

# Aspire 10K Run

April 5, 2014

## Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
1	1/329	1/1	309	Chris Mammone	Male	30	Massapequa	NY	2	5:21	00:16:38.59	1	5:15	00:16:18.91	5:18	00:32:57.50
2	2/329	1/14	396	Michael Petrina	Male	28	Bayport	NY	1	5:18	00:16:30.81	2	5:18	00:16:30.33	5:18	00:33:01.10
3	3/329	1/10	966	Joseph Grieco	Male	22	Massapequa	NY	4	5:24	00:16:46.84	3	5:20	00:16:36.56	5:22	00:33:23.40
4	4/329	1/1	74	Boyd Carrington	Male	41	Amityville	NY	5	5:25	00:16:52.15	4	5:21	00:16:37.99	5:23	00:33:30.10
5	1/276	1/1	3	Leonora Petrina	Female	31	Bayport	NY	7	5:25	00:16:52.56	5	5:23	00:16:45.93	5:24	00:33:38.40
6	5/329	2/10	200	Dan Gargaro	Male	24	Bay Shore	NY	3	5:21	00:16:39.15	6	5:31	00:17:11.19	5:26	00:33:50.30
7	6/329	1/26	135	Franklin Diaz	Male	30	Farmingdale	NY	6	5:25	00:16:52.55	7	5:41	00:17:41.59	5:33	00:34:34.10
8	7/329	3/10	18	Billy Allen	Male	23	Farmingdale	NY	8	5:32	00:17:14.60	12	5:51	00:18:11.49	5:42	00:35:26.00
9	8/329	1/33	361	Timothy Murphy	Male	42	Ronkonkoma	NY	9	5:45	00:17:53.57	9	5:46	00:17:56.47	5:45	00:35:50.00
10	9/329	2/33	126	Robis Degirmenci	Male	44	Port Washington	NY	12	5:49	00:18:06.56	8	5:44	00:17:51.19	5:47	00:35:57.70
11	10/329	2/26	485	Ryan Soltan	Male	30	Holbrook	NY	11	5:48	00:18:01.74	11	5:51	00:18:11.02	5:49	00:36:12.70
12	11/329	3/33	442	Todd Rowley	Male	44	Huntington	NY	10	5:48	00:18:01.32	14	5:52	00:18:15.58	5:50	00:36:16.90
13	12/329	1/39	221	Keith Guilfoyle	Male	47	Commack	NY	13	5:53	00:18:16.98	10	5:49	00:18:04.90	5:51	00:36:21.80
14	13/329	4/10	32	Carlo Balbo	Male	24	Malverne	NY	15	5:55	00:18:25.30	13	5:51	00:18:12.01	5:53	00:36:37.30
15	14/329	3/26	575	Matthew Wontz	Male	30	Bethpage	NY	14	5:53	00:18:18.32	15	5:55	00:18:25.69	5:54	00:36:44.00
16	15/329	1/18	501	Michael Talles	Male	37	Bellmore	NY	18	6:09	00:19:08.79	16	6:02	00:18:46.11	6:06	00:37:54.90
17	2/276	1/26	536	Tara Wilson	Female	37	West Islip	NY	21	6:13	00:19:20.80	17	6:07	00:19:02.78	6:10	00:38:23.50
18	16/329	2/18	387	Jimmy Peck	Male	38	Huntington St	NY	17	6:05	00:18:54.32	25	6:19	00:19:38.99	6:12	00:38:33.30
19	17/329	1/50	122	Chris Daily	Male	54	Farmingdale	NY	22	6:16	00:19:28.71	18	6:12	00:19:16.94	6:14	00:38:45.60
20	18/329	2/50	2	Patrick Petersen	Male	54	East Islip	NY	23	6:16	00:19:29.32	19	6:13	00:19:21.69	6:15	00:38:51.00
21	19/329	3/18	224	Trent Hampton	Male	35	West Babylon	NY	19	6:12	00:19:17.57	26	6:20	00:19:40.93	6:16	00:38:58.50
22	20/329	3/50	465	Bill Schroeder	Male	53	Garden City	NY	26	6:19	00:19:39.50	20	6:14	00:19:24.46	6:17	00:39:03.90
23	21/329	2/39	633	Kieran Gibbons	Male	49	Northport	NY	25	6:19	00:19:38.69	22	6:18	00:19:34.96	6:18	00:39:13.60
24	22/329	1/55	432	Michael Robles	Male	55	Smithtown	NY	27	6:19	00:19:40.65	24	6:19	00:19:37.91	6:19	00:39:18.50
25	23/329	4/26	960	Steven Cuomo	Male	31	Shirley	NY	20	6:12	00:19:17.65	39	6:29	00:20:10.23	6:21	00:39:27.80
26	24/329	1/14	566	Chris Webber	Male	62	Sayville	NY	31	6:22	00:19:48.82	27	6:21	00:19:44.74	6:21	00:39:33.50
27	25/329	3/39	602	Steven Schmidt	Male	48	Greenlawn	NY	28	6:20	00:19:40.92	30	6:24	00:19:53.45	6:22	00:39:34.30
28	3/276	1/1	79	Marilyn Caulfield	Female	51	Oakdale	NY	29	6:20	00:19:42.75	33	6:24	00:19:56.08	6:22	00:39:38.80
29	4/276	1/30	391	Kelly Perno Grosser	Female	33	Seaford	NY	42	6:29	00:20:11.60	21	6:16	00:19:29.88	6:23	00:39:41.40
30	26/329	4/39	512	Stephen Uresk	Male	45	Greenlawn	NY	40	6:28	00:20:06.66	23	6:18	00:19:34.99	6:23	00:39:41.60
31	5/276	1/14	322	Kathryn Martin	Female	62	Northport	NY	35	6:23	00:19:51.94	32	6:24	00:19:54.92	6:24	00:39:46.80
32	27/329	4/33	519	Jeffrey Votteler	Male	42	Manorville	NY	33	6:23	00:19:50.70	34	6:26	00:19:59.90	6:24	00:39:50.60
33	28/329	5/33	178	Rob Festa	Male	42	Lindenhurst	NY	39	6:26	00:20:01.69	31	6:24	00:19:54.71	6:25	00:39:56.40
34	29/329	2/55	123	Ned Daily	Male	56	Garden City	NY	34	6:23	00:19:51.31	37	6:28	00:20:06.60	6:25	00:39:57.90
35	6/276	2/30	608	Jen Dagan	Female	30	North Attleboro	MA	32	6:22	00:19:49.82	41	6:30	00:20:11.95	6:26	00:40:01.70
36	30/329	4/18	303	Carl Lorenz	Male	35	Wantagh	NY	45	6:31	00:20:16.53	29	6:22	00:19:49.11	6:27	00:40:05.60

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									Place	Pace	Time	Place	Pace	Time	Pace	Time
37	31/329	2/14	385	Joshua Parsons	Male	29	Lynbrook	NY	37	6:24	00:19:55.57	40	6:29	00:20:10.88	6:27	00:40:06.40
38	32/329	6/33	157	Christopher Dycka	Male	42	Holtsville	NY	38	6:26	00:20:00.57	44	6:32	00:20:20.08	6:29	00:40:20.60
39	33/329	5/18	134	Richard Diamond	Male	38	Plainview	NY	52	6:37	00:20:35.45	28	6:22	00:19:48.87	6:30	00:40:24.30
40	34/329	5/39	128	Chris Delmedico	Male	47	Commack	NY	41	6:29	00:20:11.25	42	6:30	00:20:14.40	6:30	00:40:25.60
41	7/276	1/18	578	Katie Mcgrath	Female	29	Oakdale	NY	36	6:23	00:19:52.75	46	6:38	00:20:36.86	6:30	00:40:29.60
42	8/276	1/34	479	Jill Skelly	Female	50	Baldwin	NY	44	6:31	00:20:15.11	43	6:31	00:20:17.73	6:31	00:40:32.80
43	35/329	5/26	593	Ronald Joseph	Male	30	Far Rockaway	NY	24	6:18	00:19:36.56	52	6:46	00:21:03.17	6:32	00:40:39.70
44	36/329	6/39	601	Wayne Loveland	Male	45	Islip	NY	54	6:38	00:20:38.50	35	6:27	00:20:03.88	6:33	00:40:42.30
45	37/329	6/26	216	Louis Green	Male	34	Woodmere	NY	56	6:41	00:20:46.23	36	6:28	00:20:06.09	6:34	00:40:52.30
46	38/329	6/18	531	Steven Weiss	Male	37	Plainview	NY	48	6:32	00:20:18.32	45	6:37	00:20:35.83	6:34	00:40:54.10
47	39/329	7/33	576	Guy Leibstein	Male	44	Babylon	NY	47	6:32	00:20:18.17	48	6:40	00:20:43.89	6:36	00:41:02.00
48	40/329	8/33	507	Steven Toto	Male	40	Commack	NY	43	6:30	00:20:13.65	49	6:43	00:20:52.48	6:36	00:41:06.10
49	9/276	3/30	598	Allison Clark	Female	34	Hauppauge	NY	53	6:37	00:20:35.45	47	6:38	00:20:38.46	6:38	00:41:13.90
50	41/329	3/55	523	Jon Wallach	Male	57	Levittown	NY	50	6:36	00:20:30.77	54	6:46	00:21:04.38	6:41	00:41:35.10
51	42/329	4/55	184	Bill Fisher	Male	59	Levittown	NY	46	6:31	00:20:17.68	69	6:54	00:21:28.48	6:43	00:41:46.10
52	43/329	7/26	616	Tristan Brown	Male	30	Long Beach	NY	83	6:57	00:21:37.70	38	6:29	00:20:10.01	6:43	00:41:47.70
53	44/329	7/39	92	Brian Cloherty	Male	45	Roslyn Heights	NY	49	6:32	00:20:20.41	70	6:54	00:21:28.71	6:43	00:41:49.10
54	45/329	5/10	476	Ryan Siebert	Male	22	Patchogue	NY	16	6:02	00:18:47.66	121	7:25	00:23:05.50	6:44	00:41:53.10
55	10/276	1/37	125	Noni Degirmenci	Female	40	Port Washington	NY	51	6:36	00:20:32.19	68	6:54	00:21:27.22	6:45	00:41:59.40
56	11/276	4/30	394	Jessica Petrina	Female	32	Old Bethpage	NY	57	6:41	00:20:46.37	64	6:52	00:21:21.79	6:46	00:42:08.10
57	46/329	3/14	358	Taylor Mucaria	Male	26	Richmond Hill	NY	66	6:49	00:21:11.54	50	6:44	00:20:57.05	6:46	00:42:08.50
58	47/329	8/26	36	Matthew Baudier	Male	33	Northport	NY	63	6:48	00:21:08.59	51	6:45	00:21:00.81	6:47	00:42:09.40
59	48/329	5/55	179	Tod Fichtelberg	Male	55	Kings Park	NY	60	6:45	00:20:59.45	59	6:50	00:21:14.42	6:47	00:42:13.80
60	49/329	6/55	570	Diego Ferreyra	Male	55	New York	NY	61	6:46	00:21:01.49	58	6:49	00:21:13.39	6:47	00:42:14.80
61	50/329	4/50	47	Paul Bonanni	Male	53	Selden	NY	67	6:49	00:21:13.71	53	6:46	00:21:03.20	6:48	00:42:16.90
62	51/329	8/39	517	Arthur Vendryes	Male	45	Brooklyn	NY	69	6:50	00:21:15.93	55	6:46	00:21:04.45	6:48	00:42:20.30
63	52/329	5/50	237	William Herbert	Male	54	Smithtown	NY	71	6:51	00:21:19.18	57	6:49	00:21:10.95	6:50	00:42:30.10
64	53/329	9/33	557	Paul Giuliani	Male	44	E.northport	NY	58	6:43	00:20:55.19	77	6:58	00:21:39.18	6:51	00:42:34.30
65	54/329	9/26	324	Nathan Matsui	Male	34	Huntington Station	NY	74	6:52	00:21:21.82	60	6:50	00:21:15.81	6:51	00:42:37.60
66	12/276	2/34	447	Barbara Russo	Female	50	Sayville	NY	59	6:44	00:20:56.81	81	6:59	00:21:42.02	6:51	00:42:38.80
67	55/329	9/39	626	Keith Ferrara	Male	48	Farmingdale	NY	81	6:55	00:21:31.61	56	6:48	00:21:08.44	6:51	00:42:40.00
68	56/329	7/55	143	Patrick Diskin	Male	58	Mineola	NY	79	6:53	00:21:26.29	61	6:51	00:21:19.37	6:52	00:42:45.60
69	13/276	5/30	127	Cristin Delaney-Guille	Female	32	Long Beach	NY	80	6:55	00:21:29.55	62	6:52	00:21:20.44	6:53	00:42:49.90
70	57/329	10/33	242	Lance Homan	Male	41	Medford	NY	78	6:53	00:21:24.58	66	6:53	00:21:25.59	6:53	00:42:50.10
71	58/329	10/39	609	John Infranca	Male	47	Glen Cove	NY	68	6:50	00:21:15.70	76	6:57	00:21:36.32	6:53	00:42:52.00
72	59/329	8/55	235	Timothy Healy	Male	58	Syosset	NY	76	6:52	00:21:22.43	74	6:56	00:21:33.87	6:54	00:42:56.30

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									Place	Pace	Time	Place	Pace	Time	Pace	Time
73	60/329	11/39	192	Eric Friedman	Male	48	Merrick	NY	64	6:48	00:21:10.43	82	7:00	00:21:46.88	6:54	00:42:57.30
74	14/276	6/30	436	Shari Klarfeld	Female	33	Plainview	NY	55	6:39	00:20:41.54	99	7:10	00:22:16.78	6:54	00:42:58.30
75	61/329	1/13	464	Jared Schneider	Male	34	Stony Brook	NY	87	6:58	00:21:40.82	63	6:52	00:21:21.56	6:55	00:43:02.30
76	62/329	10/26	581	Robbie Rex	Male	32	Islip Terrace	NY	86	6:58	00:21:40.69	67	6:53	00:21:25.95	6:56	00:43:06.60
77	63/329	9/55	113	Alex Cuzzo	Male	56	Bellmore	NY	84	6:57	00:21:38.70	71	6:54	00:21:28.71	6:56	00:43:07.40
78	64/329	11/26	155	David Drebsky	Male	33	Plainview	NY	70	6:51	00:21:18.96	85	7:01	00:21:50.93	6:56	00:43:09.80
79	15/276	1/11	329	Paige Mcatee	Female	23	Massapequa	NY	82	6:57	00:21:36.89	75	6:56	00:21:34.21	6:56	00:43:11.10
80	65/329	6/50	53	K.c. Brett	Male	53	Port Jefferson Sta.	NY	75	6:52	00:21:22.21	83	7:01	00:21:49.30	6:57	00:43:11.50
81	66/329	7/50	615	Bernardo Castellanos	Male	50	Brooklyn	NY	77	6:53	00:21:23.42	86	7:02	00:21:52.14	6:57	00:43:15.50
82	67/329	11/33	641	Hector Jaramillo	Male	42	Baldwin	NY	90	7:00	00:21:45.15	73	6:55	00:21:32.44	6:58	00:43:17.50
83	68/329	12/39	352	Robert Mittleman	Male	49	Syosset	NY	85	6:57	00:21:38.72	79	6:58	00:21:40.28	6:58	00:43:19.00
84	69/329	13/39	307	Steven Lutz	Male	46	Melville	NY	72	6:52	00:21:21.15	93	7:07	00:22:07.51	6:59	00:43:28.60
85	16/276	1/4	152	Lauren Dorsky	Female	18	Huntington	NY	73	6:52	00:21:21.22	94	7:08	00:22:10.37	7:00	00:43:31.50
86	70/329	10/55	302	Ronald Lipsky	Male	58	Franklin Square	NY	89	6:59	00:21:44.22	84	7:01	00:21:49.79	7:00	00:43:34.00
87	71/329	11/55	539	Jerry Wosleger	Male	55	Rockville Centre	NY	107	7:13	00:22:26.46	65	6:53	00:21:23.95	7:03	00:43:50.40
88	72/329	6/10	529	Louden Webster	Male	21	Smithtown	NY	96	7:08	00:22:12.45	80	6:58	00:21:41.69	7:03	00:43:54.10
89	73/329	12/55	29	Mike Baard	Male	58	Merrick	NY	88	6:58	00:21:41.14	96	7:09	00:22:15.22	7:04	00:43:56.30
90	74/329	1/3	376	John O'neill	Male	13	Center Moriches	NY	99	7:10	00:22:18.13	78	6:58	00:21:39.48	7:04	00:43:57.60
91	75/329	1/10	91	John Clifford	Male	52	Seaford	NY	92	7:03	00:21:56.81	91	7:06	00:22:05.26	7:05	00:44:02.00
92	76/329	12/33	636	Jason Israel	Male	44	Syosset	NY	91	7:01	00:21:48.47	97	7:09	00:22:15.42	7:05	00:44:03.80
93	77/329	4/14	73	Andrew Carrig	Male	27	North Babylon	NY	115	7:17	00:22:38.27	72	6:54	00:21:28.87	7:05	00:44:07.10
94	17/276	3/34	139	Joanne Digraziano	Female	50	Smithtown	NY	98	7:10	00:22:17.93	87	7:02	00:21:52.25	7:06	00:44:10.10
95	78/329	8/50	328	Bill Mazza	Male	51	West Gilgo Beach	NY	94	7:04	00:21:59.48	102	7:11	00:22:20.62	7:08	00:44:20.10
96	79/329	12/26	310	Michael Mandato	Male	34	Northport	NY	100	7:10	00:22:18.53	90	7:05	00:22:02.38	7:08	00:44:20.90
97	18/276	2/37	151	Kathy Dormer	Female	44	Williston Park	NY	109	7:13	00:22:27.27	88	7:03	00:21:56.69	7:08	00:44:23.90
98	80/329	14/39	452	James Sanderson	Male	48	Nesconset	NY	108	7:13	00:22:26.86	89	7:04	00:21:59.05	7:09	00:44:25.90
99	81/329	9/50	639	Jeff Berg	Male	51	Westbury	NY	97	7:10	00:22:17.73	95	7:09	00:22:14.73	7:10	00:44:32.40
100	82/329	7/18	55	Romulo Brito	Male	36	Hempsteda	NY	95	7:08	00:22:11.57	103	7:13	00:22:27.38	7:11	00:44:38.90
101	83/329	10/50	333	Terence Mccormick	Male	53	Lindenhurst	NY	104	7:12	00:22:22.81	101	7:11	00:22:19.35	7:11	00:44:42.10
102	19/276	1/23	253	Charlotte Johnson	Female	46	Port Jefferson Stati	NY	110	7:14	00:22:30.32	100	7:10	00:22:17.09	7:12	00:44:47.40
103	84/329	11/50	281	Kurt Laforest	Male	53	Middle Island	NY	101	7:11	00:22:19.71	104	7:14	00:22:28.57	7:12	00:44:48.20
104	20/276	2/26	585	Megan Mcnew	Female	35	Baltimore	MD	103	7:11	00:22:21.79	105	7:14	00:22:29.12	7:13	00:44:50.90
105	85/329	2/10	433	David Rockitter	Male	51	Wantagh	NY	93	7:04	00:21:59.27	117	7:24	00:23:02.23	7:14	00:45:01.50
106	86/329	13/26	46	Daniel Boline	Male	33	Port Jefferson Stati	NY	62	6:47	00:21:07.58	151	7:42	00:23:57.97	7:15	00:45:05.50
107	87/329	1/4	227	Erik Hansen	Male	16	Centerport	NY	127	7:26	00:23:07.78	92	7:06	00:22:06.32	7:16	00:45:14.10
108	88/329	2/14	618	Jay Byrne	Male	60	Massapequa	NY	113	7:16	00:22:35.00	108	7:19	00:22:45.78	7:17	00:45:20.70

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109	21/276	2/11	622	Jessica Lester	Female	24	Long Beach	NY	111	7:15	00:22:33.17	110	7:21	00:22:52.74	7:18	00:45:25.90
110	89/329	1/12	509	Joe Tumbarello	Male	70	Glen Cove	NY	105	7:12	00:22:24.30	119	7:25	00:23:04.36	7:19	00:45:28.60
111	22/276	1/33	632	Dolores Doman	Female	57	Dix Hills	NY	114	7:16	00:22:36.43	114	7:23	00:22:58.53	7:20	00:45:34.90
112	90/329	13/33	589	Matthew Conroy	Male	44	Garden City	NY	102	7:11	00:22:20.73	127	7:29	00:23:16.68	7:20	00:45:37.40
113	23/276	3/26	582	Jamie Guzman	Female	37	Commack	NY	116	7:18	00:22:43.71	112	7:22	00:22:55.32	7:20	00:45:39.00
114	91/329	5/14	188	Curtis Fotiades	Male	27	Port Jefferson	NY	121	7:23	00:22:58.22	107	7:18	00:22:41.84	7:20	00:45:40.00
115	24/276	3/11	290	Michelle Lavin	Female	22	Seaford	NY	112	7:15	00:22:33.37	126	7:29	00:23:16.29	7:22	00:45:49.60
116	25/276	7/30	118	Noelle Cutter	Female	32	Farmingdale	NY	123	7:24	00:23:01.47	111	7:22	00:22:54.44	7:23	00:45:55.90
117	92/329	2/4	958	Joseph Choinski	Male	19	E.northport	NY	125	7:25	00:23:04.82	116	7:24	00:23:00.20	7:24	00:46:05.00
118	26/276	2/4	54	Alison Briggs	Female	16	Commack	NY	106	7:12	00:22:25.24	141	7:37	00:23:41.92	7:25	00:46:07.10
119	27/276	4/34	276	Torie Kramer	Female	50	Northport	NY	130	7:27	00:23:08.99	122	7:26	00:23:08.17	7:26	00:46:17.10
120	93/329	8/18	382	Joseph Pappalardo	Male	36	N. Massapequa	NY	168	7:44	00:24:02.47	98	7:09	00:22:15.45	7:27	00:46:17.90
121	94/329	12/50	306	Andrew Lupu	Male	52	North Bellmore	NY	117	7:20	00:22:49.26	136	7:33	00:23:29.91	7:27	00:46:19.10
122	95/329	14/33	374	Tim Oleary	Male	44	East Meadow	NY	145	7:33	00:23:30.35	109	7:21	00:22:52.32	7:27	00:46:22.60
123	96/329	15/33	491	Michael Starr	Male	44	Plainview	NY	122	7:24	00:23:00.83	133	7:31	00:23:23.48	7:28	00:46:24.30
124	28/276	5/34	97	Karen Conkling	Female	51	Massapequa	NY	129	7:26	00:23:08.80	129	7:29	00:23:17.54	7:28	00:46:26.30
125	97/329	13/50	354	Bob Monaco	Male	50	Woodbury	NY	142	7:33	00:23:27.73	115	7:23	00:22:59.19	7:28	00:46:26.90
126	98/329	15/39	278	Christopher Lacey	Male	47	Nesconset	NY	146	7:34	00:23:31.56	113	7:23	00:22:56.41	7:28	00:46:27.90
127	29/276	4/11	972	Sarah Kirsch	Female	24	Setauket	NY	119	7:23	00:22:57.20	137	7:34	00:23:33.62	7:29	00:46:30.80
128	99/329	6/14	506	Ruben Torres	Male	27	Flushing	NY	132	7:27	00:23:11.82	130	7:30	00:23:21.03	7:29	00:46:32.80
129	30/276	4/26	623	Maria Smit	Female	37	Syosset	NY	149	7:34	00:23:32.98	118	7:25	00:23:03.92	7:30	00:46:36.90
130	100/329	16/39	19	Fred Altrui	Male	49	Patchogue	NY	143	7:33	00:23:28.73	123	7:26	00:23:08.36	7:30	00:46:37.00
131	31/276	8/30	129	Kelly Demeri	Female	34	Massapequa Park	NY	138	7:32	00:23:26.31	125	7:27	00:23:11.60	7:30	00:46:37.90
132	101/329	14/50	269	Konrad Klechta	Male	52	Copiague	NY	137	7:31	00:23:24.36	128	7:29	00:23:16.80	7:30	00:46:41.10
133	102/329	16/33	508	Robert Trefcer	Male	44	Bellmore	NY	134	7:30	00:23:20.19	131	7:31	00:23:21.98	7:30	00:46:42.10
134	103/329	13/55	335	Brian McNally	Male	55	Northport	NY	150	7:34	00:23:33.19	124	7:27	00:23:09.98	7:31	00:46:43.10
135	104/329	17/39	165	Paul Englehart	Male	48	Baldwin	NY	172	7:46	00:24:09.57	106	7:15	00:22:34.22	7:31	00:46:43.70
136	105/329	18/39	571	Michael Russell	Male	48	Nesconset	NY	124	7:25	00:23:03.49	143	7:37	00:23:42.93	7:31	00:46:46.40
137	32/276	2/18	588	Lisa Bonanni	Female	27	Selden	NY	139	7:32	00:23:26.93	134	7:32	00:23:25.60	7:32	00:46:52.50
138	106/329	14/55	369	Joseph Ninesling	Male	59	Amityville	NY	144	7:33	00:23:29.57	132	7:31	00:23:23.10	7:32	00:46:52.60
139	107/329	15/55	969	Brian Gunderson	Male	55	Medford	NY	128	7:26	00:23:07.99	146	7:39	00:23:46.18	7:32	00:46:54.10
140	108/329	17/33	308	Pete Mahnken	Male	41	Bayside	NY	118	7:23	00:22:56.80	152	7:43	00:24:01.03	7:33	00:46:57.80
141	33/276	2/23	456	Patty Santella	Female	46	Syosset	NY	120	7:23	00:22:58.21	157	7:46	00:24:07.95	7:34	00:47:06.10
142	109/329	15/50	228	Flemming Hansen	Male	50	Centerport	NY	133	7:28	00:23:12.82	149	7:41	00:23:53.85	7:34	00:47:06.60
143	110/329	16/50	245	Michael Hunter	Male	52	N. Merrick	NY	136	7:31	00:23:23.24	144	7:38	00:23:43.93	7:34	00:47:07.10
144	34/276	3/23	259	Yuri Karasz	Female	47	Mineola	NY	153	7:35	00:23:34.82	138	7:35	00:23:34.78	7:35	00:47:09.60

# Aspire 10K Run

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## Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
145	35/276	2/33	378	Linda Ottaviano	Female	58	Cold Spring Harbor	NY	131	7:27	00:23:11.21	154	7:44	00:24:02.25	7:35	00:47:13.40
146	36/276	3/33	484	Kim Solomine	Female	56	Syosset	NY	157	7:36	00:23:37.57	139	7:36	00:23:37.92	7:36	00:47:15.40
147	111/329	16/55	279	Louis Lafleur	Male	58	Holbrook	NY	140	7:32	00:23:27.11	150	7:42	00:23:56.90	7:37	00:47:24.00
148	112/329	7/14	78	Danny Castellano	Male	25	Ridge	NY	147	7:34	00:23:31.77	148	7:41	00:23:53.05	7:37	00:47:24.80
149	113/329	19/39	223	Paul Hammond	Male	46	North Merrick	NY	135	7:31	00:23:22.57	156	7:44	00:24:04.35	7:38	00:47:26.90
150	114/329	18/33	498	Jason Straus	Male	40	Plainview	NY	155	7:35	00:23:36.22	147	7:40	00:23:51.63	7:38	00:47:27.80
151	115/329	17/50	95	Dave Coletti	Male	54	Dix Hills	NY	141	7:33	00:23:27.53	153	7:44	00:24:01.89	7:38	00:47:29.40
152	37/276	3/37	326	Aimee May	Female	42	Rockville Centre	NY	126	7:25	00:23:05.11	171	7:52	00:24:27.01	7:38	00:47:32.10
153	116/329	1/16	252	Barry Jerson	Male	66	Plainview	NY	160	7:40	00:23:51.83	140	7:37	00:23:40.48	7:39	00:47:32.30
154	117/329	18/50	565	Neil Ferrara	Male	52	Oceanside	NY	159	7:40	00:23:49.58	145	7:38	00:23:45.59	7:39	00:47:35.10
155	118/329	19/50	176	Frank Favilla	Male	51	Bethpage	NY	164	7:43	00:23:59.40	142	7:37	00:23:42.27	7:40	00:47:41.60
156	38/276	4/37	332	Bridget Mccann	Female	40	Long Beach	NY	148	7:34	00:23:32.57	159	7:46	00:24:10.52	7:40	00:47:43.00
157	39/276	5/37	131	Mary-Jo Depaoli	Female	40	Hicksville	NY	151	7:34	00:23:33.58	161	7:47	00:24:11.33	7:41	00:47:44.90
158	40/276	5/26	424	Amy Regis	Female	38	Westbury	NY	176	7:49	00:24:19.85	135	7:32	00:23:27.30	7:41	00:47:47.10
159	119/329	3/10	190	Paul Franciotti	Male	59	East Meadow	NY	152	7:35	00:23:33.79	163	7:47	00:24:13.57	7:41	00:47:47.30
160	120/329	14/26	619	Nick Teslik	Male	32	Hoboken	NJ	193	8:00	00:24:51.58	120	7:25	00:23:04.52	7:42	00:47:56.10
161	41/276	6/26	624	Barbara Moskowit	Female	37	Plainview	NY	158	7:39	00:23:46.58	162	7:47	00:24:13.37	7:43	00:47:59.90
162	42/276	6/34	166	Tracey Epstein	Female	53	Smithtown	NY	167	7:43	00:24:00.83	164	7:47	00:24:13.59	7:45	00:48:14.40
163	121/329	2/3	460	Christian Schiavone	Male	13	Plainview	NY	171	7:46	00:24:08.95	158	7:46	00:24:09.47	7:46	00:48:18.40
164	43/276	6/37	461	Andrea Schieck	Female	40	West Sayville	NY	169	7:45	00:24:06.76	165	7:48	00:24:15.73	7:47	00:48:22.40
165	122/329	2/13	254	Rick Johnson	Male	56	Kings Park	NY	165	7:43	00:23:59.81	170	7:51	00:24:25.91	7:47	00:48:25.70
166	44/276	7/34	488	Adriana Staiano	Female	51	East Meadow	NY	154	7:35	00:23:35.33	190	8:00	00:24:54.07	7:48	00:48:29.40
167	123/329	17/55	248	Peter Inserra	Male	56	Fort Salonga	NY	179	7:51	00:24:24.33	160	7:46	00:24:10.59	7:49	00:48:34.90
168	45/276	3/18	418	Kristen Randone	Female	25	Huntington Station	NY	166	7:43	00:23:59.81	178	7:56	00:24:39.52	7:49	00:48:39.30
169	46/276	7/37	101	Michelle Copertino	Female	42	Kings Park	NY	180	7:52	00:24:27.25	166	7:48	00:24:17.14	7:50	00:48:44.30
170	47/276	8/37	553	Stacey Herschmann	Female	42	Levittown	NY	183	7:52	00:24:29.30	167	7:49	00:24:19.56	7:51	00:48:48.80
171	124/329	2/16	312	Austin Manghan	Male	65	Shoreham	NY	170	7:45	00:24:06.92	180	7:57	00:24:43.17	7:51	00:48:50.00
172	125/329	19/33	403	Gary Plotkin	Male	40	Manhasset	NY	181	7:52	00:24:28.27	169	7:50	00:24:23.24	7:51	00:48:51.50
173	126/329	18/55	334	James Mcfarlane	Male	58	Ridgewood	NY	162	7:42	00:23:57.85	191	8:01	00:24:55.07	7:51	00:48:52.90
174	48/276	4/23	489	Maureen Stammers Janz	Female	48	Huntington Station	NY	173	7:47	00:24:13.43	179	7:57	00:24:43.16	7:52	00:48:56.50
175	49/276	9/30	579	Rita Saminkas	Female	34	Greenlawn	NY	178	7:51	00:24:24.10	176	7:54	00:24:35.12	7:52	00:48:59.20
176	127/329	3/14	171	Scott Fairgrieve	Male	63	Mineola	NY	184	7:53	00:24:32.13	173	7:52	00:24:28.29	7:53	00:49:00.40
177	128/329	9/18	291	Alberto Leal	Male	39	Brentwood	NY	156	7:35	00:23:36.42	207	8:11	00:25:26.04	7:53	00:49:02.40
178	129/329	4/10	606	Barry Molof	Male	34	Plainview	NY	191	7:58	00:24:46.57	168	7:50	00:24:22.57	7:54	00:49:09.10
179	130/329	20/39	28	Lance Axelrod	Male	49	Merrick	NY	174	7:47	00:24:13.84	193	8:01	00:24:56.92	7:54	00:49:10.70
180	131/329	19/55	84	Stephen Cipot Iii	Male	56	Garden City Park	NY	186	7:54	00:24:34.56	177	7:55	00:24:38.36	7:55	00:49:12.90

# Aspire 10K Run

April 5, 2014

## Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
181	132/329	20/33	298	Rob Levy	Male	42	Plainview	NY	177	7:50	00:24:21.16	187	8:00	00:24:52.01	7:55	00:49:13.10
182	133/329	20/55	305	Michael Ludwig	Male	59	Rockville Centre	NY	161	7:41	00:23:52.68	205	8:10	00:25:24.98	7:55	00:49:17.60
183	50/276	9/37	503	Jenney Tesoriero	Female	43	Westbury	NY	203	8:08	00:25:16.32	155	7:44	00:24:03.85	7:56	00:49:20.10
184	134/329	8/14	191	Marc Frenkel	Male	28	North Woodmere	NY	175	7:48	00:24:15.67	199	8:08	00:25:17.02	7:58	00:49:32.60
185	135/329	20/50	614	Edward Marian	Male	53	Huntington St	NY	189	7:58	00:24:45.56	186	7:59	00:24:51.11	7:59	00:49:36.60
186	51/276	5/11	320	Caitlin Martin	Female	22	Smithtown	NY	200	8:05	00:25:07.33	175	7:53	00:24:29.83	7:59	00:49:37.10
187	52/276	1/16	238	Kelly Herlihy	Female	30	Huntington Station	NY	188	7:57	00:24:43.53	189	8:00	00:24:54.04	7:59	00:49:37.50
188	53/276	10/37	520	Jennifer Wagner	Female	40	Island Park	NY	195	8:01	00:24:54.72	182	7:57	00:24:44.66	7:59	00:49:39.30
189	136/329	21/33	37	Benjamin Beavers	Male	40	North Amityville	NY	163	7:43	00:23:59.20	222	8:20	00:25:54.63	8:01	00:49:53.80
190	137/329	21/39	638	Andrew Pesner	Male	46	Melville	NY	209	8:11	00:25:26.71	172	7:52	00:24:27.46	8:01	00:49:54.10
191	138/329	21/55	323	Frank Martinez	Male	57	Commack	NY	187	7:55	00:24:35.99	206	8:10	00:25:25.14	8:02	00:50:01.10
192	54/276	7/26	562	Heather Ackerly	Female	37	Folden	NY	204	8:08	00:25:16.58	188	8:00	00:24:52.84	8:04	00:50:09.40
193	139/329	22/55	106	Jerry Crennan	Male	56	Patchogue	NY	221	8:16	00:25:42.55	174	7:52	00:24:28.33	8:04	00:50:10.80
194	140/329	2/12	587	Maury Dean	Male	71	Patchogue	NY	199	8:02	00:24:59.39	197	8:06	00:25:11.89	8:04	00:50:11.20
195	141/329	7/10	215	Peter Gorski	Male	21	Brooklyn	NY	207	8:10	00:25:24.58	184	7:58	00:24:47.31	8:04	00:50:11.80
196	55/276	5/23	313	Lori Mangual	Female	49	Merrick	NY	190	7:58	00:24:45.97	208	8:11	00:25:26.92	8:04	00:50:12.80
197	142/329	21/50	246	Dean Hutchinson	Male	52	Long Beach	NY	212	8:12	00:25:28.73	183	7:58	00:24:46.59	8:05	00:50:15.30
198	56/276	11/37	457	Stephanie Saraceni	Female	42	Lake Ronkonkoma	NY	196	8:01	00:24:54.79	204	8:10	00:25:24.80	8:05	00:50:19.50
199	143/329	22/39	150	James Donnelly	Male	47	Stony Brook	NY	214	8:14	00:25:36.44	181	7:57	00:24:44.23	8:06	00:50:20.60
200	144/329	3/12	186	Michael Floman	Male	70	Bayside	NY	201	8:05	00:25:08.55	201	8:08	00:25:18.94	8:07	00:50:27.40
201	145/329	10/18	68	Marvin Canita	Male	37	East Meadow	NY	223	8:16	00:25:42.79	185	7:59	00:24:48.79	8:07	00:50:31.50
202	57/276	4/33	288	Judith Latta	Female	59	Garden City	NY	215	8:14	00:25:37.25	192	8:01	00:24:55.96	8:08	00:50:33.20
203	146/329	5/10	60	Alex Bryer	Male	29	Rego Park	NY	211	8:12	00:25:28.73	195	8:05	00:25:08.13	8:08	00:50:36.80
204	147/329	22/50	208	Daniel Goldstein	Male	52	Huntington St	NY	197	8:01	00:24:55.13	215	8:16	00:25:42.54	8:08	00:50:37.60
205	58/276	6/23	182	Dianne Finneran	Female	48	Smithtown	NY	192	8:00	00:24:51.58	218	8:18	00:25:50.09	8:09	00:50:41.60
206	59/276	2/14	371	Catherine Oehrlein	Female	60	Northport	NY	219	8:15	00:25:40.11	194	8:03	00:25:01.81	8:09	00:50:41.90
207	148/329	15/26	976	Ed Rambarran	Male	31	Middle Island	NY	213	8:13	00:25:32.79	196	8:05	00:25:09.34	8:09	00:50:42.10
208	60/276	12/37	472	Leah Serlin	Female	42	Dix Hills	NY	208	8:11	00:25:26.30	200	8:08	00:25:17.63	8:09	00:50:43.90
209	149/329	23/55	392	Eric Perrotta	Male	58	Massapequa	NY	182	7:52	00:24:28.87	232	8:27	00:26:15.69	8:09	00:50:44.50
210	150/329	23/39	481	Robert Smith	Male	45	Northport	NY	194	8:00	00:24:51.84	223	8:21	00:25:56.99	8:10	00:50:48.80
211	151/329	23/50	513	Victor Usack	Male	54	Patchogue	NY	185	7:54	00:24:33.82	251	8:33	00:26:35.31	8:13	00:51:09.10
212	152/329	9/14	141	Frank Dirocco	Male	27	South Huntington	NY	218	8:15	00:25:39.49	210	8:12	00:25:31.06	8:14	00:51:10.50
213	61/276	13/37	273	Lisa Komnik	Female	41	Patchogue	NY	222	8:16	00:25:42.55	209	8:12	00:25:30.85	8:14	00:51:13.40
214	62/276	5/33	58	Jodi Brodsky	Female	59	Atlantic Beach	NY	206	8:08	00:25:18.58	224	8:22	00:26:00.84	8:15	00:51:19.40
215	153/329	16/26	505	Peter Tonna	Male	32	Huntington Station	NY	225	8:16	00:25:43.56	214	8:14	00:25:37.56	8:15	00:51:21.10
216	154/329	17/26	347	Rob Miller	Male	34	Wantagh	NY	205	8:08	00:25:17.11	227	8:24	00:26:07.04	8:16	00:51:24.10

# Aspire 10K Run

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## Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
217	155/329	24/39	521	Ben Walden	Male	46	Centerport	NY	198	8:02	00:24:58.33	239	8:30	00:26:26.24	8:16	00:51:24.50
218	156/329	11/18	547	Mike Whitman	Male	37	Hicksville	NY	235	8:26	00:26:14.83	198	8:07	00:25:15.82	8:17	00:51:30.60
219	63/276	4/18	359	Aldred Munyeneh	Female	25	Absecon	NJ	224	8:16	00:25:42.96	217	8:18	00:25:49.71	8:17	00:51:32.60
220	64/276	8/34	635	Kat Hankinson	Female	50	Huntington	NY	227	8:18	00:25:48.42	216	8:17	00:25:45.01	8:17	00:51:33.40
221	65/276	14/37	296	Danielle Leong	Female	42	Commack	NY	220	8:15	00:25:40.51	221	8:20	00:25:54.62	8:18	00:51:35.10
222	157/329	18/26	153	George Drakatos	Male	34	Bethpage	NY	237	8:29	00:26:22.83	202	8:09	00:25:20.35	8:19	00:51:43.10
223	158/329	24/55	591	Robert Elsener	Male	59	East Northport	NY	202	8:06	00:25:11.90	249	8:32	00:26:33.53	8:19	00:51:45.40
224	159/329	24/50	594	Steven Fischbach	Male	50	Lake Ronkonkoma	NY	228	8:18	00:25:49.27	226	8:23	00:26:05.13	8:21	00:51:54.40
225	66/276	8/26	574	Michelle Durso	Female	37	East Meadow	NY	241	8:31	00:26:29.55	212	8:13	00:25:34.62	8:22	00:52:04.10
226	67/276	9/34	103	Sue Corrie	Female	53	New Hyde Park	NY	231	8:23	00:26:03.93	229	8:26	00:26:12.63	8:24	00:52:16.50
227	68/276	6/33	628	Vicki Fox	Female	55	Huntington	NY	226	8:18	00:25:48.42	243	8:31	00:26:28.26	8:24	00:52:16.60
228	160/329	25/39	377	Richard O'Neill	Male	47	Center Moriches	NY	230	8:23	00:26:03.83	231	8:26	00:26:15.15	8:25	00:52:18.90
229	161/329	3/16	194	David Frisone	Male	69	New Hyde Park	NY	210	8:11	00:25:27.93	257	8:38	00:26:51.25	8:25	00:52:19.10
230	162/329	4/14	255	Steve Jonas	Male	62	Woodbury	NY	236	8:28	00:26:19.17	225	8:23	00:26:04.75	8:25	00:52:23.90
231	163/329	25/50	399	Tony Pezzano	Male	50	Huntington	NY	232	8:25	00:26:09.20	235	8:27	00:26:18.09	8:26	00:52:27.20
232	164/329	26/50	76	Michael Casale	Male	53	North Bellmore	NY	267	8:43	00:27:05.78	203	8:10	00:25:24.40	8:26	00:52:30.10
233	69/276	10/34	363	Eve Nebenhaus	Female	53	Manhasset	NY	217	8:15	00:25:38.88	259	8:39	00:26:53.72	8:27	00:52:32.60
234	165/329	27/50	364	Harlan Nebenhaus	Male	54	Manhasset	NY	240	8:30	00:26:26.94	233	8:27	00:26:16.19	8:29	00:52:43.10
235	166/329	25/55	1	Glen Wolther	Male	57	Woodbury	NY	245	8:32	00:26:31.38	230	8:26	00:26:13.16	8:29	00:52:44.50
236	167/329	1/6	226	Jack Hanley	Male	78	Babylon	NY	268	8:44	00:27:08.22	213	8:14	00:25:36.46	8:29	00:52:44.60
237	70/276	9/26	56	Irena Brobston	Female	39	Oceanside	NY	261	8:38	00:26:52.30	220	8:19	00:25:53.26	8:29	00:52:45.50
238	168/329	28/50	61	Martin Buchman	Male	54	Setauket	NY	244	8:32	00:26:30.83	234	8:27	00:26:16.54	8:29	00:52:47.30
239	169/329	26/55	384	Russell Parker	Male	58	East Northport	NY	238	8:29	00:26:23.33	237	8:29	00:26:24.44	8:29	00:52:47.70
240	170/329	10/14	282	James Lally	Male	28	Port Washington	NY	269	8:46	00:27:14.82	211	8:13	00:25:33.57	8:29	00:52:48.30
241	171/329	27/55	147	Daniel Doman	Male	57	Dix Hills	NY	233	8:26	00:26:12.33	253	8:34	00:26:37.85	8:30	00:52:50.10
242	172/329	28/55	368	Ray Nieves	Male	56	Westbury	NY	266	8:42	00:27:01.89	219	8:18	00:25:50.29	8:30	00:52:52.10
243	71/276	7/33	620	Fay Martins	Female	55	Great Neck	NY	247	8:32	00:26:33.22	238	8:30	00:26:24.76	8:31	00:52:57.90
244	173/329	3/13	605	George Lira	Male	64	Southampton	NY	229	8:21	00:25:58.44	265	8:41	00:26:59.95	8:31	00:52:58.30
245	72/276	15/37	11	Jennifer Adelberg	Female	40	Saint James	NY	255	8:37	00:26:47.83	228	8:25	00:26:11.57	8:31	00:52:59.40
246	174/329	4/13	33	Richard Barkan	Male	49	Long Beach	NY	248	8:34	00:26:38.82	244	8:31	00:26:28.30	8:32	00:53:07.10
247	73/276	6/11	597	Gabrielle Andersen	Female	24	Babylon	NY	250	8:35	00:26:41.57	245	8:31	00:26:28.61	8:33	00:53:10.10
248	74/276	3/14	294	Pamela Lee	Female	60	Syosset	NY	246	8:32	00:26:32.40	255	8:35	00:26:40.42	8:33	00:53:12.80
249	175/329	5/13	551	John Stauber	Male	53	Massapequa	NY	258	8:37	00:26:48.48	241	8:31	00:26:27.95	8:34	00:53:16.40
250	75/276	16/37	607	Kristin Campisi	Female	40	Saint James	NY	260	8:38	00:26:51.31	246	8:31	00:26:29.12	8:35	00:53:20.40
251	76/276	10/26	561	Stacy Ackerman	Female	37	Plainview	NY	256	8:37	00:26:47.83	250	8:33	00:26:34.50	8:35	00:53:22.30
252	77/276	5/18	435	Jacqueline Rohrer	Female	29	Long Beach	NY	253	8:36	00:26:45.42	254	8:34	00:26:38.94	8:35	00:53:24.30

# Aspire 10K Run

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## Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
253	78/276	10/30	331	Katie Mccabe	Female	33	East Rockaway	NY	243	8:31	00:26:30.76	260	8:39	00:26:54.63	8:35	00:53:25.30
254	176/329	22/33	410	William Provoncha	Male	41	Bethpage	NY	216	8:15	00:25:38.66	296	8:56	00:27:47.27	8:35	00:53:25.90
255	177/329	26/39	545	Howie Zwang	Male	47	Great Neck	NY	249	8:34	00:26:38.83	261	8:40	00:26:57.94	8:37	00:53:36.70
256	79/276	7/11	482	Naomi Smolevitz	Female	24	Woodbury	NY	251	8:36	00:26:43.40	263	8:41	00:26:58.78	8:38	00:53:42.10
257	178/329	29/50	25	John Arnold	Male	52	North Massapequa	NY	239	8:30	00:26:26.32	277	8:49	00:27:24.66	8:39	00:53:50.90
258	179/329	30/50	404	Carson Pohlman	Male	52	St James	NY	276	8:50	00:27:27.90	242	8:31	00:26:27.96	8:40	00:53:55.80
259	180/329	23/33	975	Joshua Parez	Male	40	Ronkonkoma	NY	242	8:31	00:26:30.34	282	8:50	00:27:27.34	8:41	00:53:57.60
260	80/276	7/23	450	Maureen Salvadori	Female	48	West Babylon	NY	263	8:40	00:26:57.79	266	8:41	00:27:00.89	8:41	00:53:58.60
261	81/276	4/14	234	Janet Healy	Female	61	Syosset	NY	264	8:41	00:26:59.42	267	8:42	00:27:04.26	8:41	00:54:03.60
262	181/329	29/55	366	Paul Nelson	Male	59	St. James	NY	254	8:36	00:26:45.58	276	8:49	00:27:24.08	8:42	00:54:09.60
263	182/329	19/26	502	Jose Terrenate	Male	33	Plainview	NY	287	8:55	00:27:42.58	240	8:30	00:26:27.60	8:43	00:54:10.10
264	82/276	8/33	448	Nancy Russo	Female	58	Nesconset	NY	259	8:38	00:26:50.58	274	8:48	00:27:20.90	8:43	00:54:11.40
265	83/276	17/37	202	Carla Gauss	Female	43	Cold Spring Harbor	NY	252	8:36	00:26:44.64	284	8:50	00:27:29.27	8:43	00:54:13.90
266	183/329	31/50	625	Michael Garone	Male	53	Commack	NY	274	8:48	00:27:23.58	262	8:40	00:26:58.65	8:44	00:54:22.20
267	184/329	30/55	225	Philip Handy	Male	59	Syosset	NY	257	8:37	00:26:48.28	289	8:53	00:27:37.90	8:45	00:54:26.10
268	185/329	27/39	43	Mark Bernstein	Male	47	Melville	NY	265	8:42	00:27:01.88	278	8:49	00:27:26.07	8:45	00:54:27.90
269	186/329	32/50	67	Vincent Cagna	Male	50	Moriches	NY	278	8:52	00:27:33.30	264	8:41	00:26:59.07	8:46	00:54:32.30
270	187/329	20/26	560	Michael Franchi	Male	31	Lake Ronkonkoma	NY	234	8:26	00:26:12.58	321	9:07	00:28:21.03	8:46	00:54:33.60
271	188/329	31/55	219	Bill Guichard	Male	58	Melville	NY	300	9:01	00:28:01.83	252	8:33	00:26:35.35	8:47	00:54:37.10
272	189/329	32/55	311	Charles Mandelbaum	Male	57	Great Neck	NY	270	8:47	00:27:17.57	288	8:51	00:27:32.86	8:49	00:54:50.40
273	84/276	11/30	104	Caroline Cosgrove	Female	33	Oyster Bay	NY	272	8:48	00:27:22.84	286	8:51	00:27:30.01	8:49	00:54:52.80
274	190/329	33/50	94	Neil Cohen	Male	50	Roslyn	NY	286	8:54	00:27:41.55	270	8:46	00:27:17.21	8:50	00:54:58.70
275	191/329	21/26	284	Thomas Lally	Male	30	Floral Park	NY	282	8:54	00:27:39.33	273	8:48	00:27:20.86	8:51	00:55:00.10
276	192/329	12/18	283	Jeremy Lally	Male	38	Hauppauge	NY	285	8:54	00:27:40.83	272	8:47	00:27:19.56	8:51	00:55:00.30
277	85/276	11/34	270	Donna Kleiman	Female	51	Syosset	NY	279	8:52	00:27:35.52	287	8:51	00:27:32.40	8:52	00:55:07.90
278	86/276	18/37	124	Fran Deangelis	Female	44	Bayville	NY	262	8:40	00:26:56.81	313	9:04	00:28:11.51	8:52	00:55:08.30
279	193/329	22/26	86	Stephen Clacherty	Male	31	Mineola	NY	334	9:13	00:28:39.90	247	8:32	00:26:31.78	8:52	00:55:11.60
280	87/276	12/30	87	Victoria Clacherty	Female	31	Mineola	NY	335	9:13	00:28:39.90	248	8:32	00:26:32.07	8:52	00:55:11.90
281	88/276	19/37	15	Roseann Alamia	Female	43	Seaford	NY	281	8:52	00:27:35.83	290	8:53	00:27:38.17	8:53	00:55:14.00
282	194/329	28/39	444	Samuel Rudman	Male	46	Melville	NY	273	8:48	00:27:23.58	299	8:57	00:27:50.84	8:53	00:55:14.40
283	195/329	13/18	249	John Irwin	Male	39	Smithtown	NY	293	8:58	00:27:52.93	275	8:48	00:27:23.31	8:53	00:55:16.20
284	196/329	6/13	45	James Blaeser	Male	34	Plainview	NY	321	9:09	00:28:26.33	258	8:38	00:26:51.32	8:53	00:55:17.60
285	89/276	12/34	417	Donna Randone	Female	53	S.huntington	NY	280	8:52	00:27:35.66	292	8:55	00:27:43.41	8:54	00:55:19.00
286	90/276	2/16	463	Susan Schmuck	Female	47	Westbury	NY	294	8:58	00:27:53.56	280	8:49	00:27:26.53	8:54	00:55:20.00
287	197/329	4/16	271	Richard Kleiman	Male	67	Plainview	NY	292	8:58	00:27:52.33	283	8:50	00:27:28.10	8:54	00:55:20.40
288	91/276	13/34	629	Janet Mcqueeney	Female	51	Dix Hills	NY	277	8:51	00:27:29.83	300	8:57	00:27:51.48	8:54	00:55:21.30



# Aspire 10K Run

April 5, 2014

## Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
289	198/329	5/16	344	Christopher Miceli	Male	68	Williston Park	NY	284	8:54	00:27:40.74	293	8:55	00:27:43.83	8:55	00:55:24.50
290	92/276	11/26	199	Colleen Gardner	Female	37	Farmingdale	NY	308	9:04	00:28:10.84	269	8:46	00:27:14.57	8:55	00:55:25.40
291	199/329	7/13	494	Robert Stefanik	Male	48	Garden City	NY	299	9:00	00:28:00.71	285	8:50	00:27:29.34	8:55	00:55:30.00
292	200/329	24/33	595	Bob Barnes	Male	44	Bayshore	NY	339	9:16	00:28:48.59	256	8:36	00:26:43.69	8:56	00:55:32.20
293	201/329	34/50	120	Robert Dagnell	Male	53	East Meadow	NY	296	8:59	00:27:56.85	291	8:55	00:27:42.33	8:57	00:55:39.10
294	202/329	35/50	367	Bill Niedfeld	Male	54	Seaford	NY	283	8:54	00:27:39.83	306	9:00	00:28:00.77	8:57	00:55:40.60
295	93/276	8/11	172	Katie Fargnali	Female	22	West Islip	NY	315	9:06	00:28:17.20	281	8:50	00:27:26.87	8:58	00:55:44.00
296	94/276	9/33	173	Laurene Fagnoli	Female	55	West Islip	NY	316	9:06	00:28:17.85	279	8:49	00:27:26.41	8:58	00:55:44.20
297	203/329	33/55	117	Charles Cusenza	Male	57	Syosset	NY	304	9:03	00:28:07.30	297	8:56	00:27:47.53	8:59	00:55:54.80
298	95/276	5/14	538	Gloria Withus	Female	63	Brentwood	NY	290	8:57	00:27:50.48	314	9:04	00:28:12.67	9:01	00:56:03.10
299	96/276	14/34	144	Jo-Ann Distler	Female	53	Merrick	NY	295	8:59	00:27:56.40	315	9:05	00:28:15.47	9:02	00:56:11.80
300	97/276	12/26	414	Michele Rach	Female	38	Massapequa	NY	275	8:50	00:27:26.83	332	9:15	00:28:47.48	9:03	00:56:14.30
301	204/329	6/16	330	Peter Mcatee	Male	68	Massapequa	NY	319	9:07	00:28:22.29	301	8:58	00:27:52.63	9:03	00:56:14.90
302	205/329	36/50	610	Robert Spagnuolo	Male	54	Plainview	NY	312	9:04	00:28:12.52	308	9:01	00:28:03.41	9:03	00:56:15.90
303	98/276	10/33	319	Susie Marnell	Female	58	Huntington Station	NY	297	9:00	00:27:57.83	319	9:06	00:28:19.51	9:03	00:56:17.30
304	99/276	6/14	198	Joanne Gallo	Female	64	Oyster Bay	NY	288	8:56	00:27:46.22	328	9:13	00:28:40.06	9:04	00:56:26.20
305	206/329	34/55	27	Richard Aubain	Male	58	Hicksville	NY	363	9:26	00:29:19.94	268	8:44	00:27:09.18	9:05	00:56:29.10
306	207/329	25/33	357	Nicholas Moustouka	Male	43	Dix Hills	NY	336	9:14	00:28:42.84	298	8:57	00:27:49.32	9:05	00:56:32.10
307	208/329	7/16	543	Perry Zeichner	Male	65	Brightwaters	NY	306	9:03	00:28:09.59	323	9:10	00:28:29.29	9:06	00:56:38.80
308	100/276	13/26	130	Anne Deo	Female	36	Syosset	NY	401	9:44	00:30:15.84	236	8:29	00:26:23.22	9:06	00:56:39.00
309	209/329	26/33	265	Michael Kennedy	Male	41	Brentwood	NY	329	9:11	00:28:33.91	312	9:03	00:28:10.02	9:07	00:56:43.90
310	101/276	15/34	195	Maria Fucella	Female	53	Levittown	NY	302	9:02	00:28:06.34	326	9:13	00:28:39.02	9:08	00:56:45.30
311	102/276	11/33	504	Vera Thompson	Female	56	N.babylon	NY	324	9:10	00:28:29.40	316	9:05	00:28:16.28	9:08	00:56:45.60
312	210/329	37/50	327	Robert Mayer	Male	54	Douglaston	NY	338	9:16	00:28:47.78	304	9:00	00:28:00.01	9:08	00:56:47.70
313	211/329	35/55	426	Larry Reiterr	Male	59	Babylon	NY	291	8:57	00:27:50.74	343	9:20	00:29:00.70	9:08	00:56:51.40
314	212/329	27/33	345	Eric Miller	Male	43	Sewickley	PA	355	9:22	00:29:07.33	295	8:56	00:27:46.79	9:09	00:56:54.10
315	103/276	20/37	346	Melissa Miller	Female	42	Sewickley	PA	356	9:22	00:29:07.73	294	8:56	00:27:46.39	9:09	00:56:54.10
316	104/276	3/4	956	Madeline Bastaniac	Female	15	Patchogue	NY	271	8:48	00:27:20.80	365	9:30	00:29:33.88	9:09	00:56:54.60
317	105/276	8/23	70	Elaine Cappadona	Female	45	Kings Park	NY	318	9:07	00:28:20.52	324	9:12	00:28:36.41	9:09	00:56:56.90
318	213/329	23/26	40	Gregory Belzer	Male	33	Wilkes Barre	PA	311	9:04	00:28:12.52	330	9:15	00:28:45.67	9:10	00:56:58.10
319	106/276	3/16	413	Jenipher Quintanilla	Female	38	North Babylon	NY	323	9:09	00:28:28.21	325	9:12	00:28:36.97	9:11	00:57:05.10
320	214/329	38/50	515	Chuck Van Houten	Male	52	Centerport	NY	382	9:36	00:29:49.84	271	8:47	00:27:17.84	9:11	00:57:07.60
321	107/276	7/14	154	Patti Drake	Female	62	Lynbrook	NY	301	9:01	00:28:01.91	348	9:22	00:29:07.44	9:11	00:57:09.30
322	108/276	13/30	256	Christina Juva	Female	34	Forest Hills	NY	341	9:16	00:28:49.84	320	9:07	00:28:20.52	9:12	00:57:10.30
323	109/276	6/18	554	Jen Randone	Female	26	South Huntington	NY	325	9:10	00:28:29.84	329	9:14	00:28:42.09	9:12	00:57:11.90
324	110/276	4/4	114	Erin Curran	Female	15	Old Bethpage	NY	314	9:06	00:28:16.58	342	9:19	00:28:57.63	9:12	00:57:14.20

# Aspire 10K Run

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## Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
325	111/276	9/23	148	Amanda Dominguez	Female	46	Hicksville	NY	360	9:24	00:29:14.34	305	9:00	00:28:00.50	9:12	00:57:14.80
326	112/276	21/37	14	Allison Aikman	Female	44	Glen Head	NY	353	9:22	00:29:06.87	310	9:03	00:28:08.17	9:12	00:57:15.00
327	215/329	14/18	640	Adam Algaze	Male	39	Bellmore	NY	320	9:08	00:28:22.83	340	9:18	00:28:54.10	9:13	00:57:16.90
328	113/276	10/23	62	Corinne Buda	Female	46	Long Beach	NY	332	9:13	00:28:38.59	327	9:13	00:28:39.29	9:13	00:57:17.80
329	114/276	14/26	22	Lisa Annibale	Female	35	Smithtown	NY	327	9:10	00:28:31.29	334	9:16	00:28:48.60	9:13	00:57:19.80
330	115/276	14/30	169	Janine Esposito	Female	34	North Massapequa	NY	352	9:21	00:29:05.50	318	9:06	00:28:17.19	9:14	00:57:22.60
331	116/276	12/33	108	Susan Critz	Female	55	Islip	NY	331	9:12	00:28:37.99	331	9:15	00:28:47.38	9:14	00:57:25.30
332	117/276	7/18	527	Amanda Watral	Female	29	Hauppauge	NY	369	9:31	00:29:35.86	303	9:00	00:27:58.27	9:15	00:57:34.10
333	216/329	8/13	421	Tom Ratto	Male	58	Sayville	NY	362	9:26	00:29:19.74	317	9:06	00:28:17.01	9:16	00:57:36.70
334	217/329	36/55	260	Andrew Karistinos	Male	56	Old Bethpage	NY	374	9:32	00:29:38.26	307	9:01	00:28:01.76	9:16	00:57:40.00
335	118/276	15/26	23	Kelly Archer	Female	36	Greenlawn	NY	340	9:16	00:28:49.82	335	9:17	00:28:50.61	9:16	00:57:40.40
336	218/329	5/14	209	Ehud Golos	Male	63	East Hills	NY	307	9:03	00:28:09.86	362	9:30	00:29:31.17	9:16	00:57:41.00
337	119/276	11/23	57	Anne Broderick	Female	48	Hicksville	NY	368	9:31	00:29:34.38	311	9:03	00:28:08.47	9:17	00:57:42.80
338	219/329	39/50	21	Larry Amoroso	Male	50	Huntington	NY	310	9:04	00:28:11.70	366	9:30	00:29:33.99	9:17	00:57:45.60
339	220/329	4/12	243	John Horan	Male	74	Freeport	NY	333	9:13	00:28:38.83	349	9:23	00:29:09.51	9:18	00:57:48.30
340	221/329	37/55	537	John Winthrop	Male	55	Northport	NY	328	9:11	00:28:32.30	354	9:26	00:29:20.88	9:18	00:57:53.10
341	120/276	16/34	552	Anita Von Himmel	Female	53	Massapequa	NY	326	9:10	00:28:30.26	360	9:29	00:29:28.80	9:19	00:57:59.00
342	121/276	9/11	342	Maria Messiano	Female	22	Kings Park	NY	354	9:22	00:29:07.32	336	9:17	00:28:53.12	9:20	00:58:00.40
343	222/329	5/12	295	Spencer Leitman	Male	70	Rockville Centre	NY	349	9:20	00:28:59.99	345	9:21	00:29:03.53	9:20	00:58:03.50
344	122/276	8/14	286	Maryanne Langro	Female	62	Hicksville	NY	343	9:17	00:28:51.84	351	9:23	00:29:11.85	9:20	00:58:03.60
345	223/329	9/13	599	Mike Wisniewski	Male	34	Dix Hills	NY	303	9:02	00:28:06.59	377	9:38	00:29:57.74	9:20	00:58:04.30
346	224/329	29/39	525	Andrew Warsaw	Male	46	Coram	NY	361	9:26	00:29:18.93	333	9:16	00:28:47.63	9:21	00:58:06.50
347	123/276	1/9	211	Abby Gonzalez	Female	66	Dix Hills	NY	317	9:06	00:28:19.45	373	9:35	00:29:49.23	9:21	00:58:08.60
348	124/276	16/26	174	Dawn Farina	Female	37	West Babylon	NY	351	9:21	00:29:04.48	347	9:21	00:29:05.71	9:21	00:58:10.10
349	225/329	38/55	275	Jeffrey Kozarsky	Male	57	Levittown	NY	342	9:17	00:28:51.64	359	9:29	00:29:28.56	9:23	00:58:20.20
350	125/276	8/18	477	Veronica Silghigian	Female	28	Floral Park	NY	348	9:19	00:28:59.87	358	9:29	00:29:28.02	9:24	00:58:27.80
351	226/329	40/50	110	Edward Cuff	Male	53	Kings Park	NY	419	9:51	00:30:38.25	302	8:59	00:27:54.69	9:25	00:58:32.90
352	227/329	39/55	163	Dennis Elder	Male	58	Sayville	NY	413	9:49	00:30:31.55	309	9:02	00:28:06.70	9:26	00:58:38.20
353	228/329	30/39	420	Robert Rate	Male	49	Selden	NY	313	9:05	00:28:13.84	396	9:48	00:30:27.24	9:26	00:58:41.00
354	229/329	41/50	287	Michael Latona	Male	52	Winter Haven	FL	359	9:24	00:29:14.32	361	9:29	00:29:29.18	9:27	00:58:43.50
355	126/276	2/9	470	Constance Sehlmeier	Female	68	Syosset	NY	370	9:31	00:29:36.22	350	9:23	00:29:10.95	9:27	00:58:47.10
356	127/276	17/34	197	Sheri Gaitings	Female	52	Huntington	NY	330	9:12	00:28:35.15	387	9:43	00:30:12.41	9:27	00:58:47.50
357	230/329	40/55	162	Clifford Ejikeme	Male	55	Dix Hills	NY	366	9:28	00:29:26.47	356	9:27	00:29:21.91	9:27	00:58:48.30
358	231/329	41/55	285	Steven Lamel	Male	56	Plainview	NY	387	9:38	00:29:56.53	339	9:18	00:28:53.88	9:28	00:58:50.40
359	128/276	9/18	422	Ashley Rau	Female	26	Centereach	NY	390	9:38	00:29:58.81	338	9:17	00:28:53.42	9:28	00:58:52.20
360	232/329	8/16	437	Vic Rossi	Male	67	Hauppauge	NY	289	8:56	00:27:48.44	421	10:01	00:31:10.09	9:29	00:58:58.50

# Aspire 10K Run

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## Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
361	129/276	4/16	540	Michele Xikis	Female	39	Selden	NY	378	9:35	00:29:47.00	353	9:24	00:29:14.18	9:29	00:59:01.10
362	130/276	12/23	580	Eliana Themistocleous	Female	46	Melville	NY	298	9:00	00:27:58.64	420	9:59	00:31:04.16	9:30	00:59:02.80
363	131/276	1/10	379	Carolyn Paidoussis	Female	43	West Islip	NY	345	9:18	00:28:56.72	384	9:41	00:30:06.47	9:30	00:59:03.10
364	233/329	8/10	411	Steven Purvin	Male	24	Bellmore	NY	344	9:18	00:28:55.83	385	9:42	00:30:09.20	9:30	00:59:05.00
365	234/329	42/50	277	Larry Kurtzman	Male	51	Plainview	NY	358	9:23	00:29:10.59	378	9:38	00:29:58.50	9:31	00:59:09.00
366	132/276	18/34	383	Regina Parcell Sullivan	Female	50	East Meadow	NY	371	9:31	00:29:36.59	369	9:31	00:29:35.10	9:31	00:59:11.60
367	235/329	43/50	440	Adam Rothstein	Male	51	Wantagh	NY	404	9:45	00:30:18.84	337	9:17	00:28:53.29	9:31	00:59:12.10
368	133/276	9/14	964	Judi Gallop	Female	62	W.islip	NY	346	9:19	00:28:58.77	388	9:43	00:30:14.17	9:31	00:59:12.90
369	236/329	28/33	314	Pete Maniscalco	Male	43	Blue Point	NY	322	9:09	00:28:28.21	409	9:54	00:30:46.97	9:32	00:59:15.10
370	134/276	5/16	511	Elizabeth Ulatowski	Female	32	East Northport	NY	426	9:55	00:30:51.59	322	9:09	00:28:26.35	9:32	00:59:17.90
371	237/329	3/4	954	Roberto Bastaniac	Male	18	Patchogue	NY	347	9:19	00:28:59.17	393	9:46	00:30:22.27	9:33	00:59:21.40
372	135/276	17/26	563	Nyree Rouiello-Meadows	Female	39	Sound Beach	NY	350	9:20	00:29:02.59	390	9:45	00:30:19.30	9:33	00:59:21.80
373	238/329	42/55	569	Jesus Estaba	Male	59	Brooklyn	NY	365	9:27	00:29:24.45	380	9:40	00:30:04.14	9:34	00:59:28.50
374	239/329	44/50	59	Mark Brozek	Male	50	Huntington	NY	400	9:44	00:30:15.27	352	9:24	00:29:13.33	9:34	00:59:28.60
375	136/276	6/16	559	Ciara Dempsey	Female	38	New Hyde Park	NY	305	9:03	00:28:08.23	430	10:05	00:31:20.55	9:34	00:59:28.70
376	240/329	43/55	419	Mike Randone	Male	55	S.huntington	NY	377	9:33	00:29:41.59	372	9:35	00:29:49.01	9:34	00:59:30.60
377	241/329	29/33	241	David Holland	Male	43	Old Bethpage	NY	420	9:52	00:30:39.52	344	9:20	00:29:02.29	9:36	00:59:41.80
378	137/276	13/33	490	Barbara Stanley	Female	59	Franklin Square	NY	373	9:32	00:29:37.59	381	9:40	00:30:04.60	9:36	00:59:42.10
379	242/329	11/14	533	Chris Wilcox	Male	26	East Meadow	NY	309	9:04	00:28:11.58	435	10:09	00:31:34.67	9:37	00:59:46.20
380	243/329	10/13	49	James Booth	Male	32	Kings Park	NY	384	9:36	00:29:52.61	375	9:37	00:29:54.65	9:37	00:59:47.20
381	138/276	2/10	65	Alaine Caccavallo	Female	32	Bellerose	NY	376	9:32	00:29:39.84	386	9:42	00:30:10.65	9:37	00:59:50.40
382	139/276	13/23	119	Monique Dagnell	Female	45	East Meadow	NY	389	9:38	00:29:57.84	374	9:36	00:29:52.65	9:37	00:59:50.40
383	140/276	10/18	160	Grace Eickelberg	Female	27	Amityville	NY	393	9:40	00:30:04.72	371	9:35	00:29:47.20	9:38	00:59:51.90
384	141/276	14/23	402	Anita Plotka	Female	45	Greenvale	NY	372	9:32	00:29:37.24	389	9:44	00:30:14.88	9:38	00:59:52.10
385	244/329	31/39	611	Mark Plotkin	Male	49	Plainview	NY	408	9:46	00:30:22.59	364	9:30	00:29:32.18	9:38	00:59:54.70
386	245/329	9/16	449	Joseph Salow	Male	67	Bellerose	NY	367	9:30	00:29:31.59	395	9:46	00:30:23.79	9:38	00:59:55.30
387	246/329	10/16	168	Doug Escher	Male	69	Garden City	NY	392	9:40	00:30:03.46	376	9:37	00:29:55.17	9:39	00:59:58.60
388	142/276	15/23	544	Anne Malitzis	Female	46	Old Bethpage	NY	411	9:48	00:30:28.50	363	9:30	00:29:31.36	9:39	00:59:59.80
389	247/329	45/50	412	Patrick Quinn	Male	54	Syosset	NY	388	9:38	00:29:56.94	379	9:40	00:30:03.93	9:39	01:00:00.80
390	248/329	6/14	121	Joe D'agostino	Male	64	Holtsville	NY	357	9:23	00:29:09.57	413	9:56	00:30:52.71	9:39	01:00:02.20
391	143/276	19/34	370	Brigitte Occhi	Female	51	Glen Head	NY	364	9:27	00:29:23.34	405	9:52	00:30:40.76	9:39	01:00:04.10
392	249/329	30/33	388	Vincent Pedone	Male	43	Bellmore	NY	416	9:50	00:30:35.21	367	9:31	00:29:34.48	9:40	01:00:09.60
393	144/276	22/37	12	Patti Adelman	Female	44	East Meadow	NY	417	9:50	00:30:35.41	368	9:31	00:29:34.57	9:40	01:00:09.90
394	145/276	18/26	98	Kate Conlon	Female	38	Bohemia	NY	379	9:35	00:29:48.42	394	9:46	00:30:22.99	9:41	01:00:11.40
395	250/329	46/50	81	David Chan	Male	53	Holbrook	NY	380	9:35	00:29:49.46	392	9:46	00:30:22.15	9:41	01:00:11.60
396	251/329	44/55	207	Jed Golden	Male	58	Floral Park	NY	397	9:42	00:30:09.88	382	9:40	00:30:04.98	9:41	01:00:14.80

# Aspire 10K Run

April 5, 2014

## Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
397	146/276	16/23	247	Dori Iervolino	Female	47	Whitestone	NY	386	9:37	00:29:54.59	391	9:46	00:30:20.85	9:41	01:00:15.40
398	147/276	23/37	642	Dina Villanueva	Female	40	Oyster Bay	NY	375	9:32	00:29:39.33	403	9:51	00:30:37.97	9:42	01:00:17.30
399	148/276	14/33	524	Patricia Walsh	Female	56	Oceanside	NY	383	9:36	00:29:49.84	401	9:50	00:30:34.35	9:43	01:00:24.10
400	149/276	20/34	634	Rosemary Jones	Female	52	Babylon	NY	443	10:07	00:31:28.89	346	9:21	00:29:03.66	9:44	01:00:32.50
401	150/276	17/23	510	Kathy Tuttle	Female	49	Eastport	NY	414	9:49	00:30:32.16	383	9:41	00:30:06.27	9:45	01:00:38.40
402	252/329	24/26	187	Eric Forgach	Male	34	Massapequa	NY	385	9:37	00:29:52.84	410	9:54	00:30:47.11	9:45	01:00:39.90
403	253/329	25/26	17	Pedro Aleman	Male	32	Coram	NY	457	10:13	00:31:46.59	341	9:18	00:28:54.49	9:45	01:00:41.00
404	254/329	3/3	630	Evan Melle	Male	14	Old Bethpage	NY	438	10:05	00:31:20.56	355	9:26	00:29:21.54	9:46	01:00:42.10
405	151/276	7/16	82	Cynthia Christensen	Female	35	Bethpage	NY	398	9:42	00:30:10.34	402	9:50	00:30:34.41	9:46	01:00:44.70
406	255/329	15/18	362	Rajesh Nair	Male	38	North Babylon	NY	381	9:35	00:29:49.60	419	9:59	00:31:02.04	9:47	01:00:51.60
407	256/329	11/16	105	Howard Cragg	Male	66	Bethpage	NY	394	9:41	00:30:06.72	417	9:57	00:30:55.97	9:49	01:01:02.60
408	152/276	24/37	196	Irina Gaberman	Female	43	Huntington Station	NY	395	9:41	00:30:07.13	416	9:57	00:30:55.69	9:49	01:01:02.80
409	153/276	15/30	257	Theresa Juva-Brown	Female	30	Oakland Gardens	NY	444	10:08	00:31:31.57	370	9:34	00:29:45.37	9:51	01:01:16.90
410	257/329	47/50	473	Robert Shaller	Male	52	Douglaston	NY	407	9:46	00:30:22.59	415	9:57	00:30:55.60	9:51	01:01:18.10
411	258/329	9/10	973	Sal Larosa	Male	23	Dix Hills	NY	396	9:42	00:30:09.56	423	10:02	00:31:10.63	9:52	01:01:20.10
412	154/276	18/23	80	Marie Certa	Female	48	Franklin Square	NY	425	9:54	00:30:48.11	404	9:51	00:30:38.81	9:53	01:01:26.90
413	259/329	12/14	979	Ben Tieniber	Male	27	Blue Point	NY	337	9:15	00:28:46.55	474	10:33	00:32:47.08	9:54	01:01:33.60
414	260/329	6/12	568	Octavio Lopez	Male	74	Brooklyn	NY	399	9:44	00:30:14.59	431	10:06	00:31:25.73	9:55	01:01:40.30
415	155/276	15/33	289	Linda Lavella	Female	57	Bethpage	NY	415	9:49	00:30:32.89	422	10:01	00:31:10.27	9:55	01:01:43.10
416	156/276	16/30	325	Leslie Maxey	Female	30	Oyster Bay	NY	428	9:57	00:30:55.53	411	9:55	00:30:49.66	9:56	01:01:45.10
417	261/329	7/12	558	George Hubbard	Male	73	Farmingville	NY	470	10:24	00:32:21.82	357	9:27	00:29:23.77	9:56	01:01:45.50
418	157/276	11/18	360	Laurel Murphy	Female	27	Medford	NY	406	9:46	00:30:22.18	433	10:08	00:31:31.74	9:57	01:01:53.90
419	158/276	17/30	459	Vanessa Schack	Female	33	Mineola	NY	403	9:45	00:30:18.34	439	10:10	00:31:38.35	9:58	01:01:56.60
420	159/276	21/34	577	Mary Kroebel	Female	50	Oakdale	NY	409	9:47	00:30:25.36	437	10:10	00:31:35.68	9:58	01:02:01.00
421	160/276	16/33	280	Nancy Lafleur	Female	56	Holbrook	NY	410	9:47	00:30:25.38	438	10:10	00:31:35.81	9:58	01:02:01.10
422	161/276	1/3	522	Celia Walden	Female	13	Centerport	NY	402	9:45	00:30:17.71	443	10:12	00:31:43.53	9:58	01:02:01.20
423	162/276	17/33	177	Maria Ferraro	Female	56	Floral Park	NY	412	9:49	00:30:30.54	434	10:08	00:31:31.90	9:59	01:02:02.40
424	262/329	32/39	102	Vincent Corrado	Male	47	Massapequa	NY	437	10:05	00:31:19.91	406	9:53	00:30:43.98	9:59	01:02:03.80
425	263/329	8/12	386	Antonio Patino	Male	71	Seaford	NY	424	9:54	00:30:47.39	428	10:04	00:31:18.73	9:59	01:02:06.10
426	264/329	12/16	337	William Meisner	Male	65	Plainview	NY	452	10:12	00:31:42.99	397	9:49	00:30:30.44	10:00	01:02:13.40
427	163/276	19/23	526	Susan Warsaw	Female	47	Coram	NY	451	10:12	00:31:42.58	400	9:49	00:30:33.11	10:01	01:02:15.60
428	265/329	13/14	613	Thomas Baudier	Male	29	Northport	NY	405	9:45	00:30:20.34	444	10:16	00:31:55.35	10:01	01:02:15.60
429	164/276	8/16	185	Sue Fitzpatrick	Female	53	Dix Hills	NY	435	10:04	00:31:17.90	418	9:58	00:30:58.04	10:01	01:02:15.90
430	165/276	20/23	438	Wendy Rothman	Female	46	Old Bethpage	NY	455	10:13	00:31:45.43	399	9:49	00:30:32.87	10:01	01:02:18.30
431	166/276	25/37	397	Irene Petrusic	Female	44	Old Bethpage	NY	456	10:13	00:31:45.91	398	9:49	00:30:32.53	10:01	01:02:18.40
432	167/276	3/9	50	Hilory Boucher-Carlin	Female	68	Northport	NY	430	10:01	00:31:08.90	424	10:02	00:31:12.25	10:02	01:02:21.10

# Aspire 10K Run

April 5, 2014

## Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
433	266/329	2/6	338	Jose Mendez	Male	75	Brentwood	NY	429	9:58	00:31:00.41	432	10:06	00:31:25.82	10:02	01:02:26.20
434	267/329	33/39	500	Gary Survilla	Male	46	Wantagh	NY	445	10:09	00:31:32.19	414	9:57	00:30:55.00	10:03	01:02:27.10
435	168/276	12/18	455	Jessica Santaniello	Female	29	Oceanside	NY	391	9:39	00:29:59.99	466	10:28	00:32:32.94	10:03	01:02:32.90
436	268/329	48/50	612	Mark Heiman	Male	50	Plainview	NY	421	9:52	00:30:40.48	451	10:18	00:32:00.14	10:05	01:02:40.60
437	269/329	45/55	468	Thomas Scollo	Male	56	N.massapequa	NY	423	9:53	00:30:44.77	446	10:17	00:31:57.17	10:05	01:02:41.90
438	270/329	16/18	627	Mark Davidoff	Male	36	Babylon	NY	441	10:07	00:31:26.59	426	10:04	00:31:16.85	10:05	01:02:43.40
439	169/276	22/34	85	Jodi Cirella	Female	51	Levittown	NY	431	10:01	00:31:08.91	436	10:10	00:31:35.35	10:05	01:02:44.20
440	170/276	18/30	458	Emma Saunders	Female	34	Nesconset	NY	448	10:10	00:31:35.59	425	10:03	00:31:13.73	10:06	01:02:49.30
441	171/276	18/33	380	Deborah Pantano	Female	56	Oakland Gardens	NY	422	9:52	00:30:41.30	456	10:21	00:32:10.64	10:07	01:02:51.90
442	172/276	9/16	158	Elizabeth Eaton	Female	43	Babylon	NY	446	10:09	00:31:33.62	429	10:04	00:31:19.56	10:07	01:02:53.10
443	173/276	19/26	495	Leanne Steinwall	Female	37	Plainview	NY	449	10:10	00:31:35.59	427	10:04	00:31:18.00	10:07	01:02:53.50
444	271/329	3/6	572	Ron Helin	Male	75	Middle Island	NY	465	10:20	00:32:06.40	412	9:55	00:30:50.54	10:07	01:02:56.90
445	272/329	7/14	493	Stuart Stauber	Male	63	Melville	NY	472	10:25	00:32:22.70	407	9:53	00:30:45.24	10:09	01:03:07.90
446	174/276	19/33	492	Francene Stauber	Female	57	Woodmere	NY	471	10:25	00:32:22.70	408	9:53	00:30:45.53	10:09	01:03:08.20
447	175/276	20/33	93	Mary Jane Cody	Female	57	Holtsville	NY	432	10:03	00:31:13.85	447	10:17	00:31:57.59	10:10	01:03:11.40
448	176/276	21/33	617	Suanne Kowai-Connelly	Female	56	Baldwin	NY							10:10	01:03:12.10
449	177/276	20/26	356	Johanna Moustouka	Female	35	Dix Hills	NY	433	10:03	00:31:14.56	449	10:17	00:31:57.92	10:10	01:03:12.40
450	178/276	1/4	89	Helma Clavin	Female	70	Lake Ronkonkoma	NY	427	9:55	00:30:51.66	464	10:26	00:32:27.93	10:11	01:03:19.50
451	179/276	19/30	96	Dayanara Condo	Female	34	Coram	NY	458	10:14	00:31:47.84	441	10:11	00:31:40.68	10:12	01:03:28.50
452	180/276	22/33	499	Joanne Styles	Female	58	Centereach	NY	439	10:06	00:31:23.81	455	10:21	00:32:10.39	10:13	01:03:34.20
453	181/276	26/37	161	Nancy Eisenhuth	Female	44	Seaford	NY	440	10:06	00:31:24.59	458	10:21	00:32:12.09	10:14	01:03:36.60
454	273/329	11/13	534	David Williams	Male	51	Melville	NY	442	10:07	00:31:27.95	460	10:22	00:32:13.97	10:15	01:03:41.90
455	182/276	10/11	445	Jessica Russell	Female	24	N.babylon	NY	450	10:11	00:31:39.74	453	10:20	00:32:08.21	10:16	01:03:47.90
456	274/329	6/10	528	Kevin Watral	Male	25	Hauppauge	NY	459	10:15	00:31:51.54	448	10:17	00:31:57.88	10:16	01:03:49.40
457	275/329	31/33	136	Joe Digaetano	Male	42	Lindenhurst	NY	468	10:22	00:32:13.59	440	10:11	00:31:40.31	10:16	01:03:53.90
458	183/276	3/10	564	Catherine Clancy Dumon	Female	38	Wantagh	NY	454	10:13	00:31:44.60	459	10:21	00:32:12.55	10:17	01:03:57.10
459	184/276	10/16	138	Andrea Digulio	Female	27	Centereach	NY	461	10:17	00:31:59.29	452	10:18	00:32:01.70	10:18	01:04:00.90
460	185/276	11/16	205	Lea Gjodesen	Female	52	Bay Shore	NY	418	9:51	00:30:37.42	488	10:46	00:33:28.44	10:18	01:04:05.80
461	276/329	7/10	480	George Skennion	Male	53	Seaford	NY	436	10:04	00:31:18.54	477	10:37	00:32:59.31	10:20	01:04:17.80
462	186/276	23/33	297	Nancy Lester	Female	57	Long Beach	NY	477	10:28	00:32:32.53	445	10:16	00:31:56.06	10:22	01:04:28.50
463	187/276	12/16	592	Allison Jeffrey	Female	38	Glen Cove	NY	464	10:19	00:32:04.99	465	10:27	00:32:28.21	10:23	01:04:33.20
464	188/276	27/37	20	Melissa Altschuler	Female	41	Freeport	NY	473	10:26	00:32:25.34	457	10:21	00:32:11.11	10:23	01:04:36.40
465	277/329	8/10	233	Henry A. Healy	Male	52	Seaford	NY	447	10:09	00:31:33.90	479	10:38	00:33:03.22	10:23	01:04:37.10
466	278/329	46/55	469	Gregory Scott	Male	59	Locust Valley	NY	453	10:12	00:31:43.18	475	10:35	00:32:53.94	10:23	01:04:37.10
467	279/329	49/50	24	Joey Arken	Male	52	Albertson	NY	474	10:27	00:32:30.23	461	10:22	00:32:15.04	10:25	01:04:45.20
468	189/276	20/30	535	Jully Williams	Female	33	Farmingville	NY	463	10:19	00:32:04.35	471	10:32	00:32:45.59	10:25	01:04:49.90

# Aspire 10K Run

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## Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
469	190/276	13/18	109	Francesca Crobak	Female	25	Stony Brook	NY	462	10:19	00:32:04.19	472	10:32	00:32:45.96	10:26	01:04:50.10
470	280/329	13/16	339	Alan Mensch	Male	67	Melville	NY	482	10:34	00:32:52.37	450	10:17	00:32:00.00	10:26	01:04:52.30
471	281/329	17/18	415	Alberto Ramirez	Male	38	Brentwood	NY	434	10:04	00:31:17.73	495	10:50	00:33:40.11	10:27	01:04:57.80
472	191/276	23/34	72	Lisa Carlisi	Female	50	Oceanside	NY	488	10:43	00:33:19.50	442	10:12	00:31:42.18	10:27	01:05:01.60
473	282/329	32/33	31	Brian Baker	Male	40	Brentwood	NY	469	10:24	00:32:19.25	469	10:31	00:32:43.45	10:28	01:05:02.70
474	283/329	9/12	26	Richard Astarita	Male	71	Babylon	NY	483	10:35	00:32:54.88	454	10:21	00:32:10.06	10:28	01:05:04.90
475	192/276	21/23	35	Diana Bass	Female	45	Plainview	NY	479	10:32	00:32:46.73	467	10:30	00:32:39.31	10:31	01:05:26.00
476	193/276	28/37	167	Jacqueline Erickson	Female	40	Bellmore	NY	480	10:33	00:32:47.17	468	10:31	00:32:41.28	10:32	01:05:28.40
477	194/276	21/30	44	Alycia Blaeser	Female	33	Plainview	NY	467	10:21	00:32:10.49	485	10:43	00:33:18.46	10:32	01:05:28.90
478	284/329	10/12	532	Diarmuid White	Male	71	Douglaston	NY	466	10:20	00:32:08.46	487	10:44	00:33:22.65	10:32	01:05:31.10
479	195/276	22/30	471	Melissa Serbonich	Female	32	East Meadow	NY	481	10:33	00:32:49.80	473	10:33	00:32:46.81	10:33	01:05:36.60
480	196/276	24/34	953	Clare Bastaniac	Female	51	Patchogue	NY	475	10:27	00:32:30.84	483	10:40	00:33:10.24	10:34	01:05:41.00
481	197/276	2/3	955	Belle Bastaniac	Female	13	Patchogue	NY	476	10:28	00:32:31.44	486	10:43	00:33:19.34	10:35	01:05:50.70
482	285/329	34/39	90	Henry Clemmens	Male	46	Ocean Beach	NY	484	10:35	00:32:55.48	476	10:36	00:32:56.93	10:36	01:05:52.40
483	198/276	14/18	232	Tracy Healey	Female	26	East Meadow	NY	493	10:48	00:33:33.94	463	10:25	00:32:24.37	10:36	01:05:58.30
484	286/329	47/55	425	Randy Reisch	Male	55	N.woodmere	NY	486	10:40	00:33:09.31	481	10:39	00:33:08.30	10:40	01:06:17.60
485	199/276	10/14	175	Elizabeth Farrell	Female	61	Lynbrook	NY	485	10:40	00:33:09.31	482	10:39	00:33:08.39	10:40	01:06:17.70
486	287/329	35/39	631	Robert Melle	Male	47	Old Bethpage	NY	499	10:52	00:33:48.84	470	10:32	00:32:44.99	10:42	01:06:33.80
487	288/329	8/14	156	Warren Drezen	Male	61	Massapequa	NY	492	10:47	00:33:32.94	484	10:42	00:33:15.27	10:45	01:06:48.20
488	200/276	23/30	213	Patricia Gonzalez	Female	32	Floral Park	NY	478	10:29	00:32:36.15	503	11:00	00:34:12.89	10:45	01:06:49.00
489	201/276	24/33	453	Carol Sandquist	Female	56	Garden City	NY	519	11:07	00:34:34.60	462	10:25	00:32:23.58	10:46	01:06:58.10
490	289/329	48/55	573	Lance Margolin	Male	55	Wading River	NY	460	10:17	00:31:57.84	513	11:17	00:35:05.59	10:47	01:07:03.40
491	202/276	13/16	409	Nicky Pratt	Female	51	Oyster Bay Cove	NY	508	10:59	00:34:09.33	480	10:39	00:33:05.47	10:49	01:07:14.80
492	203/276	29/37	446	Rebecca Russell	Female	42	Baldwin	NY	503	10:56	00:33:58.95	491	10:48	00:33:35.34	10:52	01:07:34.20
493	290/329	36/39	434	Henry Rodriguez	Male	47	Jericho	NY	498	10:52	00:33:48.34	497	10:54	00:33:53.05	10:53	01:07:41.30
494	291/329	9/14	541	Joseph Yonda	Male	63	Mineola	NY	500	10:53	00:33:49.80	498	10:54	00:33:53.85	10:53	01:07:43.60
495	204/276	4/10	343	Marissa Messiano	Female	25	Kings Park	NY	491	10:47	00:33:31.59	505	11:02	00:34:19.75	10:55	01:07:51.30
496	205/276	21/26	112	Emily Cunha	Female	36	Mineola	NY	512	11:03	00:34:20.95	490	10:48	00:33:34.65	10:55	01:07:55.60
497	292/329	33/33	316	Michael Manzo	Male	42	Plainview	NY	513	11:04	00:34:25.35	494	10:49	00:33:38.56	10:57	01:08:03.90
498	206/276	30/37	51	Meredith Brake	Female	43	Plainview	NY	514	11:04	00:34:25.60	493	10:49	00:33:38.52	10:57	01:08:04.10
499	207/276	31/37	315	Deborah Manzo	Female	43	Plainview	NY	515	11:05	00:34:26.24	492	10:49	00:33:37.88	10:57	01:08:04.10
500	293/329	18/18	621	Joseph Castrogiovanni	Male	36	West Babylon	NY	506	10:59	00:34:08.72	499	10:55	00:33:56.20	10:57	01:08:04.90
501	208/276	25/33	980	Stella Toro	Female	55	Shirley	NY	495	10:51	00:33:43.59	507	11:04	00:34:24.98	10:57	01:08:08.50
502	209/276	24/30	231	Tara Healey	Female	31	East Meadow	NY	511	11:03	00:34:20.53	501	10:57	00:34:03.67	11:00	01:08:24.20
503	210/276	11/11	292	Eloisa Leal	Female	20	Brentwood	NY	501	10:53	00:33:50.82	508	11:07	00:34:35.00	11:00	01:08:25.80
504	211/276	26/33	66	Giovanna Caggiano	Female	59	Glen Cove	NY	490	10:44	00:33:23.54	514	11:22	00:35:19.13	11:03	01:08:42.60

# Aspire 10K Run

April 5, 2014

## Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
505	212/276	27/33	4	Donna Rosen	Female	58	Woodbury	NY	489	10:44	00:33:22.33	516	11:22	00:35:21.76	11:03	01:08:44.00
506	213/276	25/34	518	Ann Visser	Female	51	Smithtown	NY	502	10:55	00:33:55.49	512	11:17	00:35:03.61	11:06	01:08:59.10
507	214/276	25/30	431	Erika Rivera	Female	34	Flushing	NY	487	10:42	00:33:16.44	520	11:30	00:35:45.71	11:06	01:09:02.10
508	215/276	15/18	71	Jennifer Carlisi	Female	25	Oceanside	NY	531	11:26	00:35:32.96	489	10:47	00:33:31.43	11:06	01:09:04.30
509	216/276	32/37	603	Kimberly Schechter	Female	42	Plainview	NY	517	11:06	00:34:29.60	510	11:09	00:34:39.62	11:07	01:09:09.20
510	217/276	28/33	372	Lynn Oleary	Female	55	Freeport	NY	518	11:06	00:34:31.96	509	11:08	00:34:38.24	11:07	01:09:10.20
511	218/276	22/26	274	Irem Konur	Female	35	East Northport	NY	541	11:40	00:36:15.34	478	10:37	00:33:01.23	11:08	01:09:16.50
512	219/276	16/18	393	Angelina Dedvukas	Female	25	Brooklyn	NY	529	11:24	00:35:25.96	500	10:55	00:33:57.50	11:10	01:09:23.40
513	294/329	10/14	398	Edward Petry	Male	61	Port Jefferson Stati	NY	523	11:17	00:35:04.60	506	11:04	00:34:23.74	11:10	01:09:28.30
514	295/329	49/55	107	Bill Crispino	Male	55	Freeport	NY	538	11:31	00:35:48.85	496	10:52	00:33:47.24	11:12	01:09:36.00
515	220/276	29/33	381	Michelle Papagno	Female	55	Carle Place	NY	530	11:25	00:35:31.34	502	10:59	00:34:08.19	11:12	01:09:39.50
516	221/276	4/9	389	Elizabeth Penagos	Female	66	Glen Cove	NY	510	11:03	00:34:20.13	517	11:26	00:35:32.99	11:14	01:09:53.10
517	296/329	26/26	348	Adam Mills	Male	31	Merrick	NY	509	11:01	00:34:15.42	521	11:31	00:35:47.04	11:16	01:10:02.40
518	297/329	4/6	355	Carlos A Morales	Male	79	Corona	NY	496	10:51	00:33:44.31	532	11:47	00:36:37.66	11:19	01:10:21.90
519	222/276	26/30	201	Dana Gasparec	Female	34	Merrick	NY	504	10:58	00:34:07.50	528	11:43	00:36:26.81	11:21	01:10:34.30
520	223/276	33/37	353	Raquel Modica	Female	42	Bethpage	NY	505	10:59	00:34:07.84	529	11:43	00:36:26.88	11:21	01:10:34.70
521	224/276	14/16	454	Ellen Sansone	Female	54	Franklin Square	NY	534	11:29	00:35:43.80	511	11:13	00:34:51.12	11:21	01:10:34.90
522	225/276	5/10	423	Nancy Reagan	Female	49	Bay Shore	NY	516	11:06	00:34:29.31	527	11:39	00:36:12.10	11:22	01:10:41.40
523	226/276	5/9	52	Christine Brakel	Female	66	Brightwaters	NY	527	11:20	00:35:14.44	518	11:28	00:35:38.97	11:24	01:10:53.40
524	227/276	26/34	111	Kathleen Cuff	Female	53	Kings Park	NY	528	11:23	00:35:23.14	519	11:29	00:35:41.82	11:26	01:11:04.90
525	228/276	15/16	239	Joan Hernandez	Female	49	Franklin Sq	NY	536	11:31	00:35:46.98	515	11:22	00:35:21.22	11:26	01:11:08.20
526	229/276	30/33	590	Jo Ellen Elsener	Female	56	Deer Park	NY	497	10:52	00:33:46.84	545	12:04	00:37:30.87	11:28	01:11:17.70
527	298/329	50/55	483	Paul Smolevitz	Male	56	Woodbury	NY	494	10:50	00:33:40.59	549	12:10	00:37:49.14	11:30	01:11:29.70
528	230/276	6/10	64	Patricia Bush	Female	59	East Islip	NY	552	12:02	00:37:24.81	504	11:01	00:34:14.24	11:31	01:11:39.00
529	299/329	51/55	210	Chris Gommlich	Male	55	East Northport	NY	525	11:18	00:35:07.74	530	11:46	00:36:34.72	11:32	01:11:42.40
530	300/329	52/55	203	Mark Gelbien	Male	57	Plainview	NY	521	11:12	00:34:50.85	539	11:52	00:36:53.69	11:32	01:11:44.50
531	231/276	27/30	142	Kristen Discenza	Female	32	Massapequa	NY	522	11:13	00:34:51.48	537	11:52	00:36:53.23	11:32	01:11:44.70
532	232/276	34/37	132	Gretchen Derov	Female	41	East Meadow	NY	507	10:59	00:34:09.33	548	12:09	00:37:46.59	11:34	01:11:55.90
533	233/276	27/34	10	Michelle Ackerman	Female	50	Farmingdale	NY	520	11:09	00:34:39.89	542	12:00	00:37:17.37	11:34	01:11:57.20
534	301/329	37/39	145	Brian Dobkin	Male	48	New Hyde Park	NY	526	11:20	00:35:12.96	538	11:52	00:36:53.49	11:36	01:12:06.40
535	302/329	14/14	549	Kenneth Mulvihill	Male	29	East Meadow	NY	543	11:50	00:36:48.11	523	11:31	00:35:48.11	11:41	01:12:36.20
536	234/276	28/30	548	Heather Stone	Female	31	Huntington	NY	544	11:50	00:36:48.85	522	11:31	00:35:48.07	11:41	01:12:36.90
537	303/329	14/16	530	James Wegryzn	Male	68	Brightwaters	NY	540	11:36	00:36:05.35	533	11:47	00:36:39.06	11:42	01:12:44.40
538	235/276	17/18	77	Elizabeth Cashin	Female	28	Bethpage	NY	535	11:30	00:35:45.35	541	11:58	00:37:11.61	11:44	01:12:56.90
539	236/276	16/16	336	Cheryl Mcnally	Female	44	Oceanside	NY	532	11:27	00:35:35.60	543	12:02	00:37:26.29	11:45	01:13:01.80
540	304/329	11/14	390	Domingo Perez	Male	62	Corona	NY	524	11:17	00:35:05.30	551	12:12	00:37:56.79	11:45	01:13:02.00

# Aspire 10K Run

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## Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
541	305/329	38/39	251	Louis Jainchill	Male	49	Woodbury	NY	548	11:57	00:37:10.34	524	11:33	00:35:56.12	11:45	01:13:06.40
542	237/276	23/26	293	Norma Leal	Female	39	Brentwood D	NY	542	11:42	00:36:23.60	535	11:50	00:36:46.81	11:46	01:13:10.40
543	238/276	35/37	39	Lynn Bekerman	Female	44	Syosset	NY	549	11:57	00:37:10.54	525	11:35	00:36:00.67	11:46	01:13:11.20
544	239/276	36/37	400	Julie Phillips	Female	43	Hicksville	NY	537	11:31	00:35:46.99	544	12:03	00:37:27.22	11:47	01:13:14.20
545	306/329	12/14	375	Juan Oliveras	Male	62	Northport	NY							11:48	01:13:23.30
546	307/329	15/16	542	Bill Young	Male	69	West Islip	NY	539	11:34	00:35:57.99	553	12:17	00:38:10.48	11:55	01:14:08.40
547	308/329	50/50	115	Robert Curran	Male	50	Old Bethpage	NY	555	12:07	00:37:38.84	536	11:50	00:36:47.24	11:58	01:14:26.00
548	240/276	24/26	451	Teresa Salvato	Female	38	Oyster Bay	NY	558	12:15	00:38:04.35	531	11:46	00:36:35.35	12:00	01:14:39.70
549	309/329	11/12	258	Stanley Kalinoski	Male	70	Commack	NY	547	11:52	00:36:55.24	550	12:10	00:37:49.95	12:01	01:14:45.10
550	241/276	11/14	240	Rochelle Holden	Female	60	Westbury	NY	551	12:01	00:37:23.10	546	12:05	00:37:33.03	12:03	01:14:56.10
551	242/276	22/23	486	Lilly Spiegel	Female	47	Bellmore	NY	567	12:42	00:39:27.92	526	11:38	00:36:11.60	12:10	01:15:39.50
552	310/329	12/12	556	Mark Rosenberg	Male	71	Syosset	NY	561	12:23	00:38:29.71	540	11:57	00:37:10.24	12:10	01:15:39.90
553	243/276	7/10	466	Christine Schultz	Female	34	Dix Hills	NY	557	12:09	00:37:45.10	552	12:15	00:38:03.86	12:12	01:15:48.90
554	311/329	1/3	133	George Devoe	Male	81	Hauppauge	NY	553	12:02	00:37:24.81	555	12:28	00:38:45.34	12:15	01:16:10.10
555	244/276	28/34	637	Laura Monar Schnelle	Female	54	Dix Hills	NY	571	12:49	00:39:50.70	534	11:47	00:36:39.13	12:18	01:16:29.80
556	245/276	2/4	408	Karen Potenza	Female	71	Northport	NY	559	12:17	00:38:10.10	558	12:35	00:39:06.99	12:26	01:17:17.00
557	246/276	8/10	373	Maria Oleary	Female	49	East Meadow	NY	562	12:23	00:38:31.10	556	12:28	00:38:46.80	12:26	01:17:17.90
558	247/276	25/26	212	Mollie Gonzalez	Female	36	Holbrook	NY	560	12:20	00:38:21.35	559	12:37	00:39:13.01	12:29	01:17:34.30
559	312/329	9/10	262	John Kaufmann	Male	65	Farmingdale	NY	566	12:40	00:39:22.45	554	12:22	00:38:25.49	12:31	01:17:47.90
560	248/276	26/26	596	Zoraini Rodriguez	Female	37	Hicksville	NY	563	12:35	00:39:06.75	561	12:39	00:39:21.18	12:37	01:18:27.90
561	249/276	31/33	38	Debbie Bejzak	Female	59	Long Beach	NY	576	13:09	00:40:51.70	547	12:08	00:37:42.11	12:38	01:18:33.80
562	313/329	16/16	137	Peter Digangi	Male	65	Plainview	NY	550	12:01	00:37:21.35	564	13:17	00:41:16.35	12:39	01:18:37.70
563	314/329	5/6	441	Joseph Rottino	Male	77	Huntington	NY	568	12:44	00:39:35.00	560	12:39	00:39:18.71	12:41	01:18:53.70
564	315/329	53/55	429	Mitchell Rich	Male	59	Merrick	NY	565	12:37	00:39:14.29	563	12:55	00:40:08.68	12:46	01:19:22.90
565	316/329	12/13	146	Gordon Dollack	Male	60	N.babylon	NY	574	13:03	00:40:35.59	557	12:32	00:38:58.38	12:48	01:19:33.90
566	250/276	12/14	430	Stella Ritsos	Female	62	Bayside	NY	545	11:51	00:36:49.73	573	13:51	00:43:02.22	12:51	01:19:51.90
567	251/276	23/23	405	Christine Poplawski	Female	46	Massapequa	NY	564	12:37	00:39:12.52	568	13:36	00:42:17.15	13:06	01:21:29.60
568	317/329	54/55	516	Warren Vandewate	Male	59	North Bellmore	NY	579	13:22	00:41:32.79	562	12:54	00:40:05.93	13:08	01:21:38.70
569	252/276	3/4	496	Mickey Stelling	Female	74	East Meadow	NY	573	13:01	00:40:27.50	566	13:22	00:41:34.41	13:12	01:22:01.90
570	253/276	29/34	497	Barbara Stockman	Female	51	Bay Shore	NY	570	12:46	00:39:41.86	570	13:40	00:42:27.86	13:13	01:22:09.70
571	254/276	9/10	317	Lee Ann March	Female	46	Patchogue	NY	569	12:46	00:39:41.72	571	13:40	00:42:28.11	13:13	01:22:09.80
572	255/276	18/18	586	Ana Rivero	Female	26	Garden City	NY	546	11:52	00:36:52.59	580	14:48	00:46:01.89	13:20	01:22:54.40
573	318/329	55/55	567	Jeffrey Magnuson	Male	57	West Babylon	NY	578	13:20	00:41:28.53	565	13:22	00:41:33.85	13:21	01:23:02.30
574	256/276	13/14	217	Paula Groothuis	Female	64	Albertson	NY	577	13:14	00:41:09.80	567	13:32	00:42:05.56	13:23	01:23:15.30
575	257/276	32/33	266	Shirley Kennedy	Female	55	Lindenhurst	NY	581	13:27	00:41:49.77	569	13:40	00:42:27.84	13:33	01:24:17.60
576	319/329	1/1	250	Bert Jablon	Male	87	Syosset	NY	582	13:35	00:42:13.72	572	13:42	00:42:35.75	13:39	01:24:49.40



# Aspire 10K Run

April 5, 2014

## Overall Results

Place	Gender Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
577	258/276	29/30	416	Maya Ramnath	Female	31	Westbury	NY	584	13:41	00:42:32.61	574	13:51	00:43:03.87	13:46	01:25:36.40
578	320/329	13/13	487	Stephen Sprague	Male	36	Oceanside	NY	575	13:05	00:40:40.86	577	14:29	00:45:01.12	13:47	01:25:41.90
579	321/329	10/10	300	Thomas Linsalata	Male	53	Seaford	NY	572	12:56	00:40:13.61	584	15:15	00:47:25.84	14:06	01:27:39.40
580	259/276	30/30	349	Ruth Mills	Female	30	Merrick	NY	587	14:14	00:44:14.79	575	13:59	00:43:28.52	14:07	01:27:43.30
581	260/276	14/14	170	Linda Fairgrieve	Female	60	Mineola	NY	580	13:26	00:41:44.60	581	14:49	00:46:04.59	14:07	01:27:49.10
582	322/329	2/3	267	Howard Kestenbaum	Male	82	Plainview	NY	586	14:05	00:43:47.30	576	14:12	00:44:08.77	14:09	01:27:56.00
583	261/276	10/10	193	Barbara Friel	Female	57	Center Moriches	NY	585	14:04	00:43:43.61	579	14:47	00:45:58.88	14:26	01:29:42.40
584	323/329	39/39	351	Joe Minicozzi	Male	48	Lindenhurst	NY	583	13:39	00:42:27.35	586	15:17	00:47:30.23	14:28	01:29:57.50
585	262/276	30/34	63	Judith Burke	Female	54	Old Bethpage	NY	554	12:07	00:37:38.83	599	17:24	00:54:06.29	14:45	01:31:45.10
586	263/276	31/34	116	Susan Curran	Female	54	Old Bethpage	NY	556	12:07	00:37:39.64	598	17:24	00:54:05.70	14:45	01:31:45.30
587	264/276	32/34	41	Gail Benenson	Female	50	Old Bethpage	NY	592	15:03	00:46:46.87	585	15:17	00:47:29.85	15:10	01:34:16.70
588	265/276	3/3	584	Alison Meyer	Female	12	Plainview	NY	597	15:40	00:48:41.13	578	14:42	00:45:42.87	15:11	01:34:24.00
589	266/276	6/9	164	Patty Elder	Female	65	Sayville	NY	593	15:26	00:47:59.39	587	15:21	00:47:44.20	15:24	01:35:43.50
590	324/329	4/4	981	Shane Kennedy	Male	15	West Babylon	NY	591	14:30	00:45:05.93	594	16:20	00:50:47.32	15:25	01:35:53.20
591	325/329	13/14	965	Mark Gallop	Male	63	W.islip	NY	590	14:30	00:45:05.12	595	16:21	00:50:48.82	15:25	01:35:53.90
592	326/329	6/6	321	Frank Martin	Male	79	West Bay Shore	NY	588	14:20	00:44:33.61	597	16:36	00:51:36.80	15:28	01:36:10.40
593	267/276	1/2	181	Alexandra Finger	Female	79	Pearl River	NY	589	14:22	00:44:41.11	596	16:35	00:51:32.14	15:29	01:36:13.20
594	327/329	10/10	967	Eric Gunderson	Male	21	Medford	NY	599	15:49	00:49:09.37	583	15:09	00:47:06.91	15:29	01:36:16.20
595	328/329	14/14	961	Steve Cuomo	Male	62	Shirley	NY	600	15:49	00:49:09.79	582	15:09	00:47:06.69	15:29	01:36:16.40
596	268/276	33/34	968	Maureen Gunderson	Female	54	Medford	NY							15:30	01:36:25.00
597	329/329	3/3	555	Odd Sangesland	Male	84	Plainview	NY	594	15:32	00:48:18.53	588	15:54	00:49:24.63	15:43	01:37:43.10
598	269/276	33/33	263	Suzu Kavanagh	Female	55	Woodhaven	NY	596	15:35	00:48:26.48	589	15:55	00:49:27.87	15:45	01:37:54.30
599	270/276	37/37	971	Colleen Kennedy	Female	41	West Babylon	NY	595	15:35	00:48:26.28	590	15:55	00:49:28.28	15:45	01:37:54.50
600	271/276	7/9	428	Doris Reynolds	Female	66	Amityville	NY	598	15:41	00:48:44.97	591	16:02	00:49:49.99	15:51	01:38:34.90
601	272/276	4/4	159	Donna Ehrenberg	Female	71	Huntington	NY							15:58	01:39:16.70
602	273/276	8/9	222	Donna Hahl	Female	67	Valley Stream	NY							15:58	01:39:17.50
603	274/276	9/9	318	Nancy Mariano	Female	68	Pt Jefferson Station	NY	601	15:53	00:49:22.80	593	16:04	00:49:55.71	15:58	01:39:18.50
604	275/276	34/34	100	Patricia Conway	Female	51	Port Jefferson	NY	602	15:53	00:49:23.62	592	16:03	00:49:55.12	15:58	01:39:18.70
605	276/276	2/2	220	Ginny Guichard	Female	76	Melville	NY	603	18:23	00:57:08.11	600	20:38	01:04:07.89	19:30	02:01:16.00