

Long Island Police Appreciation 5K Run

June 9, 2016

Overall Division Results

Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	25/521	1/211	480	Nicole Unger	28	F	Great Neck	NY		6:34	00:20:24.80

Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	1/521	1/310	62	Boyd Carrington	43	M	Amityville	NY		5:20	00:16:36.53

Female Overall Law Enforcement

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	63/521	8/211	18	Julie Aymar	45	F	Bronx	NY	L	7:11	00:22:21.88
2	68/521	10/211	465	Colleen Thompson	39	F	Saint James	NY	L	7:14	00:22:30.84
3	79/521	13/211	464	Dawn Testa	45	F	Bayport	NY	L	7:25	00:23:04.85

Male Overall Law Enforcement

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	4/521	4/310	580	Matthew Scott	33	M	Carle Place	NY	L	5:43	00:17:48.58
2	7/521	7/310	360	Joshua Parsons	32	M	Lynbrook	NY	L	5:59	00:18:37.82
3	12/521	12/310	52	Michael Brown	39	M	Kings Park	NY	L	6:13	00:19:20.76

Female Masters Law Enforcement

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	164/521	39/211	139	Dianna Faini	40	F	Commack	NY	L	8:25	00:26:11.41
2	188/521	49/211	104	Dionne Degourville	44	F	Hempstead	NY	L	8:40	00:26:57.51
3	208/521	55/211	182	Elizabeth Glidden	42	F	S Huntington	NY	L	9:00	00:27:58.84

Male Masters Law Enforcement

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	15/521	15/310	345	John Oakley	54	M	Bayport	NY	L	6:16	00:19:30.16
2	16/521	16/310	21	Christopher Baker	45	M	Port Jeff Sta	NY	L	6:17	00:19:32.64
3	19/521	19/310	530	Thomas Connors	52	M	Unknown	NY	L	6:23	00:19:50.88

Female Ages 01 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	32/521	2/211	319	Ashley Minns	13	F	Massapequa Pk	NY		6:42	00:20:49.91
2	59/521	7/211	564	Maya Spottiswood	13	F	Bellmore	NY		7:08	00:22:11.78
3	101/521	20/211	16	Diana Arevalo	12	F	Bay Shore	NY		7:39	00:23:47.41

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Male Ages 01 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	28/521	27/310	108	Ivan Delgado	14	M	Central Islip	NY		6:37	00:20:33.66
2	41/521	37/310	241	Aidan Ke	10	M	Little Neck	NY		6:55	00:21:30.15
3	66/521	57/310	22	Dylan Baker	14	M	Port Jeff Sta	NY		7:14	00:22:28.91

Female Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	190/521	50/211	415	Marcella Sapanara	17	F	Massapequa	NY		8:41	00:27:00.16
2	257/521	76/211	195	Maria Gutierrez	16	F	Glendale	NY		9:29	00:29:29.42
3	356/521	119/211	396	Morgan Rodriguez	18	F	Little Neck	NY		10:42	00:33:16.67

Male Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	2/521	2/310	421	Jonathan Schloth	19	M	Lynbrook	NY		5:24	00:16:47.29
2	3/521	3/310	78	Ryan Clifford	19	M	Seaford	NY		5:40	00:17:38.98
3	5/521	5/310	131	Peter Dugan	17	M	Wantagh	NY		5:50	00:18:10.16

Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	167/521	41/211	411	Lisa Sala	21	F	Massapequa Pk	NY		8:27	00:26:15.31
2	222/521	61/211	238	Chrisanne Karcich	24	F	E Northport	NY		9:10	00:28:28.89
3	229/521	63/211	219	Carly Howard	20	F	East Rockaway	NY		9:14	00:28:42.90

Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	14/521	14/310	273	Will Mahler	23	M	Oceanside	NY		6:14	00:19:24.12
2	20/521	20/310	315	Thomas Mihailin	20	M	E Northport	NY		6:25	00:19:57.91
3	31/521	30/310	500	Raymond Williams	24	M	Smithtown	NY		6:41	00:20:47.33

Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	103/521	21/211	585	Melissa West	27	F	Massapequa	NY		7:40	00:23:51.32
2	106/521	23/211	36	Lisa Bonanni	29	F	Selden	NY		7:44	00:24:03.69
3	113/521	26/211	98	Jaclyn Dagnall	27	F	Great Neck	NY		7:51	00:24:26.42

Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	13/521	13/310	520	Michael Blanda	27	M	Deer Park	NY	L	6:14	00:19:23.91
2	21/521	21/310	526	Thomas Kananowicz	28	M	W Hempstead	NY	L	6:27	00:20:03.90
3	90/521	75/310	349	Dakota Oher	26	M	Massapequa	NY		7:36	00:23:38.17

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Overall Division Results

Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	98/521	18/211	505	Patricia Wygand	33	F	Merrick	NY		7:38	00:23:43.91
2	163/521	38/211	115	Crystal Desiano	31	F	Merrick	NY	L	8:25	00:26:10.42
3	178/521	45/211	363	Deanna Pennetta	33	F	Glen Cove	NY	L	8:34	00:26:37.42

Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	24/521	24/310	135	Adam Ensalata	32	M	Brookhaven	NY	L	6:32	00:20:20.33
2	35/521	33/310	583	Matthew Janisch	34	M	Kings Park	NY	L	6:43	00:20:54.25
3	38/521	35/310	59	Miguel Cabrera	33	M	Great Neck	NY		6:52	00:21:22.24

Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	57/521	6/211	189	Jen Granai	39	F	Levittown	NY		7:07	00:22:08.91
2	69/521	11/211	543	Jacqueline Sweet	35	F	Babylon	NY		7:14	00:22:30.84
3	94/521	17/211	113	Kelly Demeri	37	F	Massapequa Pk	NY		7:37	00:23:40.67

Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	8/521	8/310	155	Joe Flick	37	M	Farmingdale	NY		6:03	00:18:49.41
2	23/521	23/310	199	Victor Hambarsoumian	36	M	Lindenhurst	NY		6:29	00:20:11.16
3	46/521	42/310	129	David Drebsky	35	M	Plainview	NY		7:00	00:21:45.40

Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	40/521	4/211	124	Martha Doall	40	F	Central Islip	NY		6:55	00:21:29.54
2	88/521	15/211	221	Lynda Hubbard	44	F	Oceanside	NY		7:30	00:23:21.20
3	108/521	24/211	488	Jennifer Wagner	43	F	Island Park	NY		7:48	00:24:16.17

Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	6/521	6/310	335	Tim Murphy	44	M	Ronkonkoma	NY		5:53	00:18:19.56
2	27/521	26/310	207	Robert Hegedus	40	M	Kew Gardens Hills	NY		6:35	00:20:27.41
3	34/521	32/310	318	Rich Minns	41	M	Massapequa Pk	NY		6:43	00:20:52.41

Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	115/521	27/211	463	Jenney Tesoriero	45	F	Westbury	NY		7:57	00:24:44.25
2	123/521	28/211	121	Wendy Disilvestro	48	F	E Northport	NY		8:04	00:25:05.92
3	173/521	43/211	277	Linda Manno	49	F	Lindenhurst	NY		8:31	00:26:27.89

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Overall Division Results

Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	9/521	9/310	481	Daniel Valderrama	45	M	Oyster Bay	NY		6:08	00:19:05.59
2	10/521	10/310	544	Tommy Nettuno	46	M	Babylon	NY		6:10	00:19:12.56
3	11/521	11/310	228	Gus Isaksson	49	M	Saint James	NY		6:13	00:19:19.66

Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	36/521	3/211	460	Nancy Tantone	51	F	West Islip	NY		6:45	00:21:01.14
2	56/521	5/211	82	Karen Conkling	53	F	Massapequa	NY		7:06	00:22:06.48
3	65/521	9/211	134	Monica Enright	53	F	Massapequa	NY		7:13	00:22:27.17

Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	18/521	18/310	20	Alan Baisch	54	M	Selden	NY		6:22	00:19:48.26
2	22/521	22/310	535	Rocco Sinisi	52	M	Rockville Ctr	NY		6:28	00:20:07.97
3	26/521	25/310	294	Bill Mazza	54	M	W Gilgo Beach	NY		6:34	00:20:25.82

Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	75/521	12/211	264	Mary Lenzi	55	F	Hauppauge	NY		7:21	00:22:50.92
2	87/521	14/211	581	Dolores Doman	59	F	Dix Hills	NY		7:29	00:23:16.54
3	100/521	19/211	31	Debbie Blair	57	F	Cold Spg Hbr	NY		7:38	00:23:45.38

Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	17/521	17/310	395	Michael Robles	57	M	Smithtown	NY		6:19	00:19:37.91
2	42/521	38/310	64	Michael Casale	55	M	N Bellmore	NY		6:55	00:21:32.39
3	50/521	46/310	497	Mario Wilkowski	56	M	Merrick	NY		7:03	00:21:54.49

Female Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	111/521	25/211	593	Jodi Brodsky	61	F	Atlantic Beach	NY		7:51	00:24:23.58
2	181/521	46/211	263	Pamela Lee	63	F	Syosset	NY		8:35	00:26:41.42
3	314/521	96/211	399	Donna Rosen	60	F	Woodbury	NY		10:06	00:31:25.33

Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	53/521	49/310	454	William Sullivan	60	M	Uniondale	NY		7:04	00:21:59.92
2	78/521	66/310	562	Edward Ward	60	M	East Meadow	NY		7:25	00:23:03.72
3	82/521	69/310	523	Kevin Mcpadden	60	M	East Islip	NY	L	7:26	00:23:07.91

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Overall Division Results

Female Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	249/521	73/211	502	Gloria Withus	65	F	Brentwood	NY		9:27	00:29:22.17
2	373/521	129/211	473	Maureen Traxler Dellacona	67	F	Garden City	NY		10:57	00:34:03.84
3	451/521	171/211	28	Sherry Bellovin	69	F	N Massapequa	NY		12:47	00:39:44.42

Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	99/521	81/310	288	Peter Martin	66	M	Bellmore	NY		7:38	00:23:44.57
2	109/521	85/310	260	Joe Landini	65	M	Smithtown	NY		7:49	00:24:19.92
3	125/521	97/310	332	Glenn Morse	67	M	Massapequa	NY		8:06	00:25:11.88

Female Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	395/521	140/211	77	Helma Clavin	73	F	Lk Ronkonkoma	NY		11:20	00:35:13.95
2	408/521	146/211	149	Loreha Ferrari	72	F	Center Moriches	NY		11:39	00:36:14.18

Male Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	197/521	145/310	494	Buzz White	71	M	Floral Park	NY		8:48	00:27:22.86
2	215/521	157/310	136	Doug Escher	71	M	Garden City	NY	L	9:06	00:28:18.59
3	237/521	172/310	467	Lewis Thornton	73	M	Medford	NY		9:20	00:29:00.79

Male Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	226/521	164/310	542	Joe Cordero	77	M	Central Islip	NY		9:12	00:28:35.17
2	284/521	199/310	489	John Wallace	75	M	Melville	NY		9:47	00:30:25.43
3	287/521	202/310	218	John Horan	77	M	Freeport	NY		9:49	00:30:32.34

Male Ages 80 - 84

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	385/521	249/310	329	Carlos Morales	82	M	Corona	NY		11:11	00:34:46.17
2	501/521	299/310	287	Frank Martin	81	M	Bay Shore	NY		15:14	00:47:20.65
3	516/521	308/310	244	Howard Kestenbaum	84	M	Plainview	NY		19:20	01:00:06.36

Male Ages 85 - 89

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	479/521	291/310	229	Bert Jablon	89	M	Syosset	NY		13:43	00:42:39.93