

ShamRock N Run 5K

August 6, 2016

Overall Division Results

Female Ages 01 - 12

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	90/577	24/368	144	Mkenzie Robinson	12	F	Marshalltown	IA	7:59	00:24:58.86	00:24:50.73
2	163/577	59/368	290	Lakota Moses	11	F	Waterloo	IA	8:54	00:27:49.43	00:27:40.01
3	223/577	106/368	302	Avery Fleshner	12	F	Cedar Falls	IA	9:45	00:30:34.46	00:30:18.10
4	251/577	127/368	183	Adelyn Mckenna	12	F	Raymond	IA	10:04	00:32:49.63	00:31:17.47
5	274/577	142/368	75	Isabella Schoo	10	F	Waterloo	IA	10:29	00:34:08.69	00:32:35.55
6	278/577	144/368	407	Melody Kremer	12	F	Independence	IA	10:35	00:32:58.34	00:32:53.64
7	309/577	169/368	718	Rachel Herbert	9	F	Waterloo	IA	11:01	00:35:36.70	00:34:16.08
8	319/577	174/368	613	Madison Ludolph	12	F	Waterloo	IA	11:17	00:36:02.93	00:35:04.04
9	332/577	183/368	465	Taytem Lehmann	8	F	Cedar Falls	IA	11:29	00:37:25.76	00:35:43.38
10	341/577	189/368	638	Lauren Waskow	10	F	Cedar Falls	IA	11:39	00:36:41.30	00:36:12.90
11	343/577	191/368	637	Birklie Waskow	7	F	Cedar Falls	IA	11:43	00:36:56.13	00:36:26.98
12	348/577	195/368	464	Baylee Lehmann	10	F	Cedar Falls	IA	11:45	00:38:14.96	00:36:32.38
13	374/577	214/368	235	Jade Bushman	10	F	Cedar Rapids	IA	12:18	00:38:32.14	00:38:15.98
14	379/577	219/368	11	Emma Beckman	9	F	Waterloo	IA	12:25	00:39:58.80	00:38:35.22
15	392/577	227/368	182	Mehla Mckenna	9	F	Raymond	IA	12:45	00:41:09.45	00:39:38.32
16	394/577	228/368	306	Journey Shipman	12	F	Waterloo	IA	12:52	00:41:27.70	00:40:00.10
17	402/577	233/368	276	Lily Lukes	8	F	Stewartville	MN	13:00	00:42:07.94	00:40:25.77
18	404/577	235/368	664	Isabelle Lukes	11	F	Waterloo	IA	13:03	00:42:16.88	00:40:34.24
19	415/577	245/368	705	Addisyn Even	8	F	Cedar Falls	IA	13:27	00:43:28.96	00:41:50.45
20	448/577	271/368	434	Margaret Arickx	11	F	Nora Springs	IA	14:47	00:47:35.16	00:45:58.94
21	548/577	342/368	685	Lauren Coleman	12	F	Waterloo	IA	16:52	00:53:43.68	00:52:27.34
22	561/577	354/368	229	Emerson Bartlett	7	F	Cedar Falls	IA	17:34	00:56:07.47	00:54:37.36

Male Ages 01 - 12

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	27/577	24/209	176	Cadin Herrmann	12	M	Evansdale	IA	6:50	00:21:20.17	00:21:16.53
2	38/577	34/209	400	Brayden Bohnsack	10	M	La Porte City	IA	7:01	00:21:53.17	00:21:48.59
3	39/577	35/209	404	Ethan Govern	12	M	Cresco	IA	7:01	00:21:52.82	00:21:49.97
4	47/577	39/209	138	Devan Mahoney	10	M	Walker	IA	7:08	00:22:26.34	00:22:12.41
5	122/577	82/209	646	Ian Sabanagic	11	M	Waterloo	IA	8:18	00:26:08.32	00:25:48.45
6	128/577	87/209	198	Bryce Jones	10	M	Cedar Falls	IA	8:24	00:26:50.93	00:26:08.79
7	131/577	89/209	422	Brendan Bloomer	11	M	Davenport	IA	8:27	00:26:46.90	00:26:17.38
8	234/577	120/209	714	Jonas Greene	8	M	Fairfax	IA	9:52	00:31:27.39	00:30:41.56
9	239/577	123/209	87	Lane Rodenburgh	11	M	Waterloo	IA	9:53	00:31:15.29	00:30:44.02
10	249/577	124/209	672	Ian Brown	10	M	Cedar Falls	IA	10:03	00:31:33.69	00:31:15.92
11	267/577	130/209	730	Skyar Fecht	12	M	Waterloo	IA	10:16	00:33:20.44	00:31:56.33
12	284/577	137/209	307	Phoenix Shipman	9	M	Waterloo	IA	10:42	00:33:19.26	00:33:14.87
13	316/577	144/209	196	Shea Corbin	5	M	Cedar Falls	IA	11:14	00:35:33.94	00:34:55.70
14	362/577	158/209	282	Brody Ross	10	M	Waterloo	IA	12:00	00:38:14.45	00:37:19.61
15	369/577	160/209	707	Spencer Eldender	9	M	Waterloo	IA	12:16	00:38:12.95	00:38:09.28
16	388/577	163/209	125	Aiden Balk	12	M	Waterloo	IA	12:40	00:41:07.20	00:39:22.06
17	389/577	164/209	635	William Lammers	12	M	Waverly	IA	12:41	00:41:00.45	00:39:24.56
18	400/577	168/209	12	Oliver Beckman	7	M	Waterloo	IA	12:59	00:41:45.71	00:40:23.31
19	407/577	170/209	215	Patrick Underwood	10	M	Waterloo	IA	13:05	00:41:48.85	00:40:40.30
20	437/577	174/209	727	Max Vincent	9	M	Waterloo	IA	14:17	00:44:26.46	00:44:23.00
21	488/577	190/209	270	Oliver Wymore	8	M	New Hartford	IA	15:44	00:50:50.94	00:48:54.47
22	493/577	192/209	415	Zade Collins	12	M	Waterloo	IA	15:48	00:49:33.96	00:49:06.76
23	498/577	195/209	283	Kellan Ross	8	M	Waterloo	IA	15:54	00:50:22.14	00:49:26.92

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Male Ages 01 - 12

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
24	531/577	201/209	269	Wesley Lentfer	11	M	New Hartford	IA	16:28	00:53:04.22	00:51:10.07

Female Ages 13 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	18/577	2/368	403	Hope Dohlman	15	F	Cresco	IA	6:30	00:20:18.88	00:20:14.25
2	24/577	3/368	402	Lauren Boevers	14	F	Waverly	IA	6:49	00:21:15.71	00:21:11.01
3	54/577	10/368	481	Kadi Wright	18	F	Dike	IA	7:19	00:22:48.67	00:22:44.04
4	64/577	13/368	493	Adriana Kammerer	19	F	Coralville	IA	7:26	00:23:11.61	00:23:08.36
5	91/577	25/368	706	Abigail Turner	15	F	Jackson	MN	8:00	00:25:12.88	00:24:52.73
6	93/577	26/368	120	Alana Corwin	13	F	Dike	IA	8:01	00:25:23.65	00:24:55.22
7	107/577	33/368	471	Jenna Schott	14	F	Waterloo	IA	8:10	00:26:05.28	00:25:24.59
8	118/577	39/368	280	Lauren Dunlay	18	F	Waterloo	IA	8:15	00:26:00.99	00:25:40.34
9	141/577	48/368	679	Mikayla Lies	13	F	Johnston	IA	8:35	00:27:15.14	00:26:42.03
10	176/577	66/368	617	Mary Venenga	16	F	Dike	IA	9:05	00:28:31.12	00:28:14.77
11	188/577	76/368	301	Jae Fleshner	15	F	Cedar Falls	IA	9:15	00:29:02.68	00:28:46.35
12	260/577	133/368	143	Mckenna Pentico	13	F	Belmond	IA	10:13	00:32:25.22	00:31:46.56
13	265/577	136/368	273	Mary Sutarik	19	F	Aurora	IL	10:16	00:32:19.37	00:31:56.26
14	266/577	137/368	277	Maria Roche	19	F	Waterloo	IA	10:16	00:32:19.37	00:31:56.26
15	288/577	150/368	668	Ashley Smith	15	F	Cedar Falls	IA	10:44	00:34:06.15	00:33:21.57
16	300/577	161/368	393	Emily Nichols	18	F	Romeoville	IL	10:51	00:34:33.38	00:33:43.26
17	445/577	269/368	36	Mackenzie Cole	19	F	Iowa City	IA	14:37	00:46:21.94	00:45:27.30
18	461/577	281/368	667	Alicia Smith	17	F	Cedar Falls	IA	15:06	00:47:49.62	00:46:56.48
19	499/577	304/368	347	Alexis Samuelson	17	F	Waterloo	IA	15:55	00:51:17.37	00:49:27.63
20	506/577	308/368	268	Clarissa Lentfer	13	F	New Hartford	IA	16:02	00:51:42.52	00:49:50.35
21	507/577	309/368	271	Mariah Vaughan	17	F	New Hartford	IA	16:02	00:51:42.93	00:49:50.55
22	518/577	319/368	701	Gabby Moore	13	F	Waterloo	IA	16:18	00:52:39.66	00:50:38.79
23	519/577	320/368	702	Marissa Wood	13	F	Waterloo	IA	16:18	00:52:39.22	00:50:38.86
24	547/577	341/368	32	Emily Meyerhoff	16	F	Cedar Falls	IA	16:47	00:53:43.47	00:52:09.32
25	554/577	348/368	333	Emily Borne	18	F	Ames	IA	17:21	00:55:57.11	00:53:55.71
26	565/577	357/368	251	Robyn Neil	18	F	Denver	IA	17:39	00:56:08.48	00:54:52.35
27	568/577	360/368	433	Sadie Arickx	15	F	Nora Springs	IA	17:46	00:56:50.58	00:55:14.78

Male Ages 13 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	1/577	1/209	696	Clayton Streed	16	M	Waterloo	IA	5:31	00:17:12.16	00:17:08.60
2	3/577	3/209	344	Cody Samuelson	16	M	Waterloo	IA	5:35	00:17:23.91	00:17:21.07
3	7/577	7/209	420	Sam O'brien	16	M	Waterloo	IA	6:04	00:18:55.60	00:18:52.13
4	9/577	9/209	472	Kyle Schott	17	M	Waterloo	IA	6:19	00:19:54.72	00:19:40.08
5	11/577	11/209	443	Isaac Davis	15	M	Waterloo	IA	6:21	00:19:47.66	00:19:44.19
6	15/577	15/209	406	Caleb Kremer	16	M	Independence	IA	6:27	00:20:07.42	00:20:04.01
7	17/577	16/209	690	Daniel Kimball	15	M	Buckingham	IA	6:28	00:20:13.80	00:20:06.67
8	20/577	18/209	688	Scyler Torrey	17	M	Waterloo	IA	6:37	00:20:38.35	00:20:34.87
9	23/577	21/209	255	Tyler Stiers	19	M	Cedar Falls	IA	6:44	00:21:38.63	00:20:56.31
10	25/577	22/209	642	Luke Bloker	14	M	Denver	IA	6:50	00:21:19.92	00:21:15.04
11	34/577	30/209	628	Mason Nordman	15	M	Waterloo	IA	6:58	00:21:45.50	00:21:41.83
12	40/577	36/209	137	Hardy Mahoney	13	M	Walker	IA	7:02	00:22:08.48	00:21:54.09
13	41/577	37/209	345	Nick Samuelson	15	M	Waterloo	IA	7:04	00:22:12.92	00:21:58.61

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Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
14	62/577	51/209	475	Andrew Newlon	15	M	Waterloo	IA	7:26	00:23:10.17	00:23:06.50
15	75/577	59/209	249	Joseph Sink	15	M	Cedar Falls	IA	7:33	00:23:36.17	00:23:28.64
16	80/577	62/209	710	Steffen Hoey	18	M	Jesup	IA	7:46	00:24:49.43	00:24:08.96
17	109/577	76/209	310	Keagan Jarchow	13	M	Lisbon	IA	8:11	00:25:38.89	00:25:28.26
18	302/577	140/209	69	Lucas Lubben	15	M	Hudson	IA	10:52	00:34:40.79	00:33:46.97
19	486/577	189/209	451	Zackery Thune	19	M	Waterloo	IA	15:42	00:50:39.41	00:48:49.27
20	495/577	194/209	124	Logan Balk	13	M	Waterloo	IA	15:50	00:51:00.71	00:49:14.07

Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	16/577	1/368	494	Nicole Hippen	25	F	Independence	IA	6:27	00:20:11.35	00:20:05.40
2	42/577	5/368	676	Darcy Vanmiddendorp	28	F	Doon	IA	7:04	00:22:10.32	00:22:00.18
3	43/577	6/368	356	Melissa Summers	29	F	Waterloo	IA	7:05	00:22:10.67	00:22:02.29
4	73/577	16/368	499	Krista Schmidt	23	F	Waverly	IA	7:30	00:23:32.17	00:23:21.01
5	84/577	22/368	693	Danielle Carlson	25	F	Cedar Falls	IA	7:51	00:25:48.10	00:24:24.83
6	105/577	31/368	354	Hailey Franke	21	F	Janesville	IA	8:09	00:26:13.68	00:25:20.28
7	114/577	35/368	203	Hannah Gerk	28	F	Saint Ansgar	IA	8:13	00:25:53.93	00:25:33.79
8	116/577	37/368	204	Lauren Wittig	25	F	Saint Ansgar	IA	8:14	00:25:55.54	00:25:34.90
9	117/577	38/368	411	Caitlin Kouba	26	F	Cedar Falls	IA	8:15	00:25:54.43	00:25:39.52
10	119/577	40/368	338	Ashley Ulrich	26	F	Waterloo	IA	8:16	00:25:54.68	00:25:41.79
11	133/577	43/368	401	Lauren Fitzgerald	21	F	Dyersville	IA	8:28	00:27:04.16	00:26:20.02
12	135/577	44/368	375	Laura Twedt	26	F	Cedar Falls	IA	8:29	00:26:36.35	00:26:22.65
13	137/577	46/368	4	Jamie Frederick	28	F	Davenport	IA	8:30	00:27:47.25	00:26:26.40
14	148/577	51/368	699	Kelsey Garvin	20	F	West Union	IA	8:42	00:27:10.93	00:27:03.78
15	149/577	52/368	49	Jennifer Grindberg	23	F	Waterloo	IA	8:43	00:27:25.68	00:27:06.80
16	150/577	53/368	610	Jil Tell	25	F	Waterloo	IA	8:43	00:27:35.84	00:27:08.01
17	154/577	55/368	728	Kristen Winter	26	F	Waterloo	IA	8:45	00:28:18.43	00:27:13.58
18	170/577	62/368	208	Ashton Fisher	25	F	Cedar Falls	IA	8:59	00:29:04.83	00:27:55.93
19	171/577	63/368	224	Anna Siebel	25	F	Waterloo	IA	8:59	00:29:04.63	00:27:56.06
20	172/577	64/368	452	Jordan Brooks	27	F	Independence	IA	8:59	00:28:19.68	00:27:56.79
21	187/577	75/368	296	Morgan Pike	25	F	Cedar Falls	IA	9:14	00:28:56.30	00:28:43.17
22	199/577	85/368	107	Emma Thompson	27	F	Evansdale	IA	9:27	00:31:10.13	00:29:24.45
23	200/577	86/368	426	Kourtney Underwood	22	F	Cedar Falls	IA	9:28	00:29:59.68	00:29:25.33
24	201/577	87/368	427	Leah Franklin	22	F	Traer	IA	9:28	00:30:00.96	00:29:27.22
25	206/577	91/368	417	Kirsten Jacobsen	27	F	Cedar Falls	IA	9:30	00:30:02.11	00:29:32.61
26	210/577	95/368	145	Hannah Anderson	29	F	Waterloo	IA	9:32	00:30:13.77	00:29:38.63
27	212/577	97/368	694	Katie Squires	25	F	Waterloo	IA	9:33	00:30:35.43	00:29:40.81
28	213/577	98/368	209	Kathryn Jetter	29	F	Waterloo	IA	9:33	00:30:27.19	00:29:42.30
29	214/577	99/368	370	Marin Verhulst	23	F	Dike	IA	9:34	00:30:10.19	00:29:44.83
30	217/577	102/368	157	Jessi Reiher	22	F	Waterloo	IA	9:38	00:30:21.94	00:29:57.60
31	219/577	103/368	199	Tiffany Garvin	25	F	Waterloo	IA	9:38	00:30:04.13	00:29:58.00
32	222/577	105/368	300	Jordan Larkin	29	F	Dubuque	IA	9:44	00:30:32.94	00:30:17.43
33	225/577	107/368	500	Kayla Bruns	22	F	Huxley	IA	9:45	00:30:34.19	00:30:19.05
34	228/577	109/368	424	Megan Schau	25	F	Waterloo	IA	9:48	00:31:08.19	00:30:29.80
35	229/577	110/368	158	Cassie Freidig	28	F	Waterloo	IA	9:50	00:30:58.94	00:30:34.04
36	230/577	111/368	633	Megan Brodahl	24	F	Waterloo	IA	9:51	00:31:58.28	00:30:37.68
37	240/577	117/368	485	Lucy Walbruch	20	F	Savage	MN	9:53	00:31:17.65	00:30:44.32
38	241/577	118/368	151	Camille Hurst	26	F	Waterloo	IA	9:54	00:30:58.77	00:30:46.46

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39	242/577	119/368	371	Kimberly Floss	28	F	Cedar Falls	IA	9:55	00:31:16.19	00:30:51.29
40	255/577	130/368	444	Hillary Purvis	23	F	Waterloo	IA	10:10	00:32:53.45	00:31:36.56
41	258/577	132/368	3	Samantha Pacha	29	F	Davenport	IA	10:12	00:32:01.53	00:31:44.16
42	261/577	134/368	154	Brooke Ullom	27	F	Waterloo	IA	10:13	00:32:27.44	00:31:47.17
43	268/577	138/368	89	Nicole Philbrick	28	F	Iowa City	IA	10:19	00:33:36.69	00:32:04.95
44	290/577	151/368	318	Montana Gourley	24	F	Oskaloosa	IA	10:44	00:34:32.45	00:33:22.86
45	292/577	153/368	435	Jessica Holley	27	F	Cedar Falls	IA	10:45	00:34:20.97	00:33:25.13
46	294/577	155/368	261	Kelcey Olson	24	F	Cedar Falls	IA	10:45	00:34:18.33	00:33:27.00
47	304/577	164/368	478	Kayla Hemesath	26	F	Cedar Falls	IA	10:56	00:34:13.94	00:33:58.30
48	307/577	167/368	366	Aubrey Grant	20	F	Waterloo	IA	11:01	00:34:35.41	00:34:13.74
49	318/577	173/368	272	J. Morgan Shaffo	24	F	Amana	IA	11:15	00:36:17.19	00:34:59.42
50	321/577	176/368	632	Abigail Lundy	26	F	Elk Run Heights	IA	11:18	00:35:30.63	00:35:06.75
51	326/577	179/368	409	Isabelle Hayes	21	F	Cedar Falls	IA	11:25	00:36:24.23	00:35:29.00
52	328/577	180/368	436	Onyotse Agbese	29	F	Waterloo	IA	11:28	00:37:00.38	00:35:38.52
53	342/577	190/368	37	Valyn Reinig	24	F	Coralville	IA	11:43	00:37:07.29	00:36:25.99
54	351/577	197/368	42	Ali Peterson	20	F	Forest City	IA	11:48	00:38:43.91	00:36:40.26
55	366/577	207/368	461	Samantha Skaar	25	F	Cedar Falls	IA	12:10	00:38:26.66	00:37:49.66
56	371/577	211/368	448	Abby Jeffries	25	F	Ames	IA	12:17	00:39:05.42	00:38:12.84
57	396/577	230/368	615	Megan Flaucher	28	F	Waterloo	IA	12:55	00:41:44.17	00:40:10.53
58	397/577	231/368	127	Laura Kurtz	29	F	Waterloo	IA	12:59	00:41:42.96	00:40:21.30
59	411/577	241/368	178	Gabbi Edwards	24	F	Cedar Falls	IA	13:20	00:42:21.56	00:41:27.67
60	418/577	248/368	315	Lauren Hix	26	F	Waterloo	IA	13:30	00:43:25.93	00:41:59.12
61	423/577	253/368	279	Leah Fischer	27	F	Waterloo	IA	13:43	00:44:27.21	00:42:39.82
62	428/577	257/368	63	Carrie Haskin	28	F	Rochester	MN	13:55	00:43:48.68	00:43:17.41
63	442/577	266/368	700	Jessica Lashrer	29	F	Waterloo	IA	14:33	00:47:11.46	00:45:14.66
64	444/577	268/368	618	Breana Lashier	25	F	Waterloo	IA	14:36	00:47:21.21	00:45:24.50
65	458/577	278/368	430	Kylea Hamer	24	F	Cedar Falls	IA	14:57	00:48:26.20	00:46:29.88
66	459/577	279/368	441	Halle Yates	21	F	West Des Moines	IA	14:58	00:48:26.20	00:46:30.69
67	463/577	283/368	606	Elisabeth Butterfield	27	F	Sumner	IA	15:08	00:49:01.74	00:47:03.01
68	467/577	285/368	674	Mackenzie Mclaughlin	24	F	Waterloo	IA	15:10	00:48:41.81	00:47:10.18
69	471/577	287/368	82	Lisa Dupuy	29	F	Waterloo	IA	15:20	00:47:57.71	00:47:39.56
70	511/577	313/368	305	Lyndsey Griffey	26	F	Jewell	IA	16:11	00:50:44.26	00:50:19.92
71	520/577	321/368	194	Abby Brooks	22	F	Urbandale	IA	16:19	00:52:12.97	00:50:41.99
72	536/577	335/368	619	Charlotte Jensen	29	F	Waterloo	IA	16:29	00:52:11.41	00:51:13.50
73	551/577	345/368	735	Samantha Glass	23	F	Waterloo	IA	17:03	00:54:18.78	00:53:00.39
74	556/577	350/368	654	Danelle Kapping	29	F	Waterloo	IA	17:23	00:55:43.67	00:54:00.78
75	576/577	367/368	723	Rachael Blair	22	F	Hudson	IA	18:27	00:57:27.36	00:57:20.21
76	577/577	368/368	732	Caitlin Kelly	21	F	Cedar Falls	IA	18:27	00:57:27.77	00:57:20.86

Male Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	8/577	8/209	660	Luke Downey	25	M	Cedar Falls	IA	6:04	00:18:57.48	00:18:52.86
2	14/577	14/209	726	Josh Seppelt	26	M	Cedar Falls	IA	6:24	00:20:03.63	00:19:53.23
3	19/577	17/209	459	Jake Hundley	23	M	Waterloo	IA	6:34	00:20:35.32	00:20:26.15
4	21/577	19/209	651	Lucas Hanson	28	M	Waterloo	IA	6:39	00:20:48.90	00:20:40.16
5	30/577	27/209	386	Mike Marshall	27	M	Washburn	IA	6:53	00:21:41.66	00:21:23.25
6	32/577	29/209	412	Jai Courter	25	M	Cedar Falls	IA	6:57	00:21:51.80	00:21:37.30
7	37/577	33/209	677	Jeremy Vanmiddendorr	28	M	Doon	IA	7:00	00:21:57.29	00:21:46.46

ShamRock N Run 5K

August 6, 2016

Overall Division Results

Male Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
8	49/577	41/209	630	Luke Schuver	23	M	Cedar Falls	IA	7:12	00:23:33.18	00:22:25.03
9	50/577	42/209	191	Nathaniel Welshons	22	M	Cedar Falls	IA	7:15	00:23:45.93	00:22:33.25
10	57/577	47/209	652	Keegan Overbey	24	M	Waterloo	IA	7:20	00:22:58.42	00:22:49.77
11	60/577	50/209	631	Zachary Norgren	29	M	Elk Run Heights	IA	7:21	00:23:15.67	00:22:51.54
12	72/577	57/209	177	Justin Edwards	27	M	Cedar Falls	IA	7:30	00:23:41.28	00:23:20.41
13	79/577	61/209	81	Ryan Dupuy	27	M	Waterloo	IA	7:43	00:24:07.91	00:24:00.78
14	88/577	66/209	483	Emmett Fritz	24	M	Cedar Falls	IA	7:54	00:25:58.14	00:24:35.48
15	92/577	67/209	725	John Schmitz	26	M	Cedar Falls	IA	8:00	00:25:50.43	00:24:53.78
16	100/577	71/209	724	Henry Nolte	29	M	Gladbrook	IA	8:06	00:26:11.36	00:25:10.18
17	121/577	81/209	331	Joshua Dahlen	28	M	Waterloo	IA	8:16	00:26:05.69	00:25:43.81
18	123/577	83/209	50	Cord Van Sickle	24	M	Waterloo	IA	8:20	00:26:13.20	00:25:54.79
19	124/577	84/209	330	Josue Carmona	29	M	Waterloo	IA	8:21	00:26:20.68	00:25:58.19
20	147/577	97/209	201	Ryan Garvin	23	M	West Union	IA	8:42	00:27:10.85	00:27:03.31
21	162/577	104/209	650	John Denkmann	27	M	Davenport	IA	8:53	00:27:55.96	00:27:38.00
22	169/577	108/209	490	Bruce Johnson	28	M	Waterloo	IA	8:56	00:28:00.18	00:27:47.78
23	218/577	116/209	202	Luke Bovy	22	M	West Union	IA	9:38	00:30:04.54	00:29:57.64
24	221/577	117/209	605	Nicholas Steege	29	M	Cedar Falls	IA	9:41	00:31:31.27	00:30:05.63
25	224/577	118/209	634	Matt Wiebke	26	M	Waterloo	IA	9:45	00:31:38.17	00:30:18.96
26	227/577	119/209	262	Josh Henely	26	M	Ventura	IA	9:47	00:31:15.83	00:30:24.03
27	237/577	121/209	278	Eddie Fischer	29	M	Waterloo	IA	9:53	00:32:28.34	00:30:42.49
28	238/577	122/209	736	Matthew Schellhorn	27	M	Waterloo	IA	9:53	00:31:02.83	00:30:43.69
29	254/577	125/209	210	Chris Jetter	26	M	Waterloo	IA	10:07	00:32:12.44	00:31:28.30
30	272/577	132/209	76	Oliver Schoo	29	M	Waterloo	IA	10:29	00:34:08.37	00:32:34.58
31	276/577	133/209	429	Richard Younts	29	M	Cedar Falls	IA	10:32	00:33:09.69	00:32:44.33
32	281/577	135/209	614	Adam Hix	29	M	Waterloo	IA	10:39	00:34:41.45	00:33:07.80
33	283/577	136/209	323	Slobodan Bosnic	29	M	Waterloo	IA	10:40	00:33:51.94	00:33:10.55
34	322/577	146/209	359	Trevor Carlson	28	M	Ida Grove	IA	11:18	00:35:48.94	00:35:07.11
35	350/577	154/209	41	Alec Sundermann	24	M	Forest City	IA	11:47	00:38:43.91	00:36:39.25
36	398/577	167/209	62	Mitchell Van Sickle	28	M	Rochester	MN	12:59	00:40:54.46	00:40:22.16
37	456/577	179/209	312	Andrew Kral	29	M	Des Moines	IA	14:57	00:47:15.14	00:46:28.31
38	464/577	181/209	607	Brian Butterfield	28	M	Sumner	IA	15:08	00:49:01.93	00:47:03.59

Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	33/577	4/368	369	Amber Sheeley	36	F	Solon	IA	6:57	00:21:49.16	00:21:37.51
2	46/577	8/368	611	Kaci Maire	30	F	Cedar Rapids	IA	7:08	00:22:17.92	00:22:11.81
3	51/577	9/368	162	Danielle Rohret	38	F	Waterloo	IA	7:15	00:22:40.56	00:22:33.44
4	61/577	11/368	397	Liz Winter	38	F	Jesup	IA	7:22	00:23:01.86	00:22:56.15
5	63/577	12/368	173	Brandi Ward	32	F	North Liberty	IA	7:26	00:23:17.67	00:23:08.04
6	65/577	14/368	348	Kristin Carpenter	35	F	Cedar Falls	IA	7:26	00:23:16.71	00:23:08.57
7	71/577	15/368	28	Kristin Stanford	37	F	Waterloo	IA	7:30	00:23:32.37	00:23:20.14
8	76/577	17/368	713	Stephanie Strouse	31	F	Waterloo	IA	7:33	00:24:56.42	00:23:29.01
9	81/577	19/368	244	Katie Longlett	39	F	Wilton	IA	7:48	00:24:22.68	00:24:14.12
10	82/577	20/368	733	Beth Haile	32	F	Waterloo	IA	7:48	00:24:39.99	00:24:17.13
11	83/577	21/368	470	Rachel Schmit	31	F	Cedar Rapids	IA	7:49	00:24:29.82	00:24:20.02
12	95/577	28/368	159	Allison Robinson	33	F	Waterloo	IA	8:01	00:25:34.60	00:24:56.99
13	96/577	29/368	26	Rachel Antonuccio	36	F	West Branch	IA	8:03	00:25:13.68	00:25:01.30
14	101/577	30/368	111	Leah Stumme	38	F	Waterloo	IA	8:06	00:25:55.90	00:25:11.10

ShamRock N Run 5K

August 6, 2016

Overall Division Results

Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
15	110/577	34/368	55	Jen Troyna	35	F	Aplington	IA	8:12	00:26:26.93	00:25:29.29
16	125/577	41/368	372	Kristen Toppin	30	F	Waterloo	IA	8:24	00:26:54.17	00:26:07.78
17	130/577	42/368	105	Alisa Engelhardt	36	F	Waterloo	IA	8:26	00:26:24.15	00:26:13.05
18	139/577	47/368	340	Leilana Kruchek	35	F	Cedar Falls	IA	8:32	00:27:34.18	00:26:31.79
19	142/577	49/368	405	Heidi Dohlman	37	F	Cedar Falls	IA	8:35	00:27:49.69	00:26:42.15
20	145/577	50/368	419	Lindsay Taylor	33	F	Cedar Falls	IA	8:41	00:28:07.18	00:26:59.83
21	153/577	54/368	626	Evelina Sabanagic	39	F	Waterloo	IA	8:45	00:27:30.97	00:27:12.16
22	156/577	57/368	641	Rachel Dancer	37	F	Cedar Falls	IA	8:46	00:28:18.13	00:27:14.49
23	175/577	65/368	357	Heather Gant	30	F	Waterloo	IA	9:05	00:28:29.94	00:28:13.55
24	181/577	70/368	376	Ashley Hanson	31	F	Waterloo	IA	9:09	00:29:24.93	00:28:27.15
25	182/577	71/368	689	Ashley Idneal	31	F	Waterloo	IA	9:09	00:29:24.34	00:28:27.89
26	190/577	78/368	362	Danielle Wingrove	39	F	Waterloo	IA	9:21	00:29:57.67	00:29:03.05
27	191/577	79/368	440	Jenny Brustkern	30	F	Waterloo	IA	9:21	00:29:19.65	00:29:05.36
28	192/577	80/368	715	Beth Greene	36	F	Fairfax	IA	9:22	00:29:53.18	00:29:07.36
29	195/577	81/368	712	Rocio Davila	32	F	Cedar Falls	IA	9:24	00:31:20.11	00:29:12.47
30	196/577	82/368	85	Sunshine Yang	39	F	Cedar Falls	IA	9:25	00:30:15.11	00:29:16.79
31	197/577	83/368	146	Becky Riess	39	F	Muscatine	IA	9:27	00:29:31.44	00:29:22.02
32	204/577	89/368	231	Sarah Wheeler	32	F	Culbertson	NE	9:30	00:29:45.20	00:29:31.51
33	205/577	90/368	237	Jessica Ott	30	F	Waterloo	IA	9:30	00:29:46.18	00:29:32.51
34	208/577	93/368	416	Nicole Arntz	37	F	Waterloo	IA	9:30	00:30:02.31	00:29:33.67
35	209/577	94/368	294	Amy Thurm	30	F	Denver	IA	9:32	00:30:12.86	00:29:38.11
36	216/577	101/368	78	Gina Jordan-Burg	34	F	Waterloo	IA	9:36	00:30:15.92	00:29:52.21
37	220/577	104/368	423	Ashley Backes	34	F	Waterloo	IA	9:39	00:31:25.18	00:30:00.28
38	233/577	114/368	697	Heidi Ducharme	34	F	Dunkerton	IA	9:52	00:31:13.61	00:30:40.72
39	235/577	115/368	329	Casey Fonley	36	F	Cedar Falls	IA	9:52	00:31:13.61	00:30:41.73
40	245/577	122/368	602	Jessica Phares	31	F	Waterloo	IA	9:57	00:31:36.54	00:30:57.70
41	248/577	125/368	623	Stacy Davis	31	F	Waterloo	IA	10:03	00:31:35.35	00:31:15.72
42	250/577	126/368	671	Angela Brown	36	F	Cedar Falls	IA	10:03	00:31:33.44	00:31:16.03
43	273/577	141/368	77	Trisha Richardson	30	F	Waterloo	IA	10:29	00:34:08.19	00:32:35.29
44	286/577	148/368	295	Jennifer Stoltenberg	36	F	Shell Rock	IA	10:42	00:34:17.69	00:33:17.33
45	287/577	149/368	322	Tara Nissen	31	F	Waterloo	IA	10:44	00:34:02.30	00:33:21.39
46	291/577	152/368	53	Kala Miller	31	F	Waterloo	IA	10:45	00:33:41.17	00:33:25.02
47	296/577	157/368	670	Stacia Dolan	32	F	Polk City	IA	10:49	00:35:16.94	00:33:36.65
48	297/577	158/368	38	Carissa Bacich	38	F	West Des Moines	IA	10:49	00:33:52.44	00:33:36.93
49	298/577	159/368	200	Chancie Garbe	31	F	Sioux Falls	SD	10:50	00:34:22.78	00:33:39.65
50	305/577	165/368	477	Alicia Denney	31	F	Cedar Falls	IA	10:56	00:34:14.19	00:33:58.54
51	306/577	166/368	734	Rebecca Perry	30	F	Waterloo	IA	10:59	00:34:48.19	00:34:10.58
52	329/577	181/368	132	Tiffany Apling	33	F	Washburn	IA	11:28	00:37:29.20	00:35:40.22
53	335/577	185/368	439	Brooke Wooldrik	31	F	Waterloo	IA	11:33	00:36:09.22	00:35:54.10
54	336/577	186/368	480	Christina Charlton	32	F	Waterloo	IA	11:34	00:36:20.99	00:35:57.35
55	338/577	187/368	260	Jennifer Hunemuller	31	F	Cedar Falls	IA	11:38	00:36:58.55	00:36:10.01
56	340/577	188/368	684	Katrina Betts	32	F	Cedar Falls	IA	11:38	00:36:22.95	00:36:11.07
57	345/577	193/368	719	Mindy Waskow	36	F	Waterloo	IA	11:44	00:36:57.55	00:36:27.92
58	349/577	196/368	463	Nichole Lehmann	34	F	Cedar Falls	IA	11:45	00:38:15.48	00:36:33.28
59	354/577	200/368	603	Jessica Del Vecchio	34	F	Cedar Falls	IA	11:51	00:37:53.56	00:36:51.16
60	356/577	202/368	167	Megan Rasmussen	31	F	Independence	IA	11:52	00:37:41.79	00:36:53.94
61	360/577	203/368	285	Jennifer Wordehoff	30	F	Shawnee	KS	11:54	00:38:17.45	00:36:58.81
62	365/577	206/368	83	Jessica Greenfield	32	F	Cedar Falls	IA	12:09	00:37:59.40	00:37:45.75
63	367/577	208/368	640	Anna Beck	31	F	Waterloo	IA	12:12	00:39:07.45	00:37:57.25
64	370/577	210/368	258	Jill Zbornik	36	F	Independence	IA	12:17	00:38:21.18	00:38:11.03

ShamRock N Run 5K

August 6, 2016

Overall Division Results

Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
65	372/577	212/368	447	Katie Schmitz	30	F	Ames	IA	12:18	00:39:05.42	00:38:13.25
66	376/577	216/368	293	Mindy Dolan	37	F	Jesup	IA	12:21	00:38:35.37	00:38:25.23
67	383/577	222/368	604	Amanda Steege	30	F	Cedar Falls	IA	12:27	00:40:08.70	00:38:42.73
68	399/577	232/368	9	Katie Beckman	35	F	Waterloo	IA	12:59	00:41:46.80	00:40:23.13
69	408/577	238/368	214	Elizabeth Underwood	32	F	Waterloo	IA	13:05	00:41:48.95	00:40:41.29
70	420/577	250/368	130	Abby Nieman	35	F	Parkersburg	IA	13:41	00:44:02.69	00:42:31.56
71	421/577	251/368	129	Catherine Ewers	36	F	Waterloo	IA	13:41	00:44:02.69	00:42:32.58
72	434/577	262/368	355	Lori Beckman	39	F	Waterloo	IA	14:12	00:45:04.21	00:44:08.77
73	443/577	267/368	655	Courtney Donohue	34	F	Waterloo	IA	14:35	00:45:56.39	00:45:21.02
74	449/577	272/368	299	Laura Meyer	39	F	Waterloo	IA	14:50	00:46:24.17	00:46:05.56
75	450/577	273/368	324	Jennifer Vance	32	F	Tripoli	IA	14:51	00:47:09.66	00:46:09.02
76	451/577	274/368	325	Stephanie Gleissner	32	F	Cedar Falls	IA	14:51	00:47:09.66	00:46:09.93
77	472/577	288/368	287	Katie Fleshner	36	F	Cedar Falls	IA	15:20	00:49:20.45	00:47:41.32
78	473/577	289/368	289	Jo Weinberg	36	F	Cedar Falls	IA	15:21	00:49:20.71	00:47:42.25
79	474/577	290/368	421	Michelle Stravers	30	F	West Des Moines	IA	15:21	00:49:20.62	00:47:42.48
80	479/577	293/368	99	Kathryn Buchter	31	F	Davenport	IA	15:29	00:50:14.47	00:48:09.08
81	481/577	294/368	487	Katie Degelau	30	F	Waterloo	IA	15:35	00:50:02.71	00:48:25.88
82	482/577	295/368	288	Sarah Langel	36	F	Cedar Falls	IA	15:37	00:49:20.83	00:48:32.97
83	483/577	296/368	486	Holly Caquelin	34	F	Waterloo	IA	15:39	00:50:15.85	00:48:38.49
84	496/577	302/368	682	Ajeh Agbese	31	F	Waterloo	IA	15:53	00:50:46.47	00:49:21.58
85	508/577	310/368	187	Jenni Clark	33	F	Cedar Falls	IA	16:04	00:51:04.72	00:49:57.59
86	513/577	314/368	117	Amy Carter	32	F	Waterloo	IA	16:14	00:51:29.33	00:50:29.19
87	514/577	315/368	284	Jessica Vollenweider	33	F	Waterloo	IA	16:15	00:51:28.93	00:50:29.80
88	524/577	324/368	390	Marsha Hilliard	31	F	Cedar Falls	IA	16:22	00:52:00.24	00:50:53.71
89	532/577	331/368	266	Mary Wymore	34	F	New Hartford	IA	16:28	00:53:05.65	00:51:10.81
90	535/577	334/368	160	Kristi Pruckler	36	F	Cedar Falls	IA	16:29	00:51:49.97	00:51:13.38
91	537/577	336/368	621	Holly Mastin	39	F	Waterloo	IA	16:29	00:52:11.41	00:51:13.51
92	552/577	346/368	169	Heather Chingren	33	F	La Porte City	IA	17:13	00:55:25.39	00:53:30.99
93	557/577	351/368	43	Angie Balk	35	F	Waterloo	IA	17:24	00:55:55.69	00:54:06.57
94	559/577	352/368	44	Teri Reel	36	F	Waterloo	IA	17:27	00:56:04.21	00:54:15.82
95	562/577	355/368	228	Cass Bartlett	36	F	Cedar Falls	IA	17:35	00:56:07.46	00:54:38.99
96	566/577	358/368	308	Rachel Hauber	35	F	Waverly	IA	17:39	00:56:07.66	00:54:52.35
97	567/577	359/368	250	Heather Neil	36	F	Denver	IA	17:40	00:56:10.47	00:54:54.34
98	570/577	362/368	391	April Leadley	38	F	Waterloo	IA	18:00	00:57:38.00	00:55:58.24
99	574/577	365/368	721	Elly Dengler	34	F	Cedar Falls	IA	18:07	00:57:23.47	00:56:19.23
100	575/577	366/368	722	Aubrey Ledtje	34	F	Stout	IA	18:07	00:57:23.29	00:56:19.46

Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	2/577	2/209	469	Zach Schmit	32	M	Cedar Rapids	IA	5:31	00:17:14.16	00:17:10.52
2	12/577	12/209	126	Nathan Kurtz	31	M	Waterloo	IA	6:21	00:19:52.67	00:19:45.54
3	13/577	13/209	466	Chad Puterbaugh	32	M	Pittsfield	IL	6:23	00:21:09.34	00:19:50.35
4	22/577	20/209	437	Eric Gieser	36	M	Waterloo	IA	6:41	00:20:57.17	00:20:47.19
5	26/577	23/209	374	Chris Martin	34	M	Waterloo	IA	6:50	00:21:23.82	00:21:15.44
6	28/577	25/209	121	Brennan Dolan	36	M	Polk City	IA	6:50	00:21:26.17	00:21:16.57
7	31/577	28/209	54	Ryan Miller	38	M	Waterloo	IA	6:53	00:21:34.92	00:21:23.70
8	36/577	32/209	698	Cole Kurtenbach	30	M	Waterloo	IA	6:59	00:22:25.13	00:21:44.49
9	59/577	49/209	627	Ryan Frost	37	M	Waterloo	IA	7:21	00:22:59.64	00:22:51.08

ShamRock N Run 5K

August 6, 2016

Overall Division Results

Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
10	66/577	52/209	172	Dustin Fadiga	37	M	Cedar Falls	IA	7:26	00:23:18.17	00:23:08.76
11	70/577	56/209	29	Jason Stanford	37	M	Waterloo	IA	7:30	00:23:32.37	00:23:19.70
12	86/577	64/209	608	John Kelly	32	M	Grundy Center	IA	7:54	00:25:54.89	00:24:33.99
13	102/577	72/209	112	Matt Frost	38	M	Waterloo	IA	8:06	00:25:55.69	00:25:11.11
14	103/577	73/209	692	Derek Dietrich	36	M	Waterloo	IA	8:08	00:25:46.19	00:25:16.79
15	111/577	77/209	56	Cory Troyna	36	M	Aplington	IA	8:12	00:26:27.19	00:25:29.91
16	126/577	85/209	197	Travis Jones	37	M	Cedar Falls	IA	8:24	00:26:50.75	00:26:08.23
17	127/577	86/209	373	Paul Toppin	34	M	Waterloo	IA	8:24	00:26:54.42	00:26:08.53
18	129/577	88/209	104	Matthew Engelhardt	35	M	Waterloo	IA	8:25	00:26:22.93	00:26:12.04
19	134/577	91/209	98	Michael Buchter	36	M	Davenport	IA	8:29	00:28:32.13	00:26:22.54
20	152/577	99/209	297	Joshua Meyer	32	M	Waterloo	IA	8:45	00:27:41.68	00:27:11.83
21	158/577	101/209	446	Kyle Wooldrik	31	M	Denver	IA	8:48	00:27:38.88	00:27:23.55
22	165/577	106/209	644	Kyle Baker	36	M	Cedar Falls	IA	8:55	00:29:04.18	00:27:43.34
23	173/577	109/209	445	Travis Brustkern	32	M	Waterloo	IA	9:01	00:28:17.68	00:28:01.84
24	179/577	111/209	384	Brad Hjelmeland	39	M	Janesville	IA	9:07	00:29:00.56	00:28:21.32
25	194/577	114/209	457	Kelly Springer	38	M	Waterloo	IA	9:23	00:30:08.61	00:29:09.72
26	271/577	131/209	666	Miles Smith	30	M	Dike	IA	10:28	00:33:31.29	00:32:32.97
27	285/577	138/209	316	Michael Thompson	35	M	Waterloo	IA	10:42	00:34:40.88	00:33:16.58
28	324/577	147/209	186	Dan Clark	34	M	Cedar Falls	IA	11:22	00:36:20.39	00:35:19.00
29	339/577	152/209	259	Adam Hunemuller	32	M	Cedar Falls	IA	11:38	00:36:58.35	00:36:10.10
30	347/577	153/209	134	Matthew Cook	31	M	Waterloo	IA	11:45	00:38:19.14	00:36:30.83
31	357/577	155/209	166	Tyler Rasmussen	32	M	Independence	IA	11:52	00:37:41.95	00:36:54.64
32	359/577	157/209	286	Mathias Wordehoff	34	M	Shawnee	KS	11:54	00:38:17.11	00:36:58.71
33	364/577	159/209	84	Paul Foster	32	M	Cedar Falls	IA	12:09	00:37:59.40	00:37:45.01
34	382/577	161/209	10	Brian Beckman	36	M	Waterloo	IA	12:25	00:39:58.80	00:38:37.14
35	476/577	185/209	368	Jason Burke	39	M	Waterloo	IA	15:22	00:49:46.61	00:47:45.21
36	505/577	198/209	267	Scott Wymore	35	M	New Hartford	IA	16:02	00:51:43.96	00:49:49.76
37	523/577	200/209	377	Leif Hanson	31	M	Waterloo	IA	16:22	00:51:58.60	00:50:53.21
38	539/577	203/209	161	Tim Pruckler	32	M	Cedar Falls	IA	16:32	00:52:02.28	00:51:24.89
39	541/577	205/209	147	Quinn Riess	39	M	Muscatine	IA	16:33	00:53:46.11	00:51:27.95

Female Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	44/577	7/368	647	Megan Fereday	42	F	Cedar Falls	IA	7:06	00:22:15.80	00:22:04.15
2	89/577	23/368	248	Lora Sink	47	F	Cedar Falls	IA	7:56	00:24:47.90	00:24:40.25
3	106/577	32/368	334	Jennifer Goodrich	42	F	Waterloo	IA	8:09	00:26:31.43	00:25:21.04
4	136/577	45/368	643	Erin Mcgrane	40	F	Cedar Falls	IA	8:29	00:27:27.12	00:26:23.48
5	155/577	56/368	13	Elizabeth Mahlstedt	46	F	Waterloo	IA	8:45	00:27:56.37	00:27:14.05
6	160/577	58/368	241	Beth Seuferer	45	F	Des Moines	IA	8:52	00:28:04.92	00:27:33.28
7	167/577	61/368	153	Amy Kimball	42	F	Waterloo	IA	8:56	00:28:12.43	00:27:46.54
8	177/577	67/368	309	Tara Jarchow	40	F	Lisbon	IA	9:06	00:28:27.67	00:28:16.85
9	178/577	68/368	410	Amy Metcalf	45	F	Dike	IA	9:07	00:28:37.80	00:28:21.22
10	180/577	69/368	174	Kristi Jasper	49	F	Waterloo	IA	9:09	00:29:13.15	00:28:26.72
11	184/577	73/368	165	Tina Ohl	43	F	Independence	IA	9:11	00:29:23.93	00:28:33.62
12	186/577	74/368	86	Robyn Rodenburgh	40	F	Waterloo	IA	9:14	00:29:12.94	00:28:42.50
13	203/577	88/368	136	Sharon Mahoney	42	F	Walker	IA	9:29	00:29:56.24	00:29:29.44
14	211/577	96/368	680	Sue Jurgensen	46	F	Westgate	IA	9:32	00:30:10.35	00:29:38.71
15	243/577	120/368	341	Mindy Ackerman	46	F	Readlyn	IA	9:57	00:32:12.67	00:30:54.90

ShamRock N Run 5K

August 6, 2016

Overall Division Results

Female Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
16	244/577	121/368	482	Lisa Reiter	46	F	Gilbertville	IA	9:57	00:32:12.88	00:30:55.24
17	247/577	124/368	140	Dalonna Clemens	46	F	Marshalltown	IA	10:03	00:31:26.40	00:31:15.56
18	252/577	128/368	428	Tami Powers	47	F	Cedar Falls	IA	10:05	00:32:46.59	00:31:21.23
19	264/577	135/368	326	Shawna Ringler	42	F	Altoona	IA	10:16	00:32:23.20	00:31:54.06
20	275/577	143/368	252	Kara Plante	45	F	Waverly	IA	10:30	00:33:54.60	00:32:40.30
21	293/577	154/368	363	Kristi Anderson	43	F	Allison	IA	10:45	00:34:45.95	00:33:25.53
22	301/577	162/368	720	Christina Herbert	44	F	Waterloo	IA	10:51	00:35:05.44	00:33:45.23
23	308/577	168/368	639	Kathy Grete	42	F	Cedar Falls	IA	11:01	00:35:51.16	00:34:14.73
24	311/577	170/368	6	Rebecca Yoder	47	F	Cedar Rapids	IA	11:04	00:34:51.19	00:34:25.05
25	323/577	177/368	34	Renee Cole	46	F	Iowa City	IA	11:21	00:36:07.20	00:35:17.80
26	325/577	178/368	473	Carrie Schott	44	F	Waterloo	IA	11:23	00:36:03.95	00:35:24.31
27	330/577	182/368	385	Amy Lang	44	F	Cedar Falls	IA	11:29	00:37:40.38	00:35:41.03
28	344/577	192/368	342	Lisa Frame	46	F	Fairbank	IA	11:44	00:37:45.85	00:36:27.67
29	352/577	198/368	14	Tara Tann	43	F	Waterloo	IA	11:50	00:37:57.63	00:36:47.33
30	353/577	199/368	454	Mary Kovacevic	45	F	Waterloo	IA	11:50	00:37:57.82	00:36:47.93
31	361/577	204/368	163	Lori Bellinger	40	F	Dysart	IA	11:54	00:37:51.74	00:37:01.10
32	373/577	213/368	234	Julie Bushman	46	F	Cedar Rapids	IA	12:18	00:38:32.33	00:38:15.19
33	375/577	215/368	94	Michelle Wheeler	47	F	Muscatine	IA	12:20	00:39:12.11	00:38:21.59
34	377/577	217/368	179	Sheila Walitshek	45	F	Waterloo	IA	12:24	00:39:53.70	00:38:32.81
35	378/577	218/368	180	Mary Miller	47	F	Janesville	IA	12:24	00:39:54.16	00:38:33.96
36	395/577	229/368	358	Karla Albers	40	F	Waverly	IA	12:53	00:41:16.81	00:40:03.53
37	403/577	234/368	102	Angie Reynolds	41	F	Columbus Junction	IA	13:02	00:41:22.48	00:40:30.92
38	405/577	236/368	281	Dawn Ross	42	F	Waterloo	IA	13:03	00:41:30.96	00:40:34.52
39	406/577	237/368	274	Heather Lukes	41	F	Stewartville	MN	13:04	00:42:19.12	00:40:36.56
40	409/577	239/368	708	Heather Elduden	42	F	Waterloo	IA	13:14	00:42:35.58	00:41:08.37
41	419/577	249/368	195	Tyllie Corbin	40	F	Cedar Falls	IA	13:39	00:43:03.38	00:42:25.56
42	422/577	252/368	23	Becky Gall	49	F	St Joseph	MO	13:42	00:42:47.98	00:42:36.60
43	426/577	256/368	303	Christine Juhl	42	F	Waterloo	IA	13:54	00:44:55.47	00:43:12.58
44	439/577	264/368	382	Tere Seibert	47	F	Orion	IL	14:21	00:46:01.21	00:44:36.06
45	440/577	265/368	257	Connie Piehl	43	F	Cedar Falls	IA	14:32	00:45:35.21	00:45:09.32
46	452/577	275/368	118	Colleen Jensen	48	F	Dunkerton	IA	14:53	00:47:55.92	00:46:15.02
47	453/577	276/368	184	Colette Newhall	47	F	Independence	IA	14:53	00:47:55.71	00:46:15.07
48	455/577	277/368	110	Audrey Steffen	46	F	Dunkerton	IA	14:53	00:47:56.12	00:46:15.83
49	462/577	282/368	669	Laura Smith	49	F	Cedar Falls	IA	15:06	00:47:49.82	00:46:57.03
50	468/577	286/368	223	Jennifer Gleason	40	F	Evansdale	IA	15:16	00:49:15.47	00:47:28.69
51	475/577	291/368	367	Ronda Larson	40	F	Waterloo	IA	15:21	00:49:45.47	00:47:43.36
52	484/577	297/368	141	Jodi Pentico	45	F	Belmond	IA	15:40	00:49:21.96	00:48:42.08
53	500/577	305/368	343	Christine Samuelson	43	F	Waterloo	IA	15:55	00:51:17.47	00:49:29.74
54	509/577	311/368	239	Michelle Anderson	49	F	Waterloo	IA	16:06	00:51:48.14	00:50:03.74
55	510/577	312/368	238	Melissa Widdel	44	F	Waterloo	IA	16:06	00:51:48.14	00:50:04.34
56	515/577	316/368	711	Kate Stainbrook	47	F	Waterloo	IA	16:16	00:52:04.30	00:50:33.17
57	516/577	317/368	379	Vanessa Arhart	46	F	La Porte City	IA	16:16	00:52:04.30	00:50:34.66
58	542/577	337/368	30	Brenda Meyerhoff	44	F	Cedar Falls	IA	16:40	00:53:21.30	00:51:47.71
59	544/577	339/368	418	Kari Thorn	46	F	Aplington	IA	16:46	00:53:41.44	00:52:06.85
60	549/577	343/368	686	Lisa Coleman	40	F	Waterloo	IA	16:55	00:53:51.47	00:52:34.53
61	550/577	344/368	148	Angela Long	46	F	Waterloo	IA	17:01	00:54:12.97	00:52:54.79
62	555/577	349/368	332	Cherie Howard	42	F	Ames	IA	17:21	00:55:58.73	00:53:56.84
63	571/577	363/368	442	Traci Kastli	48	F	Waterloo	IA	18:01	00:57:25.22	00:56:01.33
64	572/577	364/368	213	Wendy Clark	44	F	Waterloo	IA	18:04	00:57:49.92	00:56:10.64

ShamRock N Run 5K

August 6, 2016

Overall Division Results

Male Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	4/577	4/209	207	Brent Boevers	44	M	Waverly	IA	5:37	00:17:31.16	00:17:28.49
2	5/577	5/209	683	Michael Pothest	46	M	Shell Rock	IA	5:52	00:18:25.88	00:18:16.71
3	29/577	26/209	90	Barry Schmidt	41	M	Sycamore	IL	6:52	00:21:39.84	00:21:20.95
4	45/577	38/209	31	Chad Meyerhoff	42	M	Cedar Falls	IA	7:08	00:23:44.17	00:22:09.98
5	56/577	46/209	27	Andy Jenkins	41	M	West Branch	IA	7:19	00:22:58.83	00:22:45.10
6	58/577	48/209	135	Dennis Mahoney	41	M	Walker	IA	7:20	00:23:15.70	00:22:49.93
7	67/577	53/209	717	Clint Herbert	44	M	Waterloo	IA	7:28	00:23:37.23	00:23:14.84
8	68/577	54/209	221	David Thompson	47	M	Cedar Falls	IA	7:29	00:23:48.62	00:23:15.98
9	69/577	55/209	139	Keith Bechtum	40	M	Cedar Falls	IA	7:29	00:23:34.21	00:23:16.07
10	78/577	60/209	622	Dan O'malley	42	M	Waterloo	IA	7:41	00:24:12.38	00:23:52.51
11	87/577	65/209	59	Brian Graettinger	47	M	Waverly	IA	7:54	00:24:34.70	00:24:34.70
12	98/577	69/209	361	Vincent Barnes	48	M	Waterloo	IA	8:05	00:25:28.11	00:25:07.98
13	104/577	74/209	460	John Skaar	48	M	Cedar Falls	IA	8:08	00:25:55.30	00:25:19.12
14	108/577	75/209	474	Sean Schott	45	M	Waterloo	IA	8:11	00:26:05.27	00:25:25.63
15	113/577	79/209	175	Joel Jasper	49	M	Waterloo	IA	8:12	00:26:18.57	00:25:30.72
16	120/577	80/209	15	Jim Moeller	48	M	Waterloo	IA	8:16	00:26:47.10	00:25:43.21
17	140/577	93/209	678	Peter Lies	44	M	Johnston	IA	8:34	00:27:14.43	00:26:39.29
18	161/577	103/209	673	Todd Renz	48	M	Dysart	IA	8:53	00:27:59.62	00:27:37.14
19	168/577	107/209	152	Eric Kimball	43	M	Waterloo	IA	8:56	00:28:12.84	00:27:46.68
20	262/577	128/209	327	Rusty Ringler	43	M	Altoona	IA	10:15	00:32:22.83	00:31:52.98
21	289/577	139/209	662	Loren Smith	49	M	Cedar Falls	IA	10:44	00:34:06.15	00:33:21.78
22	310/577	141/209	253	Sean Plante	45	M	Waverly	IA	11:02	00:35:32.53	00:34:18.63
23	327/577	148/209	425	Noel Dietz	46	M	Dunkerton	IA	11:27	00:37:23.94	00:35:34.62
24	334/577	150/209	709	Jose Verastegui	43	M	Cedar Falls	IA	11:31	00:37:57.20	00:35:47.00
25	358/577	156/209	399	Michael Smith	45	M	La Porte City	IA	11:53	00:37:41.40	00:36:58.06
26	390/577	165/209	636	Doug Lammers	44	M	Waverly	IA	12:41	00:41:00.56	00:39:24.95
27	393/577	166/209	181	Aaron Mckenna	40	M	Raymond	IA	12:46	00:41:11.70	00:39:40.16
28	401/577	169/209	275	Eric Lukes	43	M	Stewartville	MN	13:00	00:42:08.35	00:40:24.56
29	427/577	171/209	304	Aaron Ferrie	45	M	New Hampton	IA	13:55	00:44:58.94	00:43:17.29
30	432/577	172/209	629	Mark Ryan	49	M	Waterloo	IA	14:10	00:45:28.35	00:44:03.44
31	441/577	176/209	256	Darwin Piehl	44	M	Cedar Falls	IA	14:32	00:45:36.96	00:45:11.42
32	454/577	178/209	185	Lonnie Newhall	46	M	Independence	IA	14:53	00:47:54.96	00:46:15.07
33	469/577	183/209	222	Cory Clark	40	M	Evansdale	IA	15:16	00:49:15.47	00:47:28.86
34	470/577	184/209	211	Kurt Sundermann	46	M	Waukee	IA	15:20	00:49:42.71	00:47:39.07
35	490/577	191/209	395	Steve Mcghee	42	M	Waterloo	IA	15:47	00:50:59.72	00:49:03.85
36	501/577	196/209	346	Jeff Samuelson	45	M	Waterloo	IA	15:57	00:51:27.22	00:49:36.46
37	512/577	199/209	35	Greg Cole	46	M	Iowa City	IA	16:14	00:51:22.84	00:50:28.45
38	540/577	204/209	245	Brad Longlett	46	M	Wilton	IA	16:33	00:53:46.11	00:51:27.76
39	564/577	208/209	431	Paul Arickx	49	M	Nora Springs	IA	17:38	00:56:49.97	00:54:49.40
40	573/577	209/209	22	William Gall	48	M	St Joseph	MO	18:06	00:56:21.70	00:56:15.78

Female Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	77/577	18/368	88	Mary Steffensmeier	53	F	Waterloo	IA	7:34	00:23:38.85	00:23:33.20
2	94/577	27/368	119	Mary Corwin	53	F	Dike	IA	8:01	00:25:23.86	00:24:55.47
3	115/577	36/368	352	Kim Hurlburt	56	F	Waterloo	IA	8:13	00:25:46.93	00:25:34.69
4	166/577	60/368	73	Charlotte Strub	59	F	Cedar Falls	IA	8:56	00:28:13.85	00:27:46.24
5	183/577	72/368	492	Allison Peel	57	F	Des Moines	IA	9:11	00:28:57.31	00:28:33.18

ShamRock N Run 5K

August 6, 2016

Overall Division Results

Female Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
6	189/577	77/368	190	Karen Steffes	51	F	Cedar Falls	IA	9:19	00:29:37.69	00:28:58.23
7	198/577	84/368	106	Sue Thompson	53	F	Evansdale	IA	9:27	00:31:10.13	00:29:24.45
8	207/577	92/368	101	Sandi Brennan	59	F	Waterloo	IA	9:30	00:30:00.49	00:29:32.88
9	226/577	108/368	489	Janell Hoey	53	F	Cottage Grove	WI	9:45	00:31:01.42	00:30:20.51
10	231/577	112/368	155	Julie Delagardelle	55	F	Waterloo	IA	9:52	00:31:42.69	00:30:39.44
11	232/577	113/368	5	Mary Frederick	52	F	Cedar Falls	IA	9:52	00:32:01.33	00:30:40.19
12	246/577	123/368	328	Deb Schmitz	53	F	Evansdale	IA	10:02	00:32:04.69	00:31:12.56
13	253/577	129/368	206	Kristy Lichty	50	F	Evansdale	IA	10:07	00:32:23.43	00:31:26.78
14	256/577	131/368	458	Vicki Purvis	53	F	Gladbrook	IA	10:10	00:32:53.94	00:31:37.05
15	269/577	139/368	484	Mary Walbruch	54	F	Savage	MN	10:20	00:32:41.92	00:32:08.79
16	279/577	145/368	731	Daha Varney	58	F	Waterloo	IA	10:35	00:34:18.94	00:32:53.96
17	280/577	146/368	311	Lynor Koch	57	F	Waterloo	IA	10:36	00:33:23.50	00:32:56.70
18	282/577	147/368	292	Sarah Dunleavy	53	F	Denver	IA	10:39	00:34:08.57	00:33:07.81
19	295/577	156/368	408	Amy Hetherton	50	F	Cedar Falls	IA	10:48	00:33:51.69	00:33:34.80
20	303/577	163/368	67	Margaret Lubben	50	F	Hudson	IA	10:52	00:35:35.29	00:33:48.50
21	315/577	172/368	453	Monica Robbins	58	F	Cedar Falls	IA	11:14	00:35:30.28	00:34:54.31
22	333/577	184/368	40	Janell Bradley	54	F	Wadena	IA	11:30	00:35:55.94	00:35:44.54
23	346/577	194/368	164	Elaine Shelton	57	F	Waterloo	IA	11:44	00:36:46.95	00:36:29.79
24	355/577	201/368	495	Lori Adams	56	F	Cedar Falls	IA	11:52	00:38:01.26	00:36:53.92
25	363/577	205/368	716	Shirley Horah	56	F	Waterloo	IA	12:02	00:38:00.48	00:37:24.29
26	380/577	220/368	109	Rita Konrardy	52	F	Waterloo	IA	12:25	00:40:02.47	00:38:36.49
27	381/577	221/368	123	Angela Woods	52	F	Waterloo	IA	12:25	00:40:02.69	00:38:36.92
28	385/577	223/368	2	Jaculin Coyle	54	F	Cross Plains	WI	12:32	00:39:39.35	00:38:59.08
29	386/577	224/368	263	Lori Yuska	57	F	Hudson	IA	12:33	00:39:47.86	00:39:02.67
30	387/577	225/368	380	Carolyn Ottesen	54	F	Waterloo	IN	12:38	00:40:50.70	00:39:16.11
31	391/577	226/368	360	Karen Sackett	50	F	Waverly	IA	12:42	00:40:42.45	00:39:29.17
32	410/577	240/368	79	Marilyn Mcmillan	59	F	Olathe	KS	13:17	00:42:45.95	00:41:18.11
33	412/577	242/368	188	Rhonda Frerichs	57	F	Raymond	IA	13:20	00:42:21.56	00:41:28.16
34	413/577	243/368	65	Karen Davis	58	F	Waterloo	IA	13:23	00:42:25.42	00:41:37.17
35	424/577	254/368	314	Connie Hix	56	F	Waterloo	IA	13:45	00:44:10.39	00:42:43.57
36	425/577	255/368	320	Bernadette Kral	58	F	Cedar Falls	IA	13:53	00:43:56.17	00:43:10.03
37	430/577	259/368	645	Joyce Brustkern	59	F	Walker	IA	13:57	00:44:13.65	00:43:22.09
38	431/577	260/368	51	Debra Wilson	59	F	Waverly	IA	14:01	00:44:00.45	00:43:35.93
39	433/577	261/368	66	Brenda S Mickle	54	F	Waterloo	IA	14:11	00:45:28.15	00:44:04.76
40	435/577	263/368	450	Joan Beier Joan Beier	59	F	Newton	IA	14:14	00:46:02.71	00:44:15.82
41	447/577	270/368	60	Patricia Van Sickle	50	F	Savage	MN	14:41	00:46:09.46	00:45:39.82
42	466/577	284/368	21	Laurie McLaughlin	53	F	Waterloo	IA	15:10	00:48:41.71	00:47:09.98
43	478/577	292/368	227	Yvonne Kenworthy	50	F	Cedar Rapids	IA	15:23	00:49:04.71	00:47:50.06
44	487/577	298/368	365	Coral Delancey	56	F	Lisbon	IA	15:44	00:50:47.47	00:48:54.07
45	492/577	301/368	601	Shelbi Hickman	54	F	Readlyn	IA	15:48	00:49:55.72	00:49:06.08
46	497/577	303/368	96	Suzanne Swanson	54	F	Waverly	IA	15:54	00:51:30.22	00:49:24.93
47	521/577	322/368	193	Shelly Brooks	53	F	Urbandale	IA	16:19	00:52:12.21	00:50:42.93
48	522/577	323/368	225	Sue Gleason	55	F	Waterloo	IA	16:19	00:52:12.97	00:50:44.32
49	525/577	325/368	116	Rose Quirk	58	F	Waterloo	IA	16:23	00:52:09.38	00:50:56.10
50	526/577	326/368	467	Marisa Dolan	56	F	Cedar Falls	IA	16:23	00:52:08.99	00:50:56.34
51	527/577	327/368	103	Jodee Schmit	59	F	Waterloo	IA	16:24	00:52:09.17	00:50:57.96
52	528/577	328/368	389	Jolene Infante	58	F	Waterloo	IA	16:24	00:52:09.17	00:51:00.04
53	529/577	329/368	462	Sue Ball	58	F	Waterloo	IA	16:25	00:52:08.99	00:51:00.62
54	533/577	332/368	609	Julie Carter	58	F	Waterloo	IA	16:28	00:52:12.42	00:51:12.05
55	534/577	333/368	620	Tracie Capoccioni	50	F	Waterloo	IA	16:29	00:52:10.97	00:51:13.08

ShamRock N Run 5K

August 6, 2016

Overall Division Results

Female Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
56	543/577	338/368	7	Michelle Ficken	55	F	Independence	IA	16:46	00:54:09.97	00:52:06.11
57	546/577	340/368	24	Patti Weiss	55	F	Waterloo	IA	16:46	00:54:09.66	00:52:08.06

Male Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	6/577	6/209	488	Kevin Hoey	53	M	Cottage Grove	WI	6:01	00:18:49.58	00:18:43.19
2	10/577	10/209	353	Mark Zimmer	59	M	Independence	IA	6:20	00:19:48.64	00:19:42.70
3	35/577	31/209	398	Greg Holt	54	M	Cedar Falls	IA	6:59	00:21:56.72	00:21:42.20
4	48/577	40/209	254	Mick Stiers	51	M	Cedar Falls	IA	7:11	00:23:01.42	00:22:19.28
5	52/577	43/209	47	Mark Klahsen	51	M	Hudson	IA	7:17	00:22:58.17	00:22:37.92
6	53/577	44/209	128	Kevin Weber	52	M	Pleasant Hill	IA	7:17	00:22:49.29	00:22:40.64
7	74/577	58/209	219	Trevor Harrison	52	M	Cedar Falls	IA	7:32	00:23:42.91	00:23:25.14
8	97/577	68/209	264	Thomas Hoey	50	M	Jesup	IA	8:03	00:25:40.95	00:25:02.81
9	99/577	70/209	479	Bob Schmit	59	M	Waterloo	IA	8:05	00:25:29.54	00:25:09.16
10	138/577	92/209	468	Wayne Satterlee	53	M	Dunkerton	IA	8:31	00:27:33.61	00:26:29.98
11	144/577	95/209	171	Dan Mills	59	M	Cedar Falls	IA	8:36	00:27:34.93	00:26:45.63
12	151/577	98/209	205	Dan Lichty	55	M	Evansdale	IA	8:44	00:28:06.55	00:27:10.28
13	159/577	102/209	240	Chris Daniels	55	M	Des Moines	IA	8:51	00:28:04.92	00:27:32.04
14	174/577	110/209	378	Dan Takle	51	M	Hudson	IA	9:03	00:29:00.16	00:28:09.52
15	185/577	112/209	131	Russell A Squires	53	M	Waverly	IA	9:12	00:29:15.68	00:28:36.85
16	193/577	113/209	729	Dan Franke	55	M	Janesville	IA	9:23	00:30:03.53	00:29:09.39
17	259/577	127/209	612	Tom Frein	57	M	Waterloo	IA	10:13	00:32:44.35	00:31:45.46
18	263/577	129/209	383	Nick Seibert	53	M	Orion	IL	10:16	00:33:18.63	00:31:54.00
19	312/577	142/209	25	Mike Weiss	55	M	Waterloo	IA	11:06	00:35:45.89	00:34:32.15
20	314/577	143/209	691	Lee Marks	56	M	Waterloo	IA	11:10	00:36:11.27	00:34:44.44
21	384/577	162/209	1	James Coyle	55	M	Cross Plains	WI	12:32	00:39:39.36	00:38:58.57
22	436/577	173/209	449	Rick Beier	56	M	Newton	IA	14:14	00:46:02.67	00:44:16.03
23	438/577	175/209	39	Jeff Bradley	58	M	Wadena	IA	14:20	00:44:47.16	00:44:34.93
24	446/577	177/209	61	Corey Van Sickle	53	M	Savage	MN	14:40	00:46:09.46	00:45:35.94
25	457/577	180/209	319	Dan Kral	59	M	Cedar Falls	IA	14:57	00:47:15.34	00:46:28.51
26	465/577	182/209	20	Casey Mclaughlin	57	M	Waterloo	IA	15:10	00:48:39.71	00:47:08.80
27	480/577	187/209	133	Tim Apling	54	M	Washburn	IA	15:34	00:50:12.59	00:48:23.71
28	485/577	188/209	142	Jeff Pentico	58	M	Belmond	IA	15:40	00:49:22.65	00:48:43.20
29	494/577	193/209	414	Johnpaul Collins	51	M	Waterloo	IA	15:49	00:49:35.71	00:49:08.83

Female Ages 60+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	215/577	100/368	695	Michele Arends	61	F	Cedar Falls	IA	9:34	00:30:05.56	00:29:44.92
2	236/577	116/368	108	Nancy Shell	63	F	Muscatine	IA	9:53	00:31:31.87	00:30:42.48
3	270/577	140/368	95	Terry Mcdowell-Hartsoc	61	F	Muscatine	IA	10:25	00:33:12.74	00:32:22.62
4	299/577	160/368	46	Carla Lown	61	F	Waterloo	IA	10:50	00:34:08.19	00:33:42.28
5	313/577	171/368	170	Linda Mills	61	F	Cedar Falls	IA	11:08	00:35:19.65	00:34:37.33
6	320/577	175/368	687	Rita Shaebeil	67	F	Waterloo	IA	11:17	00:35:26.57	00:35:05.31
7	368/577	209/368	113	Kathleen Niedert	64	F	Hudson	IA	12:13	00:39:04.95	00:37:59.81
8	414/577	244/368	242	Cyndi Gipp	62	F	Bettendorf	IA	13:25	00:42:10.58	00:41:43.76
9	416/577	246/368	704	Suzanne Brown	63	F	Evansdale	IA	13:30	00:43:36.46	00:41:58.60
10	417/577	247/368	351	Barb Marsh	70	F	Waterloo	IA	13:30	00:42:47.78	00:41:58.68

ShamRock N Run 5K

August 6, 2016

Overall Division Results

Female Ages 60+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
11	429/577	258/368	45	Mary Cusack	61	F	Crystal Lake	IL	13:56	00:44:11.21	00:43:19.65
12	460/577	280/368	663	Beverly Stafford	64	F	Waterloo	IA	15:05	00:48:45.96	00:46:52.08
13	489/577	299/368	364	Barb Kruse	61	F	Cedar Falls	IA	15:44	00:50:47.89	00:48:55.30
14	491/577	300/368	616	Nancy Duffy	64	F	Waterloo	IA	15:47	00:49:55.46	00:49:05.35
15	502/577	306/368	456	Patty Cutts	72	F	Cedar Falls	IA	16:01	00:51:01.11	00:49:46.14
16	504/577	307/368	114	Sue Mangels	64	F	Davenport	IA	16:02	00:51:47.47	00:49:49.10
17	517/577	318/368	19	Darlene Hopkins	61	F	Frankfort	IL	16:16	00:52:05.47	00:50:35.36
18	530/577	330/368	491	Barb Cook	64	F	Waterloo	IA	16:26	00:52:09.72	00:51:06.59
19	553/577	347/368	168	Marcia Bechthold	76	F	La Porte City	IA	17:13	00:55:25.60	00:53:31.19
20	560/577	353/368	659	Dodie Dunn	67	F	Waterloo	IA	17:27	00:56:03.72	00:54:15.84
21	563/577	356/368	230	Mary-Sue Bartlett	66	F	Cedar Falls	IA	17:36	00:56:14.40	00:54:43.88
22	569/577	361/368	498	Susan Tasker	60	F	Oelwein	IA	17:57	00:57:00.30	00:55:48.47

Male Ages 60+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	55/577	45/209	681	Paul Greene	61	M	Waterloo	IA	7:19	00:23:04.49	00:22:44.64
2	85/577	63/209	661	Gene Dahlen	67	M	Waterloo	IA	7:51	00:24:33.48	00:24:25.59
3	112/577	78/209	703	Jerry Brown	63	M	Evansdale	IA	8:12	00:25:38.43	00:25:30.07
4	132/577	90/209	243	Dean Gipp	67	M	Bettendorf	IA	8:28	00:26:46.45	00:26:18.82
5	143/577	94/209	97	John Parry	61	M	Waverly	IA	8:35	00:28:52.43	00:26:43.04
6	146/577	96/209	74	Tom Strub	60	M	Cedar Falls	IA	8:42	00:27:28.68	00:27:02.11
7	157/577	100/209	339	James Davies	64	M	Allison	IA	8:46	00:28:34.35	00:27:15.14
8	164/577	105/209	80	Jim Mcmillan	63	M	Olathe	KS	8:54	00:28:24.62	00:27:42.10
9	202/577	115/209	265	John Rohret	67	M	Conrad	IA	9:29	00:29:35.81	00:29:27.91
10	257/577	126/209	192	Robert Welshons	60	M	Cedar Falls	IA	10:12	00:32:55.30	00:31:44.08
11	277/577	134/209	189	Russell Frerichs	61	M	Raymond	IA	10:35	00:33:44.62	00:32:53.08
12	317/577	145/209	52	Tom Shea	70	M	Waterloo	IA	11:14	00:35:34.19	00:34:56.37
13	331/577	149/209	57	Joel Cooper	64	M	Cedar Falls	IA	11:29	00:37:40.95	00:35:41.60
14	337/577	151/209	100	Burr Ekstrand	62	M	Hazleton	IA	11:37	00:37:47.45	00:36:06.31
15	477/577	186/209	226	Gregory Morud	61	M	Cedar Rapids	IA	15:23	00:49:03.71	00:47:48.84
16	503/577	197/209	455	Ken Cutts	73	M	Cedar Falls	IA	16:01	00:50:59.49	00:49:46.21
17	538/577	202/209	115	Steve Mangels	66	M	Davenport	IA	16:31	00:53:17.64	00:51:20.53
18	545/577	206/209	8	Gene Ficken	72	M	Independence	IA	16:46	00:54:09.66	00:52:08.05
19	558/577	207/209	658	Gary Dunn	72	M	Waterloo	IA	17:26	00:56:01.47	00:54:11.74