

Camp Courageous Sprint Triathlon

August 7, 2016

Overall Division Results

Individual

Female Overall Winner

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|----------------|-----|---|-----------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 15/157 | 1/66 | 383 | Laura Moeller | 39 | F | Ankeny | IA | 00:07:58.62 | 00:45:17.76 | 00:24:05.95 | | 01:19:33.92 |
| 2 | 22/157 | 2/66 | 457 | Lauren Parello | 32 | F | Madison | WI | 00:09:10.80 | 00:45:27.33 | 00:25:09.71 | | 01:21:04.68 |
| 3 | 26/157 | 3/66 | 372 | Kim Sprenger | 54 | F | Iowa City | IA | 00:09:56.13 | 00:47:37.06 | 00:24:19.33 | | 01:22:54.70 |

Male Overall Winner

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|-----------------|-----|---|-----------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 1/157 | 1/91 | 466 | Chrzstopher Lam | 21 | M | Rochester | MN | 00:07:18.55 | 00:40:40.15 | 00:18:59.92 | | 01:08:18.52 |
| 2 | 2/157 | 2/91 | 304 | R J Montes | 37 | M | Dubuque | IA | 00:09:02.57 | 00:40:13.54 | 00:19:23.30 | | 01:09:40.62 |
| 3 | 3/157 | 3/91 | 401 | Dallas Clasen | 22 | M | Peosta | IA | 00:08:57.67 | 00:40:51.69 | 00:20:03.56 | | 01:10:36.75 |

Female Athena

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|-------------------|-----|---|------------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 63/157 | 15/66 | 345 | Kate Pape | 34 | F | Coralville | IA | 00:10:54.84 | 00:51:46.53 | 00:30:37.52 | | 01:35:21.50 |
| 2 | 133/157 | 52/66 | 352 | Jess Luetkemeier | 29 | F | Monticello | IA | 00:14:12.70 | 01:08:44.30 | 00:33:41.84 | | 02:00:27.34 |
| 3 | 142/157 | 57/66 | 362 | Brenda Longfellow | 44 | F | Coralville | IA | 00:11:07.91 | 01:06:49.52 | 00:41:41.12 | | 02:05:50.06 |

Male Clydesdale

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|----------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 44/157 | 37/91 | 329 | Daniel Vancamp | 33 | M | Cedar Rapids | IA | 00:09:34.53 | 00:48:43.93 | 00:29:59.74 | | 01:30:13.28 |
| 2 | 46/157 | 39/91 | 346 | Ryan Pape | 33 | M | Coralville | IA | 00:10:41.09 | 00:51:13.83 | 00:26:11.30 | | 01:30:22.34 |
| 3 | 73/157 | 54/91 | 409 | Todd Brown | 57 | M | Cedar Rapids | IA | 00:11:45.95 | 00:51:21.01 | 00:32:13.12 | | 01:38:33.41 |

Female F Ages 01 - 15

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|-----------------|-----|---|-----------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 88/157 | 26/66 | 420 | Janneke Bannink | 15 | F | Shorewood | WI | 00:08:23.08 | 01:01:26.25 | 00:30:03.00 | | 01:43:32.05 |

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Overall Division Results

Individual

Male M Ages 01 - 15

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|----------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 9/157 | 9/91 | 454 | Weston Turner | 14 | M | Cedar Rapids | IA | 00:07:35.51 | 00:45:00.30 | 00:23:14.24 | | 01:16:31.06 |
| 2 | 14/157 | 14/91 | 316 | Quintin Gay | 15 | M | Cedar Rapids | IA | 00:07:59.73 | 00:47:25.65 | 00:22:57.68 | | 01:19:21.95 |
| 3 | 57/157 | 46/91 | 337 | Matthew Behnke | 15 | M | Marion | IA | 00:12:18.81 | 00:50:32.60 | 00:29:26.21 | | 01:33:58.19 |

Female F Ages 16 - 19

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|-----------------|-----|---|------------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 49/157 | 10/66 | 327 | Trinity Borland | 16 | F | Bettendorf | IA | 00:08:05.36 | 00:56:50.81 | 00:21:58.89 | | 01:31:10.41 |

Male M Ages 16 - 19

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|---------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 28/157 | 25/91 | 432 | Orion Staskal | 17 | M | Iowa City | IA | 00:09:57.09 | 00:50:47.70 | 00:20:41.70 | | 01:23:33.72 |
| 2 | 119/157 | 76/91 | 455 | Gabriel Greco | 16 | M | Cedar Rapids | IA | 00:09:43.23 | 01:10:53.32 | 00:29:14.28 | | 01:52:58.28 |

Female F Ages 20 - 24

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|------------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 98/157 | 34/66 | 426 | Mattie Mcdowell | 24 | F | Cedar Rapids | IA | 00:13:00.80 | 01:01:29.51 | 00:28:23.42 | | 01:46:49.57 |
| 2 | 100/157 | 35/66 | 373 | Madison Chicoine | 23 | F | Des Moines | IA | 00:13:17.81 | 01:04:19.77 | 00:27:18.01 | | 01:47:23.29 |
| 3 | 102/157 | 36/66 | 384 | Elisabeth Hall | 23 | F | Dubuque | IA | 00:09:34.96 | 01:07:24.51 | 00:28:36.68 | | 01:47:58.09 |

Male M Ages 20 - 24

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|------------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 30/157 | 26/91 | 425 | Aaron House | 21 | M | Cedar Rapids | IA | 00:09:41.16 | 00:48:14.82 | 00:23:06.83 | | 01:23:54.30 |
| 2 | 31/157 | 27/91 | 386 | William Sindelar | 24 | M | Sherrard | IL | 00:12:31.83 | 00:47:11.23 | 00:22:03.19 | | 01:24:07.49 |
| 3 | 45/157 | 38/91 | 447 | Joe Welch | 20 | M | Cedar Rapids | IA | 00:11:36.88 | 00:53:16.88 | 00:21:38.62 | | 01:30:18.50 |

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August 7, 2016

Overall Division Results

Individual

Female F Ages 25 - 29

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|--------------------|-----|---|---------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 59/157 | 12/66 | 423 | Sidney Kohl | 28 | F | Dubuque | IA | 00:09:36.39 | 00:55:39.95 | 00:27:00.09 | | 01:34:13.32 |
| 2 | 86/157 | 24/66 | 415 | Allison Shedek | 28 | F | Marion | IA | 00:12:44.91 | 00:58:58.43 | 00:28:01.84 | | 01:42:05.08 |
| 3 | 118/157 | 43/66 | 408 | Allison Fagerbakke | 26 | F | Marion | IA | 00:09:54.71 | 01:06:41.52 | 00:32:38.52 | | 01:52:57.36 |

Male M Ages 25 - 29

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|--------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 4/157 | 4/91 | 393 | Adam Kassem | 27 | M | Cedar Rapids | IA | 00:08:30.17 | 00:41:22.50 | 00:19:56.00 | | 01:11:02.91 |
| 2 | 11/157 | 11/91 | 452 | Eric Boucher | 29 | M | Coralville | IA | 00:08:58.66 | 00:44:57.52 | 00:22:47.75 | | 01:18:33.21 |
| 3 | 33/157 | 29/91 | 319 | Drake Austin | 26 | M | Springville | IA | 00:09:57.07 | 00:48:50.14 | 00:24:16.21 | | 01:25:30.11 |

Female F Ages 30 - 34

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|-----------------|-----|---|-------------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 94/157 | 30/66 | 389 | Candice Thomas | 31 | F | Parkersburg | IA | 00:10:20.47 | 01:02:33.26 | 00:30:34.40 | | 01:45:32.10 |
| 2 | 96/157 | 32/66 | 320 | Emily Broadston | 30 | F | Marion | IA | 00:12:04.13 | 00:58:28.39 | 00:33:26.96 | | 01:45:58.25 |
| 3 | 113/157 | 40/66 | 390 | Paige Jacobs | 33 | F | Monticello | IA | 00:11:56.78 | 01:03:41.88 | 00:31:59.21 | | 01:50:41.92 |

Male M Ages 30 - 34

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|-------------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 16/157 | 15/91 | 355 | Craig Goldsmith | 34 | M | Marion | IA | 00:08:34.00 | 00:48:18.78 | 00:21:51.78 | | 01:19:43.63 |
| 2 | 23/157 | 21/91 | 377 | Patrick Severson | 34 | M | Cedar Rapids | IA | 00:09:50.93 | 00:47:30.46 | 00:22:37.07 | | 01:21:17.67 |
| 3 | 39/157 | 33/91 | 411 | Brian Fitzpatrick | 34 | M | Solon | IA | 00:12:10.21 | 00:54:04.01 | 00:21:44.88 | | 01:29:46.40 |

Female F Ages 35 - 39

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|------------------|-----|---|----------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 42/157 | 7/66 | 318 | Jill Powers | 37 | F | Dubuque | IA | 00:08:39.94 | 00:54:24.50 | 00:25:26.76 | | 01:29:57.00 |
| 2 | 47/157 | 8/66 | 429 | Annette Wittrock | 37 | F | Ottumwa | IA | 00:09:24.61 | 00:51:45.51 | 00:28:22.84 | | 01:30:43.08 |
| 3 | 48/157 | 9/66 | 369 | Amy Mundisev | 39 | F | Eldridge | IA | 00:11:03.67 | 00:51:03.69 | 00:27:12.30 | | 01:31:05.96 |

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August 7, 2016

Overall Division Results

Individual

Male M Ages 35 - 39

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|---------------|-----|---|---------------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 8/157 | 8/91 | 437 | Steven Davis | 36 | M | North Liberty | IA | 00:09:10.11 | 00:42:42.99 | 00:22:11.89 | | 01:15:10.07 |
| 2 | 12/157 | 12/91 | 342 | Jason Guyer | 37 | M | Manchester | IA | 00:08:19.15 | 00:44:41.81 | 00:23:52.51 | | 01:18:48.99 |
| 3 | 17/157 | 16/91 | 428 | Lane McMullen | 38 | M | North Liberty | IA | 00:08:40.06 | 00:44:32.00 | 00:24:58.74 | | 01:19:44.09 |

Female F Ages 40 - 44

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|----------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 35/157 | 5/66 | 340 | Heidi Sutter | 43 | F | Asbury | IA | 00:10:02.34 | 00:52:43.51 | 00:22:37.43 | | 01:26:34.14 |
| 2 | 67/157 | 17/66 | 317 | Michele Flagel | 43 | F | Shellsburg | IA | 00:11:05.60 | 00:55:05.51 | 00:27:18.26 | | 01:36:34.74 |
| 3 | 69/157 | 19/66 | 358 | Stacy Huber | 40 | F | Cedar Rapids | IA | 00:12:43.24 | 00:56:36.36 | 00:25:28.20 | | 01:36:58.16 |

Male M Ages 40 - 44

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|-----------------|-----|---|---------------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 5/157 | 5/91 | 301 | Tom Rutkowski | 41 | M | Iowa City | IA | 00:08:50.58 | 00:43:31.74 | 00:20:47.13 | | 01:14:27.12 |
| 2 | 6/157 | 6/91 | 339 | Keith Luegering | 42 | M | North Liberty | IA | 00:07:56.08 | 00:42:46.78 | 00:22:14.98 | | 01:14:29.42 |
| 3 | 10/157 | 10/91 | 458 | Ebe Boettcher | 41 | M | Cedar Rapids | IA | 00:09:10.93 | 00:44:08.93 | 00:23:51.13 | | 01:18:28.59 |

Female F Ages 45 - 49

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|-------------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 29/157 | 4/66 | 388 | Pam Connolly | 46 | F | Dubuque | IA | 00:09:30.68 | 00:49:45.42 | 00:22:51.50 | | 01:23:38.71 |
| 2 | 62/157 | 14/66 | 392 | Kathy Christensen | 48 | F | Cedar Rapids | IA | 00:10:45.26 | 00:54:43.87 | 00:27:42.92 | | 01:35:20.36 |
| 3 | 79/157 | 21/66 | 459 | Joanna Weyer | 46 | F | Swisher | IA | 00:10:47.91 | 00:54:12.86 | 00:32:12.35 | | 01:39:52.81 |

Male M Ages 45 - 49

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|-----------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 7/157 | 7/91 | 306 | Dave Steines | 49 | M | Mount Vernon | IA | 00:08:36.11 | 00:41:56.22 | 00:22:58.63 | | 01:14:32.04 |
| 2 | 13/157 | 13/91 | 421 | Rodney Crooks | 47 | M | Bernard | IA | 00:11:12.91 | 00:43:06.44 | 00:23:46.36 | | 01:19:08.78 |
| 3 | 20/157 | 19/91 | 335 | Mathieu Cagnard | 45 | M | Cedar Rapids | IA | 00:11:23.19 | 00:44:47.73 | 00:22:47.15 | | 01:20:06.79 |

Camp Courageous Sprint Triathlon

August 7, 2016

Overall Division Results

Individual

Female F Ages 50 - 54

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|-----------------|-----|---|---------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 37/157 | 6/66 | 308 | Brita Loynachan | 52 | F | Marion | IA | 00:10:26.17 | 00:46:40.86 | 00:28:25.54 | | 01:27:08.76 |
| 2 | 74/157 | 20/66 | 469 | Tami Fiala | 52 | F | Fairfax | IA | 00:10:28.15 | 00:52:24.42 | 00:33:54.19 | | 01:38:38.83 |
| 3 | 82/157 | 22/66 | 413 | Dana Foster | 50 | F | Dike | IA | 00:10:54.17 | 00:59:12.41 | 00:25:14.96 | | 01:40:34.73 |

Male M Ages 50 - 54

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|----------------|-----|---|---------------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 19/157 | 18/91 | 463 | David Swanson | 52 | M | Iowa City | IA | 00:09:32.21 | 00:46:52.97 | 00:20:45.50 | | 01:20:02.40 |
| 2 | 51/157 | 41/91 | 394 | Anthony Arnone | 51 | M | Iowa City | IA | 00:11:40.25 | 00:52:34.86 | 00:23:58.78 | | 01:31:42.82 |
| 3 | 116/157 | 75/91 | 379 | Rob Wagner | 54 | M | North Liberty | IA | 00:15:05.75 | 00:59:58.01 | 00:34:35.25 | | 01:52:30.05 |

Female F Ages 55 - 59

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|----------------------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 65/157 | 16/66 | 471 | Lori Sindelar | 56 | F | Sherrard | IL | 00:14:18.27 | 00:53:21.75 | 00:25:46.87 | | 01:35:43.54 |
| 2 | 122/157 | 45/66 | 449 | Catherine Campbell Currier | 57 | F | Toledo | IA | 00:17:02.23 | 00:58:19.29 | 00:34:36.00 | | 01:54:29.08 |
| 3 | 140/157 | 56/66 | 462 | Linda Clark | 58 | F | Cedar Rapids | IA | 00:13:22.81 | 01:03:05.81 | 00:42:18.91 | | 02:03:41.48 |

Male M Ages 55 - 59

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|------------------|-----|---|-----------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 24/157 | 22/91 | 445 | David Cook | 55 | M | Wilton | IA | 00:10:00.33 | 00:47:57.33 | 00:21:49.39 | | 01:21:49.45 |
| 2 | 27/157 | 24/91 | 444 | David Mccullough | 57 | M | Waverly | IA | 00:10:12.47 | 00:48:21.36 | 00:22:45.83 | | 01:23:15.03 |
| 3 | 36/157 | 31/91 | 446 | Richard Wyss | 59 | M | Iowa City | IA | 00:09:24.00 | 00:47:52.79 | 00:27:19.50 | | 01:27:02.55 |

Female F Ages 60 - 64

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 97/157 | 33/66 | 381 | Ann Vestle | 62 | F | Cedar Rapids | IA | 00:12:22.87 | 00:56:11.92 | 00:34:54.73 | | 01:46:07.33 |

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Overall Division Results

Individual

Male M Ages 60 - 64

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|-------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 54/157 | 44/91 | 398 | Joe Mcgrath | 60 | M | Cedar Rapids | IA | 00:09:50.92 | 00:49:01.39 | 00:31:26.89 | | 01:32:57.56 |
| 2 | 76/157 | 56/91 | 371 | Mikel Betts | 63 | M | Iowa City | IA | 00:12:36.92 | 00:54:08.30 | 00:29:59.57 | | 01:39:09.29 |
| 3 | 126/157 | 79/91 | 368 | Steve Etten | 60 | M | Palo | IA | 00:13:45.93 | 00:51:55.25 | 00:43:43.67 | | 01:56:07.98 |

Male M Ages 65 - 69

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 72/157 | 53/91 | 350 | Dan Tucker | 65 | M | Cedar Rapids | IA | 00:12:40.57 | 00:49:18.26 | 00:34:02.15 | | 01:38:06.02 |
| 2 | 157/157 | 91/91 | 312 | Ken Budke | 69 | M | Waterloo | IA | 00:20:24.61 | 01:29:13.00 | 00:52:52.96 | | 02:51:15.95 |

Male M Ages 70 74

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|------------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 40/157 | 34/91 | 407 | James Daubenmier | 72 | M | Cedar Rapids | IA | 00:14:12.83 | 00:47:35.32 | 00:26:01.25 | | 01:29:47.44 |
| 2 | 103/157 | 67/91 | 465 | Willis Sneller | 70 | M | Cedar Rapids | IA | 00:15:16.82 | 00:57:23.56 | 00:32:12.53 | | 01:48:29.60 |

Male M Ages 75+

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Swim | Bike | Run | Penalty | Time |
|-----------|-------------------|------------------|-----|-------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1 | 93/157 | 64/91 | 405 | Ron Ottaway | 79 | M | Cedar Rapids | IA | 00:14:51.89 | 00:50:44.60 | 00:35:55.09 | | 01:45:20.07 |