

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Overall Female

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	32/1665	1/1115	2276	Caroline See	14	F	Mt. Vernon	IA	6:34	00:20:26.13
2	36/1665	2/1115	146	Sally Wiley	33	F	Cedar Rapids	IA	6:43	00:20:54.84
3	37/1665	3/1115	2620	Lisa Neher	31	F	Cedar Rapids	IA	6:44	00:20:56.28

Male Overall Male

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	1/1665	1/550	390	Adam Condit	33	M	Cedar Rapids	IA	4:54	00:15:15.56
2	2/1665	2/550	345	Michael Nordberg	35	M	Palo	IA	5:12	00:16:10.83
3	3/1665	3/550	2615	Ian Hoover-Grinde	18	M	Cedar Rapids	IA	5:23	00:16:43.77

Female Female 01 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	57/1665	7/1115	213	Megan Meyer	14	F	Cedar Rapids	IA	7:07	00:22:06.83
2	74/1665	14/1115	173	Megan Malecek	19	F	Cedar Rapids	IA	7:17	00:22:39.59
3	85/1665	20/1115	1111	Mariah Burds	17	F	Epworth	IA	7:24	00:23:01.73
4	98/1665	23/1115	2093	Katelyn Eilders	14	F	Robins	IA	7:29	00:23:15.12
5	111/1665	28/1115	1859	Gwyneth Smith	15	F	Cedar Rapids	IA	7:34	00:23:31.55
6	115/1665	29/1115	1387	Jamie Pilarczyk	12	F	Cedar Rapids	IA	7:37	00:23:42.78
7	123/1665	34/1115	1876	Kennedy Vogt	13	F	Center Point	IA	7:39	00:23:46.87
8	152/1665	43/1115	1085	Kasey Palmer	19	F	Manchester	IA	7:51	00:24:25.85
9	158/1665	47/1115	2247	Cheyenne Crane	16	F	Cedar Rapids	IA	7:52	00:24:28.85
10	170/1665	51/1115	2266	Ashley Hageman	16	F	Cedar Rapids	IA	7:58	00:24:46.16
11	186/1665	59/1115	1849	Ella Popenhagen	14	F	Robins	IA	8:03	00:25:01.35
12	187/1665	60/1115	1870	Rilee Lansing	15	F	Cedar Rapids	IA	8:03	00:25:02.35
13	197/1665	64/1115	2648	Serena Brizard	14	F	Marion	IA	8:08	00:25:17.28
14	198/1665	65/1115	2070	Jensen O'shea	15	F	Robins	IA	8:08	00:25:17.85
15	205/1665	68/1115	625	Lauren Short	15	F	Robins	IA	8:11	00:25:27.32
16	208/1665	70/1115	212	Jaclyn Meyer	12	F	Cedar Rapids	IA	8:11	00:25:28.43
17	231/1665	82/1115	2287	Abby Kolarik	19	F	Marion	IA	8:23	00:26:04.59
18	251/1665	95/1115	2058	Madeline Ingalls	18	F	Iowa City	IA	8:31	00:26:27.96
19	257/1665	96/1115	960	Lydia Radeke	14	F	Cedar Rapids	IA	8:32	00:26:31.10
20	260/1665	97/1115	1959	Charlee Johnson	13	F	Vinton	IA	8:32	00:26:32.15
21	269/1665	102/1115	2069	Elaina Wall	15	F	Ely	IA	8:35	00:26:40.34
22	316/1665	126/1115	2304	Kareena Mcsweeny	15	F	Cedar Rapids	IA	8:52	00:27:33.24
23	327/1665	131/1115	102	Beth Jaeger	12	F	North Liberty	IA	8:54	00:27:39.77
24	347/1665	141/1115	1581	Jojo Miller	14	F	Walford	IA	8:58	00:27:53.90
25	353/1665	144/1115	864	Ayda Cook	10	F	Robins	IA	9:00	00:27:58.46
26	367/1665	149/1115	1773	Jayden Bisson	18	F	Palo	IA	9:04	00:28:12.86
27	377/1665	155/1115	1491	Sarah Moews	13	F	Indianola	IA	9:07	00:28:19.60
28	379/1665	157/1115	565	Annika Sutter	13	F	Manchester	IA	9:07	00:28:21.97
29	383/1665	160/1115	1928	Katelyn Ropp	19	F	Cedar Rapids	IA	9:08	00:28:23.35
30	390/1665	165/1115	2197	Kallie Kolthoff	13	F	Cedar Rapids	IA	9:09	00:28:26.40
31	395/1665	169/1115	909	Kinley Kolbet	15	F	Manchester	IA	9:10	00:28:29.51
32	405/1665	177/1115	749	Courtney Kamman	19	F	Marion	IA	9:12	00:28:35.99
33	407/1665	179/1115	978	Grace Dewolf	15	F	Cedar Rapids	IA	9:12	00:28:36.61
34	433/1665	194/1115	1251	Katie Flitsch	12	F	Cedar Rapids	IA	9:17	00:28:52.88

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Female 01 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
35	454/1665	208/1115	2802	Alexis Spence	11	F	Cedar Rapds	IA	9:24	00:29:13.30
36	459/1665	211/1115	945	Hannah Watkinson	13	F	Cedar Rapids	IA	9:24	00:29:15.11
37	477/1665	222/1115	1083	Mikaela Katz	19	F	Robins	IA	9:29	00:29:28.86
38	490/1665	231/1115	1337	Annabelle Attwood	10	F	Cedar Rapids	IA	9:34	00:29:45.12
39	502/1665	238/1115	1662	Bridget Schmitt	16	F	Marion	IA	9:38	00:29:56.19
40	511/1665	243/1115	1654	Hailee Ricklefs	13	F	Atkins	IA	9:39	00:29:59.26
41	512/1665	244/1115	2744	Kori Lyle	12	F	Atkins	IA	9:39	00:29:59.46
42	523/1665	252/1115	1811	Ellen Houtz	14	F	Cedar Rapids	IA	9:43	00:30:11.40
43	526/1665	253/1115	952	Jenna Danninger	17	F	Anamosa	IA	9:43	00:30:12.41
44	535/1665	259/1115	86	Blair Bell	15	F	Ely	IA	9:45	00:30:20.36
45	536/1665	260/1115	1841	Emma Copeland	16	F	Cedar Rapids	IA	9:45	00:30:20.38
46	556/1665	268/1115	794	Gabbie Meyer	17	F	Marion	IA	9:51	00:30:39.27
47	564/1665	274/1115	1257	Zoey Olson	14	F	Cedar Rapids	IA	9:53	00:30:44.12
48	574/1665	282/1115	2193	Kaylee Scheer	18	F	Robins	IA	9:56	00:30:53.86
49	584/1665	289/1115	271	Olivia Scott	12	F	Cedar Rapids	IA	9:58	00:30:58.61
50	585/1665	290/1115	2604	Meghan Wheatley	10	F	Coggon	IA	9:58	00:30:59.16
51	591/1665	296/1115	623	Sydney Short	12	F	Robins	IA	9:59	00:31:03.25
52	599/1665	303/1115	2608	Abigail Long	14	F	Cedar Rapids	IA	10:02	00:31:10.66
53	601/1665	305/1115	1312	Katie Morton	11	F	Cedar Rapids	IA	10:02	00:31:12.61
54	616/1665	318/1115	2297	Fiona Dolan	14	F	Cedar Rapids	IA	10:06	00:31:25.61
55	618/1665	319/1115	1595	Kirstin Skriver	16	F	Walford	IA	10:07	00:31:26.60
56	620/1665	320/1115	1106	Makynzie Eichmeyer	12	F	Cedar Rapids	IA	10:07	00:31:26.85
57	626/1665	325/1115	1926	Lilly Weber	12	F	Marion	IA	10:09	00:31:33.11
58	629/1665	326/1115	442	Nicole Lowe	18	F	Dysart	IA	10:09	00:31:34.73
59	633/1665	330/1115	2260	Caitlyn Beals	16	F	Center Point	IA	10:11	00:31:39.18
60	675/1665	361/1115	1289	Madison Prier	12	F	Marion	IA	10:21	00:32:12.17
61	686/1665	369/1115	700	Faith Phipps	12	F	Cedar Rapids	IA	10:24	00:32:18.86
62	689/1665	371/1115	776	Payton Wheeler	14	F	Solon	IA	10:25	00:32:24.46
63	691/1665	373/1115	777	Alexis Wheeler	14	F	Cedar Rapids	IA	10:26	00:32:27.30
64	696/1665	378/1115	419	Lillian Harris	11	F	Cedar Rapids	IA	10:27	00:32:29.24
65	701/1665	382/1115	779	Taylor Lee	12	F	Cedar Rapids	IA	10:28	00:32:32.55
66	705/1665	385/1115	2245	Madison Renz	16	F	Cedar Rapids	IA	10:29	00:32:36.41
67	708/1665	388/1115	2243	Emma Behrens	16	F	Marion	IA	10:29	00:32:37.16
68	718/1665	395/1115	2028	Paige Archer	16	F	Cedar Rapids	IA	10:32	00:32:46.40
69	722/1665	399/1115	2261	Chloee Beals	13	F	Center Point	IA	10:34	00:32:50.58
70	767/1665	428/1115	1806	Grace Fox	12	F	Cedar Rapids	IA	10:43	00:33:19.29
71	776/1665	435/1115	924	Anna Lode	11	F	North Liberty	IA	10:45	00:33:24.11
72	789/1665	444/1115	2034	Rachel Liercke	18	F	Center Point	IA	10:47	00:33:32.48
73	796/1665	449/1115	665	Olivia See	10	F	North Liberty	IA	10:49	00:33:37.39
74	801/1665	452/1115	1808	Sophie Fox	16	F	Cedar Rapids	IA	10:50	00:33:40.66
75	804/1665	455/1115	1814	Emily Lagrange	17	F	Robins	IA	10:50	00:33:41.75
76	814/1665	464/1115	1035	Joslyn Sheeley	11	F	Cedar Rapids	IA	10:55	00:33:56.37
77	828/1665	474/1115	2064	Kendra Thompson	17	F	Marion	IA	10:58	00:34:05.82
78	853/1665	495/1115	1521	Aleksyia Leclere	12	F	Cedar Rapids	IA	11:04	00:34:23.62
79	864/1665	502/1115	714	Morgan Hospodarsky	8	F	Hiawatha	IA	11:07	00:34:32.48
80	875/1665	511/1115	750	Gabby Barnard	17	F	Cedar Rapids	IA	11:09	00:34:40.62
81	877/1665	513/1115	752	Sonia Devi	17	F	Cedar Rapids	IA	11:10	00:34:43.68
82	879/1665	515/1115	2127	Savannah Price	16	F	Hiawatha	IA	11:11	00:34:45.72
83	892/1665	525/1115	2246	Megan Renz	14	F	Cedar Rapids	IA	11:15	00:34:59.66
84	910/1665	541/1115	2649	Sylene Brizard	11	F	Marion	IA	11:20	00:35:14.88

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Female 01 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
85	912/1665	543/1115	1904	Saylor Botsford	12	F	Cedar Rapids	IA	11:22	00:35:20.77
86	914/1665	545/1115	2607	Maya Bungler	11	F	Rochester	MN	11:22	00:35:21.16
87	919/1665	549/1115	716	Rylie Hospodarsky	6	F	Hiawatha	IA	11:23	00:35:24.58
88	921/1665	551/1115	1597	Zoey Skriver	11	F	Walford	IA	11:23	00:35:25.16
89	936/1665	563/1115	1119	Maddie Miller	15	F	Cedar Rapids	IA	11:30	00:35:45.51
90	955/1665	576/1115	793	Melissa Meis	17	F	Cedar Rapids	IA	11:39	00:36:14.22
91	975/1665	589/1115	2103	Maya Deuso	16	F	Cedar Rapids	IA	11:47	00:36:37.29
92	979/1665	592/1115	634	Avery Arens	13	F	Cedar Rapids	IA	11:49	00:36:44.36
93	980/1665	593/1115	2080	Samantha Robinson	13	F	Cedar Rapids	IA	11:49	00:36:44.82
94	982/1665	595/1115	2738	Kate Francois	13	F	Palo	IA	11:49	00:36:45.39
95	987/1665	600/1115	2180	Elizabeth Enequist	13	F	Walford	IA	11:53	00:36:55.91
96	996/1665	608/1115	230	Leah Walters	12	F	Cedar Rapids	IA	11:58	00:37:10.92
97	997/1665	609/1115	225	Caitlyn Coselman	13	F	Cedar Rapids	IA	11:58	00:37:11.18
98	998/1665	610/1115	859	Willa Bowman	9	F	Robins	IA	11:58	00:37:12.37
99	1003/1665	615/1115	1461	Kaylynn Burgin	13	F	Mt Vernon	IA	11:59	00:37:16.52
100	1034/1665	637/1115	575	Sabrina Bretz	19	F	North Liberty	IA	12:14	00:38:00.67
101	1043/1665	643/1115	1223	Mariska Hagensick	7	F	Marion	IA	12:16	00:38:07.27
102	1044/1665	644/1115	1706	Addison Eiben	6	F	Central City	IA	12:16	00:38:09.10
103	1047/1665	647/1115	753	Zoey Mcdonald	17	F	Marion	IA	12:17	00:38:12.65
104	1052/1665	650/1115	2035	Annie Sood	17	F	Marion	IA	12:18	00:38:14.78
105	1056/1665	653/1115	944	Gracelyn Watkinson	11	F	Cedar Rapids	IA	12:19	00:38:18.63
106	1068/1665	660/1115	1615	Lorie Iii Ervin	15	F	Cedar Rapids	IA	12:24	00:38:31.67
107	1070/1665	661/1115	1579	Grace Long	12	F	Walford	IA	12:24	00:38:34.39
108	1082/1665	669/1115	1453	Olivia Orr	14	F	Dubuque	IA	12:29	00:38:48.81
109	1094/1665	679/1115	2706	Amanda Schnor	9	F	Keystone	IA	12:34	00:39:04.92
110	1103/1665	686/1115	699	Addison Phipps	8	F	Cedar Rapids	IA	12:40	00:39:24.14
111	1127/1665	707/1115	2707	Tiffany Schnor	13	F	Keystone	IA	12:51	00:39:56.98
112	1145/1665	718/1115	1008	Karlee Winter	10	F	Cedar Rapids	IA	13:01	00:40:29.38
113	1146/1665	719/1115	974	Taylor Carpenter	16	F	Dubuque	IA	13:02	00:40:29.88
114	1147/1665	720/1115	988	Megan Hentges	14	F	Cedar Rapids	IA	13:02	00:40:30.13
115	1154/1665	726/1115	809	Adelyn Bontty	8	F	Fairfax	IA	13:07	00:40:47.33
116	1156/1665	728/1115	816	Brecken Lechtenberg	7	F	Walford	IA	13:08	00:40:48.44
117	1178/1665	744/1115	827	Jennifer Beatty	19	F	Cedar Rapids	IA	13:27	00:41:48.82
118	1180/1665	746/1115	33	Libby Arnold	15	F	Cedar Rapids	IA	13:28	00:41:51.92
119	1182/1665	748/1115	295	Maia Bentley	12	F	Mount Vernon	IA	13:32	00:42:04.64
120	1184/1665	749/1115	2253	Grace Gabriel	11	F	Cedar Rapids	IA	13:32	00:42:05.27
121	1186/1665	751/1115	12	Olivia Vander Sanden	16	F	Cedar Rapids	IA	13:37	00:42:20.87
122	1192/1665	755/1115	1190	Morgan Pence	10	F	Swisher	IA	13:41	00:42:31.22
123	1198/1665	761/1115	1457	Brynn Walters	10	F	Peosta	IA	13:42	00:42:34.52
124	1199/1665	762/1115	2274	Jade Bushman	10	F	Cedar Rapids	IA	13:42	00:42:35.54
125	1200/1665	763/1115	735	Harlow Griffin	8	F	Marion	IA	13:42	00:42:35.74
126	1210/1665	768/1115	1444	Emma Dowling	11	F	Dubuque	IA	13:45	00:42:46.18
127	1211/1665	769/1115	1446	Elyse Ellerbach	9	F	Dubuque	IA	13:46	00:42:46.43
128	1215/1665	773/1115	2161	Maggie Southwick	19	F	North Liberty	IA	13:46	00:42:49.43
129	1223/1665	779/1115	1054	Vega Jarr	7	F	Cedar Rapids	IA	13:53	00:43:08.64
130	1235/1665	787/1115	2067	Ellie Lentz	13	F	Coggon	IA	14:01	00:43:33.12
131	1242/1665	790/1115	117	Maggie Miskimen	14	F	Fairfax	IA	14:02	00:43:37.52
132	1243/1665	791/1115	2609	Casey Misikmen	8	F	Fairfax	IA	14:02	00:43:37.64
133	1252/1665	796/1115	2226	Shalee Gonzalez	17	F	Cedar Rapids	IA	14:09	00:43:58.24
134	1253/1665	797/1115	1325	Ella Cunningham	10	F	Cedar Rapids	IA	14:09	00:43:58.39

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Female 01 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
135	1256/1665	800/1115	2055	Libby Miller	19	F	Cedar Rapids	IA	14:17	00:44:25.39
136	1259/1665	802/1115	422	Lizzy Hawkes	10	F	Cedar Rapids	IA	14:20	00:44:32.79
137	1271/1665	811/1115	1604	Victoria Weeks	16	F	Walford	IA	14:32	00:45:10.27
138	1272/1665	812/1115	1092	Quincy Chihak	16	F	Mount Vernon	IA	14:34	00:45:16.77
139	1280/1665	819/1115	1875	Symone Cullar	12	F	Center Point	IA	14:39	00:45:33.22
140	1296/1665	833/1115	769	Kaylie Kelchen	10	F	Lisbon	IA	14:57	00:46:27.84
141	1309/1665	842/1115	317	Bailey Wolf	13	F	Cedar Rapids	IA	15:09	00:47:06.17
142	1310/1665	843/1115	316	Aubrey Wolf	10	F	Cedar Rapids	IA	15:10	00:47:09.10
143	1313/1665	845/1115	1863	Raegan Chappell	6	F	Marion	IA	15:12	00:47:14.13
144	1316/1665	847/1115	1029	Chloe Borst	10	F	Olin	IA	15:17	00:47:29.64
145	1342/1665	870/1115	628	Piper Yi	8	F	Marion	IA	16:18	00:50:39.13
146	1344/1665	872/1115	754	Heather Stultz	17	F	Cedar Rapids	IA	16:22	00:50:53.59
147	1345/1665	873/1115	751	Stephanie Clore	17	F	Cedar Rapids	IA	16:23	00:50:54.40
148	1346/1665	874/1115	1810	Isabel Hogg	16	F	Cedar Rapids	IA	16:26	00:51:04.19
149	1347/1665	875/1115	1818	Mekela Spence	16	F	Cedar Rapids	IA	16:26	00:51:04.34
150	1349/1665	877/1115	1975	Kyla Schulte	8	F	Amana	IA	16:28	00:51:09.94
151	1350/1665	878/1115	1423	Lexi Stadler	10	F	North Liberty	IA	16:30	00:51:16.32
152	1352/1665	880/1115	539	Stella Barnhill	4	F	Cedar Rapids	IA	16:33	00:51:25.67
153	1354/1665	881/1115	536	Brookelyn Barnhill	10	F	Cedar Rapids	IA	16:33	00:51:26.77
154	1359/1665	886/1115	202	Crystal Waters	19	F	Newhall	IA	16:38	00:51:41.69
155	1373/1665	896/1115	1485	Shea Jones	14	F	Orland Park	IL	17:01	00:52:52.74
156	1376/1665	898/1115	522	Nora MCGowan	10	F	Hiawatha	IA	17:06	00:53:08.46
157	1378/1665	900/1115	2071	Madeline O'shea	17	F	Robins	IA	17:09	00:53:20.20
158	1386/1665	907/1115	1189	Joanna Voss	15	F	Ryan	IA	17:24	00:54:04.59
159	1388/1665	909/1115	653	Skyler Shaw	15	F	Atkins	IA	17:33	00:54:34.55
160	1403/1665	919/1115	2281	Carly Steenrod	14	F	Cedar Rapids	IA	17:59	00:55:53.82
161	1411/1665	926/1115	1373	Katie Feldkamp	17	F	Solon	IA	18:22	00:57:05.95
162	1417/1665	930/1115	788	Abby Feldmann	14	F	Cedar Rapids	IA	18:38	00:57:56.41
163	1418/1665	931/1115	1181	Kira Vaske	17	F	Manchester	IA	18:41	00:58:05.20
164	1429/1665	939/1115	1678	Ally Harris	12	F	Cedar Rapids	IA	18:57	00:58:53.92
165	1430/1665	940/1115	1679	Sydney Harris	15	F	Cedar Rapids	IA	18:57	00:58:54.65
166	1431/1665	941/1115	873	Allison Vander Zee	9	F	Cedar Rapids	IA	18:58	00:58:56.67
167	1436/1665	944/1115	790	Alexis Harre	16	F	Hiawatha	IA	19:07	00:59:26.24
168	1442/1665	950/1115	1533	Hensley Barker	5	F	Springville	IA	19:32	01:00:42.41
169	1444/1665	952/1115	1606	Jaymeson Westphal	13	F	Ely	IA	19:36	01:00:55.23
170	1452/1665	956/1115	2259	Zoe Ceynar	17	F	Cedar Rapids	IA	19:54	01:01:51.15
171	1453/1665	957/1115	1554	Marissa Bixby	16	F	Cedar Rapids	IA	19:54	01:01:51.17
172	1458/1665	962/1115	1329	Maggie Panocho	5	F	Cedar Rapids	IA	20:00	01:02:08.42
173	1462/1665	963/1115	538	Olivia Barnhill	15	F	Cedar Rapids	IA	20:21	01:03:16.21
174	1470/1665	971/1115	1908	Sasha Zelenski	16	F	Burlington	IA	20:32	01:03:50.82
175	1481/1665	979/1115	352	Gracelynn Frahm	6	F	Cedar Rapids	IA	20:49	01:04:42.48
176	1499/1665	991/1115	1669	Ella Anderegg	10	F	Cedar Rapids	IA	21:04	01:05:29.67
177	1507/1665	996/1115	1897	Savannah Black	11	F	Cedar Rapids	IA	21:15	01:06:03.96
178	1511/1665	999/1115	2616	Margie Clow	17	F	Cedar Rapids	IA	21:18	01:06:11.51
179	1521/1665	1006/1115	746	Cassidy Kamman	14	F	Marion	IA	21:30	01:06:50.71
180	1533/1665	1015/1115	1571	Emma Keiper	11	F	Walford	IA	21:55	01:08:06.95
181	1534/1665	1016/1115	1572	Lauren Keiper	11	F	Walford	IA	21:55	01:08:07.35
182	1551/1665	1030/1115	792	Mallory Mcguire	16	F	Hiawatha	IA	22:35	01:10:10.63
183	1559/1665	1037/1115	2168	Makahla Howell	13	F	Muscatine	IA	23:14	01:12:13.62
184	1562/1665	1040/1115	2153	Abby Meiers	13	F	Bennett	IA	23:16	01:12:18.49

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Female 01 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
185	1563/1665	1041/1115	785	Mackenzie Hill	17	F	Robins	IA	23:23	01:12:41.44
186	1565/1665	1043/1115	471	Taylor Skala	19	F	Cedar Rapids	IA	23:25	01:12:47.25
187	1567/1665	1044/1115	470	Lauren Skala	14	F	Cedar Rapids	IA	23:25	01:12:47.45
188	1575/1665	1050/1115	2011	Chelsey Lampe	19	F	Riverside	IA	23:35	01:13:19.44
189	1581/1665	1054/1115	1563	Lauren Eirp	11	F	Cedar Rapids	IA	23:38	01:13:26.42
190	1592/1665	1061/1115	2324	Emily Krall	14	F	Hiawatha	IA	23:47	01:13:55.48
191	1593/1665	1062/1115	795	Ellie Pins	14	F	Hiawatha	IA	23:47	01:13:56.48
192	1604/1665	1070/1115	435	Marisa Kelsey	12	F	Cedar Rapids	IA	24:03	01:14:45.53
193	1609/1665	1074/1115	176	Faith Riedesel	18	F	Cedar Rapids	IA	24:22	01:15:43.97
194	1612/1665	1077/1115	587	Eleanor Moen	7	F	Vinton	IA	24:26	01:15:55.28
195	1644/1665	1101/1115	125	Rose Daum	19	F	Cedar Rapids	IA	26:03	01:20:58.20
196	1647/1665	1104/1115	1233	Molly Light	11	F	Cedar Rapids	IA	26:06	01:21:05.93

Male Male 01 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	9/1665	9/550	2113	Khory Nobles	15	M	Cedar Rapids	IA	5:53	00:18:17.88
2	21/1665	21/550	1495	William Stecker	15	M	Cedar Rapids	IA	6:22	00:19:49.89
3	22/1665	22/550	1626	Ben Mcguire	16	M	Mount Vernon	IA	6:24	00:19:54.32
4	25/1665	25/550	464	Zach Schmidt	16	M	Cedar Rapids	IA	6:29	00:20:11.39
5	28/1665	28/550	684	Zach Grant	16	M	Cedar Rapids	IA	6:31	00:20:15.64
6	34/1665	33/550	2314	Joe Sullivan	16	M	Marion	IA	6:42	00:20:51.18
7	35/1665	34/550	908	Keegan Kolbet	17	M	Manchester	IA	6:43	00:20:53.83
8	45/1665	39/550	2022	Nick Mautino	14	M	Cedar Rapids	IA	6:54	00:21:26.72
9	47/1665	41/550	2665	Luka Jones	14	M	Cedar Rapids	IA	6:58	00:21:40.70
10	51/1665	45/550	2714	Nolan Djerf	13	M	Cedar Rapids	IA	7:04	00:21:57.59
11	56/1665	50/550	155	Tate Weaver	16	M	Cedar Rapids	IA	7:05	00:22:02.84
12	67/1665	57/550	866	Alexander Mackin	13	M	Hiawatha	IA	7:12	00:22:23.53
13	69/1665	58/550	979	Jack Dewolf	17	M	Cedar Rapids	IA	7:15	00:22:31.59
14	80/1665	63/550	398	Ty Costigan	14	M	Cedar Rapids	IA	7:19	00:22:45.34
15	91/1665	70/550	1428	Gavin Watson	13	M	Cedar Rapids	IA	7:27	00:23:08.83
16	94/1665	72/550	1046	Gabriel Hansen	13	M	Center Point	IA	7:27	00:23:09.14
17	101/1665	77/550	386	Calvin Chadima	15	M	Cedar Rapids	IA	7:30	00:23:18.89
18	104/1665	79/550	1104	Spencer Davis	16	M	Robins	IA	7:30	00:23:20.83
19	106/1665	81/550	1489	Jacob Moews	16	M	Indianola	IA	7:31	00:23:23.85
20	112/1665	84/550	472	Gerard Smith	14	M	Cedar Rapids	IA	7:36	00:23:37.29
21	126/1665	92/550	719	Jacob Spurrell	19	M	Cedar Rapids	IA	7:41	00:23:53.35
22	130/1665	95/550	90	Hunter Johnson	18	M	Solon	IA	7:42	00:23:56.60
23	131/1665	96/550	97	Logan Viktora	19	M	Fairfax	IA	7:42	00:23:57.35
24	132/1665	97/550	91	Tj Johnson	17	M	Cedar Rapids	IA	7:42	00:23:57.64
25	134/1665	99/550	506	Bryce Grissom	12	M	Cedar Rapids	IA	7:44	00:24:04.51
26	135/1665	100/550	1044	Adam Hansen	15	M	Center Point	IA	7:45	00:24:04.83
27	138/1665	102/550	2078	Jacob Butler	15	M	Manchester	IA	7:46	00:24:08.26
28	139/1665	103/550	2231	Brandon Crow	17	M	Ames	IA	7:46	00:24:08.78
29	141/1665	104/550	465	Jordan Schroeder	14	M	Cedar Rapids	IA	7:46	00:24:09.39
30	151/1665	109/550	1216	Justin Manternach	17	M	Mount Vernon	IA	7:51	00:24:24.84
31	167/1665	117/550	475	Ryan Stallman	16	M	Cedar Rapids	IA	7:57	00:24:43.35
32	174/1665	121/550	77	Samuel Gingrich	17	M	Cedar Rapids	IA	7:59	00:24:49.26
33	177/1665	122/550	2116	Kyle Lewis	13	M	Cedar Rapids	IA	8:00	00:24:52.24

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Male Male 01 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
34	183/1665	125/550	1531	Luke Sunner	10	M	Cedar Rapids	IA	8:02	00:24:58.10
35	185/1665	127/550	2619	Zach Keane	12	M	Marion	IA	8:03	00:25:01.20
36	190/1665	129/550	290	Jake Lopez	13	M	Cedar Rapids	IA	8:04	00:25:06.50
37	204/1665	137/550	2115	Evan Lewis	9	M	Cedar Rapids	IA	8:11	00:25:27.14
38	227/1665	148/550	473	Marcel Smith	13	M	Cedar Rapids	IA	8:21	00:25:57.29
39	230/1665	149/550	1250	Zachary Fisher	14	M	Cedar Rapids	IA	8:22	00:26:00.53
40	235/1665	151/550	1655	Marcus Ricklefs	10	M	Atkins	IA	8:26	00:26:13.51
41	247/1665	155/550	1532	Wyatt Vlasek	10	M	Cedar Rapids	IA	8:30	00:26:26.50
42	248/1665	156/550	1529	Tyler Lee	11	M	Cedar Rapids	IA	8:30	00:26:26.50
43	252/1665	157/550	2065	Nolan Thompson	15	M	Marion	IA	8:31	00:26:28.37
44	254/1665	159/550	942	Chase Watkinson	7	M	Cedar Rapids	IA	8:31	00:26:29.90
45	258/1665	162/550	266	Ethan Hong	18	M	Milan	IL	8:32	00:26:31.35
46	261/1665	164/550	658	Zach Fall	12	M	Lisbon	IA	8:32	00:26:32.22
47	274/1665	170/550	270	Isaac Scott	14	M	Cedar Rapids	IA	8:36	00:26:43.97
48	276/1665	171/550	1241	Matthew Behnke	15	M	Cedar Rapids	IA	8:38	00:26:50.85
49	277/1665	172/550	1718	Nickolas Henry	11	M	Cedar Rapids	IA	8:38	00:26:50.86
50	278/1665	173/550	38	Brody Hoffmann	12	M	Hiawatha	IA	8:39	00:26:53.10
51	279/1665	174/550	35	Ryan Cater	11	M	Cedar Rapids	IA	8:39	00:26:55.20
52	280/1665	175/550	1665	Ethan Williams	14	M	Cedar Rapids	IA	8:39	00:26:55.41
53	282/1665	177/550	42	Will Kluesner	11	M	Hiawatha	IA	8:40	00:26:58.35
54	295/1665	182/550	1869	Sean Bryant	17	M	Cedar Rapids	IA	8:45	00:27:13.99
55	301/1665	185/550	2736	Luke Steffen	11	M	Cedar Rapids	IA	8:47	00:27:20.22
56	329/1665	198/550	1999	Ivan Thomas	13	M	Cedar Rapids	IA	8:54	00:27:41.15
57	338/1665	202/550	843	Aidan Spurgetis	13	M	Cedar Rapids	IA	8:56	00:27:47.27
58	339/1665	203/550	154	Reece Weaver	19	M	Cedar Rapids	IA	8:57	00:27:48.90
59	349/1665	207/550	2762	Carlo Dannenfelser	15	M	Cedar Rapids	IA	8:58	00:27:54.39
60	354/1665	210/550	1103	Seth Davis	15	M	Robins	IA	9:00	00:27:58.51
61	362/1665	214/550	1772	Jake Bisson	17	M	Palo	IA	9:02	00:28:04.64
62	366/1665	218/550	2625	Seth Countryman	9	M	Anamosa	IA	9:03	00:28:09.10
63	372/1665	221/550	826	Owen Sieren	9	M	Robins	IA	9:06	00:28:16.52
64	385/1665	224/550	2099	Eston Mcalpin	12	M	North Liberty	IA	9:08	00:28:24.10
65	402/1665	228/550	418	Aiden Harris	12	M	Cedar Rapids	IA	9:11	00:28:34.36
66	421/1665	233/550	1201	Connor Alt	14	M	Cedar Rapids	IA	9:15	00:28:45.40
67	432/1665	239/550	375	Jack Baetsle	17	M	Cedar Rapids	IA	9:17	00:28:52.52
68	448/1665	242/550	496	Colton Carver	10	M	Cedar Rapids	IA	9:20	00:29:02.86
69	449/1665	243/550	657	Tyler Fall	14	M	Lisbon	IA	9:21	00:29:04.87
70	450/1665	244/550	2106	Gunnar Moen	12	M	Vinton	IA	9:22	00:29:08.48
71	455/1665	247/550	101	Ben Jaeger	16	M	North Liberty	IA	9:24	00:29:13.65
72	458/1665	248/550	2223	Tanner Sanders	13	M	Cedar Rapids	IA	9:24	00:29:14.15
73	461/1665	250/550	273	Trevor Scott	11	M	Cedar Rapids	IA	9:25	00:29:16.62
74	464/1665	251/550	1351	Zach Fischels	19	M	Independence	IA	9:25	00:29:17.77
75	469/1665	254/550	1778	Brayden Mccomb	7	M	Cedar Rapids	IA	9:26	00:29:21.61
76	479/1665	256/550	1905	Chase Rippel	12	M	Vinton	IA	9:29	00:29:29.78
77	509/1665	267/550	1102	Sam Davis	11	M	Robins	IA	9:38	00:29:58.36
78	534/1665	276/550	87	Conrad Braswell	15	M	Cedar Rapids	IA	9:45	00:30:20.11
79	605/1665	297/550	574	Nathan Bretz	17	M	North Liberty	IA	10:03	00:31:14.81
80	627/1665	302/550	88	James Feters	18	M	Swisher	IA	10:09	00:31:34.37
81	653/1665	308/550	2761	Reid Pakkebieer	13	M	Cedar Rapids	IA	10:15	00:31:52.86
82	676/1665	315/550	286	David Bagby	18	M	Anamosa	IA	10:22	00:32:12.71
83	683/1665	317/550	1196	Brian Steinmetz	13	M	Victor	IA	10:23	00:32:17.26

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Male Male 01 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
84	704/1665	320/550	2747	Matthew Mather	18	M	Robins	IA	10:29	00:32:36.27
85	716/1665	322/550	2101	Gabe Franzman	10	M	Bettendorf	IA	10:32	00:32:45.59
86	717/1665	323/550	1625	Lucas Dolphin	12	M	Cedar Rapids	IA	10:32	00:32:46.19
87	726/1665	325/550	395	Tj Cook	13	M	Cedar Rapids	IA	10:35	00:32:53.48
88	731/1665	328/550	2651	Braedyn Mason	8	M	Cedar Rapids	IA	10:35	00:32:55.69
89	743/1665	329/550	977	Christian Dewolf	12	M	Cedar Rapids	IA	10:37	00:33:02.22
90	747/1665	331/550	1060	Everett Burr	6	M	Marion	IA	10:38	00:33:04.46
91	757/1665	337/550	1918	Dylan Hoyer	13	M	Freeport	IL	10:41	00:33:11.86
92	797/1665	348/550	150	Dylan Hart	17	M	Cedar Rapids	IA	10:49	00:33:37.61
93	856/1665	360/550	1530	Max Penne	11	M	Cedar Rapids	IA	11:05	00:34:27.57
94	861/1665	362/550	520	Justin Lamphier	13	M	Center Point	IA	11:05	00:34:29.17
95	907/1665	369/550	107	Tristan Prebil	11	M	Cedar Rapids	IA	11:19	00:35:10.31
96	943/1665	374/550	1925	Hayden Weber	10	M	Marion	IA	11:31	00:35:49.98
97	967/1665	384/550	136	Alex Haggin	15	M	Marion	IA	11:43	00:36:25.88
98	1026/1665	396/550	1118	Logan Miller	11	M	Cedar Rapids	IA	12:09	00:37:46.25
99	1061/1665	405/550	45	Bryce Sandberg	12	M	Rowley	IA	12:21	00:38:23.13
100	1064/1665	406/550	392	Dusty Cook	7	M	Cedar Rapids	IA	12:21	00:38:25.17
101	1067/1665	408/550	1611	Elijah Ervin	12	M	Cedar Rapids	IA	12:23	00:38:31.49
102	1071/1665	410/550	1576	Charlie Long	7	M	Walford	IA	12:24	00:38:34.39
103	1074/1665	411/550	1927	Maxx Weber	8	M	Marion	IA	12:25	00:38:36.17
104	1077/1665	412/550	1197	John Steinmetz	14	M	Victor	IA	12:26	00:38:39.38
105	1078/1665	413/550	690	Jaden Coker	11	M	Cedar Rapids	IA	12:27	00:38:41.27
106	1093/1665	415/550	2704	Kobe Sindt 052	8	M	Cedar Rapids	IA	12:34	00:39:03.84
107	1096/1665	417/550	391	Adam Cook	10	M	Cedar Rapids	IA	12:37	00:39:13.35
108	1114/1665	419/550	1552	Kaleb Berns	14	M	Cedar Rapids	IA	12:44	00:39:35.58
109	1129/1665	421/550	165	Trey Dervrich	10	M	Cedar Rapids	IA	12:52	00:40:01.37
110	1131/1665	423/550	812	Oscar Bontty	8	M	Fairfax	IA	12:53	00:40:04.42
111	1134/1665	425/550	925	Josh Lode	14	M	North Liberty	IA	12:56	00:40:12.75
112	1158/1665	429/550	1147	Nathan Mcdermott	12	M	Cedar Rapids	IA	13:09	00:40:52.32
113	1162/1665	430/550	110	Dax Dalecky	8	M	Marion	IA	13:15	00:41:12.42
114	1173/1665	433/550	2686	Ben Steenrod	10	M	Cedar Rapids	IA	13:24	00:41:39.65
115	1189/1665	437/550	11	Jake Vander Sanden	13	M	Cedar Rapids	IA	13:38	00:42:21.88
116	1202/1665	438/550	1421	Connor Rissi	13	M	Cedar Rapids	IA	13:43	00:42:37.88
117	1204/1665	440/550	47	Justin Sandberg	9	M	Rowley	IA	13:44	00:42:41.63
118	1219/1665	443/550	1052	Justis Jarr	12	M	Cedar Rapids	IA	13:50	00:43:00.39
119	1220/1665	444/550	1053	Phenyx Jarr	8	M	Cedar Rapids	IA	13:50	00:43:01.20
120	1237/1665	449/550	1839	Regan Kopecky	8	M	North Liberty	IA	14:01	00:43:34.14
121	1241/1665	452/550	1613	Jake Ervin	12	M	Cedar Rapids	IA	14:01	00:43:35.64
122	1248/1665	455/550	852	Dylan Kacena	15	M	Swisher	IA	14:06	00:43:50.38
123	1263/1665	459/550	1170	Johnathan Elliott	13	M	Cedar Rapids	IA	14:22	00:44:40.84
124	1278/1665	461/550	1394	Alex Cover	7	M	Cedar Rapids	IA	14:38	00:45:30.68
125	1285/1665	462/550	530	Nicholas Schmitz	8	M	Cedar Rapids	IA	14:46	00:45:53.64
126	1303/1665	465/550	1823	Jordan Langer	8	M	Marion	IA	15:06	00:46:55.52
127	1314/1665	469/550	681	Aj Unash	13	M	Cedar Rapids	IA	15:15	00:47:24.89
128	1319/1665	470/550	1962	Blake Hoth	18	M	Cedar Rapids	IA	15:17	00:47:30.68
129	1372/1665	477/550	1368	Ryan Boesenberg	11	M	Cedar Rapids	IA	17:00	00:52:51.10
130	1384/1665	479/550	1186	Jared Voss	13	M	Ryan	IA	17:24	00:54:03.91
131	1393/1665	481/550	1424	Peyton Stadler	12	M	North Liberty	IA	17:45	00:55:11.91
132	1398/1665	482/550	1040	Noah Cooper	12	M	Cedar Rapids	IA	17:52	00:55:30.91
133	1399/1665	483/550	1043	Caleb Grant	12	M	Cedar Rapids	IA	17:52	00:55:32.41

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Male Male 01 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
134	1427/1665	489/550	858	Jackson Bowman	12	M	Robins	IA	18:52	00:58:39.53
135	1428/1665	490/550	869	Brady Robertson	12	M	Cedar Rapids	IA	18:56	00:58:50.99
136	1448/1665	493/550	1327	Adam Panoch	11	M	Cedar Rapids	IA	19:50	01:01:40.31
137	1449/1665	494/550	1331	Ryan Panoch	7	M	Cedar Rapids	IA	19:51	01:01:41.46
138	1450/1665	495/550	1427	Garrett Watson	13	M	Cedar Rapids	IA	19:51	01:01:43.36
139	1478/1665	501/550	353	Hunter Frahm	13	M	Cedar Rapids	IA	20:47	01:04:34.50
140	1480/1665	502/550	361	John Moellers	9	M	Cedar Rapids	IA	20:49	01:04:42.47
141	1490/1665	505/550	356	Lewis Hass	13	M	Cedar Rapids	IA	21:02	01:05:22.37
142	1497/1665	508/550	1671	Lincoln Anderegg	18	M	Cedar Rapids	IA	21:04	01:05:29.34
143	1526/1665	517/550	1931	Ryan Hughes	12	M	Robins	IA	21:40	01:07:21.21
144	1617/1665	538/550	394	Ryan Cook	14	M	Cedar Rapids	IA	24:40	01:16:38.95
145	1621/1665	541/550	343	Kale Nordberg	2	M	Palo	IA	24:42	01:16:46.41
146	1627/1665	542/550	1961	Brady Clark	12	M	Hazleton	IA	25:03	01:17:51.23
147	1661/1665	549/550	707	Dale Gavin	15	M	Cedar Rapids	IA	27:02	01:24:02.39
148	1662/1665	550/550	834	Wyatt Ransom	14	M	Cedar Rapids	IA	27:43	01:26:09.86

Female Female 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	40/1665	4/1115	1287	Stephanie Brehm	25	F	Mt Vernon	IA	6:49	00:21:11.47
2	44/1665	6/1115	1899	Allison Kindig	23	F	Cedar Rapids	IA	6:53	00:21:24.74
3	59/1665	8/1115	1334	Kimberly Kuda	28	F	Cedar Rapids	IA	7:07	00:22:07.84
4	68/1665	11/1115	775	Kate Winsor	27	F	Cedar Rapids	IA	7:14	00:22:29.60
5	128/1665	35/1115	1159	Chloe Keith	20	F	Fairfax	IA	7:41	00:23:54.58
6	136/1665	36/1115	1112	Melissa Burds	21	F	Epworth	IA	7:45	00:24:07.55
7	140/1665	37/1115	1292	Katherine Connor	26	F	Cedar Rapids	IA	7:46	00:24:09.27
8	146/1665	39/1115	2650	Alicia Unkrich	27	F	Cedar Rapids	IA	7:48	00:24:16.66
9	150/1665	42/1115	2612	Emily Flint	22	F	Springfield	IL	7:50	00:24:21.86
10	173/1665	53/1115	1133	Anna Kress	20	F	Iowa City	IA	7:59	00:24:48.79
11	178/1665	56/1115	1543	Libby Kurtz	29	F	Cedar Rapids	IA	8:00	00:24:53.67
12	188/1665	61/1115	1619	Chandini Reddi	22	F	Iowa City	IA	8:03	00:25:03.24
13	195/1665	62/1115	2754	Sofie Lenzen	21	F	Cedar Rapids	IA	8:07	00:25:13.60
14	196/1665	63/1115	1775	Erin Bradshaw	25	F	Hazel Green	WI	8:07	00:25:15.62
15	199/1665	66/1115	1125	Courtney Riniker	27	F	Marion	IA	8:08	00:25:19.30
16	203/1665	67/1115	1980	Sasha Marin	28	F	Columbus Junction	IA	8:11	00:25:26.42
17	207/1665	69/1115	1009	Ashley Chizek	29	F	Cedar Rapids	IA	8:11	00:25:28.14
18	217/1665	75/1115	922	Mallory Jontz	22	F	Cedar Rapids	IA	8:16	00:25:43.85
19	219/1665	77/1115	635	Hannah Boyer	25	F	North Liberty	IA	8:17	00:25:44.31
20	221/1665	78/1115	427	Whitney Honsbruch	24	F	Cedar Rapids	IA	8:18	00:25:48.36
21	232/1665	83/1115	1205	Elise Handke	28	F	Cedar Rapids	IA	8:23	00:26:05.20
22	234/1665	84/1115	1796	Lindsey Shriver	29	F	Marengo	IA	8:24	00:26:06.22
23	238/1665	87/1115	415	Teal Hadenfeldt	24	F	Cedar Rapids	IA	8:27	00:26:17.10
24	243/1665	90/1115	162	Kelsey Adam	25	F	North Liberty	IA	8:29	00:26:23.69
25	244/1665	91/1115	2207	Kaitie Connelly	20	F	Marion	IA	8:30	00:26:25.54
26	250/1665	94/1115	578	Emily Cramer	23	F	Coralville	IA	8:31	00:26:27.76
27	267/1665	100/1115	2239	Kasey Yoder	24	F	Cedar Rapids	IA	8:34	00:26:39.52
28	272/1665	104/1115	902	Sarah Cooling	29	F	Williamsburg	IA	8:35	00:26:41.37
29	283/1665	106/1115	1294	Caroline Mehlhoff	23	F	Cedar Rapids	IA	8:40	00:26:58.60
30	287/1665	110/1115	1724	Jill Cooper	25	F	Cedar Rapids	IA	8:43	00:27:05.78

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Female 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
31	297/1665	114/1115	2218	Abbey Wharton	24	F	Cedar Rapids	IA	8:46	00:27:17.10
32	299/1665	115/1115	1086	Nicole Pietig	20	F	Cedar Rapids	IA	8:47	00:27:18.88
33	303/1665	118/1115	1341	Katilyn Yanecek	23	F	Cedar Rapids	IA	8:48	00:27:21.12
34	309/1665	122/1115	1627	Adrianna Vargas	24	F	Cedar Rapids	IA	8:50	00:27:27.74
35	320/1665	128/1115	755	Mckenzie Dickerman	22	F	Cedar Rapids	IA	8:53	00:27:37.51
36	333/1665	133/1115	387	Kristin Clafin Yin	29	F	Iowa City	IA	8:55	00:27:44.40
37	337/1665	136/1115	1219	Nicole Peyton	25	F	Marion	IA	8:56	00:27:45.85
38	358/1665	147/1115	209	Kristy Meese	27	F	Cedar Rapids	IA	9:00	00:28:00.14
39	378/1665	156/1115	1981	Adrienne Bailey	25	F	Cedar Rapids	IA	9:07	00:28:20.81
40	382/1665	159/1115	799	Piper Twachtmann	29	F	Cedar Rapids	IA	9:08	00:28:22.83
41	400/1665	173/1115	403	Tresa Ertmer	26	F	Cedar Rapids	IA	9:11	00:28:33.56
42	401/1665	174/1115	402	Tori Ertmer	24	F	Cedar Rapids	IA	9:11	00:28:33.76
43	403/1665	175/1115	645	Shana Meyer	29	F	Decorah	IA	9:12	00:28:35.60
44	406/1665	178/1115	1213	Amy Kelley	29	F	Marion	IA	9:12	00:28:36.11
45	409/1665	180/1115	2258	Maggie Booth	28	F	Cedar Rapids	IA	9:13	00:28:38.40
46	414/1665	184/1115	346	Yadira Dominguez	23	F	Coralville	IA	9:14	00:28:42.50
47	420/1665	188/1115	1710	Kelsey Kiwala	24	F	Cedar Rapids	IA	9:15	00:28:44.78
48	446/1665	205/1115	58	Chelsea Adams	26	F	Marion	IA	9:20	00:29:02.23
49	457/1665	210/1115	912	Mallory Mitchell	26	F	North Liberty	IA	9:24	00:29:14.11
50	462/1665	212/1115	967	Kelley Glanz	24	F	Coggon	IA	9:25	00:29:16.76
51	463/1665	213/1115	1868	Kelly Bryant	20	F	Cedar Rapids	IA	9:25	00:29:17.11
52	465/1665	214/1115	668	Cassie Suthers	21	F	Monmouth	IA	9:25	00:29:17.98
53	467/1665	215/1115	968	Chelsea Gudenkauf	26	F	Coggon	IA	9:26	00:29:19.79
54	472/1665	218/1115	2278	Jordyn Simmons	26	F	Marion	IA	9:28	00:29:25.26
55	480/1665	224/1115	2050	Morgan Troendle	26	F	Marion	IA	9:30	00:29:31.82
56	481/1665	225/1115	2049	Ambrea Manley	28	F	Marion	IA	9:30	00:29:32.61
57	485/1665	226/1115	1517	Carly Wagner	20	F	North Liberty	IA	9:33	00:29:41.20
58	492/1665	233/1115	863	Jennifer Brockway	29	F	North Liberty	IA	9:35	00:29:46.86
59	499/1665	237/1115	1084	Brandi Ketelsen	28	F	Iowa City	IA	9:36	00:29:52.39
60	515/1665	247/1115	599	Briana Schultz	24	F	Minneapolis	MN	9:39	00:30:01.86
61	518/1665	249/1115	50	Chelsey Thill	25	F	Cedar Rapids	IA	9:40	00:30:04.65
62	528/1665	255/1115	2215	Beth Kelchen	24	F	Cascade	IA	9:44	00:30:16.51
63	531/1665	257/1115	159	Jemi Baskerville	20	F	Cedar Rapids	IA	9:45	00:30:18.90
64	532/1665	258/1115	1417	Meghan Nelson	23	F	Cedar Rapids	IA	9:45	00:30:19.36
65	553/1665	267/1115	1134	Lindsay Meade	23	F	Cedar Rapids	IA	9:50	00:30:35.43
66	558/1665	269/1115	2221	Apryl Deaton	25	F	Marion	IA	9:52	00:30:40.11
67	559/1665	270/1115	1882	Heather Saunders	24	F	North Liberty	IA	9:52	00:30:41.36
68	571/1665	279/1115	1834	Meaghan Muller	24	F	Cedar Rapids	IA	9:56	00:30:52.53
69	597/1665	301/1115	1087	Abby Steffensmeier	21	F	Cedar Rapids	IA	10:01	00:31:09.57
70	602/1665	306/1115	1311	Lauren Fladland	27	F	Fairfax	IA	10:02	00:31:12.61
71	603/1665	307/1115	2095	Alexandria Novak	23	F	Cedar Rapids	IA	10:02	00:31:13.19
72	606/1665	309/1115	2111	Elsabeth Hepworth	28	F	Cedar Rapids	IA	10:03	00:31:15.16
73	607/1665	310/1115	78	Kelly Goerd	27	F	North Liberty	IA	10:03	00:31:15.75
74	611/1665	313/1115	2013	Kim Lovik	27	F	Atkins	IA	10:05	00:31:22.12
75	612/1665	314/1115	1954	Amanda Hoeg	24	F	Cedar Rapids	IA	10:06	00:31:23.55
76	640/1665	337/1115	2286	Shelby Sorensen	20	F	Cedar Rapids	IA	10:13	00:31:47.56
77	645/1665	341/1115	2008	Alyssa Warner	23	F	Cedar Rapids	IA	10:14	00:31:50.56
78	655/1665	346/1115	1632	Noor Amr	25	F	Marion	IA	10:15	00:31:53.31
79	659/1665	349/1115	560	Chiara Erenberger	27	F	Cedar Rapids	IA	10:16	00:31:56.73
80	660/1665	350/1115	559	Chelsea Chambers	27	F	Cedar Rapids	IA	10:16	00:31:56.93

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Female 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
81	667/1665	355/1115	1297	Laura Carr	23	F	Solon	IA	10:20	00:32:06.86
82	668/1665	356/1115	1227	Allisyn Maley	24	F	Cedar Rapids	IA	10:20	00:32:07.61
83	679/1665	363/1115	1743	Holly Schuett	29	F	Cedar Rapids	IA	10:22	00:32:14.13
84	685/1665	368/1115	1018	Emily Owney	23	F	Bellevue	IA	10:24	00:32:18.80
85	695/1665	377/1115	32	Kristi Schuette	26	F	Amana	IA	10:27	00:32:28.85
86	713/1665	392/1115	596	Melissa Plourde	26	F	North Liberty	IA	10:32	00:32:44.47
87	715/1665	394/1115	670	Nicole Werling	23	F	Mount Vernon	IA	10:32	00:32:45.39
88	719/1665	396/1115	1350	Katie Fischels	22	F	Iowa City	IA	10:33	00:32:47.62
89	723/1665	400/1115	846	Rachel Schramm	29	F	Marion	IA	10:34	00:32:50.89
90	724/1665	401/1115	1357	Angela Nunemaker	23	F	Cedar Rapids	IA	10:34	00:32:51.66
91	732/1665	404/1115	1017	Casey Gaul	25	F	Monticello	IA	10:36	00:32:56.11
92	739/1665	411/1115	2190	Jen Reeve	29	F	Cedar Rapids	IA	10:37	00:33:01.60
93	741/1665	413/1115	2251	Kelly Behmer	29	F	Cedar Rapids	IA	10:37	00:33:01.82
94	752/1665	417/1115	2311	Signey Martin	21	F	Cedar Rapids	IA	10:40	00:33:08.76
95	760/1665	423/1115	2018	Paige Anderson	29	F	North Liberty	IA	10:42	00:33:15.66
96	765/1665	426/1115	2037	Heather Mcguire	22	F	Marion	IA	10:42	00:33:17.37
97	771/1665	431/1115	1674	Kristie Baker	25	F	Cedar Rapids	IA	10:43	00:33:20.51
98	773/1665	433/1115	143	Jessica Morosky	25	F	Hiawatha	IA	10:44	00:33:22.95
99	775/1665	434/1115	2104	Michelle Eisenbacher	27	F	Cedar Rapids	IA	10:44	00:33:23.58
100	780/1665	438/1115	1153	Samantha Knudson	26	F	Cedar Rapids	IA	10:45	00:33:24.66
101	785/1665	441/1115	2194	Brittany Murphy	29	F	Cedar Rapids	IA	10:46	00:33:29.49
102	790/1665	445/1115	135	Nicole Weinkauf	29	F	North Liberty	IA	10:48	00:33:33.37
103	799/1665	450/1115	920	Carly Deutmeyer	25	F	Cedar Rapids	IA	10:50	00:33:40.14
104	800/1665	451/1115	1019	Liz Weber	25	F	Bellevue	IA	10:50	00:33:40.14
105	809/1665	460/1115	1836	Lindsay Reth	22	F	Marion	IA	10:54	00:33:52.35
106	815/1665	465/1115	1837	Jessica Reth-Linderwell	29	F	Marion	IA	10:55	00:33:57.74
107	820/1665	470/1115	1488	Alix Moews	23	F	Keosauqua	IA	10:57	00:34:01.76
108	822/1665	471/1115	1234	Stephanie Mahnke	25	F	West Branch	IA	10:57	00:34:02.58
109	825/1665	473/1115	1872	Teala Happ	27	F	Milan	IL	10:58	00:34:05.16
110	831/1665	476/1115	1649	Amber Lebeda	24	F	Cedar Rapids	IA	10:59	00:34:07.66
111	836/1665	481/1115	939	Genea Mathews	23	F	Cedar Rapids	IA	11:00	00:34:11.93
112	843/1665	485/1115	1000	Katelynn Schuver	26	F	Cedar Rapids	IA	11:02	00:34:18.62
113	846/1665	488/1115	969	Katie Price	25	F	Coggon	IA	11:02	00:34:19.84
114	848/1665	490/1115	181	Jodi Ahrendsen	28	F	Oxford Junction	IA	11:02	00:34:19.86
115	850/1665	492/1115	1906	Jenna Kositzky	28	F	Cedar Rapids	IA	11:03	00:34:20.41
116	855/1665	496/1115	1386	Daisy Pilarczyk	21	F	Cedar Rapids	IA	11:04	00:34:24.33
117	870/1665	507/1115	1194	Kelly Quade	24	F	Hiawatha	IA	11:08	00:34:37.11
118	880/1665	516/1115	458	Paula Odell	28	F	Cedar Rapids	IA	11:11	00:34:47.25
119	881/1665	517/1115	61	Kallie Neuhaus	27	F	Hiawatha	IA	11:12	00:34:48.96
120	885/1665	519/1115	1470	Christy Rozinek	28	F	Swisher	IA	11:12	00:34:50.37
121	886/1665	520/1115	1110	Chelsea Lob	28	F	Lisbon	IA	11:14	00:34:55.81
122	888/1665	521/1115	2741	Kelly Tweitto	25	F	Lisbon	IA	11:15	00:34:57.34
123	893/1665	526/1115	277	Jacquelyn Thorp	21	F	Somonauk	IA	11:16	00:35:00.37
124	894/1665	527/1115	571	Alexis Baxter	22	F	Cedar Rapids	IA	11:16	00:35:00.48
125	895/1665	528/1115	579	Paige Crosset	23	F	Cedar Rapids	IA	11:16	00:35:00.95
126	898/1665	531/1115	1825	Abigail Banker	22	F	Cedar Rapids	IA	11:16	00:35:03.13
127	900/1665	533/1115	767	Kristi Brown	26	F	Waterloo	IA	11:17	00:35:03.81
128	902/1665	535/1115	768	Amanda Hoffman	25	F	Coralville	IA	11:17	00:35:05.83
129	906/1665	538/1115	1283	Sachi Peckover	28	F	Coralville	IA	11:18	00:35:08.16
130	924/1665	553/1115	2029	Kallie Nauholz	24	F	Crowley	TX	11:25	00:35:29.83

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Female 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
131	926/1665	555/1115	2089	Hanna Anderson	26	F	Cedar Rapids	IA	11:25	00:35:30.90
132	934/1665	561/1115	2748	Abby Finnegan	28	F	Cedar Rapids	IA	11:29	00:35:43.41
133	952/1665	574/1115	362	Natasha Jones	22	F	Cedar Rapids	IA	11:36	00:36:03.86
134	959/1665	579/1115	1888	Shayla Wipperman	29	F	Waterloo	IA	11:40	00:36:16.53
135	965/1665	583/1115	581	Alexis Eickelschulte	22	F	North Liberty	IA	11:42	00:36:22.41
136	971/1665	586/1115	278	Brittany Bowman	26	F	North Liberty	IA	11:46	00:36:34.17
137	974/1665	588/1115	2205	Xiyan Wang	29	F	Iowa City	IA	11:46	00:36:36.42
138	978/1665	591/1115	219	Shari Bell	26	F	Cedar Rapids	IA	11:49	00:36:44.36
139	991/1665	603/1115	1021	Meghan Farrell	25	F	North Liberty	IA	11:54	00:37:00.58
140	992/1665	604/1115	644	Joslyn Mcalpin	20	F	North Liberty	IA	11:56	00:37:05.12
141	1006/1665	618/1115	1401	Ariadnae Andrews	25	F	North Liberty	IA	12:00	00:37:19.67
142	1014/1665	624/1115	1142	Sophie Klingenberger	23	F	Cedar Rapids	IA	12:04	00:37:30.62
143	1028/1665	632/1115	2074	Kara Suckow	28	F	North Liberty	IA	12:09	00:37:47.67
144	1029/1665	633/1115	2241	Shelbie Beatty	25	F	Ankeny	IA	12:09	00:37:47.70
145	1032/1665	635/1115	1846	Ramya Jairam	28	F	Cedar Rapids	IA	12:13	00:37:58.17
146	1037/1665	638/1115	2053	Jenica Minor	26	F	Cedar Rapids	IA	12:15	00:38:03.92
147	1038/1665	639/1115	2087	Kayla Minor	23	F	Lost Nation	IA	12:15	00:38:04.12
148	1039/1665	640/1115	2086	Jalen Snowbarger	20	F	Wheatland	IA	12:15	00:38:04.38
149	1048/1665	648/1115	220	Cassie Christianson	27	F	Cedar Rapids	IA	12:18	00:38:13.13
150	1058/1665	654/1115	990	Marissa Kelly	21	F	Cedar Rapids	IA	12:20	00:38:19.63
151	1059/1665	655/1115	463	Sarah Sadler	28	F	Cedar Rapids	IA	12:20	00:38:21.35
152	1072/1665	662/1115	1947	Shelby Johnson	20	F	Cedar Rapids	IA	12:25	00:38:34.76
153	1085/1665	672/1115	1451	Kaitlyn O'brien	25	F	Dubuque	IA	12:31	00:38:53.63
154	1086/1665	673/1115	2023	Allison Hart	29	F	Cedar Rapids	IA	12:31	00:38:56.13
155	1109/1665	691/1115	1763	Lauren Carr	28	F	Coralville	IA	12:42	00:39:29.67
156	1111/1665	693/1115	1725	Meagan Laraway	29	F	North Liberty	IA	12:43	00:39:32.42
157	1115/1665	696/1115	1332	Maggie Polaski	24	F	Cedar Rapids	IA	12:45	00:39:38.54
158	1117/1665	698/1115	2255	Kelsey Ryder	27	F	Robins	IA	12:46	00:39:42.53
159	1119/1665	700/1115	591	Jen Noe	28	F	Marion	IA	12:46	00:39:42.86
160	1122/1665	703/1115	1302	Maddy Taylor	22	F	Cedar Rapids	IA	12:48	00:39:46.42
161	1143/1665	716/1115	951	Ashley Brenneman	27	F	Cedar Rapids	IA	13:01	00:40:26.77
162	1149/1665	721/1115	1012	Audrey Mensen	25	F	Cedar Rapids	IA	13:02	00:40:31.12
163	1167/1665	736/1115	1736	Cortney Earhart	22	F	Cedar Rapids	IA	13:19	00:41:25.46
164	1177/1665	743/1115	1966	Tiffany Roth	25	F	Coralville	IA	13:25	00:41:43.94
165	1181/1665	747/1115	801	Jenna Chittick	23	F	Cedar Rapids	IA	13:29	00:41:53.88
166	1194/1665	757/1115	2025	Lisa Inman	27	F	Marion	IA	13:41	00:42:31.43
167	1207/1665	766/1115	2001	Emily Stahl	22	F	Cedar Rapids	IA	13:44	00:42:42.79
168	1209/1665	767/1115	1443	Courtney Bakey	25	F	Dubuque	IA	13:45	00:42:44.60
169	1212/1665	770/1115	2219	Kirby Dreher	29	F	Marion	IA	13:46	00:42:47.88
170	1247/1665	793/1115	1801	Mckenna Nw Weldon	20	F	Cedar Rapids	IA	14:03	00:43:41.79
171	1250/1665	794/1115	739	Brittany Rinehart	23	F	Cedar Rapids	IA	14:07	00:43:52.77
172	1251/1665	795/1115	511	Andrea Hawes	29	F	Fairfax	IA	14:08	00:43:56.15
173	1254/1665	798/1115	456	Isabel Neff	20	F	Cedar Rapids	IA	14:13	00:44:10.39
174	1275/1665	815/1115	2041	Rae Kinkead	28	F	Central City	IA	14:37	00:45:26.68
175	1295/1665	832/1115	1953	Megan Dee	27	F	Cedar Rapids	IA	14:57	00:46:27.43
176	1308/1665	841/1115	1323	Tarah Jordan	24	F	Swisher	IA	15:08	00:47:03.43
177	1327/1665	857/1115	773	Katie Hass	29	F	Cedar Rapids	IA	15:37	00:48:32.92
178	1329/1665	859/1115	2611	Kelsey Portwine	21	F	Marion	IA	15:42	00:48:46.90
179	1335/1665	863/1115	193	Megan Meier	22	F	Coralville	IA	15:51	00:49:16.65
180	1336/1665	864/1115	191	Amanda Jacobson	24	F	North Liberty	IA	15:51	00:49:16.70

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Female 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
181	1338/1665	866/1115	603	Andrea Castek	25	F	Hiawatha	IA	15:53	00:49:23.43
182	1367/1665	891/1115	478	Carly Taylor	24	F	Cedar Rapids	IA	16:48	00:52:14.84
183	1370/1665	894/1115	1835	Megan Peterson	27	F	North Liberty	IA	16:57	00:52:41.55
184	1382/1665	904/1115	166	Alisha Dvorak	23	F	Cedar Rapids	IA	17:16	00:53:41.64
185	1383/1665	905/1115	592	Melissa Noe	25	F	Marion	IA	17:19	00:53:48.77
186	1385/1665	906/1115	1188	Jennie Voss	22	F	Ryan	IA	17:24	00:54:04.39
187	1389/1665	910/1115	479	Nicole Tygart	23	F	Cedar Rapids	IA	17:36	00:54:41.25
188	1390/1665	911/1115	457	Miranda Neff	23	F	Cedar Rapids	IA	17:36	00:54:41.41
189	1404/1665	920/1115	416	Kristin Hanneman	28	F	Cedar Rapids	IA	18:06	00:56:15.64
190	1405/1665	921/1115	161	Jennifer Newendorp	28	F	Kalona	IA	18:12	00:56:35.81
191	1407/1665	923/1115	1281	Lauren McLaughlin	27	F	Coralville	IA	18:16	00:56:47.33
192	1419/1665	932/1115	1183	Nichole Vaske	24	F	Manchester	IA	18:41	00:58:05.84
193	1423/1665	936/1115	145	Keri Taylor	27	F	Cedar Rapids	IA	18:46	00:58:19.29
194	1437/1665	945/1115	1978	Abby Youngblut	25	F	Marion	IA	19:15	00:59:48.70
195	1438/1665	946/1115	1977	Jena Jones	27	F	Marion	IA	19:15	00:59:48.81
196	1439/1665	947/1115	175	Caitlyn Miller	26	F	Monticello	IA	19:27	01:00:28.95
197	1445/1665	953/1115	2702	Elizabeth Hoffmann	25	F	Cedar Rapids	IA	19:41	01:01:11.50
198	1454/1665	958/1115	923	Dakota Nelsen	23	F	Cedar Rapids	IA	19:56	01:01:57.21
199	1456/1665	960/1115	1861	Amber Grimm	21	F	Cedar Rapids	IA	19:59	01:02:05.42
200	1464/1665	965/1115	424	Ashley Holubar	22	F	Cedar Rapids	IA	20:24	01:03:24.71
201	1482/1665	980/1115	1397	Stacy Mickelson	25	F	Cedar Rapids	IA	20:51	01:04:47.39
202	1483/1665	981/1115	1647	Kayla Kremer	28	F	Toddville	IA	20:58	01:05:08.84
203	1492/1665	986/1115	242	Hilary Hershner	26	F	Cedar Rapids	IA	21:03	01:05:25.59
204	1504/1665	994/1115	263	Megan Goodall	28	F	Cedar Rapids	IA	21:13	01:05:57.71
205	1510/1665	998/1115	1752	Julie Rohrssen	22	F	Cedar Rapids	IA	21:16	01:06:07.63
206	1513/1665	1000/1115	2020	Christina Dose	26	F	Cedar Rapids	IA	21:18	01:06:12.99
207	1514/1665	1001/1115	243	Meredith Hershner	28	F	Cedar Rapids	IA	21:21	01:06:21.21
208	1515/1665	1002/1115	246	Kirsty Sanchez	28	F	Cedar Rapids	IA	21:21	01:06:21.41
209	1525/1665	1009/1115	1734	Kelly Drake	26	F	Cedar Rapids	IA	21:40	01:07:20.31
210	1528/1665	1010/1115	1023	Lacey Hadden	29	F	Cedar Rapids	IA	21:44	01:07:34.47
211	1545/1665	1026/1115	1389	Jessie Ryan	29	F	Cedar Rapids	IA	22:17	01:09:15.94
212	1547/1665	1028/1115	2757	Keli Mcsherry	25	F	Cedar Rapids	IA	22:17	01:09:16.55
213	1550/1665	1029/1115	323	Alycia Lentz	29	F	Cedar Rapids	IA	22:32	01:10:00.72
214	1554/1665	1032/1115	1781	Ashley Reynolds	23	F	Mount Vernon	IA	22:45	01:10:41.47
215	1573/1665	1048/1115	856	Shelby Halligan	25	F	Cedar Rapids	IA	23:32	01:13:07.23
216	1574/1665	1049/1115	854	Stephanie Dickerson	24	F	Center Point	IA	23:32	01:13:08.87
217	1591/1665	1060/1115	1696	Alicia Klett	26	F	Marion	IA	23:47	01:13:53.69
218	1596/1665	1065/1115	1226	Chelsea Bowden	27	F	Marion	IA	23:52	01:14:09.51
219	1601/1665	1067/1115	608	Alysia Barger	27	F	Hiawatha	IA	24:03	01:14:43.70
220	1607/1665	1072/1115	659	Brittany Ingoldsby	26	F	Mchenry	IL	24:19	01:15:34.37
221	1608/1665	1073/1115	2622	Brittany Seyller	25	F	Cedar Rapids	IA	24:21	01:15:41.69
222	1616/1665	1079/1115	1988	Heather Wolf	22	F	Cedar Rapids	IA	24:37	01:16:30.23
223	1641/1665	1098/1115	651	Malinda Sammons	27	F	Coralville	IA	25:42	01:19:52.98
224	1650/1665	1106/1115	1829	Amy Stuckey	28	F	Cedar Rapids	IA	26:20	01:21:49.13
225	1651/1665	1107/1115	1160	Jacqueline Lavelly	28	F	Iowa City	IA	26:20	01:21:49.23
226	1656/1665	1110/1115	836	Meredith Runge	27	F	Cedar Rapids	IA	26:41	01:22:55.30
227	1659/1665	1112/1115	837	Haley Young	26	F	Marion	IA	26:52	01:23:29.97
228	1663/1665	1113/1115	2063	Amber Garbers	23	F	Cedar Rapids	IA	28:00	01:27:02.37

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Male Male 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	8/1665	8/550	2708	Kameron Winsor	27	M	Cedar Rapids	IA	5:49	00:18:04.86
2	13/1665	13/550	600	Andrew Wharton	25	M	Minneapolis	MN	6:06	00:19:00.12
3	20/1665	20/550	1486	Ben Moews	25	M	Iowa City	IA	6:22	00:19:48.63
4	26/1665	26/550	1996	Eric Feldkamp	24	M	Robins	IA	6:31	00:20:14.85
5	27/1665	27/550	2667	Evan Couch	20	M	Cedar Rapids	IA	6:31	00:20:15.34
6	30/1665	30/550	190	Justin Schultes	28	M	Cedar Rapids	IA	6:33	00:20:22.91
7	31/1665	31/550	1965	Aj Johnson	28	M	Coralville	IA	6:33	00:20:22.95
8	38/1665	35/550	1230	Justin Krogmann	29	M	Marion	IA	6:47	00:21:05.84
9	39/1665	36/550	1286	John Brehm	26	M	Mt Vernon	IA	6:49	00:21:11.34
10	48/1665	42/550	480	Spenser Vandevordee	26	M	Cedar Rapids	IA	7:01	00:21:50.11
11	58/1665	51/550	1620	Drew Stieglmeyer	27	M	Cedar Rapids	IA	7:07	00:22:06.84
12	72/1665	60/550	167	Brandon Dvorak	27	M	Cedar Rapids	IA	7:16	00:22:35.99
13	81/1665	64/550	2743	Matthew Swenson	20	M	Cedar Rapids	IA	7:19	00:22:45.51
14	89/1665	68/550	401	Cameron Doolady	27	M	Cedar Rapids	IA	7:25	00:23:04.56
15	90/1665	69/550	1204	Chris Handke	28	M	Cedar Rapids	IA	7:26	00:23:08.61
16	96/1665	74/550	1162	Matt Lintz	22	M	North Liberty	IA	7:27	00:23:10.66
17	97/1665	75/550	302	Alex Gansen	28	M	North Liberty	IA	7:28	00:23:13.29
18	103/1665	78/550	350	Clayton Besong	28	M	Cedar Rapids	IA	7:30	00:23:19.98
19	109/1665	83/550	2169	Kevin Barry	26	M	Cedar Rapids	IA	7:33	00:23:30.54
20	124/1665	90/550	2749	Daniel Finnegan	28	M	Cedar Rapids	IA	7:39	00:23:47.85
21	125/1665	91/550	1937	Ryan Gingrich	23	M	Cedar Rapids	IA	7:41	00:23:52.97
22	127/1665	93/550	330	Jon Schobilgen	27	M	Cedar Rapids	IA	7:41	00:23:53.64
23	129/1665	94/550	221	Johnathan Fay	26	M	Cedar Rapids	IA	7:41	00:23:55.35
24	133/1665	98/550	641	Dylan Hadenfeldt	27	M	Coralville	IA	7:43	00:24:01.60
25	137/1665	101/550	595	Jim Plourde	29	M	North Liberty	IA	7:46	00:24:07.99
26	142/1665	105/550	1291	Jensen Connor	26	M	Des Moines	IA	7:46	00:24:09.88
27	143/1665	106/550	188	Kyle Rudzki	29	M	Oak Park	IL	7:47	00:24:11.82
28	147/1665	108/550	1881	Ethan Saunders	26	M	North Liberty	IA	7:49	00:24:17.85
29	155/1665	111/550	1124	Alex Riniker	28	M	Marion	IA	7:52	00:24:27.76
30	165/1665	116/550	1228	Kyle Maley	25	M	Cedar Rapids	IA	7:56	00:24:41.10
31	168/1665	118/550	2291	Travis Johnson	26	M	Marion	IA	7:57	00:24:44.12
32	189/1665	128/550	2238	Jon Watson	24	M	Cedar Rapids	IA	8:03	00:25:03.64
33	192/1665	131/550	842	Kye Murphy	29	M	Iowa City	IA	8:05	00:25:08.36
34	201/1665	135/550	895	Hassan Selim	28	M	Cedar Rapids	IA	8:09	00:25:21.55
35	202/1665	136/550	2312	Colton Desmarais	27	M	Cedar Rapids	IA	8:10	00:25:23.10
36	224/1665	145/550	636	Lane Boyer	26	M	North Liberty	IA	8:19	00:25:52.15
37	242/1665	153/550	2075	Jared Adam	26	M	North Liberty	IA	8:29	00:26:23.68
38	293/1665	180/550	1243	Casey Dirks	24	M	Cedar Rapids	IA	8:45	00:27:12.48
39	319/1665	192/550	1244	Caleb Terry	24	M	Cedar Rapids	IA	8:53	00:27:36.73
40	322/1665	194/550	886	Tj Oleson	21	M	Cedar Rapids	IA	8:53	00:27:38.53
41	334/1665	201/550	2323	Terence Travagiakis	27	M	Cedar Rapids	IA	8:55	00:27:44.43
42	360/1665	213/550	1709	Matthew Hepworth	29	M	Cedar Rapids	IA	9:01	00:28:02.90
43	364/1665	216/550	1541	Jacob Kray	28	M	Cedar Rapids	IA	9:03	00:28:07.78
44	365/1665	217/550	1418	Michael Noble	28	M	Cedar Rapids	IA	9:03	00:28:08.88
45	369/1665	219/550	1431	Sam Weller	29	M	North Liberty	IA	9:05	00:28:15.36
46	374/1665	222/550	2621	Jason Gingrich	21	M	Cedar Rapids	IA	9:06	00:28:17.33
47	418/1665	232/550	598	Mark Schacht li	25	M	Coralville	IA	9:14	00:28:43.76
48	427/1665	236/550	1404	Clifford Burleson	24	M	Iowa City	IA	9:16	00:28:49.28
49	466/1665	252/550	2279	Nick Simmons	27	M	Marion	IA	9:26	00:29:18.57
50	476/1665	255/550	197	Jeremy Cassil	20	M	Newhall	IA	9:28	00:29:27.38

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Male Male 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
51	493/1665	260/550	1348	Ryan Brown	25	M	Cedar Rapids	IA	9:35	00:29:49.15
52	533/1665	275/550	1420	Vincent Pantaleo	26	M	Cedar Rapids	IA	9:45	00:30:19.99
53	538/1665	278/550	1398	Zachary Mickelson	25	M	Cedar Rapids	IA	9:47	00:30:24.67
54	545/1665	283/550	1192	Tyler Kent	24	M	Hiawatha	IA	9:48	00:30:28.94
55	557/1665	289/550	2222	Orion Deaton	25	M	Marion	IA	9:52	00:30:39.49
56	654/1665	309/550	1634	Jeremy Burkle	27	M	Cedar Rapids	IA	10:15	00:31:52.90
57	728/1665	326/550	2019	Pranav Shrestha	28	M	Cedar Rapids	IA	10:35	00:32:54.47
58	750/1665	334/550	2211	Sundus Yousof	26	M	Iowa City	IA	10:39	00:33:07.32
59	751/1665	335/550	2292	Zach Hanley	28	M	Cedar Rapids	IA	10:39	00:33:07.91
60	756/1665	336/550	1555	Nick Brune	22	M	Swisher	IA	10:40	00:33:11.38
61	774/1665	341/550	138	Josh Dunnick	28	M	Hiawatha	IA	10:44	00:33:23.16
62	821/1665	351/550	1231	Ian Leslie	29	M	West Branch	IA	10:57	00:34:02.56
63	823/1665	352/550	1143	Christian Martinez	25	M	Cedar Rapids	IA	10:57	00:34:02.87
64	829/1665	355/550	1638	Matthew Doubet	25	M	Cedar Rapids	IA	10:58	00:34:07.38
65	839/1665	357/550	1567	Wes Hoyer	21	M	Swisher	IA	11:01	00:34:14.75
66	887/1665	367/550	2003	Brad Lampe	21	M	Riverside	IA	11:14	00:34:56.22
67	905/1665	368/550	1282	Jeff Peckover	29	M	Coralville	IA	11:18	00:35:08.16
68	923/1665	371/550	2030	Jesse Sims	26	M	Crowley	TX	11:25	00:35:29.37
69	966/1665	383/550	299	John Burhite	28	M	Cedar Rapids	IA	11:42	00:36:22.61
70	968/1665	385/550	732	Dylan Cooley	27	M	Cedar Rapids	IA	11:44	00:36:28.56
71	990/1665	388/550	1022	Ryan Gallagher	25	M	North Liberty	IA	11:54	00:37:00.45
72	1009/1665	390/550	2105	Nick Eisenbacher	27	M	Cedar Rapids	IA	12:02	00:37:24.32
73	1049/1665	401/550	218	Nick Belceris	26	M	Cedar Rapids	IA	12:18	00:38:13.87
74	1057/1665	404/550	985	Riley Fergus	22	M	Cedar Rapids	IA	12:20	00:38:19.29
75	1108/1665	418/550	1026	Cole Swanson	29	M	Cedar Rapids	IA	12:41	00:39:26.76
76	1123/1665	420/550	1301	John Taylor	23	M	Cedar Rapids	IA	12:48	00:39:46.63
77	1133/1665	424/550	1867	Mitchell Matias	21	M	Marion	IA	12:56	00:40:12.13
78	1148/1665	428/550	1013	Brad Mensen	26	M	Marion	IA	13:02	00:40:31.12
79	1203/1665	439/550	1303	Quinn Wicher	27	M	Cedar Rapids	IA	13:43	00:42:38.63
80	1208/1665	442/550	2002	Christopher Welsh	24	M	Cedar Rapids	IA	13:45	00:42:44.52
81	1228/1665	447/550	2746	Brenton Collinworth	27	M	Iowa City	IA	13:56	00:43:17.84
82	1249/1665	456/550	742	Mark Ronnenberg	24	M	Cedar Rapids	IA	14:06	00:43:50.58
83	1289/1665	463/550	1266	Jacob Guelff	29	M	Cedar Rapids	IA	14:50	00:46:06.31
84	1331/1665	471/550	1284	Doug Russell	27	M	Coralville	IA	15:42	00:48:47.39
85	1334/1665	472/550	1253	Ryan Knapp	27	M	Cedar Rapids	IA	15:46	00:49:00.83
86	1363/1665	474/550	1344	Seth Ryan	23	M	Erie	IL	16:43	00:51:56.56
87	1364/1665	475/550	1464	Dylan Edwards	24	M	Cedar Rapids	IA	16:47	00:52:11.38
88	1503/1665	510/550	264	Tyler Goodall	29	M	Cedar Rapids	IA	21:13	01:05:57.24
89	1516/1665	514/550	1795	Joshua Sasek	28	M	Cedar Rapids	IA	21:23	01:06:28.82
90	1566/1665	523/550	404	Benjamin Fahnle	20	M	Cedar Rapids	IA	23:25	01:12:47.45
91	1599/1665	533/550	186	Nicholas Mullendore	26	M	Cedar Rapids	IA	24:00	01:14:35.23
92	1660/1665	548/550	838	Tyler Young	26	M	Marion	IA	26:52	01:23:30.94

Female Female 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	42/1665	5/1115	71	Erika Hass	32	F	Cedar Rapids	IA	6:51	00:21:17.15
2	73/1665	13/1115	1973	Kaci Maire	30	F	Cedar Rapids	IA	7:16	00:22:36.87
3	77/1665	16/1115	109	Keri Christensen	39	F	Anamosa	IA	7:18	00:22:41.78

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Female 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
4	79/1665	17/1115	687	Elizabeth Steele	32	F	Norway	IA	7:18	00:22:42.71
5	83/1665	18/1115	274	Lindsay Shedek	31	F	North Liberty	IA	7:21	00:22:50.98
6	87/1665	21/1115	1857	Sara Lang	35	F	Cedar Rapids	IA	7:25	00:23:02.89
7	92/1665	22/1115	131	Lisa Lambi	38	F	North Liberty	IA	7:27	00:23:08.84
8	102/1665	25/1115	1522	Vanessa Vega	34	F	Cedar Rapids	IA	7:30	00:23:19.13
9	108/1665	26/1115	580	Tess Duckett	35	F	Cedar Rapids	IA	7:32	00:23:26.99
10	120/1665	31/1115	157	Diane Mccabe	33	F	Swisher	IA	7:38	00:23:44.89
11	122/1665	33/1115	1660	Amy Rider	39	F	Urbana	IA	7:39	00:23:46.87
12	156/1665	45/1115	1164	Marcy Rahn	30	F	North Liberty	IA	7:52	00:24:27.87
13	157/1665	46/1115	1274	Julie Williams	30	F	Cedar Rapids	IA	7:52	00:24:28.28
14	166/1665	50/1115	1122	Sarah Mohwinkle	30	F	Cedar Rapids	IA	7:56	00:24:41.49
15	176/1665	55/1115	823	Rachel Schmit	31	F	Cedar Rapids	IA	7:59	00:24:49.39
16	179/1665	57/1115	1089	Christa Douglas	37	F	Cedar Rapids	IA	8:00	00:24:53.74
17	182/1665	58/1115	1179	Falck Michelle	32	F	Manchester	IA	8:01	00:24:56.52
18	209/1665	71/1115	1388	Karla Richards	30	F	Marion	IA	8:12	00:25:28.65
19	228/1665	80/1115	503	Roberta Fuchs	39	F	Cedar Rapids	IA	8:21	00:25:57.39
20	229/1665	81/1115	1749	Allison Murphy	35	F	Marion	IA	8:21	00:25:57.49
21	236/1665	85/1115	992	Holly Kepros	37	F	North Liberty	IA	8:26	00:26:13.53
22	245/1665	92/1115	1304	Autumn Wills	38	F	Marion	IA	8:30	00:26:26.11
23	264/1665	99/1115	2129	Jamie Daman	39	F	Marion	IA	8:34	00:26:38.50
24	268/1665	101/1115	320	Faye Pineda	35	F	Cedar Rapids	IA	8:34	00:26:39.85
25	270/1665	103/1115	1047	Natasha Miller	38	F	Cedar Rapids	IA	8:35	00:26:41.35
26	284/1665	107/1115	808	Jessica Seim	35	F	Cedar Rapids	IA	8:41	00:27:01.71
27	286/1665	109/1115	680	Rachael Kyte	35	F	Cedar Rapids	IA	8:43	00:27:05.18
28	288/1665	111/1115	1175	Michelle Alber	30	F	Manchester	IA	8:43	00:27:06.38
29	300/1665	116/1115	1527	Haley Paige	35	F	Shellsburg	IA	8:47	00:27:19.60
30	307/1665	121/1115	815	Elizabeth Chipera	30	F	Walford	IA	8:49	00:27:26.52
31	314/1665	124/1115	694	Rose Amundson	32	F	Iowa City	IA	8:50	00:27:29.63
32	318/1665	127/1115	1776	Amy Dudek	37	F	Cedar Rapids	IA	8:52	00:27:35.51
33	335/1665	134/1115	234	Jessica Muxen	33	F	Marion	IA	8:55	00:27:44.61
34	344/1665	139/1115	932	Sheila Morris	37	F	Cedar Rapids	IA	8:57	00:27:50.35
35	348/1665	142/1115	907	Melissa Huston	34	F	Tiffin	IA	8:58	00:27:54.10
36	357/1665	146/1115	89	Theresa Havlik	30	F	Swisher	IA	9:00	00:28:00.14
37	361/1665	148/1115	771	Amy Vincent	33	F	Palo	IA	9:02	00:28:04.34
38	373/1665	152/1115	997	Katie Moon	35	F	Marion	IA	9:06	00:28:17.26
39	376/1665	154/1115	1726	Dareth Mcalpin	38	F	North Liberty	IA	9:06	00:28:18.60
40	388/1665	163/1115	959	Janna Girardi	37	F	Cedar Rapids	IA	9:08	00:28:25.61
41	389/1665	164/1115	257	Emily Barnard	36	F	Cedar Rapids	IA	9:09	00:28:25.94
42	392/1665	167/1115	825	Chantelle Sieren	38	F	Robins	IA	9:09	00:28:26.88
43	397/1665	170/1115	214	Amy Steger	30	F	Manchester	IA	9:10	00:28:31.32
44	404/1665	176/1115	648	Traci Ridgway	31	F	Atkins	IA	9:12	00:28:35.90
45	413/1665	183/1115	189	Nicole Rudzki	31	F	Marion	IA	9:14	00:28:41.86
46	419/1665	187/1115	420	Lucinda Harris	34	F	Cedar Rapids	IA	9:14	00:28:43.95
47	426/1665	191/1115	892	Janette Little	36	F	Cedar Rapids	IA	9:16	00:28:47.61
48	428/1665	192/1115	185	Jun Yi Lio	30	F	Cedar Rapids	IA	9:16	00:28:49.36
49	437/1665	197/1115	718	Vanessa Krejci	34	F	Cedar Rapids	IA	9:19	00:28:59.60
50	440/1665	199/1115	1653	Kasey Powers	37	F	Marion	IA	9:20	00:29:00.61
51	441/1665	200/1115	2125	Mariah Obiedzinski	32	F	Urbana	IA	9:20	00:29:00.68
52	442/1665	201/1115	549	Jill Engels	33	F	Tipton	IA	9:20	00:29:01.23
53	443/1665	202/1115	1006	Melissa Wehr	37	F	Cedar Rapids	IA	9:20	00:29:01.28

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Female 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
54	444/1665	203/1115	547	Jill Engels	33	F	Tipton	IA	9:20	00:29:01.40
55	451/1665	207/1115	2192	Ashley Bass	31	F	Cedar Rapids	IA	9:23	00:29:10.61
56	470/1665	216/1115	1200	Angela Mabeus	36	F	Iowa City	IA	9:27	00:29:22.90
57	473/1665	219/1115	1998	Katie Robillard	32	F	North Liberty	IA	9:28	00:29:26.70
58	474/1665	220/1115	378	Kristen Bral	36	F	Marengo	IA	9:28	00:29:27.11
59	475/1665	221/1115	1264	Lia Fontaine	35	F	Cedar Rapids	IA	9:28	00:29:27.32
60	478/1665	223/1115	1510	Stephany Newkirk	30	F	North Liberty	IA	9:29	00:29:29.40
61	486/1665	227/1115	563	Brigit Ray	31	F	Iowa City	IA	9:33	00:29:43.36
62	489/1665	230/1115	1338	Crickett Liston	30	F	Omaha	NE	9:34	00:29:44.82
63	491/1665	232/1115	114	Stephanie Henshaw	39	F	Cedar Rapids	IA	9:34	00:29:45.90
64	514/1665	246/1115	1090	Bird Gengler	38	F	Cedar Rapids	IA	9:39	00:30:01.47
65	519/1665	250/1115	2155	Danielle Hansel	31	F	Vinton	IA	9:41	00:30:06.11
66	560/1665	271/1115	583	Stephanie Hunt	31	F	Cedar Rapids	IA	9:52	00:30:41.89
67	567/1665	277/1115	1105	Brooke Eichmeyer	35	F	Cedar Rapids	IA	9:54	00:30:46.61
68	572/1665	280/1115	1088	Roisin Delaney	36	F	Cedar Rapids	IA	9:56	00:30:52.65
69	575/1665	283/1115	2142	Emily Dumolien	31	F	Robins	IA	9:56	00:30:54.40
70	577/1665	285/1115	2652	Carisa Cross	36	F	Marion	IA	9:56	00:30:54.71
71	583/1665	288/1115	1890	Kim Connolly	30	F	Marion	IA	9:58	00:30:58.11
72	586/1665	291/1115	1895	Melissa Wheatley	35	F	Coggon	IA	9:58	00:30:59.57
73	593/1665	297/1115	849	Kelly Hemphill	36	F	Marion	IA	10:00	00:31:04.66
74	608/1665	311/1115	79	Becky Johnson	31	F	Cedar Rapids	IA	10:03	00:31:15.76
75	615/1665	317/1115	1246	Jackie Vangilder	38	F	Cedar Rapids	IA	10:06	00:31:24.16
76	623/1665	322/1115	738	Jessica Mason	34	F	Toddville	IA	10:07	00:31:28.61
77	624/1665	323/1115	998	Rochelle Remus	30	F	Cedar Rapids	IA	10:07	00:31:28.72
78	625/1665	324/1115	204	Marie Billings	33	F	Marion	IA	10:08	00:31:29.44
79	630/1665	327/1115	723	Mandy Recker	33	F	Cedar Rapids	IA	10:09	00:31:35.12
80	631/1665	328/1115	724	Amy Reyhons	38	F	Cedar Rapids	IA	10:10	00:31:35.80
81	635/1665	332/1115	711	Jenny Burdt	39	F	Cedar Rapids	IA	10:12	00:31:41.86
82	637/1665	334/1115	1299	Jill Galpin	37	F	Cedar Rapids	IA	10:13	00:31:45.14
83	641/1665	338/1115	1039	Heidi Camp	35	F	Anamosa	IA	10:14	00:31:47.97
84	644/1665	340/1115	943	Donna Watkinson	33	F	Cedar Rapids	IA	10:14	00:31:50.16
85	646/1665	342/1115	940	Andrea Moncada	34	F	Marengo	IA	10:14	00:31:50.61
86	648/1665	343/1115	2052	Sara Burden	38	F	Solon	IA	10:15	00:31:51.16
87	649/1665	344/1115	1946	Rebecca Simon	36	F	Solon	IA	10:15	00:31:51.16
88	658/1665	348/1115	1538	Jamie Wedeking	34	F	Cedar Rapids	IA	10:16	00:31:56.27
89	666/1665	354/1115	885	Jen McMahon	34	F	Atkins	IA	10:19	00:32:06.28
90	671/1665	358/1115	485	Shannon Bartell	39	F	Lisbon	IA	10:21	00:32:10.54
91	673/1665	360/1115	2014	Ashley Murdock	31	F	Cedar Rapids	IA	10:21	00:32:11.11
92	678/1665	362/1115	1732	Kimberly Beal	39	F	Cedar Rapids	IA	10:22	00:32:13.91
93	684/1665	367/1115	1094	Karissa Forde	32	F	Marion	IA	10:23	00:32:18.39
94	692/1665	374/1115	1361	Tonya Johnston	39	F	Cedar Rapids	IA	10:26	00:32:27.36
95	694/1665	376/1115	1643	Amy Janda	32	F	Cedar Rapids	IA	10:26	00:32:27.66
96	703/1665	384/1115	1637	Sarah Crandall	32	F	Cedar Rapids	IA	10:29	00:32:34.80
97	706/1665	386/1115	1392	Melissa Lepkowski	35	F	Cedar Rapids	IA	10:29	00:32:36.86
98	707/1665	387/1115	1891	Julie Daughtey	30	F	Marion	IA	10:29	00:32:37.11
99	727/1665	402/1115	897	Jessica Wrage	39	F	Marion	IA	10:35	00:32:54.37
100	734/1665	406/1115	722	Erica Nygaard	37	F	Tiffin	IA	10:36	00:32:57.32
101	735/1665	407/1115	1766	Meagan Gugliano	31	F	Tiffin	IA	10:36	00:32:57.94
102	737/1665	409/1115	1701	Stacie Tuttle	39	F	Solon	IA	10:37	00:32:59.36
103	758/1665	421/1115	1921	Emily Kruse	30	F	Toddville	IA	10:42	00:33:14.81

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Female 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
104	759/1665	422/1115	24	Stephanie Desotel	30	F	Cedar Rapids	IA	10:42	00:33:15.22
105	763/1665	425/1115	2752	Megan Bernabe	30	F	North Liberty	IA	10:42	00:33:16.62
106	770/1665	430/1115	1686	Melanie Schroeder	34	F	Cedar Rapids	IA	10:43	00:33:20.38
107	779/1665	437/1115	508	Christina Grissom	32	F	Cedar Rapids	IA	10:45	00:33:24.61
108	786/1665	442/1115	1636	Gretchen Cornwell	39	F	Cedar Rapids	IA	10:46	00:33:29.66
109	795/1665	448/1115	664	Carolyn See	37	F	North Liberty	IA	10:49	00:33:37.39
110	806/1665	457/1115	2038	Lindsay Beaman	34	F	Center Point	IA	10:51	00:33:42.87
111	808/1665	459/1115	1676	Kristin Crossland	31	F	Cedar Rapids	IA	10:53	00:33:49.91
112	813/1665	463/1115	1851	Mandy Shakespeare	38	F	Center Point	IA	10:55	00:33:55.27
113	816/1665	466/1115	632	Danielle Pershing	31	F	Ely	IA	10:55	00:33:58.16
114	819/1665	469/1115	1449	Kristi Kidd	34	F	Cedar Rapids	IA	10:57	00:34:01.75
115	824/1665	472/1115	1944	Michelle Sorge	38	F	Cresco	IA	10:58	00:34:05.16
116	830/1665	475/1115	1524	Tara Boston	38	F	Cedar Rapids	IA	10:58	00:34:07.38
117	832/1665	477/1115	2240	Tanya Shaw	35	F	Cedar Rapids	IA	10:59	00:34:07.87
118	833/1665	478/1115	2309	Christina Ross	39	F	Marion	IA	10:59	00:34:08.84
119	834/1665	479/1115	1909	Aline Houssin	34	F	Cedar Rapids	IA	10:59	00:34:09.86
120	842/1665	484/1115	1979	Nicole Arnold	32	F	Cedar Rapids	IA	11:02	00:34:18.37
121	844/1665	486/1115	44	Stacie Schockemoehl	33	F	Cascade	IA	11:02	00:34:18.91
122	845/1665	487/1115	36	Amy Conlon	35	F	Cedar Rapids	IA	11:02	00:34:19.36
123	849/1665	491/1115	717	Angela Krejci	36	F	Cedar Rapids	IA	11:03	00:34:20.25
124	857/1665	497/1115	461	Joanna Read	37	F	Ladora	IA	11:05	00:34:28.56
125	860/1665	499/1115	510	Theresa Gustaveson	31	F	Cedar Rapids	IA	11:05	00:34:28.77
126	867/1665	504/1115	2036	Cristy Mcnamara	36	F	Cedar Rapids	IA	11:07	00:34:34.27
127	868/1665	505/1115	1993	Paige Benesh	30	F	Independence	IA	11:07	00:34:34.66
128	869/1665	506/1115	2668	Renate Nickell	35	F	Cedar Rapids	IA	11:07	00:34:35.33
129	890/1665	523/1115	2191	Sheri Weber	39	F	Marion	IA	11:15	00:34:58.55
130	913/1665	544/1115	965	Lindsey Bohr	32	F	North Liberty	IA	11:22	00:35:21.13
131	917/1665	548/1115	715	Ruth Hospodarsky	35	F	Hiawatha	IA	11:23	00:35:24.16
132	920/1665	550/1115	112	Amy Deyo	36	F	Hiawatha	IA	11:23	00:35:24.98
133	932/1665	559/1115	1210	Blanka Giese	31	F	Marion	IA	11:29	00:35:41.62
134	937/1665	564/1115	1120	Tiffany Miller	39	F	Cedar Rapids	IA	11:30	00:35:45.55
135	940/1665	567/1115	1878	Heidi Beals	39	F	Center Point	IA	11:31	00:35:47.33
136	941/1665	568/1115	121	Patty Stephens	37	F	Swisher	IA	11:31	00:35:47.37
137	948/1665	570/1115	490	Jennifer Biewen	38	F	Cedar Rapids	IA	11:35	00:36:00.41
138	951/1665	573/1115	1220	Jennifer Scott	31	F	Cedar Rapids	IA	11:36	00:36:02.85
139	958/1665	578/1115	342	Abigail Miller	32	F	Cedar Rapids	IA	11:40	00:36:14.92
140	961/1665	580/1115	1765	Tereasa Evans	36	F	Coralville	IA	11:40	00:36:17.29
141	962/1665	581/1115	2712	Crystal Robinson	30	F	Cedar Rapids	IA	11:41	00:36:18.31
142	969/1665	584/1115	52	Louise Brown	31	F	Brandon	IA	11:45	00:36:30.78
143	970/1665	585/1115	2293	Monika Jindal	31	F	Coralville	IA	11:45	00:36:31.59
144	972/1665	587/1115	2060	Stacey Anderson	31	F	Coal Valley	IL	11:46	00:36:34.38
145	976/1665	590/1115	446	Janelle Martin	36	F	Cedar Rapids	IA	11:48	00:36:40.31
146	999/1665	611/1115	1680	Elizabeth Kaiser	35	F	Cedar Rapid	IA	11:58	00:37:13.37
147	1000/1665	612/1115	1504	Sheryl Becker	39	F	Marion	IA	11:59	00:37:14.88
148	1008/1665	619/1115	2179	Rebecca Lienau	31	F	Cedar Rapids	IA	12:01	00:37:22.12
149	1010/1665	620/1115	1939	Jessica Johnson	32	F	Cedar Rapids	IA	12:02	00:37:25.54
150	1011/1665	621/1115	1938	Kelsie Johnson	30	F	Cedar Rapids	IA	12:02	00:37:25.67
151	1031/1665	634/1115	627	Abbie Steil	38	F	Marion	IA	12:11	00:37:51.57
152	1033/1665	636/1115	349	Amber Straw	37	F	Marion	IA	12:13	00:37:58.70
153	1041/1665	642/1115	245	Aesia Kardos	32	F	Urbana	IA	12:15	00:38:04.54

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Female 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
154	1050/1665	649/1115	1707	Linsey Eiben	33	F	Central City	IA	12:18	00:38:14.16
155	1055/1665	652/1115	1224	Mary Hagensick	38	F	Marion	IA	12:19	00:38:18.27
156	1062/1665	657/1115	66	Kelly Brodersen	34	F	Wyoming	IA	12:21	00:38:23.98
157	1063/1665	658/1115	65	Kelly Ballou	39	F	Wyoming	IA	12:21	00:38:24.13
158	1073/1665	663/1115	1948	Caitlin Larson	32	F	Cedar Rapids	IA	12:25	00:38:34.88
159	1080/1665	667/1115	1198	Melissa Wheeler	34	F	Kansas City	KS	12:28	00:38:44.75
160	1084/1665	671/1115	1845	Mariana Ceessay	38	F	Cedar Rapids	IA	12:30	00:38:52.28
161	1087/1665	674/1115	928	Danielle Schmidt	30	F	Cedar Rapids	IA	12:32	00:38:57.63
162	1089/1665	676/1115	171	Carrie Kellogg	36	F	Cedar Rapids	IA	12:33	00:39:00.57
163	1100/1665	683/1115	981	Melinda Dufoe	30	F	Cedar Rapids	IA	12:39	00:39:19.79
164	1104/1665	687/1115	702	Sarah Phipps	39	F	Cedar Rapids	IA	12:40	00:39:24.15
165	1107/1665	690/1115	1025	Brenda Swanson	31	F	Cedar Rapids	IA	12:41	00:39:26.61
166	1132/1665	709/1115	1717	Janet Henry	38	F	Cedar Rapids	IA	12:54	00:40:06.33
167	1135/1665	710/1115	927	Rachel Lode	38	F	North Liberty	IA	12:56	00:40:13.57
168	1140/1665	714/1115	1245	Mickala Anderson	35	F	Marion	IA	13:00	00:40:25.67
169	1141/1665	715/1115	953	Nicole Houck	30	F	Cedar Rapids	IA	13:01	00:40:26.57
170	1144/1665	717/1115	950	Sherri Bartels	34	F	Cedar Rapids	IA	13:01	00:40:27.37
171	1151/1665	723/1115	489	Crystal Berry	37	F	Cedar Rapids	IA	13:07	00:40:47.13
172	1160/1665	731/1115	280	Sara Ochsner	37	F	Cedar Rapids	IA	13:13	00:41:04.30
173	1166/1665	735/1115	1769	Liz Vergili	37	F	Coralville	IA	13:18	00:41:20.17
174	1168/1665	737/1115	177	Christa Rowsell	30	F	Cedar Rapids	IA	13:21	00:41:29.42
175	1171/1665	739/1115	2210	Senetibeb Gebre	32	F	Iowa City	IA	13:22	00:41:34.18
176	1187/1665	752/1115	692	Teresa Coker	36	F	Cedar Rapids	IA	13:37	00:42:21.31
177	1193/1665	756/1115	348	Kristen Steidl	30	F	Cedar Rapids	IA	13:41	00:42:31.38
178	1195/1665	758/1115	347	Rachel Ozburn	37	F	Cedar Rapids	IA	13:41	00:42:31.48
179	1196/1665	759/1115	1191	Shelly Pence	39	F	Swisher	IA	13:41	00:42:32.86
180	1197/1665	760/1115	1520	Aleasha Leclere	31	F	Cedar Rapids	IA	13:41	00:42:33.72
181	1201/1665	764/1115	736	Tara Griffin	34	F	Marion	IA	13:42	00:42:35.89
182	1206/1665	765/1115	46	Hailee Sandberg	38	F	Rowley	IA	13:44	00:42:42.76
183	1213/1665	771/1115	2220	Jennifer Skogman	35	F	Marion	IA	13:46	00:42:48.67
184	1214/1665	772/1115	2303	Padget Skogman	31	F	Cedar Rapids	IA	13:46	00:42:48.87
185	1226/1665	781/1115	466	Shelby Serbousek	30	F	Fairfax	IA	13:54	00:43:13.86
186	1234/1665	786/1115	1426	Christen Taylor	37	F	Marion	IA	14:00	00:43:32.31
187	1236/1665	788/1115	2068	Lindsay Lentz	34	F	Coggon	IA	14:01	00:43:34.14
188	1258/1665	801/1115	338	Abigail Rustioni	32	F	Iowa City	IA	14:19	00:44:30.39
189	1265/1665	806/1115	1759	Gina Kuehn	36	F	Cedar Rapids	IA	14:28	00:44:58.68
190	1266/1665	807/1115	1537	Anna O'connor	39	F	Cedar Rapids	IA	14:28	00:44:58.89
191	1267/1665	808/1115	1730	Charisa Timmins	31	F	Iowa City	IA	14:30	00:45:04.85
192	1284/1665	823/1115	514	Christina Johnson	36	F	Cedar Rapids	IA	14:45	00:45:52.11
193	1286/1665	824/1115	1144	Amanda Carson	33	F	Anamosa	IA	14:47	00:45:56.77
194	1287/1665	825/1115	1145	Nikki Robson	34	F	Marion	IA	14:47	00:45:56.93
195	1290/1665	827/1115	605	Emily Doolittle	30	F	Cedar Rapids	IA	14:50	00:46:06.43
196	1293/1665	830/1115	770	Whitney Schreder	30	F	Lisbon	IA	14:57	00:46:27.15
197	1294/1665	831/1115	2189	Lisa Sparrow	31	F	Cedar Rapids	IA	14:57	00:46:27.24
198	1312/1665	844/1115	1862	Heather Chappell	34	F	Marion	IA	15:12	00:47:14.13
199	1317/1665	848/1115	1030	Jenny Borst	37	F	Olin	IA	15:17	00:47:29.94
200	1318/1665	849/1115	1963	Jennifer McMurrin	39	F	Hazleton	IA	15:17	00:47:30.43
201	1321/1665	851/1115	631	Christene Langmann	39	F	Coggon	IA	15:28	00:48:05.48
202	1323/1665	853/1115	2152	Liz Birdsley	31	F	Cedar Rapids	IA	15:29	00:48:09.32
203	1330/1665	860/1115	1285	Staci Russell	30	F	Coralville	IA	15:42	00:48:47.19

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Female 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
204	1337/1665	865/1115	604	Stacy Craft	31	F	Cedar Rapids	IA	15:53	00:49:23.43
205	1340/1665	868/1115	2004	Natalie Carrion	30	F	Waverly	IA	15:58	00:49:37.25
206	1341/1665	869/1115	406	Aubrey Finch	33	F	Cedar Rapids	IA	16:13	00:50:23.40
207	1343/1665	871/1115	614	Alisha Fishwild	39	F	Marion	IA	16:18	00:50:40.90
208	1348/1665	876/1115	1974	Kristyn Schulte	36	F	Amana	IA	16:28	00:51:09.82
209	1351/1665	879/1115	1499	Nicole Havlicek	34	F	Cedar Rapids	IA	16:30	00:51:18.36
210	1360/1665	887/1115	734	Heather Dunfee	33	F	Cedar Rapids	IA	16:39	00:51:45.80
211	1361/1665	888/1115	733	Amber Doyle	37	F	Cedar Rapids	IA	16:39	00:51:46.40
212	1368/1665	892/1115	1069	Melissa Greiner	34	F	North Liberty	IA	16:50	00:52:20.13
213	1369/1665	893/1115	671	Hannah Bazal	33	F	Cedar Rapids	IA	16:54	00:52:33.34
214	1375/1665	897/1115	891	Laurel Davis	30	F	Cedar Rapids	IA	17:05	00:53:04.90
215	1379/1665	901/1115	2254	Kimberly Lawrence	35	F	Central City	IA	17:12	00:53:28.15
216	1392/1665	912/1115	1173	Megan Kirby	32	F	Laporte City	IA	17:45	00:55:11.66
217	1395/1665	914/1115	1414	Jennifer Jenn	36	F	North Liberty	IA	17:49	00:55:22.76
218	1396/1665	915/1115	2756	Amanda Merta	34	F	Cedar Rapids	IA	17:49	00:55:23.70
219	1412/1665	927/1115	1599	Jess Stauffer	30	F	Swisher	IA	18:24	00:57:10.13
220	1413/1665	928/1115	1886	Michelle Meyers	38	F	Marion	IA	18:25	00:57:14.41
221	1420/1665	933/1115	677	Kara Krueger	39	F	Atkins	IA	18:43	00:58:09.35
222	1422/1665	935/1115	1180	Nicole Vaske	31	F	Manchester	IA	18:44	00:58:13.95
223	1424/1665	937/1115	144	Molly Schuett	34	F	Marion	IA	18:46	00:58:19.33
224	1426/1665	938/1115	1728	Kristen Temple	31	F	Cedar Rapids	IA	18:51	00:58:34.64
225	1440/1665	948/1115	819	Melissa Merrifield	36	F	Cedar Rapids	IA	19:29	01:00:35.12
226	1441/1665	949/1115	1534	Melissa Barker	35	F	Springville	IA	19:32	01:00:41.95
227	1465/1665	966/1115	294	Jaime Bentley	39	F	Mount Vernon	IA	20:25	01:03:29.14
228	1469/1665	970/1115	964	Nadiya Baumhover	32	F	Tiffin	IA	20:32	01:03:50.82
229	1472/1665	973/1115	68	Stephanie Miller	34	F	Wyoming	IA	20:36	01:04:00.39
230	1476/1665	977/1115	459	Kelly Ondracek	37	F	Cedar Rapids	IA	20:41	01:04:16.42
231	1485/1665	982/1115	1547	Brianna Wilson	36	F	Marion	IA	20:59	01:05:11.96
232	1487/1665	983/1115	355	Kristin Frahm	32	F	Cedar Rapids	IA	21:02	01:05:21.33
233	1495/1665	988/1115	2713	Hope Konrad	33	F	Cedar Rapids	IA	21:04	01:05:28.65
234	1496/1665	989/1115	1670	Heather Anderegg	39	F	Cedar Rapids	IA	21:04	01:05:28.71
235	1498/1665	990/1115	529	Jen Schinstock	35	F	Marion	IA	21:04	01:05:29.46
236	1500/1665	992/1115	1635	Tracy Conrad	39	F	Cedar Rapids	IA	21:06	01:05:33.97
237	1518/1665	1003/1115	208	Addie Ketelsen	32	F	Marion	IA	21:27	01:06:41.46
238	1522/1665	1007/1115	1356	Shaunna Morgan	39	F	Cedar Rapids	IA	21:34	01:07:02.57
239	1537/1665	1018/1115	1780	Josie Muller	33	F	Cedar Rapids	IA	22:04	01:08:36.49
240	1541/1665	1022/1115	1468	Lindsay Olson	30	F	Cedar Rapids	IA	22:13	01:09:04.47
241	1542/1665	1023/1115	850	Tiffany Kinzenbaw	39	F	Marion	IA	22:15	01:09:09.19
242	1544/1665	1025/1115	1384	Sarah Jarrett	36	F	Cedar Rapids	IA	22:17	01:09:15.94
243	1546/1665	1027/1115	1379	Deanna Cavazos	33	F	Cedar Rapids	IA	22:17	01:09:16.38
244	1555/1665	1033/1115	1767	April Humphrey	37	F	Iowa City	IA	23:03	01:11:37.19
245	1558/1665	1036/1115	1422	Patricia Sawvell	32	F	Cedar Rapids	IA	23:12	01:12:06.22
246	1568/1665	1045/1115	1081	Tiffany Kuennen	31	F	Palo	IA	23:26	01:12:50.22
247	1569/1665	1046/1115	666	Andrea Stohler	30	F	Cedar Rapids	IA	23:29	01:12:58.44
248	1570/1665	1047/1115	662	Amanda Breeden	30	F	Cedar Rapids	IA	23:29	01:12:58.85
249	1576/1665	1051/1115	517	Corinne Krzywicki	32	F	Cedar Rapids	IA	23:36	01:13:20.47
250	1579/1665	1053/1115	2172	Christina Clark	37	F	Marion	IA	23:37	01:13:25.27
251	1588/1665	1058/1115	238	Laurel Cruse	34	F	Cedar Rapids	IA	23:44	01:13:45.67
252	1602/1665	1068/1115	2264	Carisa Riesselman	32	F	Dakota City	IA	24:03	01:14:44.20
253	1620/1665	1080/1115	344	Kara Nordberg	36	F	Palo	IA	24:41	01:16:44.48

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Female 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
254	1623/1665	1082/1115	1217	Kari Palmer	39	F	Marion	IA	24:45	01:16:54.45
255	1625/1665	1084/1115	2319	Michelle Ross	37	F	Cedar Rapids	IA	25:00	01:17:42.23
256	1628/1665	1086/1115	1447	Erin Ellerbach	36	F	Dubuque	IA	25:03	01:17:51.95
257	1631/1665	1089/1115	643	Amanda Lower	37	F	Iowa City	IA	25:05	01:17:58.98
258	1634/1665	1091/1115	1498	Michelle Beyer	31	F	Cedar Rapids	IA	25:06	01:17:59.64
259	1645/1665	1102/1115	26	Jennifer Howell	34	F	Cedar Rapids	IA	26:03	01:20:58.90
260	1664/1665	1114/1115	829	Gloria Ahlhelm	39	F	Cedar Rapids	IA	28:28	01:28:28.24

Male Male 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	4/1665	4/550	1377	Chris Legore	32	M	Marion	IA	5:29	00:17:02.86
2	5/1665	5/550	2317	Cary Richey	38	M	Cedar Rapids	IA	5:29	00:17:04.00
3	6/1665	6/550	824	Zach Schmit	32	M	Cedar Rapids	IA	5:34	00:17:20.70
4	7/1665	7/550	845	Andrew Schramm	32	M	Marion	IA	5:37	00:17:29.83
5	11/1665	11/550	1279	Jon Fitch	30	M	Cedar Rapids	IA	6:03	00:18:50.78
6	14/1665	14/550	1770	Gavin Wright	32	M	North Liberty	IA	6:07	00:19:00.54
7	15/1665	15/550	518	Stephen Krzywicki	36	M	Cedar Rapids	IA	6:15	00:19:25.50
8	16/1665	16/550	56	Wes Hilleshiem	38	M	Cedar Rapids	IA	6:16	00:19:28.84
9	18/1665	18/550	248	Drew Vogel	30	M	Cedar Rapids	IA	6:18	00:19:34.68
10	19/1665	19/550	1240	Colin Sullivan	30	M	Cedar Rapids	IA	6:18	00:19:35.64
11	23/1665	23/550	187	Cliff Rudzki	31	M	Marion	IA	6:25	00:19:58.19
12	24/1665	24/550	550	Shawn Engels	34	M	Tipton	IA	6:26	00:19:59.81
13	29/1665	29/550	526	Chris Nims	39	M	Robins	IA	6:32	00:20:20.32
14	41/1665	37/550	1214	Nathan Kelley	32	M	Marion	IA	6:49	00:21:13.29
15	46/1665	40/550	1889	Amos Werderman	37	M	Cedar Rapids	IA	6:57	00:21:36.46
16	49/1665	43/550	728	Eduardo Celis	39	M	Cedar Rapids	IA	7:03	00:21:55.17
17	50/1665	44/550	966	Eduardo Celis	39	M	Cedar Rapids	IA	7:03	00:21:55.17
18	52/1665	46/550	1687	Joshua Stoos	34	M	Ely	IA	7:04	00:21:58.77
19	53/1665	47/550	329	Nic O'malley	32	M	Marion	IA	7:04	00:21:59.22
20	65/1665	55/550	2051	Adam Burden	38	M	Solon	IA	7:11	00:22:21.93
21	71/1665	59/550	1156	Pete Angus	33	M	Ankeny	IA	7:16	00:22:35.92
22	75/1665	61/550	1439	Roy Kolden	39	M	Marion	IA	7:17	00:22:39.89
23	78/1665	62/550	321	Marlon Pineda	36	M	Cedar Rapids	IA	7:18	00:22:41.95
24	86/1665	66/550	1856	Andy Lang	35	M	Cedar Rapids	IA	7:25	00:23:02.64
25	105/1665	80/550	1005	Mark Wehr	38	M	Fairfax	IA	7:31	00:23:21.59
26	113/1665	85/550	937	Eric Foley	35	M	Cedar Rapids	IA	7:36	00:23:38.31
27	114/1665	86/550	1121	Brad Mohwinkle	35	M	Cedar Rapids	IA	7:37	00:23:42.11
28	159/1665	112/550	1273	Cesar Vazquez	39	M	Cedar Rapids	IA	7:54	00:24:33.14
29	162/1665	114/550	1155	Hayder Salehoglu	30	M	Cedar Rapids	IA	7:55	00:24:37.23
30	169/1665	119/550	647	Joel Ridgway	32	M	Atkins	IA	7:57	00:24:44.38
31	184/1665	126/550	555	Tyson Morio	36	M	Hiawatha	IA	8:02	00:24:59.10
32	194/1665	133/550	948	Paul Wittkowski	37	M	Cedar Rapids	IA	8:06	00:25:12.21
33	206/1665	138/550	1010	Ryan Chizek	30	M	North Liberty	IA	8:11	00:25:28.14
34	226/1665	147/550	1107	Matthew Eichmeyer	35	M	Cedar Rapids	IA	8:21	00:25:56.68
35	239/1665	152/550	911	Kevin Meller	35	M	Riverside	IA	8:27	00:26:18.19
36	253/1665	158/550	1093	Jon Forde	35	M	Marion	IA	8:31	00:26:28.77
37	255/1665	160/550	946	Tyler Watkinson	35	M	Cedar Rapids	IA	8:31	00:26:30.15
38	265/1665	166/550	76	Christopher Frampton	31	M	Cedar Rapids	IA	8:34	00:26:38.64

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Male Male 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
39	271/1665	168/550	2316	Kristen Marion	39	M	Cedar Rapids	IA	8:35	00:26:41.36
40	281/1665	176/550	2764	James Brewer	39	M	Cedar Rapids	IA	8:40	00:26:56.35
41	291/1665	179/550	882	Jc Cunningham	32	M	Cedar Rapids	IA	8:44	00:27:09.64
42	296/1665	183/550	229	Jeff Walters	31	M	Cedar Rapids	IA	8:46	00:27:15.40
43	298/1665	184/550	226	Jerry Michel	36	M	Cedar Rapids	IA	8:47	00:27:18.80
44	313/1665	190/550	2084	Matthew White	38	M	Cedar Rapids	IA	8:50	00:27:29.15
45	324/1665	195/550	227	Chad Reedich	36	M	Cedar Rapids	IA	8:54	00:27:39.14
46	325/1665	196/550	224	Bill Brown	38	M	Cedar Rapids	IA	8:54	00:27:39.36
47	332/1665	200/550	483	Terry Yin	31	M	Cedar Rapids	IA	8:55	00:27:44.36
48	341/1665	205/550	1593	Jeff Schroeder	34	M	O Fallon	MO	8:57	00:27:49.11
49	359/1665	212/550	1235	Bret Slife	33	M	Cedar Rapids	IA	9:01	00:28:02.17
50	370/1665	220/550	582	Logan Forney	38	M	Cedar Rapids	IA	9:05	00:28:15.82
51	412/1665	230/550	1652	Ryan Parnow	38	M	Marion	IA	9:14	00:28:41.71
52	417/1665	231/550	1608	Chad Moore	35	M	Cedar Rapids	IA	9:14	00:28:43.12
53	422/1665	234/550	691	Junior Coker	36	M	Cedar Rapids	IA	9:15	00:28:45.96
54	429/1665	237/550	2217	Ryne Edwards	30	M	Cedar Rapids	IA	9:16	00:28:49.62
55	460/1665	249/550	1400	Daniel Allen	39	M	North Liberty	IA	9:25	00:29:16.55
56	468/1665	253/550	62	Ryan Neuhaus	30	M	Hiawatha	IA	9:26	00:29:20.49
57	522/1665	271/550	407	Lance Finch	37	M	Fairfax	IA	9:41	00:30:06.65
58	537/1665	277/550	758	Josh Linebaugh	37	M	Cedar Rapids	IA	9:46	00:30:23.22
59	539/1665	279/550	686	Adam Steele	32	M	Norway	IA	9:47	00:30:25.47
60	542/1665	281/550	1261	Guillermo Aguilar	38	M	Cedar Rapids	IA	9:47	00:30:26.86
61	547/1665	285/550	430	Zach Keeran	34	M	Fairfax	IA	9:49	00:30:31.56
62	555/1665	288/550	2039	John Kassie	35	M	Center Point	IA	9:51	00:30:37.86
63	568/1665	291/550	51	Jeremy Brown	32	M	Brandon	IA	9:55	00:30:49.36
64	581/1665	295/550	502	Luke Feldermann	38	M	Lisbon	IA	9:57	00:30:57.54
65	592/1665	296/550	23	Reid Desotel	31	M	Cedar Rapids	IA	9:59	00:31:03.85
66	619/1665	300/550	1212	Ryan Hesseltine	37	M	North Liberty	IA	10:07	00:31:26.65
67	628/1665	303/550	814	Allen Chipera	31	M	Walford	IA	10:09	00:31:34.66
68	647/1665	305/550	2007	Nick Thomas	30	M	Cedar Rapids	IA	10:14	00:31:50.65
69	669/1665	313/550	682	Doug Deimler	37	M	Cedar Rapids	IA	10:20	00:32:09.34
70	730/1665	327/550	2102	Michael Franzman	38	M	Bettendorf	IA	10:35	00:32:55.49
71	748/1665	332/550	1068	Craig Goldsmith	34	M	Marion	IA	10:38	00:33:04.88
72	764/1665	339/550	2751	Adam Bernabe	32	M	North Liberty	IA	10:42	00:33:17.16
73	777/1665	342/550	926	Matt Lode	37	M	North Liberty	IA	10:45	00:33:24.39
74	784/1665	344/550	1644	Scott Keeney	36	M	Center Point	IA	10:46	00:33:29.41
75	827/1665	354/550	1873	Mickey Weber	34	M	Clarksville	IN	10:58	00:34:05.42
76	859/1665	361/550	509	Scott Gustaveson	36	M	Cedar Rapids	IA	11:05	00:34:28.77
77	865/1665	363/550	713	Jody Hospodarsky	39	M	Hiawatha	IA	11:07	00:34:32.65
78	884/1665	366/550	1471	Justin Rozinek	35	M	Swisher	IA	11:12	00:34:50.17
79	918/1665	370/550	113	Steve Deyo	39	M	Hiawatha	IA	11:23	00:35:24.38
80	946/1665	377/550	1416	Walter Mcfadden	32	M	Iowa City	IA	11:32	00:35:52.62
81	947/1665	378/550	2198	Daniel Pacheco	32	M	Cedar Rapids	IA	11:35	00:36:00.37
82	953/1665	379/550	2633	Zach Hill	31	M	Iowa City	IA	11:38	00:36:09.12
83	964/1665	382/550	1406	Dexter Fisher	32	M	Cedar Rapids	IA	11:41	00:36:18.77
84	973/1665	386/550	281	Jamie Palmer	34	M	North Liberty	IA	11:46	00:36:34.84
85	977/1665	387/550	1623	Gregory Collins	32	M	Cedar Rapids	IA	11:48	00:36:41.36
86	1007/1665	389/550	2178	Shane Lienau	35	M	Cedar Rapids	IA	12:01	00:37:21.20
87	1030/1665	397/550	2302	Erick Skogman	36	M	Cedar Rapids	IA	12:09	00:37:47.88
88	1092/1665	414/550	1306	Dan Tallman	32	M	North Liberty	IA	12:34	00:39:03.23

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Male Male 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
89	1169/1665	432/550	178	Chase Smith	31	M	Cedar Rapids	IA	13:21	00:41:29.51
90	1175/1665	434/550	2203	Brian Paris	39	M	Cedar Rapids	IA	13:25	00:41:42.11
91	1224/1665	445/550	688	Nate Whipple	30	M	Cedar Rapids	IA	13:53	00:43:08.68
92	1268/1665	460/550	1729	Barry Timmins	34	M	Iowa City	IA	14:30	00:45:04.97
93	1391/1665	480/550	1109	Nick Duffy	35	M	Cedar Rapids	IA	17:43	00:55:03.66
94	1402/1665	484/550	2687	Chris Steenrod	39	M	Cedar Rapids	IA	17:59	00:55:53.20
95	1425/1665	488/550	1267	Ashwet Kshirsagar	32	M	Cedar Rapids	IA	18:46	00:58:19.49
96	1433/1665	492/550	818	Dave Merrifield	39	M	Cedar Rapids	IA	18:59	00:58:59.31
97	1484/1665	503/550	1648	Matt Kremer	30	M	Toddville	IA	20:58	01:05:09.65
98	1486/1665	504/550	354	Jason Frahm	34	M	Cedar Rapids	IA	21:01	01:05:20.46
99	1548/1665	520/550	2758	Dylan Syse	30	M	Cedar Rapids	IA	22:18	01:09:17.44
100	1549/1665	521/550	324	Tim Lentz	32	M	Cedar Rapids	IA	22:32	01:10:00.72
101	1571/1665	524/550	667	James Stohler	30	M	Cedar Rapids	IA	23:30	01:13:01.10
102	1572/1665	525/550	663	Daniel Breeden	30	M	Cedar Rapids	IA	23:30	01:13:01.94
103	1580/1665	527/550	2173	Joe Clark	38	M	Marion	IA	23:38	01:13:26.42
104	1583/1665	528/550	759	Matthew Parker	33	M	Cedar Rapids	IA	23:43	01:13:42.23
105	1600/1665	534/550	622	Jordan Metzger	30	M	North Liberty	IA	24:02	01:14:42.87
106	1605/1665	535/550	660	Dave Ingolsby	32	M	Mchenry	IL	24:11	01:15:10.10
107	1615/1665	537/550	1802	Daniel Zepeda	34	M	Cedar Rapids	IA	24:33	01:16:17.85
108	1633/1665	543/550	1497	Chris Beyer	31	M	Cedar Rapids	IA	25:06	01:17:59.64
109	1649/1665	544/550	1830	Cory Stuckey	31	M	Cedar Rapids	IA	26:19	01:21:47.88

Female Female 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	61/1665	9/1115	2666	Aimee Jones	47	F	Cedar Rapids	IA	7:07	00:22:07.96
2	62/1665	10/1115	585	Bridget Lemker	44	F	Cedar Rapids	IA	7:07	00:22:09.72
3	70/1665	12/1115	1487	Lucinda Moews	45	F	Keosauqua	IA	7:15	00:22:32.84
4	99/1665	24/1115	34	Kathryn Cater	45	F	Cedar Rapids	IA	7:29	00:23:16.97
5	145/1665	38/1115	1817	Lisa Nicol	45	F	Solon	IA	7:48	00:24:14.69
6	148/1665	40/1115	192	Marnette Meier	46	F	South English	IA	7:49	00:24:19.62
7	149/1665	41/1115	764	Amy Vander Kamp	40	F	Marion	IA	7:50	00:24:20.35
8	154/1665	44/1115	2310	Amara Andrews	41	F	Cedar Rapids	IA	7:52	00:24:26.99
9	171/1665	52/1115	672	Jennifer Campbell-West	41	F	Cedar Rapids	IA	7:58	00:24:46.62
10	175/1665	54/1115	1879	Jill Waterman	46	F	Strawberry Point	IA	7:59	00:24:49.35
11	212/1665	72/1115	63	Tanya Schneidermann	47	F	Cedar Rapids	IA	8:13	00:25:33.13
12	213/1665	73/1115	211	Erin Meyer	45	F	Cedar Rapids	IA	8:15	00:25:37.98
13	218/1665	76/1115	910	Theresa Kolbet	46	F	Manchester	IA	8:16	00:25:44.11
14	240/1665	88/1115	880	Anne Lovig	45	F	Cedar Rapids	IA	8:28	00:26:19.60
15	263/1665	98/1115	1367	Sheila Ferrell	47	F	Anamosa	IA	8:33	00:26:35.26
16	275/1665	105/1115	2763	Julia Gharib	44	F	Marion	IA	8:38	00:26:49.85
17	285/1665	108/1115	2079	Jennie Butler	46	F	Manchester	IA	8:42	00:27:03.34
18	289/1665	112/1115	896	Elizabeth Driskell	44	F	Cedar Rapids	IA	8:43	00:27:06.59
19	302/1665	117/1115	2737	Carrie Steffen	43	F	Cedar Rapids	IA	8:47	00:27:20.42
20	304/1665	119/1115	2224	Joanna Weyer	45	F	Swisher	IA	8:48	00:27:21.12
21	305/1665	120/1115	621	Lori Mcgowan	49	F	Vinton	IA	8:48	00:27:22.54
22	315/1665	125/1115	1598	Jodie Stapley	42	F	Marion	IA	8:51	00:27:30.17
23	323/1665	129/1115	497	Tisha Constien	40	F	Cedar Rapids	IA	8:53	00:27:38.65
24	326/1665	130/1115	1185	Janette Voss	49	F	Ryan	IA	8:54	00:27:39.56

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Female 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
25	331/1665	132/1115	2288	Jackie Kuntz	49	F	Cedar Rapids	IA	8:54	00:27:42.10
26	342/1665	137/1115	1592	April Schroeder	42	F	O Fallon	MO	8:57	00:27:49.32
27	343/1665	138/1115	1917	Michelle Clark	44	F	Coralville	IA	8:57	00:27:49.90
28	351/1665	143/1115	860	Maria Bowman	46	F	Robins	IA	8:59	00:27:56.74
29	356/1665	145/1115	875	Leigh Walker Cook	47	F	Robins	IA	9:00	00:28:00.10
30	368/1665	150/1115	534	Tamara Thomas	43	F	Cedar Rapids	IA	9:05	00:28:14.17
31	371/1665	151/1115	1215	Laurie Lutgen	44	F	Marion	IA	9:05	00:28:15.91
32	375/1665	153/1115	1508	Sarah Farebrother	46	F	North Liberty	IA	9:06	00:28:17.67
33	381/1665	158/1115	2623	Michele Countryman	43	F	Anamosa	IA	9:08	00:28:22.82
34	384/1665	161/1115	1933	Diane Ropp	49	F	Cedar Rapids	IA	9:08	00:28:23.40
35	410/1665	181/1115	2233	Sandra Cano	42	F	Cedar Rapids	IA	9:14	00:28:41.30
36	415/1665	185/1115	1469	Tammy Roberts	47	F	Solon	IA	9:14	00:28:42.52
37	425/1665	190/1115	1099	Tami Steffen	47	F	Atkins	IA	9:15	00:28:47.15
38	431/1665	193/1115	720	Jennifer Spurrell	49	F	Cedar Rapids	IA	9:17	00:28:51.51
39	435/1665	195/1115	2157	Lori Nagle	48	F	Cedar Rapids	IA	9:17	00:28:53.55
40	436/1665	196/1115	2132	Deborah Kennedy	49	F	Amana	IA	9:19	00:28:57.61
41	438/1665	198/1115	1738	Carrie Kolosik	49	F	Swisher	IA	9:19	00:28:59.90
42	445/1665	204/1115	495	Angie Carver	45	F	Cedar Rapids	IA	9:20	00:29:02.15
43	447/1665	206/1115	106	Tracy Niemeyer	44	F	Cedar Rapids	IA	9:20	00:29:02.31
44	456/1665	209/1115	104	Laura Jaeger	41	F	North Liberty	IA	9:24	00:29:13.95
45	471/1665	217/1115	2031	Carrie Olmstead	40	F	Alburnett	IA	9:27	00:29:24.75
46	488/1665	229/1115	986	Lisa Gordon	46	F	Shellsburg	IA	9:34	00:29:44.62
47	494/1665	234/1115	272	Sara Scott	44	F	Hiawatha	IA	9:36	00:29:49.65
48	496/1665	235/1115	54	Kimberly Franklin	49	F	Swisher	IA	9:36	00:29:50.36
49	497/1665	236/1115	183	Stephanie Cook	45	F	Cedar Rapids	IA	9:36	00:29:50.89
50	520/1665	251/1115	2091	Kathleen Wild	48	F	North Liberty	IA	9:41	00:30:06.56
51	527/1665	254/1115	151	Lisa Hart	48	F	Cedar Rapids	IA	9:43	00:30:12.84
52	530/1665	256/1115	1375	Anne Johnson	42	F	Solon	IA	9:45	00:30:17.86
53	541/1665	261/1115	137	Diana Maston	49	F	Marion	IA	9:47	00:30:25.76
54	549/1665	263/1115	100	Trisha Ender	40	F	Cedar Rapids	IA	9:50	00:30:33.79
55	551/1665	265/1115	618	Debbie Lenth	49	F	Cedar Rapids	IA	9:50	00:30:34.79
56	562/1665	272/1115	334	Anne Jasper	47	F	Cedar Rapids	IA	9:53	00:30:43.35
57	565/1665	275/1115	1256	Brenda Olson	43	F	Robins	IA	9:54	00:30:45.60
58	566/1665	276/1115	1493	Janette Stecker	44	F	Cedar Rapids	IA	9:54	00:30:45.87
59	576/1665	284/1115	98	Barb Viktora	48	F	Fairfax	IA	9:56	00:30:54.58
60	580/1665	286/1115	1768	Amy Larkin	40	F	Coralville	IA	9:57	00:30:57.11
61	590/1665	295/1115	1519	Marci Williams	42	F	Cedar Rapids	IA	9:59	00:31:02.45
62	610/1665	312/1115	1015	Nichole Plagge	41	F	Cedar Rapids	IA	10:05	00:31:21.36
63	621/1665	321/1115	153	Barb Jones	43	F	Cedar Rapids	IA	10:07	00:31:27.26
64	632/1665	329/1115	1582	Jen Neubauer	45	F	Swisher	IA	10:10	00:31:36.41
65	638/1665	335/1115	115	Kelly Jensen	46	F	Toddville	IA	10:13	00:31:45.35
66	639/1665	336/1115	119	Deb Schulteans	47	F	Cedar Rapids	IA	10:13	00:31:45.41
67	642/1665	339/1115	1884	Melissa Lewis	48	F	Delhi	IA	10:14	00:31:49.60
68	651/1665	345/1115	1249	Robin Castor	40	F	Marion	IA	10:15	00:31:52.41
69	656/1665	347/1115	2272	Tammy Goedken	47	F	Cedar Rapids	IA	10:16	00:31:55.86
70	661/1665	351/1115	2032	Jeannene Johnson	42	F	Vinton	IA	10:17	00:31:58.10
71	664/1665	353/1115	1024	Kathy Keane	43	F	Marion	IA	10:17	00:31:59.72
72	672/1665	359/1115	1639	Debra Duball	47	F	Cedar Rapids	IA	10:21	00:32:10.87
73	681/1665	365/1115	1702	Courtney Vassiliades	41	F	Solon	IA	10:23	00:32:16.24
74	682/1665	366/1115	1429	Jennifer Watson	42	F	Cedar Rapids	IA	10:23	00:32:16.86

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Female 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
75	687/1665	370/1115	1607	Judy Coil	49	F	Marion	IA	10:24	00:32:21.61
76	699/1665	381/1115	2740	Stacey Blazek	40	F	Marion	IA	10:28	00:32:31.35
77	710/1665	389/1115	2156	Michelle Ralston	40	F	Shellsburg	IA	10:30	00:32:38.11
78	714/1665	393/1115	501	Amy Dollash	41	F	Cedar Rapids	IA	10:32	00:32:45.27
79	720/1665	397/1115	2098	Vicky Hensel	45	F	Cedar Rapids	IA	10:33	00:32:49.78
80	721/1665	398/1115	2204	Kari Livengood	44	F	Center Point	IA	10:34	00:32:50.12
81	733/1665	405/1115	676	Ruth Hojka	48	F	Cedar Rapids	IA	10:36	00:32:56.56
82	754/1665	419/1115	262	Monica Fuertes-Arboix	45	F	Iowa City	IA	10:40	00:33:09.56
83	766/1665	427/1115	232	Kimberly Mcguire	44	F	Marion	IA	10:42	00:33:17.54
84	768/1665	429/1115	130	Wendy Downey	49	F	Marion	IA	10:43	00:33:19.70
85	772/1665	432/1115	1722	Cheryl Steinke	48	F	Cedar Rapids	IA	10:44	00:33:22.37
86	788/1665	443/1115	791	Jessica Johnson	40	F	Marion	IA	10:47	00:33:32.41
87	793/1665	447/1115	874	Christina Vander Zee	42	F	Cedar Rapids	IA	10:48	00:33:34.54
88	802/1665	453/1115	1168	Hether Stauffacher	42	F	Cedar Rapids	IA	10:50	00:33:41.37
89	803/1665	454/1115	706	Tina Knutson	44	F	Manchester	IA	10:50	00:33:41.58
90	805/1665	456/1115	1512	Amanda Proper	40	F	Marion	IA	10:51	00:33:42.68
91	807/1665	458/1115	1288	Becky Prier	42	F	Marion	IA	10:52	00:33:46.33
92	817/1665	467/1115	1036	Trisha Sheeley	46	F	Cedar Rapids	IA	10:56	00:33:58.31
93	818/1665	468/1115	1365	Laura Suttles	47	F	Cedar Rapids	IA	10:56	00:34:00.34
94	835/1665	480/1115	2151	Lynn Davy	48	F	Cedar Rapids	IA	10:59	00:34:10.37
95	838/1665	482/1115	1345	Chris Welsh	45	F	Van Horne	IA	11:01	00:34:13.96
96	847/1665	489/1115	70	Sherrie Collins	40	F	Atkins	IA	11:02	00:34:19.86
97	858/1665	498/1115	2803	Wendy Gutierrez	45	F	Cedar Rapds	IA	11:05	00:34:28.56
98	862/1665	500/1115	525	Deidre Nims	41	F	Robins	IA	11:06	00:34:31.23
99	866/1665	503/1115	624	Brenda Short	47	F	Robins	IA	11:07	00:34:32.91
100	874/1665	510/1115	1100	Amy Davis	43	F	Robins	IA	11:09	00:34:38.66
101	876/1665	512/1115	2021	Chris Mautino	48	F	Cedar Rapids	IA	11:10	00:34:42.46
102	896/1665	529/1115	2085	Angie Jenkins	40	F	Palo	IA	11:16	00:35:01.38
103	901/1665	534/1115	2033	Hayley Rippel	42	F	Vinton	IA	11:17	00:35:04.37
104	903/1665	536/1115	2232	Karen Wilson	45	F	Marion	IA	11:18	00:35:06.85
105	904/1665	537/1115	2244	Carol Renz	47	F	Cedar Rapids	IA	11:18	00:35:07.58
106	908/1665	539/1115	1342	Shelly Yanecek	49	F	Cedar Rapids	IA	11:19	00:35:12.12
107	915/1665	546/1115	1885	Cathy Lathrop	45	F	Fairfield	IA	11:22	00:35:21.87
108	916/1665	547/1115	1589	Kristi Saksvig	41	F	Lindstrom	MN	11:23	00:35:22.35
109	922/1665	552/1115	1596	Tami Skriver	44	F	Walford	IA	11:25	00:35:28.89
110	927/1665	556/1115	1903	Jenny Botsford	42	F	Cedar Rapids	IA	11:25	00:35:31.31
111	928/1665	557/1115	2092	Angie Eilders	41	F	Robins	IA	11:26	00:35:31.52
112	929/1665	558/1115	1740	Sharon Lindo Steele	48	F	Robins	IA	11:26	00:35:32.88
113	938/1665	565/1115	1126	Tracy Simmons	46	F	Cedar Rapids	IA	11:30	00:35:45.66
114	949/1665	571/1115	1950	Wendy Sanders	45	F	Cedar Rapids	IA	11:35	00:36:01.37
115	954/1665	575/1115	1402	Brandy Baxter	40	F	Cedar Rapids	IA	11:39	00:36:13.80
116	963/1665	582/1115	2284	Sylvie Brizard	43	F	Marion	IA	11:41	00:36:18.66
117	984/1665	597/1115	1907	Laree Landt	46	F	Hiawatha	IA	11:50	00:36:48.16
118	985/1665	598/1115	184	Christine Day	46	F	Palo	IA	11:50	00:36:48.42
119	988/1665	601/1115	1556	Sandra Brune	49	F	Swisher	IA	11:53	00:36:57.54
120	989/1665	602/1115	1565	Kris Heims	46	F	Swisher	IA	11:53	00:36:57.74
121	993/1665	605/1115	840	Debby Behnke	45	F	Marion	IA	11:56	00:37:05.87
122	994/1665	606/1115	2181	Kris Enequist	43	F	Walford	IA	11:56	00:37:06.75
123	1001/1665	613/1115	1460	Jessica Burgin	40	F	Mt Vernon	IA	11:59	00:37:16.24
124	1004/1665	616/1115	1848	Lisa Walton	48	F	Cedar Rapids	IA	11:59	00:37:16.64

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Female 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
125	1005/1665	617/1115	1413	Robin Helgens	41	F	Tiffin	IA	12:00	00:37:19.28
126	1012/1665	622/1115	2225	Hannah Gonzalez	43	F	Cedar Rapids	IA	12:03	00:37:27.98
127	1013/1665	623/1115	1791	Jean Lawrence	48	F	Cedar Rapids	IA	12:04	00:37:30.13
128	1016/1665	625/1115	949	Stephanie Bagby	46	F	Anamosa	IA	12:04	00:37:30.75
129	1018/1665	626/1115	1473	Connie Steward	48	F	Cedar Rapids	IA	12:05	00:37:33.62
130	1022/1665	628/1115	541	Dori Patrick	42	F	Cedar Rapids	IA	12:07	00:37:41.40
131	1023/1665	629/1115	1952	Filiz Thayer	46	F	Coralville	IA	12:08	00:37:41.96
132	1045/1665	645/1115	2176	Dee Arthur	42	F	North Liberty	IA	12:17	00:38:10.67
133	1053/1665	651/1115	1727	Michelle Steines	42	F	North Liberty	IA	12:19	00:38:16.68
134	1066/1665	659/1115	1505	Janis Duffy	44	F	Marion	IA	12:22	00:38:27.69
135	1079/1665	666/1115	1603	Veronica Weeks	42	F	Walford	IA	12:27	00:38:42.28
136	1083/1665	670/1115	180	Christina West	42	F	Cedar Rapids	IA	12:30	00:38:51.26
137	1088/1665	675/1115	1222	Monica Dunbar	48	F	Marion	IA	12:33	00:38:59.96
138	1090/1665	677/1115	1564	Jessica Gordon	43	F	Robins	IA	12:33	00:39:01.38
139	1091/1665	678/1115	1600	Jenny Vitti	42	F	Cedar Rapids	IA	12:33	00:39:01.40
140	1098/1665	681/1115	1858	Malisa Mcquown	43	F	Marion	IA	12:37	00:39:14.97
141	1099/1665	682/1115	2252	Donna Eastep	46	F	Grimes	IA	12:38	00:39:15.22
142	1101/1665	684/1115	698	Jodi Nealson	47	F	Ely	IA	12:39	00:39:20.87
143	1102/1665	685/1115	1656	Randee Ricklefs	41	F	Atkins	IA	12:40	00:39:21.67
144	1105/1665	688/1115	1577	Dawn Long	40	F	Walford	IA	12:41	00:39:25.14
145	1106/1665	689/1115	1459	Colleen Williams	49	F	Dubuque	IA	12:41	00:39:26.42
146	1110/1665	692/1115	1454	Tammy Orr	42	F	Dubuque	IA	12:43	00:39:30.92
147	1112/1665	694/1115	2235	Suzanne Carter	42	F	Cedar Rapids	IA	12:43	00:39:33.74
148	1121/1665	702/1115	1391	Monica Wessels	46	F	South Amana	IA	12:47	00:39:44.48
149	1125/1665	705/1115	535	Anne Wilson	40	F	Cedar Rapids	IA	12:50	00:39:54.55
150	1126/1665	706/1115	515	Susan Johnson	42	F	Cedar Rapids	IA	12:50	00:39:54.67
151	1128/1665	708/1115	163	Randi Burt	42	F	Iowa City	IA	12:52	00:40:00.35
152	1136/1665	711/1115	637	Dana Bramer	46	F	Cedar Rapids	IA	12:57	00:40:15.43
153	1139/1665	713/1115	1138	Cindy Neis	45	F	Fairfax	IA	12:59	00:40:22.77
154	1153/1665	725/1115	811	Lynnelle Bontty	40	F	Fairfax	IA	13:07	00:40:47.32
155	1155/1665	727/1115	817	Cindy Lechtenberg	40	F	Walford	IA	13:07	00:40:47.73
156	1157/1665	729/1115	15	Christie Hawkins	49	F	Belle Plaine	IA	13:08	00:40:50.29
157	1159/1665	730/1115	638	Tammy Buseman	42	F	Marion	IA	13:11	00:40:59.83
158	1163/1665	733/1115	111	Christi Dalecky	42	F	Marion	IA	13:17	00:41:17.10
159	1164/1665	734/1115	108	Kim Blankenship	40	F	Cedar Rapids	IA	13:17	00:41:17.36
160	1172/1665	740/1115	2282	Ann Stroh	44	F	Cedar Rapids	IA	13:23	00:41:37.24
161	1174/1665	741/1115	916	Tricia Grawe	41	F	Marion	IA	13:25	00:41:41.91
162	1179/1665	745/1115	763	Julie Bushman	46	F	Cedar Rapids	IA	13:27	00:41:49.22
163	1185/1665	750/1115	572	Lisa Bretz	48	F	North Liberty	IA	13:35	00:42:12.78
164	1190/1665	753/1115	57	Sharon Meoni	44	F	Marion	IA	13:40	00:42:29.92
165	1216/1665	774/1115	2742	Rebecca Mains	41	F	Cedar Rapids	IA	13:47	00:42:51.87
166	1218/1665	776/1115	780	Shari Ross	44	F	Cedar Rapids	IA	13:48	00:42:53.34
167	1221/1665	777/1115	2632	Linda Fischer	47	F	Cascade	IA	13:52	00:43:07.34
168	1225/1665	780/1115	474	Tracey Snyder	40	F	North Liberty	IA	13:53	00:43:09.90
169	1244/1665	792/1115	1458	Jenni Walters	42	F	Peosta	IA	14:02	00:43:37.78
170	1260/1665	803/1115	421	Jojo Hawkes	48	F	Cedar Rapids	IA	14:20	00:44:34.77
171	1264/1665	805/1115	308	Fawn Vozenilek	45	F	Cedar Rapids	IA	14:24	00:44:45.39
172	1270/1665	810/1115	1580	Diane Miller	45	F	Walford	IA	14:31	00:45:06.39
173	1273/1665	813/1115	1091	Candace Chihak	47	F	Mount Vernon	IA	14:34	00:45:17.57
174	1277/1665	817/1115	1396	Melissa Mickelson	49	F	North Liberty	IA	14:38	00:45:30.60

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Female 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
175	1279/1665	818/1115	612	Hollie Braid	42	F	Marion	IA	14:39	00:45:32.14
176	1291/1665	828/1115	289	Cathy Lopez	42	F	Cedar Rapids	IA	14:54	00:46:18.89
177	1292/1665	829/1115	288	Shelly Davidson	47	F	Hiawatha	IA	14:54	00:46:19.11
178	1298/1665	834/1115	251	Suzanne Carney	47	F	Hiawatha	IA	15:00	00:46:37.17
179	1300/1665	836/1115	2131	Michele Zahradnik	45	F	Marion	IA	15:02	00:46:45.10
180	1301/1665	837/1115	2124	Nicole Green	41	F	Marion	IA	15:02	00:46:45.10
181	1304/1665	839/1115	1821	Holly Langer	40	F	Marion	IA	15:06	00:46:56.43
182	1315/1665	846/1115	1032	Deb Cross	46	F	Swisher	IA	15:17	00:47:29.64
183	1320/1665	850/1115	629	Jeannette Fauchier	40	F	Ely	IA	15:28	00:48:05.48
184	1322/1665	852/1115	976	Brooke Dewolf	47	F	Cedar Rapids	IA	15:29	00:48:06.62
185	1328/1665	858/1115	2610	Kim Gordon	46	F	Marion	IA	15:41	00:48:46.10
186	1339/1665	867/1115	2118	Tammi Lewis	41	F	Cedar Rapids	IA	15:53	00:49:23.59
187	1355/1665	882/1115	540	Penny Clark	47	F	Cedar Rapids	IA	16:33	00:51:28.00
188	1358/1665	885/1115	199	Shelly Cassill	49	F	Newhall	IA	16:38	00:51:41.35
189	1362/1665	889/1115	1484	Kimberly Jones	44	F	Orland Park	IL	16:40	00:51:48.00
190	1371/1665	895/1115	1369	Stephanie Boesenberg	43	F	Cedar Rapids	IA	17:00	00:52:50.65
191	1377/1665	899/1115	174	Katie Mcgowan	41	F	Hiawatha	IA	17:07	00:53:11.10
192	1387/1665	908/1115	652	Jody Shaw	46	F	Atkins	IA	17:33	00:54:34.34
193	1394/1665	913/1115	1169	Daria Deevy	46	F	Walker	IA	17:45	00:55:11.91
194	1397/1665	916/1115	259	Jodi Becker	46	F	Cedar Rapids	IA	17:49	00:55:23.80
195	1400/1665	917/1115	1042	Annalisa Grant	40	F	Cedar Rapids	IA	17:53	00:55:35.56
196	1401/1665	918/1115	1041	Shanna Cooper	41	F	Cedar Rapids	IA	17:54	00:55:37.16
197	1408/1665	924/1115	1045	Amy Hansen	41	F	Center Point	IA	18:16	00:56:47.66
198	1416/1665	929/1115	2134	Teresa Williams	42	F	Marion	IA	18:38	00:57:54.88
199	1443/1665	951/1115	1605	Amy Westphal	42	F	Ely	IA	19:36	01:00:53.86
200	1455/1665	959/1115	1809	Tammy Fox	49	F	Cedar Rapids	IA	19:58	01:02:02.56
201	1457/1665	961/1115	1328	Kelly Panoch	41	F	Cedar Rapids	IA	19:59	01:02:06.62
202	1466/1665	967/1115	1715	Christine Gerdes	45	F	Fairfax	IA	20:27	01:03:32.50
203	1473/1665	974/1115	830	Holly Bailey	46	F	Cedar Rapids	IA	20:38	01:04:06.91
204	1474/1665	975/1115	831	Shannon Mcpherson	45	F	Cedar Rapids	IA	20:38	01:04:07.52
205	1475/1665	976/1115	1675	Roxanne Buck	45	F	Cedar Rapids	IA	20:38	01:04:08.74
206	1501/1665	993/1115	865	Patricia Ehlers	42	F	Cedar Rapids	IA	21:07	01:05:38.20
207	1506/1665	995/1115	2100	Winnie Zieser	45	F	Marion	IA	21:15	01:06:02.12
208	1509/1665	997/1115	1898	Tarol Black	48	F	Cedar Rapids	IA	21:16	01:06:05.60
209	1519/1665	1004/1115	747	Cheryl Kamman	47	F	Marion	IA	21:30	01:06:49.33
210	1520/1665	1005/1115	745	Wanda Hughes	41	F	Robins	IA	21:30	01:06:49.95
211	1524/1665	1008/1115	778	Nicole Lee	41	F	Cedar Rapids	IA	21:39	01:07:16.44
212	1530/1665	1012/1115	2213	Sara Koch	48	F	Cedar Rapids	IA	21:48	01:07:46.93
213	1532/1665	1014/1115	169	Laura Greif	49	F	Hiawatha	IA	21:55	01:08:06.47
214	1535/1665	1017/1115	1570	Becky Keiper	44	F	Walford	IA	21:55	01:08:07.55
215	1539/1665	1020/1115	1574	Quincybeats Lafrance	47	F	Des Moines	IA	22:10	01:08:52.56
216	1540/1665	1021/1115	1333	Larisa Bickel	45	F	Cedar Rapids	IA	22:12	01:08:58.61
217	1556/1665	1034/1115	786	Jenn Hill	46	F	Robins	IA	23:06	01:11:46.48
218	1560/1665	1038/1115	2167	Deb Howell	48	F	Muscatine	IA	23:15	01:12:16.94
219	1561/1665	1039/1115	2154	Angie Meiers	48	F	Bennett	IA	23:15	01:12:17.28
220	1564/1665	1042/1115	784	Brenda Harris	46	F	Central City	IA	23:24	01:12:42.77
221	1582/1665	1055/1115	1438	Eileen Braun	43	F	Lenexa	KS	23:39	01:13:31.31
222	1586/1665	1057/1115	1158	Sherry Clemence	49	F	North Liberty	IA	23:43	01:13:43.39
223	1590/1665	1059/1115	331	Bernadette Gladish	43	F	Cedar Rapids	IA	23:45	01:13:49.33
224	1594/1665	1063/1115	669	Tammy Szczesniak	45	F	Marion	IA	23:49	01:14:02.35

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Female 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
225	1598/1665	1066/1115	1700	Amanda Trevino	40	F	North Liberty	IA	23:56	01:14:21.96
226	1603/1665	1069/1115	434	Lana Kelsey	45	F	Cedar Rapids	IA	24:03	01:14:45.19
227	1611/1665	1076/1115	588	Leslie Moen	46	F	Vinton	IA	24:25	01:15:53.19
228	1622/1665	1081/1115	712	Nikki Chapman	41	F	Cedar Rapids	IA	24:42	01:16:46.41
229	1624/1665	1083/1115	2653	Renea Readshaw	48	F	Cedar	IA	24:58	01:17:36.11
230	1629/1665	1087/1115	1456	Sara Post	41	F	Dubuque	IA	25:04	01:17:53.98
231	1630/1665	1088/1115	1445	Jill Dowling	40	F	Dubuque	IA	25:05	01:17:58.39
232	1639/1665	1096/1115	148	Camilla Martin	48	F	Marion	IA	25:32	01:19:20.00
233	1643/1665	1100/1115	1097	Colleen Jensen	48	F	Dunkerton	IA	25:45	01:20:01.23
234	1648/1665	1105/1115	1232	Melanie Light	45	F	Cedar Rapids	IA	26:06	01:21:07.17
235	1653/1665	1108/1115	1161	Lee Lintz	48	F	North Liberty	IA	26:22	01:21:57.31
236	1658/1665	1111/1115	1631	Jill Mcgarvey	46	F	Cedar Rapids	IA	26:46	01:23:11.21
237	1665/1665	1115/1115	313	Jean Everhart	47	F	Cedar Rapids	IA	28:43	01:29:13.75

Male Male 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	10/1665	10/550	1866	Louis Pelsang	42	M	Iowa City	IA	5:57	00:18:31.31
2	17/1665	17/550	2114	Joshua Mullin	47	M	Cedar Rapids	IA	6:16	00:19:29.77
3	33/1665	32/550	1150	Pete Goedken	45	M	Cedar Rapids	IA	6:38	00:20:38.40
4	54/1665	48/550	884	John Koch	41	M	St. Louis Park	MN	7:04	00:22:00.10
5	60/1665	52/550	611	Brian Braid	47	M	Marion	IA	7:07	00:22:07.92
6	63/1665	53/550	685	John Scroggins	45	M	Cedar Rapids	IA	7:08	00:22:12.77
7	66/1665	56/550	1151	Chris Meyer	45	M	Cedar Rapids	IA	7:12	00:22:22.32
8	82/1665	65/550	1750	Mike Gassmann	47	M	Marion	IA	7:20	00:22:48.73
9	93/1665	71/550	1585	Tom Randall	45	M	Cedar Rapids	IA	7:27	00:23:08.97
10	100/1665	76/550	1172	Mark Gonsoski	48	M	Marion	IA	7:30	00:23:18.19
11	107/1665	82/550	1174	Jeff Kleinman	46	M	Fairfax	IA	7:32	00:23:25.50
12	116/1665	87/550	2300	Matt Geissinger	42	M	Cedar Rapids,	IA	7:37	00:23:42.78
13	118/1665	88/550	883	Dan Koch	46	M	Osseo	MN	7:38	00:23:43.82
14	153/1665	110/550	493	Tim Cahill	49	M	Lisbon	IA	7:52	00:24:26.85
15	161/1665	113/550	363	Chad Kellogg	41	M	Marion	IA	7:54	00:24:34.35
16	172/1665	120/550	900	Dawayn Babb	48	M	Cedar Rapids	IA	7:58	00:24:47.35
17	180/1665	123/550	1850	Christopher Shakespeare	40	M	Center Point	IA	8:01	00:24:55.60
18	181/1665	124/550	2271	Sam Bergus	42	M	Cedar Rapids	IA	8:01	00:24:55.78
19	191/1665	130/550	2745	Joshua Rodriguez	42	M	Cedar Rapids	IA	8:05	00:25:08.10
20	193/1665	132/550	1501	William Christianson	47	M	Cedar Rapids	IA	8:06	00:25:10.78
21	200/1665	134/550	2759	William Payne	45	M	Cedar Rapids	IA	8:09	00:25:20.52
22	210/1665	139/550	1492	Aaron Stecker	45	M	Cedar Rapids	IA	8:12	00:25:30.71
23	211/1665	140/550	697	Tom Kehoe	47	M	Cedar Rapids	IA	8:13	00:25:32.64
24	220/1665	143/550	774	Paul Reid	47	M	Cedar Rapids	IA	8:17	00:25:46.77
25	222/1665	144/550	848	Terry Sullivan	48	M	Marion	IA	8:19	00:25:51.60
26	225/1665	146/550	217	Vincent Asige	41	M	Cedar Rapids	IA	8:19	00:25:52.82
27	246/1665	154/550	1657	Robert Ricklefs	42	M	Atkins	IA	8:30	00:26:26.13
28	256/1665	161/550	989	Matt Hidlebaugh	47	M	Marion	IA	8:31	00:26:30.59
29	259/1665	163/550	1880	Tim Cernin	47	M	Bettendorf	IA	8:32	00:26:32.10
30	266/1665	167/550	881	Thomas Appel	45	M	Marion	IA	8:34	00:26:39.10
31	273/1665	169/550	2315	Josh Hendryx	40	M	Cedar Rapids	IA	8:35	00:26:41.56
32	294/1665	181/550	1842	Parrish Copeland	48	M	Cedar Rapids	IA	8:45	00:27:12.59

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Male Male 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
33	306/1665	186/550	564	Shawn Reed	44	M	Iowa City	IA	8:48	00:27:22.66
34	308/1665	187/550	1949	Allen Sanders	47	M	Cedar Rapids	IA	8:49	00:27:26.59
35	317/1665	191/550	1609	Ryan Ohrt	45	M	Cedar Rapids	IA	8:52	00:27:34.50
36	328/1665	197/550	701	Gerald Phipps	40	M	Cedar Rapids	IA	8:54	00:27:39.78
37	330/1665	199/550	1793	Christopher Rice	42	M	Coralville	IA	8:54	00:27:41.60
38	340/1665	204/550	1290	Terry Prier	44	M	Marion	IA	8:57	00:27:48.96
39	346/1665	206/550	748	Chris Kamman	48	M	Marion	IA	8:58	00:27:53.60
40	350/1665	208/550	857	Damon Bowman	41	M	Robins	IA	8:59	00:27:56.40
41	352/1665	209/550	1771	Keith Bison	47	M	Palo	IA	8:59	00:27:57.64
42	355/1665	211/550	93	Brent Reade	40	M	Muscatine	IA	9:00	00:27:59.66
43	363/1665	215/550	103	Jeff Jaeger	44	M	North Liberty	IA	9:02	00:28:04.75
44	380/1665	223/550	17	Dennis Fratella	41	M	Cedar Rapids	IA	9:08	00:28:22.78
45	387/1665	225/550	2057	Jeff Ingalls	44	M	Iowa City	IA	9:08	00:28:25.40
46	393/1665	226/550	2624	Shawn Countryman	43	M	Anamosa	IA	9:09	00:28:28.35
47	408/1665	229/550	1774	Eric Bradshaw	41	M	Lena	IL	9:12	00:28:37.63
48	424/1665	235/550	1098	Shawn Steffen	47	M	Atkins	IA	9:15	00:28:47.15
49	430/1665	238/550	1430	Matt Watson	41	M	Cedar Rapids	IA	9:16	00:28:49.86
50	452/1665	245/550	1206	Josh Holland	41	M	Cedar Rapids	IA	9:23	00:29:11.86
51	453/1665	246/550	542	Kerry Patrick	41	M	Cedar Rapids	IA	9:24	00:29:12.61
52	483/1665	258/550	182	James Cook	47	M	Cedar Rapids	IA	9:31	00:29:36.71
53	495/1665	261/550	2119	John Carr	44	M	Marion	IA	9:36	00:29:50.33
54	500/1665	263/550	879	Chad Kepros	45	M	North Liberty	IA	9:37	00:29:54.77
55	501/1665	264/550	1661	Bob Schmitt	45	M	Marion	IA	9:38	00:29:56.15
56	504/1665	265/550	656	Tim Fall	46	M	Lisbon	IA	9:38	00:29:56.61
57	510/1665	268/550	620	Brad MCGowan	42	M	Vinton	IA	9:38	00:29:58.84
58	521/1665	270/550	2090	Anthony Wild	48	M	North Liberty	IA	9:41	00:30:06.61
59	525/1665	273/550	1202	Jason Alt	41	M	Cedar Rapids	IA	9:43	00:30:11.83
60	529/1665	274/550	760	Frank Baker	48	M	Vinton	IA	9:45	00:30:17.73
61	540/1665	280/550	1259	Scott Sanders	44	M	Cedar Rapids	IA	9:47	00:30:25.70
62	546/1665	284/550	523	Paul Meeker	40	M	Marion	IA	9:49	00:30:30.35
63	609/1665	298/550	783	Matt Collins	47	M	Cedar Rapids	IA	10:03	00:31:15.91
64	617/1665	299/550	1594	Brad Skriver	43	M	Walford	IA	10:07	00:31:26.60
65	650/1665	306/550	16	Trevor Hawkins	49	M	Belle Plaine	IA	10:15	00:31:51.21
66	652/1665	307/550	2760	Curt Pakkebieer	43	M	Cedar Rapids	IA	10:15	00:31:52.62
67	657/1665	310/550	1014	Mike Plagge	46	M	Cedar Rapids	IA	10:16	00:31:56.15
68	674/1665	314/550	2262	Josh Beals	43	M	Center Point	IA	10:21	00:32:11.97
69	677/1665	316/550	198	Jay Cassill	47	M	Newhall	IA	10:22	00:32:12.98
70	725/1665	324/550	1247	Kurt Vangilder	42	M	Cedar Rapids	IA	10:34	00:32:52.84
71	745/1665	330/550	980	Greg Dewolf	47	M	Cedar Rapids	IA	10:38	00:33:02.37
72	749/1665	333/550	577	Bryan Clark	49	M	Marion	IA	10:39	00:33:06.10
73	783/1665	343/550	2298	Jamie Vanberkum	43	M	Cedar Rapids	IA	10:46	00:33:29.24
74	787/1665	345/550	521	Kris Lamphier	47	M	Center Point	IA	10:47	00:33:30.25
75	794/1665	347/550	96	Jim Upah	48	M	Cedar Rapids	IA	10:49	00:33:36.87
76	798/1665	349/550	152	Richard Hart	46	M	Cedar Rapids	IA	10:49	00:33:38.21
77	840/1665	358/550	1403	Jason Baxter	41	M	Cedar Rapids	IA	11:01	00:34:16.60
78	871/1665	364/550	1785	Jeff Chittick	47	M	Marion	IA	11:08	00:34:38.18
79	931/1665	373/550	1602	Josh Weeks	42	M	Walford	IA	11:26	00:35:33.87
80	945/1665	376/550	2301	Marc Wallace	40	M	Marion	IA	11:32	00:35:51.87
81	1015/1665	391/550	287	Paul Bagby	41	M	Anamosa	IA	12:04	00:37:30.62
82	1025/1665	395/550	1117	Aaron Miller	42	M	Cedar Rapids	IA	12:09	00:37:45.84

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Male Male 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
83	1042/1665	400/550	2705	John Sindt	42	M	Cedar Rapids	IA	12:15	00:38:04.64
84	1051/1665	402/550	2117	Matthew Lewis	43	M	Cedar Rapids	IA	12:18	00:38:14.42
85	1065/1665	407/550	1506	Michael Duffy	47	M	Marion	IA	12:22	00:38:27.22
86	1069/1665	409/550	1612	Greg Ervin	41	M	Cedar Rapids	IA	12:24	00:38:31.70
87	1095/1665	416/550	1528	Ryan Lee	40	M	Cedar Rapids	IA	12:35	00:39:08.31
88	1130/1665	422/550	810	Craig Bontty	47	M	Fairfax	IA	12:53	00:40:04.13
89	1138/1665	426/550	2626	Bulent Cetindag	49	M	Cedar Rapids	IA	12:59	00:40:22.46
90	1165/1665	431/550	1101	Jason Davis	46	M	Robins	IA	13:17	00:41:18.12
91	1238/1665	450/550	1840	Shannon Kopecky	41	M	North Liberty	IA	14:01	00:43:34.18
92	1240/1665	451/550	1614	Lorie li Ervin	45	M	Cedar Rapids	IA	14:01	00:43:35.30
93	1245/1665	453/550	1242	Rusty Behnke	46	M	Cedar Rapids	IA	14:03	00:43:40.57
94	1297/1665	464/550	250	Rob Carney	49	M	Hiawatha	IA	15:00	00:46:36.89
95	1305/1665	466/550	1822	Jason Langer	40	M	Marion	IA	15:07	00:46:59.43
96	1311/1665	468/550	318	Travis Wolf	40	M	Cedar Rapids	IA	15:11	00:47:10.89
97	1353/1665	473/550	537	Erik Barnhill	40	M	Cedar Rapids	IA	16:33	00:51:25.86
98	1366/1665	476/550	1187	Jeff Voss	49	M	Ryan	IA	16:48	00:52:12.41
99	1414/1665	486/550	1887	Shannon Meyers	49	M	Marion	IA	18:25	00:57:14.67
100	1451/1665	496/550	1553	Dave Bixby	44	M	Cedar Rapids	IA	19:54	01:01:51.13
101	1459/1665	497/550	1330	Mike Panoch	45	M	Cedar Rapids	IA	20:00	01:02:10.33
102	1477/1665	500/550	379	Scott Brown	41	M	Cedar Rapids	IA	20:41	01:04:17.74
103	1491/1665	506/550	513	Mark Jaeger	47	M	Shellsburg	IA	21:03	01:05:24.93
104	1494/1665	507/550	1668	Dan Anderegg	46	M	Cedar Rapids	IA	21:04	01:05:28.44
105	1502/1665	509/550	1049	Mike Gassmann	47	M	Cedar Rapids	IA	21:08	01:05:41.32
106	1505/1665	511/550	1359	Roger Zieser	47	M	Marion	IA	21:15	01:06:01.92
107	1508/1665	512/550	1896	Clayton Black	49	M	Cedar Rapids	IA	21:15	01:06:04.43
108	1517/1665	515/550	1272	Benjamin Pulido	42	M	Cedar Rapids	IA	21:26	01:06:35.84
109	1536/1665	519/550	1779	David Mcpherson	40	M	Dayton	OH	22:04	01:08:36.37
110	1552/1665	522/550	1762	Bill Grudzinski	47	M	Anamosa	IA	22:40	01:10:25.69
111	1585/1665	529/550	332	Daniel Gladish	40	M	Cedar Rapids	IA	23:43	01:13:42.60
112	1587/1665	530/550	1940	Matt Hoskins	45	M	Marion	IA	23:44	01:13:45.19
113	1589/1665	531/550	237	Bobby Cruse	45	M	Cedar Rapids	IA	23:45	01:13:48.22
114	1655/1665	546/550	833	Mark Mcknight	47	M	Franklin	TN	26:40	01:22:52.64
115	1657/1665	547/550	2209	Tony Kellis	43	M	Ames	IA	26:41	01:22:55.89

Female Female 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	76/1665	15/1115	1146	Cindy Mccarthy	52	F	Cedar Rapids	IA	7:18	00:22:40.97
2	110/1665	27/1115	319	Jane Mcgee	54	F	Hiawatha	IA	7:33	00:23:30.57
3	117/1665	30/1115	1004	Sara Todd	53	F	Cedar Rapids	IA	7:38	00:23:43.19
4	121/1665	32/1115	2073	Valerie Dufoe	50	F	Center Point	IA	7:38	00:23:45.25
5	160/1665	48/1115	1166	Bridgette Sedlacek	52	F	Tiffin	IA	7:54	00:24:33.57
6	163/1665	49/1115	1735	Mary Drake	53	F	Cedar Rapids	IA	7:55	00:24:38.26
7	216/1665	74/1115	2165	Kim Lorenz	50	F	Swisher	IA	8:16	00:25:41.14
8	223/1665	79/1115	484	Marsha Aspinall	54	F	Cedar Rapids	IA	8:19	00:25:52.15
9	237/1665	86/1115	504	Mary Gibney	51	F	Cedar Rapids	IA	8:26	00:26:14.11
10	241/1665	89/1115	1324	Jackie Barnum	55	F	Cedar Rapids	IA	8:28	00:26:19.60
11	249/1665	93/1115	1381	Maureen Ernst	58	F	Swisher	IA	8:30	00:26:27.10
12	292/1665	113/1115	1296	Kristy Butterfield	50	F	Cedar Rapids	IA	8:44	00:27:10.53

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Female 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
13	312/1665	123/1115	1073	Brita Loynachan	52	F	Marion	IA	8:50	00:27:28.95
14	336/1665	135/1115	1218	Linda Peyton	53	F	Marion	IA	8:56	00:27:45.44
15	386/1665	162/1115	1691	Joan Colston	52	F	Hiawatha	IA	9:08	00:28:25.36
16	391/1665	166/1115	1176	Sandy Alber	54	F	Manchester	IA	9:09	00:28:26.61
17	394/1665	168/1115	1673	Joan Aune	55	F	Fairfax	IA	9:09	00:28:28.60
18	399/1665	172/1115	1664	Stephanie Steele	56	F	Cedar Rapids	IA	9:10	00:28:31.73
19	411/1665	182/1115	2082	Jenifer Steil	57	F	Cedar Rapids	IA	9:14	00:28:41.35
20	416/1665	186/1115	2605	Mary Keane	56	F	Cedar Rapids	IA	9:14	00:28:42.90
21	423/1665	189/1115	1712	Jackie Peters	55	F	Cedar Rapids	IA	9:15	00:28:46.60
22	487/1665	228/1115	1548	Darla Applebee	58	F	Mt. Vernon	IA	9:34	00:29:44.43
23	503/1665	239/1115	1799	Marsha Vargason	54	F	Keystone	IA	9:38	00:29:56.40
24	505/1665	240/1115	1893	Barb Morrissey	56	F	Cedar Rapids	IA	9:38	00:29:56.62
25	506/1665	241/1115	1020	Katie Feldman	59	F	Cedar Rapids	IA	9:38	00:29:57.22
26	507/1665	242/1115	1789	Patricia (Tricia) Foley	56	F	Belle Plaine	IA	9:38	00:29:57.61
27	513/1665	245/1115	1549	Kathleen Michaels	58	F	Marion	IA	9:39	00:30:00.89
28	517/1665	248/1115	1663	Heidi Shumaker	50	F	Tipton	IA	9:40	00:30:03.51
29	543/1665	262/1115	158	Jane Baskerville	50	F	Cedar Rapids	IA	9:48	00:30:27.40
30	550/1665	264/1115	2009	Sandy Warner	53	F	Cedar Rapids	IA	9:50	00:30:34.39
31	552/1665	266/1115	1132	Patti Horton	58	F	Cedar Rapids	IA	9:50	00:30:34.81
32	573/1665	281/1115	1833	Beth Muller	50	F	Cedar Rapids	IA	9:56	00:30:52.74
33	582/1665	287/1115	2143	Tanya Meyer-Dideriksen	53	F	Oxford	IA	9:58	00:30:57.99
34	587/1665	292/1115	1844	Marsia Pedelty	58	F	Cedar Rapids	IA	9:58	00:31:00.42
35	588/1665	293/1115	1376	Sue Keith	50	F	Solon	IA	9:58	00:31:00.59
36	595/1665	299/1115	1992	Amy Keating	57	F	Marion	IA	10:00	00:31:06.29
37	596/1665	300/1115	400	Karee Dietrich	54	F	Fairfax	IA	10:00	00:31:06.91
38	600/1665	304/1115	492	Lois Cahill	57	F	Lisbon	IA	10:02	00:31:11.19
39	634/1665	331/1115	366	Diane Alsager	57	F	Cedar Rapids	IA	10:11	00:31:40.61
40	636/1665	333/1115	1760	Cindy Meyer	56	F	Stanwood	IA	10:12	00:31:43.10
41	670/1665	357/1115	1640	Cathy Hermes	51	F	Cedar Rapids	IA	10:21	00:32:10.46
42	680/1665	364/1115	2753	Anne Lenzen	55	F	Cedar Rapids	IA	10:22	00:32:14.75
43	690/1665	372/1115	2216	Barbara Miller	52	F	Anamosa	IA	10:26	00:32:27.12
44	693/1665	375/1115	1067	Nancy Fox	58	F	Marion	IA	10:26	00:32:27.61
45	697/1665	379/1115	31	Karen Schuette	57	F	Iowa City	IA	10:27	00:32:29.57
46	702/1665	383/1115	1364	Lori Rott	53	F	Marion	IA	10:29	00:32:34.76
47	711/1665	390/1115	1248	Dawn Butler	53	F	Marion	IA	10:30	00:32:38.66
48	729/1665	403/1115	800	Susan Twachtmann	52	F	Cedar Rapids	IA	10:35	00:32:55.34
49	736/1665	408/1115	29	Jacqueline Kullander	50	F	Cedar Rapids	IA	10:36	00:32:58.96
50	738/1665	410/1115	1140	Kayt Conrad	57	F	Cedar Rapids	IA	10:37	00:33:00.11
51	740/1665	412/1115	797	Mary Kaye Nath	54	F	Cedar Rapids	IA	10:37	00:33:01.61
52	742/1665	414/1115	796	Connie Craft	59	F	Cedar Rapids	IA	10:37	00:33:01.85
53	744/1665	415/1115	650	Kim Salzbrenner	54	F	Mount Vernon	IA	10:38	00:33:02.36
54	746/1665	416/1115	2164	Doreena Crock	51	F	Tipton	IA	10:38	00:33:03.45
55	753/1665	418/1115	1628	Marla Wright	51	F	Mount Vernon	IA	10:40	00:33:09.35
56	755/1665	420/1115	258	Lynda Barrow	55	F	Cedar Rapids	IA	10:40	00:33:09.77
57	762/1665	424/1115	409	Therese Fisher	54	F	Cedar Rapids	IA	10:42	00:33:15.83
58	791/1665	446/1115	569	Teresa Streeper	53	F	Cedar Rapids	IA	10:48	00:33:33.41
59	811/1665	462/1115	384	Teri Butz	57	F	Cedar Rapids	IA	10:54	00:33:53.41
60	841/1665	483/1115	2295	Tracy Petersen	56	F	Cedar Rapids	IA	11:02	00:34:17.61
61	851/1665	493/1115	568	Cindy Sale	59	F	Cedar Rapids	IA	11:03	00:34:21.16
62	863/1665	501/1115	500	Cynthia Dennis	51	F	Cedar Rapids	IA	11:06	00:34:31.37

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Female 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
63	872/1665	508/1115	128	Michelle Davin	51	F	Cedar Rapids	IA	11:08	00:34:38.37
64	873/1665	509/1115	132	Kelly Phan	50	F	Marion	IA	11:08	00:34:38.37
65	878/1665	514/1115	1178	Annette Lenz	52	F	Manchester	IA	11:10	00:34:44.62
66	882/1665	518/1115	1395	Deb Hartman	57	F	Cedar Rapids	IA	11:12	00:34:49.36
67	889/1665	522/1115	133	Judy Walton	54	F	Cedar Rapids	IA	11:15	00:34:57.74
68	891/1665	524/1115	1942	Constance Wagner	51	F	North Liberty	IA	11:15	00:34:59.15
69	897/1665	530/1115	1828	Vicky Wilson	56	F	Cedar Rapids	IA	11:16	00:35:03.13
70	899/1665	532/1115	455	Shawn Naeve	54	F	Alburnett	IA	11:16	00:35:03.41
71	909/1665	540/1115	2296	Sheryl Dolan	52	F	Cedar Rapids	IA	11:19	00:35:12.16
72	911/1665	542/1115	322	Linda Finke	56	F	Crawfordsville	IA	11:22	00:35:20.32
73	925/1665	554/1115	1826	Lori Nauholz	55	F	Cedar Rapids	IA	11:25	00:35:30.89
74	933/1665	560/1115	285	Julie Tabor	55	F	Cedar Rapids	IA	11:29	00:35:41.65
75	935/1665	562/1115	239	Sandi Fowler	50	F	Cedar Rapids	IA	11:29	00:35:43.70
76	939/1665	566/1115	1128	Mary White	56	F	Cedar Rapids	IA	11:30	00:35:46.56
77	950/1665	572/1115	1755	Christine Casey	51	F	Cedar Rapids	IA	11:35	00:36:02.12
78	957/1665	577/1115	340	Ronda Drazozal	54	F	Cedar Rapids	IA	11:39	00:36:14.83
79	981/1665	594/1115	1358	Lisa Rhatigan	55	F	Cedar Rapids	IA	11:49	00:36:45.23
80	983/1665	596/1115	2257	Kim Lehrman	55	F	Cedar Rapids	IA	11:50	00:36:47.87
81	986/1665	599/1115	2096	Kamie Oldridge	56	F	Cedar Rapids	IA	11:52	00:36:52.95
82	995/1665	607/1115	1683	Dianne Moyer	56	F	Coggon	IA	11:57	00:37:08.99
83	1002/1665	614/1115	1847	Chinh Ta	51	F	Cedar Rapids	IA	11:59	00:37:16.25
84	1024/1665	630/1115	1697	Frances Levack	55	F	North Liberty	IA	12:08	00:37:43.59
85	1027/1665	631/1115	2076	Cheryl Beatty	52	F	Winthrop	IA	12:09	00:37:46.65
86	1040/1665	641/1115	236	Yvonne Aubrey	52	F	Urbana	IA	12:15	00:38:04.42
87	1046/1665	646/1115	410	Denise Fitzpatrick	51	F	Fairfax	IA	12:17	00:38:10.82
88	1060/1665	656/1115	546	Dianne Hayes	54	F	Iowa City	IA	12:20	00:38:21.53
89	1075/1665	664/1115	306	Rebecca Souza	52	F	Marion	IA	12:26	00:38:38.63
90	1097/1665	680/1115	2212	Elizabeth Kucera	58	F	Cedar Rapids	IA	12:37	00:39:14.13
91	1113/1665	695/1115	2250	Paige Butterfield	50	F	Cedar Rapids	IA	12:44	00:39:34.17
92	1118/1665	699/1115	2256	Denise Scheer	53	F	Robins	IA	12:46	00:39:42.54
93	1120/1665	701/1115	2613	Fae Hoover	51	F	Cedar Rapids	IA	12:47	00:39:44.42
94	1137/1665	712/1115	646	Deb Ratchford	52	F	Cedar Rapids	IA	12:57	00:40:15.60
95	1150/1665	722/1115	1139	Jodee Neis	54	F	Fairfax	IA	13:07	00:40:45.32
96	1152/1665	724/1115	847	Lisa Perry	56	F	Cedar Rapids	IA	13:07	00:40:47.14
97	1170/1665	738/1115	1051	Gail Rieger	56	F	Cedar Rapids	IA	13:22	00:41:34.18
98	1176/1665	742/1115	999	Jacqueline Robertson	56	F	Anamosa	IA	13:25	00:41:42.30
99	1230/1665	782/1115	2054	Chris Davis	59	F	Cedar Rapids	IA	13:58	00:43:25.18
100	1231/1665	783/1115	2160	Siiri Sloat	59	F	Burlington	IA	13:59	00:43:29.38
101	1239/1665	789/1115	2066	Mary Kruse	58	F	Robins	IA	14:01	00:43:34.93
102	1255/1665	799/1115	1758	Angie Kindig	51	F	Cedar Rapids	IA	14:15	00:44:17.35
103	1262/1665	804/1115	984	Monica Fergus	50	F	Cedar Rapids	IA	14:21	00:44:37.18
104	1269/1665	809/1115	1171	Robin Elliott	55	F	Cedar Rapids	IA	14:30	00:45:05.61
105	1274/1665	814/1115	971	Michelle Ajram	52	F	Cedar Rapids	IA	14:35	00:45:18.99
106	1276/1665	816/1115	2043	Joni Kinkead	57	F	Alburnett	IA	14:37	00:45:27.55
107	1281/1665	820/1115	1513	Joanne Radeke	57	F	Keystone	IA	14:40	00:45:34.25
108	1282/1665	821/1115	1310	Kim Bachman	54	F	Marion	IA	14:43	00:45:44.83
109	1283/1665	822/1115	1313	Chris Rebora	56	F	Glen Ellyn	IL	14:43	00:45:45.18
110	1288/1665	826/1115	1877	Joyce Wyckoff	59	F	Center Pointe	IA	14:47	00:45:58.14
111	1299/1665	835/1115	1742	Donna Sanders	55	F	Cedar Rapids	IA	15:01	00:46:41.44
112	1307/1665	840/1115	1322	Peggy Jordan	50	F	Swisher	IA	15:08	00:47:03.41

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Female Female 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
113	1324/1665	854/1115	2206	Susan Weller	59	F	Central City	IA	15:30	00:48:11.38
114	1332/1665	861/1115	2228	Marilyn Gerhold	54	F	Atkins	IA	15:42	00:48:48.32
115	1333/1665	862/1115	2177	Kathy Hawes	57	F	Cedar Rapids	IA	15:44	00:48:55.19
116	1356/1665	883/1115	566	Laura Sutter	56	F	Manchester	IA	16:36	00:51:37.46
117	1357/1665	884/1115	743	Mary Ronnenberg	51	F	Cedar Rapids	IA	16:37	00:51:39.11
118	1365/1665	890/1115	1465	Wanda Edwards	51	F	Cedar Rapids	IA	16:47	00:52:11.44
119	1380/1665	902/1115	1500	Denise Engen	51	F	Central City	IA	17:12	00:53:28.94
120	1381/1665	903/1115	172	Anne Malecek	53	F	Marion	IA	17:16	00:53:41.27
121	1406/1665	922/1115	2077	Melanie Carlson	56	F	Coralville	IA	18:16	00:56:46.43
122	1409/1665	925/1115	14	Lora Zaruba	53	F	Solon	IA	18:17	00:56:50.70
123	1421/1665	934/1115	1182	Natalie Vaske	50	F	Manchester	IA	18:44	00:58:13.59
124	1434/1665	942/1115	405	Tami Fiala	52	F	Cedar Rapids	IA	19:03	00:59:12.16
125	1435/1665	943/1115	382	Kathryn Burd	56	F	North Liberty	IA	19:03	00:59:12.17
126	1446/1665	954/1115	567	Bev Juhl	52	F	Marion	IA	19:49	01:01:35.22
127	1447/1665	955/1115	619	Liz Mayfield	57	F	Cedar Rapids	IA	19:49	01:01:36.92
128	1471/1665	972/1115	67	Caryn Farmer	53	F	Wyoming	IA	20:35	01:04:00.17
129	1479/1665	978/1115	360	Janelle Moellers	52	F	Marshalltown	IA	20:49	01:04:42.31
130	1488/1665	984/1115	351	Deann Cundiff	54	F	Pocahontas	IA	21:02	01:05:22.16
131	1489/1665	985/1115	357	Mary Hass	55	F	Marshalltown	IA	21:02	01:05:22.36
132	1529/1665	1011/1115	1900	Jane Burroughs	58	F	Cedar Rapids	IA	21:46	01:07:37.96
133	1531/1665	1013/1115	179	Marla Tonn	54	F	Swisher	IA	21:55	01:08:06.33
134	1538/1665	1019/1115	607	Stacy Murphy	52	F	Shellsburg	IA	22:06	01:08:40.34
135	1543/1665	1024/1115	1390	Sandy Ryan	52	F	Cedar Rapids	IA	22:17	01:09:15.69
136	1553/1665	1031/1115	2202	Lisa Persels	50	F	Tiffin	IA	22:42	01:10:31.94
137	1557/1665	1035/1115	244	Kathy Holmes	52	F	Cedar Rapids	IA	23:08	01:11:53.62
138	1578/1665	1052/1115	2010	Ann Lampe	53	F	Riverside	IA	23:36	01:13:21.39
139	1595/1665	1064/1115	127	Sheryl Brehm	55	F	Van Horne	IA	23:50	01:14:04.76
140	1606/1665	1071/1115	661	Virginia Mccotter	58	F	Algonquin	IL	24:18	01:15:32.69
141	1610/1665	1075/1115	1293	Cynthia Eastburn	59	F	Cedar Rapids	IA	24:24	01:15:51.14
142	1613/1665	1078/1115	5	Lisa Camacho	52	F	Solon	IA	24:27	01:15:59.94
143	1626/1665	1085/1115	1450	Jayne O'brien	52	F	Dubuque	IA	25:02	01:17:46.73
144	1635/1665	1092/1115	1433	Robin Squires	51	F	Center Point	IA	25:20	01:18:43.65
145	1636/1665	1093/1115	1432	Jerry Squires	55	F	Center Point	IA	25:20	01:18:44.89
146	1637/1665	1094/1115	602	Judy Goldberg	52	F	Cedar Rapids	IA	25:28	01:19:08.98
147	1638/1665	1095/1115	1339	Andrea Rowland	53	F	Cedar Rapids	IA	25:29	01:19:12.91
148	1642/1665	1099/1115	414	Sonja Hadenfeldt	51	F	Fairfax	IA	25:42	01:19:52.98
149	1654/1665	1109/1115	2081	Becky Kopp	59	F	Marion	IA	26:27	01:22:11.95

Male Male 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	12/1665	12/550	1865	James Pelsang	51	M	Iowa City	IA	6:05	00:18:56.26
2	43/1665	38/550	2249	Eric Lockwood	55	M	Marion	IA	6:53	00:21:23.67
3	55/1665	49/550	2267	Tom Loch	59	M	Dubuque	IA	7:05	00:22:00.81
4	88/1665	67/550	21	John Robe	51	M	Cedar Rapids	IA	7:25	00:23:02.96
5	95/1665	73/550	2166	Steve Lorenz	50	M	Swisher	IA	7:27	00:23:10.26
6	119/1665	89/550	683	Ron Grant	55	M	Cedar Rapids	IA	7:38	00:23:44.60
7	144/1665	107/550	1003	Scott Shelton	58	M	Cedar Rapids	IA	7:47	00:24:12.89
8	164/1665	115/550	397	Kevin Costigan	56	M	Cedar Rapids	IA	7:56	00:24:39.34

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Male Male 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
9	233/1665	150/550	1203	Keith Feldkamp	53	M	Robins	IA	8:23	00:26:05.40
10	262/1665	165/550	1059	Randy Bachman	59	M	Hiawatha	IA	8:32	00:26:33.83
11	290/1665	178/550	586	Tom Mcdonald	52	M	Marion	IA	8:44	00:27:08.90
12	311/1665	189/550	1920	Chuck Kempker	56	M	Fort Madison	IA	8:50	00:27:28.82
13	396/1665	227/550	30	Rick Kullander	54	M	Cedar Rapids	IA	9:10	00:28:30.73
14	434/1665	240/550	2158	Matt Nagle	54	M	Cedar Rapids	IA	9:17	00:28:53.31
15	439/1665	241/550	2027	Kirk Archer	50	M	Cedar Rapids	IA	9:20	00:29:00.27
16	482/1665	257/550	2290	Chris Luken	50	M	Cedar Rapids	IA	9:31	00:29:35.31
17	484/1665	259/550	1518	Rob Wagner	54	M	North Liberty	IA	9:33	00:29:40.77
18	498/1665	262/550	1761	Jon Sickelka	57	M	Cedar Rapids	IA	9:36	00:29:52.12
19	508/1665	266/550	1976	William Kiesel	50	M	Cedar Rapids	IA	9:38	00:29:58.15
20	516/1665	269/550	367	Mickey Alsager	58	M	Cedar Rapids	IA	9:40	00:30:03.10
21	548/1665	286/550	741	Gus Ronnenberg	50	M	Cedar Rapids	IA	9:49	00:30:32.77
22	554/1665	287/550	1731	Dave Balvin	58	M	Cedar Rapids	IA	9:50	00:30:35.90
23	561/1665	290/550	1154	Mitch Porter	54	M	Cedar Rapids	IA	9:52	00:30:42.11
24	569/1665	292/550	1380	John Ernst	52	M	Swisher	IA	9:55	00:30:50.40
25	578/1665	293/550	766	Philip Roudabush	52	M	North Liberty	IA	9:57	00:30:55.53
26	579/1665	294/550	765	Todd Erickson	55	M	North Liberty	IA	9:57	00:30:55.65
27	622/1665	301/550	737	Marc Lundgren	53	M	Cedar Rapids	IA	10:07	00:31:28.47
28	643/1665	304/550	1883	John Lewis	52	M	Delhi	IA	10:14	00:31:49.60
29	665/1665	312/550	1362	Tom Leaverton	55	M	Cedar Rapids	IA	10:18	00:32:00.19
30	700/1665	319/550	1542	John Kurtz	54	M	Cedar Rapids	IA	10:28	00:32:31.36
31	761/1665	338/550	408	Jay Fisher	54	M	Cedar Rapids	IA	10:42	00:33:15.82
32	769/1665	340/550	1807	Matt Fox	50	M	Cedar Rapids	IA	10:43	00:33:19.96
33	826/1665	353/550	1943	John Miller	51	M	Waverly	IA	10:58	00:34:05.37
34	837/1665	356/550	284	Byron Tabor	58	M	Cedar Rapids	IA	11:00	00:34:13.13
35	883/1665	365/550	1393	Eric Brandt	55	M	Cedar Rapids	IA	11:12	00:34:49.67
36	956/1665	380/550	341	Lowell Johnson	56	M	Cedar Rapids	IA	11:39	00:36:14.52
37	960/1665	381/550	1399	Deke Morrow	55	M	Marion	IA	11:40	00:36:16.54
38	1017/1665	392/550	1141	Donald Klingenberger	57	M	Cedar Rapids	IA	12:04	00:37:31.42
39	1019/1665	393/550	1474	Clint Wasendorf	54	M	Marion	IA	12:05	00:37:33.83
40	1035/1665	398/550	573	Michael Bretz	53	M	North Liberty	IA	12:14	00:38:01.29
41	1036/1665	399/550	2755	Craig Gallagher	53	M	Solon	IA	12:14	00:38:01.75
42	1054/1665	403/550	1225	Joe Pezzulo	51	M	Hollywood	FL	12:19	00:38:17.91
43	1142/1665	427/550	291	Augie Perez	51	M	Cedar Rapids	IA	13:01	00:40:26.64
44	1188/1665	436/550	10	Bruce Vander Sanden	50	M	Cedar Rapids	IA	13:38	00:42:21.72
45	1205/1665	441/550	1165	Paul Rowland	58	M	Cedar Rapids	IA	13:44	00:42:42.17
46	1227/1665	446/550	396	Wayne Cook	54	M	Cedar Rapids	IA	13:55	00:43:14.86
47	1229/1665	448/550	305	David Souza	52	M	Marion	IA	13:57	00:43:23.32
48	1246/1665	454/550	1800	James Weldon	56	M	Cedar Rapids	IA	14:03	00:43:41.43
49	1261/1665	458/550	983	Joe Fergus	51	M	Cedar Rapids	IA	14:21	00:44:36.64
50	1306/1665	467/550	1321	Kurt Jordan	53	M	Swisher	IA	15:08	00:47:03.37
51	1410/1665	485/550	13	Bruce Zaruba	55	M	Solon	IA	18:17	00:56:50.92
52	1415/1665	487/550	2133	Frank Smalley	54	M	Marion	IA	18:38	00:57:54.66
53	1432/1665	491/550	1739	Jeff Libe	59	M	Hiawatha	IA	18:58	00:58:57.90
54	1460/1665	498/550	200	Craig Ross	52	M	Cedar Rapids	IA	20:05	01:02:25.62
55	1512/1665	513/550	2617	David Grinde	56	M	Cedar Rapids	IA	21:18	01:06:12.43
56	1577/1665	526/550	2012	Dennis Lampe	54	M	Riverside	IA	23:36	01:13:20.90
57	1597/1665	532/550	1794	Lee Robinson	57	M	Cedar Rapids	IA	23:54	01:14:15.44
58	1614/1665	536/550	1278	Justin Campbell	55	M	Cedar Rapids	IA	24:31	01:16:12.86

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Male Male 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
59	1618/1665	539/550	1989	Jeff Bardell	52	M	Cedar Rapids	IA	24:40	01:16:39.73
60	1619/1665	540/550	1990	Greg Koenigs	54	M	Cedar Rapids	IA	24:40	01:16:41.23
61	1652/1665	545/550	1265	Lance Gouchee	51	M	Cedar Rapids	IA	26:22	01:21:55.98

Female Female 60 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	345/1665	140/1115	2126	Chyrl Johnson	60	F	Hiawatha	IA	8:57	00:27:50.53
2	398/1665	171/1115	2236	Ann Vestle	62	F	Cedar Rapids	IA	9:10	00:28:31.32
3	563/1665	273/1115	1894	Mary Johnston	69	F	Cedar Rapids	IA	9:53	00:30:43.35
4	589/1665	294/1115	431	Dorie Kelchen	69	F	Marion	IA	9:58	00:31:00.61
5	598/1665	302/1115	727	Roanne Willey	63	F	Center Junction	IA	10:02	00:31:10.59
6	613/1665	315/1115	2146	Ann Satterly	64	F	Coralville	IA	10:06	00:31:23.61
7	614/1665	316/1115	1116	Linnea Martin	63	F	Marion	IA	10:06	00:31:24.11
8	662/1665	352/1115	1308	Brenda Clancy	62	F	Cedar Rapids	IA	10:17	00:31:58.35
9	698/1665	380/1115	2268	Shari Hintermeister	66	F	North Liberty	IA	10:27	00:32:30.13
10	712/1665	391/1115	519	Luann Kuennen	61	F	Palo	IA	10:30	00:32:39.82
11	778/1665	436/1115	2110	Debby Prideaux	62	F	Marion	IA	10:45	00:33:24.40
12	781/1665	439/1115	1911	Jann Baustian	64	F	Cedar Rapids	IA	10:46	00:33:28.22
13	782/1665	440/1115	304	Linda Januska	60	F	Cedar Rapids	IA	10:46	00:33:28.64
14	810/1665	461/1115	370	Vicki Archibald	65	F	Cedar Rapids	IA	10:54	00:33:53.20
15	852/1665	494/1115	1163	Jan Mcmann	60	F	Cedar Rapids	IA	11:03	00:34:21.81
16	942/1665	569/1115	2715	Lana Ballou	68	F	Olin	IA	11:31	00:35:49.92
17	1021/1665	627/1115	1986	Sharon Burns-Knutson	68	F	Cedar Rapids	IA	12:06	00:37:38.49
18	1076/1665	665/1115	1924	Patricia Theisen	63	F	Anamosa	IA	12:26	00:38:38.63
19	1081/1665	668/1115	1455	Kathy Orr	63	F	Peosta	IA	12:29	00:38:48.62
20	1116/1665	697/1115	2242	Vicki Rickels	63	F	Marion	IA	12:46	00:39:41.35
21	1124/1665	704/1115	275	Karen Swenson	60	F	Cedar Rapids	IA	12:49	00:39:49.76
22	1161/1665	732/1115	279	Carol Ochsner	67	F	Plattsmouth	NE	13:13	00:41:04.37
23	1191/1665	754/1115	53	Julie Franklin	62	F	Marion	IA	13:40	00:42:30.53
24	1217/1665	775/1115	1298	Sherry Fuchs	62	F	Cedar Rapids	IA	13:48	00:42:52.69
25	1222/1665	778/1115	1056	Dixie Mae Johnson	60	F	Cedar Rapids	IA	13:53	00:43:08.49
26	1232/1665	784/1115	2162	Susy Southwick	62	F	North Liberty	IA	14:00	00:43:31.39
27	1233/1665	785/1115	1415	Deborah Mahoney	63	F	Marion	IA	14:00	00:43:31.92
28	1325/1665	855/1115	2618	Chris Lanphere	64	F	Swisher	IA	15:33	00:48:20.62
29	1326/1665	856/1115	772	Becky Hass	63	F	Cedar Rapids	IA	15:37	00:48:31.90
30	1468/1665	969/1115	889	Mary Burnett	66	F	Marion	IA	20:32	01:03:49.81
31	1493/1665	987/1115	241	Marta Hershner	61	F	Cedar Rapids	IA	21:03	01:05:26.61
32	1584/1665	1056/1115	240	Donna Gladish	65	F	Cedar Rapids	IA	23:43	01:13:42.60
33	1632/1665	1090/1115	1448	Julie Ellerbach	61	F	Dubuque	IA	25:06	01:17:59.49
34	1646/1665	1103/1115	27	Kathy Howell	63	F	Cedar Rapids	IA	26:04	01:20:59.96

Male Male 60 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	64/1665	54/550	2083	Shawn Steil	63	M	Cedar Rapids	IA	7:11	00:22:19.48
2	215/1665	142/550	689	Jay Wiebold	60	M	Cedar Rapids	IA	8:15	00:25:39.14
3	310/1665	188/550	1077	Dan Tucker	65	M	Cedar Rapids	IA	8:50	00:27:28.75

Especially For You Race Against Breast Cancer

October 9, 2016

Overall Division Results

5K Run

Male Male 60 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
4	321/1665	193/550	2685	Pat Hagerty	60	M	Chicago	IL	8:53	00:27:37.85
5	524/1665	272/550	1812	Joe Houtz	62	M	Cedar Rapids	IA	9:43	00:30:11.62
6	544/1665	282/550	2005	Ruben Carrion	60	M	Waverly	IA	9:48	00:30:27.93
7	663/1665	311/550	1309	Jim Clancy	63	M	Cedar Rapids	IA	10:17	00:31:59.12
8	688/1665	318/550	1982	Chuck Lemme	64	M	Cedar Rapids	IA	10:25	00:32:22.16
9	709/1665	321/550	276	Steve Swenson	66	M	Cedar Rapids	IA	10:30	00:32:37.65
10	792/1665	346/550	282	Bill Cooper	67	M	Cedar Rapids	IA	10:48	00:33:33.52
11	854/1665	359/550	1919	Jerry Cochrane	63	M	Marion	IA	11:04	00:34:24.31
12	930/1665	372/550	2289	Scott Nau	63	M	Cedar Rapids	IA	11:26	00:35:33.34
13	944/1665	375/550	1923	Lyle Theisen	64	M	Anamosa	IA	11:32	00:35:50.38
14	1183/1665	435/550	2263	Steve Odegaard	65	M	Hiawatha	IA	13:32	00:42:04.84
15	1257/1665	457/550	2056	Michael Miller	60	M	Cedar Rapids	IA	14:17	00:44:25.63
16	1374/1665	478/550	1496	Mike Vernon	60	M	Frankfort	IL	17:01	00:52:52.84
17	1461/1665	499/550	813	Ben Brecht	64	M	Marengo	IA	20:09	01:02:36.95
18	1523/1665	516/550	369	Steve Archibald	66	M	Cedar Rapids	IA	21:35	01:07:05.86
19	1527/1665	518/550	1624	John Collins	62	M	Cedar Rapids	IA	21:43	01:07:29.71

Female Female 70 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	570/1665	278/1115	1935	Joyce Fleischasker	72	F	Cedar Rapids	IA	9:55	00:30:50.69
2	594/1665	298/1115	2139	Melissa Fogle	70	F	Cedar Rapids	IA	10:00	00:31:04.86
3	1467/1665	968/1115	247	Betty Sheets	73	F	Cedar Rapids	IA	20:30	01:03:44.67
4	1640/1665	1097/1115	2237	Carolyn Dahlem	72	F	Cedar Rapids	IA	25:41	01:19:50.90

Male Male 70 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	214/1665	141/550	2285	Tom Kirkwood	73	M	Dyersville	IA	8:15	00:25:38.60
2	812/1665	350/550	1076	Willie Sneller	70	M	Cedar Rapids	IA	10:54	00:33:53.85
3	1020/1665	394/550	2140	Tom Fogle	70	M	Cedar Rapids	IA	12:06	00:37:37.34

Female Female 80 +

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	604/1665	308/1115	2121	Marilyn Wickencamp	81	F	Newton	IA	10:03	00:31:14.61

Female Female 99 - 99

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	84/1665	19/1115	2750	Rachel Stadlen	99	F	Cedar Rapids	IA	7:24	00:23:00.84
2	1302/1665	838/1115	1335	Monica Kuda	99	F	Cedar Rapids	IA	15:05	00:46:54.31
3	1463/1665	964/1115	425	Elly Holubar	99	F	Cedar Rapids	IA	20:23	01:03:22.93