

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1	32/1665	1/3	2276	Caroline See	F	14	Mt. Vernon	IA	6:34	00:20:26.13
2	36/1665	2/3	146	Sally Wiley	F	33	Cedar Rapids	IA	6:43	00:20:54.84
3	37/1665	3/3	2620	Lisa Neher	F	31	Cedar Rapids	IA	6:44	00:20:56.28
4	40/1665	1/228	1287	Stephanie Brehm	F	25	Mt Vernon	IA	6:49	00:21:11.47
5	42/1665	1/260	71	Erika Hass	F	32	Cedar Rapids	IA	6:51	00:21:17.15
6	44/1665	2/228	1899	Allison Kindig	F	23	Cedar Rapids	IA	6:53	00:21:24.74
7	57/1665	1/196	213	Megan Meyer	F	14	Cedar Rapids	IA	7:07	00:22:06.83
8	59/1665	3/228	1334	Kimberly Kuda	F	28	Cedar Rapids	IA	7:07	00:22:07.84
9	61/1665	1/237	2666	Aimee Jones	F	47	Cedar Rapids	IA	7:07	00:22:07.96
10	62/1665	2/237	585	Bridget Lemker	F	44	Cedar Rapids	IA	7:07	00:22:09.72
11	68/1665	4/228	775	Kate Winsor	F	27	Cedar Rapids	IA	7:14	00:22:29.60
12	70/1665	3/237	1487	Lucinda Moews	F	45	Keosauqua	IA	7:15	00:22:32.84
13	73/1665	2/260	1973	Kaci Maire	F	30	Cedar Rapids	IA	7:16	00:22:36.87
14	74/1665	2/196	173	Megan Malecek	F	19	Cedar Rapids	IA	7:17	00:22:39.59
15	76/1665	1/149	1146	Cindy Mccarthy	F	52	Cedar Rapids	IA	7:18	00:22:40.97
16	77/1665	3/260	109	Keri Christensen	F	39	Anamosa	IA	7:18	00:22:41.78
17	79/1665	4/260	687	Elizabeth Steele	F	32	Norway	IA	7:18	00:22:42.71
18	83/1665	5/260	274	Lindsay Shedek	F	31	North Liberty	IA	7:21	00:22:50.98
19	84/1665	1/3	2750	Rachel Stadlen	F	99	Cedar Rapids	IA	7:24	00:23:00.84
20	85/1665	3/196	1111	Mariah Burds	F	17	Epworth	IA	7:24	00:23:01.73
21	87/1665	6/260	1857	Sara Lang	F	35	Cedar Rapids	IA	7:25	00:23:02.89
22	92/1665	7/260	131	Lisa Lambi	F	38	North Liberty	IA	7:27	00:23:08.84
23	98/1665	4/196	2093	Katelyn Eilders	F	14	Robins	IA	7:29	00:23:15.12
24	99/1665	4/237	34	Kathryn Cater	F	45	Cedar Rapids	IA	7:29	00:23:16.97
25	102/1665	8/260	1522	Vanessa Vega	F	34	Cedar Rapids	IA	7:30	00:23:19.13
26	108/1665	9/260	580	Tess Duckett	F	35	Cedar Rapids	IA	7:32	00:23:26.99
27	110/1665	2/149	319	Jane Mcgee	F	54	Hiawatha	IA	7:33	00:23:30.57
28	111/1665	5/196	1859	Gwyneth Smith	F	15	Cedar Rapids	IA	7:34	00:23:31.55
29	115/1665	6/196	1387	Jamie Pilarczyk	F	12	Cedar Rapids	IA	7:37	00:23:42.78
30	117/1665	3/149	1004	Sara Todd	F	53	Cedar Rapids	IA	7:38	00:23:43.19
31	120/1665	10/260	157	Diane Mccabe	F	33	Swisher	IA	7:38	00:23:44.89
32	121/1665	4/149	2073	Valerie Dufoe	F	50	Center Point	IA	7:38	00:23:45.25
33	122/1665	11/260	1660	Amy Rider	F	39	Urbana	IA	7:39	00:23:46.87
34	123/1665	7/196	1876	Kennedy Vogt	F	13	Center Point	IA	7:39	00:23:46.87
35	128/1665	5/228	1159	Chloe Keith	F	20	Fairfax	IA	7:41	00:23:54.58
36	136/1665	6/228	1112	Melissa Burds	F	21	Epworth	IA	7:45	00:24:07.55
37	140/1665	7/228	1292	Katherine Connor	F	26	Cedar Rapids	IA	7:46	00:24:09.27
38	145/1665	5/237	1817	Lisa Nicol	F	45	Solon	IA	7:48	00:24:14.69
39	146/1665	8/228	2650	Alicia Unkrich	F	27	Cedar Rapids	IA	7:48	00:24:16.66
40	148/1665	6/237	192	Marnette Meier	F	46	South English	IA	7:49	00:24:19.62
41	149/1665	7/237	764	Amy Vander Kamp	F	40	Marion	IA	7:50	00:24:20.35
42	150/1665	9/228	2612	Emily Flint	F	22	Springfield	IL	7:50	00:24:21.86
43	152/1665	8/196	1085	Kasey Palmer	F	19	Manchester	IA	7:51	00:24:25.85
44	154/1665	8/237	2310	Amara Andrews	F	41	Cedar Rapids	IA	7:52	00:24:26.99
45	156/1665	12/260	1164	Marcy Rahn	F	30	North Liberty	IA	7:52	00:24:27.87
46	157/1665	13/260	1274	Julie Williams	F	30	Cedar Rapids	IA	7:52	00:24:28.28
47	158/1665	9/196	2247	Cheyenne Crane	F	16	Cedar Rapids	IA	7:52	00:24:28.85
48	160/1665	5/149	1166	Bridgette Sedlacek	F	52	Tiffin	IA	7:54	00:24:33.57
49	163/1665	6/149	1735	Mary Drake	F	53	Cedar Rapids	IA	7:55	00:24:38.26
50	166/1665	14/260	1122	Sarah Mohwinkle	F	30	Cedar Rapids	IA	7:56	00:24:41.49

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Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
51	170/1665	10/196	2266	Ashley Hageman	F	16	Cedar Rapids	IA	7:58	00:24:46.16
52	171/1665	9/237	672	Jennifer Campbell-West	F	41	Cedar Rapids	IA	7:58	00:24:46.62
53	173/1665	10/228	1133	Anna Kress	F	20	Iowa City	IA	7:59	00:24:48.79
54	175/1665	10/237	1879	Jill Waterman	F	46	Strawberry Point	IA	7:59	00:24:49.35
55	176/1665	15/260	823	Rachel Schmit	F	31	Cedar Rapids	IA	7:59	00:24:49.39
56	178/1665	11/228	1543	Libby Kurtz	F	29	Cedar Rapids	IA	8:00	00:24:53.67
57	179/1665	16/260	1089	Christa Douglas	F	37	Cedar Rapids	IA	8:00	00:24:53.74
58	182/1665	17/260	1179	Falck Michelle	F	32	Manchester	IA	8:01	00:24:56.52
59	186/1665	11/196	1849	Ella Popenhagen	F	14	Robins	IA	8:03	00:25:01.35
60	187/1665	12/196	1870	Rilee Lansing	F	15	Cedar Rapids	IA	8:03	00:25:02.35
61	188/1665	12/228	1619	Chandini Reddi	F	22	Iowa City	IA	8:03	00:25:03.24
62	195/1665	13/228	2754	Sofie Lenzen	F	21	Cedar Rapids	IA	8:07	00:25:13.60
63	196/1665	14/228	1775	Erin Bradshaw	F	25	Hazel Green	WI	8:07	00:25:15.62
64	197/1665	13/196	2648	Serena Brizard	F	14	Marion	IA	8:08	00:25:17.28
65	198/1665	14/196	2070	Jensen O'shea	F	15	Robins	IA	8:08	00:25:17.85
66	199/1665	15/228	1125	Courtney Riniker	F	27	Marion	IA	8:08	00:25:19.30
67	203/1665	16/228	1980	Sasha Marin	F	28	Columbus Junction	IA	8:11	00:25:26.42
68	205/1665	15/196	625	Lauren Short	F	15	Robins	IA	8:11	00:25:27.32
69	207/1665	17/228	1009	Ashley Chizek	F	29	Cedar Rapids	IA	8:11	00:25:28.14
70	208/1665	16/196	212	Jaclyn Meyer	F	12	Cedar Rapids	IA	8:11	00:25:28.43
71	209/1665	18/260	1388	Karla Richards	F	30	Marion	IA	8:12	00:25:28.65
72	212/1665	11/237	63	Tanya Schneidermann	F	47	Cedar Rapids	IA	8:13	00:25:33.13
73	213/1665	12/237	211	Erin Meyer	F	45	Cedar Rapids	IA	8:15	00:25:37.98
74	216/1665	7/149	2165	Kim Lorenz	F	50	Swisher	IA	8:16	00:25:41.14
75	217/1665	18/228	922	Mallory Jontz	F	22	Cedar Rapids	IA	8:16	00:25:43.85
76	218/1665	13/237	910	Theresa Kolbet	F	46	Manchester	IA	8:16	00:25:44.11
77	219/1665	19/228	635	Hannah Boyer	F	25	North Liberty	IA	8:17	00:25:44.31
78	221/1665	20/228	427	Whitney Honsbruch	F	24	Cedar Rapids	IA	8:18	00:25:48.36
79	223/1665	8/149	484	Marsha Aspinall	F	54	Cedar Rapids	IA	8:19	00:25:52.15
80	228/1665	19/260	503	Roberta Fuchs	F	39	Cedar Rapids	IA	8:21	00:25:57.39
81	229/1665	20/260	1749	Allison Murphy	F	35	Marion	IA	8:21	00:25:57.49
82	231/1665	17/196	2287	Abby Kolarik	F	19	Marion	IA	8:23	00:26:04.59
83	232/1665	21/228	1205	Elise Handke	F	28	Cedar Rapids	IA	8:23	00:26:05.20
84	234/1665	22/228	1796	Lindsey Shriver	F	29	Marengo	IA	8:24	00:26:06.22
85	236/1665	21/260	992	Holly Kepros	F	37	North Liberty	IA	8:26	00:26:13.53
86	237/1665	9/149	504	Mary Gibney	F	51	Cedar Rapids	IA	8:26	00:26:14.11
87	238/1665	23/228	415	Teal Hadenfeldt	F	24	Cedar Rapids	IA	8:27	00:26:17.10
88	240/1665	14/237	880	Anne Lovig	F	45	Cedar Rapids	IA	8:28	00:26:19.60
89	241/1665	10/149	1324	Jackie Barnum	F	55	Cedar Rapids	IA	8:28	00:26:19.60
90	243/1665	24/228	162	Kelsey Adam	F	25	North Liberty	IA	8:29	00:26:23.69
91	244/1665	25/228	2207	Kaitie Connelly	F	20	Marion	IA	8:30	00:26:25.54
92	245/1665	22/260	1304	Autumn Wills	F	38	Marion	IA	8:30	00:26:26.11
93	249/1665	11/149	1381	Maureen Ernst	F	58	Swisher	IA	8:30	00:26:27.10
94	250/1665	26/228	578	Emily Cramer	F	23	Coralville	IA	8:31	00:26:27.76
95	251/1665	18/196	2058	Madeline Ingalls	F	18	Iowa City	IA	8:31	00:26:27.96
96	257/1665	19/196	960	Lydia Radeke	F	14	Cedar Rapids	IA	8:32	00:26:31.10
97	260/1665	20/196	1959	Charlee Johnson	F	13	Vinton	IA	8:32	00:26:32.15
98	263/1665	15/237	1367	Sheila Ferrell	F	47	Anamosa	IA	8:33	00:26:35.26
99	264/1665	23/260	2129	Jamie Daman	F	39	Marion	IA	8:34	00:26:38.50
100	267/1665	27/228	2239	Kasey Yoder	F	24	Cedar Rapids	IA	8:34	00:26:39.52

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Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
101	268/1665	24/260	320	Faye Pineda	F	35	Cedar Rapids	IA	8:34	00:26:39.85
102	269/1665	21/196	2069	Elaina Wall	F	15	Ely	IA	8:35	00:26:40.34
103	270/1665	25/260	1047	Natasha Miller	F	38	Cedar Rapids	IA	8:35	00:26:41.35
104	272/1665	28/228	902	Sarah Cooling	F	29	Williamsburg	IA	8:35	00:26:41.37
105	275/1665	16/237	2763	Julia Gharib	F	44	Marion	IA	8:38	00:26:49.85
106	283/1665	29/228	1294	Caroline Mehlhoff	F	23	Cedar Rapids	IA	8:40	00:26:58.60
107	284/1665	26/260	808	Jessica Seim	F	35	Cedar Rapids	IA	8:41	00:27:01.71
108	285/1665	17/237	2079	Jennie Butler	F	46	Manchester	IA	8:42	00:27:03.34
109	286/1665	27/260	680	Rachael Kyte	F	35	Cedar Rapids	IA	8:43	00:27:05.18
110	287/1665	30/228	1724	Jill Cooper	F	25	Cedar Rapids	IA	8:43	00:27:05.78
111	288/1665	28/260	1175	Michelle Alber	F	30	Manchester	IA	8:43	00:27:06.38
112	289/1665	18/237	896	Elizabeth Driskell	F	44	Cedar Rapids	IA	8:43	00:27:06.59
113	292/1665	12/149	1296	Kristy Butterfield	F	50	Cedar Rapids	IA	8:44	00:27:10.53
114	297/1665	31/228	2218	Abbey Wharton	F	24	Cedar Rapids	IA	8:46	00:27:17.10
115	299/1665	32/228	1086	Nicole Pietig	F	20	Cedar Rapids	IA	8:47	00:27:18.88
116	300/1665	29/260	1527	Haley Paige	F	35	Shellsburg	IA	8:47	00:27:19.60
117	302/1665	19/237	2737	Carrie Steffen	F	43	Cedar Rapids	IA	8:47	00:27:20.42
118	303/1665	33/228	1341	Katilyn Yanecek	F	23	Cedar Rapids	IA	8:48	00:27:21.12
119	304/1665	20/237	2224	Joanna Weyer	F	45	Swisher	IA	8:48	00:27:21.12
120	305/1665	21/237	621	Lori Mcgowan	F	49	Vinton	IA	8:48	00:27:22.54
121	307/1665	30/260	815	Elizabeth Chipera	F	30	Walford	IA	8:49	00:27:26.52
122	309/1665	34/228	1627	Adrianna Vargas	F	24	Cedar Rapids	IA	8:50	00:27:27.74
123	312/1665	13/149	1073	Brita Loynachan	F	52	Marion	IA	8:50	00:27:28.95
124	314/1665	31/260	694	Rose Amundson	F	32	Iowa City	IA	8:50	00:27:29.63
125	315/1665	22/237	1598	Jodie Stapley	F	42	Marion	IA	8:51	00:27:30.17
126	316/1665	22/196	2304	Kareena Mcsweeny	F	15	Cedar Rapids	IA	8:52	00:27:33.24
127	318/1665	32/260	1776	Amy Dudek	F	37	Cedar Rapids	IA	8:52	00:27:35.51
128	320/1665	35/228	755	Mckenzie Dickerman	F	22	Cedar Rapids	IA	8:53	00:27:37.51
129	323/1665	23/237	497	Tisha Constien	F	40	Cedar Rapids	IA	8:53	00:27:38.65
130	326/1665	24/237	1185	Janette Voss	F	49	Ryan	IA	8:54	00:27:39.56
131	327/1665	23/196	102	Beth Jaeger	F	12	North Liberty	IA	8:54	00:27:39.77
132	331/1665	25/237	2288	Jackie Kuntz	F	49	Cedar Rapids	IA	8:54	00:27:42.10
133	333/1665	36/228	387	Kristin Clafin Yin	F	29	Iowa City	IA	8:55	00:27:44.40
134	335/1665	33/260	234	Jessica Muxen	F	33	Marion	IA	8:55	00:27:44.61
135	336/1665	14/149	1218	Linda Peyton	F	53	Marion	IA	8:56	00:27:45.44
136	337/1665	37/228	1219	Nicole Peyton	F	25	Marion	IA	8:56	00:27:45.85
137	342/1665	26/237	1592	April Schroeder	F	42	O Fallon	MO	8:57	00:27:49.32
138	343/1665	27/237	1917	Michelle Clark	F	44	Coralville	IA	8:57	00:27:49.90
139	344/1665	34/260	932	Sheila Morris	F	37	Cedar Rapids	IA	8:57	00:27:50.35
140	345/1665	1/34	2126	Chyrl Johnson	F	60	Hiawatha	IA	8:57	00:27:50.53
141	347/1665	24/196	1581	Jojo Miller	F	14	Walford	IA	8:58	00:27:53.90
142	348/1665	35/260	907	Melissa Huston	F	34	Tiffin	IA	8:58	00:27:54.10
143	351/1665	28/237	860	Maria Bowman	F	46	Robins	IA	8:59	00:27:56.74
144	353/1665	25/196	864	Ayda Cook	F	10	Robins	IA	9:00	00:27:58.46
145	356/1665	29/237	875	Leigh Walker Cook	F	47	Robins	IA	9:00	00:28:00.10
146	357/1665	36/260	89	Theresa Havlik	F	30	Swisher	IA	9:00	00:28:00.14
147	358/1665	38/228	209	Kristy Meese	F	27	Cedar Rapids	IA	9:00	00:28:00.14
148	361/1665	37/260	771	Amy Vincent	F	33	Palo	IA	9:02	00:28:04.34
149	367/1665	26/196	1773	Jayden Bisson	F	18	Palo	IA	9:04	00:28:12.86
150	368/1665	30/237	534	Tamara Thomas	F	43	Cedar Rapids	IA	9:05	00:28:14.17

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151	371/1665	31/237	1215	Laurie Lutgen	F	44	Marion	IA	9:05	00:28:15.91
152	373/1665	38/260	997	Katie Moon	F	35	Marion	IA	9:06	00:28:17.26
153	375/1665	32/237	1508	Sarah Farebrother	F	46	North Liberty	IA	9:06	00:28:17.67
154	376/1665	39/260	1726	Dareth Mcalpin	F	38	North Liberty	IA	9:06	00:28:18.60
155	377/1665	27/196	1491	Sarah Moews	F	13	Indianola	IA	9:07	00:28:19.60
156	378/1665	39/228	1981	Adrienne Bailey	F	25	Cedar Rapids	IA	9:07	00:28:20.81
157	379/1665	28/196	565	Annika Sutter	F	13	Manchester	IA	9:07	00:28:21.97
158	381/1665	33/237	2623	Michele Countryman	F	43	Anamosa	IA	9:08	00:28:22.82
159	382/1665	40/228	799	Piper Twachtmann	F	29	Cedar Rapids	IA	9:08	00:28:22.83
160	383/1665	29/196	1928	Katelyn Ropp	F	19	Cedar Rapids	IA	9:08	00:28:23.35
161	384/1665	34/237	1933	Diane Ropp	F	49	Cedar Rapids	IA	9:08	00:28:23.40
162	386/1665	15/149	1691	Joan Colston	F	52	Hiawatha	IA	9:08	00:28:25.36
163	388/1665	40/260	959	Janna Girardi	F	37	Cedar Rapids	IA	9:08	00:28:25.61
164	389/1665	41/260	257	Emily Barnard	F	36	Cedar Rapids	IA	9:09	00:28:25.94
165	390/1665	30/196	2197	Kallie Kolthoff	F	13	Cedar Rapids	IA	9:09	00:28:26.40
166	391/1665	16/149	1176	Sandy Alber	F	54	Manchester	IA	9:09	00:28:26.61
167	392/1665	42/260	825	Chantelle Sieren	F	38	Robins	IA	9:09	00:28:26.88
168	394/1665	17/149	1673	Joan Aune	F	55	Fairfax	IA	9:09	00:28:28.60
169	395/1665	31/196	909	Kinley Kolbet	F	15	Manchester	IA	9:10	00:28:29.51
170	397/1665	43/260	214	Amy Steger	F	30	Manchester	IA	9:10	00:28:31.32
171	398/1665	2/34	2236	Ann Vestle	F	62	Cedar Rapids	IA	9:10	00:28:31.32
172	399/1665	18/149	1664	Stephanie Steele	F	56	Cedar Rapids	IA	9:10	00:28:31.73
173	400/1665	41/228	403	Tresa Ertmer	F	26	Cedar Rapids	IA	9:11	00:28:33.56
174	401/1665	42/228	402	Tori Ertmer	F	24	Cedar Rapids	IA	9:11	00:28:33.76
175	403/1665	43/228	645	Shana Meyer	F	29	Decorah	IA	9:12	00:28:35.60
176	404/1665	44/260	648	Traci Ridgway	F	31	Atkins	IA	9:12	00:28:35.90
177	405/1665	32/196	749	Courtney Kamman	F	19	Marion	IA	9:12	00:28:35.99
178	406/1665	44/228	1213	Amy Kelley	F	29	Marion	IA	9:12	00:28:36.11
179	407/1665	33/196	978	Grace Dewolf	F	15	Cedar Rapids	IA	9:12	00:28:36.61
180	409/1665	45/228	2258	Maggie Booth	F	28	Cedar Rapids	IA	9:13	00:28:38.40
181	410/1665	35/237	2233	Sandra Cano	F	42	Cedar Rapids	IA	9:14	00:28:41.30
182	411/1665	19/149	2082	Jenifer Steil	F	57	Cedar Rapids	IA	9:14	00:28:41.35
183	413/1665	45/260	189	Nicole Rudzki	F	31	Marion	IA	9:14	00:28:41.86
184	414/1665	46/228	346	Yadira Dominguez	F	23	Coralville	IA	9:14	00:28:42.50
185	415/1665	36/237	1469	Tammy Roberts	F	47	Solon	IA	9:14	00:28:42.52
186	416/1665	20/149	2605	Mary Keane	F	56	Cedar Rapids	IA	9:14	00:28:42.90
187	419/1665	46/260	420	Lucinda Harris	F	34	Cedar Rapids	IA	9:14	00:28:43.95
188	420/1665	47/228	1710	Kelsey Kiwala	F	24	Cedar Rapids	IA	9:15	00:28:44.78
189	423/1665	21/149	1712	Jackie Peters	F	55	Cedar Rapids	IA	9:15	00:28:46.60
190	425/1665	37/237	1099	Tami Steffen	F	47	Atkins	IA	9:15	00:28:47.15
191	426/1665	47/260	892	Janette Little	F	36	Cedar Rapids	IA	9:16	00:28:47.61
192	428/1665	48/260	185	Jun Yi Lio	F	30	Cedar Rapids	IA	9:16	00:28:49.36
193	431/1665	38/237	720	Jennifer Spurrell	F	49	Cedar Rapids	IA	9:17	00:28:51.51
194	433/1665	34/196	1251	Katie Flitsch	F	12	Cedar Rapids	IA	9:17	00:28:52.88
195	435/1665	39/237	2157	Lori Nagle	F	48	Cedar Rapids	IA	9:17	00:28:53.55
196	436/1665	40/237	2132	Deborah Kennedy	F	49	Amana	IA	9:19	00:28:57.61
197	437/1665	49/260	718	Vanessa Krejci	F	34	Cedar Rapids	IA	9:19	00:28:59.60
198	438/1665	41/237	1738	Carrie Kolosik	F	49	Swisher	IA	9:19	00:28:59.90
199	440/1665	50/260	1653	Kasey Powers	F	37	Marion	IA	9:20	00:29:00.61
200	441/1665	51/260	2125	Mariah Obiedzinski	F	32	Urbana	IA	9:20	00:29:00.68

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
201	442/1665	52/260	549	Jill Engels	F	33	Tipton	IA	9:20	00:29:01.23
202	443/1665	53/260	1006	Melissa Wehr	F	37	Cedar Rapids	IA	9:20	00:29:01.28
203	444/1665	54/260	547	Jill Engels	F	33	Tipton	IA	9:20	00:29:01.40
204	445/1665	42/237	495	Angie Carver	F	45	Cedar Rapids	IA	9:20	00:29:02.15
205	446/1665	48/228	58	Chelsea Adams	F	26	Marion	IA	9:20	00:29:02.23
206	447/1665	43/237	106	Tracy Niemeyer	F	44	Cedar Rapids	IA	9:20	00:29:02.31
207	451/1665	55/260	2192	Ashley Bass	F	31	Cedar Rapids	IA	9:23	00:29:10.61
208	454/1665	35/196	2802	Alexis Spence	F	11	Cedar Rapids	IA	9:24	00:29:13.30
209	456/1665	44/237	104	Laura Jaeger	F	41	North Liberty	IA	9:24	00:29:13.95
210	457/1665	49/228	912	Mallory Mitchell	F	26	North Liberty	IA	9:24	00:29:14.11
211	459/1665	36/196	945	Hannah Watkinson	F	13	Cedar Rapids	IA	9:24	00:29:15.11
212	462/1665	50/228	967	Kelley Glanz	F	24	Coggon	IA	9:25	00:29:16.76
213	463/1665	51/228	1868	Kelly Bryant	F	20	Cedar Rapids	IA	9:25	00:29:17.11
214	465/1665	52/228	668	Cassie Suthers	F	21	Monmouth	IA	9:25	00:29:17.98
215	467/1665	53/228	968	Chelsea Gudenkauf	F	26	Coggon	IA	9:26	00:29:19.79
216	470/1665	56/260	1200	Angela Mabeus	F	36	Iowa City	IA	9:27	00:29:22.90
217	471/1665	45/237	2031	Carrie Olmstead	F	40	Alburnett	IA	9:27	00:29:24.75
218	472/1665	54/228	2278	Jordyn Simmons	F	26	Marion	IA	9:28	00:29:25.26
219	473/1665	57/260	1998	Katie Robillard	F	32	North Liberty	IA	9:28	00:29:26.70
220	474/1665	58/260	378	Kristen Bral	F	36	Marengo	IA	9:28	00:29:27.11
221	475/1665	59/260	1264	Lia Fontaine	F	35	Cedar Rapids	IA	9:28	00:29:27.32
222	477/1665	37/196	1083	Mikaela Katz	F	19	Robins	IA	9:29	00:29:28.86
223	478/1665	60/260	1510	Stephany Newkirk	F	30	North Liberty	IA	9:29	00:29:29.40
224	480/1665	55/228	2050	Morgan Troendle	F	26	Marion	IA	9:30	00:29:31.82
225	481/1665	56/228	2049	Ambrea Manley	F	28	Marion	IA	9:30	00:29:32.61
226	485/1665	57/228	1517	Carly Wagner	F	20	North Liberty	IA	9:33	00:29:41.20
227	486/1665	61/260	563	Brigit Ray	F	31	Iowa City	IA	9:33	00:29:43.36
228	487/1665	22/149	1548	Darla Applebee	F	58	Mt. Vernon	IA	9:34	00:29:44.43
229	488/1665	46/237	986	Lisa Gordon	F	46	Shellsburg	IA	9:34	00:29:44.62
230	489/1665	62/260	1338	Crickett Liston	F	30	Omaha	NE	9:34	00:29:44.82
231	490/1665	38/196	1337	Annabelle Attwood	F	10	Cedar Rapids	IA	9:34	00:29:45.12
232	491/1665	63/260	114	Stephanie Henshaw	F	39	Cedar Rapids	IA	9:34	00:29:45.90
233	492/1665	58/228	863	Jennifer Brockway	F	29	North Liberty	IA	9:35	00:29:46.86
234	494/1665	47/237	272	Sara Scott	F	44	Hiawatha	IA	9:36	00:29:49.65
235	496/1665	48/237	54	Kimberly Franklin	F	49	Swisher	IA	9:36	00:29:50.36
236	497/1665	49/237	183	Stephanie Cook	F	45	Cedar Rapids	IA	9:36	00:29:50.89
237	499/1665	59/228	1084	Brandi Ketelsen	F	28	Iowa City	IA	9:36	00:29:52.39
238	502/1665	39/196	1662	Bridget Schmitt	F	16	Marion	IA	9:38	00:29:56.19
239	503/1665	23/149	1799	Marsha Vargason	F	54	Keystone	IA	9:38	00:29:56.40
240	505/1665	24/149	1893	Barb Morrissey	F	56	Cedar Rapids	IA	9:38	00:29:56.62
241	506/1665	25/149	1020	Katie Feldman	F	59	Cedar Rapids	IA	9:38	00:29:57.22
242	507/1665	26/149	1789	Patricia (Tricia) Foley	F	56	Belle Plaine	IA	9:38	00:29:57.61
243	511/1665	40/196	1654	Hailee Ricklefs	F	13	Atkins	IA	9:39	00:29:59.26
244	512/1665	41/196	2744	Kori Lyle	F	12	Atkins	IA	9:39	00:29:59.46
245	513/1665	27/149	1549	Kathleen Michaels	F	58	Marion	IA	9:39	00:30:00.89
246	514/1665	64/260	1090	Bird Gengler	F	38	Cedar Rapids	IA	9:39	00:30:01.47
247	515/1665	60/228	599	Briana Schultz	F	24	Minneapolis	MN	9:39	00:30:01.86
248	517/1665	28/149	1663	Heidi Shumaker	F	50	Tipton	IA	9:40	00:30:03.51
249	518/1665	61/228	50	Chelsey Thill	F	25	Cedar Rapids	IA	9:40	00:30:04.65
250	519/1665	65/260	2155	Danielle Hansel	F	31	Vinton	IA	9:41	00:30:06.11

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
251	520/1665	50/237	2091	Kathleen Wild	F	48	North Liberty	IA	9:41	00:30:06.56
252	523/1665	42/196	1811	Ellen Houtz	F	14	Cedar Rapids	IA	9:43	00:30:11.40
253	526/1665	43/196	952	Jenna Danninger	F	17	Anamosa	IA	9:43	00:30:12.41
254	527/1665	51/237	151	Lisa Hart	F	48	Cedar Rapids	IA	9:43	00:30:12.84
255	528/1665	62/228	2215	Beth Kelchen	F	24	Cascade	IA	9:44	00:30:16.51
256	530/1665	52/237	1375	Anne Johnson	F	42	Solon	IA	9:45	00:30:17.86
257	531/1665	63/228	159	Jemi Baskerville	F	20	Cedar Rapids	IA	9:45	00:30:18.90
258	532/1665	64/228	1417	Meghan Nelson	F	23	Cedar Rapids	IA	9:45	00:30:19.36
259	535/1665	44/196	86	Blair Bell	F	15	Ely	IA	9:45	00:30:20.36
260	536/1665	45/196	1841	Emma Copeland	F	16	Cedar Rapids	IA	9:45	00:30:20.38
261	541/1665	53/237	137	Diana Maston	F	49	Marion	IA	9:47	00:30:25.76
262	543/1665	29/149	158	Jane Baskerville	F	50	Cedar Rapids	IA	9:48	00:30:27.40
263	549/1665	54/237	100	Trisha Ender	F	40	Cedar Rapids	IA	9:50	00:30:33.79
264	550/1665	30/149	2009	Sandy Warner	F	53	Cedar Rapids	IA	9:50	00:30:34.39
265	551/1665	55/237	618	Debbie Lenth	F	49	Cedar Rapids	IA	9:50	00:30:34.79
266	552/1665	31/149	1132	Patti Horton	F	58	Cedar Rapids	IA	9:50	00:30:34.81
267	553/1665	65/228	1134	Lindsay Meade	F	23	Cedar Rapids	IA	9:50	00:30:35.43
268	556/1665	46/196	794	Gabbie Meyer	F	17	Marion	IA	9:51	00:30:39.27
269	558/1665	66/228	2221	Apryl Deaton	F	25	Marion	IA	9:52	00:30:40.11
270	559/1665	67/228	1882	Heather Saunders	F	24	North Liberty	IA	9:52	00:30:41.36
271	560/1665	66/260	583	Stephanie Hunt	F	31	Cedar Rapids	IA	9:52	00:30:41.89
272	562/1665	56/237	334	Anne Jasper	F	47	Cedar Rapids	IA	9:53	00:30:43.35
273	563/1665	3/34	1894	Mary Johnston	F	69	Cedar Rapids	IA	9:53	00:30:43.35
274	564/1665	47/196	1257	Zoey Olson	F	14	Cedar Rapids	IA	9:53	00:30:44.12
275	565/1665	57/237	1256	Brenda Olson	F	43	Robins	IA	9:54	00:30:45.60
276	566/1665	58/237	1493	Janette Stecker	F	44	Cedar Rapids	IA	9:54	00:30:45.87
277	567/1665	67/260	1105	Brooke Eichmeyer	F	35	Cedar Rapids	IA	9:54	00:30:46.61
278	570/1665	1/4	1935	Joyce Fleischasker	F	72	Cedar Rapids	IA	9:55	00:30:50.69
279	571/1665	68/228	1834	Meaghan Muller	F	24	Cedar Rapids	IA	9:56	00:30:52.53
280	572/1665	68/260	1088	Roisin Delaney	F	36	Cedar Rapids	IA	9:56	00:30:52.65
281	573/1665	32/149	1833	Beth Muller	F	50	Cedar Rapids	IA	9:56	00:30:52.74
282	574/1665	48/196	2193	Kaylee Scheer	F	18	Robins	IA	9:56	00:30:53.86
283	575/1665	69/260	2142	Emily Dumolien	F	31	Robins	IA	9:56	00:30:54.40
284	576/1665	59/237	98	Barb Viktora	F	48	Fairfax	IA	9:56	00:30:54.58
285	577/1665	70/260	2652	Carisa Cross	F	36	Marion	IA	9:56	00:30:54.71
286	580/1665	60/237	1768	Amy Larkin	F	40	Coralville	IA	9:57	00:30:57.11
287	582/1665	33/149	2143	Tanya Meyer-Dideriksen	F	53	Oxford	IA	9:58	00:30:57.99
288	583/1665	71/260	1890	Kim Connolly	F	30	Marion	IA	9:58	00:30:58.11
289	584/1665	49/196	271	Olivia Scott	F	12	Cedar Rapids	IA	9:58	00:30:58.61
290	585/1665	50/196	2604	Meghan Wheatley	F	10	Coggon	IA	9:58	00:30:59.16
291	586/1665	72/260	1895	Melissa Wheatley	F	35	Coggon	IA	9:58	00:30:59.57
292	587/1665	34/149	1844	Marsia Pedelty	F	58	Cedar Rapids	IA	9:58	00:31:00.42
293	588/1665	35/149	1376	Sue Keith	F	50	Solon	IA	9:58	00:31:00.59
294	589/1665	4/34	431	Dorie Kelchen	F	69	Marion	IA	9:58	00:31:00.61
295	590/1665	61/237	1519	Marci Williams	F	42	Cedar Rapids	IA	9:59	00:31:02.45
296	591/1665	51/196	623	Sydney Short	F	12	Robins	IA	9:59	00:31:03.25
297	593/1665	73/260	849	Kelly Hemphill	F	36	Marion	IA	10:00	00:31:04.66
298	594/1665	2/4	2139	Melissa Fogle	F	70	Cedar Rapids	IA	10:00	00:31:04.86
299	595/1665	36/149	1992	Amy Keating	F	57	Marion	IA	10:00	00:31:06.29
300	596/1665	37/149	400	Karee Dietrich	F	54	Fairfax	IA	10:00	00:31:06.91

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
301	597/1665	69/228	1087	Abby Steffensmeier	F	21	Cedar Rapids	IA	10:01	00:31:09.57
302	598/1665	5/34	727	Roanne Willey	F	63	Center Junction	IA	10:02	00:31:10.59
303	599/1665	52/196	2608	Abigail Long	F	14	Cedar Rapids	IA	10:02	00:31:10.66
304	600/1665	38/149	492	Lois Cahill	F	57	Lisbon	IA	10:02	00:31:11.19
305	601/1665	53/196	1312	Katie Morton	F	11	Cedar Rapids	IA	10:02	00:31:12.61
306	602/1665	70/228	1311	Lauren Fladland	F	27	Fairfax	IA	10:02	00:31:12.61
307	603/1665	71/228	2095	Alexandria Novak	F	23	Cedar Rapids	IA	10:02	00:31:13.19
308	604/1665	1/1	2121	Marilyn Wickencamp	F	81	Newton	IA	10:03	00:31:14.61
309	606/1665	72/228	2111	Elsabeth Hepworth	F	28	Cedar Rapids	IA	10:03	00:31:15.16
310	607/1665	73/228	78	Kelly Goerd	F	27	North Liberty	IA	10:03	00:31:15.75
311	608/1665	74/260	79	Becky Johnson	F	31	Cedar Rapids	IA	10:03	00:31:15.76
312	610/1665	62/237	1015	Nichole Plagge	F	41	Cedar Rapids	IA	10:05	00:31:21.36
313	611/1665	74/228	2013	Kim Lovik	F	27	Atkins	IA	10:05	00:31:22.12
314	612/1665	75/228	1954	Amanda Hoeg	F	24	Cedar Rapids	IA	10:06	00:31:23.55
315	613/1665	6/34	2146	Ann Satterly	F	64	Coralville	IA	10:06	00:31:23.61
316	614/1665	7/34	1116	Linnea Martin	F	63	Marion	IA	10:06	00:31:24.11
317	615/1665	75/260	1246	Jackie Vangilder	F	38	Cedar Rapids	IA	10:06	00:31:24.16
318	616/1665	54/196	2297	Fiona Dolan	F	14	Cedar Rapids	IA	10:06	00:31:25.61
319	618/1665	55/196	1595	Kirstin Skriver	F	16	Walford	IA	10:07	00:31:26.60
320	620/1665	56/196	1106	Makynzie Eichmeyer	F	12	Cedar Rapids	IA	10:07	00:31:26.85
321	621/1665	63/237	153	Barb Jones	F	43	Cedar Rapids	IA	10:07	00:31:27.26
322	623/1665	76/260	738	Jessica Mason	F	34	Toddville	IA	10:07	00:31:28.61
323	624/1665	77/260	998	Rochelle Remus	F	30	Cedar Rapids	IA	10:07	00:31:28.72
324	625/1665	78/260	204	Marie Billings	F	33	Marion	IA	10:08	00:31:29.44
325	626/1665	57/196	1926	Lilly Weber	F	12	Marion	IA	10:09	00:31:33.11
326	629/1665	58/196	442	Nicole Lowe	F	18	Dysart	IA	10:09	00:31:34.73
327	630/1665	79/260	723	Mandy Recker	F	33	Cedar Rapids	IA	10:09	00:31:35.12
328	631/1665	80/260	724	Amy Reyhons	F	38	Cedar Rapids	IA	10:10	00:31:35.80
329	632/1665	64/237	1582	Jen Neubauer	F	45	Swisher	IA	10:10	00:31:36.41
330	633/1665	59/196	2260	Caitlyn Beals	F	16	Center Point	IA	10:11	00:31:39.18
331	634/1665	39/149	366	Diane Alsager	F	57	Cedar Rapids	IA	10:11	00:31:40.61
332	635/1665	81/260	711	Jenny Burdt	F	39	Cedar Rapids	IA	10:12	00:31:41.86
333	636/1665	40/149	1760	Cindy Meyer	F	56	Stanwood	IA	10:12	00:31:43.10
334	637/1665	82/260	1299	Jill Galpin	F	37	Cedar Rapids	IA	10:13	00:31:45.14
335	638/1665	65/237	115	Kelly Jensen	F	46	Toddville	IA	10:13	00:31:45.35
336	639/1665	66/237	119	Deb Schultejans	F	47	Cedar Rapids	IA	10:13	00:31:45.41
337	640/1665	76/228	2286	Shelby Sorensen	F	20	Cedar Rapids	IA	10:13	00:31:47.56
338	641/1665	83/260	1039	Heidi Camp	F	35	Anamosa	IA	10:14	00:31:47.97
339	642/1665	67/237	1884	Melissa Lewis	F	48	Delhi	IA	10:14	00:31:49.60
340	644/1665	84/260	943	Donna Watkinson	F	33	Cedar Rapids	IA	10:14	00:31:50.16
341	645/1665	77/228	2008	Alyssa Warner	F	23	Cedar Rapids	IA	10:14	00:31:50.56
342	646/1665	85/260	940	Andrea Moncada	F	34	Marengo	IA	10:14	00:31:50.61
343	648/1665	86/260	2052	Sara Burden	F	38	Solon	IA	10:15	00:31:51.16
344	649/1665	87/260	1946	Rebecca Simon	F	36	Solon	IA	10:15	00:31:51.16
345	651/1665	68/237	1249	Robin Castor	F	40	Marion	IA	10:15	00:31:52.41
346	655/1665	78/228	1632	Noor Amr	F	25	Marion	IA	10:15	00:31:53.31
347	656/1665	69/237	2272	Tammy Goedken	F	47	Cedar Rapids	IA	10:16	00:31:55.86
348	658/1665	88/260	1538	Jamie Wedeking	F	34	Cedar Rapids	IA	10:16	00:31:56.27
349	659/1665	79/228	560	Chiara Erenberger	F	27	Cedar Rapids	IA	10:16	00:31:56.73
350	660/1665	80/228	559	Chelsea Chambers	F	27	Cedar Rapids	IA	10:16	00:31:56.93

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
351	661/1665	70/237	2032	Jeannene Johnson	F	42	Vinton	IA	10:17	00:31:58.10
352	662/1665	8/34	1308	Brenda Clancy	F	62	Cedar Rapids	IA	10:17	00:31:58.35
353	664/1665	71/237	1024	Kathy Keane	F	43	Marion	IA	10:17	00:31:59.72
354	666/1665	89/260	885	Jen McMahon	F	34	Atkins	IA	10:19	00:32:06.28
355	667/1665	81/228	1297	Laura Carr	F	23	Solon	IA	10:20	00:32:06.86
356	668/1665	82/228	1227	Allisyn Maley	F	24	Cedar Rapids	IA	10:20	00:32:07.61
357	670/1665	41/149	1640	Cathy Hermes	F	51	Cedar Rapids	IA	10:21	00:32:10.46
358	671/1665	90/260	485	Shannon Bartell	F	39	Lisbon	IA	10:21	00:32:10.54
359	672/1665	72/237	1639	Debra Duball	F	47	Cedar Rapids	IA	10:21	00:32:10.87
360	673/1665	91/260	2014	Ashley Murdock	F	31	Cedar Rapids	IA	10:21	00:32:11.11
361	675/1665	60/196	1289	Madison Prier	F	12	Marion	IA	10:21	00:32:12.17
362	678/1665	92/260	1732	Kimberly Beal	F	39	Cedar Rapids	IA	10:22	00:32:13.91
363	679/1665	83/228	1743	Holly Schuett	F	29	Cedar Rapids	IA	10:22	00:32:14.13
364	680/1665	42/149	2753	Anne Lenzen	F	55	Cedar Rapids	IA	10:22	00:32:14.75
365	681/1665	73/237	1702	Courtney Vassiliades	F	41	Solon	IA	10:23	00:32:16.24
366	682/1665	74/237	1429	Jennifer Watson	F	42	Cedar Rapids	IA	10:23	00:32:16.86
367	684/1665	93/260	1094	Karissa Forde	F	32	Marion	IA	10:23	00:32:18.39
368	685/1665	84/228	1018	Emily Owney	F	23	Bellevue	IA	10:24	00:32:18.80
369	686/1665	61/196	700	Faith Phipps	F	12	Cedar Rapids	IA	10:24	00:32:18.86
370	687/1665	75/237	1607	Judy Coil	F	49	Marion	IA	10:24	00:32:21.61
371	689/1665	62/196	776	Payton Wheeler	F	14	Solon	IA	10:25	00:32:24.46
372	690/1665	43/149	2216	Barbara Miller	F	52	Anamosa	IA	10:26	00:32:27.12
373	691/1665	63/196	777	Alexis Wheeler	F	14	Cedar Rapids	IA	10:26	00:32:27.30
374	692/1665	94/260	1361	Tonya Johnston	F	39	Cedar Rapids	IA	10:26	00:32:27.36
375	693/1665	44/149	1067	Nancy Fox	F	58	Marion	IA	10:26	00:32:27.61
376	694/1665	95/260	1643	Amy Janda	F	32	Cedar Rapids	IA	10:26	00:32:27.66
377	695/1665	85/228	32	Kristi Schuette	F	26	Amana	IA	10:27	00:32:28.85
378	696/1665	64/196	419	Lillian Harris	F	11	Cedar Rapids	IA	10:27	00:32:29.24
379	697/1665	45/149	31	Karen Schuette	F	57	Iowa City	IA	10:27	00:32:29.57
380	698/1665	9/34	2268	Shari Hintermeister	F	66	North Liberty	IA	10:27	00:32:30.13
381	699/1665	76/237	2740	Stacey Blazek	F	40	Marion	IA	10:28	00:32:31.35
382	701/1665	65/196	779	Taylor Lee	F	12	Cedar Rapids	IA	10:28	00:32:32.55
383	702/1665	46/149	1364	Lori Rott	F	53	Marion	IA	10:29	00:32:34.76
384	703/1665	96/260	1637	Sarah Crandall	F	32	Cedar Rapids	IA	10:29	00:32:34.80
385	705/1665	66/196	2245	Madison Renz	F	16	Cedar Rapids	IA	10:29	00:32:36.41
386	706/1665	97/260	1392	Melissa Lepkowski	F	35	Cedar Rapids	IA	10:29	00:32:36.86
387	707/1665	98/260	1891	Julie Daughtey	F	30	Marion	IA	10:29	00:32:37.11
388	708/1665	67/196	2243	Emma Behrens	F	16	Marion	IA	10:29	00:32:37.16
389	710/1665	77/237	2156	Michelle Ralston	F	40	Shellsburg	IA	10:30	00:32:38.11
390	711/1665	47/149	1248	Dawn Butler	F	53	Marion	IA	10:30	00:32:38.66
391	712/1665	10/34	519	Luann Kuennen	F	61	Palo	IA	10:30	00:32:39.82
392	713/1665	86/228	596	Melissa Plourde	F	26	North Liberty	IA	10:32	00:32:44.47
393	714/1665	78/237	501	Amy Dollash	F	41	Cedar Rapids	IA	10:32	00:32:45.27
394	715/1665	87/228	670	Nicole Werling	F	23	Mount Vernon	IA	10:32	00:32:45.39
395	718/1665	68/196	2028	Paige Archer	F	16	Cedar Rapids	IA	10:32	00:32:46.40
396	719/1665	88/228	1350	Katie Fischels	F	22	Iowa City	IA	10:33	00:32:47.62
397	720/1665	79/237	2098	Vicky Hensel	F	45	Cedar Rapids	IA	10:33	00:32:49.78
398	721/1665	80/237	2204	Kari Livengood	F	44	Center Point	IA	10:34	00:32:50.12
399	722/1665	69/196	2261	Chloee Beals	F	13	Center Point	IA	10:34	00:32:50.58
400	723/1665	89/228	846	Rachel Schramm	F	29	Marion	IA	10:34	00:32:50.89

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
401	724/1665	90/228	1357	Angela Nunemaker	F	23	Cedar Rapids	IA	10:34	00:32:51.66
402	727/1665	99/260	897	Jessica Wrage	F	39	Marion	IA	10:35	00:32:54.37
403	729/1665	48/149	800	Susan Twachtmann	F	52	Cedar Rapids	IA	10:35	00:32:55.34
404	732/1665	91/228	1017	Casey Gaul	F	25	Monticello	IA	10:36	00:32:56.11
405	733/1665	81/237	676	Ruth Hojka	F	48	Cedar Rapids	IA	10:36	00:32:56.56
406	734/1665	100/260	722	Erica Nygaard	F	37	Tiffin	IA	10:36	00:32:57.32
407	735/1665	101/260	1766	Meagan Gugliano	F	31	Tiffin	IA	10:36	00:32:57.94
408	736/1665	49/149	29	Jacqueline Kullander	F	50	Cedar Rapids	IA	10:36	00:32:58.96
409	737/1665	102/260	1701	Stacie Tuttle	F	39	Solon	IA	10:37	00:32:59.36
410	738/1665	50/149	1140	Kayt Conrad	F	57	Cedar Rapids	IA	10:37	00:33:00.11
411	739/1665	92/228	2190	Jen Reeve	F	29	Cedar Rapids	IA	10:37	00:33:01.60
412	740/1665	51/149	797	Mary Kaye Nath	F	54	Cedar Rapids	IA	10:37	00:33:01.61
413	741/1665	93/228	2251	Kelly Behmer	F	29	Cedar Rapids	IA	10:37	00:33:01.82
414	742/1665	52/149	796	Connie Craft	F	59	Cedar Rapids	IA	10:37	00:33:01.85
415	744/1665	53/149	650	Kim Salzbrenner	F	54	Mount Vernon	IA	10:38	00:33:02.36
416	746/1665	54/149	2164	Doreena Crock	F	51	Tipton	IA	10:38	00:33:03.45
417	752/1665	94/228	2311	Signey Martin	F	21	Cedar Rapids	IA	10:40	00:33:08.76
418	753/1665	55/149	1628	Marla Wright	F	51	Mount Vernon	IA	10:40	00:33:09.35
419	754/1665	82/237	262	Monica Fuertes-Arboix	F	45	Iowa City	IA	10:40	00:33:09.56
420	755/1665	56/149	258	Lynda Barrow	F	55	Cedar Rapids	IA	10:40	00:33:09.77
421	758/1665	103/260	1921	Emily Kruse	F	30	Toddville	IA	10:42	00:33:14.81
422	759/1665	104/260	24	Stephanie Desotel	F	30	Cedar Rapids	IA	10:42	00:33:15.22
423	760/1665	95/228	2018	Paige Anderson	F	29	North Liberty	IA	10:42	00:33:15.66
424	762/1665	57/149	409	Therese Fisher	F	54	Cedar Rapids	IA	10:42	00:33:15.83
425	763/1665	105/260	2752	Megan Bernabe	F	30	North Liberty	IA	10:42	00:33:16.62
426	765/1665	96/228	2037	Heather Mcguire	F	22	Marion	IA	10:42	00:33:17.37
427	766/1665	83/237	232	Kimberly Mcguire	F	44	Marion	IA	10:42	00:33:17.54
428	767/1665	70/196	1806	Grace Fox	F	12	Cedar Rapids	IA	10:43	00:33:19.29
429	768/1665	84/237	130	Wendy Downey	F	49	Marion	IA	10:43	00:33:19.70
430	770/1665	106/260	1686	Melanie Schroeder	F	34	Cedar Rapids	IA	10:43	00:33:20.38
431	771/1665	97/228	1674	Kristie Baker	F	25	Cedar Rapids	IA	10:43	00:33:20.51
432	772/1665	85/237	1722	Cheryl Steinke	F	48	Cedar Rapids	IA	10:44	00:33:22.37
433	773/1665	98/228	143	Jessica Morosky	F	25	Hiawatha	IA	10:44	00:33:22.95
434	775/1665	99/228	2104	Michelle Eisenbacher	F	27	Cedar Rapids	IA	10:44	00:33:23.58
435	776/1665	71/196	924	Anna Lode	F	11	North Liberty	IA	10:45	00:33:24.11
436	778/1665	11/34	2110	Debby Prideaux	F	62	Marion	IA	10:45	00:33:24.40
437	779/1665	107/260	508	Christina Grissom	F	32	Cedar Rapids	IA	10:45	00:33:24.61
438	780/1665	100/228	1153	Samantha Knudson	F	26	Cedar Rapids	IA	10:45	00:33:24.66
439	781/1665	12/34	1911	Jann Baustian	F	64	Cedar Rapids	IA	10:46	00:33:28.22
440	782/1665	13/34	304	Linda Januska	F	60	Cedar Rapids	IA	10:46	00:33:28.64
441	785/1665	101/228	2194	Brittany Murphy	F	29	Cedar Rapids	IA	10:46	00:33:29.49
442	786/1665	108/260	1636	Gretchen Cornwell	F	39	Cedar Rapids	IA	10:46	00:33:29.66
443	788/1665	86/237	791	Jessica Johnson	F	40	Marion	IA	10:47	00:33:32.41
444	789/1665	72/196	2034	Rachel Liercke	F	18	Center Point	IA	10:47	00:33:32.48
445	790/1665	102/228	135	Nicole Weinkauf	F	29	North Liberty	IA	10:48	00:33:33.37
446	791/1665	58/149	569	Teresa Streeper	F	53	Cedar Rapids	IA	10:48	00:33:33.41
447	793/1665	87/237	874	Christina Vander Zee	F	42	Cedar Rapids	IA	10:48	00:33:34.54
448	795/1665	109/260	664	Carolyn See	F	37	North Liberty	IA	10:49	00:33:37.39
449	796/1665	73/196	665	Olivia See	F	10	North Liberty	IA	10:49	00:33:37.39
450	799/1665	103/228	920	Carly Deutmeyer	F	25	Cedar Rapids	IA	10:50	00:33:40.14

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
451	800/1665	104/228	1019	Liz Weber	F	25	Bellevue	IA	10:50	00:33:40.14
452	801/1665	74/196	1808	Sophie Fox	F	16	Cedar Rapids	IA	10:50	00:33:40.66
453	802/1665	88/237	1168	Hether Stauffacher	F	42	Cedar Rapids	IA	10:50	00:33:41.37
454	803/1665	89/237	706	Tina Knutson	F	44	Manchester	IA	10:50	00:33:41.58
455	804/1665	75/196	1814	Emily Lagrange	F	17	Robins	IA	10:50	00:33:41.75
456	805/1665	90/237	1512	Amanda Proper	F	40	Marion	IA	10:51	00:33:42.68
457	806/1665	110/260	2038	Lindsay Beaman	F	34	Center Point	IA	10:51	00:33:42.87
458	807/1665	91/237	1288	Becky Prier	F	42	Marion	IA	10:52	00:33:46.33
459	808/1665	111/260	1676	Kristin Crossland	F	31	Cedar Rapids	IA	10:53	00:33:49.91
460	809/1665	105/228	1836	Lindsay Reth	F	22	Marion	IA	10:54	00:33:52.35
461	810/1665	14/34	370	Vicki Archibald	F	65	Cedar Rapids	IA	10:54	00:33:53.20
462	811/1665	59/149	384	Teri Butz	F	57	Cedar Rapids	IA	10:54	00:33:53.41
463	813/1665	112/260	1851	Mandy Shakespeare	F	38	Center Point	IA	10:55	00:33:55.27
464	814/1665	76/196	1035	Joslyn Sheeley	F	11	Cedar Rapids	IA	10:55	00:33:56.37
465	815/1665	106/228	1837	Jessica Reth-Linderwell	F	29	Marion	IA	10:55	00:33:57.74
466	816/1665	113/260	632	Danielle Pershing	F	31	Ely	IA	10:55	00:33:58.16
467	817/1665	92/237	1036	Trisha Sheeley	F	46	Cedar Rapids	IA	10:56	00:33:58.31
468	818/1665	93/237	1365	Laura Suttles	F	47	Cedar Rapids	IA	10:56	00:34:00.34
469	819/1665	114/260	1449	Kristi Kidd	F	34	Cedar Rapids	IA	10:57	00:34:01.75
470	820/1665	107/228	1488	Alix Moews	F	23	Keosauqua	IA	10:57	00:34:01.76
471	822/1665	108/228	1234	Stephanie Mahnke	F	25	West Branch	IA	10:57	00:34:02.58
472	824/1665	115/260	1944	Michelle Sorge	F	38	Cresco	IA	10:58	00:34:05.16
473	825/1665	109/228	1872	Teala Happ	F	27	Milan	IL	10:58	00:34:05.16
474	828/1665	77/196	2064	Kendra Thompson	F	17	Marion	IA	10:58	00:34:05.82
475	830/1665	116/260	1524	Tara Boston	F	38	Cedar Rapids	IA	10:58	00:34:07.38
476	831/1665	110/228	1649	Amber Lebeda	F	24	Cedar Rapids	IA	10:59	00:34:07.66
477	832/1665	117/260	2240	Tanya Shaw	F	35	Cedar Rapids	IA	10:59	00:34:07.87
478	833/1665	118/260	2309	Christina Ross	F	39	Marion	IA	10:59	00:34:08.84
479	834/1665	119/260	1909	Aline Houssin	F	34	Cedar Rapids	IA	10:59	00:34:09.86
480	835/1665	94/237	2151	Lynn Davy	F	48	Cedar Rapids	IA	10:59	00:34:10.37
481	836/1665	111/228	939	Genea Mathews	F	23	Cedar Rapids	IA	11:00	00:34:11.93
482	838/1665	95/237	1345	Chris Welsh	F	45	Van Horne	IA	11:01	00:34:13.96
483	841/1665	60/149	2295	Tracy Petersen	F	56	Cedar Rapids	IA	11:02	00:34:17.61
484	842/1665	120/260	1979	Nicole Arnold	F	32	Cedar Rapids	IA	11:02	00:34:18.37
485	843/1665	112/228	1000	Katelynn Schuver	F	26	Cedar Rapids	IA	11:02	00:34:18.62
486	844/1665	121/260	44	Stacie Schockemoehl	F	33	Cascade	IA	11:02	00:34:18.91
487	845/1665	122/260	36	Amy Conlon	F	35	Cedar Rapids	IA	11:02	00:34:19.36
488	846/1665	113/228	969	Katie Price	F	25	Coggon	IA	11:02	00:34:19.84
489	847/1665	96/237	70	Sherrie Collins	F	40	Atkins	IA	11:02	00:34:19.86
490	848/1665	114/228	181	Jodi Ahrendsen	F	28	Oxford Junction	IA	11:02	00:34:19.86
491	849/1665	123/260	717	Angela Krejci	F	36	Cedar Rapids	IA	11:03	00:34:20.25
492	850/1665	115/228	1906	Jenna Kositzky	F	28	Cedar Rapids	IA	11:03	00:34:20.41
493	851/1665	61/149	568	Cindy Sale	F	59	Cedar Rapids	IA	11:03	00:34:21.16
494	852/1665	15/34	1163	Jan Mcmann	F	60	Cedar Rapids	IA	11:03	00:34:21.81
495	853/1665	78/196	1521	Aleksyia Leclere	F	12	Cedar Rapids	IA	11:04	00:34:23.62
496	855/1665	116/228	1386	Daisy Pilarczyk	F	21	Cedar Rapids	IA	11:04	00:34:24.33
497	857/1665	124/260	461	Joanna Read	F	37	Ladora	IA	11:05	00:34:28.56
498	858/1665	97/237	2803	Wendy Gutierrez	F	45	Cedar Rapids	IA	11:05	00:34:28.56
499	860/1665	125/260	510	Theresa Gustaveson	F	31	Cedar Rapids	IA	11:05	00:34:28.77
500	862/1665	98/237	525	Deidre Nims	F	41	Robins	IA	11:06	00:34:31.23

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
501	863/1665	62/149	500	Cynthia Dennis	F	51	Cedar Rapids	IA	11:06	00:34:31.37
502	864/1665	79/196	714	Morgan Hospodarsky	F	8	Hiawatha	IA	11:07	00:34:32.48
503	866/1665	99/237	624	Brenda Short	F	47	Robins	IA	11:07	00:34:32.91
504	867/1665	126/260	2036	Cristy Mcnamara	F	36	Cedar Rapids	IA	11:07	00:34:34.27
505	868/1665	127/260	1993	Paige Benesh	F	30	Independence	IA	11:07	00:34:34.66
506	869/1665	128/260	2668	Renate Nickell	F	35	Cedar Rapids	IA	11:07	00:34:35.33
507	870/1665	117/228	1194	Kelly Quade	F	24	Hiawatha	IA	11:08	00:34:37.11
508	872/1665	63/149	128	Michelle Davin	F	51	Cedar Rapids	IA	11:08	00:34:38.37
509	873/1665	64/149	132	Kelly Phan	F	50	Marion	IA	11:08	00:34:38.37
510	874/1665	100/237	1100	Amy Davis	F	43	Robins	IA	11:09	00:34:38.66
511	875/1665	80/196	750	Gabby Barnard	F	17	Cedar Rapids	IA	11:09	00:34:40.62
512	876/1665	101/237	2021	Chris Mautino	F	48	Cedar Rapids	IA	11:10	00:34:42.46
513	877/1665	81/196	752	Sonia Devi	F	17	Cedar Rapids	IA	11:10	00:34:43.68
514	878/1665	65/149	1178	Annette Lenz	F	52	Manchester	IA	11:10	00:34:44.62
515	879/1665	82/196	2127	Savannah Price	F	16	Hiawatha	IA	11:11	00:34:45.72
516	880/1665	118/228	458	Paula Odell	F	28	Cedar Rapids	IA	11:11	00:34:47.25
517	881/1665	119/228	61	Kallie Neuhaus	F	27	Hiawatha	IA	11:12	00:34:48.96
518	882/1665	66/149	1395	Deb Hartman	F	57	Cedar Rapids	IA	11:12	00:34:49.36
519	885/1665	120/228	1470	Christy Rozinek	F	28	Swisher	IA	11:12	00:34:50.37
520	886/1665	121/228	1110	Chelsea Lob	F	28	Lisbon	IA	11:14	00:34:55.81
521	888/1665	122/228	2741	Kelly Tweitto	F	25	Lisbon	IA	11:15	00:34:57.34
522	889/1665	67/149	133	Judy Walton	F	54	Cedar Rapids	IA	11:15	00:34:57.74
523	890/1665	129/260	2191	Sheri Weber	F	39	Marion	IA	11:15	00:34:58.55
524	891/1665	68/149	1942	Constance Wagner	F	51	North Liberty	IA	11:15	00:34:59.15
525	892/1665	83/196	2246	Megan Renz	F	14	Cedar Rapids	IA	11:15	00:34:59.66
526	893/1665	123/228	277	Jacquelyn Thorp	F	21	Somonauk	IA	11:16	00:35:00.37
527	894/1665	124/228	571	Alexis Baxter	F	22	Cedar Rapids	IA	11:16	00:35:00.48
528	895/1665	125/228	579	Paige Crosset	F	23	Cedar Rapids	IA	11:16	00:35:00.95
529	896/1665	102/237	2085	Angie Jenkins	F	40	Palo	IA	11:16	00:35:01.38
530	897/1665	69/149	1828	Vicky Wilson	F	56	Cedar Rapids	IA	11:16	00:35:03.13
531	898/1665	126/228	1825	Abigail Banker	F	22	Cedar Rapids	IA	11:16	00:35:03.13
532	899/1665	70/149	455	Shawn Naeve	F	54	Alburnett	IA	11:16	00:35:03.41
533	900/1665	127/228	767	Kristi Brown	F	26	Waterloo	IA	11:17	00:35:03.81
534	901/1665	103/237	2033	Hayley Rippel	F	42	Vinton	IA	11:17	00:35:04.37
535	902/1665	128/228	768	Amanda Hoffman	F	25	Coralville	IA	11:17	00:35:05.83
536	903/1665	104/237	2232	Karen Wilson	F	45	Marion	IA	11:18	00:35:06.85
537	904/1665	105/237	2244	Carol Renz	F	47	Cedar Rapids	IA	11:18	00:35:07.58
538	906/1665	129/228	1283	Sachi Peckover	F	28	Coralville	IA	11:18	00:35:08.16
539	908/1665	106/237	1342	Shelly Yanecek	F	49	Cedar Rapids	IA	11:19	00:35:12.12
540	909/1665	71/149	2296	Sheryl Dolan	F	52	Cedar Rapids	IA	11:19	00:35:12.16
541	910/1665	84/196	2649	Sylene Brizard	F	11	Marion	IA	11:20	00:35:14.88
542	911/1665	72/149	322	Linda Finke	F	56	Crawfordsville	IA	11:22	00:35:20.32
543	912/1665	85/196	1904	Saylor Botsford	F	12	Cedar Rapids	IA	11:22	00:35:20.77
544	913/1665	130/260	965	Lindsey Bohr	F	32	North Liberty	IA	11:22	00:35:21.13
545	914/1665	86/196	2607	Maya Bunger	F	11	Rochester	MN	11:22	00:35:21.16
546	915/1665	107/237	1885	Cathy Lathrop	F	45	Fairfield	IA	11:22	00:35:21.87
547	916/1665	108/237	1589	Kristi Saksvig	F	41	Lindstrom	MN	11:23	00:35:22.35
548	917/1665	131/260	715	Ruth Hospodarsky	F	35	Hiawatha	IA	11:23	00:35:24.16
549	919/1665	87/196	716	Rylie Hospodarsky	F	6	Hiawatha	IA	11:23	00:35:24.58
550	920/1665	132/260	112	Amy Deyo	F	36	Hiawatha	IA	11:23	00:35:24.98

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October 9, 2016

5K Run

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
551	921/1665	88/196	1597	Zoey Skriver	F	11	Walford	IA	11:23	00:35:25.16
552	922/1665	109/237	1596	Tami Skriver	F	44	Walford	IA	11:25	00:35:28.89
553	924/1665	130/228	2029	Kallie Nauholz	F	24	Crowley	TX	11:25	00:35:29.83
554	925/1665	73/149	1826	Lori Nauholz	F	55	Cedar Rapids	IA	11:25	00:35:30.89
555	926/1665	131/228	2089	Hanna Anderson	F	26	Cedar Rapids	IA	11:25	00:35:30.90
556	927/1665	110/237	1903	Jenny Botsford	F	42	Cedar Rapids	IA	11:25	00:35:31.31
557	928/1665	111/237	2092	Angie Eilders	F	41	Robins	IA	11:26	00:35:31.52
558	929/1665	112/237	1740	Sharon Lindo Steele	F	48	Robins	IA	11:26	00:35:32.88
559	932/1665	133/260	1210	Blanka Giese	F	31	Marion	IA	11:29	00:35:41.62
560	933/1665	74/149	285	Julie Tabor	F	55	Cedar Rapids	IA	11:29	00:35:41.65
561	934/1665	132/228	2748	Abby Finnegan	F	28	Cedar Rapids	IA	11:29	00:35:43.41
562	935/1665	75/149	239	Sandi Fowler	F	50	Cedar Rapids	IA	11:29	00:35:43.70
563	936/1665	89/196	1119	Maddie Miller	F	15	Cedar Rapids	IA	11:30	00:35:45.51
564	937/1665	134/260	1120	Tiffany Miller	F	39	Cedar Rapids	IA	11:30	00:35:45.55
565	938/1665	113/237	1126	Tracy Simmons	F	46	Cedar Rapids	IA	11:30	00:35:45.66
566	939/1665	76/149	1128	Mary White	F	56	Cedar Rapids	IA	11:30	00:35:46.56
567	940/1665	135/260	1878	Heidi Beals	F	39	Center Point	IA	11:31	00:35:47.33
568	941/1665	136/260	121	Patty Stephens	F	37	Swisher	IA	11:31	00:35:47.37
569	942/1665	16/34	2715	Lana Ballou	F	68	Olin	IA	11:31	00:35:49.92
570	948/1665	137/260	490	Jennifer Biewen	F	38	Cedar Rapids	IA	11:35	00:36:00.41
571	949/1665	114/237	1950	Wendy Sanders	F	45	Cedar Rapids	IA	11:35	00:36:01.37
572	950/1665	77/149	1755	Christine Casey	F	51	Cedar Rapids	IA	11:35	00:36:02.12
573	951/1665	138/260	1220	Jennifer Scott	F	31	Cedar Rapids	IA	11:36	00:36:02.85
574	952/1665	133/228	362	Natasha Jones	F	22	Cedar Rapids	IA	11:36	00:36:03.86
575	954/1665	115/237	1402	Brandy Baxter	F	40	Cedar Rapids	IA	11:39	00:36:13.80
576	955/1665	90/196	793	Melissa Meis	F	17	Cedar Rapids	IA	11:39	00:36:14.22
577	957/1665	78/149	340	Ronda Drahozal	F	54	Cedar Rapids	IA	11:39	00:36:14.83
578	958/1665	139/260	342	Abigail Miller	F	32	Cedar Rapids	IA	11:40	00:36:14.92
579	959/1665	134/228	1888	Shayla Wipperman	F	29	Waterloo	IA	11:40	00:36:16.53
580	961/1665	140/260	1765	Tereasa Evans	F	36	Coralville	IA	11:40	00:36:17.29
581	962/1665	141/260	2712	Crystal Robinson	F	30	Cedar Rapids	IA	11:41	00:36:18.31
582	963/1665	116/237	2284	Sylvie Brizard	F	43	Marion	IA	11:41	00:36:18.66
583	965/1665	135/228	581	Alexis Eickelschulte	F	22	North Liberty	IA	11:42	00:36:22.41
584	969/1665	142/260	52	Louise Brown	F	31	Brandon	IA	11:45	00:36:30.78
585	970/1665	143/260	2293	Monika Jindal	F	31	Coralville	IA	11:45	00:36:31.59
586	971/1665	136/228	278	Brittany Bowman	F	26	North Liberty	IA	11:46	00:36:34.17
587	972/1665	144/260	2060	Stacey Anderson	F	31	Coal Valley	IL	11:46	00:36:34.38
588	974/1665	137/228	2205	Xiyang Wang	F	29	Iowa City	IA	11:46	00:36:36.42
589	975/1665	91/196	2103	Maya Deuso	F	16	Cedar Rapids	IA	11:47	00:36:37.29
590	976/1665	145/260	446	Janelle Martin	F	36	Cedar Rapids	IA	11:48	00:36:40.31
591	978/1665	138/228	219	Shari Bell	F	26	Cedar Rapids	IA	11:49	00:36:44.36
592	979/1665	92/196	634	Avery Arens	F	13	Cedar Rapids	IA	11:49	00:36:44.36
593	980/1665	93/196	2080	Samantha Robinson	F	13	Cedar Rapids	IA	11:49	00:36:44.82
594	981/1665	79/149	1358	Lisa Rhatigan	F	55	Cedar Rapids	IA	11:49	00:36:45.23
595	982/1665	94/196	2738	Kate Francois	F	13	Palo	IA	11:49	00:36:45.39
596	983/1665	80/149	2257	Kim Lehrman	F	55	Cedar Rapids	IA	11:50	00:36:47.87
597	984/1665	117/237	1907	Laree Landt	F	46	Hiawatha	IA	11:50	00:36:48.16
598	985/1665	118/237	184	Christine Day	F	46	Palo	IA	11:50	00:36:48.42
599	986/1665	81/149	2096	Kamie Oldridge	F	56	Cedar Rapids	IA	11:52	00:36:52.95
600	987/1665	95/196	2180	Elizabeth Enequist	F	13	Walford	IA	11:53	00:36:55.91

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
601	988/1665	119/237	1556	Sandra Brune	F	49	Swisher	IA	11:53	00:36:57.54
602	989/1665	120/237	1565	Kris Heims	F	46	Swisher	IA	11:53	00:36:57.74
603	991/1665	139/228	1021	Meghan Farrell	F	25	North Liberty	IA	11:54	00:37:00.58
604	992/1665	140/228	644	Joslyn Mcalpin	F	20	North Liberty	IA	11:56	00:37:05.12
605	993/1665	121/237	840	Debby Behnke	F	45	Marion	IA	11:56	00:37:05.87
606	994/1665	122/237	2181	Kris Enequist	F	43	Walford	IA	11:56	00:37:06.75
607	995/1665	82/149	1683	Dianne Moyer	F	56	Coggon	IA	11:57	00:37:08.99
608	996/1665	96/196	230	Leah Walters	F	12	Cedar Rapids	IA	11:58	00:37:10.92
609	997/1665	97/196	225	Caitlyn Coselman	F	13	Cedar Rapids	IA	11:58	00:37:11.18
610	998/1665	98/196	859	Willa Bowman	F	9	Robins	IA	11:58	00:37:12.37
611	999/1665	146/260	1680	Elizabeth Kaiser	F	35	Cedar Rapid	IA	11:58	00:37:13.37
612	1000/1665	147/260	1504	Sheryl Becker	F	39	Marion	IA	11:59	00:37:14.88
613	1001/1665	123/237	1460	Jessica Burgin	F	40	Mt Vernon	IA	11:59	00:37:16.24
614	1002/1665	83/149	1847	Chinh Ta	F	51	Cedar Rapids	IA	11:59	00:37:16.25
615	1003/1665	99/196	1461	Kaylynn Burgin	F	13	Mt Vernon	IA	11:59	00:37:16.52
616	1004/1665	124/237	1848	Lisa Walton	F	48	Cedar Rapids	IA	11:59	00:37:16.64
617	1005/1665	125/237	1413	Robin Helgens	F	41	Tiffin	IA	12:00	00:37:19.28
618	1006/1665	141/228	1401	Ariadnae Andrews	F	25	North Liberty	IA	12:00	00:37:19.67
619	1008/1665	148/260	2179	Rebecca Lienau	F	31	Cedar Rapids	IA	12:01	00:37:22.12
620	1010/1665	149/260	1939	Jessica Johnson	F	32	Cedar Rapids	IA	12:02	00:37:25.54
621	1011/1665	150/260	1938	Kelsie Johnson	F	30	Cedar Rapids	IA	12:02	00:37:25.67
622	1012/1665	126/237	2225	Hannah Gonzalez	F	43	Cedar Rapids	IA	12:03	00:37:27.98
623	1013/1665	127/237	1791	Jean Lawrence	F	48	Cedar Rapids	IA	12:04	00:37:30.13
624	1014/1665	142/228	1142	Sophie Klingenberger	F	23	Cedar Rapids	IA	12:04	00:37:30.62
625	1016/1665	128/237	949	Stephanie Bagby	F	46	Anamosa	IA	12:04	00:37:30.75
626	1018/1665	129/237	1473	Connie Steward	F	48	Cedar Rapids	IA	12:05	00:37:33.62
627	1021/1665	17/34	1986	Sharon Burns-Knutson	F	68	Cedar Rapids	IA	12:06	00:37:38.49
628	1022/1665	130/237	541	Dori Patrick	F	42	Cedar Rapids	IA	12:07	00:37:41.40
629	1023/1665	131/237	1952	Filiz Thayer	F	46	Coralville	IA	12:08	00:37:41.96
630	1024/1665	84/149	1697	Frances Levack	F	55	North Liberty	IA	12:08	00:37:43.59
631	1027/1665	85/149	2076	Cheryl Beatty	F	52	Winthrop	IA	12:09	00:37:46.65
632	1028/1665	143/228	2074	Kara Suckow	F	28	North Liberty	IA	12:09	00:37:47.67
633	1029/1665	144/228	2241	Shelbie Beatty	F	25	Ankeny	IA	12:09	00:37:47.70
634	1031/1665	151/260	627	Abbie Steil	F	38	Marion	IA	12:11	00:37:51.57
635	1032/1665	145/228	1846	Ramya Jairam	F	28	Cedar Rapids	IA	12:13	00:37:58.17
636	1033/1665	152/260	349	Amber Straw	F	37	Marion	IA	12:13	00:37:58.70
637	1034/1665	100/196	575	Sabrina Bretz	F	19	North Liberty	IA	12:14	00:38:00.67
638	1037/1665	146/228	2053	Jenica Minor	F	26	Cedar Rapids	IA	12:15	00:38:03.92
639	1038/1665	147/228	2087	Kayla Minor	F	23	Lost Nation	IA	12:15	00:38:04.12
640	1039/1665	148/228	2086	Jalen Snowbarger	F	20	Wheatland	IA	12:15	00:38:04.38
641	1040/1665	86/149	236	Yvonne Aubrey	F	52	Urbana	IA	12:15	00:38:04.42
642	1041/1665	153/260	245	Aesia Kardos	F	32	Urbana	IA	12:15	00:38:04.54
643	1043/1665	101/196	1223	Mariska Hagensick	F	7	Marion	IA	12:16	00:38:07.27
644	1044/1665	102/196	1706	Addison Eiben	F	6	Central City	IA	12:16	00:38:09.10
645	1045/1665	132/237	2176	Dee Arthur	F	42	North Liberty	IA	12:17	00:38:10.67
646	1046/1665	87/149	410	Denise Fitzpatrick	F	51	Fairfax	IA	12:17	00:38:10.82
647	1047/1665	103/196	753	Zoey Mcdonald	F	17	Marion	IA	12:17	00:38:12.65
648	1048/1665	149/228	220	Cassie Christianson	F	27	Cedar Rapids	IA	12:18	00:38:13.13
649	1050/1665	154/260	1707	Linsey Eiben	F	33	Central City	IA	12:18	00:38:14.16
650	1052/1665	104/196	2035	Annie Sood	F	17	Marion	IA	12:18	00:38:14.78

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
651	1053/1665	133/237	1727	Michelle Steines	F	42	North Liberty	IA	12:19	00:38:16.68
652	1055/1665	155/260	1224	Mary Hagensick	F	38	Marion	IA	12:19	00:38:18.27
653	1056/1665	105/196	944	Gracelyn Watkinson	F	11	Cedar Rapids	IA	12:19	00:38:18.63
654	1058/1665	150/228	990	Marissa Kelly	F	21	Cedar Rapids	IA	12:20	00:38:19.63
655	1059/1665	151/228	463	Sarah Sadler	F	28	Cedar Rapids	IA	12:20	00:38:21.35
656	1060/1665	88/149	546	Dianne Hayes	F	54	Iowa City	IA	12:20	00:38:21.53
657	1062/1665	156/260	66	Kelly Brodersen	F	34	Wyoming	IA	12:21	00:38:23.98
658	1063/1665	157/260	65	Kelly Ballou	F	39	Wyoming	IA	12:21	00:38:24.13
659	1066/1665	134/237	1505	Janis Duffy	F	44	Marion	IA	12:22	00:38:27.69
660	1068/1665	106/196	1615	Lorie Iii Ervin	F	15	Cedar Rapids	IA	12:24	00:38:31.67
661	1070/1665	107/196	1579	Grace Long	F	12	Walford	IA	12:24	00:38:34.39
662	1072/1665	152/228	1947	Shelby Johnson	F	20	Cedar Rapids	IA	12:25	00:38:34.76
663	1073/1665	158/260	1948	Caitlin Larson	F	32	Cedar Rapids	IA	12:25	00:38:34.88
664	1075/1665	89/149	306	Rebecca Souza	F	52	Marion	IA	12:26	00:38:38.63
665	1076/1665	18/34	1924	Patricia Theisen	F	63	Anamosa	IA	12:26	00:38:38.63
666	1079/1665	135/237	1603	Veronica Weeks	F	42	Walford	IA	12:27	00:38:42.28
667	1080/1665	159/260	1198	Melissa Wheeler	F	34	Kansas City	KS	12:28	00:38:44.75
668	1081/1665	19/34	1455	Kathy Orr	F	63	Peosta	IA	12:29	00:38:48.62
669	1082/1665	108/196	1453	Olivia Orr	F	14	Dubuque	IA	12:29	00:38:48.81
670	1083/1665	136/237	180	Christina West	F	42	Cedar Rapids	IA	12:30	00:38:51.26
671	1084/1665	160/260	1845	Mariana Ceessay	F	38	Cedar Rapids	IA	12:30	00:38:52.28
672	1085/1665	153/228	1451	Kaitlyn O'brien	F	25	Dubuque	IA	12:31	00:38:53.63
673	1086/1665	154/228	2023	Allison Hart	F	29	Cedar Rapids	IA	12:31	00:38:56.13
674	1087/1665	161/260	928	Danielle Schmidt	F	30	Cedar Rapids	IA	12:32	00:38:57.63
675	1088/1665	137/237	1222	Monica Dunbar	F	48	Marion	IA	12:33	00:38:59.96
676	1089/1665	162/260	171	Carrie Kellogg	F	36	Cedar Rapids	IA	12:33	00:39:00.57
677	1090/1665	138/237	1564	Jessica Gordon	F	43	Robins	IA	12:33	00:39:01.38
678	1091/1665	139/237	1600	Jenny Vitti	F	42	Cedar Rapids	IA	12:33	00:39:01.40
679	1094/1665	109/196	2706	Amanda Schnor	F	9	Keystone	IA	12:34	00:39:04.92
680	1097/1665	90/149	2212	Elizabeth Kucera	F	58	Cedar Rapids	IA	12:37	00:39:14.13
681	1098/1665	140/237	1858	Malisa Mcquown	F	43	Marion	IA	12:37	00:39:14.97
682	1099/1665	141/237	2252	Donna Eastep	F	46	Grimes	IA	12:38	00:39:15.22
683	1100/1665	163/260	981	Melinda Dufoe	F	30	Cedar Rapids	IA	12:39	00:39:19.79
684	1101/1665	142/237	698	Jodi Nealson	F	47	Ely	IA	12:39	00:39:20.87
685	1102/1665	143/237	1656	Randee Ricklefs	F	41	Atkins	IA	12:40	00:39:21.67
686	1103/1665	110/196	699	Addison Phipps	F	8	Cedar Rapids	IA	12:40	00:39:24.14
687	1104/1665	164/260	702	Sarah Phipps	F	39	Cedar Rapids	IA	12:40	00:39:24.15
688	1105/1665	144/237	1577	Dawn Long	F	40	Walford	IA	12:41	00:39:25.14
689	1106/1665	145/237	1459	Colleen Williams	F	49	Dubuque	IA	12:41	00:39:26.42
690	1107/1665	165/260	1025	Brenda Swanson	F	31	Cedar Rapids	IA	12:41	00:39:26.61
691	1109/1665	155/228	1763	Lauren Carr	F	28	Coralville	IA	12:42	00:39:29.67
692	1110/1665	146/237	1454	Tammy Orr	F	42	Dubuque	IA	12:43	00:39:30.92
693	1111/1665	156/228	1725	Meagan Laraway	F	29	North Liberty	IA	12:43	00:39:32.42
694	1112/1665	147/237	2235	Suzanne Carter	F	42	Cedar Rapids	IA	12:43	00:39:33.74
695	1113/1665	91/149	2250	Paige Butterfield	F	50	Cedar Rapids	IA	12:44	00:39:34.17
696	1115/1665	157/228	1332	Maggie Polaski	F	24	Cedar Rapids	IA	12:45	00:39:38.54
697	1116/1665	20/34	2242	Vicki Rickels	F	63	Marion	IA	12:46	00:39:41.35
698	1117/1665	158/228	2255	Kelsey Ryder	F	27	Robins	IA	12:46	00:39:42.53
699	1118/1665	92/149	2256	Denise Scheer	F	53	Robins	IA	12:46	00:39:42.54
700	1119/1665	159/228	591	Jen Noe	F	28	Marion	IA	12:46	00:39:42.86

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
701	1120/1665	93/149	2613	Fae Hoover	F	51	Cedar Rapids	IA	12:47	00:39:44.42
702	1121/1665	148/237	1391	Monica Wessels	F	46	South Amana	IA	12:47	00:39:44.48
703	1122/1665	160/228	1302	Maddy Taylor	F	22	Cedar Rapids	IA	12:48	00:39:46.42
704	1124/1665	21/34	275	Karen Swenson	F	60	Cedar Rapids	IA	12:49	00:39:49.76
705	1125/1665	149/237	535	Anne Wilson	F	40	Cedar Rapids	IA	12:50	00:39:54.55
706	1126/1665	150/237	515	Susan Johnson	F	42	Cedar Rapids	IA	12:50	00:39:54.67
707	1127/1665	111/196	2707	Tiffany Schnor	F	13	Keystone	IA	12:51	00:39:56.98
708	1128/1665	151/237	163	Randi Burt	F	42	Iowa City	IA	12:52	00:40:00.35
709	1132/1665	166/260	1717	Janet Henry	F	38	Cedar Rapids	IA	12:54	00:40:06.33
710	1135/1665	167/260	927	Rachel Lode	F	38	North Liberty	IA	12:56	00:40:13.57
711	1136/1665	152/237	637	Dana Bramer	F	46	Cedar Rapids	IA	12:57	00:40:15.43
712	1137/1665	94/149	646	Deb Ratchford	F	52	Cedar Rapids	IA	12:57	00:40:15.60
713	1139/1665	153/237	1138	Cindy Neis	F	45	Fairfax	IA	12:59	00:40:22.77
714	1140/1665	168/260	1245	Mickala Anderson	F	35	Marion	IA	13:00	00:40:25.67
715	1141/1665	169/260	953	Nicole Houck	F	30	Cedar Rapids	IA	13:01	00:40:26.57
716	1143/1665	161/228	951	Ashley Brenneman	F	27	Cedar Rapids	IA	13:01	00:40:26.77
717	1144/1665	170/260	950	Sherri Bartels	F	34	Cedar Rapids	IA	13:01	00:40:27.37
718	1145/1665	112/196	1008	Karlee Winter	F	10	Cedar Rapids	IA	13:01	00:40:29.38
719	1146/1665	113/196	974	Taylor Carpenter	F	16	Dubuque	IA	13:02	00:40:29.88
720	1147/1665	114/196	988	Megan Hentges	F	14	Cedar Rapids	IA	13:02	00:40:30.13
721	1149/1665	162/228	1012	Audrey Mensen	F	25	Cedar Rapids	IA	13:02	00:40:31.12
722	1150/1665	95/149	1139	Jodee Neis	F	54	Fairfax	IA	13:07	00:40:45.32
723	1151/1665	171/260	489	Crystal Berry	F	37	Cedar Rapids	IA	13:07	00:40:47.13
724	1152/1665	96/149	847	Lisa Perry	F	56	Cedar Rapids	IA	13:07	00:40:47.14
725	1153/1665	154/237	811	Lynnelle Bontty	F	40	Fairfax	IA	13:07	00:40:47.32
726	1154/1665	115/196	809	Adelyn Bontty	F	8	Fairfax	IA	13:07	00:40:47.33
727	1155/1665	155/237	817	Cindy Lechtenberg	F	40	Walford	IA	13:07	00:40:47.73
728	1156/1665	116/196	816	Brecken Lechtenberg	F	7	Walford	IA	13:08	00:40:48.44
729	1157/1665	156/237	15	Christie Hawkins	F	49	Belle Plaine	IA	13:08	00:40:50.29
730	1159/1665	157/237	638	Tammy Buseman	F	42	Marion	IA	13:11	00:40:59.83
731	1160/1665	172/260	280	Sara Ochsner	F	37	Cedar Rapids	IA	13:13	00:41:04.30
732	1161/1665	22/34	279	Carol Ochsner	F	67	Plattsmouth	NE	13:13	00:41:04.37
733	1163/1665	158/237	111	Christi Dalecky	F	42	Marion	IA	13:17	00:41:17.10
734	1164/1665	159/237	108	Kim Blankenship	F	40	Cedar Rapids	IA	13:17	00:41:17.36
735	1166/1665	173/260	1769	Liz Vergili	F	37	Coralville	IA	13:18	00:41:20.17
736	1167/1665	163/228	1736	Cortney Earhart	F	22	Cedar Rapids	IA	13:19	00:41:25.46
737	1168/1665	174/260	177	Christa Rowsell	F	30	Cedar Rapids	IA	13:21	00:41:29.42
738	1170/1665	97/149	1051	Gail Rieger	F	56	Cedar Rapids	IA	13:22	00:41:34.18
739	1171/1665	175/260	2210	Senetibeb Gebre	F	32	Iowa City	IA	13:22	00:41:34.18
740	1172/1665	160/237	2282	Ann Stroh	F	44	Cedar Rapids	IA	13:23	00:41:37.24
741	1174/1665	161/237	916	Tricia Grawe	F	41	Marion	IA	13:25	00:41:41.91
742	1176/1665	98/149	999	Jacqueline Robertson	F	56	Anamosa	IA	13:25	00:41:42.30
743	1177/1665	164/228	1966	Tiffany Roth	F	25	Coralville	IA	13:25	00:41:43.94
744	1178/1665	117/196	827	Jennifer Beatty	F	19	Cedar Rapids	IA	13:27	00:41:48.82
745	1179/1665	162/237	763	Julie Bushman	F	46	Cedar Rapids	IA	13:27	00:41:49.22
746	1180/1665	118/196	33	Libby Arnold	F	15	Cedar Rapids	IA	13:28	00:41:51.92
747	1181/1665	165/228	801	Jenna Chittick	F	23	Cedar Rapids	IA	13:29	00:41:53.88
748	1182/1665	119/196	295	Maia Bentley	F	12	Mount Vernon	IA	13:32	00:42:04.64
749	1184/1665	120/196	2253	Grace Gabriel	F	11	Cedar Rapids	IA	13:32	00:42:05.27
750	1185/1665	163/237	572	Lisa Bretz	F	48	North Liberty	IA	13:35	00:42:12.78

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
751	1186/1665	121/196	12	Olivia Vander Sanden	F	16	Cedar Rapids	IA	13:37	00:42:20.87
752	1187/1665	176/260	692	Teresa Coker	F	36	Cedar Rapids	IA	13:37	00:42:21.31
753	1190/1665	164/237	57	Sharon Meoni	F	44	Marion	IA	13:40	00:42:29.92
754	1191/1665	23/34	53	Julie Franklin	F	62	Marion	IA	13:40	00:42:30.53
755	1192/1665	122/196	1190	Morgan Pence	F	10	Swisher	IA	13:41	00:42:31.22
756	1193/1665	177/260	348	Kristen Steidl	F	30	Cedar Rapids	IA	13:41	00:42:31.38
757	1194/1665	166/228	2025	Lisa Inman	F	27	Marion	IA	13:41	00:42:31.43
758	1195/1665	178/260	347	Rachel Ozburn	F	37	Cedar Rapids	IA	13:41	00:42:31.48
759	1196/1665	179/260	1191	Shelly Pence	F	39	Swisher	IA	13:41	00:42:32.86
760	1197/1665	180/260	1520	Aleasha Leclere	F	31	Cedar Rapids	IA	13:41	00:42:33.72
761	1198/1665	123/196	1457	Brynn Walters	F	10	Peosta	IA	13:42	00:42:34.52
762	1199/1665	124/196	2274	Jade Bushman	F	10	Cedar Rapids	IA	13:42	00:42:35.54
763	1200/1665	125/196	735	Harlow Griffin	F	8	Marion	IA	13:42	00:42:35.74
764	1201/1665	181/260	736	Tara Griffin	F	34	Marion	IA	13:42	00:42:35.89
765	1206/1665	182/260	46	Hailee Sandberg	F	38	Rowley	IA	13:44	00:42:42.76
766	1207/1665	167/228	2001	Emily Stahl	F	22	Cedar Rapids	IA	13:44	00:42:42.79
767	1209/1665	168/228	1443	Courtney Bakey	F	25	Dubuque	IA	13:45	00:42:44.60
768	1210/1665	126/196	1444	Emma Dowling	F	11	Dubuque	IA	13:45	00:42:46.18
769	1211/1665	127/196	1446	Elyse Ellerbach	F	9	Dubuque	IA	13:46	00:42:46.43
770	1212/1665	169/228	2219	Kirby Dreher	F	29	Marion	IA	13:46	00:42:47.88
771	1213/1665	183/260	2220	Jennifer Skogman	F	35	Marion	IA	13:46	00:42:48.67
772	1214/1665	184/260	2303	Padget Skogman	F	31	Cedar Rapids	IA	13:46	00:42:48.87
773	1215/1665	128/196	2161	Maggie Southwick	F	19	North Liberty	IA	13:46	00:42:49.43
774	1216/1665	165/237	2742	Rebecca Mains	F	41	Cedar Rapids	IA	13:47	00:42:51.87
775	1217/1665	24/34	1298	Sherry Fuchs	F	62	Cedar Rapids	IA	13:48	00:42:52.69
776	1218/1665	166/237	780	Shari Ross	F	44	Cedar Rapids	IA	13:48	00:42:53.34
777	1221/1665	167/237	2632	Linda Fischer	F	47	Cascade	IA	13:52	00:43:07.34
778	1222/1665	25/34	1056	Dixie Mae Johnson	F	60	Cedar Rapids	IA	13:53	00:43:08.49
779	1223/1665	129/196	1054	Vega Jarr	F	7	Cedar Rapids	IA	13:53	00:43:08.64
780	1225/1665	168/237	474	Tracey Snyder	F	40	North Liberty	IA	13:53	00:43:09.90
781	1226/1665	185/260	466	Shelby Serbousek	F	30	Fairfax	IA	13:54	00:43:13.86
782	1230/1665	99/149	2054	Chris Davis	F	59	Cedar Rapids	IA	13:58	00:43:25.18
783	1231/1665	100/149	2160	Siiri Sloat	F	59	Burlington	IA	13:59	00:43:29.38
784	1232/1665	26/34	2162	Susy Southwick	F	62	North Liberty	IA	14:00	00:43:31.39
785	1233/1665	27/34	1415	Deborah Mahoney	F	63	Marion	IA	14:00	00:43:31.92
786	1234/1665	186/260	1426	Christen Taylor	F	37	Marion	IA	14:00	00:43:32.31
787	1235/1665	130/196	2067	Ellie Lentz	F	13	Coggon	IA	14:01	00:43:33.12
788	1236/1665	187/260	2068	Lindsay Lentz	F	34	Coggon	IA	14:01	00:43:34.14
789	1239/1665	101/149	2066	Mary Kruse	F	58	Robins	IA	14:01	00:43:34.93
790	1242/1665	131/196	117	Maggie Miskimen	F	14	Fairfax	IA	14:02	00:43:37.52
791	1243/1665	132/196	2609	Casey Misikmen	F	8	Fairfax	IA	14:02	00:43:37.64
792	1244/1665	169/237	1458	Jenni Walters	F	42	Peosta	IA	14:02	00:43:37.78
793	1247/1665	170/228	1801	Mckenna Nw Weldon	F	20	Cedar Rapids	IA	14:03	00:43:41.79
794	1250/1665	171/228	739	Brittany Rinehart	F	23	Cedar Rapids	IA	14:07	00:43:52.77
795	1251/1665	172/228	511	Andrea Hawes	F	29	Fairfax	IA	14:08	00:43:56.15
796	1252/1665	133/196	2226	Shalee Gonzalez	F	17	Cedar Rapids	IA	14:09	00:43:58.24
797	1253/1665	134/196	1325	Ella Cunningham	F	10	Cedar Rapids	IA	14:09	00:43:58.39
798	1254/1665	173/228	456	Isabel Neff	F	20	Cedar Rapids	IA	14:13	00:44:10.39
799	1255/1665	102/149	1758	Angie Kindig	F	51	Cedar Rapids	IA	14:15	00:44:17.35
800	1256/1665	135/196	2055	Libby Miller	F	19	Cedar Rapids	IA	14:17	00:44:25.39

Especially For You Race Against Breast Cancer

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5K Run

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
801	1258/1665	188/260	338	Abigail Rustioni	F	32	Iowa City	IA	14:19	00:44:30.39
802	1259/1665	136/196	422	Lizzy Hawkes	F	10	Cedar Rapids	IA	14:20	00:44:32.79
803	1260/1665	170/237	421	Jojo Hawkes	F	48	Cedar Rapids	IA	14:20	00:44:34.77
804	1262/1665	103/149	984	Monica Fergus	F	50	Cedar Rapids	IA	14:21	00:44:37.18
805	1264/1665	171/237	308	Fawn Vozenilek	F	45	Cedar Rapids	IA	14:24	00:44:45.39
806	1265/1665	189/260	1759	Gina Kuehn	F	36	Cedar Rapids	IA	14:28	00:44:58.68
807	1266/1665	190/260	1537	Anna O'connor	F	39	Cedar Rapids	IA	14:28	00:44:58.89
808	1267/1665	191/260	1730	Charisa Timmins	F	31	Iowa City	IA	14:30	00:45:04.85
809	1269/1665	104/149	1171	Robin Elliott	F	55	Cedar Rapids	IA	14:30	00:45:05.61
810	1270/1665	172/237	1580	Diane Miller	F	45	Walford	IA	14:31	00:45:06.39
811	1271/1665	137/196	1604	Victoria Weeks	F	16	Walford	IA	14:32	00:45:10.27
812	1272/1665	138/196	1092	Quincy Chihak	F	16	Mount Vernon	IA	14:34	00:45:16.77
813	1273/1665	173/237	1091	Candace Chihak	F	47	Mount Vernon	IA	14:34	00:45:17.57
814	1274/1665	105/149	971	Michelle Ajram	F	52	Cedar Rapids	IA	14:35	00:45:18.99
815	1275/1665	174/228	2041	Rae Kinkead	F	28	Central City	IA	14:37	00:45:26.68
816	1276/1665	106/149	2043	Joni Kinkead	F	57	Alburnett	IA	14:37	00:45:27.55
817	1277/1665	174/237	1396	Melissa Mickelson	F	49	North Liberty	IA	14:38	00:45:30.60
818	1279/1665	175/237	612	Hollie Braid	F	42	Marion	IA	14:39	00:45:32.14
819	1280/1665	139/196	1875	Symone Cullar	F	12	Center Point	IA	14:39	00:45:33.22
820	1281/1665	107/149	1513	Joanne Radeke	F	57	Keystone	IA	14:40	00:45:34.25
821	1282/1665	108/149	1310	Kim Bachman	F	54	Marion	IA	14:43	00:45:44.83
822	1283/1665	109/149	1313	Chris Rebora	F	56	Glen Ellyn	IL	14:43	00:45:45.18
823	1284/1665	192/260	514	Christina Johnson	F	36	Cedar Rapids	IA	14:45	00:45:52.11
824	1286/1665	193/260	1144	Amanda Carson	F	33	Anamosa	IA	14:47	00:45:56.77
825	1287/1665	194/260	1145	Nikki Robson	F	34	Marion	IA	14:47	00:45:56.93
826	1288/1665	110/149	1877	Joyce Wyckoff	F	59	Center Pointe	IA	14:47	00:45:58.14
827	1290/1665	195/260	605	Emily Doolittle	F	30	Cedar Rapids	IA	14:50	00:46:06.43
828	1291/1665	176/237	289	Cathy Lopez	F	42	Cedar Rapids	IA	14:54	00:46:18.89
829	1292/1665	177/237	288	Shelly Davidson	F	47	Hiawatha	IA	14:54	00:46:19.11
830	1293/1665	196/260	770	Whitney Schreder	F	30	Lisbon	IA	14:57	00:46:27.15
831	1294/1665	197/260	2189	Lisa Sparrow	F	31	Cedar Rapids	IA	14:57	00:46:27.24
832	1295/1665	175/228	1953	Megan Dee	F	27	Cedar Rapids	IA	14:57	00:46:27.43
833	1296/1665	140/196	769	Kaylie Kelchen	F	10	Lisbon	IA	14:57	00:46:27.84
834	1298/1665	178/237	251	Suzanne Carney	F	47	Hiawatha	IA	15:00	00:46:37.17
835	1299/1665	111/149	1742	Donna Sanders	F	55	Cedar Rapids	IA	15:01	00:46:41.44
836	1300/1665	179/237	2131	Michele Zahradnik	F	45	Marion	IA	15:02	00:46:45.10
837	1301/1665	180/237	2124	Nicole Green	F	41	Marion	IA	15:02	00:46:45.10
838	1302/1665	2/3	1335	Monica Kuda	F	99	Cedar Rapids	IA	15:05	00:46:54.31
839	1304/1665	181/237	1821	Holly Langer	F	40	Marion	IA	15:06	00:46:56.43
840	1307/1665	112/149	1322	Peggy Jordan	F	50	Swisher	IA	15:08	00:47:03.41
841	1308/1665	176/228	1323	Tarah Jordan	F	24	Swisher	IA	15:08	00:47:03.43
842	1309/1665	141/196	317	Bailey Wolf	F	13	Cedar Rapids	IA	15:09	00:47:06.17
843	1310/1665	142/196	316	Aubrey Wolf	F	10	Cedar Rapids	IA	15:10	00:47:09.10
844	1312/1665	198/260	1862	Heather Chappell	F	34	Marion	IA	15:12	00:47:14.13
845	1313/1665	143/196	1863	Raegan Chappell	F	6	Marion	IA	15:12	00:47:14.13
846	1315/1665	182/237	1032	Deb Cross	F	46	Swisher	IA	15:17	00:47:29.64
847	1316/1665	144/196	1029	Chloe Borst	F	10	Olin	IA	15:17	00:47:29.64
848	1317/1665	199/260	1030	Jenny Borst	F	37	Olin	IA	15:17	00:47:29.94
849	1318/1665	200/260	1963	Jennifer McMurrin	F	39	Hazleton	IA	15:17	00:47:30.43
850	1320/1665	183/237	629	Jeannette Fauchier	F	40	Ely	IA	15:28	00:48:05.48

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
851	1321/1665	201/260	631	Christene Langmann	F	39	Coggon	IA	15:28	00:48:05.48
852	1322/1665	184/237	976	Brooke Dewolf	F	47	Cedar Rapids	IA	15:29	00:48:06.62
853	1323/1665	202/260	2152	Liz Birdsley	F	31	Cedar Rapids	IA	15:29	00:48:09.32
854	1324/1665	113/149	2206	Susan Weller	F	59	Central City	IA	15:30	00:48:11.38
855	1325/1665	28/34	2618	Chris Lanphere	F	64	Swisher	IA	15:33	00:48:20.62
856	1326/1665	29/34	772	Becky Hass	F	63	Cedar Rapids	IA	15:37	00:48:31.90
857	1327/1665	177/228	773	Katie Hass	F	29	Cedar Rapids	IA	15:37	00:48:32.92
858	1328/1665	185/237	2610	Kim Gordon	F	46	Marion	IA	15:41	00:48:46.10
859	1329/1665	178/228	2611	Kelsey Portwine	F	21	Marion	IA	15:42	00:48:46.90
860	1330/1665	203/260	1285	Staci Russell	F	30	Coralville	IA	15:42	00:48:47.19
861	1332/1665	114/149	2228	Marilyn Gerhold	F	54	Atkins	IA	15:42	00:48:48.32
862	1333/1665	115/149	2177	Kathy Hawes	F	57	Cedar Rapids	IA	15:44	00:48:55.19
863	1335/1665	179/228	193	Megan Meier	F	22	Coralville	IA	15:51	00:49:16.65
864	1336/1665	180/228	191	Amanda Jacobson	F	24	North Liberty	IA	15:51	00:49:16.70
865	1337/1665	204/260	604	Stacy Craft	F	31	Cedar Rapids	IA	15:53	00:49:23.43
866	1338/1665	181/228	603	Andrea Castek	F	25	Hiawatha	IA	15:53	00:49:23.43
867	1339/1665	186/237	2118	Tammi Lewis	F	41	Cedar Rapids	IA	15:53	00:49:23.59
868	1340/1665	205/260	2004	Natalie Carrion	F	30	Waverly	IA	15:58	00:49:37.25
869	1341/1665	206/260	406	Aubrey Finch	F	33	Cedar Rapids	IA	16:13	00:50:23.40
870	1342/1665	145/196	628	Piper Yi	F	8	Marion	IA	16:18	00:50:39.13
871	1343/1665	207/260	614	Alisha Fishwild	F	39	Marion	IA	16:18	00:50:40.90
872	1344/1665	146/196	754	Heather Stultz	F	17	Cedar Rapids	IA	16:22	00:50:53.59
873	1345/1665	147/196	751	Stephanie Clore	F	17	Cedar Rapids	IA	16:23	00:50:54.40
874	1346/1665	148/196	1810	Isabel Hogg	F	16	Cedar Rapids	IA	16:26	00:51:04.19
875	1347/1665	149/196	1818	Mekela Spence	F	16	Cedar Rapids	IA	16:26	00:51:04.34
876	1348/1665	208/260	1974	Kristyn Schulte	F	36	Amana	IA	16:28	00:51:09.82
877	1349/1665	150/196	1975	Kyla Schulte	F	8	Amana	IA	16:28	00:51:09.94
878	1350/1665	151/196	1423	Lexi Stadler	F	10	North Liberty	IA	16:30	00:51:16.32
879	1351/1665	209/260	1499	Nicole Havlicek	F	34	Cedar Rapids	IA	16:30	00:51:18.36
880	1352/1665	152/196	539	Stella Barnhill	F	4	Cedar Rapids	IA	16:33	00:51:25.67
881	1354/1665	153/196	536	Brookelyn Barnhill	F	10	Cedar Rapids	IA	16:33	00:51:26.77
882	1355/1665	187/237	540	Penny Clark	F	47	Cedar Rapids	IA	16:33	00:51:28.00
883	1356/1665	116/149	566	Laura Sutter	F	56	Manchester	IA	16:36	00:51:37.46
884	1357/1665	117/149	743	Mary Ronnenberg	F	51	Cedar Rapids	IA	16:37	00:51:39.11
885	1358/1665	188/237	199	Shelly Cassill	F	49	Newhall	IA	16:38	00:51:41.35
886	1359/1665	154/196	202	Crystal Waters	F	19	Newhall	IA	16:38	00:51:41.69
887	1360/1665	210/260	734	Heather Dunfee	F	33	Cedar Rapids	IA	16:39	00:51:45.80
888	1361/1665	211/260	733	Amber Doyle	F	37	Cedar Rapids	IA	16:39	00:51:46.40
889	1362/1665	189/237	1484	Kimberly Jones	F	44	Orland Park	IL	16:40	00:51:48.00
890	1365/1665	118/149	1465	Wanda Edwards	F	51	Cedar Rapids	IA	16:47	00:52:11.44
891	1367/1665	182/228	478	Carly Taylor	F	24	Cedar Rapids	IA	16:48	00:52:14.84
892	1368/1665	212/260	1069	Melissa Greiner	F	34	North Liberty	IA	16:50	00:52:20.13
893	1369/1665	213/260	671	Hannah Bazal	F	33	Cedar Rapids	IA	16:54	00:52:33.34
894	1370/1665	183/228	1835	Megan Peterson	F	27	North Liberty	IA	16:57	00:52:41.55
895	1371/1665	190/237	1369	Stephanie Boesenberg	F	43	Cedar Rapids	IA	17:00	00:52:50.65
896	1373/1665	155/196	1485	Shea Jones	F	14	Orland Park	IL	17:01	00:52:52.74
897	1375/1665	214/260	891	Laurel Davis	F	30	Cedar Rapids	IA	17:05	00:53:04.90
898	1376/1665	156/196	522	Nora McGowan	F	10	Hiawatha	IA	17:06	00:53:08.46
899	1377/1665	191/237	174	Katie McGowan	F	41	Hiawatha	IA	17:07	00:53:11.10
900	1378/1665	157/196	2071	Madeline O'shea	F	17	Robins	IA	17:09	00:53:20.20

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
901	1379/1665	215/260	2254	Kimberly Lawrence	F	35	Central City	IA	17:12	00:53:28.15
902	1380/1665	119/149	1500	Denise Engen	F	51	Central City	IA	17:12	00:53:28.94
903	1381/1665	120/149	172	Anne Malecek	F	53	Marion	IA	17:16	00:53:41.27
904	1382/1665	184/228	166	Alisha Dvorak	F	23	Cedar Rapids	IA	17:16	00:53:41.64
905	1383/1665	185/228	592	Melissa Noe	F	25	Marion	IA	17:19	00:53:48.77
906	1385/1665	186/228	1188	Jennie Voss	F	22	Ryan	IA	17:24	00:54:04.39
907	1386/1665	158/196	1189	Joanna Voss	F	15	Ryan	IA	17:24	00:54:04.59
908	1387/1665	192/237	652	Jody Shaw	F	46	Atkins	IA	17:33	00:54:34.34
909	1388/1665	159/196	653	Skyler Shaw	F	15	Atkins	IA	17:33	00:54:34.55
910	1389/1665	187/228	479	Nicole Tygart	F	23	Cedar Rapids	IA	17:36	00:54:41.25
911	1390/1665	188/228	457	Miranda Neff	F	23	Cedar Rapids	IA	17:36	00:54:41.41
912	1392/1665	216/260	1173	Megan Kirby	F	32	Laporte City	IA	17:45	00:55:11.66
913	1394/1665	193/237	1169	Daria Deevy	F	46	Walker	IA	17:45	00:55:11.91
914	1395/1665	217/260	1414	Jennifer Jenn	F	36	North Liberty	IA	17:49	00:55:22.76
915	1396/1665	218/260	2756	Amanda Merta	F	34	Cedar Rapids	IA	17:49	00:55:23.70
916	1397/1665	194/237	259	Jodi Becker	F	46	Cedar Rapids	IA	17:49	00:55:23.80
917	1400/1665	195/237	1042	Annalisa Grant	F	40	Cedar Rapids	IA	17:53	00:55:35.56
918	1401/1665	196/237	1041	Shanna Cooper	F	41	Cedar Rapids	IA	17:54	00:55:37.16
919	1403/1665	160/196	2281	Carly Steenrod	F	14	Cedar Rapids	IA	17:59	00:55:53.82
920	1404/1665	189/228	416	Kristin Hanneman	F	28	Cedar Rapids	IA	18:06	00:56:15.64
921	1405/1665	190/228	161	Jennifer Newendorp	F	28	Kalona	IA	18:12	00:56:35.81
922	1406/1665	121/149	2077	Melanie Carlson	F	56	Coralville	IA	18:16	00:56:46.43
923	1407/1665	191/228	1281	Lauren Mclaughlin	F	27	Coralville	IA	18:16	00:56:47.33
924	1408/1665	197/237	1045	Amy Hansen	F	41	Center Point	IA	18:16	00:56:47.66
925	1409/1665	122/149	14	Lora Zaruba	F	53	Solon	IA	18:17	00:56:50.70
926	1411/1665	161/196	1373	Katie Feldkamp	F	17	Solon	IA	18:22	00:57:05.95
927	1412/1665	219/260	1599	Jess Stauffer	F	30	Swisher	IA	18:24	00:57:10.13
928	1413/1665	220/260	1886	Michelle Meyers	F	38	Marion	IA	18:25	00:57:14.41
929	1416/1665	198/237	2134	Teresa Williams	F	42	Marion	IA	18:38	00:57:54.88
930	1417/1665	162/196	788	Abby Feldmann	F	14	Cedar Rapids	IA	18:38	00:57:56.41
931	1418/1665	163/196	1181	Kira Vaske	F	17	Manchester	IA	18:41	00:58:05.20
932	1419/1665	192/228	1183	Nichole Vaske	F	24	Manchester	IA	18:41	00:58:05.84
933	1420/1665	221/260	677	Kara Krueger	F	39	Atkins	IA	18:43	00:58:09.35
934	1421/1665	123/149	1182	Natalie Vaske	F	50	Manchester	IA	18:44	00:58:13.59
935	1422/1665	222/260	1180	Nicole Vaske	F	31	Manchester	IA	18:44	00:58:13.95
936	1423/1665	193/228	145	Keri Taylor	F	27	Cedar Rapids	IA	18:46	00:58:19.29
937	1424/1665	223/260	144	Molly Schuett	F	34	Marion	IA	18:46	00:58:19.33
938	1426/1665	224/260	1728	Kristen Temple	F	31	Cedar Rapids	IA	18:51	00:58:34.64
939	1429/1665	164/196	1678	Ally Harris	F	12	Cedar Rapids	IA	18:57	00:58:53.92
940	1430/1665	165/196	1679	Sydney Harris	F	15	Cedar Rapids	IA	18:57	00:58:54.65
941	1431/1665	166/196	873	Allison Vander Zee	F	9	Cedar Rapids	IA	18:58	00:58:56.67
942	1434/1665	124/149	405	Tami Fiala	F	52	Cedar Rapids	IA	19:03	00:59:12.16
943	1435/1665	125/149	382	Kathryn Burd	F	56	North Liberty	IA	19:03	00:59:12.17
944	1436/1665	167/196	790	Alexis Harre	F	16	Hiawatha	IA	19:07	00:59:26.24
945	1437/1665	194/228	1978	Abby Youngblut	F	25	Marion	IA	19:15	00:59:48.70
946	1438/1665	195/228	1977	Jena Jones	F	27	Marion	IA	19:15	00:59:48.81
947	1439/1665	196/228	175	Caitlyn Miller	F	26	Monticello	IA	19:27	01:00:28.95
948	1440/1665	225/260	819	Melissa Merrifield	F	36	Cedar Rapids	IA	19:29	01:00:35.12
949	1441/1665	226/260	1534	Melissa Barker	F	35	Springville	IA	19:32	01:00:41.95
950	1442/1665	168/196	1533	Hensley Barker	F	5	Springville	IA	19:32	01:00:42.41

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
951	1443/1665	199/237	1605	Amy Westphal	F	42	Ely	IA	19:36	01:00:53.86
952	1444/1665	169/196	1606	Jaymeson Westphal	F	13	Ely	IA	19:36	01:00:55.23
953	1445/1665	197/228	2702	Elizabeth Hoffmann	F	25	Cedar Rapids	IA	19:41	01:01:11.50
954	1446/1665	126/149	567	Bev Juhl	F	52	Marion	IA	19:49	01:01:35.22
955	1447/1665	127/149	619	Liz Mayfield	F	57	Cedar Rapids	IA	19:49	01:01:36.92
956	1452/1665	170/196	2259	Zoe Ceynar	F	17	Cedar Rapids	IA	19:54	01:01:51.15
957	1453/1665	171/196	1554	Marissa Bixby	F	16	Cedar Rapids	IA	19:54	01:01:51.17
958	1454/1665	198/228	923	Dakota Nelsen	F	23	Cedar Rapids	IA	19:56	01:01:57.21
959	1455/1665	200/237	1809	Tammy Fox	F	49	Cedar Rapids	IA	19:58	01:02:02.56
960	1456/1665	199/228	1861	Amber Grimm	F	21	Cedar Rapids	IA	19:59	01:02:05.42
961	1457/1665	201/237	1328	Kelly Panoch	F	41	Cedar Rapids	IA	19:59	01:02:06.62
962	1458/1665	172/196	1329	Maggie Panoch	F	5	Cedar Rapids	IA	20:00	01:02:08.42
963	1462/1665	173/196	538	Olivia Barnhill	F	15	Cedar Rapids	IA	20:21	01:03:16.21
964	1463/1665	3/3	425	Elly Holubar	F	99	Cedar Rapids	IA	20:23	01:03:22.93
965	1464/1665	200/228	424	Ashley Holubar	F	22	Cedar Rapids	IA	20:24	01:03:24.71
966	1465/1665	227/260	294	Jaime Bentley	F	39	Mount Vernon	IA	20:25	01:03:29.14
967	1466/1665	202/237	1715	Christine Gerdes	F	45	Fairfax	IA	20:27	01:03:32.50
968	1467/1665	3/4	247	Betty Sheets	F	73	Cedar Rapids	IA	20:30	01:03:44.67
969	1468/1665	30/34	889	Mary Burnett	F	66	Marion	IA	20:32	01:03:49.81
970	1469/1665	228/260	964	Nadiya Baumhover	F	32	Tiffin	IA	20:32	01:03:50.82
971	1470/1665	174/196	1908	Sasha Zelenski	F	16	Burlington	IA	20:32	01:03:50.82
972	1471/1665	128/149	67	Caryn Farmer	F	53	Wyoming	IA	20:35	01:04:00.17
973	1472/1665	229/260	68	Stephanie Miller	F	34	Wyoming	IA	20:36	01:04:00.39
974	1473/1665	203/237	830	Holly Bailey	F	46	Cedar Rapids	IA	20:38	01:04:06.91
975	1474/1665	204/237	831	Shannon Mcpherson	F	45	Cedar Rapids	IA	20:38	01:04:07.52
976	1475/1665	205/237	1675	Roxanne Buck	F	45	Cedar Rapids	IA	20:38	01:04:08.74
977	1476/1665	230/260	459	Kelly Ondracek	F	37	Cedar Rapids	IA	20:41	01:04:16.42
978	1479/1665	129/149	360	Janelle Moellers	F	52	Marshalltown	IA	20:49	01:04:42.31
979	1481/1665	175/196	352	Gracelynn Frahm	F	6	Cedar Rapids	IA	20:49	01:04:42.48
980	1482/1665	201/228	1397	Stacy Mickelson	F	25	Cedar Rapids	IA	20:51	01:04:47.39
981	1483/1665	202/228	1647	Kayla Kremer	F	28	Toddville	IA	20:58	01:05:08.84
982	1485/1665	231/260	1547	Brianna Wilson	F	36	Marion	IA	20:59	01:05:11.96
983	1487/1665	232/260	355	Kristin Frahm	F	32	Cedar Rapids	IA	21:02	01:05:21.33
984	1488/1665	130/149	351	Deann Cundiff	F	54	Pocahontas	IA	21:02	01:05:22.16
985	1489/1665	131/149	357	Mary Hass	F	55	Marshalltown	IA	21:02	01:05:22.36
986	1492/1665	203/228	242	Hilary Hershner	F	26	Cedar Rapids	IA	21:03	01:05:25.59
987	1493/1665	31/34	241	Marta Hershner	F	61	Cedar Rapids	IA	21:03	01:05:26.61
988	1495/1665	233/260	2713	Hope Konrad	F	33	Cedar Rapids	IA	21:04	01:05:28.65
989	1496/1665	234/260	1670	Heather Anderegg	F	39	Cedar Rapids	IA	21:04	01:05:28.71
990	1498/1665	235/260	529	Jen Schinstock	F	35	Marion	IA	21:04	01:05:29.46
991	1499/1665	176/196	1669	Ella Anderegg	F	10	Cedar Rapids	IA	21:04	01:05:29.67
992	1500/1665	236/260	1635	Tracy Conrad	F	39	Cedar Rapids	IA	21:06	01:05:33.97
993	1501/1665	206/237	865	Patricia Ehlers	F	42	Cedar Rapids	IA	21:07	01:05:38.20
994	1504/1665	204/228	263	Megan Goodall	F	28	Cedar Rapids	IA	21:13	01:05:57.71
995	1506/1665	207/237	2100	Winnie Zieser	F	45	Marion	IA	21:15	01:06:02.12
996	1507/1665	177/196	1897	Savannah Black	F	11	Cedar Rapids	IA	21:15	01:06:03.96
997	1509/1665	208/237	1898	Tarol Black	F	48	Cedar Rapids	IA	21:16	01:06:05.60
998	1510/1665	205/228	1752	Julie Rohrsen	F	22	Cedar Rapids	IA	21:16	01:06:07.63
999	1511/1665	178/196	2616	Margie Clow	F	17	Cedar Rapids	IA	21:18	01:06:11.51
1000	1513/1665	206/228	2020	Christina Dose	F	26	Cedar Rapids	IA	21:18	01:06:12.99

Especially For You Race Against Breast Cancer

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5K Run

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1001	1514/1665	207/228	243	Meredith Hershner	F	28	Cedar Rapids	IA	21:21	01:06:21.21
1002	1515/1665	208/228	246	Kirsty Sanchez	F	28	Cedar Rapids	IA	21:21	01:06:21.41
1003	1518/1665	237/260	208	Addie Ketelsen	F	32	Marion	IA	21:27	01:06:41.46
1004	1519/1665	209/237	747	Cheryl Kamman	F	47	Marion	IA	21:30	01:06:49.33
1005	1520/1665	210/237	745	Wanda Hughes	F	41	Robins	IA	21:30	01:06:49.95
1006	1521/1665	179/196	746	Cassidy Kamman	F	14	Marion	IA	21:30	01:06:50.71
1007	1522/1665	238/260	1356	Shaunna Morgan	F	39	Cedar Rapids	IA	21:34	01:07:02.57
1008	1524/1665	211/237	778	Nicole Lee	F	41	Cedar Rapids	IA	21:39	01:07:16.44
1009	1525/1665	209/228	1734	Kelly Drake	F	26	Cedar Rapids	IA	21:40	01:07:20.31
1010	1528/1665	210/228	1023	Lacey Hadden	F	29	Cedar Rapids	IA	21:44	01:07:34.47
1011	1529/1665	132/149	1900	Jane Burroughs	F	58	Cedar Rapids	IA	21:46	01:07:37.96
1012	1530/1665	212/237	2213	Sara Koch	F	48	Cedar Rapids	IA	21:48	01:07:46.93
1013	1531/1665	133/149	179	Marla Tonn	F	54	Swisher	IA	21:55	01:08:06.33
1014	1532/1665	213/237	169	Laura Greif	F	49	Hiawatha	IA	21:55	01:08:06.47
1015	1533/1665	180/196	1571	Emma Keiper	F	11	Walford	IA	21:55	01:08:06.95
1016	1534/1665	181/196	1572	Lauren Keiper	F	11	Walford	IA	21:55	01:08:07.35
1017	1535/1665	214/237	1570	Becky Keiper	F	44	Walford	IA	21:55	01:08:07.55
1018	1537/1665	239/260	1780	Josie Muller	F	33	Cedar Rapids	IA	22:04	01:08:36.49
1019	1538/1665	134/149	607	Stacy Murphy	F	52	Shellsburg	IA	22:06	01:08:40.34
1020	1539/1665	215/237	1574	Quincybears Lafrance	F	47	Des Moines	IA	22:10	01:08:52.56
1021	1540/1665	216/237	1333	Larisa Bickel	F	45	Cedar Rapids	IA	22:12	01:08:58.61
1022	1541/1665	240/260	1468	Lindsay Olson	F	30	Cedar Rapids	IA	22:13	01:09:04.47
1023	1542/1665	241/260	850	Tiffany Kinzenbaw	F	39	Marion	IA	22:15	01:09:09.19
1024	1543/1665	135/149	1390	Sandy Ryan	F	52	Cedar Rapids	IA	22:17	01:09:15.69
1025	1544/1665	242/260	1384	Sarah Jarrett	F	36	Cedar Rapids	IA	22:17	01:09:15.94
1026	1545/1665	211/228	1389	Jessie Ryan	F	29	Cedar Rapids	IA	22:17	01:09:15.94
1027	1546/1665	243/260	1379	Deanna Cavazos	F	33	Cedar Rapids	IA	22:17	01:09:16.38
1028	1547/1665	212/228	2757	Keli Mcsherry	F	25	Cedar Rapids	IA	22:17	01:09:16.55
1029	1550/1665	213/228	323	Alycia Lentz	F	29	Cedar Rapids	IA	22:32	01:10:00.72
1030	1551/1665	182/196	792	Mallory Mcguire	F	16	Hiawatha	IA	22:35	01:10:10.63
1031	1553/1665	136/149	2202	Lisa Persels	F	50	Tiffin	IA	22:42	01:10:31.94
1032	1554/1665	214/228	1781	Ashley Reynolds	F	23	Mount Vernon	IA	22:45	01:10:41.47
1033	1555/1665	244/260	1767	April Humphrey	F	37	Iowa City	IA	23:03	01:11:37.19
1034	1556/1665	217/237	786	Jenn Hill	F	46	Robins	IA	23:06	01:11:46.48
1035	1557/1665	137/149	244	Kathy Holmes	F	52	Cedar Rapids	IA	23:08	01:11:53.62
1036	1558/1665	245/260	1422	Patricia Sawvell	F	32	Cedar Rapids	IA	23:12	01:12:06.22
1037	1559/1665	183/196	2168	Makahla Howell	F	13	Muscatine	IA	23:14	01:12:13.62
1038	1560/1665	218/237	2167	Deb Howell	F	48	Muscatine	IA	23:15	01:12:16.94
1039	1561/1665	219/237	2154	Angie Meiers	F	48	Bennett	IA	23:15	01:12:17.28
1040	1562/1665	184/196	2153	Abby Meiers	F	13	Bennett	IA	23:16	01:12:18.49
1041	1563/1665	185/196	785	Mackenzie Hill	F	17	Robins	IA	23:23	01:12:41.44
1042	1564/1665	220/237	784	Brenda Harris	F	46	Central City	IA	23:24	01:12:42.77
1043	1565/1665	186/196	471	Taylor Skala	F	19	Cedar Rapids	IA	23:25	01:12:47.25
1044	1567/1665	187/196	470	Lauren Skala	F	14	Cedar Rapids	IA	23:25	01:12:47.45
1045	1568/1665	246/260	1081	Tiffany Kuennen	F	31	Palo	IA	23:26	01:12:50.22
1046	1569/1665	247/260	666	Andrea Stohler	F	30	Cedar Rapids	IA	23:29	01:12:58.44
1047	1570/1665	248/260	662	Amanda Breeden	F	30	Cedar Rapids	IA	23:29	01:12:58.85
1048	1573/1665	215/228	856	Shelby Halligan	F	25	Cedar Rapids	IA	23:32	01:13:07.23
1049	1574/1665	216/228	854	Stephanie Dickerson	F	24	Center Point	IA	23:32	01:13:08.87
1050	1575/1665	188/196	2011	Chelsey Lampe	F	19	Riverside	IA	23:35	01:13:19.44

Especially For You Race Against Breast Cancer

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5K Run

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1051	1576/1665	249/260	517	Corinne Krzywicki	F	32	Cedar Rapids	IA	23:36	01:13:20.47
1052	1578/1665	138/149	2010	Ann Lampe	F	53	Riverside	IA	23:36	01:13:21.39
1053	1579/1665	250/260	2172	Christina Clark	F	37	Marion	IA	23:37	01:13:25.27
1054	1581/1665	189/196	1563	Lauren Eirp	F	11	Cedar Rapids	IA	23:38	01:13:26.42
1055	1582/1665	221/237	1438	Eileen Braun	F	43	Lenexa	KS	23:39	01:13:31.31
1056	1584/1665	32/34	240	Donna Gladish	F	65	Cedar Rapids	IA	23:43	01:13:42.60
1057	1586/1665	222/237	1158	Sherry Clemence	F	49	North Liberty	IA	23:43	01:13:43.39
1058	1588/1665	251/260	238	Laurel Cruse	F	34	Cedar Rapids	IA	23:44	01:13:45.67
1059	1590/1665	223/237	331	Bernadette Gladish	F	43	Cedar Rapids	IA	23:45	01:13:49.33
1060	1591/1665	217/228	1696	Alicia Klett	F	26	Marion	IA	23:47	01:13:53.69
1061	1592/1665	190/196	2324	Emily Krall	F	14	Hiawatha	IA	23:47	01:13:55.48
1062	1593/1665	191/196	795	Ellie Pins	F	14	Hiawatha	IA	23:47	01:13:56.48
1063	1594/1665	224/237	669	Tammy Szczesniak	F	45	Marion	IA	23:49	01:14:02.35
1064	1595/1665	139/149	127	Sheryl Brehm	F	55	Van Horne	IA	23:50	01:14:04.76
1065	1596/1665	218/228	1226	Chelsea Bowden	F	27	Marion	IA	23:52	01:14:09.51
1066	1598/1665	225/237	1700	Amanda Trevino	F	40	North Liberty	IA	23:56	01:14:21.96
1067	1601/1665	219/228	608	Alysia Barger	F	27	Hiawatha	IA	24:03	01:14:43.70
1068	1602/1665	252/260	2264	Carisa Riesselman	F	32	Dakota City	IA	24:03	01:14:44.20
1069	1603/1665	226/237	434	Lana Kelsey	F	45	Cedar Rapids	IA	24:03	01:14:45.19
1070	1604/1665	192/196	435	Marisa Kelsey	F	12	Cedar Rapids	IA	24:03	01:14:45.53
1071	1606/1665	140/149	661	Virginia Mccotter	F	58	Algonquin	IL	24:18	01:15:32.69
1072	1607/1665	220/228	659	Brittany Ingoldsby	F	26	Mchenry	IL	24:19	01:15:34.37
1073	1608/1665	221/228	2622	Brittany Seyller	F	25	Cedar Rapids	IA	24:21	01:15:41.69
1074	1609/1665	193/196	176	Faith Riedesel	F	18	Cedar Rapids	IA	24:22	01:15:43.97
1075	1610/1665	141/149	1293	Cynthia Eastburn	F	59	Cedar Rapids	IA	24:24	01:15:51.14
1076	1611/1665	227/237	588	Leslie Moen	F	46	Vinton	IA	24:25	01:15:53.19
1077	1612/1665	194/196	587	Eleanor Moen	F	7	Vinton	IA	24:26	01:15:55.28
1078	1613/1665	142/149	5	Lisa Camacho	F	52	Solon	IA	24:27	01:15:59.94
1079	1616/1665	222/228	1988	Heather Wolf	F	22	Cedar Rapids	IA	24:37	01:16:30.23
1080	1620/1665	253/260	344	Kara Nordberg	F	36	Palo	IA	24:41	01:16:44.48
1081	1622/1665	228/237	712	Nikki Chapman	F	41	Cedar Rapids	IA	24:42	01:16:46.41
1082	1623/1665	254/260	1217	Kari Palmer	F	39	Marion	IA	24:45	01:16:54.45
1083	1624/1665	229/237	2653	Renea Readshaw	F	48	Cedar	IA	24:58	01:17:36.11
1084	1625/1665	255/260	2319	Michelle Ross	F	37	Cedar Rapids	IA	25:00	01:17:42.23
1085	1626/1665	143/149	1450	Jayne O'brien	F	52	Dubuque	IA	25:02	01:17:46.73
1086	1628/1665	256/260	1447	Erin Ellerbach	F	36	Dubuque	IA	25:03	01:17:51.95
1087	1629/1665	230/237	1456	Sara Post	F	41	Dubuque	IA	25:04	01:17:53.98
1088	1630/1665	231/237	1445	Jill Dowling	F	40	Dubuque	IA	25:05	01:17:58.39
1089	1631/1665	257/260	643	Amanda Lower	F	37	Iowa City	IA	25:05	01:17:58.98
1090	1632/1665	33/34	1448	Julie Ellerbach	F	61	Dubuque	IA	25:06	01:17:59.49
1091	1634/1665	258/260	1498	Michelle Beyer	F	31	Cedar Rapids	IA	25:06	01:17:59.64
1092	1635/1665	144/149	1433	Robin Squires	F	51	Center Point	IA	25:20	01:18:43.65
1093	1636/1665	145/149	1432	Jerry Squires	F	55	Center Point	IA	25:20	01:18:44.89
1094	1637/1665	146/149	602	Judy Goldberg	F	52	Cedar Rapids	IA	25:28	01:19:08.98
1095	1638/1665	147/149	1339	Andrea Rowland	F	53	Cedar Rapids	IA	25:29	01:19:12.91
1096	1639/1665	232/237	148	Camilla Martin	F	48	Marion	IA	25:32	01:19:20.00
1097	1640/1665	4/4	2237	Carolyn Dahlem	F	72	Cedar Rapids	IA	25:41	01:19:50.90
1098	1641/1665	223/228	651	Malinda Sammons	F	27	Coralville	IA	25:42	01:19:52.98
1099	1642/1665	148/149	414	Sonja Hadenfeldt	F	51	Fairfax	IA	25:42	01:19:52.98
1100	1643/1665	233/237	1097	Colleen Jensen	F	48	Dunkerton	IA	25:45	01:20:01.23

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1101	1644/1665	195/196	125	Rose Daum	F	19	Cedar Rapids	IA	26:03	01:20:58.20
1102	1645/1665	259/260	26	Jennifer Howell	F	34	Cedar Rapids	IA	26:03	01:20:58.90
1103	1646/1665	34/34	27	Kathy Howell	F	63	Cedar Rapids	IA	26:04	01:20:59.96
1104	1647/1665	196/196	1233	Molly Light	F	11	Cedar Rapids	IA	26:06	01:21:05.93
1105	1648/1665	234/237	1232	Melanie Light	F	45	Cedar Rapids	IA	26:06	01:21:07.17
1106	1650/1665	224/228	1829	Amy Stuckey	F	28	Cedar Rapids	IA	26:20	01:21:49.13
1107	1651/1665	225/228	1160	Jacqueline Lavelly	F	28	Iowa City	IA	26:20	01:21:49.23
1108	1653/1665	235/237	1161	Lee Lintz	F	48	North Liberty	IA	26:22	01:21:57.31
1109	1654/1665	149/149	2081	Becky Kopp	F	59	Marion	IA	26:27	01:22:11.95
1110	1656/1665	226/228	836	Meredith Runge	F	27	Cedar Rapids	IA	26:41	01:22:55.30
1111	1658/1665	236/237	1631	Jill Mcgarvey	F	46	Cedar Rapids	IA	26:46	01:23:11.21
1112	1659/1665	227/228	837	Haley Young	F	26	Marion	IA	26:52	01:23:29.97
1113	1663/1665	228/228	2063	Amber Garbers	F	23	Cedar Rapids	IA	28:00	01:27:02.37
1114	1664/1665	260/260	829	Gloria Ahlhelm	F	39	Cedar Rapids	IA	28:28	01:28:28.24
1115	1665/1665	237/237	313	Jean Everhart	F	47	Cedar Rapids	IA	28:43	01:29:13.75

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1	1/1665	1/3	390	Adam Condit	M	33	Cedar Rapids	IA	4:54	00:15:15.56
2	2/1665	2/3	345	Michael Nordberg	M	35	Palo	IA	5:12	00:16:10.83
3	3/1665	3/3	2615	Ian Hoover-Grinde	M	18	Cedar Rapids	IA	5:23	00:16:43.77
4	4/1665	1/109	1377	Chris Legore	M	32	Marion	IA	5:29	00:17:02.86
5	5/1665	2/109	2317	Cary Richey	M	38	Cedar Rapids	IA	5:29	00:17:04.00
6	6/1665	3/109	824	Zach Schmit	M	32	Cedar Rapids	IA	5:34	00:17:20.70
7	7/1665	4/109	845	Andrew Schramm	M	32	Marion	IA	5:37	00:17:29.83
8	8/1665	1/92	2708	Kameron Winsor	M	27	Cedar Rapids	IA	5:49	00:18:04.86
9	9/1665	1/148	2113	Khory Nobles	M	15	Cedar Rapids	IA	5:53	00:18:17.88
10	10/1665	1/115	1866	Louis Pelsang	M	42	Iowa City	IA	5:57	00:18:31.31
11	11/1665	5/109	1279	Jon Fitch	M	30	Cedar Rapids	IA	6:03	00:18:50.78
12	12/1665	1/61	1865	James Pelsang	M	51	Iowa City	IA	6:05	00:18:56.26
13	13/1665	2/92	600	Andrew Wharton	M	25	Minneapolis	MN	6:06	00:19:00.12
14	14/1665	6/109	1770	Gavin Wright	M	32	North Liberty	IA	6:07	00:19:00.54
15	15/1665	7/109	518	Stephen Krzywicki	M	36	Cedar Rapids	IA	6:15	00:19:25.50
16	16/1665	8/109	56	Wes Hilleshiem	M	38	Cedar Rapids	IA	6:16	00:19:28.84
17	17/1665	2/115	2114	Joshua Mullin	M	47	Cedar Rapids	IA	6:16	00:19:29.77
18	18/1665	9/109	248	Drew Vogel	M	30	Cedar Rapids	IA	6:18	00:19:34.68
19	19/1665	10/109	1240	Colin Sullivan	M	30	Cedar Rapids	IA	6:18	00:19:35.64
20	20/1665	3/92	1486	Ben Moews	M	25	Iowa City	IA	6:22	00:19:48.63
21	21/1665	2/148	1495	William Stecker	M	15	Cedar Rapids	IA	6:22	00:19:49.89
22	22/1665	3/148	1626	Ben Mcguire	M	16	Mount Vernon	IA	6:24	00:19:54.32
23	23/1665	11/109	187	Cliff Rudzki	M	31	Marion	IA	6:25	00:19:58.19
24	24/1665	12/109	550	Shawn Engels	M	34	Tipton	IA	6:26	00:19:59.81
25	25/1665	4/148	464	Zach Schmidt	M	16	Cedar Rapids	IA	6:29	00:20:11.39
26	26/1665	4/92	1996	Eric Feldkamp	M	24	Robins	IA	6:31	00:20:14.85
27	27/1665	5/92	2667	Evan Couch	M	20	Cedar Rapids	IA	6:31	00:20:15.34
28	28/1665	5/148	684	Zach Grant	M	16	Cedar Rapids	IA	6:31	00:20:15.64
29	29/1665	13/109	526	Chris Nims	M	39	Robins	IA	6:32	00:20:20.32
30	30/1665	6/92	190	Justin Schultes	M	28	Cedar Rapids	IA	6:33	00:20:22.91
31	31/1665	7/92	1965	Aj Johnson	M	28	Coralville	IA	6:33	00:20:22.95
32	33/1665	3/115	1150	Pete Goedken	M	45	Cedar Rapids	IA	6:38	00:20:38.40
33	34/1665	6/148	2314	Joe Sullivan	M	16	Marion	IA	6:42	00:20:51.18
34	35/1665	7/148	908	Keegan Kolbet	M	17	Manchester	IA	6:43	00:20:53.83
35	38/1665	8/92	1230	Justin Krogmann	M	29	Marion	IA	6:47	00:21:05.84
36	39/1665	9/92	1286	John Brehm	M	26	Mt Vernon	IA	6:49	00:21:11.34
37	41/1665	14/109	1214	Nathan Kelley	M	32	Marion	IA	6:49	00:21:13.29
38	43/1665	2/61	2249	Eric Lockwood	M	55	Marion	IA	6:53	00:21:23.67
39	45/1665	8/148	2022	Nick Mautino	M	14	Cedar Rapids	IA	6:54	00:21:26.72
40	46/1665	15/109	1889	Amos Werderman	M	37	Cedar Rapids	IA	6:57	00:21:36.46
41	47/1665	9/148	2665	Luka Jones	M	14	Cedar Rapids	IA	6:58	00:21:40.70
42	48/1665	10/92	480	Spenser Vandevordee	M	26	Cedar Rapids	IA	7:01	00:21:50.11
43	49/1665	16/109	728	Eduardo Celis	M	39	Cedar Rapids	IA	7:03	00:21:55.17
44	50/1665	17/109	966	Eduardo Celis	M	39	Cedar Rapids	IA	7:03	00:21:55.17
45	51/1665	10/148	2714	Nolan Djerf	M	13	Cedar Rapids	IA	7:04	00:21:57.59
46	52/1665	18/109	1687	Joshua Stoos	M	34	Ely	IA	7:04	00:21:58.77
47	53/1665	19/109	329	Nic O'malley	M	32	Marion	IA	7:04	00:21:59.22
48	54/1665	4/115	884	John Koch	M	41	St. Louis Park	MN	7:04	00:22:00.10
49	55/1665	3/61	2267	Tom Loch	M	59	Dubuque	IA	7:05	00:22:00.81
50	56/1665	11/148	155	Tate Weaver	M	16	Cedar Rapids	IA	7:05	00:22:02.84

Especially For You Race Against Breast Cancer

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5K Run

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
51	58/1665	11/92	1620	Drew Stieglmeyer	M	27	Cedar Rapids	IA	7:07	00:22:06.84
52	60/1665	5/115	611	Brian Braid	M	47	Marion	IA	7:07	00:22:07.92
53	63/1665	6/115	685	John Scroggins	M	45	Cedar Rapids	IA	7:08	00:22:12.77
54	64/1665	1/19	2083	Shawn Steil	M	63	Cedar Rapids	IA	7:11	00:22:19.48
55	65/1665	20/109	2051	Adam Burden	M	38	Solon	IA	7:11	00:22:21.93
56	66/1665	7/115	1151	Chris Meyer	M	45	Cedar Rapids	IA	7:12	00:22:22.32
57	67/1665	12/148	866	Alexander Mackin	M	13	Hiawatha	IA	7:12	00:22:23.53
58	69/1665	13/148	979	Jack Dewolf	M	17	Cedar Rapids	IA	7:15	00:22:31.59
59	71/1665	21/109	1156	Pete Angus	M	33	Ankeny	IA	7:16	00:22:35.92
60	72/1665	12/92	167	Brandon Dvorak	M	27	Cedar Rapids	IA	7:16	00:22:35.99
61	75/1665	22/109	1439	Roy Kolden	M	39	Marion	IA	7:17	00:22:39.89
62	78/1665	23/109	321	Marlon Pineda	M	36	Cedar Rapids	IA	7:18	00:22:41.95
63	80/1665	14/148	398	Ty Costigan	M	14	Cedar Rapids	IA	7:19	00:22:45.34
64	81/1665	13/92	2743	Matthew Swenson	M	20	Cedar Rapids	IA	7:19	00:22:45.51
65	82/1665	8/115	1750	Mike Gassmann	M	47	Marion	IA	7:20	00:22:48.73
66	86/1665	24/109	1856	Andy Lang	M	35	Cedar Rapids	IA	7:25	00:23:02.64
67	88/1665	4/61	21	John Robe	M	51	Cedar Rapids	IA	7:25	00:23:02.96
68	89/1665	14/92	401	Cameron Doolady	M	27	Cedar Rapids	IA	7:25	00:23:04.56
69	90/1665	15/92	1204	Chris Handke	M	28	Cedar Rapids	IA	7:26	00:23:08.61
70	91/1665	15/148	1428	Gavin Watson	M	13	Cedar Rapids	IA	7:27	00:23:08.83
71	93/1665	9/115	1585	Tom Randall	M	45	Cedar Rapids	IA	7:27	00:23:08.97
72	94/1665	16/148	1046	Gabriel Hansen	M	13	Center Point	IA	7:27	00:23:09.14
73	95/1665	5/61	2166	Steve Lorenz	M	50	Swisher	IA	7:27	00:23:10.26
74	96/1665	16/92	1162	Matt Lintz	M	22	North Liberty	IA	7:27	00:23:10.66
75	97/1665	17/92	302	Alex Gansen	M	28	North Liberty	IA	7:28	00:23:13.29
76	100/1665	10/115	1172	Mark Gonsoski	M	48	Marion	IA	7:30	00:23:18.19
77	101/1665	17/148	386	Calvin Chadima	M	15	Cedar Rapids	IA	7:30	00:23:18.89
78	103/1665	18/92	350	Clayton Besong	M	28	Cedar Rapids	IA	7:30	00:23:19.98
79	104/1665	18/148	1104	Spencer Davis	M	16	Robins	IA	7:30	00:23:20.83
80	105/1665	25/109	1005	Mark Wehr	M	38	Fairfax	IA	7:31	00:23:21.59
81	106/1665	19/148	1489	Jacob Moews	M	16	Indianola	IA	7:31	00:23:23.85
82	107/1665	11/115	1174	Jeff Kleinman	M	46	Fairfax	IA	7:32	00:23:25.50
83	109/1665	19/92	2169	Kevin Barry	M	26	Cedar Rapids	IA	7:33	00:23:30.54
84	112/1665	20/148	472	Gerard Smith	M	14	Cedar Rapids	IA	7:36	00:23:37.29
85	113/1665	26/109	937	Eric Foley	M	35	Cedar Rapids	IA	7:36	00:23:38.31
86	114/1665	27/109	1121	Brad Mohwinkle	M	35	Cedar Rapids	IA	7:37	00:23:42.11
87	116/1665	12/115	2300	Matt Geissinger	M	42	Cedar Rapids,	IA	7:37	00:23:42.78
88	118/1665	13/115	883	Dan Koch	M	46	Osseo	MN	7:38	00:23:43.82
89	119/1665	6/61	683	Ron Grant	M	55	Cedar Rapids	IA	7:38	00:23:44.60
90	124/1665	20/92	2749	Daniel Finnegan	M	28	Cedar Rapids	IA	7:39	00:23:47.85
91	125/1665	21/92	1937	Ryan Gingrich	M	23	Cedar Rapids	IA	7:41	00:23:52.97
92	126/1665	21/148	719	Jacob Spurrell	M	19	Cedar Rapids	IA	7:41	00:23:53.35
93	127/1665	22/92	330	Jon Schobilgen	M	27	Cedar Rapids	IA	7:41	00:23:53.64
94	129/1665	23/92	221	Johnathan Fay	M	26	Cedar Rapids	IA	7:41	00:23:55.35
95	130/1665	22/148	90	Hunter Johnson	M	18	Solon	IA	7:42	00:23:56.60
96	131/1665	23/148	97	Logan Viktora	M	19	Fairfax	IA	7:42	00:23:57.35
97	132/1665	24/148	91	Tj Johnson	M	17	Cedar Rapids	IA	7:42	00:23:57.64
98	133/1665	24/92	641	Dylan Hadenfeldt	M	27	Coralville	IA	7:43	00:24:01.60
99	134/1665	25/148	506	Bryce Grissom	M	12	Cedar Rapids	IA	7:44	00:24:04.51
100	135/1665	26/148	1044	Adam Hansen	M	15	Center Point	IA	7:45	00:24:04.83

Especially For You Race Against Breast Cancer

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5K Run

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
101	137/1665	25/92	595	Jim Plourde	M	29	North Liberty	IA	7:46	00:24:07.99
102	138/1665	27/148	2078	Jacob Butler	M	15	Manchester	IA	7:46	00:24:08.26
103	139/1665	28/148	2231	Brandon Crow	M	17	Ames	IA	7:46	00:24:08.78
104	141/1665	29/148	465	Jordan Schroeder	M	14	Cedar Rapids	IA	7:46	00:24:09.39
105	142/1665	26/92	1291	Jensen Connor	M	26	Des Moines	IA	7:46	00:24:09.88
106	143/1665	27/92	188	Kyle Rudzki	M	29	Oak Park	IL	7:47	00:24:11.82
107	144/1665	7/61	1003	Scott Shelton	M	58	Cedar Rapids	IA	7:47	00:24:12.89
108	147/1665	28/92	1881	Ethan Saunders	M	26	North Liberty	IA	7:49	00:24:17.85
109	151/1665	30/148	1216	Justin Manternach	M	17	Mount Vernon	IA	7:51	00:24:24.84
110	153/1665	14/115	493	Tim Cahill	M	49	Lisbon	IA	7:52	00:24:26.85
111	155/1665	29/92	1124	Alex Riniker	M	28	Marion	IA	7:52	00:24:27.76
112	159/1665	28/109	1273	Cesar Vazquez	M	39	Cedar Rapids	IA	7:54	00:24:33.14
113	161/1665	15/115	363	Chad Kellogg	M	41	Marion	IA	7:54	00:24:34.35
114	162/1665	29/109	1155	Hayder Salehoglu	M	30	Cedar Rapids	IA	7:55	00:24:37.23
115	164/1665	8/61	397	Kevin Costigan	M	56	Cedar Rapids	IA	7:56	00:24:39.34
116	165/1665	30/92	1228	Kyle Maley	M	25	Cedar Rapids	IA	7:56	00:24:41.10
117	167/1665	31/148	475	Ryan Stallman	M	16	Cedar Rapids	IA	7:57	00:24:43.35
118	168/1665	31/92	2291	Travis Johnson	M	26	Marion	IA	7:57	00:24:44.12
119	169/1665	30/109	647	Joel Ridgway	M	32	Atkins	IA	7:57	00:24:44.38
120	172/1665	16/115	900	Dawayn Babb	M	48	Cedar Rapids	IA	7:58	00:24:47.35
121	174/1665	32/148	77	Samuel Gingrich	M	17	Cedar Rapids	IA	7:59	00:24:49.26
122	177/1665	33/148	2116	Kyle Lewis	M	13	Cedar Rapids	IA	8:00	00:24:52.24
123	180/1665	17/115	1850	Christopher Shakespeare	M	40	Center Point	IA	8:01	00:24:55.60
124	181/1665	18/115	2271	Sam Bergus	M	42	Cedar Rapids	IA	8:01	00:24:55.78
125	183/1665	34/148	1531	Luke Sunner	M	10	Cedar Rapids	IA	8:02	00:24:58.10
126	184/1665	31/109	555	Tyson Morio	M	36	Hiawatha	IA	8:02	00:24:59.10
127	185/1665	35/148	2619	Zach Keane	M	12	Marion	IA	8:03	00:25:01.20
128	189/1665	32/92	2238	Jon Watson	M	24	Cedar Rapids	IA	8:03	00:25:03.64
129	190/1665	36/148	290	Jake Lopez	M	13	Cedar Rapids	IA	8:04	00:25:06.50
130	191/1665	19/115	2745	Joshua Rodriguez	M	42	Cedar Rapids	IA	8:05	00:25:08.10
131	192/1665	33/92	842	Kye Murphy	M	29	Iowa City	IA	8:05	00:25:08.36
132	193/1665	20/115	1501	William Christianson	M	47	Cedar Rapids	IA	8:06	00:25:10.78
133	194/1665	32/109	948	Paul Wittkowski	M	37	Cedar Rapids	IA	8:06	00:25:12.21
134	200/1665	21/115	2759	William Payne	M	45	Cedar Rapids	IA	8:09	00:25:20.52
135	201/1665	34/92	895	Hassan Selim	M	28	Cedar Rapids	IA	8:09	00:25:21.55
136	202/1665	35/92	2312	Colton Desmarais	M	27	Cedar Rapids	IA	8:10	00:25:23.10
137	204/1665	37/148	2115	Evan Lewis	M	9	Cedar Rapids	IA	8:11	00:25:27.14
138	206/1665	33/109	1010	Ryan Chizek	M	30	North Liberty	IA	8:11	00:25:28.14
139	210/1665	22/115	1492	Aaron Stecker	M	45	Cedar Rapids	IA	8:12	00:25:30.71
140	211/1665	23/115	697	Tom Kehoe	M	47	Cedar Rapids	IA	8:13	00:25:32.64
141	214/1665	1/3	2285	Tom Kirkwood	M	73	Dyersville	IA	8:15	00:25:38.60
142	215/1665	2/19	689	Jay Wiebold	M	60	Cedar Rapids	IA	8:15	00:25:39.14
143	220/1665	24/115	774	Paul Reid	M	47	Cedar Rapids	IA	8:17	00:25:46.77
144	222/1665	25/115	848	Terry Sullivan	M	48	Marion	IA	8:19	00:25:51.60
145	224/1665	36/92	636	Lane Boyer	M	26	North Liberty	IA	8:19	00:25:52.15
146	225/1665	26/115	217	Vincent Asige	M	41	Cedar Rapids	IA	8:19	00:25:52.82
147	226/1665	34/109	1107	Matthew Eichmeyer	M	35	Cedar Rapids	IA	8:21	00:25:56.68
148	227/1665	38/148	473	Marcel Smith	M	13	Cedar Rapids	IA	8:21	00:25:57.29
149	230/1665	39/148	1250	Zachary Fisher	M	14	Cedar Rapids	IA	8:22	00:26:00.53
150	233/1665	9/61	1203	Keith Feldkamp	M	53	Robins	IA	8:23	00:26:05.40

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5K Run

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
151	235/1665	40/148	1655	Marcus Ricklefs	M	10	Atkins	IA	8:26	00:26:13.51
152	239/1665	35/109	911	Kevin Meller	M	35	Riverside	IA	8:27	00:26:18.19
153	242/1665	37/92	2075	Jared Adam	M	26	North Liberty	IA	8:29	00:26:23.68
154	246/1665	27/115	1657	Robert Ricklefs	M	42	Atkins	IA	8:30	00:26:26.13
155	247/1665	41/148	1532	Wyatt Vlasek	M	10	Cedar Rapids	IA	8:30	00:26:26.50
156	248/1665	42/148	1529	Tyler Lee	M	11	Cedar Rapids	IA	8:30	00:26:26.50
157	252/1665	43/148	2065	Nolan Thompson	M	15	Marion	IA	8:31	00:26:28.37
158	253/1665	36/109	1093	Jon Forde	M	35	Marion	IA	8:31	00:26:28.77
159	254/1665	44/148	942	Chase Watkinson	M	7	Cedar Rapids	IA	8:31	00:26:29.90
160	255/1665	37/109	946	Tyler Watkinson	M	35	Cedar Rapids	IA	8:31	00:26:30.15
161	256/1665	28/115	989	Matt Hidlebaugh	M	47	Marion	IA	8:31	00:26:30.59
162	258/1665	45/148	266	Ethan Hong	M	18	Milan	IL	8:32	00:26:31.35
163	259/1665	29/115	1880	Tim Cernin	M	47	Bettendorf	IA	8:32	00:26:32.10
164	261/1665	46/148	658	Zach Fall	M	12	Lisbon	IA	8:32	00:26:32.22
165	262/1665	10/61	1059	Randy Bachman	M	59	Hiawatha	IA	8:32	00:26:33.83
166	265/1665	38/109	76	Christopher Frampton	M	31	Cedar Rapids	IA	8:34	00:26:38.64
167	266/1665	30/115	881	Thomas Appel	M	45	Marion	IA	8:34	00:26:39.10
168	271/1665	39/109	2316	Kristen Marion	M	39	Cedar Rapids	IA	8:35	00:26:41.36
169	273/1665	31/115	2315	Josh Hendryx	M	40	Cedar Rapids	IA	8:35	00:26:41.56
170	274/1665	47/148	270	Isaac Scott	M	14	Cedar Rapids	IA	8:36	00:26:43.97
171	276/1665	48/148	1241	Matthew Behnke	M	15	Cedar Rapids	IA	8:38	00:26:50.85
172	277/1665	49/148	1718	Nickolas Henry	M	11	Cedar Rapids	IA	8:38	00:26:50.86
173	278/1665	50/148	38	Brody Hoffmann	M	12	Hiawatha	IA	8:39	00:26:53.10
174	279/1665	51/148	35	Ryan Cater	M	11	Cedar Rapids	IA	8:39	00:26:55.20
175	280/1665	52/148	1665	Ethan Williams	M	14	Cedar Rapids	IA	8:39	00:26:55.41
176	281/1665	40/109	2764	James Brewer	M	39	Cedar Rapids	IA	8:40	00:26:56.35
177	282/1665	53/148	42	Will Kluesner	M	11	Hiawatha	IA	8:40	00:26:58.35
178	290/1665	11/61	586	Tom Mcdonald	M	52	Marion	IA	8:44	00:27:08.90
179	291/1665	41/109	882	Jc Cunningham	M	32	Cedar Rapids	IA	8:44	00:27:09.64
180	293/1665	38/92	1243	Casey Dirks	M	24	Cedar Rapids	IA	8:45	00:27:12.48
181	294/1665	32/115	1842	Parrish Copeland	M	48	Cedar Rapids	IA	8:45	00:27:12.59
182	295/1665	54/148	1869	Sean Bryant	M	17	Cedar Rapids	IA	8:45	00:27:13.99
183	296/1665	42/109	229	Jeff Walters	M	31	Cedar Rapids	IA	8:46	00:27:15.40
184	298/1665	43/109	226	Jerry Michel	M	36	Cedar Rapids	IA	8:47	00:27:18.80
185	301/1665	55/148	2736	Luke Steffen	M	11	Cedar Rapids	IA	8:47	00:27:20.22
186	306/1665	33/115	564	Shawn Reed	M	44	Iowa City	IA	8:48	00:27:22.66
187	308/1665	34/115	1949	Allen Sanders	M	47	Cedar Rapids	IA	8:49	00:27:26.59
188	310/1665	3/19	1077	Dan Tucker	M	65	Cedar Rapids	IA	8:50	00:27:28.75
189	311/1665	12/61	1920	Chuck Kempker	M	56	Fort Madison	IA	8:50	00:27:28.82
190	313/1665	44/109	2084	Matthew White	M	38	Cedar Rapids	IA	8:50	00:27:29.15
191	317/1665	35/115	1609	Ryan Ohrt	M	45	Cedar Rapids	IA	8:52	00:27:34.50
192	319/1665	39/92	1244	Caleb Terry	M	24	Cedar Rapids	IA	8:53	00:27:36.73
193	321/1665	4/19	2685	Pat Hagerty	M	60	Chicago	IL	8:53	00:27:37.85
194	322/1665	40/92	886	Tj Oleson	M	21	Cedar Rapids	IA	8:53	00:27:38.53
195	324/1665	45/109	227	Chad Reedich	M	36	Cedar Rapids	IA	8:54	00:27:39.14
196	325/1665	46/109	224	Bill Brown	M	38	Cedar Rapids	IA	8:54	00:27:39.36
197	328/1665	36/115	701	Gerald Phipps	M	40	Cedar Rapids	IA	8:54	00:27:39.78
198	329/1665	56/148	1999	Ivan Thomas	M	13	Cedar Rapids	IA	8:54	00:27:41.15
199	330/1665	37/115	1793	Christopher Rice	M	42	Coralville	IA	8:54	00:27:41.60
200	332/1665	47/109	483	Terry Yin	M	31	Cedar Rapids	IA	8:55	00:27:44.36

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
201	334/1665	41/92	2323	Terence Travagiakis	M	27	Cedar Rapids	IA	8:55	00:27:44.43
202	338/1665	57/148	843	Aidan Spurgetis	M	13	Cedar Rapids	IA	8:56	00:27:47.27
203	339/1665	58/148	154	Reece Weaver	M	19	Cedar Rapids	IA	8:57	00:27:48.90
204	340/1665	38/115	1290	Terry Prier	M	44	Marion	IA	8:57	00:27:48.96
205	341/1665	48/109	1593	Jeff Schroeder	M	34	O Fallon	MO	8:57	00:27:49.11
206	346/1665	39/115	748	Chris Kamman	M	48	Marion	IA	8:58	00:27:53.60
207	349/1665	59/148	2762	Carlo Dannenfesler	M	15	Cedar Rapids	IA	8:58	00:27:54.39
208	350/1665	40/115	857	Damon Bowman	M	41	Robins	IA	8:59	00:27:56.40
209	352/1665	41/115	1771	Keith Bison	M	47	Palo	IA	8:59	00:27:57.64
210	354/1665	60/148	1103	Seth Davis	M	15	Robins	IA	9:00	00:27:58.51
211	355/1665	42/115	93	Brent Reade	M	40	Muscatine	IA	9:00	00:27:59.66
212	359/1665	49/109	1235	Bret Slife	M	33	Cedar Rapids	IA	9:01	00:28:02.17
213	360/1665	42/92	1709	Matthew Hepworth	M	29	Cedar Rapids	IA	9:01	00:28:02.90
214	362/1665	61/148	1772	Jake Bisson	M	17	Palo	IA	9:02	00:28:04.64
215	363/1665	43/115	103	Jeff Jaeger	M	44	North Liberty	IA	9:02	00:28:04.75
216	364/1665	43/92	1541	Jacob Kray	M	28	Cedar Rapids	IA	9:03	00:28:07.78
217	365/1665	44/92	1418	Michael Noble	M	28	Cedar Rapids	IA	9:03	00:28:08.88
218	366/1665	62/148	2625	Seth Countryman	M	9	Anamosa	IA	9:03	00:28:09.10
219	369/1665	45/92	1431	Sam Weller	M	29	North Liberty	IA	9:05	00:28:15.36
220	370/1665	50/109	582	Logan Forney	M	38	Cedar Rapids	IA	9:05	00:28:15.82
221	372/1665	63/148	826	Owen Sieren	M	9	Robins	IA	9:06	00:28:16.52
222	374/1665	46/92	2621	Jason Gingrich	M	21	Cedar Rapids	IA	9:06	00:28:17.33
223	380/1665	44/115	17	Dennis Fratella	M	41	Cedar Rapids	IA	9:08	00:28:22.78
224	385/1665	64/148	2099	Eston Mcalpin	M	12	North Liberty	IA	9:08	00:28:24.10
225	387/1665	45/115	2057	Jeff Ingalls	M	44	Iowa City	IA	9:08	00:28:25.40
226	393/1665	46/115	2624	Shawn Countryman	M	43	Anamosa	IA	9:09	00:28:28.35
227	396/1665	13/61	30	Rick Kullander	M	54	Cedar Rapids	IA	9:10	00:28:30.73
228	402/1665	65/148	418	Aiden Harris	M	12	Cedar Rapids	IA	9:11	00:28:34.36
229	408/1665	47/115	1774	Eric Bradshaw	M	41	Lena	IL	9:12	00:28:37.63
230	412/1665	51/109	1652	Ryan Parnow	M	38	Marion	IA	9:14	00:28:41.71
231	417/1665	52/109	1608	Chad Moore	M	35	Cedar Rapids	IA	9:14	00:28:43.12
232	418/1665	47/92	598	Mark Schacht li	M	25	Coralville	IA	9:14	00:28:43.76
233	421/1665	66/148	1201	Connor Alt	M	14	Cedar Rapids	IA	9:15	00:28:45.40
234	422/1665	53/109	691	Junior Coker	M	36	Cedar Rapids	IA	9:15	00:28:45.96
235	424/1665	48/115	1098	Shawn Steffen	M	47	Atkins	IA	9:15	00:28:47.15
236	427/1665	48/92	1404	Clifford Burleson	M	24	Iowa City	IA	9:16	00:28:49.28
237	429/1665	54/109	2217	Ryne Edwards	M	30	Cedar Rapids	IA	9:16	00:28:49.62
238	430/1665	49/115	1430	Matt Watson	M	41	Cedar Rapids	IA	9:16	00:28:49.86
239	432/1665	67/148	375	Jack Baetsle	M	17	Cedar Rapids	IA	9:17	00:28:52.52
240	434/1665	14/61	2158	Matt Nagle	M	54	Cedar Rapids	IA	9:17	00:28:53.31
241	439/1665	15/61	2027	Kirk Archer	M	50	Cedar Rapids	IA	9:20	00:29:00.27
242	448/1665	68/148	496	Colton Carver	M	10	Cedar Rapids	IA	9:20	00:29:02.86
243	449/1665	69/148	657	Tyler Fall	M	14	Lisbon	IA	9:21	00:29:04.87
244	450/1665	70/148	2106	Gunnar Moen	M	12	Vinton	IA	9:22	00:29:08.48
245	452/1665	50/115	1206	Josh Holland	M	41	Cedar Rapids	IA	9:23	00:29:11.86
246	453/1665	51/115	542	Kerry Patrick	M	41	Cedar Rapids	IA	9:24	00:29:12.61
247	455/1665	71/148	101	Ben Jaeger	M	16	North Liberty	IA	9:24	00:29:13.65
248	458/1665	72/148	2223	Tanner Sanders	M	13	Cedar Rapids	IA	9:24	00:29:14.15
249	460/1665	55/109	1400	Daniel Allen	M	39	North Liberty	IA	9:25	00:29:16.55
250	461/1665	73/148	273	Trevor Scott	M	11	Cedar Rapids	IA	9:25	00:29:16.62

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
251	464/1665	74/148	1351	Zach Fischels	M	19	Independence	IA	9:25	00:29:17.77
252	466/1665	49/92	2279	Nick Simmons	M	27	Marion	IA	9:26	00:29:18.57
253	468/1665	56/109	62	Ryan Neuhaus	M	30	Hiawatha	IA	9:26	00:29:20.49
254	469/1665	75/148	1778	Brayden Mccomb	M	7	Cedar Rapids	IA	9:26	00:29:21.61
255	476/1665	50/92	197	Jeremy Cassil	M	20	Newhall	IA	9:28	00:29:27.38
256	479/1665	76/148	1905	Chase Rippel	M	12	Vinton	IA	9:29	00:29:29.78
257	482/1665	16/61	2290	Chris Luken	M	50	Cedar Rapids	IA	9:31	00:29:35.31
258	483/1665	52/115	182	James Cook	M	47	Cedar Rapids	IA	9:31	00:29:36.71
259	484/1665	17/61	1518	Rob Wagner	M	54	North Liberty	IA	9:33	00:29:40.77
260	493/1665	51/92	1348	Ryan Brown	M	25	Cedar Rapids	IA	9:35	00:29:49.15
261	495/1665	53/115	2119	John Carr	M	44	Marion	IA	9:36	00:29:50.33
262	498/1665	18/61	1761	Jon Sickelka	M	57	Cedar Rapids	IA	9:36	00:29:52.12
263	500/1665	54/115	879	Chad Kepros	M	45	North Liberty	IA	9:37	00:29:54.77
264	501/1665	55/115	1661	Bob Schmitt	M	45	Marion	IA	9:38	00:29:56.15
265	504/1665	56/115	656	Tim Fall	M	46	Lisbon	IA	9:38	00:29:56.61
266	508/1665	19/61	1976	William Kiesel	M	50	Cedar Rapids	IA	9:38	00:29:58.15
267	509/1665	77/148	1102	Sam Davis	M	11	Robins	IA	9:38	00:29:58.36
268	510/1665	57/115	620	Brad McGowan	M	42	Vinton	IA	9:38	00:29:58.84
269	516/1665	20/61	367	Mickey Alsager	M	58	Cedar Rapids	IA	9:40	00:30:03.10
270	521/1665	58/115	2090	Anthony Wild	M	48	North Liberty	IA	9:41	00:30:06.61
271	522/1665	57/109	407	Lance Finch	M	37	Fairfax	IA	9:41	00:30:06.65
272	524/1665	5/19	1812	Joe Houtz	M	62	Cedar Rapids	IA	9:43	00:30:11.62
273	525/1665	59/115	1202	Jason Alt	M	41	Cedar Rapids	IA	9:43	00:30:11.83
274	529/1665	60/115	760	Frank Baker	M	48	Vinton	IA	9:45	00:30:17.73
275	533/1665	52/92	1420	Vincent Pantaleo	M	26	Cedar Rapids	IA	9:45	00:30:19.99
276	534/1665	78/148	87	Conrad Braswell	M	15	Cedar Rapids	IA	9:45	00:30:20.11
277	537/1665	58/109	758	Josh Linebaugh	M	37	Cedar Rapids	IA	9:46	00:30:23.22
278	538/1665	53/92	1398	Zachary Mickelson	M	25	Cedar Rapids	IA	9:47	00:30:24.67
279	539/1665	59/109	686	Adam Steele	M	32	Norway	IA	9:47	00:30:25.47
280	540/1665	61/115	1259	Scott Sanders	M	44	Cedar Rapids	IA	9:47	00:30:25.70
281	542/1665	60/109	1261	Guillermo Aguilar	M	38	Cedar Rapids	IA	9:47	00:30:26.86
282	544/1665	6/19	2005	Ruben Carrion	M	60	Waverly	IA	9:48	00:30:27.93
283	545/1665	54/92	1192	Tyler Kent	M	24	Hiawatha	IA	9:48	00:30:28.94
284	546/1665	62/115	523	Paul Meeker	M	40	Marion	IA	9:49	00:30:30.35
285	547/1665	61/109	430	Zach Keeran	M	34	Fairfax	IA	9:49	00:30:31.56
286	548/1665	21/61	741	Gus Ronnenberg	M	50	Cedar Rapids	IA	9:49	00:30:32.77
287	554/1665	22/61	1731	Dave Balvin	M	58	Cedar Rapids	IA	9:50	00:30:35.90
288	555/1665	62/109	2039	John Kassie	M	35	Center Point	IA	9:51	00:30:37.86
289	557/1665	55/92	2222	Orion Deaton	M	25	Marion	IA	9:52	00:30:39.49
290	561/1665	23/61	1154	Mitch Porter	M	54	Cedar Rapids	IA	9:52	00:30:42.11
291	568/1665	63/109	51	Jeremy Brown	M	32	Brandon	IA	9:55	00:30:49.36
292	569/1665	24/61	1380	John Ernst	M	52	Swisher	IA	9:55	00:30:50.40
293	578/1665	25/61	766	Philip Roudabush	M	52	North Liberty	IA	9:57	00:30:55.53
294	579/1665	26/61	765	Todd Erickson	M	55	North Liberty	IA	9:57	00:30:55.65
295	581/1665	64/109	502	Luke Feldermann	M	38	Lisbon	IA	9:57	00:30:57.54
296	592/1665	65/109	23	Reid Desotel	M	31	Cedar Rapids	IA	9:59	00:31:03.85
297	605/1665	79/148	574	Nathan Bretz	M	17	North Liberty	IA	10:03	00:31:14.81
298	609/1665	63/115	783	Matt Collins	M	47	Cedar Rapids	IA	10:03	00:31:15.91
299	617/1665	64/115	1594	Brad Skriver	M	43	Walford	IA	10:07	00:31:26.60
300	619/1665	66/109	1212	Ryan Hesseltine	M	37	North Liberty	IA	10:07	00:31:26.65

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
301	622/1665	27/61	737	Marc Lundgren	M	53	Cedar Rapids	IA	10:07	00:31:28.47
302	627/1665	80/148	88	James Fetters	M	18	Swisher	IA	10:09	00:31:34.37
303	628/1665	67/109	814	Allen Chipera	M	31	Walford	IA	10:09	00:31:34.66
304	643/1665	28/61	1883	John Lewis	M	52	Delhi	IA	10:14	00:31:49.60
305	647/1665	68/109	2007	Nick Thomas	M	30	Cedar Rapids	IA	10:14	00:31:50.65
306	650/1665	65/115	16	Trevor Hawkins	M	49	Belle Plaine	IA	10:15	00:31:51.21
307	652/1665	66/115	2760	Curt Pakkebier	M	43	Cedar Rapids	IA	10:15	00:31:52.62
308	653/1665	81/148	2761	Reid Pakkebier	M	13	Cedar Rapids	IA	10:15	00:31:52.86
309	654/1665	56/92	1634	Jeremy Burkle	M	27	Cedar Rapids	IA	10:15	00:31:52.90
310	657/1665	67/115	1014	Mike Plagge	M	46	Cedar Rapids	IA	10:16	00:31:56.15
311	663/1665	7/19	1309	Jim Clancy	M	63	Cedar Rapids	IA	10:17	00:31:59.12
312	665/1665	29/61	1362	Tom Leaverton	M	55	Cedar Rapids	IA	10:18	00:32:00.19
313	669/1665	69/109	682	Doug Deimler	M	37	Cedar Rapids	IA	10:20	00:32:09.34
314	674/1665	68/115	2262	Josh Beals	M	43	Center Point	IA	10:21	00:32:11.97
315	676/1665	82/148	286	David Bagby	M	18	Anamosa	IA	10:22	00:32:12.71
316	677/1665	69/115	198	Jay Cassill	M	47	Newhall	IA	10:22	00:32:12.98
317	683/1665	83/148	1196	Brian Steinmetz	M	13	Victor	IA	10:23	00:32:17.26
318	688/1665	8/19	1982	Chuck Lemme	M	64	Cedar Rapids	IA	10:25	00:32:22.16
319	700/1665	30/61	1542	John Kurtz	M	54	Cedar Rapids	IA	10:28	00:32:31.36
320	704/1665	84/148	2747	Matthew Mather	M	18	Robins	IA	10:29	00:32:36.27
321	709/1665	9/19	276	Steve Swenson	M	66	Cedar Rapids	IA	10:30	00:32:37.65
322	716/1665	85/148	2101	Gabe Franzman	M	10	Bettendorf	IA	10:32	00:32:45.59
323	717/1665	86/148	1625	Lucas Dolphin	M	12	Cedar Rapids	IA	10:32	00:32:46.19
324	725/1665	70/115	1247	Kurt Vangilder	M	42	Cedar Rapids	IA	10:34	00:32:52.84
325	726/1665	87/148	395	Tj Cook	M	13	Cedar Rapids	IA	10:35	00:32:53.48
326	728/1665	57/92	2019	Pranav Shrestha	M	28	Cedar Rapids	IA	10:35	00:32:54.47
327	730/1665	70/109	2102	Michael Franzman	M	38	Bettendorf	IA	10:35	00:32:55.49
328	731/1665	88/148	2651	Braedyn Mason	M	8	Cedar Rapids	IA	10:35	00:32:55.69
329	743/1665	89/148	977	Christian Dewolf	M	12	Cedar Rapids	IA	10:37	00:33:02.22
330	745/1665	71/115	980	Greg Dewolf	M	47	Cedar Rapids	IA	10:38	00:33:02.37
331	747/1665	90/148	1060	Everett Burr	M	6	Marion	IA	10:38	00:33:04.46
332	748/1665	71/109	1068	Craig Goldsmith	M	34	Marion	IA	10:38	00:33:04.88
333	749/1665	72/115	577	Bryan Clark	M	49	Marion	IA	10:39	00:33:06.10
334	750/1665	58/92	2211	Sundus Yousuf	M	26	Iowa City	IA	10:39	00:33:07.32
335	751/1665	59/92	2292	Zach Hanley	M	28	Cedar Rapids	IA	10:39	00:33:07.91
336	756/1665	60/92	1555	Nick Brune	M	22	Swisher	IA	10:40	00:33:11.38
337	757/1665	91/148	1918	Dylan Hoyer	M	13	Freeport	IL	10:41	00:33:11.86
338	761/1665	31/61	408	Jay Fisher	M	54	Cedar Rapids	IA	10:42	00:33:15.82
339	764/1665	72/109	2751	Adam Bernabe	M	32	North Liberty	IA	10:42	00:33:17.16
340	769/1665	32/61	1807	Matt Fox	M	50	Cedar Rapids	IA	10:43	00:33:19.96
341	774/1665	61/92	138	Josh Dunnick	M	28	Hiawatha	IA	10:44	00:33:23.16
342	777/1665	73/109	926	Matt Lode	M	37	North Liberty	IA	10:45	00:33:24.39
343	783/1665	73/115	2298	Jamie Vanberkum	M	43	Cedar Rapids	IA	10:46	00:33:29.24
344	784/1665	74/109	1644	Scott Keeney	M	36	Center Point	IA	10:46	00:33:29.41
345	787/1665	74/115	521	Kris Lamphier	M	47	Center Point	IA	10:47	00:33:30.25
346	792/1665	10/19	282	Bill Cooper	M	67	Cedar Rapids	IA	10:48	00:33:33.52
347	794/1665	75/115	96	Jim Upah	M	48	Cedar Rapids	IA	10:49	00:33:36.87
348	797/1665	92/148	150	Dylan Hart	M	17	Cedar Rapids	IA	10:49	00:33:37.61
349	798/1665	76/115	152	Richard Hart	M	46	Cedar Rapids	IA	10:49	00:33:38.21
350	812/1665	2/3	1076	Willie Sneller	M	70	Cedar Rapids	IA	10:54	00:33:53.85

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
351	821/1665	62/92	1231	Ian Leslie	M	29	West Branch	IA	10:57	00:34:02.56
352	823/1665	63/92	1143	Christian Martinez	M	25	Cedar Rapids	IA	10:57	00:34:02.87
353	826/1665	33/61	1943	John Miller	M	51	Waverly	IA	10:58	00:34:05.37
354	827/1665	75/109	1873	Mickey Weber	M	34	Clarksville	IN	10:58	00:34:05.42
355	829/1665	64/92	1638	Matthew Doubet	M	25	Cedar Rapids	IA	10:58	00:34:07.38
356	837/1665	34/61	284	Byron Tabor	M	58	Cedar Rapids	IA	11:00	00:34:13.13
357	839/1665	65/92	1567	Wes Hoyer	M	21	Swisher	IA	11:01	00:34:14.75
358	840/1665	77/115	1403	Jason Baxter	M	41	Cedar Rapids	IA	11:01	00:34:16.60
359	854/1665	11/19	1919	Jerry Cochrane	M	63	Marion	IA	11:04	00:34:24.31
360	856/1665	93/148	1530	Max Penne	M	11	Cedar Rapids	IA	11:05	00:34:27.57
361	859/1665	76/109	509	Scott Gustaveson	M	36	Cedar Rapids	IA	11:05	00:34:28.77
362	861/1665	94/148	520	Justin Lamphier	M	13	Center Point	IA	11:05	00:34:29.17
363	865/1665	77/109	713	Jody Hospodarsky	M	39	Hiawatha	IA	11:07	00:34:32.65
364	871/1665	78/115	1785	Jeff Chittick	M	47	Marion	IA	11:08	00:34:38.18
365	883/1665	35/61	1393	Eric Brandt	M	55	Cedar Rapids	IA	11:12	00:34:49.67
366	884/1665	78/109	1471	Justin Rozinek	M	35	Swisher	IA	11:12	00:34:50.17
367	887/1665	66/92	2003	Brad Lampe	M	21	Riverside	IA	11:14	00:34:56.22
368	905/1665	67/92	1282	Jeff Peckover	M	29	Coralville	IA	11:18	00:35:08.16
369	907/1665	95/148	107	Tristan Prebil	M	11	Cedar Rapids	IA	11:19	00:35:10.31
370	918/1665	79/109	113	Steve Deyo	M	39	Hiawatha	IA	11:23	00:35:24.38
371	923/1665	68/92	2030	Jesse Sims	M	26	Crowley	TX	11:25	00:35:29.37
372	930/1665	12/19	2289	Scott Nau	M	63	Cedar Rapids	IA	11:26	00:35:33.34
373	931/1665	79/115	1602	Josh Weeks	M	42	Walford	IA	11:26	00:35:33.87
374	943/1665	96/148	1925	Hayden Weber	M	10	Marion	IA	11:31	00:35:49.98
375	944/1665	13/19	1923	Lyle Theisen	M	64	Anamosa	IA	11:32	00:35:50.38
376	945/1665	80/115	2301	Marc Wallace	M	40	Marion	IA	11:32	00:35:51.87
377	946/1665	80/109	1416	Walter Mcfadden	M	32	Iowa City	IA	11:32	00:35:52.62
378	947/1665	81/109	2198	Daniel Pacheco	M	32	Cedar Rapids	IA	11:35	00:36:00.37
379	953/1665	82/109	2633	Zach Hill	M	31	Iowa City	IA	11:38	00:36:09.12
380	956/1665	36/61	341	Lowell Johnson	M	56	Cedar Rapids	IA	11:39	00:36:14.52
381	960/1665	37/61	1399	Deke Morrow	M	55	Marion	IA	11:40	00:36:16.54
382	964/1665	83/109	1406	Dexter Fisher	M	32	Cedar Rapids	IA	11:41	00:36:18.77
383	966/1665	69/92	299	John Burhite	M	28	Cedar Rapids	IA	11:42	00:36:22.61
384	967/1665	97/148	136	Alex Haggin	M	15	Marion	IA	11:43	00:36:25.88
385	968/1665	70/92	732	Dylan Cooley	M	27	Cedar Rapids	IA	11:44	00:36:28.56
386	973/1665	84/109	281	Jamie Palmer	M	34	North Liberty	IA	11:46	00:36:34.84
387	977/1665	85/109	1623	Gregory Collins	M	32	Cedar Rapids	IA	11:48	00:36:41.36
388	990/1665	71/92	1022	Ryan Gallagher	M	25	North Liberty	IA	11:54	00:37:00.45
389	1007/1665	86/109	2178	Shane Lienau	M	35	Cedar Rapids	IA	12:01	00:37:21.20
390	1009/1665	72/92	2105	Nick Eisenbacher	M	27	Cedar Rapids	IA	12:02	00:37:24.32
391	1015/1665	81/115	287	Paul Bagby	M	41	Anamosa	IA	12:04	00:37:30.62
392	1017/1665	38/61	1141	Donald Klingenberg	M	57	Cedar Rapids	IA	12:04	00:37:31.42
393	1019/1665	39/61	1474	Clint Wasendorf	M	54	Marion	IA	12:05	00:37:33.83
394	1020/1665	3/3	2140	Tom Fogle	M	70	Cedar Rapids	IA	12:06	00:37:37.34
395	1025/1665	82/115	1117	Aaron Miller	M	42	Cedar Rapids	IA	12:09	00:37:45.84
396	1026/1665	98/148	1118	Logan Miller	M	11	Cedar Rapids	IA	12:09	00:37:46.25
397	1030/1665	87/109	2302	Erick Skogman	M	36	Cedar Rapids	IA	12:09	00:37:47.88
398	1035/1665	40/61	573	Michael Bretz	M	53	North Liberty	IA	12:14	00:38:01.29
399	1036/1665	41/61	2755	Craig Gallagher	M	53	Solon	IA	12:14	00:38:01.75
400	1042/1665	83/115	2705	John Sindt	M	42	Cedar Rapids	IA	12:15	00:38:04.64

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
401	1049/1665	73/92	218	Nick Belceris	M	26	Cedar Rapids	IA	12:18	00:38:13.87
402	1051/1665	84/115	2117	Matthew Lewis	M	43	Cedar Rapids	IA	12:18	00:38:14.42
403	1054/1665	42/61	1225	Joe Pezzulo	M	51	Hollywood	FL	12:19	00:38:17.91
404	1057/1665	74/92	985	Riley Fergus	M	22	Cedar Rapids	IA	12:20	00:38:19.29
405	1061/1665	99/148	45	Bryce Sandberg	M	12	Rowley	IA	12:21	00:38:23.13
406	1064/1665	100/148	392	Dusty Cook	M	7	Cedar Rapids	IA	12:21	00:38:25.17
407	1065/1665	85/115	1506	Michael Duffy	M	47	Marion	IA	12:22	00:38:27.22
408	1067/1665	101/148	1611	Elijah Ervin	M	12	Cedar Rapids	IA	12:23	00:38:31.49
409	1069/1665	86/115	1612	Greg Ervin	M	41	Cedar Rapids	IA	12:24	00:38:31.70
410	1071/1665	102/148	1576	Charlie Long	M	7	Walford	IA	12:24	00:38:34.39
411	1074/1665	103/148	1927	Maxx Weber	M	8	Marion	IA	12:25	00:38:36.17
412	1077/1665	104/148	1197	John Steinmetz	M	14	Victor	IA	12:26	00:38:39.38
413	1078/1665	105/148	690	Jaden Coker	M	11	Cedar Rapids	IA	12:27	00:38:41.27
414	1092/1665	88/109	1306	Dan Tallman	M	32	North Liberty	IA	12:34	00:39:03.23
415	1093/1665	106/148	2704	Kobe Sindt 052	M	8	Cedar Rapids	IA	12:34	00:39:03.84
416	1095/1665	87/115	1528	Ryan Lee	M	40	Cedar Rapids	IA	12:35	00:39:08.31
417	1096/1665	107/148	391	Adam Cook	M	10	Cedar Rapids	IA	12:37	00:39:13.35
418	1108/1665	75/92	1026	Cole Swanson	M	29	Cedar Rapids	IA	12:41	00:39:26.76
419	1114/1665	108/148	1552	Kaleb Berns	M	14	Cedar Rapids	IA	12:44	00:39:35.58
420	1123/1665	76/92	1301	John Taylor	M	23	Cedar Rapids	IA	12:48	00:39:46.63
421	1129/1665	109/148	165	Trey Dervrich	M	10	Cedar Rapids	IA	12:52	00:40:01.37
422	1130/1665	88/115	810	Craig Bontty	M	47	Fairfax	IA	12:53	00:40:04.13
423	1131/1665	110/148	812	Oscar Bontty	M	8	Fairfax	IA	12:53	00:40:04.42
424	1133/1665	77/92	1867	Mitchell Matias	M	21	Marion	IA	12:56	00:40:12.13
425	1134/1665	111/148	925	Josh Lode	M	14	North Liberty	IA	12:56	00:40:12.75
426	1138/1665	89/115	2626	Bulent Cetindag	M	49	Cedar Rapids	IA	12:59	00:40:22.46
427	1142/1665	43/61	291	Augie Perez	M	51	Cedar Rapids	IA	13:01	00:40:26.64
428	1148/1665	78/92	1013	Brad Mensen	M	26	Marion	IA	13:02	00:40:31.12
429	1158/1665	112/148	1147	Nathan Mcdermott	M	12	Cedar Rapids	IA	13:09	00:40:52.32
430	1162/1665	113/148	110	Dax Dalecky	M	8	Marion	IA	13:15	00:41:12.42
431	1165/1665	90/115	1101	Jason Davis	M	46	Robins	IA	13:17	00:41:18.12
432	1169/1665	89/109	178	Chase Smith	M	31	Cedar Rapids	IA	13:21	00:41:29.51
433	1173/1665	114/148	2686	Ben Steenrod	M	10	Cedar Rapids	IA	13:24	00:41:39.65
434	1175/1665	90/109	2203	Brian Paris	M	39	Cedar Rapids	IA	13:25	00:41:42.11
435	1183/1665	14/19	2263	Steve Odegaard	M	65	Hiawatha	IA	13:32	00:42:04.84
436	1188/1665	44/61	10	Bruce Vander Sanden	M	50	Cedar Rapids	IA	13:38	00:42:21.72
437	1189/1665	115/148	11	Jake Vander Sanden	M	13	Cedar Rapids	IA	13:38	00:42:21.88
438	1202/1665	116/148	1421	Connor Rissi	M	13	Cedar Rapids	IA	13:43	00:42:37.88
439	1203/1665	79/92	1303	Quinn Wicher	M	27	Cedar Rapids	IA	13:43	00:42:38.63
440	1204/1665	117/148	47	Justin Sandberg	M	9	Rowley	IA	13:44	00:42:41.63
441	1205/1665	45/61	1165	Paul Rowland	M	58	Cedar Rapids	IA	13:44	00:42:42.17
442	1208/1665	80/92	2002	Christopher Welsh	M	24	Cedar Rapids	IA	13:45	00:42:44.52
443	1219/1665	118/148	1052	Justis Jarr	M	12	Cedar Rapids	IA	13:50	00:43:00.39
444	1220/1665	119/148	1053	Phenyx Jarr	M	8	Cedar Rapids	IA	13:50	00:43:01.20
445	1224/1665	91/109	688	Nate Whipple	M	30	Cedar Rapids	IA	13:53	00:43:08.68
446	1227/1665	46/61	396	Wayne Cook	M	54	Cedar Rapids	IA	13:55	00:43:14.86
447	1228/1665	81/92	2746	Brenton Collinsworth	M	27	Iowa City	IA	13:56	00:43:17.84
448	1229/1665	47/61	305	David Souza	M	52	Marion	IA	13:57	00:43:23.32
449	1237/1665	120/148	1839	Regan Kopecky	M	8	North Liberty	IA	14:01	00:43:34.14
450	1238/1665	91/115	1840	Shannon Kopecky	M	41	North Liberty	IA	14:01	00:43:34.18

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
451	1240/1665	92/115	1614	Lorie li Ervin	M	45	Cedar Rapids	IA	14:01	00:43:35.30
452	1241/1665	121/148	1613	Jake Ervin	M	12	Cedar Rapids	IA	14:01	00:43:35.64
453	1245/1665	93/115	1242	Rusty Behnke	M	46	Cedar Rapids	IA	14:03	00:43:40.57
454	1246/1665	48/61	1800	James Weldon	M	56	Cedar Rapids	IA	14:03	00:43:41.43
455	1248/1665	122/148	852	Dylan Kacena	M	15	Swisher	IA	14:06	00:43:50.38
456	1249/1665	82/92	742	Mark Ronnenberg	M	24	Cedar Rapids	IA	14:06	00:43:50.58
457	1257/1665	15/19	2056	Michael Miller	M	60	Cedar Rapids	IA	14:17	00:44:25.63
458	1261/1665	49/61	983	Joe Fergus	M	51	Cedar Rapids	IA	14:21	00:44:36.64
459	1263/1665	123/148	1170	Johnathan Elliott	M	13	Cedar Rapids	IA	14:22	00:44:40.84
460	1268/1665	92/109	1729	Barry Timmins	M	34	Iowa City	IA	14:30	00:45:04.97
461	1278/1665	124/148	1394	Alex Cover	M	7	Cedar Rapids	IA	14:38	00:45:30.68
462	1285/1665	125/148	530	Nicholas Schmitz	M	8	Cedar Rapids	IA	14:46	00:45:53.64
463	1289/1665	83/92	1266	Jacob Guelff	M	29	Cedar Rapids	IA	14:50	00:46:06.31
464	1297/1665	94/115	250	Rob Carney	M	49	Hiawatha	IA	15:00	00:46:36.89
465	1303/1665	126/148	1823	Jordan Langer	M	8	Marion	IA	15:06	00:46:55.52
466	1305/1665	95/115	1822	Jason Langer	M	40	Marion	IA	15:07	00:46:59.43
467	1306/1665	50/61	1321	Kurt Jordan	M	53	Swisher	IA	15:08	00:47:03.37
468	1311/1665	96/115	318	Travis Wolf	M	40	Cedar Rapids	IA	15:11	00:47:10.89
469	1314/1665	127/148	681	Aj Unash	M	13	Cedar Rapids	IA	15:15	00:47:24.89
470	1319/1665	128/148	1962	Blake Hoth	M	18	Cedar Rapids	IA	15:17	00:47:30.68
471	1331/1665	84/92	1284	Doug Russell	M	27	Coralville	IA	15:42	00:48:47.39
472	1334/1665	85/92	1253	Ryan Knapp	M	27	Cedar Rapids	IA	15:46	00:49:00.83
473	1353/1665	97/115	537	Erik Barnhill	M	40	Cedar Rapids	IA	16:33	00:51:25.86
474	1363/1665	86/92	1344	Seth Ryan	M	23	Erie	IL	16:43	00:51:56.56
475	1364/1665	87/92	1464	Dylan Edwards	M	24	Cedar Rapids	IA	16:47	00:52:11.38
476	1366/1665	98/115	1187	Jeff Voss	M	49	Ryan	IA	16:48	00:52:12.41
477	1372/1665	129/148	1368	Ryan Boesenberg	M	11	Cedar Rapids	IA	17:00	00:52:51.10
478	1374/1665	16/19	1496	Mike Vernon	M	60	Frankfort	IL	17:01	00:52:52.84
479	1384/1665	130/148	1186	Jared Voss	M	13	Ryan	IA	17:24	00:54:03.91
480	1391/1665	93/109	1109	Nick Duffy	M	35	Cedar Rapids	IA	17:43	00:55:03.66
481	1393/1665	131/148	1424	Peyton Stadler	M	12	North Liberty	IA	17:45	00:55:11.91
482	1398/1665	132/148	1040	Noah Cooper	M	12	Cedar Rapids	IA	17:52	00:55:30.91
483	1399/1665	133/148	1043	Caleb Grant	M	12	Cedar Rapids	IA	17:52	00:55:32.41
484	1402/1665	94/109	2687	Chris Steenrod	M	39	Cedar Rapids	IA	17:59	00:55:53.20
485	1410/1665	51/61	13	Bruce Zaruba	M	55	Solon	IA	18:17	00:56:50.92
486	1414/1665	99/115	1887	Shannon Meyers	M	49	Marion	IA	18:25	00:57:14.67
487	1415/1665	52/61	2133	Frank Smalley	M	54	Marion	IA	18:38	00:57:54.66
488	1425/1665	95/109	1267	Ashwet Kshirsagar	M	32	Cedar Rapids	IA	18:46	00:58:19.49
489	1427/1665	134/148	858	Jackson Bowman	M	12	Robins	IA	18:52	00:58:39.53
490	1428/1665	135/148	869	Brady Robertson	M	12	Cedar Rapids	IA	18:56	00:58:50.99
491	1432/1665	53/61	1739	Jeff Libe	M	59	Hiawatha	IA	18:58	00:58:57.90
492	1433/1665	96/109	818	Dave Merrifield	M	39	Cedar Rapids	IA	18:59	00:58:59.31
493	1448/1665	136/148	1327	Adam Panoch	M	11	Cedar Rapids	IA	19:50	01:01:40.31
494	1449/1665	137/148	1331	Ryan Panoch	M	7	Cedar Rapids	IA	19:51	01:01:41.46
495	1450/1665	138/148	1427	Garrett Watson	M	13	Cedar Rapids	IA	19:51	01:01:43.36
496	1451/1665	100/115	1553	Dave Bixby	M	44	Cedar Rapids	IA	19:54	01:01:51.13
497	1459/1665	101/115	1330	Mike Panoch	M	45	Cedar Rapids	IA	20:00	01:02:10.33
498	1460/1665	54/61	200	Craig Ross	M	52	Cedar Rapids	IA	20:05	01:02:25.62
499	1461/1665	17/19	813	Ben Brecht	M	64	Marengo	IA	20:09	01:02:36.95
500	1477/1665	102/115	379	Scott Brown	M	41	Cedar Rapids	IA	20:41	01:04:17.74

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
501	1478/1665	139/148	353	Hunter Frahm	M	13	Cedar Rapids	IA	20:47	01:04:34.50
502	1480/1665	140/148	361	John Moellers	M	9	Cedar Rapids	IA	20:49	01:04:42.47
503	1484/1665	97/109	1648	Matt Kremer	M	30	Toddville	IA	20:58	01:05:09.65
504	1486/1665	98/109	354	Jason Frahm	M	34	Cedar Rapids	IA	21:01	01:05:20.46
505	1490/1665	141/148	356	Lewis Hass	M	13	Cedar Rapids	IA	21:02	01:05:22.37
506	1491/1665	103/115	513	Mark Jaeger	M	47	Shellsburg	IA	21:03	01:05:24.93
507	1494/1665	104/115	1668	Dan Anderegg	M	46	Cedar Rapids	IA	21:04	01:05:28.44
508	1497/1665	142/148	1671	Lincoln Anderegg	M	18	Cedar Rapids	IA	21:04	01:05:29.34
509	1502/1665	105/115	1049	Mike Gassmann	M	47	Cedar Rapids	IA	21:08	01:05:41.32
510	1503/1665	88/92	264	Tyler Goodall	M	29	Cedar Rapids	IA	21:13	01:05:57.24
511	1505/1665	106/115	1359	Roger Zieser	M	47	Marion	IA	21:15	01:06:01.92
512	1508/1665	107/115	1896	Clayton Black	M	49	Cedar Rapids	IA	21:15	01:06:04.43
513	1512/1665	55/61	2617	David Grinde	M	56	Cedar Rapids	IA	21:18	01:06:12.43
514	1516/1665	89/92	1795	Joshua Sasek	M	28	Cedar Rapids	IA	21:23	01:06:28.82
515	1517/1665	108/115	1272	Benjamin Pulido	M	42	Cedar Rapids	IA	21:26	01:06:35.84
516	1523/1665	18/19	369	Steve Archibald	M	66	Cedar Rapids	IA	21:35	01:07:05.86
517	1526/1665	143/148	1931	Ryan Hughes	M	12	Robins	IA	21:40	01:07:21.21
518	1527/1665	19/19	1624	John Collins	M	62	Cedar Rapids	IA	21:43	01:07:29.71
519	1536/1665	109/115	1779	David Mcpherson	M	40	Dayton	OH	22:04	01:08:36.37
520	1548/1665	99/109	2758	Dylan Syse	M	30	Cedar Rapids	IA	22:18	01:09:17.44
521	1549/1665	100/109	324	Tim Lentz	M	32	Cedar Rapids	IA	22:32	01:10:00.72
522	1552/1665	110/115	1762	Bill Grudzinski	M	47	Anamosa	IA	22:40	01:10:25.69
523	1566/1665	90/92	404	Benjamin Fahnle	M	20	Cedar Rapids	IA	23:25	01:12:47.45
524	1571/1665	101/109	667	James Stohler	M	30	Cedar Rapids	IA	23:30	01:13:01.10
525	1572/1665	102/109	663	Daniel Breeden	M	30	Cedar Rapids	IA	23:30	01:13:01.94
526	1577/1665	56/61	2012	Dennis Lampe	M	54	Riverside	IA	23:36	01:13:20.90
527	1580/1665	103/109	2173	Joe Clark	M	38	Marion	IA	23:38	01:13:26.42
528	1583/1665	104/109	759	Matthew Parker	M	33	Cedar Rapids	IA	23:43	01:13:42.23
529	1585/1665	111/115	332	Daniel Gladish	M	40	Cedar Rapids	IA	23:43	01:13:42.60
530	1587/1665	112/115	1940	Matt Hoskins	M	45	Marion	IA	23:44	01:13:45.19
531	1589/1665	113/115	237	Bobby Cruse	M	45	Cedar Rapids	IA	23:45	01:13:48.22
532	1597/1665	57/61	1794	Lee Robinson	M	57	Cedar Rapids	IA	23:54	01:14:15.44
533	1599/1665	91/92	186	Nicholas Mullendore	M	26	Cedar Rapids	IA	24:00	01:14:35.23
534	1600/1665	105/109	622	Jordan Metzger	M	30	North Liberty	IA	24:02	01:14:42.87
535	1605/1665	106/109	660	Dave Ingoldsby	M	32	Mchenry	IL	24:11	01:15:10.10
536	1614/1665	58/61	1278	Justin Campbell	M	55	Cedar Rapids	IA	24:31	01:16:12.86
537	1615/1665	107/109	1802	Daniel Zepeda	M	34	Cedar Rapids	IA	24:33	01:16:17.85
538	1617/1665	144/148	394	Ryan Cook	M	14	Cedar Rapids	IA	24:40	01:16:38.95
539	1618/1665	59/61	1989	Jeff Bardell	M	52	Cedar Rapids	IA	24:40	01:16:39.73
540	1619/1665	60/61	1990	Greg Koenigs	M	54	Cedar Rapids	IA	24:40	01:16:41.23
541	1621/1665	145/148	343	Kale Nordberg	M	2	Palo	IA	24:42	01:16:46.41
542	1627/1665	146/148	1961	Brady Clark	M	12	Hazleton	IA	25:03	01:17:51.23
543	1633/1665	108/109	1497	Chris Beyer	M	31	Cedar Rapids	IA	25:06	01:17:59.64
544	1649/1665	109/109	1830	Cory Stuckey	M	31	Cedar Rapids	IA	26:19	01:21:47.88
545	1652/1665	61/61	1265	Lance Gouchee	M	51	Cedar Rapids	IA	26:22	01:21:55.98
546	1655/1665	114/115	833	Mark Mcknight	M	47	Franklin	TN	26:40	01:22:52.64
547	1657/1665	115/115	2209	Tony Kellis	M	43	Ames	IA	26:41	01:22:55.89
548	1660/1665	92/92	838	Tyler Young	M	26	Marion	IA	26:52	01:23:30.94
549	1661/1665	147/148	707	Dale Gavin	M	15	Cedar Rapids	IA	27:02	01:24:02.39
550	1662/1665	148/148	834	Wyatt Ransom	M	14	Cedar Rapids	IA	27:43	01:26:09.86

Especially For You Race Against Breast Cancer

October 9, 2016

5K Run

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
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