

Aspire 10K Run

April 2, 2016

Overall Results

10K

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
1	1/332	1/1	569	Yuji Wakimoto	M	24	Port Jeff Sta	NY	1	5:19	00:16:32.82	1	5:06	00:15:50.77	5:12	00:32:23.60
2	2/332	1/21	333	Sean Mahon	M	30	Merrick	NY	2	5:19	00:16:32.85	3	5:24	00:16:47.53	5:21	00:33:20.38
3	3/332	1/14	639	Joe Grieco	M	24	Massapequa	NY	3	5:22	00:16:41.55	4	5:25	00:16:50.70	5:23	00:33:32.26
4	4/332	1/21	625	Aaron Robertson	M	37	Melville	NY	5	5:30	00:17:07.32	2	5:20	00:16:34.42	5:25	00:33:41.74
5	5/332	1/1	84	Boyd Carrington	M	43	Amityville	NY	4	5:22	00:16:42.35	5	5:31	00:17:10.90	5:27	00:33:53.26
6	6/332	1/4	241	Michael Herbert	M	18	Smithtown	NY	7	5:45	00:17:53.67	7	5:46	00:17:55.79	5:45	00:35:49.46
7	7/332	2/21	294	Christopher Koegel	M	32	Malverne	NY	10	5:48	00:18:01.37	6	5:45	00:17:52.36	5:46	00:35:53.74
8	8/332	2/14	119	James Dachille	M	20	Merrick	NY	6	5:45	00:17:53.46	8	5:48	00:18:01.28	5:46	00:35:54.74
9	9/332	3/21	629	Ronald Joseph	M	32	Far Rockaway	NY	8	5:45	00:17:53.82	9	5:53	00:18:17.56	5:49	00:36:11.39
10	10/332	2/21	533	Steven Steiner	M	39	Great Neck	NY	12	5:51	00:18:11.31	14	5:56	00:18:28.81	5:54	00:36:40.13
11	11/332	3/21	541	Travis Tate	M	39	Smithtown	NY	9	5:47	00:18:00.82	16	6:01	00:18:41.83	5:54	00:36:42.66
12	12/332	4/21	183	Sam Fox	M	31	Merrick	NY	14	5:54	00:18:21.57	13	5:55	00:18:25.14	5:55	00:36:46.72
13	13/332	1/31	248	Corey Hirschman	M	40	Stony Brook	NY	16	5:57	00:18:31.86	12	5:54	00:18:21.40	5:56	00:36:53.26
14	14/332	5/21	873	Steven Cuomo	M	33	Shirley	NY	11	5:50	00:18:07.49	18	6:02	00:18:46.92	5:56	00:36:54.41
15	15/332	1/43	225	Keith Guilfoyle	M	49	Commack	NY	17	6:00	00:18:38.77	10	5:53	00:18:18.40	5:56	00:36:57.17
16	16/332	6/21	392	Edward Murray	M	30	Bellmore	NY	15	5:56	00:18:26.58	15	5:59	00:18:37.81	5:57	00:37:04.40
17	1/293	1/1	159	Elizabeth Eickelberg	F	24	Leonia	NJ	19	6:02	00:18:47.79	11	5:54	00:18:20.67	5:58	00:37:08.46
18	17/332	2/4	877	Alex Eletto	M	18	Stony Brook	NY	13	5:52	00:18:13.74	21	6:07	00:19:00.79	5:59	00:37:14.54
19	18/332	3/14	300	Anton Korniev	M	23	Glen Head	NY	18	6:00	00:18:41.42	19	6:04	00:18:51.09	6:02	00:37:32.52
20	2/293	1/22	301	Victoria Kornieva-Robitaille	F	28	Amityville	NY	24	6:07	00:19:01.99	17	6:02	00:18:45.21	6:04	00:37:47.20
21	3/293	1/24	360	Katie Mcgrath	F	31	Oakdale	NY	21	6:03	00:18:49.78	23	6:07	00:19:03.08	6:05	00:37:52.86
22	19/332	1/14	419	Mitchell Ostrow	M	28	Long Beach	NY	22	6:04	00:18:51.55	24	6:08	00:19:03.71	6:06	00:37:55.26
23	20/332	4/21	268	Joshua Jastemski	M	36	Medford	NY	26	6:10	00:19:11.34	20	6:05	00:18:55.43	6:08	00:38:06.78
24	21/332	2/31	391	Timothy Murphy	M	44	Ronkonkoma	NY	25	6:10	00:19:09.82	22	6:07	00:19:01.93	6:08	00:38:11.75
25	22/332	1/46	453	Eddie Reagan	M	59	Levittown	NY	20	6:03	00:18:49.73	27	6:14	00:19:23.04	6:08	00:38:12.77
26	23/332	5/21	683	Jose Ulloa	M	38	Bellport	NY	23	6:05	00:18:54.57	30	6:17	00:19:31.61	6:11	00:38:26.18
27	24/332	2/43	624	Robis Degirmenci	M	46	Port Washington	NY	28	6:11	00:19:13.33	25	6:13	00:19:19.85	6:12	00:38:33.19
28	25/332	3/31	568	Jeffrey Votteler	M	44	Manorville	NY	27	6:10	00:19:11.34	29	6:16	00:19:28.59	6:13	00:38:39.93
29	26/332	6/21	230	Trent Hampton	M	37	West Babylon	NY	33	6:21	00:19:45.22	26	6:14	00:19:22.88	6:17	00:39:08.11
30	27/332	7/21	664	David Lopez Merlos	M	34	E.northport	NY	34	6:22	00:19:48.46	28	6:15	00:19:26.05	6:18	00:39:14.52
31	28/332	2/14	155	Kevin Dunbar	M	28	Astoria	NY	32	6:20	00:19:43.39	34	6:21	00:19:43.87	6:20	00:39:27.27
32	4/293	1/38	651	Kelly Perno Grosser	F	35	Seaford	NY	39	6:24	00:19:55.96	31	6:17	00:19:33.71	6:21	00:39:29.67
33	29/332	4/31	97	Adam Cigliano	M	43	N Merrick	NY	35	6:22	00:19:49.67	33	6:20	00:19:43.64	6:21	00:39:33.31
34	30/332	5/31	554	Steven Toto	M	42	Hauppauge	NY	48	6:28	00:20:06.79	32	6:19	00:19:38.90	6:23	00:39:45.69
35	31/332	1/34	532	Jeff Steinberg	M	54	Westbury	NY	40	6:25	00:19:56.57	35	6:25	00:19:57.66	6:25	00:39:54.24
36	32/332	7/21	621	Scott Burman	M	37	Garden City	NY	30	6:20	00:19:41.56	43	6:30	00:20:13.08	6:25	00:39:54.64

Aspire 10K Run

April 2, 2016

Overall Results

10K

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
37	33/332	1/33	180	Bill Fisher	M	61	Levittown	NY	43	6:25	00:19:57.58	36	6:25	00:19:58.08	6:25	00:39:55.66
38	34/332	6/31	567	Robert Votruba	M	44	Garden City	NY	37	6:24	00:19:55.33	37	6:26	00:20:02.15	6:25	00:39:57.48
39	5/293	2/24	379	Shannon Miller	F	31	Smithtown	NY	36	6:23	00:19:51.71	40	6:28	00:20:06.80	6:25	00:39:58.51
40	35/332	7/31	384	Duane Mora	M	42	Merrick	NY	38	6:24	00:19:55.56	42	6:28	00:20:08.23	6:26	00:40:03.79
41	6/293	2/38	649	Lauren Jasinski	F	39	Cold Spring Harbor	NY	41	6:25	00:19:56.82	41	6:28	00:20:07.67	6:26	00:40:04.50
42	36/332	2/46	465	Michael Robles	M	57	Smithtown	NY	49	6:29	00:20:08.79	39	6:27	00:20:03.98	6:28	00:40:12.77
43	37/332	3/46	120	Ned Daily	M	58	Garden Cty Pk	NY	45	6:27	00:20:02.83	45	6:31	00:20:15.39	6:29	00:40:18.22
44	7/293	1/1	63	Una Broderick	F	49	Wantagh	NY	47	6:27	00:20:04.71	44	6:31	00:20:15.05	6:29	00:40:19.77
45	38/332	8/31	450	Jason Ramirez	M	42	Wantagh	NY	42	6:25	00:19:57.18	47	6:34	00:20:26.09	6:29	00:40:23.27
46	39/332	8/21	897	Paul Milazza	M	31	Hauppauge	NY	44	6:25	00:19:58.80	54	6:37	00:20:34.87	6:31	00:40:33.67
47	8/293	2/22	221	Michele Grieco	F	27	Massapequa	NY	46	6:27	00:20:03.83	51	6:36	00:20:32.40	6:32	00:40:36.23
48	40/332	2/33	603	Kevin Carroll	M	63	Dix Hills	NY	56	6:39	00:20:42.44	38	6:26	00:20:02.20	6:33	00:40:44.64
49	41/332	1/14	152	John Dullaghan	M	39	E Northport	NY	50	6:31	00:20:17.80	49	6:36	00:20:31.90	6:34	00:40:49.70
50	9/293	3/38	564	Emily Visconti	F	35	New York	NY	51	6:34	00:20:27.25	52	6:36	00:20:33.27	6:35	00:41:00.52
51	42/332	4/14	76	Matthew Callman	M	24	Merrick	NY	53	6:36	00:20:33.33	60	6:41	00:20:46.08	6:39	00:41:19.41
52	43/332	8/21	563	Ronnie Vichman	M	35	Farmingdale	NY	62	6:45	00:20:58.55	46	6:34	00:20:24.44	6:39	00:41:23.00
53	44/332	2/34	685	Marc Bochner	M	50	New York	NY	57	6:40	00:20:45.31	55	6:39	00:20:39.94	6:39	00:41:25.26
54	10/293	1/35	125	Noni Degirmenci	F	42	Prt Washingt	NY	52	6:36	00:20:30.80	63	6:45	00:20:59.98	6:40	00:41:30.78
55	11/293	4/38	637	Shari Klarfeld	F	35	Plainview	NY	63	6:45	00:20:59.97	50	6:36	00:20:32.28	6:41	00:41:32.26
56	45/332	3/14	83	Andrew Carrig	M	29	North Babylon	NY	60	6:43	00:20:54.50	56	6:39	00:20:40.42	6:41	00:41:34.92
57	12/293	1/14	687	Lauren Dorsky	F	20	New York	NY	55	6:38	00:20:37.78	62	6:45	00:20:59.58	6:41	00:41:37.36
58	46/332	3/43	643	Tommy Nettuno	M	46	West Babylon	NY	31	6:20	00:19:41.79	84	7:04	00:21:59.32	6:42	00:41:41.11
59	13/293	2/14	551	Maggie Tighe	F	23	Babylon	NY	54	6:38	00:20:37.78	64	6:46	00:21:03.64	6:42	00:41:41.42
60	47/332	4/43	266	Gus Isaksson	M	49	Saint James	NY	72	6:51	00:21:18.83	48	6:36	00:20:31.54	6:43	00:41:50.38
61	48/332	4/14	389	Taylor Mucaria	M	28	Lake Grove	NY	69	6:50	00:21:14.81	58	6:39	00:20:41.66	6:44	00:41:56.48
62	49/332	9/21	537	Ryan Sullivan	M	31	Long Beach	NY	64	6:45	00:21:00.78	61	6:44	00:20:57.91	6:45	00:41:58.70
63	50/332	5/43	228	Jose Gutierrez	M	49	Glendale	NY	73	6:51	00:21:19.46	57	6:39	00:20:41.06	6:45	00:42:00.52
64	51/332	2/14	270	Joseph Jensen	M	36	Wantagh	NY	58	6:42	00:20:50.33	65	6:49	00:21:12.44	6:45	00:42:02.77
65	52/332	5/14	327	Eddie Lopez	M	26	Valley Stream	NY	71	6:51	00:21:18.47	59	6:40	00:20:45.12	6:46	00:42:03.59
66	14/293	3/14	524	Rachel Staiano	F	23	East Meadow	NY	80	6:55	00:21:32.10	53	6:36	00:20:33.42	6:46	00:42:05.52
67	53/332	3/34	559	Wayne Vartabedian	M	52	Long Beach	NY	61	6:44	00:20:56.94	68	6:54	00:21:29.37	6:49	00:42:26.31
68	15/293	1/31	477	Barbara Russo	F	52	Bellport	NY	59	6:43	00:20:54.30	72	6:57	00:21:35.87	6:50	00:42:30.17
69	54/332	9/21	620	Michael Mandato	M	36	Northport	NY	67	6:48	00:21:10.13	67	6:52	00:21:22.67	6:50	00:42:32.80
70	55/332	5/14	896	Thomas Mihailen	M	20	E.Northport	NY	65	6:48	00:21:08.58	70	6:56	00:21:33.98	6:52	00:42:42.56
71	56/332	4/46	572	Jon Wallach	M	59	Levittown	NY	74	6:52	00:21:21.71	66	6:52	00:21:21.82	6:52	00:42:43.53
72	16/293	5/38	364	Nicole Mcnamara	F	36	Smithtown	NY	68	6:49	00:21:11.14	69	6:56	00:21:33.03	6:52	00:42:44.17

Aspire 10K Run

April 2, 2016

Overall Results

10K

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
73	57/332	5/46	60	K C Brett	M	55	Port Jeff Sta	NY	66	6:48	00:21:09.72	73	6:57	00:21:36.05	6:52	00:42:45.77
74	58/332	6/43	870	Eric Bruno	M	46	Shirley	NY	70	6:50	00:21:16.33	78	7:01	00:21:49.63	6:56	00:43:05.96
75	59/332	7/43	149	Ray Downes	M	45	Huntington	NY	78	6:54	00:21:27.58	75	7:00	00:21:45.09	6:57	00:43:12.67
76	60/332	8/43	277	Ira Kaplan	M	46	East Meadow	NY	75	6:52	00:21:22.93	80	7:02	00:21:51.75	6:57	00:43:14.68
77	61/332	6/46	626	Robert Fried	M	55	Great Neck	NY	77	6:54	00:21:27.20	77	7:00	00:21:47.68	6:57	00:43:14.88
78	62/332	4/34	422	Victor Pajonas	M	50	Seaford	NY	76	6:53	00:21:23.74	82	7:02	00:21:53.36	6:57	00:43:17.11
79	63/332	9/43	341	John Manitta	M	49	Wading River	NY	83	6:57	00:21:37.59	79	7:02	00:21:51.19	6:59	00:43:28.78
80	64/332	7/46	520	Louis Sparaco	M	57	Patchogue	NY	88	7:02	00:21:52.81	74	6:57	00:21:36.47	6:59	00:43:29.28
81	65/332	10/43	312	Wai Law	M	49	Bethpage	NY	82	6:56	00:21:35.36	85	7:04	00:21:59.42	7:00	00:43:34.78
82	66/332	11/43	509	Mark Singer	M	47	Melville	NY	92	7:04	00:21:57.91	76	7:00	00:21:45.69	7:02	00:43:43.60
83	67/332	12/43	616	Matthew Conroy	M	46	Melville	NY	79	6:55	00:21:29.89	97	7:09	00:22:15.75	7:02	00:43:45.64
84	17/293	2/35	598	Nicolle Zeman	F	42	Wading River	NY	86	7:01	00:21:48.97	83	7:03	00:21:57.28	7:02	00:43:46.26
85	18/293	3/22	34	Ali Barrett	F	26	Levittown	NY	89	7:02	00:21:53.33	88	7:05	00:22:02.31	7:04	00:43:55.64
86	68/332	5/34	607	Martin Knapp	M	53	Bayshore	NY	100	7:07	00:22:08.72	81	7:02	00:21:53.24	7:05	00:44:01.96
87	19/293	4/14	686	Melanie Fiume	F	21	Plainview	NY	91	7:03	00:21:56.90	90	7:06	00:22:06.47	7:05	00:44:03.37
88	69/332	10/21	62	Romulo Brito	M	38	Uniondale	NY	85	7:00	00:21:46.33	99	7:10	00:22:17.20	7:05	00:44:03.53
89	70/332	9/31	156	Kervin Duncan	M	42	Brooklyn	NY	94	7:05	00:22:01.57	89	7:05	00:22:02.81	7:05	00:44:04.39
90	71/332	3/33	140	P J Diskin	M	60	Mineola	NY	97	7:06	00:22:05.23	87	7:05	00:22:01.29	7:05	00:44:06.53
91	72/332	1/4	596	Adam Zelin	M	13	Shoreham	NY	87	7:01	00:21:49.33	101	7:10	00:22:18.45	7:06	00:44:07.78
92	73/332	4/33	233	Timothy Healy	M	60	Syosset	NY	98	7:06	00:22:05.58	91	7:07	00:22:07.18	7:06	00:44:12.76
93	74/332	10/31	654	Rich Diamond	M	40	Plainview	NY	81	6:56	00:21:32.51	114	7:18	00:22:41.07	7:07	00:44:13.58
94	75/332	11/31	681	Hector Jaramillo	M	44	Baldwin	NY	99	7:06	00:22:06.25	95	7:09	00:22:15.49	7:08	00:44:21.74
95	76/332	11/21	553	Peter Tortorici	M	37	Hauppauge	NY	114	7:19	00:22:46.29	71	6:57	00:21:35.65	7:08	00:44:21.94
96	20/293	3/24	425	Jessica Petrina	F	34	Old Bethpage	NY	95	7:05	00:22:01.57	102	7:11	00:22:20.56	7:08	00:44:22.14
97	77/332	5/33	30	Mike Baard	M	60	Merrick	NY	102	7:09	00:22:14.30	96	7:09	00:22:15.63	7:09	00:44:29.93
98	21/293	2/31	540	Nancy Tantone	F	51	West Islip	NY	84	6:59	00:21:44.32	115	7:20	00:22:47.21	7:09	00:44:31.53
99	78/332	6/34	187	Eric Friedman	M	50	Merrick	NY	101	7:09	00:22:13.33	103	7:11	00:22:21.88	7:10	00:44:35.21
100	22/293	3/35	679	Linda Kornreich	F	40	Stony Brook	NY	90	7:03	00:21:55.58	113	7:18	00:22:41.04	7:10	00:44:36.62
101	79/332	3/14	99	John Clifford	M	54	Seaford	NY	96	7:06	00:22:04.58	110	7:17	00:22:39.13	7:11	00:44:43.71
102	23/293	4/24	650	Brianne Ricevuto	F	33	West Sayville	NY	105	7:10	00:22:17.83	109	7:13	00:22:26.09	7:11	00:44:43.92
103	24/293	1/35	247	Lesli Hiller	F	49	New Hyde Park	NY	106	7:11	00:22:21.87	107	7:13	00:22:25.42	7:12	00:44:47.30
104	80/332	8/46	87	Michael Casale	M	55	N Bellmore	NY	113	7:18	00:22:42.33	94	7:09	00:22:15.37	7:14	00:44:57.71
105	81/332	6/33	323	Ronald Lipsky	M	60	Franklin Sq	NY	112	7:18	00:22:40.99	105	7:12	00:22:23.42	7:15	00:45:04.42
106	25/293	6/38	684	Trisha Sicurella	F	37	Holbrook	NY	103	7:09	00:22:14.41	116	7:21	00:22:50.88	7:15	00:45:05.29
107	26/293	1/3	288	Kali Keyes	F	16	East Meadow	NY	93	7:05	00:22:01.37	125	7:25	00:23:04.89	7:15	00:45:06.26
108	82/332	7/34	430	Jeff Pinkosh	M	50	Mastic Beach	NY	104	7:10	00:22:17.44	117	7:21	00:22:52.08	7:16	00:45:09.52

Aspire 10K Run

April 2, 2016

Overall Results

10K

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
109	83/332	9/46	265	Peter Inserra	M	58	Fort Salonga	NY	123	7:24	00:22:59.52	92	7:08	00:22:10.82	7:16	00:45:10.34
110	84/332	13/43	100	Brian Cloherty	M	47	Roslyn Hts	NY	116	7:21	00:22:52.60	100	7:10	00:22:17.93	7:16	00:45:10.53
111	85/332	6/14	318	Matthew Lemonis	M	21	Merrick	NY	124	7:24	00:22:59.95	93	7:09	00:22:13.82	7:16	00:45:13.78
112	86/332	10/46	357	Terence Mccormick	M	55	Lindenhurst	NY	118	7:21	00:22:53.21	104	7:11	00:22:22.03	7:16	00:45:15.24
113	27/293	5/14	456	Rebecca Reilly	F	24	Wantagh	NY	137	7:29	00:23:16.70	86	7:04	00:21:59.57	7:17	00:45:16.27
114	28/293	3/31	663	Karen Cotty	F	52	East Quogue	NY	108	7:13	00:22:25.83	118	7:21	00:22:53.13	7:17	00:45:18.96
115	87/332	4/14	413	Ken Olson	M	46	Bethpage	NY	134	7:28	00:23:14.58	98	7:10	00:22:16.55	7:19	00:45:31.13
116	88/332	7/33	239	Mark Heller	M	61	Prt Washingt	NY	107	7:12	00:22:23.91	128	7:27	00:23:09.84	7:19	00:45:33.75
117	89/332	8/34	177	Frank Favilla	M	53	Bethpage	NY	119	7:22	00:22:55.43	112	7:17	00:22:40.35	7:20	00:45:35.78
118	90/332	12/31	161	Brad Eisenstein	M	42	Plainview	NY	111	7:15	00:22:32.27	129	7:27	00:23:11.45	7:21	00:45:43.72
119	91/332	11/46	592	Jerry Wosleger	M	57	Rockville Ctr	NY	132	7:26	00:23:07.64	111	7:17	00:22:39.89	7:22	00:45:47.53
120	29/293	4/31	103	Karen Conkling	F	53	Massapequa	NY	117	7:21	00:22:53.21	123	7:24	00:23:00.44	7:23	00:45:53.66
121	92/332	13/31	381	Michael Minerva	M	44	Sayville	NY	109	7:14	00:22:30.33	138	7:32	00:23:25.35	7:23	00:45:55.68
122	93/332	14/43	50	Kevin Boone	M	47	Bay Shore	NY	158	7:34	00:23:32.72	108	7:13	00:22:26.00	7:23	00:45:58.72
123	30/293	2/35	145	Kathy Dormer	F	46	Williston Pk	NY	130	7:26	00:23:06.24	119	7:22	00:22:54.71	7:24	00:46:00.96
124	31/293	1/21	420	Linda Ottaviano	F	60	Cold Spring Harbor	NY	120	7:22	00:22:56.33	127	7:25	00:23:05.65	7:24	00:46:01.98
125	94/332	15/43	95	Charles Ciarfello	M	45	Smithtown	NY	126	7:25	00:23:04.38	126	7:25	00:23:05.12	7:25	00:46:09.51
126	95/332	12/21	483	Jon Sanneman	M	38	Rockville Ctr	NY	141	7:30	00:23:20.33	121	7:23	00:22:57.08	7:26	00:46:17.41
127	96/332	14/31	217	Barry Goodman	M	44	Plainview	NY	110	7:14	00:22:31.25	160	7:40	00:23:51.24	7:27	00:46:22.49
128	97/332	8/33	611	Eric Zimmer	M	64	Saint James	NY	122	7:23	00:22:58.70	137	7:32	00:23:24.80	7:27	00:46:23.51
129	32/293	4/22	154	Brittany Dunbar	F	27	Astoria	NY	152	7:32	00:23:25.73	124	7:24	00:23:02.23	7:28	00:46:27.96
130	98/332	9/34	653	Timothy Moley	M	54	Melville	NY	156	7:33	00:23:29.64	122	7:23	00:22:58.64	7:28	00:46:28.28
131	33/293	4/35	184	Erica Fraiberg	F	42	Greenlawn	NY	128	7:26	00:23:05.82	136	7:31	00:23:23.48	7:28	00:46:29.31
132	99/332	12/46	57	Scott Brennan	M	55	East Meadow	NY	139	7:29	00:23:17.82	130	7:28	00:23:13.80	7:29	00:46:31.62
133	34/293	7/38	547	Sarah Thompson	F	35	Sayville	NY	129	7:26	00:23:06.23	140	7:32	00:23:27.01	7:29	00:46:33.25
134	100/332	1/12	558	Joseph Tumbarello	M	72	Glen Cove	NY	143	7:31	00:23:21.58	132	7:29	00:23:16.14	7:30	00:46:37.72
135	101/332	5/14	467	David Rockitter	M	53	Wantagh	NY	125	7:25	00:23:03.98	146	7:35	00:23:34.75	7:30	00:46:38.73
136	35/293	5/31	617	Joanne Digraziano	F	52	Smithtown	NY	136	7:29	00:23:16.60	135	7:31	00:23:22.75	7:30	00:46:39.36
137	36/293	1/30	45	Debbie Blair	F	57	Cold Spring Harbor	NY	150	7:32	00:23:24.85	131	7:29	00:23:15.10	7:30	00:46:39.95
138	37/293	5/22	436	Bethany Porras	F	26	Great Neck	NY	131	7:26	00:23:07.41	147	7:35	00:23:35.78	7:31	00:46:43.19
139	102/332	10/34	378	Tim Mietus	M	51	Oyster Bay	NY	127	7:25	00:23:05.62	151	7:36	00:23:37.91	7:31	00:46:43.53
140	38/293	2/30	320	Mary Lenzi	F	55	Hauppauge	NY	147	7:31	00:23:23.29	134	7:30	00:23:20.84	7:31	00:46:44.14
141	103/332	16/43	143	Paul Donnelly	M	48	Rockville Ctr	NY	186	7:49	00:24:19.33	106	7:12	00:22:25.28	7:31	00:46:44.62
142	104/332	13/46	273	Daniel Joseph	M	55	Levittown	NY	172	7:40	00:23:49.62	120	7:22	00:22:55.60	7:31	00:46:45.23
143	39/293	6/31	163	Monica Enright	F	53	Massapequa	NY	115	7:19	00:22:46.83	166	7:42	00:23:58.41	7:31	00:46:45.25
144	40/293	7/31	523	Adriana Staiano	F	53	East Meadow	NY	153	7:32	00:23:26.76	133	7:30	00:23:19.61	7:31	00:46:46.38

Aspire 10K Run

April 2, 2016

Overall Results

10K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
145	105/332	13/21	150	David Drebsky	M	35	Plainview	NY	121	7:23	00:22:58.58	161	7:41	00:23:53.36	7:32	00:46:51.94
146	106/332	11/34	232	Flemming Hansen	M	52	Centerport	NY	145	7:31	00:23:22.67	141	7:33	00:23:30.49	7:32	00:46:53.16
147	107/332	12/34	331	Andrew Lupu	M	54	N Bellmore	NY	133	7:28	00:23:13.56	154	7:37	00:23:41.64	7:33	00:46:55.21
148	41/293	5/24	279	Lauren Kearon	F	32	Hauppauge	NY	151	7:32	00:23:25.32	143	7:34	00:23:30.91	7:33	00:46:56.23
149	42/293	6/22	48	Lisa Bonanni	F	29	Selden	NY	146	7:31	00:23:22.83	145	7:35	00:23:34.43	7:33	00:46:57.26
150	108/332	6/14	29	Brian Axman	M	38	Nesconset	NY	148	7:31	00:23:23.33	149	7:35	00:23:36.37	7:33	00:46:59.70
151	109/332	17/43	229	Paul Hammond	M	48	North Merrick	NY	138	7:29	00:23:17.33	157	7:39	00:23:47.44	7:34	00:47:04.78
152	110/332	14/46	242	William Herbert	M	56	Smithtown	NY	149	7:32	00:23:24.51	155	7:38	00:23:45.32	7:35	00:47:09.83
153	111/332	15/31	172	John Famiglietti	M	42	Wantagh	NY	159	7:35	00:23:35.33	150	7:35	00:23:36.58	7:35	00:47:11.91
154	112/332	18/43	182	Kevin Ford	M	47	Islip	NY	161	7:37	00:23:41.52	148	7:35	00:23:36.07	7:36	00:47:17.59
155	113/332	9/33	447	Grant Radtke	M	60	East Meadow	NY	171	7:39	00:23:48.33	144	7:34	00:23:32.10	7:37	00:47:20.43
156	43/293	6/24	328	Jill Loveland	F	30	Long Beach	NY	142	7:30	00:23:20.83	167	7:43	00:24:01.54	7:37	00:47:22.38
157	114/332	10/21	590	Allen Wolhfert	M	30	Merrick	NY	162	7:37	00:23:41.93	153	7:37	00:23:41.44	7:37	00:47:23.37
158	44/293	3/35	315	Yvonne Leippert	F	48	Coram	NY	144	7:31	00:23:22.33	170	7:44	00:24:04.60	7:38	00:47:26.93
159	115/332	19/43	900	Marcus Sanders	M	46	Pt.Jefferson	NY	154	7:33	00:23:28.82	168	7:44	00:24:01.71	7:38	00:47:30.53
160	116/332	15/46	47	Paul Bonanni	M	55	Selden	NY	160	7:36	00:23:36.81	162	7:41	00:23:53.80	7:38	00:47:30.62
161	117/332	14/21	682	Joseph Divico	M	39	Merrick	NY	164	7:38	00:23:44.33	158	7:40	00:23:50.31	7:39	00:47:34.65
162	118/332	7/14	871	Joseph Choinski	M	20	E.Northport	NY	140	7:30	00:23:18.59	182	7:50	00:24:21.74	7:40	00:47:40.33
163	119/332	13/34	261	Michael Hunter	M	54	N Merrick	NY	135	7:29	00:23:15.18	187	7:51	00:24:25.95	7:40	00:47:41.14
164	45/293	3/30	566	Dee Vogt	F	56	Huntington	NY	163	7:37	00:23:42.32	169	7:44	00:24:04.46	7:41	00:47:46.78
165	120/332	10/33	28	Richard Aubain	M	60	Hicksville	NY	177	7:44	00:24:03.30	156	7:38	00:23:45.33	7:41	00:47:48.63
166	121/332	1/12	344	Peter Martin	M	66	Bellmore	NY	157	7:33	00:23:29.83	184	7:50	00:24:22.44	7:42	00:47:52.27
167	122/332	16/46	18	Stephen Albright	M	58	Huntington	NY	191	7:53	00:24:32.17	139	7:32	00:23:26.37	7:43	00:47:58.54
168	123/332	17/46	307	Kurt Laforest	M	55	Setauket	NY	168	7:38	00:23:45.96	174	7:47	00:24:13.01	7:43	00:47:58.97
169	46/293	4/30	164	Tracey Epstein	F	55	Smithtown	NY	169	7:39	00:23:46.78	177	7:49	00:24:19.11	7:44	00:48:05.89
170	124/332	14/34	262	Dean Hutchinson	M	54	Long Beach	NY	170	7:39	00:23:47.60	189	7:52	00:24:29.05	7:46	00:48:16.65
171	125/332	16/31	362	Thomas Mcmanus	M	42	Plainview	NY	199	7:58	00:24:46.25	142	7:33	00:23:30.53	7:46	00:48:16.79
172	126/332	18/46	139	David Digiovanni	M	57	Sea Cliff	NY	180	7:44	00:24:03.88	179	7:49	00:24:20.09	7:47	00:48:23.97
173	127/332	11/33	330	Michael Ludwig	M	61	Rockville Ctr	NY	178	7:44	00:24:03.59	185	7:50	00:24:22.56	7:47	00:48:26.16
174	128/332	12/33	306	Louis Lafleur	M	60	Holbrook	NY	183	7:47	00:24:11.20	176	7:48	00:24:16.02	7:47	00:48:27.23
175	129/332	19/46	324	Steve Liuzzo	M	56	Smithtown	NY	165	7:38	00:23:44.54	206	7:58	00:24:45.71	7:48	00:48:30.25
176	47/293	8/38	642	Jacqueline Sweet	F	35	Babylon	NY	175	7:42	00:23:58.34	199	7:55	00:24:37.17	7:49	00:48:35.51
177	48/293	4/35	666	Patty Santella	F	48	Syosset	NY	179	7:44	00:24:03.70	193	7:53	00:24:32.58	7:49	00:48:36.28
178	49/293	7/22	886	Sarah Kirsch	F	26	Setauket	NY	166	7:38	00:23:44.54	213	8:00	00:24:53.40	7:49	00:48:37.94
179	50/293	9/38	565	Meredith Vogel	F	37	Melville	NY	190	7:51	00:24:26.26	175	7:47	00:24:13.92	7:49	00:48:40.18
180	130/332	7/14	124	Bob Debeneditis	M	51	E Williston	NY	205	8:00	00:24:52.85	159	7:40	00:23:51.00	7:50	00:48:43.85

Aspire 10K Run

April 2, 2016

Overall Results

10K

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
181	131/332	6/14	131	Angelo Derrico	M	28	Syosset	NY	202	7:59	00:24:48.30	164	7:42	00:23:56.24	7:50	00:48:44.55
182	132/332	15/34	542	Dwayne Taylor	M	53	North Baldwin	NY	188	7:50	00:24:21.99	186	7:50	00:24:22.79	7:50	00:48:44.78
183	51/293	5/30	517	Kim Solomine	F	58	Syosset	NY	176	7:43	00:23:59.23	208	7:58	00:24:46.87	7:50	00:48:46.10
184	133/332	16/34	434	Carson Pohlman	M	54	Saint James	NY	194	7:55	00:24:37.67	173	7:47	00:24:12.29	7:51	00:48:49.96
185	134/332	13/33	337	David Mammina	M	62	Carle Place	NY	208	8:01	00:24:56.44	163	7:42	00:23:55.65	7:51	00:48:52.10
186	135/332	14/33	408	Michael Nusblat	M	63	Stony Point	NY	192	7:54	00:24:34.33	180	7:50	00:24:20.51	7:52	00:48:54.84
187	52/293	8/31	111	Barbara Cronin-Stagnari	F	54	Mineola	NY	187	7:50	00:24:20.77	197	7:55	00:24:35.92	7:52	00:48:56.69
188	136/332	15/33	10	Marco Abarca	M	61	Bethpage	NY	173	7:40	00:23:50.35	228	8:06	00:25:12.45	7:53	00:49:02.80
189	53/293	6/30	404	Karen Nora	F	55	Northport	NY	181	7:44	00:24:04.30	216	8:02	00:24:58.49	7:53	00:49:02.80
190	137/332	17/31	305	John Lafalce	M	41	Farmingdale	NY	213	8:02	00:24:58.48	171	7:45	00:24:04.94	7:53	00:49:03.43
191	54/293	5/35	492	Andrea Schieck	F	41	West Sayville	NY	211	8:02	00:24:57.61	172	7:45	00:24:07.85	7:54	00:49:05.46
192	138/332	16/33	195	Anthony Garguilo	M	64	Kings Park	NY	174	7:42	00:23:57.20	224	8:05	00:25:09.20	7:54	00:49:06.41
193	55/293	10/38	398	Andrea Nerlich	F	39	Huntington	NY	200	7:58	00:24:46.83	178	7:49	00:24:19.63	7:54	00:49:06.47
194	139/332	20/43	530	Michael Starr	M	46	Plainview	NY	167	7:38	00:23:45.58	234	8:10	00:25:23.32	7:54	00:49:08.90
195	140/332	20/46	585	Hal Wirth	M	58	Dix Hills	NY	221	8:07	00:25:13.19	165	7:42	00:23:57.09	7:54	00:49:10.29
196	141/332	21/43	461	Markus Rentzing	M	46	Old Westbury	NY	193	7:55	00:24:37.58	198	7:55	00:24:36.82	7:55	00:49:14.41
197	56/293	1/11	73	Patricia Butcher	F	55	Hawthorne	NY	184	7:47	00:24:11.40	221	8:04	00:25:06.07	7:55	00:49:17.47
198	142/332	1/18	636	Rick Johnson	M	58	Kings Park	NY	185	7:47	00:24:13.28	223	8:05	00:25:07.05	7:56	00:49:20.33
199	143/332	22/43	638	Andrew Pesner	M	48	Woodbury	NY	198	7:58	00:24:45.83	200	7:55	00:24:37.34	7:56	00:49:23.17
200	144/332	7/14	657	Brad Faliks	M	27	Plainview	NY	189	7:51	00:24:24.83	217	8:02	00:24:58.54	7:56	00:49:23.37
201	57/293	5/35	546	Eliana Themistocleous	F	48	Melville	NY	182	7:46	00:24:09.99	231	8:08	00:25:17.83	7:57	00:49:27.82
202	58/293	9/31	354	Christine Mccain	F	53	Deer Park	NY	204	7:59	00:24:49.84	201	7:55	00:24:38.60	7:57	00:49:28.44
203	145/332	11/21	165	Paul Ercolano	M	33	Bronx	NY	210	8:02	00:24:57.58	203	7:57	00:24:43.20	7:59	00:49:40.79
204	59/293	11/38	488	Amanda Scanlan	F	36	Northport	NY	228	8:09	00:25:19.47	183	7:50	00:24:22.32	7:59	00:49:41.79
205	60/293	6/35	244	Stacey Herschmann	F	44	Levittown	NY	219	8:06	00:25:12.59	192	7:53	00:24:31.91	8:00	00:49:44.51
206	146/332	8/14	132	John Despagna	M	52	Huntington	NY	207	8:01	00:24:54.80	211	8:00	00:24:51.49	8:00	00:49:46.29
207	61/293	7/35	628	Danielle Leong	F	44	Melville	NY	223	8:07	00:25:14.82	195	7:54	00:24:34.97	8:01	00:49:49.79
208	62/293	7/24	336	Erin Maier	F	33	Centerport	NY	196	7:57	00:24:42.17	225	8:05	00:25:09.42	8:01	00:49:51.60
209	147/332	18/31	432	Gary Plotkin	M	42	Plainview	NY	229	8:09	00:25:21.69	191	7:53	00:24:31.59	8:01	00:49:53.29
210	63/293	6/35	335	Annmarie Maiello	F	47	Lk Ronkonkoma	NY	222	8:07	00:25:14.34	202	7:56	00:24:41.32	8:02	00:49:55.67
211	148/332	17/34	218	Dennis Gowen	M	54	Massapequa Park	NY	215	8:03	00:25:02.78	214	8:01	00:24:56.13	8:02	00:49:58.91
212	64/293	8/24	56	Jennifer Brennan	F	32	Sayville	NY	235	8:13	00:25:32.73	188	7:52	00:24:27.60	8:02	00:50:00.33
213	149/332	23/43	113	Charles Crowe	M	48	Deer Park	NY	209	8:01	00:24:56.58	229	8:07	00:25:16.15	8:04	00:50:12.74
214	150/332	18/34	213	Daniel Goldstein	M	54	Huntingtn Sta	NY	224	8:07	00:25:14.85	218	8:02	00:24:58.91	8:04	00:50:13.76
215	151/332	17/33	412	Michael Oliveri	M	61	Bay Shore	NY	246	8:18	00:25:47.43	190	7:52	00:24:29.15	8:05	00:50:16.59
216	152/332	19/34	216	Alex Gonzalez	M	50	Glen Cove	NY	212	8:02	00:24:58.27	232	8:08	00:25:18.72	8:05	00:50:17.00

Aspire 10K Run

April 2, 2016

Overall Results

10K

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
217	65/293	7/35	544	Jenney Tesoriero	F	45	Westbury	NY	231	8:12	00:25:28.84	210	7:59	00:24:50.85	8:05	00:50:19.70
218	153/332	2/18	445	Steven Quigley	M	47	Bayville	NY	226	8:08	00:25:16.35	220	8:04	00:25:04.44	8:06	00:50:20.79
219	66/293	10/31	417	Regina Orelli	F	50	Huntingtn Sta	NY	195	7:56	00:24:39.52	252	8:18	00:25:47.76	8:07	00:50:27.29
220	67/293	8/35	81	Georgia Carden	F	46	Lake Grove	NY	238	8:14	00:25:35.97	212	8:00	00:24:52.46	8:07	00:50:28.43
221	68/293	11/31	339	Lori Mangual	F	51	Merrick	NY	201	7:58	00:24:47.26	244	8:16	00:25:41.49	8:07	00:50:28.76
222	154/332	12/21	297	Justin Koonz	M	34	Syosset	NY	260	8:25	00:26:10.83	181	7:50	00:24:21.38	8:07	00:50:32.22
223	155/332	15/21	529	Jason Stanton	M	37	N Massapequa	NY	245	8:18	00:25:47.35	207	7:58	00:24:46.10	8:08	00:50:33.45
224	69/293	8/35	235	Julia Hegner	F	42	Wantagh	NY	220	8:06	00:25:12.80	233	8:09	00:25:21.62	8:08	00:50:34.42
225	70/293	9/35	356	Bridget Mccann	F	42	Long Beach	NY	197	7:58	00:24:45.25	256	8:18	00:25:50.02	8:08	00:50:35.27
226	156/332	19/31	508	Jonathan Sindicic	M	44	Massapequa	NY	242	8:16	00:25:41.32	215	8:01	00:24:56.19	8:08	00:50:37.51
227	71/293	12/38	13	Heather Ackerly	F	39	Selden	NY	214	8:02	00:24:59.71	249	8:17	00:25:46.72	8:10	00:50:46.44
228	72/293	10/35	23	Michele Ansman	F	44	West Islip	NY	243	8:17	00:25:44.99	219	8:03	00:25:01.68	8:10	00:50:46.67
229	157/332	18/33	397	Paul Nelson	M	61	Saint James	NY	216	8:04	00:25:04.40	246	8:17	00:25:44.30	8:10	00:50:48.71
230	158/332	21/46	347	Frank Martinez	M	58	Commack	NY	203	7:59	00:24:48.51	262	8:22	00:26:00.28	8:10	00:50:48.79
231	159/332	19/33	272	Steven Jonas	M	64	Woodbury	NY	257	8:24	00:26:07.99	205	7:57	00:24:44.30	8:11	00:50:52.29
232	73/293	7/30	106	Sue Corrie	F	55	New Hyde Park	NY	217	8:05	00:25:09.74	253	8:18	00:25:49.05	8:12	00:50:58.79
233	74/293	6/14	345	Caitlin Martin	F	24	West Babylon	NY	266	8:27	00:26:18.15	204	7:57	00:24:44.29	8:12	00:51:02.45
234	75/293	9/35	587	Kristin Wist	F	46	Bohemia	NY	250	8:21	00:25:57.62	227	8:05	00:25:09.92	8:13	00:51:07.54
235	76/293	10/35	58	Judith Brenner	F	47	Plainview	NY	230	8:10	00:25:23.32	247	8:17	00:25:44.87	8:13	00:51:08.19
236	160/332	2/12	387	Glenn Morse	M	67	Massapequa	NY	218	8:05	00:25:09.95	268	8:24	00:26:06.57	8:15	00:51:16.52
237	161/332	20/33	224	Bill Guichard	M	60	Melville	NY	232	8:12	00:25:29.33	255	8:18	00:25:49.96	8:15	00:51:19.29
238	162/332	16/21	189	Anthony Fulgieri	M	36	Syosset	NY	256	8:23	00:26:05.17	230	8:08	00:25:17.02	8:16	00:51:22.19
239	163/332	21/33	613	Kevin Kremler	M	64	Hicksville	NY	239	8:14	00:25:36.99	250	8:17	00:25:47.24	8:16	00:51:24.23
240	164/332	20/31	237	Eric Heischober	M	44	Roslyn Heights	NY	241	8:15	00:25:39.83	248	8:17	00:25:45.00	8:16	00:51:24.83
241	165/332	3/12	171	Scott Fairgrieve	M	65	Mineola	NY	248	8:20	00:25:54.33	238	8:13	00:25:32.11	8:16	00:51:26.45
242	166/332	17/21	388	Jared Mroz	M	39	Rockville Ctr	NY	247	8:20	00:25:53.83	240	8:14	00:25:34.88	8:17	00:51:28.72
243	77/293	13/38	46	Lucie Bloom	F	39	Seaford	NY	251	8:21	00:25:58.24	239	8:13	00:25:32.70	8:17	00:51:30.94
244	167/332	22/33	208	Kevin Glover	M	61	New York	NY	206	8:00	00:24:54.19	280	8:34	00:26:37.25	8:17	00:51:31.45
245	168/332	3/18	678	Len Oppenheimer	M	48	Hewlett	NY	227	8:08	00:25:18.26	272	8:26	00:26:14.08	8:17	00:51:32.34
246	169/332	24/43	428	Robert Pickus	M	46	Plainview	NY	234	8:12	00:25:31.69	264	8:22	00:26:00.69	8:17	00:51:32.38
247	78/293	12/31	133	Jennifer Despagna	F	52	Huntington	NY	233	8:12	00:25:29.44	266	8:23	00:26:04.76	8:17	00:51:34.21
248	79/293	13/31	185	Debra Franchi	F	51	Manorville	NY	240	8:14	00:25:37.82	258	8:21	00:25:57.42	8:18	00:51:35.25
249	170/332	21/31	41	Ben Beavers	M	42	Amityville	NY	225	8:07	00:25:15.25	276	8:29	00:26:23.24	8:18	00:51:38.49
250	171/332	20/34	32	Richard Barkan	M	51	Long Beach	NY	255	8:23	00:26:03.93	241	8:14	00:25:36.58	8:18	00:51:40.51
251	80/293	14/31	644	Lisa Colby	F	51	Smithtown	NY	252	8:22	00:26:00.69	251	8:18	00:25:47.54	8:20	00:51:48.23
252	172/332	9/14	490	Peter Schacknow	M	60	Huntingtn Sta	NY	269	8:29	00:26:24.46	235	8:11	00:25:27.33	8:20	00:51:51.79

Aspire 10K Run

April 2, 2016

Overall Results

10K

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
253	173/332	3/4	562	Owen Vera	M	17	New York	NY	297	8:43	00:27:07.33	209	7:58	00:24:47.83	8:21	00:51:55.16
254	81/293	11/35	249	Nicole Hirschman	F	42	Stony Brook	NY	264	8:27	00:26:16.83	243	8:15	00:25:38.73	8:21	00:51:55.56
255	174/332	21/34	580	Tom Welsh	M	50	Huntington	NY	259	8:25	00:26:10.58	257	8:20	00:25:53.87	8:22	00:52:04.46
256	82/293	8/22	377	Kristen Meyer	F	26	Massapequa	NY	261	8:26	00:26:14.30	259	8:21	00:25:58.98	8:24	00:52:13.28
257	175/332	4/18	186	Paul Franciotti	M	61	East Meadow	NY	237	8:14	00:25:35.75	281	8:34	00:26:37.93	8:24	00:52:13.69
258	83/293	8/30	591	Debra Woloschin	F	55	Remsenburbg	NY	258	8:25	00:26:09.30	267	8:24	00:26:06.49	8:24	00:52:15.79
259	176/332	22/46	68	Martin Buchman	M	56	Stony Brook	NY	279	8:36	00:26:43.33	242	8:14	00:25:36.87	8:25	00:52:20.20
260	177/332	10/14	326	Michael Long	M	31	Smithtown	NY	268	8:29	00:26:22.35	261	8:22	00:26:00.07	8:25	00:52:22.42
261	178/332	25/43	656	Ronald Storch	M	49	Roslyn	NY	276	8:35	00:26:41.57	245	8:16	00:25:41.89	8:25	00:52:23.46
262	179/332	22/31	618	Craig Lerman	M	44	Plainview	NY	265	8:27	00:26:17.55	269	8:24	00:26:07.16	8:26	00:52:24.71
263	180/332	13/21	332	Christopher Lynch	M	32	Wantagh	NY	303	8:47	00:27:17.89	226	8:05	00:25:09.84	8:26	00:52:27.73
264	84/293	12/35	71	Linda Bumbalo	F	41	N Bellmore	NY	274	8:35	00:26:40.33	254	8:18	00:25:49.20	8:26	00:52:29.53
265	181/332	26/43	593	Andrew Yacht	M	45	Plainview	NY	244	8:17	00:25:45.39	288	8:36	00:26:45.97	8:27	00:52:31.36
266	182/332	23/33	346	Dennis Martin	M	60	Smithtown	NY	298	8:44	00:27:08.70	237	8:12	00:25:29.75	8:28	00:52:38.45
267	183/332	8/14	69	Jeffrey Buchman	M	26	Merrick	NY	262	8:27	00:26:16.32	275	8:29	00:26:23.14	8:28	00:52:39.47
268	184/332	23/46	293	Philip Koch	M	59	Commack	NY	299	8:45	00:27:12.56	236	8:11	00:25:28.29	8:28	00:52:40.86
269	85/293	14/38	340	Lynda Maniscalco	F	39	Patchogue	NY	270	8:30	00:26:24.69	273	8:27	00:26:16.81	8:28	00:52:41.50
270	185/332	5/18	274	Steve Juchem	M	46	N Bellmore	NY	249	8:21	00:25:57.22	294	8:38	00:26:49.58	8:29	00:52:46.80
271	86/293	9/30	399	Jean Nesbitt	F	57	Miller Place	NY	283	8:37	00:26:49.16	263	8:22	00:26:00.31	8:30	00:52:49.48
272	87/293	13/35	178	Deb Ferry	F	44	Mount Sinai	NY	267	8:29	00:26:21.58	278	8:32	00:26:31.96	8:30	00:52:53.54
273	186/332	22/34	448	William Raftery	M	53	East Islip	NY	236	8:13	00:25:33.83	319	8:49	00:27:23.82	8:31	00:52:57.65
274	187/332	9/14	511	Kevin Smith	M	28	Carle Place	NY	253	8:22	00:26:01.30	305	8:40	00:26:58.17	8:31	00:52:59.47
275	88/293	9/22	449	Deepa Ramadurai	F	26	Mineola	NY	254	8:22	00:26:01.98	303	8:40	00:26:57.88	8:31	00:52:59.86
276	188/332	14/21	33	Jonathan Barracca	M	31	Maspeth	NY	332	8:59	00:27:55.47	222	8:05	00:25:07.00	8:32	00:53:02.48
277	89/293	11/35	405	Jackie Novak	F	49	E Northport	NY	294	8:42	00:27:04.66	270	8:24	00:26:07.63	8:33	00:53:12.30
278	189/332	24/33	409	Daniel O'donnell	M	63	Smithtown	NY	273	8:31	00:26:28.53	285	8:36	00:26:45.01	8:33	00:53:13.55
279	190/332	25/33	672	Robert Elsener	M	61	E.northport	NY	263	8:27	00:26:16.73	313	8:44	00:27:09.06	8:35	00:53:25.79
280	90/293	10/30	464	Susan Robinson	F	57	Huntingtn Sta	NY	275	8:35	00:26:40.95	293	8:38	00:26:49.56	8:36	00:53:30.51
281	91/293	15/38	635	Stacy Ackerman	F	39	Plainview	NY	285	8:38	00:26:52.33	283	8:36	00:26:43.46	8:37	00:53:35.80
282	92/293	12/35	440	Marina Poulis	F	45	Greenlawn	NY	278	8:35	00:26:42.36	307	8:41	00:27:00.03	8:38	00:53:42.39
283	191/332	11/14	476	Samuel Rudman	M	48	Melville	NY	288	8:39	00:26:53.42	295	8:38	00:26:49.98	8:38	00:53:43.40
284	192/332	15/21	40	Christopher Baum	M	31	Massapequa	NY	318	8:55	00:27:44.58	260	8:21	00:25:59.64	8:38	00:53:44.23
285	93/293	2/11	475	Terri Ruane	F	46	Farmingdale	NY	282	8:37	00:26:48.75	299	8:40	00:26:55.87	8:38	00:53:44.62
286	94/293	7/14	256	Elizabeth Huggins	F	22	Lindenhurst	NY	319	8:55	00:27:44.87	265	8:22	00:26:02.63	8:39	00:53:47.50
287	193/332	18/21	284	Peter Kempton	M	37	Floral Park	NY	292	8:41	00:26:59.89	291	8:37	00:26:48.59	8:39	00:53:48.48
288	194/332	6/18	44	David Bizewski	M	41	Long Beach	NY	293	8:41	00:26:59.90	296	8:38	00:26:51.05	8:39	00:53:50.95

Aspire 10K Run

April 2, 2016

Overall Results

10K

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
289	195/332	27/43	298	Micah Korn	M	45	S Huntington	NY	284	8:38	00:26:51.58	309	8:43	00:27:05.02	8:40	00:53:56.60
290	95/293	13/35	372	Jennifer Mercurio	F	46	West Islip	NY	271	8:31	00:26:27.73	323	8:51	00:27:30.50	8:41	00:53:58.23
291	96/293	15/31	144	Ann Dorman	F	54	Woodbury	NY	300	8:46	00:27:14.34	284	8:36	00:26:44.09	8:41	00:53:58.43
292	196/332	24/46	207	Bill Gironda	M	56	Smithtown	NY	272	8:31	00:26:27.85	325	8:51	00:27:30.99	8:41	00:53:58.84
293	97/293	8/14	321	Sabrina Levy	F	22	Plainview	NY	291	8:40	00:26:58.73	310	8:43	00:27:07.00	8:42	00:54:05.74
294	98/293	9/24	485	Jennifer Santos	F	32	Levittown	NY	330	8:58	00:27:54.33	271	8:26	00:26:12.62	8:42	00:54:06.95
295	99/293	16/38	527	Kerri Stanganelli	F	35	Williston Pk	NY	301	8:46	00:27:14.34	300	8:40	00:26:55.89	8:43	00:54:10.23
296	100/293	10/22	512	Naomi Smolevitz	F	26	Jersey City	NJ	314	8:54	00:27:40.59	279	8:33	00:26:33.93	8:43	00:54:14.52
297	197/332	25/46	53	Russell Breiter	M	55	Plainview	NY	331	8:58	00:27:54.45	274	8:28	00:26:20.67	8:43	00:54:15.12
298	101/293	1/9	170	Julieann Fahner	F	65	Mineola	NY	311	8:53	00:27:36.83	282	8:34	00:26:38.46	8:43	00:54:15.30
299	102/293	14/35	581	Aimee Welsh	F	41	Huntington	NY	308	8:51	00:27:30.58	290	8:37	00:26:47.41	8:44	00:54:17.99
300	103/293	14/35	342	Linda Manno	F	49	Lindenhurst	NY	280	8:36	00:26:44.33	329	8:53	00:27:36.46	8:44	00:54:20.80
301	198/332	28/43	622	Henry Rodriguez	M	49	Jericho	NY	309	8:52	00:27:34.89	292	8:37	00:26:48.91	8:45	00:54:23.80
302	104/293	10/24	578	Amanda Watral	F	31	Hauppauge	NY	333	8:59	00:27:57.11	277	8:31	00:26:28.57	8:45	00:54:25.69
303	105/293	16/31	368	Elizabeth Melillo	F	50	Northport	NY	296	8:43	00:27:07.31	318	8:47	00:27:20.40	8:45	00:54:27.71
304	199/332	12/14	129	Rob Dellunto	M	43	Rockville Ctr	NY	312	8:53	00:27:38.35	298	8:39	00:26:54.91	8:46	00:54:33.26
305	106/293	11/30	394	Eve Nebenhaus	F	55	Manhasset	NY	286	8:39	00:26:52.82	333	8:55	00:27:43.09	8:47	00:54:35.92
306	107/293	17/38	254	Michelle Homan	F	35	Farmingville	NY	323	8:57	00:27:49.95	289	8:37	00:26:47.34	8:47	00:54:37.30
307	108/293	12/30	893	Sheri Mccarthy	F	59	Glen Head	NY	328	8:58	00:27:52.21	286	8:36	00:26:45.32	8:47	00:54:37.53
308	200/332	2/4	898	Aaron Rudnicki	M	12	Holtsville	NY	327	8:58	00:27:52.21	287	8:36	00:26:45.32	8:47	00:54:37.53
309	109/293	17/31	526	Kellie Stamm	F	54	Sayville	NY	290	8:39	00:26:54.24	335	8:55	00:27:44.31	8:47	00:54:38.55
310	201/332	29/43	623	Harris Zakarin	M	45	Dix Hills	NY	317	8:55	00:27:42.89	306	8:40	00:26:58.66	8:48	00:54:41.55
311	202/332	30/43	299	Marc Kornheiser	M	46	Forest Hills	NY	277	8:35	00:26:41.78	346	9:01	00:28:01.22	8:48	00:54:43.00
312	110/293	2/21	285	Susan Keogh	F	62	N Bellmore	NY	295	8:43	00:27:06.67	332	8:55	00:27:42.44	8:49	00:54:49.11
313	203/332	7/18	80	Christopher Carden	M	46	Lake Grove	NY	315	8:55	00:27:42.40	311	8:43	00:27:07.33	8:49	00:54:49.73
314	111/293	18/38	497	Heather Sciara	F	36	Plainview	NY	302	8:46	00:27:14.59	327	8:52	00:27:35.94	8:49	00:54:50.53
315	204/332	23/34	895	Denis Meany	M	51	Blue Point	NY	329	8:58	00:27:52.42	304	8:40	00:26:58.11	8:49	00:54:50.54
316	205/332	26/46	400	Bill Niedfeld	M	56	Seaford	NY	310	8:53	00:27:36.73	315	8:46	00:27:14.57	8:49	00:54:51.30
317	112/293	18/31	253	Debbi Hole	F	53	Bohemia	NY	325	8:57	00:27:50.34	308	8:41	00:27:01.84	8:49	00:54:52.18
318	206/332	27/46	402	Bob Nikodem	M	56	Huntington	NY	307	8:50	00:27:27.94	320	8:50	00:27:27.67	8:50	00:54:55.62
319	113/293	19/38	589	Lisa Wolf	F	37	Forest Hills	NY	343	9:01	00:28:03.73	297	8:38	00:26:52.07	8:50	00:54:55.80
320	114/293	15/35	570	Erika Walker	F	44	Wading River	NY	304	8:47	00:27:19.81	330	8:53	00:27:37.98	8:50	00:54:57.80
321	207/332	26/33	358	James Mcdougall	M	61	Ronkonkoma	NY	320	8:56	00:27:45.47	314	8:45	00:27:13.80	8:50	00:54:59.27
322	115/293	20/38	659	Danielle Simone	F	38	West Islip	NY	344	9:02	00:28:05.34	312	8:44	00:27:08.60	8:53	00:55:13.94
323	208/332	19/21	660	Raymond Gogarty	M	38	Deer Park	NY	155	7:33	00:23:29.51	462	10:13	00:31:45.29	8:53	00:55:14.80
324	116/293	3/21	314	Pamela Lee	F	62	Syosset	NY	306	8:49	00:27:24.58	342	8:59	00:27:55.07	8:54	00:55:19.66

Aspire 10K Run

April 2, 2016

Overall Results

10K

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
325	209/332	24/34	86	Kenneth Carsten	M	50	Melville	NY	324	8:57	00:27:50.34	328	8:52	00:27:35.96	8:55	00:55:26.30
326	117/293	4/21	234	Janet Healy	F	63	Syosset	NY	313	8:54	00:27:39.36	345	8:59	00:27:56.18	8:56	00:55:35.55
327	210/332	10/14	536	Michael Strom	M	27	Long Is City	NY	345	9:03	00:28:08.24	326	8:52	00:27:35.20	8:58	00:55:43.44
328	211/332	4/12	246	Gabriel Hickey	M	67	Bethpage	NY	337	9:00	00:28:00.84	338	8:57	00:27:50.70	8:59	00:55:51.55
329	118/293	13/30	110	Susan Critz	F	57	Islip	NY	321	8:56	00:27:47.50	350	9:02	00:28:05.63	8:59	00:55:53.14
330	212/332	31/43	169	Joel Fagin	M	46	Floral Park	NY	338	9:01	00:28:01.46	343	8:59	00:27:55.20	9:00	00:55:56.66
331	119/293	5/21	271	Madeleine Johnson-Strang	F	60	Northport	NY	316	8:55	00:27:42.59	356	9:05	00:28:14.22	9:00	00:55:56.81
332	120/293	11/22	414	Courtney Olton	F	26	Levittown	NY	341	9:01	00:28:02.74	341	8:59	00:27:54.99	9:00	00:55:57.73
333	121/293	14/30	350	Fay Mattana	F	57	Great Neck	NY	346	9:03	00:28:09.49	344	8:59	00:27:55.75	9:01	00:56:05.24
334	213/332	3/4	872	Brayden Clements	M	10	Patchogue	NY	287	8:39	00:26:53.25	388	9:24	00:29:12.74	9:01	00:56:05.99
335	214/332	28/46	395	Harlan Nebenhaus	M	56	Manhasset	NY	335	9:00	00:27:59.33	353	9:03	00:28:08.92	9:02	00:56:08.26
336	215/332	25/34	102	Neil Cohen	M	52	Roslyn	NY	351	9:08	00:28:25.59	334	8:55	00:27:43.65	9:02	00:56:09.24
337	216/332	26/34	101	Michael Cody	M	54	Franklin Sq	NY	356	9:13	00:28:40.86	321	8:50	00:27:29.41	9:02	00:56:10.27
338	217/332	29/46	882	Brian Gunderson	M	57	Medford	NY	289	8:39	00:26:53.42	390	9:25	00:29:18.12	9:02	00:56:11.55
339	218/332	30/46	109	Bill Crispino	M	57	Freeport	NY	359	9:15	00:28:45.30	322	8:50	00:27:29.64	9:03	00:56:14.95
340	122/293	21/38	319	Michelle Lenski	F	38	Plainview	NY	369	9:19	00:28:58.59	316	8:47	00:27:19.21	9:03	00:56:17.80
341	123/293	16/35	504	Jill Shwom	F	43	Plainview	NY	368	9:19	00:28:58.56	317	8:47	00:27:19.24	9:03	00:56:17.80
342	219/332	32/43	79	Louis Cappelli	M	45	East Meadow	NY	355	9:13	00:28:40.51	331	8:53	00:27:38.29	9:03	00:56:18.80
343	220/332	33/43	59	David Brenner	M	48	Plainview	NY	334	9:00	00:27:58.87	360	9:07	00:28:21.78	9:04	00:56:20.65
344	124/293	22/38	24	Kelly Archer	F	38	Greenlawn	NY	281	8:36	00:26:45.42	399	9:31	00:29:36.14	9:04	00:56:21.56
345	221/332	16/21	469	Matthew Romano	M	34	Bethpage	NY	493	10:32	00:32:43.88	152	7:36	00:23:39.40	9:04	00:56:23.29
346	222/332	23/31	494	Gregg Schlossman	M	41	Plainview	NY	350	9:08	00:28:22.73	347	9:01	00:28:01.80	9:04	00:56:24.53
347	125/293	11/24	316	Jessica Leis	F	30	Farmingville	NY	322	8:56	00:27:48.32	375	9:13	00:28:40.98	9:05	00:56:29.30
348	223/332	24/31	251	Robert Hoell	M	44	Sea Cliff	NY	370	9:19	00:28:58.77	324	8:51	00:27:30.64	9:05	00:56:29.41
349	126/293	23/38	197	Heather Gaudio	F	37	Smithtown	NY	354	9:13	00:28:39.84	337	8:57	00:27:49.78	9:05	00:56:29.62
350	224/332	31/46	338	Charles Mandelbaum	M	59	Great Neck	NY	342	9:01	00:28:03.32	376	9:13	00:28:41.24	9:07	00:56:44.56
351	225/332	8/18	608	John Stauber	M	55	Massapequa	NY	353	9:12	00:28:36.59	352	9:03	00:28:08.90	9:08	00:56:45.49
352	127/293	6/21	310	Judith Latta	F	61	Garden City	NY	367	9:19	00:28:57.89	339	8:58	00:27:53.08	9:08	00:56:50.97
353	128/293	3/11	313	Jennifer Lee	F	46	Babylon	NY	305	8:49	00:27:23.84	397	9:30	00:29:31.39	9:09	00:56:55.23
354	129/293	15/30	609	Donna Randone	F	55	Dix Hills	NY	340	9:01	00:28:01.53	378	9:17	00:28:53.70	9:09	00:56:55.23
355	130/293	15/35	418	Tina Ortiz	F	46	Garden City	NY	372	9:20	00:29:01.89	340	8:58	00:27:54.53	9:09	00:56:56.42
356	226/332	34/43	43	Scott Benenati	M	49	Islip Terrace	NY	349	9:07	00:28:19.82	372	9:12	00:28:36.84	9:09	00:56:56.66
357	227/332	11/14	282	James Kelleher	M	27	Amityville	NY	326	8:57	00:27:50.98	385	9:23	00:29:10.32	9:10	00:57:01.31
358	228/332	8/14	489	Craig Schackner	M	23	Dix Hills	NY	406	9:41	00:30:05.28	301	8:40	00:26:56.07	9:10	00:57:01.36
359	229/332	9/14	518	Joe Solomita	M	24	Smithtown	NY	408	9:41	00:30:05.28	302	8:40	00:26:56.48	9:10	00:57:01.76
360	131/293	7/21	455	Mona Rechner	F	63	Saint James	NY	361	9:15	00:28:46.52	359	9:07	00:28:21.74	9:11	00:57:08.26

Aspire 10K Run

April 2, 2016

Overall Results

10K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
361	132/293	12/22	493	Nina Schlissel	F	29	Jericho	NY	364	9:17	00:28:53.65	357	9:05	00:28:16.02	9:11	00:57:09.67
362	133/293	16/30	127	Peggy Delaney	F	59	New Hyde Park	NY	363	9:17	00:28:51.34	361	9:08	00:28:23.96	9:12	00:57:15.30
363	230/332	32/46	401	Ray Nieves	M	58	Westbury	NY	381	9:23	00:29:10.99	348	9:02	00:28:04.55	9:12	00:57:15.55
364	231/332	17/21	539	Bobak Talebian	M	30	Syosset	NY	347	9:05	00:28:13.34	382	9:20	00:29:02.85	9:12	00:57:16.19
365	232/332	2/12	619	Buzz White	M	71	Floral Park	NY	389	9:30	00:29:30.99	336	8:56	00:27:47.24	9:13	00:57:18.24
366	134/293	24/38	550	Mary Beth Tiedemann	F	35	West Babylon	NY	378	9:22	00:29:07.32	355	9:05	00:28:13.97	9:13	00:57:21.29
367	233/332	35/43	329	Michael Lubman	M	46	Woodbury	NY	339	9:01	00:28:01.47	393	9:27	00:29:22.47	9:14	00:57:23.94
368	234/332	25/31	631	William Regan	M	42	Port Washington	NY	371	9:19	00:28:59.36	367	9:10	00:28:29.63	9:15	00:57:28.99
369	235/332	3/12	281	Hubert Keen	M	71	Farmingdale	NY	366	9:18	00:28:55.91	371	9:11	00:28:34.89	9:15	00:57:30.80
370	236/332	36/43	662	Mark Temkin	M	48	Plainview	NY	352	9:10	00:28:31.84	384	9:22	00:29:08.96	9:16	00:57:40.80
371	135/293	17/35	444	Juli Puglisi	F	41	Dix Hills	NY	373	9:21	00:29:03.19	373	9:12	00:28:38.03	9:17	00:57:41.22
372	136/293	16/35	198	Carla Gauss	F	45	Cold Spring Harbor	NY	358	9:14	00:28:43.69	380	9:19	00:28:57.73	9:17	00:57:41.43
373	137/293	17/35	680	Kim Roffman	F	45	Smithtown	NY	375	9:21	00:29:04.53	374	9:13	00:28:40.97	9:17	00:57:45.50
374	138/293	12/24	441	Colby Povill	F	33	Amityville	NY	386	9:26	00:29:21.19	365	9:09	00:28:27.35	9:18	00:57:48.54
375	237/332	27/33	325	John Lively	M	62	Hicksville	NY	398	9:34	00:29:44.84	349	9:02	00:28:05.15	9:18	00:57:49.99
376	139/293	8/21	61	Marie Brewer	F	61	Mineola	NY	388	9:28	00:29:25.27	368	9:10	00:28:31.42	9:19	00:57:56.69
377	238/332	4/12	645	David Frisone	M	71	New Hyde Park	NY	380	9:23	00:29:09.90	377	9:17	00:28:51.04	9:20	00:58:00.94
378	140/293	9/21	65	Janice Brown	F	60	Valley Stream	NY	397	9:34	00:29:43.59	362	9:08	00:28:24.73	9:21	00:58:08.32
379	141/293	25/38	123	Genna Davidson	F	36	Old Bethpage	NY	402	9:36	00:29:49.99	363	9:08	00:28:24.81	9:22	00:58:14.80
380	142/293	18/35	74	Rosalia Butera	F	45	N Massapequa	NY	384	9:24	00:29:14.24	381	9:20	00:29:01.30	9:22	00:58:15.54
381	239/332	9/18	463	William Richards	M	34	Islip	NY	412	9:43	00:30:14.25	351	9:02	00:28:06.55	9:23	00:58:20.81
382	240/332	33/46	117	Edward Cuff	M	55	Kings Park	NY	410	9:43	00:30:12.19	354	9:04	00:28:11.70	9:23	00:58:23.89
383	143/293	19/35	560	Maria Vecchione	F	45	East Meadow	NY	404	9:37	00:29:53.84	369	9:11	00:28:34.72	9:24	00:58:28.56
384	144/293	13/22	648	Aimee Ronzetti	F	29	E.northport	NY	382	9:24	00:29:13.41	389	9:25	00:29:15.89	9:24	00:58:29.31
385	241/332	5/12	595	Perry Zeichner	M	67	Brightwaters	NY	357	9:13	00:28:40.86	407	9:36	00:29:50.55	9:25	00:58:31.41
386	145/293	2/9	588	Gloria Withus	F	65	Brentwood	NY	377	9:21	00:29:05.57	396	9:28	00:29:27.86	9:25	00:58:33.43
387	242/332	26/31	295	Matthew Kogan	M	42	Plainview	NY	393	9:32	00:29:37.74	379	9:19	00:28:57.06	9:25	00:58:34.81
388	243/332	34/46	302	Jeff Kozarsky	M	59	East Meadow	NY	383	9:24	00:29:13.59	398	9:30	00:29:33.86	9:27	00:58:47.45
389	146/293	18/35	655	Christine Hertel	F	41	Plainview	NY	413	9:44	00:30:15.72	370	9:11	00:28:34.78	9:28	00:58:50.50
390	147/293	10/21	457	Rosemary Reinis	F	62	Amityville	NY	400	9:35	00:29:48.40	383	9:21	00:29:03.30	9:28	00:58:51.70
391	244/332	6/12	480	Joseph Salow	M	69	Bellerose	NY	391	9:31	00:29:36.73	391	9:25	00:29:18.22	9:28	00:58:54.95
392	148/293	14/22	250	Marissa Hiruma	F	29	Huntingtn Sta	NY	430	9:52	00:30:41.59	358	9:06	00:28:17.62	9:29	00:58:59.21
393	149/293	19/35	665	Karena Tsakiris	F	43	Coram	NY	365	9:18	00:28:54.59	413	9:41	00:30:05.72	9:29	00:59:00.31
394	150/293	11/21	594	Marianne Zacharia	F	61	E Northport	NY	374	9:21	00:29:04.33	411	9:38	00:29:56.22	9:29	00:59:00.56
395	151/293	17/30	548	Vera Thompson	F	58	North Babylon	NY	399	9:35	00:29:46.73	392	9:26	00:29:19.99	9:30	00:59:06.72
396	152/293	26/38	390	Christina Mueller	F	39	New York	NY	379	9:23	00:29:09.76	412	9:40	00:30:03.92	9:31	00:59:13.68

Aspire 10K Run

April 2, 2016

Overall Results

10K

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
397	245/332	10/18	531	Robert Stefanik	M	50	Garden City	NY	390	9:31	00:29:36.59	400	9:32	00:29:37.29	9:31	00:59:13.88
398	153/293	27/38	173	Dawn Farina	F	39	West Babylon	NY	395	9:32	00:29:38.34	401	9:32	00:29:38.20	9:32	00:59:16.55
399	246/332	18/21	25	Shivakumar Arcot	M	33	Bethpage	NY	403	9:36	00:29:51.60	394	9:28	00:29:25.55	9:32	00:59:17.15
400	247/332	11/18	586	Mike Wisniewski	M	37	Dix Hills	NY	360	9:15	00:28:45.92	427	9:51	00:30:36.32	9:33	00:59:22.24
401	248/332	27/31	605	Rey Paulemont	M	44	Medford	NY	362	9:16	00:28:47.73	425	9:50	00:30:34.89	9:33	00:59:22.62
402	154/293	4/11	126	Tracy Dehayes	F	33	Islip Terrace	NY	376	9:21	00:29:05.34	417	9:45	00:30:19.93	9:33	00:59:25.27
403	155/293	13/24	167	Carly Etherson	F	34	Nesconset	NY	392	9:31	00:29:36.90	405	9:35	00:29:48.57	9:33	00:59:25.47
404	249/332	37/43	597	Gregory Zelo	M	45	Saint James	NY	385	9:25	00:29:16.89	415	9:44	00:30:16.66	9:35	00:59:33.56
405	250/332	7/12	640	Ehud Golos	M	65	Roslyn Heights	NY	401	9:35	00:29:49.35	404	9:35	00:29:47.46	9:35	00:59:36.81
406	156/293	28/38	367	Linda Mejias	F	37	Farmingdale	NY							9:36	00:59:40.00
407	251/332	10/14	283	Tyler Kelly	M	22	Massapequa Park	NY	422	9:49	00:30:30.94	386	9:23	00:29:11.37	9:36	00:59:42.31
408	157/293	15/22	458	Stephanie Reip	F	25	Massapequa	NY	421	9:49	00:30:30.31	387	9:23	00:29:12.21	9:36	00:59:42.52
409	252/332	27/34	451	Robert Rate	M	51	Selden	NY	405	9:39	00:30:00.19	406	9:35	00:29:48.60	9:37	00:59:48.79
410	158/293	20/35	175	Teresa Farrugia	F	43	Massapequa Park	NY	409	9:42	00:30:09.97	409	9:36	00:29:52.24	9:39	01:00:02.22
411	253/332	13/14	545	Chris Tetteris	M	44	Hicksville	NY	336	9:00	00:28:00.34	482	10:25	00:32:23.29	9:43	01:00:23.63
412	254/332	20/21	78	Marvin Canita	M	39	East Meadow	NY	348	9:05	00:28:15.59	477	10:22	00:32:14.61	9:44	01:00:30.20
413	255/332	28/31	403	Michael Noble	M	40	Rego Park	NY	445	9:59	00:31:03.92	395	9:28	00:29:26.89	9:44	01:00:30.81
414	256/332	12/14	676	Steven Purvin	M	26	Merrick	NY	394	9:32	00:29:37.95	434	9:56	00:30:54.28	9:44	01:00:32.23
415	159/293	5/11	470	Karen Rose	F	45	Glen Cove	NY	396	9:32	00:29:39.17	440	9:59	00:31:01.39	9:45	01:00:40.56
416	257/332	8/12	122	Larry Davidson	M	69	Wantagh	NY	440	9:58	00:31:00.72	402	9:32	00:29:39.90	9:45	01:00:40.62
417	160/293	2/3	890	Madeline Lipponer	F	17	Patchogue	NY	387	9:26	00:29:21.34	455	10:07	00:31:28.17	9:47	01:00:49.51
418	161/293	1/9	421	Carolyn Paidoussis	F	45	West Islip	NY	427	9:51	00:30:38.22	416	9:44	00:30:17.42	9:48	01:00:55.65
419	258/332	19/21	157	Adam Dworkin	M	32	Massapequa	NY	418	9:48	00:30:27.85	420	9:48	00:30:29.58	9:48	01:00:57.43
420	259/332	38/43	105	Vincent Corrado	M	49	Massapequa	NY	454	10:04	00:31:17.67	403	9:33	00:29:41.79	9:48	01:00:59.46
421	260/332	9/12	366	William Meisner	M	67	Plainview	NY	423	9:49	00:30:31.93	423	9:50	00:30:33.84	9:49	01:01:05.77
422	162/293	16/22	162	Juleen Elizee	F	25	Great Neck	NY	452	10:04	00:31:16.72	408	9:36	00:29:52.11	9:50	01:01:08.83
423	163/293	29/38	668	Alycia Blaeser	F	35	Plainview	NY	425	9:50	00:30:34.78	424	9:50	00:30:34.85	9:50	01:01:09.63
424	164/293	21/35	652	Melissa Horowitz	F	42	Plainview	NY	411	9:43	00:30:12.63	437	9:57	00:30:57.62	9:50	01:01:10.25
425	165/293	20/35	479	Dominique Saint-Joy-Hill	F	45	Franklin Sq	NY	434	9:56	00:30:54.44	418	9:47	00:30:24.87	9:52	01:01:19.31
426	166/293	14/24	466	Stephanie Rocha	F	33	Massapequa Park	NY	499	10:35	00:32:55.46	364	9:09	00:28:25.78	9:52	01:01:21.24
427	261/332	35/46	673	Mark Frankel	M	59	Great Neck	NY	431	9:53	00:30:42.49	428	9:52	00:30:41.32	9:52	01:01:23.81
428	167/293	18/30	482	Carol Sandquist	F	58	Garden City	NY	455	10:04	00:31:18.49	414	9:41	00:30:06.32	9:52	01:01:24.81
429	262/332	1/6	255	John Horan	M	76	Freeport	NY	420	9:48	00:30:29.51	435	9:57	00:30:55.37	9:52	01:01:24.89
430	263/332	13/14	206	Andy Giron	M	26	Plainview	NY	465	10:09	00:31:32.35	410	9:37	00:29:55.79	9:53	01:01:28.14
431	264/332	5/12	317	Spencer Leitman	M	72	Rockville Ctr	NY	419	9:48	00:30:28.59	441	9:59	00:31:01.58	9:53	01:01:30.17
432	265/332	2/6	571	John Wallace	M	75	Melville	NY	428	9:52	00:30:40.26	433	9:56	00:30:53.30	9:54	01:01:33.56

Aspire 10K Run

April 2, 2016

Overall Results

10K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
433	168/293	3/9	215	Abby Gonzalez	F	68	Dix Hills	NY	407	9:41	00:30:05.28	457	10:07	00:31:28.34	9:54	01:01:33.63
434	169/293	6/11	92	Alexandra Chmil	F	25	Garden City	NY	414	9:46	00:30:22.59	446	10:02	00:31:11.22	9:54	01:01:33.81
435	170/293	30/38	75	Claudia Cabanas	F	38	Lindenhurst	NY	449	10:02	00:31:11.34	419	9:47	00:30:25.47	9:54	01:01:36.81
436	266/332	21/21	108	Patrick Crean	M	39	Huntingtn Sta	NY	444	9:59	00:31:03.74	426	9:50	00:30:35.57	9:55	01:01:39.31
437	171/293	9/14	91	Dorothy Chiapperino	F	23	Lindenhurst	NY	437	9:57	00:30:57.90	429	9:52	00:30:41.91	9:55	01:01:39.81
438	172/293	21/35	688	Jacqui Koplik	F	49	Wantagh	NY	438	9:58	00:30:58.50	432	9:54	00:30:48.31	9:56	01:01:46.81
439	173/293	19/30	552	Brenda Tirsun	F	55	Port Washington	NY	432	9:54	00:30:48.48	439	9:58	00:31:00.18	9:56	01:01:48.67
440	267/332	29/31	343	Michael Manzo	M	44	Plainview	NY	441	9:58	00:31:00.92	445	10:01	00:31:08.39	10:00	01:02:09.31
441	174/293	22/35	647	Meredith Bake	F	45	Plainview	NY	442	9:59	00:31:01.96	444	10:01	00:31:07.60	10:00	01:02:09.56
442	268/332	20/21	484	Ryan Santos	M	31	Levittown	NY	424	9:49	00:30:32.92	460	10:11	00:31:38.64	10:00	01:02:11.56
443	175/293	12/21	361	Jane Mcgraw	F	62	E Northport	NY	439	9:58	00:30:58.59	447	10:03	00:31:15.05	10:00	01:02:13.64
444	269/332	1/2	231	Jack Hanley	M	80	Babylon	NY	433	9:55	00:30:49.73	456	10:07	00:31:28.20	10:01	01:02:17.93
445	176/293	15/24	365	Danielle Mebert	F	33	Bronx	NY	450	10:02	00:31:13.30	443	10:00	00:31:05.65	10:01	01:02:18.95
446	177/293	16/24	94	Ashleigh Churchward	F	32	Westbury	NY	456	10:04	00:31:19.29	442	10:00	00:31:04.52	10:02	01:02:23.81
447	270/332	39/43	486	Anthony Sarni	M	47	Hicksville	NY	436	9:57	00:30:57.69	453	10:07	00:31:26.17	10:02	01:02:23.86
448	178/293	2/9	112	Laurie Crossman	F	53	Centerport	NY	451	10:03	00:31:15.85	448	10:03	00:31:15.82	10:03	01:02:31.67
449	179/293	4/9	14	Rebekah Ackerman	F	65	Centereach	NY	470	10:10	00:31:37.57	436	9:57	00:30:55.81	10:04	01:02:33.39
450	271/332	36/46	667	Paul Cirrincione	M	57	Dix Hills	NY	426	9:51	00:30:37.59	468	10:17	00:31:57.62	10:04	01:02:35.21
451	180/293	20/30	671	Anita Von Himmel	F	55	Massapequa	NY	429	9:52	00:30:40.59	465	10:16	00:31:55.72	10:04	01:02:36.31
452	181/293	22/35	584	Cara Winer	F	41	Woodbury	NY	453	10:04	00:31:17.47	454	10:07	00:31:27.71	10:05	01:02:45.18
453	182/293	7/11	498	Lisa Shackman	F	45	Plainview	NY	462	10:08	00:31:29.84	449	10:03	00:31:16.15	10:06	01:02:46.00
454	272/332	11/14	148	Dylan Downes	M	22	Simsbury	CT	415	9:47	00:30:24.59	484	10:26	00:32:26.90	10:06	01:02:51.50
455	183/293	10/14	146	Samantha Dowd	F	20	Simsbury	CT	417	9:47	00:30:25.61	483	10:26	00:32:25.96	10:06	01:02:51.57
456	184/293	8/11	471	Robyn Rothman	F	38	Briarwood	NY	464	10:08	00:31:31.81	450	10:05	00:31:21.71	10:07	01:02:53.52
457	185/293	19/31	641	Rosemary Jones	F	54	Babylon	NY	486	10:26	00:32:27.69	422	9:49	00:30:32.71	10:08	01:03:00.40
458	186/293	20/31	615	Maria Campese	F	51	Garden City	NY	487	10:27	00:32:28.10	421	9:49	00:30:32.51	10:08	01:03:00.61
459	273/332	21/21	599	John Giallanza	M	32	Holbrook	NY	443	9:59	00:31:02.84	471	10:18	00:32:00.73	10:08	01:03:03.57
460	187/293	17/22	205	Alana Giron	F	25	Plainview	NY	466	10:09	00:31:32.49	458	10:08	00:31:31.78	10:08	01:03:04.28
461	188/293	31/38	135	Natalia Diaz	F	39	Bethpage	NY	458	10:05	00:31:21.11	461	10:12	00:31:44.59	10:09	01:03:05.70
462	189/293	11/14	96	Aly Ciccone	F	20	Huntington	NY	416	9:47	00:30:25.59	490	10:32	00:32:44.61	10:09	01:03:10.20
463	274/332	14/14	151	Timothy Droge	M	61	North Merrick	NY	461	10:07	00:31:26.84	463	10:13	00:31:45.73	10:10	01:03:12.57
464	275/332	6/12	538	Greg Taha	M	71	Northport	NY	484	10:26	00:32:26.71	431	9:54	00:30:47.97	10:10	01:03:14.68
465	190/293	23/35	200	Christine Geller	F	40	Bethpage	NY	460	10:05	00:31:21.53	467	10:16	00:31:56.78	10:11	01:03:18.31
466	191/293	21/30	12	Diane Abrams	F	58	Greenlawn	NY	447	10:01	00:31:08.27	478	10:22	00:32:15.63	10:12	01:03:23.90
467	192/293	32/38	141	Colleen Dlugolecki	F	35	New Hyde Park	NY	475	10:18	00:32:01.51	452	10:05	00:31:22.66	10:12	01:03:24.18
468	276/332	28/33	210	Robert Goldfarb	M	64	Massapequa	NY	485	10:26	00:32:27.68	438	9:58	00:30:58.57	10:12	01:03:26.26

Aspire 10K Run

April 2, 2016

Overall Results

10K

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
469	193/293	22/30	36	Maria Basile-Farash	F	56	West Babylon	NY	473	10:16	00:31:55.43	459	10:09	00:31:32.38	10:12	01:03:27.81
470	194/293	23/30	214	Amy Goldstein	F	56	Farmingdale	NY	448	10:01	00:31:10.33	480	10:24	00:32:20.34	10:13	01:03:30.68
471	277/332	12/18	22	John Angerame	M	57	Bayville	NY							10:13	01:03:30.93
472	278/332	7/12	166	Doug Escher	M	71	Garden City	NY	467	10:09	00:31:33.50	474	10:19	00:32:04.30	10:14	01:03:37.81
473	195/293	24/35	557	Karen Trovato	F	44	Massapequa	NY	459	10:05	00:31:21.33	479	10:23	00:32:18.18	10:14	01:03:39.52
474	196/293	5/9	181	Anne Fitzgibbon	F	67	Glen Cove	NY	469	10:10	00:31:35.94	475	10:19	00:32:04.82	10:14	01:03:40.76
475	197/293	21/31	16	Alice Aiello	F	52	Saint James	NY	468	10:09	00:31:34.32	476	10:20	00:32:07.99	10:15	01:03:42.32
476	198/293	22/31	88	Catherine Casey	F	53	Mount Sinai	NY	446	10:00	00:31:05.81	487	10:30	00:32:37.75	10:15	01:03:43.56
477	199/293	9/11	438	Lianna Portnoy	F	27	Brooklyn	NY	480	10:25	00:32:22.34	451	10:05	00:31:22.17	10:15	01:03:44.52
478	279/332	28/34	474	Adam Rothstein	M	53	Wantagh	NY	472	10:16	00:31:54.59	464	10:16	00:31:55.63	10:16	01:03:50.22
479	280/332	3/6	370	Jose Mendez	M	77	Brentwood	NY	476	10:18	00:32:02.93	473	10:19	00:32:03.39	10:18	01:04:06.32
480	200/293	23/35	37	Diana Bass	F	47	Plainview	NY	477	10:20	00:32:07.22	472	10:18	00:32:01.03	10:19	01:04:08.25
481	201/293	24/30	188	Maria Fucella	F	55	Levittown	NY	479	10:22	00:32:12.69	469	10:17	00:31:57.81	10:19	01:04:10.50
482	281/332	14/14	577	Kevin Watral	M	27	Holtsville	NY	435	9:57	00:30:56.34	498	10:42	00:33:16.34	10:19	01:04:12.68
483	202/293	13/21	147	Fran Dowling	F	62	North Baldwin	NY	489	10:28	00:32:33.46	466	10:16	00:31:56.69	10:22	01:04:30.15
484	282/332	40/43	38	Garner Bass	M	46	Plainview	NY	478	10:20	00:32:07.22	485	10:26	00:32:27.63	10:23	01:04:34.85
485	283/332	41/43	374	Chuck Merritt	M	49	Plainview	NY	558	11:39	00:36:12.34	366	9:09	00:28:27.82	10:24	01:04:40.16
486	284/332	10/12	371	Alan Mensch	M	69	Melville	NY	491	10:31	00:32:41.15	481	10:24	00:32:21.24	10:27	01:05:02.39
487	203/293	23/31	176	Annamarie Favarolo	F	50	West Islip	NY	471	10:14	00:31:49.56	503	10:45	00:33:25.00	10:29	01:05:14.57
488	204/293	25/35	303	Valerie Kucz waj	F	41	Floral Park	NY	531	11:07	00:34:32.73	430	9:53	00:30:43.94	10:30	01:05:16.67
489	285/332	29/34	495	Ed Schuck	M	54	Levittown	NY	481	10:25	00:32:24.28	495	10:38	00:33:04.99	10:32	01:05:29.28
490	205/293	18/22	496	Melissa Schuck	F	25	Levittown	NY	482	10:25	00:32:24.41	496	10:38	00:33:05.27	10:32	01:05:29.68
491	206/293	25/30	116	Kathleen Cuff	F	55	Kings Park	NY	500	10:36	00:32:56.84	486	10:29	00:32:36.72	10:33	01:05:33.57
492	207/293	24/31	227	Sharon Gunther	F	53	E Northport	NY	512	10:48	00:33:36.34	470	10:17	00:31:58.45	10:33	01:05:34.80
493	208/293	24/35	549	Christine Thorp	F	49	Ronkonkoma	NY	490	10:30	00:32:40.20	491	10:36	00:32:56.40	10:33	01:05:36.60
494	209/293	26/35	240	Marie Heppner	F	44	Floral Park	NY	488	10:27	00:32:28.71	504	10:46	00:33:28.66	10:36	01:05:57.38
495	210/293	27/35	369	Andrea Melore	F	44	Saint James	NY	457	10:05	00:31:20.71	531	11:10	00:34:41.83	10:37	01:06:02.54
496	211/293	12/14	501	Jaclyn Sheehan	F	23	Old Bethpage	NY	463	10:08	00:31:31.80	530	11:09	00:34:39.91	10:39	01:06:11.71
497	286/332	30/34	66	Mark Brozek	M	52	Huntington	NY	474	10:18	00:32:01.50	523	11:02	00:34:16.93	10:40	01:06:18.44
498	287/332	12/14	887	David Kirsch	M	24	Setauket	NY	502	10:38	00:33:02.42	500	10:43	00:33:18.45	10:40	01:06:20.87
499	212/293	1/3	98	Helma Clavin	F	72	Lk Ronkonkoma	NY	497	10:34	00:32:52.34	507	10:50	00:33:42.56	10:42	01:06:34.91
500	213/293	25/31	604	Maria Bradley	F	50	Bethpage	NY	498	10:35	00:32:54.82	509	10:51	00:33:42.93	10:43	01:06:37.76
501	214/293	25/35	426	Irene Petrsoric	F	46	Old Bethpage	NY	518	10:55	00:33:55.68	488	10:31	00:32:42.88	10:43	01:06:38.56
502	215/293	26/35	472	Wendy Rothman	F	48	Old Bethpage	NY	519	10:55	00:33:56.50	489	10:31	00:32:43.24	10:43	01:06:39.74
503	288/332	37/46	292	Roy Kleshefsky	M	59	Garden City	NY	495	10:33	00:32:49.26	510	10:54	00:33:52.46	10:43	01:06:41.73
504	289/332	38/46	600	Thomas Scollo	M	58	Massapequa	NY	509	10:47	00:33:30.47	499	10:42	00:33:16.84	10:44	01:06:47.31

Aspire 10K Run

April 2, 2016

Overall Results

10K

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
505	216/293	28/35	355	Nina Mccann	F	44	Williston Pk	NY	507	10:45	00:33:25.34	502	10:45	00:33:24.97	10:45	01:06:50.32
506	217/293	33/38	468	Jorgelina Romano	F	36	Bethpage	NY	494	10:32	00:32:45.73	519	10:59	00:34:08.62	10:46	01:06:54.36
507	218/293	26/31	190	Lori Fuller	F	52	Roslyn Hts	NY	506	10:44	00:33:21.86	505	10:49	00:33:38.46	10:46	01:07:00.32
508	219/293	29/35	21	Melissa Altschuler	F	43	Freeport	NY	513	10:51	00:33:44.32	501	10:43	00:33:20.48	10:47	01:07:04.81
509	220/293	26/30	52	Maureen Boyle	F	56	East Islip	NY	516	10:54	00:33:53.85	497	10:41	00:33:13.40	10:48	01:07:07.25
510	290/332	42/43	209	Glenn Godino	M	48	Plainview	NY	483	10:26	00:32:25.54	532	11:10	00:34:43.21	10:48	01:07:08.75
511	291/332	39/46	199	Mark Gelbien	M	59	Plainview	NY	510	10:47	00:33:30.68	506	10:50	00:33:39.85	10:48	01:07:10.53
512	292/332	40/46	601	Dermot Murphy	M	58	Massapequa	NY	503	10:41	00:33:13.59	513	10:57	00:34:02.87	10:49	01:07:16.47
513	293/332	41/46	513	Paul Smolevitz	M	58	Woodbury	NY	504	10:41	00:33:13.80	517	10:58	00:34:06.50	10:50	01:07:20.30
514	221/293	27/35	168	Jacqueline Fagan	F	49	Long Beach	NY	505	10:44	00:33:21.29	518	10:58	00:34:07.21	10:51	01:07:28.51
515	222/293	28/35	646	Lynn Bekerman	F	46	Syosset	NY	530	11:06	00:34:32.10	494	10:38	00:33:03.08	10:52	01:07:35.18
516	223/293	3/9	669	Lisa Krachenfels	F	24	Plainview	NY	501	10:37	00:33:00.56	529	11:08	00:34:35.62	10:52	01:07:36.19
517	294/332	31/34	499	Robert Shaller	M	54	Douglaston	NY	520	10:57	00:34:02.34	515	10:58	00:34:04.48	10:57	01:08:06.82
518	224/293	34/38	191	Michelle Fussell	F	35	Hempstead	NY	517	10:54	00:33:53.85	522	11:00	00:34:13.72	10:57	01:08:07.57
519	225/293	27/30	670	Joellen Elsener	F	58	Deer Park	NY	514	10:52	00:33:46.38	526	11:03	00:34:21.94	10:57	01:08:08.32
520	295/332	42/46	658	Peter Hoey	M	56	Floral Park	NY	528	11:05	00:34:28.43	508	10:51	00:33:42.89	10:58	01:08:11.32
521	296/332	13/18	380	Adam Mills	M	33	Merrick	NY	508	10:45	00:33:26.34	533	11:11	00:34:47.46	10:58	01:08:13.80
522	297/332	32/34	304	Larry Kurtzman	M	53	Plainview	NY	496	10:34	00:32:51.33	540	11:23	00:35:24.92	10:59	01:08:16.25
523	298/332	11/12	107	Howard Cragg	M	68	Bethpage	NY	521	10:57	00:34:03.59	528	11:04	00:34:24.98	11:01	01:08:28.57
524	226/293	2/3	51	Hilory Boucher Carlin	F	70	Northport	NY	522	11:02	00:34:18.84	520	10:59	00:34:10.04	11:01	01:08:28.89
525	299/332	33/34	661	Richard Carlson	M	52	Merrick	NY	534	11:08	00:34:37.96	512	10:54	00:33:53.87	11:01	01:08:31.83
526	227/293	35/38	193	Kieran Gallogly	F	37	Garden City	NY	524	11:04	00:34:23.96	521	11:00	00:34:13.24	11:02	01:08:37.20
527	228/293	27/31	11	Elizabeth Abarca	F	54	Bethpage	NY	515	10:53	00:33:50.34	534	11:12	00:34:48.98	11:02	01:08:39.32
528	229/293	17/24	211	Sara Goldgraben	F	31	Lk Ronkonkoma	NY	492	10:31	00:32:42.64	545	11:34	00:35:58.65	11:03	01:08:41.30
529	300/332	43/46	114	Jose Cruz	M	58	Hicksville	NY	511	10:48	00:33:33.84	537	11:18	00:35:07.64	11:03	01:08:41.49
530	230/293	18/24	515	Heather Softy	F	33	Bethpage	NY	537	11:09	00:34:40.49	514	10:57	00:34:03.23	11:03	01:08:43.72
531	301/332	8/12	582	Diarmuid White	M	73	Douglaston	NY	529	11:06	00:34:30.89	524	11:02	00:34:17.28	11:04	01:08:48.18
532	231/293	19/22	257	Brittany Hughes	F	25	Shirley	NY	554	11:32	00:35:51.99	492	10:37	00:33:00.36	11:05	01:08:52.36
533	302/332	34/34	258	Dennis Hughes	M	51	Shirley	NY	555	11:32	00:35:51.99	493	10:37	00:33:00.37	11:05	01:08:52.37
534	232/293	4/9	19	Luanne Alicea	F	43	Massapequa Park	NY	525	11:04	00:34:25.59	535	11:13	00:34:51.61	11:09	01:09:17.20
535	233/293	19/24	196	Samantha Gaskin	F	30	Mineola	NY	526	11:05	00:34:26.60	536	11:13	00:34:51.63	11:09	01:09:18.23
536	303/332	4/4	138	Nick Digaetano	M	15	Lindenhurst	NY	542	11:19	00:35:11.36	525	11:03	00:34:20.30	11:11	01:09:31.66
537	304/332	30/31	137	Joe Digaetano	M	44	Lindenhurst	NY	541	11:19	00:35:11.15	527	11:03	00:34:22.13	11:11	01:09:33.29
538	234/293	30/35	543	Mary Tercynski	F	44	Williston Pk	NY	547	11:25	00:35:29.61	516	10:58	00:34:06.11	11:11	01:09:35.72
539	305/332	44/46	614	William Lofmark	M	57	Lake Ronkonkoma	NY	556	11:34	00:35:59.10	511	10:54	00:33:52.70	11:14	01:09:51.80
540	306/332	45/46	633	Lance Margolin	M	57	Woodbury	NY	527	11:05	00:34:26.81	544	11:30	00:35:46.52	11:18	01:10:13.33

Aspire 10K Run

April 2, 2016

Overall Results

10K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
541	235/293	6/9	424	Elizabeth Penagos	F	68	Glen Cove	NY	523	11:02	00:34:19.50	546	11:35	00:36:01.08	11:19	01:10:20.58
542	236/293	28/30	352	Virginia Maya	F	55	Plainview	NY	543	11:20	00:35:12.98	538	11:19	00:35:10.53	11:19	01:10:23.51
543	307/332	14/18	280	Wayne Keebler	M	68	Massapequa	NY	532	11:08	00:34:35.59	555	11:44	00:36:28.83	11:26	01:11:04.43
544	237/293	10/11	286	Alyssa Keslowitz	F	33	Plainview	NY	536	11:09	00:34:39.27	554	11:43	00:36:26.08	11:26	01:11:05.36
545	238/293	29/35	104	Peilin Corbanese	F	46	Armonk	NY	535	11:09	00:34:38.98	556	11:48	00:36:40.49	11:28	01:11:19.47
546	239/293	20/24	423	Christina Pawlowski	F	31	N Bellmore	NY	533	11:08	00:34:35.99	557	11:51	00:36:49.57	11:29	01:11:25.57
547	308/332	31/31	82	Daniel Cardone	M	44	Ronkonkoma	NY	544	11:23	00:35:25.13	547	11:35	00:36:01.70	11:29	01:11:26.83
548	240/293	30/35	521	Lilly Spiegel	F	49	Bellmore	NY	548	11:27	00:35:36.98	548	11:36	00:36:02.72	11:31	01:11:39.70
549	241/293	31/35	487	Laurie Sarquis	F	43	Patchogue	NY	561	11:43	00:36:24.98	539	11:21	00:35:16.55	11:32	01:11:41.53
550	242/293	28/31	473	Karen Rothschild	F	50	Floral Park	NY	546	11:25	00:35:29.34	550	11:39	00:36:14.49	11:32	01:11:43.84
551	243/293	31/35	259	Carolyn Hummel	F	47	Hauppauge	NY	560	11:41	00:36:19.85	541	11:24	00:35:27.48	11:33	01:11:47.33
552	244/293	29/31	561	Cheryl Venditto	F	51	Smithtown	NY	550	11:29	00:35:41.81	549	11:37	00:36:05.77	11:33	01:11:47.59
553	245/293	32/35	674	Kelly Rhatigan	F	42	Merrick	NY	559	11:39	00:36:13.76	542	11:26	00:35:34.10	11:33	01:11:47.87
554	246/293	32/35	446	Christine Quigley	F	47	Bayville	NY	563	11:48	00:36:39.99	543	11:28	00:35:37.81	11:38	01:12:17.80
555	247/293	14/21	252	Rochelle Holden	F	62	Westbury	NY	552	11:30	00:35:44.86	558	11:54	00:36:59.99	11:42	01:12:44.86
556	248/293	36/38	348	Lauren Marwil	F	36	Woodbury	NY	545	11:24	00:35:27.24	561	12:00	00:37:18.62	11:42	01:12:45.86
557	249/293	5/9	454	Nicole Realmuto	F	37	Centereach	NY	566	11:51	00:36:51.17	553	11:41	00:36:20.16	11:46	01:13:11.33
558	250/293	21/24	481	Arielisa Sanchez	F	30	Bronx	NY	567	11:51	00:36:51.35	552	11:41	00:36:20.00	11:46	01:13:11.36
559	251/293	29/30	296	Joanne Kong	F	57	West Babylon	NY	553	11:31	00:35:47.84	562	12:03	00:37:27.49	11:47	01:13:15.33
560	252/293	37/38	452	Melissa Read	F	36	Wantagh	NY	569	11:56	00:37:05.37	551	11:40	00:36:15.92	11:48	01:13:21.29
561	309/332	2/2	385	Carlos Morales	M	81	Corona	NY	551	11:29	00:35:42.42	565	12:09	00:37:45.45	11:49	01:13:27.88
562	253/293	33/35	891	Clare Lipponer	F	42	Patchogue	NY	539	11:17	00:35:05.71	573	12:28	00:38:46.87	11:53	01:13:52.58
563	254/293	15/21	878	Judi Gallop	F	64	W.Islip	NY	538	11:17	00:35:04.87	577	12:32	00:38:57.97	11:54	01:14:02.84
564	255/293	3/3	889	Belle Lipponer	F	15	Patchogue	NY	540	11:18	00:35:07.29	575	12:31	00:38:56.04	11:55	01:14:03.34
565	256/293	16/21	85	Patricia Carroll	F	64	West Islip	NY	571	12:01	00:37:23.12	559	11:58	00:37:11.21	12:00	01:14:34.33
566	310/332	29/33	427	Edward Petry	M	63	Port Jeff Sta	NY	565	11:51	00:36:50.55	567	12:13	00:37:57.78	12:02	01:14:48.34
567	311/332	30/33	349	Tom Masone	M	63	E Northport	NY	557	11:36	00:36:05.29	572	12:28	00:38:45.28	12:02	01:14:50.57
568	257/293	3/3	439	Karen Potenza	F	73	Northport	NY	577	12:16	00:38:08.62	560	11:59	00:37:15.03	12:07	01:15:23.66
569	312/332	31/33	632	Gregory Scott	M	61	Plainview	NY	549	11:28	00:35:38.61	588	12:49	00:39:51.74	12:09	01:15:30.35
570	258/293	6/9	406	Nancy Nowak	F	47	Mineola	NY	562	11:47	00:36:38.88	576	12:32	00:38:56.56	12:09	01:15:35.44
571	313/332	9/12	118	Jacob Cysner	M	73	Forest Hill	NY	570	12:00	00:37:17.84	568	12:19	00:38:18.75	12:10	01:15:36.59
572	259/293	17/21	612	Rosemary Camilleri	F	61	Sayville	NY	568	11:53	00:36:58.30	571	12:26	00:38:40.18	12:10	01:15:38.49
573	314/332	10/12	276	Stanley Kalinoski	M	72	Commack	NY	575	12:13	00:37:58.74	564	12:07	00:37:41.21	12:10	01:15:39.95
574	260/293	11/11	573	Donna Walter	F	44	Greenlawn	NY	573	12:09	00:37:47.67	566	12:12	00:37:56.71	12:11	01:15:44.38
575	261/293	20/22	55	Veronica Brendel	F	26	Freeport	NY	564	11:50	00:36:48.30	578	12:35	00:39:08.03	12:13	01:15:56.34
576	315/332	11/12	174	Peter Farmer	M	72	New Hyde Park	NY	583	12:21	00:38:24.28	563	12:05	00:37:35.01	12:13	01:15:59.29

Aspire 10K Run

April 2, 2016

Overall Results

10K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
577	316/332	46/46	202	Steve Gerson	M	58	East Meadow	NY	581	12:20	00:38:20.18	569	12:22	00:38:27.26	12:21	01:16:47.44
578	262/293	22/24	516	Laura Softy	F	31	Bethpage	NY	572	12:09	00:37:46.85	584	12:39	00:39:18.94	12:24	01:17:05.79
579	263/293	7/9	77	Gladys Campoverde	F	65	Valley Stream	NY	582	12:21	00:38:23.85	574	12:29	00:38:47.70	12:25	01:17:11.55
580	264/293	33/35	264	Kelly Ingram	F	48	East Islip	NY	589	12:26	00:38:39.59	570	12:25	00:38:34.81	12:25	01:17:14.40
581	265/293	18/21	238	Alina Heller	F	61	Prt Washingtn	NY	579	12:17	00:38:10.60	579	12:36	00:39:08.99	12:26	01:17:19.59
582	266/293	19/21	502	Kathy Sheridan	F	60	E Northport	NY	576	12:15	00:38:04.58	581	12:38	00:39:15.26	12:26	01:17:19.84
583	267/293	34/35	136	Ann Diers	F	47	Bethpage	NY	578	12:16	00:38:09.30	580	12:37	00:39:13.68	12:27	01:17:22.98
584	317/332	15/18	514	Doug Softy	M	60	Bethpage	NY	574	12:12	00:37:56.43	587	12:45	00:39:38.10	12:29	01:17:34.53
585	318/332	13/14	892	Roberto Lipponer	M	20	Patchogue	NY	585	12:21	00:38:25.10	582	12:38	00:39:15.33	12:29	01:17:40.43
586	319/332	12/12	879	Mark Gallop	M	65	W.Islip	NY	584	12:21	00:38:25.10	583	12:38	00:39:16.43	12:30	01:17:41.54
587	268/293	35/35	416	Tricia O'neill	F	46	Ctr Moriches	NY	590	12:27	00:38:41.29	586	12:40	00:39:22.55	12:33	01:18:03.84
588	320/332	16/18	415	Richard O'neill	M	49	Ctr Moriches	NY	591	12:27	00:38:43.32	585	12:39	00:39:21.02	12:33	01:18:04.34
589	269/293	7/9	54	Tonia Brendel	F	55	Freeport	NY	580	12:18	00:38:15.10	593	13:14	00:41:08.09	12:46	01:19:23.19
590	270/293	1/3	503	Kate Shreck	F	78	Centerport	NY	586	12:24	00:38:32.48	591	13:10	00:40:55.03	12:47	01:19:27.51
591	271/293	20/21	219	Deeann Grappone	F	61	Bethpage	NY	594	12:48	00:39:48.10	589	12:50	00:39:54.46	12:49	01:19:42.56
592	272/293	8/9	72	Patricia Bush	F	61	East Islip	NY	588	12:26	00:38:39.26	592	13:13	00:41:04.51	12:49	01:19:43.78
593	321/332	32/33	462	Mitchell Rich	M	61	Merrick	NY	593	12:46	00:39:42.35	590	13:06	00:40:43.24	12:56	01:20:25.60
594	273/293	9/9	291	Rebecca Kittrell	F	42	Long Beach	NY	595	12:50	00:39:53.81	596	13:25	00:41:44.03	13:08	01:21:37.85
595	274/293	1/1	260	Danielle Hummel	F	14	Hauppauge	NY	587	12:26	00:38:38.64	597	13:56	00:43:20.16	13:11	01:21:58.80
596	275/293	2/3	602	Joan Ackerman	F	75	Farmingdale	NY	596	13:09	00:40:53.85	594	13:18	00:41:19.99	13:13	01:22:13.85
597	322/332	4/6	410	Michael Ogazon	M	75	Garden City	NY	592	12:33	00:38:59.99	599	14:09	00:43:58.54	13:21	01:22:58.54
598	276/293	23/24	627	Amanda Strong	F	32	Patchogue	NY	597	13:31	00:42:02.48	595	13:23	00:41:36.12	13:27	01:23:38.60
599	277/293	8/9	606	Fran Lischner Call	F	66	Old Bethpage	NY	600	13:43	00:42:37.39	600	14:10	00:44:01.95	13:56	01:26:39.34
600	278/293	9/9	42	Sherry Bellovin	F	69	N Massapequa	NY	601	13:49	00:42:56.55	601	14:11	00:44:06.55	14:00	01:27:03.10
601	323/332	4/4	375	Zachary Merritt	M	10	Plainview	NY	598	13:35	00:42:14.26	606	14:39	00:45:32.59	14:07	01:27:46.86
602	279/293	34/35	373	Carol Merritt	F	44	Plainview	NY	599	13:35	00:42:14.27	607	14:39	00:45:32.84	14:07	01:27:47.11
603	324/332	1/1	267	Bert Jablon	M	89	Syosset	NY	603	13:55	00:43:14.86	602	14:22	00:44:40.47	14:08	01:27:55.34
604	325/332	17/18	142	Gordon Dollack	M	62	North Babylon	NY	602	13:54	00:43:11.92	604	14:25	00:44:48.90	14:09	01:28:00.82
605	280/293	21/22	429	Christina Pietras	F	27	Westbury	NY	607	14:12	00:44:09.85	598	14:08	00:43:55.75	14:10	01:28:05.61
606	281/293	3/3	223	Ginny Guichard	F	78	Melville	NY	625	20:35	01:03:58.63	194	7:54	00:24:32.77	14:14	01:28:31.40
607	282/293	30/31	192	Sheri Gaitings	F	54	Huntington	NY	624	20:34	01:03:56.98	196	7:54	00:24:35.33	14:14	01:28:32.31
608	326/332	5/6	245	Norman Hershkowitz	M	77	N Massapequa	NY	606	14:06	00:43:48.86	603	14:25	00:44:48.58	14:15	01:28:37.44
609	327/332	12/12	634	Ronald Friedman	M	70	Centerport	NY	605	14:05	00:43:48.49	605	14:29	00:45:02.04	14:17	01:28:50.53
610	328/332	18/18	677	Stephen Sprague	M	38	Oceanside	NY	608	14:15	00:44:17.38	608	14:46	00:45:55.72	14:31	01:30:13.11
611	283/293	38/38	505	Virginia Silvestro	F	38	Levittown	NY	604	14:03	00:43:42.19	612	15:09	00:47:05.68	14:36	01:30:47.87
612	284/293	24/24	630	Alexandra Zendrian	F	31	E.northport	NY	610	14:46	00:45:54.94	610	15:01	00:46:41.58	14:54	01:32:36.52

Aspire 10K Run

April 2, 2016

Overall Results

10K

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
613	285/293	35/35	201	Michelle Geller	F	40	Plainview	NY	609	14:20	00:44:32.42	616	15:38	00:48:34.95	14:59	01:33:07.37
614	286/293	21/21	506	Linda Simon	F	62	Jericho	NY	614	15:13	00:47:19.60	611	15:08	00:47:02.93	15:11	01:34:22.54
615	287/293	1/1	179	Alexandra Finger	F	81	Pearl River	NY	611	15:03	00:46:45.66	615	15:24	00:47:53.83	15:13	01:34:39.49
616	329/332	14/14	881	Eric Gunderson	M	24	Medford	NY	612	15:09	00:47:05.56	614	15:23	00:47:48.03	15:16	01:34:53.59
617	288/293	30/30	226	Maureen Gunderson	F	57	Medford	NY	613	15:10	00:47:07.59	613	15:22	00:47:46.78	15:16	01:34:54.37
618	289/293	22/22	884	Athena Illiou	F	27	W.Babylon	NY	616	15:33	00:48:21.74	617	15:42	00:48:48.37	15:38	01:37:10.12
619	290/293	31/31	885	Maria Illiou	F	50	W.Babylon	NY	615	15:33	00:48:21.54	618	15:42	00:48:48.57	15:38	01:37:10.12
620	330/332	43/43	876	Edward Devlin	M	45	Hauppauge	NY	618	15:49	00:49:10.50	619	16:06	00:50:02.30	15:57	01:39:12.80
621	331/332	6/6	26	Barry Aronowsky	M	75	Greenlawn	NY	617	15:47	00:49:03.11	621	16:42	00:51:53.38	16:14	01:40:56.49
622	291/293	13/14	507	Nina Simon	F	23	Old Bethpage	NY	620	17:44	00:55:07.76	609	14:50	00:46:07.05	16:17	01:41:14.82
623	292/293	1/1	20	Veronica Allen	F	86	Prt Washingtn	NY	619	16:46	00:52:07.56	620	16:16	00:50:33.74	16:31	01:42:41.30
624	293/293	14/14	899	Tara Sanders	F	22	Wading River	NY	623	17:50	00:55:24.65	622	17:07	00:53:11.95	17:28	01:48:36.60
625	332/332	33/33	874	Steve Cuomo	M	64	Shirley	NY	622	17:49	00:55:24.37	623	17:07	00:53:12.78	17:28	01:48:37.15