

USAT Duathlon National Championship

June 25, 2016

Elite

Overall Results - Female

Place	No.	Name	S	Age	City	St.	----- RUN -----			T1	----- BIKE -----			T2	----- RUN -----			Penalty	Total Time
							Time	Plc	Pace		Time	Plc	Mph		Time	Plc	Pace		
1	8	Alycia Hill	F	28	Salt Lake City	UT	00:38:40	5	6:13	00:00:40	01:13:58	5	20.2	00:00:45	00:19:48	4	6:22		02:13:48.38
2	5	Sarah Graves	F	39	Ballantine	MT	00:38:38	4	6:12	00:00:50	01:14:56	6	19.9	00:00:47	00:19:41	3	6:19		02:14:50.10
3	6	Gina Horath	F	25	Aptos	CA	00:39:21	7	6:19	00:00:43	01:17:53	8	19.1	00:00:59	00:20:53	6	6:43		02:19:45.85
4	7	Amy Vantassel	F	40	Portland	OR	00:40:24	8	6:30	00:00:46	01:17:42	7	19.2	00:00:54	00:22:01	7	7:04	+00:06:00	02:27:43.85
5	9	Jasmine Carlson	F	31	Pueblo	CO	00:43:51	9	7:03	00:00:36	01:22:01	9	18.2	00:00:47	00:24:00	9	7:43		02:31:12.10

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- RUN -----			T1	----- BIKE -----			T2	----- RUN -----			Penalty	Total Time
							Time	Plc	Pace		Time	Plc	Mph		Time	Plc	Pace		
1	10	Matt Lieto	M	38	Bend	OR	00:35:45	3	5:45	00:00:33	01:01:30	1	24.2	00:00:43	00:20:19	5	6:32		01:58:47.55
2	1	Matthew Sheeks	M	33	Woodinville	WA	00:34:22	1	5:31	00:00:36	01:05:35	2	22.7	00:00:48	00:18:34	1	5:58		01:59:52.70
3	2	Patrick Parish	M	31	Minneapolis	MN	00:35:44	2	5:44	00:00:35	01:08:56	4	21.6	00:00:37	00:19:35	2	6:18		02:05:24.46
4	3	Andrew Fast	M	32	Woodinville	WA	00:39:04	6	6:17	00:00:40	01:07:43	3	22.0	00:00:50	00:22:59	8	7:23	+00:02:00	02:13:14.85