

Blue Ribbon Run For Prostate Cancer

November 13, 2016

Overall Division Results

5K Run

Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	6/291	1/129	263	Shari Klarfeld	35	F	Plainview	NY	6:11	00:19:15.56

Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	1/291	1/162	17	Michael Berger	28	M	Bellmore	NY	5:25	00:16:51.67

Female Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	34/291	4/129	66	Tracey Epstein	56	F	Smithtown	NY	7:24	00:23:00.55

Male Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	3/291	3/162	80	Keith Guilfoyle	50	M	Commack	NY	5:35	00:17:21.99

Female Athena 140-159

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	76/291	20/129	200	Susan Schmuck	50	F	Westbury	NY	8:29	00:26:22.62
2	98/291	28/129	194	Terri Ruane	47	F	Farmingdale	NY	8:56	00:27:45.69
3	103/291	29/129	70	Sue Fitzpatrick	56	F	Dix Hills	NY	8:59	00:27:55.19
4	125/291	38/129	192	Robyn Rothman	38	F	Briarwood	NY	9:27	00:29:21.86
5	170/291	63/129	163	Jackie Olmstead	46	F	Massapequa	NY	10:49	00:33:36.96
6	253/291	102/129	186	Deanna Randazzo	27	F	Islip Terrace	NY	16:49	00:52:15.74
7	266/291	113/129	323	Kristi Wilken	25	F	Holtsville	NY	18:06	00:56:14.73
8	278/291	119/129	1	Kim Vanderpoele	48	F	West Grove	PA	19:03	00:59:13.23

Male Clydesdale 185-199

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	29/291	26/162	164	Ken Olson	46	M	Bethpage	NY	7:16	00:22:35.93
2	48/291	38/162	220	Thomas Tatarian	53	M	Shoreham	NY	7:52	00:24:27.57
3	66/291	49/162	122	Michael Long	31	M	Smithtown	NY	8:20	00:25:54.70
4	202/291	125/162	101	Fabian Jimenez	52	M	Woodbury	NY	12:30	00:38:50.54

Female Athena 160+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	105/291	30/129	243	Jeanna Lambert	40	F	Hicksville	NY	8:59	00:27:56.63
2	112/291	33/129	222	Christine Thorp	49	F	Ronkonkoma	NY	9:07	00:28:20.39
3	126/291	39/129	169	Carolin Paidoussis	99	F	West Islip	NY	9:28	00:29:25.70
4	137/291	47/129	52	Alicia Delano	42	F	Medford	NY	9:47	00:30:25.53
5	150/291	52/129	136	Rebecca Mcdonald	48	F	Nesconset	NY	10:05	00:31:20.02
6	166/291	61/129	37	Cathy Campisi	40	F	Selden	NY	10:33	00:32:46.86

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Overall Division Results

5K Run

Female Athena 160+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
7	197/291	76/129	106	Janeth Kennedy	44	F	Levittown	NY	12:27	00:38:42.85
8	214/291	82/129	91	Alice Hughes	42	F	Kings Park	NY	13:00	00:40:26.14
9	234/291	91/129	238	Anita Wooten	51	F	Riverhead	NY	14:19	00:44:30.38
10	244/291	95/129	188	Meredith Regan	38	F	Levittown	NY	14:49	00:46:02.68

Male Clydesdale 200+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	31/291	28/162	177	Steve Quigley	49	M	Bayville	NY	7:16	00:22:37.68
2	73/291	54/162	13	Richard Barkan	51	M	Long Beach	NY	8:27	00:26:17.35
3	77/291	57/162	308	Mike Wisniewski	36	M	North Babylon	NY	8:30	00:26:24.86
4	79/291	59/162	216	Robert Stone	49	M	Kings Park	NY	8:31	00:26:28.93
5	100/291	72/162	213	John Stauber	55	M	Massapequa	NY	8:56	00:27:48.30
6	102/291	74/162	271	Edward Sylvia	46	M	Hewlett	NY	8:58	00:27:51.76
7	114/291	81/162	107	Drew Kenyon	50	M	Centerport	NY	9:08	00:28:25.05
8	231/291	142/162	146	Bruce Miller	64	M	Syosset	NY	13:55	00:43:17.12
9	232/291	143/162	147	Jason Miller	33	M	Syosset	NY	13:55	00:43:17.31
10	251/291	151/162	16	Fred Benlein	52	M	Farmingdale	NY	15:42	00:48:49.54
11	277/291	159/162	2	Jeff Vande Poele	44	M	West Grove	PA	19:03	00:59:12.63

Female Ages 01 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	93/291	26/129	245	Danelle Brenner	12	F	Plainview	NY	8:52	00:27:34.69
2	164/291	60/129	270	Alex Sylvia	14	F	Hewlett	NY	10:30	00:32:37.93
3	275/291	117/129	8	Sopiha Tom	9	F	Forest Hills	NY	18:54	00:58:44.01
4	276/291	118/129	7	Skylar Tom	9	F	Forest hills	NY	18:54	00:58:45.66
5	280/291	121/129	183	Jamie Radisch	10	F	Plainview	NY	20:17	01:03:03.21

Male Ages 01 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	9/291	8/162	199	John Schmuck	13	M	Westbury	NY	6:21	00:19:43.79
2	68/291	51/162	286	Adam Lindner	14	M	West Babylon	NY	8:21	00:25:58.08
3	115/291	82/162	187	Landon Recio	8	M	Bellerose	NY	9:12	00:28:37.83
4	148/291	97/162	23	Robert Blosser	12	M	Greenlawn	NY	10:00	00:31:06.56
5	163/291	104/162	326	Devin Lofkowitz	13	M	Syosset	NY	10:28	00:32:33.68
6	211/291	130/162	180	Tristan Quinones	7	M	Goshen	NY	12:58	00:40:18.23
7	220/291	136/162	322	Mark Modica	13	M	Massapequa	NY	13:18	00:41:21.16
8	238/291	146/162	5	William Tomlin	12	M	Babylon	NY	14:32	00:45:10.92
9	273/291	157/162	301	Matthew Marino	12	M	Cold Spring Harbor	NY	18:45	00:58:15.50
10	274/291	158/162	298	Michael Degnan	12	M	Cold Spring Harbor	NY	18:45	00:58:15.79
11	281/291	160/162	185	Tyler Radisch	13	M	Plainview	NY	20:29	01:03:39.11

Female Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
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Overall Division Results

5K Run

Female Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	20/291	2/129	110	Kali Keyes	16	F	East Meadow	NY	6:48	00:21:10.17
2	22/291	3/129	274	Alison Briggs	19	F	Commack	NY	7:05	00:22:02.09
3	35/291	5/129	140	Priscilla Mery	18	F	Jericho	NY	7:24	00:23:00.55
4	156/291	55/129	195	Daria Safonkina	18	F	Woodbury	NY	10:17	00:31:58.76
5	196/291	75/129	244	Lindsay Brenner	15	F	Plainview	NY	12:26	00:38:38.09
6	225/291	86/129	248	Gabrielle Goodstein	16	F	Bellmore	NY	13:33	00:42:08.17
7	255/291	104/129	32	Emily Brooks	18	F	Washingtonville	NY	16:49	00:52:16.38
8	283/291	123/129	92	Maryjane Hughes	15	F	Glen Cove	NY	20:34	01:03:56.75

Male Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	2/291	2/162	65	Alex Eletto	19	M	Stony Brook	NY	5:30	00:17:06.58
2	113/291	80/162	319	Robert Modica	16	M	Massapequa	NY	9:08	00:28:22.82
3	116/291	83/162	320	Eddie Modica	19	M	Massapequa	NY	9:14	00:28:42.10
4	140/291	92/162	181	Ben Radisch	16	M	Plainview	NY	9:49	00:30:31.28
5	178/291	112/162	327	Ryan Lefkowitz	16	M	Syosset	NY	11:09	00:34:38.81
6	224/291	139/162	287	Derek Lindner	15	M	West Babylon	NY	13:28	00:41:52.97

Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	122/291	37/129	297	Daniela Fisch	21	F	Merrick	NY	9:23	00:29:10.09
2	152/291	53/129	21	Elizabeth Blanchard	23	F	Farmingdale	NY	10:11	00:31:40.93
3	206/291	79/129	285	Elizabeth Hand	23	F	East Islip	NY	12:53	00:40:02.98
4	242/291	94/129	217	Meaghan Sullivan	23	F	Massapequa Park	NY	14:39	00:45:34.03
5	249/291	99/129	4	Liz Rogers	24	F	Babylon	NY	15:03	00:46:45.89
6	254/291	103/129	97	Nikki Hunt	24	F	Pomona	NY	16:49	00:52:16.15

Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	8/291	7/162	145	Thomas Mihailin	20	M	Northport	NY	6:18	00:19:37.10
2	23/291	20/162	42	Eduard Chytchian	21	M	Woodbury	NY	7:08	00:22:12.18
3	212/291	131/162	309	Carlo Llanto	22	M	Farmingdale	NY	12:58	00:40:18.70
4	241/291	148/162	204	Daniel Sheehan	24	M	Massapequa	NY	14:39	00:45:33.98

Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	50/291	12/129	167	Lindsay Owen	28	F	Nyack	NY	7:56	00:24:39.80
2	53/291	13/129	11	Lisa Ault	29	F	New York	NY	8:03	00:25:00.88
3	57/291	16/129	26	Lisa Bonanni	29	F	Selden	NY	8:09	00:25:20.69
4	120/291	35/129	40	Addie Chmil	26	F	Garden City	NY	9:21	00:29:04.60
5	207/291	80/129	96	Caitlin Hunt	25	F	Holbrook	NY	12:53	00:40:03.39
6	228/291	88/129	120	Carmina Llanto	25	F	Farmingdale	NY	13:43	00:42:37.98
7	235/291	92/129	265	Sarah Natalie	28	F	Oakton	VA	14:26	00:44:51.24

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Overall Division Results

5K Run

Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
8	262/291	110/129	178	Kristina Quinones	29	F	Goshen	NY	17:13	00:53:32.21
9	263/291	111/129	295	Chelsea Johnson	25	F	Islip Terrace	NY	17:21	00:53:55.74

Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	4/291	4/162	197	Thomas Savarese	28	M	Huntington Station	NY	5:37	00:17:27.86
2	11/291	10/162	231	Adam Wasser	28	M	Port Washington	NY	6:27	00:20:02.84
3	19/291	18/162	156	Scott Neadel	25	M	Melville	NY	6:46	00:21:04.12
4	155/291	101/162	67	James Farrar	28	M	New York	NY	10:15	00:31:50.85
5	158/291	103/162	81	James Hand	26	M	East Islip	NY	10:22	00:32:13.37
6	169/291	107/162	168	Max Owen	29	M	Nyack	NY	10:43	00:33:17.88
7	219/291	135/162	55	Andrew Demasters	26	M	Westbury	NY	13:17	00:41:18.97
8	222/291	137/162	95	Bryan Hunt	27	M	Pomona	NY	13:21	00:41:30.97
9	268/291	154/162	324	Matthew Berube	26	M	Holtsville	NY	18:07	00:56:18.55
10	269/291	155/162	39	Chris Cavallo	25	M	East Islip	NY	18:07	00:56:20.00

Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	36/291	6/129	258	Jill Loveland	31	F	Long Beach	NY	7:27	00:23:09.18
2	90/291	25/129	78	Toni Gleason	34	F	Massapequa	NY	8:45	00:27:14.19
3	121/291	36/129	41	Ashleigh Churchward	33	F	Westbury	NY	9:22	00:29:08.91
4	139/291	48/129	24	Andrea Boccard	33	F	Huntington Station	NY	9:49	00:30:30.20
5	172/291	65/129	227	Loren Waldren	30	F	Ronkonkoma	NY	10:52	00:33:46.70
6	203/291	78/129	256	Amanda Strong	33	F	Patchogue	NY	12:40	00:39:21.97

Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	42/291	8/129	219	Jacqueline Sweet	35	F	Babylon	NY	7:36	00:23:38.77
2	47/291	10/129	31	Kelly Bregou	39	F	New York	NY	7:52	00:24:27.16
3	72/291	19/129	114	Dawn Konopka	37	F	Ridge	NY	8:26	00:26:14.72
4	106/291	31/129	36	Claudia Cabanas	39	F	Lindenhurst	NY	9:00	00:27:58.19
5	159/291	56/129	209	Stacey Singer-Weingast	35	F	Woodbury	NY	10:22	00:32:13.78
6	195/291	74/129	174	Jennifer Pignataro	37	F	Holbrook	NY	12:18	00:38:14.65
7	227/291	87/129	218	Beth Swanson	38	F	Syosset	NY	13:38	00:42:22.38
8	257/291	105/129	230	Christine Walters	36	F	Syosset	NY	17:02	00:52:57.72
9	258/291	106/129	51	Jacqueline Debari	35	F	Syosset	NY	17:04	00:53:01.98
10	259/291	107/129	226	Kristin Vahldieck	35	F	Woodbury	NY	17:04	00:53:02.19
11	264/291	112/129	166	Lisa Orrico	35	F	Great Neck	NY	17:40	00:54:56.00

Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	10/291	9/162	49	Antonio D'itri	35	M	Fresh Meadows	NY	6:25	00:19:57.36
2	14/291	13/162	29	Michael Brandi	38	M	Glen Head	NY	6:33	00:20:24.13

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Overall Division Results

5K Run

Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
3	15/291	14/162	108	Edward Kenyon	38	M	Farmingdale	NY	6:36	00:20:32.65
4	28/291	25/162	240	David Drebsky	36	M	Plainview	NY	7:15	00:22:33.75
5	61/291	45/162	233	Jared Weingast	35	M	Woodbury	NY	8:16	00:25:43.08
6	236/291	144/162	225	Alex Vahldieck	35	M	Woodbury	NY	14:30	00:45:05.23
7	237/291	145/162	229	Adam Walters	35	M	Syosset	NY	14:31	00:45:08.79
8	265/291	153/162	165	John Orrico	37	M	Great Neck	NY	17:40	00:54:56.20

Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	69/291	18/129	121	Stephanie Lombardi	40	F	East Northport	NY	8:21	00:25:59.69
2	81/291	21/129	143	Alonna Miceli	44	F	Rvc	NY	8:34	00:26:37.05
3	134/291	45/129	141	Jennifer Mesnick	40	F	Floral Park	NY	9:40	00:30:03.20
4	160/291	57/129	111	Stacy Keyes	41	F	East Meadow	NY	10:23	00:32:16.20
5	174/291	66/129	325	Rebecca Lefkowitz	43	F	Amityville	NY	10:59	00:34:10.04

Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	13/291	12/162	267	Joseph Tloczkowski	40	M	Holbrook	NY	6:32	00:20:20.68
2	65/291	48/162	294	Zhida Wang	44	M	Jericho	NY	8:20	00:25:54.19
3	135/291	90/162	142	Russell Mesnick	40	M	Floral Park	NY	9:43	00:30:13.85

Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	38/291	7/129	84	Nicole Henn	48	F	Syosset	NY	7:29	00:23:15.75
2	49/291	11/129	221	Jenney Tesoriero	45	F	Westbury	NY	7:52	00:24:28.38
3	54/291	14/129	246	Judith Brenner	47	F	Plainview	NY	8:04	00:25:03.92
4	63/291	17/129	60	Anita Distefano	49	F	Nesconset	NY	8:19	00:25:51.60
5	85/291	23/129	203	Victoria Shea	46	F	Kings Park	NY	8:37	00:26:46.84
6	117/291	34/129	176	Christine Quigley	47	F	Bayville	NY	9:18	00:28:53.89
7	131/291	42/129	50	Elizabeth Dachel	45	F	Nesconset	NY	9:31	00:29:36.68
8	136/291	46/129	224	Maura Turner	47	F	Huntington Station	NY	9:47	00:30:24.95
9	144/291	49/129	184	Meredith Radisch	45	F	Plainview	NY	9:53	00:30:45.52
10	146/291	50/129	57	Lynn Dionisio	48	F	Syosset	NY	9:58	00:30:58.32
11	168/291	62/129	14	Lillian Bellina	47	F	East Meadow	NY	10:37	00:33:02.07
12	171/291	64/129	129	Theresa Martorano	48	F	Ronkonkoma	NY	10:50	00:33:42.65
13	180/291	68/129	43	Jodi Clarin	48	F	Huntington Station	NY	11:15	00:34:59.71
14	210/291	81/129	269	Kristen Sylvia	47	F	Hewlett	NY	12:55	00:40:10.22
15	215/291	83/129	321	Denise Vasnaun	45	F	Massapequa	NY	13:07	00:40:45.59
16	217/291	84/129	198	Leslie Schlenoff	46	F	Hicksville	NY	13:12	00:41:01.87
17	267/291	114/129	33	Judith Brooks	48	F	Washingtonville	NY	18:06	00:56:16.99
18	272/291	116/129	175	Christine Poplawski	49	F	Massapequa	NY	18:09	00:56:25.00
19	284/291	124/129	94	Stacey Hughes	46	F	Glen Cove	NY	20:36	01:04:02.52

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November 13, 2016

Overall Division Results

5K Run

Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	5/291	5/162	193	Todd Rowley	46	M	Huntington	NY	5:54	00:18:20.20
2	12/291	11/162	158	Tommy Nettuno	46	M	Babylon	NY	6:31	00:20:15.82
3	41/291	34/162	123	Joseph Maiorana	46	M	Shirley	NY	7:36	00:23:37.89
4	67/291	50/162	310	David Laniado	46	M	Cedarhurst	NY	8:20	00:25:55.84
5	70/291	52/162	277	Keith McDowell	47	M	Hempstead	NY	8:22	00:26:00.95
6	80/291	60/162	291	Mark Temkin	49	M	Plainview	NY	8:33	00:26:36.19
7	111/291	79/162	34	Michael Brooks	49	M	Washingtonville	NY	9:06	00:28:18.37
8	119/291	85/162	296	Longchang Fu	48	M	Centereach	NY	9:20	00:28:59.93
9	124/291	87/162	130	Rudy Massimo	49	M	Woodbury	NY	9:23	00:29:12.12
10	138/291	91/162	115	Micah Korn	46	M	Huntington Station	NY	9:47	00:30:25.91
11	143/291	95/162	58	Christian Dipalermo	49	M	Mt. Sinai	NY	9:53	00:30:43.20
12	157/291	102/162	249	Seth Goodstein	47	M	Bellmore	NY	10:20	00:32:07.09
13	208/291	128/162	292	Michael Digiacomo	49	M	Westbury	NY	12:54	00:40:07.90

Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	55/291	15/129	316	Jen Howard	51	F	Northport	NY	8:05	00:25:08.40
2	83/291	22/129	99	Jeannie Hynes	54	F	Greenlawn	NY	8:35	00:26:41.31
3	199/291	77/129	299	Gina Marino	50	F	Cold Spring Harbor	NY	12:29	00:38:47.71
4	245/291	96/129	112	Anne Kilarjian	50	F	Rockville Centrer	NY	14:49	00:46:02.88
5	260/291	108/129	284	Valerie Hand	53	F	East Islip	NY	17:12	00:53:29.14
6	261/291	109/129	125	Anne Marie Martin	53	F	Oakland Gardens	NY	17:13	00:53:31.75
7	271/291	115/129	46	Vanessa Cognard	52	F	Garden City	NY	18:09	00:56:25.00
8	279/291	120/129	6	Donna Tom	52	F	Flushing	NY	19:04	00:59:16.88

Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	18/291	17/162	132	Bill Mazza	54	M	West Gilgo Beach	NY	6:45	00:20:59.62
2	21/291	19/162	276	Bernardo Castellanos	53	M	Brooklyn	NY	6:51	00:21:18.68
3	24/291	21/162	278	Yujen Lai	53	M	Setauket	NY	7:10	00:22:19.11
4	27/291	24/162	210	Jim Sommer	51	M	Massapequa	NY	7:12	00:22:24.59
5	37/291	31/162	273	Salvador Sinsun	53	M	Huntington Station	NY	7:28	00:23:12.13
6	52/291	40/162	75	Puhong Gao	52	M	Fresh Meadows	NY	8:01	00:24:56.83
7	58/291	42/162	19	Joe Bianco	50	M	Centerport	NY	8:09	00:25:21.17
8	74/291	55/162	98	Patrick Hunt Jr.	53	M	Holbrook	NY	8:28	00:26:18.69
9	88/291	64/162	307	Jeffrey Kaufman	54	M	Woodbury	NY	8:42	00:27:02.81
10	89/291	65/162	102	Steve Kaden	53	M	Syosset	NY	8:43	00:27:06.27
11	91/291	66/162	302	Steven Goldstein	51	M	Merrick	NY	8:46	00:27:16.10
12	118/291	84/162	289	Frank Siblano	50	M	Bethpage	NY	9:18	00:28:54.89
13	128/291	89/162	182	David Radisch	50	M	Plainview	NY	9:29	00:29:29.70
14	142/291	94/162	318	Donte Vashaun	50	M	Massapequa	NY	9:52	00:30:41.95
15	149/291	98/162	22	John Blosser	51	M	Greenlawn	NY	10:00	00:31:06.70
16	175/291	109/162	293	Brian Albert	50	M	Massapequa	NY	11:06	00:34:31.00
17	182/291	113/162	113	Robert Koenig	54	M	Levittown	NY	11:21	00:35:18.39
18	183/291	114/162	288	David Sullivan	53	M	Massapequa Park	NY	11:22	00:35:20.10
19	186/291	116/162	207	Jerrold Silverman	52	M	Huntington	NY	11:33	00:35:54.23
20	187/291	117/162	150	Vincent Modugno	51	M	Seaford	NY	11:34	00:35:56.54

Blue Ribbon Run For Prostate Cancer

November 13, 2016

Overall Division Results

5K Run

Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
21	201/291	124/162	272	Steve Thomas	53	M	Plainview	NY	12:29	00:38:48.51
22	270/291	156/162	45	George Cognard	52	M	Garden City	NY	18:09	00:56:24.70
23	290/291	162/162	281	David Kaplan	52	M	Glen Cove	NY	21:10	01:05:48.93

Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	86/291	24/129	64	Eileen Dwyer	56	F	Garden City	NY	8:39	00:26:54.08
2	97/291	27/129	317	Anita Von Himmel	55	F	Massapequa	NY	8:55	00:27:43.82
3	130/291	41/129	255	Mindy Davidson	56	F	Bethpage	NY	9:31	00:29:35.24
4	153/291	54/129	279	Louise Valentino	56	F	Smithtown	NY	10:13	00:31:45.81
5	188/291	71/129	190	Barbara Ronzetti	59	F	East Northport	NY	11:41	00:36:19.21
6	190/291	72/129	116	Laurel Kretzing	57	F	Huntington Station	NY	11:56	00:37:04.97
7	229/291	89/129	30	Heather Breen	57	F	Oyster Bay	NY	13:49	00:42:56.23
8	233/291	90/129	172	Laura Picht	59	F	Massapequa Park	NY	13:58	00:43:25.77
9	239/291	93/129	264	Cindy Michelson	58	F	Dix Hills	NY	14:37	00:45:26.74
10	246/291	97/129	214	Patricia Steigerwald	57	F	Massapequa	NY	14:56	00:46:24.80
11	247/291	98/129	196	Mary Lou Samwell	56	F	Hicksville	NY	14:56	00:46:24.99
12	250/291	100/129	313	Lorraine Sanso	59	F	Farmingville	NY	15:37	00:48:34.01
13	286/291	126/129	305	Lisa Kuba	55	F	Syosset	NY	20:42	01:04:19.90
14	287/291	127/129	306	Diana Mitchnick	55	F	Dix Hills	NY	20:42	01:04:21.27
15	288/291	128/129	314	Sharyn Sha'Non	58	F	Plainview	NY	20:45	01:04:31.27

Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	7/291	6/162	12	Alan Baisch	55	M	Selden	NY	6:15	00:19:26.93
2	17/291	16/162	135	Terence McCormick	56	M	Lindenhurst	NY	6:42	00:20:50.91
3	25/291	22/162	27	Paul Bonanni	56	M	Selden	NY	7:11	00:22:20.93
4	26/291	23/162	304	Mario Wilkowski	56	M	Merrick	NY	7:12	00:22:23.74
5	39/291	32/162	87	Chris Hoffman	56	M	Coram	NY	7:29	00:23:18.00
6	46/291	37/162	161	John Nora	59	M	Massapequa Park	NY	7:50	00:24:22.11
7	64/291	47/162	266	Eric Michelson	59	M	Huntington Station	NY	8:19	00:25:51.79
8	82/291	61/162	275	Bill Niedfeld	57	M	Seaford	NY	8:34	00:26:39.70
9	84/291	62/162	20	Larry Bienenfeld	59	M	Plainview	NY	8:35	00:26:42.52
10	94/291	68/162	282	Daniel Doman	59	M	Dix Hills	NY	8:53	00:27:37.95
11	95/291	69/162	160	Ray Nieves	59	M	Westbury	NY	8:53	00:27:38.94
12	101/291	73/162	234	Irwin Weiss	57	M	Long Beach	NY	8:57	00:27:48.87
13	107/291	76/162	228	Ray Walsh	55	M	West Islip	NY	9:02	00:28:06.94
14	145/291	96/162	126	Dennis Martin	56	M	Farmingdale	NY	9:56	00:30:52.00
15	173/291	108/162	262	Lance Margolin	57	M	Woodbury	NY	10:56	00:34:00.95
16	200/291	123/162	300	Rich Marino	59	M	Cold Spring Harbor	NY	12:29	00:38:47.96
17	223/291	138/162	268	Ivan Rey	58	M	Oceanside	NY	13:23	00:41:35.22
18	289/291	161/162	315	Roy Sha'Non	58	M	Plainview	NY	20:46	01:04:31.97

Female Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
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Blue Ribbon Run For Prostate Cancer

November 13, 2016

Overall Division Results

5K Run

Female Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	45/291	9/129	90	Lorraine Huether	60	F	Melville	NY	7:49	00:24:19.81
2	129/291	40/129	191	Donna Rosen	60	F	Jericho	NY	9:30	00:29:31.37
3	181/291	69/129	212	Linda Spisto	62	F	Wantagh	NY	11:20	00:35:12.89
4	252/291	101/129	173	Karen Pickler	60	F	Bay Shore	NY	15:46	00:48:59.56

Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	32/291	29/162	280	Martin Brown	60	M	Malverne	NY	7:20	00:22:47.35
2	40/291	33/162	260	Rick Booth	60	M	Smithtown	NY	7:33	00:23:27.93
3	51/291	39/162	157	Paul Nelson	61	M	Saint James	NY	8:00	00:24:52.79
4	56/291	41/162	69	Stephen Fitzpatrick	60	M	Dix Hills	NY	8:08	00:25:19.14
5	59/291	43/162	254	Bill Guichard	61	M	Melville	NY	8:11	00:25:26.80
6	75/291	56/162	259	Larry Reiter	62	M	Babylon	NY	8:28	00:26:18.94
7	78/291	58/162	119	John Lively	62	M	Hicksville	NY	8:30	00:26:25.83
8	92/291	67/162	283	Paul Coltoff	60	M	Dix Hills	NY	8:46	00:27:17.03
9	99/291	71/162	205	Dane Sidi	61	M	Plainview	NY	8:56	00:27:46.87
10	127/291	88/162	137	James Mcdougall	61	M	Ronkonkoma	NY	9:29	00:29:27.94
11	151/291	99/162	144	Stephen Mighdoll	64	M	Roslyn	NY	10:08	00:31:29.35
12	189/291	118/162	303	Bob Kohlmeyer	61	M	Kings Park	NY	11:46	00:36:36.04
13	193/291	120/162	88	Kevin Hogan	61	M	Jericho	NY	12:08	00:37:43.66
14	204/291	126/162	290	Nick Sofolarides	62	M	Woodbury	NY	12:46	00:39:42.70
15	205/291	127/162	139	John E Mckenna Iii	60	M	Massapequa	NY	12:50	00:39:53.72
16	213/291	132/162	257	Henry Sarnataro	62	M	Flushing	NY	12:59	00:40:23.31
17	218/291	134/162	56	Drew Demasters	61	M	Westbury	NY	13:17	00:41:18.90

Female Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	110/291	32/129	237	Gloria Withus	66	F	Brentwood	NY	9:06	00:28:16.95
2	133/291	44/129	68	Anne Fitzgibbon	67	F	Glen Cove	NY	9:40	00:30:02.85
3	147/291	51/129	170	Elizabeth Penagos	68	F	Glen Cove	NY	9:59	00:31:01.13
4	161/291	58/129	74	Rose Fulgieri	69	F	Bethpage	NY	10:25	00:32:24.96
5	179/291	67/129	53	Maureen Dellacona	68	F	Garden City	NY	11:14	00:34:54.69
6	191/291	73/129	38	Patricia Carroll	65	F	West Islip	NY	12:02	00:37:23.97
7	221/291	85/129	15	Sherry Bellovin	69	F	North Massapequa	NY	13:21	00:41:29.20

Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	16/291	15/162	261	Eric Zimmer	65	M	Saint James	NY	6:37	00:20:33.66
2	30/291	27/162	159	John Neverka	66	M	Bellmore	NY	7:16	00:22:37.18
3	33/291	30/162	128	Peter Martin	66	M	Bellmore	NY	7:21	00:22:52.93
4	43/291	35/162	117	Joe Landini	65	M	Smithtown	NY	7:38	00:23:45.99
5	44/291	36/162	153	Glenn Morse	67	M	Massapequa	NY	7:47	00:24:11.57
6	60/291	44/162	239	Perry Zeichner	68	M	Brightwaters	NY	8:15	00:25:38.19
7	96/291	70/162	171	Dennis Peterson	65	M	Huntington	NY	8:54	00:27:40.57
8	104/291	75/162	151	Shawn Momtahan	68	M	Bay Shore	NY	8:59	00:27:56.02

Blue Ribbon Run For Prostate Cancer

November 13, 2016

Overall Division Results

5K Run

Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
9	108/291	77/162	252	Ehud Golos	66	M	Roslyn Heights	NY	9:04	00:28:11.68
10	109/291	78/162	76	Ernest Garzilli	68	M	Baldwin	NY	9:05	00:28:16.15
11	141/291	93/162	149	Ben Milone	67	M	Ozone Park	NY	9:49	00:30:31.89
12	154/291	100/162	242	Robert Goldfarb	65	M	Massapequa	NY	10:14	00:31:49.20
13	165/291	105/162	201	David Schneidman	68	M	Melville	NY	10:30	00:32:39.15
14	192/291	119/162	54	Paul Dellacona	68	M	Garden City	NY	12:04	00:37:29.70
15	194/291	121/162	62	Jim Dollin	66	M	Huntington Station	NY	12:13	00:37:58.04
16	243/291	149/162	131	Kevin Matthews	67	M	Melville	NY	14:46	00:45:52.92

Female Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	132/291	43/129	202	Constance Sehlmeier	71	F	Syosset	NY	9:39	00:30:00.20
2	162/291	59/129	44	Helma Clavin	73	F	Lake Ronkonkoma	NY	10:28	00:32:31.64
3	282/291	122/129	10	Bobbie Altman	72	F	Hauppauge	NY	20:29	01:03:41.27

Male Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	62/291	46/162	235	Buzz White	71	M	Floral Park	NY	8:18	00:25:48.14
2	71/291	53/162	241	Bob Pike	72	M	Levittown	NY	8:23	00:26:05.70
3	87/291	63/162	105	Pat Keenan	74	M	East Islip	NY	8:41	00:26:58.94
4	176/291	110/162	232	Mel Wasserman	71	M	Plainview	NY	11:06	00:34:31.12
5	198/291	122/162	73	Ronald Friedman	71	M	Centerport	NY	12:27	00:38:43.66
6	216/291	133/162	103	Stanley Kalinowski	72	M	Commack	NY	13:11	00:40:59.50
7	226/291	140/162	154	John Mulvey	74	M	Syosset	NY	13:37	00:42:19.22

Female Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	185/291	70/129	247	Patricia Delaney	77	F	Bayshore	NY	11:29	00:35:40.91
2	285/291	125/129	82	Jane Harding	76	F	Port Washington	NY	20:37	01:04:05.06
3	291/291	129/129	250	Ginny Guichard	79	F	Melville	NY	23:31	01:13:06.70

Male Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	123/291	86/162	89	John Horan	77	M	Freeport	NY	9:23	00:29:11.31
2	177/291	111/162	215	Rolf Sternglanz	77	M	Stony Brook	NY	11:08	00:34:37.99
3	184/291	115/162	35	David Bynum	76	M	Port Jefferson	NY	11:24	00:35:26.94
4	209/291	129/162	85	Norman Hershkowitz	77	M	North Massapequa	NY	12:55	00:40:08.07

Male Ages 80 - 84

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	167/291	106/162	152	Carlos Morales	82	M	Corona	NY	10:37	00:32:59.65

Blue Ribbon Run For Prostate Cancer

November 13, 2016

Overall Division Results

5K Run

Male Ages 80 - 84

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
2	240/291	147/162	127	Frank Martin	81	M	West Bay Shore	NY	14:38	00:45:28.79
3	248/291	150/162	251	Thomas Tortora	81	M	Bayshore	NY	15:00	00:46:39.01

Male Ages 85 - 89

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	230/291	141/162	100	Bert Jablon	89	M	Syosset	NY	13:51	00:43:03.73
2	256/291	152/162	109	Howard Kestenbaum	85	M	Plainview	NY	16:58	00:52:44.24