

Blue Ribbon Run For Prostate Cancer

November 13, 2016

Overall Division Results

5K Run

Female Overall

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|----------------|-----|---|-----------|-----|------|-------------|
| 1 | 6/291 | 1/129 | 263 | Shari Klarfeld | 35 | F | Plainview | NY | 6:11 | 00:19:15.56 |

Male Overall

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|----------------|-----|---|----------|-----|------|-------------|
| 1 | 1/291 | 1/162 | 17 | Michael Berger | 28 | M | Bellmore | NY | 5:25 | 00:16:51.67 |

Female Masters

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|----------------|-----|---|-----------|-----|------|-------------|
| 1 | 34/291 | 4/129 | 66 | Tracey Epstein | 56 | F | Smithtown | NY | 7:24 | 00:23:00.55 |

Male Masters

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|-----------------|-----|---|---------|-----|------|-------------|
| 1 | 3/291 | 3/162 | 80 | Keith Guilfoyle | 50 | M | Commack | NY | 5:35 | 00:17:21.99 |

Female Athena 140-159

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|-----------------|-----|---|-------------|-----|------|-------------|
| 1 | 76/291 | 20/129 | 200 | Susan Schmuck | 50 | F | Westbury | NY | 8:29 | 00:26:22.62 |
| 2 | 98/291 | 28/129 | 194 | Terri Ruane | 47 | F | Farmingdale | NY | 8:56 | 00:27:45.69 |
| 3 | 103/291 | 29/129 | 70 | Sue Fitzpatrick | 56 | F | Dix Hills | NY | 8:59 | 00:27:55.19 |

Male Clydesdale 185-199

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|-----------------|-----|---|-----------|-----|------|-------------|
| 1 | 29/291 | 26/162 | 164 | Ken Olson | 46 | M | Bethpage | NY | 7:16 | 00:22:35.93 |
| 2 | 48/291 | 38/162 | 220 | Thomas Tatarian | 53 | M | Shoreham | NY | 7:52 | 00:24:27.57 |
| 3 | 66/291 | 49/162 | 122 | Michael Long | 31 | M | Smithtown | NY | 8:20 | 00:25:54.70 |

Female Athena 160+

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|--------------------|-----|---|------------|-----|------|-------------|
| 1 | 105/291 | 30/129 | 243 | Jeanna Lambert | 40 | F | Hicksville | NY | 8:59 | 00:27:56.63 |
| 2 | 112/291 | 33/129 | 222 | Christine Thorp | 49 | F | Ronkonkoma | NY | 9:07 | 00:28:20.39 |
| 3 | 126/291 | 39/129 | 169 | Carolin Paidoussis | 99 | F | West Islip | NY | 9:28 | 00:29:25.70 |

Male Clydesdale 200+

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|-----------------|-----|---|---------------|-----|------|-------------|
| 1 | 31/291 | 28/162 | 177 | Steve Quigley | 49 | M | Bayville | NY | 7:16 | 00:22:37.68 |
| 2 | 73/291 | 54/162 | 13 | Richard Barkan | 51 | M | Long Beach | NY | 8:27 | 00:26:17.35 |
| 3 | 77/291 | 57/162 | 308 | Mike Wisniewski | 36 | M | North Babylon | NY | 8:30 | 00:26:24.86 |

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Female Ages 01 - 14

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|-----------------|-----|---|--------------|-----|-------|-------------|
| 1 | 93/291 | 26/129 | 245 | Danelle Brenner | 12 | F | Plainview | NY | 8:52 | 00:27:34.69 |
| 2 | 164/291 | 60/129 | 270 | Alex Sylvia | 14 | F | Hewlett | NY | 10:30 | 00:32:37.93 |
| 3 | 275/291 | 117/129 | 8 | Sopiha Tom | 9 | F | Forest Hills | NY | 18:54 | 00:58:44.01 |

Male Ages 01 - 14

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|--------------|-----|---|--------------|-----|------|-------------|
| 1 | 9/291 | 8/162 | 199 | John Schmuck | 13 | M | Westbury | NY | 6:21 | 00:19:43.79 |
| 2 | 68/291 | 51/162 | 286 | Adam Lindner | 14 | M | West Babylon | NY | 8:21 | 00:25:58.08 |
| 3 | 115/291 | 82/162 | 187 | Landon Recio | 8 | M | Bellerose | NY | 9:12 | 00:28:37.83 |

Female Ages 15 - 19

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|----------------|-----|---|-------------|-----|------|-------------|
| 1 | 20/291 | 2/129 | 110 | Kali Keyes | 16 | F | East Meadow | NY | 6:48 | 00:21:10.17 |
| 2 | 22/291 | 3/129 | 274 | Alison Briggs | 19 | F | Commack | NY | 7:05 | 00:22:02.09 |
| 3 | 35/291 | 5/129 | 140 | Priscilla Mery | 18 | F | Jericho | NY | 7:24 | 00:23:00.55 |

Male Ages 15 - 19

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|---------------|-----|---|-------------|-----|------|-------------|
| 1 | 2/291 | 2/162 | 65 | Alex Eletto | 19 | M | Stony Brook | NY | 5:30 | 00:17:06.58 |
| 2 | 113/291 | 80/162 | 319 | Robert Modica | 16 | M | Massapequa | NY | 9:08 | 00:28:22.82 |
| 3 | 116/291 | 83/162 | 320 | Eddie Modica | 19 | M | Massapequa | NY | 9:14 | 00:28:42.10 |

Female Ages 20 - 24

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|---------------------|-----|---|-------------|-----|-------|-------------|
| 1 | 122/291 | 37/129 | 297 | Daniela Fisch | 21 | F | Merrick | NY | 9:23 | 00:29:10.09 |
| 2 | 152/291 | 53/129 | 21 | Elizabeth Blanchard | 23 | F | Farmingdale | NY | 10:11 | 00:31:40.93 |
| 3 | 206/291 | 79/129 | 285 | Elizabeth Hand | 23 | F | East Islip | NY | 12:53 | 00:40:02.98 |

Male Ages 20 - 24

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|------------------|-----|---|-------------|-----|-------|-------------|
| 1 | 8/291 | 7/162 | 145 | Thomas Mihailin | 20 | M | Northport | NY | 6:18 | 00:19:37.10 |
| 2 | 23/291 | 20/162 | 42 | Eduard Chytchian | 21 | M | Woodbury | NY | 7:08 | 00:22:12.18 |
| 3 | 212/291 | 131/162 | 309 | Carlo Llanto | 22 | M | Farmingdale | NY | 12:58 | 00:40:18.70 |

Female Ages 25 - 29

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|--------------|-----|---|----------|-----|------|-------------|
| 1 | 50/291 | 12/129 | 167 | Lindsay Owen | 28 | F | Nyack | NY | 7:56 | 00:24:39.80 |
| 2 | 53/291 | 13/129 | 11 | Lisa Ault | 29 | F | New York | NY | 8:03 | 00:25:00.88 |
| 3 | 57/291 | 16/129 | 26 | Lisa Bonanni | 29 | F | Selden | NY | 8:09 | 00:25:20.69 |

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Male Ages 25 - 29

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|-----------------|-----|---|--------------------|-----|------|-------------|
| 1 | 4/291 | 4/162 | 197 | Thomas Savarese | 28 | M | Huntington Station | NY | 5:37 | 00:17:27.86 |
| 2 | 11/291 | 10/162 | 231 | Adam Wasser | 28 | M | Port Washington | NY | 6:27 | 00:20:02.84 |
| 3 | 19/291 | 18/162 | 156 | Scott Neadel | 25 | M | Melville | NY | 6:46 | 00:21:04.12 |

Female Ages 30 - 34

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|---------------------|-----|---|------------|-----|------|-------------|
| 1 | 36/291 | 6/129 | 258 | Jill Loveland | 31 | F | Long Beach | NY | 7:27 | 00:23:09.18 |
| 2 | 90/291 | 25/129 | 78 | Toni Gleason | 34 | F | Massapequa | NY | 8:45 | 00:27:14.19 |
| 3 | 121/291 | 36/129 | 41 | Ashleigh Churchward | 33 | F | Westbury | NY | 9:22 | 00:29:08.91 |

Female Ages 35 - 39

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|------------------|-----|---|----------|-----|------|-------------|
| 1 | 42/291 | 8/129 | 219 | Jacqueline Sweet | 35 | F | Babylon | NY | 7:36 | 00:23:38.77 |
| 2 | 47/291 | 10/129 | 31 | Kelly Bregou | 39 | F | New York | NY | 7:52 | 00:24:27.16 |
| 3 | 72/291 | 19/129 | 114 | Dawn Konopka | 37 | F | Ridge | NY | 8:26 | 00:26:14.72 |

Male Ages 35 - 39

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|----------------|-----|---|---------------|-----|------|-------------|
| 1 | 10/291 | 9/162 | 49 | Antonio D'itri | 35 | M | Fresh Meadows | NY | 6:25 | 00:19:57.36 |
| 2 | 14/291 | 13/162 | 29 | Michael Brandi | 38 | M | Glen Head | NY | 6:33 | 00:20:24.13 |
| 3 | 15/291 | 14/162 | 108 | Edward Kenyon | 38 | M | Farmingdale | NY | 6:36 | 00:20:32.65 |

Female Ages 40 - 44

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|--------------------|-----|---|----------------|-----|------|-------------|
| 1 | 69/291 | 18/129 | 121 | Stephanie Lombardi | 40 | F | East Northport | NY | 8:21 | 00:25:59.69 |
| 2 | 81/291 | 21/129 | 143 | Alonna Miceli | 44 | F | Rvc | NY | 8:34 | 00:26:37.05 |
| 3 | 134/291 | 45/129 | 141 | Jennifer Mesnick | 40 | F | Floral Park | NY | 9:40 | 00:30:03.20 |

Male Ages 40 - 44

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|--------------------|-----|---|-------------|-----|------|-------------|
| 1 | 13/291 | 12/162 | 267 | Joseph Tloczkowski | 40 | M | Holbrook | NY | 6:32 | 00:20:20.68 |
| 2 | 65/291 | 48/162 | 294 | Zhida Wang | 44 | M | Jericho | NY | 8:20 | 00:25:54.19 |
| 3 | 135/291 | 90/162 | 142 | Russell Mesnick | 40 | M | Floral Park | NY | 9:43 | 00:30:13.85 |

Female Ages 45 - 49

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|------------------|-----|---|-----------|-----|------|-------------|
| 1 | 38/291 | 7/129 | 84 | Nicole Henn | 48 | F | Syosset | NY | 7:29 | 00:23:15.75 |
| 2 | 49/291 | 11/129 | 221 | Jenney Tesoriero | 45 | F | Westbury | NY | 7:52 | 00:24:28.38 |
| 3 | 54/291 | 14/129 | 246 | Judith Brenner | 47 | F | Plainview | NY | 8:04 | 00:25:03.92 |

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Male Ages 45 - 49

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|-----------------|-----|---|------------|-----|------|-------------|
| 1 | 5/291 | 5/162 | 193 | Todd Rowley | 46 | M | Huntington | NY | 5:54 | 00:18:20.20 |
| 2 | 12/291 | 11/162 | 158 | Tommy Nettuno | 46 | M | Babylon | NY | 6:31 | 00:20:15.82 |
| 3 | 41/291 | 34/162 | 123 | Joseph Maiorana | 46 | M | Shirley | NY | 7:36 | 00:23:37.89 |

Female Ages 50 - 54

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|---------------|-----|---|--------------------|-----|-------|-------------|
| 1 | 55/291 | 15/129 | 316 | Jen Howard | 51 | F | Northport | NY | 8:05 | 00:25:08.40 |
| 2 | 83/291 | 22/129 | 99 | Jeannie Hynes | 54 | F | Greenlawn | NY | 8:35 | 00:26:41.31 |
| 3 | 199/291 | 77/129 | 299 | Gina Marino | 50 | F | Cold Spring Harbor | NY | 12:29 | 00:38:47.71 |

Male Ages 50 - 54

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|----------------------|-----|---|------------------|-----|------|-------------|
| 1 | 18/291 | 17/162 | 132 | Bill Mazza | 54 | M | West Gilgo Beach | NY | 6:45 | 00:20:59.62 |
| 2 | 21/291 | 19/162 | 276 | Bernardo Castellanos | 53 | M | Brooklyn | NY | 6:51 | 00:21:18.68 |
| 3 | 24/291 | 21/162 | 278 | Yujen Lai | 53 | M | Setauket | NY | 7:10 | 00:22:19.11 |

Female Ages 55 - 59

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|------------------|-----|---|-------------|-----|------|-------------|
| 1 | 86/291 | 24/129 | 64 | Eileen Dwyer | 56 | F | Garden City | NY | 8:39 | 00:26:54.08 |
| 2 | 97/291 | 27/129 | 317 | Anita Von Himmel | 55 | F | Massapequa | NY | 8:55 | 00:27:43.82 |
| 3 | 130/291 | 41/129 | 255 | Mindy Davidson | 56 | F | Bethpage | NY | 9:31 | 00:29:35.24 |

Male Ages 55 - 59

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|-------------------|-----|---|-------------|-----|------|-------------|
| 1 | 7/291 | 6/162 | 12 | Alan Baisch | 55 | M | Selden | NY | 6:15 | 00:19:26.93 |
| 2 | 17/291 | 16/162 | 135 | Terence McCormick | 56 | M | Lindenhurst | NY | 6:42 | 00:20:50.91 |
| 3 | 25/291 | 22/162 | 27 | Paul Bonanni | 56 | M | Selden | NY | 7:11 | 00:22:20.93 |

Female Ages 60 - 64

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|------------------|-----|---|----------|-----|-------|-------------|
| 1 | 45/291 | 9/129 | 90 | Lorraine Huether | 60 | F | Melville | NY | 7:49 | 00:24:19.81 |
| 2 | 129/291 | 40/129 | 191 | Donna Rosen | 60 | F | Jericho | NY | 9:30 | 00:29:31.37 |
| 3 | 181/291 | 69/129 | 212 | Linda Spisto | 62 | F | Wantagh | NY | 11:20 | 00:35:12.89 |

Male Ages 60 - 64

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|--------------|-----|---|-------------|-----|------|-------------|
| 1 | 32/291 | 29/162 | 280 | Martin Brown | 60 | M | Malverne | NY | 7:20 | 00:22:47.35 |
| 2 | 40/291 | 33/162 | 260 | Rick Booth | 60 | M | Smithtown | NY | 7:33 | 00:23:27.93 |
| 3 | 51/291 | 39/162 | 157 | Paul Nelson | 61 | M | Saint James | NY | 8:00 | 00:24:52.79 |

Blue Ribbon Run For Prostate Cancer

November 13, 2016

Overall Division Results

5K Run

Female Ages 65 - 69

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|-------------------|-----|---|-----------|-----|------|-------------|
| 1 | 110/291 | 32/129 | 237 | Gloria Withus | 66 | F | Brentwood | NY | 9:06 | 00:28:16.95 |
| 2 | 133/291 | 44/129 | 68 | Anne Fitzgibbon | 67 | F | Glen Cove | NY | 9:40 | 00:30:02.85 |
| 3 | 147/291 | 51/129 | 170 | Elizabeth Penagos | 68 | F | Glen Cove | NY | 9:59 | 00:31:01.13 |

Male Ages 65 - 69

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|--------------|-----|---|-------------|-----|------|-------------|
| 1 | 16/291 | 15/162 | 261 | Eric Zimmer | 65 | M | Saint James | NY | 6:37 | 00:20:33.66 |
| 2 | 30/291 | 27/162 | 159 | John Neverka | 66 | M | Bellmore | NY | 7:16 | 00:22:37.18 |
| 3 | 33/291 | 30/162 | 128 | Peter Martin | 66 | M | Bellmore | NY | 7:21 | 00:22:52.93 |

Female Ages 70 - 74

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|---------------------|-----|---|-----------------|-----|-------|-------------|
| 1 | 132/291 | 43/129 | 202 | Constance Sehlmeier | 71 | F | Syosset | NY | 9:39 | 00:30:00.20 |
| 2 | 162/291 | 59/129 | 44 | Helma Clavin | 73 | F | Lake Ronkonkoma | NY | 10:28 | 00:32:31.64 |
| 3 | 282/291 | 122/129 | 10 | Bobbie Altman | 72 | F | Hauppauge | NY | 20:29 | 01:03:41.27 |

Male Ages 70 - 74

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|------------|-----|---|-------------|-----|------|-------------|
| 1 | 62/291 | 46/162 | 235 | Buzz White | 71 | M | Floral Park | NY | 8:18 | 00:25:48.14 |
| 2 | 71/291 | 53/162 | 241 | Bob Pike | 72 | M | Levittown | NY | 8:23 | 00:26:05.70 |
| 3 | 87/291 | 63/162 | 105 | Pat Keenan | 74 | M | East Islip | NY | 8:41 | 00:26:58.94 |

Female Ages 75 - 79

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|------------------|-----|---|-----------------|-----|-------|-------------|
| 1 | 185/291 | 70/129 | 247 | Patricia Delaney | 77 | F | Bayshore | NY | 11:29 | 00:35:40.91 |
| 2 | 285/291 | 125/129 | 82 | Jane Harding | 76 | F | Port Washington | NY | 20:37 | 01:04:05.06 |
| 3 | 291/291 | 129/129 | 250 | Ginny Guichard | 79 | F | Melville | NY | 23:31 | 01:13:06.70 |

Male Ages 75 - 79

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|-----------------|-----|---|----------------|-----|-------|-------------|
| 1 | 123/291 | 86/162 | 89 | John Horan | 77 | M | Freeport | NY | 9:23 | 00:29:11.31 |
| 2 | 177/291 | 111/162 | 215 | Rolf Sternglanz | 77 | M | Stony Brook | NY | 11:08 | 00:34:37.99 |
| 3 | 184/291 | 115/162 | 35 | David Bynum | 76 | M | Port Jefferson | NY | 11:24 | 00:35:26.94 |

Male Ages 80 - 84

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|----------------|-----|---|----------------|-----|-------|-------------|
| 1 | 167/291 | 106/162 | 152 | Carlos Morales | 82 | M | Corona | NY | 10:37 | 00:32:59.65 |
| 2 | 240/291 | 147/162 | 127 | Frank Martin | 81 | M | West Bay Shore | NY | 14:38 | 00:45:28.79 |
| 3 | 248/291 | 150/162 | 251 | Thomas Tortora | 81 | M | Bayshore | NY | 15:00 | 00:46:39.01 |

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Overall Division Results

5K Run

Male Ages 85 - 89

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|-------------------|-----|---|-----------|-----|-------|-------------|
| 1 | 230/291 | 141/162 | 100 | Bert Jablon | 89 | M | Syosset | NY | 13:51 | 00:43:03.73 |
| 2 | 256/291 | 152/162 | 109 | Howard Kestenbaum | 85 | M | Plainview | NY | 16:58 | 00:52:44.24 |