

RUNorwalk 8K and 5K Run/Walk

May 7, 2016

Overall Results

5K Run

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1	1/27	1/3	133	Tim Mckenna	M	29	Rochester	MN	5:02	00:15:39.52
2	2/27	2/3	122	Mike Hardy	M	27	Norwalk	IA	5:46	00:17:56.78
3	3/27	3/3	137	Tom Naert	M	26	Norwalk	IA	5:55	00:18:23.16
4	1/43	1/3	123	Sara Hendrickson	F	29	Altoona	IA	6:15	00:19:25.62
5	4/27	1/7	153	Tyler Vaughan	M	15	Norwalk	IA	6:22	00:19:47.53
6	5/27	2/7	141	Jack Palen	M	16	Norwalk	IA	6:29	00:20:08.90
7	2/43	2/3	143	Megan Reedy	F	30	Ankeny	IA	6:35	00:20:28.10
8	6/27	3/7	175	Blake Johnson	M	16	Norwalk	IA	6:41	00:20:48.39
9	7/27	4/7	113	Kason Crall	M	17	Norwalk	IA	7:03	00:21:55.90
10	8/27	5/7	129	Doug Jones	M	17	Norwalk	IA	7:17	00:22:39.32
11	9/27	6/7	174	Joey Goode	M	16	Cumming	IA	7:29	00:23:17.66
12	10/27	1/5	132	Jeff Mcconkey	M	41	Norwalk	IA	7:35	00:23:34.55
13	3/43	3/3	124	Trinity Hopkey	F	15	Cumming	IA	7:42	00:23:57.91
14	11/27	1/4	163	Patrick Smith	M	25	Norwalk	IA	7:44	00:24:03.00
15	4/43	1/8	112	Tracie Courcier	F	37	Norwalk	IA	7:45	00:24:05.52
16	12/27	1/1	158	Will Chase	M	11	Norwalk	IA	7:51	00:24:26.29
17	5/43	1/7	146	Deanna Schulz	F	44	Norwalk	IA	8:01	00:24:54.85
18	13/27	2/4	106	Mitch Boldman	M	27	Norwalk	IA	8:01	00:24:55.41
19	6/43	1/4	164	Heidi Alexander	F	34	Melrose	IA	8:05	00:25:07.41
20	14/27	1/1	169	Chuck Clark	M	65	Norwalk	IA	8:16	00:25:42.10
21	15/27	1/2	145	David Rozendaal	M	51	Des Moines	IA	8:19	00:25:53.41
22	7/43	1/5	157	Emma Chase	F	13	Norwalk	IA	8:22	00:26:01.16
23	8/43	2/5	162	Eva Hoch	F	12	Norwalk	IA	8:26	00:26:12.92
24	9/43	3/5	128	Olivia Johnson	F	12	Norwalk	IA	8:28	00:26:19.86
25	10/43	1/3	165	Josie Larson	F	8	Norwalk	IA	8:29	00:26:23.66
26	11/43	1/3	171	Lily Kallenbach	F	15	Norwalk	IA	8:35	00:26:42.37
27	12/43	2/7	170	Janell Kallenbach	F	43	Norwalk	IA	8:35	00:26:42.38
28	16/27	2/5	166	Chris Larson	M	40	Norwalk	IA	8:39	00:26:53.27
29	17/27	1/1	151	Doyle Sullivan	M	63	Norwalk	IA	8:41	00:27:00.19
30	18/27	3/4	105	Ben Bohlender	M	27	Norwalk	IA	8:49	00:27:24.16
31	13/43	3/7	127	Laura Johnson	F	40	Norwalk	IA	8:56	00:27:46.59
32	14/43	1/3	126	Jade Huls	F	26	Norwalk	IA	9:03	00:28:07.78
33	15/43	2/4	322	Kodi Blake	F	33	Norwalk	IA	9:05	00:28:14.67
34	19/27	1/2	150	Greg Speer	M	31	Clive	IA	9:07	00:28:21.57
35	20/27	3/5	120	Trevor Gingrich	M	41	Norwalk	IA	9:10	00:28:29.89
36	21/27	2/2	172	Todd Bohlender	M	51	Indianola	IA	9:14	00:28:41.47
37	22/27	4/5	161	Andrew Kingsley	M	42	Norwalk	IA	9:18	00:28:55.17
38	16/43	2/8	148	Stacy Slate	F	36	Norwalk	IA	9:23	00:29:10.66
39	17/43	4/7	142	Melissa Pierangeli	F	42	Norwalk	IA	9:27	00:29:23.67
40	18/43	2/3	160	Ella Mcguire	F	15	West Des Moines	IA	9:42	00:30:11.26
41	19/43	3/3	159	Susan Alverio	F	16	Norwalk	IA	9:43	00:30:12.28
42	20/43	1/3	256	Angela Ellis	F	53	Norwalk	IA	9:47	00:30:25.42
43	21/43	3/8	134	Elaine Menke	F	38	Norwalk	IA	9:51	00:30:36.63
44	22/43	2/3	125	Nyah Hulbert	F	9	Norwalk	IA	9:54	00:30:47.17
45	23/27	7/7	111	Nate Cook	M	15	Norwalk	IA	9:56	00:30:52.67
46	23/43	3/4	107	Emily Bruner	F	34	Norwalk	IA	9:57	00:30:56.42
47	24/27	2/2	108	Kyle Bruner	M	33	Norwalk	IA	9:57	00:30:56.67
48	24/43	2/3	138	Katie Naert	F	25	Norwalk	IA	9:58	00:30:59.67
49	25/43	4/8	115	Melissa Daggy	F	37	Norwalk	IA	10:04	00:31:17.62
50	26/43	5/7	135	Heather Mora	F	42	Norwalk	IA	10:06	00:31:24.10
51	27/43	5/8	144	Teresa Roof	F	35	Norwalk	IA	10:26	00:32:25.59
52	28/43	6/8	119	Kristen Geisler	F	36	Norwalk	IA	10:28	00:32:33.67

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53	29/43	7/8	136	Kari Murray	F	35	Norwalk	IA	10:28	00:32:33.84
54	30/43	2/3	102	Kim Balk	F	52	Norwalk	IA	10:35	00:32:55.41
55	25/27	1/1	110	Doug Conant	M	49	Carlisle	IA	10:35	00:32:55.82
56	31/43	3/3	104	Ann Boeke	F	54	Des Moines	IA	10:46	00:33:28.89
57	32/43	8/8	114	Amy Crick	F	38	Norwalk	IA	10:47	00:33:30.67
58	33/43	1/1	130	Lisa Luu	F	48	Cumming	IA	10:49	00:33:38.67
59	34/43	1/2	139	Jordan Nail	F	23	Norwalk	IA	10:49	00:33:38.82
60	35/43	4/4	152	Amy Tiefenthaler	F	32	Norwalk	IA	11:13	00:34:53.87
61	36/43	6/7	140	Kimberly Nellesen	F	42	Norwalk	IA	11:14	00:34:57.13
62	37/43	1/1	173	Annette Mansheim	F	61	Norwalk	IA	11:32	00:35:52.93
63	38/43	2/2	167	Lisi Kerrigan	F	20	Omaha	NE	12:03	00:37:27.67
64	26/27	4/4	168	Tyler Davenport	M	29	Omaha	NE	12:03	00:37:28.68
65	39/43	4/5	156	Kylie Winkler	F	12	Norwalk	IA	12:11	00:37:53.63
66	40/43	5/5	118	Emily Davis	F	12	Norwalk	IA	12:12	00:37:54.64
67	41/43	3/3	155	Erica Warren	F	27	Des Moines	IA	12:44	00:39:35.92
68	42/43	3/3	117	Ava Danielson	F	10	Norwalk	IA	13:05	00:40:39.93
69	27/27	5/5	116	Erick Danielson	M	43	Norwalk	IA	13:05	00:40:41.83
70	43/43	7/7	147	Staci Shipley	F	43	Norwalk	IA	13:34	00:42:10.14