

# Rob's Run Cross Country 5K

November 27, 2016

## Overall Division Results

5K Run

### Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	14/627	1/279	271	Victoria Kornieva-Robitaille	29	F	Amityville	NY	6:06	00:18:59.91
2	19/627	2/279	234	Lauryn Heskin	13	F	Floral Park	NY	6:11	00:19:13.49
3	37/627	3/279	325	Katie Mcgrath	32	F	Oakdale	NY	6:27	00:20:04.23

### Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	1/627	1/348	299	Sean Mahon	30	M	Merrick	NY	5:25	00:16:50.62
2	2/627	2/348	199	Joseph Grieco	25	M	Massapequa	NY	5:33	00:17:16.74
3	3/627	3/348	635	Boyd Carrington	43	M	Amityville	NY	5:39	00:17:33.37

### Female Ages 01 - 10

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	318/627	95/279	108	Reese Coughlin	10	F	Hauppauge	NY	8:57	00:27:49.95
2	352/627	109/279	37	Caralinn Becker	9	F	Floral Park	NY	9:16	00:28:48.68

### Male Ages 01 - 10

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	79/627	65/348	357	Lucas Muccini	9	M	Little Neck	NY	6:59	00:21:43.58
2	118/627	95/348	255	Aidan Ke	10	M	Little Neck	NY	7:20	00:22:49.99
3	182/627	138/348	403	Brendan Ramirez	9	M	Wantagh	NY	7:57	00:24:43.89
4	255/627	190/348	407	Landon Recio	8	M	Bellerose	NY	8:29	00:26:23.23
5	424/627	281/348	575	Jaden Rudnicki	9	M	Holtsville	NY	10:04	00:31:17.66
6	451/627	291/348	256	Tyler Ke	7	M	Little Neck	NY	10:32	00:32:45.61
7	470/627	299/348	414	Ryan Reynolds	6	M	Hauppauge	NY	10:45	00:33:26.81
8	528/627	318/348	538	Michael Boyle	7	M	W. Islip	NY	11:55	00:37:03.21
9	572/627	326/348	589	Brayden Rothstein	7	M	Sayville	NY	12:57	00:40:15.46
10	590/627	330/348	668	Sean Logan	7	M	Shoreham	NY	13:32	00:42:04.26
11	595/627	333/348	573	Dennis Rindone	8	M	Middle Island	NY	13:43	00:42:39.14

### Female Ages 11 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	51/627	8/279	358	Siena Muccini	12	F	Little Neck	NY	6:40	00:20:44.28
2	101/627	18/279	352	Helen Moloney	13	F	Floral Park	NY	7:10	00:22:16.64
3	110/627	22/279	264	Ishil Kirkhan	12	F	Little Neck	NY	7:15	00:22:34.51
4	129/627	27/279	26	Michelle Ashbahian	14	F	Floral Park	NY	7:29	00:23:15.31
5	174/627	42/279	92	Caroline Chun	13	F	Floral Park	NY	7:54	00:24:35.49
6	205/627	51/279	38	Emilee Becker	14	F	Floral Park	NY	8:05	00:25:07.19
7	278/627	76/279	684	Alexa Dobbs	11	F	Hauppauge	NY	8:37	00:26:47.79
8	372/627	115/279	337	Marissa Mendez	13	F	New Hyde Park	NY	9:25	00:29:17.00
9	383/627	122/279	472	Olivia Spirakis	11	F	Glen Oaks	NY	9:33	00:29:40.79
10	411/627	135/279	391	Nicole Pinkosh	12	F	Mastic Beach	NY	9:52	00:30:41.85
11	427/627	146/279	253	Elizabeth Kaufmann	14	F	Farmingdale	NY	10:06	00:31:24.33
12	432/627	150/279	58	Danielle Brenner	12	F	Plainview	NY	10:12	00:31:42.21

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### Female Ages 11 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
13	453/627	162/279	13	Erin Ahearn	13	F	Syosset	NY	10:33	00:32:48.21
14	503/627	193/279	570	Kasenyia Pandolf	14	F	Patchogue	NY	11:18	00:35:07.70
15	617/627	277/279	553	Ruby Kassimir	13	F	Wheatly Heights	NY	15:47	00:49:03.88

### Male Ages 11 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	17/627	16/348	427	Chris Rotanz	14	M	East Setauket	NY	6:11	00:19:13.11
2	23/627	21/348	393	Kenneth Procacci	13	M	Franklin Square	NY	6:15	00:19:27.38
3	25/627	23/348	12	Alex Addison	11	M	Floral Park	NY	6:19	00:19:38.54
4	29/627	27/348	21	Andrew Araneo	14	M	Stony Brook	NY	6:21	00:19:46.28
5	33/627	31/348	495	Jack Thornton	14	M	Stony Brook	NY	6:23	00:19:50.75
6	50/627	43/348	277	Zachary Lam	14	M	Stony Brook	NY	6:39	00:20:42.62
7	63/627	54/348	453	John Schmuck	13	M	Westbury	NY	6:48	00:21:09.65
8	87/627	71/348	653	Justyn Definto	14	M	Syosset	NY	7:02	00:21:52.89
9	119/627	96/348	152	Luke Feeney	14	M	Syosset	NY	7:20	00:22:50.14
10	171/627	130/348	456	Anthony Scotto	12	M	Bellmore	NY	7:53	00:24:30.55
11	175/627	133/348	616	Brandon Macdowell	12	M	Wading River	NY	7:55	00:24:35.86
12	196/627	148/348	16	Jason Alperin	11	M	Floral Park	NY	8:01	00:24:56.79
13	197/627	149/348	651	Daniel Lee	13	M	Holbrook	NY	8:02	00:25:00.14
14	245/627	185/348	574	Aaron Rudnicki	13	M	Holtsville	NY	8:25	00:26:09.62
15	252/627	187/348	252	Jason Kaplan	14	M	East Meadow	NY	8:28	00:26:18.98
16	266/627	194/348	554	Christopher Kavanagh	13	M	Sayvilleá	NY	8:33	00:26:35.40
17	268/627	196/348	539	Riley Brennan	14	M	Merrick	NY	8:33	00:26:36.15
18	274/627	200/348	285	Miles Lerner	12	M	Northport	NY	8:36	00:26:43.74
19	280/627	203/348	129	Jack Derosssett	12	M	Fort Salonga	NY	8:37	00:26:49.20
20	295/627	214/348	422	Connor Ronan	11	M	Floral Park	NY	8:45	00:27:13.15
21	374/627	258/348	402	Alexander Ramirez	11	M	Wantagh	NY	9:26	00:29:19.36
22	387/627	264/348	353	Owen Moloney	12	M	Floral Park	NY	9:34	00:29:45.98
23	403/627	271/348	581	Zachary Stein	14	M	Stony Brook	NY	9:46	00:30:23.54
24	405/627	273/348	544	Brayden Clements	12	M	Patchogue	NY	9:48	00:30:29.16
25	446/627	287/348	85	Kevin Cerrotta	11	M	Bellmore	NY	10:27	00:32:28.16
26	472/627	301/348	532	Frankie Anzaldi	14	M	Rocky Point	NY	10:48	00:33:33.72
27	513/627	316/348	101	Ryan Coll	12	M	Massapequa Park	NY	11:40	00:36:15.77
28	517/627	317/348	637	Alex Diaz	12	M	Locust Valley	NY	11:44	00:36:29.98
29	624/627	345/348	583	Joshua Sutton	11	M	Selden	NY	17:42	00:55:02.21

### Female Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	103/627	19/279	260	Kali Keyes	16	F	East Meadow	NY	7:11	00:22:21.74
2	117/627	23/279	69	Julia Bryant	16	F	Lindenhurst	NY	7:20	00:22:47.50
3	128/627	26/279	314	Catherine Matteo	18	F	Manhasset	NY	7:28	00:23:14.62
4	397/627	128/279	559	Madeline Lipponer	18	F	Patchogue	NY	9:43	00:30:13.45
5	433/627	151/279	217	Katherine Hansen	17	F	Centerport	NY	10:12	00:31:42.21
6	485/627	182/279	556	Belle Lipponer	16	F	Patchogue	NY	11:02	00:34:17.73
7	543/627	222/279	136	Jessica Dillingham	16	F	Medford	NY	12:16	00:38:07.75
8	565/627	240/279	61	Lindsay Brenner	15	F	Plainview	NY	12:45	00:39:39.59
9	574/627	248/279	567	Brianna O'connor	16	F	Moriches	NY	12:57	00:40:16.10

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### Female Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
10	575/627	249/279	661	Nicole Keenan	19	F	Syosset	NY	12:58	00:40:17.91
11	596/627	263/279	571	Toni Marie Panzella	19	F	Mastic	NY	13:46	00:42:49.30

### Male Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	5/627	5/348	235	Ryan Heskin	16	M	Floral Park	NY	5:43	00:17:46.37
2	8/627	8/348	600	John Nelson	18	M	Syosset	NY	5:54	00:18:20.88
3	10/627	10/348	146	Alex Eletto	19	M	Stony Brook	NY	5:56	00:18:26.99
4	12/627	12/348	14	Sean Ahearn	15	M	Syosset	NY	6:03	00:18:48.45
5	15/627	14/348	692	Ryan Berlin	18	M	Syosset	NY	6:10	00:19:11.89
6	18/627	17/348	89	Max Chen	17	M	Syosset	NY	6:11	00:19:13.12
7	22/627	20/348	674	Dominick Tumminello	16	M	Syosset	NY	6:13	00:19:20.85
8	27/627	25/348	610	Stanley Feldbeyn	17	M	Syosset	NY	6:20	00:19:40.79
9	31/627	29/348	691	Billy Anderson	19	M	Syosset	NY	6:22	00:19:49.45
10	36/627	34/348	408	Ross Reddock	16	M	Jericho	NY	6:25	00:19:57.48
11	40/627	36/348	633	Andrew Lofferty	16	M	Syosset	NY	6:31	00:20:15.80
12	41/627	37/348	345	Matt Migliozi	19	M	Glen Cove	NY	6:32	00:20:19.26
13	88/627	72/348	652	Gary Sautner	15	M	Syosset	NY	7:02	00:21:53.12
14	115/627	93/348	693	Jack Robbins	19	M	Syosset	NY	7:19	00:22:45.89
15	194/627	146/348	604	Eric Hays	15	M	Syosset	NY	8:00	00:24:54.15
16	195/627	147/348	599	Jonathan Leung	16	M	Jericho	NY	8:00	00:24:54.35
17	199/627	151/348	654	Alden Aspiras	17	M	Syosset	NY	8:02	00:25:00.40
18	207/627	156/348	695	David Kennedy	15	M	Dix Hills	NY	8:05	00:25:09.86
19	212/627	160/348	640	Peter Zimbalist	17	M	Syosset	NY	8:07	00:25:14.73
20	239/627	181/348	584	Daniel Van Nostrad	16	M	Hauppauge	NY	8:23	00:26:04.76
21	267/627	195/348	577	Ryan Salvia	16	M	Miller Place	NY	8:33	00:26:35.42
22	300/627	218/348	329	Jason McMullan	17	M	Hicksville	NY	8:49	00:27:24.15
23	362/627	250/348	214	Erik Hansen	19	M	Centerport	NY	9:21	00:29:03.40
24	385/627	262/348	77	Kevin Carlson	19	M	Merrick	NY	9:34	00:29:44.91
25	408/627	276/348	419	Anthony Rizzotto	16	M	Fresh Meadows	NY	9:51	00:30:36.30
26	490/627	305/348	372	Matthew Oakley	18	M	Bayport	NY	11:09	00:34:41.35
27	497/627	307/348	537	Shawn Bofinger	19	M	Blue Point	NY	11:13	00:34:51.90

### Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	54/627	9/279	474	Rachel Staiano	23	F	East Meadow	NY	6:41	00:20:48.76
2	73/627	13/279	609	Lauren Dorsky	21	F	New York	NY	6:56	00:21:34.20
3	76/627	14/279	157	Melanie Fiume	22	F	Plainview	NY	6:58	00:21:38.80
4	105/627	20/279	631	Maggie Tighe	24	F	Babylon	NY	7:13	00:22:27.81
5	241/627	59/279	76	Elizabeth Carlson	21	F	Merrick	NY	8:24	00:26:07.54
6	317/627	94/279	491	Phedeline Tanis	24	F	Elmont	NY	8:56	00:27:46.49
7	342/627	104/279	439	Lisa Sala	21	F	Massapequa Park	NY	9:11	00:28:33.80
8	390/627	124/279	678	Isabella Alesci	23	F	Syosset	NY	9:35	00:29:49.47
9	422/627	142/279	326	Kristen Mckasty	22	F	Bohemia	NY	10:02	00:31:10.84
10	425/627	144/279	84	Melissa Cavaliero	24	F	Merrick	NY	10:04	00:31:18.25
11	462/627	166/279	594	Rachel Barkan	21	F	Long Beach	NY	10:41	00:33:11.89
12	465/627	168/279	664	Rena Thomas	21	F	Woodbury	NY	10:45	00:33:25.33

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## Overall Division Results

5K Run

### Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
13	466/627	169/279	662	Jacqueline Criz	21	F	Syosset	NY	10:45	00:33:25.74
14	467/627	170/279	663	Demi Thomas	20	F	Woodbury	NY	10:45	00:33:25.74
15	494/627	189/279	46	Elizabeth Blanchard	23	F	Farmingdale	NY	11:11	00:34:47.84
16	523/627	206/279	696	Caitlyn Kennedy	22	F	Dix Hills	NY	11:50	00:36:46.95
17	527/627	210/279	328	Danielle McMullan	22	F	Hicksville	NY	11:52	00:36:55.25
18	593/627	261/279	43	Kaitlyn Bett	21	F	Shirley	NY	13:36	00:42:16.52
19	603/627	268/279	551	Michelle Gambin	20	F	Stony Brook	NY	14:13	00:44:11.35

### Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	4/627	4/348	671	Nick Petsky	24	M	Garden City	NY	5:39	00:17:35.83
2	6/627	6/348	111	James Dachille	20	M	Merrick	NY	5:50	00:18:10.34
3	7/627	7/348	416	Joe Richards	21	M	New Hyde Park	NY	5:51	00:18:12.14
4	9/627	9/348	270	Anton Korniev	24	M	Glen Head	NY	5:55	00:18:25.98
5	11/627	11/348	690	Harry Prevor	20	M	Syosset	NY	6:02	00:18:46.63
6	28/627	26/348	666	Max Segall	24	M	Syosset	NY	6:21	00:19:44.45
7	49/627	42/348	398	Konrad Rogowski	20	M	Massapequa	NY	6:38	00:20:39.38
8	53/627	45/348	346	Thomas Mihailin	20	M	East Northport	NY	6:41	00:20:47.54
9	70/627	58/348	679	Joshua Halpem	24	M	Commack	NY	6:53	00:21:24.69
10	94/627	77/348	518	Raymond Williams	24	M	Smithtown	NY	7:06	00:22:03.63
11	223/627	170/348	536	Lee Bergman	22	M	Holbrook	NY	8:17	00:25:45.40
12	242/627	183/348	507	Steven Vargas	24	M	Elmont	NY	8:24	00:26:08.21
13	337/627	236/348	535	Robbie Bergman	22	M	Holbrook	NY	9:08	00:28:24.96
14	348/627	241/348	675	Philip Nydick	23	M	West Caldwell	NJ	9:14	00:28:41.62
15	496/627	306/348	562	Michael Meany	22	M	Blue Point	NY	11:13	00:34:51.67
16	498/627	308/348	558	Roberto Lipponer	21	M	Patchogue	NY	11:16	00:35:00.43
17	615/627	339/348	533	David Barrasso	22	M	Bayport	NY	15:30	00:48:09.65
18	619/627	341/348	572	Anthony Prestia	21	M	East Setauket	NY	15:52	00:49:19.85

### Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	46/627	5/279	450	Sarah Schaefer	27	F	Sayville	NY	6:36	00:20:31.37
2	68/627	11/279	200	Michele Grieco	27	F	Massapequa	NY	6:51	00:21:17.99
3	86/627	16/279	505	Nicole Unger	29	F	Great Neck	NY	7:02	00:21:52.80
4	120/627	24/279	306	Maria Marascia	25	F	Huntington	NY	7:21	00:22:50.74
5	147/627	32/279	142	Leanne Dombrowsky	25	F	Middle Island	NY	7:41	00:23:52.67
6	151/627	35/279	462	Samantha Simon	29	F	Yaphank	NY	7:42	00:23:57.53
7	159/627	37/279	410	Madalena Resca	27	F	Brooklyn	NY	7:46	00:24:08.54
8	311/627	89/279	526	Keri Wyllie	29	F	Centereach	NY	8:53	00:27:37.32
9	323/627	98/279	247	Jamilee Jones	26	F	Farmingville	NY	9:00	00:28:00.70
10	355/627	111/279	698	Beth Toland	26	F	Winchester	VA	9:17	00:28:52.14
11	396/627	127/279	67	Erin Brown	25	F	Huntington Station	NY	9:43	00:30:12.23
12	421/627	141/279	56	Gabriella Brekne	27	F	Selden	NY	10:01	00:31:09.71
13	444/627	158/279	91	Addie Chmil	26	F	Garden City	OK	10:24	00:32:19.33
14	504/627	194/279	48	Kerrin Blieka	29	F	Rocky Point	NY	11:18	00:35:08.91
15	521/627	204/279	156	Brianna Fitzpatrick	25	F	Baltimore	MD	11:48	00:36:42.28

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5K Run

### Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	34/627	32/348	220	Connor Harvey	27	M	Coram	NY	6:23	00:19:53.00
2	44/627	40/348	227	Jonathan Heitner	26	M	Port Jefferson Static	NY	6:34	00:20:26.13
3	98/627	81/348	365	Scott Neadel	25	M	Melville	NY	7:08	00:22:11.58
4	140/627	111/348	57	Craig Brekne	29	M	Selden	NY	7:34	00:23:31.80
5	224/627	171/348	582	Michael Stoute	27	M	Coram	NY	8:17	00:25:45.40
6	233/627	177/348	179	Fintan Geary	29	M	Wantagh	NY	8:20	00:25:56.15
7	272/627	198/348	512	Steven Wang	25	M	Syosset	NY	8:35	00:26:42.90
8	338/627	237/348	546	Colin Culhane	26	M	Sayville	NY	9:08	00:28:25.15
9	360/627	249/348	176	Bryan Garland	26	M	Merrick	NY	9:19	00:28:59.87
10	536/627	320/348	585	Michael Zweroff	26	M	Manorvilleá	NY	12:08	00:37:43.82

### Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	69/627	12/279	689	Jessica Petrina	34	F	Selden	NY	6:52	00:21:20.82
2	132/627	29/279	131	Deanna Devon	33	F	Manorville	NY	7:31	00:23:21.59
3	248/627	62/279	130	Sara Devitt-Brown	31	F	New York	NY	8:26	00:26:14.24
4	260/627	70/279	210	Amanda Hall	34	F	Patchogue	NY	8:31	00:26:30.31
5	265/627	72/279	613	Brianne Ricevuto	33	F	W Sayville	NY	8:33	00:26:34.97
6	341/627	103/279	265	Nalrudee Kittiratanaporn	32	F	East Islip	NY	9:11	00:28:33.57
7	514/627	198/279	488	Melanie Sweeney	34	F	Patchogue	NY	11:40	00:36:16.68
8	546/627	224/279	153	Nicole Ferrante	31	F	Huntington	NY	12:18	00:38:14.60
9	566/627	241/279	312	Lauren Mastandrea	30	F	Bayport	NY	12:50	00:39:53.79
10	568/627	243/279	389	Soshana Pierre-Louis	30	F	Elmont	NY	12:50	00:39:54.50
11	580/627	254/279	122	Tracy Dehayes	33	F	Islip Terrace	NY	13:15	00:41:10.69
12	608/627	272/279	481	Amanda Strong	33	F	E Patchogue	NY	14:37	00:45:26.79

### Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	16/627	15/348	455	Matthew Scott	33	M	Carle Place	NY	6:11	00:19:12.88
2	26/627	24/348	605	Chad Uy	31	M	Syosset	NY	6:19	00:19:38.88
3	32/627	30/348	382	Josh Parsons	32	M	Lynbrook	NY	6:22	00:19:49.92
4	35/627	33/348	547	Steven Cuomoáájr	34	M	Shirley	NY	6:24	00:19:54.40
5	55/627	46/348	341	Joe Meyer	32	M	Central Islip	NY	6:43	00:20:53.81
6	72/627	60/348	665	Edward Mcnamara	34	M	Oyster Bay	NY	6:55	00:21:29.88
7	78/627	64/348	231	Jason Hernandez	32	M	Smithtown	NY	6:59	00:21:43.57
8	83/627	68/348	90	Timothy Chilton	34	M	New York	NY	7:00	00:21:47.14
9	84/627	69/348	659	David Tobias	32	M	Plainview	NY	7:01	00:21:48.88
10	85/627	70/348	49	Tim Bliss	31	M	New York	NY	7:01	00:21:50.83
11	127/627	102/348	286	Marc Liebman	34	M	Woodbury	NY	7:28	00:23:14.11
12	136/627	107/348	128	Ryan Demeri	31	M	Massapequa Park	NY	7:32	00:23:27.33
13	157/627	121/348	603	Arnoldo Savaria Castillo	33	M	Deer Park	NY	7:45	00:24:04.96
14	166/627	126/348	487	Chris Swann	32	M	Lake Grove	NY	7:51	00:24:23.89
15	210/627	158/348	644	Mike Heyer	31	M	Hicksville	NY	8:06	00:25:11.81
16	228/627	173/348	167	William Fruin	31	M	Wading River	NY	8:18	00:25:49.85
17	261/627	191/348	134	Charles Dietrich	30	M	Stony Brook	NY	8:32	00:26:31.36
18	284/627	207/348	293	Michael Long	31	M	Smithtown	NY	8:39	00:26:54.53
19	349/627	242/348	504	Robert Tyler	34	M	Oceanside	NY	9:14	00:28:42.62

# Rob's Run Cross Country 5K

November 27, 2016

## Overall Division Results

5K Run

### Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
20	381/627	261/348	274	Jonathan Kunkle	30	M	Coram	NY	9:32	00:29:38.27

### Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	39/627	4/279	627	Tara Wilson	39	F	West Islip	NY	6:30	00:20:13.98
2	47/627	6/279	630	Lauren Jasinski	39	F	Cold Spring Harbor	NY	6:37	00:20:36.55
3	48/627	7/279	596	Shari Klarfeld	35	F	Plainview	NY	6:38	00:20:38.55
4	148/627	33/279	144	Annemarie Dunn	35	F	West Babylon	NY	7:41	00:23:52.81
5	150/627	34/279	493	Sarah Thompsen	35	F	Sayville	NY	7:41	00:23:54.81
6	154/627	36/279	127	Kelly Demeri	37	F	Massapequa Park	NY	7:43	00:23:59.31
7	164/627	40/279	489	Jacqueline Sweet	35	F	Babylon	NY	7:49	00:24:18.31
8	185/627	45/279	287	Kristyn Lineman	38	F	Ronkonkoma	NY	7:58	00:24:46.46
9	232/627	56/279	494	Colleen Thompson	39	F	Saint James	NY	8:19	00:25:52.66
10	237/627	58/279	218	Maryan Harkins	37	F	Port Jefferson Static	NY	8:23	00:26:03.46
11	258/627	68/279	595	Carolina Domenech	38	F	Far Rockaway	NY	8:30	00:26:26.82
12	271/627	74/279	238	Michelle Homan	36	F	Farmingville	NY	8:34	00:26:39.24
13	302/627	83/279	33	Nikki Barnett	38	F	Medford	NY	8:50	00:27:27.00
14	315/627	92/279	349	Erica Misorek	38	F	Syosset	NY	8:56	00:27:45.67
15	316/627	93/279	20	Kelly Archer	39	F	Greenlawn	NY	8:56	00:27:46.49
16	347/627	107/279	268	Dawn Konopka	37	F	Ridge	NY	9:14	00:28:41.55
17	354/627	110/279	682	Jennifer Radman	36	F	Garden City	NY	9:17	00:28:50.78
18	375/627	117/279	104	Tara Collins	39	F	Sayville	NY	9:26	00:29:21.25
19	409/627	133/279	138	Stacey Dimitriou-Ciaccio	38	F	Sayville	NY	9:51	00:30:37.43
20	442/627	156/279	428	Robyn Rothman	38	F	Jamaica	NY	10:23	00:32:16.74
21	457/627	163/279	386	Danielle Peyman	38	F	Port Jefferson Static	NY	10:35	00:32:55.71
22	476/627	173/279	628	Ali Gledowsky	39	F	Dix Hills	NY	10:51	00:33:43.59
23	480/627	177/279	669	Sarah Fox	38	F	Eastport	NY	10:56	00:34:01.27
24	483/627	180/279	356	Johanna Moustouka	38	F	Huntington Station	NY	10:58	00:34:06.91
25	487/627	184/279	245	Kelli Anne Jennings	39	F	Medford	NY	11:05	00:34:26.51
26	495/627	190/279	204	Azad Guwca	37	F	Farmingville	NY	11:12	00:34:50.59
27	538/627	218/279	290	Vanessa Logan	39	F	Shoreham	NY	12:11	00:37:53.35
28	551/627	229/279	310	Gloria Martinez	36	F	East Meadow	NY	12:25	00:38:37.60
29	561/627	237/279	212	Erica Handburger	36	F	Massapequa	NY	12:44	00:39:34.10
30	576/627	250/279	588	Allison Rothstein	37	F	Sayville	NY	12:58	00:40:17.98
31	587/627	259/279	115	Patricia Daugherty	37	F	Islip Terrace	NY	13:21	00:41:29.56
32	588/627	260/279	206	Lisa Guerrero	36	F	Bellmore	NY	13:26	00:41:44.39
33	613/627	276/279	249	Elizabeth Jordan	39	F	Sound Beach	NY	15:16	00:47:26.44

### Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	42/627	38/348	211	Trent Hampton	37	M	West Babylon	NY	6:33	00:20:21.89
2	62/627	53/348	258	Edward Kenyon	39	M	Farmingdale	NY	6:48	00:21:09.53
3	99/627	82/348	248	Doug Jones	37	M	Miller Place	NY	7:08	00:22:12.80
4	111/627	89/348	22	Adrian Argueta	36	M	Deer Park	NY	7:16	00:22:35.13
5	112/627	90/348	50	Douglas Boorstein	35	M	Alexandria	VA	7:17	00:22:40.83
6	218/627	165/348	53	Casey Brannan	35	M	Huntington Station	NY	8:12	00:25:31.38
7	298/627	216/348	311	Gabriel Martinez	39	M	East Meadow	NY	8:46	00:27:16.70

# Rob's Run Cross Country 5K

November 27, 2016

## Overall Division Results

5K Run

### Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
8	327/627	227/348	32	Jeffrey Barnett	38	M	Medford	NY	9:02	00:28:05.66
9	368/627	254/348	159	Christian Forie	37	M	Merrick	NY	9:24	00:29:13.96
10	371/627	257/348	205	Alfonso Guerrero	36	M	Bellmore	NY	9:25	00:29:16.74
11	434/627	283/348	420	Corey Roberts	39	M	Baldwin	NY	10:12	00:31:43.50
12	456/627	294/348	28	Nicholas Auletta	36	M	East Northport	NY	10:35	00:32:53.66

### Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	90/627	17/279	119	Noni Degirmenci	42	F	Port Washington	NY	7:03	00:21:57.13
2	109/627	21/279	125	Martha Delgado	40	F	Central Islip	NY	7:15	00:22:32.69
3	124/627	25/279	243	Leah Jantzen	43	F	East Setauket	NY	7:27	00:23:09.19
4	146/627	31/279	438	Jimena Sachdev	42	F	New Hyde Park	NY	7:40	00:23:50.28
5	160/627	38/279	161	Erica Fraiberg	42	F	Greenlawn	NY	7:46	00:24:09.71
6	178/627	44/279	272	Linda Kornreich	41	F	Stony Brook	NY	7:56	00:24:38.94
7	201/627	49/279	384	Kristen Desimone	43	F	Centereach	NY	8:04	00:25:04.75
8	225/627	54/279	418	Michele Rizzo - Berg	40	F	Bellport	NY	8:17	00:25:45.98
9	235/627	57/279	378	Lisa Ospitale	40	F	S. Setauket	NY	8:22	00:25:59.99
10	244/627	60/279	318	Bridget Mccann	42	F	Bellmore	NY	8:24	00:26:08.81
11	256/627	66/279	392	Jaime Pita	40	F	Smithtown	NY	8:29	00:26:23.57
12	257/627	67/279	429	Alexia Rothman	41	F	Lilburn	GA	8:29	00:26:24.41
13	277/627	75/279	442	Jennifer Saltzman	44	F	Nesconset	NY	8:36	00:26:45.54
14	293/627	81/279	237	Tara Hofmayer	41	F	Merrick	NY	8:44	00:27:08.93
15	303/627	84/279	468	Jenny Souto	43	F	Bayport	NY	8:50	00:27:27.20
16	329/627	101/279	520	Amy Williamson	44	F	Lake Ronkonkoma	NY	9:04	00:28:13.28
17	366/627	114/279	367	Danielle Nicol	42	F	Huntington Station	NY	9:23	00:29:11.74
18	376/627	118/279	331	Kristin Mcnamara	41	F	Smithtown	NY	9:27	00:29:22.46
19	399/627	130/279	371	Karen Nussbaum	42	F	New York	NY	9:44	00:30:16.71
20	402/627	132/279	394	Juli Puglisi	41	F	Huntington Station	NY	9:46	00:30:20.75
21	468/627	171/279	511	Michelle Waller	44	F	Patchogue	NY	10:45	00:33:26.75
22	473/627	172/279	261	Stacy Keyes	41	F	East Meadow	NY	10:48	00:33:34.59
23	499/627	191/279	15	Kathleen Alongi	44	F	West Islip	NY	11:16	00:35:02.41
24	500/627	192/279	39	Gigi Becker	43	F	South Huntington	NY	11:16	00:35:03.27
25	509/627	195/279	445	Maritza Santos	43	F	Patchogue	NY	11:31	00:35:47.91
26	510/627	196/279	404	Kristina Ramirez	42	F	Wantagh	NY	11:34	00:35:58.59
27	516/627	200/279	417	Jeanie Riso	44	F	Glen Head	NY	11:44	00:36:27.85
28	529/627	211/279	295	Kathleen Long	41	F	Patchogue	NY	11:56	00:37:06.23
29	530/627	212/279	163	Jaime Franchi	40	F	East Islip	NY	11:56	00:37:06.35
30	548/627	226/279	300	Andrea Maione	43	F	Mineola	NY	12:20	00:38:20.57
31	559/627	236/279	132	Shaelee Diaz	42	F	Central Islip	NY	12:35	00:39:08.67
32	563/627	238/279	484	Laura Sullivan	44	F	Merrick	NY	12:45	00:39:38.25
33	571/627	246/279	266	Jennifer Knecht	44	F	North Babylon	NY	12:56	00:40:13.24
34	579/627	253/279	123	Alicia Delano	42	F	Medford	NY	13:15	00:41:10.28
35	597/627	264/279	25	Monifa Ash	43	F	Shirley	NY	13:49	00:42:57.36
36	604/627	269/279	576	Sue Rudnicki	42	F	Holtsville	NY	14:14	00:44:14.31
37	609/627	273/279	486	Iva Sutton	41	F	Selden	NY	14:39	00:45:33.70

# Rob's Run Cross Country 5K

November 27, 2016

## Overall Division Results

5K Run

### Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	20/627	18/348	415	Anthony Ricevuto	41	M	West Sayville	NY	6:11	00:19:15.13
2	24/627	22/348	490	Mike Talles	40	M	Lindenhurst	NY	6:16	00:19:29.88
3	38/627	35/348	401	Jason Ramirez	42	M	Wantagh	NY	6:27	00:20:04.60
4	45/627	41/348	470	William Sparke	40	M	Plainview	NY	6:35	00:20:29.61
5	57/627	48/348	619	Adam Cigliano	44	M	Merrick	NY	6:44	00:20:57.88
6	61/627	52/348	686	Kevin Steiner	42	M	Williston Park	NY	6:48	00:21:08.24
7	66/627	56/348	351	Rafa Molina	41	M	Mastic	NY	6:50	00:21:14.10
8	93/627	76/348	192	Shawn Grand	40	M	Oceanside	NY	7:04	00:21:58.39
9	116/627	94/348	294	Charles Long	43	M	Miller Place	NY	7:19	00:22:46.71
10	158/627	122/348	381	Michael Parente	41	M	Shirley	NY	7:45	00:24:05.17
11	163/627	124/348	198	Matthew Gregory	42	M	Plainview	NY	7:49	00:24:17.64
12	176/627	134/348	617	Robert Macdowell	42	M	Wading River	NY	7:55	00:24:36.26
13	179/627	135/348	107	Bill Coughlin	43	M	Hauppauge	NY	7:56	00:24:39.50
14	198/627	150/348	187	Michael Going	44	M	Westbury	NY	8:02	00:25:00.39
15	200/627	152/348	364	Bobby Nabeyama	40	M	Sparta Queens	NY	8:03	00:25:02.64
16	209/627	157/348	164	Scott Fredriksen	40	M	Rocky Point	NY	8:06	00:25:10.40
17	214/627	162/348	165	Jon Frisch	41	M	Farmingville	NY	8:07	00:25:16.15
18	219/627	166/348	121	Anthony Degregoria	42	M	Sayville	NY	8:16	00:25:41.14
19	253/627	188/348	98	Alex Cohen	41	M	Plainview	NY	8:28	00:26:19.39
20	275/627	201/348	629	William Reitz	42	M	West Sayville	NY	8:36	00:26:44.77
21	283/627	206/348	648	Michael Rothman	42	M	Lilburn	GA	8:39	00:26:53.10
22	346/627	240/348	380	Jerry Pace	44	M	Commack	NY	9:13	00:28:38.58
23	358/627	247/348	75	Joseph Campisi	41	M	Selden	NY	9:19	00:28:57.85
24	363/627	251/348	350	Marcus Mitchell	42	M	Holbrook	NY	9:22	00:29:06.78
25	471/627	300/348	452	Michael Schlank	44	M	Plainview	NY	10:46	00:33:29.66
26	474/627	302/348	638	Brad Kaufman	44	M	Roslyn Heights	NY	10:51	00:33:42.85
27	475/627	303/348	639	Bret Strauss	44	M	Plainview	NY	10:51	00:33:42.85
28	501/627	309/348	72	Mike Buttitta	43	M	Patchogue	NY	11:17	00:35:04.46
29	544/627	322/348	137	Larry Dillingham	44	M	Medford	NY	12:16	00:38:07.75
30	592/627	332/348	315	Dennis Mayer	44	M	Holtsville	NY	13:34	00:42:11.45
31	607/627	336/348	114	Daniel Daugherty	42	M	Islip Terrace	NY	14:36	00:45:23.95
32	614/627	338/348	548	John Ferro	44	M	Shirley	NY	15:29	00:48:08.17
33	623/627	344/348	347	Patrick Miller	41	M	Perth Amboy	NJ	17:20	00:53:54.20

### Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	170/627	41/279	197	Olga Greene	49	F	Lake Grove	NY	7:52	00:24:29.56
2	189/627	47/279	444	Patty Santella	48	F	Syosset	NY	7:59	00:24:48.56
3	190/627	48/279	183	Gina Giordano	49	F	Mount Sinai	NY	7:59	00:24:51.31
4	203/627	50/279	465	Lori Slater	45	F	Bay Shore	NY	8:04	00:25:06.56
5	208/627	52/279	283	Yvonne Leippert	49	F	Coram	NY	8:06	00:25:10.22
6	285/627	78/279	60	Judith Brenner	47	F	Plainview	NY	8:39	00:26:54.73
7	305/627	85/279	334	Dedee Meehan	48	F	Lake Ronkonkoma	NY	8:51	00:27:30.24
8	310/627	88/279	11	Amy Adams	46	F	Syosset	NY	8:53	00:27:36.32
9	322/627	97/279	485	Irene Sullivan	48	F	Wantagh	NY	9:00	00:27:59.69
10	325/627	100/279	140	Anita Distefano	49	F	Nesconset	NY	9:01	00:28:03.73
11	344/627	105/279	70	Corinne Buda	48	F	Long Beach	NY	9:12	00:28:35.82
12	382/627	121/279	18	Nancy Anderson	47	F	Port Jefferson Static	NY	9:32	00:29:39.50



# Rob's Run Cross Country 5K

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## Overall Division Results

5K Run

### Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
13	412/627	136/279	117	Fran Deangelis	46	F	Bayville	NY	9:54	00:30:46.83
14	414/627	137/279	509	Jennifer Wagner	45	F	Huntington Station	NY	9:56	00:30:52.58
15	423/627	143/279	97	Michelle Cody	46	F	Lake Grove	NY	10:03	00:31:14.82
16	426/627	145/279	478	Pilar Stevens	46	F	Centereach	NY	10:05	00:31:22.50
17	428/627	147/279	240	Denise Hughes	48	F	Bohemia	NY	10:07	00:31:28.21
18	438/627	154/279	395	Christine Quigley	47	F	Bayville	NY	10:15	00:31:52.57
19	439/627	155/279	436	Kim Russo	49	F	West Islip	NY	10:15	00:31:52.57
20	443/627	157/279	143	Ellen Dunn	49	F	Massapequa	NY	10:23	00:32:17.83
21	445/627	159/279	431	Caroline Rund	45	F	West Babylon	NY	10:26	00:32:26.33
22	458/627	164/279	244	Sandra Jantzen	46	F	Wading River	NY	10:36	00:32:57.83
23	460/627	165/279	173	Denise Gannon	47	F	Smithtown	NY	10:37	00:32:59.96
24	479/627	176/279	322	Rebecca McDonald	48	F	Nesconset	NY	10:56	00:33:59.45
25	481/627	178/279	319	Nina Mccann	45	F	Williston Park	NY	10:57	00:34:03.10
26	518/627	201/279	359	Robin Munch	46	F	East Setauket	NY	11:45	00:36:32.52
27	531/627	213/279	385	Katy Pettit	49	F	Rocky Point	NY	11:56	00:37:06.60
28	535/627	216/279	626	Melissa Altmann	45	F	Holbrook	NY	12:05	00:37:34.87
29	542/627	221/279	621	Eleanor Adja-Burnett	48	F	Patchogue	NY	12:15	00:38:05.85
30	545/627	223/279	93	Jodi Clarin	48	F	Huntington Station	NY	12:16	00:38:09.78
31	555/627	232/279	330	Cheryl Mcnally	47	F	Oceanside	NY	12:34	00:39:05.41
32	556/627	233/279	434	Rebecca Russell	45	F	Baldwin	NY	12:34	00:39:05.61
33	577/627	251/279	561	Dawn Meany	47	F	Blue Point	NY	12:58	00:40:18.11
34	581/627	255/279	496	Christine Thorp	49	F	Ronkonkoma	NY	13:15	00:41:10.86
35	594/627	262/279	656	Bette Efthymiou	46	F	Mineola	NY	13:36	00:42:17.11
36	606/627	271/279	338	Marissa Mercedes	45	F	Freeport	NY	14:28	00:44:58.37

### Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	13/627	13/348	120	Robis Degirmenci	47	M	Port Washington	NY	6:03	00:18:50.88
2	21/627	19/348	647	Tim Murphy	45	M	Ronkonkoma	NY	6:12	00:19:16.57
3	65/627	55/348	366	Tommy Nettuno	46	M	Babylon	NY	6:49	00:21:11.63
4	71/627	59/348	23	Kevin Arloff	49	M	Huntington Station	NY	6:54	00:21:28.36
5	74/627	61/348	96	Brian Cloherty	47	M	Roslyn Hts	NY	6:56	00:21:34.87
6	75/627	62/348	68	Dean Bruno	46	M	Yaphank	NY	6:57	00:21:37.50
7	80/627	66/348	99	Jason Cohen	49	M	Manorville	NY	6:59	00:21:43.98
8	82/627	67/348	515	Graham Wilcock	48	M	Great Neck	NY	7:00	00:21:45.39
9	95/627	78/348	348	Michael Minerva	45	M	Holbrook	NY	7:06	00:22:04.89
10	97/627	80/348	17	Steven Amoroso	49	M	Central Islip	NY	7:08	00:22:10.78
11	104/627	85/348	251	Ira Kaplan	46	M	East Meadow	NY	7:13	00:22:26.61
12	126/627	101/348	233	Jose Hernandez	45	M	Commack	NY	7:27	00:23:11.26
13	133/627	104/348	370	Kenneth Nuss Jr	45	M	Holtsville	NY	7:31	00:23:22.39
14	139/627	110/348	601	Jonas Ferro	45	M	Saint James	NY	7:34	00:23:31.15
15	144/627	114/348	641	Qiang Chen	49	M	Syosset	NY	7:39	00:23:48.49
16	149/627	116/348	340	Todd Metro	49	M	Holtsville	NY	7:41	00:23:54.39
17	155/627	119/348	301	Joseph Maiorana	46	M	Shirley	NY	7:43	00:24:01.64
18	156/627	120/348	158	Kevin Ford	48	M	Islip	NY	7:44	00:24:03.64
19	161/627	123/348	703	Sean Negron	45	M	Merrick	NY	7:47	00:24:12.17
20	172/627	131/348	441	Rich Sallustro	48	M	Bayport	NY	7:53	00:24:30.95
21	192/627	144/348	506	Daniel Valderrama	45	M	Oyster Bay	NY	8:00	00:24:51.82

# Rob's Run Cross Country 5K

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## Overall Division Results

5K Run

### Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
22	202/627	153/348	190	Roy Gordon	49	M	Huntington	NY	8:04	00:25:05.78
23	206/627	155/348	480	Robert Strayer	47	M	Sayville	NY	8:05	00:25:08.14
24	213/627	161/348	475	Michael Starr	47	M	Plainview	NY	8:07	00:25:15.94
25	215/627	163/348	263	Cemal Kirkhan	49	M	Little Neck	NY	8:09	00:25:20.85
26	216/627	164/348	113	George Darienzo	49	M	East Northport	NY	8:12	00:25:29.36
27	230/627	175/348	194	Johnny Graziano	48	M	Riverhead	NY	8:19	00:25:51.13
28	243/627	184/348	269	Micah Korn	46	M	Huntington Station	NY	8:24	00:26:08.61
29	254/627	189/348	396	Steven Quigley	49	M	Bayville	NY	8:28	00:26:20.20
30	269/627	197/348	578	Marcus Sanders	46	M	Pt Jefferson	NY	8:34	00:26:37.40
31	296/627	215/348	699	Keith McDowell	47	M	Hempstead	NY	8:45	00:27:13.48
32	299/627	217/348	667	Ben Walden	49	M	Centerport	NY	8:47	00:27:17.73
33	304/627	220/348	388	Robert Pickus	47	M	Plainview	NY	8:50	00:27:29.29
34	320/627	225/348	59	David Brenner	48	M	Plainview	NY	8:59	00:27:56.91
35	334/627	233/348	102	Thomas Coll	46	M	Massapequa	NY	9:06	00:28:18.61
36	356/627	245/348	335	Cliff Meister	49	M	Centereach	NY	9:17	00:28:52.37
37	357/627	246/348	479	Robert Stone	49	M	Kings Park	NY	9:18	00:28:55.13
38	364/627	252/348	634	Humberto Diaz	47	M	Locust Valley	NY	9:22	00:29:08.41
39	386/627	263/348	41	Scott Benenati	49	M	Islip Terrace	NY	9:34	00:29:45.16
40	391/627	267/348	339	Johnny Mercedes	46	M	Freeport	NY	9:36	00:29:50.66
41	404/627	272/348	568	Doug Pandolf	45	M	Patchogue	NY	9:47	00:30:23.91
42	407/627	275/348	543	Adam Clements	49	M	Patchogue	NY	9:49	00:30:31.84
43	415/627	278/348	360	James Murray	46	M	Stony Brook	NY	9:57	00:30:55.91
44	417/627	279/348	701	Doug Berry	48	M	Bayside	NY	10:00	00:31:06.16
45	447/627	288/348	86	Louis Cerrotta	45	M	Bellmore	NY	10:27	00:32:29.17
46	553/627	323/348	704	Mike Riva	47	M	Ronkonkoma	NY	12:29	00:38:49.82
47	591/627	331/348	291	James Logan	46	M	Shoreham	NY	13:33	00:42:07.19

### Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	64/627	10/279	64	Una Broderick	50	F	Wantagh	NY	6:48	00:21:10.45
2	81/627	15/279	435	Barbara Russo	53	F	Bellport	NY	6:59	00:21:44.75
3	130/627	28/279	47	Staci Blanket	52	F	Old Bethpage	NY	7:29	00:23:16.12
4	162/627	39/279	105	Karen Conkling	53	F	Massapequa	NY	7:48	00:24:14.66
5	226/627	55/279	100	Lisa Colby	52	F	Smithtown	NY	8:17	00:25:47.20
6	246/627	61/279	361	Susan Murray	52	F	Hauppauge	NY	8:25	00:26:10.57
7	249/627	63/279	303	Lori Mangual	51	F	Merrick	NY	8:27	00:26:16.85
8	250/627	64/279	257	Michele Kelly	50	F	Patchogue	NY	8:27	00:26:18.32
9	251/627	65/279	376	Regina Orelli	50	F	Huntington Station	NY	8:28	00:26:18.92
10	262/627	71/279	273	Mary Kroebel	52	F	Oakdale	NY	8:32	00:26:31.73
11	279/627	77/279	162	Debra L Franchi	51	F	Manorville	NY	8:37	00:26:48.40
12	297/627	82/279	317	Christine Mccain	54	F	Deer Park	NY	8:45	00:27:13.59
13	308/627	87/279	296	Jennifer Love	52	F	Selden	NY	8:52	00:27:33.76
14	312/627	90/279	332	Angela Medalla	51	F	Hicksville	NY	8:54	00:27:41.20
15	321/627	96/279	54	Judy Breden	52	F	Hicksville	NY	8:59	00:27:57.73
16	324/627	99/279	147	Mary Emerson	53	F	Port Jefferson Static	NY	9:00	00:28:00.79
17	350/627	108/279	305	Linda Manno	50	F	Lindenhurst	NY	9:14	00:28:43.77
18	361/627	112/279	336	Elizabeth Melillo	51	F	Northport	NY	9:20	00:29:02.78
19	373/627	116/279	297	June Luciano	52	F	Sayvillesayville	NY	9:25	00:29:18.20

# Rob's Run Cross Country 5K

November 27, 2016

## Overall Division Results

5K Run

### Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
20	378/627	119/279	241	Jeannie Hynes	54	F	Greenlawn	NY	9:28	00:29:26.79
21	379/627	120/279	363	Karen Murray	50	F	Mamaroneck	NY	9:29	00:29:28.96
22	392/627	125/279	195	Donna Greco	53	F	Lindenhurst	NY	9:39	00:30:00.25
23	393/627	126/279	670	Rosemary Jones	54	F	Babylon	NY	9:40	00:30:02.70
24	418/627	139/279	35	Janine Baumann	52	F	Medford	NY	10:00	00:31:06.87
25	430/627	148/279	223	Phyllis Hauser	50	F	Merrick	NY	10:10	00:31:36.93
26	431/627	149/279	448	Karen Schackner	54	F	Dix Hills	NY	10:11	00:31:41.19
27	477/627	174/279	655	Josie Bishop	54	F	Port Washington	NY	10:52	00:33:46.26
28	478/627	175/279	27	Karen Audia	50	F	Holbrook	NY	10:55	00:33:55.19
29	484/627	181/279	557	Clair Lipponer	54	F	Patchogue	NY	11:00	00:34:11.42
30	491/627	186/279	172	Lori Fuller	52	F	Roslyn Heights	NY	11:10	00:34:42.88
31	519/627	202/279	522	Lisa Wolf	51	F	Islip Terrace	NY	11:48	00:36:40.23
32	522/627	205/279	232	Joan Hernandez	52	F	Malverne	NY	11:48	00:36:42.29
33	539/627	219/279	19	Ines Arbelaez	51	F	Selden	NY	12:13	00:37:59.55
34	547/627	225/279	612	Erin O'Leary	50	F	East Norwich	NY	12:18	00:38:14.76
35	552/627	230/279	110	Brynn Dacher	53	F	Merrick	NY	12:29	00:38:48.77
36	564/627	239/279	323	Doreen Mcdougall	52	F	Ronkonkoma	NY	12:45	00:39:38.65
37	570/627	245/279	191	Kristine Gozaloff	50	F	West Sayville	NY	12:56	00:40:13.10
38	573/627	247/279	501	Carleen Tunney	53	F	Selden	NY	12:57	00:40:15.67
39	602/627	267/279	62	Mary Brett	52	F	Port Jeff Sta	NY	14:01	00:43:33.36

### Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	56/627	47/348	464	Rocco Sinisi	53	M	Rockville Centre	NY	6:44	00:20:55.33
2	58/627	49/348	673	Marc Bochmer	51	M	New York	NY	6:45	00:20:58.88
3	92/627	75/348	180	Kieran Gibbons	52	M	Northport	NY	7:04	00:21:58.14
4	107/627	87/348	316	Bill Mazza	54	M	West Gilgo Beach	NY	7:14	00:22:30.86
5	113/627	91/348	676	Don Harnett	50	M	Floral Park	NY	7:18	00:22:41.85
6	121/627	97/348	390	Jeff Pinkosh	51	M	Mastic Beach	NY	7:23	00:22:57.27
7	125/627	100/348	148	Paul Englehart	50	M	Baldwin	NY	7:27	00:23:10.57
8	131/627	103/348	304	John Manitta	50	M	Wading River	NY	7:30	00:23:18.36
9	135/627	106/348	688	Yu Jen Lai	53	M	Setauket	NY	7:32	00:23:25.27
10	137/627	108/348	374	Mark Ogden	54	M	Selden	NY	7:33	00:23:27.64
11	145/627	115/348	421	David Rockitter	54	M	Wantagh	NY	7:40	00:23:49.30
12	165/627	125/348	52	Frank Borgi	54	M	Islip	NY	7:50	00:24:21.60
13	173/627	132/348	169	Kevin Fuchs	50	M	Sayville	NY	7:54	00:24:34.39
14	183/627	139/348	236	Scott Hoffman	52	M	Merrick	NY	7:57	00:24:43.97
15	186/627	141/348	432	Michael Russell	50	M	Nesconset	NY	7:58	00:24:47.21
16	220/627	167/348	216	Flemming Hansen	52	M	Centerport	NY	8:16	00:25:44.15
17	229/627	174/348	65	Amos Brotter	51	M	Merrick	NY	8:18	00:25:49.89
18	234/627	178/348	516	Fred Wilkowski	54	M	North Woodmere	NY	8:21	00:25:56.85
19	247/627	186/348	44	Joe Bianco	50	M	Centerport	NY	8:26	00:26:13.40
20	264/627	193/348	625	Thomas Gorman	50	M	Bayville	NY	8:32	00:26:33.81
21	276/627	202/348	201	Dan Gross	52	M	Wantagh	NY	8:36	00:26:45.15
22	286/627	208/348	525	Roger Wooster	52	M	Seaford	NY	8:39	00:26:55.55
23	309/627	222/348	193	Jim Graziano	51	M	Moriches	NY	8:52	00:27:35.90
24	313/627	223/348	510	Michael Wajnrach	54	M	Merrick	NY	8:54	00:27:41.65
25	319/627	224/348	624	David Gugerty	54	M	Bayville	NY	8:59	00:27:56.51

# Rob's Run Cross Country 5K

November 27, 2016

## Overall Division Results

5K Run

### Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
26	326/627	226/348	492	Thomas Tatarian	53	M	Shoreham	NY	9:01	00:28:03.84
27	330/627	229/348	221	Joseph Haslbauer	53	M	Levittown	NY	9:05	00:28:13.60
28	335/627	234/348	620	Stephen Klemes	52	M	Port Washington	NY	9:07	00:28:19.65
29	340/627	238/348	31	Richard Barkan	51	M	Long Beach	NY	9:10	00:28:29.84
30	359/627	248/348	560	Denis Meany	51	M	Blue Point	NY	9:19	00:28:58.66
31	370/627	256/348	694	Chris Fiume	51	M	Plainview	NY	9:25	00:29:15.93
32	377/627	259/348	636	Steven Amato	50	M	Syosset	NY	9:27	00:29:24.16
33	413/627	277/348	681	Victor Amodeo	50	M	Malverne	NY	9:55	00:30:49.92
34	420/627	280/348	680	Robert Lann	52	M	Lynbrook	NY	10:01	00:31:09.62
35	464/627	297/348	78	Richard Carlson	53	M	Merrick	NY	10:42	00:33:16.42
36	469/627	298/348	413	Jeffrey Reynolds	50	M	Hauppauge	NY	10:45	00:33:26.81
37	488/627	304/348	700	Brian Albert	50	M	Massapequa	NY	11:08	00:34:37.28
38	502/627	310/348	103	Thomas Colleran	54	M	Shirley	NY	11:17	00:35:04.87
39	533/627	319/348	267	Robert Koenig	54	M	Levittown	NY	12:04	00:37:30.87
40	625/627	346/348	42	Frederick Benlein	52	M	Farmingdale	NY	18:36	00:57:47.98
41	627/627	348/348	687	David Kaplan	52	M	Glen Cove	NY	23:02	01:11:34.00

### Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	142/627	30/279	284	Mary Lenzi	56	F	Hauppauge	NY	7:39	00:23:46.77
2	177/627	43/279	149	Tracey Epstein	56	F	Smithtown	NY	7:55	00:24:36.30
3	187/627	46/279	508	Dee Vogt	56	F	Huntington	NY	7:58	00:24:47.28
4	217/627	53/279	387	Kelly Pickard	57	F	Oyster Bay	NY	8:12	00:25:31.31
5	270/627	73/279	643	Barbara Cronin-Stagnari	55	F	Mineola	NY	8:34	00:26:38.23
6	291/627	80/279	657	Vicki Fox	58	F	Centerport	NY	8:41	00:27:01.17
7	307/627	86/279	405	Pamela Raudsepp	56	F	Northport	NY	8:51	00:27:31.82
8	314/627	91/279	523	Debra Woloschin	56	F	Remsenburg	NY	8:55	00:27:42.57
9	339/627	102/279	106	Suzanne Corrie	55	F	New Hyde Park	NY	9:09	00:28:26.50
10	365/627	113/279	321	Barbara Mccoy	55	F	Centereach	NY	9:23	00:29:11.74
11	384/627	123/279	141	Joann Distler	55	F	Merrick	NY	9:33	00:29:42.75
12	398/627	129/279	529	Mary Zellman	59	F	Lake Grove	NY	9:43	00:30:13.83
13	410/627	134/279	80	Maura Carroll	56	F	Islip	NY	9:52	00:30:40.28
14	416/627	138/279	658	Donna Randone	55	F	Dix Hills	NY	9:58	00:31:00.33
15	437/627	153/279	591	Joellen Elsener	58	F	Deer Park	NY	10:15	00:31:51.83
16	482/627	179/279	34	Maria Basile-Farash	57	F	West Babylon	NY	10:57	00:34:04.33
17	492/627	187/279	45	Cathy Blachly	57	F	Dix Hills	NY	11:10	00:34:43.30
18	512/627	197/279	276	Nancy Lafleur	59	F	Holbrook	NY	11:37	00:36:07.95
19	515/627	199/279	154	Peggi Fitzgerald	55	F	Farmingville	NY	11:43	00:36:25.22
20	524/627	207/279	168	Maria Fucella	56	F	Levittown	NY	11:52	00:36:53.35
21	525/627	208/279	116	Mindy Davidson	56	F	Bethpage	NY	11:52	00:36:53.60
22	526/627	209/279	423	Barbara Ronzetti	59	F	East Northport	NY	11:52	00:36:54.50
23	532/627	214/279	530	Caryn Zilka	55	F	Long Beach	NY	12:04	00:37:30.22
24	537/627	217/279	219	Laura Hartman	58	F	Remsenburg	NY	12:11	00:37:53.35
25	554/627	231/279	463	Carolyn Singer	58	F	Long Beach	NY	12:33	00:39:00.74
26	558/627	235/279	186	Lea Gjodesen	55	F	Massapequa	NY	12:35	00:39:08.60
27	578/627	252/279	443	Ellen Sansone	57	F	Franklin Square	NY	13:01	00:40:27.23
28	599/627	265/279	618	Nancy Barthold	55	F	Flushing	NY	13:58	00:43:25.95
29	601/627	266/279	87	Jean Chadderton	57	F	Port Jefferson	NY	14:01	00:43:33.26

# Rob's Run Cross Country 5K

November 27, 2016

## Overall Division Results

5K Run

### Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
30	612/627	275/279	483	Wendy Suarez	56	F	Ronkonkoma	NY	15:15	00:47:25.42
31	618/627	278/279	411	Teri Resca	59	F	Bellmore	NY	15:47	00:49:05.36

### Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	52/627	44/348	30	Alan Baisch	55	M	Selden	NY	6:40	00:20:44.66
2	59/627	50/348	477	Jeff Steinberg	55	M	Westbury	NY	6:46	00:21:01.55
3	67/627	57/348	112	Ned Daily	59	M	Garden City	NY	6:51	00:21:17.36
4	77/627	63/348	457	Rick Secor	55	M	Ronkonkoma	NY	6:59	00:21:42.77
5	89/627	73/348	373	John Oakley	55	M	Bayport	NY	7:03	00:21:56.14
6	91/627	74/348	650	Rich Delasota	57	M	Huntington	NY	7:04	00:21:57.89
7	96/627	79/348	63	Kc Brett	56	M	Port Jefferson Static	NY	7:07	00:22:08.94
8	100/627	83/348	406	Paul Rauseo	56	M	Huntington Station	NY	7:09	00:22:13.14
9	108/627	88/348	196	John Greene	56	M	Huntington Station	NY	7:14	00:22:31.39
10	114/627	92/348	320	Terence McCormick	56	M	Lindenhurst	NY	7:19	00:22:44.64
11	122/627	98/348	83	Michael Casale	55	M	Bellmore	NY	7:24	00:23:01.73
12	141/627	112/348	517	Mario Wilkowski	56	M	Merrick	NY	7:36	00:23:37.95
13	143/627	113/348	460	Stephen Shulman	56	M	Plainview	NY	7:39	00:23:46.86
14	167/627	127/348	313	Anthony Matteo	56	M	Manhasset	NY	7:51	00:24:25.39
15	168/627	128/348	71	Andre Burriesci	56	M	Middle Village	NY	7:52	00:24:26.89
16	169/627	129/348	645	Scott Brennan	56	M	East Meadow	NY	7:52	00:24:29.33
17	184/627	140/348	593	Bill Girona	56	M	Smithtown	NY	7:57	00:24:44.18
18	188/627	142/348	230	William Herbert	57	M	Smithtown	NY	7:58	00:24:47.62
19	193/627	145/348	250	Daniel Joseph	58	M	Levittown	NY	8:00	00:24:53.53
20	211/627	159/348	222	Robert Haughn	59	M	Port Jefferson Sta	NY	8:07	00:25:13.31
21	221/627	168/348	447	Rob Savino	56	M	Seaford	NY	8:17	00:25:44.99
22	238/627	180/348	498	Neil Tipograph	59	M	New York	NY	8:23	00:26:03.65
23	263/627	192/348	133	Michael Dibartolo	55	M	Farmingville	NY	8:32	00:26:31.90
24	288/627	209/348	135	David Digiovanni	58	M	Sea Cliff	NY	8:40	00:26:57.15
25	289/627	210/348	622	Thomas Murray	55	M	Hauppauge	NY	8:40	00:26:58.16
26	292/627	212/348	400	Norman Rabin	55	M	Plainview	NY	8:42	00:27:04.92
27	306/627	221/348	471	Scott Sparr	58	M	Long Beach	NY	8:51	00:27:30.32
28	331/627	230/348	368	Bill Niedfeld	57	M	Seaford	NY	9:05	00:28:14.64
29	343/627	239/348	502	Kevin Tunney	59	M	Selden	NY	9:11	00:28:33.85
30	351/627	243/348	683	Mason Olds	55	M	Garden City	NY	9:15	00:28:47.40
31	367/627	253/348	307	Michael Marino	58	M	Garden City	NY	9:24	00:29:12.66
32	380/627	260/348	369	Ray Nieves	59	M	Westbury	NY	9:29	00:29:30.91
33	388/627	265/348	451	Marty Schimmele	55	M	Massapequa	NY	9:35	00:29:46.91
34	389/627	266/348	614	Stephen Gillespie	57	M	Locust Valley	NY	9:35	00:29:48.16
35	395/627	269/348	292	Dominick Logiudice	59	M	Patchogue	NY	9:42	00:30:09.41
36	400/627	270/348	177	Michael Garone	56	M	Commack	NY	9:44	00:30:17.52
37	429/627	282/348	95	Daniel Clements	59	M	Floral Park	NY	10:10	00:31:36.16
38	440/627	285/348	586	Joe Pickard	56	M	Oyster Bay	NY	10:20	00:32:07.86
39	454/627	292/348	702	Joseph Desena	58	M	Commack	NY	10:33	00:32:48.42
40	455/627	293/348	458	Isaac Seinuk	59	M	North Woodmere	NY	10:34	00:32:52.94
41	459/627	295/348	79	Ken Carmel	56	M	Ronkonkoma	NY	10:37	00:32:59.40
42	507/627	313/348	660	Mike Randone	58	M	Dix Hills	NY	11:25	00:35:29.49
43	508/627	314/348	615	Patrick Mccorey	58	M	Centereach	NY	11:30	00:35:46.91

# Rob's Run Cross Country 5K

November 27, 2016

## Overall Division Results

5K Run

### Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
44	511/627	315/348	397	Patrick Quinn	56	M	Syosset	NY	11:35	00:36:02.38
45	586/627	328/348	602	Steven Millon	57	M	East Meadow	NY	13:19	00:41:23.60
46	589/627	329/348	288	Thomas Linslata	56	M	Seaford	NY	13:29	00:41:55.00
47	610/627	337/348	412	Ivan Rey	58	M	Oceanside	NY	14:44	00:45:48.33

### Female Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	259/627	69/279	379	Linda Ottaviano	61	F	Cold Spring Harbor	NY	8:31	00:26:27.82
2	287/627	79/279	239	Lorraine Huether	60	F	Melville	NY	8:40	00:26:56.74
3	345/627	106/279	224	Janet Healy	63	F	Syosset	NY	9:12	00:28:37.68
4	419/627	140/279	282	Pamela Lee	63	F	Syosset	NY	10:01	00:31:08.33
5	435/627	152/279	528	Marianne Zacharia	61	F	East Northport	NY	10:13	00:31:45.58
6	452/627	161/279	424	Donna Rosen	60	F	Jericho	NY	10:33	00:32:47.81
7	493/627	188/279	262	Jane Kinsella	60	F	Hauppauge	NY	11:11	00:34:46.95
8	520/627	203/279	482	Joanne Styles	61	F	Centereach	NY	11:48	00:36:40.43
9	550/627	228/279	552	Janet Gogel	64	F	Manorvilleá	NY	12:25	00:38:36.79
10	557/627	234/279	473	Linda Spisto	62	F	Wantagh	NY	12:35	00:39:06.63
11	567/627	242/279	209	Sheryl Hall	64	F	Levittown	NY	12:50	00:39:54.50
12	569/627	244/279	74	Rosemary Camilleri	62	F	Sayville	NY	12:51	00:39:56.55
13	584/627	257/279	51	Margaret Boorstein	63	F	East Norwich	NY	13:17	00:41:19.24
14	585/627	258/279	608	Laura Pizzigati	62	F	Inwood	NY	13:19	00:41:22.86
15	605/627	270/279	327	Laurie Mcmillen	60	F	Sayville	NY	14:18	00:44:25.87

### Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	30/627	28/348	590	Eddie Reagan	60	M	Levittown	NY	6:22	00:19:48.10
2	43/627	39/348	606	Chris Webber	64	M	Sayville	NY	6:33	00:20:22.88
3	60/627	51/348	672	Bill Fisher	62	M	Levittown	NY	6:46	00:21:02.78
4	102/627	84/348	302	Brian Manghan	63	M	Wading River	NY	7:11	00:22:20.52
5	106/627	86/348	440	Paul Salerni	60	M	Little Neck	NY	7:13	00:22:28.27
6	123/627	99/348	632	Eddie Ward	61	M	West Hempstead	NY	7:26	00:23:07.80
7	134/627	105/348	225	Timothy Healy	61	M	Syosset	NY	7:32	00:23:24.87
8	152/627	117/348	66	Marty Brown	60	M	Malverne	NY	7:42	00:23:57.83
9	153/627	118/348	24	Jim Arnone	62	M	Westhampton	NY	7:43	00:23:58.65
10	181/627	137/348	298	Michael Ludwig	62	M	Rockville Centre	NY	7:57	00:24:42.55
11	191/627	143/348	524	Glen Wolther	60	M	Jericho	NY	8:00	00:24:51.39
12	227/627	172/348	275	Louis Lafleur	60	M	Holbrook	NY	8:18	00:25:49.40
13	231/627	176/348	611	Grant Radtke	61	M	East Meadow	NY	8:19	00:25:52.15
14	273/627	199/348	375	Michael Oliveri	62	M	Bayshore	NY	8:36	00:26:43.33
15	290/627	211/348	178	Ken Gartner	64	M	Merrick	NY	8:40	00:26:58.59
16	294/627	213/348	126	Drew Demasters	62	M	Westbury	NY	8:44	00:27:10.82
17	328/627	228/348	592	Robert Elsener	61	M	E.northport	NY	9:03	00:28:08.90
18	333/627	232/348	409	Larry Reiter	62	M	Babylon	NY	9:05	00:28:16.39
19	369/627	255/348	527	John Young	63	M	Ridgeidge	NY	9:24	00:29:15.32
20	436/627	284/348	124	Vincent O. Del-Cid	60	M	New Hyde Park	NY	10:14	00:31:48.77
21	441/627	286/348	324	James Mcdougall	61	M	Ronkonkoma	NY	10:23	00:32:16.39
22	505/627	311/348	344	Stephen Mighdoll	64	M	Roslyn	NY	11:20	00:35:13.67

# Rob's Run Cross Country 5K

November 27, 2016

## Overall Division Results

5K Run

### Female Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	401/627	131/279	521	Gloria Withus	66	F	Brentwood	NY	9:45	00:30:19.75
2	463/627	167/279	155	Anne Fitzgibbon	67	F	Glen Cove	NY	10:42	00:33:15.88
3	486/627	183/279	189	Abby Gonzalez	68	F	Dix Hills	NY	11:03	00:34:21.84
4	489/627	185/279	383	Elizabeth Penagos	68	F	Glen Cove	NY	11:08	00:34:37.92
5	534/627	215/279	697	June Zieve	66	F	Northport	NY	12:05	00:37:34.28
6	540/627	220/279	171	Rose Fulgieri	69	F	Bethpage	NY	12:15	00:38:04.72
7	582/627	256/279	81	Patricia Carroll	65	F	West Islip	NY	13:16	00:41:13.72
8	622/627	279/279	40	Sherry Bellovin	69	F	North Massapequa	NY	17:17	00:53:43.79

### Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	138/627	109/348	343	Dennis Michel	69	M	Sayville	NY	7:33	00:23:27.73
2	180/627	136/348	642	Alan Oman	67	M	Babylon	NY	7:56	00:24:41.95
3	204/627	154/348	308	Peter Martin	66	M	Bellmore	NY	8:04	00:25:06.60
4	222/627	169/348	278	Joe Landini	65	M	Smithtown	NY	8:17	00:25:45.20
5	236/627	179/348	587	Dan Kulchinsky	67	M	Dix Hills	NY	8:22	00:26:02.53
6	281/627	204/348	355	Glenn Morse	67	M	Massapequa	NY	8:38	00:26:50.85
7	282/627	205/348	246	Barry Jerson	68	M	Plainview	NY	8:38	00:26:51.70
8	301/627	219/348	623	George Lira	66	M	Southampton	NY	8:49	00:27:24.15
9	332/627	231/348	646	Lloyd Nadel	66	M	Glen Head	NY	9:05	00:28:14.64
10	336/627	235/348	202	Jaime Guachichullca	68	M	Selden	NY	9:08	00:28:23.13
11	406/627	274/348	188	Ehud Golos	66	M	East Hills	NY	9:49	00:30:31.41
12	448/627	289/348	607	James Pizzigatti	65	M	Inwood	NY	10:28	00:32:32.16
13	449/627	290/348	597	Paul Clough	67	M	Bellport	NY	10:29	00:32:36.66
14	461/627	296/348	354	Shawn Momtahan	68	M	Bay Shore	NY	10:38	00:33:02.42
15	506/627	312/348	454	David Schneidman	68	M	Melville	NY	11:22	00:35:20.92
16	560/627	324/348	476	Peter Stein	68	M	Rockville Centre	NY	12:41	00:39:25.57
17	562/627	325/348	213	Irwin Handburger	67	M	Syosset	NY	12:44	00:39:34.35
18	583/627	327/348	166	Stuart Frost	69	M	Great Neck	NY	13:16	00:41:13.91
19	598/627	334/348	254	John Kaufmann	68	M	Farmingdale	NY	13:57	00:43:21.39

### Female Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	450/627	160/279	598	Betty Horstmann	71	F	Bayport	NY	10:31	00:32:41.10
2	549/627	227/279	94	Helma Clavin	73	F	Lake Ronkonkoma	NY	12:21	00:38:25.22

### Male Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	240/627	182/348	281	Joseph Lazzaro	71	M	Ridge	NY	8:23	00:26:05.15
2	353/627	244/348	426	Vic Rossi	70	M	Hauppauge	NY	9:16	00:28:49.73
3	541/627	321/348	466	Frederick Smith	72	M	Hempstead	NY	12:15	00:38:04.96
4	600/627	335/348	342	Joseph Miccio	72	M	Sonoma	CA	13:59	00:43:28.88
5	620/627	342/348	500	Ed Trepper	71	M	Massapequa	NY	16:00	00:49:43.96

# Rob's Run Cross Country 5K

November 27, 2016

## Overall Division Results

5K Run

### Female Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	611/627	274/279	459	Kate Shreck	79	F	Centerport	NY	14:47	00:45:58.72

### Male Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	394/627	268/348	685	Joe Cordero	78	M	Central Islip	NY	9:42	00:30:08.91

### Male Ages 80 - 84

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	621/627	343/348	309	Frank Martin	81	M	West Bayshore	NY	17:04	00:53:03.21

### Male Ages 85 - 89

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	616/627	340/348	242	Bert Jablon	89	M	Syosset	NY	15:43	00:48:52.96
2	626/627	347/348	259	Howard Kestenbaum	85	M	Plainview	NY	18:46	00:58:20.48