

# Loop de Loop Half Marathon and 5K-10K

October 22, 2016

## Overall Division Results

5K

### Female Ages 01 - 12

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	5/43	2/31	466	Madison Tollefson	12	F	Decorah	IA	7:58	00:24:47.11

### Female Ages 13 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	4/43	1/31	473	Rachel Bower	13	F	Decorah	IA	7:26	00:23:05.85
2	8/43	3/31	480	Samantha See	13	F	Decorah	IA	8:39	00:26:54.25
3	12/43	6/31	403	Kendra Bigler	13	F	Decorah	IA	9:06	00:28:18.87

### Male Ages 13 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	3/43	3/12	470	Drew White	13	M	Decorah	IA	7:25	00:23:03.35

### Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	11/43	5/31	430	Katie Hershberger	20	F	Mabel	MN	8:55	00:27:45.22
2	14/43	8/31	454	Elizabeth Peregrine	24	F	Waukon	IA	9:09	00:28:26.59
3	18/43	10/31	479	Ariana Cervantes	26	F	Decorah	IA	9:55	00:30:51.60
4	19/43	11/31	478	Elizabeth Stay	21	F	Decorah	IA	9:55	00:30:51.61
5	27/43	17/31	411	Alyssa Cobie-Nuss	26	F	West Union	IA	10:46	00:33:28.55
6	33/43	23/31	462	Molly Thompson	25	F	Decorah	IA	12:24	00:38:33.15
7	34/43	24/31	412	Michaela Collins	26	F	Waukon	IA	12:24	00:38:33.28

### Male Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	1/43	1/12	65	Tracy Nuss	27	M	Decorah	IA	6:24	00:19:55.81
2	6/43	4/12	447	Ryan Martin	29	M	Decorah	IA	8:08	00:25:17.33

### Female Ages 30 - 45

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	9/43	4/31	451	Micarah Mutsune	33	F	Decorah	IA	8:45	00:27:11.74
2	13/43	7/31	465	Renda Tollefson	35	F	Decorah	IA	9:08	00:28:25.62
3	23/43	14/31	471	Sarah Wilder	33	F	Decorah	IA	10:18	00:32:00.57
4	24/43	15/31	428	Nichole Havlik	33	F	Elma	IA	10:23	00:32:16.30
5	25/43	16/31	438	Rachel Johnston	42	F	Cresco	IA	10:26	00:32:26.13
6	28/43	18/31	461	Melinda Swartzentruber	40	F	Decorah	IA	11:29	00:35:40.80
7	29/43	19/31	416	Nicky Eiken	35	F	Mabel	MN	11:53	00:36:57.30
8	30/43	20/31	474	Malinda Hershberger	34	F	Mable	MN	11:55	00:37:02.75
9	31/43	21/31	432	Erika Heuermann	38	F	Ankeny	IA	11:56	00:37:07.61
10	36/43	25/31	472	Brita Nelson	36	F	Hesper	IA	15:09	00:47:04.39
11	37/43	26/31	448	Molly Mccnicoll	45	F	Decorah	IA	15:57	00:49:33.65
12	38/43	27/31	423	Stephanie Fretham	33	F	Decorah	IA	15:57	00:49:33.83

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5K

### Female Ages 30 - 45

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
13	40/43	28/31	418	Kristi Elsbernd	37	F	Calmar	IA	19:31	01:00:38.96
14	41/43	29/31	439	Karen Junko	43	F	Ankeny	IA	19:31	01:00:39.66
15	42/43	30/31	417	Laura Elsbernd	42	F	Cedar Rapids	IA	19:55	01:01:53.31
16	43/43	31/31	456	Jill Reimers	42	F	Kellogg	MN	19:55	01:01:53.46

### Male Ages 30 - 45

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	7/43	5/12	431	Michael Heuermann	39	M	Ankeny	IA	8:34	00:26:38.54
2	10/43	6/12	429	Peter Hershberger	35	M	Mabel	MN	8:49	00:27:26.12
3	17/43	8/12	402	Scott Bassford	43	M	Decorah	IA	9:49	00:30:32.62
4	20/43	9/12	467	Mike Tollefson	36	M	Decorah	IA	10:04	00:31:19.38
5	35/43	11/12	482	Steven Hein	34	M	Calmar	IA	14:26	00:44:52.91
6	39/43	12/12	481	Jason Johnson	39	M	Decorah	IA	16:42	00:51:55.16

### Female Ages 46 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	15/43	9/31	477	Angie Raddatz	46	F	Decorah	IA	9:19	00:28:59.12
2	21/43	12/31	483	Sharon Elsbernd	53	F	Calmar	IA	10:08	00:31:31.56
3	22/43	13/31	476	Beth Perry	51	F	Waucoma	IA	10:13	00:31:45.14
4	32/43	22/31	475	Becki Estebo	50	F	Decorah	IA	12:09	00:37:47.65

### Male Ages 46 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	2/43	2/12	414	David Decker	49	M	Postville	IA	6:29	00:20:08.81
2	16/43	7/12	446	Jeff Martin	56	M	Decorah	IA	9:36	00:29:51.14

### Male Ages 60+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	26/43	10/12	437	Mark Johns	64	M	Decorah	IA	10:28	00:32:32.84