	00:00:50	00:20:01	25	7:01	01:01:29.49
19	91	Daniel Schiemel	M	32	New York	NY	00:07:19	29	1:20	00:01:44	00:30:50	14	20.4	00:00:52	00:21:22	50	7:29	01:02:04.54
20	556	Charlie Long	M	42	Coram	NY	00:07:53	45	1:26	00:01:03	00:32:36	34	19.3	00:00:37	00:20:10	30	7:04	01:02:15.56
21	34	Sam Debey	M	27	Weehawken	NJ	00:07:33	36	1:22	00:02:20	00:32:10	28	19.6	00:00:37	00:19:58	24	7:00	01:02:35.54
22	22	Matthew Broncato	M	20	Roslyn Heights	NY	00:06:42	10	1:13	00:01:26	00:34:00	55	18.5	00:00:39	00:20:03	26	7:01	01:02:46.49
23	413	Andre Bertolotti	M	55	Port Washington	NY	00:08:05	61	1:28	00:01:41	00:31:25	20	20.1	00:00:57	00:21:03	47	7:22	01:03:08.77
24	92	Yaniv Schiller	M	33	Riverdale	NY	00:07:46	41	1:25	00:02:12	00:31:23	18	20.1	00:00:54	00:20:58	44	7:21	01:03:11.43
25	28	Justin Conway	M	30	Brooklyn	NY	00:07:28	34	1:21	00:03:13	00:32:34	33	19.4	00:01:21	00:18:48	12	6:35	01:03:22.21
26	348	Johnny Graziano	M	47	Riverhead	NY	00:07:56	50	1:26	00:02:09	00:31:49	24	19.8	00:00:48	00:20:51	40	7:18	01:03:29.39
27	502	Harry Neuhaus	M	55	Brooklyn	NY	00:07:23	31	1:20	00:02:37	00:32:15	31	19.5	00:01:02	00:20:33	36	7:12	01:03:45.99
28	231	Douglas Palma	M	38	Bronxville	NY	00:08:23	79	1:31	00:01:40	00:33:52	51	18.6	00:00:55	00:19:31	21	6:50	01:04:18.17
29	204	David Hirschwerk	M	44	Port Washington	NY	00:08:04	58	1:28	00:01:52	00:32:38	35	19.3	00:01:27	00:20:20	32	7:07	01:04:18.38
30	7	William Randall	M	50	Port Washington	NY	00:08:13	69	1:30	00:01:43	00:31:11	15	20.2	00:00:47	00:22:45	79	7:58	01:04:36.79
31	345	Michael Gisonda	M	45	Boca Raton	FL	00:08:44	99	1:35	00:02:04	00:31:24	19	20.1	00:00:55	00:21:43	53	7:37	01:04:46.76
32	381	John Puchalla	M	46	Pelham	NY	00:08:08	64	1:29	00:02:39	00:31:50	25	19.8	00:01:25	00:20:51	41	7:18	01:04:50.80
33	1	Stuart Beldner	M	44	Great Neck	NY	00:07:10	22	1:18	00:02:23	00:31:46	23	19.8	00:01:27	00:22:14	69	7:47	01:04:58.29
34	48	Ilan Hausner	M	33	Brooklyn	NY	00:09:41	150	1:46	00:02:55	00:34:19	60	18.4	00:00:34	00:17:42	4	6:12	01:05:08.10
35	158	Herbert Plummer	M	33	New York	NY	00:08:17	72	1:30	00:02:08	00:35:31	89	17.7	00:01:21	00:17:55	7	6:17	01:05:08.92

Tri One On 2015

June 21, 2015

Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
36	206	Reginald Hyppolite	M	40	Valley Stream	NY	00:08:00	55	1:27	00:02:34	00:31:40	22	19.9	00:01:10	00:21:51	57	7:39		01:05:12.99
37	344	Steven Gee	M	49	New York	NY	00:09:17	127	1:41	00:01:40	00:32:43	37	19.3	00:00:52	00:21:09	49	7:25		01:05:39.15
38	42	Jacob Gidich	M	33	Syosset	NY	00:07:58	52	1:27	00:01:52	00:32:56	40	19.1	00:01:02	00:22:31	75	7:53		01:06:16.45
39	398	David Sweeney	M	46	New York	NY	00:08:40	93	1:35	00:02:10	00:33:00	42	19.1	00:01:54	00:20:55	42	7:20		01:06:36.30
40	98	Nicholas Speirs	M	32	Wantagh	NY	00:07:50	43	1:25	00:02:13	00:33:27	45	18.8	00:01:12	00:22:00	62	7:43		01:06:39.65
41	58	Joseph Kronberg	M	28	Syosset	NY	00:07:37	37	1:23	00:02:04	00:34:06	57	18.5	00:01:05	00:22:00	61	7:42		01:06:47.79
42	373	Joseph Micheels	M	49	East Islip	NY	00:08:32	87	1:33	00:01:39	00:32:14	30	19.5	00:00:55	00:23:49	100	8:21		01:07:06.76
43	51	Ryan Jansen	M	28	Seafoord	NY	00:09:30	140	1:44	00:01:55	00:34:19	59	18.4	00:00:52	00:20:34	37	7:12		01:07:07.55
44	367	Charles Maass	M	47	Manhasset	NY	00:07:13	24	1:19	00:01:32	00:35:29	87	17.8	00:00:53	00:22:13	68	7:47		01:07:16.71
45	565	John O'Connell	M	43	Lindenhurst	NY	00:06:08	4	1:07	00:01:49	00:34:50	71	18.1	00:01:06	00:23:31	92	8:14		01:07:21.68
46	35	Rafael Estevez	M	34	Bayside	NY	00:08:12	68	1:29	00:02:09	00:32:56	39	19.1	00:01:24	00:22:44	78	7:58		01:07:23.45
47	253	Matthew Tanenbaum	M	39	St. James	NY	00:07:03	18	1:17	00:01:52	00:33:03	43	19.1	00:01:04	00:24:45	128	8:41		01:07:45.34
48	205	Andrew Ho	M	44	Flushing	NY	00:08:03	56	1:28	00:02:29	00:31:56	26	19.7	00:01:17	00:24:06	107	8:27		01:07:48.66
49	65	Brooks Leigh	M	33	Sea Cliff	NY	00:08:23	78	1:31	00:02:10	00:32:03	27	19.7	00:00:50	00:24:29	122	8:35		01:07:52.31
50	327	Adam Bleifeld	M	45	Port Washington	NY	00:08:35	90	1:34	00:01:55	00:36:01	104	17.5	00:01:20	00:20:07	29	7:03		01:07:55.56
51	56	Jeffrey Klein	M	29	New York	NY	00:08:27	83	1:32	00:02:11	00:34:02	56	18.5	00:01:23	00:21:58	60	7:42		01:07:59.80
52	44	Max Goldberg	M	25	New York	NY	00:07:16	26	1:19	00:01:37	00:36:10	110	17.4	00:01:17	00:21:50	55	7:39		01:08:07.27
53	422	Tim Doran	M	61	Manhasset	NY	00:07:11	23	1:18	00:02:10	00:33:18	44	18.9	00:01:22	00:24:22	115	8:32		01:08:20.31
54	237	Himmat Rana	M	41	Noida		00:08:19	74	1:31	00:03:16	00:34:35	67	18.2	00:01:22	00:20:57	43	7:20		01:08:26.30
55	412	Robert Bartlotti	M	59	Oyster Bay	NY	00:09:12	121	1:40	00:01:40	00:34:53	74	18.1	00:00:53	00:21:53	58	7:40		01:08:30.31
56	37	Ian Feurtado	M	26	Elmont	NY	00:09:19	129	1:42	00:02:51	00:35:41	94	17.7	00:01:27	00:19:47	22	6:56		01:09:02.74
57	25	Luke Ceo	M	32	Somerville	MA	00:07:50	44	1:25	00:03:14	00:35:08	79	17.9	00:00:56	00:21:57	59	7:41		01:09:03.55
58	54	Patrick Kennedy	M	30	New York	NY	00:08:05	60	1:28	00:01:44	00:35:23	85	17.8	00:01:01	00:23:09	84	8:07		01:09:19.30
59	554	Len Oppenheimer	M	47	Hewlett	NY	00:07:38	38	1:23	00:01:43	00:33:52	52	18.6	00:01:01	00:25:09	141	8:49		01:09:20.68
60	354	Steven Horn	M	48	Roslyn	NY	00:08:44	101	1:35	00:02:49	00:35:24	86	17.8	00:01:29	00:21:01	46	7:22		01:09:25.35
61	88	Ryan Ross	M	27	New York	NY	00:07:55	49	1:26	00:02:20	00:33:59	54	18.5	00:00:51	00:24:27	120	8:34		01:09:30.30
62	209	Dan Kamensky	M	43	Roslyn	NY	00:08:41	95	1:35	00:01:43	00:33:44	49	18.7	00:00:57	00:24:28	121	8:35		01:09:31.80
63	95	Aditya Shah	M	29	New York	NY	00:09:27	137	1:43	00:02:08	00:36:05	107	17.5	00:01:02	00:21:04	48	7:23		01:09:43.48
64	368	Valeri Makovik	M	52	Forest Hills	NY	00:10:37	194	1:56	00:02:26	00:34:56	76	18.0	00:01:28	00:20:24	33	7:09		01:09:47.63
65	415	Bill Conway	M	62	New York	NY	00:07:58	53	1:27	00:03:10	00:33:40	47	18.7	00:01:23	00:23:39	94	8:17		01:09:49.00
66	189	Joshua Bosley	M	39	Islip	NY	00:08:07	63	1:28	00:04:19	00:35:48	99	17.6	00:01:14	00:20:26	34	7:10		01:09:51.82
67	343	Michael Freshour	M	50	Bayport	NY	00:07:17	27	1:19	00:02:21	00:36:02	105	17.5	00:01:05	00:23:17	88	8:09		01:09:58.32
68	341	Nigel Francis	M	48	New York	NY	00:10:17	184	1:52	00:03:58	00:34:31	64	18.3	00:01:12	00:20:03	27	7:01		01:09:58.99
69	215	Mark Lagrattra	M	39	New York	NY	00:07:41	39	1:24	00:02:10	00:34:34	66	18.2	00:01:21	00:24:20	112	8:31		01:10:02.55
70	89	J B Ryan	M	34	New York	NY	00:07:03	19	1:17	00:02:24	00:36:09	109	17.4	00:02:14	00:22:15	70	7:48		01:10:03.31

Tri One On 2015

June 21, 2015

Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
71	20	Andrew Bones	M	28	New York City	NY	00:10:12	178	1:51	00:02:21	00:35:43	97	17.6	00:01:20	00:20:32	35	7:11		01:10:05.30
72	342	Jay Freiberg	M	47	New York	NY	00:08:37	91	1:34	00:03:15	00:35:29	88	17.8	00:02:16	00:20:36	38	7:13		01:10:09.68
73	213	Laurence Kravitz	M	42	Pleasantville	NY	00:08:04	59	1:28	00:02:27	00:35:16	82	17.9	00:01:26	00:23:00	82	8:03		01:10:10.56
74	244	Ryan Salem	M	43	Long Beach	NH	00:10:16	183	1:52	00:02:07	00:34:29	63	18.3	00:01:14	00:22:12	67	7:47		01:10:15.73
75	478	Nimmers Stern	M	38	New York	NY	00:06:45	14	1:13	00:02:06	00:34:57	77	18.0	00:02:32	00:23:58	104	8:24		01:10:16.69
76	218	Raymond Lem	M	41	Forest Hills	NY	00:08:25	81	1:32	00:02:25	00:34:20	61	18.4	00:01:17	00:24:09	108	8:28		01:10:33.99
77	350	Herzel Hakimi	M	52	Great Neck	NY	00:08:21	75	1:31	00:01:49	00:34:53	73	18.1	00:01:23	00:24:15	111	8:30		01:10:38.46
78	346	Ivan Goodstein	M	47	Great Neck	NY	00:07:54	47	1:26	00:01:56	00:35:22	84	17.8	00:00:56	00:25:07	140	8:48		01:11:13.16
79	24	Michael Cao	M	31	New York City	NY	00:09:57	163	1:49	00:02:40	00:35:43	95	17.6	00:01:01	00:22:02	63	7:43		01:11:19.80
80	100	Timothy Swann	M	27	Nesconset	NY	00:08:31	86	1:33	00:02:58	00:36:35	117	17.2	00:01:19	00:22:02	64	7:43		01:11:22.81
81	83	Pierre Nkrumah	M	32	New York	NY	00:09:56	162	1:48	00:04:05	00:34:37	68	18.2	00:01:01	00:21:51	56	7:39		01:11:26.80
82	249	Matthew Semon	M	42	Melville	NY	00:08:13	70	1:30	00:02:39	00:36:38	118	17.2	00:01:26	00:22:35	76	7:55		01:11:29.44
83	247	Andrew Schwartz	M	40	Port Washington	NY	00:08:44	100	1:35	00:02:57	00:36:47	119	17.1	00:01:30	00:21:37	51	7:35		01:11:32.80
84	243	Sean Rudden	M	39	Dix Hills	NY	00:08:28	85	1:32	00:02:34	00:34:56	75	18.0	00:01:21	00:24:22	116	8:32		01:11:38.94
85	376	Colin Noonan	M	45	Westbury	NY	00:09:10	118	1:40	00:02:12	00:34:32	65	18.2	00:01:18	00:24:43	127	8:40		01:11:52.39
86	36	Marc Fernandez	M	28	Port Washington	NY	00:09:13	122	1:41	00:02:05	00:35:51	100	17.6	00:00:49	00:24:01	105	8:25		01:11:56.23
87	357	Adam Kolodny	M	52	Great Neck	NY	00:07:42	40	1:24	00:01:53	00:38:19	152	16.4	00:00:51	00:23:15	87	8:09		01:11:56.49
88	421	David Digiovanni	M	57	Sea Cliff	NY	00:10:40	195	1:56	00:02:37	00:32:45	38	19.2	00:01:23	00:24:34	123	8:36		01:11:56.56
89	21	Michael Bradley	M	31	New York	NY	00:07:06	21	1:17	00:02:07	00:38:03	146	16.6	00:01:01	00:23:51	102	8:22		01:12:05.72
90	191	Jonathan Brickman	M	38	New York	NY	00:08:42	96	1:35	00:02:52	00:36:59	127	17.0	00:01:33	00:22:04	65	7:44		01:12:07.55
91	248	Eric Sealove	M	39	Sands Point	NY	00:09:54	160	1:48	00:03:31	00:35:59	102	17.5	00:01:50	00:20:59	45	7:21		01:12:10.56
92	349	Rick Guagliardo	M	49	Manhasset	NY	00:08:59	110	1:38	00:03:08	00:35:43	96	17.6	00:01:33	00:22:54	80	8:01		01:12:14.47
93	329	Louis Cappelli	M	45	East Meadow	NY	00:09:36	146	1:45	00:02:02	00:32:57	41	19.1	00:01:48	00:25:54	157	9:05		01:12:15.44
94	192	Jacob Burgess	M	38	Port Washington	NY	00:08:22	76	1:31	00:02:27	00:35:57	101	17.5	00:01:34	00:24:03	106	8:26		01:12:20.56
95	245	Mario Samara	M	38	New York	NY	00:10:00	167	1:49	00:02:33	00:36:49	123	17.1	00:00:57	00:22:21	73	7:50		01:12:37.30
96	252	Michael Stratemeier	M	43	Holtsville	NY	00:08:51	105	1:37	00:02:01	00:34:12	58	18.4	00:01:14	00:26:32	162	9:18		01:12:47.44
97	563	Alan Stenson	M	27	Brooklyn	NY	00:10:05	171	1:50	00:02:49	00:39:24	167	16.0	00:00:30	00:20:03	28	7:01		01:12:49.28
98	227	David Murcott	M	44	East Norwich	NY	00:08:57	109	1:38	00:02:02	00:35:59	103	17.5	00:01:04	00:24:58	136	8:45		01:12:58.17
99	439	Matt Lamorte	M	57	Huntington Station	NY	00:09:45	155	1:46	00:03:15	00:37:13	133	16.9	00:00:42	00:22:12	66	7:47		01:13:03.71
100	355	Igor Karadimov	M	52	Bronx	NY	00:08:42	97	1:35	00:02:31	00:36:49	121	17.1	00:00:37	00:24:37	126	8:38		01:13:13.68
101	259	Neil Verwys	M	42	New Hyde Park	NY	00:09:07	116	1:39	00:02:47	00:34:47	70	18.1	00:01:37	00:25:11	143	8:50		01:13:26.20
102	377	James Noumair	M	45	Garden City	NY	00:08:34	88	1:33	00:01:53	00:34:37	69	18.2	00:01:43	00:26:42	167	9:21		01:13:26.31
103	469	Howard Levine	M	54	Short Hills	NJ	00:05:38	1	1:01	00:02:11	00:35:14	81	17.9	00:01:04	00:29:22	204	10:18		01:13:27.57
104	361	Michal Kunz	M	53	Yorktown Heights	NY	00:09:58	164	1:49	00:03:05	00:34:26	62	18.3	00:01:18	00:24:46	129	8:41		01:13:31.17
105	461	James Williams	M	56	Glen Head	NY	00:08:10	65	1:29	00:02:31	00:35:40	92	17.7	00:01:35	00:25:48	155	9:03		01:13:41.56

Tri One On 2015

June 21, 2015

Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
106	232	Joel Pardalis	M	35	Danbury	CT	00:08:56	108	1:37	00:03:13	00:36:55	125	17.1	00:01:19	00:23:24	89	8:12	01:13:44.15
107	212	Chris Korolczuk	M	41	Long Beach	NY	00:08:24	80	1:32	00:02:27	00:33:51	50	18.6	00:01:14	00:27:56	181	9:47	01:13:49.85
108	17	Warren Algenio	M	33	Jamaica	NY	00:09:07	117	1:39	00:02:26	00:35:17	83	17.9	00:01:08	00:26:03	158	9:08	01:13:57.55
109	449	Michael Pitzer	M	61	East Meadow	NY	00:09:16	126	1:41	00:02:48	00:36:13	112	17.4	00:00:45	00:24:58	135	8:45	01:13:58.31
110	594	Jaehwi Kwon	M	20	Flushing	NY	00:09:24	133	1:43	00:04:30	00:35:38	91	17.7	00:00:49	00:23:44	95	8:19	01:14:02.34
111	223	James Mcinerney	M	41	Kew Gardens	NY	00:09:29	138	1:43	00:03:17	00:36:52	124	17.1	00:01:23	00:23:12	85	8:08	01:14:10.27
112	190	Cormac Brady	M	40	Sea Cliff	NY	00:09:14	123	1:41	00:03:44	00:37:34	139	16.8	00:02:53	00:20:50	39	7:18	01:14:12.67
113	382	David Reiss	M	53	Great Neck	NY	00:08:06	62	1:28	00:02:26	00:37:21	135	16.9	00:01:11	00:25:18	144	8:52	01:14:19.56
114	45	Joseph Gorczyca	M	33	Syosset	NY	00:09:06	113	1:39	00:02:28	00:37:11	131	16.9	00:00:54	00:24:50	132	8:42	01:14:27.16
115	371	Michael Meinardus	M	48	Medford	NY	00:08:15	71	1:30	00:02:44	00:38:26	155	16.4	00:01:39	00:23:28	91	8:13	01:14:29.67
116	263	David Weber	M	37	Brooklyn	NY	00:09:16	125	1:41	00:02:20	00:33:43	48	18.7	00:02:11	00:27:05	170	9:29	01:14:32.56
117	41	Michael Galeotafiore	M	26	N. Massapequa	NY	00:09:44	154	1:46	00:04:28	00:33:33	46	18.8	00:01:08	00:25:45	152	9:01	01:14:35.61
118	471	Brian Malone	M	49	Roslyn Heights	NY	00:08:18	73	1:30	00:03:27	00:35:33	90	17.7	00:01:45	00:25:46	153	9:02	01:14:46.32
119	220	Allen Liu	M	39	New York	NY	00:08:55	107	1:37	00:03:00	00:37:04	129	17.0	00:01:02	00:24:52	134	8:43	01:14:50.21
120	219	Joseph Lennon	M	41	Rockville Centre	NY	00:07:27	33	1:21	00:02:04	00:38:28	156	16.4	00:01:12	00:25:53	156	9:04	01:15:01.73
121	72	Daniel Mcnamara	M	27	New York	NY	00:09:21	132	1:42	00:04:13	00:37:13	134	16.9	00:00:40	00:23:45	97	8:19	01:15:09.55
122	50	Stephen Intrabartola	M	27	Malverne	NY	00:08:47	102	1:36	00:03:11	00:36:49	122	17.1	00:01:08	00:25:30	148	8:56	01:15:21.44
123	49	Philip Healey	M	20	Massapequa	NY	00:06:50	16	1:14	00:04:14	00:39:33	170	15.9	00:01:01	00:23:48	99	8:21	01:15:23.26
124	221	Samuel Lo	M	39	New York	NY	00:11:47	215	2:09	00:03:19	00:37:49	141	16.7	00:00:48	00:21:44	54	7:37	01:15:24.54
125	16	Michael Akerman	M	31	Bronx	NY	00:10:23	189	1:53	00:02:08	00:37:26	137	16.8	00:01:26	00:24:20	113	8:32	01:15:40.53
126	370	John Mcshane	M	47	Islip	NY	00:09:59	166	1:49	00:03:30	00:37:59	145	16.6	00:01:45	00:22:31	74	7:53	01:15:40.98
127	405	Dean Wagner	M	49	Glen Head	NY	00:08:34	89	1:33	00:02:26	00:35:12	80	17.9	00:01:24	00:28:28	193	9:59	01:16:01.74
128	258	Peter Vassiliou	M	40	Manhasset	NY	00:10:00	169	1:49	00:02:01	00:32:42	36	19.3	00:01:25	00:29:56	207	10:30	01:16:02.51
129	454	Bob Sweeney	M	57	Douglaston	NY	00:10:06	173	1:50	00:03:26	00:36:35	116	17.2	00:01:42	00:24:22	114	8:32	01:16:08.56
130	379	Victor Pajonas	M	50	Seaford	NY	00:09:30	139	1:44	00:01:58	00:37:22	136	16.9	00:01:58	00:25:28	147	8:56	01:16:12.99
131	462	Nick Zito	M	59	Hicksville	NY	00:09:35	144	1:45	00:02:58	00:36:08	108	17.4	00:01:50	00:25:48	154	9:02	01:16:16.97
132	195	Steve Chapman	M	39	Armonk	NY	00:11:24	207	2:04	00:02:42	00:35:41	93	17.7	00:01:25	00:25:10	142	8:49	01:16:19.31
133	256	Matthew Utter	M	41	Sunnyside	NY	00:07:16	25	1:19	00:03:05	00:40:37	189	15.5	00:00:55	00:24:37	125	8:38	01:16:26.72
134	264	Jason Winslow	M	44	East Setauket	NY	00:09:33	143	1:44	00:02:54	00:38:21	153	16.4	00:01:31	00:24:11	109	8:29	01:16:28.16
135	430	Bob Gass	M	61	New York	NY	00:09:59	165	1:49	00:05:37	00:35:46	98	17.6	00:01:47	00:23:35	93	8:16	01:16:40.82
136	465	John Fraiberg	M	42	Greenlawn	NY	00:08:50	104	1:36	00:02:50	00:40:19	185	15.6	00:00:51	00:23:55	103	8:23	01:16:42.32
137	265	Brian Yuen	M	36	Fresh Meadows	NY	00:10:35	192	1:55	00:02:35	00:34:52	72	18.1	00:01:40	00:27:23	173	9:36	01:17:00.90
138	337	Augustino D'alonzo	M	48	Northport	NY	00:09:19	131	1:42	00:04:01	00:37:00	128	17.0	00:02:28	00:24:36	124	8:37	01:17:21.52
139	387	Salvatore Russo	M	45	Port Washington	NY	00:09:11	119	1:40	00:03:51	00:39:29	169	16.0	00:01:26	00:23:28	90	8:13	01:17:22.38
140	470	Carlos Llaguno	M	35	Flushing	NY	00:12:12	222	2:13	00:03:16	00:43:15	207	14.6	00:02:12	00:16:32	3	5:48	01:17:24.65

Tri One On 2015

June 21, 2015

Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc	Pace
141	257	Bryan Vanderputten	M	41	Port Washington	NY	00:08:54	106	1:37	00:02:54	00:38:16	149	16.5	00:02:04	00:25:24	146	8:54		01:17:28.82
142	208	Kamran Kalaty	M	40	Great Neck	NY	00:10:08	177	1:51	00:05:08	00:36:58	126	17.0	00:01:37	00:23:45	98	8:19		01:17:34.82
143	101	Erik Syvertsen	M	34	Port Washington	NY	00:09:41	152	1:46	00:03:15	00:39:35	172	15.9	00:00:50	00:24:23	117	8:33		01:17:42.24
144	19	William Baker	M	31	Oyster Bay	NY	00:11:35	212	2:07	00:03:27	00:33:58	53	18.5	00:02:31	00:26:32	164	9:18		01:18:01.77
145	560	George Woodhull	M	58	Riverhead	NY	00:10:51	199	1:58	00:02:04	00:38:16	150	16.5	00:00:44	00:26:28	161	9:16		01:18:20.26
146	96	Stephen Siu	M	29	New York	NY	00:09:25	134	1:43	00:02:10	00:40:35	188	15.5	00:01:48	00:24:27	119	8:34		01:18:20.30
147	423	Raymond Drollinger	M	56	Glen Cove	NY	00:08:27	82	1:32	00:03:51	00:39:40	173	15.9	00:01:09	00:25:19	145	8:52		01:18:23.00
148	90	David Sawyer	M	29	Alexandria	VA	00:08:04	57	1:28	00:03:09	00:37:46	140	16.7	00:01:15	00:28:14	188	9:54		01:18:25.55
149	358	Steve Kostoff	M	52	Selden	NY	00:10:23	188	1:53	00:04:48	00:39:13	165	16.1	00:01:03	00:23:12	86	8:08		01:18:35.72
150	314	Jeffrey Sutton	M	45	Chappaqua	NY	00:09:06	115	1:39	00:02:54	00:37:50	142	16.7	00:01:21	00:27:28	176	9:38		01:18:37.81
151	33	Alessio D'andragora	M	34	Upton	NY	00:09:26	135	1:43	00:04:18	00:38:37	158	16.3	00:02:17	00:24:13	110	8:29		01:18:48.46
152	240	Michael Ronan	M	41	Floral Park	NY	00:07:56	51	1:27	00:03:23	00:38:17	151	16.5	00:01:14	00:28:24	191	9:57		01:19:11.64
153	94	Stefan Serie	M	32	Long Beach	NY	00:09:12	120	1:40	00:03:36	00:41:40	198	15.1	00:01:06	00:23:45	96	8:19		01:19:15.56
154	324	Matthew Bendix	M	51	Port Washington	NY	00:09:47	157	1:47	00:04:12	00:38:54	160	16.2	00:01:24	00:25:05	139	8:47		01:19:19.41
155	53	Joshua Kashanian	M	34	Great Neck	NY	00:09:37	147	1:45	00:02:09	00:37:58	144	16.6	00:01:14	00:28:29	194	9:59		01:19:24.31
156	407	James Wicks	M	54	Setauket	NY	00:11:37	213	2:07	00:04:06	00:39:21	166	16.0	00:01:21	00:23:08	83	8:06		01:19:30.72
157	468	Sean Hanley	M	44	Hoboken	NJ	00:10:07	175	1:50	00:03:11	00:36:27	115	17.3	00:02:01	00:27:58	182	9:48		01:19:41.56
158	393	David Shereck	M	52	North Woodmere	NY	00:11:54	218	2:10	00:03:14	00:36:12	111	17.4	00:04:40	00:23:50	101	8:21		01:19:47.45
159	447	Scott Neibel	M	55	Brooklyn	NY	00:11:15	206	2:03	00:03:15	00:36:25	114	17.3	00:01:15	00:27:42	178	9:42		01:19:49.50
160	401	Wojciech Telacki	M	49	Port Washington	NY	00:11:34	210	2:06	00:04:06	00:37:11	130	17.0	00:01:21	00:25:44	151	9:01		01:19:52.32
161	214	Paul Laedke	M	39	New Milford	CT	00:11:35	211	2:06	00:02:56	00:39:48	176	15.8	00:01:22	00:24:25	118	8:33		01:20:03.56
162	260	Dan Voicescu	M	38	New York	NY	00:08:39	92	1:34	00:03:55	00:38:28	157	16.4	00:02:08	00:27:00	169	9:28		01:20:08.56
163	351	John Heslin	M	45	Brooklyn	NY	00:11:29	209	2:05	00:03:52	00:36:22	113	17.3	00:02:02	00:26:32	163	9:18		01:20:14.32
164	445	Michael Morley	M	58	Neponsit	NY	00:10:22	187	1:53	00:04:05	00:36:03	106	17.5	00:01:40	00:28:24	192	9:57		01:20:32.50
165	29	Robert M Costa	M	27	Halesite	NY	00:09:26	136	1:43	00:01:28	00:46:16	221	13.6	00:00:53	00:22:38	77	7:56		01:20:39.63
166	437	Peter Judge	M	59	Brightwaters	NY	00:09:19	130	1:42	00:04:17	00:39:50	177	15.8	00:01:02	00:26:16	159	9:12		01:20:41.32
167	226	Brian Moore	M	38	New York	NY	00:08:43	98	1:35	00:03:02	00:38:48	159	16.2	00:01:56	00:28:23	190	9:57		01:20:49.80
168	380	Jerry Ponce	M	45	Mineola	NY	00:10:21	186	1:53	00:03:51	00:39:48	175	15.8	00:02:06	00:24:51	133	8:43		01:20:55.32
169	26	Ryan Chen	M	24	Briarwood	NY	00:09:44	153	1:46	00:02:44	00:40:27	187	15.6	00:01:26	00:26:41	165	9:21		01:20:59.45
170	57	Scott Koerner	M	34	Brooklyn	NY	00:09:33	142	1:44	00:03:07	00:41:15	196	15.3	00:01:32	00:25:40	150	9:00		01:21:04.16
171	353	Ken Hoffman	M	45	Glen Cove	NY	00:09:18	128	1:41	00:03:24	00:38:55	161	16.2	00:01:56	00:27:38	177	9:41		01:21:08.57
172	210	Jordan Kapelner	M	39	Long Beach	NY	00:10:13	180	1:52	00:03:55	00:40:52	191	15.4	00:01:28	00:24:46	130	8:41		01:21:12.89
173	322	Kim Bang	M	54	Englewood	NJ	00:08:28	84	1:32	00:04:06	00:37:27	138	16.8	00:01:43	00:29:34	205	10:22		01:21:16.32
174	217	Keith Lavitt	M	41	Woodbury	NY	00:10:14	181	1:52	00:04:18	00:43:39	211	14.4	00:00:49	00:22:19	72	7:49		01:21:16.38
175	434	James Hollenberg	M	60	Roslyn	NY	00:10:41	196	1:57	00:07:08	00:40:14	184	15.7	00:01:07	00:22:16	71	7:48		01:21:24.28

Tri One On 2015

June 21, 2015

Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc		
176	246	Romeo Sanchez	M	36	New Hyde Park	NY	00:12:03	221	2:12	00:02:45	00:38:05	147	16.5	00:01:27	00:27:10	171	9:31	01:21:27.81
177	432	Howard Heiman	M	60	Port Washington	NY	00:10:50	198	1:58	00:03:41	00:37:11	132	16.9	00:01:34	00:28:32	195	10:00	01:21:45.23
178	75	Kyle Morgan	M	30	New York	NY	00:07:59	54	1:27	00:04:26	00:39:47	174	15.8	00:01:57	00:27:47	179	9:44	01:21:53.56
179	102	Shawn Tannenbaum	M	32	Bellmore	NY	00:07:02	17	1:17	00:01:38	00:41:35	197	15.2	00:01:02	00:31:03	213	10:53	01:22:16.49
180	86	Sergio Rodriguez	M	27	Jersey City	NJ	00:11:46	214	2:09	00:03:05	00:39:11	164	16.1	00:01:37	00:26:43	168	9:22	01:22:18.69
181	464	Nicholas Cuddy	M	35	Oyster Bay	NY	00:07:23	32	1:20	00:03:50	00:40:12	183	15.7	00:02:03	00:28:56	201	10:08	01:22:19.79
182	338	Philip Deluca	M	45	Port Washington	NY	00:10:49	197	1:58	00:03:43	00:40:01	180	15.7	00:01:20	00:26:41	166	9:21	01:22:34.00
183	255	Orlando Torres	M	36	Bayside Hills	NY	00:09:01	112	1:38	00:02:39	00:42:15	201	14.9	00:00:53	00:28:00	183	9:49	01:22:44.69
184	391	George Schmansky	M	45	Elmont	NY	00:10:58	201	2:00	00:03:57	00:36:47	120	17.1	00:03:15	00:27:53	180	9:46	01:22:47.42
185	77	Brendan Murphy	M	23	Brooklyn	NY	00:08:41	94	1:35	00:03:07	00:41:13	195	15.3	00:01:06	00:28:54	198	10:08	01:22:58.81
186	229	Joshua Needle	M	36	Port Washington	NY	00:09:30	141	1:44	00:03:13	00:44:12	215	14.3	00:01:25	00:25:00	137	8:46	01:23:17.82
187	186	Vincent Berba	M	36	Queens Village	NY	00:11:50	217	2:09	00:02:29	00:37:54	143	16.6	00:02:56	00:28:15	189	9:54	01:23:21.75
188	61	Kevin Lam	M	34	Syosset	NY	00:15:11	230	2:46	00:04:50	00:35:07	78	17.9	00:01:33	00:27:14	172	9:33	01:23:51.81
189	18	Ryan Algenio	M	34	Hollis	NY	00:10:34	191	1:55	00:02:44	00:39:25	168	16.0	00:01:33	00:30:00	208	10:31	01:24:12.96
190	450	James Pizzigati	M	65	Inwood	NY	00:10:06	172	1:50	00:02:51	00:39:10	163	16.1	00:02:12	00:30:05	209	10:33	01:24:20.80
191	207	David Kachoui	M	41	New York	NY	00:11:03	204	2:01	00:03:14	00:43:56	213	14.3	00:01:13	00:25:02	138	8:46	01:24:24.95
192	402	Scott Turano	M	47	Nesconset	NY	00:10:02	170	1:49	00:04:10	00:39:09	162	16.1	00:03:01	00:28:12	187	9:53	01:24:31.66
193	196	Jeff Cohen	M	40	Roslyn	NY	00:09:55	161	1:48	00:03:27	00:40:25	186	15.6	00:01:42	00:29:13	202	10:14	01:24:40.57
194	395	Andrew Smith	M	47	Brooklyn	NY	00:09:38	149	1:45	00:04:24	00:54:05	228	11.7	00:01:04	00:16:19	2	5:43	01:25:28.00
195	70	Crisgean Losbanos	M	31	Jersey City	NJ	00:17:46	231	3:14	00:03:25	00:38:15	148	16.5	00:01:18	00:24:50	131	8:42	01:25:31.78
196	73	Michael L Meinardus	M	25	Shirley	NY	00:09:54	159	1:48	00:06:34	00:39:59	179	15.8	00:01:34	00:28:10	186	9:52	01:26:08.67
197	235	Michael Piza	M	35	Port Washington	NY	00:11:10	205	2:02	00:03:45	00:43:40	212	14.4	00:01:19	00:26:20	160	9:14	01:26:11.72
198	325	Adam Berman	M	46	Baldwin	NY	00:10:07	176	1:50	00:04:20	00:40:03	182	15.7	00:02:26	00:29:20	203	10:17	01:26:13.50
199	23	John Bryan	M	33	New York	NY	00:07:54	46	1:26	00:03:01	00:42:09	199	15.0	00:01:41	00:31:54	219	11:11	01:26:36.68
200	400	Andrew Taveras	M	49	Carle Place	NY	00:11:02	202	2:01	00:02:55	00:40:42	190	15.5	00:02:13	00:30:23	210	10:39	01:27:13.33
201	241	Warren Rothman	M	42	Merrick	NY	00:08:10	66	1:29	00:02:36	00:42:28	203	14.8	00:02:20	00:31:48	217	11:09	01:27:19.44
202	225	Socrates Medina	M	40	N. Merrick	NY	00:12:32	224	2:17	00:04:02	00:41:04	193	15.3	00:02:21	00:27:27	175	9:37	01:27:22.54
203	224	William Mcnamara	M	37	Tuckahoe	NY	00:10:34	190	1:55	00:03:52	00:39:34	171	15.9	00:02:31	00:31:07	214	10:55	01:27:35.82
204	456	John Tasolides	M	59	Jericho	NY	00:10:36	193	1:56	00:04:14	00:40:02	181	15.7	00:01:31	00:31:53	218	11:10	01:28:12.95
205	369	Arnold Manaog	M	46	Rego Park	NY	00:12:31	223	2:17	00:03:23	00:42:36	204	14.8	00:02:04	00:28:02	184	9:49	01:28:32.83
206	446	Dennis Murphy	M	56	Brooklyn	NY	00:09:06	114	1:39	00:04:21	00:45:34	220	13.8	00:01:01	00:28:55	199	10:08	01:28:54.45
207	436	Joseph Ippolito	M	55	Lindenhurst	NY	00:12:02	220	2:11	00:07:16	00:39:56	178	15.8	00:03:07	00:28:08	185	9:52	01:30:27.33
208	442	Eytan Lombroso	M	64	New Rochelle	NY	00:11:27	208	2:05	00:05:07	00:42:23	202	14.9	00:02:13	00:29:48	206	10:27	01:30:55.28
209	363	Peter Lavrenchik	M	47	St. James	NY	00:13:29	227	2:27	00:04:59	00:42:56	206	14.7	00:01:07	00:28:39	197	10:02	01:31:07.82
210	30	Francis Felix Costa	M	34	Astoria	NY	00:17:51	232	3:15	00:03:41	00:41:03	192	15.4	00:01:16	00:27:24	174	9:36	01:31:12.57

Tri One On 2015

June 21, 2015

Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
211	76	William Motschwiller	M	29	New York City	NY	00:10:00	168	1:49	00:03:07	00:43:29	210	14.5	00:02:11	00:32:36	220	11:26		01:31:20.82
212	103	Gregory Tuballes	M	31	Jamaica Estates	NY	00:10:17	185	1:52	00:02:45	00:47:45	222	13.2	00:02:14	00:28:55	200	10:08		01:31:54.82
213	417	Felix Cuebas	M	57	Brentwood	NY	00:09:16	124	1:41	00:03:03	00:42:36	205	14.8	00:02:15	00:34:50	221	12:13		01:31:57.83
214	230	Ori Pagovich	M	43	Great Neck	NY	00:13:09	226	2:24	00:05:30	00:48:16	223	13.1	00:02:09	00:22:56	81	8:02		01:31:59.33
215	39	Joseph Flint	M	30	Dumont	NJ	00:11:49	216	2:09	00:03:23	00:41:05	194	15.3	00:00:57	00:35:23	222	12:24		01:32:35.40
216	183	Adam Angione	M	36	New York	NY	00:09:38	148	1:45	00:03:26	00:38:25	154	16.4	00:02:06	00:39:54	226	13:59		01:33:25.54
217	388	Edward Sanabria	M	47	Kings Park	NY	00:12:57	225	2:21	00:02:54	00:44:21	216	14.2	00:01:58	00:31:27	215	11:01		01:33:35.33
218	366	Oswaldo Lopez	M	48	East Meadow	NY	00:11:03	203	2:01	00:04:42	00:49:01	224	12.9	00:01:23	00:28:37	196	10:02		01:34:43.80
219	202	Shachar Gonen	M	44	New York	NY	00:09:45	156	1:46	00:05:28	00:45:22	219	13.9	00:03:52	00:30:43	212	10:46		01:35:07.18
220	427	Warren Frank	M	60	Old Bethpage	NY	00:08:48	103	1:36	00:03:50	00:43:24	209	14.5	00:01:59	00:37:24	225	13:07		01:35:22.00
221	472	Curvie McMurray	M	50	Tarrytown	NY	00:11:58	219	2:11	00:05:42	00:44:48	217	14.1	00:02:19	00:31:30	216	11:02		01:36:14.59
222	438	Essy Kashanian	M	66	Rosly	NY	00:09:49	158	1:47	00:06:01	00:42:14	200	14.9	00:02:18	00:36:03	223	12:38		01:36:21.80
223	458	Leo Ullman	M	76	Sands Point	NY	00:10:07	174	1:50	00:04:27	00:43:20	208	14.5	00:03:01	00:36:36	224	12:50		01:37:27.90
224	452	Gary Schatzberg	M	55	Roslyn	NY	00:14:16	229	2:36	00:08:38	00:50:04	226	12.6	00:02:54	00:21:41	52	7:36		01:37:30.98
225	564	Phil Mascolo	M	41	Setauket	NY	00:09:41	151	1:46	00:05:32	00:49:49	225	12.6	00:03:19	00:30:31	211	10:42		01:38:48.91
226	64	Donald Lee	M	26	Forest Hills	NY	00:09:35	145	1:45	00:03:42	01:03:11	229	10.0	00:00:34	00:25:36	149	8:58		01:42:35.95
227	593	Andrew Mendelson	M	47	Baldwin Place	NY	00:10:57	200	1:59	00:05:07	00:44:02	214	14.3	00:02:42	00:40:29	227	14:12		01:43:13.96
228	396	Daniel Spicknell	M	48	New York	NY	00:13:40	228	2:29	00:05:19	00:50:50	227	12.4	00:02:03	00:45:27	228	15:56		01:57:16.59