

LOOP DE LOOP 5K/10K & 1/2 MARATHON
 September 27, 2014
 Decorah, Iowa

10K RESULTS

Place	Div/Tot	Name	City	St	Age	S	Time	Pace
1	1/1	Hank Dickey	Littleton	CO	19	M	45:38	7:21
2	1/6	Andrew Johasuh	Decorah	IA	45	M	47:32	7:39
3	2/6	Matt Hughes	Decorah	IA	40	M	48:05	7:45
4	1/3	Jerry Robinson	Decorah	IA	46	M	48:46	7:51
5	2/3	Scott Hervey	Decorah	IA	52	M	49:42	8:00
6	3/6	Andrew Whitfield	Decorah	IA	39	M	49:55	8:02
7	1/17	Tiffany Dahlberg	Decorah	IA	33	F	50:32	8:08
8	1/16	Laura Seyfer	Cedar Rapids	IA	24	F	51:16	8:15
9	2/16	Melissa Lockwood	Decorah	IA	21	F	52:31	8:28
10	4/6	Eric Kinman	Des Moines	IA	43	M	52:32	8:28
11	3/16	Katie Blocker	Waukon	IA	22	F	52:47	8:30
12	5/6	Jacob Lassetter	Decorah	IA	35	M	53:01	8:32
13	2/17	Vicky Copp	Readlyn	IA	30	F	53:38	8:38
14	4/16	Tatum Schilling	Peru	IL	26	F	54:01	8:42
15	3/17	Amy Robinson	Decorah	IA	42	F	54:34	8:47
16	5/16	Marlene Weikle	Decorah	IA	20	F	55:28	8:56
17	6/16	Nora Bailey	San Diego	CA	27	F	56:03	9:02
18	6/6	Nathan Seyfer	Cedar Rapids	IA	32	M	56:16	9:04
19	7/16	Kristen Schulte	Cresco	IA	27	F	56:39	9:07
20	8/16	Jadie Lansing	Calmar	IA	22	F	57:12	9:13
21	9/16	Allanda Gehling	Calmar	IA	29	F	57:13	9:13
22	4/17	Lisa Bahr	Stanley	IA	32	F	57:15	9:13
23	5/17	Catherine Wedenier	Decorah	IA	32	F	57:34	9:16
24	6/17	Melissa Lovstuen	Decorah	IA	36	F	57:50	9:19
25	10/16	Becky Rea	Lansing	IA	27	F	58:01	9:21
26	11/16	Carly Ellefsen	Decorah	IA	22	F	1:00:42	9:47
27	12/16	Christine Pacewicz	Mankato	MN	23	F	1:03:06	10:10
28	1/4	Connie Haluska	Decorah	IA	59	F	1:04:11	10:20
29	13/16	Erica Nosbisch	Decorah	IA	29	F	1:05:08	10:29
30	3/3	Paul Ulvilden	Decorah	IA	55	M	1:05:33	10:33
31	7/17	Jennifer Bliven	Decorah	IA	30	F	1:05:57	10:37
32	8/17	Jessica Rediske	Decorah	IA	33	F	1:06:06	10:39
33	2/4	Bonnie Kuehner	Lawler	IA	53	F	1:06:35	10:43
34	3/4	Halli Ryan	Cedar Rapids	IA	50	F	1:06:54	10:46
35	14/16	Laura Reutlinger	Decorah	IA	25	F	1:06:57	10:47
36	9/17	Sarah Ortmeier	Rochester	MN	36	F	1:07:11	10:49
37	10/17	Katherine Scheppmann	Rochester	MN	34	F	1:07:18	10:50
38	11/17	Karla Kottke	Kasson	MN	32	F	1:07:19	10:50
39	12/17	Marsha Tollefsrud	Festina	IA	40	F	1:07:49	10:55
40	1/1	Karl Knudson	Decorah	IA	64	M	1:08:06	10:58
41	13/17	Kristina Wiltgen	Decorah	IA	35	F	1:08:12	10:59
42	14/17	Janeen Christy	Decorah	IA	43	F	1:09:46	11:14
43	15/16	Becky Borgman	Decorah	IA	27	F	1:12:28	11:40
44	15/17	Pam Haluska	Decorah	IA	31	F	1:12:33	11:41
45	16/17	Sarah Charbon	Tiffin	IA	30	F	1:13:46	11:53
46	4/4	Joellen Anderson	Waukon	IA	53	F	1:17:04	12:25
47	16/16	Heidi Farley	Waukon	IA	28	F	1:17:13	12:26
48	17/17	Nori Hadley	Decorah	IA	39	F	1:17:20	12:27

MALE RESULTS

Place	No.	Name	City	St	Age	S	Time	Pace
1	311	Hank Dickey	Littleton	CO	19	M	45:38	7:21
2	350	Andrew Johasuh	Decorah	IA	45	M	47:32	7:39
3	320	Matt Hughes	Decorah	IA	40	M	48:05	7:45
4	337	Jerry Robinson	Decorah	IA	46	M	48:46	7:51
5	353	Scott Hervey	Decorah	IA	52	M	49:42	8:00
6	345	Andrew Whitfield	Decorah	IA	39	M	49:55	8:02
7	321	Eric Kinman	Des Moines	IA	43	M	52:32	8:28
8	325	Jacob Lassetter	Decorah	IA	35	M	53:01	8:32
9	340	Nathan Seyfer	Cedar Rapids	IA	32	M	56:16	9:04
10	344	Paul Ulvilden	Decorah	IA	55	M	1:05:33	10:33
11	348	Karl Knudson	Decorah	IA	64	M	1:08:06	10:58

FEMALE RESULTS

Place	No.	Name	City	St	Age	S	Time	Pace
1	309	Tiffany Dahlberg	Decorah	IA	33	F	50:32	8:08
2	342	Laura Seyfer	Cedar Rapids	IA	24	F	51:16	8:15
3	326	Melissa Lockwood	Decorah	IA	21	F	52:31	8:28
4	346	Katie Blocker	Waukon	IA	22	F	52:47	8:30
5	308	Vicky Copp	Readlyn	IA	30	F	53:38	8:38
6	354	Tatum Schilling	Peru	IL	26	F	54:01	8:42
7	336	Amy Robinson	Decorah	IA	42	F	54:34	8:47
8	352	Marlene Weikle	Decorah	IA	20	F	55:28	8:56
9	303	Nora Bailey	San Diego	CA	27	F	56:03	9:02
10	349	Kristen Schulte	Cresco	IA	27	F	56:39	9:07
11	324	Jadie Lansing	Calmar	IA	22	F	57:12	9:13
12	314	Allanda Gehling	Calmar	IA	29	F	57:13	9:13
13	302	Lisa Bahr	Stanley	IA	32	F	57:15	9:13
14	351	Catherine Wedenier	Decorah	IA	32	F	57:34	9:16
15	327	Melissa Lovstuen	Decorah	IA	36	F	57:50	9:19
16	333	Becky Rea	Lansing	IA	27	F	58:01	9:21
17	312	Carly Ellefsen	Decorah	IA	22	F	1:00:42	9:47
18	332	Christine Pacewicz	Mankato	MN	23	F	1:03:06	10:10
19	318	Connie Haluska	Decorah	IA	59	F	1:04:11	10:20
20	329	Erica Nosbisch	Decorah	IA	29	F	1:05:08	10:29
21	304	Jennifer Bliven	Decorah	IA	30	F	1:05:57	10:37
22	347	Jessica Rediske	Decorah	IA	33	F	1:06:06	10:39
23	323	Bonnie Kuehner	Lawler	IA	53	F	1:06:35	10:43
24	338	Halli Ryan	Cedar Rapids	IA	50	F	1:06:54	10:46
25	334	Laura Reutlinger	Decorah	IA	25	F	1:06:57	10:47
26	331	Sarah Ortmeier	Rochester	MN	36	F	1:07:11	10:49
27	339	Katherine Scheppmann	Rochester	MN	34	F	1:07:18	10:50
28	322	Karla Kottke	Kasson	MN	32	F	1:07:19	10:50
29	343	Marsha Tollefsrud	Festina	IA	40	F	1:07:49	10:55
30	355	Kristina Wiltgen	Decorah	IA	35	F	1:08:12	10:59
31	307	Janeen Christy	Decorah	IA	43	F	1:09:46	11:14
32	305	Becky Borgman	Decorah	IA	27	F	1:12:28	11:40
33	317	Pam Haluska	Decorah	IA	31	F	1:12:33	11:41
34	306	Sarah Charbon	Tiffin	IA	30	F	1:13:46	11:53
35	301	Joellen Anderson	Waukon	IA	53	F	1:17:04	12:25
36	313	Heidi Farley	Waukon	IA	28	F	1:17:13	12:26
37	315	Nori Hadley	Decorah	IA	39	F	1:17:20	12:27

MALE AGE GROUP RESULTS 13 - 19

Place	No.	Name	City	St	Age	S	Time	Pace
1	311	Hank Dickey	Littleton	CO	19	M	45:38	7:21

FEMALE AGE GROUP RESULTS 20 - 29

Place	No.	Name	City	St	Age	S	Time	Pace
1	342	Laura Seyfer	Cedar Rapids	IA	24	F	51:16	8:15
2	326	Melissa Lockwood	Decorah	IA	21	F	52:31	8:28
3	346	Katie Blocker	Waukon	IA	22	F	52:47	8:30
4	354	Tatum Schilling	Peru	IL	26	F	54:01	8:42
5	352	Marlene Weikle	Decorah	IA	20	F	55:28	8:56
6	303	Nora Bailey	San Diego	CA	27	F	56:03	9:02
7	349	Kristen Schulte	Cresco	IA	27	F	56:39	9:07
8	324	Jadie Lansing	Calmar	IA	22	F	57:12	9:13
9	314	Allanda Gehling	Calmar	IA	29	F	57:13	9:13
10	333	Becky Rea	Lansing	IA	27	F	58:01	9:21
11	312	Carly Ellefsen	Decorah	IA	22	F	1:00:42	9:47
12	332	Christine Pacewicz	Mankato	MN	23	F	1:03:06	10:10
13	329	Erica Nosbisch	Decorah	IA	29	F	1:05:08	10:29
14	334	Laura Reutlinger	Decorah	IA	25	F	1:06:57	10:47
15	305	Becky Borgman	Decorah	IA	27	F	1:12:28	11:40
16	313	Heidi Farley	Waukon	IA	28	F	1:17:13	12:26

FEMALE AGE GROUP RESULTS 30 - 45

Place	No.	Name	City	St	Age	S	Time	Pace
1	309	Tiffany Dahlberg	Decorah	IA	33	F	50:32	8:08
2	308	Vicky Copp	Readlyn	IA	30	F	53:38	8:38
3	336	Amy Robinson	Decorah	IA	42	F	54:34	8:47
4	302	Lisa Bahr	Stanley	IA	32	F	57:15	9:13
5	351	Catherine Wedenier	Decorah	IA	32	F	57:34	9:16
6	327	Melissa Lovstuen	Decorah	IA	36	F	57:50	9:19
7	304	Jennifer Bliven	Decorah	IA	30	F	1:05:57	10:37
8	347	Jessica Rediske	Decorah	IA	33	F	1:06:06	10:39
9	331	Sarah Ortmeier	Rochester	MN	36	F	1:07:11	10:49
10	339	Katherine Scheppmann	Rochester	MN	34	F	1:07:18	10:50
11	322	Karla Kottke	Kasson	MN	32	F	1:07:19	10:50
12	343	Marsha Tollefsrud	Festina	IA	40	F	1:07:49	10:55
13	355	Kristina Wiltgen	Decorah	IA	35	F	1:08:12	10:59
14	307	Janeen Christy	Decorah	IA	43	F	1:09:46	11:14
15	317	Pam Haluska	Decorah	IA	31	F	1:12:33	11:41
16	306	Sarah Charbon	Tiffin	IA	30	F	1:13:46	11:53
17	315	Nori Hadley	Decorah	IA	39	F	1:17:20	12:27

MALE AGE GROUP RESULTS 30 - 45

Place	No.	Name	City	St	Age	S	Time	Pace
1	350	Andrew Johasuh	Decorah	IA	45	M	47:32	7:39
2	320	Matt Hughes	Decorah	IA	40	M	48:05	7:45
3	345	Andrew Whitfield	Decorah	IA	39	M	49:55	8:02
4	321	Eric Kinman	Des Moines	IA	43	M	52:32	8:28

5	325	Jacob Lassetter	Decorah	IA	35	M	53:01	8:32
6	340	Nathan Seyfer	Cedar Rapids	IA	32	M	56:16	9:04

FEMALE AGE GROUP RESULTS 46 - 59

Place	No.	Name	City	St	Age	S	Time	Pace
1	318	Connie Haluska	Decorah	IA	59	F	1:04:11	10:20
2	323	Bonnie Kuehner	Lawler	IA	53	F	1:06:35	10:43
3	338	Halli Ryan	Cedar Rapids	IA	50	F	1:06:54	10:46
4	301	Joellen Anderson	Waukon	IA	53	F	1:17:04	12:25

MALE AGE GROUP RESULTS 46 - 59

Place	No.	Name	City	St	Age	S	Time	Pace
1	337	Jerry Robinson	Decorah	IA	46	M	48:46	7:51
2	353	Scott Hervey	Decorah	IA	52	M	49:42	8:00
3	344	Paul Ulvilden	Decorah	IA	55	M	1:05:33	10:33

MALE AGE GROUP RESULTS 60 - 98

Place	No.	Name	City	St	Age	S	Time	Pace
1	348	Karl Knudson	Decorah	IA	64	M	1:08:06	10:58