

# Loop de Loop Half Marathon and 5K-10K

October 22, 2016

10K

## Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1	5/36	1/4	232	Debbie Nesvik	F	24	Ossian	IA	7:43	00:48:01.27
2	6/36	1/13	253	Trisha Wilkins	F	37	Waukon	IA	8:09	00:50:44.39
3	10/36	2/13	243	Kelly Thormodsgard	F	41	Prior Lake	MN	8:32	00:53:03.74
4	11/36	1/1	227	Annette Leschensky	F	14	Decorah	IA	8:43	00:54:13.00
5	13/36	3/13	254	Brooke Weighner	F	35	Harpers Ferry	IA	8:53	00:55:15.56
6	14/36	4/13	226	Lisa Kuennen	F	43	Urbandale	IA	9:03	00:56:14.92
7	15/36	5/13	229	Sara Milburn	F	39	Decorah	IA	9:07	00:56:41.37
8	17/36	6/13	241	Gwen Strand	F	36	Decorah	IA	9:14	00:57:28.18
9	18/36	7/13	208	Kate Elliott	F	40	Decorah	IA	9:20	00:58:02.35
10	19/36	8/13	260	Lisa Mclellan	F	44	West Union	IA	9:21	00:58:06.62
11	20/36	2/4	220	Anna Helt	F	20	Decorah	IA	9:25	00:58:36.32
12	21/36	1/6	256	Denise Imoehl	F	49	Decorah	IA	9:26	00:58:38.15
13	22/36	9/13	242	Amy Tersinar	F	43	Marion	IA	9:33	00:59:20.72
14	23/36	3/4	212	Tiffany Garvin	F	25	Waterloo	IA	9:35	00:59:36.91
15	26/36	10/13	255	Amy Johnson	F	43	Waukon	IA	9:50	01:01:06.39
16	27/36	11/13	258	Cindy See	F	44	Decorah	IA	9:56	01:01:47.79
17	28/36	2/6	252	Kirstie Bower	F	47	Decorah	IA	9:56	01:01:48.40
18	29/36	3/6	225	Asrun Kristmundsdottir	F	52	Ames	IA	10:16	01:03:51.67
19	30/36	4/6	261	Chynia Garvin	F	50	Decorah	IA	10:26	01:04:52.33
20	31/36	4/4	239	Catherine Scott	F	28	Ames	IA	10:37	01:06:02.74
21	32/36	5/6	236	Denise Reents	F	52	Wellsburg	IA	11:15	01:09:57.94
22	34/36	12/13	3	Christina Aspegren	F	41	Merriam	KS	11:23	01:10:46.10
23	35/36	13/13	223	Stacey Knox	F	40	Decorah	IA	12:54	01:20:13.22
24	36/36	6/6	235	Sharon Reents	F	54	Wellsburg	IA	13:38	01:24:43.23

## Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1	1/36	1/4	257	Kevin Roberts	M	39	Decorah	IA	6:29	00:40:22.61
2	2/36	1/7	259	Jeff Ernst	M	57	Cresco	IA	7:20	00:45:38.24
3	3/36	1/1	237	Alexander Schaeffer	M	18	Decorah	IA	7:35	00:47:11.36
4	4/36	2/7	262	Scott Hervey	M	54	Decorah	IA	7:37	00:47:22.63
5	7/36	3/7	219	Bruce Hegge	M	55	Fort Atkinson	IA	8:10	00:50:45.67
6	8/36	2/4	209	John Fretham	M	34	Decorah	IA	8:19	00:51:42.72
7	9/36	4/7	251	David Breitreuz	M	55	Waterloo	IA	8:22	00:52:05.60
8	12/36	3/4	249	Jason Winter	M	42	Mcgregor	IA	8:50	00:54:54.66
9	16/36	4/4	247	Chris Wilder	M	34	Decorah	IA	9:12	00:57:14.15
10	24/36	5/7	213	James Gorman	M	52	New Hampton	IA	9:44	01:00:29.82
11	25/36	6/7	104	Rich Werner	M	53	Decorah	IA	9:44	01:00:29.91
12	33/36	7/7	245	Paul Ulvilden	M	57	Decorah	IA	11:22	01:10:38.61